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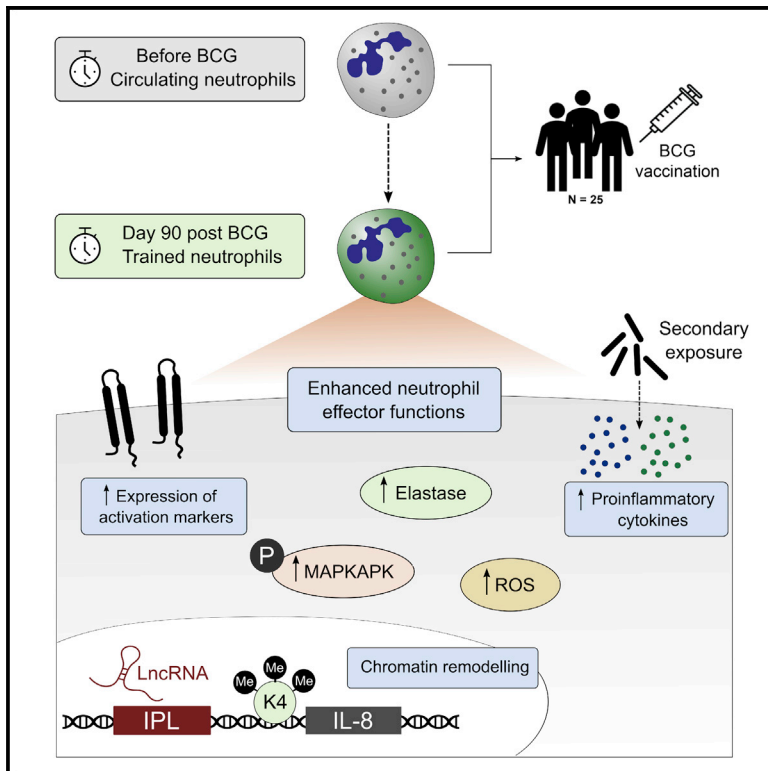
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BCG Vaccination Induces Long-Term Functional Reprogramming of Human Neutrophils

Graphical Abstract



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In Brief

Moorlag et al. show that BCG vaccination induces long-lasting functional changes in human neutrophils, characterized by increased expression of activation markers and enhanced antimicrobial function upon secondary stimulation. These findings highlight the potential of trained immunity as a therapeutic target to modulate neutrophil effector function.

Highlights

- BCG vaccination of humans induces long-term immunophenotypic changes in neutrophils
- BCG increases antimicrobial activity of neutrophils against unrelated pathogens
- BCG-induced functional changes associate with modifications in histone methylation
- Trained immunity may be a therapeutic target in neutrophil-mediated diseases



Article

BCG Vaccination Induces Long-Term Functional Reprogramming of Human Neutrophils

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SUMMARY

The tuberculosis vaccine bacillus Calmette-Guérin (BCG) protects against some heterologous infections, probably via induction of non-specific innate immune memory in monocytes and natural killer (NK) cells, a process known as trained immunity. Recent studies have revealed that the induction of trained immunity is associated with a bias toward granulopoiesis in bone marrow hematopoietic progenitor cells, but it is unknown whether BCG vaccination also leads to functional reprogramming of mature neutrophils. Here, we show that BCG vaccination of healthy humans induces long-lasting changes in neutrophil phenotype, characterized by increased expression of activation markers and antimicrobial function. The enhanced function of human neutrophils persists for at least 3 months after vaccination and is associated with genome-wide epigenetic modifications in trimethylation at histone 3 lysine 4. Functional reprogramming of neutrophils by the induction of trained immunity might offer novel therapeutic strategies in clinical conditions that could benefit from modulation of neutrophil effector function.

INTRODUCTION

Bacillus Calmette-Guérin (BCG) vaccine not only protects against infection with *Mycobacterium tuberculosis*, but has

also been shown to decrease overall morbidity and mortality to other non-related infections (Aaby et al., 2011; Biering-Sørensen et al., 2012; Roth et al., 2005). A growing body of evidence has indicated that these effects are mediated by the ability of innate



immune cells to build a heterologous immunological memory after certain infections or vaccinations via a process termed “trained immunity,” resulting in heightened innate immune responses upon exposure to secondary infections (Netea et al., 2016). Various studies have shown that vaccination of healthy adults with BCG enhances proinflammatory cytokine responses of monocytes and natural killer (NK) cells upon *ex vivo* stimulation with various unrelated pathogens (Arts et al., 2018; Kleinnijenhuis et al., 2012, 2014; Walk et al., 2019). These functional changes persisted for at least 3 months—even up to 1 year—and were associated with increased expression of activation markers. Importantly, a recent study revealed that the increase in cytokine production capacity protects against an experimental viral infection in humans (Arts et al., 2018). Epigenetic reprogramming of monocytes, characterized by the deposition of chromatin marks and changes in DNA methylation status that facilitate expression of proinflammatory genes, as well as metabolic rewiring underlie the long-term altered immune responses (Arts et al., 2016b; Kleinnijenhuis et al., 2012).

Recent studies indicate that induction of trained immunity not only alters the functional program of mature monocytes/macrophages, but also reprograms the hematopoietic stem and progenitor cells (HSPCs) in the bone marrow. Remarkably, analysis of HSPCs after BCG vaccination in mice revealed a strong long-term bias toward granulopoiesis (Kaufmann et al., 2018). This effect was not specific for BCG, as similar alterations in the bone marrow have been shown for other inducers of trained immunity, such as β -glucan (Chavakis et al., 2019; Mitroulis et al., 2018) and systemic inflammation induced by a Western-type diet (Christ et al., 2018). In addition to these experimental studies in mice, emerging data suggest that a similar lineage bias in favor of enhanced neutrophil production is induced in humans. A recent randomized human BCG vaccination study revealed that the genes in HSPCs that were most differentially expressed 3 months after vaccination were strongly enriched for pathways involved in neutrophil activation and degranulation (Cirovic et al., 2020). In line with these findings, results of a randomized controlled trial performed in 1400 children demonstrated an increased number of circulating neutrophils in the group that received the BCG vaccine shortly after birth (Cirovic et al., 2020). Interestingly, these effects were dependent on the genotype of the host, specifically on polymorphisms in *IL32* (Dos Santos et al., 2019).

Neutrophils play an essential antimicrobial function in the innate immune response, providing a crucial first line of defense against invading pathogens. They are the most abundant circulating leukocytes in humans, making up 50%–70% of all leukocytes in the circulation. About 10^{11} neutrophils are produced each day in the bone marrow (Furze and Rankin, 2008) from a bone marrow precursor that also gives rise to monocytes (Akashi et al., 2000). From the bone marrow, neutrophils are released into the circulation, from which they migrate to tissues. Although neutrophils are considered to be short-lived, some studies have challenged this paradigm, indicating that neutrophils can live up to 5.4 days (Pillay et al., 2010).

Neutrophils use various effector mechanisms to kill invading pathogens, including phagocytosis; the production of reactive oxygen species (ROS); the release of genomic DNA in the form

of neutrophil extracellular traps (NETs); and the production of proinflammatory cytokines, chemokines, and cytotoxic granules (Nicolás-Avila et al., 2017). Because of their short lifespan, the pre-formed mediators that are released upon stimulation, and the relatively low RNA content, neutrophils were considered to be a homogeneous population, unable to adapt to changing environments. However, it has recently become clear that neutrophils are a highly heterogeneous group, showing large differences in phenotype and functional versatility (Ng et al., 2019). Furthermore, an increasing body of evidence indicates that they respond to environmental changes with significantly altered gene expression, both in health and disease. Various studies have recently shown that these transcriptional changes are partially controlled by epigenetic reprogramming (Chen et al., 2016; Ecker et al., 2017).

Although recent studies suggest a transcriptional bias toward granulopoiesis in the myeloid progenitors in the bone marrow after BCG vaccination, it remains unknown whether these alterations subsequently result in long-term functional changes in mature neutrophils. Here, we investigated whether BCG vaccination in humans alters the function of mature neutrophils *in vivo* in healthy individuals. We show that BCG vaccination induces trained immunity in neutrophils, characterized by increased expression of activation markers, downregulation of immunosuppressive markers, and increased responsiveness to heterologous stimulation. Furthermore, we demonstrate that BCG vaccination enhances key antimicrobial functions in neutrophils and confers an enhanced capacity to kill the heterologous fungal pathogen *Candida albicans*. Importantly, these findings highlight the potential for the induction of trained immunity as a therapeutic and/or prophylactic strategy to enhance neutrophil function and resistance against infections by vaccination.

RESULTS

BCG Vaccination Induces Long-Term Changes in Neutrophil Phenotype Associated with Increased Activation

To study the effect of BCG vaccination on neutrophils *in vivo*, blood was collected from 25 healthy human individuals, and neutrophils were immunophenotyped by flow cytometry before, 2 weeks after, and 3 months after vaccination with BCG (InterVax, Canada) (Figures 1A and S1). While the proportion of neutrophils within the total leukocyte population did not change (Figure S2), the absolute number of neutrophils was increased 2 weeks after vaccination and returned to baseline after 3 months. This increase was accounted for mainly by mature neutrophils (Figure 1B), marked by the surface expression of CD10 (Marini et al., 2017). To further investigate the effect of BCG on granulocyte populations, particularly on neutrophil subpopulations, we assessed the expression of nine surface markers (CD16, CD10, CD11b, CD14, CD62L, PD-L1, CD66b, CD15, and CD45) by flow cytometry. We used CITRUS (cluster identification, characterization, and regression) (Bruggner et al., 2014) analysis to generate clusters that predicted differences among the three time points measured and viSNE (visualization of high-dimensional single-cell data based on the t-Distributed Stochastic Neighbor Embedding (t-SNE) algorithm)

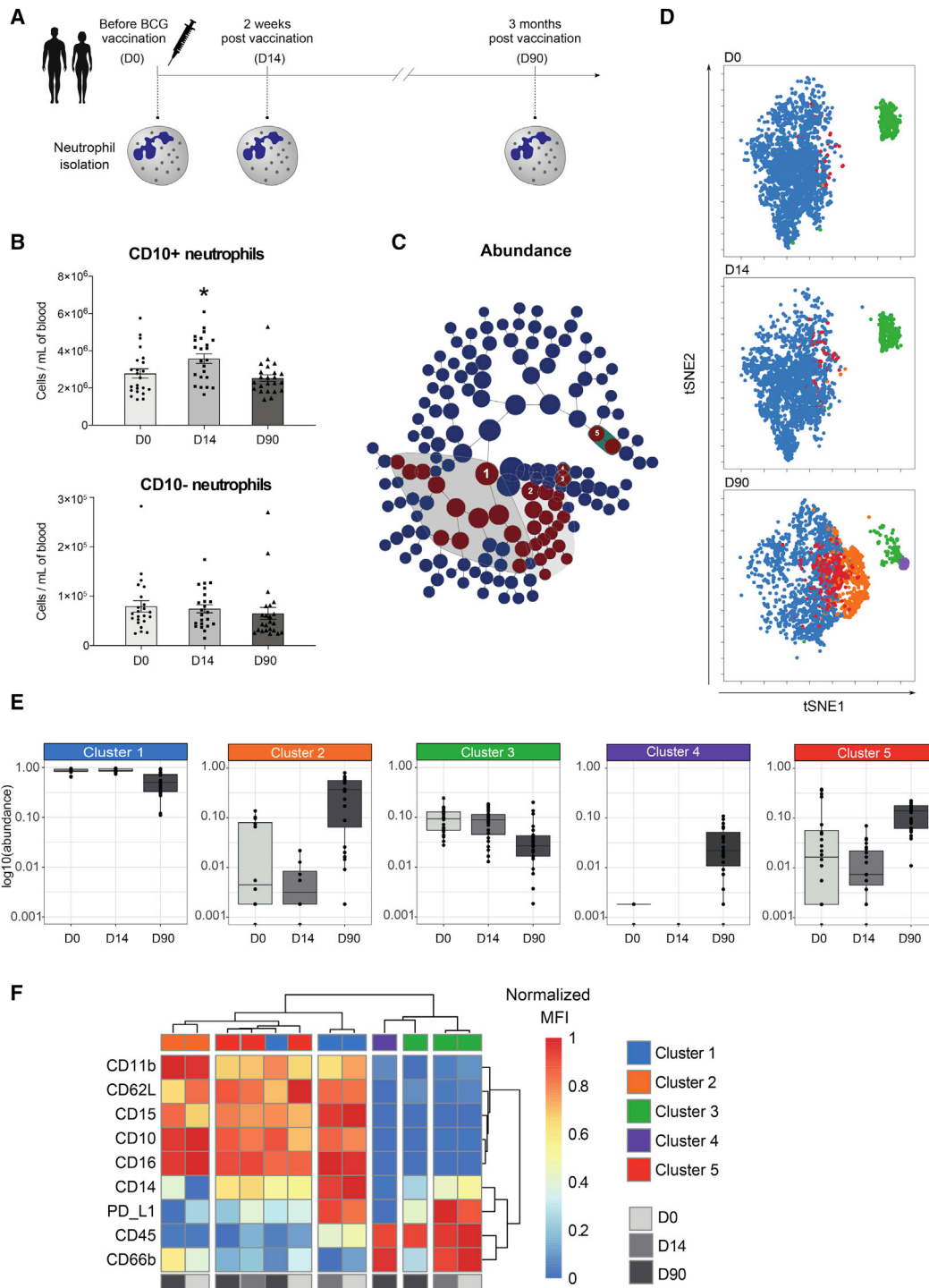


Figure 1. BCG Vaccination Alters the Phenotype of Circulating Neutrophils

(A) Schematic representation of the BCG vaccination trial. Neutrophils were isolated from 25 healthy volunteers before (D0, n = 25), 2 weeks after (D14, n = 25) and 3 months after (D90, n = 23) vaccination with BCG.

(B) Absolute counts of CD10+ mature and CD10- immature neutrophils before, 2 weeks after, and 3 months after BCG vaccination (mean ± SEM, n = 25, *p < 0.05, Wilcoxon signed-rank test).

(C) CITRUS hierarchy plot with stratifying features using FDR of <1%.

(D) Overlay of the five parental stratifying CITRUS clusters on the tSNE plot.

(E) Relative abundance of the clusters before, 2 weeks after, and 3 months after vaccination.

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(Amir et al., 2013) to visualize cells on a 2D map. CITRUS generated around 150 stratifying clusters and identified a subset of 34 clusters that differed in abundance between the time points (FDR < 1%) (Figure 1C; Data S1). From those 34, the 5 parental clusters were chosen for further examination. When we visualized these clusters in the tSNE 2D map, we observed a transition of clusters 1 and 3 into clusters 2, 4, and 5 three months post-vaccination (Figure 1D). Three months upon BCG vaccination, the relative abundance of clusters 1 and 3 was significantly decreased (FDR < 1%), while clusters 2, 4, and 5 were increased (Figure 1E). Upon examination of the expression of the surface markers, we observed that clusters 1, 2, and 5 had a high expression of CD10, CD15, and CD16, which are specific markers for mature neutrophils. Clusters 3 and 4 lacked expression of CD15 and CD16 and had a high expression of CD45, resembling eosinophils (Figures 1D–1F; Data S1). Comparison of the functional marker expression of all identified clusters revealed that BCG significantly increased the expression of various well-known activation markers on neutrophils, including CD11b and CD66b, and decreased the expression of CD62L (Figure 1F; Data S1). In parallel, the expression of PD-L1, a key immune checkpoint protein associated with immunosuppression, was significantly decreased upon BCG vaccination. Together, these data show that circulating neutrophils increase the expression of immune activation markers upon BCG vaccination, which indicates a change in phenotype that resembles trained innate immune cells. Additionally, we observed significant changes in the eosinophil phenotype upon vaccination, characterized by significantly higher levels of the activation marker CD66b and lower levels of PD-L1 as compared to levels before vaccination (Figure 1F; Data S1). No significant changes in eosinophil count were observed upon vaccination (Figure S2).

BCG Vaccination Induces an Enhanced Immunophenotype in Neutrophils Exposed to Bacterial and Fungal Pathogens

To test whether BCG vaccination also alters the expression of cell-surface activation markers in response to a secondary stimulus, we incubated neutrophils *ex vivo* for 17 h with *M. tuberculosis*, *C. albicans*, lipopolysaccharide (LPS), phorbol 12-myristate 13-acetate (PMA), or RPMI medium (control) before, as well as 2 weeks and 3 months after vaccination. We found significant differences in the expression of cell activation markers on *ex-vivo*-stimulated neutrophils sampled after vaccination as compared to baseline (ratio on top of medium control, median fluorescence intensity levels are shown in Figure S3). Three months after BCG vaccination, the expression of CD66b and myeloperoxidase (MPO) on neutrophils upon exposure to either *M. tuberculosis*, *C. albicans*, or LPS was significantly enhanced, as compared to neutrophils before vaccination, indicating increased degranulation (Figures 2A and 2B). In addition, an increase in the expression of the integrin α_M (CD11b) was observed upon vaccination, suggesting enhanced activation 2 weeks and 3 months after BCG vaccination (Figure 2C). We

also observed that the expression of CD62L was significantly decreased upon stimulation with LPS, indicative of active shedding of L-selectin (Figure 2D). Remarkably, there was an increase in the fold change of CD62L expression upon stimulation with *M. tuberculosis* post-BCG. The precise mechanism explaining the difference between LPS and *M. tuberculosis* stimulation remains to be deciphered in future studies, but one hypothesis is that it might be explained by the differential stimulation of pattern recognition receptors by the two stimuli (TLR4 for LPS versus NOD2/TLR2 for *M. tuberculosis*). Overall, these results suggest that *ex-vivo*-stimulated neutrophils display a distinct phenotype upon BCG vaccination, which is characterized by enhanced expression of activation and degranulation markers, suggesting increased functional capacity.

BCG Vaccination Increases Nonspecific Antimicrobial Activity of Human Neutrophils

Previous studies have shown that BCG vaccination induces functional changes in human monocytes and NK cells *in vivo*, as shown by enhanced *ex vivo* cytokine production to both target (mycobacterial) and unrelated pathogens upon BCG vaccination (Arts et al., 2018; Kleinnijenhuis et al., 2012, 2014). Consistent with our previous findings in monocytes (Arts et al., 2018), BCG vaccination enhanced production of the chemokine interleukin (IL)-8 in neutrophils stimulated with either *M. tuberculosis* or unrelated stimuli as compared to concentrations before vaccination (Figures 3A and S4). Except for *C. albicans* stimulation, this effect remained for at least 3 months. Potential differences in IL-1 β and tumor necrosis factor alpha (TNF- α) production could not be determined, as the concentration of these cytokines in the supernatants remained below the detection threshold (data not shown). Besides the production of cytokines, neutrophils store an arsenal of antimicrobial enzymes in granules, including the serine protease elastase. Interestingly, release of elastase in response to stimulation was significantly increased in neutrophils 2 weeks and 3 months post-vaccination, compared to the levels before vaccination (Figure 3B).

Earlier work demonstrated a crucial role for the induction of glycolysis in BCG-induced trained immunity in monocytes (Arts et al., 2016b). In order to investigate whether the BCG-induced changes in the release of IL-8 and elastase were associated with alterations in intracellular metabolism, we assessed lactate production 17 h after *ex vivo* stimulation. Indeed, neutrophils isolated 3 months after vaccination produced a slightly higher amount of lactate after stimulation with *C. albicans*, LPS, or PMA compared to levels before vaccination, suggestive of an increased glycolytic rate (Figure 3C).

BCG Vaccination Enhances the Killing Capacity of Neutrophils and Results in Increased ROS Production and Phagocytosis

One of the main functions of neutrophils is to kill invading microorganisms. As such, they are considered to be the most important effector cells in the killing of pathogenic fungi such as *C. albicans* (Fulurija et al., 1996). Therefore, we next assessed

(F) Heatmaps showing the differential expression of the surface markers in the clusters of neutrophils (clusters 1, 2, and 5) and eosinophils (clusters 3 and 4) (normalized MFI clustered with Ward's method).

See also Figures S1 and S2 and Data S1.

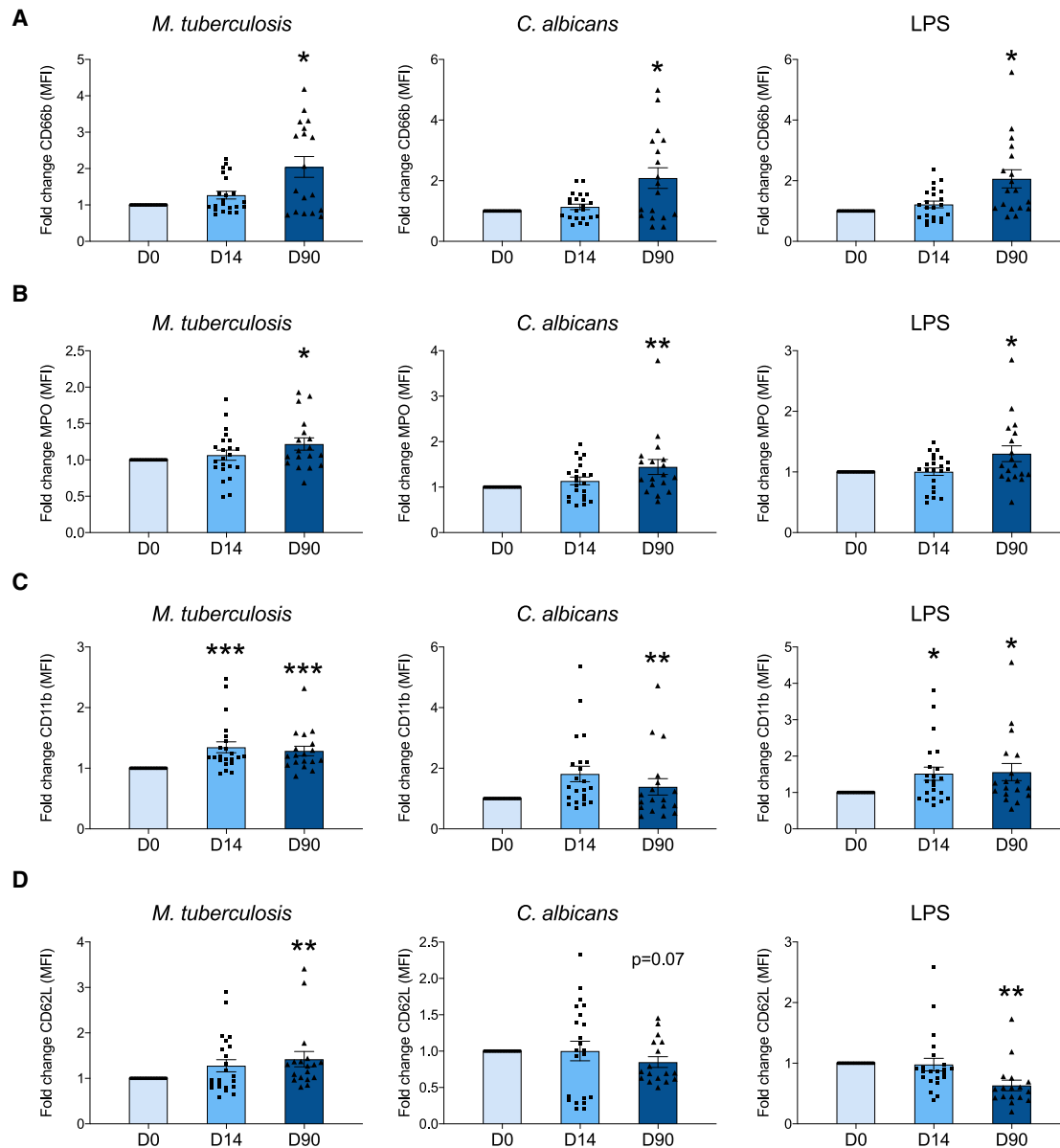


Figure 2. Neutrophil Phenotype upon Exposure to Unrelated Pathogens Is Modified by BCG

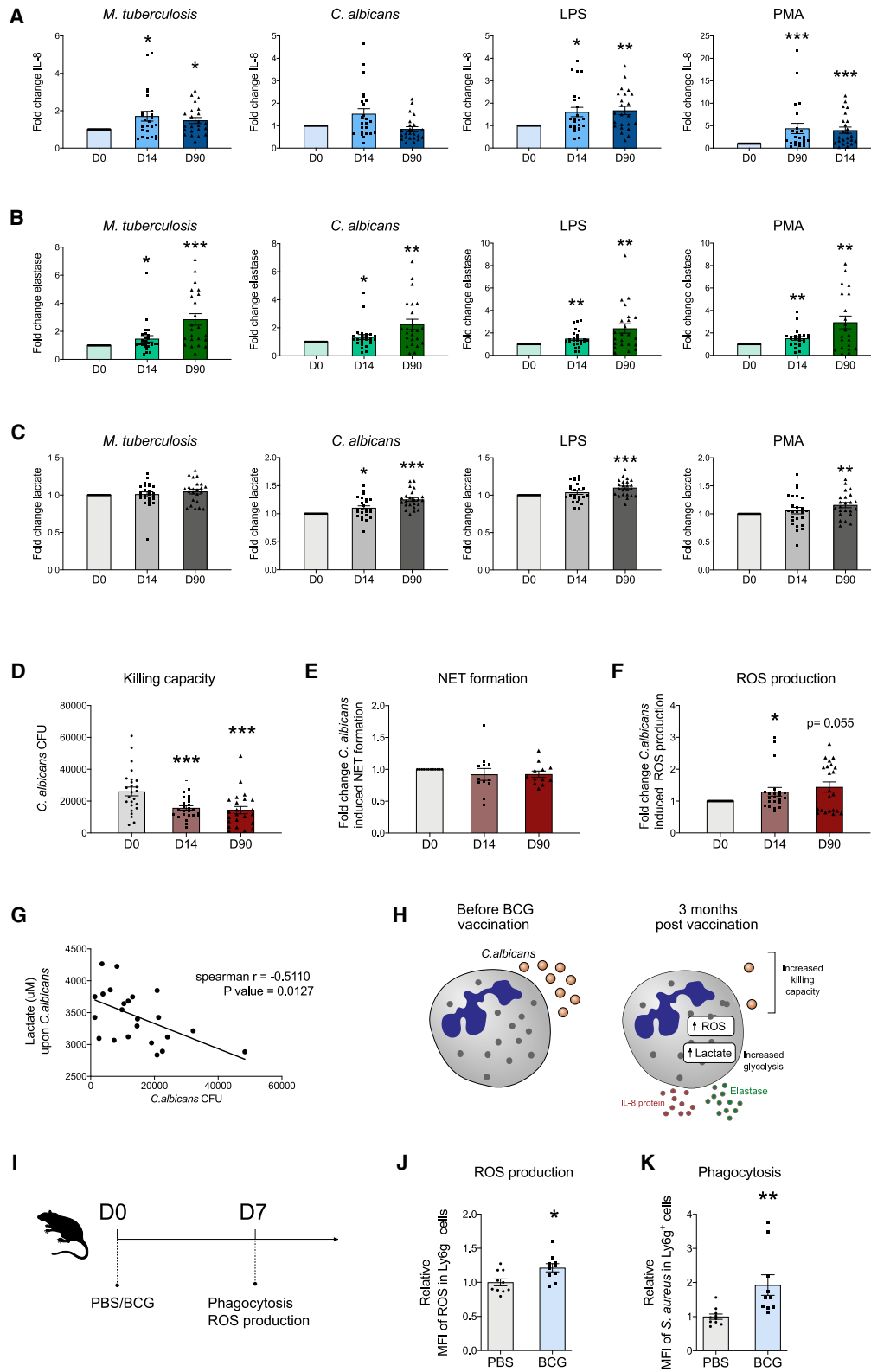
Cell-surface expression molecules associated with neutrophil activation were analyzed by flow cytometry upon *ex vivo* stimulation with *M. tuberculosis*, *C. albicans*, or LPS before, 2 weeks after, and 3 months after vaccination. (A) CD66b, (B) MPO, (C) CD11b, and (D) CD62L. Fold change of MFI as compared to medium control, upon vaccination versus baseline (mean \pm SEM, n = 22 [D14], n = 18 [D90], CD62L_Mtb_D14 [n = 23], CD62L_Candida/LPS_D14 [n = 17]; *p < 0.05, **p < 0.01, ***p < 0.001, Wilcoxon signed-rank test).

See also [Figures S3](#) and [S4](#).

whether BCG vaccination would affect neutrophil killing capacity toward *C. albicans*. The number of *C. albicans* colonies that survived incubation with neutrophils was significantly decreased after vaccination, as compared to the number before vaccination ([Figure 3D](#)), indicating a significant impact of BCG vaccination on the killing capacity of neutrophils. To investigate the mechanisms underlying the enhanced killing capacity, we first investigated whether the ability to form NETs contributed to this effect.

However, *ex vivo* NET formation was not affected by BCG vaccination ([Figures 3E](#) and [S4](#)).

Since previous work demonstrated increased production of ROS in monocytes trained *in vitro* with BCG ([Bekkering et al., 2016](#)), and the production of ROS plays an important role in microbial clearance by neutrophils ([Mittal et al., 2014](#)), we next hypothesized that BCG vaccination may enhance the ability of neutrophils to generate ROS. Indeed, the *ex vivo* production of



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ROS by neutrophils upon *C. albicans* stimulation increased after vaccination (Figure 3F). Interestingly, the production of lactate upon *C. albicans* stimulation correlated with the killing activity (Spearman $\rho = -0.51$, $p = 0.0127$) (Figure 3G). These findings might suggest that an increase in glycolytic capacity contributes to the observed enhanced killing of *C. albicans* in neutrophils upon BCG vaccination (Figure 3H).

To study the effects of BCG vaccination on neutrophil function in an additional context, we performed a murine study in which we assessed the effect of BCG-mediated training on neutrophils. Specifically, splenic neutrophils were isolated from mice that had received BCG or PBS as control 7 days earlier (Figure 3I). Neutrophils from trained BCG-trained mice displayed enhanced ROS production, as compared to neutrophils from control-treated mice (Figure 3J), which was consistent with our findings in human neutrophils upon *C. albicans* stimulation. Furthermore, we observed a profound increase in the capacity of neutrophils from BCG-trained mice to phagocytose *S. aureus* BioParticles, as compared to neutrophils from mice that received PBS (Figure 3K).

BCG Vaccination Enhances MAPK Phosphorylation in Neutrophils

The nuclear factor κ B (NF- κ B) signaling pathway and mitogen-activated protein kinase (MAPK) pathways are major regulators of the transcription and post-transcriptional regulation of inflammation in innate immune cells (Arthur and Ley, 2013). Therefore, to identify mechanisms that may contribute to the enhanced antimicrobial function of neutrophils upon BCG vaccination, we investigated the activation of key signaling pathways in neutrophils before and 3 months after BCG vaccination. Whole blood from 11 vaccinated donors was left unstimulated (endogenous signal) or stimulated with one of three Toll-like receptor (TLR) ligands (LPS, R848, and CpG). Subsequently, phosphoprotein phosphorylation of neutrophils was quantified by mass cytometry (see Figures S5 and S6 for gating strategy). Three months after BCG vaccination, basal expression of phosphorylated MAPK-activated protein kinase 2 (pMAPKAPK2) was significantly increased as compared to expression levels before BCG vaccination (Figure 4A). Upon *ex vivo* stimulation with TLR agonists, neutrophils responded strongest to LPS stimulation. Interestingly, neutrophils displayed significantly enhanced p38

phosphorylation in response to LPS stimulation at 3 months post-BCG vaccination as compared to levels before vaccination (Figure 4B). A similar pattern was observed for MAPKAPK2 and cAMP-response element binding protein (CREB) but did not reach statistical significance. The responsiveness of neutrophils to stimulation with R848 or CpG was low, which could be explained by previous reports describing low expression of TLR7 in neutrophils and the requirement of GM-CSF for TLR9-mediated responses (Hayashi et al., 2003). In line with these findings, co-expression of pMAPKAPK2 and pp38 was significantly enhanced in response to LPS stimulation 3 months upon BCG vaccination (Figure 4C). Together, these findings point to an enhanced activation of the MAPK signaling pathway upon BCG vaccination in neutrophils, in particular upon activation of TLR4.

BCG Induces Epigenetic Modifications in Histone Methylation in Neutrophils

BCG vaccination induces genome-wide chromatin remodeling in human monocytes *in vivo* (Arts et al., 2018), and epigenetic mechanisms have been shown to control gene expression in human neutrophils (Chen et al., 2016; Ecker et al., 2017). Therefore, to further elucidate the mechanisms through which BCG induces the observed changes in neutrophil effector function, we performed RNA sequencing (RNA-seq) and a whole-genome assessment of the distribution of trimethylation of lysine 4 at histone 3 (H3K4me3) by chromatin immunoprecipitation (ChIP) sequencing in neutrophils before and 3 months after BCG vaccination (GEO: GSE153729). Whole-genome epigenetic analysis revealed significant differences in the levels of H3K4me3, a marker of increased gene transcription (Figures 5A and 5B). BCG induced increased H3K4me3 at promoter sites of genes involved in JAK-STAT signaling, including signal transducer and activator of transcription 4 (STAT4) (Figures 5C and 5D), which has recently been shown to play a critical role in proinflammatory neutrophil function and is required for antimicrobial defense in mice (Keeter et al., 2018, 2020). In addition, BCG vaccination induced significantly higher levels of H3K4me3 in promoter regions of various genes encoding proinflammatory cytokines (Figure 5E), consistent with our previous observations of a trained immunity profile in neutrophils upon BCG vaccination. Moreover, we found a significant increase

Figure 3. BCG Vaccination Induces Trained Immunity *In Vivo* in Neutrophils

- (A–C) Neutrophils were isolated before ($n = 25$) and after vaccination ($n = 23$) with BCG and restimulated *ex vivo*. Production of IL-8, elastase, and lactate was measured in the supernatants. Fold increases, as compared to medium control upon vaccination versus baseline, of IL-8 (A), elastase (B), and lactate (C) to sonicated *M. tuberculosis*, heat-killed *C. albicans*, LPS, and PMA are shown.
- (D) Quantification of *C. albicans* colony-forming units (CFUs) after 17 h *ex vivo* incubation with neutrophils before and after BCG vaccination (mean \pm SEM, *** $p < 0.001$, Wilcoxon signed-rank test).
- (E) Fold change (compared to levels before BCG vaccination) in *C. albicans*-induced NET formation ($n = 12$).
- (F) Fold change in the production of ROS in response to *C. albicans* before and after vaccination.
- (G) Correlation plot showing the relationship between *C. albicans*-induced lactate production and the remaining number of *C. albicans* CFU after 17 h *ex vivo* incubation with neutrophils.
- (H) BCG vaccination increases the killing capacity of neutrophils, which may be partially mediated by enhanced glycolysis and the release of antimicrobial molecules.
- (I) Wild-type (WT) mice were injected with BCG or PBS, and ROS production and phagocytosis were assessed in splenic neutrophils 7 days later.
- (J) ROS production in CD11b⁺ Ly6g⁺ cells.
- (K) Phagocytosis of *S. aureus* BioParticles in CD11b⁺ Ly6g⁺ cells. Data are presented as mean \pm SEM, * $p < 0.05$, ** $p < 0.01$, $n = 10$ mice per group, unpaired t test. See also Figure S4.

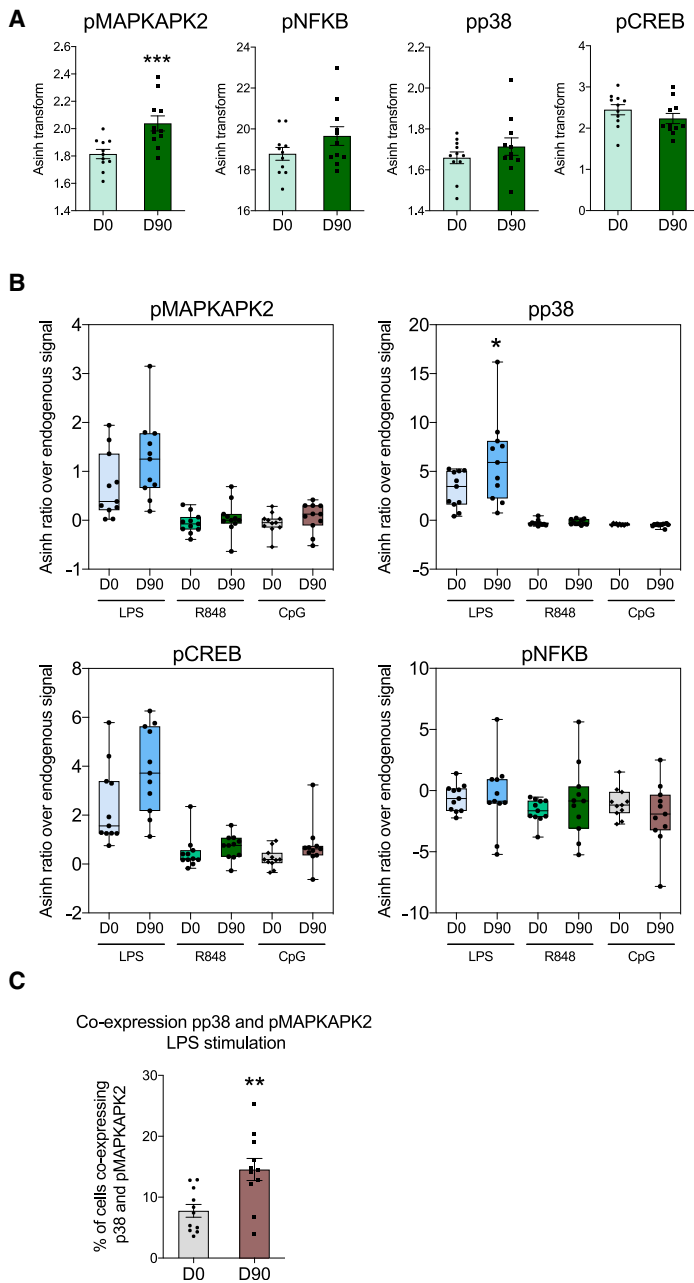


Figure 4. MAPKAPK2, p38, CREB, and NF-κB Phosphorylation in Neutrophils before and 3 Months after BCG Vaccination

(A) Endogenous signal for the indicated phosphoproteins before BCG vaccination (D0) and 3 months post-BCG vaccination (D90). (B) Phosphoprotein phosphorylation in response to the indicated stimuli. (C) pMAPKAPK2 and pp38 co-expression upon LPS restimulation. Data are presented as mean \pm SEM, * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, $n = 11$, Wilcoxon signed-rank test. See Figures S5 and S6 for gating strategy.

ming of neutrophils at the level of histone methylation may underlie their altered protective state.

In line with previous studies on trained monocytes, analysis of the transcription profiles of neutrophils in their resting state revealed fewer changes upon BCG vaccination as compared to the changes in epigenetic profile (Figure 6A). This indicates that BCG reprograms neutrophils epigenetically to respond differently to secondary stimuli, leading to pronounced differences in gene expression after secondary stimulation, rather than at the resting state. However, analysis revealed enhanced expression of genes involved in the PI3K-Akt signaling pathway (Figure 6B). This pathway plays a crucial role in neutrophil effector functions and has been shown to mediate a metabolic shift that is essential for the induction of trained immunity in monocytes (Arts et al., 2016b; Cheng et al., 2014). Furthermore, the transcription of hexokinase 1 (HK1) was increased upon BCG vaccination (Figure 6C). As HK1 is a rate-limiting enzyme of glycolysis, this finding may further support our observation of long-term metabolic changes in neutrophils upon BCG vaccination.

A long-standing question in the field of trained immunity has been how the H3K4me3 modification is directed only to the promoters of specific genes. Recently, it was demonstrated that a novel class of long non-coding RNAs (lncRNAs), termed immune priming lncRNAs (IPLs), coordinates the H3K4me3 accumulation at inflammatory gene promoters, including IL-8 and IL-1 β , during trained immunity responses in monocytes (Fanucchi et al., 2019). UMLILO, a prototypical IPL, specifically regulates H3K4me3 deposition at the promoter site of IL-8, whereas IPL-IL1 regulates IL-1 β .

This study revealed that transcription of IPLs is increased in neutrophils after BCG vaccination as compared to levels before vaccination. Importantly, when we stratified volunteers into high responders (fold increase in killing capacity ≥ 2) and low responders (fold increase in killing capacity < 2), we observed that the increase in IPL expression upon BCG vaccination was strongly associated with responder status (Figure 6D). Together, these findings might suggest that BCG vaccination increases IPL expression in neutrophils and, as a result, H3K4me3 levels on target genes, resulting in enhanced gene transcription and antimicrobial function in trained neutrophils (Figure 6E).

in H3K4me3 at the promoter regions of genes that play a key role in glycolysis, including mammalian target of rapamycin (mTOR) and phosphofructokinase platelet (PFKP) (Figure 5F), supporting our previous observations showing a different metabolic profile in stimulated neutrophils upon BCG vaccination. These findings were validated by ChIP and quantitative real-time PCR (ChIP-qPCR) experiments (Figure S7). Furthermore, ChIP-qPCR data showed that higher levels of H3K4me3 corresponded with increased killing capacity (Figure S7). However, only seven individuals were assessed, and these correlations did not reach statistical significance. Collectively, these data indicate that BCG-induced long-term epigenetic reprogram-

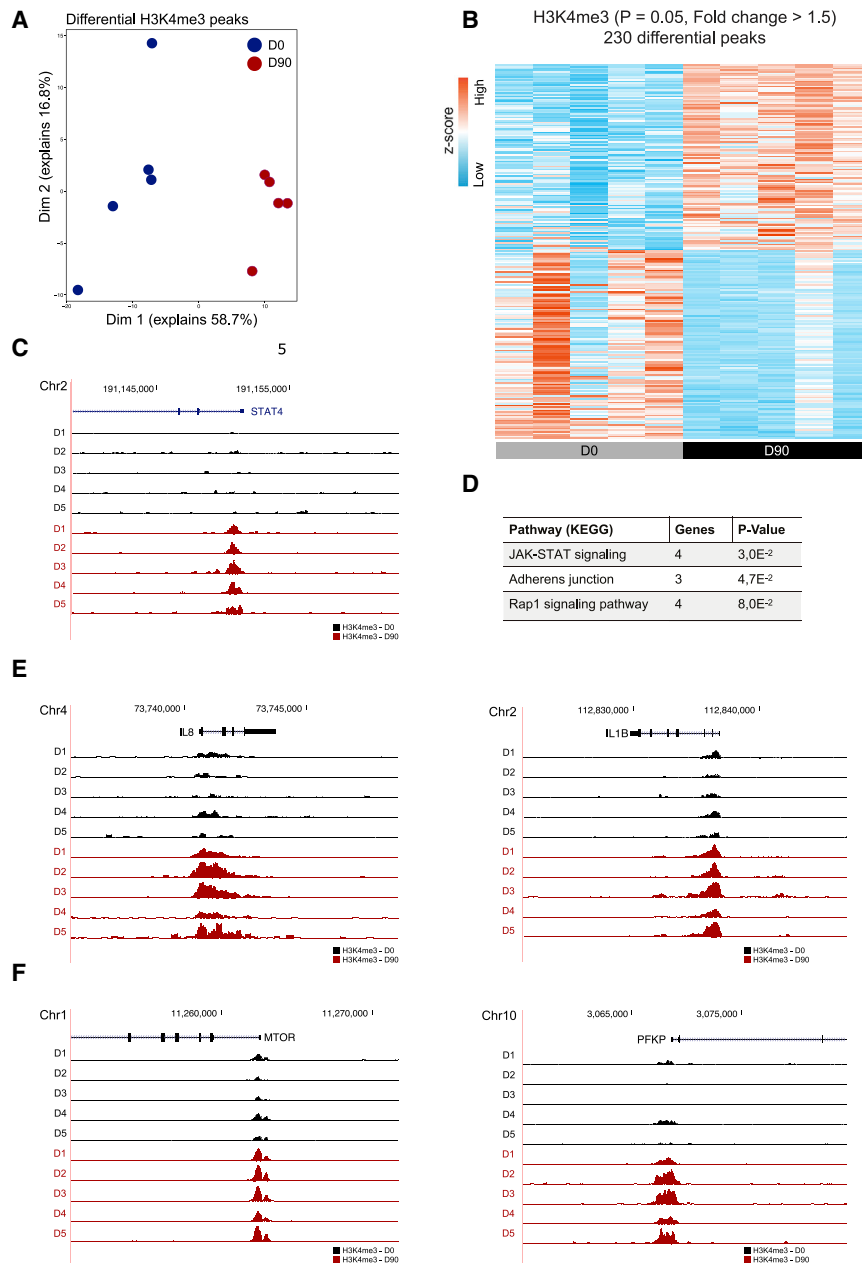


Figure 5. Vaccination with BCG Induces Epigenetic Reprogramming of Neutrophils

(A) PCA of ChIP-seq data of human neutrophils isolated before and 3 months after BCG vaccination ($p < 0.05$, fold change > 1.5 , $n = 5$). (B) Heatmap of genome-wide H3K4me3 changes before and 3 months after BCG vaccination. (C) Tracks of H3K4me3 peaks near *STAT4*. (D) Pathways associated with genes near the 230 differential peaks. (E and F) Tracks of H3K4me3 peaks near *CXCL8* and *IL-1 β* (E) and *mTOR* and *PFKB* (F). See also Figure S7.

the effect of trained immunity on progenitors of the hematopoietic system revealed a strong long-lasting bias toward granulopoiesis, indicating a potential role for neutrophil activation in the process of innate immune memory (Christ et al., 2018; Cirovic et al., 2020; Kaufmann et al., 2018; Mitroulis et al., 2018). Here, we have shown that the induction of trained immunity by BCG induces long-term functional reprogramming of human circulating neutrophils *in vivo* via chromatin remodeling.

Specifically, we have shown that BCG vaccination induces a long-term switch in the phenotype of unstimulated (circulating) neutrophils, which is characterized by enhanced expression levels of activation markers and decreased expression of markers associated with immunosuppression. Higher expression of CD11b (the α_M subunit of the integrin receptor $\alpha_M\beta_2$) and CD66b (CECAM8) indicates activation of the various functions of neutrophils, such as migration (Li, 1999), degranulation (Borregaard et al., 2007), and respiratory burst priming (McLeish et al., 2013), all important for pathogen clearance. Various recent studies have revealed that neutrophils are heterogeneous in phenotype and function. Once released into the blood,

DISCUSSION

Various reports have demonstrated that BCG vaccination can train innate immune cells to exhibit an enhanced and long-lasting activation upon challenge with mycobacterial or unrelated heterologous microbial pathogens. Since the large majority of studies on trained immunity has been performed on monocytes, macrophages, and NK cells, very little is known about the long-term impact of BCG on other innate immune cell populations. Neutrophils are the most abundant innate immune cells in humans and play a crucial role in the front line of immune defense (Nicolás-Avila et al., 2017). Intriguingly, various recent reports studying

fresh neutrophils undergo phenotypic changes until they disappear from the circulation (aged neutrophils) by a process called neutrophil aging (Adrover et al., 2019). Aging has been described to positively correlate with proinflammatory activity, and aged neutrophils show lower expression of CD62L and higher levels of CD11b as compared to freshly released neutrophils (Adrover et al., 2019; Casanova-Acebes et al., 2013; Zhang et al., 2015). These alterations in aged neutrophils are similar to those observed upon BCG vaccination. However, future studies are necessary to better understand the neutrophil phenotype upon BCG vaccination, to assess similarities and differences with previously described phenotypes, and

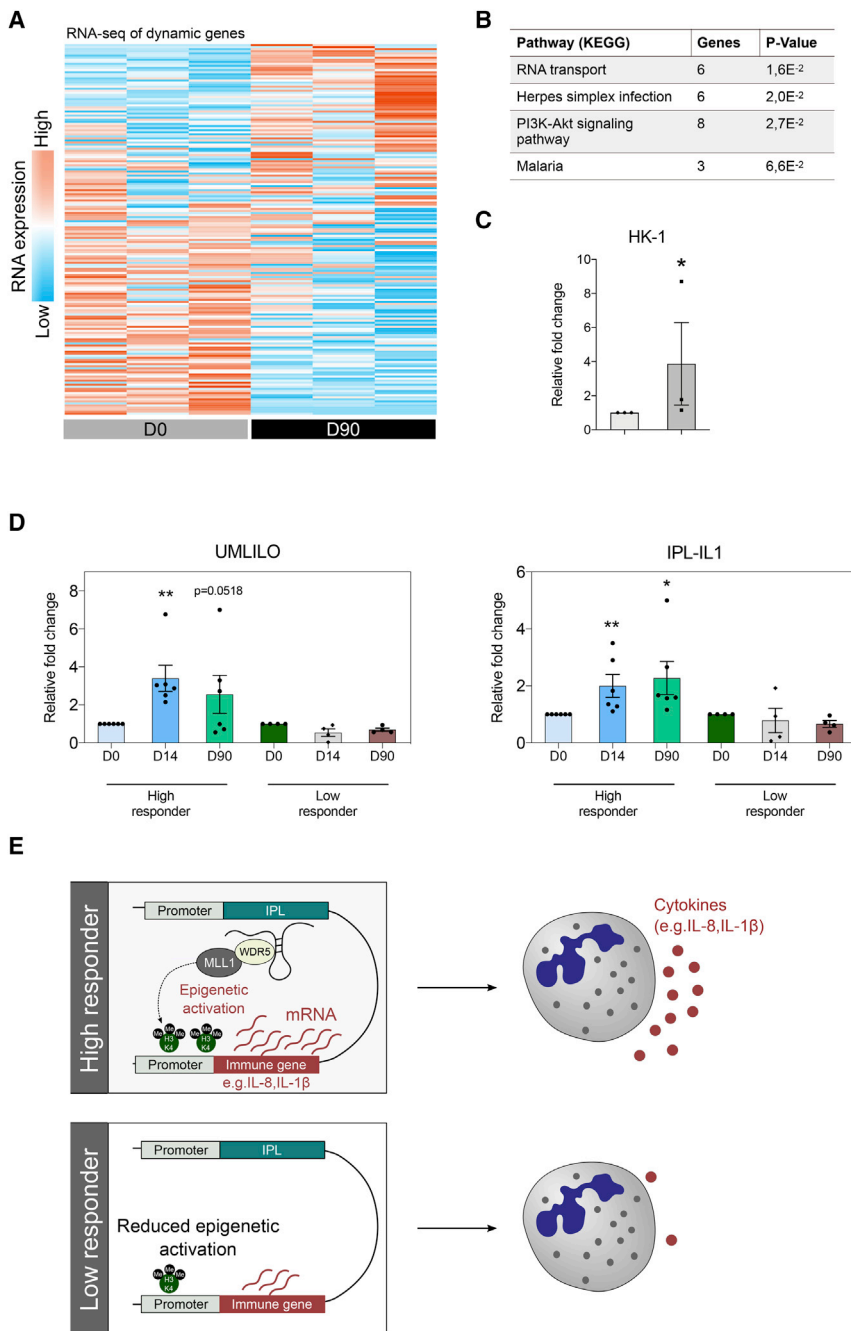


Figure 6. Transcriptomic Analysis of Neutrophils Trained by BCG

(A) Heatmap showing genes that are differentially expressed in human neutrophils upon BCG vaccination ($p < 0.2$, fold change > 1.5 , $n = 3$).

(B) Pathways associated with genes that are differentially expressed 3 months after BCG vaccination as compared to baseline.

(C) Fold change in the expression of *HK1* (3 months upon BCG as compared to baseline, mean \pm SEM, $n = 3$).

(D) Fold change in the expression of IPLs UMLILO and IPL-IL1 after BCG vaccination as compared to levels before vaccination in high responders and low responders (mean \pm SEM, $n = 6$ high responders, $n = 4$ low responders, * $p < 0.05$, ** $p < 0.01$, Wilcoxon signed-rank test).

(E) In contrast to low responders, high responders display increased IPL expression upon BCG vaccination, leading to higher levels of H3K4me3 on target genes and enhanced gene transcription upon secondary exposure.

proved a breakthrough in the treatment of cancer (Iwai et al., 2002). Neutrophils are one of the most abundant immune cells in the tumor microenvironment of solid tumors (Coffelt et al., 2016), and in patients with gastric cancer, the presence of neutrophils with an immunosuppressive phenotype is associated with disease progression and a decrease in patient survival (Wang et al., 2017). Based on our findings, modulation of neutrophil phenotype by the induction of trained immunity might be a strategy for cancer treatment (Netea et al., 2017), and future studies investigating the effect of trained neutrophils on T cell function are warranted.

Since BCG vaccination results in functional changes in monocytes, we explored whether BCG would also impact neutrophil antimicrobial function. Interestingly, BCG vaccination significantly increased the production of the chemokine IL-8 and the serine protease elastase upon *ex vivo* exposure to secondary pathogenic stimuli. Moreover, neutrophils demonstrated a significant increase in killing of

to investigate if the life span/aging of neutrophils is affected by BCG-induced training.

Interestingly, large differences were found in the expression of programmed death-ligand 1 (PD-L1), which was significantly decreased 3 months after BCG vaccination. PD-L1 is a cell membrane protein that binds to programmed cell death protein 1 (PD-1) and plays a major role in suppressing immune responses. Expression of PD-L1 on cancer cells serves as an effective mechanism for tumors to escape from host immune responses, and the development of PD-1 and PD-L1 inhibitors

C. albicans upon BCG vaccination, increased ROS production, and enhanced expression of degranulation markers. These changes in neutrophil effector function are in line with an earlier study showing increased ROS production and killing of *C. albicans* in BCG-trained macrophages in mice (van 't Wout et al., 1992) and our findings of enhanced *S. aureus* phagocytosis and ROS production in BCG-vaccinated mice as compared to control mice. Whether an increase in phagocytosis also occurs in human neutrophils upon BCG vaccination needs to be assessed in future clinical trials. Together, these results suggest

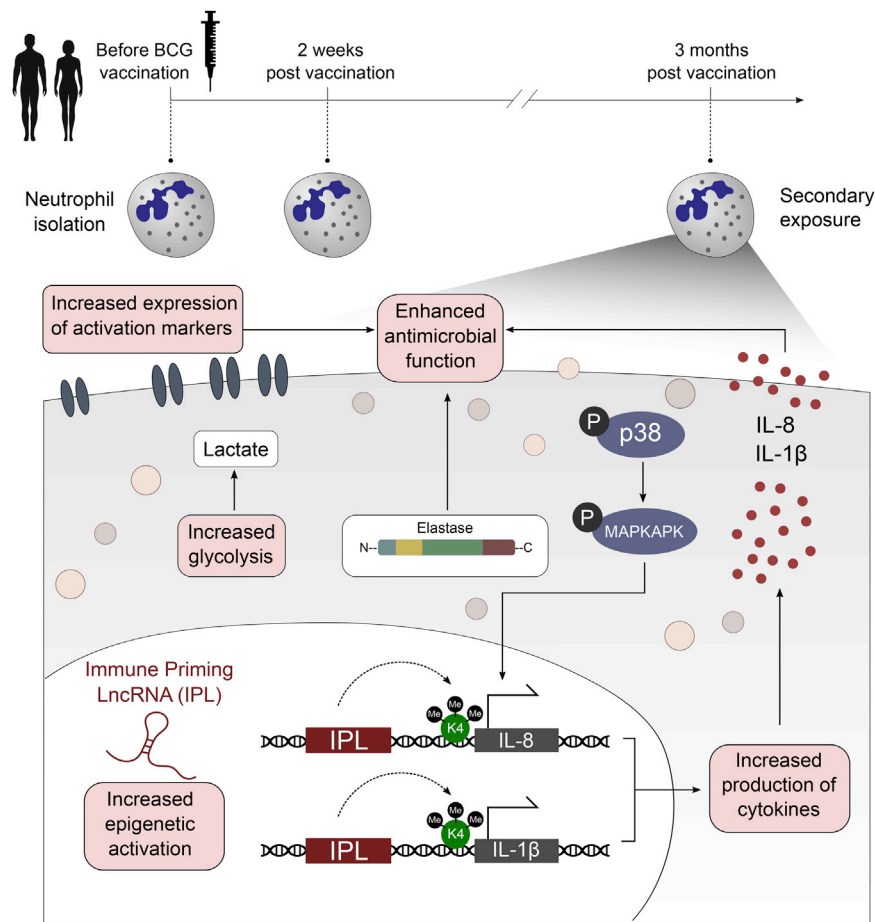


Figure 7. Schematic Overview of the Mechanisms That May Underlie Enhanced Neutrophil Effector Function upon BCG Vaccination

BCG-induced trained immunity results in an increased responsiveness of neutrophils, with effector functions such as cytokine production and killing capacity being increased upon secondary stimulation with non-related pathogens. Changes in the inflammatory profile of neutrophils upon BCG are associated with changes in epigenetic profile and cellular metabolism. Increased expression of lncRNAs, termed IPLs, might lead to elevated H3K4me3 accumulation at genes coding for antimicrobial molecules. Together with the upregulation of signaling pathways and glycolysis, epigenetic changes at the level of histone methylation result in enhanced transcription of antimicrobial proteins upon exposure to a secondary stimulus.

experimental studies in mice (Christ et al., 2018; Mitroulis et al., 2018), as well as studies in humans in our laboratory (Cirovic et al., 2020). One important question is whether the BCG-induced effects can be solely attributed to chromatin remodeling or if persistent low-grade BCG infection also contributes to these effects. A previous study found that viable BCG was present at the vaccination site in only half of the individuals 1 month after BCG vaccination (Minassian et al., 2012). For this reason, we have chosen to study neutrophils

that the enhanced antimicrobial function of neutrophils might contribute to the observed nonspecific protective effects of BCG vaccination against unrelated subsequent infections. Promoting neutrophil effector function via the induction of trained immunity may also offer avenues to counteract the adverse effects of (chemotherapy-induced) neutropenia. On the other hand, suppression of neutrophil activity by inhibition of trained immunity mechanisms may be beneficial in patients suffering from diseases characterized by neutrophil-mediated inflammation.

As epigenetic reprogramming mediates the functional ability of monocytes to respond more strongly to secondary infections (Arts et al., 2018), the involvement of chromatin remodeling in neutrophils was assessed before and after BCG vaccination. Indeed, our findings indicate that the functional changes observed in neutrophils after vaccination are most likely mediated by epigenetic modifications at the promoter sites of genes essential for antimicrobial function, as indicated by increased levels of H3K4me3 upon BCG vaccination. However, the short duration of life of neutrophils in the circulation, corroborated with the identification of functional and epigenetic changes in neutrophils months after the vaccination, can only lead to the conclusion that these effects are mediated through epigenetic and functional changes in neutrophil precursors. This hypothesis is supported by recent exper-

iments 3 months after BCG vaccination, when it is likely that microorganisms are no longer present. Indeed, a separate study reported that all volunteers tested negative for *M. bovis* in the bone marrow by qPCR 3 months after BCG vaccination (Cirovic et al., 2020).

Previous work has demonstrated a strong link between epigenetic and metabolic changes in trained cells (Arts et al., 2016a). More specifically, a strong increase in glycolysis in BCG-trained monocytes has been observed, and this was found to be crucial for the induction of trained immunity. Neutrophils rely almost exclusively on glycolysis for their energy demands, as they have a very small number of mitochondria (Borregaard and Herlin, 1982). Interestingly, we observed an increase in glycolytic rate in *ex-vivo*-stimulated neutrophils upon BCG vaccination. Moreover, levels of lactate correlated with neutrophil killing capacity, supporting the importance of glycolysis for effective trained immunity responses in neutrophils. In line with these findings, we found significantly increased levels of H3K4me3 at promoters of genes encoding key regulators of glycolysis, such as phosphofructokinase and *mTOR*, and increased gene transcription of the rate-limiting glycolysis enzyme HK1.

This study also opens new questions for future studies. One important task for future research will be to decipher the exact molecular mechanisms that modulate HSPCs once individuals have received the BCG vaccine. In addition, the impact of trained

neutrophils on other cell types needs further attention. Evidence accumulated in recent years has indicated an important role for neutrophils in the modulation of neighboring cells, including macrophages (Rosales, 2018). In this context, it would be particularly interesting to study whether an altered neutrophil phenotype upon BCG vaccination could induce long-term effects on immune responses displayed by other cell subpopulations, such as lymphocytes and macrophages. Intriguingly, it has been shown that neutrophils upon helminth infection are indeed able to train macrophages to acquire a long-lasting enhanced protective phenotype (Chen et al., 2014). Whether a similar effect exists upon BCG vaccination and if this represents a strategy for vaccine development remains to be explored. Additionally, RNA-seq studies and epigenomic analysis at the single-cell level are needed to investigate whether the trained immunity profile is present in only a subset of neutrophils or if it involves the entire neutrophil population. Interestingly, a new field of investigation may be opened by the intriguing findings of changes in regulation of immune activators in eosinophils. More studies are warranted to study and eventually validate this observation, as well as the implications of BCG vaccination in allergic diseases. Indeed, several epidemiological studies have suggested effects of BCG vaccination on the incidence and severity of allergic diseases, but results are conflicting (Aaby et al., 2000; Alm et al., 1997; Grüber et al., 2001).

In conclusion, we show that neutrophils can be functionally reprogrammed to exhibit a propensity to respond more efficiently to microbial stimulation after vaccination with BCG. Circulating neutrophils not only show an increased expression in activation markers, but also display increased antimicrobial function upon *ex vivo* stimulation with various pathogens. An increase in transcription of lncRNAs and epigenetic changes at the level of histone methylation might be the mechanism through which BCG enhances innate immune responses in neutrophils (Figure 7). Considering the role of neutrophils in various disease states, our findings suggest the potential for the modulation of trained immunity as a therapeutic strategy to modulate neutrophil effector function.

STAR★METHODS

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SUPPLEMENTAL INFORMATION

Supplemental Information can be found online at <https://doi.org/10.1016/j.celrep.2020.108387>.

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AUTHOR CONTRIBUTIONS

Conceptualization, S.J.C.F.M.M. and M.G.N.; Methodology, S.J.C.F.M.M., Y.A.R.-R., K.T., L.K., J.G., P.V., B.N., C.M.d.B., E.T.F., S.F., Y.N., C.F., V.P.M., V.A.C.M.K., and L.C.J.d.B.; Writing – Original Draft, S.J.C.F.M.M.; Writing – Review & Editing, Y.A.R.-R., J.G., M.G.N., I.J., H.K., R.v.C., G.J.M.P., and T.C.; Supervision, M.G.N., I.J., H.K., L.A.B.J., G.J.M.P., T.C., M.M.M., and D.A.D.

DECLARATION OF INTERESTS

The authors declare no competing interests.

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STAR★METHODS

KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
Rabbit polyclonal anti-H3K4me3	Diagenode	pab-003-050; RRID: AB_2616052
anti-CD16 FITC (clone 3G8)	Beckman Coulter	Cat#B49215; RRID: AB_2848116
anti-CD10 PE (HI10A)	BioLegend	Cat#312203; RRID: AB_314914
anti-CD11b PE-Dazzle (ICRF44)	BioLegend	Cat#301347; RRID: AB_2564080
anti-CD62L PE-Cy7 (clone DREG-56)	BioLegend	Cat#304821; RRID: AB_830800
anti-PD-L1 APC (clone MIH1)	ThermoFisher	Cat#17598342; RRID: AB_10597586
anti-CD66b AF700 (G10F5)	BioLegend	Cat#305113; RRID: AB_2566037
anti-CD15 Brilliant Violet 421 (clone W6D3)	BioLegend	Cat#323039; RRID: AB_2566519
anti-CD45 Krome Orange (clone J33)	Beckman Coulter	Cat#A96416; RRID: AB_2833027
biotin anti-mouse Ly6g (clone 1A8)	BioLegend	Cat#127603; RRID: AB_1036096
anti-CD11b (clone M1/70)	BioLegend	Cat#101207; RRID: AB_10702027
anti-myeloperoxidase (clone CLB-MPO-1)	Beckman Coulter	Cat#M3455U; RRID: AB_131041
anti-CD14 PE-Cy5.5 (clone M5E2)	BioLegend	Cat#301847; RRID: AB_2564058
Bacterial and Virus Strains		
Heat-killed <i>Mycobacterium tuberculosis</i>	Gift	H37Rv
<i>Candida albicans</i>	Gift	ATCCMYA-3573, UC820
<i>Staphylococcus aureus</i> (Wood strain without protein A) BioParticles	Thermo Scientific	Cat#S23371
Chemicals, Peptides, and Recombinant Proteins		
Bacille Calmette-Guérin Vaccine	Intervax	Bulgaria strain
Phorbol 12-myristate 13-acetate (PMA)	Sigma-Aldrich	Cat#16561-29-8
Lipopolysaccharide	Sigma-Aldrich	From <i>E. coli</i> serotype 055:B5, L2880
Protease inhibitor cocktail	Sigma-Aldrich	Cat#P8465
BSA	Wisent	Cat#800-195-EG
5'-Deoxy-5'-(methylthio) adenosine (MTA)	Sigma-Aldrich	Cat#D5011
Percoll	Sigma-Aldrich	Cat#P1644
Ficoll-Paque	GE Healthcare	Cat#17-1440-03
Roswell Park Memorial Institute medium (RPMI)	Invitrogen	Cat#22406031
Bovine Serum Albumin (BSA)	Sigma-Aldrich	Cat#A7030
iScript reverse transcriptase	Bio-Rad	Cat#1708840
TRIzol reagent	Life Technologies	Cat#15596018
SYBR Green	Applied Biosciences	Cat#4368708
16% Formaldehyde	Fisher Scientific	Cat#28908
A23187	Sigma Aldrich	Cat#C7522
MNase	Boehringer Mannheim	Cat#10107921001
R848	Invivogen	Cat#tlrl-r848
CpG	Invivogen	Cat#tlrl-2336
Smart Tube stabilizer	Fisher Scientific	Cat#501351692
Saponin	Sigma-Aldrich	Cat# 8047-15-2
Fixation/Permeabilization Concentrate	Thermo Fisher	Cat#00-5123-43
Anti-biotin microbeads	Miltenyi Biotec	Cat#130-090-485

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REAGENT or RESOURCE	SOURCE	IDENTIFIER
Critical Commercial Assays		
Human IL-1 β ELISA	R&D systems	Cat#DY201
Human TNF α ELISA	R&D systems	Cat#DY210
Human IL-6 ELISA	Sanquin	Cat#M1916
Human IL-8 ELISA	Sanquin	Cat#M1918
iScript cDNA Synthesis Kit	Bio-Rad	Cat#1708891
MinElute PCR purification Kit	QIAGEN	Cat#28006
DNase I	QIAGEN	Cat#79254
Rneasy Mini Kit	QIAGEN	Cat#74106
Lactate Fluorometric Assay Kit	Biovision	Cat#K607
Human Neutrophil Elastase DuoSet ELISA Kit	R&D	Cat# DY9167-05
KAPA library preparation kit	Kapa Biosystems	KK8400
riboZero gold rRNA removal kit	Illumina	MRZG12324
Nextera DNA Library Prep Kit	Illumina	FC-121-1031
TruSeq SBS KIT v3 - HS (50 cycles)	Illumina	FC-401-3002
NextSeq 500/550 High Output v2 kit (75 cycles)	Illumina	FC-404-2005
NEBNext High-Fidelity 2 \times PCR Master Mix	New England Biolabs	Cat#M0541
iQ SYBR [®] Green Supermix	Bio-Rad	Cat#1708880
100 \times SYBR Green I Nucleic Acid Gel Stain	Thermo Fisher Scientific	Cat#S7563
SPRIselect reagent kit	Beckman Coulter	Cat#B23218
E-Gel [®] SizeSelect Agarose Gels, 2%	Thermo Fisher Scientific	Cat#G661002
dNTP set 100 mM	Life Technologies	Cat#10297-018
dUTP 100 mM	Promega	Cat#U119A
Glycogen (20 mg/ml)	Life Technologies	Cat#10814-010
Random Hexamer primers	Sigma-Aldrich	Cat#11034731001
Second Strand Buffer	Life Technologies	Cat#10812-014
Superscript III Reverse Transcriptase	Life Technologies	Cat#18080-044
DNA polymerase I, <i>E. coli</i>	New England Biolabs	Cat#M0209S
USER enzyme	New England Biolabs	Cat#M5505L
E.Coli Ligase	New England Biolabs	Cat#M0205L
Rnasin Plus Rnase Inhibitor	Promega	Cat#N2615
Ribonuclease H	Life Technologies	Cat#AM2293
T4 DNA polymerase	New England Biolabs	Cat#M0203L
Sodium Acetate (3M)	Life Technologies	Cat#AM9740
Qubit RNA HS assay kit	Life Technologies	Cat#Q32852
Ribozero Gold Kit	Illumina	Cat#MRZG12324
Bradford Concentration Assay	Thermo Fisher	Cat#23246
Cell Rox Green flow cytometry assay kit	Thermo Fisher	Cat#C10492
Deposited Data		
RNA-seq and ChIP-seq data of neutrophils before and three months after BCG vaccination	This paper	GEO: GSE153729
Experimental Models: Organisms/Strains		
C57BL/6 mice	Jackson Laboratories	NA
Oligonucleotides		
Primers for qPCR, see Table S1	This paper	NA

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Continued

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Software and Algorithms		
CytoTOF software	Fluidigm	https://www.fluidigm.com
FACSDiva Software	BD Biosciences	SCR_001456
FlowJo software v.10	Tree Star	SCR_000410
GraphPad Prism v. 5.03	Graphpad Software	https://www.graphpad.com
MMSEQ	(Turro et al., 2011)	https://github.com/eturro/mmseq
DEseq	(Anders and Huber, 2010)	http://bioconductor.org/packages/release/bioc/html/DESeq.html
Bwa	(Li and Durbin, 2009)	http://bio-bwa.sourceforge.net/
Samtools and Bamtools	(Barnett et al., 2011; Li et al., 2009)	http://code.google.com/p/phantompeakqual-tools/http://samtools.sourceforge.net/https://github.com/pezmaster31/bamtools
MACS2	(Zhang et al., 2008)	https://github.com/taoliu/MACS/
HOMER	(Heinz et al., 2010)	http://homer.ucsd.edu/homer/motif/
DAVID	(Huang et al., 2009)	https://david.ncifcrf.gov/
Deeptools	(Ramírez et al., 2014)	https://deeptools.readthedocs.io/en/develop/

RESOURCE AVAILABILITY

Lead Contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the Lead Contact, Mihai G. Netea at the Radboud University Medical Center, Nijmegen, the Netherlands (mihai.netea@radboudumc.nl).

Materials Availability

This study did not generate new unique reagents.

Data and Code Availability

The RNA and ChIP sequencing data of neutrophils before and 3 months after BCG vaccination as reported in this paper can be found in the NCBI Gene Expression Omnibus under accession number GEO: GSE153729.

EXPERIMENTAL MODEL AND SUBJECT DETAILS

A total of 25 healthy individuals of Western-European descent (10 males and 15 females, age range 20-70 years) were included between February 2018 and June 2018 at the Radboud University Medical Center, the Netherlands. All volunteers were BCG naive and had not lived in a tuberculosis endemic country. Exclusion criteria were chronic or acute disease at the time of sampling, pregnancy or breastfeeding, any vaccination other than BCG within three months before start of the study, and use of medication other than paracetamol and oral anti-contraceptive drugs in the last month before samples of venous blood were drawn. Throughout the study period, subjects were not allowed to take any drugs, except paracetamol and oral anti-contraceptive drugs. All volunteers received BCG (InterVax, Canada, strain Bulgaria). Blood was drawn before BCG vaccination and 2 weeks and 3 months after vaccination. 2 Volunteers did not show up at their 3-months appointment, therefore the time point 3 months after vaccination contains data of 23 volunteers. All individuals were taking part in the 300BCG study, which was approved by the Ethical Committee of Radboud University Medical Center (no. NL58553.091.16). Experiments were conducted according to the principles expressed in the Declaration of Helsinki. All individuals gave written informed consent to donate venous blood for research.

All blood collections were performed in the morning and isolation started within two hours after blood draw. There were no significant differences in time between blood collection and neutrophil isolation or start of functional assays at the different time points.

METHOD DETAILS

Stimuli

The *Candida albicans* strain ATCC MYA-3573, UC820 was grown for 24 hours at 37°C in liquid Sabouraud medium. Growth was monitored during the entire growth period. After the growth period, *C. albicans* was washed three times in cold PBS and counted

before stimulation experiments. For some experiments, *C. albicans* was heat killed by incubation for 45 minutes at 98°C, followed by resuspension in RPMI 1640 to an inoculum size corresponding with 1×10^6 / mL yeast cells. Cultures of H37Rv *M. tuberculosis* were grown to mid-log phase in Middlebrook 7H9 liquid medium (Difco, Becton Dickinson, East-Rutherford) supplemented with oleic acid/albumin/dextrose/catalase (OADC) (BBL, Becton Dickinson), washed three times in sterile saline solution, heat-killed and then disrupted using a bead beater. Concentration was measured using a bicinchoninic acid (BCA) assay (Pierce, Thermo Scientific, Rockville). *Escherichia coli* lipopolysaccharide (LPS; serotype 055:B5; Sigma) was further purified as described previously (Hirschfeld et al., 2000).

Peripheral blood mononuclear cells and neutrophil isolation

Venous blood of human healthy volunteers was collected into 10 mL EDTA tubes (Monoject). Peripheral blood mononuclear cell (PBMC) isolation was performed by density centrifugation of blood diluted 1:1 in pyrogen-free PBS over Ficoll-Paque (GE healthcare, UK). Upon density gradient centrifugation and removal of the PBMC fraction, PMNs were isolated by hypotonic lysis. In order to remove erythrocytes, the cells were treated twice with hypotonic lysis buffer (155 mM NH_4Cl , 10 mM KHCO_3) during incubation on ice for 15 minutes. Next, PMNs were washed twice in PBS and resuspended in RPMI culture medium (Roswell Park Memorial Institute medium, Invitrogen, CA, USA) supplemented with 50 $\mu\text{g}/\text{mL}$ gentamicin (Centrafarm), 2 mM glutamax (GIBCO), and 1 mM pyruvate (GIBCO). The PMN fraction consisted of > 95% neutrophils (Figure S4). Viability of the cells was measured by annexin-V and propidium iodide (PI) staining and showed $11.04 \pm 4.2\%$ annexin-V⁺PI⁻ cells and $6.75 \pm 1.99\%$ annexin-V⁺PI⁺ cells (Figure S4).

Neutrophil stimulation assays

5×10^5 neutrophils in a 100 μL volume were added to flat-bottom 96-well plates (Corning, NY, USA). Cells were incubated either with culture medium only as a negative control, 1 $\mu\text{g}/\text{mL}$ sonicated *M. tuberculosis* H37Rv, 10 ng/mL LPS, 500 ng/mL PMA or 5×10^5 CFU heat-killed *C. albicans* for 17 hr at 37°C and 5% CO_2 (all in the presence of 10% pooled human serum). After incubation, supernatants were collected and stored at -20°C until assayed. Viability of the cells after 17 hr incubation was measured by annexin-V and propidium iodide (PI) staining and showed $83.2 \pm 1.7\%$ of annexin-V⁺PI⁻ cells and $4.2 \pm 0.6\%$ annexin-V⁺PI⁺ cells (Figure S4).

Flow Cytometry

Total leukocytes were obtained after erythrocyte lysis in isotonic NH_4Cl buffer and washed twice with PBS. White blood cell counts were determined by a cell counter (Coulter Ac-T Diff® cell counter; Beckman Coulter, Fullerton, CA, USA) and used to calculate the absolute numbers of CD45+ leukocytes identified by flow cytometry as described in detail previously (Aguirre-Gamboa et al., 2016).

Briefly, half a million of total leukocytes were used to analyze surface markers with the Navios™ flow cytometer (Beckman Coulter, Fullerton, CA, USA). The cells were transferred to a V-bottom plate and washed twice with PBS + 0.2% bovine serum albumin (BSA; Sigma-Aldrich, St. Louis, USA), stained for 20 min at room temperature in the dark with the fluorochrome-conjugated monoclonal antibodies (mAbs) of interest and washed twice with PBS + 0.2% BSA. For surface staining of granulocytes in total leukocytes, the following conjugated mAbs specific for human cells were used: anti-CD16 FITC (Beckman Coulter; Suarlée, Belgium, clone 3G8), anti-CD10 PE (BioLegend, San Diego, CA, USA HI10A), anti-CD11b PE-Dazzle (BioLegend, San Diego, CA, USA ICRF44), anti-CD14 PE-Cy5.5 (BioLegend, San Diego, CA, USA, clone M5E2), anti-CD62L PE-Cy7 (BioLegend, San Diego, CA, USA, clone DREG-56), anti-PD-L1 APC (ThermoFisher, Waltham, MA USA, clone MIH1), anti-CD66b AF700 (BioLegend, San Diego, CA, USA, clone G10F5), anti-CD15 Brilliant Violet 421 (BioLegend, San Diego, CA, USA, clone W6D3) and anti-CD45 Krome Orange (Beckman Coulter, Suarlée, Belgium, clone J33).

After stimulation of isolated neutrophils for 17 hours, cells were stained for surface markers as described above, permeabilized and fixed according to manufacturer's instructions (Thermo Fisher), and followed by intracellular staining with anti-myeloperoxidase (Beckman Coulter, Suarlée, Belgium, clone CLB-MPO-1).

viSNE algorithm settings

Manually gated singlets, viable granulocytes (as shown in Figure S1) were imported into Cytobank (Kotecha et al., 2010) and subjected to viSNE analysis, 9 of 15 channels were used to perform the analysis: CD16, CD10, CD11b, CD14, CD62L, PD-L1, CD66b, CD15 and CD45. Equal event sampling was done using 52268 events per individual.

viSNE analysis quality check

To check for batch effects due to slight alterations in staining reagents or measurement parameters, we organized the data files by date of measurement and visually look for similar patterns in the 2D maps. Once we excluded the data (15 of the 75 original files) in which batch effect was apparent, we concatenated the files obtained after the viSNE run, to have one file per time-point measured, and displayed a global viSNE 2D map as the one in Figure 1D.

CITRUS algorithm settings

Manually gated singlets, viable granulocytes (as shown in Figure S1) were imported into Cytobank and subjected to CITRUS analysis. We ran this analysis using the following settings: granulocytes were chosen as input population, 9 of 15 channels were selected (same as for viSNE analysis). The files were assigned to the appropriate experimental group (before, two weeks and three months after BCG

vaccination). We chose the Nearest Shrunken Centroid (PAMR) as association model, abundance was chosen as cluster of characterization, and equal event sampling (545 of a total of 29785) with a minimum cluster size of 1% were applied. We used the default Cytobank values for Cross Validation Folds and False Discovery Rate (1%).

CITRUS analysis quality check

To assess the impact of the stochastic nature of CITRUS in choosing features to build the model, we ran CITRUS seven times and checked that the Model Error Rate, the number of features selected and the characteristics of these features (abundance and marker expression) were consistent throughout the runs. Here we show the hierarchical plots and significant clusters for one of the seven analyses (Figure 1; Data S1).

ROS assay

The production of ROS was determined by a luminol (5-amino-2,3, dihydro-1,4-phtalazinedione)-enhanced luminescence assay. 2×10^5 neutrophils were added to white 96-well plates (Corning) in a volume of 200 μ L. Next, neutrophils were left either unstimulated or exposed to serum-opsonized 2×10^5 *C. albicans* (UC820, heat-killed). Chemiluminescence was measured at 37°C for every 142 s during 1 hour in a BioTek Synergy HTreader. The integral of relative luminescence units per second (RLU/sec) was measured. All measurements were performed in quadruplicate. Opsonized *C. albicans* was prepared by incubation of *C. albicans* in human pooled serum for 1 hour at 37°C. The fold change was calculated by dividing the level of ROS production after vaccination by the amount of ROS production before vaccination.

Killing of *C. albicans* by neutrophils

Freshly isolated neutrophils (5×10^5) were incubated with *C. albicans* (1×10^6 CFU) in the presence of 10% pooled human serum in 96-well plates in a final volume of 200 μ L. After 17 hr at 37°C and 5% CO₂, the cells were washed five times with water and plated in serial dilution on Sabouroud agar plates in triplicate. CFUs were counted after 24 hr at 37°C. The average number of colonies of three plates was calculated.

NETosis assay

Neutrophils were seeded in 96-well plates (0.1 million cells in 50 μ l per well) and allowed to adhere to the plates for 30 minutes at 37°C. Next, cells were stimulated with 10 μ g/mL LPS (Sigma Aldrich), 5 nM PMA (Sigma Aldrich), 4 μ M A23187 (Sigma Aldrich) or multiplicity of infection (MOI) 5 heat-killed *C. albicans*. Neutrophils were incubated for three hours at 37°C to form NETs. The supernatant was then discarded and replaced by 100 μ l U/mL MNase (Boehringer Mannheim) in medium. After incubation of ten minutes at 37°C, the supernatant was carefully collected as NET harvest. The DNA content of the harvest was quantified by adding 5 mM Sytox green and measure the fluorescence on a Clariostar device at 480/520 nm excitation/emission. In each experiment we included seven technical duplicates, the mean of these duplicates was used for further calculations. All data was first normalized to mock treated cells before calculation of fold changes between the different visits. Wilcoxon Signed Rank Test was used to determine statistic differences.

Cytokine, lactate and elastase measurements

Cytokine production was assessed in supernatants using commercial ELISA kits for human IL-1 β , IL-8 and TNF- α (R&D systems, MN, USA), in accordance with the manufacturer's instructions. Levels of lactate were determined using a Lactate Fluorometric Assay Kit (Biovision, CA, USA). Levels of elastase were assessed using a Human Neutrophil Elastase DuoSet ELISA Kit (R&D systems, MN, USA), according to manufacturer's instructions.

Mass cytometry phospho-signaling analysis

Fresh blood aliquots (90 μ l per stimulation) from 11 donors were incubated with the indicated TLR agonist (LPS, 100 ng/ml (*Escherichia coli*, serotype 055:B5, Sigma); R848, 1 μ g/ml (Invivogen); CpG 10ug/ml (Invivogen)) or left unstimulated as a control for 15 - minutes at 37°C. Next, blood aliquots were fixed with Smart Tube stabilizer (Fisher Scientific) and frozen according to the manufacturer's protocol. In preparation for mass cytometry cell labeling, all frozen samples from an individual donor were thawed in parallel with the cells re-suspended in complete RPMI medium (GIBCO, Life Technologies) supplemented with 10% heat-inactivated fetal bovine serum (FBS, Institut de Biotechnologies Jacques Boy), and then washed in CSM-S buffer (PBS supplemented with 5 mg/mL BSA and 0.3% saponin (Sigma-Aldrich)). Barcoding of donor samples by visit was performed by incubating cells with one of six different metal-conjugated anti-CD45 antibodies for 30 min at room temperature (RT). Cells were washed in PBS and 0.3% saponin (Sigma-Aldrich), then labeled with one of five different palladium isotopes chelated to isothiocyano-benzyl-EDTA (final concentration of 200 nM) (Zunder et al., 2015). Following 30 minutes incubation at 4°C, cells were re-suspended in PBS supplemented with 10% FBS, washed with CSM-S then all 30 samples from an individual donor where pooled. Next, cells were washed and incubated for 30 min at RT with a 100 μ L cocktail of metal-conjugated antibodies. Cells were washed and fixed for 10 min at RT with 2.4% paraformaldehyde (Sigma-Aldrich). Total cells were identified by DNA intercalation (1 μ M Cell-ID intercalator; Fluidigm/DVS Science) in 2% PFA at 4°C overnight. Labeled samples were assessed by using a Helios mass cytometer instrument (Fluidigm), using a flow rate of 0.030 ml/min and an event rate of ~300 cells/second. Flow cytometry standard (FCS) files were normalized to EQ Four Element calibration beads using CyTOF software. FCS files were imported into Cytobank data analysis software for conventional cytometric

analysis of immune cell populations. Phosphosignaling activity was then simultaneously quantified per cell for the following functional markers: p38, pMAPKAPK2, pNFKB and pCREB. Endogenous phosphosignaling immune features were derived from the analysis of unstimulated blood. Stimulation response features were calculated as the difference in values between stimulated and unstimulated conditions. Co-expression features were derived from the proportion of cells expressing both functional markers. For both endogenous and stimulation response features, the arcsinh transform of the mean values of the neutrophil population was used.

Mouse experiments and analysis

C57BL/6 mice were purchased from Jackson Laboratories and were maintained in the animal facility of BRFAA. Mice were housed under specific pathogen-free conditions on a standard 12/12h light/dark cycle and were used at the age of 8–10 weeks. Procedures were approved by the Institutional Committee of Protocol Evaluation in conjunction with the related veterinary authority of the Region of Attika, Greece. BCG (or PBS as control) was administered to the mice by retro-orbital injection. Each mouse received a single dose of around 1×10^6 CFU. 7 days after injections, single-cell suspensions from spleens were generated by passing them through a 40- μ m cell strainer. To determine intracellular levels of ROS by flow cytometry, isolated splenic single cell suspensions were stained with antibodies against neutrophil surface markers (anti-CD11b, clone M1/70 and anti-Ly6g, clone 1A8) and were then stained with Cell Rox Green flow cytometry assay kit (Thermo Fisher).

To isolate neutrophils, splenocytes were incubated with a biotin anti-mouse Ly6g antibody (clone 1A8; BioLegend) followed by anti-biotin microbeads (Miltenyi Biotec). Neutrophils were then positively selected on a magnetic field according to the manufacturer's instructions (MACS separation columns, Miltenyi Biotec). For the phagocytosis assay, isolated neutrophils were incubated with fluorescein conjugated *Staphylococcus aureus* (Wood strain without protein A) BioParticles (Thermo Scientific) in a ratio of 1/30 (neutrophil/particles) for 30 minutes at 37°C. In order to measure only the particles that were phagocytosed and discriminate from the ones that were not, trypan blue was used as a quenching agent. The particles that were phagocytosed were quantified by mean fluorescent intensity of FITC in CD11b+ Ly6g+ cells.

RNA isolation and Chromatin immunoprecipitation (ChIP)

Neutrophils isolated from volunteers were lysed in Trizol reagent and stored at -20°C . RNA was extracted from cells using the QIAGEN RNeasy RNA extraction kit (QIAGEN, Netherlands), using on-column DNaseI treatment. For ChIP experiments, purified neutrophils were isolated from human volunteers before and after vaccination as described above and fixed in methanol-free 1% formaldehyde. Cells were sonicated using a Diagenode Bioruptor Pica sonicator and immunoprecipitation was performed using antibodies against H3K4me3 (Diagenode, Seraing, Belgium). DNA was purified using QIAGEN MinElute PCR purification Kit and processed further for qPCR analysis using the SYBR green method or ChIP-sequencing as described previously (Bekkering et al., 2018). For qPCR analysis, samples were analyzed by a comparative Ct method according to the manufacturer's instructions. Myoglobin was used as a negative control and H2B as a positive control in experiments assessing H3K4me3. Primer sequences can be found in Table S1.

Upstream RNA-seq and ChIP-seq processing

ChIP-sequencing reads were aligned to human genome assembly hg38 (NCBI version 38) using bwa. BAM files were first filtered to remove the reads with mapping quality less than 15, followed by fragment size modeling. MACS2 (<https://github.com/macs3-project/MACS/>) was used to call the peaks. Data (H3K4me3 reads/peak) were normalized using the R package DESeq and then pairwise comparisons were performed. To infer gene expression levels, RNA-seq reads were aligned to hg19 human transcriptome using Bowtie. Quantification of gene expression was performed using MMSEQ.

QUANTIFICATION AND STATISTICAL ANALYSIS

Statistics human experiments

Statistical parameters including the exact value of n, the definition of center, dispersion and precision measures (mean \pm SEM) and statistical significance are reported in the Figures and Figure Legends. Results were analyzed using Wilcoxon signed-rank test where applicable. Calculations were performed in Graphpad prism 5 (CA, USA) and in figures, asterisks indicate statistical significance (*, $p < 0.05$; **, $p < 0.01$; ***, $p < 0.001$). Data are shown as mean \pm SEM.

Statistics ChIP-seq and RNA-seq

Dynamic genes and H3K4me3 peaks were identified using DESeq with change in signal determined as fold change > 1.5 and $\text{padj} < 0.05$, with a mean RPKM > 1 for gene expression or mean reads/peak > 20 for histone modifications (Novakovic et al., 2016). Genes of interest were downloaded from Kyoto Encyclopedia of Genes and Genomes (KEGG) (Kanehisa and Goto, 2000). H3K4me3 peaks were assigned to the nearest transcription start site (TSS) within 1Mb using the GREAT tool (McLean et al., 2010).