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Minireviews

Hepatic Bile Formation: Canalicular Osmolarity and Paracellular and Transcellular Water Flow

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ABSTRACT

The purpose of this minireview is to show that a new paradigm is developing regarding hepatic bile flow. The focus thus far has been on carrier-mediated transport of bile acids and other solutes, such as glutathione, which create an osmotic gradient for the transcellular and paracellular flow of water into canaliculi. In addition to the physicochemical properties of bile acids, which govern the osmotic gradient, data now exist showing that the tight junctions governing paracellular water flow and Aquaporin-8 water channels governing transcellular water flow are regulated independently. Thus, the rate of water flow into the canaliculus in response to bile acid concentration, which affects the production and solubilization of cholesterol-lecithin vesicles.

Introduction

Claudin-2 is one of the proteins comprising the tight junctional apparatus that regulates paracellular water flow (Tanaka et al., 2017). Therefore, we can pinpoint the reduction in hepatic bile flow found in the Claudin-2 null mouse (Matsumoto et al., 2014) to events occurring in the canaliculus. A reduction in transcellular canalicular water flow by estradiol-17 β -D-glucuronide (E₂17G) can also be pinpointed to the canaliculus because of a related increase in bile acid concentration. The focus on transcellular water flow relates to the effect of E₂17G on the expression of Aquaporin-8 identified in the canalicular membrane (Huebert et al., 2002). The increase in the concentration of bile acids in the canaliculus as a result of decreased paracellular and/or transcellular These new considerations modify thinking regarding the occurrence of cholestasis and its progression and reorient the design of experimental studies that can distinguish the different determinants of bile flow.

SIGNIFICANCE STATEMENT

The paradigm that water flow into the canaliculus is determined only by the rate of carrier-mediated transport has been challenged recently by the changes that occur in hepatic bile composition in the Claudin-2 knockout mouse and with the cholestatic effect of estradiol 17β -D-glucuronide. Thus, a respective reduction in paracellular or transcellular canalicular water flow, probably via Aquaporin 8, has no significant effect on bile acid excretion.

water flow affects their osmolarity and the solubilization of cholesterol and lecithin.

Accepting that water flow into the canaliculus is osmotically determined, as proposed in the 1950s (Sperber, 1959), we need to integrate this concept with these determinants of the rate of paracellular and transcellular water entry, which appear to be independently regulated by the expression of the claudin-2 and Aquaporin-8 proteins. The concept that paracellular and transcellular water flow, although governed by osmotic gradients, is nevertheless independently regulated broadens our approach to understanding the pathogenesis of cholestasis, particularly regarding the effects of xenobiotics.

Determinants of Canalicular Water Flow

Claudin-2. Claudin-2 null $(Cldn2^{-/-})$ mice are born in the expected Mendelian ratios. Their growth rate, appearance, activity, and behavior are normal (Matsumoto et al., 2014) in contrast to other claudin null models that cause early lethality (Muto et al., 2010; Tsukita et al., 2019). Therefore, this model

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ABBREVIATIONS: BSEP, bile salt export pump; E₂3G, estradiol-3-glucuronide; E₂17G, estradiol-17β-D-glucuronide; MRP, multidrug resistance associated protein.

is amenable to many long-term studies. Hepatic bile flow in the claudin-2 null mouse is 50% less than in the wild-type animal, but bile acid, bilirubin, lecithin, and cholesterol output are not significantly different from normal, each having an approximately 2-fold increase in concentration (Matsumoto et al., 2014). There is no increase in hepatic or plasma bile acid concentration. The challenge is to understand why water flow can vary in response to a solute load, generated mostly by bile acids.

Aquaporin-8. Aquaporin-8 belongs to a family of transmembrane proteins with the primary role of conducting osmotically driven water molecules across cell membranes (Calamita et al., 2018) (Fig. 1). Aquaporin-8 pore structure and substrate specificity differ substantially from other human aquaporin water channels (Horner and Pohl, 2018). The single water permeability (pf) of Aquaporin-8 expressed in hepatocyte canalicular membranes is approximately 100-fold less than Aquaporin-1 found in the nephron and ductular regions of the biliary tree and is much closer to Aquaporin-0 found in the lens of the eye, which has the lowest permeability coefficient (Horner and Pohl, 2018). The biologic significance of these differences is an area of active investigation. The low Aquaporin-8 intrinsic water permeability likely contributes to the fact that the canalicular membrane has lower osmotic water permeability than the basolateral membrane, and thus it is rate limiting for the osmotically driven transcellular water transport in hepatocytes (Marinelli et al., 2003). In addition, it is reasonable to think that the low permeability of Aquaporin-8 favors relatively more rapid bile acid transport than water flow, thus accounting for micellar concentrations of bile acids in the canaliculus that are necessary for the solubilization of the water-insoluble cholesterol-lecithin vesicles (Crawford et al., 1995).



Fig. 1. Hepatocyte canalicular water transport. The output of bile salts via BSEP/ABCB11 generates an osmotic gradient for water movement transcellularly via Aquaporin-9 (AQP9) at the basolateral surface and Aquaporin-8 (AQP8) in the canalicular membrane and paracellularly through claudin-based tight junctions. E217G binds to MRP2/ABCC2 and is transported into the canaliculus. After low-dose intravenous injection, canalicular water flow rapidly decreases and bile acid concentration increases (see Fig. 2). Canalicular water permeability is modulated by changes in the number of AQP8 molecules by trafficking and insertion of AQP8-containing vesicles. E₂17G does not decrease the number of AQP8 molecules in the canalicular membrane in acute low-dose studies in contrast to the reduced numbers that occur with chronic administration. Nevertheless, the possibility exists that the intrinsic water conductance of AQP8 may be modulated or impaired by perturbations in the canalicular membrane related to the binding of E217G to MRP2/ABCC2. OA, organic anion.

To our knowledge, no published studies exist to demonstrate the effect of deleting Aquaporin-8 on bile flow. Studies not yet published (T. Ma, personal communication) report a severe reduction in bile flow. A published study of the physiologic effects in an Aquaporin-8 null mouse focused on fat absorption, which was minimally affected (Yang et al., 2005); the authors thus concluded that there was little effect on bile acid excretion. Although the conclusion is reasonable, it does not relate to an effect on canalicular water flow. The findings in the Claudin-2 null mouse indicate that a 50% reduction in water flow can occur with no change in bile acid output. Thus, monitoring only bile acid output in the Aquaporin-8 null mouse does not provide information concerning changes that may have occurred in bile flow.

Canalicular Aquaporin-8 expression is increased in choleresis induced by glucagon (Gradilone et al., 2003; Soria et al., 2009) and endothelin 1 and 3 (Rodriguez et al., 2013) via mechanisms involving trafficking and insertion of Aquaporin-8-containing vesicles as well as by modifying its gene expression. Decreased canalicular Aquaporin-8 expression has been observed in cholestatic liver disease associated not only with estrogen, as mentioned below, but also with endotoxin (Lehmann et al., 2008), sepsis (Lehmann and Marinelli, 2009), and extrahepatic biliary obstruction (Carreras et al., 2003). An increase in Aquaporin-8 expression has also been reported to be the physiologic basis for the 35% increase in bile flow that occurs in the hypoxia-inducible factor knockout mouse (Asai et al., 2017). Thus, all of these findings, together with the sustained effects of $E_2 17G$ (discussed below), imply an important regulatory role for Aquaporin-8 expression in the pathogenesis of naturally occurring and xenobioticrelated cholestatic events.

In normal or cholestatic hepatocytes, it is unknown whether Aquaporin-8 single water permeability can be modified. Nevertheless, recent evidence in nonhepatic cells indicates that Aquaporin-8-dependent water transport can be reduced by reversible inhibition of water channel conductance (Medraño-Fernandez et al., 2016). This may be important in E_217G cholestasis, in which there is clear evidence for an osmotic gradient-independent inhibition of biliary water secretion (see Fig. 2 and discussion below). The activation of Ca²⁺-dependent protein kinase C plays a critical role in E₂17G-induced cholestasis (Crocenzi et al., 2008). Protein kinase C can phosphorylate the bile salt export pump (BSEP)/ ABCB11, which would alter its canalicular localization and likely its intrinsic activity (Lam et al., 2010). Diverse Aquaporins, including Aquaporin-8, may undergo protein kinase C phosphorylation (Nesverova and Törnroth-Horsefield, 2019), which causes a decrease in water channel permeability in some cases. Thus, the possibility exists that in E₂17G-induced cholestasis, protein kinase C activation may directly or indirectly impair Aquaporin-8 single water permeability.

E₂17G. **E**₂17G is a naturally occurring hormone metabolite that is used to induce cholestasis in animals because it is known that some women will develop cholestasis when taking ethynyl estradiol and, when not taking an oral contraceptive, will develop cholestasis in pregnancy, usually in the third trimester. However, the latter is an uncommon event that is not known to be related to excessive hormone production, and it is therefore attributed to host-related environmental and/or genetic determinants. A variety of experimental designs have been used to characterize the cholestatic effects of E₂17G,



Fig. 2. Effect of a single intravenous dose of ³H-E₂17G (11 µmol/kg) on (A) percent total biliary ³H excretion, (B) biliary bile acid excretion, µmol/min/kg body weight (C) bile acid concentration in bile, µmol/ml, (D) bile flow, µl/min/kg body weight, and (E) calculated bile acid output and bile flow shown in panels B and D. As shown in (D), bile flow fell to a nadir 15 min after E₂17G administration. However, as shown in (C), no significant change in bile acid concentration occurred until the bile flow recovery phase. As bile flow returned toward the preinjection level, a significant increase in bile acid concentration was found in three successive samples (15, 30, and 45 minutes). The percent recovery of the injected [³H] is shown in (A) and bile acid excretion rates (in micromoles per minute per kilogram body weight) are shown in (B). Data are from Meyers et al. (1980) with permission.

including a range of single, acute doses and infusion of high doses. However, it remains difficult to distinguish physiologic effects of the hormone from pathophysiologic or secondary effects.

The lowest acute dose of E_217G given to a rat with bile duct drainage and not receiving a bile acid infusion caused an immediate transient 63% reduction in bile flow that returned to the preinjection level within 90 minutes (Meyers et al., 1980). No change in bile acid concentration occurred in the fluid collected as bile flow decreased; however, a significant increase in bile acid concentration occurred during the recovery of bile flow (Fig. 2).

If the effect of E_217G was to cause water reabsorption from the biliary tree distal to the canaliculi (i.e., in the bile ducts), then the increase in bile acid concentration should have occurred initially as bile flow diminished. The significant increase in bile acid concentration in the fluid collected during the recovery phase indicates that E_217G lowered canalicular water flow to a greater extent than carrier-mediated bile acid transport.

Utilizing a different experimental design, the perfused rat liver with a constant infusion of sodium taurocholate, the lowest dose of E_217G again caused an immediate transient reduction in bile flow (Adinolfi et al., 1984). Neither an increase nor decrease in bile acid concentration was found in collected bile samples, perhaps related to the accumulation of taurocholate in hepatocytes, since the infusion rate exceeded the excretion rate of this bile acid. Nevertheless, both models focus on reduced water flow independent of bile acid concentration. These data are consonant with the experimental model, in which the intact rat is treated with ethynyl estradiol daily for 5 days and basal bile flow is significantly less (Harkavy and Javitt, 1969).

Figure 2, taken from the initial study (Meyers et al., 1980), summarizes the total volume of hepatic bile and total bile acid excretion during the 120-minute period after a low dose of E_217G (11 μ mol/kg, i.v.). Compared with the control, there was a 28.5% reduction in bile flow and a 2% reduction in bile acid output, accounting for a significant increase in bile acid concentration.

Studies in hepatocytes and in polarized hepatocyte-derived WIF-B cells (Gradilone et al., 2005; Tietz et al., 2005) suggest that Aquaporin-8, the organic anion transporter multidrug resistance associated protein 2 (MRP2)/ABCC2, and the bile salt transporter BSEP/ABCB11, along with other transporters, are colocalized in the canalicular membrane. Other studies indicate that E_217G binds to MRP2/ABCC2 and then is rapidly transported into the canaliculus (Gerk et al., 2004). Although the number of Aquaporin-8 channels is not altered in acute studies (Mottino et al., 2006), transient changes in the topography of the membrane as E_217G is transported via MRP2/ABCC2 (Mottino et al., 2002) into the canaliculus could alter rates of both water flow and solute transport via their respective proteins.

Thus, the data support the view that the acute effect of E_217G is localized to the canalicular membrane where it binds to and is transported by MRP2/ABCC2. It is quite possible that MRP2/ABCC2-mediated transport of E217G can change MRP2/ABCC2 topography in a manner that decreases Aquaporin-8 function. It may now be possible to determine whether $E_2 17G$ binds directly to Aquaporin-8 expressed in a lipid membrane and alters its function. Thus, measurement of osmotic membrane water permeability could be assessed after reconstitution of purified Aquaporin-8 in lipid vesicles pretreated with E_217G or estradiol-3-glucuronide (E_23G). Similarly, the requirement for MRP2/ABCC2 could be assessed by expression of MRP2/ABCC2 together with Aquaporin-8 in lipid vesicles pretreated with E₂17G or E_23G . Characterization of the effects of E_23G , which does not induce cholestasis (Meyers et al., 1980) but is transported by MRP2/ABCC2 (Gerk et al., 2004), on Aquaporin-8 function is needed as a critical control. An effect of E₂17G on the Claudin-2 protein has not been studied. The elegant studies of Matsumoto et al. (2014) demonstrated that the normal role of Claudin-2 in increasing paracellular water inflow could be adapted to directly assess the effect of E₂17G on tight junction permeability. These authors used isolated mouse intrahepatic bile duct units to measure transepithelial water permeability

in the presence of hypo- or hyperosmotic buffer. Comparable studies in intrahepatic bile duct units from wild-type mice could thus determine whether transepithelial water permeability is altered in the presence of E_217G versus E_23G . However, the possibility remains that changes in Claudin-2 water permeability might function to diminish the effect on Aquaporin-8-mediated transmembrane water flow. E_217G is able to induce the post-translational downregulation of hepatocyte Aquaporin-8 (Carreras et al., 2007). Many other biologic effects of E₂17G have been found, such as the increase in permeability of the tight junctions (Mottino et al., 2007), the transient effect on the biliary excretion of taurocholate (Vore et al., 1991), and endocytic internalization of BSEP/ABCB11 (Crocenzi et al., 2003). The molecular basis for the transition from the acute to sustained effects of E₂17G merit further scrutiny with respect to the roles of Aquaporin-8 and Claudin-2 in their occurrence.

Bile Acids and Osmotically Determined Flow. Two models now exist in which reductions in canalicular water flow lead to an increase in bile acid concentration in the canaliculi, at least initially, which implies that their carrier-mediated transporter is little affected. The increase in bile acid concentration is at variance with the linear relationship between flow and bile acid excretion that occurred with infusion of sodium taurocholate (Wheeler and Ramos, 1960). Later, it was found that the aggregation number for this bile acid remains relatively constant under varying conditions compared with other bile acids (Small, 1968). Figure 3, adapted from the studies of Carpenter and Lindenbaum (1979), illustrates the decrease in the osmotic coefficient of sodium glycochenodeoxycholate attributable to aggregate formation, which occurs as the concentration of bile acids increases. Thus, the osmotic gradient is proportionally less than the increase in the molar concentration of bile acids. Relatively less water is obligated to flow into the canaliculus.

Adding to the complexity of changes that occur when canalicular bile acid concentration increases is the relationship to carrier-mediated lecithin and cholesterol transport. Ultrastructural studies demonstrate that they appear in the



Fig. 3. Osmotic coefficient of sodium glycochenodeoxycholate at 37 degrees C. The osmotic coefficient of sodium glycochenodeoxycholate at different molar concentrations was determined by vapor pressure osmometry (Carpenter and Lindenbaum, 1979). Common to all micelle-forming bile acids, the osmotic coefficient decreases with increasing bile acid concentration. Bile acid concentration in bile was 35 mM in the Claudin-2 null mouse compared with 18 mM in the wild-type mouse. Mouse bile is mostly the taurine conjugates of cholic and muricholic acids and would probably have similar changes in their osmotic coefficients.

canaliculus as water-insoluble vesicles, which are incorporated into bile acid aggregates to form mixed micelles (Crawford et al., 1995). Their rate of formation is thought to be dependent on the rate of bile acid secretion (Crawford et al., 1995). The transport of lecithin from the canalicular membrane is not sufficient to cause hepatocellular injury. Whether larger doses of E_217G , which lower canalicular water flow by 90% or more, will cause further increases in bile acid concentrations that extract sufficient amounts of lecithin from the membrane to cause hepatocellular injury has not yet been studied.

Conclusion and Perspectives

Cholestasis remains a major clinical problem because of its role in progression to cirrhosis and also because it is a hindrance to the development of medications that otherwise would have major beneficial effects. This review focuses on new and old studies that bear on canalicular water flow, the initial site for hepatic bile formation. Although canalicular water flow is dependent on osmotic gradients, it nevertheless is independently regulated by determinants of Aquaporin-8 expression and/or water channel activity, Claudin-2 expression, and probably other determinants that need to be identified. This minireview provides a rationale for evaluating the effects of xenobiotics on hepatic bile formation using acute and chronic administration to wild-type and Claudin-2 or Aquaporin-8 null animals. By differentiating the events occurring in the canaliculus from the more distal regions of the biliary tree, a more precise evaluation is obtained. Knowledge of what happens to the canalicular fluid distal to the canaliculus is also essential to our understanding of hepatic bile formation but in this minireview, we begin at the beginning.

Authorship Contributions

Wrote or contributed to the writing of the manuscript: Marinelli, Vore, Javitt.

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