

1 **Itaconate controls the severity of pulmonary fibrosis**

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49

50 **Abstract**

51 Idiopathic pulmonary fibrosis (IPF) is a fatal lung disease where airway macrophages
52 (AMs) play a key role. Itaconate has emerged as a mediator of macrophage function,
53 but its role during fibrosis is unknown. Here, we reveal that itaconate is an endogenous
54 anti-fibrotic factor in the lung. Itaconate levels are reduced in bronchoalveolar lavage
55 and itaconate-synthesizing cis-aconitate decarboxylase expression (*ACOD1*) is
56 reduced in AMs from IPF patients compared to controls. In the murine bleomycin
57 model of pulmonary fibrosis, *Acod1*^{-/-} mice unlike WT littermates, develop persistent
58 fibrosis. Pro-fibrotic gene expression is increased in *Acod1*^{-/-} tissue-resident AMs
59 compared to WT and adoptive transfer of WT-monocyte-recruited AMs rescued
60 disease phenotype. Culture of lung fibroblasts with itaconate decreased proliferation
61 and wound healing capacity and inhaled itaconate was protective in mice, *in vivo*.
62 Collectively, these data identify itaconate as critical for controlling the severity of lung
63 fibrosis and targeting this pathway may be a viable therapeutic strategy.

64

65 **Introduction**

66 Idiopathic pulmonary fibrosis (IPF) is a chronic debilitating lung disease,
67 characterized by the deposition of excessive extracellular matrix in the lung
68 parenchyma (Martinez et al., 2017). Existing pharmacological options are limited and
69 with an increasing worldwide incidence and a median survival of 3 years from
70 diagnosis, there is an urgent requirement to understand pathological mechanisms
71 involved (Hutchinson et al., 2015; Kreuter et al., 2015). A growing body of evidence
72 supports a role for airway macrophages (AMs) in regulating pathogenic mechanisms
73 underlying IPF (Allden et al., 2019). AMs are crucial in contributing to pulmonary
74 defense, repair, surfactant processing and inflammatory responses (Byrne et al.,

75 2015). Moreover, AMs are strategically positioned at the interface between the airways
76 and the environment and are found in the alveoli and airways, secreting numerous
77 pro-fibrotic soluble mediators, chemokines, and matrix metalloproteases (Hussell and
78 Bell, 2014). Macrophages demonstrate remarkable plasticity and are capable of
79 acquiring phenotypes which can both drive or resolve fibro-proliferative responses to
80 injury (Murray et al., 2014; Wynn and Vannella, 2016). For example, AMs have been
81 shown to be involved in the regulation of the extracellular matrix via secretion of matrix
82 metalloproteases (MMPs) or by direct uptake of collagen (Atabai et al., 2009; Dancer
83 et al., 2011). We have recently related AM phenotype to disease outcome in IPF, since
84 increased numbers of AMs lacking the transferrin receptor CD71 are associated with
85 worsened disease (Alden et al., 2019).

86 Macrophage activation is tightly linked to cellular metabolism (O'Neill et al., 2016).
87 Inflammatory activation of macrophages results in impaired mitochondrial respiration
88 and tricarboxylic acid (TCA) cycle disruption, resulting in the accumulation of
89 endogenous metabolites capable of adopting immunomodulatory roles (Mills et al.,
90 2016). One such bioactive metabolite is itaconate. In macrophages, synthesis of
91 itaconate is catalyzed by cis-aconitate decarboxylase (CAD), encoded by aconitate
92 decarboxylase 1 (*ACOD1*), which mediates the decarboxylation of cis-aconitate to
93 itaconate (Domínguez-Andrés et al., 2019; Michelucci et al., 2013). Itaconate is one
94 of the most highly induced metabolites in activated bone marrow derived
95 macrophages (BMDMs, Basler et al., 2006; Cordes et al., 2016; Lee et al., 1995;
96 Strelko et al., 2011) and can suppress the expression of pro-inflammatory cytokines
97 (Lampropoulou et al., 2016). Furthermore, itaconate has been shown to control
98 macrophage effector functions *via* competitive inhibition of succinate dehydrogenase
99 (SDH) mediated oxidation of succinate and furthermore, drives an anti-inflammatory

100 program via the KEAP-1-NRF2 axis (Lampropoulou et al., 2016; Mills et al., 2018).
101 Therefore, itaconate appears to be a crucial regulator of macrophage phenotype and
102 function. However, its functional significance in specialized tissue resident
103 macrophages during chronic respiratory disease such as IPF remains unknown.
104 Here, we show that the ACOD1/itaconate axis is altered in the human lung during IPF,
105 itaconate is an anti-fibrotic factor in the murine lung and it impairs human fibroblast
106 activity. In patients with IPF, there is decreased expression of *ACOD1* in AMs and
107 reduced levels of airway itaconate, compared to healthy controls. *Acod1* deficiency in
108 mice leads to more severe disease pathology, which is further exacerbated by
109 adoptive transfer of *Acod1*^{-/-}, but not WT monocyte-recruited AMs. Addition of
110 exogenous itaconate to cultures of human lung fibroblasts limits proliferation and
111 wound healing and furthermore, inhaled itaconate ameliorates lung fibrosis in mice.
112 Together, our data indicate that the *ACOD1*/itaconate axis is an endogenous
113 pulmonary regulatory pathway, which limits fibrosis. Our data therefore highlight
114 itaconate and cis-aconitate decarboxylase as potential therapeutic targets in IPF and
115 other chronic respiratory diseases where fibrosis plays a role.

116

117 **Results**

118 *ACOD1/itaconate pathway is altered during IPF*

119 In order to determine the distribution of *ACOD1* mRNA in the human lung, we
120 assessed expression levels in primary AMs, lung fibroblasts (HLF) and human
121 bronchial epithelial cells (HBEs) from healthy volunteers and IPF patients. AMs were
122 enriched using magnetic associated cell sorting (MACS) based on CD206 expression,
123 as this marker has been identified as most expressed on human airway macrophages

124 (Bharat et al., 2016) (Supplementary Table 1-2 for patient demographics). *ACOD1*
125 was expressed in CD206⁺ AMs from healthy volunteers and this expression level was
126 significantly reduced in cells from IPF, when assessed by qPCR (**Figure 1A** and
127 **supplementary Figure 1A, 1B**). Furthermore, levels of BAL itaconate (normalized to
128 total protein) were decreased in IPF patients compared to healthy controls (**Figure**
129 **1B**). In contrast, we could not detect any *ACOD1* transcript in HLFs or HBE's (*data*
130 *not shown*). These results indicate that the *ACOD1*/itaconate axis is significantly
131 altered in the lungs of individuals with fibrotic lung disease.

132 *Acod1* deficiency results in worsened pulmonary fibrosis in mice

133 To mechanistically assess the role of *Acod1*/itaconate in the pathogenesis of
134 pulmonary fibrosis, we next utilized the murine bleomycin model of pulmonary fibrosis.
135 Wild-type (WT) mice were instilled with a single dose of bleomycin via the
136 oropharyngeal route (**Figure 1C**) and expression of *Acod1* in lungs assessed at
137 inflammatory (d7), peak fibrosis (d21) and late (d42) phases of the disease. Compared
138 to PBS controls, *Acod1* expression was significantly elevated at d7 and d21 post
139 bleomycin, returning to baseline levels at d42. *Acod1* reached maximum-expression
140 levels at d21 post bleomycin, corresponding with both inflammation and peak fibrosis
141 (**Figure 1D**). Furthermore, itaconate levels in BAL were assessed by targeted gas
142 chromatography–mass spectrometry (GC-MS) at these different time points.
143 Compared to PBS controls, itaconate was significantly increased at d7 and d21 post
144 bleomycin and returned to baseline levels at d42 (**Figure 1E**). In order to determine
145 whether *Acod1* played a role in the establishment or severity of fibrosis, we assessed
146 the response of *Acod1*-deficient mice to bleomycin. Although WT mice showed
147 improved fibrosis, pathology and lung function, *Acod1*^{-/-} mice failed to return to
148 baseline levels at d42 and had increased BAL cell counts (**Figure 1H**). In order to

149 determine the impact of *Acod1*-deficiency on immune responses in the lung we
150 performed multi-parameter flow cytometry using a gating strategy shown in
151 **Supplementary Figure 2A**. Although total numbers of AMs are much higher post
152 bleomycin than numbers of neutrophils, both were elevated in *Acod1*^{-/-} compared to
153 WT mice at d42 (**Figure 1F and G**). Furthermore, *Acod1*^{-/-} had worsened airway
154 resistance, elastance and compliance compared to WT controls at day 42 post
155 bleomycin exposure (**Figure 1I**). However, in comparison to WT controls, *Acod1*-
156 deficient mice did not show altered lung function (**Supplementary Figure 3A and C**),
157 total BAL counts (**Supplementary Figure 3B and D**) or pathology (**Supplementary**
158 **Figure 4C**) at d7 or d21 post-injury, suggesting that itaconate does not play a role in
159 the initiation of fibrosis. Total AM numbers (**Supplementary Figure 3E**) were not
160 altered when comparing WT and *Acod1*^{-/-} mice at d7 or d21 post challenge. We saw a
161 reduction in neutrophil numbers, comparing WT and *Acod1*^{-/-} mice, at day 7 post
162 challenge, but no alteration at d21 (**Supplementary Figure 3F**). Adaptive immunity
163 did not appear to be altered in *Acod1*^{-/-} mice compared to WT controls, with no
164 alteration in T- or NK-cells at any time-point (**Supplementary Figure 3G and H**).
165 *Acod1*^{-/-} mice showed increased expression of *Collagen-(Col)3α1* and *Fibronectin-1*
166 (*Fn-1*) (**Figure 2A**), compared to WT controls at day 21, but not at d7/42
167 (**Supplementary Figure 4A and B**). We did not observe any statistically significant
168 change in lung expression of *Col1α1* or *Col4α1* at any time point assessed in this
169 model (**Figure 2A and supplementary Figure 4A - B**). Ashcroft scoring of Sirius red
170 stained lung slices indicated that pathology did not change in *Acod1*^{-/-} mice at day 21
171 post bleomycin compared to WT (**Supplementary Figure 4C**). *Acod1*^{-/-} mice had
172 enhanced pulmonary fibrosis compared to WT controls, characterized by increased
173 lung hydroxyproline levels (**Figure 2B**) and Ashcroft scores (**Figure 2C and D**).

174 Consistent with these findings, *Acod1*^{-/-} mice showed increased levels of superoxide
175 in in the CD45⁺ compartment of whole lung tissue in comparison to WT (**Figure 2E**,
176 **Supplementary Figure 2B**), further suggesting more severe disease in *Acod1*^{-/-}.
177 Furthermore, no change in lung function parameters, BAL cell count, AMs or
178 neutrophils was detected at baseline (in PBS mice) in WT compared to *Acod1*^{-/-} mice
179 (**Supplementary Figure 5**). Collectively, these data suggest that *Acod1*-deficiency
180 results in more severe pulmonary fibrosis in response to inhaled bleomycin, in
181 comparison to WT controls.

182 *Itaconate controls tissue resident AM metabolism*

183 Recruited, monocyte-derived AMs (Mo-AMs), as opposed to foetally derived tissue
184 resident AMs (Tr-AMs), have been shown to drive the pathogenesis of pulmonary
185 fibrosis in mice (Misharin et al., 2017). However, whether these ontologically discrete
186 cell types are metabolically distinct is not known. In the bleomycin model, recruited
187 Mo-AMs may be identified on the basis of Siglec-F expression: specifically, Tr-AMs
188 were Siglec-F^{hi}, whereas Mo-AMs were Siglec-F^{int} (Misharin et al., 2017). We
189 confirmed these findings by first labelling the lung with a cell permeable dye (cell-
190 tracker), prior to the administration of bleomycin (**Supplementary Figure 6A**).
191 Consistent with the published findings, the bulk of Tr-AMs were labelled, whereas the
192 majority of Mo-AMs were unlabeled, indicating recent recruitment (**Supplementary**
193 **Figure 6B**). In our murine model, proportions of Tr-AMs are diminished at d7 after
194 bleomycin exposure in WT mice, while Mo-AMs make up a high proportion of AMs at
195 d7, reducing by d21 and d42 (**Supplementary Figure 6C**). As we saw the highest
196 number of Mo-AMs at d7 post bleomycin and fibrogenic changes occur in the
197 bleomycin mouse model from day 8 onwards (Moeller et al., 2008), we next assessed
198 the metabolic activity of Mo-AMs and Tr-AMs sorted from bleomycin exposed mice

199 during this early stage of fibrosis development (d7). In WT mice, Tr-AMs became
200 highly oxidative after bleomycin exposure, whereas Mo-AMs had comparatively
201 diminished baseline oxygen consumption rate (OCR, **Figure 3A and B**), showing that
202 Mo-AM and Tr-AM are metabolically distinct (**Supplementary Figure 6D**).
203 Importantly, sorted Mo-AMs highly expressed *Acod1*, in comparison to Tr-AMs from
204 control or bleomycin mice (**Figure 3C**). Since itaconate has recently been shown to
205 control macrophage metabolism and effector functions *in vitro* (Lampropoulou et al.,
206 2016), we next assessed the metabolic impact of CAD deficiency on AM subtypes.
207 Using the Seahorse Mito Stress Test, oxygen consumption rate (OCR) and
208 extracellular acidification rate (ECAR) were measured at baseline and after the
209 sequential addition of 1.5 μ M Oligomycin, 2.0 μ M FCCP and 0.5 μ M
210 Rotenone/Antimycin A. WT Mo-AMs had similar levels of oxidative phosphorylation
211 (OxPhos) and glycolysis (ECAR) compared to *Acod1*^{-/-} cells (**Figure 3D - G**). However,
212 *Acod1*^{-/-} Tr-AMs had reduced OCR (**Figure 3H**), maximal respiration (**Figure 3I**) and
213 spare respiratory capacity (SRC, **Figure 3J**) in comparison to WT Tr-AMs, while basal
214 ECAR remained unchanged (**Figure 3K**). Together these results indicate that during
215 lung fibrosis in mice, recruited Mo-AMs are characterized by a quiescent metabolic
216 phenotype and in contrast, resident Tr-AMs are highly oxidative. Furthermore, CAD
217 expression is a critical regulator of metabolism in tissue resident AMs during lung
218 fibrosis, as itaconate deficiency leads to decreased oxidative phosphorylation.
219 Recently we used single cell sequencing of BAL samples from sex-mismatched lung
220 transplant patients to identify recruited AMs in the human airways (Byrne et al., 2020).
221 Analysis of *ACOD*-expressing cells in a male donor to female recipient, showed a
222 subset of *ACOD1* expressing AMs, which are monocyte derived (MDMs;
223 **supplementary Figure 7A – B**, as they do not express the male cell identifier *RPS4Y1*

224 but do express the female identifier gene *XIST*). Consistent with recent work showing
225 itaconate as a regulator of oxidative stress (Mills et al., 2018), pseudo time analysis
226 showed that *ACOD1* increases as MDMs differentiate to mature AMs, while
227 expression of NRF2-target gene *HMOX1* decreases (**Supplementary Figure 7C-D**).

228 *Acod1* deficient tissue resident AMs are more pro-fibrotic post bleomycin

229 We next assessed how itaconate influenced fibrotic pathways in Mo-AMs and Tr-AMs,
230 sorted from BAL at day 7 post bleomycin challenge. In order to determine whether
231 fibrotic pathways in AMs were impacted by itaconate deficiency, we used a PCR array
232 that interrogates 84 genes involved in the fibrosis cascade (**Supplementary Figure**
233 **8A**). Consistent with previous findings (Misharin et al., 2017), Tr-AMs and Mo-AMs
234 differed in their response to bleomycin-induced lung fibrosis, with Mo-AMs
235 comparatively high expressers of genes implicated in fibrotic signaling processes such
236 as *Col1a2*, *Transforming growth factor β 2* (*Tgf β 2*) and *Ccr2* (**Supplementary Figure**
237 **8A and B**). Comparing *Acod1*^{-/-} and WT sorted airway macrophages, our data indicate
238 that itaconate deficiency significantly increased gene expression of fibrosis related
239 genes in Tr-AMs (**Figure 4A**), while it downregulated the expression of only two genes
240 in Mo-AMs (**Figure 4B**). In **Figure 4C** and **D** the annotated genes are those that
241 showed significant change in expression or at least 10-fold increase in *Acod1*^{-/-} AMs,
242 compared to WT cells. In Mo-AMs, *IL-1 β* , and *Integrin linked kinase* (*Ilk*) were
243 significantly decreased in *Acod1*^{-/-} compared to WT cells, with no significant
244 upregulation in any pro-fibrotic factors (**Figure 4C**). However, in Tr-AMs, pro-fibrotic
245 mediators including *CCAAT enhancer binding protein β* (*Cebpb*), *Tgf β 1* and *Smad7*
246 were significantly increased in *Acod1*^{-/-} Tr-AMs compared to WT cells (**Figure 4D**).
247 Examination of cellular morphology (cytospins after Diff-Quik staining) showed that
248 while itaconate-deficient Tr-AMs and Mo-AMs are metabolically and transcriptionally

249 distinct in *Acod1*^{-/-} mice, their size and granularity is unchanged (**Figure 4E**). Together,
250 these data show that itaconate regulates pro-fibrotic pathways in Tr-AMs but not in
251 Mo-AMs.

252 *Adoptive transfer of WT, but not Acod1*^{-/-} *Mo-AMs, into the airways of Acod1*^{-/-}
253 *bleomycin treated mice rescued the fibrotic phenotype*

254 As Mo-AMs highly express *Acod1* in comparison to TR-AMs, we next asked whether
255 transfer of WT or *Acod1*^{-/-} Mo-AMs into an *Acod1*^{-/-} fibrotic environment had differential
256 effects on the course of disease. Sorted Mo-AMs from WT or *Acod1*^{-/-} mice were
257 adoptively transferred into the airways of *Acod1*^{-/-} mice at day 7 post bleomycin
258 (**Figure 5A**). Interestingly, transfer of WT, but not *Acod1*^{-/-} Mo-AMs, into the airways
259 of *Acod1*^{-/-} bleomycin treated mice rescued the fibrotic phenotype, characterized by
260 decreased Ashcroft scores based on Sirius red staining (**Figure 5B and C**) and
261 decreased gene expression of lung *Col3a1* and *Fn1* (**Figure 5D**). However, BAL cell
262 count, total AM and neutrophil numbers as well gene expression of *Col1a1* and *Col4a1*
263 remained unchanged after adoptive transfer (**Figure 5D and Supplementary Figure**
264 **9**). Next, we assessed whether AM phenotype could be altered by adoptive transfer of
265 WT Mo-AMs in to *Acod1*^{-/-} mice. Expression of macrophage activation markers CD11b
266 and MHC II (Byrne et al., 2017; Krausgruber et al., 2011) were assessed in Mo-AMs
267 and Tr-AMs at day 21 post bleomycin with adoptive transfer of WT or *Acod1*^{-/-} Mo-AMs
268 (**Supplementary Figure 9D**). While Tr-AMs showed an increased proportion of
269 activated cells upon adoptive transfer of WT Mo-AMs into *Acod1*^{-/-} (**Figure 5E**) and a
270 decreased proportion of CD11b⁻/MHCII⁻ cells (**Figure 5F**), this trend was not
271 significantly altered in Mo-AMs (**Figure 5G-H**). Collectively, these results suggest that
272 adoptive transfer of itaconate-sufficient Mo-AMs rescues disease phenotype induced
273 by bleomycin exposure in *Acod1*^{-/-} mice and alters Tr-AM phenotype.

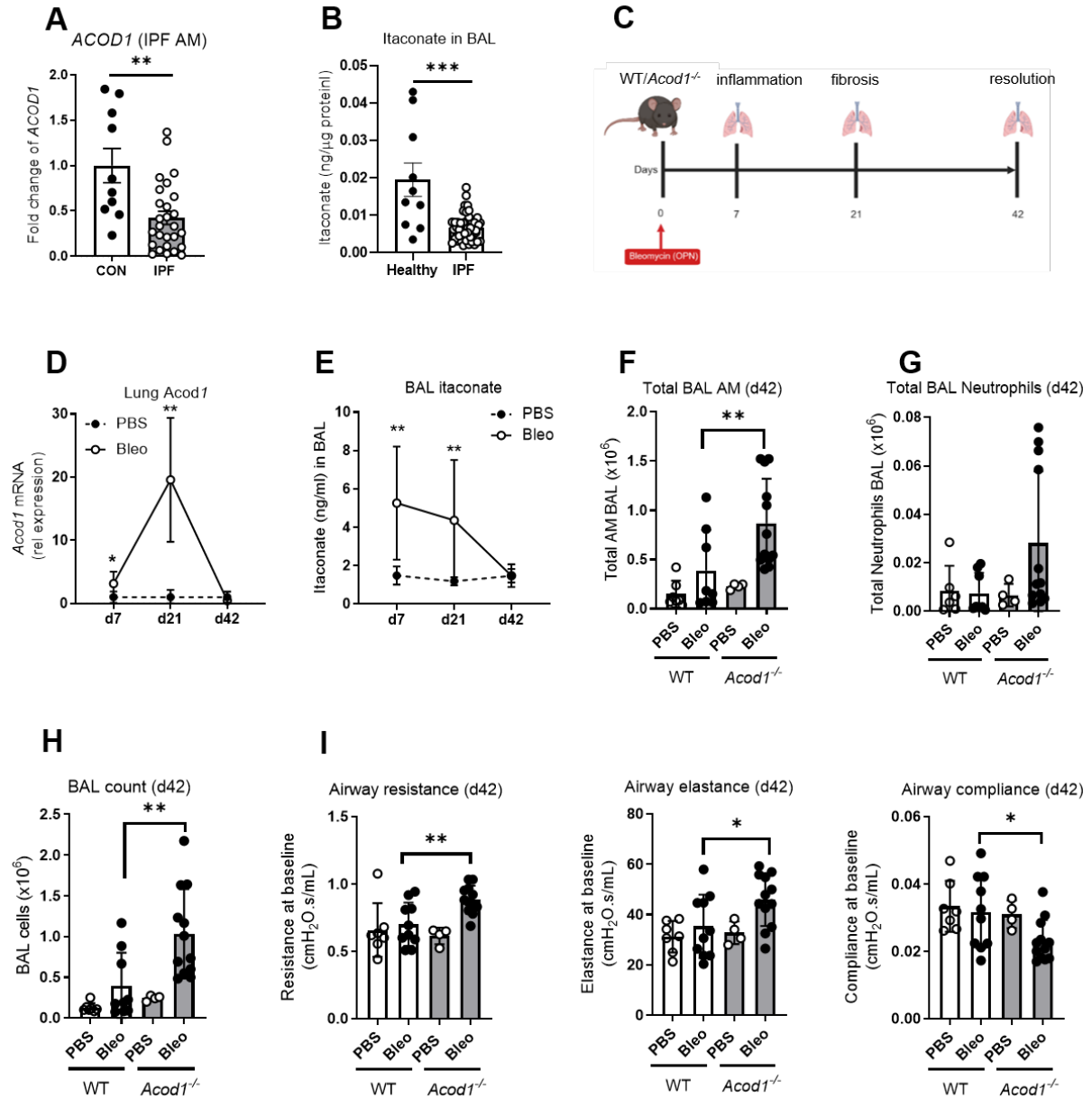
274 *Exogenous itaconate limits human lung fibroblast wound healing*

275 Fibroblasts are the principle effector cell during lung fibrosis and the main source of
276 the excessive extracellular matrix deposition seen during the disease (Kendall and
277 Feghali-Bostwick, 2014), however our data indicate that these cells do not express
278 *Acod1* (*data not shown*). Since macrophages are known to regulate the pro-fibrotic
279 activity of fibroblasts in the lung (Byrne et al., 2016) and itaconate is secreted into the
280 airways (**Figures 1B and 1E**), we next assessed whether itaconate could directly
281 influence fibrosis by limiting the metabolic and pro-fibrotic activity of human lung
282 fibroblasts (HLF). Human lung fibroblasts were cultured in media alone or
283 supplemented with itaconate and assessed after 24h – 72h. After 24h incubation we
284 assessed OCR in response to Oligomycin, FCCP and rotenone/Antimycin A (**Figure**
285 **6A**) as well as baseline ECAR (**Figure 6B**) and found that IPF HLFs have increased
286 maximal respiration and spare respiratory capacity compared to healthy HLFs and this
287 effect was ameliorated after stimulation with itaconate (**Figure 6C**). To assess the
288 ability of itaconate to limit fibrosis related functions of HLFs, we carried out proliferation
289 and wound healing assays in the presence or absence of itaconate. After exposure to
290 itaconate, HLFs showed significantly reduced proliferative capacity over 72h in both
291 cells derived from healthy donors (**Figure 6D**) as well IPF patients (**Supplementary**
292 **Figure 10A**), while the ability to close a standardized wound over a 48h period was
293 decreased in healthy HLFs (**Figure 6E**) but not in IPF fibroblasts (**Supplementary**
294 **Figure 10B and C**). Furthermore, culture with itaconate downregulated the gene
295 expression of *IL-1 β* and *FN-1* in healthy HLFs (**Figure 5F**). Taken together these data
296 suggest that itaconate impacts fibroblast metabolic phenotype, proliferation and
297 wound healing thereby limiting the severity of pulmonary fibrosis.

298 *Inhaled itaconate is anti-fibrotic*

299 Our data show that *ACOD1* expression is reduced in IPF AMs (**Figure 1**), that *Acod1*^{-/-}
300 mice have worsened pulmonary fibrosis in comparison to controls (**Figure 1 and 2**),
301 and that itaconate can limit fibroblast wound healing capacities (**Figure 6**). These data
302 raise the intriguing possibility that exogenous itaconate could improve severity of lung
303 fibrosis. In order to address whether inhaled itaconate is anti-fibrotic, we first
304 determined a dose of itaconate that would not provoke an inflammatory response in
305 murine airways. We found that an inhaled dose of 0.25mg/kg was well tolerated after
306 single (**Supplementary Figure 11A-C**) and/or repeated (*data not shown*)
307 oropharyngeal (OPN) administration in naïve mice and subsequent experiments were
308 carried out at this dose. We administered inhaled (OPN) itaconate or PBS twice a
309 week for two weeks during the fibrotic phase (starting at day 10 post bleomycin) to WT
310 mice (**Figure 7A**); this dosing strategy is in accordance with the American Thoracic
311 guidelines for preclinical assessment of potential therapies for IPF (Jenkins et al.,
312 2017). Subsequently we assessed pathology, fibrosis and lung function at d21 post
313 bleomycin. Remarkably, inhaled itaconate significantly ameliorated all major hallmarks
314 of lung fibrosis, including Ashcroft score based on Sirius red staining (**Figure 7B-C**)
315 expression of *Col4α1* and *Fn1* (**Figure 7C**) and lung airway elastance and compliance
316 (**Figure 7D**). Taken together these results demonstrate that inhaled itaconate
317 significantly improves bleomycin induced pulmonary fibrosis.

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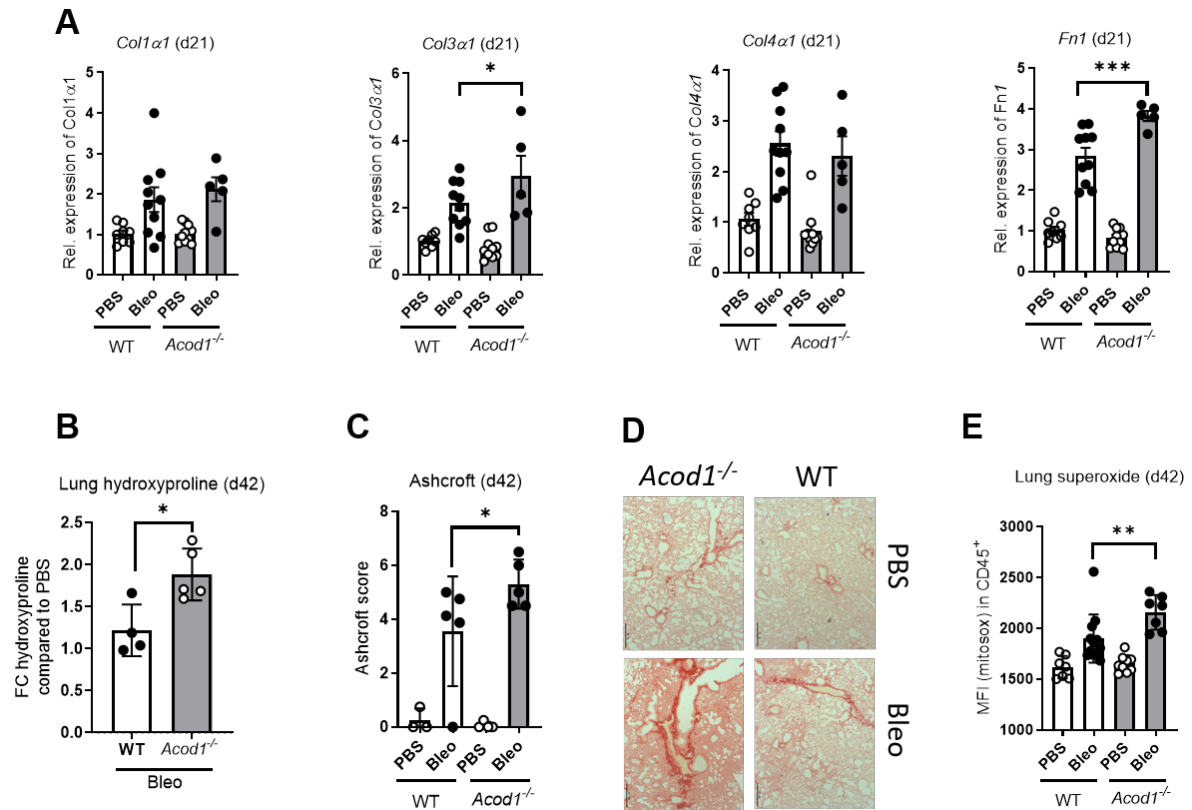
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320 **Figure 1: The *ACOD1*/itaconate axis is decreased in IPF and *Acod1*^{-/-} mice have**
 321 **worsened phenotype upon bleomycin exposure**

322 (A) Gene expression analysis of *ACOD1* in CD206⁺ sorted AMs from human control
 323 (n = 10) and IPF (n = 27) donors. *Actb* was used as housekeeping gene. (B) Targeted
 324 GC-MS analysis of itaconate in bronchoalveolar lavage (BAL) of human control (n =
 325 10) and IPF (n = 47) donors, normalised to total protein (ng/μg protein). (C) Schematic
 326 of dosing regimen. WT or *Acod1*^{-/-} mice were dosed oropharyngeal with 0.05U

327 bleomycin or PBS control at day 0 and harvested at day 7, day 21 or day 42 post
328 bleomycin. (D) Gene expression analysis of *Acod1* in lung homogenates of PBS or
329 Bleo dosed mice at day 7, day 21 and day 42 post bleomycin administration; n = 3-8
330 per group, pooled from two independent experiments. (E) Targeted GC-MS analysis
331 of itaconate in BAL of PBS or Bleo dosed mice at day 7, day 21 and day 42 post
332 bleomycin administration; n = 3-8 per group, pooled from two independent
333 experiments. (F-H) Total BAL cells (F), numbers of BAL AMs (G) and BAL neutrophils
334 (H) in PBS or Bleo dosed WT and *Acod1*^{-/-} mice at day 42; n = 3-8 per group, pooled
335 from two independent experiments. (I) Resistance, elastance and compliance at
336 baseline measured by FlexiVent in PBS or Bleo dosed WT and *Acod1*^{-/-} mice at day
337 42 (PBS n = 4 – 7, Bleo n = 10 -12), pooled from two independent experiments and
338 representative of n=3 individual experiments. Data presented as mean ± S.D.
339 Statistical significance tested by Mann-Whitney U test or One-Way ANOVA + Sidak's
340 multiple comparison test , **P* < 0.05, ** *P* < 0.01, *** *P* < 0.005, **** *P* < 0.001.

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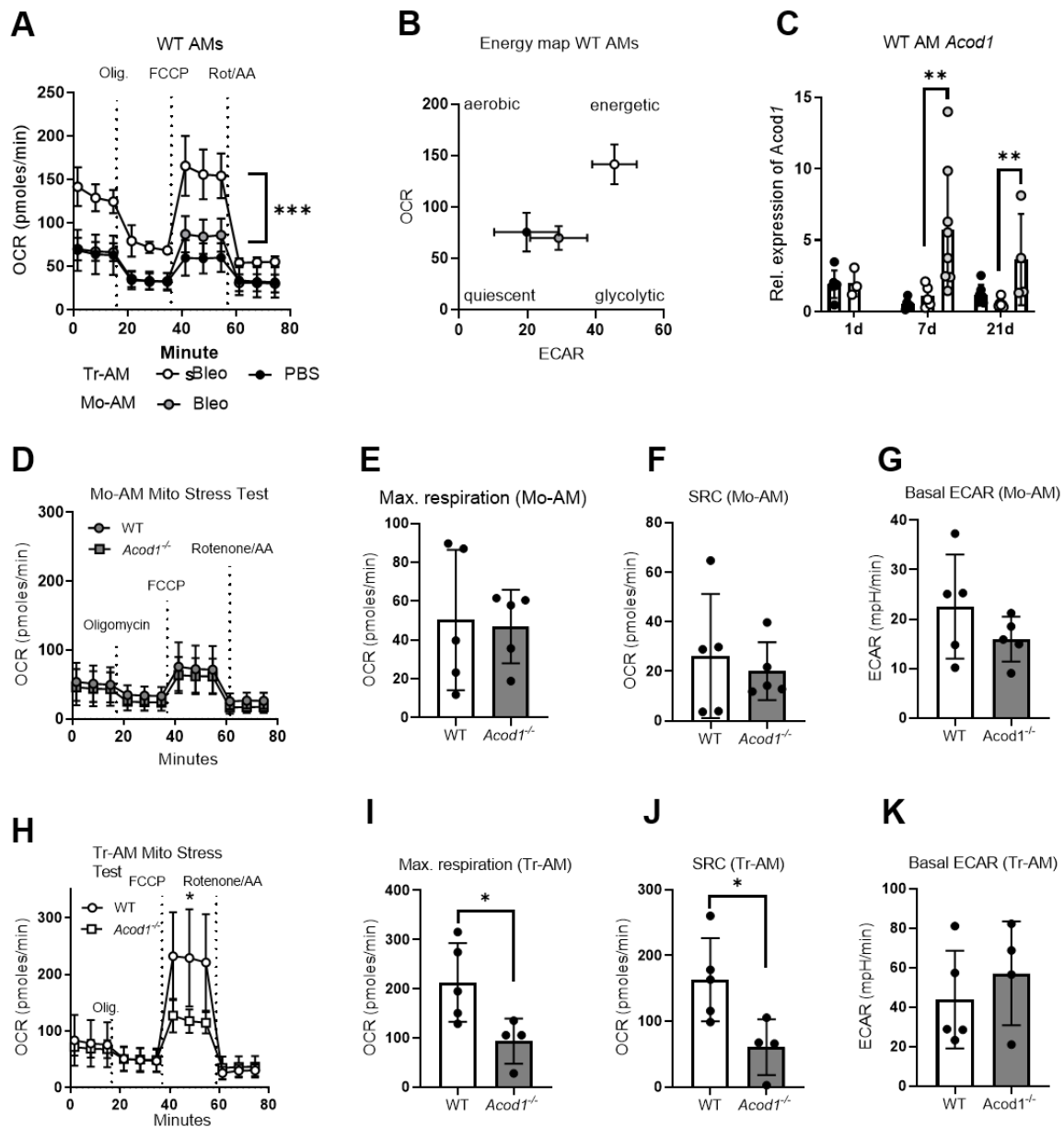
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343 **Figure 2: *Acod1*^{-/-} mice have worsened fibrotic phenotype at late time point**

344 (A) Gene expression analysis of *Col1α1*, *Col3α1*, *Col4α1* and *Fn1* in lung homogenate
 345 of PBS or Bleo dosed WT and *Acod1*^{-/-} mice at day 21 (n = 3-8 per group). *Actb* was
 346 used as housekeeping gene. Pooled from two independent experiments. (B) Fold
 347 change hydroxyproline increase in bleomycin compared to PBS in WT and *Acod1*^{-/-}
 348 mice at day 42 post bleomycin (n = 4-5 per group), representative of three
 349 experiments. (C-D) Ashcroft score (C) and representative images (D) of lung slices of
 350 PBS or Bleo dosed mice at day 42 post bleomycin stained with Sirius Red, scored
 351 blinded by 3-5 individuals. (E) MFI of MitoSOX red superoxide stain in lungs of PBS
 352 or Bleo WT and *Acod1*^{-/-} mice at day 42 post Bleo (n = 7-12 per group), pooled from
 353 two independent experiments and representative of n = 3 individual experiments.

354

355 Data presented as mean \pm S.D. Statistical significance tested by Mann-Whitney U test
 356 or One-Way ANOVA + Sidak's multiple comparison test , * $P < 0.05$, ** $P < 0.01$.
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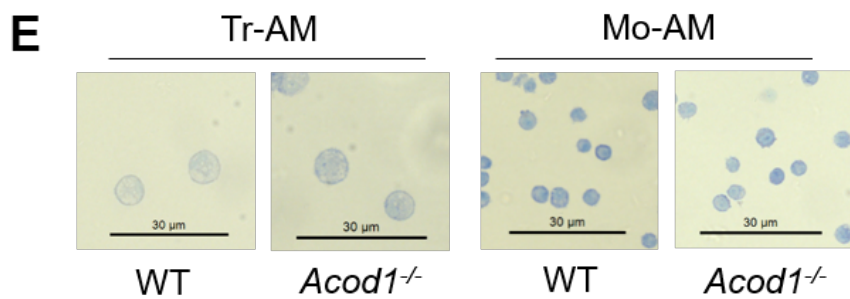
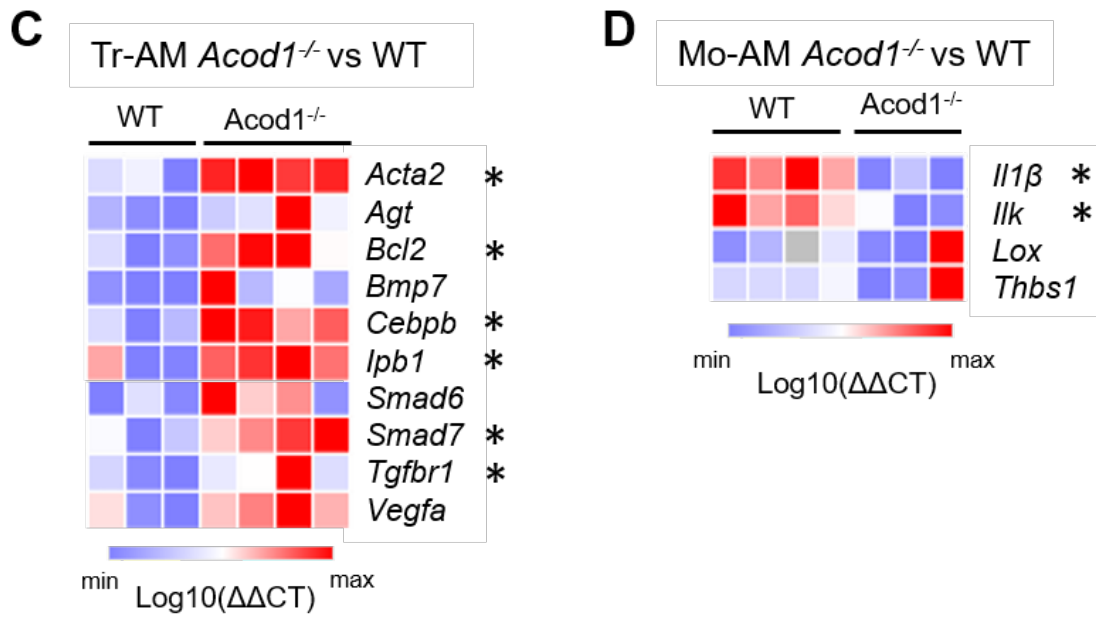
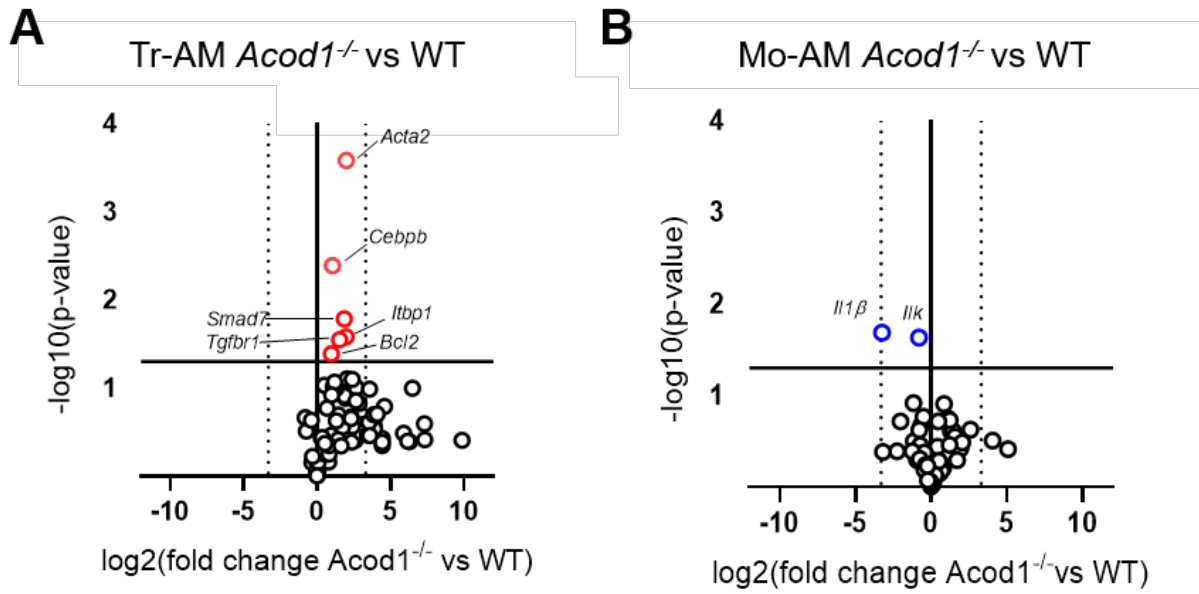
359 **Figure 3: Itaconate controls tissue resident AM metabolism**

360 (A) Analysis of the oxygen consumption rate (OCR) of PBS tissue resident-AM (Tr-
 361 AM) (n = 3), Bleo Tr-AM (n = 4) and Bleo monocyte recruited-AM (Mo-AM, n = 5)
 362 during mitochondrial stress test, assessed after injection of Oligomycin, FCCP and

363 Rotenone/Antimycin A; representative of three independent experiments. (B) Energy
364 map of indicating overall energy state of PBS Tr-AM, Bleo Tr-AM and Bleo Mo-AM;
365 four energy states are shown: quiescent, energetic, aerobic and glycolytic. Same n
366 numbers as in A. (C) Gene expression analysis of *Acod1* in BAL PBS Tr-AM, Bleo Tr-
367 AM and Bleo Mo-AM at day 1, day 7 and day 21 (n = 4-7 per group) post bleomycin.
368 *Actb* was used as housekeeping control. Pooled from three independent experiments.
369 (D) Analysis of the OCR of Bleo WT Mo-AM (n=5) and *Acod1*^{-/-} Mo-AM (n=5) during
370 mitochondrial stress test, assessed as in A; data from two experiments pooled. (E)
371 Maximal respiration during mitochondrial stress test (D), defined as the maximal
372 oxygen consumption rate after addition of FCCP. (F) Spare respiratory capacity (SRC)
373 during mitochondrial stress test (D), defined as subtraction of basal from maximal
374 OCR. (G) Basal extracellular acidification rate (ECAR) as surrogate for glycolysis
375 during mitochondrial stress test (D). (H) Analysis of the OCR of Bleo WT Tr-AM (n =
376 4) and *Acod1*^{-/-} Tr-AM (n = 4) during mitochondrial stress test, assessed as in A; data
377 from two experiments pooled. (I) Maximal respiration during mitochondrial stress test
378 (G), calculated as in (E). (J) SRC during mitochondrial stress test (G), defined as in
379 (F). (K) Basal extracellular acidification rate (ECAR) as surrogate for glycolysis during
380 mitochondrial stress test (H).

381 Tr-AM and Mo-AM were sorted at day 7 post bleomycin. Data presented as mean ±
382 S.D. Significance tested by One-Way ANOVA + Sidak's multiple comparison test, *P
383 < 0.05, ** P < 0.01, *** P < 0.001. Each data point represents 2 - 3 mice pooled.

384

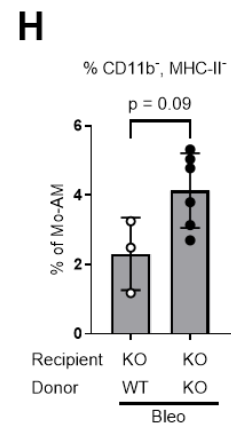
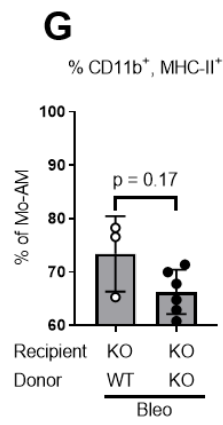
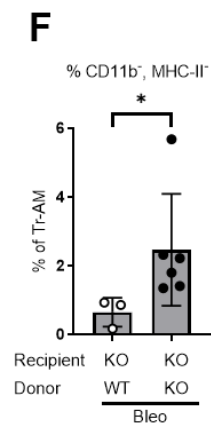
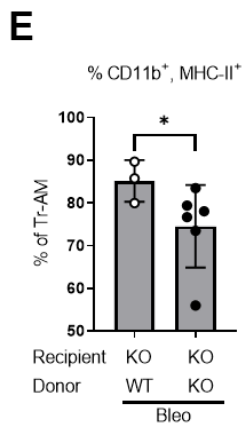
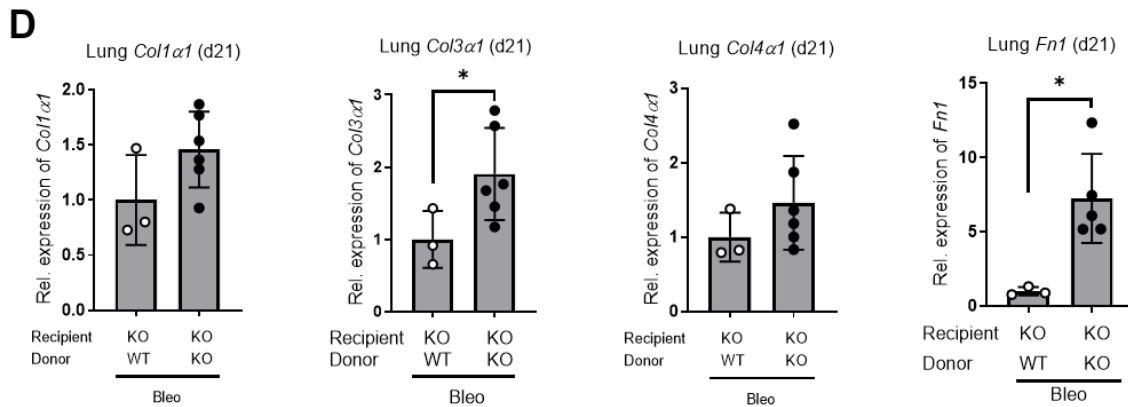
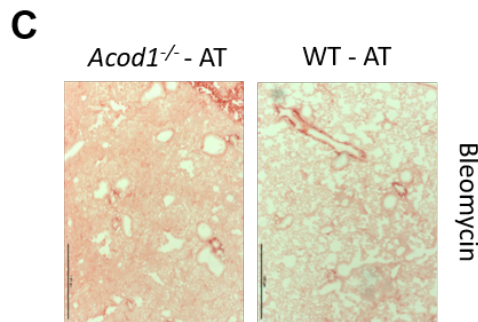
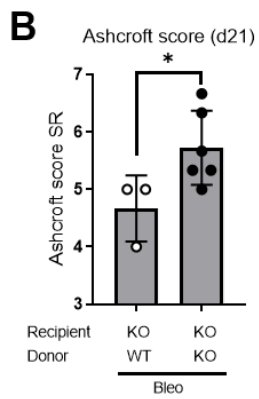
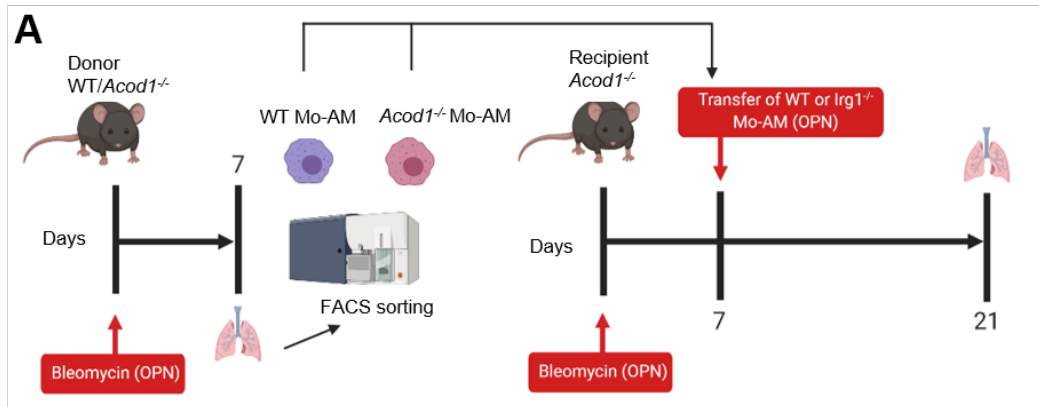


385

386

387 **Figure 4: *Acod1*-deficient tissue resident AMs are more pro-fibrotic post**
388 **bleomycin**

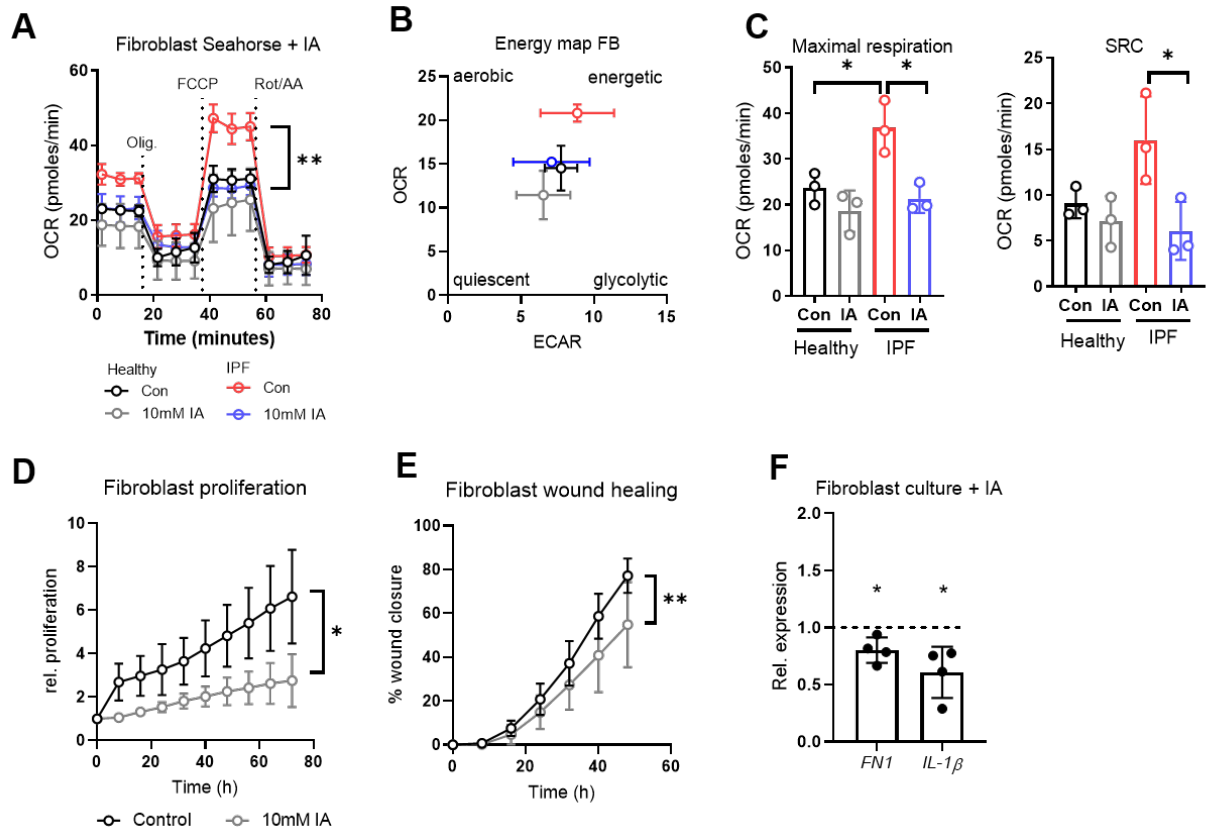
389 (A – B) Volcano plots showing differentially expressed genes in WT vs *Acod1*^{-/-} Tr-AM
390 (A) and Mo-AM (B), 7 days post bleomycin exposure (n = 3 – 4 per group). Genes
391 significantly (p < 0.05) up-regulated in WT vs *Acod1*^{-/-} highlighted in red, while genes
392 significantly downregulated are shown in blue. (C–D) Heat map representation of
393 murine fibrosis gene array of FACS sorted Mo-AM (C) and Tr-AM (D) from WT and
394 *Acod1*^{-/-} mice. Data shown as log₁₀ of $\Delta\Delta$ CT WT vs *Acod1*^{-/-} . (E) Representative
395 images of FACS sorted Tr-AM and Mo-AM WT and *Acod1*^{-/-} mice after cytopspin and
396 Diff-Quick staining. Significance tested by Two-tailed T-test *P < 0.05.



398 **Figure 5: Adoptive transfer of WT Mo-AMs improves pulmonary fibrosis and**
399 **rescues tissue resident AM phenotype in *Acod1*^{-/-} mice post bleomycin**

400 (A) Schematic of dosing regimen and adoptive transfer. WT or *Acod1*^{-/-} mice were
401 dosed oropharyngeal with 0.05U bleomycin at day 0, Mo-AMs were FACS sorted at
402 day 7 post bleomycin and transferred into *Acod1*^{-/-} mice via the oropharyngeal route.
403 Mice were then harvested after further 14 days, at day 21 post initial bleomycin
404 exposure. (B–C) Ashcroft score (D) and representative images (E) of lung slices of
405 *Acod1*^{-/-} mice adoptively transferred with WT or *Acod1*^{-/-} Mo-AMs; day 21 post
406 bleomycin stained with Sirius Red, scored blinded by 3-5 individuals. (D) Gene
407 expression analysis of *Co1a1*, *Col3a1*, *Col4a1* and *Fn1* in lung homogenate of *Acod1*^{-/-}
408 ^{-/-} mice adoptively transferred with WT or *Acod1*^{-/-} Mo-AMs (n = 3 – 6 per group); day
409 21 post bleomycin, *Actb* was used as housekeeping gene. (E-H) Fraction of
410 CD11b⁺/MHC II⁺ and CD11b⁻/MHC II⁻ Tr-AM (E-F) and Mo-AM (G-H) in BAL of *Acod1*^{-/-}
411 ^{-/-} mice adoptively transferred with WT or *Acod1*^{-/-} Mo-AMs; day 21 post bleomycin.
412 Data presented as mean ± S.D. Significance tested by Mann Whitney U test, **P* <
413 0.05.

414



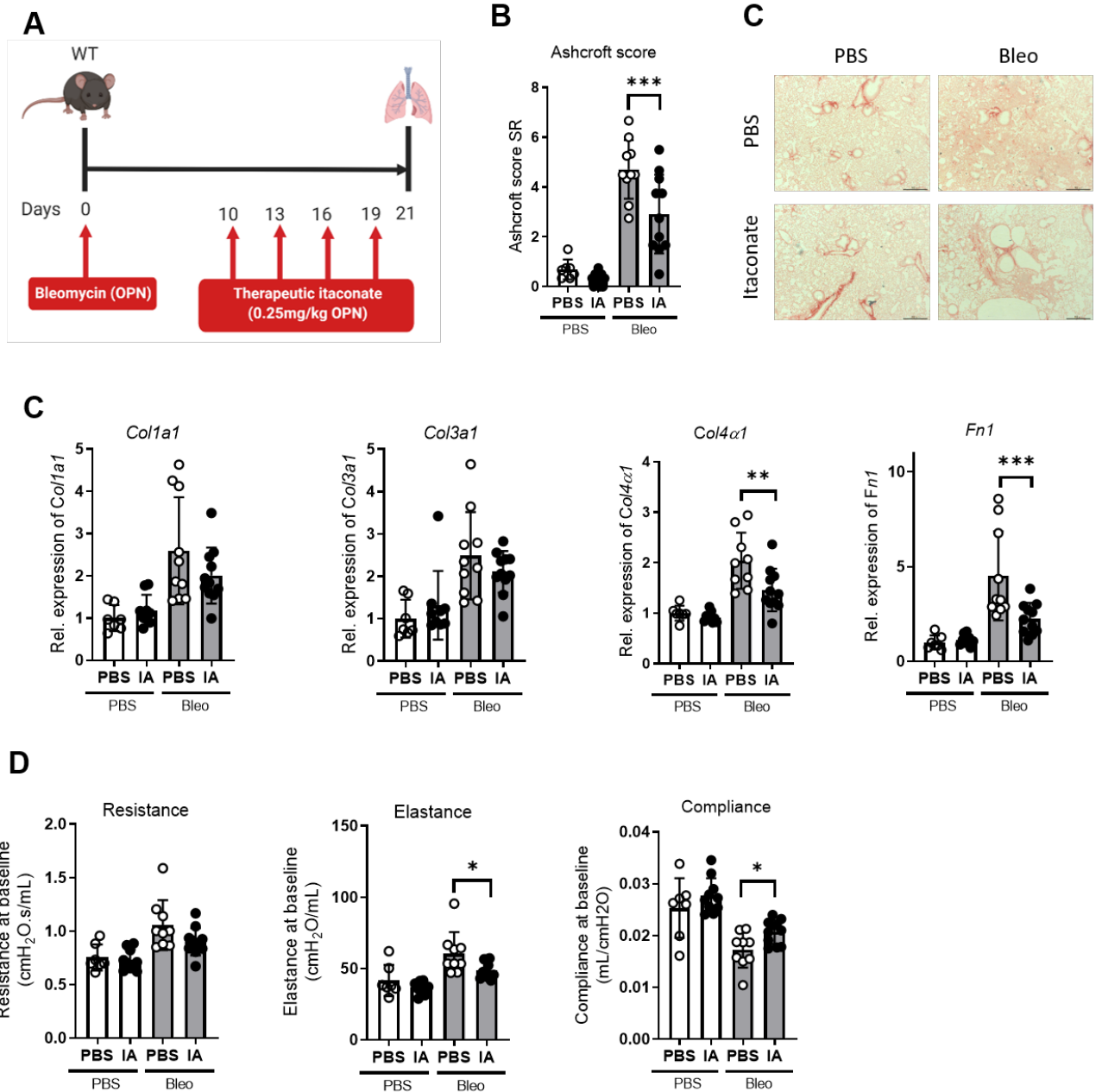
415

416 **Figure 6: Exogenous itaconate limits human lung fibroblast wound healing**

417 (A) Analysis of the OCR of healthy or IPF primary human lung fibroblasts stimulated
 418 for 24h with either RPMI medium (con) or 10mM itaconate (IA) during mitochondrial
 419 stress test, assessed after injection of Oligomycin, FCCP and Rotenone/Antimycin A
 420 (all groups n = 3). (B) Energy map of (A) showing four energy states during
 421 mitochondrial stress test: quiescent, energetic, aerobic and glycolytic. Same n
 422 numbers as in A. (C) Maximal respiration and spare respiratory capacity (SRC) during
 423 mitochondrial stress test (A). Maximal respiration defined as the maximal oxygen
 424 consumption rate after addition of FCCP; SRC defined as subtraction of basal from
 425 maximal OCR. (D) Proliferation rate of healthy (n = 3) human primary lung fibroblasts
 426 stimulated with 10mM itaconate or vehicle control measured using the JULI Stage
 427 system. (E) Wound healing capacity of healthy (n = 3) human primary lung fibroblasts
 428 stimulated with 10mM itaconate or vehicle control measured using the JuLI Stage

429 system. Two-tailed, unpaired t-test of area under the curve. (F) Gene expression
430 analysis of FN1 and IL-1 β in healthy human primary lung fibroblasts stimulated for 24h
431 with 10mM itaconate or vehicle control. IA = itaconate. Data presented as mean \pm S.D.
432 Significance was tested by One Way ANOVA + Sidak's multiple comparison test (A –
433 C), Mann Whitney U test of area under the curve (D – E) or one-sample t-test against
434 value of 1.0 (F). *P < 0.05, ** P < 0.01.

435



436

437 **Figure 7: Inhaled itaconate is anti-fibrotic**

438 (A) Schematic of dosing regime using 8-10 week old C57Bl/6 mice. 0.05U Bleomycin
 439 or PBS control and 0.25mg/kg itaconate or PBS control was administered
 440 oropharyngeal at indicated time points and mice were harvested at day 21 post
 441 bleomycin. (B - C) Ashcroft score and representative images (C) of lung slices stained
 442 with Sirius Red, scored blinded by 3-5 individuals. (D) Gene expression analysis of
 443 *Col1a1*, *Col3a1*, *Col4a1* and *Fn1* in lung homogenate; *Actb* was used as

444 housekeeping control. Pooled from two independent experiments. (E) Resistance,
445 elastance and compliance at baseline measured by FlexiVent in PBS and bleomycin
446 dosed mice treated with 0.25mg/kg itaconate or vehicle control. Pooled from two
447 independent experiments.

448 Data presented as mean \pm S.D.; n = 7 – 11 per group. Significance was tested by by
449 One-Way ANOVA + Sidak's multiple comparison test * $P < 0.05$.

450

451

452 Discussion

453 In this study, we identify a critical role for the *Acod1*/itaconate pathway in the
454 pathogenesis of pulmonary fibrosis. We show that the *ACOD1*/itaconate pathway is
455 significantly disrupted in IPF and that *Acod1*^{-/-} mice have more severe lung disease in
456 a murine model of pulmonary fibrosis. *Acod1* influences fibrotic responses in AMs as
457 *Acod1*^{-/-} AMs demonstrated impaired metabolism and enhanced expression of pro-
458 fibrotic genes, while adoptive transfer of WT monocyte-recruited AMs into the lungs of
459 *Acod1*^{-/-} improved bleomycin induced pulmonary fibrosis and altered Tr-AM
460 phenotype. *Ex vivo* culture of human fibroblasts with itaconate reversed their
461 metabolic reprogramming in IPF and decreased both proliferation and wound healing
462 capacity. We also show that therapeutic administration of inhaled itaconate *in vivo*
463 ameliorates bleomycin-induced pulmonary fibrosis in mice. Thus, our work suggests
464 the *ACOD1*/itaconate axis as a novel, endogenous anti-fibrotic pathway which is
465 dysregulated during IPF. Our data highlight the prospect of novel therapeutic
466 strategies, which directly promote *ACOD1*/itaconate and pharmacological approaches
467 which deliver itaconate or its derivatives as anti-fibrotic agents.

468 It is now well established that in mice, lung-resident AMs maintain their populations
469 *via* proliferation *in situ* during homeostasis and that a second population of
470 ontologically distinct Mo-AMs are recruited from peripheral monocytes during ongoing
471 inflammatory responses. Misharin and colleagues recently showed that monocyte-
472 derived, recruited AMs rather than foetally derived tissue-resident AMs were essential
473 for the development of pulmonary fibrosis in murine models, whereas deletion of
474 tissue-resident AMs had no effect on the disease (Misharin et al., 2017). Our data
475 indicate that *Acod1* is differentially expressed in Tr-AMs and Mo-AMs and that these
476 cell types are metabolically distinct. Furthermore, as itaconate synthesis *via* *Acod1* is

477 an anti-fibrotic pathway expressed in Mo-AMs, and these have previously been
478 suggested as drivers of pulmonary fibrosis (Misharin et al., 2017), our data indicates
479 that there is some functional diversity within Mo-AM populations, which may be
480 determined in part, by *Acod1* expression. Of note, our recent findings, which lineage
481 traced AM populations in the human lung using BAL from sex-mismatched lung
482 transplant patients, have shown that the majority of AMs in the adult lung are monocyte
483 derived rather than tissue resident cells (Byrne et al., 2020). Therefore, our finding that
484 *Acod1* is highly expressed in Mo-AM populations in mice is particularly relevant.

485 AMs play an important role in defending the lung environment from inhaled threats
486 and are key sentinels of pulmonary homeostasis. AM phenotype is a critical
487 component of lung immunity and manipulation of AM phenotype can have drastic
488 consequences for lung health (Byrne et al., 2017). Itaconate has emerged as a key
489 autocrine immunoregulatory component involved in activation of bone-marrow derived
490 macrophages (BMDMs), however there is little known regarding the specific role of
491 itaconate in highly specialized tissue resident macrophage populations, such as those
492 found in the airways, during chronic disease. Several reports have described itaconate
493 as a protective pathway against infection in the lung. Ren *et al.* found that RSV
494 infection induced *ACOD1* expression in A549 cells (an immortalized human alveolar
495 epithelial cell line derived from an adenocarcinoma) and in the lung tissues of RSV-
496 infected mice; furthermore *Acod1* knockdown blocked RSV-induced ROS production,
497 pro-inflammatory cytokine gene expression and immune cell infiltration (Ren et al.,
498 2016). Using global metabolomics profiling Shin *et al.* showed that rodents infected
499 with *Mycobacterium tuberculosis* (MTb) had elevated itaconate levels in lung, but not
500 spleen extracts (Shin et al., 2011). Itaconate is a critical component of pulmonary
501 responses to MTb infection as both global *Acod1*^{-/-} and myeloid-specific *Acod1*^{-/-}

502 knockouts rapidly succumb to infection (Nair et al., 2018). Collectively, these data
503 outline a potential role for the *ACOD1*/itaconate axis in the lung during infection. Our
504 data in the context of pulmonary fibrosis highlight itaconate as a critical component of
505 respiratory immunity.

506 While we show that in the bleomycin mouse model, itaconate is increased in the BAL
507 during the inflammatory stage and recovers to baseline levels during the late phase,
508 in human AMs *ACOD1* is highly expressed at homeostasis and disrupted during
509 pulmonary fibrosis. This is particularly pertinent as there are a dearth of data regarding
510 the role of itaconate during human disease and as a predisposition towards
511 development of chronic lung disease. Consistent with our findings Meiser *et al* recently
512 reported that itaconate was not detectable in plasma or urine of septic patients or in
513 BAL of patients with pulmonary inflammation, including patients with COPD and
514 sarcoidosis (Meiser et al., 2018). We show for the first time that itaconate can directly
515 influence human lung fibroblast phenotype and function *in vitro*, which might be part
516 of the mechanism behind the improved lung function, collagen gene expression and
517 deposition we observed upon administration of inhaled itaconate during the fibrotic
518 phase of the bleomycin mouse model. Our findings indicate that itaconate could
519 mediate paracrine effects on other stromal or immune cells types as it is actively
520 secreted at homeostasis and thus may have implications for chronic diseases of the
521 lung or other tissues, in which fibrosis plays a role.

522 Our data show that *ACOD1* is expressed in AMs of healthy controls and expression is
523 decreased in AMs from IPF patients. Of note, *ACOD1* is not well represented in the
524 IPF Cell Atlas single cell RNAseq datasets (Habermann et al., 2019; McDonough et
525 al., 2019; Morse et al., 2019; Reyfman et al., 2019), this might be due to several factors
526 regarding sample processing protocols, sequencing depth of single cell approaches

527 and the severity of fibrosis patients investigated. IPF Cell Atlas datasets were
528 generated from enzymatic digestion whole lung homogenates rather than from lavage,
529 which is likely a major confounder for the study of metabolic processes. Furthermore,
530 IPF Cell Atlas patients were end-stage IPF (or other ILD) patients, while in contrast,
531 our study evaluated expression of *ACOD1* in patients undergoing diagnostic
532 bronchoscopy. Finally, the control lungs reported in the IPF Cell Atlas studies were
533 either declined for organ donation or transplant donors, whereas control samples from
534 our study were obtained from BAL of healthy volunteers. For our murine studies, we
535 have reported lung function, collagen/fibronectin gene expression, Ashcroft scoring on
536 Sirius red (collagen stain) stained histology slices, in order to assess the role of
537 *Acod1*/itaconate in pulmonary fibrosis. We have not reported pulmonary
538 hydroxyproline levels for adoptive transfer and therapeutic studies, due to limited
539 access to our laboratories as a result of the Covid-19 pandemic.

540 In conclusion, this work defines a novel regulatory pathway, which is impaired during
541 fibrotic lung disease. The novel relationships between *ACOD1*, airway macrophages
542 and fibrosis reported here have the potential to impact therapies for IPF and highlight
543 *ACOD1*, itaconate or its metabolites as molecular targets for the treatment of fibrotic
544 lung diseases.

545

546 **Materials and methods**

547 **Lead Contact and Materials Availability**

548 Requests for further information and reagents may be directed and will be fulfilled by
549 the corresponding author, Dr. Adam J. Byrne (a.byrne@imperial.ac.uk).

550

551 **Experimental Model and Subject Details**

552 *Human bronchoalveolar lavage*

553 Bronchoscopy of the right middle lobe was performed after informed consent as
554 approved by an external Research Ethics Committee for ILD subjects (Ref. Nos.
555 10/H0720/12 and 15/SC0101) and healthy control subjects (Ref. No. 15-LO-1399)
556 according to the Royal Brompton Hospital protocol (Royal Brompton & Harefield NHS
557 Foundation Trust, 2016). Bronchoscopies were performed with subjects under a light
558 sedation with midazolam in combination with local anesthesia with lidocaine. Four 60-
559 ml aliquots of warmed sterile saline were instilled in the right middle lung lobe and
560 aspirated by syringe and lavage aliquots collected after each instillation were pooled
561 for each patient. Volume and BAL appearance were recorded for all samples.

562 *Cell culture*

563 Primary human lung fibroblasts were isolated from lung resections of patients
564 undergoing lung cancer surgery or lung transplantation performed after informed
565 consent as approved by an external Research Ethics Committee (REC 15/SC0101)
566 according to the Royal Brompton Hospital protocol (Royal Brompton & Harefield NHS
567 Foundation Trust, 2016) and cultured in complete Dulbecco's modified eagle medium
568 (10% FBS, 100U/ml penicillin/streptomycin) (Gibco, ThermoFisher) to passage four.
569 Human bronchial epithelial cells (HBE) were obtained from bronchial brushings during
570 the bronchoscopy after informed consent and approved by an external Research
571 Ethics Committee for ILD subjects (Ref. Nos. 10/H0720/12 and 15/SC0101). HBEs
572 were cultured in xxx medium to passage four. MACS enriched human AM were
573 cultured in complete RPMI (10% FBS, 100U/ml penicillin/streptomycin, Gibco,
574 ThermoFisher) for 24 hrs. Fibroblasts and AM were cultured with 10mM itaconate in

575 complete medium for 24hrs prior to cell lysis in RLT buffer (QIAGEN) containing 1%
576 2-Mercaptoethanol (Sigma Aldrich).

577 *Mice*

578 *Acod1*^{-/-} (C57BL/6NJ-*Acod1*^{em1J}/J, JAX stock number 029340) mice and littermate
579 controls were bred on a C57BL/6 background. Unless otherwise stated, all mice were
580 between 8 and 12 weeks of age. Mice were housed in specific-pathogen-free
581 conditions and given food and water *ad libitum*. All procedures were approved by the
582 United Kingdom Home Office and conducted in strict accordance with the Animals
583 (Scientific Procedures) Act 1986. The Imperial College London Animal Welfare and
584 Ethical Review Body (AWERB) approved this protocol. All surgery was performed
585 under ketamine and sodium pentobarbital anaesthesia and all efforts were made to
586 minimize suffering. Mice were administered either 0.05U (1U/ml solution dissolved in
587 PBS) of bleomycin sulphate (Sigma Aldrich) or 50µl PBS via the oropharyngeal route
588 at day 0 and culled after 7, 21 or 42 days. For therapeutic experiments mice were
589 administered 0.25mg/kg (1mM solution dissolved in PBS, 50µl) itaconic acid (Sigma
590 Aldrich) or PBS via the oropharyngeal route twice a week, beginning 10 days after of
591 bleomycin administration.

592

593 **Method Details**

594 *Subject demographics*

595 76 IPF patients and 17 control subjects were recruited. Demographic and
596 clinicopathological features are detailed in **Supplementary Tables 1 and 2**. Healthy
597 volunteers had no self-reported history of lung disease, an absence of infection within
598 the last 6 months and normal spirometry.

599 *Human AM isolation*

600 1×10^7 BAL cells were stained with anti-CD206 (Biolegend) and Human TruStain FcX
601 block (Biolegend) for 15 minutes at 4°C in 0.5% FBS/2mM EDTA in PBS prior to
602 incubation with MACS anti-Cy7 microbeads (Miltenyi Biotec) for 15 minutes at 4°C.
603 Cells were enriched in MACS magnetic separation column (Miltenyi Biotec) and purity
604 was confirmed on a representative subset (n = 29) by flow cytometry.

605 *Single cell RNA sequencing*

606 Viable cryopreserved BAL cells were sorted on a BD Influx sorter (Becton Dickinson)
607 as previously described (Byrne et al., 2020) and retained on ice. Briefly, cells at a
608 concentration of 800 – 1,000 cells/ μ l were loaded onto 10x Genomics single cell 3'
609 chips along with the RT mastermix (Chromium Single Cell 3' Library, v2, PN-120233,
610 10X Genomics) according to manufacturer's instructions to generate single-cell gel
611 beads in emulsion. RT was performed using a C1000 Touch Thermal Cycler with a
612 Deep Well Reaction Module (Bio-Rad; 55°C for 2 h; 85°C for 5 min; hold 4°C).
613 DynaBeads (MyOne Silane Beads, Thermo Fisher Scientific) and SPRIselect beads
614 (Beckman Coulter) were used to purify and recover cDNA., which was subsequently
615 amplified (98°C for 3 min; 12 times - 98°C for 15 s, 67°C for 20 s, 72°C for 60 s); 72°C
616 for 60 s; hold 4°C). Amplified cDNA was sheared to ~200 bp with a Covaris S2
617 instrument using the manufacturer's recommended parameters. Sequencing libraries
618 were generated with unique sample indices and sequenced on a Illumina NextSeq
619 500 (NextSeq control software v2.0.2/ Real Time Analysis v2.4.11) using a 150-cycle
620 NextSeq 500/550 High Output Reagent Kit v2 (FC-404-2002; Illumina) in stand-alone
621 mode as follows: 98 bp (read 1), 14 bp (I7 index), 8 bp (I5 index), and 485 10 bp (read
622 2).

623 The Cell Ranger Single Cell Software Suite (10X Genomics, v2.0.0) was used to
624 process the sequencing data into transcript count tables. Raw base call files were
625 demultiplexed using the Cell Ranger mkfastq programme into sample-specific FASTQ
626 files, which were then processed using the Cell Ranger count pipeline. Subsequent
627 analysis was performed as described previously (Byrne et al., 2020).

628 *Determination of itaconate by Gas Chromatography/Mass Spectrometry*

629 Freeze dried BAL samples were spiked with d₃-labelled methylmalonic acid (d₃-MMA,
630 synthesized in house) and derivatized with 30µl methoxyamine hydrochloride (Sigma-
631 Aldrich, 20mg/ml in pyridine, 40°C for 20min) to modify any carbonyls (multi-
632 component method). After cooling, 70µl of N,O-bis(trimethylsilyl)trifluoroacetamide
633 containing 1% trimethylchlorosilane (BSTFA Sigma-Aldrich) were added and the
634 mixture incubated for 30 minutes at 60°C to effect trimethylsilylation of the hydroxy
635 functions. Finally, the supernatants from centrifuged reaction mixtures were
636 transferred to injection vials. GC/MS analysis was performed on an Agilent 6890 gas
637 chromatograph coupled to a 5973 MSD quadrupole mass spectrometer. Samples
638 were injected in splitless mode with the inlet maintained at 280°C. Separation of the
639 derivatives was performed on a DB-1701 capillary column 30m x 250µm x 0.25µm
640 (Agilent Technologies) using a three-stage temperature program to optimize the
641 separation. Mass spectral data was acquired by selected ion monitoring (SIM) of m/z
642 259 (quantifier) and m/z 215 (qualifier) at approx. 6 min retention time. A five-level
643 calibration plot was constructed over the concentration range 0-16 ng/ml. Quantitation
644 was achieved by interpolation using the regression equation of the calibration curve.
645 All data processing and concentration calculations were performed using Agilent
646 MassHunter (v. B.07.01) software.

647 *Murine Lung Function Assessment*

648 Lung function measurements were performed using the Flexivent system (Scireq,
649 Montreal, Canada). After induction of anaesthesia with an i.p. injection of
650 Pentobarbitone (50 mg/Kg, Sigma, UK) and i.m. injection of Ketamine (200 mg/Kg)
651 (Fortdodge Animal Health Ltd, Southampton, UK), mice were tracheotomised and
652 attached to the Flexivent ventilator via a blunt-ended 19-gauge needle. Mice were
653 ventilated using the following settings; tidal volume of 7 ml/Kg body weight, 150
654 breaths/minute; positive end-expiratory pressure approximately 2cm H₂O.
655 Standardisation of lung volume history was done by performing two deep inflations.
656 Subsequently, measurements of dynamic resistance, dynamic elastance and dynamic
657 compliance were determined using the snapshot-150 perturbation, a single frequency
658 sinusoidal waveform. Resultant data was fitted using multiple linear regression to the
659 single compartment model to determine the above parameters.

660 *Murine BAL and Lung Cell Recovery*

661 In order to obtain BAL, the airways of the mice were lavaged three times with 0.4 ml
662 of PBS via a tracheal cannula. BAL fluid was centrifuged (700 X g, 5 min, 4°C); cells
663 were resuspended in 0.5 ml complete media (RPMI + 10% fetal calf serum [FCS], 2
664 mM L-glutamine, 100 U/ml penicillin/ streptomycin). Cells were counted and pelleted
665 onto glass slides by cytocentrifugation (5×10^4 cells/slide). To disaggregate cells from
666 lung tissue, one finely chopped left lobe of lung was incubated at 37°C for 1 h in digest
667 reagent (0.15 mg/ml collagenase type D, 25 µg/ml DNase type I) in complete RPMI
668 media. The recovered cells were filtered through a 70-µm nylon sieve, washed twice,
669 resuspended in 1ml complete media, and counted in a haemocytometer prior to
670 cytocentrifugation; lung cell counts are quoted as total cell number/ml of this
671 suspension.

672 *Flow cytometry*

673 Cells were stained with near IR fixable live/dead (ThermoFisher) for 10 minutes in PBS
674 prior to staining for extracellular antigens in 1% FBS/2.5% HEPES/0.2% EDTA in PBS
675 for 20 minutes at 4°C. For assessment of mitochondrial superoxide, cells were stained
676 with 5uM MitoSOX Red (ThermoFisher) in PBS for 10 minutes at 37°C. Cells were
677 then washed and fixed using IC fix kit (eBioscience). All antibodies were purchased
678 from Biolegend. Data was acquired with Fortessa II and cell sorting on Aria III (BD
679 Biosciences) and analysis was performed in Flowjo software, using FMO's for each
680 antibody.

681 *Adoptive transfer of FACS sorted Mo-AMs*

682 Female WT or *Acod1*^{-/-} mice were dosed with 0.05U bleomycin via the oropharyngeal
683 route and lavaged at day 7 post bleomycin to obtain monocyte-recruited AMs (Mo-
684 AMs). Cells recovered from bronchoalveolar lavage were stained with extracellular
685 antibodies as described above and live, CD45⁺, CD64⁺, CD11c⁺, SigF^{int} Mo-AMs were
686 isolated by FACS sorting as shown in the gating strategy in **Supplementary Figure**
687 **2**. Subsequently, 50,000 WT or *Acod1*^{-/-} Mo-AMs were administered via the
688 oropharyngeal route to male *Acod1*^{-/-} mice, which had been dosed with bleomycin 7
689 days prior . Mice were sacrificed at day 21 post initial bleomycin exposure.

690 *Hydroxyproline assay*

691 Hydroxyproline was measured using 10mg of tissue from the inferior lobe of murine
692 samples using a Hydroxyproline Assay Kit (Sigma Aldrich), as per manufacturer's
693 instructions and fold change of bleomycin/PBS groups was calculated.

694 *Histology*

695 Paraffin-embedded sections (4 μm) of lungs (apical lobe) were stained with
696 hematoxylin/ eosin (H&E) and Sirius Red. For assessment of fibrosis, the semi-
697 quantitative Ashcroft scoring system was used as previously described (Hübner et al.,
698 2008). All scoring and measurements were performed by 3-5 blinded independent
699 observers.

700 *JULI-Stage Real-time cell recording*

701 Primary human lung fibroblasts were seeded in 96-well plate for proliferation assay
702 (5,000 per well) or 24-well plate for wound healing assay and serum-starved overnight
703 prior to treatment with 10mM itaconate in complete DMEM for 48- 72 hrs. For wound
704 healing assays, a standardised scratch was applied in each well using a p10 pipette
705 tip. Images were taken in JULI-Stage system (NanoEntek) at three to five positions
706 per well every 30 minutes and proliferation rate or wound closure were calculated
707 using JULI-Stage software (NanoEntek).

708 *Real-time PCR*

709 Total RNA from the post-caval lobe was extracted using the QIAGEN RNeasy Mini Kit
710 plus (QIAGEN) or using the QIAGEN RNeasy Micro Kit plus for total RNA from cell
711 cultures and BAL cells. Total RNA was reverse transcribed into cDNA using the High
712 Capacity cDNA Reverse Transcription kit (Life Technologies), or GoScript reverse
713 transcription system (Promega) for AMs, according to manufacturer's instructions.
714 Real-time PCR was performed using fast-qPCR mastermix (Life technologies) on a
715 Viia-7 instrument (Applied Biosciences) with Taqman primers for murine *acod1*, *col-*
716 *1 α 1*, *col3 α 1*, *col4 α 1*, *fn1*, *mmp2* or human *acod1*, *cd163*, *fn1*, *IL-1 β* , *mmp1*, *mmp9*
717 using *actb* (Life Technologies) as housekeeping gene. For analysis of murine AM
718 fibrosis gene expression, total RNA (0.08 μg) of FACS sorted Mo-AMs or Tr-AMs was

719 reverse transcribed into cDNA using the RT² first-strand synthesis kit as per
720 manufacturer's instructions (QIAGEN). Gene expression of 84 genes in murine fibrosis
721 was assessed using fast-qPCR SYBR Green Master Mix (Qiagen, Germany) and
722 mouse fibrosis 96-well genearray (120Z, QIAGEN) on a ViiA-7 instrument. Gene
723 expression was analysed using the QIAGEN data analysis centre.

724 *Seahorse analysis*

725 FACS sorted murine Tr-/Mo-AM (100,000 per well) were plated in a Seahorse plate
726 coated with Cell Tak (BD Biosciences) and analysed after resting at 37°C, 5% CO₂
727 overnight. Oxygen Consumption Rate (OCR) and extracellular acidification rate
728 (ECAR) were measured in XF medium (nonbuffered RPMI containing 2mM glutamine,
729 1mM pyruvate and 10mM glucose, pH 7.4, Agilent) using the XFp extracellular flux
730 analyser (Agilent). OCR and ECAR were measured under basal conditions and after
731 the sequential addition of 1.5 µM Oligomycin, 2.0 µM FCCP and 0.5 µM
732 Rotenone/Antimycin A (mito stress test, Agilent), which enabled the calculation of
733 spare respiratory capacity from basal and maximal respiration as a result of OxPhos.

734 *Quantification and Statistical Analysis*

735 Differences between non-continuous groups were compared using the Mann-Whitney
736 U test, one-way ANOVA with Sidak's multiple comparison test or a one-sample-t test
737 where appropriate. Kaplan-Meier analysis was used to compare time to humane
738 endpoint in mice. Data are presented as mean ± standard error of the mean (SEM).
739 For *in vivo* experiments, the number of animals (n) per group are indicated. Analysis
740 was performed using Prism software (GraphPad Software). PCA clustering was
741 performed using the ClustVis package for R (available through
742 Github, <https://github.com/taunometsalu/ClustVis>), (Metsalu et al., 2015). Heat-maps

743 were generated using Morpheus software tool

744 (<https://software.broadinstitute.org/morpheus/>).

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748 **Supplementary information**

749 **Supplemental Table 1: Subject demographics of samples used for qPCR**
 750 **analysis (Figure 1A).**

751 Table showing sex, age, drug-treatment, FEV1, FEV1 %predicted, forced vital
 752 capacity (FVC), % predicted FVC and smoking status of Healthy (n = 10) and IPF (n
 753 = 27) samples used for qPCR of ACOD1 (Figure 1A). Data presented as mean \pm S.D.

	IPF (n = 27) (Mean \pm S.D.)	Healthy (n = 10) (Mean \pm S.D.)	T-Test
Sex (M/F)	21M/6F	5M/5F	
Age	69.5 \pm 9.0	43.6 \pm 11.0	****
On anti-fibrotic treatment	41%	-	
Of which:			
Nintednib	45%		
Pifenidone	55%		
On steroids	-	-	
FEV1	2.3 \pm 0.7	2.8 \pm 0.8	n.s.
FEV1 (predicted)	85.4 \pm 18.5	NA	
FVC	2.8 \pm 0.9	3.5 \pm 1.1	n.s.
FVC (predicted)	81.8 \pm 18.1	NA	
DLCO (single breath)	4.0 \pm 1.7	NA	
Ever smoked	77%	20%	
Of which:			
Ex-Smoker	90%	100%	
Current-smoker	10%		

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761 **Supplemental Table 2: Subject demographics of samples used for GC-MS**
 762 **analysis (Figure 1B).**

763 Table showing sex, age, drug-treatment, FEV1, FEV1 %predicted, forced vital
 764 capacity (FVC), % predicted FVC and smoking status of Healthy (n = 10) and IPF (n
 765 = 47) samples used for GC-MS of itaconate (Figure 1B). Data presented as mean ±
 766 S.D.

	IPF (n = 47) (Mean ± S.D.)	Healthy (n = 10) (Mean ± S.D.)	T-Test
Sex (M/F)	37/10	6/4	
Age	72.9 ± 7.7	46.6 ± 12.1	****
On anti-fibrotic treatment	70%	-	
Of which:			
Nintednib	36%		
Pifenidone	78%		
On steroids	8.5%	-	
FEV1	2.2 ± 0.6	3.0 ± 0.6	*
FEV1 (predicted)	84.6 ± 14.2	NA	
FVC	2.7 ± 0.8	3.7 ± 0.9	n.s.
FVC (predicted)	80.6 ± 13.6	NA	
DLCO (single breath)	3.8 ± 1.4	NA	
Ever smoked	64%	33%	
Of which:			
Ex-Smoker	87%	-	
Current-smoker	13%	100%	

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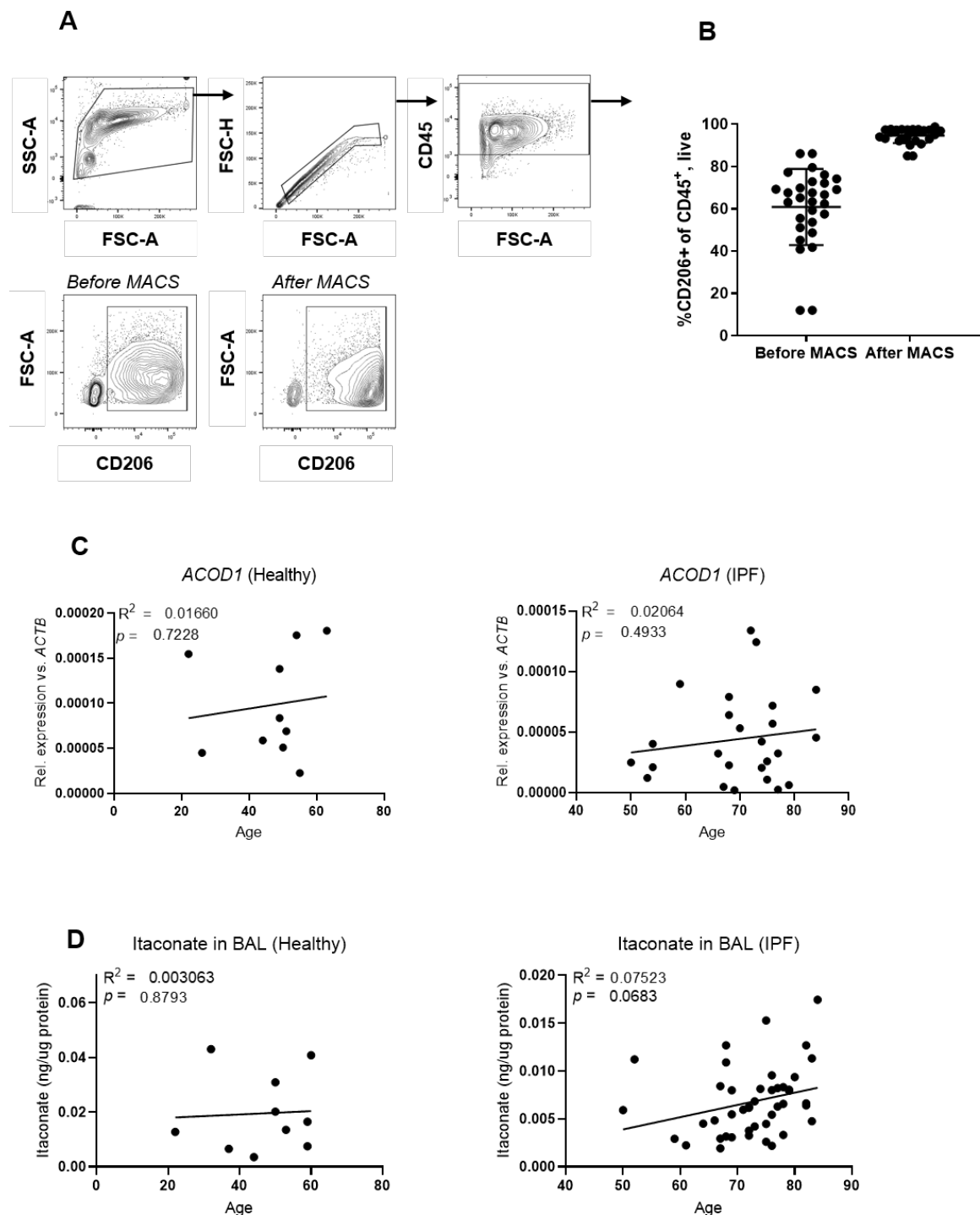
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774 **Supplemental Figure 1: MACS sorting of human CD206+ BAL AM**

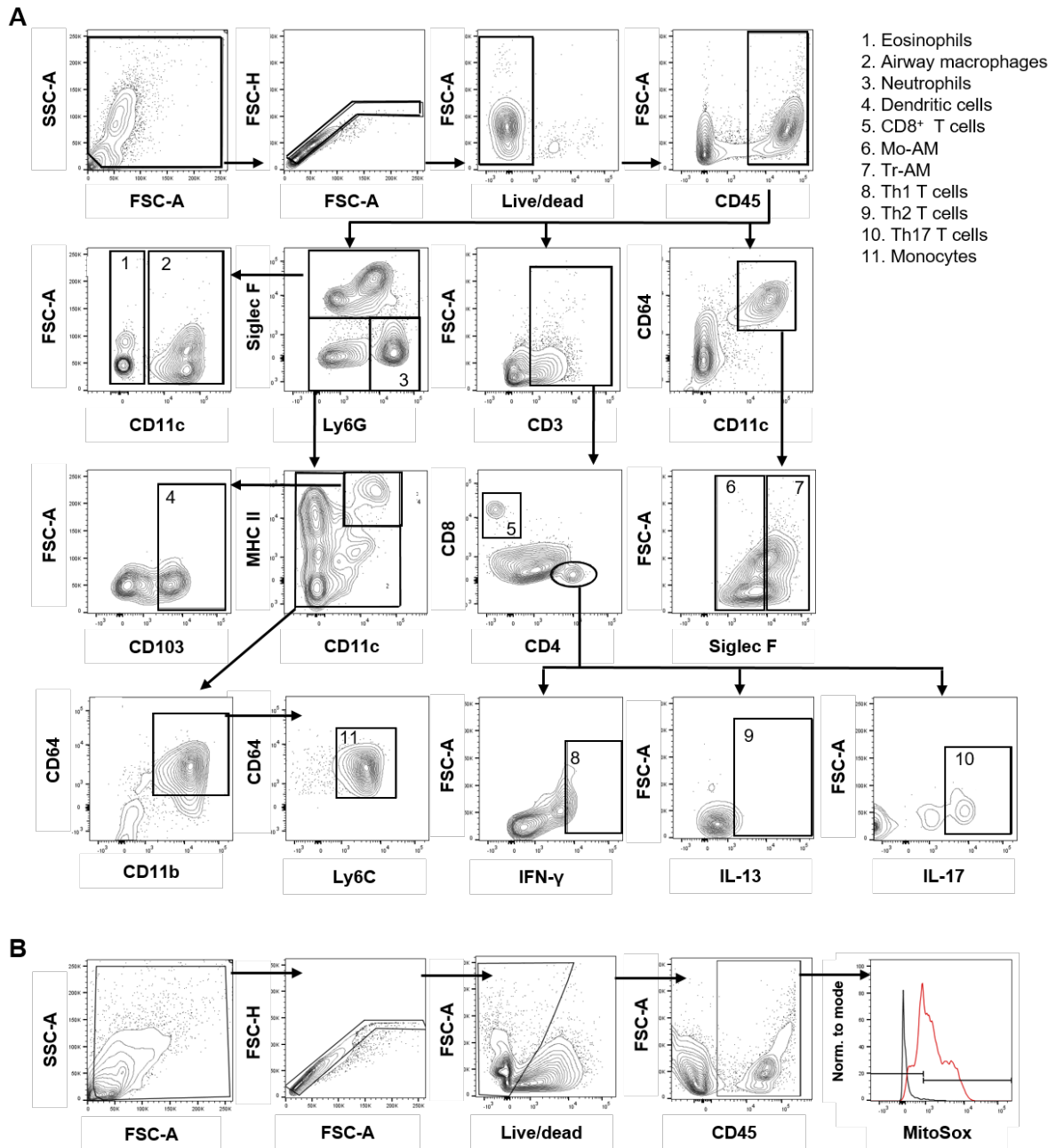
775 (A) Representative FACS plots showing gating strategy to assess purity of human
 776 CD45+, CD206+ BAL AM population before and after magnetic activated cell sorting
 777 (MACS). (B) Purity of human CD45+, CD206+ BAL AM population confirmed by FACS,
 778 before and after MACS (n = 29). (C) Linear regression analysis between relative gene

779 expression of *ACOD1* vs *ACTB* and age in healthy controls (n = 10) and IPF patients
780 (n = 27). (D) Linear regression analysis between itaconate measured in BAL
781 supernatant by targeted GC-MS, normalised to total protein (ng/ μ g protein) and age
782 in healthy controls (n = 10) and IPF patients (n = 47).

783 Data presented as mean \pm S.D.

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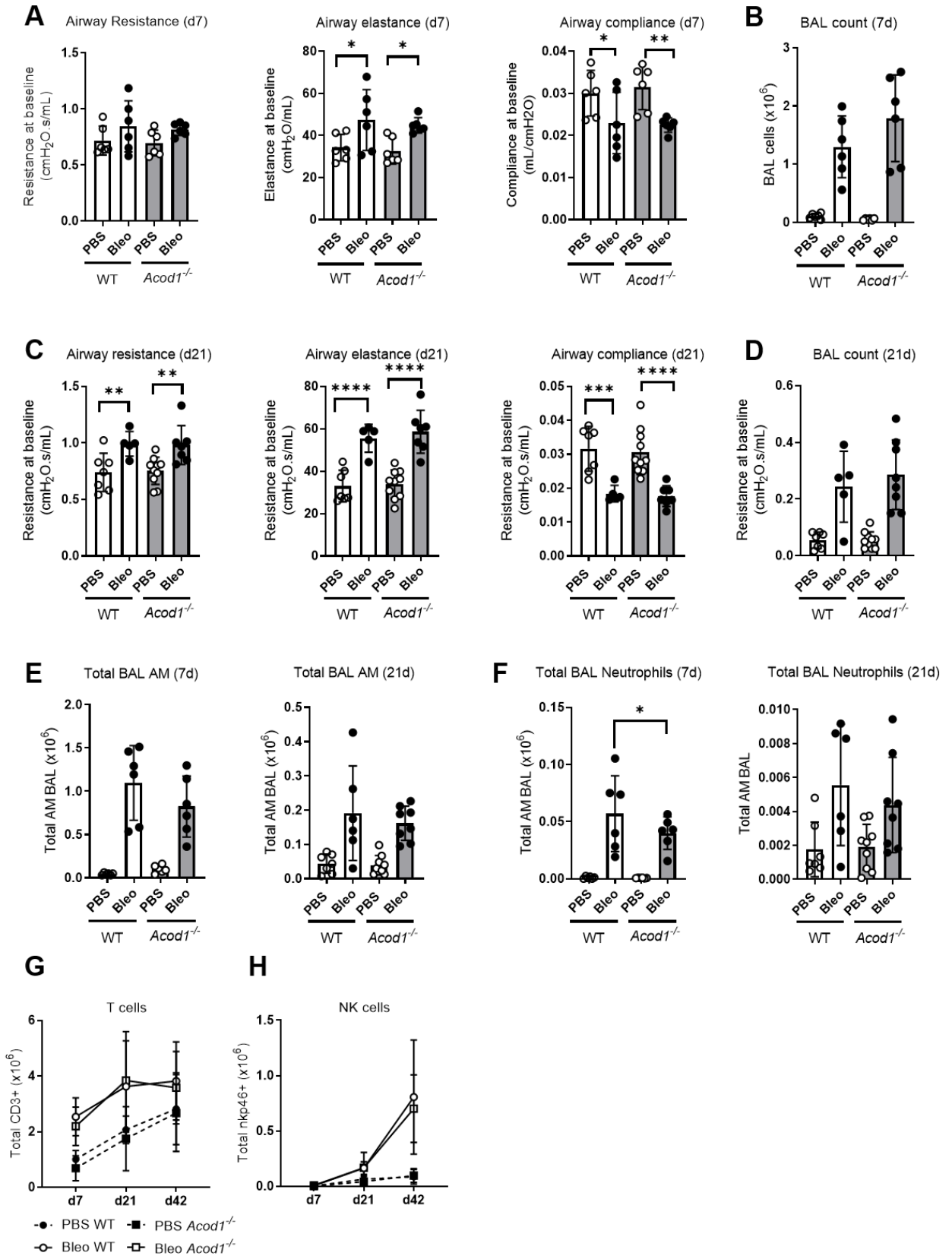
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787 **Supplemental Figure 2: Gating strategies of murine flow cytometry**

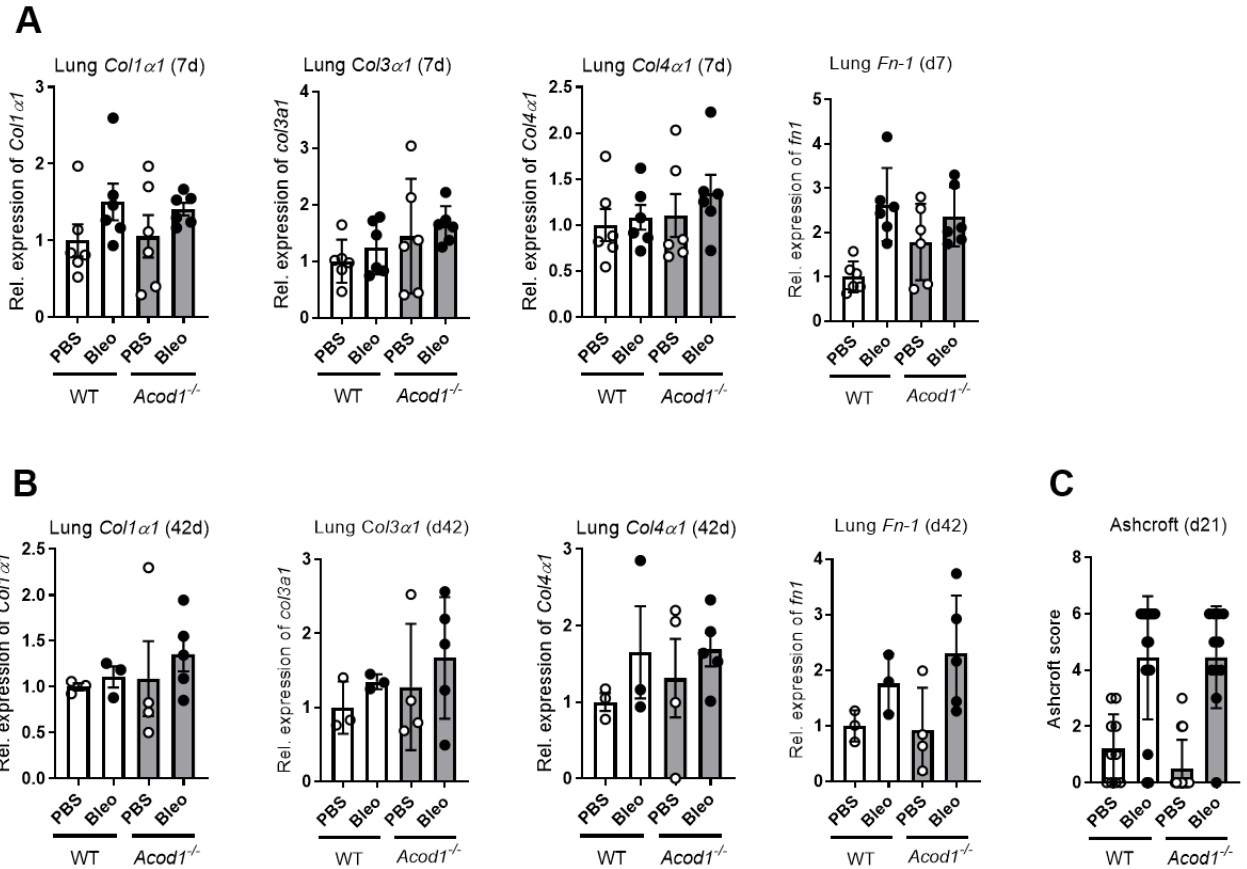
788 (A) Representative FACS plots showing gating strategy to determine the following
 789 immune cell populations in murine BAL and lung: eosinophils, monocytes, airway
 790 macrophages (AM), including monocyte-recruited AMs (SigF^{int}), and tissue-resident
 791 AMs (SigF^{high}), , neutrophils, dendritic cells (DCs), T cells, including Th1-T-cells, Th2-
 792 T-cells and Th-17-T-cells. (B) Representative FACS plots showing gating strategy to
 793 determine expression of mitoSOX dye for superoxide in murine BAL CD45⁺ population.



797 **Supplementary Figure 3: Lung function and immune cell profile after bleomycin**
798 **treatment in *Acod1*^{-/-} mice**

799 (A) Resistance, elastance and compliance at baseline measured by FlexiVent in PBS
800 and bleomycin dosed WT and *Acod1*^{-/-} mice at day 7 post bleomycin (all groups n =
801 6). (B) Total BAL cells in PBS and bleomycin dosed WT and *Acod1*^{-/-} mice at day 7
802 post bleomycin (all groups n = 6). (C) Resistance, elastance and compliance at
803 baseline measured by FlexiVent in PBS and bleomycin dosed WT and *Acod1*^{-/-} mice
804 at day 21 post bleomycin; (n = 5 – 10, two experiments pooled). (D) Total BAL cells in
805 PBS and bleomycin dosed WT and *Acod1*^{-/-} mice at day 21 post bleomycin; (n = 5 –
806 10, two experiments pooled). (E) Total BAL AMs cells in PBS and bleomycin dosed
807 WT and *Acod1*^{-/-} mice at day 7 (n = 6 all groups) and day 21 (n = 5 -10) post bleomycin.
808 (F) Total BAL neutrophils in PBS and bleomycin dosed WT and *Acod1*^{-/-} mice at day
809 7 (n = 6 all groups) and day 21 (n = 5 -10) post bleomycin. (G - H) Total T-cells and
810 NK-cells in BAL of PBS and bleomycin dosed WT and *Acod1*^{-/-} mice at day 7, day 21
811 and day 42 (n = 3 – 6 per group) post bleomycin. Representative of two experiments.
812 Data presented as mean ± S.D.; Significance was tested by One Way ANOVA +
813 Sidak's multiple comparison test **P* < 0.05, ** *P* < 0.01, *** *P* < 0.001.

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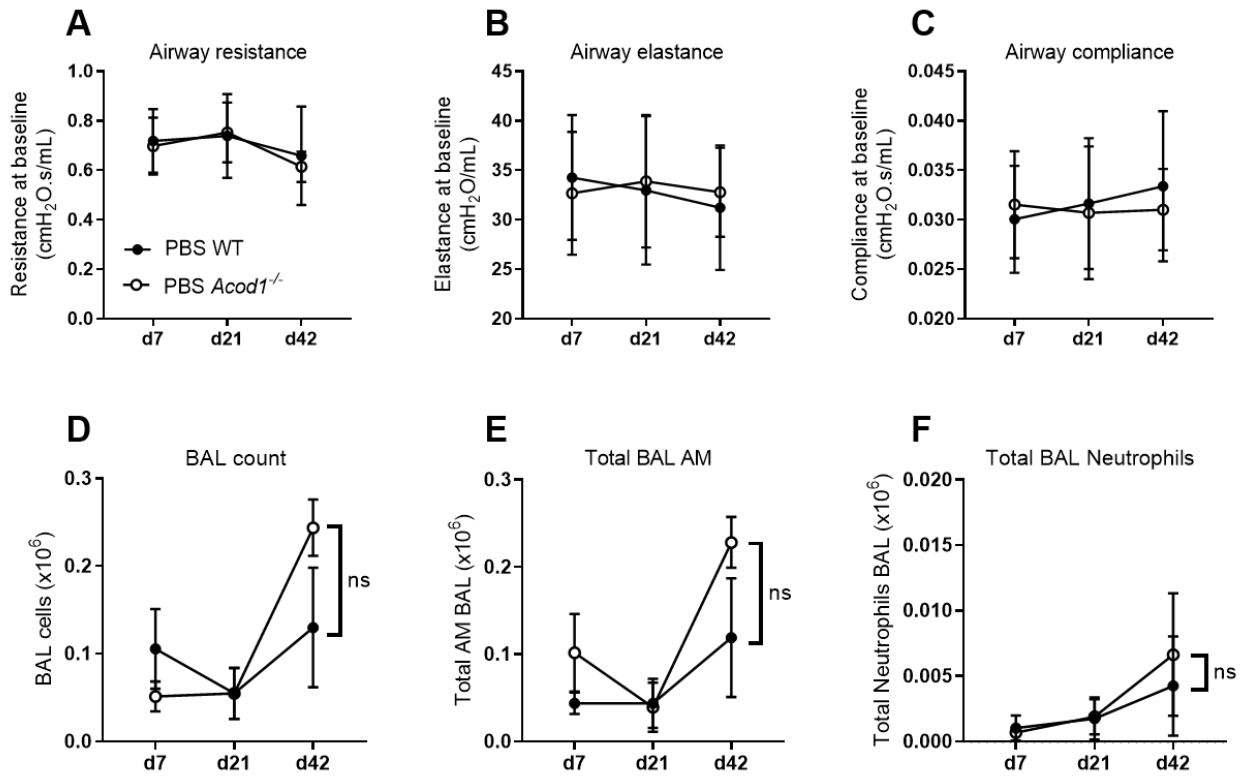
816 **Supplementary Figure 4: Fibrotic phenotype in *Acod1*^{-/-} mice at day 7 and day 21**
 817 **post bleomycin**

818 (A-B) Gene expression analysis of *Col1α1*, *Col3α1*, *Col4α1*, *Fn1* in lung homogenate
 819 of PBS and bleomycin dosed WT and *Acod1*^{-/-} mice at day 7 (A) and day 42 (B) (n =
 820 3-6). *Actb* was used as housekeeping gene. Pooled from two independent
 821 experiments. (C) Ashcroft score based on Sirius red staining in lung slices harvested
 822 at day 21 post bleomycin (n = 11 – 16 per group; three experiments pooled).

823

824 Data presented as mean ± S.D. Significance was tested by One Way ANOVA +
 825 Sidak's multiple comparison test.

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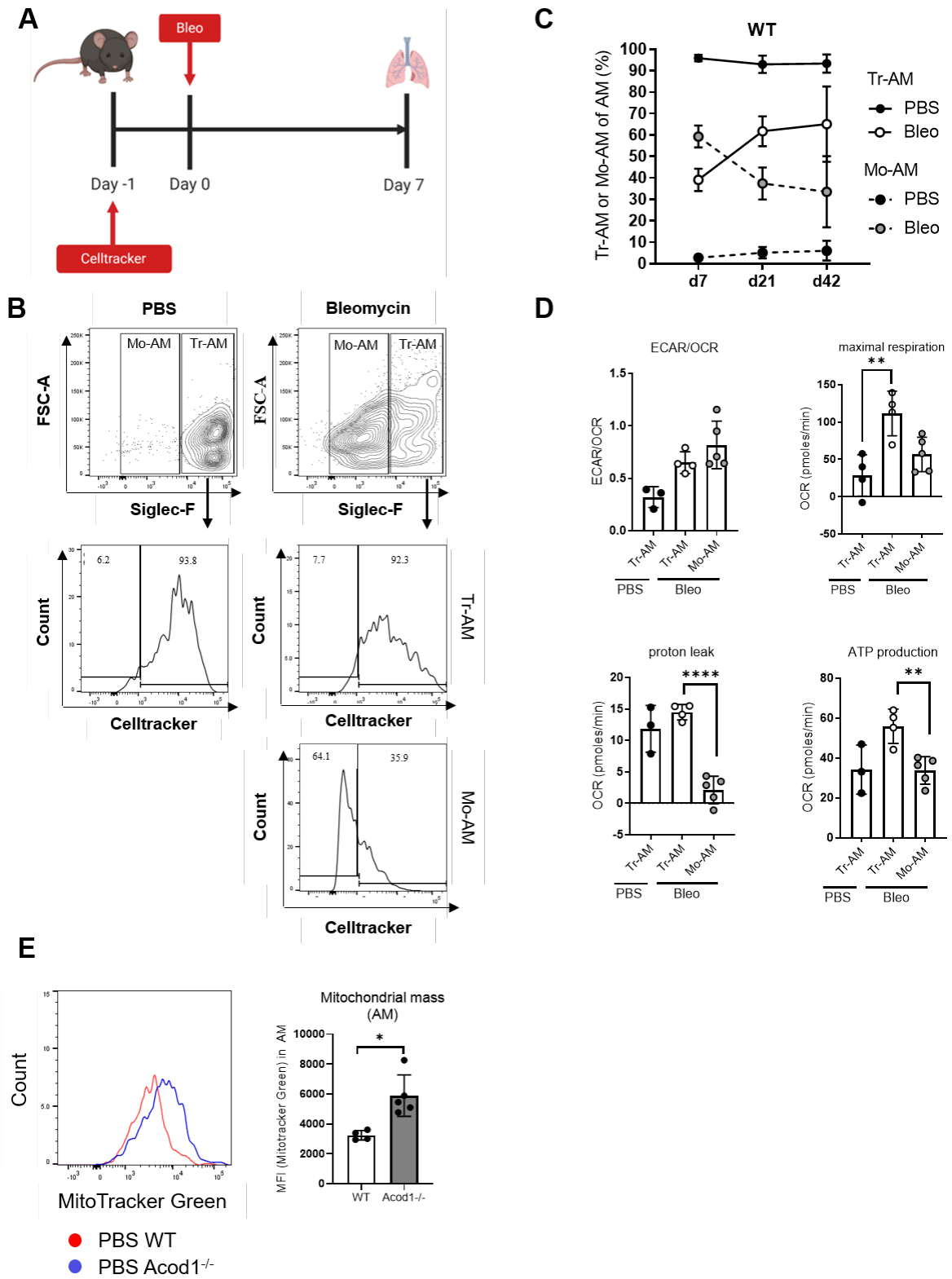
828 **Supplementary Figure 5: Baseline lung function and immune cell recruitment in**
 829 **WT and *Acod1*^{-/-} mice**

830 (A – C) Resistance (A), elastance (B) and compliance (C) at baseline measured by
 831 FlexiVent in PBS dosed WT and *Acod1*^{-/-} mice at day 7, day 21 and day 42. (D – F)
 832 Total BAL cells (D), numbers of BAL AMs (E) and BAL neutrophils (F) in PBS dosed
 833 WT and *Acod1*^{-/-} mice at day 7, day 21 and day 42. Day 7 both groups n = 6, day 21
 834 WT n = 7, *Acod1*^{-/-} n = 10; day 42 WT n = 7, *Acod1*^{-/-} n = 4; representative of 2 – 3
 835 experiments per time point.

836

837 Data presented as mean ± S.D. Significance was tested by Mann-Whitney-U test per
 838 time point.

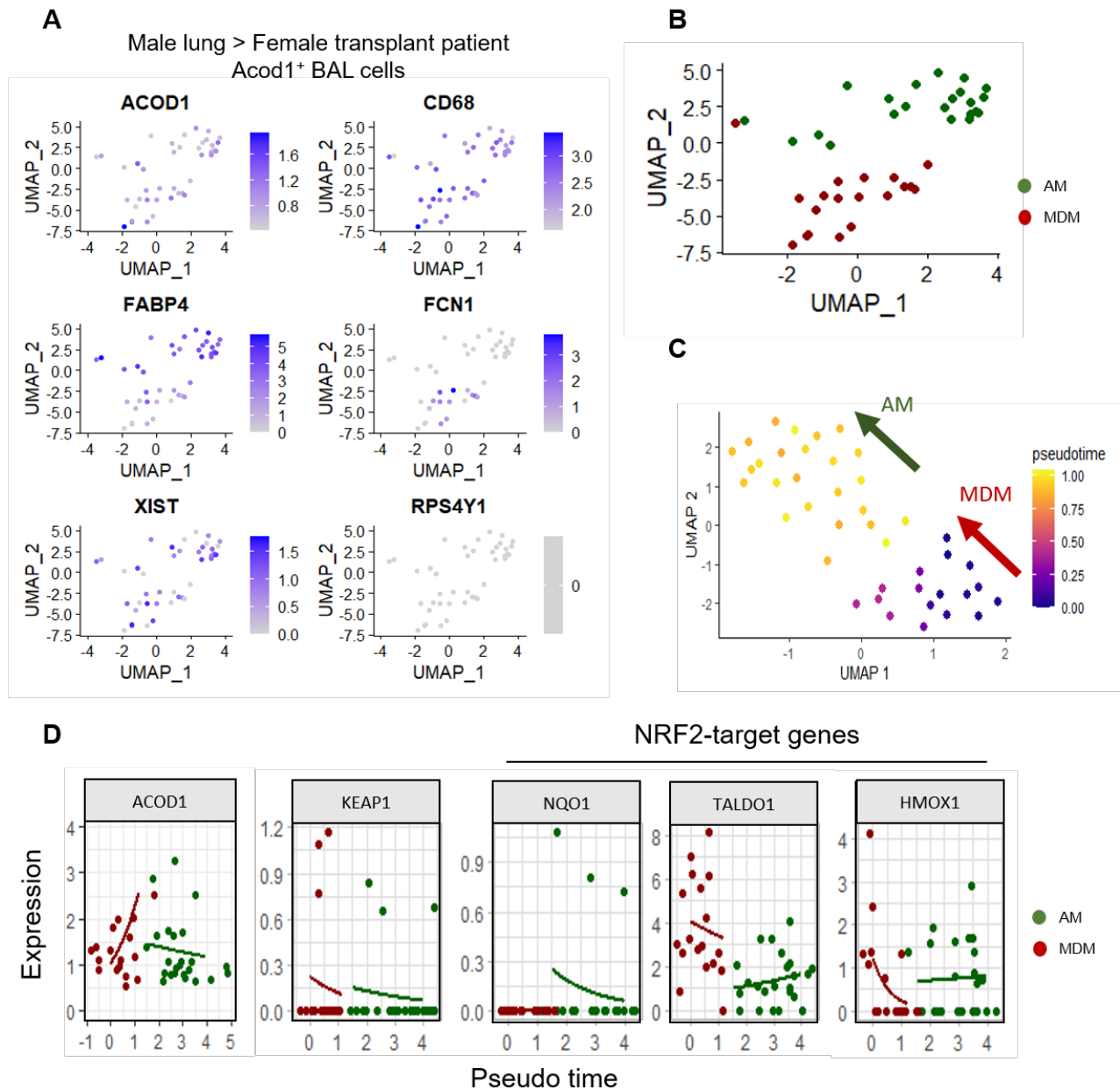
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843 (A) Schematic of dosing regimen using 8-10 week old C57Bl/6 mice. 0.05U Bleomycin
844 and 0.05 μ M PKH26 Celltracker was administered oropharyngeal at indicated time
845 points. (B) Representative FACS plots showing gating strategy to assess PKH-26
846 Celltracker in Tr-AM and Mo-AM populations (see gating strategy in supplemental Fig.
847 2) in murine BAL after PBS or bleomycin treatment. (C) Tr-AM or Mo-AM as % of total
848 AM in BAL of PBS or Bleomycin dosed WT mice at day 7, day 21 and day 42 post
849 bleomycin exposure (n=6-12 per group). (D) Additional read-outs of seahorse
850 mitochondrial stress test (Fig. 3A) of PBS Tr-AM (n=3), Bleo Tr-AM (n=4) and Bleo
851 Mo-AM (n=5), representative of three independent experiments. (E) Representative
852 graph of MitoTracker Green staining in WT and *Acod1*^{-/-} PBS treated mice in the live,
853 CD45⁺ fraction and quantification of mean fluorescent intensity (MFI) of WT (n=4) and
854 *Acod1*^{-/-} (n=5) PBS treated mice.

855

856 Data presented as mean \pm S.D. Significance was tested by ordinary one-way ANOVA
857 with Sidak's multiple comparison test (D) or Mann Whitney U test (F), ** P < 0.01, ***
858 P < 0.001, ****P < 0.0005.



859

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Supplemental Figure 7: AMs in the adult human lung after transplant

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express ACOD1. A) *Acod1* expressing AM (CD68) in BAL after male donor

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(RPS4Y1) to female recipient (XIST) lung transplant. B) UMAP of *Acod1*

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expressing AMs and monocyte derived macrophages (MDM). C) Pseudo time

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analysis of AM and MDM in BAL after male donor to female recipient lung

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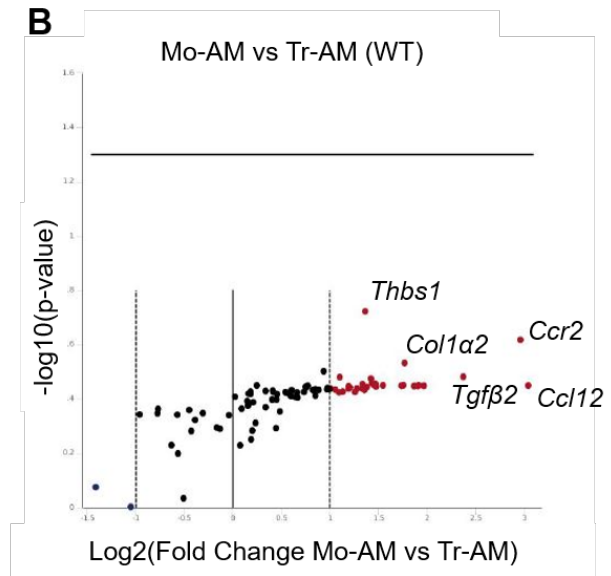
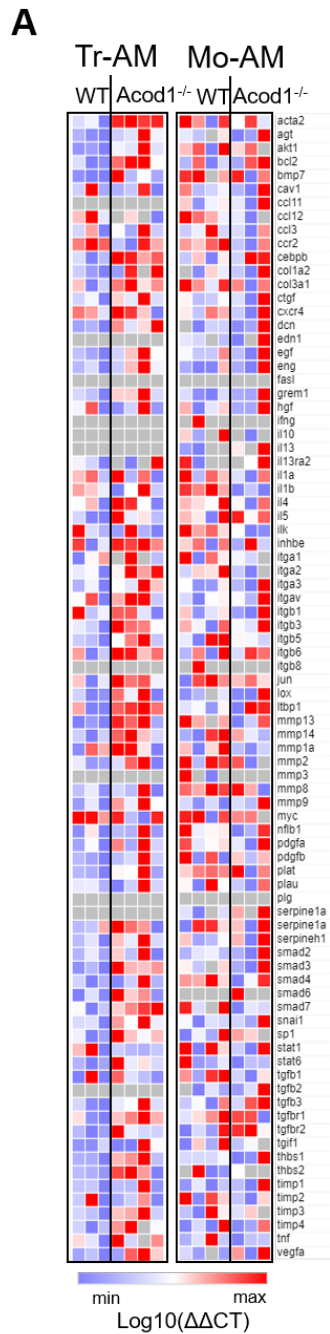
transplant. D) Pseudo-time analysis of expression of *Acod1*, *KEAP1* and NRF2-

866

target genes *NQO1*, *TALDO1* and *HMOX1* in AM and MDM after male donor to

867

female recipient lung transplant.



C Genes over-expressed in Mo-AM vs Tr-AM

Gene Symbol	Fold Regulation
Ccl12	8.24
Ccr2	7.79
Tgfb2	5.19
Ppc	3.92
Ppc	3.78
Ppc	3.76
Pdgfra	3.65
Col1a2	3.41
Cav1	3.38
Eng	3.34
Grem1	2.92
Ccl11	2.79
Rtc	2.77
Rtc	2.76
Rtc	2.73
Cxcr4	2.71
Igfb1	2.68
Edn1	2.62
Thbs1	2.58
Timp1	2.56
Cuab	2.54
Ctcf	2.53
Sna1	2.53
Acta2	2.42
Il13ra2	2.42
Plg	2.42
Plau	2.40
Hgf	2.31
Smad4	2.29
Ctgf	2.29
Myc	2.19
Lox	2.15
Mmp9	2.14
Igfb1	2.08
Il10	2.00

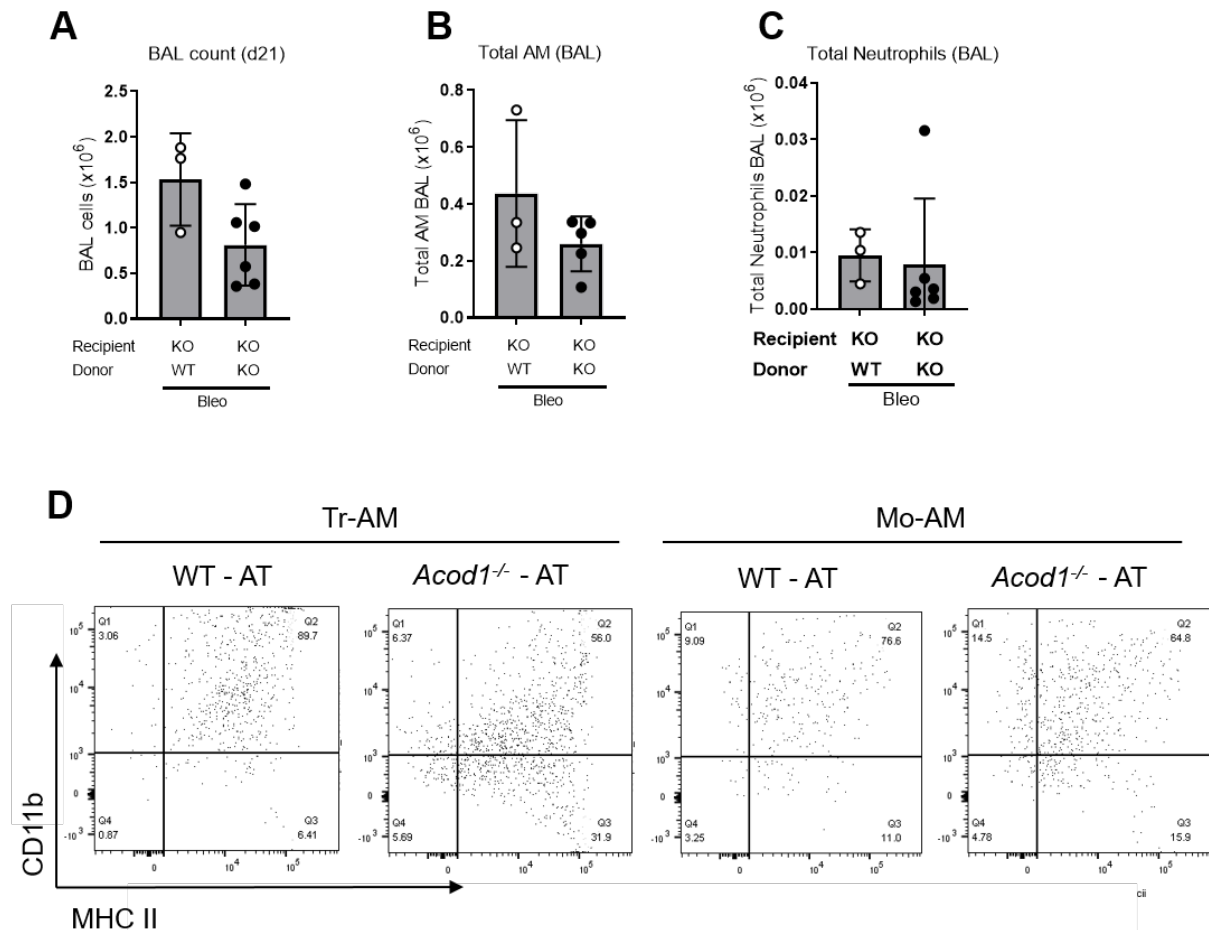
868

869 **Supplementary Figure 8: Pro-fibrotic genes are increased in Mo-AM compared**
870 **to Tr-AM after bleomycin exposure**

871 (A) Heat map representation of murine fibrosis gene array of sorted Tr-AM and Mo-
872 AM from WT and Acod1^{-/-} 7 days post bleomycin exposure (n = 4 for all groups). Data
873 shown as log₁₀ of $\Delta\Delta$ CT WT vs Acod1^{-/-} (B) Volcano plot highlighting differentially
874 expressed genes in WT Mo-AM vs Tr-AM at day 7 post bleomycin exposure. Genes

875 up-regulated are shown in red and those down-regulated in blue. (C) Table highlighting
 876 fold change of fibrosis related genes of samples in (A).

877



878

879 **Supplementary Figure 9: BAL cell composition and collagen gene expression**
 880 **post adoptive transfer.**

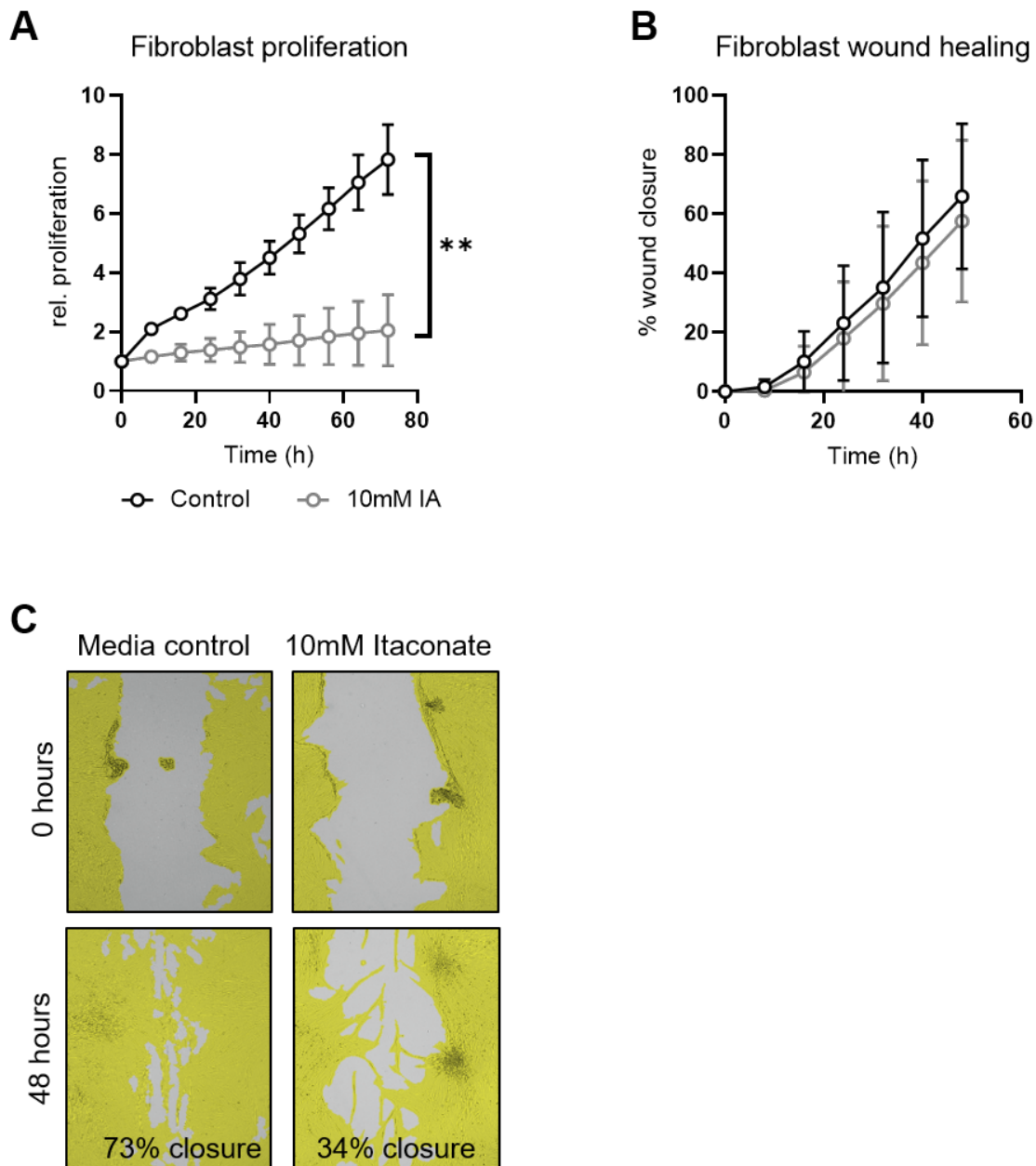
881 (A - C) Total BAL cells (A), numbers of BAL AMs (B) and BAL neutrophils (C) in PBS
 882 or Bleo dosed WT and *Acod1*^{-/-} mice at day 42; WT-AT n = 3, KO-AT n = 6. (D)
 883 Representative FACS plots of CD11b⁺/MHC II⁺ and CD11b⁻/MHC II⁻ Tr-AM and Mo-
 884 AM in BAL of *Acod1*^{-/-} mice after adoptive transfer of WT or *Acod1*^{-/-} Mo-AMs; day 21
 885 post bleomycin.

886 WT-AT = adoptive transfer of WT Mo-AMs into *Acod1*^{-/-} mice, KO-AT = adoptive

887 transfer of *Acod1*^{-/-} Mo-AM into *Acod1*^{-/-} mice. Data presented as mean ± S.D.;

888 Significance was tested by Mann-Whitney U test.

889

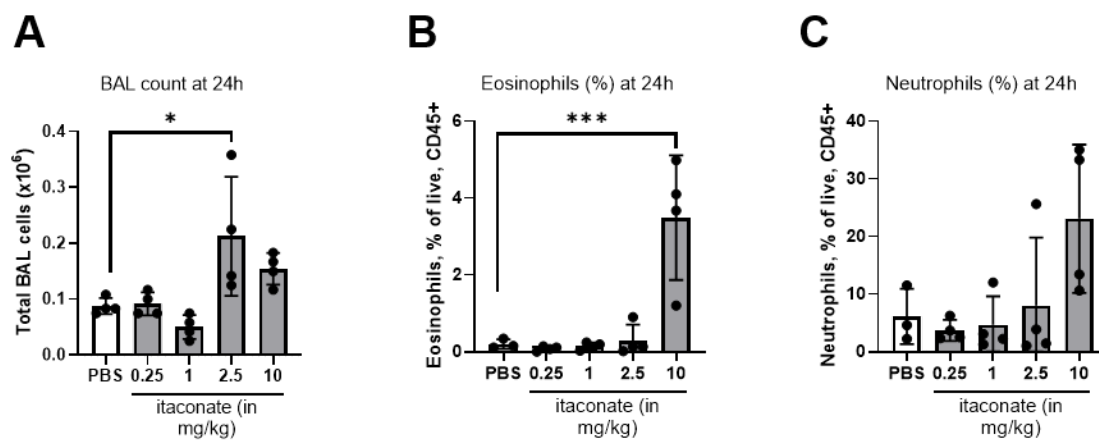


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891 **Supplementary Figure 10: Exogenous itaconate limits human lung fibroblast**

892 **wound healing**

893 (A) Proliferation rate of IPF (n = 3) human primary lung fibroblasts stimulated with
 894 10mM itaconate or vehicle control measured using the JULI Stage system. (B) Wound
 895 healing capacity of healthy (n = 3) human primary lung fibroblasts stimulated with
 896 10mM itaconate or vehicle control measured using the JuLI Stage system; (all groups
 897 n = 4). Two-tailed, unpaired t-test of area under the curve. (C) Representative images
 898 of fibroblast wound healing during stimulation with 10mM itaconate or vehicle control,
 899 acquired using the JULI stage system. Statistical significance tested by Mann-Whitney
 900 U test of area under the curve, ** $P < 0.01$.



901

902 **Supplementary Figure 11: Exogenous itaconate is anti-fibrotic**

903 (A-C) Total BAL count, percentage of eosinophils (B) and Percentage of neutrophils
 904 (C) of PBS or itaconate dosed mice (0.25-10 mg/kg, oropharyngeal), 24h post
 905 administration (n = 4 per group).

906 Data presented as mean \pm S.D.; Significance was tested by ordinary one-way ANOVA
 907 with Sidak's multiple comparison test, ** $P < 0.01$.

908

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1056 PPO, CML, TMM and AJB designed the study; PPO, GA, PG, SAW, PMcE, RH,
1057 BJO’S, JEP, EC, PS, SK, DCC, PLM and AJB carried out the work. RH, PLM, TMM
1058 consented patients and carried out bronchoscopies. All authors were involved in the
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1061 **Declaration of interests**

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