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# "THIS IS HOW WE DO IT": A DESCRIPTIVE ANALYSIS OF THE MUSICAL ELEMENTS AND THE BLACK CHURCH CULTURAL INFLUENCES IN ADOLPHUS HAILSTORK'S *I WILL LIFT UP MINE EYES: A CANTATA FOR TENOR, CHOIR, AND CHAMBER ORCHESTRA*

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### "THIS IS HOW WE DO IT":

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by

Alfonzo Cooper, Jr.

#### A DOCTORAL DOCUMENT

Presented to the Faculty of

The Graduate College at the University of Nebraska

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For the Degree of Doctor of Musical Arts

Major: Music

(Vocal Performance)

Under the Supervision of Professor William Shomos

Lincoln, Nebraska

November, 2020

#### "THIS IS HOW WE DO IT":

# A DESCRIPTIVE ANALYSIS OF THE MUSICAL ELEMENTS AND THE BLACK CHURCH CULTURAL INFLUENCES IN ADOLOPHUS HAILSTORK'S *I WILL LIFT UP MINE EYES: A CANTATA FOR TENOR, CHOIR, AND CHAMBER ORCHESTRA*

Alfonzo Cooper, Jr., D.M.A.

University of Nebraska, 2020

Advisor: William Shomos

This document analyzes Adolphus Hailstork's cantata, *I Will Lift Up Mine Eyes*, featuring text from Psalms 121, 13, and 23. The author contends that Hailstork uses cultural musical elements of the Black Church throughout the entire composition. Beginning with a brief biography of the composer, the author then provides a movement-by-movement examination of salient musical features and Black Church cultural traditions Hailstork employs to highlight the text of his selected psalms.

## DEDICATION

The entirety of this document is dedicated to my father, Alfonzo Cooper, Sr.

I hope that my journey and choices in life have made you proud. I love you and I always

will.

Junior

#### ACKNOWLEDGEMENTS

I would like to extend my gratitude to Dr. Adolphus Hailstork for his knowledge, wisdom, support, and insight. Dr. Hailstork's music is wonderful, and he is an equally generous person.

My Doctoral Committee including: Donna Harler-Smith, Dr. Alan Mattingly, and Dr. John Kalu Osiri for their individual assistance and encouragement throughout my graduate school experience. I have enjoyed getting to know them and share their knowledge in all things.

Dr. Leroy Bynum, Jr., Dean of the College of Music at Portland State University and my undergraduate voice teacher at Albany State University has offered much encouragement to pursue graduate and doctoral studies. I have enjoyed the many talks about opera and life and how they are related. Thank you to Dr. Shawn Puller for encouraging me to find joy "in the table work."

My utmost gratitude goes to Dr. William "Bill" Shomos, chairman of my committee, my major professor, voice teacher, and advisor. His confidence shown and guidance through the process of completing the program of study for the masters and doctoral degree, as well as this document has been most assuring and helpful. Thank you for reminding me to not let the "worksheets win."

A special thank you goes to a host of friends, family, and fraternity brothers (Phi Mu Alpha Sinfonia Fraternity and Kappa Alpha Psi Fraternity) whose confidence, dedication, encouragement, and support helped to make this pursuit a reality, with special attention to Rev. Evelyn Johnson-Ellis, Dr. and Mrs. Marcus and Jessica Simmons, Dr. Scott Rieker, Tanner Pfeiffer, Dr. Carlos B. Brown, Jason and Charlotte Duncan-Wagner, and the late Rev. Dr. Michael W. Combs.

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#### INTRODUCTION

The title of this document is "This is How We Do It". The title suggests—as it pertains to this document— that in the Black Church musical community, many things are done differently than other church cultures. This document will provide cultural explanation as it pertains to the music experienced by a person who has primarily attended church in the African American church community.

In *I Will Lift Up Mine Eyes*, Adolphus Hailstork writes music that has been influenced by and pays homage to the musical and cultural traditions of the African American church. Adolphus Hailstork is a living composer and scholar whose musical contributions include choral music, art song, opera, and instrumental genres. *I Will Lift Up Mine Eyes* is of interest to me because I find that the salient musical features pay homage to an ancestry and lineage of tradition and culture from the Black Church music community.

My analysis will examine how the music and text of Psalms 121, 13, and 23 work together. This study will break new ground by virtue of it being the first doctoral document concerning this work. My analysis of this sacred cantata, especially where I will give examples of stylistic influences from the music of the Black Church provide a genuine cultural perspective for those who wish to study and perform this work. The interpretation of this work and its music is solely this author's, unless otherwise cited.

The research methodology will lie primarily on a special focus of the musical elements derived from the African American church culture and how it has influenced the compositional makeup of this work. I will examine Hailstork's musical treatment, considering how the composer's compositional devices relate to the text and its influence from Black Church culture. This will be done by analyzing gestures and noted stylistic choices in the orchestra, vocal parts of both choir and tenor soloist. I will not attempt a full harmonic nor theoretical analysis of this piece but will reference harmonies and theoretical concepts when appropriate in my thesis. I will include pertinent correspondence from Adolphus Hailstork and music examples in support of the analysis.

In Chapter One I will present a brief biography of Adolphus Hailstork, outlining his life, compositions, musical styles and influences that shaped the composer. Chapters Two, Three, and Four will each provide a two-part discussion and analysis of Hailstork's use of text, music, and Black Church cultural elements. The conclusion will summarize and reflect upon the findings of my analysis.

#### CHAPTER ONE: BRIEF BIOGRAPHY OF ADOLPHUS HAILSTORK

Dr. Adolphus Cunningham Hailstork, III was born on April 17, 1941 in Rochester, New York. As a child he played violin, piano, and organ. Hailstork's musical talents were noticed by his high school orchestra director, and he was encouraged to compose music.<sup>1</sup> He received a Bachelor of Arts in Music Composition from Howard University, a historically black college in Washington D.C., in 1963. Hailstork earned a Master of Music degree from the Manhattan School of Music in New York in 1966. Hailstork completed his Ph.D. in Theory and Composition from Michigan State University in East Lansing, Michigan, in 1971.<sup>2</sup> Hailstork's primary teachers include H. Owen Reed, Vittorio Giannini, David Diamond, Nadia Boulanger, and Mark Fax.<sup>3</sup>

Hailstork taught on the music faculties at Michigan State University, Youngstown (Ohio) State University, and Norfolk State University. He currently serves on the music faculty at Old Dominion University in Norfolk, Virginia. Dr. Hailstork resides in Virginia Beach, Virginia where he continues to live, teach, and compose. In his spare time, he does his best to enjoy his life and attend concerts.<sup>4</sup>

Hailstork is an eclectic composer, and his compositional output consists of a number of different types of genres. Hailstork has made the effort to avoid being "pigeonholed" as a composer, which makes his musical style somewhat of a challenge to pinpoint. Though his choral and band pieces are probably his best-known works, he has

<sup>&</sup>lt;sup>1</sup> https://guides.lib.fsu.edu/c.php?g=353115&p=2383525

<sup>&</sup>lt;sup>2</sup> Doris Evans McGinty. "Hailstork, Adolphus"

<sup>&</sup>lt;sup>3</sup> https://www.presser.com/adolphus-hailstork?p=2

<sup>&</sup>lt;sup>4</sup> Doris Evans McGinty. "Hailstork, Adolphus"

written several symphonies, orchestral pieces, chamber works for various combinations. These include piano solos, organ music, and several song cycles.

Hailstork's instrumental works include: 2 Scherzos for Piano, Four Preludes for Harp, *Two Chant Mélodies for Organ*, and *Ignis Fatuus (Mysterious Fires) for Piano*. Choral Works include: *Break Forth*, *Done Made My Vow*, *Crispus Attucks-American Patriot*, *The Gift of the Magi*, *Songs of Innocence*, and *A Knee on the Neck*.<sup>5</sup> Orchestral works include: *An American Port Call*, *Essay for Strings*, *Fanfare on Amazing Grace*, *Lachrymosa:1919*, *Symphony No. 3*, and *Still Holding On* (Movement 1) from his symphony in progress.<sup>6</sup> Operatic works include: *Joshua's Boots*, *Paul Lawrence Dunbar: Common Ground*, and *Rise for Freedom: The John P. Parker Story*.

Rather than attempting to make broad generalizations about Hailstork's compositions, this document simply adds to the body of writing that already exists about his work. Hailstork has been frequently interviewed about his life, music, past, and present. He is often forgetful about what he may have said in past interviews, but he directs inquirers to resources where the answer to questions can be found.<sup>7</sup> Drawing on other's prior research and the author's personal interviews with Dr. Hailstork, this document considers his famous cantata, *I Will Lift Up Mine Eyes*.

<sup>&</sup>lt;sup>5</sup> https://hub.americanorchestras.org/2020/06/25/composer-adolphus-hailstork-to-write-requiem-cantata-for-george-floyd/

<sup>&</sup>lt;sup>6</sup> https://www.laphil.com/musicdb/pieces/4820/still-holding-on-world-premiere-la-phil-commission

<sup>&</sup>lt;sup>7</sup> Interview Question #1-See Appendix

#### CHAPTER TWO: MOVEMENT ONE-I WILL LIFT UP MINE EYES

#### PART ONE

The text of the first movement of Hailstork's cantata is taken from the 121st

Psalm, which concerns faith in God's protection. Hailstork's adaptation of the text uses verses 1, 2, a combination of verses 3 and 4, and verses 6 and 7. Hailstork chooses literal text instead of figurative, meaning he speaks about concrete things the singer and God will do, e.g. "I will lift up mine eyes," instead of relying on imagery, e.g. "the Lord is thy shade." He omits verses 5 and 8. (See adaptation chart).

Psalm 121: King James Version	Psalm 121: Hailstork's Adaptation
1 I will lift up mine eyes to the hills from	1 I will lift up mine eyes to the hills, to
whence cometh my help.	the hills, from whence cometh my help.
2 My help cometh from the Lord, which made heaven and earth.	2 My help cometh, surely cometh from the Lord, Maker of heaven and earth.
3 He will not suffer thy foot to be moved:	
he that keepeth thee will not slumber.	3/4 He will not suffer thy foot to be moved: He that keepeth thee will not
4 Behold, he that keepeth Israel shall	slumber nor sleep.
neither slumber nor sleep.	
5 The Lord is thy keeper: the Lord is thy shade upon thy right hand.	OMITS
6 The sun shall not smite thee by day, nor the moon by night.	6 The sun will not smite thee by day, nor the moon by night.
7 The Lord shall preserve thee from all evil: he shall preserve thy soul.	7 The Lord shall preserve thee from evil: the Lord shall preserve thy soul.

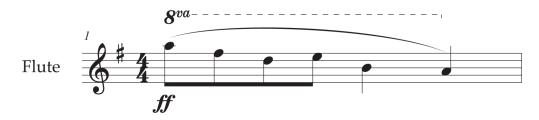
#### **Adaptation Comparison Chart**

Hailstork's cantata commences with a thunderous and joyously exciting introduction that prepares the listener for an adventurous aural journey using salient musical features to anticipate the text, including a stirring musical pick-up, the "God's protection" motive, syncopations, rising and falling motion, and non-diatonic harmony. The opening pick-up figure, played by the bassoon, trombone, viola, cello, and bass, is made up of four sixteenth notes that are tied to a half note. Although we don't hear it as such, this figure looks like four fingers and a thumb—for that reason, this musical figure will be called "The God's Hand" motive. (See Music Example 2.1, pick-up to m. 1).



Music Example 2.1

A rolling timpani in m.1 adds a robust quality. This explosive opening depicts the mighty and powerful nature of God, the creator of all things. A significant motive that first occurs in the flute in mm. 1–2 anticipates the important "How Long?" motive in Movement Two. (See Music Example 2.2)



Music Example 2.2

After being presented in the flute, this motive is imitated and extended by the bassoon and trombone, cello, and double bass. Another salient feature in the introduction is the use of syncopation. The steady quarter-note pulse in the lower strings, bassoons, and trombones represents the passing of time, while the syncopated upper strings, flute, horn, and trumpet represent the footsteps of the believer. As we are only in the introduction, there is no text to speak of, but it is interesting to consider the first line of the Psalm that the music is anticipating: "I will lift up mine eyes to the hills, from whence cometh my help." The music is presenting an unceasing sense of journey, but the speaker is standing still, looking at the hills. This tension between journey and stasis will appear throughout the entire work. (see Music Example 2.3)



#### Music Example 2.3

During the introduction, Hailstork musically paints "hills" in the score with a rising and falling motion distributed throughout the orchestra (flutes in mm. 1–2, bassoons mm. 3–5; and lower strings in mm 6–7). (See Music Example 2.4)



Music Example 2.4

As for harmony, Hailstork explores several non-diatonic passing chords. Within a key signature of G major, we find A major, F major, Eb major, and D major chords. This non-direct movement is a depiction of the wandering believer. The march-like tempo, the stentorian dynamic, and full texture of the introduction, all suggest the power and omnipotence of God.

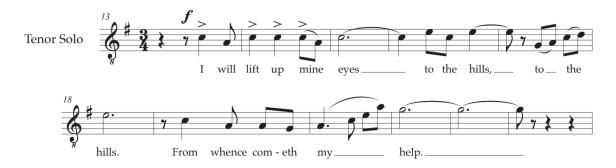
# I will lift up mine eyes to the hills, from whence cometh my help.

In this first vocal section, Hailstork illuminates the ideas of travel utilizing an ostinato, vocal melody, vocal-choral interaction, and harmony. A prominent ostinato is featured, which begins in m. 10 and lasts until m. 36 (See Music Example 2.5).



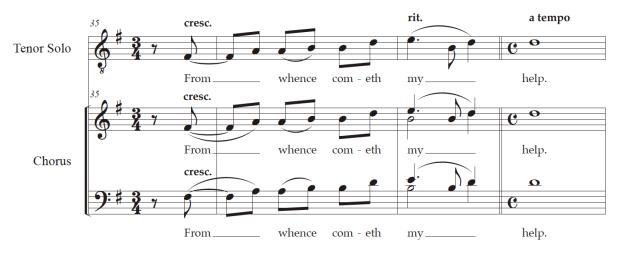
Music Example 2.5

The repeating rhythmic figure takes the form of a quarter-quarter-eighth-eighth rhythm, giving a strong sense of triple meter and certainty of the downbeat. This ostinato represents the traveler's refusal to give up and the difficulty of their journey. The ostinato contrasts the vocal line of the soloist to come—which is a representation of faith, illustrating the idea of continuous faith in God's protection, even during hard times. The first vocal entrance of the tenor begins in m. 13. Fragments of the underlining ostinato can be heard in the soloist line, "lift-up mine eyes" in m. 14. The soloist's rising vocal melody captures the essence of looking up to the hills in mm. 19–23 (See Music Example 2.6).



Music Example 2.6

The soloist and choir share characteristics of hymn-lining, the concept of call and response heard in the predominately black churches of the South. This will be expounded on further in part two of this chapter. The ostinato continues until the soloist and choir sing homorhythmically in mm. 35–38, which transitions to the next section of the movement. (See Music Example 2.7)



Music Example 2.7

Despite a G major key signature, this first vocal section is primarily in C major. Beginning in m. 31 both the melody of the soloist and the reiteration of choir are sung up a step in D major. The C- major to D-major steps represents the soloist lifting his eyes to the hills. This is supported in the orchestra with a strong gesture of D major in the low strings and C-sharp in the viola. (See Music Example 2.8)



Music Example 2.8





Music Example 2.9

#### My help cometh, surely cometh from the Lord, Maker of heaven and earth.

In this second vocal section, Hailstork captures the essence of a doubting person as they travel along life's journey in mm. 45–61. As is the case with the ideas of "wandering," there is no explicit suggestion of doubt mentioned in the text, but Hailstork implies doubt through the music itself. He does this by using the key of B minor. The dark key of B minor in this context serves as an emotional cloud for the one who has lost hope and faith. Especially coming out of C and D major, B minor casts a feeling of doubt on the light of the previous major keys. However, as the relative minor of D major, B minor remains within a comfortable and familiar tonal framework for the listener. The soloist begins in m. 46 with an introspective vocal line, portraying a person who understands from where their help comes. The ascending vocal line suggests the person is referencing the Almighty. Their help comes from the almighty God, which can be heard in the soaring flute in m. 45. (See Music Example 2.10)



Music Example 2.10

Hailstork musically illustrates the text "maker of heaven and earth" using descending and ascending melodic lines in the soloist and the choir. This falling and rising clearly represents images of hills and divine help coming from above. This is also portrayed in the octave between the soprano and tenor choral voices, which signify help from both heaven and earth. (See Music Examples 2.11)



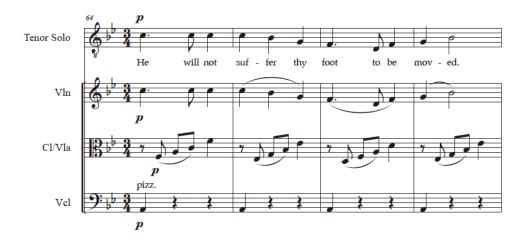
Music Example 2.11

The momentary doubt of B minor is now over. The texture of the accompaniment is much thinner at m. 53, with the winds, horn, and strings all played in their higher tessitura. Along with similar homorhythmic parts and emphasis on a steady beat, the accompaniment provides a sense of space and relief. After the introspection, at mm. 53–

54, the cello displays a "rolling" characteristic through m. 60 signifying clouds in the sky or the hill on earth. (See Music Example 2.11)

#### He will not suffer thy foot to be moved: He that keepeth thee will not slumber nor sleep.

A waltz–like quality in the third vocal section of the music moves into a flat-key tonality. The strong downbeat pulse in the bass and cello set the foundation of this dance. The pulse, in combination with the ascending line in both the viola and clarinet, provide a graceful sweep in this section. The gliding gesture combined with the steady rhythm in the soloist and violins create a musical partnership. This partnership can be seen in mm. 61–68. (See Music Example 2.12) The text of this section is one of assurance. The soloist proclaims for four bars of the gentle yet powerful nature of God, "He that will not suffer thy foot to be moved." This gentleness is then echoed lightly by the higher voices (sopranos and tenors) of the choir.



Music Example 2.12

Beginning at m. 69 the pace of the dance slows, but the volume increases, with full winds and the soloist joining the ensemble for a triumphant, full and broad moment. (See Music Example 2.13)



Music Example 2.13

This moment is a gathering of all believers proclaiming their faith in God who will never slumber nor sleep. This proclamation is underscored with the use of hemiola in mm. 71–73, momentarily elongating joyousness of the believers. (See Music 2.13) Measure 74 begins a four-bar transition as the clarinet and trumpet restate the melody of "He that keepeth thee." Meanwhile, the melody passes to the oboe and horn, played down a third. (See Music Example 2.14).



Music Example 2.14

Measure 78 marks the return of the ostinato heard in the first vocal section, with flourishes of the "I Will Lift Up" tune played by the flute and violin. (See Music Example 2.15)



Music Example 2.15

#### The sun will not smite thee by day nor the moon by night. The Lord shall preserve thee from evil. The Lord shall preserve thy soul. I will lift up mine eyes to the hills.

The fourth and final vocal section of this movement utilizes previous musical ideas. Beginning in m. 78, we hear the return of the ostinato, which continues until m. 93. (See Music Example 2.15) The soloist and choir join together one last time in this movement singing, "the sun will not smite thee by day, nor the moon by night." This C major section, the true key of the movement, is vibrant, grand, and brilliant. The combined singing of the soloist and choir, with the ostinato, create an image of power that might be representative of the sun. Though verse five of the text—which references the Lord as our shade— was omitted, Hailstork captures its essence by composing billowing figures in the orchestra (mm. 81–87) to suggest cloud cover shading the believer from the smiting of the sun and moon, or perhaps images of hills, from whence cometh his help. (See Music Example 2.16)



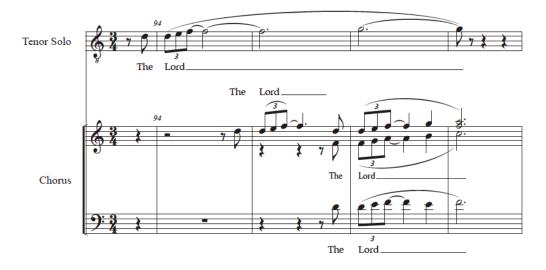
Music Example 2.16

In mm. 89–97, we again see the essences of hymn-lining with the soloist and choir. In mm. 87–93 there is a cascading bass harmony (See Music Example 2.17)



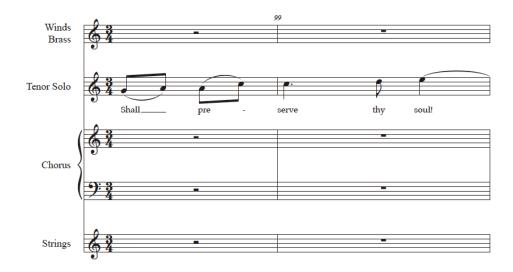
Music Example 2.17

The repetition of cascading, *forte* to *piano* planing triads (E-major, D-major, C-major) express a frenzied pacing prior to the realization of the core textual idea, presented in the following line: "Shall preserve thy soul." This descending bass line is echoed and inverted in the staggered entrances of the solo voice and the chorus in mm. 93–97. The vocal line rises where the bass line fell, leading further into the realization in m. 98. In. mm. 94–96, there are three iterations of the concept of God, which can represent the Holy Trinity. (See Music Example 2.18)



Music Example 2.18

On the first iteration from the soloist on the word, "Lord," Hailstork utilizes a triplet. The choral sopranos sing the second iteration on the word, "Lord," also on a triplet. The third iteration, also on a triplet, comes from the entire choir in m. 96. At mm. 98–99, for the very first time in the entire movement, there is no instrumental accompaniment highlighting the central idea of the movement. A clear unobscured tenor solo line answers the question, "from where does one's help come?" From the Lord who "shall preserve thy soul!" The word "soul", the climax of a 5-note ascending line is then held for the remainder of the movement, while the choir gives one last restatement of "I will lift up my eyes to the hills." The orchestra concludes with the ostinato, setting us up for the next stage of our journey in Movement Two. (See Music Example 2.19)



Music Example 2.19

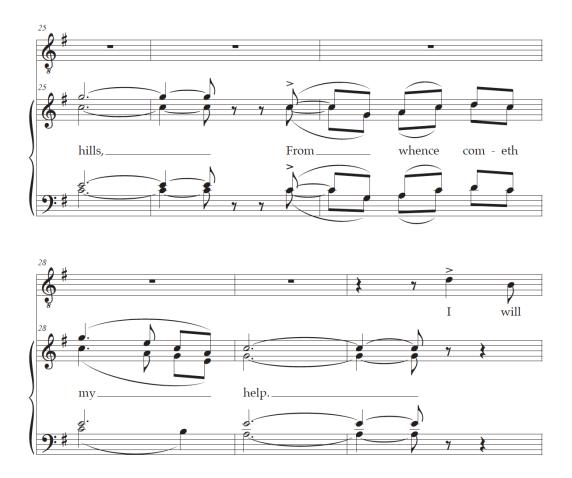
#### PART TWO

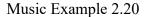
Growing up in Waynesboro, Georgia and attending a Black Baptist Church, I heard various styles of sacred music during worship on a given Sunday. Mostly gospel music would be offered. Occasionally, a hymn selection was rendered from the "mother of the church"—the matriarchal woman the congregation looked to as a spiritual role model and guide in the faith. Before her hymn was offered, there was a devotional period during which Scripture was read, a prayer was offered up, and there was an uplifting song to prepare the congregation for the rest of worship. This is where hymn-lining most often took place. Hymn-lining is the unaccompanied sacred singing in which a leader chants a line and the congregation sings that line in response.

During this devotional period of the service, two deacons or some other church official lead the congregation in a routine that features this hymn-lining tradition. The music is not written down, but has been passed through the oral tradition. In the black church a deacon chants each line and the congregation follows by repeating that line. The first movement of Hailstork's cantata utilizes this traditional call and response practice.

Hymn-lining can be done in one of two ways: 1) The deacon chants each line and the congregation repeats it. The deacon overlaps each congregational repetition with the next line of text, which the congregation then in turn repeats. The pattern continues until the hymn is completed; 2) The deacon recites the words to the selected hymn in its entirety, establishes a tune and meter by singing the first few notes, and the congregation then joins the deacon. Hailstork utilizes the first method. In this movement beginning in m. 13, the soloist sings the opening of the Psalm for ten measures. (See Music Example 2.20)







The chant ends in m. 23, and then the choir—representing the congregation—restates the same text and music, beginning in m. 22: "I will lift up mine eyes to the hills, from whence cometh my help." The choir's response ends in m. 30.

Another hymn-lining exchange can be heard in mm. 30–35. The soloist chants, "I will lift up mine eyes to the hills," and the choir immediately responds with the short phrase, "to the hills" in m. 35. (See Music Example 2.21)



Music Example 2.21

This is similar to the experience in the Black Church, where members of the congregation will interject with a shout of affirmation—like "Amen"—to the words of the preacher. Finally, they both join together with the text, "from whence cometh my help." Beginning in m. 46, the soloist chants, "My help cometh, sure cometh from the Lord, Maker of heaven and earth." The chant continues until m. 56, another ten-measure call-and-response hymn-lining that is parallel to the beginning of the movement. The choir responds with "Maker of heaven and earth" in mm. 57–60. From mm. 61–64, the soloist chants, "He will not suffer thy foot to be moved," and the choir responds with the same text from mm. 65–68. The soloist and choir join together from mm. 69–88. The last example of hymn-lining in Movement One occurs in mm. 88–97. The soloist chants,

"The Lord shall preserve thee from evil" with an immediate response from the choir: "The Lord shall preserve thee from evil."

Using the hymn-lining practice common in the Black Church, Hailstork introduces the deep roots of the everyday experience of African American churchgoers into the "classical" cantata genre.

#### CHAPTER THREE: MOVEMENT TWO-HOW LONG?

#### PART ONE

The text of the second movement of Hailstork's cantata is taken from Psalm 13, a

longed-for response from an omnipotent God by an eagerly waiting and frustrated

believer. Hailstork's adaptation freely alters and omits text from verses 1, 2, and 3. He

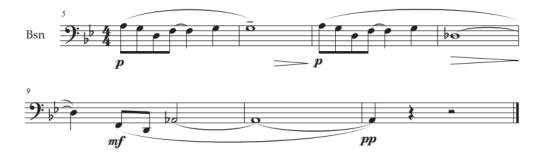
favors despondent text that evokes a loss of hope and courage. For this reason, he omits

the more triumphant verses 4, 5, and 6. (See adaptation chart).

Psalm 13: The New English Bible	Psalm 13: Hailstork's Adaptation
1 How long, O Lord, wilt thou quite forget me? How long wilt thou hide thy face from me?	1 How long, O Lord? How long? How long, O Lord, will Thou forget me? How long will Thou hide Thy face from me?
2 How long must I suffer anguish in my soul, grief in my heart, day and night? How long shall my enemy lord it over me?	2 How long? How long must I suffer anguish in my soul and grief in my heart?
3 Look now and answer me, O Lord my God. Give light to my eyes lest I sleep the sleep of death,	3 Look now and answer me, O Lord. Give light, O Lord, give light to my eyes, lest I sleep the sleep of death.
4 lest my adversary say, 'I have overthrown him', and my enemies rejoice at my downfall.	OMITS
5 But for my part I trust in thy true love. My heart shall rejoice, for thou hast set me free.	OMITS
	OMITS
6. I will sing to the Lord, who has granted all my desire.	

#### **Adaptation Comparison Chart**

The second movement features an eerie and haunting thirty-measure introduction that prepares the listener for a heart-wrenching experience in anticipation of the text. One of these features occurring throughout the movement is a haunting musical tune, the "How Long?" motive, which is first played by the bassoon in mm. 5–11. (See Music Example 3.1) Though not identical, this motive seems to have been anticipated by the motive in the flute referenced in Example 2.2 in Chapter 2.



Music Example 3.1

The movement's primary key of G minor is plaintive and haunting. This ghastly tonality depicts the weary nature of the character. Another conspicuous musical feature that precedes the first entrance of the "How Long" motive, and that pervades the entire thirty-measure introduction, is a tolling from the French horn. The tolling represents the dreadful passing of time. Given that the title of this movement is "How Long?" Hailstork further plays on the idea of "waiting," using meter shifts. Though the meters have a shared pulse value (the quarter note is the pulse), the addition of 2 beats in a different meter provides a sense of elongation. *Tenuto* marks capture the slow passing of time. The toll of the horn can represent the steps of the wanderer. (See Music Example 3.2).



Music Example 3.2

Opening with a wind trio of clarinet, bassoon, and horn, it is important to understand how each instrument represents a different emotion that is associated with the character. Emptiness is represented by the clarinet, which plays a single tone that can be described as "hollow." In the score, the clarinet part shows sustained long tones of visually "empty" whole and half notes. The bassoon's "How Long?" motive is associated with longing and the wandering of the mind when searching for answers. The shape of the bassoon's melody suggests the longing for peace and stillness of the mind. The line descends in nature, not finding relief, and a sharp cringing moment can be heard in m. 8 between the bassoon's D-flat and the horn and clarinet's D. The French horn's tolling represents a grief perhaps felt in one's heart after much time has passed waiting for the answer to the question, "How long?" (See Music Example 3.3)



Music Example 3.3

Hailstork then uses the string section to capture the idea of the moaning person. In mm. 12–16, Hailstork homorhythmically scores the "How Long?" motive heard previously in the bassoon at the opening of the movement. In m. 16, he adds a G-flat "blue" note to provide a sense of heaviness that is felt in the overall movement. (See Music Example 3.4)



Music Example 3.4

In mm. 17–24, Hailstork then uses the strings to act more independently, capturing the many emotions of the main character in the work, who will soon cry out, "How long?". The sighing-like contour of the first violin represents one who is exhausted from journeying and waiting. The dissonant intervals created by the second violin represent the unrest of one trying to find solace. The viola represents a subdued emotion as one grows faint. The rushing upward thrusts of the cello represent the anxiety of the one who grows impatient. The rise and fall of the double bass represent hopelessness. (See Music Example 3.5). This "Myriad of Emotions" texture depicts the many feelings of those who continue seeking answers to the question, "How Long?"



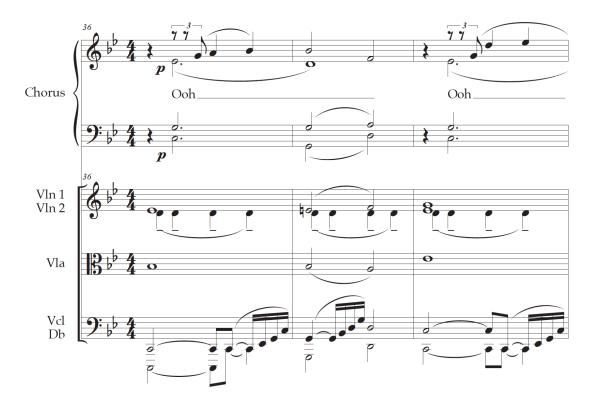
Music Example 3.5

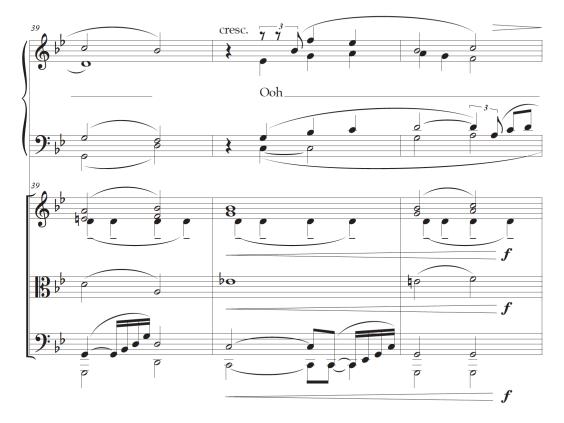
The strings also capture the heaviness felt by the main character. The strings are played in the warmest and most central parts of their registers. This creates a deeper color that can be interpreted as the weight felt by the character throughout this movement. However, Hailstork does not leave us with only weight and hopelessness. An important moment that offers gleaming hope is mm. 23–24. Hailstork uses a *forte subito piano* signifying the arrival of a hoped-for outcome, but one that is suddenly diminished by the character's past experiences. (See Music Example 3.6)



Music Example 3.6

In mm. 30–35 the choir hums the "How Long?" motive. In m. 34, the choir is joined by the strings in this motive. In m. 34, the strings incorporate the previous G-flat to reinforce the heaviness. The strings and choir share a moment of sadness— a mood shared with the wanderer. Then, beginning in m. 36, similar to mm. 17–24, Hailstork continues the "Myriad of Emotions" texture. However, the sigh-like contour of the first violin is now in the choral soprano line. The second violin now depicts the steps of the wanderer that were previously heard in the horn. The rapid thrust of the cello remains and is also depicted in the bass of the choir in m. 44. The hollow and empty feelings of depression can be heard in the viola and choral alto voice. (See Music Example 3.7) These emotions represent the many travelers, who are now growing weary and long for an answer to the question, "How Long?"





Music Example 3.7



Music Example 3.7

# How long, O Lord? How long? How long, O Lord, will Thou forget me? How long will Thou hide Thy face from me?

The entrance of the tenor in m. 47 marks the first sung text in this second movement. The tenor sings, "How long, O Lord" with the choir sustaining the tone syllable "ooh' for two and a half bars on a G- major chord, while the tenor outlines a G minor chord in mm. 49–50. The dissonance heard at the third of each chord—the B- natural of the choir and the B-flat in the tenor solo— represents the turmoil felt by the character. Finally, the strings and tolling horn are now heard in the clarinet, ending at m. 60. (See Music Example 3.8)



Music Example 3.8

In mm. 52–57, the choir continues singing "how long" on a variation of the "How Long" motive, joined in a unison on G flat with the strings at m. 56, similar to that of m. 34. Hailstork continues to depict the heavy and "blue" mood of the character and other travelers. (See Music Example 3.9)



Music Example 3.9

# How long? How long must I suffer anguish in my soul and grief in my heart?

In mm. 58–69, Hailstork again revisits the "Myriad of Emotions" texture, now intensified with additional layering by choir, and tenor soloist. The toll returns in the second violins, before being passed to the bassoon in mm. 67–68, representing the various shades of negative emotions. (See Music Example 3.10)



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Music Example 3.10

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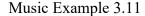
Music Example 3.10



Music Example 3.10

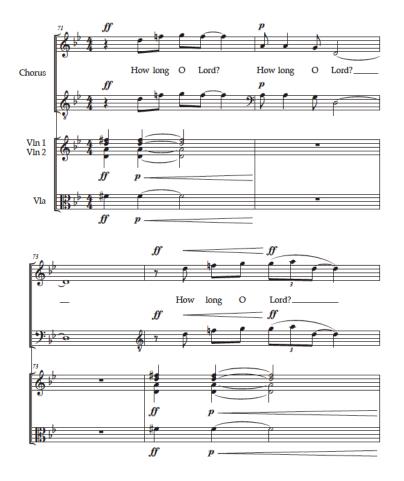
The soloist range in this passage also demonstrates the main character's temperament. The tenor is singing in the middle of his range, but there tends to be ascending motion as phrases come one after another. This shows the character approaching his breaking point as he continues to wait for a response. (See Music Example 3.11)





Look now and answer me, O Lord. Give light, O Lord, give light to my eyes, lest I sleep the sleep of death.

Hailstork uses dynamics and texture to capture emotional bursts that can represent the frustration of the main character, who still awaits a response to the question, "How Long?". In mm. 69–76, Hailstork scores a lingering *mezzo forte* in the orchestra that erupts into the choir and orchestra playing and singing at *fortissimo* in m. 71 a measure after the toll is heard in the trombone. The higher voices (soprano and tenor) repeat the question, "How Long?" This emotional and musical eruption immediately turns softer, suddenly *pianissimo*, and gives this portion a dramatic flair with the return of the toll in the horn. Now the soloist commands and pleads, as if demanding that God "look now and answer!". Hailstork repeats this same dynamic shift in mm.74–75. (See Music Example 3.12)



Music Example 3.12

Measures 76–88 mark the climactic portion of the movement. Hailstork captures this high point by scoring a somber and hushed *pianississimo* string section sustaining a C minor chord, representing the spent emotion of the character, while the tenor soloist climbs vocally to the top of his range and sings, "Give light to my eyes" while sustaining the "tenor High C"—the peak of most tenors' ranges. This moment symbolizes the "last resort." (See Music Example 3.13)



Music Example 3.13



Music Example 3.13

In. mm. 82–85, Hailstork uses the same dynamic shifts, but in reverse. The strings *decrescendo* from *piano* to *pianissimo* to represent the exhaustion of the character. The soloist has cried for light to his eyes. From there, he can only come down and experience his weariness in the face of death as he sings, "lest I sleep the sleep of death." (See Music Example 3.14)



Music Example 3.14

To further develop the question "How Long?" and the exhaustion and feelings of the character, Hailstork scores an improvisational section. The vocal outbursts of the improvisatory section reveal the frustration and agony that the character feels. (Part Two of this chapter will explore the inspiration and manner in which this is done in the Black

Church.) In mm. 89–101, Hailstork layers together this jazz and blues-like improvisational section with the choral sopranos, joined by the tenors, followed by the altos, and then the basses. When each voice part enters, it is provided with supporting harmony by the orchestra, and the vocal lines are often sung homorhythmically. (See Music Example 3.15)



Music Example 3.15

Hailstork adds two additional voices (a soprano and "chesty" alto) to assist the soloist in the improvisational section. Hailstork gives instructions to use the phrases, "How long, O Lord," "Answer me, O Lord," or "Give Light to my eyes, O Lord." The instruments during this section also add a layer of dramatic flair to this movement. Hailstork scores the upper strings, flute, clarinet, and bassoon in their uppermost range (See Music Example 3.16) in mm. 96–98. This represents the outburst of emotion felt by the character, but depicted through the instruments now, rather than the voices. By m. 102, the movement begins to calm, and the mood changes as Hailstork instructs the improvisation to cease.



Music Example 3.16

As a way to remind listeners of the promises of faith and God's care in all matters, there is a final choral response in a direct key change to C major at m.103 that brings back the text and the "I Will Lift Up" motive of Movement One, "I will lift up mine eyes to the hills, from whence cometh my help." This happens simultaneously with the tenor's final "How Long O Lord?" in mm. 103–108. This can be described as the moment that offers hope to the grief-filled person. (See Music Example 3.17)

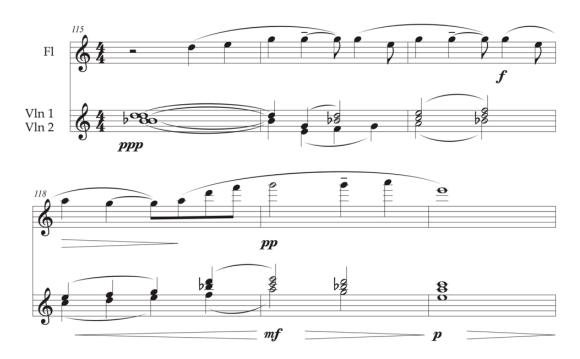


Music Example 3.17

The moment of music embodies the essence of verses 5 and 6 of Psalm 13, which

Hailstork omitted from the soloist's text:

But for my part I trust in thy true love. My heart shall rejoice, for thou hast set me free. I will sing to the Lord, who has granted all my desire. The playout, beginning in m. 109, features writing for winds and strings, just like the movement began. Now, however, the music offers a sense of hope, as if to answer the question, "How Long?" with the answer "Soon!" To underscore this, Hailstork scores a solo flute line beginning in m. 115 that features a variation of the "I will lift up mine eyes" melody heard in Movement One. (See Music Example 3.18)



Music Example 3.18

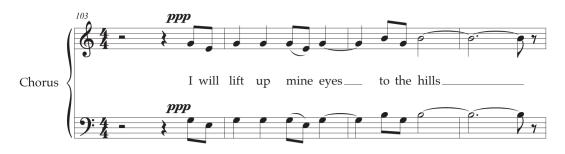
#### PART TWO

Church, as it is known through history, is a place of sanctuary. The church provides refuge, as well as a free and safe open space to express one's troubles and triumphs in life. This may be particularly embodied in the Black Church. The Black Baptist Church, for most Black communities, has been a place of relief and release for those who seek its sacred and solemn walls.

Growing up and attending a Black Church, I saw many single parents and families struggle with everyday living. Many of our church attendees could not afford food, had family issues, troubled children, and sickly elders in their family. The weight of their current situations seemed to consume them. I noticed whenever the sanctuary choir sang a song that spoke to their situation, an eruption of emotion—and everything that these church attendees were feeling and dealing with—was released in the form of improvised singing. This sort of emotional improvisation comes without directions, rules, or guidelines. Instead, it is pure, raw, experienced emotion birthed into a moment of song. WOW! It has been my experience, having attended other denominations of churches, that this only occurs in predominately Black churches.

In the second movement, Hailstork captures emotion born out of a struggle that is birthed into improvised singing. In mm. 92–102, Hailstork does not compose music (that is, he does not specify the notes or rhythms that the singers should sing) but leaves it to the tenor soloist and two additional soloists (a soprano and "chesty" alto) to make this moment happen. Hailstork gives very little instruction on how the singers should go about improvising. He says in the score, "Improvise in a mournful style choosing from: 'How long, O Lord,' 'Answer me, O Lord,' or 'Give light to my eyes, O Lord.'" With no clear direction on how to accomplish this section of the movement, Hailstork says in a recorded interview, "This section needs to be felt. If not, they shouldn't touch it."<sup>8</sup> Hailstork hints that, for this portion of the choral work to be successful, the singers should remember some emotion that is triggered from some hardship that can be translated to an authentic sound of a hurting and heaviness.

After witnessing and personally experiencing this phenomenon in the Black Church, the remarkable outcome is that the weight seems to be (at least partially) lifted after it is expressed in song. The current frustration, struggle, and weight of life (and all that it encompasses) are lifted from the person. It is the longed-for release, or—in this case—the longed-for response to the question, "How Long?". Hailstork captures this moment in mm.103–105 with a beautiful G major choral response after the improvisation of the soloist has ceased. (See Music Example 3.19)

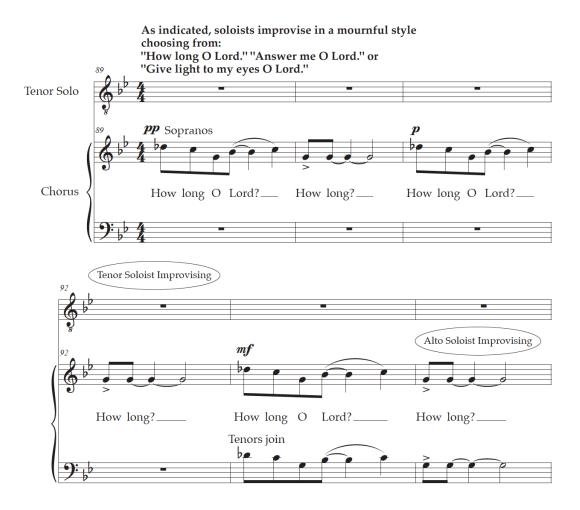


Music Example 3.19

The "Myriad of Emotions" texture found in this movement also has roots in the Gospel Choir tradition. Previously mentioned, this texture reflects that of the many

<sup>&</sup>lt;sup>8</sup> Interview with Hailstork. Instructions on how to approach the improvisatory section. See Appendix Question #5.

emotions felt by the character and others on the journey. It is not uncommon in the Black Church gospel choir to experience the many emotions of individuals of the choir. Their emotions are expressed physically and verbally before, during, or after a musical selection. It is common in the choir, as it is the congregation, that the choir share in the celebrating or emotional outpour from life's events—good or bad. The outpouring of emotions brings about running, jumping, rejoicing, dancing, crying, shouting, sobbing, and a perceived weakness of the physical body as a result. Hailstork captures the essence of this texture in mm. 89–102. (See Music Example 3.20) The improvising soprano, alto, and tenor soloists, the choir, and orchestra all serve as individual pieces that can be said to represent the many emotions experienced and expressed physically and verbally in a choir and congregation during a Black Church worship service.



Music Example 3.20

Improvisation in song during a church service as a result of some felt emotion good or bad—is common in the Black Church. Through music, Hailstork evokes human emotion, and it is then translated through an outpouring of improvisatory singing at the emotional climax of this movement. In this way, Hailstork injects a central aspect of the Black Church into the context of Western Art Music.

#### CHAPTER FOUR: MOVEMENT THREE-THE LORD IS MY SHEPHERD,

#### ALLELUIA

# PART ONE

The text of the final movement of Hailstork's cantata is taken from the 23<sup>rd</sup>

Psalm, which concerns the protection of God. Hailstork's adaptation uses all six verses of

the Psalm, but omits some text from verse 3 and adds the word Alleluia to begin and end

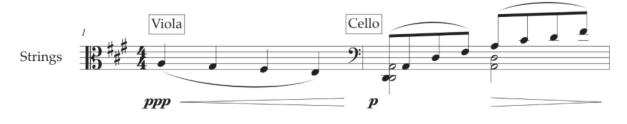
the movement. Finally, Hailstork returns to text of the first movement from Psalms 121 to

close the cantata. (See adaptation chart).

# **Adaptation Comparison Chart**

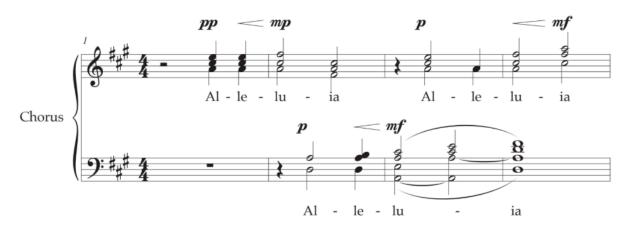
Psalm 23: The King James Version	Psalm 23: Hailstork' Adaptation
	Alleluia
1 The Lord is my shepherd; I shall not want.	1 The Lord is my shepherd; I shall not want.
2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.	2 He maketh me to lie down in green pastures: he leadeth me beside still waters.
3 He restoreth my soul: he leadeth me in the	3 He restoreth my soul.
<ul><li>paths of righteousness for his name's sake.</li><li>4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.</li></ul>	4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.
5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.	5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.
6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever.	6. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever.
	Psalm 121
	I will lift up mine eyes!
	Alleluia

The final movement in Hailstork's cantata offers a powerhouse resolution to the work. Utilizing a major tonality, the "God's protection" motive, the "steps of gladness" motive, tempo changes and three-part gospel choir style, the orchestra, choir, and soloist create an elegant and worshipful feel that celebrates God welcoming his followers home to Him in Heaven. The movement's key of A-major reinforces its spirited and jovial nature. This bright tonality depicts the joy and relief felt by the character who now is only steps away from the answer to the questions, "where does one look for help?" and "how long?" The three sharps comprising the key signature could represent the Holy Trinity. Another salient musical feature in this movement is the descending bass line with ascending eighth note ripples, which I will call the "steps of gladness" motive. (See Music Example 4.1).



Music Example 4.1

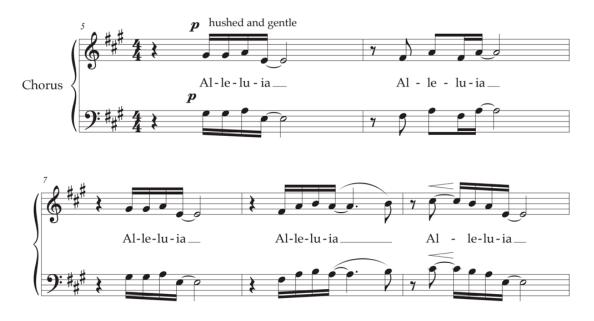
In mm. 1–30, the slow descending quarter-note bass line of the motive in the viola, coupled with the ascending eighth-note ripples in the cello, creates an image of the character's journey: a journey that descended into a place of questioning and despondency, and that now rises to a place of relief and joy. The choir opens the movement with a duet in three-part harmony, with occasional doubling at the octave.



This happens between the tenor/bass and soprano/alto voices. (See Music Example 4.2)

Music Example 4.2

The duet then transitions to unison singing on the word, "Alleluia" set to the "God's Hand" motive that was initially heard at the very beginning of the cantata. The motive is sung and varied in mm. 5–10. (See Music Example 4.3).



Music Example 4.3

#### The Lord is my shepherd, I shall not want. He maketh me to lie down in green pastures: He leadeth me beside still waters. He restoreth my soul.

In mm. 12–30, the soloist sings the third verse of the 23<sup>rd</sup> Psalm. The soloist is joined with the continued unison singing of "Alleluia" on the "God's Hand" motive from the choir and the descending and ascending lines of the "steps of gladness" motive in the viola and cello. Hailstork does not include any brass instruments, nor does he utilize any in these opening measures. By doing this, he captures the lightness and relief that one feels having experienced much grief and anxiety—as found in the second movement.

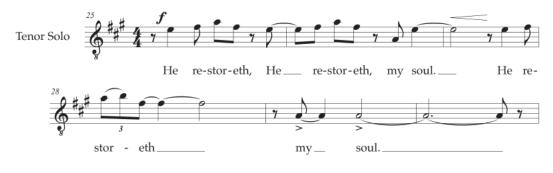
During this section, Hailstork includes supportive musical material in the winds, representing angels that "shepherd" those that have travelled and are close to the answers they seek. The soloist begins singing in m. 12. Hailstork shapes the solo line to acknowledge a Higher power. At every mention of "The Lord" or "He" the soloist's line ascends. (See Music Example 4.4)





Music Example 4.4

In. mm. 25–30 the soloist can be described as having found his strength. The soloist sings, "He restoreth my soul" in the upper tessitura of the tenor's range. (See Music Example 4.5)



Music Example 4.5

Hailstork accelerates the music to a more "animated" and faster tempo beginning at m.

31.

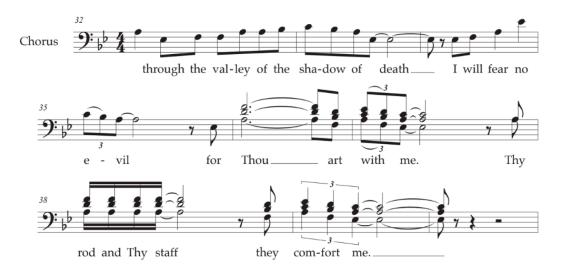
# Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies: Thou anointest my head with oil; my cup runneth over.

In mm. 31–44, the now upbeat and "animated" tempo, combined with the "steps of gladness" motive, gives this section a more spirited and energetic character. The motive under an *animato* marking begins a "groove" that is felt until the end of the movement. (In the second portion of this chapter, the term groove will be explored.) The "God's Hand" motive is shared among the clarinet, bassoon, and horn. These instruments, in the previous movement, took on a ghostly and haunting nature. They now sing of God's protection on an instrumentally expressed "Alleluia". (See Music Example 4.6)



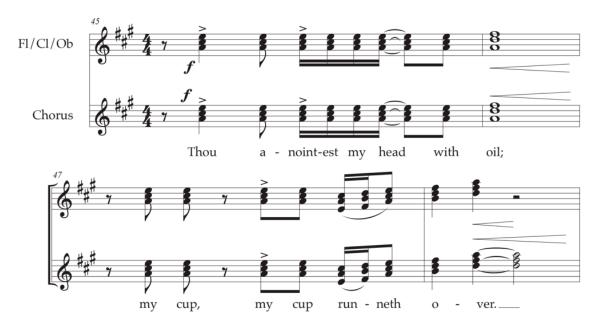
Music Example 4.6

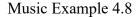
The sopranos and altos sing in three-part harmony on "Alleluia" and the tenors and basses sing verse four of the 23<sup>rd</sup> Psalm. In mm. 36–40 the tenors and basses sing in three-part harmony on "Thou art with me," as the soprano and alto did previously. The three-part harmony on the words "thou art with me" would suggest the covering of God's spirit with those seeking answers. (See Music Example 4.7)



Music Example 4.7

In mm. 40–48, the soprano and altos sing the fifth verse of the 23<sup>rd</sup> Psalm. The treble voices sing in unison until m. 45 then harmony on the words, "Thou anointest my head with oil." As stated previously about the lower voices, the same solidarity and unity can be heard in this moment. The three-part harmony of the trebles continues until m. 48. The sopranos and altos are doubled by the wind trio of the flute, oboe, and clarinet to add another layer of support, which adds to the dramatic flair of this section. (See Music Example 4.8)





#### Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever.

By mm. 49–56, the tempo has increased, making this section more exciting. Hailstork homorhythmically sets the music and text of the 6<sup>th</sup> verse—"Surely goodness and mercy shall follow me"— to be sung by the soloist and choir, and with each iteration of "Surely" reinforced by the doubling winds (excluding the bassoon), while upper strings double this entire text segment. (See Music Example 4.9)



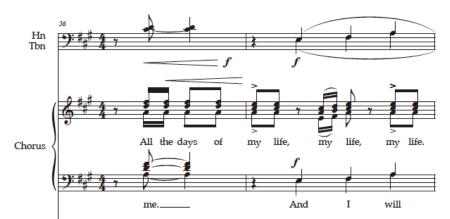
Music Example 4.9

In contrast, the bassoon, viola, and lower strings play a portion of the "steps of gladness" motive in mm. 47–49. (See Music Example 4.10) Hailstork repeats the same structure in mm. 53–56.



Music Example 4.10

In mm. 56–73, Hailstork scores a "special" section of polyphonic texture. The term "special" as it relates to the black church will be discussed in Part Two of this chapter. Hailstork combines the syncopated three-part gospel style of the treble voices with the smooth (indicated in the score) line of the lower voices. The treble voices sing the words, "all the days of my life" and repeat them in a syncopated fashion. This creates the image of anticipation of days to come or a long life ahead. The vocal line of the treble voices is doubled with the violins and violas. The tenor and bass portion of this special section represent climbing. The vocal line on "I will dwell" steps (climbs) up like stairs on their way to Heaven. (See Music Example 4.11)







Music Example 4.11





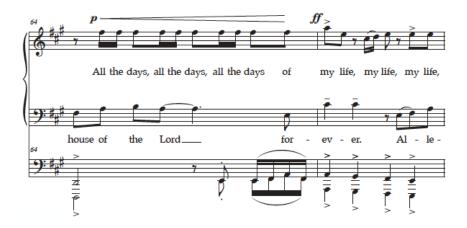
Music Example 4.11



Music Example 4.11

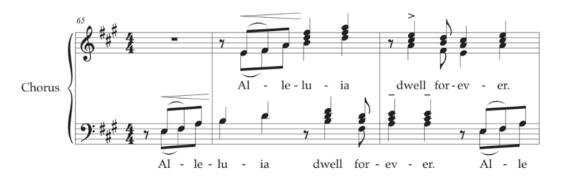
The vocal lines of the tenors and basses are doubled by the trombone and horn. This section rides polyphonically on top of the "steps of gladness" motive that is played by the bassoon, cello, and double bass. (See Music Example 4.12)





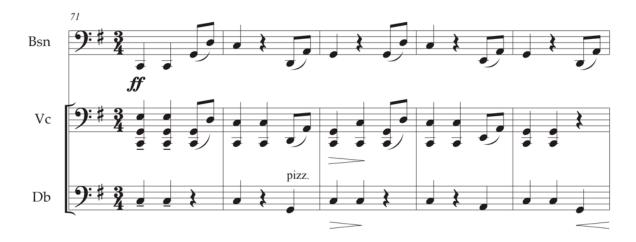
Music Example 4.12

These combined textures present a musical image of Heaven and earth. The earthly steps heard in the "steps of gladness" motive, and the smooth pacing of the lower voices, combined with the syncopated and flight-like three-part harmony of the treble voices as angels in Heaven, give a musical foreshadowing of the answer to the questions of "where does one look for help" and "how long?" that were ever-repeating in the first two movements. In mm. 65–70, Hailstork begins to re-introduce elements heard in previous movements. Hailstork brings back five measures of hymn-lining heard in movement one. The tenors and basses sing the text, "Alleluia, dwell forever," which is echoed by the treble voices in m. 66. This moment is particularly important because it brings about a significant transition back to how the entire work began. (See Music Example 4.13)



Music Example 4.13

Hailstork brings back several elements from movement one. On the down beat of m. 71 with a grand C-major chord (the true key of the first movement), Hailstork returns the prominent ostinato. The ostinato represents the unwavering faith of one who travels and refuses to give up in the face of adversity. (See Music Example 4.14).



Music Example 4.14

Hailstork also utilizes hymn-lining between the calling soloist and the responding choir in mm. 73–81. (See music Example 4.15)



Music Example 4.15

Hailstork borrows the similar musical gesture of his earlier text-painting of "hills" in movement one. (See Music Example 1.2 in Chapter 2). Hailstork scores a rising and falling motion that is disbursed throughout the orchestra (flutes in mm. 79–80, bassoons and lower strings in mm. 81–82). (See Music Example 4.16).



Music Example 4.16

In mm. 81–84, Hailstork uses syncopation just as he composed in the first movement. The steady quarter-note pulse in the lower strings, bassoons, and trombones represent the passing of time, while the syncopated upper strings, flute, horn, clarinet, and trumpet represent the footsteps of the believer who has journeyed and will soon arrive at the answer to the ceaseless questions. As we are nearing the end of the work, there is still no literal mention of journeying or travel. The music at this moment again represents a sense of journeying. There is no text. (See Music Example 4.17).



Music Example 4.17

Just like in movement one, Hailstork explores non-diatonic passing chords. In mm. 86– 90, within a key signature of G-major, we find D major, Eb major, and Bb major chords. The non-direct chords are one final nod to the wandering of the believer, who has—at long last—arrived at the answer to the recurring questions of, "where does one look for help" and "how long?" (See Music Example 4.18).



Music Example 4.18

# Alleluia

The final measures of Hailstork's cantata feature a sweeping and grand close to the three-movement work. Measures 91–94 feature a slow and majestic tempo where Hailstork now beckons listeners to the arrival of the answer to our questions. The "steps of gladness" motive serves as the driving foundation in the bassoon, double bass, and cello. The upper strings climb chromatically to give the arrival at Heaven or the Almighty: the answer to where one looks to help or "How long?" (See Music Example 4.19).



Music Example 4.19

The choir returns with held tones on the word, "Alleluia"—the highest praise—which is supported harmonically and musically outlined by the full ensemble. The soaring and sweeping nature of the flute, oboe, clarinet, horn, and trumpet represent the rays of a

golden sunlight that beam through the clouds of a welcoming heaven or the soaring angels that occupy it. This moment is the answer. (See Music Example 4.20).



Music Example 4.20

In mm. 95–99, Hailstork scores another moment that can be described as the character's journey that has been covered by God's hand. The "steps of gladness" and "God's Hand" motives are featured in the double bass and cello, as well as the choir on "Alleluia" in mm. 95–96. The vocal soloist's line beginning at m. 95 represents the entire journey of the character throughout the entire work. The vocal line, beginning on E-natural, ascends—representing the looking to the hills and the beginning of the journey experienced in movement one. The line then descends—representing the struggle and challenge of waiting on a response from the Almighty having suffered from anguish and grief experienced in movement two. The vocal line finally ascends again in the middle of m. 96—representing the victory experienced in this movement in having "completed" the journey. A second rendition of this vocal line (scored differently, but following the same outline) can be heard in mm. 97–99. (See Music Example 4.21).



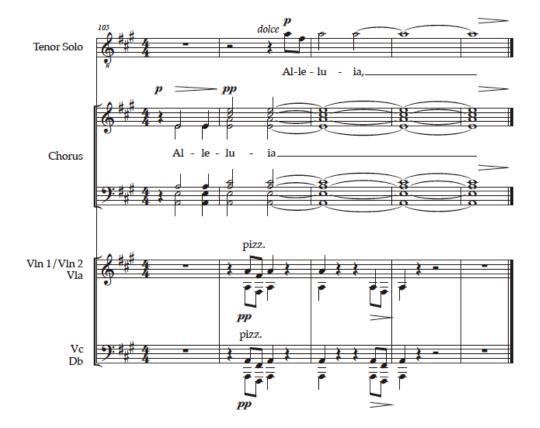
Music Example 4.21

In mm. 100–104, Hailstork scores a very soft *arco* dynamic in the strings with a *decrescendo* as the choir sings its penultimate, "Alleluia." The D minor seventh chord in m. 101 represents the essence of the phrase, "no more suffering on earth." The voicing of the minor seventh chord, spelled in perfect fifths by duetting voices in the bass and tenor and alto and soprano, provides a stable foundation to the ear and needs no resolution to give it a tranquil mood. The *decrescendo* into the D minor seventh on a *mezzo piano* can be described as previous experienced emotions vanishing away. This moment is without orchestration—all suffering, questioning, and wondering are now over. (See Music Example 4.22)



Music Example 4.22

With dissipating winds and brass and a quiet cadence, the choir returns with its last iteration of "Alleluia" on an A-major chord. Rather than ending the movement with a classic gospel "mic drop," Hailstork sets the tone with a calm *piano* reminder of the "I will lift" tune in the strings as the soloist soars into the vocal stratosphere on the last "Alleluia," as if guiding the listeners to feel lifted up and off to dwell in the House of the Lord. (See Music Example 4.23).



Music Example 4.23

### PART TWO

At church on Sundays where I grew up, you could expect many smiles from friends and family, many stylish "church crowns" (elaborate hats that were a point of pride for the wearers) worn on the heads by the women's auxiliary, the smell of a delightful prepared potluck for after the service, and good "down home singing" from the church choir. The sounds of the choir were uplifting and inviting to the passively sitting congregation. The choir's role was not only to provide music for worship service, but to actively engage the waiting congregation in the musical form of the service's preached sermon. An important characteristic of the gospel choir is to uplift through song while providing an inclusive and communal experience for all in attendance. The thunderous claps and singing from the choir allow the listener to briefly remove themselves from their current situation and focus on the inspiring words of the "Good News" proclaimed through song. Whether a high energy "toe-tapper" or an inspiring "tearjerker" gospel ballad, the songs of the gospel choir were delivered in a very powerful and personal way.

Gospel music in the Black Church pays homage to the musical characteristics of the African Diaspora. Many of the musical traditions in the Black Church have traces of African culture. These include traditions like congregational singing, call and response, three-part harmony, the inclusion of swaying and clapping, and the addition of percussion instruments to provide tempo, and syncopated and "groovy" singing, which are all found in the current setting of the Black Church gospel choir. Hailstork uses some of these traditions in the third movement. In the third movement, Hailstork captures the congregational singing as it can be heard in the Black Church. In mm. 5–13, the full choir sings "Alleluia" on the "God's protection" motive. This can be described as the communal and inclusive nature of congregational unison singing. Hailstork also uses instruments of the ensemble that seem to "sing" in unison. This can be heard in mm. 31–56, primarily in the wind instruments. Hailstork utilizes call and response (refer to Chapter One on hymn-lining) in this movement as well. Beginning in m. 65, the tenor and bass voices initiate the call and response on the word "Alleluia." The treble voices immediately respond in the same structure and pattern after the lower voices. Gospel choirs in the Black Church primarily sing in three-part harmony. In the third movement, much of the harmony in the choir is in three parts. In some instances, a note is doubled, but there are three pitches that make the harmony. Examples of this are in mm. 36–40 in the tenor and bass voices, mm. 45–48 in the treble voices, and the full choir in mm. 49–56. (Refer to Music Example 4.11)

Gospel choir singing preparation is arguably one of the most difficult, but exciting, types of singing. As an actively engaged singer of gospel music, I find the most exciting part of any gospel song to be what is called the "special" or the "vamp." This is the part of the song that is often repeated or "vamped" because there is special message that needs to be reiterated. Hailstork captures the "special" of this movement in a very high energy, and syncopated way. As mentioned above, the "special" begins in m. 56. The treble voices repeat the short phrase, "All the days of my life, I will dwell." This is done in a highly syncopated and accented way. The lower voices offer a countermelody, with a very smooth (as indicated in the score) and linear approach on the text, "And I will dwell in the House of the Lord forever." (Refer to Music Example 4.12) The "special" in the Black Church is often the catchiest and most memorable portion of any song; the part of the song that people will walk out of church singing to themselves. In my experience, it is the "special" of a gospel song, rather than any particular melody, that makes people "light-up" with joy and excitement, and remember and repeat. They remember how that particular portion of the song felt and the bodily response that it gave them. Hailstork ends the special in m. 65, right before he uses the call and response characteristic mentioned previously.

Having a gospel choir in the Black Church is essential, especially when the choir is rooted and trained in the traditions of gospel singing. Hailstork mentioned in an interview to me about growing up in an Episcopal church as a boy soprano. There he experienced more of the Anglican choral tradition. However, his roots and heritage as an African American always led him back to the music of the slaves and their cornfield ditties, spirituals, and gospel music. It is Hailstork's heritage as an African American that influenced his writing style.

#### CONCLUSION

Unique in its own right, this cantata is a masterpiece and will stand the test of time, as many will approach, study and perform it. After a brief introduction to this work in 2011, and now having spent two years exploring its musical depths, I would like to reflect on Hailstork's incorporation of his African American heritage to capture the essence of a predominately African American church worship service. To understand Hailstork's adaptation of this work, it is essential to understand that Hailstork is a believer and chooses religious texts that reflect his belief in the literal person of God and His Omnipotence.

In Movement One, Hailstork utilizes a specific method of call and response used in the Black Church of the rural South, called "hymn-lining." By doing this, Hailstork acknowledges his heritage in a culture that derives from an aural and oral history. Using the hymn-lining practice common in the Black Church, Hailstork introduces the deeply rooted, everyday experience of the African American churchgoer into the "classical" cantata genre.

In Movement Two, Hailstork utilizes improvisation. He is able to evoke human emotion through music, translated through improvisatory singing. Improvisation in song during a church services as a result of an emotion—good or bad—is common in predominately African American churches. By incorporating it into *I Will Lift Up Mine Eyes*, Hailstork introduces another important aspect of the Black Church into the context of Western Classical music.

In Movement Three, Hailstork captures and incorporates different musical styles that pay homage to the Black Church gospel choir. He includes three-part singing harmony, syncopated vocal lines, and a catchy, vamped "special" that many in the Black Church would remember after they leave church on a Sunday. Capturing the essence of a gospel choir in the Black Church, Hailstork truly wishes to acknowledge his roots.

Adolphus Hailstork has offered many compositions to the world of music. Hailstork uses *I Will Lift Up Mine Eyes* to translate his experience and create a greater, wider understanding of the Black Church experience, its music, and its culture. One area for future exploration is the notion of Black Church musical culture and its connection to African dance culture.<sup>9</sup> In connecting my analysis with the scholarly writings of Stevenson, Adegbite, Monteiro, and Wall, one may be able to further explore the significance of the Black Church rooted in African culture.

Hailstork not only addresses the needs of people through a collaboration of faith and music; he marries biblical themes, faith, spirituality, and music to probe cultural experiences of the world. He also allows his faith and spirituality to inform his writing by composing moments that capture the essence of un-used text. It is through his compositions that Hailstork seeks to make the Black musical tradition one of importance to the academic and intellectual world. By incorporating his African American heritage into *I Will Lift Up Mine Eyes*, Hailstork does just that.

<sup>&</sup>lt;sup>9</sup> Stevenson, Ashely. "Soul and Spirit: Cultural Healing Practices and the Roots of Dance/Movement Therapy."

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### APPENDIX

Interview Questions and Responses (Phone)

- Question: Dr. Hailstork with such a demand from people about your works, I am interested to know how you remember all of them? Answer: I don't. I have gotten older and I have forgotten much of what I have written. It comes with age, as you will learn one day.
- 2. Question: Dr. Hailstork, can you talk about this special motif you have? I am calling it the "God's Hand motive". This grouping of notes that go up a 2<sup>nd</sup> and down a 4<sup>th</sup>. Answer: Yes, you nailed it. The unifying motive for the entire work is up a 2<sup>nd</sup> and down a 4<sup>th</sup>. Why are you calling it God's hand? Response: With all of the underlying themes and other religious and spirituality themes, I find it, just looking at it on paper, it looks like a hand (fingers and a thumb). It just made sense. Response: I think that is appropriate for what you are trying to do.
- 3. Question: Dr. Hailstork, you include this call and response method that I am familiar with in the first movement. You have the soloist start the chant and the choir responds. I recognize this from a tradition down south called hymn-lining or devotional service. Can you speak to this? **Answer**: I am familiar with that style. Yes, this was an intention. A little insight, I wrote this movement originally as a solo song, but for a concert that featuring all Hailstork pieces, I choice to re-write it as a solo song with choir.

- 4. Question: In movement two, can you talk about mm. 1-30 introduction? Answer: I wanted to capture a spirit of loneliness, grief, and anguish. This portion can be thought about like people in slavery or someone who is really grieving or seeking answers. Have you ever taken a deeper look at Psalm 13? I wanted to capture the pain the speaker of the psalm is feeling so that the listener could hear it as well. I composed this mini-overture like sections (for this movement) to give life to this work. My goal was also to use these beginning measures as an emotional generator for the soloist who has a big job in this movement.
- 5. Question: In the second movement you allow two singers an opportunity to improvise at will. You give them what to say, but not how they should say it. Any guidance for them? Answer: I will answer your question this way. If they are not familiar with the style of improvising or have no experience, THEY SHOULDN'T TOUCH IT!
- 6. Question: If they don't have experience, then what do they do? Answer:Have them to sing the given text as soulful as possible. Maybe on an "ah" or"oh" as long as it is in the key (diatonic) and it fits.
- 7. Question: Dr. Hailstork can you talk about the alleluia in movement three. I see what I am calling the God's hand motive throughout it. Answer: I like your God's Hand motive. The four syllables of alleluia fit the motive I have composed. Something interesting I think to know is that though "lu" is the penultimate stressed syllable of alleluia, I intentionally did not want to stress "lu" in any way until the end where the choir has a really nice color chord on

"lu" and when the soloist sings "lu" on the down beat of the last three measures of the entire work.