

1 **TITLE:**

2 Design and Implementation of a Bespoke Robotic Manipulator for Extra-corporeal Ultrasound

3

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31 **KEYWORDS:**

32 Medical robot, robotic ultrasound, extra-corporeal ultrasound, robot design, mechanism design,
33 linkages and manipulators, robot safety, 3D-printing, rapid prototyping.

34

35 **SUMMARY:**

36 This paper introduces the design and implementation of a bespoke robotic manipulator for extra-
37 corporeal ultrasound examination. The system has five degrees-of-freedom with lightweight
38 joints made by 3D printing and a mechanical clutch for safety management.

39

40 **ABSTRACT:**

41 With the potential for high precision, dexterity, and repeatability, a self-tracked robotic system

42 can be employed to assist the acquisition of real-time ultrasound. However, limited numbers of
43 robots designed for extra-corporeal ultrasound have been successfully translated into clinical use.
44 In our study, we aim to build a bespoke robotic manipulator for extra-corporeal ultrasound
45 examination, which is lightweight and has a small footprint. The robot is formed of five specially-
46 shaped links and custom-made joint mechanisms for probe manipulation to cover the necessary
47 range of motion with redundant degrees-of-freedom to ensure patient safety. The mechanical
48 safety is emphasized with a clutch mechanism to limit the force applied to patients. As a result
49 of the design, the total weight of the manipulator is less than 2 kg and the length of the
50 manipulator is about 25 cm. The design has been implemented, and simulation, phantom and
51 volunteer studies performed, to validate the range of motion, ability to make fine adjustments,
52 mechanical reliability, and safe operation of the clutch. This paper details the design and
53 implementation of the bespoke robotic ultrasound manipulator with the design and assembly
54 methods illustrated. Testing results to demonstrate the design features and clinical experience
55 of using the system are presented. It is concluded that the current proposed robotic manipulator
56 meets the requirements as a bespoke system for extra-corporeal ultrasound examination and
57 has great potential to be translated into clinical use.

58

59 **INTRODUCTION:**

60 An extra-corporeal robotic ultrasound (US) system refers to the configuration in which a robotic
61 system is utilized to hold and manipulate an US probe for external examinations, including use in
62 cardiac, vascular, obstetric, and general abdominal imaging¹. The use of such a robotic system is
63 motivated by the challenges of manually holding and manipulating a US probe: e.g. the challenge
64 of finding standard US views required by clinical imaging protocols and the risk of repetitive strain
65 injury²⁻⁴, and also by the needs of US screening programs: e.g. the requirement for experienced
66 sonographers to be on-site^{5,6}. With emphases on different functionalities and target anatomies,
67 several robotic US systems, as reviewed in the works^{1,7,8}, have been introduced since the 1990s
68 to improve different aspects of US examination: e.g. long-distance tele-operation⁹⁻¹², as well as
69 robot-operator interaction and automatic control^{13,14}. In addition to the robotic US systems used
70 for diagnostic purpose, robotic high intensity focused ultrasound (HIFU) systems for treatment
71 purposes have been widely investigated as summarized in¹, with some of the recent works such
72 as^{15,16} reported for the latest progress.

73

74 Although several robotic US systems have been developed with relatively reliable technologies
75 for control and clinical operation, only a few of them have been successfully translated into
76 clinical use, such as the commercially-available system from¹⁷. One possible reason is the low
77 level of acceptance for large-size industrial-looking robots working in a clinical environment, from
78 the point of view of both patients and sonographers. Additionally, for safety management, the
79 majority of the existing US robots rely on force sensors to monitor and control the applied
80 pressure to the US probe, while more fundamental mechanical safety mechanisms to limit the
81 force passively are usually not available. This may also cause concerns when translating into
82 clinical use as the safety of robot operation would be purely dependent on electrical systems and
83 software logic.

84

85 With the recent advancements of 3D printing techniques, specially-shaped plastic links with
86 custom-made joint mechanisms could provide a new opportunity for developing bespoke
87 medical robots. Carefully designed lightweight components with a compact appearance could
88 improve the clinical acceptance. Specifically for US examination, a bespoke medical robot aimed
89 to be translated into clinical use should be compact, with enough degrees-of-freedom (DOFs) and
90 range of motion to cover the region of interest of a scan; for example, the abdominal surface
91 including both the top and sides of the belly. Additionally, the robot should also incorporate the
92 ability to do fine adjustments of the US probe in a local area, when trying to optimize an US view.
93 This usually includes tilting movements of the probe within a certain range as suggested in^{18,19}.
94 To further address the safety concerns, it is expected that the system should have passive
95 mechanical safety features which are independent of electrical systems and software logic.

96
97 In this paper, we present the detailed design and assembly method of a 5-DOF dexterous robotic
98 manipulator, which is used as the key component of an extra-corporeal robotic US system. The
99 manipulator consists of several lightweight 3D-printable links, custom-made joint mechanisms,
100 and a built-in safety clutch. The specific arrangement of DOFs provides full flexibility for probe
101 adjustments, allowing easy and safe operation in a small area without colliding with the patient.
102 The proposed multi-DOF manipulator aims to work as the main component that is in contact with
103 patients and it can be simply attached to any conventional 3-DOF global positioning mechanism
104 to form a complete US robot with fully active DOFs to perform an US scan.

105 106 **PROTOCOL:**

107
108 1. Print all the links (L_0 , L_1 , L_2 , L_3 , and L_4) and the end-effector as shown in **Figure 1** with ABS
109 (acrylonitrile butadiene styrene) plastic, PLA (polylactic Acid) plastic, or Nylon using a 3D printing
110 service. Use the STL files provided in the supplementary materials when printing.

111
112 Note: changes in shape and scale of each part can be made based on the provided files. The inner
113 profile of the end-effector can be changed to fit different US probes.

114
115 2. Print all the required additional components as shown in **Figure 2** in Nylon using a 3D printing
116 service. Refer to the material list for the required number of each component. Use the STL files
117 provided in the supplementary materials when printing.

118
119 3. Polish all the printed plastic parts with polishing tools if necessary. Remove supporting
120 materials left from 3D printing if necessary.

121
122 Note: some structures in the provided end-effector design are for a force sensor, which is not a
123 part of the current reported protocol and will not be used for the assembly. The force sensor
124 design concept has been reported in previous work²⁰, thus it is not covered in this paper.

125
126 3. Assembly of Joint 1 (J_1) based on **Figure 3:**

127
128 3.1. Place the four small geared stepper motors (with 20-teeth spur gears attached) into the

129 mounting cavities of L_0 and mount them with screws.

130

131 3.2. Place the two 37 mm O.D bearings into the bearing housings of L_0 and secure the 120-teeth
132 spur gear (Type A) onto the hexagon key of L_1 .

133

134 3.3. Insert the shaft on L_1 into the shaft hole on L_0 with the four small driving spur gears and the
135 large driven spur gear engaged and assemble the shaft collar to secure and retain the shaft.

136

137 4. Assembly of Joint 2 (J_2) based on **Figure 4:**

138

139 4.1 Place the four small geared stepper motors (with 20-teeth spur gears attached) into the
140 mounting cavities of L_1 and mount them with screws.

141

142 4.2. Attach the two 120-teeth spur gears (Type B) to the two 37 mm O.D bearings and position
143 them into the gear cavities of L_1 , with the 120-teeth spur gear (Type B) engaged with the 20-teeth
144 spur gears mounted on the motors.

145

146 4.3. Insert the four ball-spring pairs into the clutch holes in L_2 with the two round clutch covers
147 pushing the spring into the clutch mechanism for pre-loading.

148

149 4.4. Insert the shaft (e.g. an M6 bolt with a nut) into the bores of L_1 and L_2 with the two joints
150 properly aligned and place the two 12 mm O.D bearings into the bearing housings of L_2 .

151

152 5. Assembly of Joint 3 (J_3) based on **Figure 5:**

153

154 5.1. Place the two small geared stepper motors (with 20-teeth spur gears attached) into the
155 mounting cavities of L_2 and mount them with screws.

156

157 5.2. Place the 37 mm O.D bearing into the bearing housing of the 120-teeth spur gear (Type C)
158 and place the 32 mm O.D bearing into the bearing housing of L_3 .

159

160 5.3. Secure the large spur gear into the hexagon keyhole of L_3 (additional screws can be used if
161 necessary) and insert the shaft on L_2 into the bores on the large spur gear and L_3 , with the small
162 and the large spur gears engaged. Ensure the driven large spur gear rotates freely on the 37 mm
163 O.D bearing and L_3 rotates freely on the 32 mm O.D bearing.

164

165 6. Assembly of Joint 4 (J_4) based on **Figure 6:**

166

167 6.1. Place the two small geared stepper motors into the mounting cavities of L_3 and mount them
168 with screws. Place the 8 mm O.D bearings into the bearing housings of L_4 .

169

170 6.2. Mount the 20-teeth long spur gear onto the two small stepper motors and insert the shaft
171 into the shaft hole of L_3 and L_4 after the two links are aligned (e.g. using an M5 bolt with a nut).
172 Ensure the built-in driven gear structure on L_4 mates with the 20-teeth long spur gear.

173

174 7. Assembly of Joint 5 (J_5) based on **Figure 7**:

175

176 7.1. Place the two small geared stepper motors (with 18-teeth bevel gears attached) into the
177 mounting cavities of L_4 and mount them with screws.

178

179 7.2. Position the driving 144-teeth bevel gear onto the extrusion of L_4 with its bottom gear part
180 engaged with the two driving small bevel gears.

181

182 7.3. Insert the end-effector into the keyway of the large bevel gear and vertically position the
183 end-effector with the end-effector collar screwed onto it. Ensure the end-effector collar, rotating
184 on the top round surface of L_4 , holds and positions the end-effector vertically.

185

186 **REPRESENTATIVE RESULTS:**

187 Following the protocol, the resulting system is a robotic manipulator with five specially-shaped
188 links (L_0 to L_4) and five revolute joints (J_1 to J_5) for moving, holding and locally tilting an US probe
189 (**Figure 8**). The top rotation joint (J_1), with gear mechanisms actuated by four motors, can rotate
190 the following structures 360 degrees to allow the US probe to point towards different sides of
191 the scanning area, such as the top, bottom, and sides of the abdomen. The main tilting joint (J_2),
192 with gear mechanisms actuated by four motors, is used to tilt down the probe to align with the
193 surface of the scanning area. As this joint is also crucial to the force management, a mechanical
194 clutch with balls, springs, and detent holes was incorporated. The last three orthogonal revolute
195 joints (J_3 , J_4 , and J_5), with gear mechanisms actuated by two motors each, are used to control the
196 tilting and axial rotation of the probe, allowing fine adjustments of the probe in a local area. The
197 last revolute joint J_5 also allows the mounting of an US probe in a specially-shaped end-effector.
198 The total weight and length of the proposed robotic manipulator, which is the only structure
199 usually on top of the patient's body, are less than 2 kg and 25 cm. The resulting design is such
200 that a large range of probe positions can be reached with only small movements of the remaining
201 global positioning mechanism when using the proposed robotic US manipulator. Considering just
202 the proposed manipulator on its own, the probe can be rotated axially to any angle, tilted to
203 follow a surface angled between 0 and 110 degrees to the horizontal in any direction, and
204 positioned within a circle of diameter 360 mm. Additionally, the revolute joints J_3 and J_4 provide
205 a tilting angle in the range -180 to 180 degrees and -30 to 45 degrees, respectively in two
206 directions, which is used for local fine adjustments of the US probe. The ranges of movements
207 and tilting angles meet the required ranges for obtaining an ideal acoustic window for US
208 examinations as suggested in^{18,19}. The technical details of the proposed robotic manipulator are
209 summarized in Table 1 (Denavit–Hartenberg parameters and joint specifications) based on the
210 coordinate definitions shown in **Figure 8**. The estimated cost of the system is 500 GBP based on
211 the current manufacturing method, components and materials.

212

213 As an example used in this research, we employed a global positioning system which has a
214 revolute joint (R_1) with a chain mechanism for rotating the complete arm and a two-bar arm-
215 based set of parallel link mechanisms (R_2 and R_3) with worm-gear drives (**Figure 9**). This 3-DOFs
216 mechanism will work with the proposed 5-DOF manipulator to form a complete robotic US

217 system. Based on the proposed robotic manipulator and the example global positioning option
218 used for this research, **Figure 10** shows a simulation example of the robot in positions around an
219 abdominal phantom, demonstrating that it is able to reach around both sides of the abdomen
220 and a range of positions on top. The design of the redundant joints in the system, particularly the
221 configurations of J_1 and J_2 , allows tilting the probe to large angles with most of the mechanical
222 structures still staying away from the patient's body, as can be observed from **Figure 10**.
223 Consequently, with the last three joints (J_3 , J_4 , and J_5) specified to rotate within limited ranges for
224 fine tilting adjustments, collision is avoided between the moving parts of the robot and the
225 patient's body.

226
227 With the electronics and the conventional stepper motor control system developed, experiments
228 have been performed to test the output force and validate the expected range of motion. The
229 current control unit is a box with microcontrollers, stepper motor drivers, power supply and
230 regulators, and other supporting electronic components included. The overall size of the control
231 box is 40 cm long, 23 cm wide and 12 cm deep. Based on the repeated testing of the system, the
232 maximum force that the robotic manipulator can currently exert is set to 27 N before the
233 mechanical safety clutch is triggered, specifying the output force range of the proposed system
234 to be 0 N to 27 N. With the configuration of the mechanical clutch, it was verified by repeated
235 testing that in the default position when the clutch is engaged, the balls are partially in the detent
236 holes of L_1 . Therefore the movements of the driven large spur gears actuate L_2 . However, when
237 excessive force is exerted at the end-effector, the clutch is disengaged with the balls moving out
238 of the detent holes of L_1 .

239
240 The range of motion of each joint reported in Table 1 was also repeatedly tested and validated.
241 The reliable working of the robotic manipulator over a long period of time has been extensively
242 tested on a fetal phantom and continuously verified with abdominal scans of internal healthy
243 volunteers (**Figure 11**). The study was approved by the local ethics committee. So far, 20
244 volunteer scans for general abdominal ultrasound examinations using the robotic manipulator
245 have been successfully performed with basic software control of the robot, mainly to evaluate
246 the reliability and feasibility of the mechanical design. It was concluded from the phantom and
247 volunteers studies that the current design of the robotic manipulator can reach the required
248 movement range at the required force, and provides enough fine adjustment, to obtain images
249 similar to the hand-held operation of the US probe for abdominal imaging. For all these scans, no
250 safety concerns or uncomfortable feelings were reported by the volunteers. The selection of
251 motors, mechanical ratios of mechanisms, and power levels, have been verified such that they
252 ensure the reliable movement of the probe on the patient's body, while at the same time
253 resulting in slippage if exceeded forces are generated. Further details of this on-going volunteer
254 study and clinical evidence for the use of the robot will be presented separately.

255 **FIGURE AND TABLE LEGENDS:**

256
257
258 **Figure 1: CAD drawing of all the links (L_0 , L_1 , L_2 , L_3 , and L_4) and the end-effector.** The shape of
259 each link is shown for reference when 3D printing using the provided STL files. The end-effector
260 is illustrated with an US probe included in the assembly.

261

262 **Figure 2: CAD drawing of the required additional components.** The shape of each component is
263 shown for reference when 3D printing using the provided STL files. The components include spur
264 and bevel gears in different sizes, shaft collar, clutch cover, and end-effector collar.

265

266 **Figure 3: Assembly instruction for J_1 .** The required links, motors, gears, and bearings are shown
267 with some structures changed to transparent to illustrate the assembly.

268

269 **Figure 4: Assembly instruction for J_2 .** The required links, motors, gears, ball-spring pairs, and
270 bearings are shown with some structures changed to transparent to illustrate the assembly.

271

272 **Figure 5: Assembly instruction for J_3 .** The required links, motors, gears, and bearings are shown
273 with two perspective views to illustrate the assembly.

274

275 **Figure 6: Assembly instruction for J_4 .** The required links, motors, gears, and bearings are shown
276 with the assembled J_4 mechanism indicated.

277

278 **Figure 7: Assembly instruction for J_5 .** The required link and end-effector, motors, and gears are
279 shown with some structures changed to transparent to illustrate the assembly.

280

281 **Figure 8: Summary of the proposed 5-DOF robotic manipulator with the end-effector holding**
282 **an US probe.** The coordinate definition of each joint and the overall size of the assembled
283 manipulator are indicated.

284

285 **Figure 9: CAD drawing of the example global positioning device.** This arm-based device is used
286 to work with the proposed robotic manipulator for testing. The notations and the main
287 dimensions are shown in the drawing.

288

289 **Figure 10: Kinematic simulation of four different scanning postures around the phantom.** This
290 demonstrates an adequate range of motion for a typical abdominal US scan.

291

292 **Figure 11: Implemented US robot using the described protocol.** (a) The robotic manipulator with
293 the example global positioning mechanism; (b) clinical use of the proposed robotic manipulator
294 on a patient's abdominal area.

295

296 **Table 1: Technical details of the proposed robotic manipulator, including the Denavit–**
297 **Hartenberg parameters and the joint specifications.**

298

299 **DISCUSSION:**

300 Unlike many other industrial robots that have been translated into medical applications, the
301 proposed robotic manipulator described in the protocol was specifically designed for US
302 examinations according to the clinical requirements for the range of motion, application of force,
303 and safety management. The lightweight robotic manipulator itself has a wide range of
304 movements sufficient for most extra-corporeal US scanning without the need for large

305 movements of the global positioning mechanism. As the closest mechanical structure to the
306 patient, the proposed links are also specially-shaped to be away from the patient. With most
307 DOFs embedded into a compact manipulator, robotic US scanning using this device can be done
308 in an intuitive way similar to human operation without the necessity of occupying a large space.
309 Because of all these features, we expect the system produced following the protocol could gain
310 acceptance from the clinicians and patients, which is being validated with the on-going volunteer
311 study. With the proposed robotic manipulator, different conventional architectures for global
312 positioning can be used based on the particular requirement, such as a gantry or ceiling mounting
313 designs. An example global positioning device was used in this paper to enable the tests of the
314 proposed robotic manipulator.

315
316 The current protocol suggests that all the links can be printed using ABS or PLA plastics, or Nylon
317 based on the availability of the local 3D printing service, while using the Nylon prints is preferred
318 in general due to its material strength. Importantly as stated in the protocol, the additional
319 components, especially the gears, should be printed with Nylon or other strong materials to
320 ensure the reliability of the system. As new 3D printing materials are introduced, the use of
321 materials could be altered. The current protocol employs an end-effector specifically designed
322 for a particular US probe with the probe's 3D shape scanned by a CT imaging system to assist the
323 design of the inner profile of the end-effector. When the manipulator is used with other US
324 probes with different shapes, it is important to ensure that the inner profile of the end-effector
325 is re-designed to tightly mate with the outer profile of the US probe, in order to guarantee the
326 safe holding of the probe. The 3D shape and profile of the probe could also be obtained from
327 other types of 3D scanning. Additionally, it should be noted that some of the design details
328 described in the protocol, such as exact shapes and dimensions, shaft sizes, mounting keyways,
329 screws, and use of bearings, could be altered. For the same reason, some of the details are not
330 provided when it is obvious based on common knowledge of mechanical design.

331
332 The current design has a passive mechanical clutch which can be adjusted and used to limit the
333 maximum force applied to the patient. This is a safety feature that does not rely on any electrical
334 systems or software logic, which guarantees the fundamental safety for using the robot for US
335 examinations. The triggering point was set based on the range from our previous
336 measurements²¹ of the vertical force applied by human operators to the patients during normal
337 US scans as well as similar results reported from the existing literature¹⁸, both of which suggest
338 that the maximum vertical force usually does not exceed 20 N. This was treated as the
339 prerequisite that the trigger force of the clutch should be more than 20 N with some given
340 allowances. The amount of triggering force can be adjusted by changing the number of ball-spring
341 pairs, the spring constant, the size of the detent holes, and the pre-loading of the springs²². A
342 potential modification of the designed protocol for this is to change the numbers of cavities for
343 holding the ball-spring pairs in L_2 . In practice when using the proposed system, the correct
344 working of the clutch can be easily verified by manually rotating the clutch joint and having the
345 clutch disengage and re-engage before any robotic US examination is performed. In the current
346 protocol, the safety clutch is only applied to J_2 as this joint is designed to align the probe with the
347 surface of the abdomen and can be directly used to limit the vertical force exerted on the patient
348 by the US probe. With a similar concept, a safety clutch can also be implemented for the J_1 spur

349 gear, which will ensure the safety of the J_1 rotational movement of the following structures. This
350 is not seen as an essential safety feature in the current protocol, but could be a potential
351 modification for a finalized version. The last three joints J_3 , J_4 , and J_5 are used for fine adjustments
352 of the probe's orientation. Kinematically, they are not used to generate any excessive force and
353 are not likely to collide with any obstacle. To minimize the size and weight of the proposed
354 manipulator, a safety mechanical clutch is not suggested for these three joints in any modification
355 of the protocol.

356
357 Following the proposed protocol to build the proposed manipulator for US examinations, the
358 same reliability of the mechanical system, the same ranges of motion, similar weights of the
359 whole manipulator, and a similar level of triggering force of the clutch are expected as are
360 reported in this paper. However, the repeatability and accuracy of the movements, as well as the
361 repeatability of the exact triggering force level of the mechanical clutch, would strongly depend
362 on the 3D-printing and assembly accuracy compared to the CAD design. This cannot be
363 guaranteed for the current prototype as a lab-based low-end 3D printing service was used for
364 manufacturing and the assembly was done manually for the purpose of preliminary prototyping.
365 It is expected that an industrial level of manufacturing and assembly following the design
366 protocol would result in good repeatability and high accuracy, although this is not our currently
367 our aim before the system is made into a final product for clinical trial. Testing of the performance
368 would also require a separate protocol, which includes kinematic modelling, a robotic control
369 method, motion tracking and calibration methods, and is thus not included in the current paper.
370 Similarly, the control precision and response of the proposed manipulator are determined by the
371 motor control method, robot control algorithm, and communication between the electronics of
372 the manipulator and the control interface. As these are beyond the aim of the current protocol
373 of introducing the new mechanical design and can be implemented using many existing
374 architectures, details are not provided in this paper.

375

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382

383 **DISCLOSURES:**

384 The authors have nothing to disclose.

385

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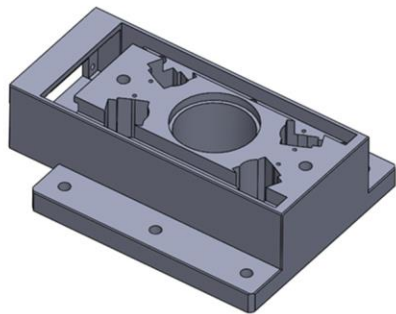
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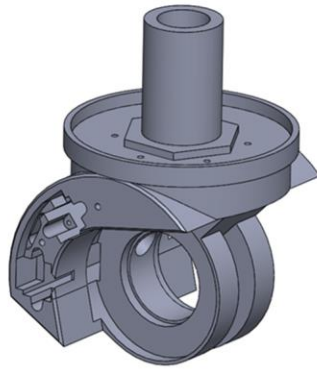
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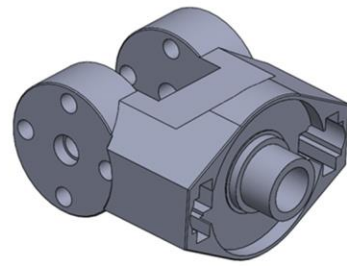
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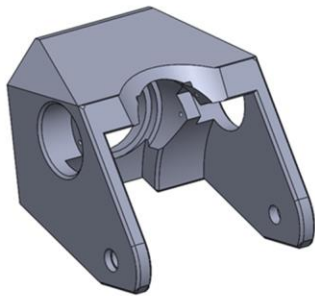
Link 0 (L_0)



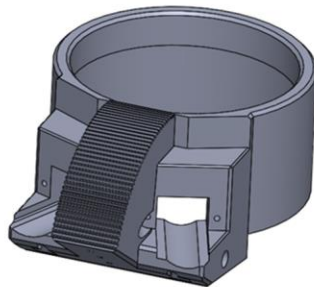
Link 1 (L_1)



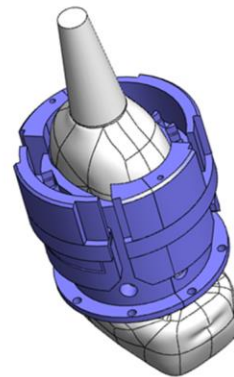
Link 2 (L_2)



Link 3 (L_3)



Link 4 (L_4)



End-effector

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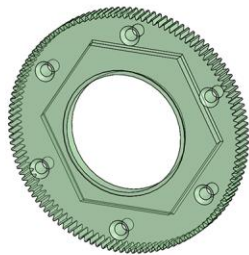
20-teeth spur gear



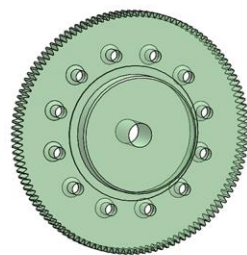
18-teeth bevel gear



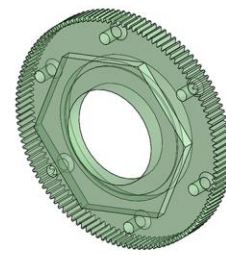
20-teeth long spur gear



120-teeth spur gear (type A)



120-teeth spur gear (type B)



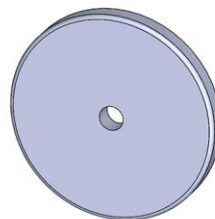
120-teeth spur gear (type C)



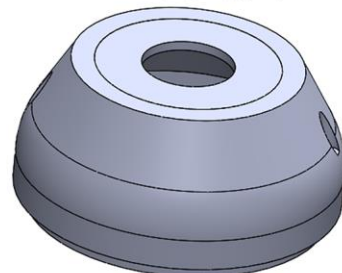
144-teeth bevel gear



Shaft collar (for J_1)

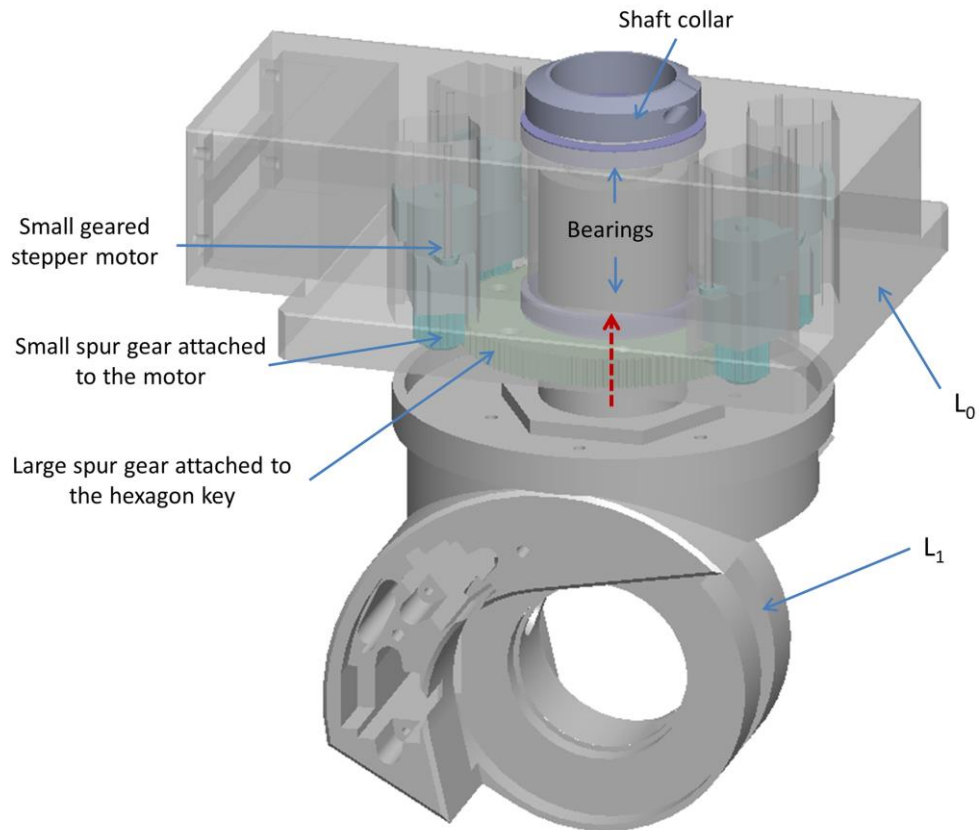


Clutch cover (for J_2)

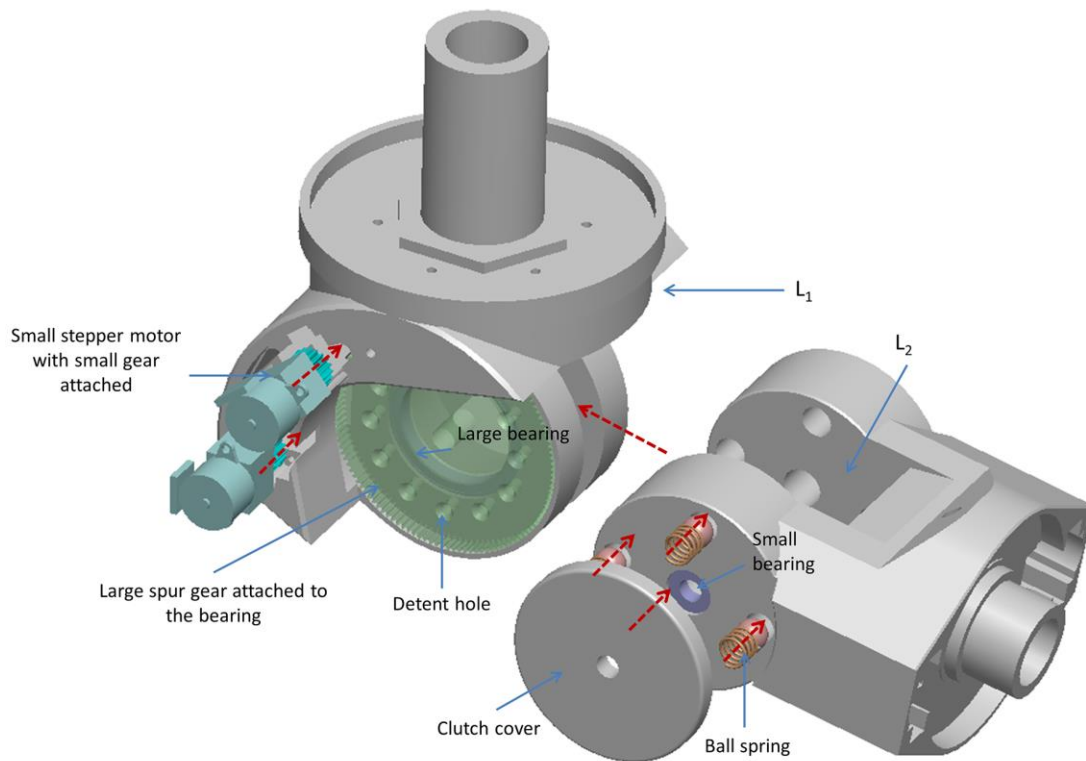


End-effector collar (for J_3)

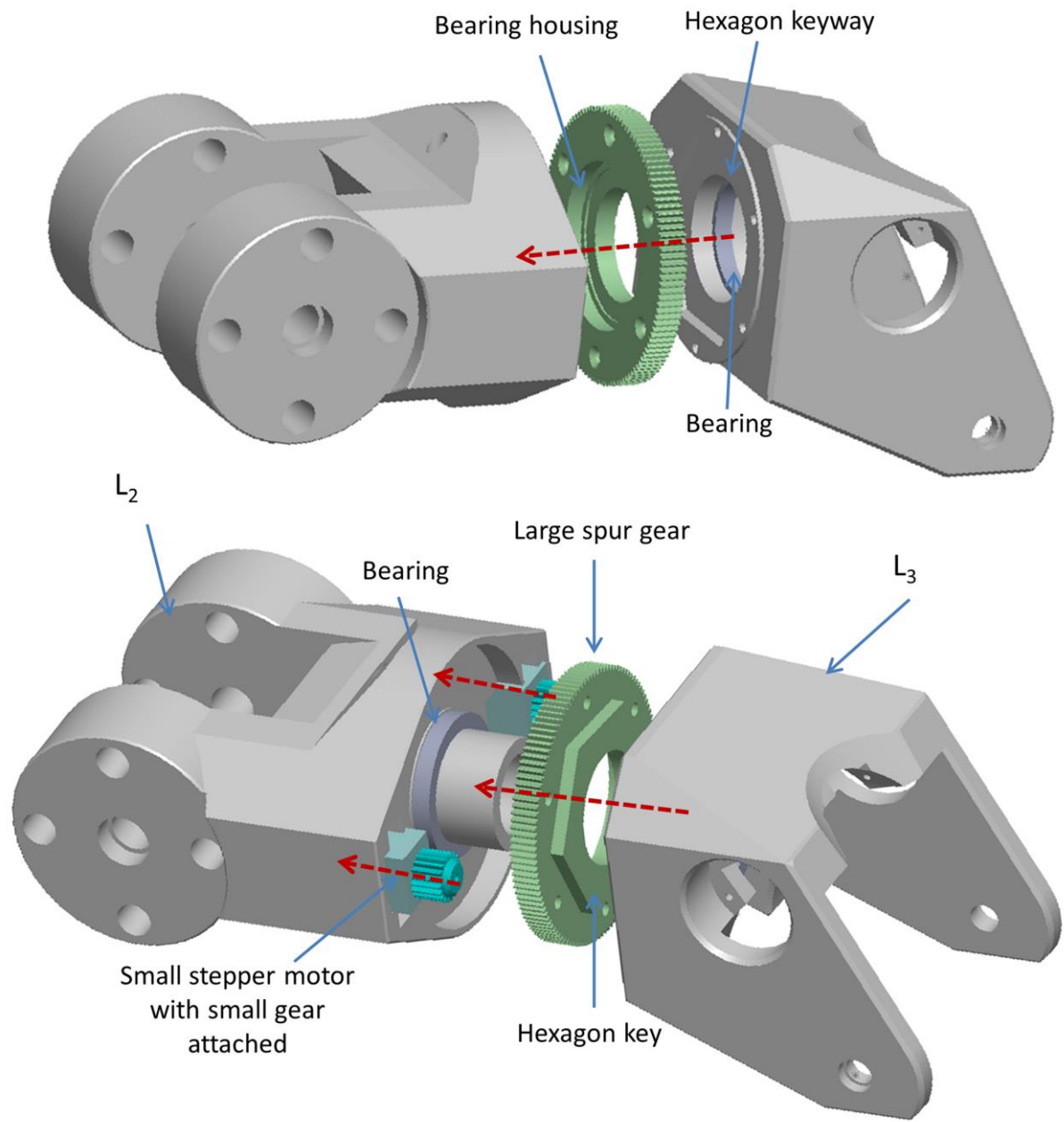
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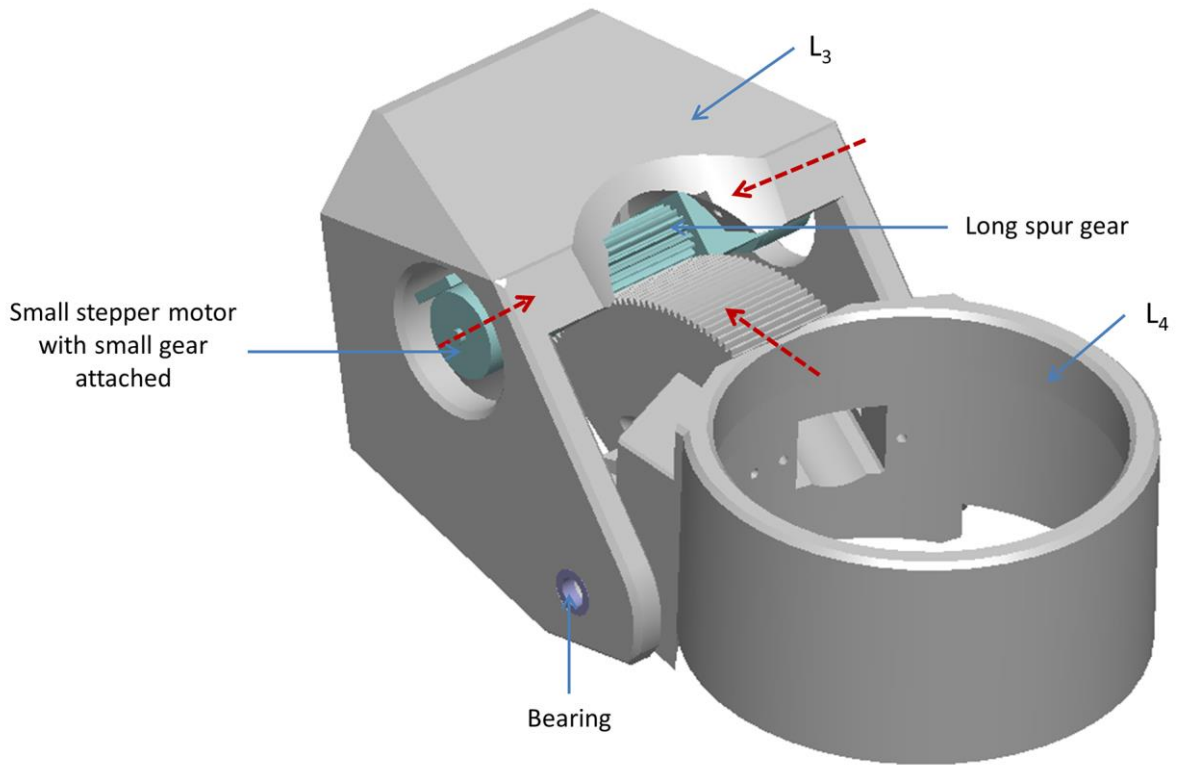


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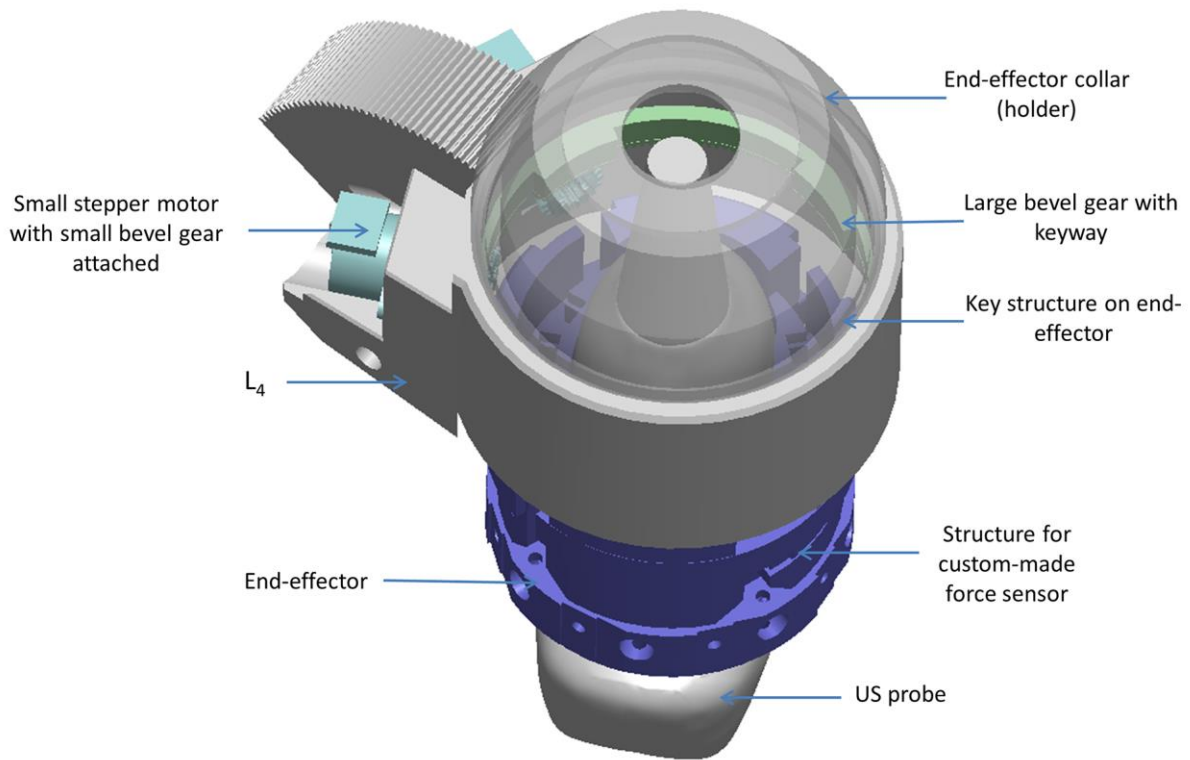


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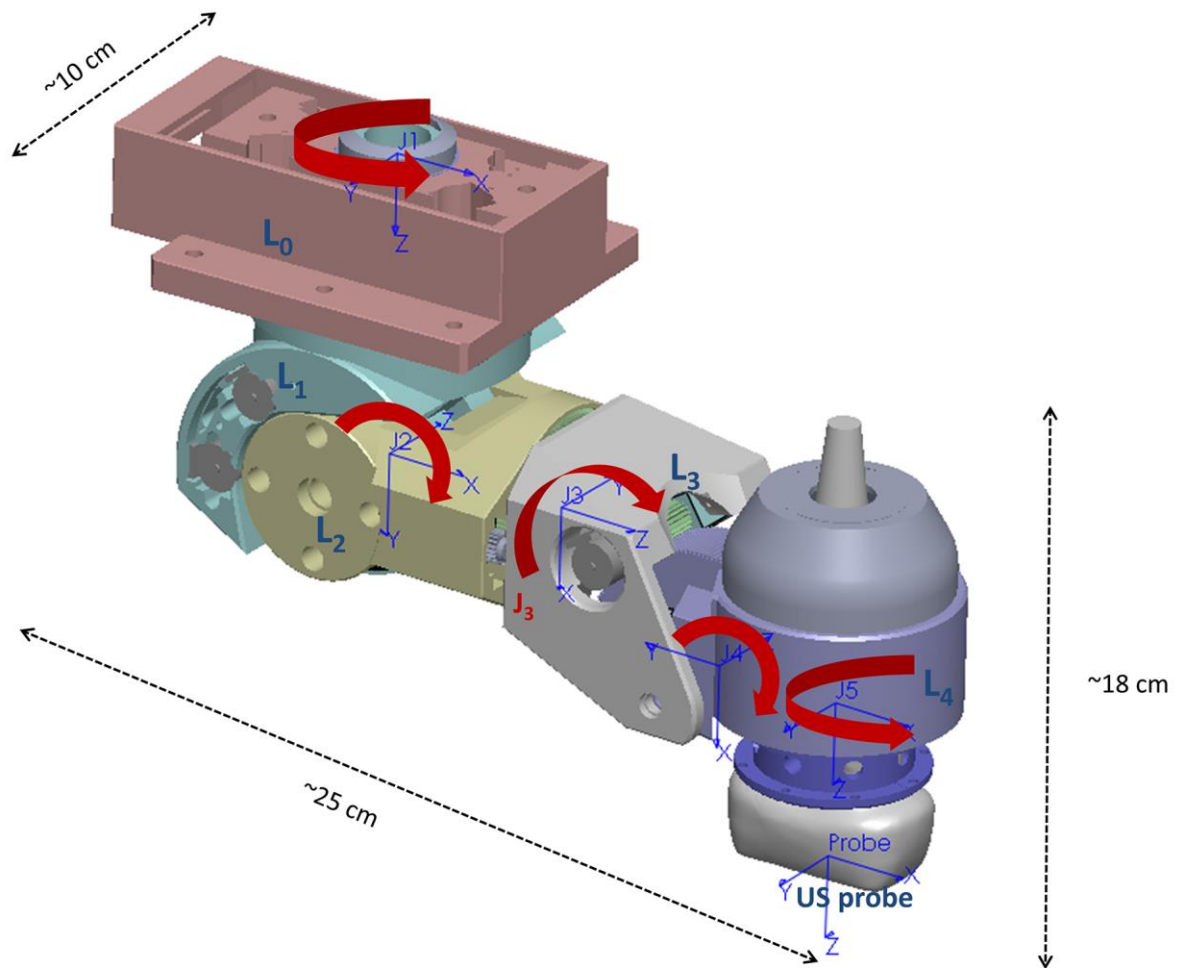




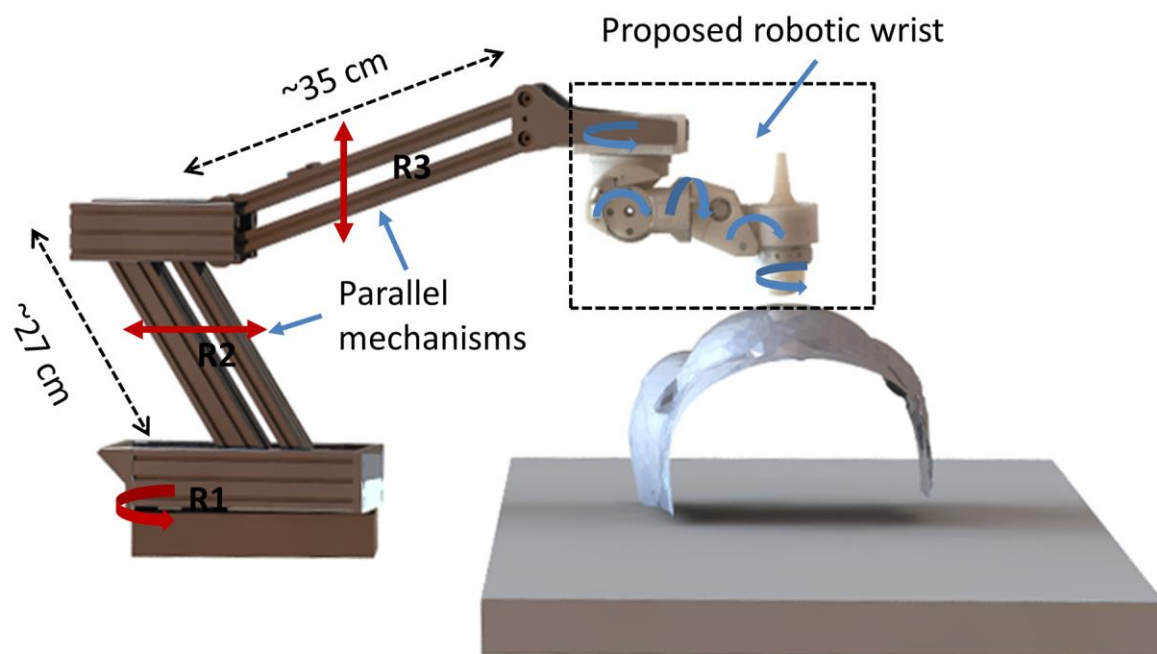
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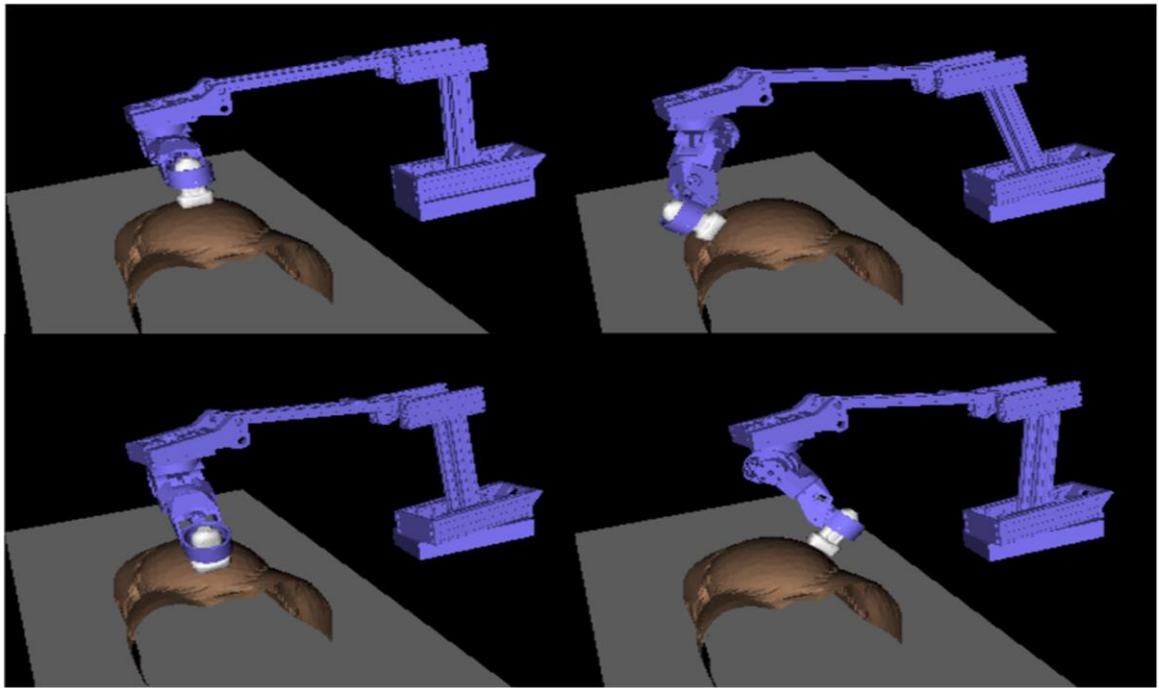
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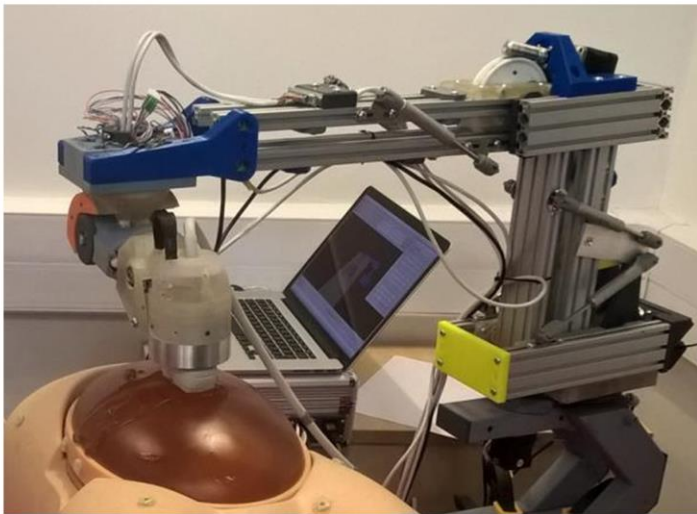
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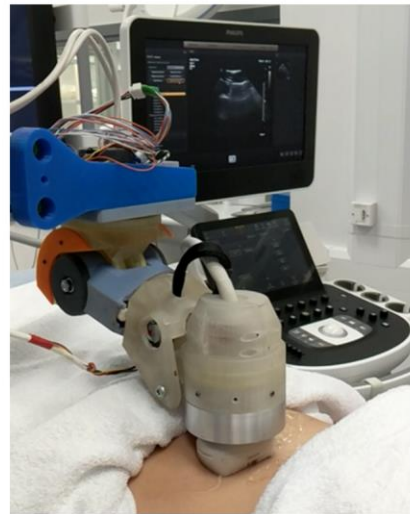
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(a)



(b)

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