

1 **A possible use of melatonin in the dental field: protein adsorption and *in vitro* cell response**  
2 **on coated titanium**

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30 **Abstract**

31 Melatonin (MLT) is widely known for regulating the circadian cycles and has been studied for its  
32 role in bone regeneration and inflammation. Its application as a coating for dental implants can  
33 condition the local microenvironment, affecting protein deposition on its surface and the cellular  
34 and tissue response. Using sol-gel coatings as a release vehicle for MLT, the aim of this work was  
35 to assess the potential of this molecule in improving the osseointegration and inflammatory  
36 responses of a titanium substrate. The materials obtained were physicochemically characterized  
37 (scanning electron microscopy, contact angle, roughness, Fourier-transform infrared  
38 spectroscopy, nuclear magnetic resonance, Si release, MLT liberation, and degradation) and  
39 studied *in vitro* with MC3T3-E1 osteoblastic cells and RAW264.7 macrophage cells. Although  
40 MLT application led to an increased gene expression of RUNX2 and BMP2 in 10MTL, it did not  
41 improve ALP activity. On the other hand, MLT-enriched sol-gel materials presented potential  
42 effects in the adsorption of proteins related to inflammation, coagulation and angiogenesis  
43 pathways depending on the dosage used. Using LC-MS/MS, protein adsorption patterns were  
44 studied after incubation with human serum. Proteins related to the complement systems (CO7,  
45 IC1, CO5, CO8A, and CO9) were less adsorbed in materials with MLT; on the other hand,  
46 proteins with functions in the coagulation and angiogenesis pathways, such as A2GL and PLMN,  
47 showed a significant adsorption pattern.

48 **Keywords**

49 Osseointegration, hybrid sol-gel, inflammation, proteomics, coating, *N*-acetyl-5-metoxi-  
50 tryptamine

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## 61        1. Introduction

62        Dental implantations have become a standard procedure in oral rehabilitation, representing a  
63        reliable treatment with many advantages. However, implant failure still occurs, particularly in  
64        patients with poor osseointegration capability (*e.g.* patients with osteoporosis), prompting the  
65        need for bioactive surfaces that accelerate this process [1].

66        Titanium (Ti) and its alloys are commonly used in dental implants due to their high degree of  
67        biocompatibility. However, these materials have the limitation of being relatively bioinert and  
68        various methodologies are being studied to confer them bioactive properties. The sol-gel  
69        technique allows the synthesis of coatings to metal surfaces with a variety of functions, being an  
70        attractive method due to the use of mild reaction conditions, easily available precursors, and their  
71        potential as controlled release vehicles for ions and biomolecules [2]. Using modified  
72        alkoxysilanes as precursors, Martínez-Ibáñez et al. [3] obtained a sol-gel material by the mixture  
73        of methyltrimetoxisilane (MTMOS) and tetraethyl orthosilicate (TEOS), in a proportion of 70%  
74        MTMOS to 30% TEOS, presenting promising cellular *in vitro* behavior, with the improvement  
75        of the osseointegrative properties regarding the non-coated sand-blasted acid-etched titanium.

76        Melatonin (*N*-acetyl-5-metoxy-tryptamine; MLT), a widely known regulator of the circadian  
77        cycles produced by the pineal gland, has been described to play a major role on bone physiology  
78        through dual actions on osteoblasts and osteoclasts [4]. Previous studies [5–8] show that MLT  
79        upregulates the gene expression of RUNX2, BMP2, BMP6, and OCN, which have a pivotal role  
80        in osteoblast function and bone mineralization. On the other hand, MLT downregulates the  
81        expression of RANKL and upregulates OPG, leading to a restriction of osteoclast formation and  
82        increment of bone regeneration [9]. Additionally, MLT has been studied for its anti-inflammatory  
83        potential leading to the downregulation of TNF $\alpha$ , IL-1 $\beta$ , IL-6 [10,11], and iNOS [11,12], can  
84        either stimulate or inhibit angiogenesis [13,14], and it has an antioxidant potential [15].  
85        Considering the effects of this molecule in bone and inflammatory responses, MLT has become  
86        a particularly attractive molecule to use in implants.

87        Upon implantation, blood/implant interactions lead to immediate protein adsorption onto the  
88        implant surface and consequently developing a provisional matrix on and around the biomaterial.  
89        The type, level, and surface conformation of the adsorbed proteins will determine the biological  
90        response and the ultimate implant outcome [16]. This adsorption is dependent on the surface  
91        properties of the material, such as wettability, roughness, and charge [17,18]. Thus, these  
92        parameters can ultimately have a determining role not only in the initial immune responses but  
93        also in other processes, such as coagulation, fibrinolysis, and the earlier stages of osteogenesis  
94        [19].

95 In this work, a new sol-gel material doped with several percentages of MLT (1%, 5%, 7.5%, and  
96 10%) to be applied as a coating onto titanium substrates was developed. Then, we proceeded to  
97 perform its physicochemical study, *in vitro* characterization with MC3T3-E1 osteoblasts and RAW  
98 264.7 macrophages, and protein adsorption patterns evaluation using proteomics. The main goal  
99 was to evaluate the potential of MLT when applied to titanium substrates for future dental field  
100 use.

## 101 **2. Materials and methods**

### 102 **2.1. Sol-gel synthesis and sample preparation**

103 The sol-gel route was used to obtain hybrid coatings with different percentages of MLT (1%, 5%,  
104 7.5%, and 10%) using MTMOS and TEOS (Sigma–Aldrich, Merck KGaA, Darmstadt, Germany)  
105 as precursors. The maximum concentration of MLT was based on preliminary studies, where it  
106 was verified that melatonin showed solubility problems in concentrations higher than 10%. The  
107 network contained 70 and 30% (molar percentages) of these precursors, respectively. Melatonin  
108 was dissolved in 2-Propanol (Sigma-Aldrich) and mixed with the precursors in a volume ratio  
109 (alcohol:siloxane) of 1:1. The hydrolysis of alkoxysilanes was carried out by adding (at a rate of  
110 1-drop s<sup>-1</sup>) the corresponding stoichiometric amount of aqueous solution of 0.1N HCl (Sigma-  
111 Aldrich). The preparations were kept under stirring for 1 h and then 1 h at rest. Afterward, grade-  
112 4 Ti discs (12-mm diameter, 1-mm thick) with a sandblasted acid-etched treatment as described  
113 by Romero-Gavilán et al. [19] were used as a coating substrate. SAE-titanium discs were coated  
114 with a dip-coater (KSV DC; KSV NIMA, Espoo, Finland). The discs were immersed in the sol-  
115 gel solutions at a speed of 60 cm min<sup>-1</sup>, left immersed for one minute, and removed at a 100 cm  
116 min<sup>-1</sup>. To measure hydrolytic degradation and silicon/MLT liberations, coatings were prepared  
117 using glass-slides as a substrate. These were previously cleaned in an ultrasonic bath (Sonoplus  
118 HD 3200) for 20 min at 30 W with a nitric acid solution (25% volume), and then, with distilled  
119 water under the same conditions. In addition, free films of distinct materials were obtained by  
120 pouring the sol-gel solutions into non-stick Teflon molds in order to carry out their chemical  
121 characterization. Finally, all samples were cured for 2 h at 80°C.

### 122 **2.2. Physicochemical characterization**

123 To evaluate how surface topography was modified by MLT incorporation, scanning electron  
124 microscopy (SEM) with a Leica–Zeiss LEO equipment under vacuum (Leica, Wetzlar, Germany)  
125 was used. Before observation, the materials were treated with platinum sputtering to increase their  
126 conductivity. To measure surface roughness, an optical profilometer (interferometric and  
127 confocal) PLm2300 (Sensofar, Barcelona, Spain) was used in three discs of each material. For  
128 each disc, three measurements were done to calculate the average values of the Ra parameter. The  
129 contact angle was measured using an automatic contact angle meter OCA 20 (DataPhysics

130 Instruments, Filderstadt, Germany). An aliquot of 10  $\mu\text{L}$  of Milli-Q water was deposited on the  
131 disc surface at a dosing rate of  $27.5 \mu\text{L s}^{-1}$  at room temperature. Contact angles were determined  
132 using the SCA 20 software (DataPhysics Instruments, Filderstadt, Germany). Six discs of each  
133 material were studied after depositing two drops on each disc.

134 To chemically characterize all materials, Fourier Transform Infrared Spectroscopy (FTIR;  
135 Thermo Nicolet 6700) was carried out with an attenuated total reflection system (ATR). The  
136 spectra were measured in the  $4000$  and  $400 \text{ cm}^{-1}$  wavelength range. Solid-state silicon nuclear  
137 magnetic resonance spectroscopy ( $^{29}\text{Si-NMR}$ ; Bruker 400 Avance III WB Plus) with a probe for  
138 solid samples of ICP-MS was used to evaluate the crosslinking degree of the obtained silicon  
139 networks. The pulse sequence for the analysis was the Bruker standard:  $79.5 \text{ MHz}$  frequency, the  
140 spectral width of  $55 \text{ kHz}$ ,  $2 \text{ ms}$  contact time, and  $5 \text{ s}$  delay time. The spinning speed was  $7.0 \text{ kHz}$ .  
141 Hydrolytic degradation was evaluated by sample measuring weight loss before and after soaking  
142 them in  $50 \text{ mL}$  of distilled water ( $\text{ddH}_2\text{O}$ ) at  $37^\circ\text{C}$  during 1, 2, 4, and 8 weeks. The degradation of  
143 the coatings was registered by percentage (%) of mass lost in reference to the initial weight. Each  
144 data point is the average of three measurements performed in three different samples identically  
145 prepared.

146 To determine Si release, samples were incubated in  $50 \text{ mL}$  of Milli-Q water at  $37^\circ\text{C}$  during 1, 2,  
147 4, and 8 weeks. At these measuring points, aliquots of  $50 \mu\text{L}$  were taken and measured using  
148 inductively coupled plasma mass spectrometry (ICP-MS, Agilent 7700). To measure MLT  
149 release, coated glass slides were submerged in  $50 \text{ mL}$  of Milli-Q water at  $37^\circ\text{C}$ . At 0, 1, 3, 5, 8,  
150 24, 48, 72, 96, 168, and 336 hours the absorbance was measured at  $222 \text{ nm}$  (wavelength  
151 characteristic of MLT [20]) with a Helios Omega UV-VIS (Thomas Scientific, New Jersey,  
152 USA). The measurements were carried out in triplicate.

### 153 **2.3. *In vitro* assays**

#### 154 **2.3.1. Cell culture**

155 Mouse calvaria osteosarcoma MC3T3-E1 cells and mouse murine macrophage RAW 264.7 cells  
156 were cultured in at  $37^\circ\text{C}$  in a humidified (95%)  $\text{CO}_2$  incubator in Dulbecco's Modified Eagle  
157 Medium (DMEM; Gibco, Life Technologies, Grand Island, NY, USA) supplemented with 1%  
158 penicillin/streptomycin (Biowest Inc., USA) and 10% FBS (Gibco, Life Technologies). After 24h,  
159 the MC3T3-E1 cells medium was replaced by osteogenic medium composed of DMEM, 1% of  
160 penicillin/streptomycin, 10% FBS, 1% ascorbic acid ( $5 \text{ mg mL}^{-1}$ ) and 0.21%  $\beta$ -glycerol  
161 phosphate. The culture medium was changed every other day. In each plate, wells with only cells  
162 were used as a control of culture conditions.

#### 163 **2.3.2. Cytotoxicity**

164 Biomaterial cytotoxicity was assessed following the ISO 10993-5:2009 (Annex C) norm.  
165 MC3T3-E1 cells ( $1 \times 10^5$  cells  $\text{cm}^{-2}$ ) were seeded on 96-well NUNC plates (Thermo Fisher  
166 Scientific, Waltham, MA, USA) for 24 h. The materials were also incubated for 24 h in 48-well  
167 NUNC plates (Thermo Fisher Scientific) in DMEM with 1% of penicillin/streptomycin and 10%  
168 FBS. Then, the cell culture medium was replaced with the medium exposed to the materials  
169 followed by an incubation of 24 h. To measure cell viability, the CellTiter 96® Proliferation  
170 Assay (MTS) (Promega, Madison, WI) was used according to manufacturer's guidelines. As a  
171 negative control, wells with only cells were used. As a positive control, cells were incubated in  
172 latex, a compound well known for being cytotoxic. The material was considered cytotoxic when  
173 presented cell viability below 70%.

### 174 **2.3.3. Cell proliferation**

175 To measure the effects of the biomaterials in cell proliferation, the alamarBlue™ cell viability  
176 reagent (Invitrogen, Thermo Fisher Scientific) was used. MC3T3-E1 cells were cultured in 24-  
177 well NUNC plates (Thermo Fisher Scientific) at a density of  $3.5 \times 10^4$  cells  $\text{cm}^{-2}$ . After culturing  
178 for 1, 3, and 7 days, cell proliferation was evaluated following the manufacturer's protocol.  
179 Additionally, an assay without cells was carried out to verify that the tested materials did not  
180 affect the alamarBlue™ cell viability reagent.

### 181 **2.3.4. Alkaline phosphatase activity assay**

182 To evaluate the effects of the materials in the mineralization capability of osteoblastic cells, the  
183 conversion of *p*-nitrophenylphosphate (*p*-NPP) to *p*-nitrophenol was used to assess the alkaline  
184 phosphatase (ALP) activity. MC3T3 cells were seeded onto the distinct surfaces in 24-well  
185 NUNC plates (Thermo Fisher Scientific) at a density of  $3.5 \times 10^4$  cells  $\text{cm}^{-2}$ . After culturing for 14  
186 and 21 days, cells were rinsed twice with Dulbecco's phosphate-buffered saline (DPBS; Thermo  
187 Fisher Scientific), immersed in lysis buffer (0.2% Triton X-100, 10 mM Tris-HCl, pH 7.2) and  
188 incubated at 4°C for 10 minutes. Following centrifugation (7 min, 14000 rpm, 4°C), 100  $\mu\text{L}$  of *p*-  
189 NPP ( $1 \text{ mg mL}^{-1}$ ) in substrate buffer (50 mM glycine, 1 mM  $\text{MgCl}_2$ , pH 10.5) was added to 100  
190  $\mu\text{L}$  of the supernatant. After 2 h of incubation in the dark (37°C, 5%  $\text{CO}_2$ ), the absorbance at 405  
191 nm was measured using a microplate reader. Alkaline phosphatase activity was calculated using  
192 a *p*-nitrophenol in 0.02 mM sodium hydroxide standard curve. A Pierce BCA assay kit (Thermo  
193 Fisher Scientific) was used to calculate total protein content in the sample and to normalize ALP  
194 levels. The experiment was carried out in triplicate.

### 195 **2.3.5. RNA extraction and cDNA synthesis**

196 To evaluate the effects on the gene expression of osteogenic and inflammatory targets, MC3T3-  
197 E1 cells were seeded on the discs in 48-well NUNC plates (Thermo Fisher Scientific) at a density

198 of  $3.5 \times 10^4$  cells  $\text{cm}^{-2}$  for 7 and 14 days. RAW264.7 were seeded at a density of  $30 \times 10^4$  cells  $\text{cm}^{-2}$   
199 for 1 day and  $1.5 \times 10^4$  cells  $\text{cm}^{-2}$  for 3 days. In each plate, wells without any material were used  
200 as control of culture conditions. Total RNA was extracted using TRIzol (1M guanidine  
201 thiocyanate, 1M ammonium thiocyanate, 3M sodium acetate, 5% glycerol, 38% aquaphenol).  
202 Briefly, 300  $\mu\text{L}$  of TRIzol were added to the samples, and then they were incubated at room  
203 temperature for 5 min. Following centrifugation (5 min, 13000 rpm,  $4^\circ\text{C}$ ), the supernatant was  
204 transferred, 200  $\mu\text{L}$  of chloroform were added, and the samples were centrifuged (5 min, 13000  
205 rpm,  $4^\circ\text{C}$ ). The aqueous layer was mixed with 550  $\mu\text{L}$  of isopropanol and kept at room  
206 temperature for 10 min. Samples were centrifuged (15 min, 13000 rpm,  $4^\circ\text{C}$ ) and washed twice  
207 with 0.5 mL of 70% ethanol. The resulting pellet was dissolved in 30  $\mu\text{L}$  of RNase free water.  
208 RNA concentration, integrity, and quality were measured using NanoVue® Plus  
209 Spectrophotometer (GE Healthcare Life Sciences, Little Chalfont, UK). For cDNA synthesis,  
210 approximately 1  $\mu\text{g}$  of total RNA was converted into cDNA using PrimeScript RT Reagent Kit  
211 (Perfect Real Time; TAKARA Bio Inc., Shiga, Japan) in a reaction volume of 20  $\mu\text{L}$ . The reaction  
212 was conducted with the following conditions:  $37^\circ\text{C}$  for 15 min,  $85^\circ\text{C}$  for 5 secs, and a final hold  
213 at  $4^\circ\text{C}$ . The resulting cDNA quality and concentration were measured using a NanoVue® Plus  
214 Spectrophotometer (GE Healthcare Life Sciences), then diluted in DNase-free water to a  
215 concentration suitable for reliable qRT-PCR analysis and stored at  $-20^\circ\text{C}$  until further analysis.  
216 The experiment was carried out in quadruplicate.

### 217 **2.3.6. Quantitative real-time PCR**

218 Quantitative real-time PCRs (qRT-PCR) were carried out on 96-well plates (Applied  
219 Biosystems®, Thermo Fisher Scientific) with each sample represented by the gene of interest and  
220 one housekeeping gene (*glyceraldehyde phosphate dehydrogenase* (GAPDH)). Primers for each  
221 gene were designed using PRIMER3plus software tool ([http://www.bioinformatics.nl/cgi-](http://www.bioinformatics.nl/cgi-bin/primer3plus/primer3plus.cgi)  
222 [bin/primer3plus/primer3plus.cgi](http://www.bioinformatics.nl/cgi-bin/primer3plus/primer3plus.cgi)) from specific DNA sequences obtained from NCBI  
223 (<https://www.ncbi.nlm.nih.gov/nucleotide/>) and purchased to Thermo Fischer Scientific. Targets  
224 studied are shown in **Table 1**. Individual reactions contained 1  $\mu\text{L}$  of cDNA, 0.2  $\mu\text{L}$  of specific  
225 primers (forward and reverse at a concentration of  $10 \mu\text{M L}^{-1}$ ) and 5  $\mu\text{L}$  of SYBR Premix Ex Taq  
226 (Tli RNase H Plus; TAKARA) in a final volume of 10  $\mu\text{L}$ . Amplification efficiency was analyzed  
227 before qRT-PCR to optimize measurements. Reactions were carried out in a StepOne Plus™  
228 Real-Time PCR System (Applied Biosystems®, Thermo Fisher Scientific) at  $95^\circ\text{C}$  for 30s,  
229 followed by 40 cycles of  $95^\circ\text{C}$  for 5s,  $60^\circ\text{C}$  for 34s,  $95^\circ\text{C}$  for 15s and  $60^\circ\text{C}$  for 60s. The data were  
230 obtained using the StepOne Plus™ Software 2.3 (Applied Biosystems®, Thermo Fisher  
231 Scientific). Fold changes were calculated using the  $2^{-\Delta\Delta\text{Ct}}$  method and the data was normalized  
232 in relation to the blank wells (without any material). Six technical replicates for each sample were  
233 measured.

234 **Table 1:** Quantitative real-time PCR primer sequence.

Gene symbol	Sequence	Accession number	Product length
<b>Housekeeping</b>			
<i>GAPDH</i>	F: TGCCCCCATGTTTGTGATG R: TGGTGGTGCAGGATGCATT	XM_017321385	83
<b>MC3T3-E1</b>			
<i>BGLAP</i>	F: AAGCAGGAGGGCAATAAGGT R: TGCCAGAGTTTGGCTTTAGG	NM_001032298	212
<i>RUNX2</i>	F: CCCAGCCACCTTTACCTACA R: TATGGAGTGCTGCTGGTCTG	NM_001271631	150
<i>BMP2</i>	F: CCCCAAGACACAGTTCCTA R: GAGACCGCAGTCCGTCTAAG	NM_007553	169
<b>RAW264.7</b>			
<i>IL1BETA</i>	F: GCCCATCCTCTGTGACTCAT R: AGGCCACAGGTATTTTGTCG	NM_008361	230
<i>TNFA</i>	F: AGCCCCAGTCTGTATCCTT R: CTCCTTTGCAGAACTCAGG	NM_001278601	212
<i>EGR2</i>	F: CAGGAGTGACGAAAGGAAGC R: ATCTCACGGTGCCTGGTTC	NM_001373987	202

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### 236 **2.3.7. Cytokine quantification by ELISA**

237 To evaluate the influence of the materials in tumor necrosis factor (TNF)- $\alpha$  and interleukin 4  
 238 (IL-4) production, RAW264.7 cells were seeded in 48-well NUNC plates (Thermo Fisher  
 239 Scientific) a density of  $30 \times 10^4$  cells  $\text{cm}^{-2}$  for 1 day and  $1.5 \times 10^4$  cells  $\text{cm}^{-2}$  for 3 days. Then, the cell  
 240 culture media was collected and frozen until further analysis. The concentration of these cytokines  
 241 was determined using an ELISA (Invitrogen, Thermo Fisher Scientific) kit and according to the  
 242 manufacturer's instructions.

### 243 **2.3.8. Adsorbed protein layer**

244 For obtaining the proteins adsorbed by the material surface, discs doped with MLT were incubated  
 245 for 3 h (37 °C, 5% CO<sub>2</sub>) in 24-well NUNC plates (Thermo Fisher Scientific) with 1 mL of human  
 246 blood serum from male AB plasma (Sigma–Aldrich). After incubation, the serum was removed  
 247 and the discs were washed five times with ddH<sub>2</sub>O and once with 100 mM NaCl, 50 mM Tris–  
 248 HCl, pH 7.0 to eliminate non-adsorbed proteins. The materials were washed once with an elution



249 (0.5 M triethylammonium bicarbonate buffer (TEAB), 4% of sodium dodecyl sulfate (SDS), 100  
250 mM of dithiothreitol (DTT)) to obtain the adsorbed protein layer. The analysis was made in four  
251 independent replicates and each replicate was a pool of four discs. A Pierce BCA assay kit  
252 (Thermo Fisher Scientific) was used to calculate total protein content in the serum.

### 253 **2.3.9. Proteomic analysis**

254 Proteomic analysis was performed as described by Romero-Gavilán et al. [19] with slight  
255 modifications. Briefly, the eluted protein was digested in-solution, following the FASP protocol  
256 established by Wiśniewski et al. [21], and loaded onto a nanoACQUITY UPLC system (Waters,  
257 Milford, MA, USA) connected online to a mass spectrometer (Thermo Fisher Scientific). Each  
258 material was analyzed in quadruplicate. Differential protein analysis was carried out using  
259 Progenesis software (Nonlinear Dynamics, Newcastle, UK), and the functional annotation of the  
260 proteins was performed using DAVID Go annotation program (<https://david.ncifcrf.gov/>) and  
261 PANTHER classification system (<http://www.pantherdb.org/>).

262

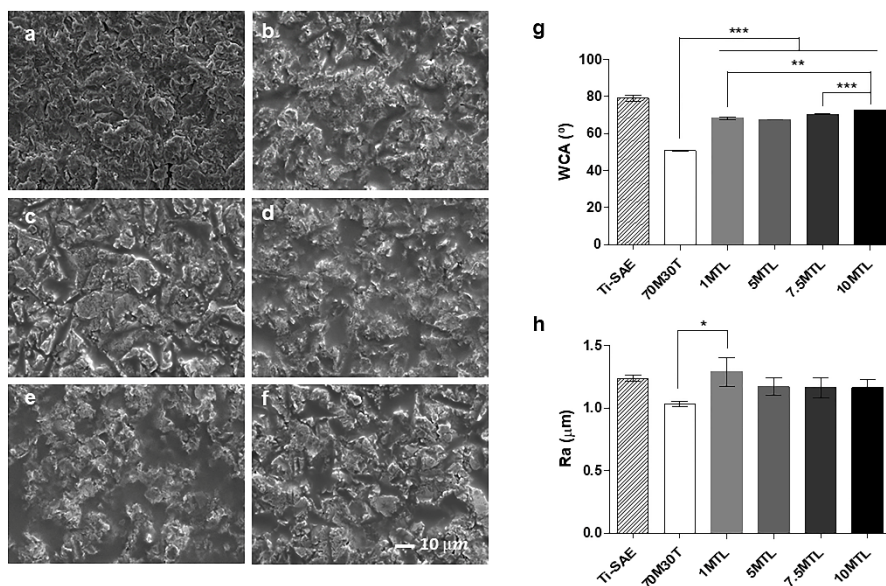
### 263 **2.4. Statistical analysis**

264 Based on the normal distribution and equal variance assumption test, the data were analyzed via  
265 a one-way analysis of variance (ANOVA) with a Newman-Keuls post hoc test. Results were  
266 expressed as mean  $\pm$  standard deviation (SD). Statistical analysis was performed using GraphPad  
267 Prism 5.04 software (GraphPad Software Inc., La Jolla, CA, USA). The differences between  
268 70M30T (control group) and 70M30T with different concentrations of MLT (experimental group)  
269 were considered statistically significant at  $p \leq 0.05$  (\*),  $p \leq 0.01$  (\*\*), and  $p \leq 0.001$  (\*\*\*)

## 270 **3. Results**

### 271 **3.1. Physicochemical characterization**

272 The sol-gel materials with MLT were successfully synthesized and well-adhering coatings were  
273 obtained as it can be observed in SEM micrographs (**Figure 1**). In these images, it can be observed  
274 that the sol-gel material has completely covered the Ti surface. Furthermore, the coatings seem  
275 to have smoothed the initial morphology of the SAE treatment, accumulating more sol-gel in the  
276 irregularities caused by the previous sandblasting. **Figure 1g** displays the contact angle  
277 measurements. With the addition of MLT to 70M30T, there was a significant increase in the  
278 contact angle in a dose-response manner. Regarding the roughness, with the incorporation of  
279 MLT, there was an increase of Ra when compared to 70M30T; however, there were no statistical  
280 differences between the coatings with a distinct amount of MLT (**Figure 1h**).



281

282 **Figure 1:** SEM microphotograph of Ti-SAE (a), 70M30T (b), 1MLT (c), 5MLT (d), 7.5MLT (e) and  
 283 10MLT (f) and contact angle (WCA; g) and average roughness (Ra; h). Results are shown as mean ± SD.  
 284 The asterisks ( $p \leq 0.05$  (\*),  $p \leq 0.01$  (\*\*), and  $p \leq 0.001$  (\*\*\*)) indicate statistical differences in relation to  
 285 70M30T without melatonin (MLT).

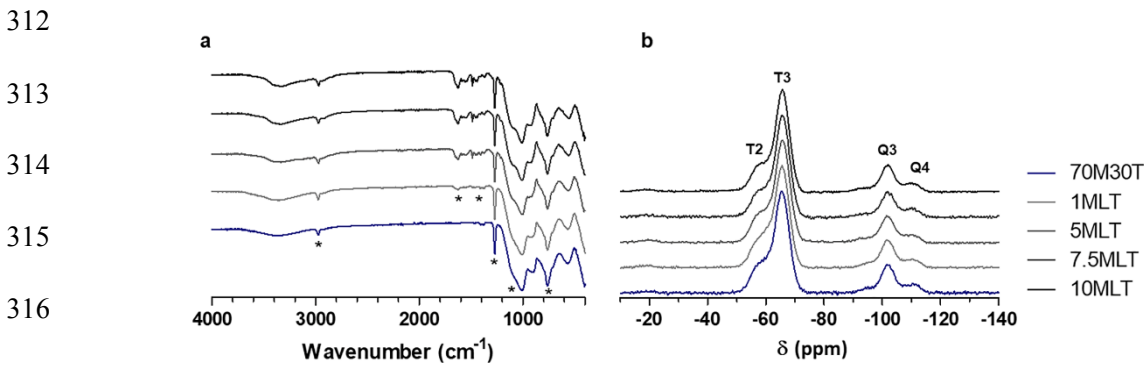
286

### 287 3.1.1. FT-IR analysis

288 Sol-gel materials with different percentages of MLT were chemically characterized using FT-IR.  
 289 The obtained spectra are shown in **Figure 2a**. All samples presented bands between 400 and 1200  
 290  $\text{cm}^{-1}$ . The hydrolysis-condensation reaction was correctly carried out, as it was detected the  
 291 presence of siloxane chain characteristic signals. The bands with the Si-O-Si appear proximally  
 292 at  $1090 \text{ cm}^{-1}$  (asymmetric tension [22]),  $770 \text{ cm}^{-1}$  and  $440 \text{ cm}^{-1}$  (symmetrical tension and vibration  
 293 of deformation [23]). However, the condensation was not complete as bands at  $970 \text{ cm}^{-1}$  and  $540$   
 294  $\text{cm}^{-1}$  related to the Si-OH bond of silanol groups were detected. The band related to the OH groups  
 295 was observed around  $3400 \text{ cm}^{-1}$  and can be associated with the presence of water in the sol-gel  
 296 structure [24]. The bands around  $3000 \text{ cm}^{-1}$  indicate the presence of C-H bonds [24],  
 297 corresponding to the organic part of the MTMOS that has a methyl group (non-hydrolyzable).  
 298 The band is composed of two peaks corresponding to vibrations of asymmetrical and symmetrical  
 299 tension of the bond C-H. The bond associated with the Si-CH<sub>3</sub> group appears around  $1275 \text{ cm}^{-1}$   
 300 [25]. These methyl-associated signals show that the integrity of organic species has been  
 301 maintained after processing. All identified signals are maintained and display similar intensity  
 302 when the MLT is incorporated into the sol-gel. However, the materials with MLT show bands  
 303 between  $1500\text{-}1600 \text{ cm}^{-1}$ , which corresponds to the CO group present in this molecule [26]. In  
 304 addition, the spectra of these materials show bands at  $1610 \text{ cm}^{-1}$  and  $1555 \text{ cm}^{-1}$ , which correspond

305 to N-H and C-N bounds present in MLT, correspondingly [23]. The intensity of these bands is  
306 slightly more intense as the amount of melatonin increases.

307 **Figure 2b** represents  $^{29}\text{Si}$  solid NMR spectra of 70M30T and 70M30T supplemented with MLT.  
308 These spectra show  $T^n$  signals from MTMOS and  $Q^n$  signals from TEOS. The MTMOS spectra  
309 show  $T^2$  and  $T^3$  signals with higher intensity of  $T^3$ . Additionally, the spectra show  $Q^3$  and  $Q^4$  from  
310 TEOS, with a signal more intense in  $Q^3$ . It seems that the addition of MLT to the sol-gel network  
311 did not affect the final crosslinking degree of structure.



317 **Figure 2:** FT-IR spectra (a) and Si-NMR (b) of 70M30T with different concentrations of melatonin (MLT).

318

### 319 3.1.2. Hydrolytic degradation

320 **Figure 3a** shows the hydrolytic degradation (mass loss) of all materials for 56 days. All materials  
321 degraded and showed a significant mass loss during the first seven days. During the following  
322 days and until the end of the experiment, all materials lost weight in a more gradually. In the case  
323 of 70M30T, the mass loss was small (up to 16%), while the materials with MLT showed a higher  
324 weight loss. In these coatings, the degradation increased as the percentage of MLT in the network  
325 increased. Thus, the 10MLT showed the highest degradation in all materials studied.

### 326 3.1.3. Silicon and melatonin liberation

327 **Figure 3b** shows the liberation of silicon (Si released in  $\text{mg L}^{-1}$ ) of all materials in the study. All  
328 materials showed a significant Si liberation during the first week. The base material 70M30T and  
329 1MLT presented a similar liberation rate, reaching its maximum at 3 weeks. For the rest of the  
330 materials, the liberation was more gradual over the two months of the assay. Similarly, to the  
331 hydrolytic degradation, the material with a higher concentration of MLT released more Si (12.5  
332  $\text{mg Si L}^{-1}$  in 10MLT in two months of assay). **Figure 3c** shows MLT liberation for all materials.  
333 In similarity to the previously described parameters, MLT release showed a dose-response rate  
334 *i.e.* the material with the highest percentage (10MLT) presented the highest liberation of MLT.  
335 Considering the liberation kinetics, MLT was released faster in the first 72 h and, for this time

336 point onward, it had a liberation rate almost constant until the end of the assay (336 h) in all  
337 materials.

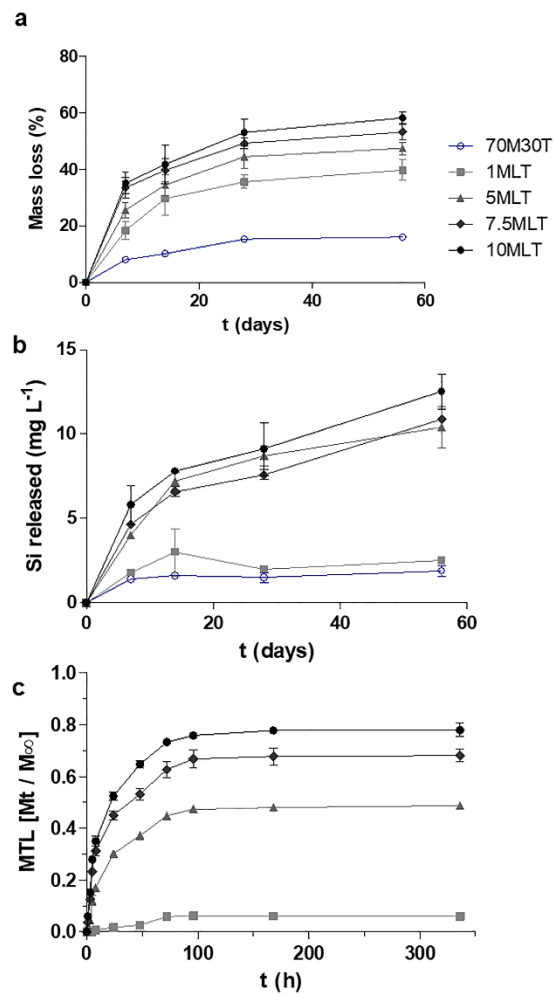
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353 **Figure 3:** Hydrolytic degradation (a) of the sol-gel coating and kinetic liberation of silicon (b) and MLT  
354 (c) from the sol-gel coating through time.

### 355 3.2. *In vitro* assays

#### 356 3.2.1. Cytotoxicity, cell proliferation, and ALP activity

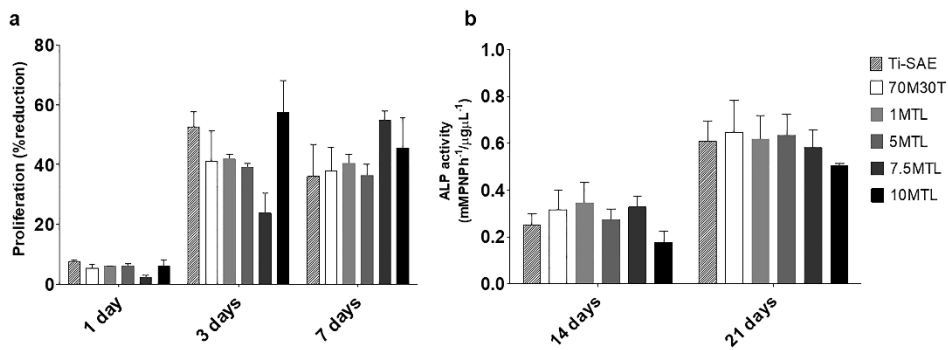
357 Neither of the materials in the study was cytotoxic (data not shown). Cell proliferation and ALP  
358 activity assays did not show significant differences between the 70M30T with or without  
359 melatonin (**Figure 4**) in any measuring points.

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366 **Figure 4:** MC3T3-E1 *in vitro* assays: (a) cell proliferation at 1, 3, and 7 days and (b) ALP activity at 14  
 367 and 21 days. Results are shown as mean ± SD.

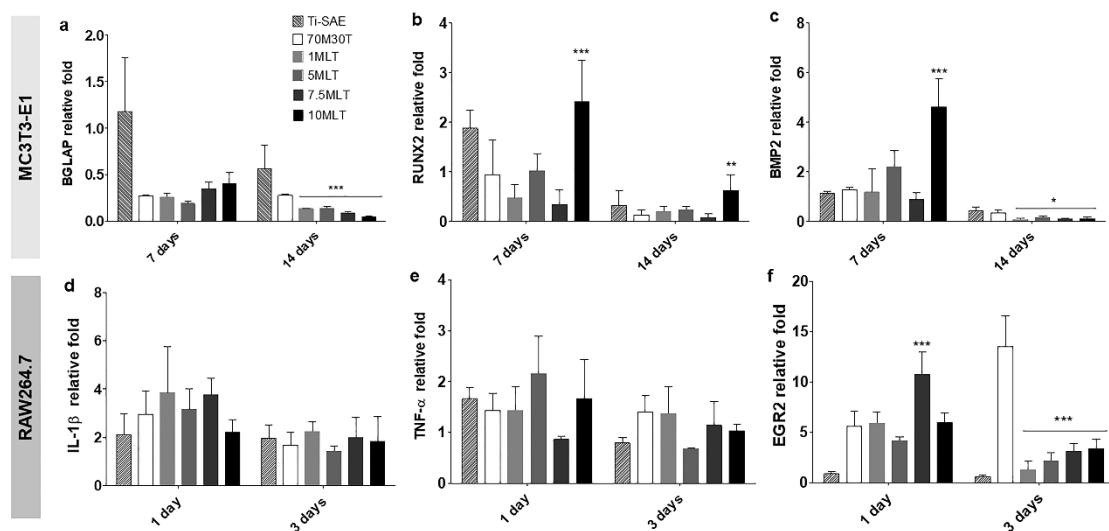
368

### 3.2.2. Relative gene expression

369

370 The expression of osteogenic and inflammation markers of the MC3T3-E1 and RAW264.7 cells  
 371 cultured onto the distinct formulations is shown in **Figure 5**. After 14 days, all materials with  
 372 MLT show a significant decrease in BGLAP expression (**Figure 5a**). On the other hand, RUNX2  
 373 and BMP2 expression showed an increase in 10MLT at 7 days. At 14 days, RUNX2 expression  
 374 increased in 10MLT, while BMP2 expression decreased in all materials (**Figure 5b and c**). The  
 375 expression of IL-1β and TNF-α showed no differences in any material at both time points (**Figure**  
 376 **5 d and e**). In the ERG2 expression, there was an increase in 7.5MLT at 1 day, while all materials  
 showed a significant decrease at 3 days (**Figure 5f**).

377

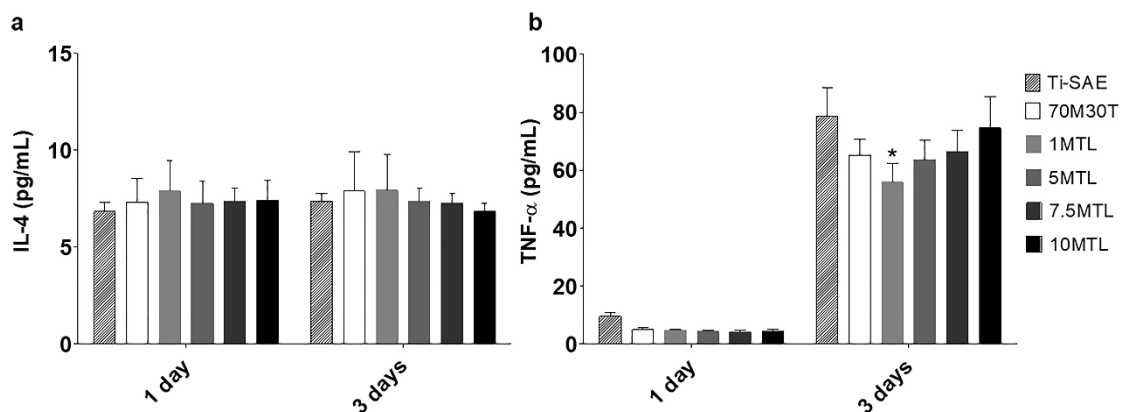


378 **Figure 5:** Relative gene expression of osteocalcin (BGLAP; a), runt-related transcription factor 2 (RUNX2;  
 379 b), and bone morphogenetic protein (BMP2; c) in MC3T3 at 7 and 14 days and interleukin-1β (IL-1β; d),  
 380 tumor necrosis α (TNF-α), and early growth response protein 2 (EGR2; f) in RAW264.7 at 1 and 3 days.  
 381 Results are shown as mean ± SD and were normalized to the wells without materials (bottom of cultivation

382 plate). The asterisks ( $p \leq 0.05$  (\*) and  $p \leq 0.001$  (\*\*\*)) indicate statistical differences in relation to 70M30T  
383 without melatonin (MLT).

### 384 3.2.3. Cytokine quantification by ELISA

385 To evaluate the effect of the materials with MLT on the inflammatory response, the  
386 secretion of anti (IL-4) and pro-inflammatory (TNF- $\alpha$ ) cytokines by RAW264.7  
387 macrophage was quantified at 1 day and 3 days. The secretion of IL-4 did not show  
388 differences at any of the times measured in any of the materials tested (**Figure 6a**). In  
389 the case of TNF- $\alpha$ , the profile was similar at 1 day for all materials (**Figure 6b**). After 3 days of  
390 culture, there is a general increase in the production of this cytokine; however, is significantly  
391 lower in 1% MLT when compared to the 70M30T coating.



392

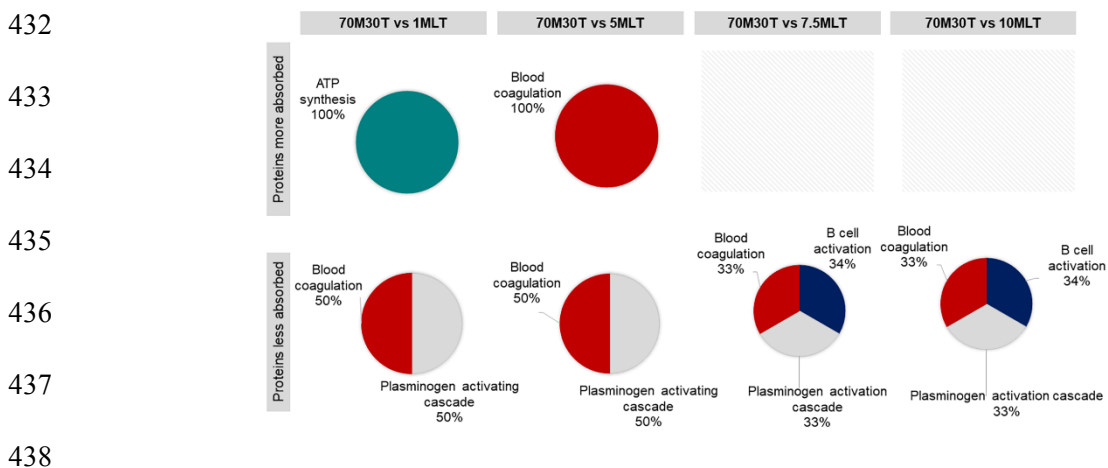
393 **Figure 6:** Cytokine quantification by ELISA in RAW264.7 at 1 and 3 days: (a) interleukin-4 (IL-4) and (b)  
394 tumor necrosis  $\alpha$  (TNF- $\alpha$ ). Results are shown as mean  $\pm$  SD. The asterisk ( $p \leq 0.05$  (\*)) indicates statistical  
395 differences in relation to 70M30T without melatonin (MLT).

### 396 3.2.4. Proteomic analysis

397 The eluted proteins were analyzed by LC-MS/MS, followed by identification with Progenesis  
398 QI software and DAVID system. Comparing MLT-enriched and the base sol-gel material, 26  
399 proteins were differentially adsorbed in the materials with MLT (**Supplementary Table 1**). The  
400 formulation with 10MLT shows the higher amount of differently adsorbed proteins, with 16  
401 proteins being less adsorbed onto its surface and five showing more affinity. Among the proteins  
402 with decreased adsorption, five are related to the complement system (CO7, IC1, CO5, CO8A,  
403 and CO9). On the other hand, these surfaces lead to higher adsorption with CXCL7, which plays  
404 a crucial role in neutrophil recruitment. Also related to immunological responses, the surface  
405 1MLT and 5MLT showed a higher affinity with IGHA2, while 7.5MLT differentially adsorbed  
406 CO5, IC1, CO8A, and CXCL7. The glycoproteins VTCN and SEPP1 were significantly less  
407 adsorbed in the material with 10MLT, while HEMO show higher affinity with the materials with  
408 1MLT, 5MLT, and 10MLT. VTNC is known to inhibit/regulate the complement system

409 activation. Depending on the concentration of MLT, the materials adsorbed fewer apolipoproteins  
 410 (APOA-I, APOF, APOL1, and APOC4) and PON1. These proteins are related to the metabolism  
 411 of high-density lipids. Regarding the coagulation process, HRG, HBB, PLMN, and KLKB1 were  
 412 differentially adsorbed: HRG was more adsorbed in 1MLT, while KLKB1 was more adsorbed in  
 413 5MLT. In 7.5MLT and 10MLT proteins related to this process presented less affinity with these  
 414 materials. Additionally, all materials except 7.5MLT showed a differential affinity with A2GL, a  
 415 protein-related with the angiogenesis processes. The materials 1MLT and 5MLT adsorbed more  
 416 of this protein, while 10MLT adsorbed less. ITIH2, ITIH4, and ITHI1, proteins from the inter-  
 417  $\alpha$ -trypsin inhibitor family related to the hyaluronan metabolic process, were less adsorbed in the  
 418 materials with 10MLT. ATPA, a mitochondrial membrane complex that produces ATP from  
 419 ADP, was significantly more adsorbed in 1MLT. **Table 1** summarizes the most relevant proteins  
 420 related to immune responses, coagulation, and angiogenesis processes found differentially  
 421 absorbed onto each material surface.

422 PANTHER analysis was used to associate the differentially adsorbed proteins with their functions  
 423 in distinct biological pathways. **Figure 7** shows pie-chart diagrams of the biological processes  
 424 related to the proteins differentially adsorbed onto each surface when compared with 70M30T  
 425 without MLT. ATP synthesis, blood coagulation, plasminogen activation, and B cell activation  
 426 where the cascades identified and varied according to the concentration of MLT employed. In  
 427 general, all materials showed less adsorbed proteins associated with blood coagulation,  
 428 plasminogen activation; also, at higher concentrations of MLT (7.5 and 10), there was a general  
 429 decrease of proteins associated with B cell activation pathways. Only the materials 1MLT and  
 430 5MLT showed significantly higher adsorption of proteins associated with the biological process:  
 431 ATP synthesis (1MLT) and blood coagulation (5MLT).



439 **Figure 7:** PANTHER diagram of the pathways associated with the proteins differentially adherent to MLT  
 440 enriched coatings in comparison with 70M30T without MLT.



441 **Table 1.** Summary of the proteins of interest differentially adsorbed related to the immune, coagulation,  
 442 and angiogenesis process differentially adsorbed onto each material surface when compared with 70M30T  
 443 without MLT. MLT/70M30T ratios are shown between parentheses; red indicates more adsorbed, and green  
 444 indicates less adsorbed.

70M30T vs 1MLT	70M30T vs 5 MLT	70M30T vs 7.5 MLT	70M30T vs 10 MLT
<b>Immune</b>			
			CO7 (0.46)
			IC1 (0.49)
		CO5 (0.66)	CO5 (0.57)
IGHA2 (2.56)	IGHA2 (2.83)	CO8A (0.66)	VTNC (0.64)
	CXCL7 (1.65)	CXCL7 (2.67)	CO9 (0.66)
			CXCL7 (2.45)
<b>Angiogenesis and coagulation</b>			
			HRG (0.36)
HRG (1.60)	A2GL (4.46)		A2GL (0.43)
A2GL (3.48)	KLKB1 (2.91)	HBB (0.63)	HBB (0.46)
			PLMN (0.51)

445

#### 446 **4. Discussion**

447 In oral rehabilitation, dental implants have become a common procedure with many advantages.  
 448 However, there is a need for bioactive surfaces that accelerate osseointegration because failure  
 449 still occurs in patients somehow compromised. These surfaces can be obtained with a battery of  
 450 techniques, such as sol-gel, and allow the usage of a diversity of biomolecules such as MLT.  
 451 Melatonin has a wide variety of biological actions and its well-described properties have made it  
 452 an attractive molecule for application in delivery systems in dentistry and regenerative medicine  
 453 [27]. Considering this, the aim of the study was to develop a sol-gel coating (70M30T)  
 454 supplemented with different percentages of MLT and characterize its effects in osteoblastic and  
 455 immune cells, which are essential to determinate implant outcome.

456 The incorporation of MLT onto the 70M30T base introduced physicochemical changes in the  
 457 surface properties, such as wettability. The contact angle significantly increased in relation to the  
 458 base regardless of the concentration of MLT, surely by the organic character of this molecule.  
 459 Regarding the material roughness, there is only a significant increase when comparing 70M30T  
 460 with 1MLT. The <sup>29</sup>Si solid NMR shows that the incorporation of MLT did not affect the formation  
 461 of the sol-gel network and FTIR analysis shows that it is present in the material. The hydrolytic  
 462 degradation and the Si release increased in a dose-response manner with the amount of MLT  
 463 incorporated in the network. This can be related to the liberation of MLT that also presented an  
 464 increasing dose-response pattern depending on the amount of MLT initially added into the  
 465 coating. The measured release kinetics can help to understand how melatonin is going to be



466 released *in vitro* from different materials, although the complexity of the medium employed for  
467 these essays may affect this liberation.

468 In cancer cells, the inhibitory effect of this MLT on cell proliferation is well documented [28]. In  
469 osteoblasts (hFOB 1.19), MLT showed an inhibitory effect on proliferation in a time-dependent  
470 manner, acting in genes related to the cell division cycle [29]. Zhang et al. [20] showed that MLT  
471 encapsulated in PLGA microspheres does not affect the proliferation of hMSCs at 1, 3, and 6  
472 days, which is in accordance with our results. To understand how MLT affects the mineralization  
473 of osteoblasts, ALP activity assay was performed. Our results show that MLT did not significantly  
474 affect ALP activity at 14 and 21 days. Previous studies have shown MLT can increase ALP  
475 activity in MC3T3-E1 at 14 days [30] or with 50 nM of MLT for 3 days [8]; however, these  
476 findings are for when cultures are directly treated with the compound and at short times of  
477 incubation (<14 days) with MLT. On the other hand, Zhang et al. [20] presented a significantly  
478 higher ALP activity in MLT encapsulated microspheres at 12 days. In what concerns gene  
479 expression, our results show an increase in BMP2 and RUNX2 expression in 10MLT. These  
480 markers have important roles in osteoblast differentiation, and previous works [4,8,31] showed  
481 that MLT can lead to their upregulation. However, further studies are needed to understand how  
482 MLT affects cells in long-term exposition (>14 days) and how the incorporation in distinct release  
483 vehicles affects its action.

484 The LC-MS/MS characterization of the protein layers identified 26 proteins that were  
485 differentially adsorbed in the materials with MLT. How and which proteins were adsorbed onto  
486 each surface depended on the amount of MLT incorporated on the sol-gel network. These proteins  
487 have functions associated with distinct biological pathways as shown in the PANTHER analysis.  
488 Apolipoproteins APOA-I, APOF, APOL1, and APOC4 were generally less adsorbed onto the  
489 surfaces with MLT. These proteins are known for their role in the metabolism of lipids, this  
490 protein family might also play a role in inhibiting complement system activation [32]. APOA-I is  
491 a major component of HDL that has been shown to inhibit LPS induced release of cytokines in  
492 monocytes [33], revealing an anti-inflammatory potential.

493 In addition, it was found differential adsorption of complement system proteins. In the materials  
494 with 7.5MLT and 10MLT, we could observe a decrease in the adsorption of complement C5  
495 (CO5), complement component C8 alpha chain (CO8A), complement component (CO7) and  
496 component complement (CO9). The activation of C5 initiates an assembly with late-phase  
497 complement components, such as C6, C7, C8, and C9, leading to the formation of C5-C9  
498 complex, a multimolecular structure that leads to the formation of the lytic complex that will be  
499 responsible for the target cell lysis [34]. This is in agreement with the analysis PANTHER, which  
500 shows that the proteins less adsorbed by these materials have functions associated with B cell

501 activation. The distinct complement pathways originate C3 and C4 fragments, which bind to  
502 complement receptors CD21 and CD35, whose co-expression is limited to B cells and leads to  
503 the enhancement of the activity of these cells [35,36]. On the other hand, vitronectin (VTNC) was  
504 less adsorbed in the materials with 10MLT. This protein has been described as an inhibitor of  
505 complement system action in bodily fluids [37]. Thus, the lower adsorption of complement  
506 proteins associated with the lower adsorption of VTNC can explain how the release of TNF- $\alpha$  and  
507 IL-4 cytokines by macrophage in contact with the 10MLT showed no statistical differences with  
508 respect to the base coating. Although, the anti-inflammatory potential of MLT is well described  
509 [11,38,39], its application in biomaterials can be dependent on the amount of hormone released  
510 by the material over time, and further studies are needed.

511 Coagulation and angiogenesis are key processes in bone regeneration. Proteomic analysis showed  
512 that MLT enriched materials differently adsorbed proteins related to both of these processes. In  
513 this sense, A2GL, a protein implicated in angiogenesis [40], was found to be more adsorbed onto  
514 the coatings 1MLT and 5MLT, but then, reduced its affinity with respect to the base material  
515 when 10% of MLT was incorporated. *In vitro*, MLT was reported to inhibit angiogenesis in  
516 cancer cells [41,42]. On the other hand, Ramírez-Fernandez et al. [14] reported that MLT  
517 promoted this process in rabbit tibiae following implantation of melatonin implants.

518 Regarding the coagulation process, HRG, which modulates various components in the  
519 coagulation cascade, such as heparin, increased its affinity for 1MLT. Similarly, KLKB1 was  
520 significantly more adsorbed onto the material 5MLT. This protein activates the coagulation  
521 cascade through the intrinsic pathway [43]. However, both KLKB1 and HRG reduced the affinity  
522 by the material when 10% of MLT was added.

523 Fibrinolysis is a highly regulated enzymatic process of clot removal tightly related to blood  
524 coagulation [44]. PLMN, a protein found less adsorbed onto 10MLT, has a role in tissue  
525 regeneration by dissolving preformed fibrin clots and extracellular matrix components allowing  
526 tissue remodeling [45]. These adsorption patterns are corroborated with PANTHER analysis,  
527 which showed a general decrease in proteins with functions related to blood coagulation and  
528 plasminogen activation.

529 MLT has a complex biological role and its potential effect on important pathways, such as  
530 inflammation, coagulation, and angiogenesis, in the early stages of tissue regeneration, can  
531 determine how these processes will be carried out around an implant. However, its specific  
532 mechanism of action, timings, and doses needed to produce significant cellular effects still need  
533 further studies.

534

535 **5. Conclusions**

536 In this article, we developed new coatings with MLT to be applied in titanium dental implants  
537 using a hybrid sol-gel network as a release vehicle. The addition of MLT changed the superficial  
538 parameters of the coatings, with the coatings supplemented with the hormone showing a lower  
539 hydrophilia when compared to the base material. These materials revealed to be not cytotoxic and  
540 showed an increase BMP2 and RUNX2 gene expression in 10MLT. However, osteoblastic cells  
541 did not show an improvement in the capacity of proliferation and mineralization (ALP activity)  
542 *in vitro* when exposed to the coatings. The proteomic analysis of protein adsorption onto the  
543 materials showed differences in the adsorption patterns in proteins associated with the  
544 complement pathway when MLT added and in a dose-response manner. This behavior can explain  
545 the liberation of TNF- $\alpha$ , which was significantly lower in the 1MLT composition. In addition, it  
546 was found differences in adsorption of proteins related to coagulation and angiogenesis, which  
547 points out a possible effect of MLT in the activation and development of these pathways.

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