

1 **Carotenoid evolution during postharvest storage of durum wheat (*Triticum***  
2 ***turgidum* conv. *durum*) and tritordeum (*×Tritordeum* Ascherson et Graebner)**  
3 **grains.**

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21 **Chemical compounds studied in this article:**

22  $\beta$ -Carotene (PubChem CID: 5280489); Zeaxanthin (PubChem CID: 5280899); Lutein  
23 (PubChem CID: 5368396)

24

25 **Abstract**

26 The process of *in vivo* esterification of xanthophylls has proven to be an important part  
27 of the post-carotenogenesis metabolism which mediates their accumulation in plants.  
28 The biochemical characterization of this process is therefore necessary for obtaining  
29 new and improved crop varieties with higher carotenoid contents. This study  
30 investigates the impact of postharvest storage conditions on carotenoid composition,  
31 with special attention to the esterified pigments (monoesters, diesters and their  
32 regioisomers), in durum wheat and tritordeum, a novel cereal with remarkable  
33 carotenoid content. For tritordeum grains, the total carotenoid content decreased during  
34 the storage period in a clear temperature-dependent manner. On the contrary, carotenoid  
35 metabolism in durum wheat was very much dependent on the physiological adaptation  
36 of the grains to the imposed conditions. Interestingly, when thermal conditions were  
37 more intense (37 °C), a higher carotenoid retention was observed for tritordeum, and  
38 was directly related to the *de novo* esterification of the lutein induced by temperature.  
39 The profile of lutein monoester regioisomers was constant during storage, indicating  
40 that the regioisomeric selectivity of the XAT enzymes was not altered by temperature.  
41 These data can be useful for optimizing the storage conditions of grains favoring a  
42 greater contribution of carotenoids from these staple foods.

43

## 44 1. Introduction

45 Wheat is the most widespread cultivated cereal in the world (FAO, 2014) and,  
46 along with rice, constitutes the main source of carbohydrates for human consumption.  
47 However, these staple foods not only represent an important dietary source of  
48 carbohydrates and proteins, but also provide minerals, fiber, vitamins and  
49 phytochemicals, including carotenoids, phenols, tocopherols, sterols and phytates (Liu,  
50 2007). Carotenoids are an important group of natural pigments responsible for the  
51 coloration of most fruits and vegetables and are present in many parts of the plant:  
52 fruits, flowers, roots, leaves, and seeds (Britton and Hornero-Méndez, 1997). Plant  
53 carotenoids are C<sub>40</sub> isoprenoids (tetraterpenoids) with a polyene skeleton consisting of a  
54 long conjugated double bond system, which constitutes the chromophore responsible for  
55 the color that these pigments confer to most fruits and vegetables, and play an important  
56 role in attracting animals to act as pollinators and seed dispersion vehicles, including the  
57 consumption of food by humans (Howitt and Pogson, 2006). The known number of  
58 naturally occurring carotenoids is about 750 and continues to rise (Britton et al., 2004).  
59 Carotenoids can only be synthesized *de novo* by plants, certain bacteria, and fungi,  
60 whereas animals are unable to synthesize carotenoids, so they need to obtain them from  
61 the diet. Carotenoids are essential components of the photosynthetic apparatus and are  
62 involved in the light harvesting process, as well as in the photo-protection mechanisms  
63 of plants (Cuttriss et al., 2011). When carotenoids are ingested, they show important  
64 biological activities: antioxidant, inhibition of carcinogenesis, enhancement of the  
65 immune response and cell defense against reactive oxygen species (ROS) and free  
66 radicals, and the reduction in the risk for developing cardiovascular and other  
67 degenerative diseases (reviewed by Britton et al., 2009). In addition, some carotenoids  
68 ( $\beta$ -carotene,  $\alpha$ -carotene,  $\beta$ -cryptoxanthin, etc) have provitamin A activity (Olson, 1989).

69 Of particular interest are the epidemiological studies showing an inverse correlation  
70 between the progression of age-related macular degeneration (AMD) and cataracts and  
71 the high intake of lutein and zeaxanthin rich-vegetables, and both pigments are present  
72 in high concentrations at the macula in the retina of humans and primates (Landrum and  
73 Bone, 2004).

74 Despite having a low carotenoid content when compared with the majority of  
75 fruits and vegetables, the consistent daily intake of cereals and other staple foods may  
76 have an important impact on the nutritional status of consumers, which can be  
77 especially significant in developing countries, where cereals and cereal-based foods are  
78 the main constituents of the diet. Thus, there is great potential for providing health  
79 benefits to consumers without significantly altering their dietary habits by manipulating  
80 the carotenoid content of foods such as cereals (Howitt and Pogson, 2006). The  
81 endosperm color of cereal grains, which is mainly due to carotenoid accumulation, is an  
82 important quality criterion in wheat breeding programs. Common wheat (*Triticum*  
83 *aestivum* L.) varieties have been traditionally selected for their white color since  
84 consumers prefer white flours for bread making. In contrast, durum wheat (*Triticum*  
85 *turgidum* ssp. *durum*) is selected for high yellow pigment content (YPC) as it is a  
86 desirable property for pasta products (Troccoli et al., 2000). In previous works (Atienza  
87 et al., 2007; Mellado-Ortega and Hornero-Méndez, 2012), we have characterized the  
88 carotenoid composition of tritordeum ( $\times$ *Tritordeum* Ascherson et Graebner), a novel  
89 cereal obtained as an amphiploid ( $2n=6x=42$ , AABBH<sup>ch</sup>H<sup>ch</sup>) resulting from the cross  
90 between a wild barley (*Hordeum chilense* Roem. & Schult.) and durum wheat (Martín  
91 and Sanchez-Monge Laguna, 1982). As observed in most species of the *Triticum* genus,  
92 lutein ( $3R,3'R,6'R$ - $\beta,\epsilon$ -carotene-3,3'-diol) is the main carotenoid present in tritordeum,  
93 showing a lutein content 5-8 times higher than durum wheat (Atienza et al., 2007;

94 Mellado-Ortega and Hornero-Méndez, 2012). Moreover, it has been found that lutein in  
95 tritordeum grains is characterized by presenting a distinctive profile of esterification  
96 with specific fatty acids (palmitic and linoleic acids), whereas the esters are absent or at  
97 very low concentration levels in durum wheat grains. For the first time in a cereal, the  
98 analysis of the mass spectrometry fragmentation pattern of lutein has recently allowed  
99 for the unambiguous structural identification of the lutein esters present in tritordeum,  
100 which consisted of four monoesters (lutein 3'-*O*-linoleate, lutein 3-*O*-linoleate, lutein  
101 3'-*O*-palmitate, lutein 3-*O*-palmitate) and four diesters (lutein dilinoleate, lutein 3'-*O*-  
102 linoleate-3-*O*-palmitate, lutein 3'-*O*-palmitate-3-*O*-linoleate, lutein dipalmitate)  
103 (Mellado-Ortega and Hornero-Méndez, 2012). Tritordeum exhibits agronomic,  
104 morphological, chemical, physico-chemical and rheological characteristics similar to  
105 bread wheat (Martín et al., 1999). These properties, together with the enormous genetic  
106 variability potentially available for breeding this new crop, make tritordeum a  
107 promising cereal for agriculture and food processing. The xanthophyll esterification  
108 process in tritordeum, which seems to be a key mechanism for the carotenoid  
109 accumulation in the endosperm, has already been characterized as a post-developmental  
110 grain process (Rodríguez-Suárez et al., 2014). The high degree of lutein esterification in  
111 tritordeum grains at harvest may reveal the activation of a carotenoid sequestering  
112 mechanism probably leading to the absence of metabolic feedback to inhibit the  
113 carotenoid biosynthetic pathway. So the complete biochemical characterization of the  
114 molecular mechanism underlying the formation of carotenoid esters is important for the  
115 improvement of cereals and other vegetables with higher carotenoid content.

116 Reports about the occurrence of lutein acylesters in wheat and other cereals, as  
117 well as the studies of their metabolism changes during the storage of grains are very  
118 scarce (Kaneko et al., 1995; Kaneko and Oyanagi, 1995). Recently, a more complete

119 study conducted by Ahmad et al. (2013) has reported the formation of lutein esters  
120 during storage under a wide range of temperatures in a high lutein wheat developed at  
121 The Waite Campus, The University of Adelaide. Cereal grains are stored for long  
122 periods and consequently they may undergo important physical, chemical and  
123 physiological modifications promoted by the storage conditions, i.e. temperature,  
124 moisture content, oxygen content, light and microbial activity. Seeds deteriorate  
125 following a time dependent process termed “aging”, which has led some researchers to  
126 investigate these changes in seeds during natural (Pinzino et al., 1999) or accelerated  
127 aging (Galleschi et al., 2002), the last one quickly mimicking the long-term storage  
128 effects which are observed under industrial conditions and the impact on the viability of  
129 seeds. After harvesting, the kernels are stored in silos, where they are maintained at  
130 15.5% moisture or less in order to minimize microbial growth and to favor conservation  
131 over time (Galleschi et al., 2002). In spite of this, pronounced chemical changes take  
132 place, and some antioxidant compounds such as carotenoids are degraded by both direct  
133 and lipoxygenase (EC 1.13.11.12) mediated oxidation (Doblado-Maldonado et al.,  
134 2012). Limited information is available in the literature on the carotenoid pigment  
135 metabolism in cereal grains during the immediate postharvest storage (Burt et al., 2010).  
136 The exploration of this period may shed light on the carotenoid metabolism in grains in  
137 which perhaps physiological maturity has still not been reached. Thus, in this study we  
138 have investigated the influence of postharvest storage conditions (temperature and time)  
139 on the carotenoid stability and metabolism in tritordeum and durum wheat grains. The  
140 role of esterification on the stability of lutein is also discussed. With this aim, the  
141 carotenoid content and profile of the grains of three durum wheat varieties and three  
142 advanced tritordeum lines were measured during their postharvest storage for up to 90  
143 days at three different temperatures (4, 20 and 37 °C).

## 144 **2. Materials and methods**

### 145 **2.1. Plant material, storage conditions and sample preparation**

146 Three advanced tritordeum lines (HT630, HT621 (Ballesteros et al., 2005) and  
147 HT609), developed in the Cereal Breeding Program of the Institute for Sustainable  
148 Agriculture (IAS-CSIC, Córdoba, Spain), characterized by a high carotenoid content in  
149 the endosperm, and three durum wheat varieties (Don Pedro, Simeto and Claudio) were  
150 used for the present study. Plants were first grown in a climate chamber under  
151 controlled conditions (at 22/16 °C day/night with 12/12 h Light/darkness) and then  
152 transplanted to field conditions, following a completely randomized block design with 3  
153 replications. The harvested grains were subsequently used for the storage experiments  
154 as follows. Three separated batches (300 g) of grains from each field replicate were  
155 placed in open containers under controlled temperature conditions (4, 20 and 37 °C),  
156 maintaining low relative humidity for a period of 90 days. Samples were taken at  
157 monthly intervals. A control sample (t=0 days), consisting of 6 subsamples (three  
158 batches by duplicate), was taken for each line or variety and stored at -30 °C until  
159 analysis. Grains were milled by using a spice hand mill, and the resulting whole flour  
160 was used for carotenoid extraction.

161

### 162 **2.2. Chemicals and reagents**

163 HPLC-grade acetone was supplied by BDH Prolabo (VWR International  
164 Eurolab, S.L., Barcelona, Spain), and HPLC-grade deionized water was produced with a  
165 Milli-Q 50 system (Millipore Iberica S.A., Madrid, Spain). The rest of reagents were all  
166 of analytical grade.

167

### 168 **2.3. Extraction of carotenoids**

169 The extraction of carotenoids was carried out according to the method of  
170 Atienza et al. (2007) with some modifications (Mellado-Ortega and Hornero-Méndez,  
171 2012). Briefly, 1 g of milled grain sample was placed in a round capped polypropylene  
172 15-mL centrifuge tube, and extracted with 4 mL of acetone (containing 0.1% BHT) for  
173 2 min by vortexing, following sonication for 1 min. The mixture was centrifuged at  
174 4,500×g for 5 min at 4 °C. The extraction operation was repeated three times, and the  
175 acetone fractions were pooled. The solvent was gently evaporated under a nitrogen  
176 stream, and the pigments were dissolved in 1.0 or 0.5 mL of acetone for durum wheat  
177 and tritordeum samples, respectively. Prior to the chromatographic analysis, samples  
178 were centrifuged at 13,000×g for 5 min at 4 °C. The analyses were carried out in  
179 duplicate for each sample. All operations were performed under dimmed light to  
180 prevent isomerization and photo-degradation of carotenoids.

181

#### 182 **2.4. Pigment identification**

183 The procedures for the isolation and identification of carotenoid pigments and its  
184 esters have already been described in previous works (Atienza et al., 2007; Mellado-  
185 Ortega and Hornero-Méndez, 2012).

186

#### 187 **2.5. HPLC analysis of carotenoids**

188 HPLC quantitative analysis of carotenoids was carried out according to the  
189 method of Mínguez-Mosquera and Hornero-Méndez (1993) with some modifications  
190 (Atienza et al., 2007). The HPLC system consisted of a Waters 2695 Alliance  
191 chromatograph fitted with a Waters 2998 photodiode array detector, and controlled with  
192 Empower2 software (Waters Cromatografía, S.A., Barcelona, Spain). A reversed-phase  
193 column (Mediterranea SEA18, 3 µm, 20×0.46 cm; Teknokroma, Barcelona, Spain) was



194 used. Separation was achieved by a binary-gradient elution using an initial composition  
195 of 75% acetone and 25% deionized water, which was increased linearly to 95% acetone  
196 in 10 min, then raised to 100% in 2 min, and maintained constant for 10 min. Initial  
197 conditions were reached in 5 min. An injection volume of 10  $\mu$ L and a flow rate of 1  
198 mL/min were used. Detection was performed at 450 nm, and the online spectra were  
199 acquired in the 350-700 nm wavelength range. Quantification was carried out using  
200 calibration curves prepared with lutein,  $\alpha$ - and  $\beta$ -carotene and zeaxanthin standards  
201 isolated and purified from natural sources (Mínguez-Mosquera and Hornero-Méndez,  
202 1993). Calibration curves were prepared in the pigment concentration range of 0.5-45  
203  $\mu$ g/ml. Lutein esters contents were estimated by using the calibration curve for free  
204 lutein, since the esterification of xanthophylls with fatty acids does not modify the  
205 chromophore properties. The calibration curve of free lutein was also used to determine  
206 the concentration of the Z-isomers of lutein. Data were expressed as  $\mu$ g/g fresh weight.

207

## 208 **2.6. Statistical analysis**

209 The compositional data of total and individual pigments are expressed as mean and  
210 standard error of the mean (SEM). The existence of significant differences between  
211 means was determined by one-way ANOVA, followed by a post-hoc test of mean  
212 comparison using the Duncan test for a confidence level of 95% ( $p < 0.05$ ) utilizing the  
213 STATISTICA 6.0 software (StatSoft Inc.).

214

## 215 **3. Results and discussion**

### 216 **3.1. Carotenoid composition**

217 In the present study, lutein was confirmed as the main carotenoid pigment  
218 (>85%) found in both tritordeum and durum wheat grains (**Tables 1 and 2**). However,

219 as shown in the respective HPLC chromatograms (see **Figure 1** at t=0 days), the  
220 carotenoid profiles were clearly different for both types of samples, in agreement with  
221 our previous studies (Atienza et al., 2007). In addition to lutein (86.1%, sum of *E*- and  
222 *Z*- isomers), durum wheat grains also contained zeaxanthin (10.7%) and lower amounts  
223 of  $\beta$ -carotene (1.8%) and  $\alpha$ -carotene (1.4%), the latter being absent in tritordeum. In  
224 tritordeum grains, lutein showed the characteristic esterification pattern described in  
225 previous works, and total lutein (sum of free and esterified forms) accounted for up to  
226 98.9% of the total carotenoid composition, the rest (1.1%) pertained to  $\beta$ -carotene. The  
227 structural assignment of the lutein esters in tritordeum, including their regioisomeric  
228 forms, has been recently investigated in our laboratory, and consisted of monoesters and  
229 diesters (homodiesters and heterodiesters) with palmitic (C16:0) and linoleic (C18:2)  
230 acids (Mellado-Ortega and Hornero-Méndez, 2012). On average, the total carotenoid  
231 content of the tritordeum lines (6.5  $\mu\text{g/g}$  fw) was significantly higher, about 8 times,  
232 compared to durum wheat varieties (0.7  $\mu\text{g/g}$  fw), which is in accordance with previous  
233 results (Atienza et al., 2007). The initial carotenoid contents at the harvest stage (t=0  
234 days) are summarized in **Tables 1** and **2** for durum wheat and tritordeum, respectively.  
235 We have recently characterized (Mellado-Ortega and Hornero-Méndez, 2015) the  
236 carotenoid profile of *H. chilense*, the other parent of tritordeum, confirming that the  
237 high level of carotenoids and the esterification pattern of tritordeum is a genetic trait  
238 derived from this parent. Strikingly, the carotenoid profile of both parents (*H. chilense*  
239 and durum wheat) included zeaxanthin, thus indicating that the absence of this pigment  
240 in the amphiploid could be due to the over-activation of the  $\beta,\epsilon$ - branch of the  
241 biosynthetic pathway, which leads to the formation of lutein, at the expense of the  $\beta,\beta$ -  
242 branch, leading to the formation of zeaxanthin. This possibility seems more likely than  
243 the amphiploid inability to synthesize zeaxanthin, since tritordeum has detectable levels

244 of  $\beta$ -carotene, its precursor. Besides, zeaxanthin is detected in tritordeum during grain  
245 development (Rodríguez-Suárez et al. 2014). The overactivation of  $\beta,\epsilon$ - branch along  
246 with the existence of active sequestering mechanisms from the high degree of  
247 esterification may result in the fact that the hydroxylation step for the formation of  
248 lutein is very active. This could explain the absence of  $\alpha$ -carotene in tritordeum as well.

249       Regarding the esterified fraction in tritordeum, this represented about 16% of the  
250 total lutein with a greater contribution from the monoesters. The relative abundance of  
251 the individual esterified xanthophylls with respect to the total carotenoids was: lutein  
252 monopalmitate (10.1%), lutein monolinoleate (4.8%), lutein dipalmitate (0.5%), lutein  
253 linoleate palmitate (0.4%) and lutein dilinoleate (0.2%). Regioisomers of lutein  
254 monoesters at position 3 (lutein-3-*O*-linoleate and lutein-3-*O*-palmitate) were found at  
255 higher concentration levels than the monoesters at position 3' (lutein-3'-*O*-linoleate and  
256 lutein-3'-*O*-palmitate), which is consistent with the regioisomer profile described for  
257 lutein monoesters in advanced tritordeum lines (Mellado-Ortega and Hornero-Méndez,  
258 2012). The analysis of the diester fraction shows a higher presence of the homodiester  
259 with palmitic acid (lutein dipalmitate, ~ 50% of total diesters) and much lower for its  
260 counterpart with linoleic acid (lutein dilinoleate, ~ 14% of total diesters), suggesting a  
261 greater affinity for the esterification with palmitic acid. As proposed in previous works  
262 (Mellado-Ortega and Hornero-Méndez, 2012), these results indicate the preferential  
263 acylating action of the responsible enzymes (XAT: xanthophyll acyltransferase) over  
264 the  $\beta$ -end ring of lutein compared to the  $\epsilon$ -end ring, as well as a higher selectivity for  
265 palmitic acid. The average ratios for the regioisomers of monoesters at positions 3 and  
266 3' reached values of 4.3 and 2.2 for lutein monolinoleate and lutein monopalmitate,  
267 respectively. This suggests that while the esters with palmitic acid are always more  
268 abundant than those with linoleic acid, the relative affinity of XAT enzymes between

269 positions 3 and 3' of lutein molecules is more pronounced for the monoesters with  
270 linoleic acid.

271 It is important to note that the chromatographic peak assigned as the  
272 heterodiester lutein linoleate-palmitate consisted of two regioisomers, lutein-3'-*O*-  
273 linoleate-3-*O*-palmitate and lutein-3'-*O*-palmitate-3-*O*-linoleate (38% of total diesters).  
274 The use of the C18 column for the chromatographic analysis did not allow for the  
275 resolution of these two regioisomers, and therefore we cannot establish whether there  
276 are differences in their relative abundance.

277

### 278 **3.2. Changes in the carotenoid content during the postharvest storage of durum** 279 **wheat and tritordeum grains**

280 The evolution of the total carotenoid content (**Figure 2**), resulting from the  
281 balance between the carotenogenic and catabolic processes, was markedly different  
282 between the two groups of cereals. For the tritordeum lines, the carotenoid content  
283 decreased progressively throughout the storage period, showing some dependence on  
284 the applied temperature. Thus, the average decrease in the carotenoid content for the  
285 tritordeum lines reached a maximum value of 24% at the end of the storage period (90  
286 days) at 37 °C. In the case of durum wheat cultivars, it was noticed that such a  
287 biosynthetic/catabolic balance was displaced, favoring the anabolic ones, and the  
288 degradation of carotenoids was compensated by the carotenogenesis activated during  
289 the adaptation of the grains to the storage conditions, possibly due to a certain degree of  
290 immaturity of the harvested durum wheat grains. These results are consistent with other  
291 studies on durum wheat (Ramachandran et al., 2010). This phenomenon was very  
292 evident at the lower storage temperature (4 °C) with a net increase in the carotenoid  
293 content after the first 30 days of storage, of 65% and 31% for Claudio and Simeto,

294 respectively. These changes might be the adaptation response of the grains to the newly  
295 imposed storage conditions, especially for grains stored at 4 °C (a temperature very  
296 different from the harvest temperature), suggesting a metabolic activation or dormancy  
297 breakage of grains, a process during which there is evidence of general increases in  
298 antioxidant contents (Howitt and Pogson, 2006). Carotenoids play a protective role  
299 against the action of free radicals and prevent the aging of the seeds, in this case  
300 contributing to their germination success. Several studies have shown a direct  
301 correlation between antioxidant contents, including carotenoids, and aging or vegetative  
302 state of the seed (Galleschi et al., 2002; Pinzino et al., 1999). An average decrease of  
303 30% was observed at the end of the storage period at 37 °C in durum wheat compared  
304 with 24% in tritordeum. In any case, the observed higher retention of carotenoid in  
305 tritordeum grains at the end of the storage period at 37 °C seems to be more directly  
306 related to the esterification of lutein, rather than the differences at pigment level for both  
307 cereals, an aspect which is discussed below.

308         The evolution of individual carotenoid pigments present in the grains of the  
309 durum wheat varieties and tritordeum lines are shown in **Tables 1** and **2**. The behavior  
310 of the three durum wheat varieties was consistent with the changes in the total  
311 carotenoid content. As a general trend, durum wheat varieties showed a net increase in  
312 the concentration of all pigments at 4 °C in agreement with the observation for total  
313 carotenoid content, suggesting a general activation of the carbon flux through the  
314 carotenoid pathway. Likewise, the decrease in the concentration of pigments was more  
315 evident at 37 °C, so that, at the end of the storage period (90 days), the net loss for all-  
316 *E*-lutein amounted to 37% in the Don Pedro and Simeto varieties and 25% for the  
317 Claudio variety. With respect to all-*E*-zeaxanthin a decline of around 23% in the Don  
318 Pedro and Simeto varieties and 12% in Claudio was observed. In contrast, *Z*-lutein

319 isomers experienced a smaller drop in all three varieties than *E*-lutein and the rest of the  
320 pigments. This is consistent with the fact that the *E* to *Z* isomerization of carotenoids is  
321 a frequent transformation taking place during the storage and processing of fruits and  
322 vegetables (Liaaen-Jensen and Lutnaes, 2008). For the case of carotenes, storage at 37  
323 °C for three months resulted in greater changes in concentration, so that  $\alpha$ - and  $\beta$ -  
324 carotene registered losses of around 40% in Simeto and Don Pedro varieties, and even  
325 64% in Claudio. These results indicate a greater instability of carotenes compared to  
326 xanthophylls. For tritordeum grains, the most significant changes were observed in the  
327 contents of free lutein (including all-*E*-lutein and *Z*-lutein) and lutein esters (**Table 2**).  
328 All tritordeum lines experienced an increase in the mono- and diesterified lutein  
329 fractions with a concomitant decrease in the levels of free lutein (**Figure 3**). For both  
330 fractions, monoesters and diesters, their relative contents increased following a  
331 temperature-dependent manner, thus their increases were more pronounced at 37 °C,  
332 coinciding with a decrease in all-*E*-lutein levels in the range of 40-60% compared to the  
333 levels observed at 4 and 20 °C (**Table 2**). This finding indicates a positive and  
334 modulating effect of temperature on the *in vivo* process of the esterification of  
335 xanthophylls. Recently, Ahmad et al. (2013), in a study assessing lutein ester synthesis  
336 over a wide temperature range in bread wheat and durum wheat grains, concluded that  
337 the optimum temperature for lutein esterification with minimum loss was in the range  
338 30 to 60 °C. In addition, these authors reported that storage at 37 °C for 8 weeks  
339 significantly promoted the esterification of lutein. Our results clearly showed that the  
340 diester fraction experienced higher increases than the monoester fraction, which was at  
341 its maximum at the end of the storage period at 37 °C, at 6.99, 9.87 and 9.31 times  
342 higher compared to the initial values for HT630, HT621 and HT609, while the  
343 monoesterified fraction increased its concentration by 1.58, 2.33 and 2.09 times,

344 respectively (**Figure 3**). As observed for durum wheat, *Z*-lutein isomers were  
345 characterized by a smooth rate of degradation, probably due to the compensation of  
346 catabolism by the *E* to *Z* isomerization that compensates net degradation. Finally, note  
347 that  $\beta$ -carotene showed a general trend towards degradation, according to a free pigment  
348 (**Table 2**).

349

### 350 **3.3. Effect of postharvest storage on the esterified lutein fractions in tritordeum.**

351 Based on the above, it is worthwhile to analyze the evolution of the different  
352 lutein monoesters and diesters identified in the tritordeum lines in more detail, in order  
353 to distinguish the corresponding regioisomers of the monoesters (**Table 2**). The  
354 evolution of the esterified lutein fractions at different temperatures coincided with a  
355 gradual rise, with a very marked increase at 37 °C in all cases at the end of the storage  
356 period (90 days). In addition, the lutein monopalmitate content was higher than lutein  
357 monolinoleate, and experienced a higher increase throughout storage (1.4, 1.3 and 1.6  
358 times for HT621, HT609 and HT630, respectively). These data again confirm a higher  
359 affinity of the involved enzyme systems (XAT) for palmitic acid versus linoleic acid,  
360 although the latter is the most abundant fatty acid in the lipid pool of cereals (Mellado-  
361 Ortega and Hornero-Méndez, 2012). Moreover, another factor to be considered for  
362 influencing in the monoester levels, with one or another fatty acid, is the involvement of  
363 lipid peroxidation reactions during the storage period (Hildebrand, 1989). Thus,  
364 polyunsaturated fatty acids such as linoleic acid are more prone to oxidation than  
365 saturated fatty acids, e.g. palmitic acid. The ratios between the regioisomers (**Table 2**),  
366 lutein 3-*O*-linoleate/lutein 3'-*O*-linoleate and lutein 3-*O*-palmitate/lutein 3'-*O*-palmitate,  
367 showed constant values for each monoester during the postharvest storage period,  
368 indicating that the regioisomeric selectivity of the XAT enzymes is not altered by the

369 temperature with respect to the preferential position of esterification in the lutein  
370 molecule (position 3 at the  $\beta$ -end ring).

371 As described for monoesters, lutein dipalmitate turned out to be the most  
372 abundant of diesters in all tritordeum lines, followed by the heterodiester lutein  
373 linoleatepalmitate, and finally by trace amounts of lutein dilinoleate. This is consistent  
374 with the specificity for palmitic acid as previously indicated and with a plausible  
375 negative effect of oxidation over linoleic acid. The increases observed at the end of the  
376 storage period (90 days) at 37 °C were very pronounced (**Table 2**). These results are  
377 consistent with the earlier studies of Kaneko et al. (1995) and Kaneko and Oyanagi  
378 (1995), who evaluated the effect of relative humidity on the promotion of the  
379 esterification reaction of lutein during the storage of wheat seeds at 30 °C. These works  
380 also showed a greater increase in the fraction of diesters versus monoesters. The authors  
381 reported that the esterification of lutein was highly influenced by the cereal genome.

382 As deduced from the lower loss values for the total carotenoid content in  
383 tritordeum versus durum wheat, the progressive increase in the esterification of lutein  
384 provides greater stability. The greater stability of esterified carotenoids compared to the  
385 free forms has been demonstrated in various studies (Khachik and Beecher, 1988;  
386 Schweiggert et al., 2007; Subagio et al., 1999). The esterification increases the apolar  
387 nature of these molecules, facilitating their accumulation and storage in lipophilic  
388 membrane structures or bodies that enable greater protection against degradative  
389 enzyme systems. Therefore, the ability of tritordeum grains to produce lutein esters and  
390 the possibility to modulate their content by means of postharvest storage conditions  
391 (specially the temperature) must be exploited in order to optimize their use as a  
392 functional cereal.

393

394



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402

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489 **Figure captions**

490

491 **Figure 1.** HPLC chromatograms obtained during postharvest storage (90 days) at three  
492 different temperatures (4, 20 and 37 °C) of durum wheat (Don Pedro) and tritordeum  
493 (HT621) grains. Peak identities are: 1, all-*E*-zeaxanthin; 2, all-*E*-lutein; 3, 9-*Z* and 13-*Z*  
494 isomers of lutein; 4, lutein 3'-*O*-linoleate; 5, lutein 3-*O*-linoleate; 6, lutein 3'-*O*-  
495 palmitate; 7, lutein 3-*O*-palmitate; 8, all-*E*- $\alpha$ -carotene; 9, all-*E*- $\beta$ -carotene; 10, lutein  
496 dilinoleate; 11, lutein 3'-*O*-linoleate-3-*O*-palmitate and lutein 3'-*O*-palmitate-3-*O*-  
497 linoleate; 12, lutein dipalmitate.

498

499 **Figure 2.** Total carotenoid content ( $\mu\text{g/g}$  fresh weight) evolution in wheat varieties  
500 (Don Pedro, Simeto and Claudio) and advanced tritordeum lines (HT630, HT621 and  
501 HT609) during the postharvest storage of seeds at 4, 20 and 37 °C. The values shown  
502 are the mean and standard error of six analyses ( $n=6$ , three blocks  $\times$  2). Different letters  
503 within the same line (temperature effect) indicate significant differences ( $p<0.05$ )  
504 determined by the Duncan test.

505

506 **Figure 3.** Effect of temperature (4, 20 and 37 °C) on the degree of esterification of  
507 lutein during the storage of tritordeum seeds (lines HT630, HT621 and HT609). Data  
508 represented the relative contribution of each fraction (free, monoesterified and  
509 diesterified) in relation to temperature and storage time. The values shown are the mean  
510 and standard error ( $n=6$ , three blocks  $\times$  2).

**Table 1.** Carotenoid composition evolution ( $\mu\text{g/g}$  fresh weight)<sup>1</sup> during postharvest storage of durum wheat grains (Don Pedro, Simeto and Claudio varieties).

Carotenoid	Temp (°C)	Don Pedro				Simeto				Claudio			
		Time (days)											
		0	30	60	90	0	30	60	90	0	30	60	90
all- <i>E</i> -Lutein	4	0.62 ± 0.04 <sup>a</sup>	0.72 ± 0.06 <sup>a</sup>	0.75 ± 0.06 <sup>a</sup>	0.74 ± 0.09 <sup>a</sup>	0.54 ± 0.04 <sup>a</sup>	0.78 ± 0.06 <sup>b</sup>	0.78 ± 0.05 <sup>b</sup>	0.73 ± 0.06 <sup>b</sup>	0.43 ± 0.01 <sup>a</sup>	0.68 ± 0.04 <sup>b</sup>	0.72 ± 0.03 <sup>b</sup>	0.71 ± 0.03 <sup>b</sup>
	20		0.65 ± 0.04 <sup>a</sup>	0.59 ± 0.03 <sup>a</sup>	0.58 ± 0.05 <sup>a</sup>		0.57 ± 0.06 <sup>a</sup>	0.56 ± 0.04 <sup>a</sup>	0.55 ± 0.03 <sup>a</sup>		0.55 ± 0.06 <sup>a</sup>	0.54 ± 0.05 <sup>a</sup>	0.52 ± 0.02 <sup>a</sup>
	37		0.42 ± 0.02 <sup>b</sup>	0.40 ± 0.01 <sup>b</sup>	0.39 ± 0.01 <sup>b</sup>		0.40 ± 0.02 <sup>b</sup>	0.34 ± 0.01 <sup>b</sup>	0.34 ± 0.02 <sup>b</sup>		0.37 ± 0.02 <sup>b</sup>	0.34 ± 0.02 <sup>bc</sup>	0.33 ± 0.01 <sup>c</sup>
9Z- and 13Z-Lutein	4	0.12 ± 0.00 <sup>a</sup>	0.14 ± 0.01 <sup>a</sup>	0.15 ± 0.01 <sup>a</sup>	0.15 ± 0.02 <sup>a</sup>	0.11 ± 0.01 <sup>a</sup>	0.15 ± 0.01 <sup>b</sup>	0.15 ± 0.01 <sup>b</sup>	0.14 ± 0.01 <sup>b</sup>	0.09 ± 0.00 <sup>a</sup>	0.13 ± 0.01 <sup>b</sup>	0.15 ± 0.01 <sup>b</sup>	0.15 ± 0.01 <sup>b</sup>
	20		0.13 ± 0.01 <sup>a</sup>	0.13 ± 0.01 <sup>a</sup>	0.12 ± 0.01 <sup>a</sup>		0.11 ± 0.01 <sup>a</sup>	0.11 ± 0.01 <sup>a</sup>	0.10 ± 0.01 <sup>a</sup>		0.11 ± 0.01 <sup>b</sup>	0.11 ± 0.01 <sup>b</sup>	0.11 ± 0.01 <sup>ab</sup>
	37		0.11 ± 0.00 <sup>b</sup>	0.10 ± 0.00 <sup>b</sup>	0.10 ± 0.00 <sup>b</sup>		0.10 ± 0.00 <sup>a</sup>	0.09 ± 0.00 <sup>b</sup>	0.08 ± 0.00 <sup>b</sup>		0.09 ± 0.00 <sup>ab</sup>	0.10 ± 0.00 <sup>b</sup>	0.08 ± 0.00 <sup>a</sup>
all- <i>E</i> -Zeaxanthin	4	0.10 ± 0.00 <sup>a</sup>	0.11 ± 0.01 <sup>a</sup>	0.11 ± 0.01 <sup>a</sup>	0.11 ± 0.01 <sup>a</sup>	0.08 ± 0.00 <sup>a</sup>	0.10 ± 0.01 <sup>b</sup>	0.10 ± 0.00 <sup>b</sup>	0.09 ± 0.00 <sup>b</sup>	0.06 ± 0.00 <sup>a</sup>	0.09 ± 0.00 <sup>b</sup>	0.10 ± 0.00 <sup>b</sup>	0.09 ± 0.00 <sup>b</sup>
	20		0.10 ± 0.01 <sup>a</sup>	0.09 ± 0.01 <sup>a</sup>	0.09 ± 0.01 <sup>a</sup>		0.08 ± 0.01 <sup>a</sup>	0.08 ± 0.01 <sup>a</sup>	0.08 ± 0.00 <sup>a</sup>		0.07 ± 0.01 <sup>b</sup>	0.07 ± 0.00 <sup>b</sup>	0.07 ± 0.00 <sup>ab</sup>
	37		0.08 ± 0.00 <sup>b</sup>	0.07 ± 0.00 <sup>b</sup>	0.08 ± 0.00 <sup>b</sup>		0.06 ± 0.00 <sup>b</sup>	0.06 ± 0.00 <sup>b</sup>	0.06 ± 0.00 <sup>b</sup>		0.06 ± 0.00 <sup>ab</sup>	0.05 ± 0.00 <sup>bc</sup>	0.05 ± 0.00 <sup>c</sup>
all- <i>E</i> - $\alpha$ -Carotene	4	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>b</sup>	0.01 ± 0.00 <sup>ab</sup>	0.01 ± 0.00 <sup>ab</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>b</sup>	0.01 ± 0.00 <sup>b</sup>	0.02 ± 0.00 <sup>b</sup>
	20		0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>		0.01 ± 0.00 <sup>a</sup>	0.00 ± 0.00 <sup>a</sup>	0.00 ± 0.00 <sup>a</sup>		<sup>a</sup> 0.01 ± 0.00 <sup>b</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>
	37		0.01 ± 0.00 <sup>b</sup>	0.01 ± 0.00 <sup>b</sup>	0.01 ± 0.00 <sup>b</sup>		0.00 ± 0.00 <sup>b</sup>	0.00 ± 0.00 <sup>b</sup>	0.00 ± 0.00 <sup>b</sup>		<sup>ab</sup> 0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>ab</sup>	0.01 ± 0.00 <sup>b</sup>
all- <i>E</i> - $\beta$ -Carotene	4	0.02 ± 0.00 <sup>a</sup>	0.02 ± 0.00 <sup>a</sup>	0.02 ± 0.00 <sup>a</sup>	0.02 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>	0.02 ± 0.00 <sup>b</sup>	0.02 ± 0.00 <sup>b</sup>	0.02 ± 0.00 <sup>b</sup>	0.01 ± 0.00 <sup>a</sup>	0.02 ± 0.00 <sup>b</sup>	0.02 ± 0.00 <sup>b</sup>	0.02 ± 0.00 <sup>b</sup>
	20		0.02 ± 0.00 <sup>a</sup>	0.02 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>		0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>		<sup>a</sup> 0.01 ± 0.00 <sup>b</sup>	0.01 ± 0.00 <sup>ab</sup>	0.01 ± 0.00 <sup>ab</sup>
	37		0.01 ± 0.00 <sup>b</sup>	0.01 ± 0.00 <sup>b</sup>	0.01 ± 0.00 <sup>b</sup>		0.01 ± 0.00 <sup>b</sup>	0.01 ± 0.00 <sup>ac</sup>	0.01 ± 0.00 <sup>c</sup>		<sup>ab</sup> 0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>b</sup>	0.01 ± 0.00 <sup>b</sup>

<sup>1</sup>Data are the mean  $\pm$  standard error (n=6, three batches x 2). Different letters within the same line (for each pigment and variety of cereal) indicate significant differences ( $p < 0.05$ ) determined by the Duncan test.

**Table 2.** Carotenoid composition evolution ( $\mu\text{g/g}$  fresh weight)<sup>1</sup> during postharvest storage of tritordeum grains (HT630, HT621 and HT609 lines).

Carotenoid	Temp (°C)	HT630				HT621				HT609			
		Time (days)											
		0	30	60	90	0	30	60	90	0	30	60	90
all- <i>E</i> -Lutein	4	5.12 ± 0.10 <sup>a</sup>	4.88 ± 0.06 <sup>a</sup>	4.77 ± 0.12 <sup>a</sup>	4.75 ± 0.26 <sup>a</sup>	4.72 ± 0.17 <sup>a</sup>	4.08 ± 0.07 <sup>a</sup>	4.13 ± 0.44 <sup>a</sup>	4.09 ± 0.20 <sup>a</sup>	4.06 ± 0.19 <sup>a</sup>	3.95 ± 0.15 <sup>a</sup>	3.97 ± 0.20 <sup>a</sup>	3.46 ± 0.30 <sup>a</sup>
	20		4.39 ± 0.07 <sup>b</sup>	3.75 ± 0.08 <sup>c</sup>	3.91 ± 0.33 <sup>bc</sup>		4.20 ± 0.13 <sup>ab</sup>	3.56 ± 0.27 <sup>b</sup>	3.58 ± 0.32 <sup>b</sup>		3.71 ± 0.18 <sup>ab</sup>	3.25 ± 0.10 <sup>b</sup>	3.42 ± 0.24 <sup>b</sup>
	37		2.92 ± 0.08 <sup>b</sup>	2.17 ± 0.09 <sup>c</sup>	1.95 ± 0.06 <sup>c</sup>		3.08 ± 0.06 <sup>b</sup>	2.46 ± 0.08 <sup>c</sup>	2.18 ± 0.04 <sup>c</sup>		2.70 ± 0.07 <sup>b</sup>	2.02 ± 0.04 <sup>c</sup>	1.77 ± 0.02 <sup>c</sup>
9Z- and 13Z-Lutein	4	0.69 ± 0.01 <sup>a</sup>	0.68 ± 0.01 <sup>a</sup>	0.64 ± 0.02 <sup>a</sup>	0.69 ± 0.03 <sup>a</sup>	0.64 ± 0.02 <sup>a</sup>	0.59 ± 0.02 <sup>a</sup>	0.55 ± 0.05 <sup>a</sup>	0.57 ± 0.03 <sup>a</sup>	0.54 ± 0.02 <sup>a</sup>	0.54 ± 0.03 <sup>a</sup>	0.54 ± 0.03 <sup>a</sup>	0.45 ± 0.04 <sup>a</sup>
	20		0.64 ± 0.00 <sup>ab</sup>	0.56 ± 0.02 <sup>c</sup>	0.59 ± 0.04 <sup>bc</sup>		0.61 ± 0.01 <sup>a</sup>	0.52 ± 0.03 <sup>b</sup>	0.54 ± 0.02 <sup>b</sup>		0.52 ± 0.02 <sup>ab</sup>	0.46 ± 0.01 <sup>c</sup>	0.47 ± 0.02 <sup>bc</sup>
	37		0.59 ± 0.02 <sup>b</sup>	0.50 ± 0.02 <sup>c</sup>	0.47 ± 0.01 <sup>c</sup>		0.63 ± 0.02 <sup>b</sup>	0.55 ± 0.01 <sup>c</sup>	0.51 ± 0.01 <sup>c</sup>		0.53 ± 0.01 <sup>a</sup>	0.45 ± 0.01 <sup>b</sup>	0.41 ± 0.00 <sup>c</sup>
Lutein monolinoleate	4	0.49 ± 0.01 <sup>ab</sup>	0.47 ± 0.01 <sup>a</sup>	0.52 ± 0.02 <sup>ab</sup>	0.53 ± 0.03 <sup>b</sup>	0.20 ± 0.01 <sup>a</sup>	0.18 ± 0.00 <sup>a</sup>	0.21 ± 0.03 <sup>a</sup>	0.21 ± 0.02 <sup>a</sup>	0.26 ± 0.01 <sup>a</sup>	0.26 ± 0.01 <sup>a</sup>	0.27 ± 0.01 <sup>a</sup>	0.26 ± 0.01 <sup>a</sup>
	20		0.49 ± 0.02 <sup>a</sup>	0.52 ± 0.03 <sup>a</sup>	0.62 ± 0.01 <sup>b</sup>		0.21 ± 0.01 <sup>a</sup>	0.24 ± 0.02 <sup>ab</sup>	0.28 ± 0.03 <sup>b</sup>		0.26 ± 0.01 <sup>a</sup>	0.31 ± 0.02 <sup>b</sup>	0.36 ± 0.01 <sup>c</sup>
	37		0.66 ± 0.03 <sup>b</sup>	0.78 ± 0.03 <sup>c</sup>	0.86 ± 0.04 <sup>c</sup>		0.32 ± 0.00 <sup>b</sup>	0.45 ± 0.02 <sup>c</sup>	0.52 ± 0.02 <sup>d</sup>		0.41 ± 0.01 <sup>a</sup>	0.53 ± 0.01 <sup>c</sup>	0.57 ± 0.01 <sup>d</sup>
Lutein 3'- <i>O</i> -linoleate	4	0.09 ± 0.00 <sup>a</sup>	0.08 ± 0.00 <sup>a</sup>	0.09 ± 0.00 <sup>a</sup>	0.09 ± 0.01 <sup>a</sup>	0.04 ± 0.00 <sup>a</sup>	0.04 ± 0.00 <sup>a</sup>	0.04 ± 0.01 <sup>a</sup>	0.04 ± 0.00 <sup>a</sup>	0.05 ± 0.00 <sup>a</sup>	0.05 ± 0.00 <sup>a</sup>	0.05 ± 0.00 <sup>a</sup>	0.05 ± 0.00 <sup>a</sup>
	20		0.09 ± 0.01 <sup>a</sup>	0.09 ± 0.00 <sup>a</sup>	0.11 ± 0.00 <sup>b</sup>		0.04 ± 0.00 <sup>a</sup>	0.05 ± 0.00 <sup>ab</sup>	0.06 ± 0.01 <sup>b</sup>		0.05 ± 0.00 <sup>a</sup>	0.06 ± 0.00 <sup>b</sup>	0.07 ± 0.00 <sup>c</sup>
	37		0.12 ± 0.01 <sup>b</sup>	0.15 ± 0.01 <sup>c</sup>	0.17 ± 0.01 <sup>d</sup>		0.07 ± 0.00 <sup>b</sup>	0.10 ± 0.00 <sup>c</sup>	0.11 ± 0.00 <sup>d</sup>		0.08 ± 0.00 <sup>b</sup>	0.10 ± 0.00 <sup>c</sup>	0.12 ± 0.00 <sup>d</sup>
Lutein 3- <i>O</i> -linoleate	4	0.40 ± 0.01 <sup>ab</sup>	0.39 ± 0.01 <sup>a</sup>	0.43 ± 0.02 <sup>ab</sup>	0.44 ± 0.02 <sup>b</sup>	0.16 ± 0.01 <sup>a</sup>	0.14 ± 0.00 <sup>a</sup>	0.17 ± 0.03 <sup>a</sup>	0.17 ± 0.02 <sup>a</sup>	0.21 ± 0.01 <sup>a</sup>	0.21 ± 0.01 <sup>a</sup>	0.22 ± 0.01 <sup>a</sup>	0.21 ± 0.01 <sup>a</sup>
	20		0.40 ± 0.02 <sup>a</sup>	0.43 ± 0.02 <sup>a</sup>	0.51 ± 0.01 <sup>b</sup>		0.17 ± 0.01 <sup>a</sup>	0.19 ± 0.01 <sup>ab</sup>	0.22 ± 0.02 <sup>b</sup>		0.20 ± 0.01 <sup>a</sup>	0.25 ± 0.01 <sup>b</sup>	0.29 ± 0.01 <sup>c</sup>
	37		0.54 ± 0.02 <sup>b</sup>	0.63 ± 0.02 <sup>c</sup>	0.69 ± 0.03 <sup>c</sup>		0.26 ± 0.00 <sup>b</sup>	0.36 ± 0.01 <sup>c</sup>	0.40 ± 0.02 <sup>d</sup>		0.33 ± 0.01 <sup>b</sup>	0.42 ± 0.01 <sup>c</sup>	0.46 ± 0.01 <sup>d</sup>
Lutein monopalmitate	4	0.81 ± 0.01 <sup>a</sup>	0.76 ± 0.03 <sup>a</sup>	0.84 ± 0.04 <sup>a</sup>	0.86 ± 0.05 <sup>a</sup>	0.49 ± 0.02 <sup>a</sup>	0.42 ± 0.01 <sup>a</sup>	0.50 ± 0.08 <sup>a</sup>	0.50 ± 0.06 <sup>a</sup>	0.62 ± 0.02 <sup>a</sup>	0.61 ± 0.04 <sup>a</sup>	0.63 ± 0.03 <sup>a</sup>	0.61 ± 0.03 <sup>a</sup>
	20		0.77 ± 0.03 <sup>a</sup>	0.79 ± 0.04 <sup>a</sup>	0.93 ± 0.01 <sup>b</sup>		0.50 ± 0.02 <sup>a</sup>	0.55 ± 0.03 <sup>ab</sup>	0.63 ± 0.05 <sup>b</sup>	0.62 ± 0.02 <sup>a</sup>	0.59 ± 0.02 <sup>a</sup>	0.68 ± 0.04 <sup>b</sup>	0.78 ± 0.02 <sup>c</sup>
	37		0.97 ± 0.03 <sup>b</sup>	1.05 ± 0.04 <sup>bc</sup>	1.12 ± 0.05 <sup>c</sup>		0.73 ± 0.01 <sup>b</sup>	0.93 ± 0.03 <sup>c</sup>	0.99 ± 0.04 <sup>c</sup>	0.62 ± 0.02 <sup>a</sup>	0.88 ± 0.03 <sup>b</sup>	1.04 ± 0.01 <sup>c</sup>	1.09 ± 0.02 <sup>c</sup>
Lutein 3'- <i>O</i> -palmitate	4	0.24 ± 0.00 <sup>ab</sup>	0.23 ± 0.01 <sup>a</sup>	0.26 ± 0.01 <sup>ab</sup>	0.26 ± 0.01 <sup>b</sup>	0.15 ± 0.01 <sup>a</sup>	0.13 ± 0.00 <sup>a</sup>	0.16 ± 0.03 <sup>a</sup>	0.16 ± 0.02 <sup>a</sup>	0.18 ± 0.01 <sup>a</sup>	0.18 ± 0.01 <sup>a</sup>	0.19 ± 0.01 <sup>a</sup>	0.18 ± 0.01 <sup>a</sup>
	20		0.24 ± 0.01 <sup>a</sup>	0.24 ± 0.01 <sup>a</sup>	0.29 ± 0.01 <sup>b</sup>		0.16 ± 0.01 <sup>a</sup>	0.18 ± 0.01 <sup>ab</sup>	0.21 ± 0.02 <sup>b</sup>		0.18 ± 0.01 <sup>a</sup>	0.21 ± 0.01 <sup>b</sup>	0.24 ± 0.01 <sup>c</sup>
	37		0.30 ± 0.01 <sup>b</sup>	0.33 ± 0.01 <sup>c</sup>	0.35 ± 0.01 <sup>c</sup>		0.24 ± 0.00 <sup>b</sup>	0.32 ± 0.01 <sup>c</sup>	0.34 ± 0.01 <sup>c</sup>		0.27 ± 0.01 <sup>b</sup>	0.33 ± 0.00 <sup>c</sup>	0.35 ± 0.01 <sup>c</sup>
Lutein 3- <i>O</i> -palmitate	4	0.57 ± 0.01 <sup>a</sup>	0.53 ± 0.02 <sup>a</sup>	0.58 ± 0.03 <sup>a</sup>	0.60 ± 0.03 <sup>a</sup>	0.34 ± 0.01 <sup>a</sup>	0.29 ± 0.01 <sup>a</sup>	0.34 ± 0.05 <sup>a</sup>	0.34 ± 0.04 <sup>a</sup>	0.44 ± 0.01 <sup>a</sup>	0.43 ± 0.02 <sup>a</sup>	0.44 ± 0.02 <sup>a</sup>	0.42 ± 0.02 <sup>a</sup>
	20		0.53 ± 0.02 <sup>a</sup>	0.54 ± 0.03 <sup>a</sup>	0.64 ± 0.01 <sup>b</sup>		0.34 ± 0.01 <sup>a</sup>	0.37 ± 0.02 <sup>ab</sup>	0.42 ± 0.03 <sup>b</sup>		0.41 ± 0.01 <sup>a</sup>	0.47 ± 0.03 <sup>b</sup>	0.54 ± 0.01 <sup>c</sup>
	37		0.67 ± 0.02 <sup>b</sup>	0.72 ± 0.03 <sup>bc</sup>	0.77 ± 0.04 <sup>c</sup>		0.49 ± 0.01 <sup>b</sup>	0.61 ± 0.02 <sup>c</sup>	0.65 ± 0.02 <sup>c</sup>		0.61 ± 0.02 <sup>b</sup>	0.71 ± 0.01 <sup>c</sup>	0.74 ± 0.02 <sup>c</sup>
Lutein dilinoleate	4	0.02 ± 0.00 <sup>a</sup>	0.02 ± 0.00 <sup>a</sup>	0.02 ± 0.00 <sup>b</sup>	0.03 ± 0.00 <sup>c</sup>	0.00 ± 0.00 <sup>a</sup>	0.00 ± 0.00 <sup>a</sup>	0.00 ± 0.00 <sup>a</sup>	0.00 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>
	20		0.02 ± 0.00 <sup>ab</sup>	0.03 ± 0.01 <sup>b</sup>	0.05 ± 0.00 <sup>c</sup>		0.00 ± 0.00 <sup>a</sup>	0.00 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>b</sup>		0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>b</sup>	0.01 ± 0.00 <sup>c</sup>
	37		0.05 ± 0.00 <sup>b</sup>	0.10 ± 0.00 <sup>c</sup>	0.14 ± 0.01 <sup>d</sup>		0.01 ± 0.00 <sup>b</sup>	0.02 ± 0.00 <sup>c</sup>	0.02 ± 0.00 <sup>d</sup>		0.01 ± 0.00 <sup>b</sup>	0.03 ± 0.00 <sup>c</sup>	0.04 ± 0.00 <sup>d</sup>
Lutein dipalmitate	4	0.05 ± 0.00 <sup>a</sup>	0.06 ± 0.00 <sup>a</sup>	0.07 ± 0.00 <sup>a</sup>	0.08 ± 0.00 <sup>b</sup>	0.02 ± 0.00 <sup>a</sup>	0.02 ± 0.00 <sup>a</sup>	0.02 ± 0.00 <sup>ab</sup>	0.03 ± 0.00 <sup>b</sup>	0.03 ± 0.00 <sup>a</sup>	0.04 ± 0.00 <sup>a</sup>	0.04 ± 0.00 <sup>b</sup>	0.05 ± 0.00 <sup>b</sup>

	20		0.07 ± 0.00 <sup>a</sup>	0.08 ± 0.02 <sup>a</sup>	0.13 ± 0.00 <sup>b</sup>		0.02 ± 0.00 <sup>a</sup>	0.04 ± 0.00 <sup>b</sup>	0.05 ± 0.01 <sup>c</sup>		0.04 ± 0.00 <sup>ab</sup>	0.06 ± 0.01 <sup>b</sup>	0.09 ± 0.00 <sup>c</sup>
	37		0.12 ± 0.00 <sup>b</sup>	0.22 ± 0.00 <sup>c</sup>	0.28 ± 0.01 <sup>d</sup>		0.06 ± 0.00 <sup>b</sup>	0.11 ± 0.01 <sup>c</sup>	0.14 ± 0.01 <sup>d</sup>		0.10 ± 0.01 <sup>b</sup>	0.18 ± 0.00 <sup>c</sup>	0.23 ± 0.00 <sup>d</sup>
Lutein linoleate palmitate	4	0.05 ± 0.00 <sup>a</sup>	0.06 ± 0.00 <sup>ab</sup>	0.07 ± 0.00 <sup>b</sup>	0.08 ± 0.00 <sup>c</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>a</sup>	0.01 ± 0.00 <sup>ab</sup>	0.02 ± 0.00 <sup>b</sup>	0.02 ± 0.00 <sup>a</sup>	0.03 ± 0.00 <sup>a</sup>	0.03 ± 0.00 <sup>a</sup>	0.03 ± 0.00 <sup>a</sup>
	20		0.07 ± 0.00 <sup>ab</sup>	0.09 ± 0.02 <sup>b</sup>	0.15 ± 0.00 <sup>c</sup>		0.02 ± 0.00 <sup>a</sup>	0.03 ± 0.00 <sup>b</sup>	0.04 ± 0.00 <sup>c</sup>		0.03 ± 0.00 <sup>a</sup>	0.04 ± 0.01 <sup>b</sup>	0.06 ± 0.00 <sup>c</sup>
	37		0.15 ± 0.00 <sup>b</sup>	0.28 ± 0.00 <sup>c</sup>	0.38 ± 0.02 <sup>d</sup>		0.04 ± 0.00 <sup>b</sup>	0.09 ± 0.00 <sup>c</sup>	0.13 ± 0.01 <sup>d</sup>		0.07 ± 0.00 <sup>b</sup>	0.16 ± 0.00 <sup>c</sup>	0.21 ± 0.00 <sup>d</sup>
all- <i>E</i> -β-Carotene	4	0.08 ± 0.00 <sup>a</sup>	0.07 ± 0.00 <sup>a</sup>	0.07 ± 0.00 <sup>a</sup>	0.07 ± 0.01 <sup>a</sup>	0.06 ± 0.00 <sup>a</sup>	0.05 ± 0.00 <sup>b</sup>	0.05 ± 0.00 <sup>b</sup>	0.04 ± 0.01 <sup>b</sup>	0.07 ± 0.00 <sup>a</sup>	0.06 ± 0.01 <sup>a</sup>	0.06 ± 0.00 <sup>a</sup>	0.06 ± 0.01 <sup>a</sup>
	20		0.06 ± 0.00 <sup>b</sup>	0.06 ± 0.00 <sup>b</sup>	0.06 ± 0.00 <sup>b</sup>		0.05 ± 0.00 <sup>b</sup>	0.04 ± 0.00 <sup>b</sup>	0.04 ± 0.00 <sup>b</sup>		0.05 ± 0.00 <sup>ab</sup>	0.05 ± 0.00 <sup>b</sup>	0.06 ± 0.00 <sup>b</sup>
	37		0.06 ± 0.01 <sup>b</sup>	0.05 ± 0.00 <sup>b</sup>	0.06 ± 0.01 <sup>b</sup>		0.05 ± 0.00 <sup>b</sup>	0.05 ± 0.00 <sup>b</sup>	0.05 ± 0.00 <sup>b</sup>		0.06 ± 0.00 <sup>b</sup>	0.06 ± 0.00 <sup>b</sup>	0.06 ± 0.00 <sup>b</sup>
<b>Regioisomers ratios</b>													
Lutein 3- <i>O</i> -linoleate / Lutein 3'- <i>O</i> -linoleate	4	4.5	4.7	4.7	4.9	3.8	4.0	4.1	4.1	4.0	4.1	4.1	4.2
	20		4.6	4.7	4.7		3.9	4.0	4.0		4.0	4.1	4.2
	37		4.6	4.3	4.2		3.8	3.6	3.7		4.2	4.0	3.9
Lutein 3- <i>O</i> -palmitate / Lutein 3'- <i>O</i> -palmitate	4	2.3	2.3	2.3	2.2	2.3	2.3	2.2	2.1	2.4	2.4	2.3	2.3
	20		2.3	2.2	2.2		2.2	2.1	2.0		2.3	2.3	2.2
	37		2.2	2.2	2.2		2.0	1.9	1.9		2.3	2.2	2.1

<sup>1</sup>Data are the mean ± standard error (n=6, three batches x 2). Different letters within the same line (for each pigment and variety of cereal) indicate significant differences (p<0.05) determined by the Duncan test.



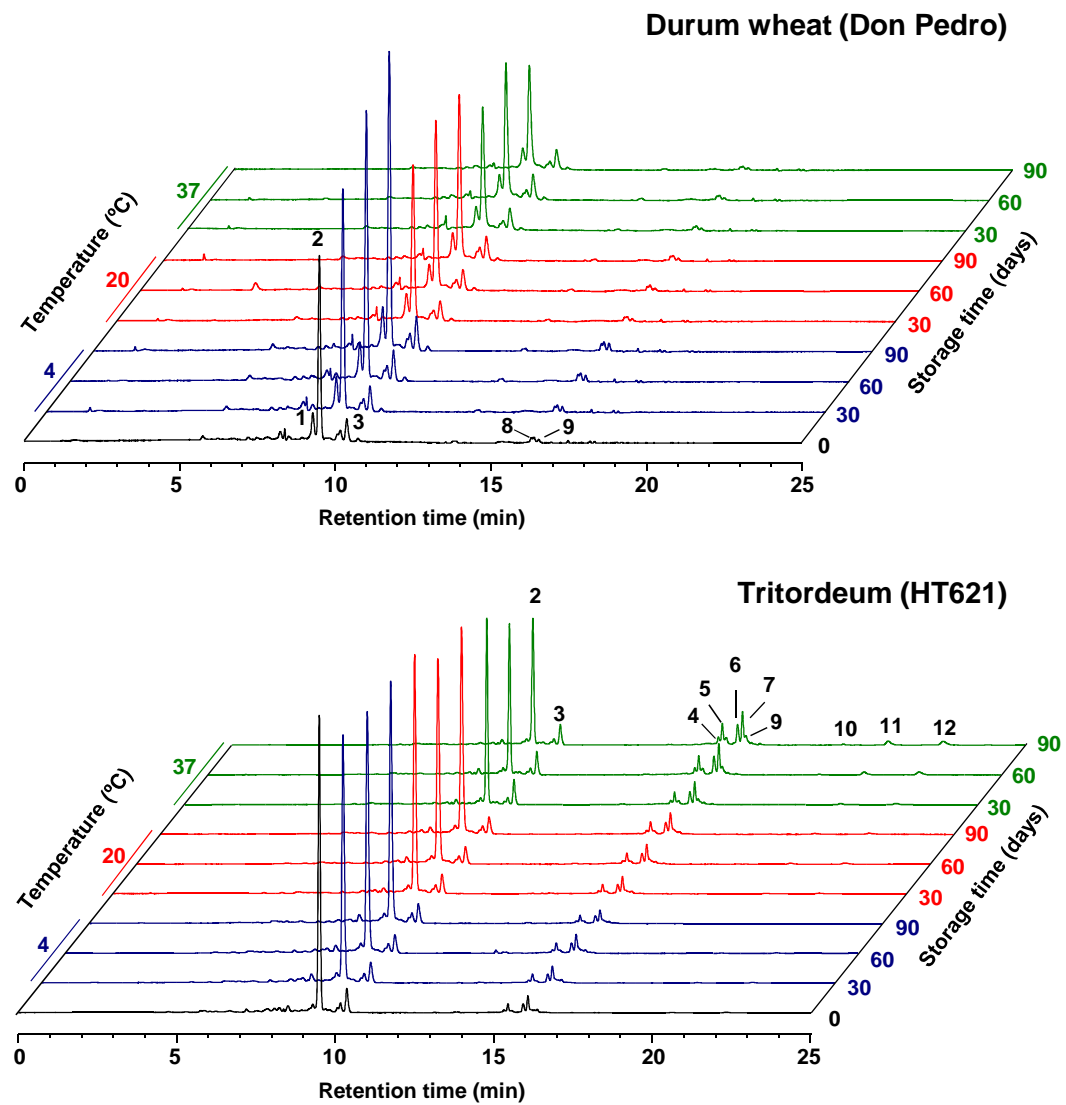


Figure 1.

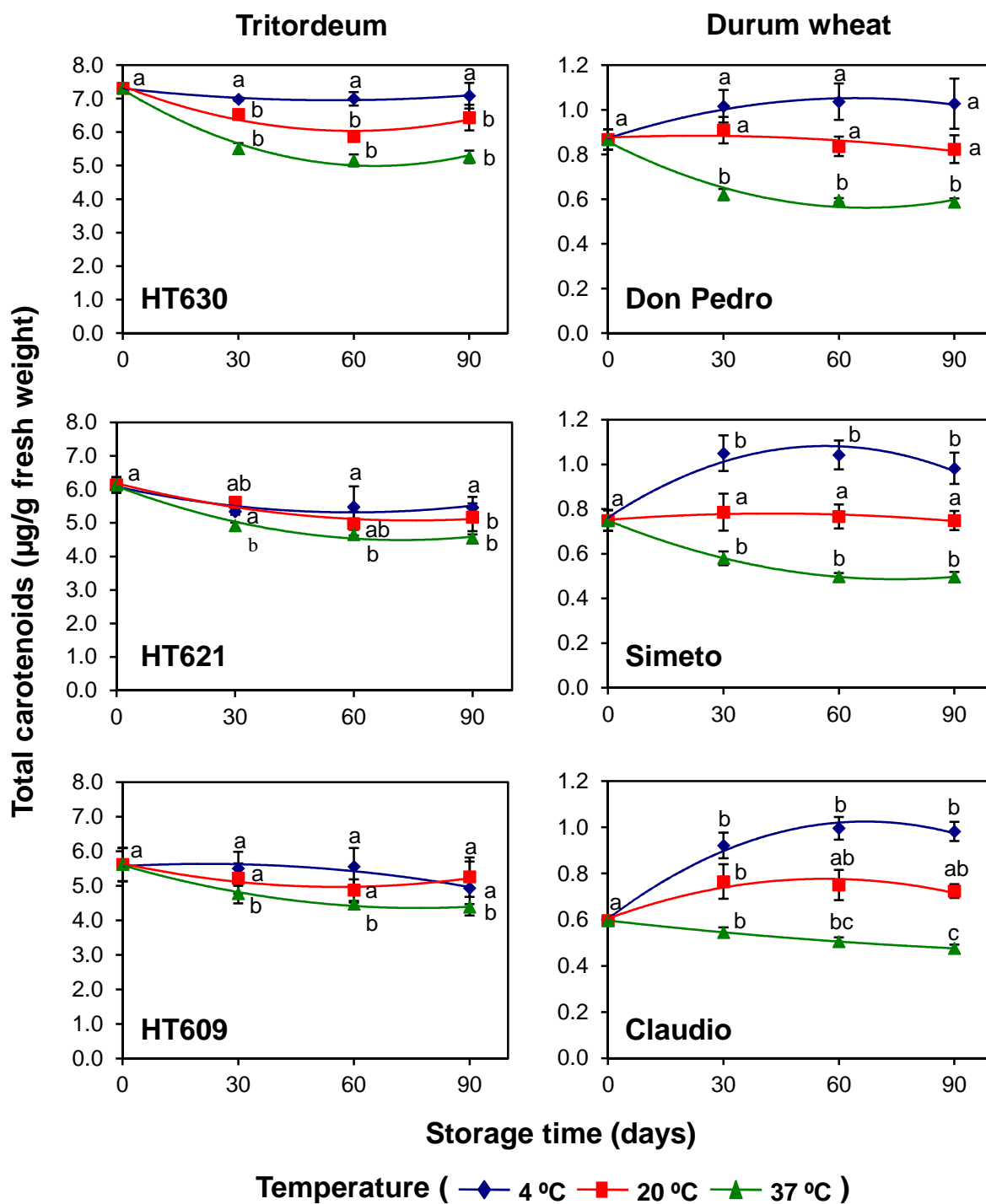


Figure 2

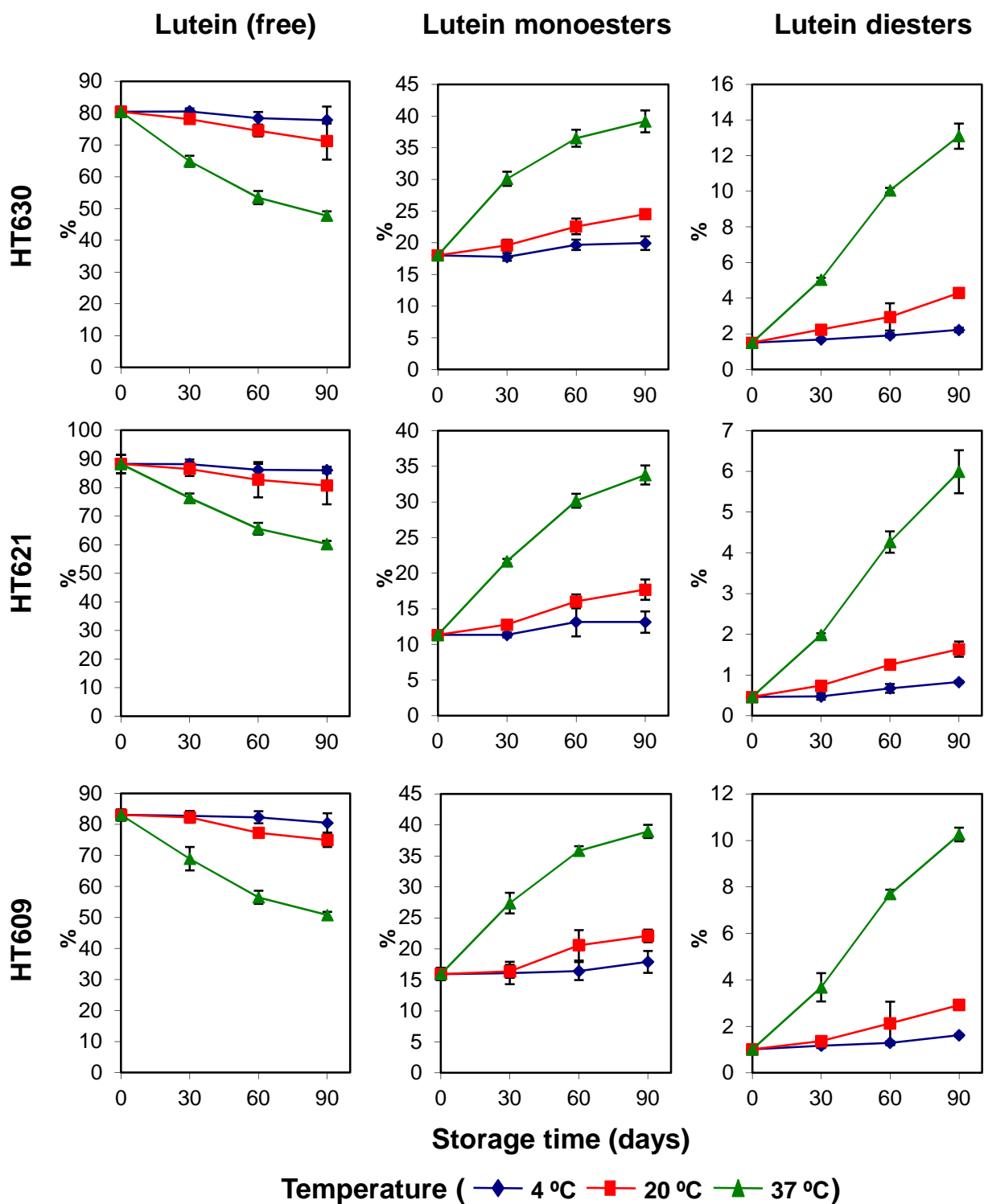


Figure 3