

1    **COMPOSITION OF PIGMENTS AND COLOUR CHANGES IN GREEN**  
2    **TABLE OLIVES RELATED TO PROCESSING TYPE**

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18    **Running title:** Pigments and colour changes in green table olives

19

20 **ABSTRACT**

21 Brownish colourations in Natural green table olives (non-treated with alkali) make this  
22 product less attractive to consumers than Spanish-style green table olives (treated with  
23 alkali), which develop a more appreciated bright golden-yellow colour. These colour  
24 differences were studied in relation to changes in the composition of chlorophyll and  
25 carotenoid pigments, as well as polyphenolic compounds and polyphenol oxidase  
26 enzyme (PPO) activity. Natural green olives showed a different chlorophyll profile than  
27 Spanish-style. However, all the chlorophyll pigments formed in both processing types  
28 were Mg-free derivatives (mostly pheophytins) with similar colourations, ranging from  
29 grey to green brownish. In the carotenoid fraction no appreciable differences were  
30 found between both processing types. The fruit's brownish colour was mainly due to  
31 polymeric substances with a size of >1,000 daltons and polyphenolic nature, resulting  
32 from an enzymatic oxidation by PPO of the *o*-diphenolic compounds present in the  
33 fresh fruits.

34

35 **Keywords:** table olives; *o*-diphenol oxidation; chlorophyll pigments; carotenoids;  
36 polyphenol oxidase; colour.

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## 38 **1. Introduction**

39           Table olives have been a component of the Mediterranean diet for centuries and  
40 their consumption is increasing worldwide because of their nutritional and palatable  
41 characteristics. Among the different types of commercial table olives, Spanish-style  
42 green olives are the most popular, whose processing consists of treating the fruits with a  
43 dilute NaOH solution to remove their bitterness, followed by washings with tap water  
44 and placing the olives in brine where spontaneous lactic acid fermentation takes place  
45 (Montaño, Sánchez, & de Castro, 1993). Nevertheless, there are other trade preparations  
46 of fermented green olives that involve the direct brining of olives without any alkaline  
47 treatment, which are known as Natural green olives, and are also highly appreciated by  
48 consumers in the Mediterranean region. For preparing both types of table olives the  
49 fruits are harvested with a green/yellow surface colour. However, after processing, the  
50 table olive colour is noticeably different for both Spanish-style and Natural green olives,  
51 with a much preferred golden-yellow colour in the first case, while in most of the cases  
52 of Natural green olives, the fruits turn their colour from green to brownish tones.

53           The colour changes that the fruits undergo during processing are due to the  
54 transformation of their pigments. At the early ripening stages of the olive fruit, from  
55 intense green to green-yellow, the colour of the olives is due to the presence of  
56 chlorophylls *a* and *b*, and the typical chloroplastic yellow carotenoids (Mínguez-  
57 Mosquera & Garrido-Fernández (1989). During the processing of table olives as  
58 Spanish-style, the chlorophylls degrade to several Mg-free derivatives (Mínguez-  
59 Mosquera & Gallardo-Guerrero, 1995; Mínguez-Mosquera, Gandul-Rojas, & Mínguez-  
60 Mosquera, 1994), with grey-brownish colours, while in the carotenoid fraction only  
61 those ones with 5,6-epoxide groups in their molecule are transformed to their  
62 corresponding derivatives with 5,8-furanoxide groups (Mínguez-Mosquera & Gallardo-

63 Guerrero, 1995; Mínguez-Mosquera & Gandul-Rojas, 1994), with lighter yellow  
64 colours than their precursors. As a consequence of all these pigment transformations,  
65 the Spanish-style table olives show the characteristic golden-yellow colour. Recently,  
66 Gallardo-Guerrero, Gandul-Rojas, Moreno-Baquero, López-López, Bautista-Gallego  
67 and Garrido-Fernández, (2013) have studied the changes in the chloroplastic pigments  
68 related to freshness during storage at different conditions and packing of cracked  
69 Aloreña table olives, which is a seasoned green table olive specialty. However, there is  
70 no knowledge about the pigment transformation during the processing of Natural green  
71 table olives and its relation to the final yellow/brown colour of the fruits. These  
72 brownish tones could be related to chlorophylls and carotenoid pigment transformations  
73 but also to the oxidation of polyphenolic compounds.

74         The phenolic compounds are responsible for the characteristic bitterness of the  
75 olive fruit and most of them are also involved in the colour changes in the olives. It is  
76 well known that the enzymatic and chemical oxidation of *o*-diphenolic compounds may  
77 form dark coloured compounds (Cilliers & Singleton, 1989; Zawistowski, Biliaderis, &  
78 Eskin, 1991). Sciancalepore and Lognone (1984) showed a direct correlation between  
79 the polyphenol oxidase (PPO) activity and the rate of browning of a crude homogenate  
80 of fruit in five Italian olive varieties. This browning has also been correlated with the  
81 oleuropein content in ten olive cultivars (Goupy, Fleuriet, Amiot, & Macheix, 1991).  
82 Also, the existence of a coordinate response between PPO and the concentration of total  
83 phenols in four Spanish olive varieties has been shown (Ortega-García & Peragón,  
84 2009).

85         The main phenolic compound in olives is oleuropein, a bitter glucoside. The key  
86 step in the processing of table olives is the elimination of this bitter component to obtain  
87 a more palatable product. This process has to be more or less intense depending on the

88 variety of olive used, the ripening stage and the fruit format (whole or broken).  
89 Therefore, there is a broad range of processing styles. Oleuropein is hydrolyzed by the  
90 NaOH treatment during the Spanish-style green olive processing or by the acidic and  
91 enzymatic conditions in Natural green olives. In both cases, the *o*-diphenol  
92 hydroxytyrosol is released, which is a potential substrate for oxidative enzymes present  
93 in the fruits. Moreover, the PPO activity has been studied in depth in fresh olives to  
94 explain the browning reaction which results from mechanical injury during the olive  
95 harvesting (Ben-Shalom, Kahn, Harel, & Mayer, 1977; Sánchez, Romero, Ramírez, &  
96 Brenes, 2013; Segovia-Bravo, Jarén-Galán, García-García, & Garrido-Fernández,  
97 2007). It has been hypothesized that the mechanism of the browning reaction in olives  
98 consists first of an enzymatic release of hydroxytyrosol from oleuropein due to the  
99 action of  $\beta$ -glucosidase and esterase enzymes. Then, this *o*-diphenol is oxidized by the  
100 PPO, forming brown compounds (Segovia-Bravo, Jarén-Galán, García-García, &  
101 Garrido-Fernández, 2009). However, it has been shown that oleuropein can be directly  
102 oxidized by PPO in green olives preserved in acidified brine during their debittering by  
103 the overpressure of oxygen (García, Romero, Medina, García, de Castro, & Brenes,  
104 2008).

105         The present study was aimed at explaining the differences in colour between  
106 non-treated green table olives (Natural olives) and olives treated with alkali (Spanish-  
107 style), related to changes in the composition of either chlorophyll and carotenoid  
108 pigments or polyphenolic compounds and PPO activity, since brownish colourations in  
109 Natural green table olives make this product less attractive to consumers than Spanish-  
110 style green table olives. The study was carried out with Manzanilla and Hojiblanca olive  
111 varieties because they are found among the most prominent table olive varieties at the  
112 international trade level (Rejano, Montaña, Casado, Sánchez, & de Castro, 2010).

113 **2. Materials and methods**

114

115 *2.1. Raw material*

116 Fruits of the Manzanilla and Hojiblanca varieties (*Olea europaea* L.) in the  
117 ripening stage corresponding to the green-yellow colour on the surface were supplied by  
118 local farmers. The study was carried out first with the Manzanilla olives, in mid-  
119 September, and around one month later it was with the Hojiblanca olives. Manzanilla is  
120 an early olive variety, and reaches the proper ripening stage for processing as green  
121 table olives about 20-30 days sooner than Hojiblanca.

122

123 *2.2. Olives processing*

124 *2.2.1. Green table olives*

125 Olive fruits were processed at laboratory scale as Spanish-style and Natural  
126 green table olives (Garrido-Fernández, Fernández-Díaz, & Adams, 1997). For Spanish-  
127 style processing, olives were put into 3 L PVC vessels and covered with a 1.9% (w/v)  
128 NaOH solution during 7 h until the lye had penetrated two-thirds the way to the pit of  
129 them. Subsequently, fruits were washed with tap water for 14 h and then covered with a  
130 11% (w/v) NaCl solution. At the same time, for the processing of Natural green olives,  
131 similar amounts of the fruits were also placed in PVC vessels and covered with a brine  
132 of 10% NaCl and 0.4% acetic acid. All PVC vessels contained 1.7 kg of olives and 1.2  
133 L of liquid and a spontaneous anaerobic fermentation was carried out covering the  
134 surface of the brines with a floating cap. The experiments were run at ambient  
135 temperature (22–28 °C) in duplicate during 6 months.

136

137

138 *2.2.2. Aseptic brining of olives*

139 In order to eliminate interferences from the activity of microorganisms and  
140 exogenous oxidative enzymes, olives of the Manzanilla variety were elaborated in  
141 aseptic conditions in accordance with Medina, Brenes, Romero, García, and de Castro  
142 (2007). The fruits were selected to remove those with blemishes, cuts, and insect  
143 damage. After washing thoroughly with tap water to remove impurities, half of the  
144 fruits were pasteurized at 90 °C for 30 min to inactivate the oxidative enzymes and  
145 subsequently check the effect caused on the fruit brownish colourations. With that aim,  
146 all the olives, pasteurized and non-pasteurized fruits, were placed in a sodium  
147 hypochlorite solution (50 mg/L active chlorine) at 35 °C for 2 min and then they were  
148 washed with sterilized water twice to remove chlorine. Subsequently, 190 g of fruits  
149 were introduced into autoclaved bottles (250 mL capacity) and covered with a 5% NaCl  
150 and 0.5% acetic acid sterile solution. These manipulations were carried out in a laminar  
151 flow cabinet. Finally, the bottles were sealed and stored at room temperature for a  
152 month. After this time, the bottles were opened and checked for microbial growth by  
153 visual appearance and plate counts, and microorganisms were not detected in any  
154 aseptic brine. Then, fruits were exposed to air during 24 h. All the experiment was  
155 carried out in duplicate.

156

157 *2.3. Chemical parameters*

158 The concentration of NaCl was analyzed by titration with a 0.1 N silver nitrate  
159 solution, using potassium chromate solution as indicator. The pH of storage solutions  
160 was measured in a Beckman model 45 pH-meter. Free acidity was measured by titration  
161 using a Metrohm 670 Titroprocessor (Herisau, Switzerland) up to pH 8.3 with 0.2 M  
162 NaOH and expressed as % (w/v) of lactic acid.

163

#### 164 2.4. Colour analyses

165 Colourimetric measurements on olives were performed using a BYK-Gardner  
166 Model 9000 Colour-view spectrophotometer, equipped with computer software to  
167 calculate the CIE L\* (lightness), a\* (redness), b\* (yellowness), C (chroma) and h (hue  
168 angle) parameters by scanning the surface from 400 to 700 nm. The chroma was  
169 obtained as  $(a^2 + b^2)^{1/2}$  and the hue angle was calculated from  $\arctg(b^* / a^*)$  (McLaren,  
170 1980). Interference by stray light was minimized by covering samples with a box which  
171 had a matt black interior. The data of each measurement were the average of 20 olives.

172 Olive juice was obtained from pitted olives as described elsewhere (Sánchez, de  
173 Castro, Rejano, & Montañó, 2000) and its colour was measured by scanning solutions  
174 in 1 mm path length quartz cells from 400 to 700 nm in a Cary 1E UV-vis  
175 spectrophotometer (Varian, Mulgrave, Australia), which was equipped with a computer  
176 software program (Varian) to calculate the CIELAB parameters. In order to remove  
177 polymeric substances, the olive juice of Natural Hojiblanca olives preserved for 6  
178 months in acidified brine was also filtered through a 10,000 and 1,000 daltons cut off  
179 DIAFLO ultrafiltration membrane using a magnetically stirred 50-ml Amicon cell  
180 operated under N<sub>2</sub> pressure (Amicon Corp, Danners, MA, USA), and the colour  
181 measured as described above.

182

#### 183 2.5 Analysis of chloroplastic pigments

184 Pigment extraction was performed from 10 g of olive sample taken from a  
185 homogenized triturate, prepared from 15 to 20 pitted fruits. All procedures were  
186 performed under dimmed green light to avoid any photooxidation of chlorophylls and  
187 carotenoids. The method of Mínguez-Mosquera and Garrido-Fernández (1989), slightly



188 modified as previously described by Gandul-Rojas, Roca and Gallardo-Guerrero (2012),  
189 was used. The technique is based on extraction with N,N-dimethylformamide (DMF)  
190 saturated with MgCO<sub>3</sub> followed by the selective separation of components between  
191 DMF and hexane. Hexane phase carried over lipids and carotenes, whereas DMF phase  
192 retained chlorophylls and xanthophylls. β-carotene was directly quantified in the hexane  
193 phase by absorbance measurement at 450 nm.

194 The pigments from DMF phase were later transferred to ethyl ether,  
195 concentrated to dryness, and the dry residue dissolved in 1.5 mL acetone for pigment  
196 analysis by HPLC. Pigment separation was carried out using a stainless steel column  
197 (20 x 0.46 cm i.d.), packed with a multifunctional end-capped deactivated octadecylsilyl  
198 (C18) Mediterranea™ Sea18, 3 μm particle size (Teknokroma, Barcelona, Spain). The  
199 column was protected by precolumn (1 x 0.4 cm i.d.) packed with the same material.  
200 Solutions of pigment extract were centrifuged 10 min at 13000 g prior to injection (20  
201 μL) into the chromatograph (HP 1100 Hewlett-Packard, Palo Alto, CA) fitted with an  
202 automatic injector and diode array detector). Separation was performed using an elution  
203 gradient (flow rate 1.250 mL min<sup>-1</sup>) with the mobile phases (A) water/ion pair  
204 reagent/methanol (1/1/8, v/v/v) and (B) methanol/acetone (1/1, v/v). The ion pair  
205 reagent was 0.05 M tetrabutylammonium and 1 M ammonium acetate in water. The  
206 gradient scheme was a modification of that of Mínguez-Mosquera, Gandul-Rojas,  
207 Montaña-Asquerino and Garrido-Fernández (1991), and briefly was initially 75% A and  
208 25% B, then changed to 25% A in 8 min, isocratic 2 min, changed to 19% A in 1 min,  
209 then to 14% A in 2 min, 11% A in other 2 min, and 10% A in 3 min. Isocratic 3 min,  
210 and later changed to 8% A in 1 min, and 6% A in 0.5 min. Then 100% B in 0.5 min,  
211 isocratic 12 min, and returned to initial conditions in 5 min. Spectrophotometric  
212 detection of pigments was performed at 410, 430, 450 and 666 nm. The on-line UV-Vis

213 spectra were recorded from 350 to 800 nm with the photodiode–array detector. Data  
214 were collected and processed with a LC HP ChemStation (Rev.A.05.04). Pigments were  
215 identified by co-chromatography with the corresponding standard and from the spectral  
216 characteristics as has been described in detail elsewhere (Mínguez-Mosquera et al.,  
217 1991; Mínguez-Mosquera & Gandul-Rojas, 1995; Aparicio-Ruiz, Riedl, & Schwartz,  
218 2011). Pigments were quantified using external standard calibration curves prepared  
219 with purified standards of each pigment. The analyses for fresh fruit were performed in  
220 triplicate. In the case of processed olives, analyses were run in quadruplicate (samples  
221 processed in duplicated and each one analyzed subsequently in duplicated)

222

#### 223 *2.6. Analysis of phenolic compounds*

224 The extraction of phenolic compounds from the olive skin was based on the  
225 methodology proposed elsewhere (Sánchez et al., 2013). Around 0.1 g of olive skin  
226 from pasteurized and non-pasteurized fruits were mixed with 0.5 mL dimethyl sulfoxide  
227 (DMSO), vortexed for 1 min and sonicated for 5 min. After 30 min resting contact, the  
228 mixture was centrifuged at 6000g for 5 min (22 °C), and 0.25 mL of the supernatant was  
229 diluted with 0.5 mL of DMSO and 0.25 mL of 0.2 mM syringic acid in DMSO (internal  
230 standard). The analysis of phenolic compounds in brine was carried out mixing 0.25 mL  
231 of brine, 0.25 mL of internal standard (2 mM syringic acid in water), and 0.5 mL of  
232 deionized water.

233 All samples were filtered through a 0.22 µm pore size nylon filter and an aliquot  
234 (20 µL) was injected into the chromatograph. The chromatographic system consisted of  
235 a Waters 717 plus autosampler, a Waters 600 E pump, a Waters column heater module,  
236 and a Waters 996 photodiode array detector operated with Empower software (Waters  
237 Inc.). A 25 cm x 4.6 mm i.d., 5 µm, Spherisorb ODS-2 (Waters Inc.) column, a flow rate

238 of 1 mL/min and a temperature of 35 °C were used in all experiments. Separation was  
239 achieved by gradient elution using (A) water (pH 2.5 adjusted with 0.15% phosphoric  
240 acid) and (B) methanol. Initial composition was 90% A and 10% B. The concentration  
241 of B was increased to 30% over 10 min and was maintained for 20 min. Subsequently,  
242 B was raised to 40% over 10 min, maintained for 5 min, and then increased to 50%.  
243 Finally, B was increased to 60%, 70%, and 100% in 5-min periods. Initial conditions  
244 were reached in 10 min. Chromatograms were recorded at 280 nm (Medina et al., 2007).  
245 The evaluation of each compound was performed using a regression curve with the  
246 corresponding standard. Hydroxytyrosol-1-glucoside and caffeoyl ester were quantified  
247 using the response factors of hydroxytyrosol and caffeic acid, respectively. Analyses of  
248 the olive skin were run in quadruplicate. In the case of brine analyses were performed in  
249 duplicated

250

### 251 *2.7. Analysis of polyphenol oxidase activity*

252 The enzyme extraction was carried out from a protein precipitate as described  
253 elsewhere (Sciancalepore & Longone, 1984). Acetone powders were obtained from 50 g  
254 of olive pulp homogenized with 100 mL of cold acetone (−30°C) containing 2.5 g of  
255 polyethylene glycol. The residue was re-extracted three times with 100 mL of cold  
256 acetone, obtaining a white powder that was dried overnight at room temperature to  
257 remove residual acetone. The acetone powder (0.5 g) was suspended in 20 mL of 0.1 M  
258 phosphate buffer, containing 1 M KCl and the pH was adjusted at 6.2 units with NaOH.  
259 The suspension was stirred at 4 °C for 30 min and then centrifuged at 15,550g for 20  
260 min at 4 °C. The pellet was discarded and the supernatant divided in two aliquots; one  
261 was used as the active crude enzymatic extract, and the other was boiled for 30 min to  
262 obtain the denatured enzymatic extract.

263 The PPO activity was determined spectrophotometrically by using a Cary 1E  
264 UV-vis spectrophotometer as described elsewhere (Hornero-Méndez, Gallardo-  
265 Guerrero, Jarén-Galán, & Mínguez-Mosquera, 2002). All measurements of PPO activity  
266 were carried out with 4-methylcatechol as substrate by measuring the change in  
267 absorbance at 410 nm at 25 °C for 10 min at intervals of 5 s. The incubation mixture  
268 contained 0.5 mL of enzyme preparation and 2.5 mL of 0.1 M sodium citrate buffer at  
269 pH 5 containing 0.02 M of substrate. The assay mixture with the denatured enzymatic  
270 extract served as the control. One unit of enzymatic activity was defined as the amount  
271 of the enzyme giving, under the above-mentioned conditions, a change in absorbance of  
272 0.05 unit AU/min (e.a.u.). Data were expressed as e.a.u./mL of enzymatic extract. All  
273 reactions were carried out in duplicate.

274

#### 275 *2.8. Chemicals and standards*

276 Tetrabutylammonium acetate and ammonium acetate were supplied by Fluka  
277 (Zwijndrecht, The Netherlands). Solvents used for chromatography were HPLC grade  
278 (Prolabo, VWR International Eurolab, Barcelona, Spain). Analysis grade solvents were  
279 supplied by Scharlau (Microdur, Sevilla, Spain). The deionized water was obtained  
280 from a Milli-Q<sup>®</sup> 50 system (Millipore Corporation, Milford, MA). For all purposes,  
281 analytical grade (American Chemical Society) reagents were used (Merck, Madrid,  
282 Spain).

283 Standards of chlorophylls *a* and *b* and  $\beta$ -carotene were supplied by Sigma  
284 Chemical Co. (St. Louis, MO). All other chlorophyll derivatives were prepared in the  
285 laboratory from the related chlorophyll (*a* or *b*) extracted from a pigment extract of  
286 fresh spinach as is described in Roca, Gallardo-Guerrero, Mínguez-Mosquera and  
287 Gandul-Rojas (2010).  $\beta$ -cryptoxanthin was obtained from papaya, while lutein,

288 violaxanthin, neoxanthin and antheraxanthin were obtained from a pigment extract of  
289 fresh spinach saponified and separated by TLC. Luteoxanthin and auroxanthin were  
290 prepared from violaxanthin by acidification and subsequent separation by TLC. By the  
291 same way, neochrome and mutatoxanthin were prepared from neoxanthin and  
292 antheraxanthin, respectively (Mínguez-Mosquera et al., 1991). Hydroxytyrosol,  
293 oleuropein, and verbascoside were purchased from Extrasynthese S.A. (Lyon Nord,  
294 Genay, France), caffeic acid and 4-methylcatechol from Sigma Chemical Co. (St. Louis,  
295 MO). The dialdehydic form of decarboxymethyl elenolic acid linked to hydroxytyrosol  
296 (HyEDA) was obtained by HPLC preparative system as described elsewhere (Brenes,  
297 Hidalgo, García, Rios, García, Zamora, & Garrido, 2000).

298

## 299 *2.9. Statistical analysis*

300 Data were expressed as mean values  $\pm$  SD. Statistica software version 7.0 was  
301 used for data processing (Statistica for Windows, Tulsa, OK, USA). Comparison  
302 between mean variables was made by the Duncan's multiple range tests and the  
303 differences considered significant when  $p < 0.05$ .

304

## 305 **3. Results and discussion**

306

### 307 *3.1. Physicochemical parameters*

308 The chemical parameters of olive brines from the fruits of the Manzanilla and  
309 Hojiblanca varieties elaborated as Spanish-style and Natural green olives for 6 months  
310 of storage at room temperature are summarize in Table 1. The concentration of salt was  
311 something different among treatments, but in the range of 5-6.8% in all cases, which is  
312 very common for these types of green table olives (Garrido-Fernández et al., 1997).

313 Regarding pH and free acidity, big differences were found between olive varieties but  
314 not between processes. The brines of the Manzanilla variety had higher values for free  
315 acidity and lower pH than those of the Hojiblanca, indicating a clear lactic fermentation  
316 for both Spanish-style and Natural green olives of the former variety. Spontaneous  
317 lactic acid fermentation currently takes place in the brines of Spanish-style green olives  
318 and gives rise to an increase in acidity of up to 0.5-1% thereby decreasing the pH below  
319 4.5 units (Medina, Romero, de Castro, Brenes, & García, 2008). It can be observed that  
320 a good fermentation was achieved in the case of Manzanilla olives but not for the  
321 Hojiblanca fruits. The development of lactic acid fermentation in the brines of olives  
322 non-treated with alkali is more difficult because of the presence of inhibitors, although  
323 it also depends on olive variety, salt concentration and other variables (Medina, García,  
324 Romero, de Castro, & Brenes, 2009). In our experiments, Natural green Manzanilla  
325 olives allowed for lactic acid fermentation but not the Hojiblanca fruits (Table 1).

326         The relationship between the pH values and the colour in food is well known  
327 (Montaño, Rejano, & Sánchez, 1986). A light colour is associated with a low pH value.  
328 Visual assessment and colourimetric measurements in our experiments showed a  
329 different colour of olives with a rather similar pH (Table 1), although it was variety  
330 dependent. After 6 months of fermentation, the Natural green olives of both varieties  
331 showed lower lightness values than the Spanish-style green olives, a difference that was  
332 significant for the Manzanilla variety. Likewise, Natural green olives had higher a\*  
333 values than the Spanish-style green olives, which meant that the former had reddish  
334 tones. Also, the lower h values of those olives indicated brownish colouration. For the  
335 Manzanilla variety, b\* and C parameters were also significantly lower in Natural green  
336 olives than in the Spanish-style olive processing. Precisely, consumers appreciate the  
337 latter olives because of their bright golden-yellow colour, among other organoleptic

338 characteristics, while the brown tones developed in Natural green olives make this  
339 product less attractive.

340

### 341 3.2. Chloroplastic pigments

342 Fig. 1 shows the chloroplastic pigment composition found in the fresh fruit of  
343 the Manzanilla and Hojiblanca olive varieties, and its changes during processing as  
344 Spanish-style or Natural green olives. The mechanism of degradation of the chlorophyll  
345 and carotenoid pigments is illustrated in Fig. 2A. The chloroplastic pigment contents of  
346 the olive fruits were found to be similar in both varieties, although previous studies  
347 found that the Hojiblanca variety had a higher quantity of pigments than Manzanilla at  
348 similar ripening stages (Mínguez-Mosquera & Garrido-Fernández, 1989). For an easier  
349 interpretation of the results, the allomerized derivatives (AD) of chlorophylls that were  
350 detected initially in the fresh fruit ( $13^2$ -OH chlorophylls and  $15^1$ -lactone chlorophylls)  
351 were presented as the sum of them, both for the chlorophylls of the series *a* and for the  
352 series *b*. In general, AD refers to those compounds resulting from the oxidation at C- $13^2$   
353 in the isocyclic ring (V) of the chlorophyll pigment by molecular triplet oxygen ( $^3\text{O}_2$ )  
354 (Hynninen, 1991). Similarly, the epimer isomers of the chlorophyll pigments and the *cis*  
355 isomers of carotenoids were quantified with their respective precursors.  $\beta$ -cryptoxanthin  
356 is not included as it was found in very small quantities and not detected in all samplings.

357 The pigment transformations that took place during Spanish-style table olive  
358 processing or Natural green olives followed a similar trend for the Manzanilla and  
359 Hojiblanca varieties. For the Spanish-style processing, the first sampling was made 3  
360 days after the alkaline treatment. At this time, apart from the chlorophyll pigments  
361 initially present in the fresh fruit (chlorophylls *a* and *b*, and some AD and pheophytin  
362 *a*), new derivatives were formed, with those with Mg in the porphyrin ring of the

363 molecule but with structure chlorin- (series *a*), and rhodin- (series *b*) type (Mg-15<sup>2</sup>-Me-  
364 phytol-chlorin *e*<sub>6</sub> ester and Mg-15<sup>2</sup>-Me-phytol-rhodin *g*<sub>7</sub> ester) (Fig. 2B) being the most  
365 prominent. They are also named AD because an oxidation at C-13<sup>2</sup> causes the solvolysis  
366 of the isocyclic ring (V), but they will be treated separately throughout the study as  
367 chlorophyll derivatives with chlorin or rhodin-type structure. These compounds were  
368 also found during the processing of Spanish-style table olives of the Gordal variety and  
369 are formed by the alkaline oxidation of the chlorophylls due to the initial treatment of  
370 fruits with NaOH (Mínguez-Mosquera & Gallardo-Guerrero, 1995).

371 In this initial sampling, the Mg-free derivative with chlorin-type structure and  
372 pyropheophytin *a* had already begun to be detected, as well as an increase in the AD of  
373 the chlorophylls *a* and *b*. In the carotenoid fraction no changes in the qualitative  
374 composition were found, so that lutein, β-carotene, violaxanthin, neoxanthin,  
375 antheraxanthin and β-cryptoxanthin remained present, and only some quantitative  
376 variations in the content of minor xanthophylls were observed. As these carotenoids are  
377 stable to alkali (Schiedt & Liaaen-Jensen, 1995), this fact could simply be due to the  
378 variability of the raw material.

379 Subsequently, after two months of processing as Spanish-style table olives, a  
380 great number of new compounds were found, all of them being Mg-free chlorophyll  
381 derivatives (Fig. 1B) and carotenoids with 5,8-epoxide groups (Fig. 1C), which were  
382 formed due to the acid pH resulting from the lactic fermentation (Fig. 2B and C). In the  
383 first group of pigments the acidic pH leads to the replacement of Mg<sup>2+</sup> by 2H<sup>+</sup> in the  
384 porphyrin ring of the chlorophyll molecule, which is known as the pheophytinization  
385 reaction. In the case of carotenoids with a 5,6-epoxy group in their structure, the acid  
386 pH causes the reorganization of the mentioned group to 5,8-furanoid. The main  
387 pigments formed were pheophytins *a* and *b*, although the Mg-free derivatives with



388 chlorin or rhodin-type structure and pyropheophytin *a* were also considerable (Fig. 1B).  
389 In addition, pyropheophytin *b*, AD of pheophytin *a*, and dephytylated derivatives  
390 (pheophorbides *a* and *b*, and pyropheophorbide *a*) were detected. Similar pigment  
391 changes were found until the end of the process (180 days), with the chlorophylls *a* and  
392 *b* of the fresh fruit and any other derivative with Mg that were originated during the  
393 alkaline treatment of the fruits disappearing almost completely.

394         Although qualitative changes in chloroplastic pigments were essentially the  
395 same in both varieties, a significant difference in the percentage composition of the  
396 chlorophyll derivatives with chlorin and rhodin-type structure was found. The entire  
397 amount of Mg-free compounds with this type of structure meant 8.7% of the total  
398 chlorophyll pigments in Manzanilla olives and 15.5% in the case of Hojiblanca at the  
399 end of processing as Spanish style green table olives. Their precursor pigments were  
400 those initially formed as a result of the alkaline treatment) that were later modified to  
401 the Mg-free derivatives due to the acidic pH (Fig. 2A). In this experiment, the alkaline  
402 treatment conditions were the same (time and NaOH concentration) for both varieties of  
403 olives, thus the differences must be attributed to the morphological characteristics of  
404 each variety.

405         When olive fruits were processed as Natural green table olives, the main  
406 pigment transformations that took place were those due to the acid pH originated by the  
407 fermentation process, and no chlorophyll derivative with chlorin or rhodin-type  
408 structure was detected (Fig. 1). Therefore, Spanish-style and Natural green olives  
409 showed a different pigment profile, with a smaller number of chlorophyll derivatives  
410 being formed in the latter case (Fig. 2A). However, in both cases, all chlorophyll  
411 pigments present in the olives at the end of the processes were Mg-free derivatives. The  
412 presence of Mg in the chromophoric group of chlorophyll compounds is responsible for

413 the green colourations of these pigments; but when the  $Mg^{2+}$  is substituted by  $2H^+$ , the  
414 green colourations change to tones ranging from grey (series *a*) to green brownish  
415 (series *b*). Therefore, all the Mg-free chlorophyll derivatives show similar colourations  
416 even if other structural changes have occurred in the molecule such as the oxidative  
417 opening of the isocyclic ring.

418 In the carotenoid fraction no appreciable differences were found between either  
419 processing types, although there were slight differences between varieties. In the  
420 fraction of acid-sensitive xanthophylls it is worth noting that neoxanthin transformation  
421 to neochrome was faster in the Manzanilla variety than in Hojiblanca. In the latter, some  
422 neoxanthin remained after 60 days of olive processing both as Spanish-style or Natural  
423 green (Fig. 1C). This may be related to a slower fermentation (a higher pH) occurring in  
424 the Hojiblanca processes (Table 1).

425 For comparing the chloroplastic pigment contribution to the final colour of table  
426 olives processed as Spanish-style or Natural green olives, both for Manzanilla and  
427 Hojiblanca varieties, the chlorophyll pigments were grouped as the percentage of those  
428 with bright green colours (chlorophylls with Mg in their structure), and those with  
429 brownish-grey-tones (Mg-free chlorophyll derivatives) (Fig. 3). The carotenoid group  
430 was not included because their changes were similar for both processing types. A  
431 similar composition was found for both processes at the same sampling time for each  
432 olive variety. In the case of the Manzanilla olives the replacement of  $Mg^{2+}$  by  $2H^+$  in the  
433 porphyrin ring of the chlorophyll molecule was almost complete after 2 months of  
434 processing as Spanish-style or Natural green olives, reaching the corresponding fraction  
435 values of 98% and 95%, respectively, of the total chlorophyll pigments at the end of the  
436 processes. In the Hojiblanca olives, the pheophytinization reaction was slower and after  
437 two months of the olives processing, around 77% of the chlorophyll pigments were Mg-

438 free derivatives, while 23% remained with the Mg<sup>2+</sup> ion in their structure both in olives  
439 processed as Spanish-style or Natural green. This reaction progressed with time and the  
440 Mg-free derivatives became 93% in the first case and 88% in the second, with a higher  
441 proportion of Mg-chlorophyll compounds remaining in Hojiblanca than in Manzanilla  
442 olives. The lower transformation of the chlorophyll pigments in Hojiblanca olives for  
443 both types of processes must be explained by the differences commented in section 3.1,  
444 because of the free acidity and pH values between both varieties, just as noted for the  
445 5,6-epoxy-xanthophylls.

446         The percentage values of each distinguished pigment group resulted in some  
447 differences between the Spanish-style and Natural green olives for both the Manzanilla  
448 and Hojiblanca varieties. However, although the differences were statistically  
449 significant ( $p < 0.05$ ), they did not justify the distinct colour that show the Spanish-style  
450 and Natural green table olives. Precisely the latter, which is more brownish (Table 1),  
451 retained a higher percentage of green pigments (chlorophylls with Mg) in both olive  
452 varieties, thus the brown colour should be due to other fruit components.

453

### 454 *3.3. Polyphenolic compounds and PPO activity.*

455         A brown colour in olives can also be caused by the enzymatic oxidation of *o*-  
456 diphenols. Sciancalepore and Longone (1984) found a positive correlation between the  
457 browning rate of fresh fruit and the activity of its own PPO enzyme. Fig. 4 shows the  
458 concentration of total *o*-diphenols of the different solutions generated during the  
459 processing of Spanish-style and Natural green olives. The NaOH treatment gave rise to  
460 a rapid diffusion of polyphenols from the olives to the alkaline solution (lye), wash  
461 water and brines, which is equilibrated after 15 days of fermentation, as previously  
462 reported (Medina et al, 2008). By contrast, the low permeability of the olive flesh

463 originated a slow diffusion of these substances in the olives non-treated with alkali  
464 (Natural green olives) and less total content of *o*-diphenols was found in the brine until  
465 60 days of fermentation. However, a rather similar concentration was reached for both  
466 types of olives after 6 months of fermentation, regardless of the variety.

467 Polyphenols are currently found in food as simple phenols but also form part of  
468 the dark polymerized substances. The juices of Spanish-style and Natural green olives  
469 fermented for 6 months were filtered through 10,000 and 1000 daltons pore size, and  
470 the absorbance spectra were recorded between 400 and 700 nm (presented in  
471 Supplementary material). The absorbance values of the Natural green olive juice were  
472 higher than those of Spanish-style; therefore the former juice was darker than the latter.  
473 In addition, the colour of both juices decreased when they were passed through 10,000  
474 daltons pore size, and it was particularly reduced with 1,000 daltons pore size where the  
475 absorbance at 400 nm was reduced more than 50%. These results meant that the colour  
476 of these juices was mainly due to polymeric substances with size larger than 1,000  
477 daltons which could have a polyphenol nature as has been previously reported for the  
478 brines of Spanish-style green olives (Brenes, García, & Garrido, 1988).

479 All these data indicated that the browning observed in Natural green olives was  
480 probably the result of an enzymatic or chemical oxidation of the *o*-diphenolic  
481 compounds present in the fruits of both varieties. Subsequently, we explored the  
482 suspected involvement of PPO in this phenomenon. The PPO activity of the Hojiblanca  
483 fresh fruit was  $0.872 \pm 0.028$  e.a.u./mL of enzymatic extract, and this activity was not  
484 detected in those fruits treated with NaOH which probably inactivated the enzyme. By  
485 contrast, after 15 days of storage, the Natural green olives had a PPO activity of  $0.128 \pm$   
486  $0.038$  e.a.u./mL of enzymatic extract. However, it was not detected after one month of

487 storage although the enzymatic oxidation of Natural green olives preserved for 6  
488 months has been reported for the debittering of this fruit (García et al., 2008).

489 A new experiment was undertaken to clarify the origin of the brown polymers  
490 formed during the storage of Natural green olives. The fruits were stored under aseptic  
491 conditions to avoid the effect of any microorganism interference. Half of the olives were  
492 pasteurized (90 °C for 30 min) to denature the oxidase enzymes, and then all fruits were  
493 put in a 5% NaCl solution. The fresh fruits had PPO activity of  $5.822 \pm 0.037$  e.a.u./mL  
494 of enzymatic extract, while no oxidase activity was detected in the pasteurized fruits.  
495 After one month of storage, the aseptic bottles were opened and the colour parameters  
496 of the skin were immediately evaluated. Subsequently, the olives were exposed to air  
497 for 24 hours and the colour was measured again. Statistical differences between the  
498 colour parameters at 0 and 24 hours of non-pasteurized olives were found (Table 2).  
499 After the exposition of olives to air for 24 h, a considerable decrease in L\* and hue  
500 angle parameters was observed, indicating a severe browning of the olive surface. The  
501 reddish parameter (a\*) did not change drastically but the yellowish one (b\*) presented a  
502 large decrease. At time zero, the colour parameters were slightly higher in pasteurized  
503 olives with respect to the others, except for the parameter a\* which showed a  
504 significantly lower value. This result was associated with the pheophytinization reaction  
505 occurring in the chlorophyll compounds during food heat treatments. It must be noticed  
506 that the colour parameters of the pasteurized olives slightly modified only the b\* value  
507 during the experiment and, consequently, chroma parameter showed a low decrease.  
508 Therefore, this browning effect on olives must be associated with enzymatic reactions.

509 Moreover, the phenolic compounds in the olive skin were determined (Table 2).  
510 A significant decrease in the *o*-diphenols hydroxytyrosol, verbascoside and HyEDA  
511 concentrations in non-pasteurized fruits was detected after 24 h exposure to air, and was

512 not observed for the glucoside oleuropein, which is the main polyphenol in olives and  
513 has also an *o*-diphenol structure. As expected, the concentration of phenolic compounds  
514 remained almost constant during the exposure of pasteurized olives to air for 24 h due to  
515 the absence of oxidative enzymes in these fruits. The pasteurized olives showed higher  
516 amounts of oleuropein than non-pasteurized and the former did not contain the *o*-  
517 diphenols HyEDA, these phenomena have been previously reported by other authors  
518 (Medina et al., 2009).

519

#### 520 **4. Conclusion**

521 As processing of Natural green olives does not include any alkaline treatment,  
522 the main difference found in the chloroplastic pigment composition, regarding Spanish-  
523 style table olives, was the absence of chlorophyll derivatives with a chlorin or rhodin-  
524 type structure. However, this result could not explain the different colour shown by  
525 olives processed by one or another style since all the chlorophyll pigments formed were  
526 Mg-free derivatives (mostly pheophytins in both cases), which have similar  
527 colourations, ranging from grey to green brownish. The results of the present study  
528 indicate that the browning observed in Natural green olives was mainly due to  
529 compounds of a polyphenolic nature, resulting from an enzymatic oxidation by the PPO  
530 of the *o*-diphenolic compounds present in the fresh fruits. In the case of Spanish-style  
531 table olives, the colour was due to chloroplastic pigments because the PPO enzyme was  
532 probably inactivated by the initial alkaline treatment of the process which prevented the  
533 oxidation of the *o*-diphenolic compounds in the fruits.

534

535

536

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545

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- 650

651 **Figure Captions**

652 **Fig. 1.** Changes in concentrations ( $\mu\text{mol kg}^{-1}$ ) of chlorophyll and carotenoid pigments  
653 during the processing of Manzanilla and Hojiblanca olive varieties as Spanish-style or  
654 Natural green table olives. (FF: Fresh fruit). (A) chlorophyll compounds with Mg in  
655 their structure (solid line for series *a* and dotted line for series *b*): chlorophyll ( $\square$ ),  
656 allomerized derivatives (AD) ( $\Delta$ ), Mg-15<sup>2</sup>-Me-phytol-chlorin *e*<sub>6</sub> (or -rhodin *g*<sub>7</sub>) ester  
657 ( $\circ$ ); (B) Mg-free chlorophyll derivatives (solid line for series *a* and dotted line for series  
658 *b*): pheophytin ( $\square$ ), AD ( $\Delta$ ), 15<sup>2</sup>-Me-phytol-chlorin *e*<sub>6</sub> (or -rhodin *g*<sub>7</sub>) ester ( $\circ$ ),  
659 pyropheophytin ( $\diamond$ ), pheophorbide (\*), pyropheophorbide (+); (C) carotenoid pigments:  
660 lutein ( $\blacksquare$ ),  $\beta$ -carotene ( $\bullet$ ), violaxanthin ( $\blacktriangle$ ), neoxanthin ( $\blacklozenge$ ), antheraxanthin (\*),  
661 luteoxanthin ( $\Delta$ , with dotted line), auroxanthin ( $\Delta$ , with solid line), neochrome ( $\diamond$ ),  
662 mutatoxanthin (+).

663

664 **Fig. 2.** (A) Mechanism of degradation of the chlorophyll and carotenoid pigments  
665 during Spanish-style or Natural green table olive processing. Pigments included into a  
666 rectangle with dashed line are exclusive of the Spanish-style, and the rest, included into  
667 a rectangle with continuous line are common for both processing types. Pigments in:  
668 transparent rectangles are of green colourations, dark grey rectangles are of grey-  
669 brownish colourations, and light grey rectangles are of yellow colourations. (B)  
670 Structural comparison between chlorophylls *a* and *b*, their Mg-free derivatives, and their  
671 derivatives with an open isocyclic ring (V) (chlorin or rhodin-type structure,  
672 respectively). (C) Structural comparison between carotenoids with 5,6-epoxy groups and  
673 5,8-furanoid groups.

674

675 **Fig. 3.** Changes in the percentage distribution (with respect to total chlorophyll  
676 pigments), of the chlorophyll compounds with Mg in their structure, i.e., bright green  
677 pigments (black bars) and Mg-free chlorophyll derivatives, i.e., pigments with brownish  
678 and grey tones (dashed bars) during the processing of Manzanilla and Hojiblanca olive  
679 varieties as Spanish-style or Natural green table olives. (FF: Fresh fruit).

680

681 **Fig. 4.** Concentration of total *o*-diphenols of the different solutions generated during the  
682 processing of Spanish-style and Natural green olives of the Manzanilla (A) and  
683 Hojiblanca (B) varieties. Bars mean the standard deviation of two samples. The *o*-  
684 diphenol compounds analyzed were hydroxytyrosol, hydroxytyrosol-1-glucoside,  
685 caffeic acid, verbascoside, dialdehydic form of decarboxymethyl elenolic acid linked to  
686 hydroxytyrosol, oleuropein and caffeoyl ester of secologanoside.

687

688 **Table 1.** Physicochemical parameters of olive brines and fruits (Manzanilla and  
 689 Hojiblanca varieties) elaborated as Spanish-style and Natural green olives for 6 months  
 690 of storage at room temperature.

	Manzanilla olives		Hojiblanca olives	
	Spanish-style	Natural green	Spanish-style	Natural green
<i>Chemical parameters of olive brines<sup>a,b</sup></i>				
Salt (%)	6.8 ± 0.1 a	5.0 ± 0.2 b	6.2 ± 0.3 a	5.5 ± 0.2 b
pH	3.8 ± 0.0 a	3.7 ± 0.1 a	4.8 ± 0.1 b	4.4 ± 0.0 c
Free acidity (%) <sup>c</sup>	1.1 ± 0.0 a	1.4 ± 0.1 b	0.5 ± 0.1 c	0.6 ± 0.1 c
<i>Color parameters of olive fruits<sup>b,d</sup></i>				
L*	55.20 ± 0.65 a	48.64 ± 0.99 b	53.88 ± 0.83 c	53.01 ± 0.87 c
a*	3.78 ± 0.03 a	5.79 ± 0.16 b	2.18 ± 0.29 c	4.43 ± 0.39 d
b*	36.68 ± 1.25 a	29.92 ± 0.79 b	32.20 ± 0.96 c	32.44 ± 0.79 c
h	84.86 ± 1.43 a	79.03 ± 0.48 b	86.14 ± 0.40 c	82.23 ± 0.56 d
C	36.87 ± 1.25 a	30.47 ± 0.76 b	32.28 ± 0.97 c	32.74 ± 0.82 c

691 <sup>a</sup> Each value is the mean ± standard deviation of two samples. <sup>b</sup> Different letters in the  
 692 same mean value row indicates significant differences according to a Duncan's  
 693 multiple-range test (p < 0.05). <sup>c</sup> Expressed as lactic acid. <sup>d</sup> Each value is the mean ±  
 694 standard deviation of four samples.

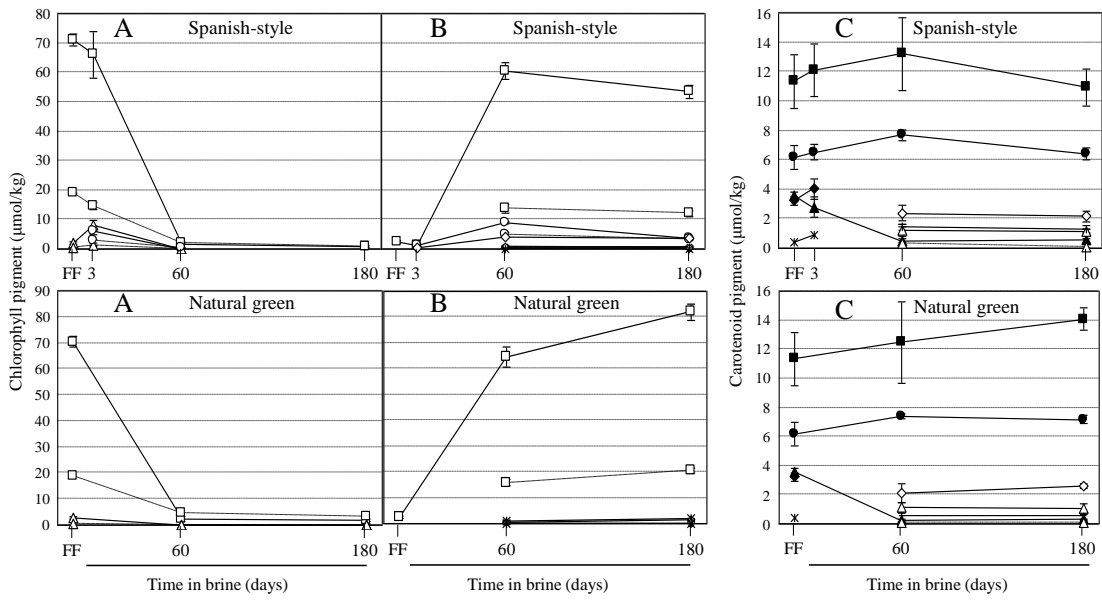
695

696 **Table 2.** Changes in color parameters and polyphenol compounds (mmol kg<sup>-1</sup>) of olive  
 697 skin exposed to air for 24 hours. Harvested fruits were pasteurized or non-pasteurized  
 698 before placed in sterile acidified brine and stored for 1 month under aseptic  
 699 conditions.<sup>a,b</sup>  
 700

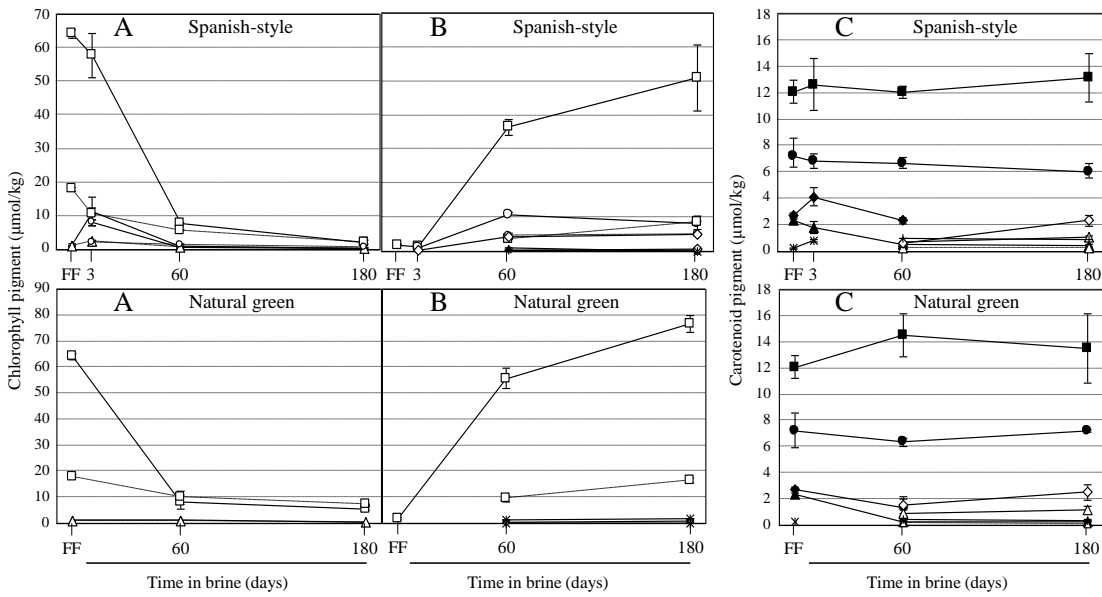
	Non-pasteurized olives		Pasteurized olives	
	0h	24h	0h	24h
<i>Color parameters</i>				
L*	50.44 ± 0.33 a	33.53 ± 1.26 b	52.29 ± 0.43 c	51.63 ± 0.58 c
a*	5.49 ± 0.22 a	5.18 ± 0.09 b	1.25 ± 0.18 c	1.24 ± 0.15 c
b*	34.72 ± 0.95 a	9.08 ± 0.97 b	38.29 ± 0.88 c	34.92 ± 0.92 a
h	81.02 ± 0.32 a	60.14 ± 2.34 b	88.11 ± 0.25 c	87.97 ± 0.21 c
C	35.15 ± 0.95 a	10.46 ± 0.88 b	38.31 ± 0.89 c	34.94 ± 0.92 a
<i>Polyphenol compounds</i>				
Hydroxytyrosol	4.73 ± 0.26 a	3.26 ± 0.30 b	0.73 ± 0.47 c	0.70 ± 0.08 c
Verbascoside	3.50 ± 0.55 a	1.17 ± 0.24 b	2.82 ± 0.72 a	2.51 ± 0.90 a
HyEDA <sup>c</sup>	3.07 ± 0.27 a	1.49 ± 0.31 b	-	-
Oleuropein	17.63 ± 1.74 a	16.91 ± 3.95 a	49.63 ± 6.94 b	64.38 ± 4.24 b

701 <sup>a</sup> Each value is the mean ± standard deviation of four samples. <sup>b</sup> Different letters in the  
 702 same mean value row indicate significant differences according to a Duncan's multiple-  
 703 range test (p < 0.05). <sup>c</sup> HyEDA is the dialdehydic form of decarboxymethyl elenolic acid  
 704 linked to hydroxytyrosol.  
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MANZANILLA



HOJIBLANCA



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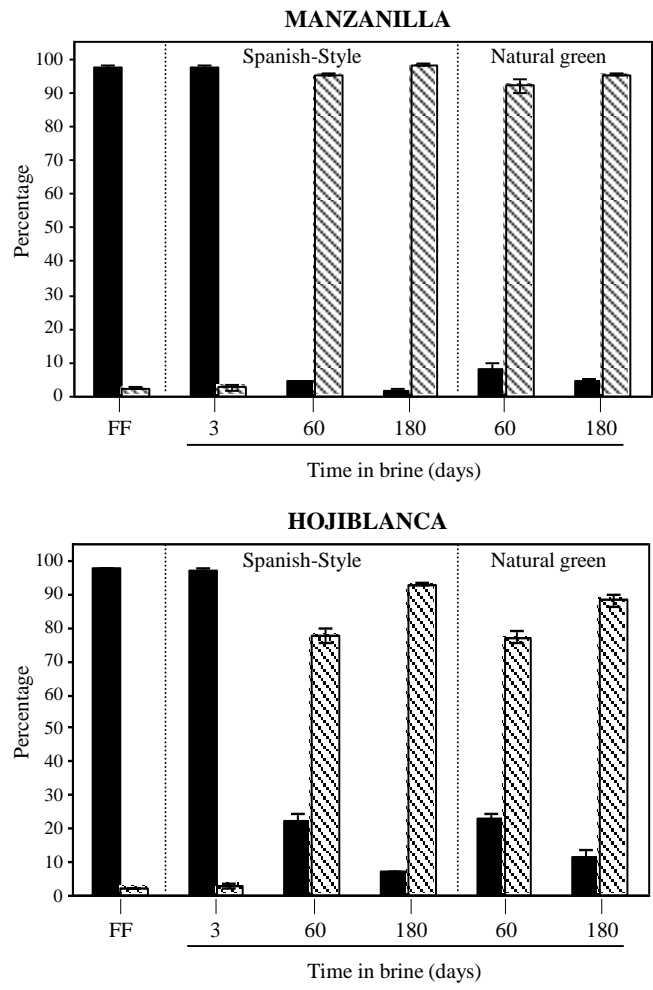
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Figure 1







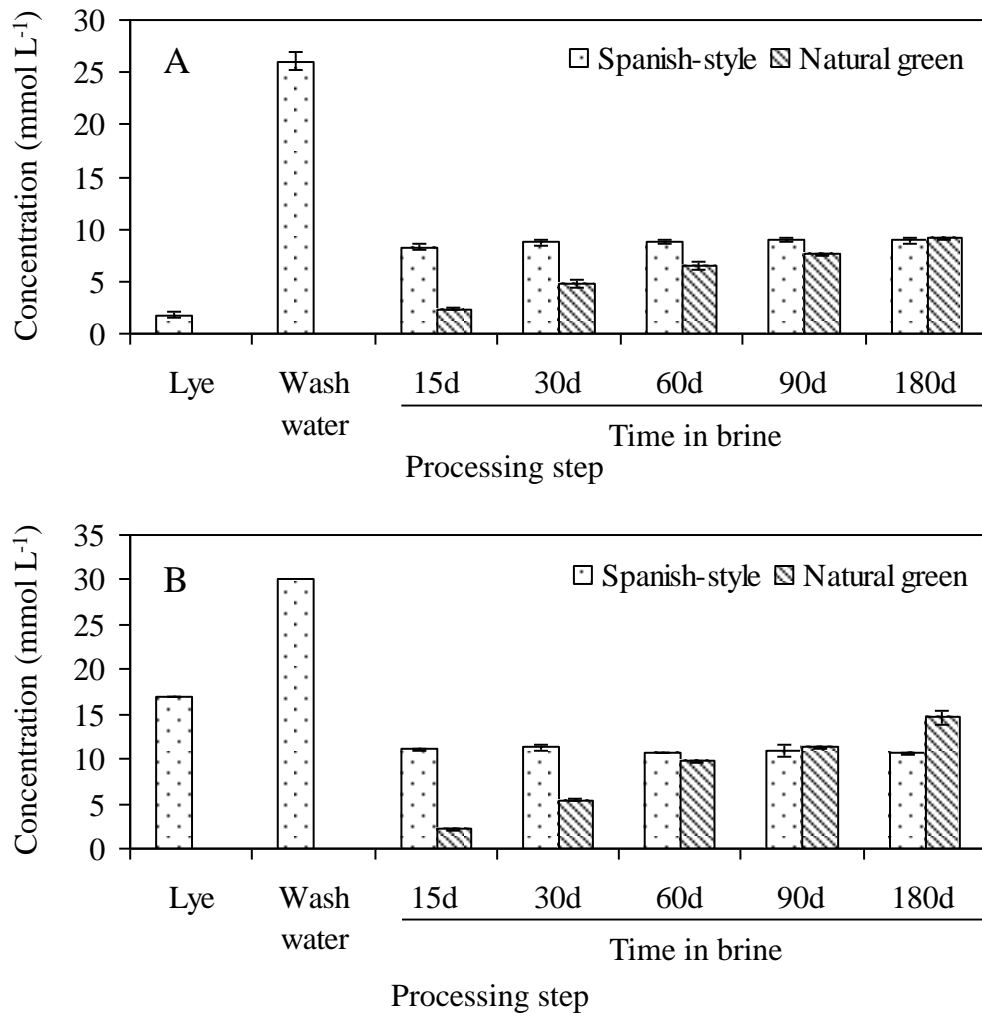
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**Figure 3**



**Figure 4**

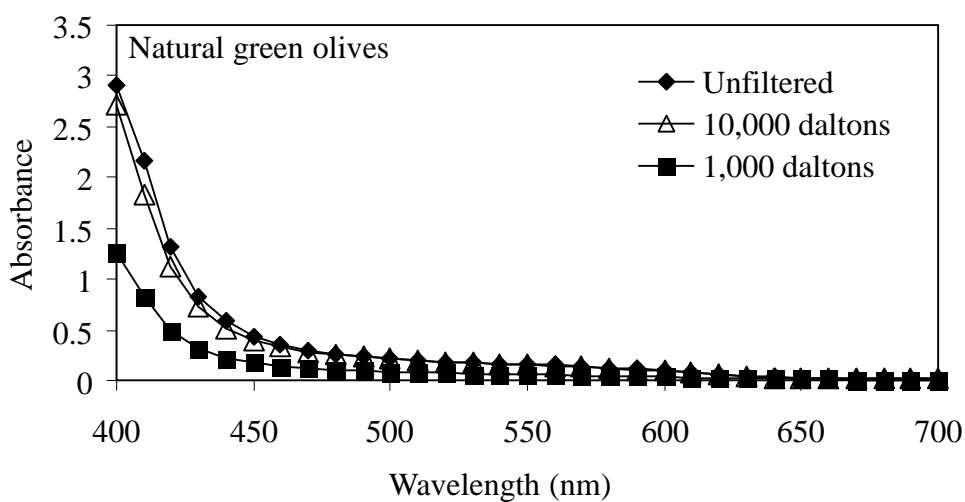
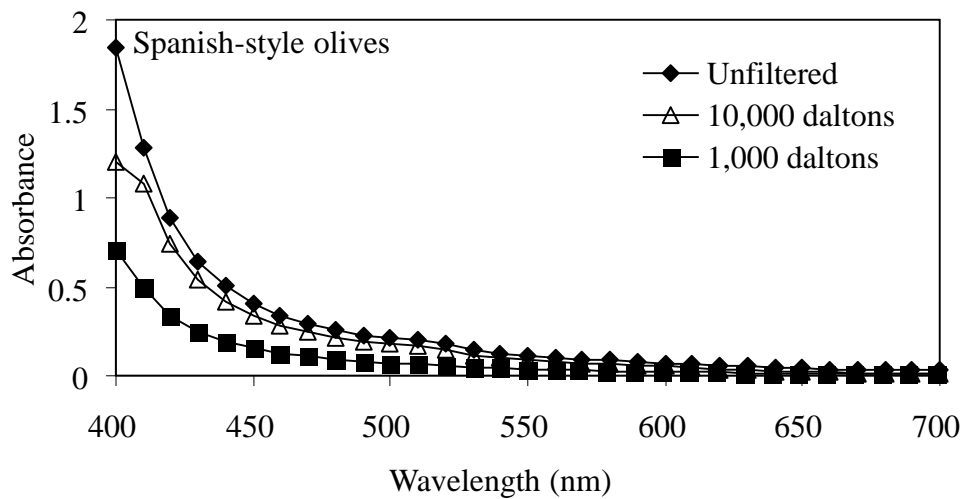
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**Supplementary data.** Absorption spectra of the same original olive juice after having been filtered through different pore size membranes. Juices were of Hojiblanca olive variety processed for 6 months.