

1 **Structure, transports and transformations of the water masses in the Atlantic Subpolar Gyre**

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20 **Abstract**

21 We discuss the distributions and transports of the main water masses in the North Atlantic
22 Subpolar Gyre (NASPG) for the mean of the period 2002–2010 (OVIDE sections 2002–2010 every
23 other year), as well as the inter-annual variability of the water mass structure from 1997 (4x and
24 METEOR sections) to 2010. The water mass structure of the NASPG, quantitatively assessed by
25 means of an Optimum MultiParameter analysis (with 14 water masses), was combined with the
26 velocity fields resulting from previous studies using inverse models to obtain the water mass
27 volume transports. We also evaluate the relative contribution to the Atlantic Meridional Overturning
28 Circulation (AMOC) of the main water masses characterizing the NASPG, identifying the water
29 masses that contribute to the AMOC variability. The reduction of the magnitude of the upper limb of
30 the AMOC between 1997 and the 2000s is associated with the reduction in the northward transport
31 of the Central Waters. This reduction of the northward flow of the AMOC is partially compensated
32 by the reduction of the southward flow of the lower limb of the AMOC, associated with the
33 decrease in the transports of Polar Intermediate Water and Subpolar Mode Water (SPMW) in the
34 Irminger Basin. We also decompose the flow over the Reykjanes Ridge from the East North
35 Atlantic Basin to the Irminger Basin (9.4 ± 4.7 Sv) into the contributions of the Central Waters (2.1
36 ± 1.8 Sv), Labrador Sea Water (LSW, 2.4 ± 2.0 Sv), Subarctic Intermediate Water (SAIW, 4.0 ± 0.5
37 Sv) and Iceland–Scotland Overflow Water (ISOW, 0.9 ± 0.9 Sv). Once LSW and ISOW cross over
38 the Reykjanes Ridge, favoured by the strong mixing around it, they leave the Irminger Basin
39 through the deep-to-bottom levels. The results also give insights into the water mass
40 transformations within the NASPG, such as the contribution of the Central Waters and SAIW to the
41 formation of the different varieties of SPMW due to air–sea interaction.

42 **Regional terms:** North Atlantic Ocean; Subpolar North Atlantic; Subpolar gyre; Irminger Basin;
43 Iceland Basin; Iberian Basin; Reykjanes Ridge

44 **Keywords:** Volume transports; OMP analysis; Water masses; Meridional oceanic circulation;
45 Multivariate analysis; Mixing ratios

46 **Highlights**

- 47 1. We discuss the 1997–2010 water mass structure and transport of the WOCE A25 line
- 48 2. We combine OMP analysis with velocity fields
- 49 3. The Central Waters transport reduction is linked to the AMOC decline
- 50 4. The weakening of intermediate water transports partially balances the AMOC decline
- 51 5. Water masses exchanges across the Reykjanes Ridge were also evaluated

52 **List of acronyms**

53	AMOC	Atlantic Meridional Overturning Circulation
54	CGFZ	Charlie-Gibbs Fracture Zone
55	CTD	Conductivity-Temperature-Depth
56	DSOW	Denmark Strait Overflow Water
57	ENA	East North Atlantic (Basin)
58	ENACW	East North Atlantic Central Water
59	ISOW	Iceland-Scotland Overflow Water
60	LSW	Labrador Sea Water
61	MW	Mediterranean Water
62	NAC	North Atlantic Current
63	NADW	North Atlantic Deep Water
64	NAO	North Atlantic Oscillation
65	NASPG	North Atlantic Subpolar Gyre
66	NEADW	North East Atlantic Deep Water, upper (NEADW _U) and lower (NEADW _L)
67	OMP	Optimum MultiParameter, classical (cOMP) and extended (eOMP)
68	OVIDE	Observatoire de la variabilité interannuelle et décennale en Atlantique Nord
69	PIW	Polar Intermediate Water
70	SAIW	Subarctic Intermediate Water
71	SPMW	Subpolar Mode Water, in the Iceland (IcSPMW) and Irminger (IrSPMW) Basins
72	SWT	Source Water Type
73	WOCE	World Ocean Circulation Experiment

74 1. Introduction

75 The North Atlantic Subpolar Gyre (NASPG) is one of the key regions of the global ocean
76 circulation, where interactions with the atmosphere contribute to warm-to-cold water mass
77 transformations (e.g., Bersch et al., 2007; Yashayaev et al., 2007; Sarafanov, 2009; Sarafanov et
78 al., 2012). The North Atlantic Current (NAC) carries warm and salty waters from the subtropics
79 towards the north-eastern Atlantic Ocean (Fig. 1). East of the Charlie–Gibbs Fracture Zone (CGFZ)
80 the NAC bifurcates into two branches, one flowing towards the Nordic Seas, and the other flowing
81 towards the Iceland Basin (Read, 2000), where the Subpolar Mode Water (SPMW) is formed
82 (McCartney and Talley, 1982; Tsuchiya et al., 1992; van Aken and Becker, 1996; Brambilla and
83 Talley, 2008). The densest variety of SPMW is formed in the Labrador Sea (McCartney and Talley,
84 1982; Yashayaev, 2007), where intense winter heat loss leads to deep convection and formation of
85 the Labrador Sea Water (LSW) (Tsuchiya et al., 1992; Bersch et al., 2007; Yashayaev, 2007).
86 Afterwards, LSW joins the Deep Western Boundary Current (Bersch et al., 2007), where it flows
87 over the Denmark Strait Overflow Water (DSOW) and the Iceland–Scotland Overflow Water
88 (ISOW) (both derived from waters from the Arctic Ocean and the Nordic Seas; Rudels et al., 2002;
89 Tanhua et al., 2008) and these altogether constitute the North Atlantic Deep Water (NADW;
90 Dickson and Brown, 1994).

91 The processes of water mass formation in the Subpolar North Atlantic, the Arctic Ocean
92 and the Nordic Seas affect the Atlantic Meridional Overturning Circulation (AMOC) on long
93 timescales (Böning et al., 1996; Willebrand et al., 2001; Marsh et al., 2005; Josey et al., 2009). The
94 AMOC transports heat and anthropogenic carbon from the southern hemisphere of the Atlantic
95 Ocean to the subtropics and the high northern latitudes, playing an active role in the climate
96 variability. The North Atlantic Oscillation (NAO) is the dominant mode of the atmospheric variability
97 in the NASPG (Hurrell, 1995), which influences both its strength and circulation (Curry and
98 McCartney, 2001; Häkkinen and Rhines, 2004) and its shape (Bersch, 2002). Both direct
99 observations (Flatau et al., 2003; Häkkinen and Rhines, 2004) and model results (Böning et al.,
100 2006) confirm a spin down of the circulation of the NASPG between the mid-1990s and the 2000s
101 due to the shift from high to low NAO indices, based on high-frequency time series. The NAO also
102 influences the AMOC strength (e.g., Eden and Willebrand, 2001; Marsh et al., 2005; Böning et al.,

103 2006; Balmaseda et al., 2007), which has decreased over the last decade (Balmaseda et al., 2007;
104 Desbruyères et al., 2013; Xu et al., 2013; Mercier et al., 2015) and resulted in reductions in the
105 poleward heat transport (Bryden et al., 2014; Mercier et al., 2015) and in the uptake of atmospheric
106 carbon dioxide (Pérez et al., 2013).

107 The main objective of this paper is to discuss the distributions and transports of the main
108 water masses in the North Atlantic region for the first decade of the 2000s. We also evaluate the
109 inter-annual variability of the water mass structure from 1997 to 2010. In the present work we use
110 data from six repeats of the WOCE (World Ocean Circulation Experiment) A25 hydrographic
111 section located at the southern boundary of the NASPG (Fig. 1; Table 1). The data include the 4x
112 section taken in 1997 and the five repeats of the OVIDE (Observatoire de la variabilité
113 interannuelle et décennale en Atlantique Nord) section taken every other year from 2002 to 2010.
114 We obtained the distributions of the main water masses in each section by using an Optimum
115 MultiParameter (OMP) analysis (Thompson and Edwards, 1981; Tomczak, 1981; Mackas et al.,
116 1987; Tomczak and Large, 1989) and then we combined them with the velocity fields (from inverse
117 models previously implemented (Lherminier et al., 2007, 2010; Gourcuff et al., 2011; Mercier et al.,
118 2015)) in order to estimate the transport of each water mass across the sections. Although this
119 methodology has been applied before (Álvarez et al., 2004; Carracedo et al., 2014), this is the first
120 time that it has been used to evaluate the inter-annual variability of the water mass distributions,
121 specifically from 1997 to 2010. In addition, we also investigate the water mass contributions to the
122 AMOC and the water mass transformations that take place in the NASPG.

123 The present manuscript is organized as follows. In Section 2 we describe: the cruise data;
124 the methodology followed in the OMP analysis, including a description of the 14 water masses
125 considered; the velocity field obtained from earlier studies; and the methodology used to combine
126 the velocity fields with the water mass distributions. The water mass distributions for the OVIDE
127 period (2002–2010) are described and discussed in Section 3. In Section 4 we describe and
128 discuss the inter-annual variability of the water mass structure from 1997 to 2010. The water mass
129 volume transports are described and discussed in Section 5 together with an estimation of the
130 circulation and transformation of the water masses in the Subpolar North Atlantic as well as of the

131 budget of water mass volume transports across the Reykjanes Ridge. We conclude the manuscript
132 in Section 6.

133 **2. Data and methods**

134 **2.1. Biogeochemical data**

135 The 4x and OVIDE sections were conducted across the southern boundary of the NASPG
136 from the Iberian Peninsula to Cape Farewell (South Greenland), during the spring–summer periods
137 of 1997 (4x section), 2002, 2004, 2006, 2008 and 2010 (OVIDE sections) (Fig. 1; Table 1). Cruise
138 data is available on the CCHDO (CLIVAR & Carbon Hydrographic Data Office) webpage
139 (<http://cchdo.ucsd.edu>). These cruises are suitable for examining the inter-annual to decadal water
140 mass variability because they were carried out at approximately the same time of the year -from
141 June to August- and, except for the near-surface layers, the seasonal differences are expected to
142 be smaller than the inter-annual changes. In addition, the monthly variability of the AMOC is
143 weaker between June and August (Mercier et al., 2015).

144 During the cruises, the temperature and salinity (S) were continuously recorded at each
145 station by using a Conductivity–Temperature–Depth (CTD) instrument. In the cruises prior to 2008
146 a Neil Brown Mark III CTD probe was used, while in the subsequent cruises a Sea-bird Electronics
147 911plus CTD probe was used. To calibrate the conductivity sensor, seawater S samples were
148 analysed on board via a Guildline 8400A salinometer calibrated with IAPSO Standard Seawater
149 following the WOCE standards (Culberson, 1991). The pressure sensor was calibrated in a
150 metrology laboratory using 3 cycles of increasing–decreasing pressure between 0 and 6000 dbar.
151 The static and dynamic effects of temperature on the pressure sensor were also estimated and
152 corrected (Branellec and Thierry, 2013). Overall, the CTD measurement accuracies were 1 dbar
153 for pressure, 0.002°C for temperature and 0.003 for S.

154 Seawater samples for nutrients (nitrate (NO_3), phosphate (PO_4) and silicate (SiO_2)) and
155 oxygen (O_2) were also taken and analysed on board. The nutrients were analysed using an SOC
156 Chemlab AAll type Auto-Analyser coupled with a Digital-Analysis Microstream data capture and a
157 reduction system, following the classic protocols and methods described by Aminot and

158 Chaussepied (1983). The precision for NO_3 , PO_4 and SiO_2 was evaluated at 0.2, 0.02 and 0.1 μmol
159 kg^{-1} , respectively. The O_2 was determined by Winkler potentiometric titration following the WOCE
160 standards (Culberson, 1991), with a precision better than $\mu\text{mol kg}^{-1}$.

161 For further reference, the vertical sections of the mean properties (potential temperature
162 (θ) , S, O_2 , NO_3 , SiO_2 and PO_4) are shown in Fig. 2.

163 2.2. Optimum MultiParameter (OMP) analysis

164 An Optimum MultiParameter (OMP) analysis (Thompson and Edwards, 1981; Tomczak,
165 1981; Mackas et al., 1987; Tomczak and Large, 1989) was used to resolve the water mass
166 structure along the sections. The water masses are described by the so-called Source Water
167 Types (SWT), which are points in the n -dimensional parameter space (n is the number of
168 properties that characterize SWTs) (Tomczak, 1999). In this work, the SWTs are characterized by
169 θ , S, O_2^0 , NO_3^0 , PO_4^0 and SiO_2^0 (where the superscript 0 means preformed variables) (Table 2). Given
170 a number of SWTs, the goal of an OMP analysis is to find the fractions of each SWT (X_i) in each
171 water sample. The X_i s strongly depend on the characterization of the SWTs (Tomczak, 1981), the
172 choice of which is a key step of the analysis. In the following subsection we describe the SWTs
173 included in the analysis and their properties.

174 2.2.1. Water mass characterization

175 The Subpolar North Atlantic is a region with a large variety of water masses. We considered
176 14 SWTs as the main water masses explaining the physicochemical variability of this area and
177 which encompass all the water samples of the sections (Fig. 3a, b).

178 The saltiest waters of the sections are influenced by the Mediterranean Water (MW), which
179 enters the North Atlantic from the Mediterranean Sea. MW is detected as a maximum in S (> 36.1)
180 and θ (9-11°C) between 600 and 1700 m depth in the eastern North Atlantic (Harvey, 1982;
181 Tsuchiya et al., 1992; van Aken and Becker, 1996; Álvarez et al., 2004). Following Castro et al.
182 (1998) and Álvarez et al. (2004), we used the θ /S properties of MW reported by Wüst and Defant
183 (1936) near Cape St. Vicente (Fig. 3a; Table 2). In this way we avoid solving the mixing processes

184 between the Mediterranean Outflow Water (overflowing from the Mediterranean Sea) and the
185 central and intermediate waters of the East North Atlantic, which lead to the formation of MW
186 (Ambar and Howe, 1979; Baringer and Price, 1997).

187 The warmer waters are influenced by the North Atlantic Central Waters (Iselin, 1936). East
188 of the Mid-Atlantic Ridge in the North Atlantic, the predominant variety of these waters is the East
189 North Atlantic Central Water (ENACW) (Harvey, 1982; Pollard et al., 1996; Read, 2000), which is
190 formed by winter convection in the intergyre region (Pollard et al., 1996). The θ/S characteristics of
191 ENACW can be fitted to a straight line from 12 to 16°C (Pollard et al., 1996). The end points from
192 this line are defined by: ENACW₁₆, whose θ/S characteristics match those from the warmer central
193 waters of Pollard et al. (1996); and ENACW₁₂, which represents the upper limit of ENACW defined
194 by Harvey (1982) (Fig. 3a; Table 2). Here, we considered these two SWTs together as the Central
195 Waters.

196 Part of the Central Waters carried by the NAC recirculates in the West European Basin
197 (Fig. 1), and part of them spreads towards the Iceland Basin, leading to the formation of SPMW
198 (McCartney and Talley, 1982; Tsuchiya et al., 1992; van Aken and Becker, 1996; Brambilla and
199 Talley, 2008). The hydrographic properties of SPMW change due to air–sea interaction processes
200 (McCartney and Talley, 1982; Brambilla and Talley, 2008). Since this variability cannot be
201 accounted by the OMP analysis, we defined three SWTs to characterize SPMW: two
202 corresponding to SPMW present in the Iceland Basin (SPMW₈ and SPMW₇), and another one that
203 accounts for the variety found in the Irminger Basin (IrSPMW, sometimes denoted as Irminger Sea
204 Water (Krauss, 1995)). SPMW₈ and SPMW₇ were selected to characterize the thermohaline range
205 of SPMW in the Iceland Basin (6–9°C and 35.1–35.25) (Stoll et al., 1996; van Aken and Becker,
206 1996) and are going to be considered together as IcSPMW. The θ/S properties of SPMW₇ (Fig. 3a;
207 Table 2) were chosen close to the mean properties of SPMW over the eastern flank of the
208 Reykjanes Ridge found by Thierry et al. (2008) in a box including the OVIDE section, while the θ/S
209 properties of SPMW₈ correspond to the SPMW variety formed within the Iceland Basin (Brambilla
210 and Talley, 2008). Since the 8°C limit between the Central Waters and SPMW₈ (Brambilla and
211 Talley, 2008; Brambilla et al., 2008) cannot be directly obtained by the OMP analysis, we
212 constrained the OMP by not allowing the presence of Central Waters east of the western branch of

213 the NAC (Fig. 1). In the northern part of the Irminger Basin, SPMW is characterized by θ and S
214 usually lower than 7°C and 35.1, respectively (Thierry et al., 2008). To characterize the SWT for
215 IrSPMW, we chose its θ/S properties close to those of the Irminger Sea Water described by Krauss
216 (1995) (Fig. 3a; Table 2). These properties were also found by Brambilla and Talley (2008) in the
217 NW Irminger Basin, which could indicate that this is the region of formation of IrSPMW.

218 Once SPMW reaches the Labrador Sea, it is involved in deep convection processes which
219 lead to the formation of LSW (Talley and McCartney, 1982). These episodes of deep convection
220 are forced by the extreme winter heat loss combined with the cyclonic circulation in the Labrador
221 Sea (Lazier et al., 2002). LSW is traceable by its low potential vorticity, relatively low S and high O₂
222 content (Fig. 2) (Talley and McCartney, 1982; Harvey and Arhan, 1988; Pickart, 1992; Tsuchiya et
223 al., 1992). The classical LSW (Bersch et al., 2007; Yashayaev et al., 2008) is built by intense
224 winter convection, when the mixing layer reaches ~2000 m depth. Deep winter convection at these
225 latitudes is controlled by the phase of the NAO and its persistence (Dickson et al., 1996; Bersch et
226 al., 2007). Indeed, it is favoured during persistent phases of the high NAO index, such as the
227 period 1987–1994, when the winter convection reached 2400 m depth (Lazier et al., 2002;
228 Yashayaev, 2007), where the LSW properties reached extremal values of 2.9°C and 34.84
229 (Álvarez et al., 2004; Yashayaev, 2007). The thermohaline properties of the corresponding SWT
230 are consistent with the characteristic values for the classical LSW as a long-term average (Lazier,
231 1973; Dickson et al., 1996) (Fig. 3a, b; Table 2).

232 The left limit of the θ/S -diagram is characterized by the Subarctic Intermediate Water
233 (SAIW), which originates in the western boundary of the NASPG (Arhan, 1990) from the mixture of
234 the warm and salty waters of the NAC with the cold and low-salinity waters of the Labrador Current
235 (Iselin, 1936; Read, 2000). The thermohaline properties of SAIW (4-7°C and S < 34.9) vary due to
236 its spreading and subduction in a region characterized by a complex circulation, with horizontal and
237 vertical mixing, recirculation processes and mesoscale variability, among other processes
238 (Bubnov, 1968; Arhan, 1990). Similarly to what we did in the case of SPMW and in order to better
239 depict SAIW, we defined two SWTs: SAIW₆, which represents the fresher and relatively warm
240 variety resulting from the progressive warming of the fresher Arctic waters while mixing with central
241 waters (Fig. 3a; Table 2); and SAIW₄, which represents the saltier and relatively cold variety

242 resulting from the cooling of the saltier central waters while mixing with the Arctic waters. The
243 thermohaline properties of both SWTs follow the descriptions of Bubnov (1968) and Harvey and
244 Arhan (1988).

245 The bottom part of the θ/S -diagram shows DSOW and ISOW, which are complex mixtures
246 of several water masses. The Norwegian Sea waters overflow and entrain the overlying warm
247 saline Atlantic waters (SPMW and LSW) forming ISOW (van Aken and de Boer, 1995; Dickson et
248 al., 2002; Fogelqvist et al., 2003). To avoid the parameterization of this mixing process (as in the
249 case of MW), we defined the ISOW thermohaline properties by considering this overflow as the
250 final result of those mixing processes, and according to the definition of van Aken and Becker
251 (1996) (Fig. 3a, b; Table 2). As for DSOW, it is formed after the Nordic Seas deep waters overflow
252 and entrain Atlantic waters (SPMW and LSW) (Read, 2000; Yashayaev and Dickson, 2008). In
253 addition, some authors have reported dense Greenland shelf water cascading down to the DSOW
254 layer in the Irminger Sea (Olsson et al., 2005; Tanhua et al., 2005, 2008; Falina et al., 2012).
255 According to this and following van Aken and de Jong (2012), we modelled DSOW by two SWTs: a
256 relatively saline one (DSOW) and a relatively fresh one (the Polar Intermediate Water; PIW) (Fig.
257 3a, b; Table 2). The θ/S characteristics chosen for DSOW are in agreement with the characteristics
258 of the saline variety of van Aken and de Jong (2012) and with the characteristics of DSOW after
259 crossing the sill found by Tanhua et al. (2005). PIW is an SWT with characteristics close to the low-
260 salinity variety of the overflow (Tanhua et al., 2005). We substituted the relatively fresh end-
261 member proposed by van Aken and de Jong (2012) by PIW to take into account the dense shelf
262 water intrusions, since these intrusions lie on a mixing line between PIW and the Irminger Current
263 Water (Rudels et al., 2002; Falina et al., 2012). The θ/S characteristics selected for PIW are in
264 agreement with those proposed by Malmberg (1972) and Rudels et al. (2002).

265 The North East Atlantic Deep Water (NEADW) is formed as a result of different
266 entrainments that occur along the journey of ISOW through the Iceland Basin (van Aken, 2000).
267 NEADW recirculates in the Iberian Basin and mixes with the surrounding waters, including the
268 bottom waters coming from the Southern Ocean (Antarctic Bottom Water; van Aken and Becker,
269 1996). The θ/S properties of NEADW below 2500 m depth in this basin can be approximated as a
270 line (Saunders, 1986; Mantyla, 1994) whose end points define our SWTs representing the upper

271 (NEADW_U) and lower (NEADW_L) varieties of NEADW (Fig. 3a, b; Table 2). The θ/S properties of
272 these two SWTs are close to those defined by Castro et al. (1998).

273 Having selected the θ/S properties for each SWT from the literature, we run the OMP
274 analysis taking the remaining chemical properties (NO_3^0 , PO_4^0 and SiO_2^0) from the work of Álvarez et
275 al. (2004) and the O_2^0 equal to saturation as a first guess. For those SWTs not defined in Álvarez et
276 al. (2004), their first-guess chemical properties were taken as equal to those properties of the
277 nearest SWT in Álvarez et al. (2004) (O_2^0 equal to saturation). The final chemical properties for
278 each SWT (those that best fit the measured data) were obtained from an iterative procedure
279 (section 2.2.2). Some of the values of O_2^0 were adjusted so as not to get negative values for either
280 respiration or nutrients, and to account for the disequilibrium between the O_2 content in the
281 atmosphere and in the water mass at its time of formation (in the surface ocean) (Najjar and
282 Keeling, 2000; Ito et al., 2004). The uncertainties in the properties were obtained as explained in
283 section A2 of the Appendix.

284 2.2.2. Methodology of the analysis

285 An OMP analysis is a simple mathematical approach based on measured data that solves
286 the mixing between SWTs by a least square method constrained to be positive definite (section A1
287 of the Appendix). The methodology applied in this work consists of two steps (Pardo et al., 2012).
288 First, the 14 SWTs were grouped into a total of 11 mixing *figures* (Fig. 3c), which are subsets of
289 SWTs that are susceptible to mixing. The term *figure* refers to the geometrical space in the θ/S
290 plane formed by 2 SWTs (line segment), 3 SWTs (triangle), 4 SWTs (square), etc. Actually, the
291 mixing *figures* are n -dimensional spaces. These mixing *figures* were selected based on the
292 characteristics and/or dynamics of the SWTs in the region of study. In the first step of the
293 methodology we solved a classical OMP (cOMP) analysis (Tomczak, 1981), which is based only
294 on conservative variables (θ , S, SiO_2 , “NO” and “PO”; see section A1 of the Appendix), for each
295 water sample in each one of the mixing *figures*. In this way we assigned to each water sample the
296 mixing *figure* whose mixing best explains its properties. In the second step we solved an extended
297 OMP (eOMP) analysis to obtain the X_i s in each water sample for the mixing *figure* selected in the

298 previous step. The eOMP analysis includes conservative (θ and S) and non-conservative (NO_3 ,
299 PO_4 , SiO_2 and O_2) variables. By taking into account the biogeochemical process of remineralisation
300 of the organic matter, we can include non-conservative variables (for more details about the
301 methodology see section A1 of the Appendix). We restricted the whole OMP analysis (cOMP and
302 eOMP) to the water samples with pressure ≥ 50 dbar, to avoid the non-conservative behaviour of θ
303 and S in the surface layer due to air–sea interactions after the last maximum of winter convection.
304 Additionally, we included special SWTs for the regions of intense air–sea interactions (section
305 2.2.1). We also avoided the input of high percentages of fresh water over the Greenland shelf by
306 restricting the analysis in this region to water samples with $S > 34.7$ (Daniault et al., 2011).

307 Some of the SWTs were geographically constrained (Álvarez et al., 2004) according to the
308 spreading of the water masses: MW was restricted south of the NAC front; DSOW and IrSPMW
309 were restricted to the Irminger Basin; PIW was restricted to stations over the Greenland slope (in
310 mixing *figure 1*; Fig. 3c) since it is part of the East Greenland Current (Pickart et al., 2005), and
311 within the DSOW mixing *figure* (in mixing *figure 3*) since it is assumed to contribute to DSOW
312 (Falina et al., 2012); and LSW was not allowed in the East Greenland Current (Falina et al., 2012;
313 von Appen et al., 2014).

314 To reduce the error of the whole OMP analysis, an iterative process was performed for
315 nutrients (Álvarez et al., 2004), since they accumulate the highest errors (section A1 of the
316 Appendix). At each iteration we obtained new values of the nutrients for each SWT from X_i s and
317 the measured data (eOMP equations). These new estimated values were assigned to the SWTs
318 and the methodology was re-run. The process finishes when an asymptote is found in the value of
319 the total residual of the analysis (eOMP) (in this work five iterations were performed). The iterative
320 process improves the definition of the SWTs, thereby also improving the accuracy of the
321 methodology.

322 We tested the robustness of the methodology through a perturbation analysis (Lawson and
323 Hanson, 1974), where the physicochemical properties of each SWT (Álvarez et al., 2004; Pardo et
324 al., 2012) and of each water sample (Álvarez et al., 2014) were modified by introducing normally
325 distributed random numbers (section A2 of the Appendix). The resulting uncertainties in the X_i s
326 range were between 0.015 and 0.13 (Table 2), indicating that the methodology is robust.

327 Additionally, our model is consistent since its residuals lack a tendency with depth (section A3 of
328 the Appendix) and the Standard Deviations of the Residuals remain low, slightly higher than the
329 corresponding measurement error (Table 2). Besides, the model's ability to reproduce the
330 measured values is given as the correlation coefficient (r^2) between the measured (water samples)
331 and the expected values for the SWTs properties (values of the properties of each water sample
332 obtained by substituting X_i s in the system of equations; section A1 of the Appendix). The r^2 values
333 are higher than 0.94, indicating again the reliability of our methodology.

334 When evaluating the water mass distributions derived from an OMP analysis, it should be
335 taken into account that the properties that define the SWTs are time invariant; hence, changes in
336 the properties of the water masses over time are reflected through water mass redistributions.
337 Therefore, it is possible that some of the changes in the distribution of the SWTs may actually
338 reflect inter-annual variations in the water mass properties not taken into account in the OMP set-
339 up, and not only an increase/reduction of its extension. This affects water masses such as LSW
340 and SPMW, whose properties vary from year to year due to formation processes and air-sea
341 interaction differences.

342 **2.3. Velocity field**

343 The velocity fields in the sections are required to compute the volume transports by water
344 mass. The velocity fields were obtained from the results of previous studies realized over the same
345 sections using linear box inverse models. The inverse model configurations for 4x and OVIDE
346 2002 have been described by Lherminier et al. (2007), for OVIDE 2004 by Lherminier et al. (2010),
347 for OVIDE 2006 by Gourcuff et al. (2011), and for OVIDE 2008 and 2010 by Mercier et al. (2015).

348 The inverse model is based on the least-squares formalism, which provides errors on the
349 velocities and associated quantities such as the magnitude of AMOC (estimated in density
350 coordinate) and the heat flux (Lherminier et al., 2010). The inverse model was constrained by
351 direct Acoustic Doppler Current Profiler velocity measurements and by an overall mass balance of
352 1 ± 3 Sv to the North (Lherminier et al., 2007, 2010).

353 The inverse model computes the absolute geostrophic transports orthogonal to the section.
354 The Ekman transport is deduced from the wind fields averaged over the cruise period and added
355 homogeneously in the first 40 metres (Mercier et al., 2015). The transport estimates of the inverse
356 model across OVIDE have been validated by favourable comparisons with independent
357 measurements (Gourcuff et al., 2011; Danialt et al., 2011; Mercier et al., 2015).

358 **2.4. Combining the water mass distributions with the velocity fields**

359 The combination of the X_i s ($i = 1$ to 14) obtained using the OMP analysis with the velocity
360 fields allowed us to obtain the volume transport of each SWT in the whole water column (Álvarez et
361 al., 2004).

362 The X_i s were obtained at each measured point (i.e., bottle depth) for each hydrographic
363 station, whereas the geostrophic and Ekman components of the flow were estimated at mid-
364 distance between two hydrographic stations (defining a station pair) with a vertical resolution of 1
365 dbar. To match the velocity field, the SWT distributions were linearly interpolated at each dbar, and
366 averaged in station pairs. The velocity field was obtained from the CTD downcast and the
367 biogeochemical measurements (leading to the X_i s) were performed during the CTD upcast. To
368 better match up both fields and compensate for vertical displacements of the water masses
369 between the CTD downcast and upcast, we used density coordinates instead of pressure
370 coordinates to interpolate the X_i s. To obtain X_i s until the bottom depth of each station pair, the
371 shallower station profile in each station pair was extended until the maximum depth of the station
372 pair by copying down the X_i values of the deepest measured point available.

373 Data of the upper layer (pressure ≤ 50 dbar) and of the Greenland shelf waters with $S <$
374 34.7, excluded from the OMP analysis, were appropriately reconstructed. The shallowest mixing
375 contributions at each station of the upper layer were extrapolated up to the surface by keeping the
376 same X_i values. In areas close to the Greenland shelf, water samples with $S < 34.7$ were
377 substituted by the nearest water sample included in the analysis.

378 **3. Water mass distributions for the first decade of the 2000s**

379 The water mass distributions were obtained for each repeat of the OVIDE section by means
380 of an OMP analysis (section 2.2). It is important to remember that the water mass distributions
381 presented in this study should be regarded as a best estimate and serve to illustrate the relative
382 importance of the water masses, since the definitions of the SWTs in the OMP analysis mostly
383 condition the distribution and the maximum contribution achieved by each SWT. Additionally, we
384 have to point out that NEADW_U is not shown because it was considered as a composite SWT
385 (Álvarez et al., 2004; Carracedo et al., 2012) that can be derived from the mixing of 1.5 % of MW,
386 18.4 % of LSW, 29.5 % of ISOW and 50.5 % of NEADW_L (decomposition based on θ , S and SiO₂
387 content in the different water masses and on the work of van Aken (2000)). In this section, we
388 describe and discuss the relevant features of the distributions of each SWT for the mean result of
389 the OVIDE period (2002–2010) (Fig. 4).

390 **3.1. Upper waters**

391 The Central Waters (ENACW₁₆ + ENACW₁₂) occupy the upper eastern part of the OVIDE
392 section from the Iberian Peninsula until the Reykjanes Ridge (Fig. 4a), representing an average of
393 14.58 ± 0.14 % of the total volume of the five sections. They follow the θ maximum and the SiO₂
394 minimum over the Iberian Basin (Fig. 2a, e). Their distribution is associated with the circulation of
395 the NAC, being the θ /S front caused by the northern branch of the NAC (located at 25°W in the
396 OVIDE sections, Fig. 2a, b) the western limit of the Central Waters distribution. The Central Waters
397 main core extends westwards, reflecting the cyclonic circulation of the Central Waters in the
398 Iceland Basin and their southward flow over the eastern flank of the Reykjanes Ridge (Read, 2000;
399 Pollard et al., 2004).

400 The main core of IcSPMW (SPMW₈ + SPMW₇) is over the Reykjanes Ridge (Fig. 4c).
401 IcSPMW reaches the surface in the Irminger Basin, although it is formed in the Iceland Basin by
402 the transformation (air–sea interactions) of the Central Waters (Thierry et al., 2008). This indicates
403 that, at the time of OVIDE sections (summer), the surface waters in the Iceland Basin were warmer
404 than 8°C. Furthermore, SAIW is also present in the surface waters of this basin, where it mixes
405 with IcSPMW and the Central Waters. The distribution of IcSPMW also shows the transport of

406 SPMW from the Iceland Basin to the Irminger Basin by the NAC (Irminger Current) (Brambilla and
407 Talley, 2008).

408 IrSPMW extends from the Greenland slope until the Reykjanes Ridge (Fig. 4d), with its
409 main core over the Greenland slope. This distribution could indicate that the major region of
410 formation of IrSPMW could be the NW of the Irminger Basin (Brambilla and Talley, 2008), from
411 where the East Greenland Irminger Current would transport it until the OVIDE section. This SWT
412 can be treated as a precursor of the upper LSW (Pickart et al., 2003). The continuity of the
413 distributions of the Central Waters, IcSPMW and IrSPMW indicates that IrSPMW is the final
414 product of the transformation of the Central Waters due to air–sea interaction processes
415 (McCartney and Talley, 1982; Brambilla and Talley, 2008), IcSPMW being the intermediate point of
416 the transformation.

417 **3.2. Intermediate waters**

418 SAIW (SAIW₆ + SAIW₄) is present in the upper layers of the northern half of the OVIDE
419 sections (Fig. 4b). The distribution of SAIW shows a maximum in the Iceland Basin associated with
420 its advection from the Labrador Sea within the NAC and its subduction beneath the Central Waters
421 (Bubnov, 1968; Arhan, 1990; Read, 2000). SAIW suffers a sharp decline once it encounters the
422 NAC, but its contribution is significant until 600 m depth, where it still represents percentages
423 greater than 25 %. East of the Rockall Bank (Fig. 1), SAIW deepens until intermediate water
424 depths, where it overlies MW (Pollard et al., 1996). In fact, SAIW and MW contribute together to
425 their surrounding waters in the region southeast of the NAC (Figs. 1 and 4b, d) (Harvey and Arhan,
426 1988).

427 The main core of MW is located around 1200 m depth off the shelf of the Iberian Basin (Fig.
428 4d, see the tongue of maximum S and minimum O₂ in Fig. 2b, c), with a maximum of 83.4 ± 0.9 %
429 coinciding with the S maximum of 36.28 ± 0.01 (n = 5; where n is the number of cruises). This main
430 core is associated with the northward flow of MW (Reid, 1979) and extends westwards, which
431 could be associated with its transport by meddies (Mazé et al., 1997) and by the Azores
432 countercurrent (Carracedo et al., 2014).

433 LSW is the dominant SWT in the sections (35.0 ± 0.6 % of the section volume, $n = 5$; Fig.
434 4e). It mainly extends from 1000 to 2500 m depth, coinciding with the S minimum (34.91 ± 0.02)
435 and a relative O_2 maximum ($285 \pm 2 \mu\text{mol kg}^{-1}$) found in all the three basins (Fig. 2b, c). LSW
436 presents two main cores separated by the Reykjanes Ridge, which correspond to the different
437 pathways of its circulation (Pickart et al., 2003; Álvarez et al., 2004). This “gap” separating the two
438 LSW cores suggests a relatively strong mixing around and over the Reykjanes Ridge (Ferron et al.,
439 2014), where the presence of fractions greater than 20 % of ISOW and IcSPMW induces a
440 decrease in LSW. This erosion of the LSW core is also reflected by a reduction of the S minimum
441 over the Reykjanes Ridge (Fig. 2b). Moreover, this is the location of the water mass described as
442 the Icelandic Slope Water by Yashayaev et al. (2007), which is defined as a result of the direct
443 mixing of ISOW with Atlantic waters, mixing represented in our work by the mixing *figure 4* (Fig.
444 3c). In agreement with the work of Read (2000), the depth of the LSW core in the Irminger Basin is
445 shallower than the one spreading across the Iceland and Iberian Basins, although they stay at the
446 same density (see isopycnal $\sigma_1 = 32.42$, dashed line on Fig. 4e; where σ_1 is potential density
447 referenced to 1000 dbar). The contribution of LSW in the south-eastern part of the sections is high
448 (reaching maximum values of 76 ± 1 %, $n = 5$), emphasizing the influence of LSW until areas close
449 to the Iberian Peninsula (Tsuchiya et al., 1992; Arhan et al., 1994; Paillet et al., 1998). Moreover,
450 the volume occupied by LSW gradually decreases from the Irminger Basin to the Iberian Basin. It
451 represents 45 ± 1 % ($n = 5$) of the volume of the Irminger Basin (defined between the Greenland
452 slope and the Reykjanes Ridge), 45 ± 1 % of the volume of the Iceland Basin (defined from the
453 Reykjanes Ridge until 25.5°W) and 30.3 ± 0.5 % of the volume of the Iberian Basin (note that the
454 volumes of the basins refer to the volumes at the section location, and the volumes per water mass
455 are computed by weighting the volume of the basin by the SWT contribution).

456 **3.3. Overflows and deep waters**

457 ISOW comes from the Iceland–Scotland sills and flows southwards along the eastern flank
458 of the Reykjanes Ridge, where its main core is found (Fig. 4b). This main core is located at depths
459 greater than 2300 m, with maximum percentages of 90 ± 2 % ($n = 5$), where the θ/S properties are

460 $2.59 \pm 0.03^{\circ}\text{C}$ and 34.979 ± 0.002 , respectively. From this region the core extends eastwards
461 between ~ 2000 and 4000 m depth, reaching values of 10 % in the Iberian Abyssal Plain (Fig. 1).
462 This eastward extension could reveal that some ISOW must bypass the CGFZ and flow into the
463 West European Basin. This feature is captured by the OMP analysis, since it is capable of
464 capturing the significant fractions of the water masses better than the classical water mass
465 descriptions. ISOW is also detected at the bottom in the central and eastern regions of the Irminger
466 Basin, associated with its northward spreading after crossing the CGFZ (Dickson and Brown, 1994;
467 Saunders, 2001). These findings could also be related to the northward flow of ISOW mainly in the
468 interior part of the Irminger Basin (Sarafanov et al., 2012).

469 The deepest part of the Greenland continental slope is occupied by DSOW (Fig. 4a). The
470 distribution of this water mass can be traced in the vertical sections of the OVIDE mean properties
471 (Fig. 2) as a minimum of θ ($< 2^{\circ}\text{C}$), a maximum of O_2 ($> 280 \mu\text{mol kg}^{-1}$) and a relative minimum of
472 nutrients. The inclusion of PIW in the analysis is an attempt to model the entrainment of shelf
473 waters into the deep waters of the Irminger Basin (Tanhua et al., 2008; Falina et al., 2012; von
474 Appen et al., 2014). The presence of PIW (Fig. 4f), even though in a very narrow area, supports
475 the statement of the existence of certain dynamical processes that link the East Greenland shelf
476 waters with the deep overflows.

477 NEADW_L is the dominant water mass in the Iberian Basin from 2000 m depth to the bottom,
478 with the main core below ~ 3500 m depth (Fig. 4f). The distribution of this water mass follows the
479 high SiO_2 concentrations at the bottom of the Iberian Basin ($> 20 \mu\text{mol kg}^{-1}$; Fig. 2e), which are
480 coupled with high concentrations of NO_3 and PO_4 (Fig. 2d, f, respectively). The high SiO_2 levels
481 reflect the influence of Antarctic Bottom Water (van Aken and Becker, 1996). The NEADW_L
482 isolines shallow eastwards due to the general deep eastern boundary upwelling of this water mass
483 along the coast of the Iberian Peninsula (Arhan et al., 1994). The northern part of the distribution of
484 NEADW_L is affected by the influences of LSW and ISOW.

485 **4. Time variability of the water mass distributions between 1997 and 2010**

486 In this section, we select SPMW (IcSPMW + IrSPMW), LSW and the deep overflows
487 (DSOW and ISOW) to describe and discuss their variability from 1997 to 2010 (Fig. 5). It should be
488 mentioned that the different section pathways (Fig. 1) could generate differences in the SWT
489 distribution patterns between the 4x and OVIDE sections. The overlapping of the METEOR and
490 OVIDE sections allows us to distinguish between the differences in the SWTs distributions due to
491 the different section pathways, and the inter-annual variability.

492 From the comparison of the LSW distributions in both cruises of 1997, we can conclude that
493 for the Irminger Basin the difference in the section pathway between the 4x and OVIDE sections is
494 negligible, whereas for the Iceland Basin and around the Reykjanes Ridge it is an important
495 component of the variability of the LSW distributions (Fig. 5). In the Irminger Basin, from 1997 to
496 2010 the contribution of LSW gradually decreases, which is in agreement with the almost complete
497 disappearance of the LSW signal found in 2007 by de Jong et al. (2012). LSW represents 58 % of
498 the volume of the Irminger Basin in 1997, then its importance decreases over time, representing 50
499 % for 2002, with a sharp decrease in 2006 when it drops to 43 %, a percentage that remains until
500 2010. The LSW maximum in the Iceland Basin decreases more slowly than the one in the Irminger
501 Basin, meaning that in 2004 the fractions of the core in the Iceland Basin are higher (> 95 %) than
502 those of the core in the Irminger Basin (< 90 %). This contrast is most noticeable in 2006 due to
503 the sharp decrease in the fractions of LSW in the Irminger Basin. In the West European Basin (Fig.
504 1) the greatest change in the fractions of LSW takes place in 2008, when the extension of the core
505 is reduced in both the Iceland and the West European Basins, a reduction that continues in 2010.
506 However, the volume occupied by LSW in the Iberian Basin is almost constant over time ($30.3 \pm$
507 0.5 % for the period 2002–2010), which indicates that the large inter-annual variability of the
508 properties in its formation region attenuates due to mixing over the length and timescales of the
509 transit from the Labrador Sea (Cunningham and Haine, 1995; Paillet et al., 1998). The difference in
510 years between the deepening and total extension of LSW could be related to the changes in the
511 volume of LSW formed. Between 1987 and 1995 the change in the NAO index led to the
512 diminution in volume and also the warming and salinization of LSW over time (Lazier et al., 2002;
513 Yashayaev, 2007). These changes in the LSW properties are solved by the OMP analysis by
514 adding more SPMW.

515 The SPMW (IcSPMW + IrSPMW) distribution presents the greatest change between the
516 two sections carried out in 1997 (Fig. 5), which indicates that the section pathway influences the
517 SPMW distribution since both cruises took place in the same time frame. The main path of the
518 NAC around the Reykjanes Ridge is located north of the 4x section location (Fig. 1) so that the
519 fractions of SPMW observed at the 4x location are lower than at the OVIDE location. Meanwhile,
520 the METEOR section presents an SPMW distribution similar to those of the OVIDE sections.
521 Between 1997 (METEOR) and 2010, the importance of SPMW increases, rising from 24 % to 30 %
522 of the volume of the Irminger Basin, with a rate of increase of 0.5 % per year ($r^2 = 0.93$), driven
523 mainly by the increase in the upper 1000 m over the Reykjanes Ridge (0.7 % per year, $r^2 = 0.95$).
524 This change may be related to the difference in the properties of the water masses at their
525 formation regions. Since the end of the 1990s, the upper-ocean and upper intermediate waters of
526 the NASPG have been getting saltier and warmer due to the redistribution of subpolar and
527 subtropical waters caused by the NAO-induced slowdown and contraction of the NASPG (Bersch,
528 2002; Hátún et al., 2005; Sarafanov, 2009; de Boisséson et al., 2012). Thus, the 1997 section
529 presents fresher waters than the 2000s sections, and the OMP replaces there less SPMW and
530 more LSW. Moreover, the increasing amount of SPMW in the centre of the Irminger Basin could be
531 associated with the reduction of the deep convection in the Labrador Sea, which resulted in a
532 shallower variety of LSW (Pickart et al., 1996; Stramma et al., 2004; Bersch et al., 2007). The
533 thickening observed in the SPMW distributions could indicate a salinization of LSW, solved by the
534 OMP by adding greater fractions of SPMW.

535 The inter-annual variability of the depth, location and importance of LSW and SPMW seems
536 to be connected. These results are in agreement with the interplay that exists between these water
537 masses (Bersch et al., 1999). The upper parts of the Irminger Basin gain SPMW and lose LSW
538 over time, demonstrating the ability of our OMP methodology to capture the different vintages of
539 LSW formed over time (Yashayaev et al., 2008).

540 The distribution of ISOW is also influenced by the section pathway that is reflected by the
541 differences in its distribution between the two 1997 cruises. For the 4x section the percentages of
542 the ISOW core located over the eastern flank of the Reykjanes Ridge fall below 70 %, whereas for
543 the METEOR section it reaches percentages greater than 80 % (Fig. 5). This difference could be

544 explained by the flow of part of ISOW through gaps in the Reykjanes Ridge located north of the
545 CGFZ, between the METEOR and 4x sections, as found by Xu et al. (2010). The existence of
546 various deep passages between the locations of the sections (Fig. 1) may reduce the arrival of
547 ISOW to the 4x section. The distribution of ISOW in the Irminger Basin also differs between the 4x
548 and METEOR sections. The 4x section is located just after the CGFZ, so that the ISOW
549 distributions on both sides of the ridge are similar. Meanwhile, in the METEOR section, the great
550 distance between the fracture zone and the section causes ISOW to arrive more diluted at the
551 section location after flowing anticyclonically around the ridge. For the same section pathway
552 (METEOR-OVIDE), we found slight inter-annual changes in the distributions of ISOW on both
553 sides of the Reykjanes Ridge. The core over the eastern flank of the ridge expands and contracts
554 between cruises, which could reflect the inter-annual variability of the properties and sources of
555 ISOW (Sarafanov et al., 2010). For the Irminger Basin, the ISOW influence increases over time,
556 with the greatest change between 1997 (2 % of volume) and 2002 (10 %), increasing in importance
557 until 2010 (15 %), although with some inter-annual variability. The great difference between the
558 ISOW distributions of the Irminger Basin in 1997 (METEOR) and 2002 could be related to the
559 different LSW distribution on the two cruises. In 1997, after a period of high NAO index when large
560 amounts of LSW were formed (Lazier et al., 2002; Yashayaev, 2007), LSW occupied almost the
561 whole Irminger Basin, leaving little space for ISOW. In 2002, the reduction of the percentages of
562 LSW allowed more ISOW to enter the Irminger Basin. These results are also supported by the
563 increase of S in the Irminger Basin in the density range of ISOW found by Sarafanov et al. (2010).
564 Since the properties that define an SWT are time invariant, the OMP analysis solves this increase
565 of S by giving more presence to ISOW and less to LSW. This is also consistent with the increase of
566 S in LSW (Lazier et al., 2002; Pickart et al., 2003; Kieke et al., 2007).

567 For 1997, DSOW seems to be colder at the 4x location than at the OVIDE location, which is
568 reflected by lower percentages of DSOW and higher of PIW (Fig. 5). This could indicate that (i) at
569 4x location the spill jet, represented by PIW, is not completely mixed with DSOW and the two
570 SWTs can be more easily distinguished; and (ii) the existence of strong mixing between the two
571 section locations led to a well-defined DSOW at the OVIDE location. Between METEOR and 2010,
572 the DSOW distributions present no apparent trend at inter-annual timescales. In 2002 and 2004

573 the PIW influence in the DSOW layer is greater than in the other years, which is in agreement with
574 the entrainment events observed by Falina et al. (2012). Adding the PIW contributions of mixing
575 *figure 3* (Fig. 3c) to those of DSOW, we can observe this increase in the overflow volume. In both
576 years, the DSOW contributions are greater, reaching more than 5.0 % of the volume of the
577 Irminger Basin, while in the other cruises its percentages do not exceed 4.5 %. Probably, these
578 changes could be associated with inter-annual variability in the water sources and transports of the
579 overflows (Falina et al., 2012), which could ultimately be related to changes in the atmospheric
580 forcing (Macrander et al., 2005), but we lack sufficient data to relate these changes to a given
581 timescale.

582 **5. Water mass volume transports, recirculation and transformations in the Subpolar North** 583 **Atlantic**

584 For each OVIDE cruise the X_i s were combined with the absolute geostrophic velocity field
585 (section 2.4) to obtain the water mass volume transports. Then we computed the mean water mass
586 volume transports for the period 2002–2010 and integrated them along the section to obtain the
587 net water mass volume transports (represented in Sverdrup; $1 \text{ Sv} = 10^6 \text{ m}^3 \text{ s}^{-1}$) (Fig. 6). The water
588 mass volume transports were calculated perpendicular to the sections and are positive northwards.
589 Errors were computed by weighting the velocity errors by the X_i s. The velocity errors were
590 computed at the reference level using the error covariance matrix of the inversion (Mercier, 1986;
591 Lherminier et al., 2007, 2010). It is important to note that the water mass volume transport
592 estimates are sensitive to the distribution of the SWTs.

593 The water masses that contribute to the northward transport in the section are the Central
594 Waters ($11.6 \pm 1.2 \text{ Sv}$), IcSPMW ($2.6 \pm 1.5 \text{ Sv}$), SAIW ($2.2 \pm 0.4 \text{ Sv}$) and MW ($0.2 \pm 0.4 \text{ Sv}$) (Fig.
595 6). These are the first estimates of the transports of the Central Waters, SPMW and SAIW in the
596 Subpolar North Atlantic apart from the transports of the Central Waters and SAIW reported for the
597 4x section by Álvarez et al. (2004) (10.3 and 2.9 Sv, respectively). Our MW transport is lower than
598 that reported by Álvarez et al. (2004) and Schmitz (1996). This may be due to the variability
599 derived from its transport by meddies (Arhan and King, 1995; Mazé et al., 1997).

600 The transformation of the above-cited water masses leads to the formation of IrSPMW,
601 which transport (-8.8 ± 0.9 Sv; Fig. 6) is concentrated in the East Greenland Irminger Current. This
602 water mass represents an important fraction of the -22.1 ± 3.2 Sv of the East Greenland Irminger
603 Current estimated for the OVIDE sections of 2002 and 2004 by Lherminier et al. (2010). IrSPMW is
604 the precursor of LSW, whose net transport across the OVIDE section is southwards (-0.9 ± 1.8 Sv).
605 This net southward transport of LSW, in agreement with a moderate formation of LSW in the
606 Irminger Basin (Pickart et al., 2003), is explained by the strong southward transports found in the
607 East Greenland Irminger Current, where small amounts of LSW lead to great southward transports.
608 Lherminier et al. (2007) reported a net northward export of LSW in the OVIDE section, while Bacon
609 (1997) found a net transport of -1 Sv of LSW in a section close to the OVIDE section. The most
610 likely explanation for the difference between our results and the two previous ones could lie in the
611 specificities of the distributions obtained from the OMP analysis. The SWTs distributions are not
612 defined by isopycnal ranges but as dilution from a “pure” SWT, so the OMP methodology assesses
613 all the water mass contributions, even those outside the core of the water mass. This feature
614 together with the inter-relation between LSW, SPMW and ISOW in the Irminger Basin (sections 3
615 and 4) could result in this kind of difference in the transport estimates.

616 The water masses coming from the sills are PIW, DSOW and ISOW. The PIW transports
617 were split into two main cores: a shallow one associated with mixing *figure 1*, and a deep one
618 associated with mixing *figure 3* (Fig. 3c; section 2.2.2). For the shallow core of PIW the net
619 transport is -1.3 ± 0.1 Sv (Fig. 6). This transport is slightly lower than those reported by Pickart et
620 al. (2005) (barely -2 Sv) and Falina et al. (2012) (-2.4 ± 0.3 Sv as mean transport for 2002–2004).
621 This could be because the transports associated with the deep core of PIW were added to those of
622 DSOW. Nevertheless, it is in agreement with the -1.3 Sv of upper waters estimated to enter the
623 Irminger Basin from the Nordic Seas (Hansen and Österhus, 2000). The transport of DSOW across
624 the OVIDE section is -2.5 ± 0.3 Sv, which is in good agreement with the estimates of Ross (1984)
625 (from -2 to -3 Sv), Eden and Willebrand (2001) (-2.5 Sv), and Lherminier et al. (2010) (-2 Sv, for
626 the OVIDE sections of 2002 and 2004). However, our estimate is slightly lower than the -3 Sv
627 found by Dickson and Brown (1994), the -3.5 ± 1.6 Sv found by Macrander et al. (2005) and the
628 -3.4 ± 1.4 Sv found by Jochumsen et al. (2012). Since in this study the assessment of the water

629 mass volume transports is based on dilutions of a “pure” SWT, it would be expected to have lower
630 volume transports than those estimated by isopycnals. These underestimates are compensated by
631 the mixing with other SWTs (ISOW and LSW). The net transport of ISOW is -2.7 ± 0.8 Sv, a result
632 supported by the -3.2 ± 0.5 Sv reported by Saunders (1996), the -3.6 ± 0.5 Sv reported by van
633 Aken and Becker (1996), the -2.5 ± 0.9 Sv reported by Lherminier et al. (2007) and the -3.7 ± 0.8
634 Sv reported by Sarafanov et al. (2012). Finally, NEADW_L also contributes to the net pull of the
635 deep waters in the NASPG. The net transport of this water mass (0.6 ± 1.2 Sv) is comparable with
636 the 1.1 Sv reported by van Aken and Becker (1996).

637 In a recent study, Mercier et al. (2015) estimated the magnitude of the upper and lower
638 limbs of the AMOC (in density coordinates) for the OVIDE sections. These authors reported a
639 magnitude of the upper limb of the AMOC of 16.2 ± 2.4 Sv; and of -15.5 ± 2.4 Sv for the AMOC
640 lower limb for the OVIDE period (2002–2010). Considering the isopycnal that separates the upper
641 and lower limbs in Mercier et al. (2015) ($\sigma_1 = 32.15$), the upper limb of the AMOC in our study is
642 represented by the Central Waters, IcSPMW and SAIW. We also included the net northward
643 transport of MW (Fig. 6) in the AMOC upper limb. These flows altogether result in an AMOC upper
644 limb of 16.6 ± 1.5 Sv for the OVIDE period. These upper AMOC contributors resemble the
645 subtropical (Central Waters) and subpolar (SAIW and IcSPMW) components of the AMOC at the
646 OVIDE sections described by Desbruyères et al. (2013). The lower limb of the AMOC is constituted
647 by IrSPMW, PIW, LSW, ISOW, DSOW and NEADW_L, resulting in a southward transport of $-15.6 \pm$
648 2.5 Sv. Although in our study the water masses that contribute to the upper and lower limbs of the
649 AMOC may overlap both limbs, our approach is in good agreement with the findings of Mercier et
650 al. (2015). Combining the X_i s of the 4x section, obtained using the OMP methodology, with the
651 velocity field of the section (Lherminier et al., 2007), we reevaluated the water mass volume
652 transports of the 4x section reported by Álvarez et al. (2004). For this section, the magnitudes of
653 the upper and lower limbs of the AMOC obtained from the water masses contributing to each limb
654 are 23.3 ± 1.2 Sv and -21.1 ± 1.8 Sv, respectively. The difference with respect to the magnitude of
655 the AMOC for the OVIDE period is explained by the greater transports in 1997 of the Central
656 Waters (17.4 ± 1.2 Sv), IrSPMW (-12.0 ± 0.3 Sv) and PIW (-3.1 ± 0.1 Sv). Our results support the
657 findings of Mercier et al. (2015), who concluded that the decrease in the northward subsurface

658 transport of the AMOC from 1993 to 2010 was balanced, at least partially, by a decrease in the
659 southward export of the intermediate waters in the western Irminger Basin. These changes could
660 be linked to a change in the circulation in response to a transition from previously high to low NAO
661 indices over this time span (1997–2000s).

662 Taking advantage of the estimated water mass volume transports, we also inferred the
663 water mass circulation and transformation in the Subpolar North Atlantic based on four boxes
664 defined following Lherminier et al. (2010) and limited to the south by the OVIDE section and to the
665 north by the Greenland–Iceland–Scotland sills (Fig. 7). The region east of the Reykjanes Ridge will
666 be referred to as the East North Atlantic (ENA) Basin and the region west of the Reykjanes Ridge
667 as the Irminger Basin. The final four boxes were obtained by dividing both basins vertically by the
668 isopycnal $\sigma_2 = 36.94$, which traditionally defines the upper bound of the deep waters. Considering
669 that no passages deeper than this isopycnal exist in the ridge between Iceland and the OVIDE
670 section, this isopycnal also separates the water masses that can cross the Reykjanes Ridge (upper
671 boxes) from those that cannot (lower boxes), which sets an additional constraint on the volume
672 budgets. The water mass volume transports are considered positive when entering the boxes.

673 In order to obtain the volume budgets of the boxes, we considered the volume transports
674 estimates through the Greenland–Iceland–Scotland sills available in the literature (Fig. 7, grey
675 numbers). In the ENA Basin, -7 Sv of relatively warm water ($> 7^\circ\text{C}$) flow north-eastwards past the
676 Faroes (Fig. 1) (Schmitz and McCartney, 1993; van Aken and Becker, 1996; Hansen and
677 Österhus, 2000), while 3 Sv enter the basin via the overflow waters (Olsen et al., 2008). In the
678 Irminger Basin, 1.3 Sv of upper waters (Hansen and Österhus, 2000) and 3 Sv of overflow waters
679 (Olsen et al., 2008) enter this basin from the Nordic Seas, whereas -1 Sv of Atlantic water exits this
680 basin towards the Nordic Seas (Hansen and Österhus, 2000). The volume transports at the
681 southern limit of the boxes (OVIDE section) are the mean volume transports across the OVIDE
682 sections (section 3).

683 The net volume transport in the ENA Basin across the OVIDE section is 13.4 ± 4.7 Sv and
684 across the Iceland–Scotland sills is -4 Sv (Fig. 7a, c). As a result, 9.4 ± 4.7 Sv should flow from the
685 ENA Basin to the Irminger Basin over the Reykjanes Ridge. This is corroborated by the volume
686 budget of the Irminger Basin, where the difference between the net volume transport across the

687 OVIDE section (-12.6 ± 4.7 Sv) and that across the Greenland–Scotland sills (3.3 Sv) is -9.5 ± 4.7
688 Sv. These estimates are very similar to the 11.7 ± 2.1 Sv estimated by Lherminier et al. (2010) for
689 the mean of the 2002–2004 OVIDE sections and to the 9.1 ± 1.8 Sv estimated by Sarafanov et al.
690 (2012) for the region between 59.5°N and the Greenland–Iceland–Scotland sills.

691 Of the 3 Sv of overflow waters entering the lower ENA box, only -1.3 ± 2.6 Sv exit this box
692 across the OVIDE section (Fig. 7c). This implies that 1.7 ± 2.6 Sv should upwell and become part
693 of the upper ENA box. In fact, these 1.7 ± 3.9 Sv are necessary in the upper ENA box to balance
694 the volume transports (Fig. 7a). For the upper Irminger box, 0.3 Sv enter via the Greenland–
695 Iceland sills and 9.4 ± 4.7 Sv enter over the Reykjanes Ridge. Only -6.2 ± 4.2 Sv exit the box
696 across the OVIDE section, thus implying that 3.5 ± 6.3 Sv should sink and become part of the
697 lower Irminger box. In this lower Irminger box, 3 Sv enter via the overflow waters and -6.4 ± 2.2 Sv
698 exit across the OVIDE section, thereby 3.4 ± 2.2 Sv are missing, and would be those from the
699 upper Irminger box (Fig. 7c). This is in agreement with the mean results for the 2002–2004 OVIDE
700 sections of Lherminier et al. (2010), who estimated that 3.9 ± 1.8 Sv cross from the upper to the
701 lower box of the Irminger Basin.

702 The OMP-based water mass distributions let us disaggregate the water masses that are
703 involved in each of those volume transports. The 1.7 ± 2.6 Sv upwelling from the lower to the upper
704 ENA box should be ISOW, since from the 3 Sv of overflow waters entering the lower ENA box, only
705 -1.4 ± 1.0 Sv leave the box across the OVIDE section. Thus, the remaining 1.6 ± 1.0 Sv should
706 upwell to the upper ENA box, which is proved by the net southward transport of -0.7 ± 0.2 Sv of
707 ISOW in the upper ENA box across the OVIDE section (Fig. 7b). The remaining 0.9 ± 0.9 Sv
708 should cross over the Reykjanes Ridge, which is consistent with the net southward export of $-0.6 \pm$
709 0.9 Sv of ISOW in the Irminger Basin across the OVIDE section.

710 In order to estimate the other water mass components of the 9.4 ± 4.7 Sv crossing over the
711 Reykjanes Ridge, we should first determine the composition of the -7 Sv crossing the Iceland–
712 Scotland sills northwards. Since this flow has temperatures over 7°C (Schmitz and McCartney,
713 1993; van Aken and Becker, 1996), only the Central Waters, IcSPMW and MW (New et al., 2001)
714 are possible sources. IcSPMW is excluded from this group because it is formed in the Iceland
715 Basin close to the Reykjanes Ridge (McCartney and Talley, 1982; Tsuchiya et al., 1992; van Aken

716 and Becker, 1996). Considering that the Central Waters and MW account for 11.8 ± 1.3 Sv in the
717 ENA Basin across the OVIDE section and that -7 Sv cross the Iceland–Scotland sills northwards,
718 4.8 ± 1.3 Sv are available to flow over the Reykjanes Ridge. MW flows northwards through the
719 Rockall trough due to mixing with the Central Waters (Pollard et al., 1996; McCartney and
720 Mauritzen, 2001; New et al., 2001) and does not reach the Reykjanes Ridge, thus the 4.8 ± 1.3 Sv
721 are attributed to the Central Waters. Once the Central Waters reach the Iceland Basin they
722 transform into IcSPMW (-2.7 ± 1.3 Sv), leaving only 2.1 ± 1.8 Sv of Central Waters available for
723 crossing over the Reykjanes Ridge. The rest of the flow over the ridge corresponds to those waters
724 colder than 7°C entering the upper ENA box through the OVIDE section, i.e., 4.0 ± 0.5 Sv of SAIW,
725 2.4 ± 2.0 Sv of LSW and the 0.9 ± 0.9 Sv of ISOW above estimated. Intensified vertical mixing at
726 the Reykjanes Ridge (Ferron et al., 2014) could explain the appearance and transports of LSW
727 and ISOW over the ridge.

728 After crossing the Reykjanes Ridge, LSW and ISOW intrude in the deep-to-bottom levels of
729 the Irminger Basin, being the main components of the 3.5 Sv downwelling from the upper to the
730 lower Irminger box. In fact, the net flows of LSW and ISOW in the Irminger Basin are almost
731 compensated by their corresponding flows over the Reykjanes Ridge (Fig. 7b). In the lower
732 Irminger box, the -2.5 ± 0.3 Sv of DSOW leaving this box are slightly lower than the 3 Sv of
733 overflow waters entering this box. The deficit in the DSOW volume transport, as explained before,
734 is compensated by the excess of LSW and ISOW. This disagreement in the volume transports
735 could be explained by two facts. First, the mixing between IrSPMW and PIW leads to waters with
736 properties similar to those of LSW, which the OMP analysis assigned as LSW. Second, the
737 contributions of the spill jet are very difficult to separate from those of LSW (von Appen et al.,
738 2014), so that part of the spill jet that should be contributing to the DSOW volume transport would
739 be attributed to the LSW volume transport.

740 In the upper Irminger box, the transport of PIW across the OVIDE section matches the 1.3
741 Sv entering this box from the Nordic Seas. The remaining water masses present in this box
742 undergo significant transformations. From the 4.0 ± 0.5 Sv of SAIW entering the Irminger Basin
743 over the Reykjanes Ridge, -1.8 ± 0.3 Sv exit this basin through the OVIDE section. Besides,
744 considering that -1 Sv of Atlantic waters leaves the Irminger Basin towards the Nordic Seas, $3.2 \pm$

745 1.8 Sv of Central Waters and SAIW should have been lost or transformed into other water masses.
746 Considering that IrSPMW derives from IcSPMW, and that the inputs from the latter only account for
747 5.3 ± 1.2 Sv in the Irminger Basin (Fig. 7b), the 3.2 ± 1.8 Sv of Central Waters and SAIW should
748 have contributed to the IrSPMW volume transport. The net southward export of -8.8 ± 0.8 Sv of
749 IrSPMW across the OVIDE section is most probably the further precursor of LSW in the Labrador
750 Sea (Talley and McCartney, 1982).

751 The high variability of the water mass transports around Cape Farewell (Daniault et al.,
752 2011) hinders a consensus on the estimation of the formation of NADW (Clarke, 1984; Dickson
753 and Brown, 1994; Bacon, 1997). The classical study of Dickson and Brown (1994) states that
754 NADW is formed by the merger of ISOW, DSOW, Lower Deep Water (here represented by
755 $NEADW_L$) and minor contributions of LSW. Dickson and Brown (1994) state that the ISOW
756 transport would increase due to the contribution of the Lower Deep Water and that LSW would
757 contribute to the increase of the transport of DSOW from the sills until Cape Farewell, which is
758 corroborated in our study by the net southward transport of LSW in the Irminger lower box (Fig.
759 7d). If we add the transports of all the contributors of NADW (net transport of DSOW, ISOW and
760 $NEADW_L$ across the OVIDE section, and the net transport of LSW in the Irminger lower box across
761 the OVIDE section), we obtain a production of 9.0 ± 0.9 Sv, a result slightly lower than the ~ 10 Sv
762 reported by Bacon (1997) at Cape Farewell.

763 Although the water mass volume transports given by the water mass distributions are
764 sensitive to the distributions of the SWTs, which are subject to the definition of the SWTs, the
765 volume transports estimated through the water mass distributions are more realistic than those
766 obtained between density layers. In the studies performed between density layers, the volume
767 transports between certain isopycnals are assigned entirely to a water mass, while the
768 methodology described here allows this volume transport to be split between the different water
769 masses found in this density range, which could lead to water mass volume transports lower than
770 those estimated through the isopycnal method.

771 6. Conclusions

772 In this study we show an application of the OMP analysis to identify temporal variations and
773 transformations of the water masses along the WOCE A25 hydrographic sections (southern
774 boundary of the NASPG). Our choice of SWTs and mixing *figures* is appropriate to describe all the
775 cruise samples, as evidenced by the low residuals of the model. Water mass transformation
776 through air–sea interactions is taken into account in the OMP set-up by specifying several varieties
777 of SPMW. This novelty leads to realistic water mass distributions, confirming generally accepted
778 knowledge of the Subpolar North Atlantic circulation. In particular, our water mass distributions
779 evidence the subduction of SAIW below the NAC and the PIW cascading to the density of the
780 Deep Western Boundary Current. We also provide the relative contribution from each water mass
781 to the transports across the sections by combining the results from the OMP analysis with the
782 velocity fields of the sections. The assessment of the water mass volume transports based on
783 dilutions of a “pure” SWT (OMP-based) is particularly useful for areas of complex currents and
784 relevant processes of water mass transformation, where this combined methodology can provide
785 robust insights on the circulation features, improving the understanding of the regional
786 oceanography.

787 The transport estimates by water mass are in good agreement with previous studies and
788 match the main features of the northern North Atlantic Circulation. Considering the isopycnal that
789 separates the upper and lower limbs of the AMOC ($\sigma_1 = 32.15$), we associate each SWT with the
790 corresponding AMOC limb. In our study, the upper limb of the AMOC is represented by the Central
791 Waters, IcSPMW, SAIW and MW; and the lower limb of the AMOC is constituted by IrSPMW, PIW,
792 LSW, ISOW, DSOW and NEADW_L. This allows us to associate the reduction of the magnitude of
793 the upper limb of the AMOC between 1997 and the 2000s (from 23.3 ± 1.2 Sv to 16.5 ± 1.5 Sv)
794 with the reduction in the northward transport of the Central Waters. This reduction of the northward
795 flow of the upper limb of the AMOC is partially compensated by the reduction of the southward flow
796 of the lower limb of the AMOC, associated with the decrease in the transports of IrSPMW and PIW.

797 The assessment of the box budgets allows us to disentangle the transformation pathway of
798 the Central Waters. In the ENA Basin, 2.7 Sv of Central Waters are transformed into IcSPMW. This
799 flow recirculates around the Reykjanes Ridge and joins IcSPMW advected from the south (possibly
800 through a branch of the NAC as suggested by Pollard et al. (2004)), leading to a northward

801 transport of 5.3 Sv of IcSPMW in the Irminger Sea. These 5.3 Sv combine with 1.1 Sv of Central
802 Waters and 2.2 Sv of SAIW (crossing over the Reykjanes Ridge) to give 8.8 Sv of IrSPMW through
803 air–sea interaction.

804 LSW is the main water mass across the sections (35.0 ± 0.6 % of the section volume). The
805 inter-annual variability observed in the upper layers of the Irminger Basin reflects the interplay
806 between LSW and SPMW, the mixing of which emulates the presence of the upper LSW. In the
807 lower layers at both sides of the Reykjanes Ridge it is possible to notice an interaction between
808 LSW and ISOW, with an increasing presence of ISOW responding to the progressive dilution of
809 LSW. The OMP results also reveal that LSW is strongly mixed with the surrounding waters mainly
810 in two regions: (i) at and upstream of the Reykjanes Ridge, and (ii) in the Deep Western Boundary
811 Current, where the contribution of LSW is significant ($\sigma_0 > 27.80$). The slightly negative net
812 transport of LSW across the OVIDE section is in agreement with a moderate formation of LSW in
813 the Irminger Basin.

814 Waters from the ENA Basin cross over the Reykjanes Ridge and enter the Irminger Basin,
815 where they are transformed and/or densified, passing from the upper and intermediate water
816 domains to the deep water domain. The OMP analysis allowed us to decompose the 9.4 Sv of flow
817 across the Reykjanes Ridge into Central Waters, SAIW, LSW and ISOW; SAIW being the main
818 contributor.

819 The distributions and transports of ISOW allow us to infer that in the course of the ISOW's
820 journey from the Iceland–Scotland sills to the CGFZ, part of it upwells and flows through gaps in
821 the Reykjanes Ridge between the OVIDE and 4x sections. Once ISOW arrives at the CGFZ some
822 fractions continue to flow into the West European Basin while the main stream crosses the fracture
823 to the Irminger Basin, flowing northwards and joining the fractions that previously crossed the
824 ridge.

825 The extension of this methodology to wide areas of the ocean could provide a useful basis
826 for this kind of study or more ambitious ones dealing with the cycle of biogeochemical components
827 in the ocean.

828 **Acknowledgements**

829 We are grateful to the captains, staff and researchers who contributed to the acquisition
830 and data processing. The research leading to these results was supported through the EU FP7
831 project CARBOCHANGE, which received funding from the European Commission's Seventh
832 Framework Programme under grant agreement no. 264879. For this work M.I. García-Ibáñez was
833 supported by the Spanish Ministry of Economy and Competitiveness (BES-2011-045614) through
834 the CATARINA (CTM2010-17141) and BOCATS projects (CTM2013-41048-P) supported by the
835 Spanish Government and co-funded by the Fondo Europeo de Desarrollo Regional 2007–2012
836 (FEDER); and this article is going to be part of her PhD that is attached to the framework of the
837 doctoral program "Marine Science, Technology and Management" (DO*MAR) of the University of
838 Vigo. P.C. Pardo, L.I. Carracedo, A.F. Rios and F.F. Pérez were supported by the Spanish
839 National Research Council (CSIC); H. Mercier by the French National Centre for Scientific
840 Research (CNRS); and P. Lherminier by the French Institute for Marine Science (Ifremer).

841 **Appendix**842 **A1. Specifications of the OMP analysis**

843 The Optimum MultiParameter (OMP) analyses consider the properties (physical and/or
 844 chemical) of a given water sample to be the result of linear combinations of a finite number of
 845 water masses represented by the so-called Source Water Types (SWT). They compute the
 846 fractions of each SWT (X_i) in each water sample. In the OMP analyses, the SWT properties are
 847 assumed to be independent and equally affected by mixing. In addition, SWTs are considered to
 848 be time invariant; hence, changes in the properties of the water masses over time are reflected
 849 through water mass redistributions.

850 The methodology of the analysis applied in this work consists of two OMP steps. In the first
 851 step a classical OMP (cOMP) is solved for each water sample. The cOMP analysis is based on
 852 conservative variables; in particular, in this study we used θ , S, SiO_2 , “NO” and “PO” (where “NO” =
 853 $10.5 * \text{NO}_3 + \text{O}_2$, “PO” = $175 * \text{PO}_4 + \text{O}_2$; Broecker, 1974; Takahashi et al., 1985; Anderson and
 854 Sarmiento, 1994):

$$\begin{aligned}
 \sum_{i=1}^n X_i * \theta_i^{\text{SWT}} &= \theta^{\text{sample}} + R_\theta \\
 \sum_{i=1}^n X_i * S_i^{\text{SWT}} &= S^{\text{sample}} + R_S \\
 \sum_{i=1}^n X_i * \text{SiO}_{2i}^{\text{SWT}} &= \text{SiO}_2^{\text{sample}} + R_{\text{SiO}_2} \\
 \sum_{i=1}^n X_i * \text{NO}_i^{\text{SWT}} &= \text{NO}^{\text{sample}} + R_{\text{NO}} \\
 \sum_{i=1}^n X_i * \text{PO}_i^{\text{SWT}} &= \text{PO}^{\text{sample}} + R_{\text{PO}} \\
 \sum_{i=1}^n X_i &= 1 + R_{\text{mass}}
 \end{aligned} \quad (\text{Eq. A1.1})$$

856 where R_p is the residual of each property p (θ , S, SiO_2 , NO and PO) measured (p^{sample})
 857 that the OMP tries to minimize and p_i^{SWT} is the property of each SWT i . The last equation accounts
 858 for the mass conservation. Before solving the system (minimization through a non-negative least
 859 square method), the equations are normalized (Tomczak and Large, 1989) and weighted (Pardo et
 860 al., 2012) (Table 2). The assignment of weights was, as a first step, directly related to the accuracy
 861 of the property and/or to the variability in the region of study. Weights were also adjusted so that
 862 the ratios between the Standard Deviations of the Residuals and the analytical error (ϵ , accuracy of
 863 the measured properties) were almost the same for all the SWT properties (Table 2). The weights
 864 of θ and S are higher than those of the other properties because both have the lowest ϵ . The mass
 865 equation has the highest weight to ensure its conservation.

866 The cOMP analysis is solved for each mixing *figure*. The mixing *figures* are groups of SWTs
 867 that are susceptible to mix together, and are set considering the vertical characteristics and/or
 868 dynamics of the SWTs in the region of study. Each mixing *figure* is constituted by a maximum of
 869 four SWTs in order to solve the system of 6 equations with at least two degrees of freedom (Eq.
 870 A1.1). The mixing *figures* are vertically and horizontally sequenced, sharing at least one SWT with
 871 the adjacent mixing *figures*. The cOMP analysis is applied to assign the mixing *figure* where the
 872 water sample is best included (lowest residuals).

873 In the second step an extended OMP (eOMP) analysis is solved with the same set-up as
 874 the cOMP except that the eOMP considers conservative and non-conservative variables. We used
 875 θ and S as conservative variables and SiO_2 , NO_3 , PO_4 and O_2 as non-conservative variables. A
 876 new unknown has to be considered, ΔO , in order to account for the biogeochemical process of
 877 remineralisation of the organic matter. The system of equations remains as follows:

$$\begin{aligned}
 \sum_{i=1}^n X_i * \theta_i^{\text{SWT}} &= \theta^{\text{sample}} + R_{\theta} \\
 \sum_{i=1}^n X_i * S_i^{\text{SWT}} &= S^{\text{sample}} + R_S \\
 \sum_{i=1}^n X_i * \text{SiO}_{2i}^{\text{SWT}} + \Delta\text{O}/r_{\text{Si}} &= \text{SiO}_2^{\text{sample}} + R_{\text{SiO}_2} \\
 \sum_{i=1}^n X_i * \text{O}_{2i}^{\text{SWT}} - \Delta\text{O} &= \text{O}_2^{\text{sample}} + R_{\text{O}_2} \quad (\text{Eq. A1.2}) \\
 \sum_{i=1}^n X_i * \text{NO}_{3i}^{\text{SWT}} + \Delta\text{O}/r_{\text{N}} &= \text{NO}_3^{\text{sample}} + R_{\text{NO}_3} \\
 \sum_{i=1}^n X_i * \text{PO}_{4i}^{\text{SWT}} + \Delta\text{O}/r_{\text{P}} &= \text{PO}_4^{\text{sample}} + R_{\text{PO}_4} \\
 \sum_{i=1}^n X_i &= 1 + R_{\text{mass}}
 \end{aligned}$$

879 where r_{Si} is 12, r_{N} is 10.5 and r_{P} is 175 (Takahashi et al., 1985; Anderson and Sarmiento,
 880 1994).

881 The final result from the eOMP analysis is the X_i s in each water sample in the
 882 corresponding mixing *figure* selected through the cOMP analysis.

883 The cOMP analysis selects the mixing *figure* based on conservative water mass tracers,
 884 avoiding the complexity added by the non-conservative variables. Even though this analysis does
 885 not consider the variability associated with biological processes, it is accurate enough to select the
 886 appropriate mixing *figure*. Once the mixing *figures* are selected, the estimates of the X_i s are given
 887 by the eOMP analysis, which does take into account the effect of the biology in the measured
 888 variables.

889 A2. Testing the robustness: perturbation analysis of uncertainties

890 The robustness of the OMP analysis was tested through a perturbation analysis of
891 uncertainties (Lawson and Hanson, 1974). In this work, the properties of both each SWT and each
892 water sample were perturbed. This allowed us to check the sensitivity of the model to variations in
893 the SWTs, due to environmental variability, and in the water samples, due to measurement errors
894 (Leffanue and Tomczak, 2004).

895 To apply this procedure, it is assumed that the property distributions follow a normal
896 distribution constructed with the mean equal to the property value at each point and a standard
897 deviation (STD) (Álvarez et al., 2004; Pardo et al., 2012). The perturbation process lies in varying
898 the property values within the normal distribution. All the STDs used in perturbing the SWTs are
899 shown in Table 2.

900 The STDs of the water sample properties (ε in Table 2) were obtained by considering ε
901 almost equal to the accuracy of each water sample property (ε_{θ} 0.01, ε_S 0.01, ε_{SiO_2} 0.3, ε_{NO_3} 0.2,
902 ε_{PO_4} 0.02 and ε_{O_2} 1). The STDs of the properties of the SWTs were obtained within the realm of the
903 SWT ($X_i > 75\text{-}95\%$) by one of the following methods:

904 a) Following Karstensen and Tomczak (1998), the water samples with more than 95 % of
905 contribution of a certain SWT (X_i) were selected and the STD calculated for each property.
906 This method was only used when the number of water samples that could be selected for a
907 certain SWT was more than 50. This procedure was applied to LSW, ISOW and NEADW_L.

908 b) For the water masses that were modelled by various SWTs (multi-SWTs), as the Central
909 Waters, DSOW and SPMW, the multi-SWT contributions were obtained by adding the
910 contributions of their respective components. Then the water samples with X_i of the multi-
911 SWT greater than 95 % were selected. The property values of each component of the multi-
912 SWT were then subtracted from the values of the water samples and linear regressions
913 between θ and the rest of the resulting properties were performed. The STDs of the multi-
914 SWT properties were assumed to be equal to the error of the intercept. The properties of
915 each component of the multi-SWT had the same STDs as the corresponding ones in the
916 multi-SWT. With this methodology the variability due to the θ variability was removed.

917 c) A modification of the methodology in (b) was applied to MW, where samples with $X_i > 75\%$
918 were selected and used for the linear regressions.

919 The STDs of the properties of SAIW were assigned equal to those of the Central Waters,
920 because not enough water samples presented $X_i > 95\%$ of this water mass. The STD of NEADW_U
921 was computed using the errors of the SWTs in which it is assumed to decompose (section 3).

922 We set the STDs for the O₂ as a value equal to 3 % of the saturation value, since when a
923 water mass is formed the content of O₂ is not exactly the saturation value (Najjar and Keeling,
924 2000; Ito et al., 2004).

925 100 perturbations were performed and the OMP analysis was solved for each perturbed
926 system. Uncertainties in the X_i s are computed from the results of the perturbations. We calculated
927 the STD of the 100 SWT distribution matrixes. The mean of the STD matrix is shown in Table 2.
928 The SWTs with higher mean STD values are those that belong to a mixing *figure* that covers a
929 small property range, where the variability of the SWTs has a greater effect.

930 **A3. Testing the accuracy: residuals**

931 The least square method constrained to non-negative solutions returns the total residual,
932 i.e., the squared largest singular value for the set of residuals resulting from the eOMP equation
933 system (section A1). These residuals give insights about the reliability of the proposed mixing
934 model, and indicate the quality of the solution for each depth range. The total and individual
935 residuals for the water samples are shown in Fig. A3.1.

936 The total residual of the eOMP analysis is almost zero from 500 m depth to the bottom (Fig.
937 A3.1a). The individual residuals present the same pattern (Fig. A3.1b, c, d). In the surface layer,
938 the assumption of conservativeness is not justified because this layer is subject to seasonal
939 variability. Nevertheless, as θ and S have the highest weights in the analysis (Table 2), the
940 majority of the positive residuals of θ in the surface–subsurface layer are compensated by the
941 corresponding negative residuals of S.

942 The model is proved to be reliable since it explains almost 99 % of the variability of the
943 conservative tracers, and more than 97 % of all the non-conservative tracers except PO₄ (94 %)

944 (Table 2). The Standard Deviations of the Residuals provide an estimation of the goodness of our
945 proposed mixing model.

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Figure captions

Figure 1: Location of the 4x and OVIDE hydrographic stations plotted on bathymetry (500 m intervals). The North Atlantic circulation scheme, the major topographical features of the Subpolar North Atlantic, as well as the main water masses are also shown: East Greenland Current (EGC), West Greenland Current (WGC), Labrador Current (LC), Deep Western Boundary Current (DWBC), North Atlantic Current (NAC), Denmark Strait Overflow Water (DSOW), Iceland–Scotland Overflow Water (ISOW), Labrador Sea Water (LSW), Mediterranean Water (MW), North East Atlantic Deep Water (NEADW), Charlie–Gibbs Fracture Zone (CGFZ), Bight Fracture Zone (BFZ), Mid-Atlantic Ridge (M.A.R.) and Iberian Abyssal Plain (I.A.P.). Schematic diagram of the large-scale circulation compiled from Schmitz and McCartney (1993), Dengler et al. (2006), Schott and Brandt (2007, Plate 1), Sutherland and Pickart (2008, Fig. 16), Lherminier et al. (2010, Fig. 1b) and Sarafanov et al. (2012).

Figure 2: Mean (a) potential temperature (θ), (b) salinity, (c) oxygen, (d) nitrate, (e) silicate and (f) phosphate along the OVIDE section, from the Iberian Peninsula (right) to Greenland (left).

Figure 3: (A) Potential temperature (θ)/Salinity (S)-diagram including the Source Water Types (Table 2) used in the analysis and (B) zoomed for bottom waters. The mixing *figures* are shown in the (C) legend (see Table 2 for the acronyms of the source water types). The isopycnals referenced in the chapter are also plotted, i.e., $\sigma_1 = 32.15$ and $\sigma_1 = 32.42$ (where is σ_1 potential density referenced to 1000 dbar).

Figure 4: Water mass distributions of the mean result for the OVIDE sections (2002–2010), from the Iberian Peninsula (right) to Greenland (left). The water mass contributions are expressed on a per unit basis (see Table 2 for the acronyms of the source water types). The dashed horizontal lines represent isopycnals: $\sigma_1 = 32.15$, which marks the limit between the upper and lower limb of the Atlantic Meridional Overturning Circulation (plot a); and $\sigma_1 = 32.42$ (very similar to $\sigma_0 = 27.8$), which marks the lower limit of Labrador Sea Water (LSW) on the classic works (plot e) and

approximately crosses the potential temperature/salinity definition of the source water type for LSW (Fig. 3a). $\sigma_1 = 32.42$ has the advantage of not varying rapidly in the eastern half of the sections.

Figure 5: Water mass distributions along the WOCE A25 sections, from 1997 (4x section, upper plots) to 2010 (OVIDE section, lower plots), from the Iberian Peninsula (right) to Greenland (left). The water mass contributions are expressed on a per unit basis. Note that $SPMW = IrSPMW + IcSPMW$. The dashed white line on the DSOW plots represents the limit of the PIW contributions (5 % isoline) (see Table 2 for the acronyms of the source water types).

Figure 6: Net water mass volume transports perpendicular to the OVIDE section for the mean result of the period (2002–2010). Transports (in Sv; $1 \text{ Sv} = 10^6 \text{ m}^3 \text{ s}^{-1}$) are positive northwards. Note that Central refers to Central Waters (see Table 2 for the acronyms of the source water types).

Figure 7: Schematic diagram of the water mass circulation, transformation and transports in the North Atlantic Subpolar Gyre, based on a two-layer box model in between the OVIDE sections and the Greenland–Iceland–Scotland sills (GISS). The transports (in Sv; $1 \text{ Sv} = 10^6 \text{ m}^3 \text{ s}^{-1}$) at the southern boundary are the mean transports across the OVIDE sections as obtained in the present study. The transports at the northern boundary (GISS) are defined as explained in section 5. The boundary between the western (East North Atlantic (ENA) Basin) and eastern (Irminger Basin) boxes is the Reykjanes Ridge (RR). RR is closed (open) for the deep (upper-ocean and mid-depth) circulation. The diapycnal volume fluxes (crossed and point circles) and the transports across the RR are inferred from the condition of volume conservation. The uncertainties are shown in grey. Note that CW accounts for Central Waters and AW for Atlantic waters (see Table 2 for the acronyms of the source water types); I.P. for Iberian Peninsula.

Figure A3.1: Total residual from the extended Optimum MultiParameter (eOMP) analysis (a) and individual residuals from each eOMP equation: (b) potential temperature (θ , in $^{\circ}\text{C}$) and salinity (S);

(c) silicate (SiO_2) and nitrate (NO_3) (both in $\mu\text{mol kg}^{-1}$); and (d) phosphate (PO_4) and oxygen (O_2) (both in $\mu\text{mol kg}^{-1}$).

Figure 1

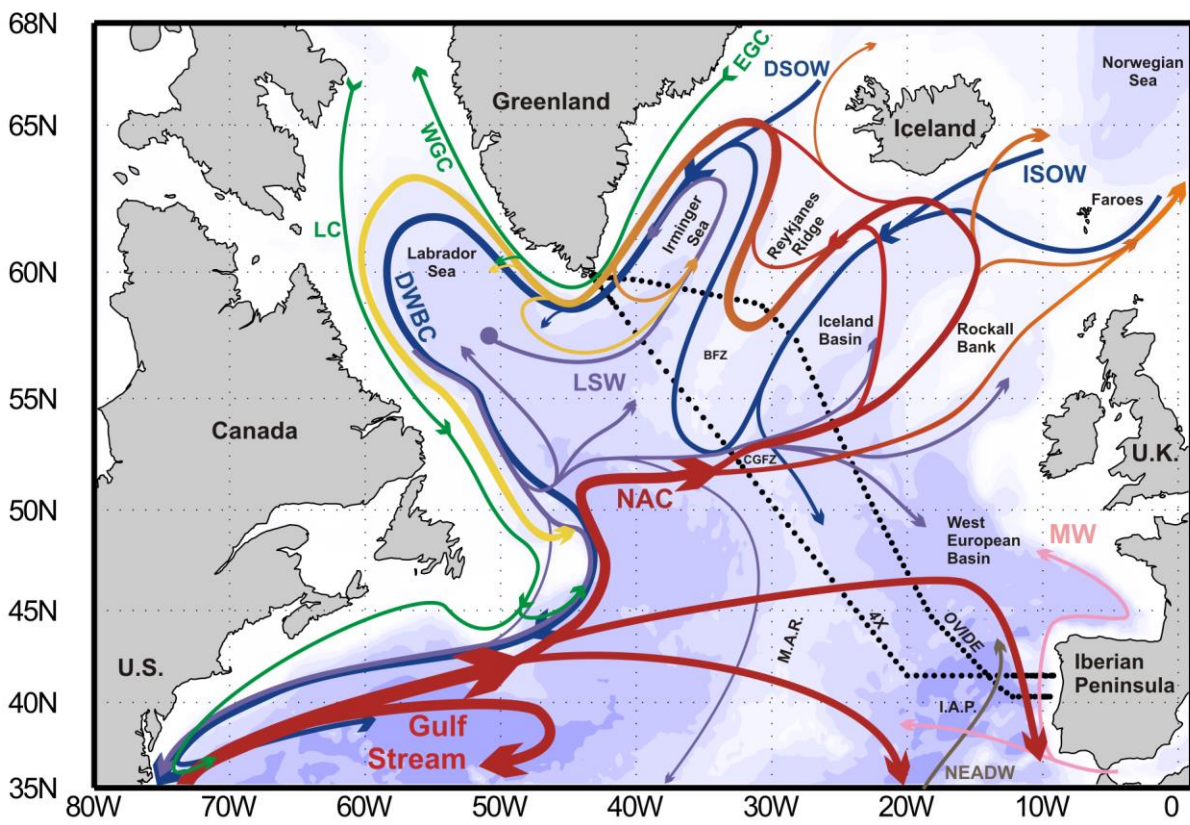


Figure 2

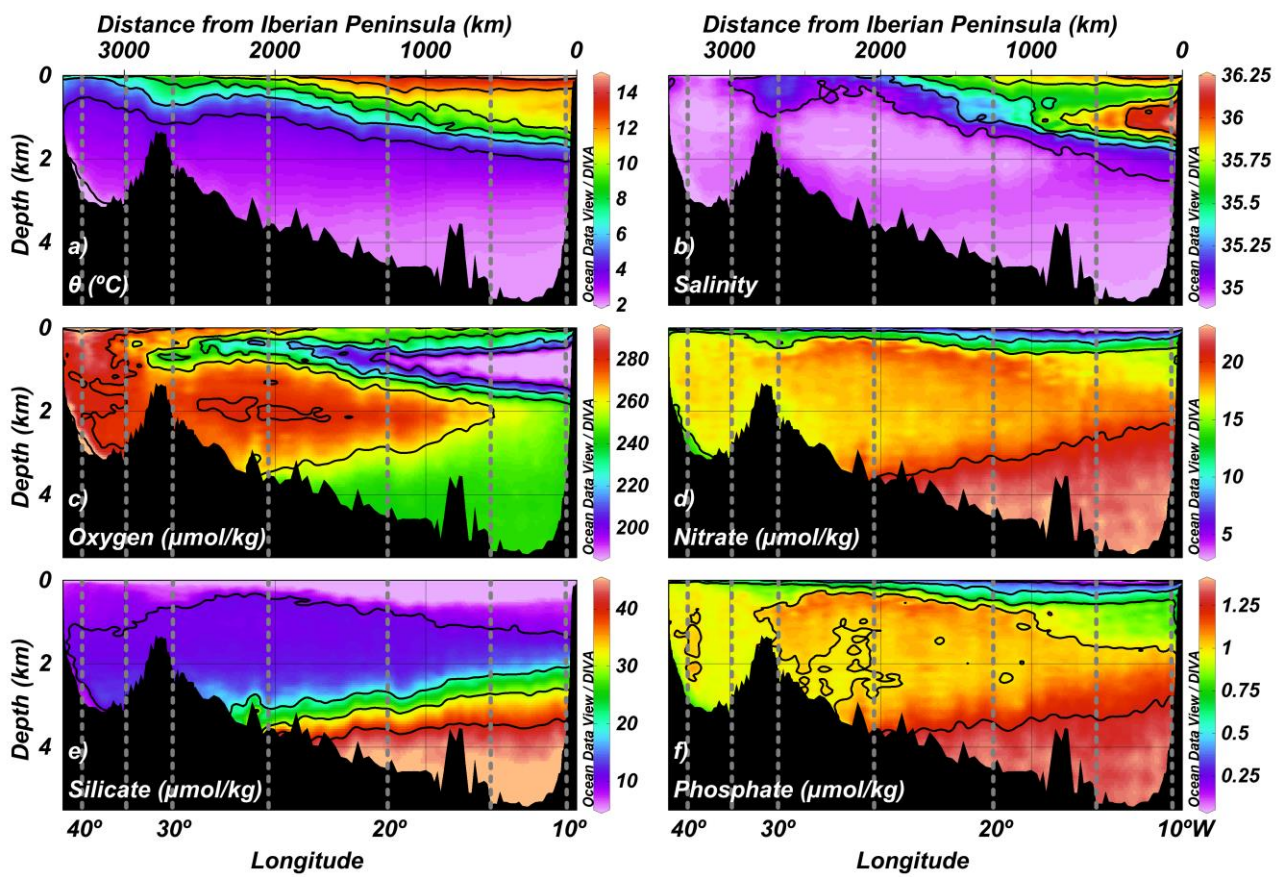


Figure 3

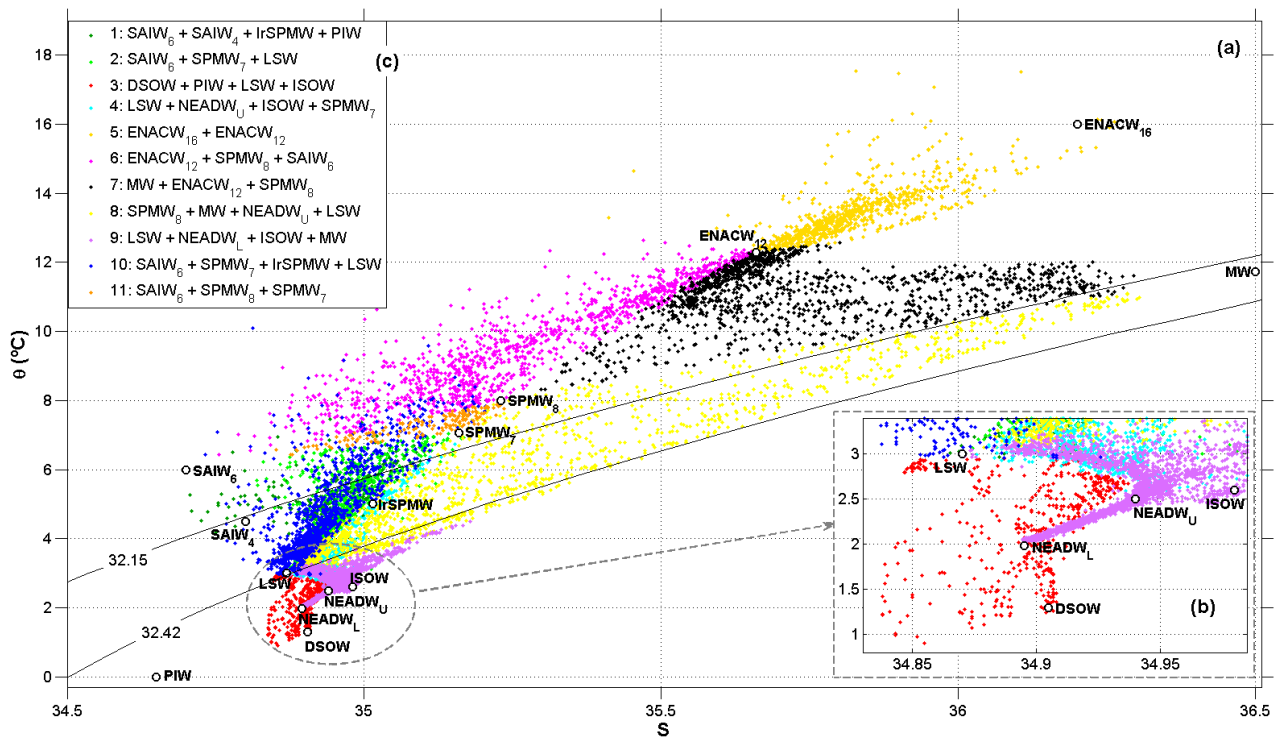


Figure 4

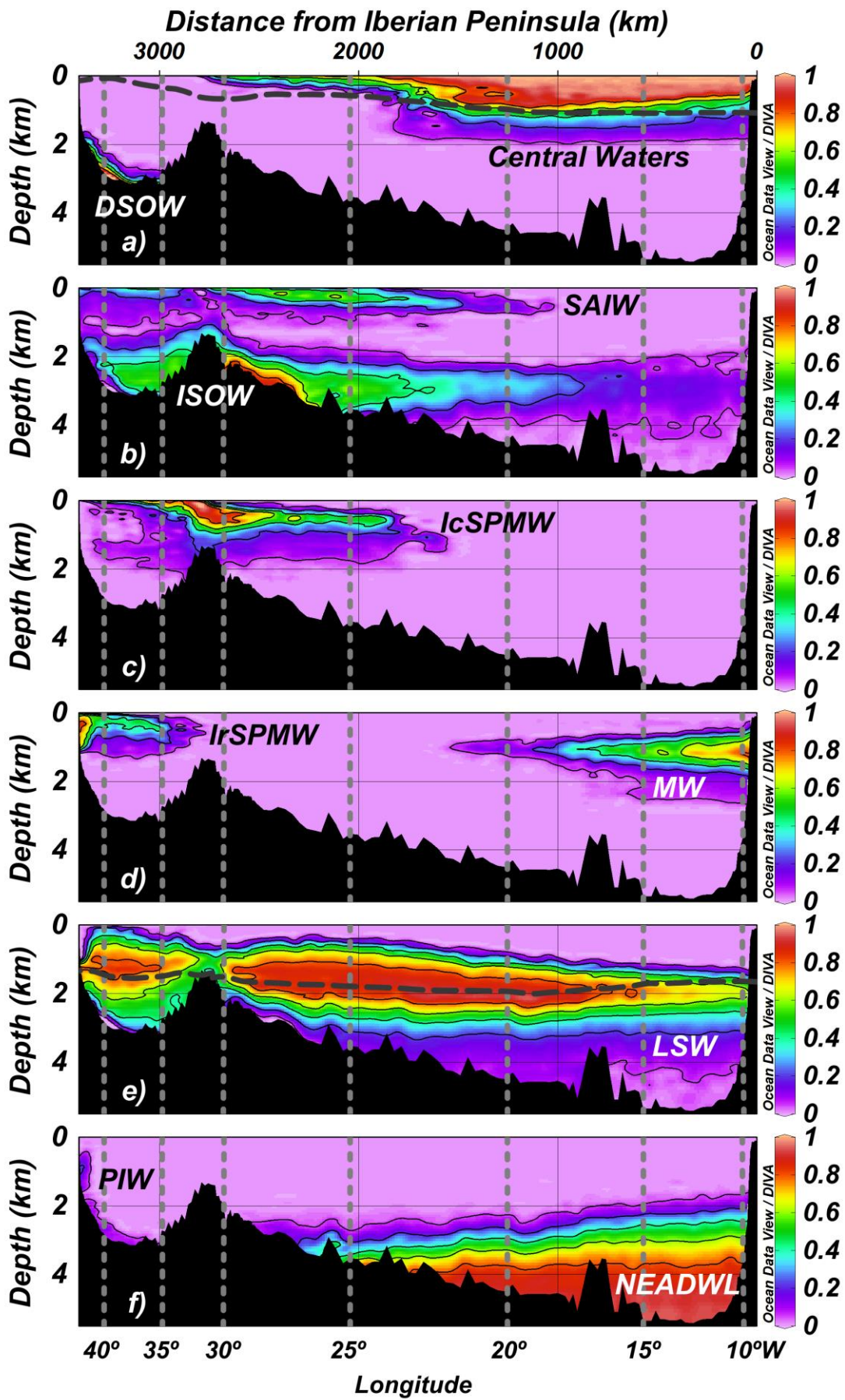


Figure 5

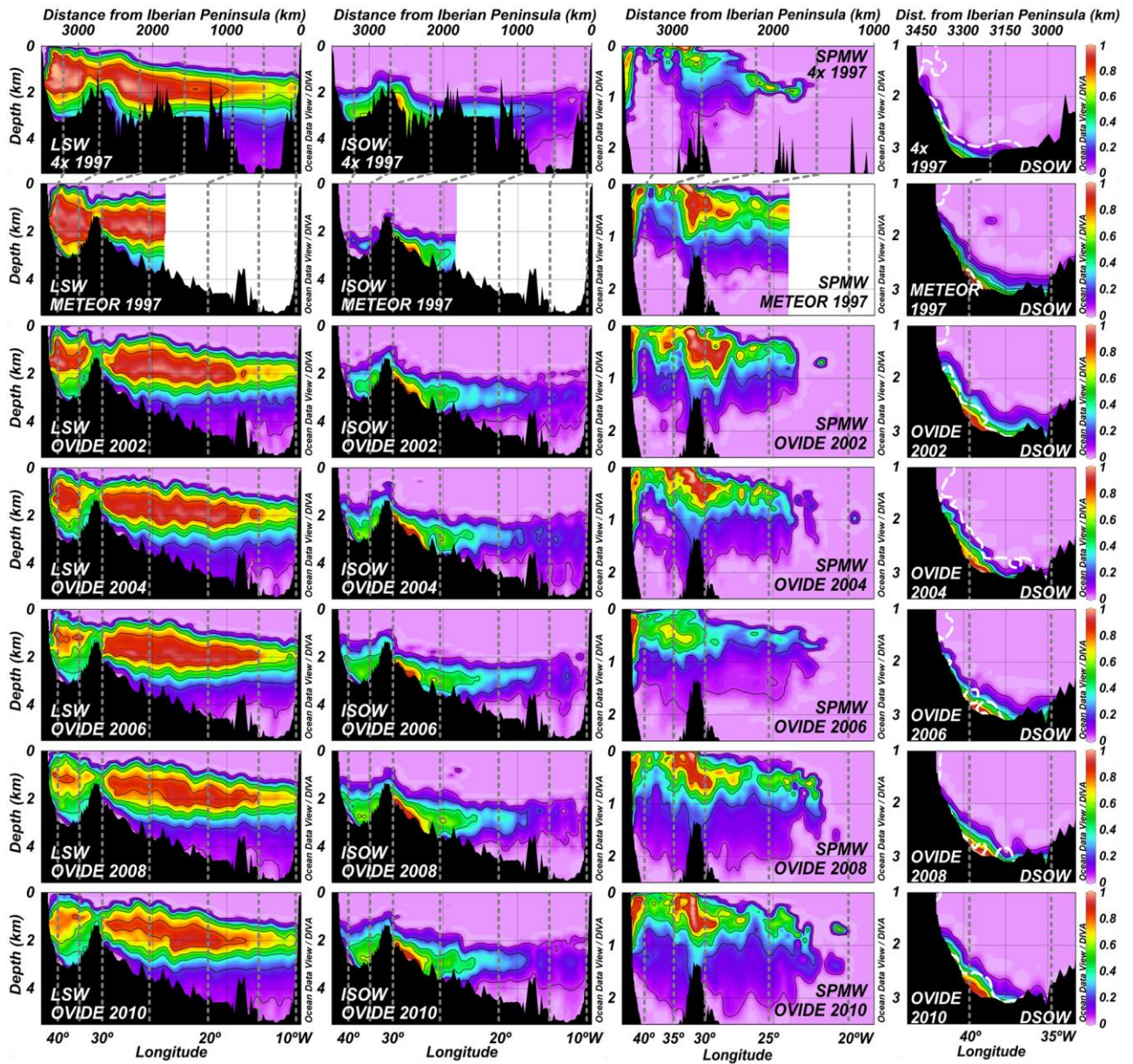


Figure 6

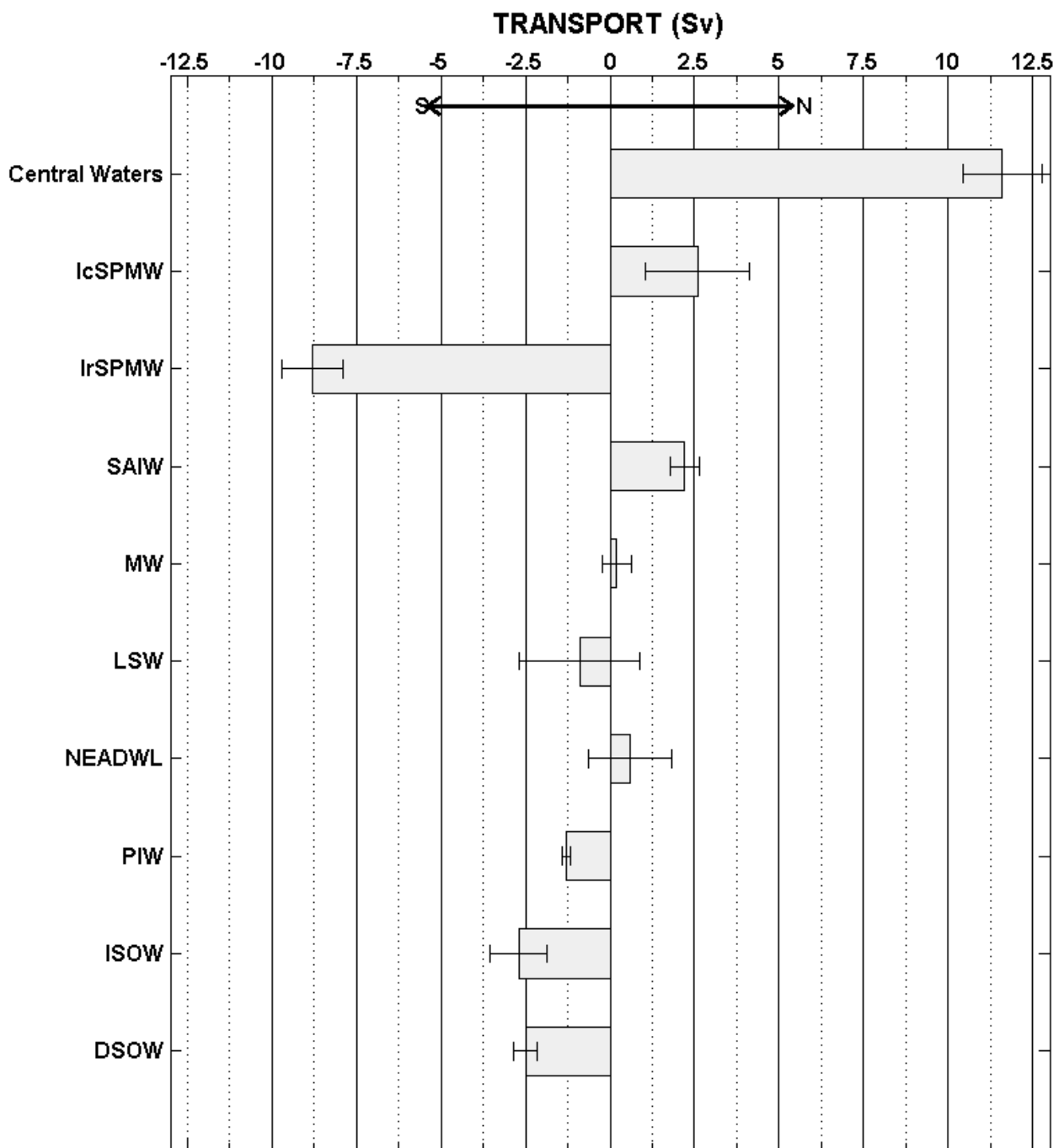


Figure 7

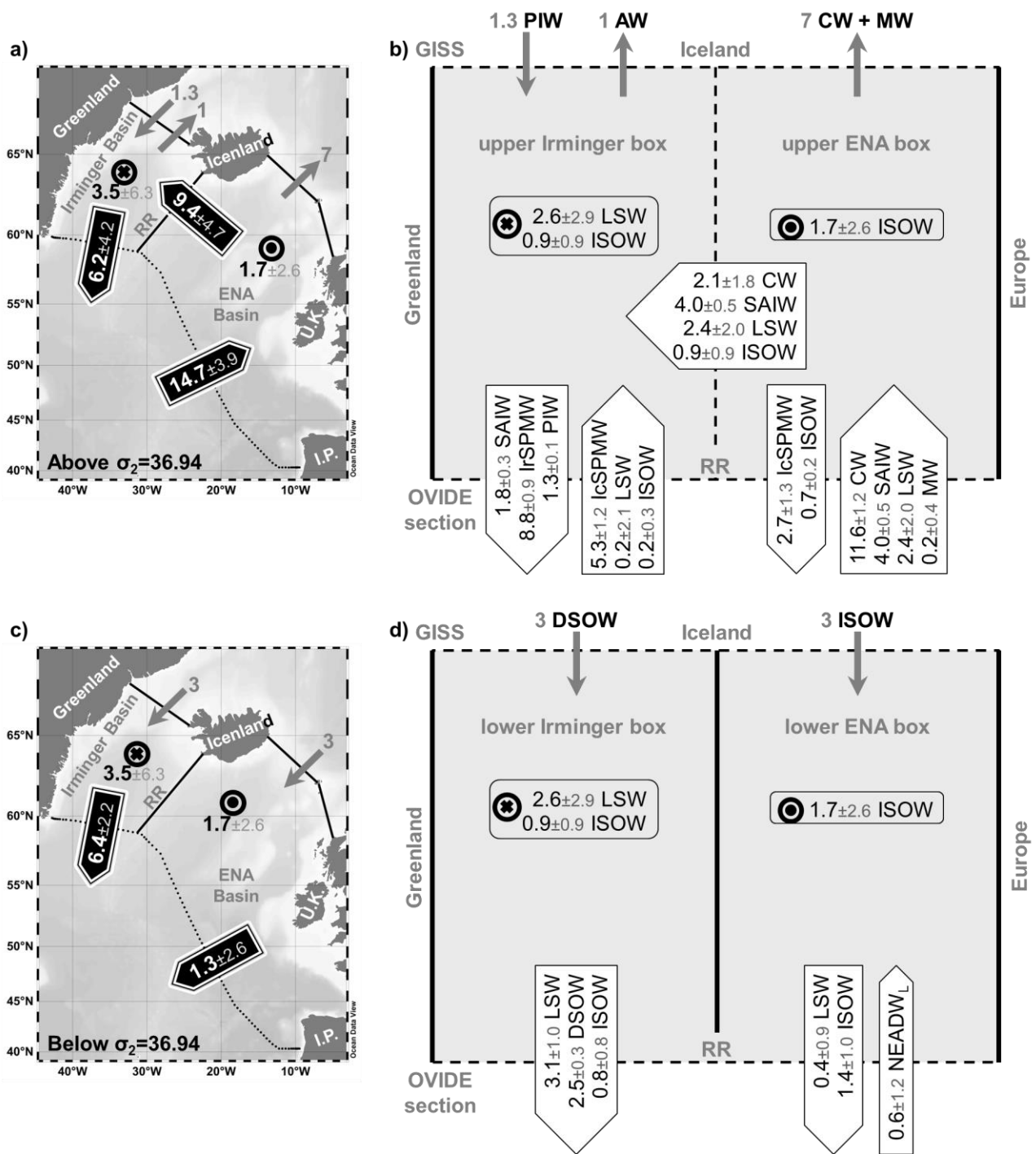


Figure A3.1

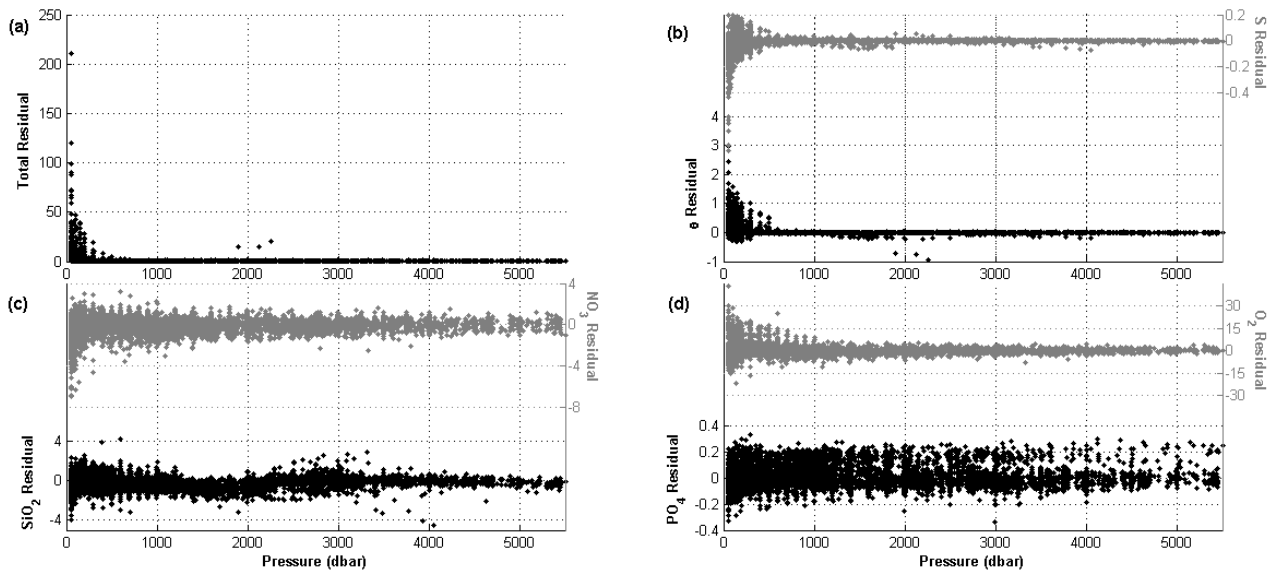


Table 1: Hydrographic cruises.

Cruise Name	Month/Year	Vessel	Reference
METEOR 1997	08-09/1997	R/V Meteor	Rhein et al. (2002)
4x 1997	08-09/1997	R/V Discovery	Álvarez et al. (2002)
OVIDE 2002	06-07/2002	N/O Thalassa	Lherminier et al. (2007)
OVIDE 2004	06-07/2004	N/O Thalassa	Lherminier et al. (2010)
OVIDE 2006	05-06/2006	R/V Maria S. Merian	Gourcuff et al. (2011)
OVIDE 2008	06-07/2008	N/O Thalassa	Mercier et al. (2013)
OVIDE 2010	06-07/2010	N/O Thalassa	Mercier et al. (2013)

Table 2: Main properties of each of the Source Water Types (SWTs) considered in the study with their corresponding standard deviation. The weights of each equation are also given, together with the square of correlation coefficients (r^2) between the observed and estimated properties, the Standard Deviation of the Residuals (SDR) and the SDR/ ϵ ratios from the data below 400 dbar. The ϵ used to compute the SDR/ ϵ ratios are the accuracies of the measured properties listed in Appendix A2. The last column accounts for the uncertainties in the SWTs contributions. Values expressed on a per one basis.

	Potential temperature (θ^{SWT}) °C	Salinity (S^{SWT})	Silicate (SiO_2^{SWT}) $\mu\text{mol kg}^{-1}$	Nitrate (NO_3^{SWT})	Phosphate (PO_4^{SWT})	Oxygen (O_2^{SWT})	Uncertainty
ENACW ₁₆	16.00±0.13	36.20±0.02	0.85±0.12	0.00±0.16	0.00±0.01	241±7	0.04
ENACW ₁₂	12.30±0.18	35.66±0.03	1.6±0.8	7±1	0.31±0.07	251±8	0.04
MW	11.7±0.2	36.500±0.011	4.88±0.15	10.9±0.2	0.70±0.03	210±8	0.015
SAIW ₆	6.0±0.2	34.70±0.03	6.3±2.2	13±1	0.86±0.07	287±9	0.04
SAIW ₄	4.5±0.2	34.80±0.03	1.4±2.2	0±1	0.05±0.07	290±9	0.05
SPMW ₈	8.00±0.11	35.230±0.016	3.2±2.2	11±1	0.68±0.01	289±6	0.07
SPMW ₇	7.07±0.07	35.160±0.006	5.38±0.16	13.70±0.16	1.06±0.01	280±9	0.08
IrSPMW	5.00±0.02	35.014±0.013	7.1±0.4	15.0±0.4	0.98±0.02	300±9	0.13
LSW	3.00±0.19	34.87±0.02	10.0±0.8	16.5±0.8	1.05±0.12	287±10	0.10
ISOW	2.60±0.08	34.980±0.003	10±1	15.5±0.6	1.20±0.04	289±10	0.08
DSOW	1.30±0.06	34.905±0.006	7.8±0.5	14.1±0.8	1.10±0.06	309±10	0.05
PIW	0.0±0.2	34.65±0.03	8.4±2.2	9±1	0.25±0.07	310±11	0.06
NEADW _U	2.50±0.08	34.940±0.007	29.2±0.6	19.2±0.6	1.32±0.05	269±10	-
NEADW _L	1.98±0.03	34.895±0.003	48.0±0.4	22.6±0.5	1.50±0.04	252±10	0.02
Weights	20	10	2	3*	2*	2	
r^2	0.9991	0.9891	0.9975	0.9784	0.9477	0.9926	
SDR	0.02	0.006	0.5	0.5	0.07	2	
SDR/ ϵ	2	1	2	3	3	2	

* The weights for NO and PO are the same as for NO_3^0 and PO_4^0 , respectively.

** O_2 and nutrients represent preformed values; note that O_2 values are close to saturation and nutrient values are low.

*** ENACW₁₆ and ENACW₁₂ = Eastern North Atlantic Central Waters; MW = Mediterranean Water; SAIW₆ and SAIW₄ = Subarctic Intermediate Waters; SPMW₈ and SPMW₇ = Subpolar Mode Waters of the Iceland Basin and IrPMW = of the Irminger Basin; LSW = Labrador Sea Water; ISOW = Iceland-Scotland Overflow Water; DSOW = Denmark Strait Overflow Waters; PIW = Polar Intermediate Water; and NEADW_U = North East Atlantic Deep Water upper and NEADW_L = lower.

**** NEADW_U has no uncertainty value since it is considered as a composed SWT (MW + LSW + ISOW + NEADW_L, see section 3).