

TITLE: IL-6 promotes immune responses in human ulcerative colitis and induces a skin homing phenotype in dendritic cells and T-cells they stimulate.

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ABBREVIATIONS

DC: Dendritic cells

IBD: Inflammatory bowel disease

iNKT: Invariant V α 24 restricted T-cells

PBMC: Peripheral blood mononuclear cells

RA: Retinoic acid

SN: Culture supernatants

UC: Ulcerative colitis

RUNNING TITTLE: IL-6 mediates dysregulated DC conditioning in UC

SUMMARY

Dendritic cells (DC) control the type and place of immune responses. Ulcerative colitis (UC) is considered a TH2 disease mediated by IL-13 where up to 1/3 of the patients can develop extra-intestinal manifestations. Colonic biopsies from inflamed and non-inflamed areas of UC patients were cultured in vitro and their supernatants were used to condition human blood enriched DC from healthy controls. Levels of IL-13 in the culture supernatants were below the detection limit in most cases and the cytokine profile suggested a mixed profile rather than a TH2 cytokine profile. IL-6 was the predominant cytokine found in inflamed areas from UC patients and its concentration correlated with the Mayo endoscopic score for severity of disease. DC conditioned with non-inflamed areas from UC patients acquired a regulatory phenotype with decreased stimulatory capacity. However, DC conditioned with inflamed areas acquired a pro-inflammatory phenotype, increased expression of skin homing CCR8, did not decrease their stimulatory capacity for T-cells and primed them with the skin-homing CLA molecule in an IL-6 dependent mechanism. Our results highlight the role of IL-6 in UC and question the concept of UC as a TH2 disease and the relevance of IL-13 in its aetiology.

INTRODUCTION

The gastrointestinal tract is in contact with a wide variety of commensal microbiota and diverse pathogens, and therefore requires a balance to be maintained between immunity and immune tolerance; the lack of immune responses, or immune tolerance, against food antigens and/or the commensal microbiota is essential to keep the homeostasis of the gastrointestinal tract [1].

Ulcerative colitis (UC) is a form of inflammatory bowel disease (IBD), traditionally related to a TH2 cytokine profile mediated by IL-13 [2, 3], where immune homeostasis of the gastro-intestinal tract is compromised. Up to 1/3 of UC patients can develop extra-intestinal manifestations being the skin one of such tissues [4, 5].

Dendritic cells (DC), "*commanders-in-chief*" of the immune system, are the most potent antigen presenting cells. DC determine the nature and type of immune responses [6 7]. Intestinal DC control immune tolerance in the gastrointestinal tract [8-10]. DC also maintain immune responses localized to specific tissues, where they imprint specific tissue-homing profiles on stimulated T-cells [11]. Retinoic acid (RA) (the active form of vitamin A following dehydrogenization by the RALDH2 enzyme) controls some of the mechanisms of immune homeostasis of the gut [12-14]. RA producing DC mediate the IgA switching of B-cells [15], the generation T-cells with regulatory phenotype [10] and the imprinting of gut-homing markers on B- and T-cells [16,17], thereby keeping tolerogenic immune responses compartmentalized to the gastrointestinal tract. A tolerogenic role has also been recently described for fractalkine (CX3CR1) since knockout mice failed to develop oral tolerance [18]. Invariant V α 24 restricted T-cells (iNKT cells) also play a role in oral tolerance although their exact role remains unclear [19-21].

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3 In healthy individuals, gut microenvironment controls the phenotype and function of
4 human DC. Thus, tolerogenic “gut-like” DC can be generated when they are exposed
5 to such microenvironment [22-26]. In UC patients immune homeostasis in the gastro-
6 intestinal tract is compromised. Compared with biopsies from healthy controls, biopsies
7 from inflamed and non-inflamed areas of the colon from UC patients exhibit increased
8 production of pro-inflammatory cytokines, with higher levels within inflamed areas.
9 However the expression of mediators of tissue damage was restricted to inflamed
10 areas [27].
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21 We hypothesised that local factors controlling intestinal homeostasis in UC patients are
22 either lost or masked by ongoing inflammation in inflamed areas of the gut, driving DC
23 towards a pro-inflammatory phenotype, and orchestrating the dysregulated immune
24 response in the gut. We characterized the local expression of soluble cytokines and the
25 gene expression profile of molecules involved in intestinal homeostasis in the gut.
26 Secondly, we studied the effect of conditioning human blood enriched DC with the
27 intestinal microenvironment from both inflamed and non-inflamed areas of the gut, from
28 UC patients. Our results confirmed that non-inflamed areas of the gut from UC patients
29 rendered DC less stimulatory. However, DC conditioned with inflamed areas from the
30 same patients acquired an increased production of pro-inflammatory cytokines, a skin-
31 homing profile and imprinted a skin-homing phenotype on T-cells in an IL-6 dependent
32 mechanism.
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RESULTS

Increased pro-inflammatory cytokine profile in inflamed areas of UC patients.

Cells present in biopsies from inflamed areas of UC patients compared with paired healthy non-inflamed areas produced higher levels of pro-inflammatory cytokines (Figure 1A). Neither gender, nor age nor extension of the disease in the patients showed a significant effect on the cytokine production (data not shown). IL-13, considered to be the effector cytokine in UC [2,3], was not differentially secreted between inflamed and non-inflamed areas of the gut of UC patients and in most of the cases (10 out of 11 from healthy and 6 out of 11 from inflamed areas) it was below detection limit. IL-13 secretion was also below detection limit in inflamed areas from 2 of the 3 patients with a Mayo endoscopic score of 3 and therefore it did not correlate either with the severity of the disease. IL-6 was the predominant cytokine found in inflamed areas of UC patients (2760 ± 813 pg/ml) (Figure 1B) and its concentration correlated with the Mayo endoscopic score (Figure 1C) being the only cytokine displaying such characteristic. TH2-related cytokines, like IL-4 and IL-7, were also increased in inflamed areas. However their low concentration (IL-4: 3.8 ± 0.7 pg/ml; IL-7: 21.3 ± 3.3 pg/ml) compared with IL-6 (2760 ± 813 pg/ml) and other TH1 related cytokines that were also increased in inflamed areas like IFN α , (245.9 ± 27.3 pg/ml), IFN γ (328.5 ± 72.63 pg/ml) and TNF α (153.1 ± 36.5 pg/ml) suggest a mixture profile rather than a TH2 cytokine profile (Figure 1B).

IL-6 controls the dysregulated cytokine profile in UC patients.

Since IL-13 is considered to be the effector cytokine in UC [2,3] we performed blocking experiments in our culture system. Addition of anti IL-13 to inflamed areas of UC patients did not decrease the secretion of any of the assayed cytokines and on the contrary it increased further the secretion of IL-4 and IL-17 (Figure 2). These results might suggest that in UC patients the role of IL-13 could be elicited through an auto and/or paracrine manner which may explain why such cytokine was not found in the

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3 culture supernatants (Figure 1A) and therefore why its effect was not abrogated by
4 soluble blocking antibody (Figure 2). Addition of soluble recombinant IL-13 to healthy
5 intestinal areas of UC patients failed to increase the secretion of IFN γ , TNF α , IL-4 and
6 IL-6 as seen on inflamed areas and only restored the secretion of IFN α , IL-7 and IL-17
7 (Figure 3). Interestingly, IL-17 was induced both in healthy areas exposed to IL-13 and
8 in inflamed areas blocked with anti IL-13 probably reflecting different mechanisms of
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19 Opposed to IL-13, IL-6 was the predominant cytokine found in the culture supernatants
20 of inflamed areas in UC patients (Figure 1B) and its concentration correlated with the
21 Mayo endoscopic score (Figure 1C). We explored therefore its role controlling the
22 intestinal cytokine milieu in UC patients. Anti IL-6 supplementation to biopsy cultures
23 from inflamed areas of UC patients effectively blocked the available IL-6 in the biopsy
24 culture supernatants (Figure 4). Secreted cytokines which were up-regulated in
25 inflamed areas from UC patients (Figure 1A) were decreased following biopsy
26 incubation in the presence of anti IL-6 (Figure 4) and their levels restored (IFN α , TNF α ,
27 IL-7) or even decreased (IL-4, $p < 0.01$; and IFN γ , $p < 0.05$) compared with those found in
28 healthy areas. Similarly, we cultured non-inflamed intestinal areas from UC patients in
29 the presence of IL-6. After IL-6 stimulation, all assayed secreted cytokines (except
30 regulatory IL-10), were induced in the biopsy cultures (Figure 5) to the levels displayed
31 in the paired inflamed areas (Figure 1A) while IFN γ and IL-4 acquired higher values
32 than those identified in inflamed areas from such patients ($p < 0.001$ in both cases).
33 Together, these findings highlight the central role of soluble IL-6 controlling the
34 dysregulated cytokine milieu found in inflamed areas of UC patients in the absence of
35 any external challenge and diminish the role of soluble IL-13 in our culture system.
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55 **Inflamed areas of the gut from UC patients have decreased expression of**
56 **Cx3CR1 and RALDH2.**
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3 We then studied the expression of several mRNA molecules related to mechanisms of
4 intestinal tolerance, such as bacterial load (16s), Muc2 (main protein from the mucus
5 layer), FoxP3 (representative of T-cells with a regulatory phenotype), V α 24 (invariant
6 chain of V α 24-restricted invariant NKT cells), Cx3CR1 (fractalkine) and RALDH2
7 (necessary to metabolize retinoic acid from dietary vitamin A) (Figure 6). Neither
8 gender, nor age nor extension of the disease had any effect in the mRNA expression
9 profile of any of the assayed molecules (data not shown). None of the assayed
10 molecules correlated with the Mayo endoscopic score for severity of the disease or
11 with the concentration of secreted cytokines (data not shown). Muc2, 16s, FoxP3 and
12 V α 24 expression were not differentially expressed between sampling areas. However,
13 inflamed intestinal areas from UC patients had decreased mRNA expression of both
14 RALDH2 and CX3CR1. Having characterized both the local cytokine milieu (Figure 1)
15 and the gene expression profile (Figure 6) of both inflamed and non-inflamed areas
16 from UC patients, we next studied the effect of such intestinal microenvironment in
17 conditioning the phenotype and function of human blood enriched DC.
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35 **DC conditioned with inflamed areas of the gut from UC patients become skin-**
36 **homing not-regulatory DC.**
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39 DC from each healthy control were conditioned in the presence of basal medium and
40 SN from paired healthy and inflamed colonic areas from a single UC patient after
41 confirming that this is a valid approach to study the effect of the tissue
42 microenvironment on the phenotype and function of DC [26]. Following DC conditioning
43 with intestinal microenvironment from inflamed and healthy intestinal areas of UC
44 patients, there was no differential cell survival (data not shown). DC conditioned with
45 healthy areas from UC patients acquired a regulatory phenotype while those
46 conditioned with inflamed areas from the same patients did not. Thus, although
47 exposure to both inflamed and healthy areas increased CD40 expression on DC
48 together with an increased potential to migrate to the lymph nodes (CCR7 up-
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3 regulation) (Figures 7A and 7B), HLA-DR expression was specifically decreased in DC
4 exposed to non-inflamed areas from the gastrointestinal tract (Figure 7A and 7B).
5 Expression of other activation/maturation markers (CD83, CD86) was unaffected, as
6 were TLR2 and TLR4 (data not shown). Since CX3CR1 mRNA expression was
7 specifically decreased in inflamed areas, we studied expression on DC following
8 conditioning with either inflamed or healthy intestinal microenvironments. CX3CR1
9 expression on DC was increased on DC exposed to both microenvironments with no
10 statistically significant differences (Figure 7A and 7B).
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21 We have previously identified that when cultured “in vitro” in culture medium only, DC
22 lose expression of their homing markers [26]. However, if DC are cultured in the
23 presence of a tissue microenvironment, DC acquire characteristics of local tissue DC,
24 including the expression of specific tissue-associated homing markers. Thus, a gut-
25 homing profile can be induced on DC when exposed to gut SN from healthy colonic
26 biopsies [26]. However DC exposed to gut SN from UC patients (either inflamed or
27 healthy areas) did not acquire a gut-homing profile. Thus gut-homing β 7 and gut-
28 retaining CD103 (mean expression below 10% in all cases) were not induced in any
29 case. Similarly, the expression of skin-homing markers CLA and CCR4 (mean
30 expression below 10% in all cases) did not change either (data not shown). However,
31 the skin-homing chemokine receptor CCR8 was specifically induced on DC following
32 conditioning with inflamed areas from UC patients (Figures 7A and 7B), providing DC
33 with potential to migrate to cutaneous sites.
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50 **Non-inflamed areas from UC patients promote a regulatory cytokine phenotype** 51 **on DC.**

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53 Since DC have been cultured with cultured SN that are loaded with cytokines (Figure
54 1A), assessing cytokine secretion by DC is not a feasible approach to study their
55 cytokine production. Therefore, we studied their natural ongoing intracellular cytokine
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3 production following conditioning with intestinal microenvironments. This protocol has
4 been validated by our group [8] and allows us to assess the natural on-going cytokine
5 production (without external PMA and/or ionomycin stimulus) of DC in the absence of
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7 any external challenge.
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12 None of the assayed cytokines in the culture SN correlated with the ongoing cytokine
13 production of DC following SN-conditioning (data not shown). When exposed to a non-
14 inflamed microenvironment, DC acquired a regulatory cytokine profile. This was
15 demonstrated by the decreased ongoing production of pro-inflammatory cytokines IL-
16 12 and IL-6, and increased regulatory cytokine IL-10, when compared with DC
17 exposed to paired inflamed areas (Figures 8A and 8B). Ongoing production of TGF β
18 was not changed in any case. Therefore, while DC conditioned with healthy SN
19 acquired a regulatory cytokine profile, those DC conditioned with inflamed SN from the
20 same donors were driven towards a TH1/TH17 cytokine profile.
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33 **DC conditioned with inflamed microenvironment increase their stimulatory**
34 **capacity and prime T-cells with a skin-homing profile.**
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37 The stimulatory capacity of DC was specifically modified following SN conditioning
38 (Figures 9A and 9B). When total numbers of DC were increased in the mixed leukocyte
39 reaction higher T-cell proliferative responses were obtained (Figure 9B). β 7 integrin is
40 induced in all stimulated human T-cells irrespectively of the source of human DC while
41 CLA expression on stimulated T-cells is dependent on the tissue source of human DC
42 [26]. DC conditioned with healthy intestinal areas from UC patients decreased their
43 stimulatory capacity and promoted the generation of gut-homing T-cells (Figure 9C)
44 since stimulated (CFSE^{low}) T-cells maintained gut-homing β 7 integrin and decreased
45 skin-homing CLA expression compared with un-conditioned (basal) DC. Similar results
46 have been previously reported when using culture SN from healthy controls [26].
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48 However, when DC had been conditioned with inflamed areas from the same patients,
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3 DC did not decrease their stimulatory capacity (Figure 9B). Also, their acquired skin-
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5 homing capacity (Figure 7B) was reflected in an increased capacity to prime skin-
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7 homing CLA on stimulated T-cells compared to DC conditioned with healthy areas from
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9 the same patients (Figure 9D).

12 13 **IL-6 plays a central role in the dysregulated immune response in UC patients.**

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15 IL-6 was the predominant cytokine found in inflamed areas from UC patients (Figure
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17 1B) and its concentration correlated with the Mayo endoscopic score for severity of
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19 disease in such areas (Figure 1C). Also, natural ongoing production of IL-6 in DC
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21 correlated with the stimulatory capacity of DC for T-cells (Figure 10A) being the only
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23 studied cytokine which displayed such characteristics. Therefore we studied the effect
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25 of IL-6 blocked inflamed supernatants from UC patients, were the cytokine profile was
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27 restored to normal (Figure 4), on DC phenotype and function. DC conditioned with
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29 such IL6-blocked microenvironment decreased their stimulatory capacity (Figure 10B);
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31 generation of stimulated skin-homing T-cells was also inhibited (Figure 10D). To
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33 confirm that IL-6 controls immune inflammation in UC patients we challenged non-
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35 inflamed areas from such patients with IL-6. Following IL-6 supplementation a pro-
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37 inflammatory cytokine microenvironment was induced (Figure 5) and protective MUC2
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39 mRNA expression was decreased while V α 24 mRNA expression was increased which
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41 suggests specific iNKT cell proliferation (data not shown). When blood DC were
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43 exposed to such an IL-6 rich microenvironment, they decreased their ongoing
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45 production of IL-10 and failed to decrease their stimulatory capacity (Figure 10C). They
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47 also acquired the capacity to prime stimulated T-cells with an increased skin homing
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49 capacity (Figure 10D). Together, our results indicate a central role of human intestinal
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51 IL-6 in orchestrating immune responses by controlling the pro-inflammatory milieu and
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53 the subsequent phenotype and function of DC.
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DISCUSSION

We have identified that in humans inflamed areas of the gut from UC patients have increased production of soluble pro-inflammatory cytokines -where IL-6 was the predominant cytokine found in inflamed areas from UC patients- and have decreased mRNA expression of RALDH2 and CX3CR1. Such an intestinal microenvironment conditions the phenotype and function of blood enriched DC. Non-inflamed areas from UC patients biased DC towards a regulatory phenotype with decreased stimulatory capacity. Paired DC conditioned with inflamed areas from the same patients increased expression of skin homing CCR8, did not decrease their stimulatory capacity and primed T-cells with the skin-homing CLA molecule in an IL-6 dependent mechanism. Our results question whether UC really is a TH2 based disease and if mirrored in vivo, they provide a molecular explanation to the generation of skin extra-intestinal manifestations in UC patients.

DC are sentinels and sensors of the immune system and their phenotype and function are dependent on the tissue microenvironment [28]. The tissue microenvironment confers on DC the capacity to react quickly to the presence of an innate stimulus, also activating the mechanisms of a secondary antigen-specific adaptive immune response following antigen presentation. If DC are cultured in conditioned-medium which had a previous culture of a human tissue and/or a human cell line, DC acquire a tissue-like phenotype and express characteristics of resident DC in such a tissue. Thus, human gut-like DC can be generated from blood precursors following such a protocol [22-26]. Rather than studying the phenotype and function of human tissue DC when the amount of tissue is scarce, and therefore functional experiments are not feasible, such methodology can be employed to study the effect of tissue microenvironment on functions of more readily available blood DC. Following conditioning with tissue microenvironment from healthy or inflamed colonic areas from UC patients, DC were matured in both cases as assessed by CD40 and CCR7 upregulation (Figure 7).

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3 However, and similar to DC conditioned with a colonic microenvironment from healthy
4 individuals, DC conditioned with non-inflamed areas from UC patients acquired a
5 regulatory or less stimulatory phenotype and T-cell that they stimulated acquired a gut-
6 homing profile characterized by a decreased CLA expression [26]. On the contrary DC
7 conditioned with inflamed areas from UC patients were matured towards a non-
8 regulatory phenotype since they decreased ongoing production of regulatory IL-10 and
9 increased production of pro-inflammatory IL-12 and IL-6 compared to DC conditioned
10 with healthy areas from the same patients. Similar observations regarding the capacity
11 of intestinal IL-6 to promote immune responses in Crohn's disease patients have been
12 recently described [29]. Future studies should identify the specific mechanisms and
13 signalling pathways through which IL-6 mediated effects are established on DC, and
14 whether IL-6 on its own (in the absence of an intestinal microenvironment) has the
15 capacity to prime DC and/or stimulated T-cells with a skin-homing profile.
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31 Given the dual capacity of DC to control both immunogenic and tolerogenic immune
32 responses recent mouse studies have suggested that two different tolerogenic
33 (CD103+) and pro-inflammatory (CX3CR1+) non-overlapping DC sub-populations co-
34 exist in the gut [30-32]. These findings suggest that DC responsible for regulatory and
35 inflammatory responses might be of distinct origin, phenotype and function at resting
36 and inflammatory conditions. If some circulating contaminating monocytes have
37 remained in our blood enriched DC and/or if the same functional dichotomy applies in
38 human circulating DC it might be possible that different DC subtypes are involved in
39 mediating "regulatory" and "inflammatory" responses in our culture system when
40 exposed to different colonic microenvironments. However such studies obtained from
41 mouse ileum remain to be validated in the human context and preliminary experiments
42 suggest that such separation of populations may not be entirely true in the human
43 colon since CX3CR1+ DC are virtually absent from the colonic lamina propria (data not
44 shown). On the contrary it seems more feasible that DC phenotype and function are
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3 conditioned by the surrounding microenvironment to perform a tolerogenic or non-
4 tolerogenic function depending on the required needs. In agreement with our findings,
5 intestinal “tolerogenic” antigen presenting cells are reverted towards a pro-
6 inflammatory phenotype when exposed to an inflamed microenvironment in mice
7 models of colitis [33,34]. Therefore, it seems likely that the UC inflamed
8 microenvironment will modulate “in vivo” the phenotype of newly arrived DC towards a
9 pro-inflammatory phenotype.
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20 Although healthy intestinal areas from UC patients have decreased expression of pro-
21 inflammatory mediators compared with expression in paired inflamed areas (Figure
22 1A), such mediators are still higher than those from biopsies of healthy controls [27].
23 That may explain why DC conditioned with such non-inflamed areas from UC patients
24 failed to increase expression of gut-homing markers on DC such as we have described
25 when DC are exposed to intestinal culture supernatants from healthy controls [26]. In
26 the present manuscript we have also shown that inflamed areas from UC patients had
27 decreased mRNA expression of both CX3CR1 and RALDH2 (Figure 6) compared with
28 expression in inflamed areas. Although through our approach we do not know in which
29 cell type they are expressed, both molecules are essential in mechanisms of intestinal
30 homeostasis and oral tolerance [12-14,18]. Whether such decreased expression is a
31 consequence of the pro-inflammatory cytokine microenvironment (Figure 1A) or on the
32 contrary such pro-inflammatory phenotype is a consequence of decreased CX3CR1
33 and/or RALDH2 (among other possible factors) is an issue that has to be answered.
34 Neither CX3CR1 nor RALDH2 recovered their normal expression levels in inflamed
35 areas in the presence of blocking IL-6. Similarly, they were not decreased in healthy
36 areas exposed to IL-6 (data not shown) in spite of the induced pro-inflammatory
37 microenvironment (Figure 5). Together, these results suggest that the decreased local
38 expression of CX3CR1 and RALDH2 in UC patients may be a pre-disposing factor,
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3 rather than a consequence, for local inflammation and tissue damage. However such
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5 hypothesis should be explored further since some authors have recently described a
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7 pro-inflammatory role for retinoic acid at low concentrations in the presence of IL-15
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9 [35]. Also, the role of local iNKT cannot be discarded. Such cell population can display
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11 both regulatory and pro-inflammatory properties [36] and they have been proposed as
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13 the original source of pro-inflammatory cytokines in UC [3]. Following IL-6 challenge of
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15 healthy tissue from UC patients we have identified increased V α 24 expression which
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17 suggests an iNKT cell expansion. Future studies should define any role for tissue iNKT
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19 in such pathology.
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23 The causes of extra-intestinal manifestations in IBD are poorly understood and have
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25 usually been considered as a consequence of a miss-matched immune response of
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27 the target tissue. However, such extra-intestinal manifestations may be a consequence
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29 of a dysregulation in the lymphocyte homing pathways [37-39]. In agreement, our
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31 findings demonstrate the effect of the tissue microenvironment in controlling DC
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33 phenotype and function, and provide an explanation for the development of extra-
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35 intestinal manifestations in UC patients due to a dysregulated homing response. Thus,
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37 following conditioning with inflamed areas from UC patients DC acquired a non-
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39 regulatory skin-homing phenotype together with an increased capacity to generate
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41 skin-homing T-cells through an IL-6 dependent mechanism. Supporting our data,
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43 aberrant expression of skin homing markers on peripheral blood DC from IBD patients
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45 suffering from skin manifestations has been recently demonstrated. Also, DC from
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47 active UC patients increase CLA expression on T-cells that they stimulate (Mann ER,
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49 personal communications). Future experiments should identify the different nature (if
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51 any), phenotypic and/or functional particularities of such DC which are likely to be
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53 involved in the dysregulation of leukocyte trafficking and the development of extra-
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55 intestinal manifestations in IBD.
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3 UC has been traditionally considered as a TH2 disease, with IL-13 as the effector
4 cytokine [2-3]. Although IL13 mediates damage of intestinal epithelial cells in murine
5 models of colitis [40] there is no formal proof that IL-13 is a pathological relevant
6 cytokine in UC in humans context since mouse models do not always reflect the exact
7 mechanisms and/or cytokine profile found in the human context [3, 41]. Others have
8 described a role of IL-13 in human UC pathogenesis characterized as mRNA
9 expression in human colonic biopsies [42] or as IL-13 secretion of total lamina propria
10 mononuclear cells following an “in vitro” stimulation [2]. Opposed to such studies, our
11 assessment of the local cytokine milieu on human samples has been performed in the
12 absence of any external stimulus which just measures the spontaneous cytokine
13 production and does not support this view in our set of patients. Moreover, inflamed
14 and not-inflamed intestinal biopsies from UC patients did not differ regarding
15 production of soluble IL-13 and in most cases its concentration was below the limit of
16 detection (Figure 1A). Blocking IL-13 in the culture system did not have a major effect
17 on the concentration of cytokines in inflamed areas from UC-patients (Figure 2) while
18 addition of recombinant IL-13 to healthy intestinal areas (Figure 3) did not have a
19 comparable effect in production of pro-inflammatory cytokines to that achieved by IL-6
20 stimulation (Figure 5). IL-6 was the predominant cytokine found in inflamed areas from
21 UC patients and the subsequent most predominant cytokines were related with a TH1
22 profile (Figure 1B). We are aware that the functional potency of secreted cytokines is
23 highly dependent on the affinity and density of the specific cytokine receptors and
24 therefore a given cytokine might be “ignored” with lower specific receptor densities [43].
25 However, IL-6 also correlated with the Mayo endoscopic score for severity of the
26 disease (Figure 1C) while its blockage in inflamed areas reverted the inflammation and
27 its supplementation to healthy areas mimicked the inflammation. Together, our data
28 questions the relevance of IL-13 and highlights the role of IL-6 in UC such as we and
29 others have described [27,44,45] suggesting that UC may be characterized by a
30 mixture profile rather than a TH2 cytokine profile [46,47]. Therefore, although current
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3 therapies for UC patients involve systemic administration of anti TNF α , anti IL-6 (alone
4 and/or in combination with TNF α) is revealed as a potentially more efficient approach
5 as some authors have recently reported [48-50].
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11 In summary, our data questions the concept of UC as a TH2 disease, questioning the
12 relevance of IL-13 in its etiology and highlighting the role of IL-6 as a central cytokine
13 controlling the local immune response. Our results confirmed that the tissue
14 microenvironment conditions the phenotype and function of DC. Thus, DC conditioned
15 with non-inflamed areas from such patients acquired a tolerogenic "gut-like" phenotype
16 with decreased stimulatory capacity. However, DC conditioned with inflamed areas
17 from the same patients did not decrease their stimulatory capacity and increased their
18 skin-homing phenotype and skin-homing imprinting capacity on T-cells in an IL-6
19 dependent mechanism. If mirrored in vivo, this increased potential for skin homing
20 provides an explanation for the generation of extra-intestinal manifestations in the skin
21 in UC patients and provides us with new targets for immunomodulation.
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MATERIAL AND METHODS

Colonic samples and biopsy culture

Colonic biopsies were obtained at colonoscopy from active UC patients following informed consent after ethical approval from the Hospital Clínico Universitario de Valladolid (Spain) and the Outer West London Research Ethics Committee (United Kingdom). A total of 12 UC patients were sampled. Only one patient had skin extra-intestinal manifestation of the disease (erythema nodosum) at the time of sample taking. Total extension of the lesion and the Mayo endoscopic score (from 0 to 3) for severity of the disease were determined for each patient (Table 1). Paired samples from the same patient were collected from macroscopically inflamed and macroscopically healthy non-inflamed areas of the gut in ice-chilled PBS. Biopsy culture was started within an hour. Biopsies were cultured in 1.5ml of complete medium (Dutch modified RPMI 1640 (Sigma-Aldrich, Dorset, UK) containing 100u/mL penicillin/streptomycin, 2mM L-glutamine, 50µg/mL gentamicine (Sigma-Aldrich) and 10% foetal calf serum (TCS cellworks, Buckingham, UK) for 24 hours in 12 well culture dishes (1 biopsy/well) (37°C, 5% CO₂, high humidity). In some cases, extra biopsies from inflamed areas were cultured in the presence of anti IL-6 (0.5µg/ml, R&D) or anti IL-13 blocking antibody (2.5µg/ml, R&D) while in others, biopsies from healthy areas were cultured in the presence of recombinant IL-6 (50ng/ml, R&D) or IL-13 (50ng/ml, R&D). All biopsies had similar size and weight and were randomly cultured in the different culture conditions in order to standardize the error in the supernatants' cytokine content which might be derived from different biopsy size. After 24 hours, media from biopsy culture were centrifuged and cell-free supernatants (SN) collected, while tissue was embedded in RNAlater (Ambion) and snap-frozen. Total RNA was isolated from each biopsy using the TRIZOL® reagent according to the protocol provided by the manufacturer. Reverse transcription was carried out by using the SuperScript® First-Strand Synthesis System for reverse Transcriptase (RT)-PCR Kit (Invitrogen, Life Technologies, USA) using random hexamers as primers.

Blood samples and biopsy conditioning

Human peripheral blood was collected from healthy volunteers with no known autoimmune or inflammatory diseases, allergies or malignancies, following informed consent. Peripheral blood mononuclear cells (PBMC) were obtained by centrifugation over Ficoll-Paque Plus (Amersham Biosciences, Chalfont St. Giles, UK). Human blood enriched DC were obtained following Nycoprep™ centrifugation of overnight cultured PBMC. This protocol has been characterised in detail in previous studies from our laboratory as a way to obtain fresh human blood enriched DC [51,52]. Obtained cells display morphological characteristics of DC (both at optical microscopy and electron microscopy), express HLA-DR and are potent stimulators of naïve T-cells.

DC from each donor were incubated for 24 hours (0.5 million cells/ml) in the presence of basal medium and SN from paired healthy and inflamed colonic areas from a single UC patient. Such approach provides a tool to study the effect of the intestinal microenvironment in the conditioning of the phenotype and function of human DC [26].

Quantitative Polymerase Chain Reaction.

mRNA levels of 16s, Muc2, FoxP3, Vα24, Cx3CR1, RALDH2 and GADPH (*housekeeping* gene), were measured by real-time PCR by using a LightCycler® instrument (Roche Applied Science, Mannheim, Germany). Reactions were performed using the FastStart SYBR Green MasterMix (Roche) with thermolabile Uracil DNA Glycosylase (UDG) (Roche) to prevent carry-over contamination. Primer sets and PCR conditions are described in table 2. mRNA levels are expressed as the ratio molecule/GADPH in arbitrary units (U).

Cytokines in culture supernatants.

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3 Cell-free culture supernatants were analyzed by using a multiplex assay (Biorad,
4 Hercules, CA) on a Luminex™ platform (Austin, TX), following the manufacturer's
5 instructions, for the concentration of interferon α (IFN α) [detection limit (D.L.) 125
6 pg/ml], IFN gamma (IFN γ [D.L. 4.04 pg/ml], tumour necrosis factor α (TNF- α) [D.L. 3.69
7 pg/ml], interleukin (IL)-4 [D.L. 0.43 pg/ml], IL-6 [D.L. 25.7 pg/ml], IL-7 [D.L. 3.18 pg/ml],
8 IL-10 [D.L. 1.39 pg/ml], IL-13 [D.L. 3.74 pg/ml] and IL-17 [D.L. 12.63 pg/ml]. Those
9 values below the level of detection were reported as being equal to that.
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19 **Antibody labelling**

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21 Table 3 shows the specificity, clone and fluorochrome of the monoclonal antibodies
22 used. Cells were labelled in PBS containing 1mM EDTA and 0.02% sodium azide
23 (FACS buffer). Labelling was performed on ice and in the dark for 20'. Cells were
24 washed twice in FACS buffer, fixed with 1% paraformaldehyde in 0.85% saline and
25 stored at 4°C prior to acquisition on the flow cytometer (within 48 hours). Appropriate
26 isotype-matched control antibodies were purchased from the same manufacturers. For
27 intracellular staining, cells were fixed with Leucoperm A following surface staining, and
28 permeabilized with Leucoperm B before adding antibodies for intracellular labelling.
29 The intracellular cytokine production by non-stimulated DC was measured using
30 superenhanced D_{max} (SED) normalised subtraction (see below) to subtract the normal
31 cumulative histogram for cytokine staining with no added monensin from a similar
32 histogram of staining with cytokine and added monensin for the last 4 hours of cell
33 culture (Sigma, UK). This protocol has been validated by our group [8] and allows us to
34 assess the natural on-going cytokine production (without external PMA and/or
35 ionomycin stimulus) of DC. After incubation cells were washed in FACS buffer, fixed
36 and acquired.
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53 **Flow cytometry and data analysis**

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3 Cells were acquired on a FACSCalibur cytometer (BD Biosciences) and analysed
4 using WinList 5.0 software (Verity, ME, US). The proportion of cells positive for a given
5 marker was determined by reference to staining with an isotype-matched control
6 antibody. For single parameter analysis, WinList was used to subtract the normal
7 cumulative histogram for isotype control staining from a similar histogram of staining
8 with the test antibody using the superenhanced D_{\max} (SED) normalised subtraction [53].
9 For multiple parameter analysis positive and negative “gates” were set up, determined
10 by reference to staining with isotype-matched control antibodies.
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20 21 **Proliferation assays**

22 T-cells were obtained from freshly isolated PBMC, and suspended in MiniMACs buffer
23 (PBS containing 0.5% BSA and 2mM EDTA). PBMC were depleted of CD14, CD19
24 and HLA-DR positive cells with immunomagnetic beads (Miltenyi Biotech, Bisley, UK)
25 following manufacturer's instructions. An average of $94.91\% \pm 1.06$ (mean \pm SD) viable T-
26 cells were obtained following enrichment. T-cells were labelled with CFSE (Invitrogen
27 Ltd, UK) following manufacturer's instructions. Initial CFSE-labelled T-cells (400,000)
28 were incubated for 5 days in round-bottomed 96 well microtitre plates (Becton
29 Dickinson) with or without different concentrations of allogeneic DC (1%, 2% or 3% of
30 T-cells), previously conditioned in a different microenvironment. Cells were recovered
31 and percentage and phenotype of stimulated T-cells (CFSE^{low}) were quantified by flow
32 cytometry within total CD3⁺ cells in the lymphogate. Optimization experiments
33 confirmed that best proliferation rates with allogeneic CFSE-labelled T-cells were
34 obtained at day 5 with no proliferated T-cells before day 4 and with over 80% of the
35 cells undergoing cell division after day 7 –data not shown-.
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52 53 **Statistical analyses**

54 Two-tailed paired t-test, two-tailed Pearson's correlation and one- or two-way paired
55 ANOVA were applied as stated in the figure legends. In the case of multiple
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3 comparisons, subsequent *ad-hoc* Bonferroni correction was applied. The level of
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5 significance was fixed at $p < 0.05$.
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For Peer Review

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CONFLICT OF INTEREST

No authors had financial conflict of interest that might be construed to influence the results or interpretation of their manuscript.

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Peer Review

FIGURE LEGENDS**FIGURE 1: inflamed areas from UC biopsies have increased pro-inflammatory cytokines secretion.**

A) Secretion of soluble cytokines, following 24 hours culture of colonic biopsies, from inflamed affected areas of UC patients and paired biopsies from healthy unaffected areas from the same patients. **B)** Cytokine profile in inflamed areas from UC patients, and **C)** correlation between secreted IL-6 from inflamed biopsies and Mayo endoscopic score. Paired t-test and Pearson's correlation were applied respectively. P-value below 0.05 was considered statistically significant (* $p < 0.05$, ** $p < 0.01$).

FIGURE 2: IL-13 blockade has no relevant effect in the cytokine profile of inflamed areas from UC patients.

Biopsies from inflamed areas of UC patients were cultured with and without 2.5 μ g/ml of blocking anti IL-13 and the secretion of soluble cytokines, following 24 hours culture, was assayed. Paired t-test was applied. P-value below 0.05 was considered statistically significant (* $p < 0.05$, ** $p < 0.01$).

FIGURE 3: IL-13 supplementation in healthy areas from UC patients does not promote a TH2 microenvironment.

Biopsies from non-inflamed or healthy areas of UC patients were cultured with and without 50ng/ml of recombinant IL-13 and the secretion of soluble cytokines, following 24 hours culture, was assayed. Paired t-test was applied. P-value below 0.05 was considered statistically significant (** $p < 0.001$).

FIGURE 4: IL-6 blockade in inflamed areas from UC patients decreases the pro-inflammatory microenvironment.

Biopsies from inflamed areas of UC patients were cultured with and without 0.5 μ g/ml of blocking anti IL-6 and the secretion of soluble cytokines, following 24 hours culture was assayed. Paired t-test was applied. P-value below 0.05 was considered statistically significant (** $p < 0.01$, *** $p < 0.001$).

FIGURE 5: IL-6 supplementation in healthy areas from UC patients promotes a pro-inflammatory microenvironment.

Biopsies from non-inflamed or healthy areas of UC patients were cultured with and without 50ng/ml of recombinant IL-6 and the secretion of soluble cytokines, following

24 hours culture assayed. Paired t-test was applied. P-value below 0.05 was considered statistically significant (* $p < 0.05$, ** $p < 0.01$, *** $p < 0.0001$).

FIGURE 6: mRNA profile of healthy and inflamed colonic biopsies from UC patients.

mRNA expression, in arbitrary units (U) referred to housekeeping GADPH, in 24 hours cultured colonic biopsies from inflamed affected areas of UC patients and paired biopsies from healthy unaffected areas, of 16s, MUC2, FOXP3, V α 24, CX3CR1 and RALDH2. Paired t-test was applied. P-value below 0.05 was considered statistically significant (* $p < 0.05$).

FIGURE 7: Inflamed areas from UC biopsies activate DC

A) HLA-DR and CD40 intensity ratio (IR) and percentage of CCR7, CX3CR1, and CCR8 on blood DC conditioned with colonic biopsy culture supernatant (SN) from healthy and inflamed areas of UC patients compared to unconditioned (basal) DC. Shaded area represents positive events after subtraction from isotype histograms. Each histograms is representative of several independent experiments (HLA-DR, $n=12$; CD40, $n=10$; CX3CR1, $n=12$; CCR7, $n=11$; CCR8, $n=7$). **B)** Pool of experiments displaying mean \pm SEM. One way ANOVA repeated measures and paired t-test following Bonferroni correction were applied. P-value below 0.05 was considered statistically significant (* $p < 0.05$, ** $p < 0.01$).

FIGURE 8: DC conditioned with inflamed areas from UC patients fail to acquire a regulatory cytokine profile.

A) Ongoing production of IL-10, IL-12 (p40/p70), IL-6 and TGF β in DC following conditioning with biopsy culture supernatants (SN) from healthy and inflamed areas of UC patients compared to unconditioned (basal) DC. Shaded area represents the percentage of positive cells following subtraction from paired DC which had been incubated in the absence of monensin. Histograms are representative of several independent experiments (IL-10, $n=11$; IL12(p40/p70), $n=12$; IL-6, $n=12$; TGF β , $n=12$). **B)** Pool of experiments displaying mean \pm SEM. One-way ANOVA repeated measures and paired t-test following Bonferroni correction were applied. P-value below 0.05 was considered statistically significant (* $p < 0.05$).

FIGURE 9: DC conditioned with inflamed areas from UC patients increased their stimulatory capacity and prime T-cells with skin-homing capacity

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3 **A)** Percentage of proliferating CFSE-labelled T-cells following 5 days culture alone
4 (resting) or in the presence of 3% allogeneic DC which had been previously
5 conditioned with culture supernatants (SN) from healthy and inflamed areas from UC
6 patients or unconditioned (basal) DC and **B)** pool of 10 independent paired
7 experiments displaying mean±SEM. T-cell proliferative responses were both
8 dependent on the doses of DC ($p<0.001$) and their previous conditioning ($p<0.001$).
9 Healthy-SN conditioned DC were less stimulatory than basal ($p<0.01$ at 3%) and
10 inflamed-conditioned DC ($p<0.05$ at 2% and $p<0.001$ at 3%) with no differences among
11 the latter. **C)** $\beta 7$ (gut-homing) and CLA (skin-homing) dot plots on resting T-cells
12 (unconditioned) and T-cells stimulated (CFSE^{low}) by 3% basal, healthy-SN or inflamed-
13 SN DC and **D)** pooled data after several independent experiments. Healthy and
14 inflamed areas from the same patients were used to condition DC from the same
15 healthy donor in all cases. Paired t-test was applied. P-value below 0.05 was
16 considered statistically significant (* $p<0.05$, ** $p<0.01$).

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26 **FIGURE 10: IL-6 mediates the increased stimulatory and skin-homing imprinting**
27 **capacity of DC in inflamed areas of UC patients.**

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29 **A)** Stimulatory capacity of DC on allogeneic T-cells correlates with their IL-6 ongoing
30 production. **B)** and **C)**, stimulatory capacity of DC on T-cells was dependent on the
31 percentage of DC ($p<0.001$) and their previous conditioning ($p<0.001$). **B)** DC
32 conditioned with inflamed SN which had been blocked for IL-6 were less stimulatory
33 than their unblocked counterparts at 3% ($p<0.001$, $n=10$). **C)** DC conditioned with
34 healthy areas from UC patients were less stimulatory than their unconditioned (basal)
35 counterparts ($p<0.05$, $n=4$). However, if healthy areas had been stimulated with IL-6,
36 conditioned DC did not decrease their stimulatory capacity ($p<0.01$, $n=4$). **D)** Pooled
37 data after several independent experiments displaying CLA expression on stimulated
38 T-cells following culture with stimulated DC. Percentage of divided T-cells and
39 phenotype of stimulated T-cells were determined as stated in Figure 9. Pearson's
40 correlation test, two-way ANOVA repeated measures and paired t-test were applied. P-
41 value below 0.05 was considered statistically significant (* $p<0.05$, *** $p<0.001$).

Table 1: clinical data of UC patients enrolled in this study.

Patient	Gender	Age	Mayo endoscopic Score	Extension
1	male	54	2	3
2	male	29	2	3
3	male	34	3	2
4	female	64	3	3
5	female	51	1	1
6	male	70	1	2
7	female	57	3	1
8	female	65	1	1
9	female	82	2	2
10	female	50	1	2
11	female	66	2	1
12	male	66	1	2

Data includes gender, age, Mayo endoscopic score (from 0 to 3) and extension of the disease (1: only rectal; 2: lesion affects up to the splenic flexure; 3: lesion passes the splenic flexure).

Table 2: quantitative PCR primers

Molecule	Primers sequence	Ta	Primers source
GADPH	Fw 5'-GAAGGTGAAGGTCGGAGTC-3' Rv 5'-GAAGATGGTGATGGGATTTC-3'	60	[54]
16s	Fw 5'-TTAAACTCAAAGGAATTGACGG-3' Rv 5'-CTCACGRCACGAGCTGACGAC-3'	68	[55]
FoxP3	Fw 5'-CAGCACATTCCCAGAGTTCCTC-3' Rv 5'-CGCTGTGAACCAGTGGTAGATC-3'	68	[56]
Vα24	Fw 5'-CTGGAGGGAAAGAACTGC-3' Rv 5'-TGTCAGGGAAACAGGACC-3'	55	[57]
MUC2	-	60	Hs00159374_Applied
CX3CR1	-	60	5532957001_Roche
RALDH2	-	60	5532957001_Roche

Primers used for quantitative PCR including primer sequence, annealing temperature (Ta) and primers source.

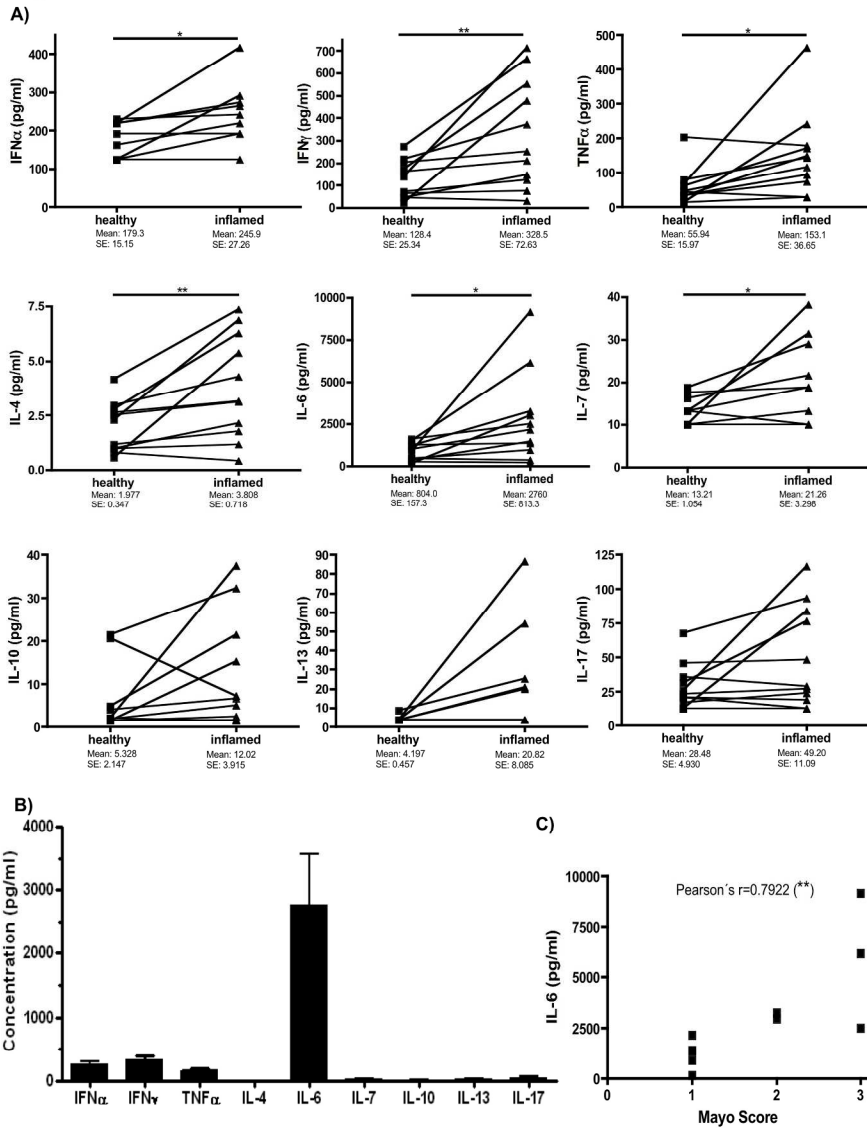
Table 3: Antibodies and flow cytometry

Antibody Specificity	Clone	Conjugate	Manufacturer
HLA-DR	L243 (G46-6)	PECy5	BD Biosciences
CD40	LOB7/6	FITC	AbD Seroter
CD83	HB15e	PE	BD Biosciences
CD86	BU63	PE	AbD Serotec
CX3CR1	528728	PE	R&D
TLR2	TLR2.3	FITC	AbD Seroter
TLR4	HTA125	FITC	AbD Seroter
β 7	FIB504	PE	BD Biosciences
β 7	FIB504	PECy5	BD Biosciences
CLA	HECA-452	FITC	BD Biosciences
CLA	HECA-452	Biotin	BD Biosciences
Streptavidin	-	APC	BD Biosciences
CD103	Ber-ACT8	FITC	BD Biosciences
CCR4	205410	APC	R&D
CCR10	314315	APC	R&D
CCR7	150503	PE	R&D
IL-6	AS12	FITC	BD Biosciences
IL-10	JES3-19F1	APC	BD Biosciences
IL-12(p40/p70)	C11.5	PE	BD Biosciences
TGF β	35409	PE	R&D
CD3	UCHT1	PeCy5	BD Biosciences

Specificity, clone, conjugated fluorochrome and manufacturer of the monoclonal antibodies used.

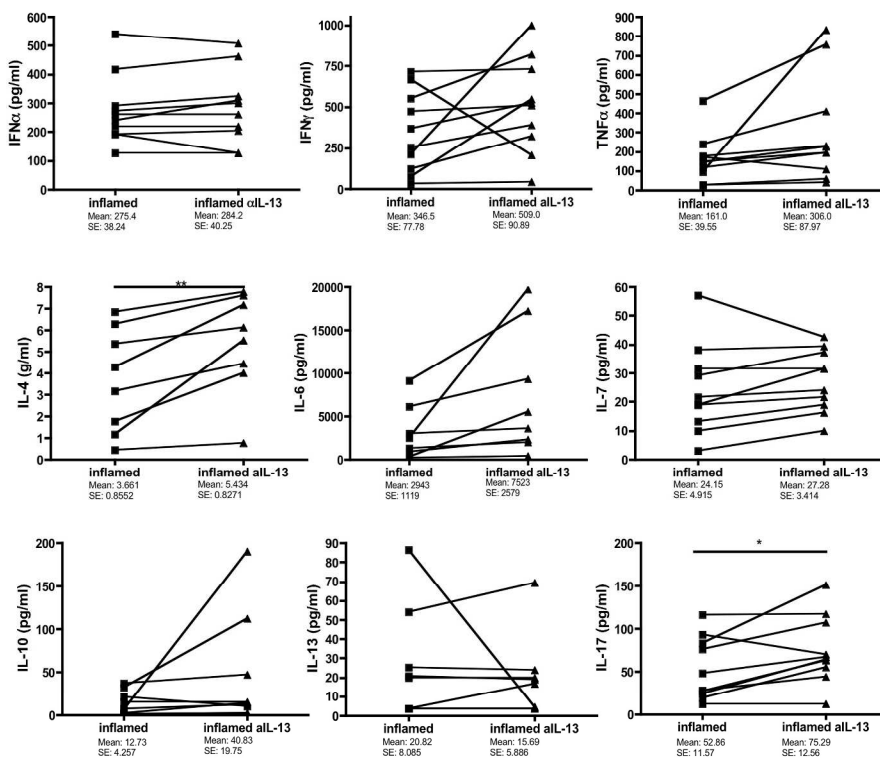
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Figure 1



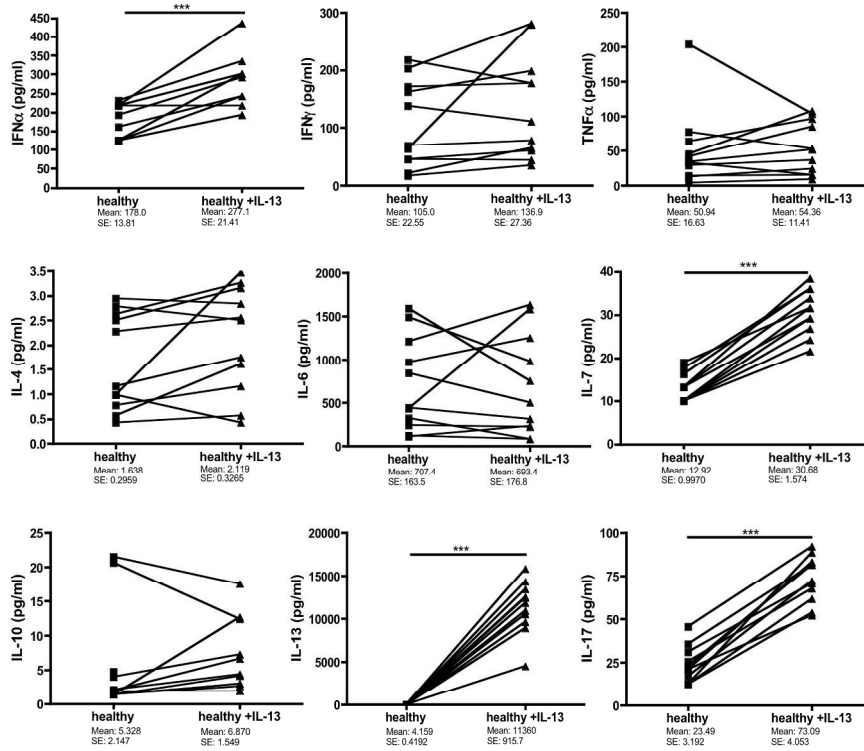
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Figure 2



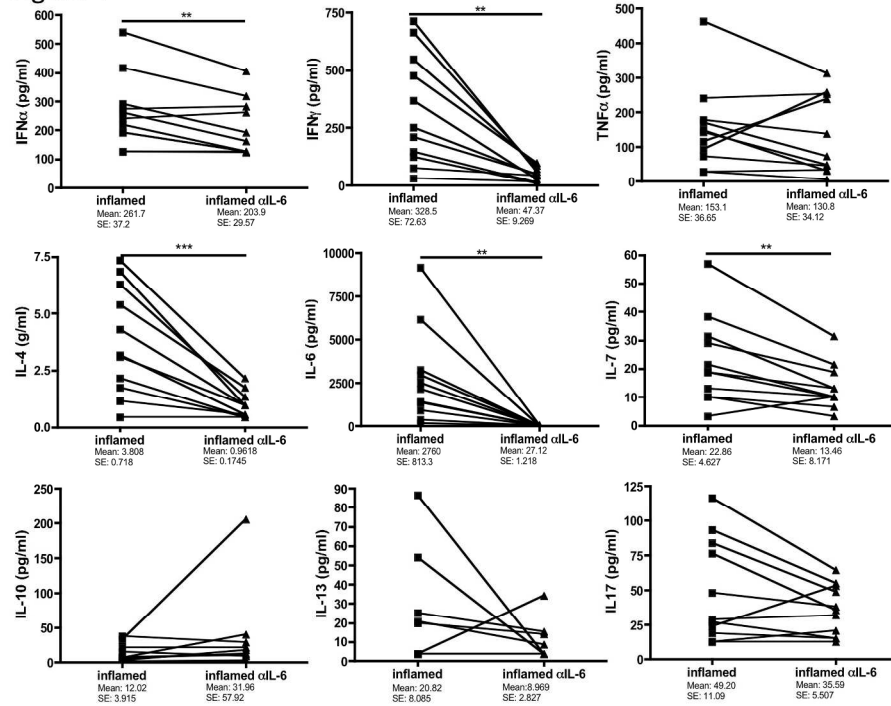
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Figure 3



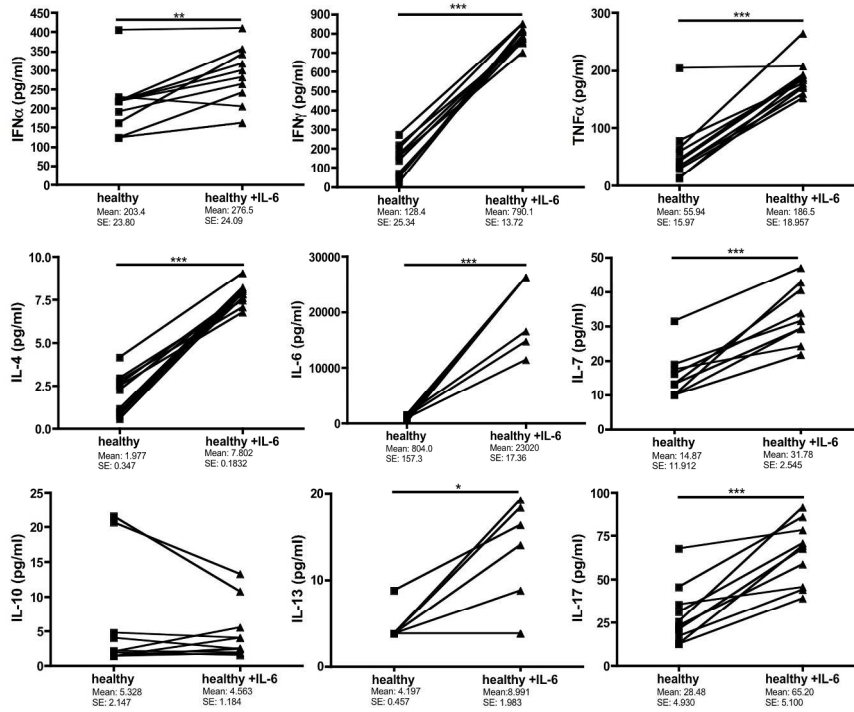
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Figure 4



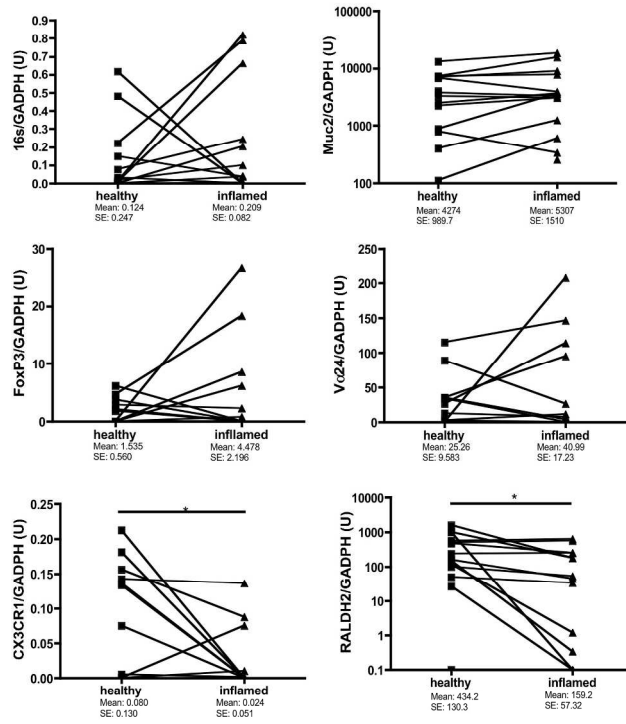
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Figure 5



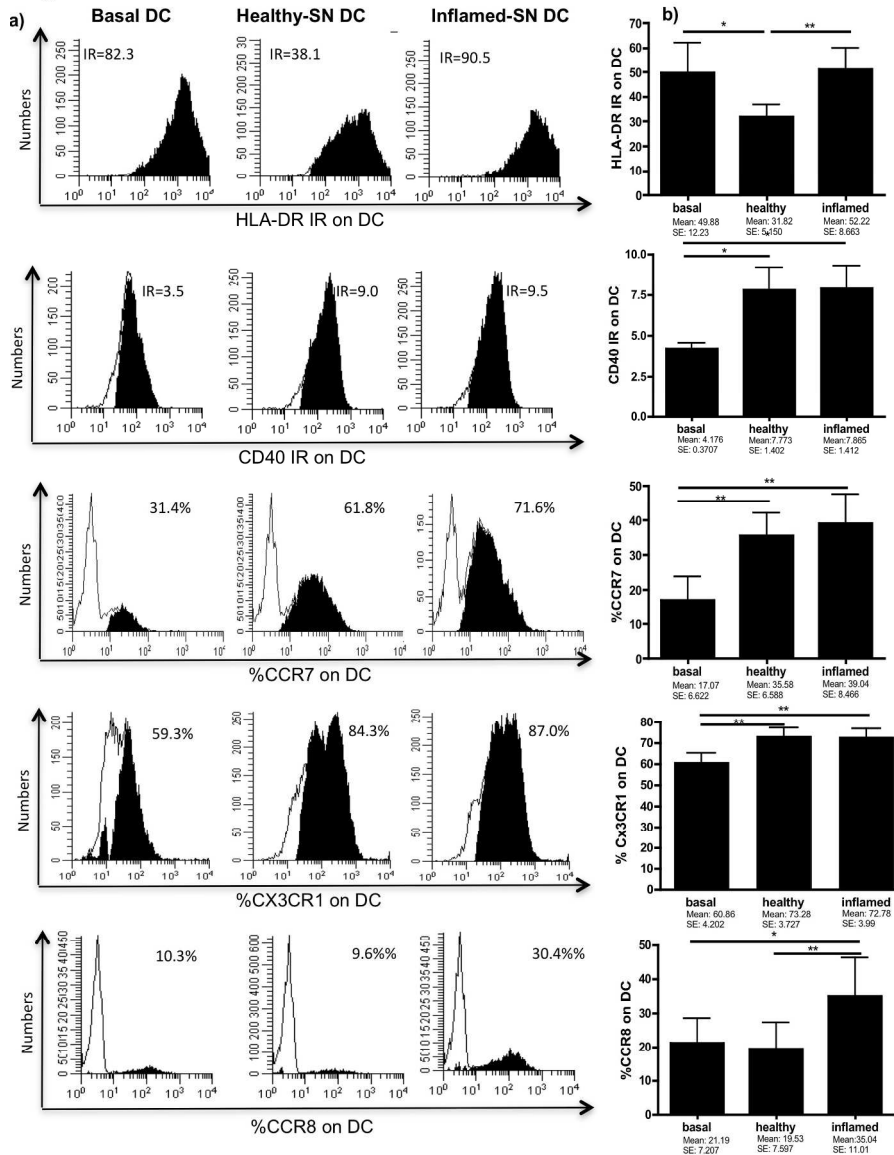
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Figure 6



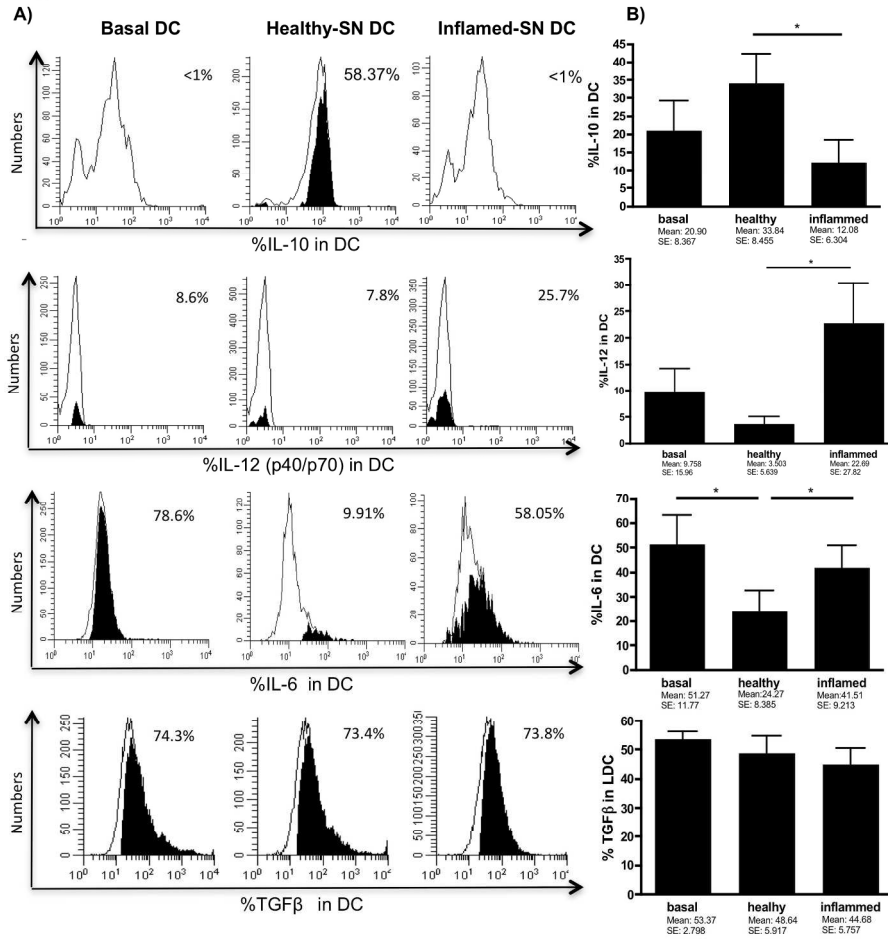
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Figure 7



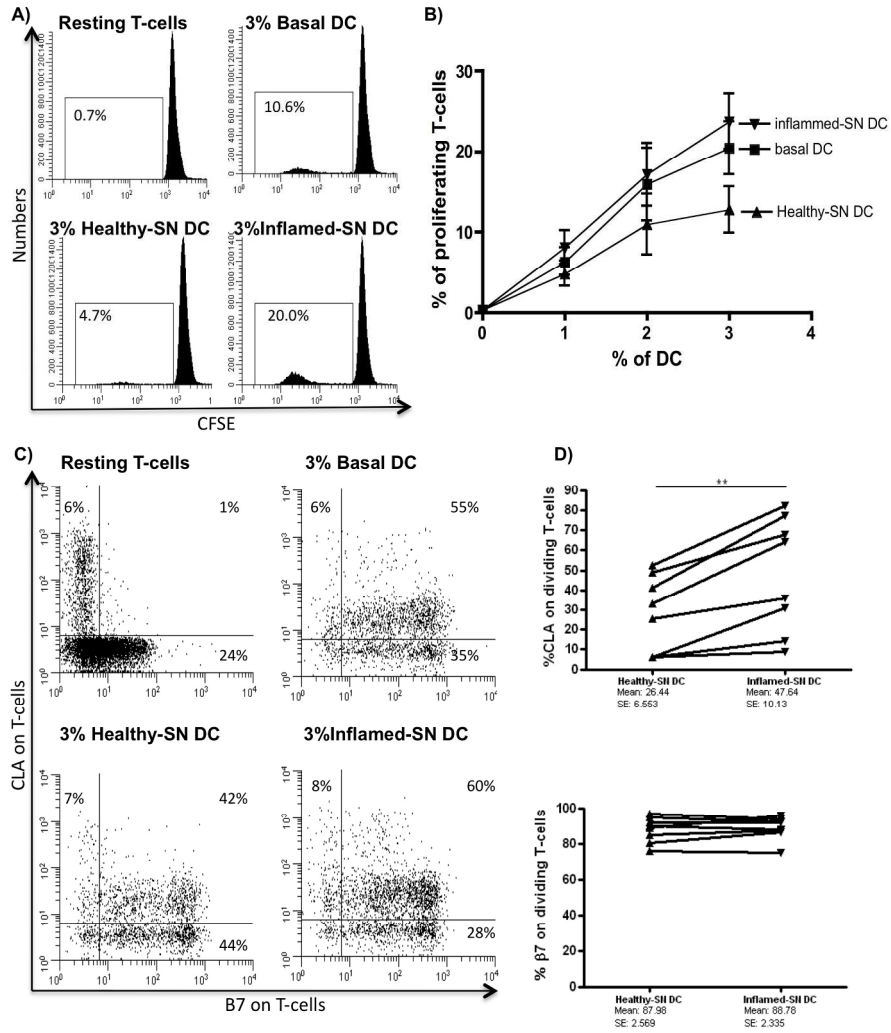
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Figure 8



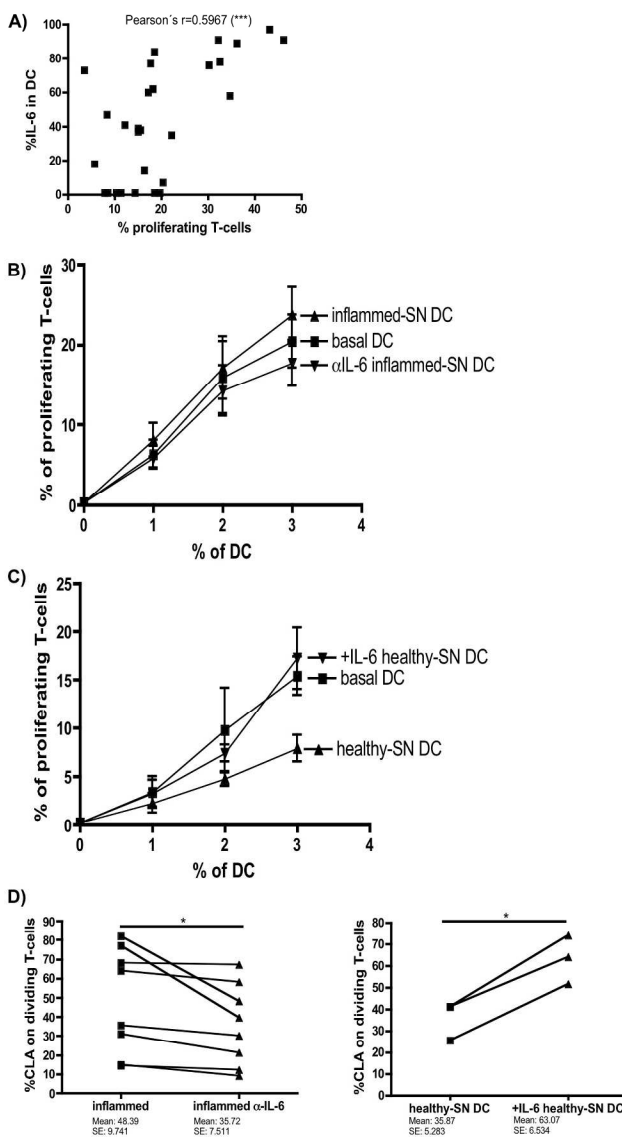
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Figure 9



793x1057mm (72 x 72 DPI)

Figure 10



793x1057mm (72 x 72 DPI)