

EVOLUTIONARY CHANGE IN TESTES TISSUE COMPOSITION AMONG EXPERIMENTAL POPULATIONS OF HOUSE MICE

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Complete List of Authors:	Firman, Renee; University of Western Australia, Animal Biology (M092); Garcia-Gonzalez, Francisco; University of Western Australia, Centre for Evolutionary Biology Tyler, Evan; University of Western Australia, Centre for Evolutionary Biology Wheeler, Samantha; University of Western Australia, Centre for Evolutionary Biology Yamin, Zayaputeri; University of Western Australia, Centre for Evolutionary Biology Yuan, Michael; University of Western Australia, Centre for Evolutionary Biology Simmons, Leigh; University of Western Australia, Centre for Evolutionary Biology; University of Western Australia, Centre for Evolutionary Biology; University of Western Australia, School of Animal Biology (M092)
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BRIEF COMMUNICATION

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- **3 EVOLUTIONARY CHANGE IN TESTES TISSUE**
- 4 COMPOSITION AMONG EXPERIMENTAL

5 POPULATIONS OF HOUSE MICE

- 6
- 7 Renée C. Firman^{1,2}, Francisco Garcia-Gonzalez^{1,3}, Evan Thyer¹,
- 8 Samantha Wheeler¹, Zayaputeri Yamin¹, Michael Yuan¹ and
- 9 Leigh W. Simmons¹
- 10
- ¹¹ ¹Centre for Evolutionary Biology, School of Animal Biology (M092),
- 12 University of Western Australia, Nedlands 6009, Australia
- 13 ²E-mail: <u>renee.firman@uwa.edu.au</u>
- 14 ³Estacion Biologica de Doñana-CSIC, 41092, Sevilla, España
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- 21 Running head: Evolutionary change in the testes in mice
- 22

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23	Theory assumes that postcopulatory sexual selection favours increased investment in
24	testes size because greater numbers of sperm within the ejaculate increase the chance
25	of success in sperm competition, and larger testes are able to produce more sperm.
26	However, changes in the organization of the testes tissue may also affect sperm
27	production rates. Indeed, recent comparative analyses suggest that sperm competition
28	selects for greater proportions of sperm-producing tissue within the testes. Here, we
29	explicitly test this hypothesis using the powerful technique of experimental evolution.
30	We allowed house mice (Mus domesticus) to evolve via monogamy or polygamy in
31	six replicate populations across 24 generations. We then used histology and image
32	analysis to quantify the proportion of sperm-producing tissue (seminiferous tubules)
33	within the testes of males. Our results show that males that had evolved with sperm
34	competition had testes with a higher proportion of seminiferous tubules compared
35	with males that had evolved under monogamy. Previously, it had been shown that
36	males from the polygamous populations produced greater numbers of sperm in the
37	absence of changes in testes size. We thus provide unequivocal evidence that sperm
38	competition selects for an increase in the density of sperm-producing tissue, and
39	consequently increased testes efficiency.
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45	KEY WORDS: Sperm competition, postcopulatory sexual selection, sperm
46	production, testosterone production, histology
47	

48	Parker's game theoretic models of ejaculate evolution assume that sperm competition
49	conforms to a raffle, with the relative number of sperm from each competitor being
50	the primary determinant of paternity success (Parker and Pizzari 2010). In support of
51	sperm competition theory, evolutionary and reproductive biologists focusing on in
52	vivo sperm competition dynamics have shown that males that produce ejaculates with
53	high numbers of sperm typically have a fertilization advantage over their rival/s (e.g.
54	domestic species, Beatty 1957; Martin et al. 1974; wild species, Gage and Morrow
55	2003; Boschetto et al. 2011; Firman and Simmons 2011). Thus, when male fitness is
56	contingent on the number of sperm within the ejaculate, it is likely that postcopulatory
57	selection will target the organ responsible for sperm production, and evolutionary
58	change will ensue (Parker 1970).
59	A positive correlation between testes size and the level of sperm competition, as
60	determined by variation in mating system, the frequency of female remating,
61	differences in population sex ratio, etc, has been observed. A multitude of studies
62	have implicated intense selection via sperm competition as favoring the evolution of
63	larger testes both within (Ribble and Millar 1992; Brown and Brown 2003; Long and
64	Montgomerie 2005; Firman and Simmons 2008; Dzminiski et al. 2009) and between
65	species (e.g. primates, Harcourt et al. 1981; butterflies, Gage 1994; bats, Hosken
66	1997; frogs, Byrne et al. 2002; birds, Pitcher et al. 2005; scorpions, Vrech et al. 2014).
67	To date however, the most convincing evidence for the role of sperm competition in
68	testes size evolution comes from investigations that have maintained evolving
69	laboratory populations, and found reductions in testes mass with the removal of sperm
70	competition (Hosken and Ward 2001; Pitnick et al. 2001; Simmons and Garcia-
71	Gonzalez 2008). This significant body of literature has resulted in testes size (relative
72	to body size) being routinely used as an indirect measure of sperm competition risk.

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Unfortunately, the underlying critical assumption that testes size accurately reflects
sperm production rate has largely been overlooked (discussed by Schärer et al. 2004).
Certainly, variation in testis size alone may not necessarily reflect differences in
sperm production rate, and evidence has emerged to support the idea that sperm
competition selects to maximise testicular efficiency beyond changes in testes size
(reviewed in Ramm and Schärer 2014).
The testis consists of spermatogenic tissue, which includes germ cells and

80 somatic cells (called Sertoli cells in mammals), and non-spermatogenic tissue with 81 somatic cells only (e.g. blood vessels and Levdig cells). In higher vertebrates the germ 82 cells are located within the long and convoluted seminiferous tubules (Gier and 83 Marion 1970; Roosen-Runge 1977; Wistuba et al. 2007). During the process of 84 spermatogenesis the germ cells develop from spermatogonia into spermatocytes, then 85 to spermatids, and finally spermatozoa (Roosen-Runge 1977; Wistuba et al. 2007). 86 Spermatozoa are released from the nourishing Sertoli cells to enter the lumen of the 87 seminiferous tubule before being passed into the efferent ducts and transported to the 88 epididymis for maturation. The interstitial tissue that surrounds the seminiferous 89 tubules supplies blood to the testis and produces endocrine signals via the Leydig 90 cells (Wistuba et al. 2007).

It has long been known that seasonal variation in the amount of spermproducing tissue versus non sperm-producing tissue occurs in many different taxa (e.g. Mayhew and Wright 1970; Goldberg and Parker 1975; Hochereau-de Reviers and Lincoln 1978; Fuentes et al. 1991). Since Harcourt *et al.* (1981) first indicated that sperm competition has the potential to select for increased sperm production rates via alternations in the spatial organization of the testes, a number of comparative studies have explored the association between the proportion of sperm-producing

98	tissue within the testes and postcopulatory sexual selection (Wistuba et al. 2003;
99	Lüpold et al. 2009; Rowe and Pruett-Jones 2011; Montoto et al. 2012). Interspecies
100	comparisons have provided general evolutionary patterns, but fail to demonstrate
101	cause and effect. In their review on the evolutionary ecology of testicular function,
102	Ramm and Schärer (2014) called for researchers to explore directly the consequences
103	of sperm competition for testes machinery by using the powerful technique of
104	experimental evolution. Here we provide the first account. We quantified the amount
105	of sperm-producing and interstitial tissue from images of histological preparations of
106	the testes of male house mice (Mus domesticus) from six replicate populations that
107	had been evolving under a monogamous or polygamous mating regime for 24
108	generations. Our analyses revealed that the testes of males that had evolved with
109	sperm competition had greater proportions of seminiferous tubules compared to males
110	that had evolved via monogamy. Previously, it had been shown that males from the
111	polygamous populations produced ejaculates with elevated sperm numbers in the
112	absence of changes in testes size (Firman and Simmons 2010). Thus, our result here
113	suggests that sperm competition acts directly on the spatial organisation of the testes,
114	which is likely to select for enhanced efficiency and the production of more sperm.
115	
116	Materials and Methods

117 EXPERIMENTAL ANIMALS

118 House mice are actively polygamous in nature, with both males and females

119 copulating with multiple mates (Dean et al. 2006; Firman and Simmons 2008).

120 However, laboratory strains of house mice are typically maintained under an enforced

121 monogamous mating regime. The Uwa:MMD colony of wild-derived mice was

122 established in 1997 at the Animal Resources Centre (ARC) (Murdoch, Western

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123	Australia) with 90 breeding pairs sourced from six wild, Australian Mus domesticus
124	populations. From 1997 to 2002 the colony was maintained as an outbred population
125	under the Poiley outbreeding system (Poiley 1960), after which the outbreeding
126	regime changed to a dedicated program based on the coefficient of inbreeding
127	(Firman and Simmons 2010). Consequently, the Uwa:MMD colony was maintained
128	under a strict monogamous mating regime for approximately 30 generations prior to
129	the establishment of the selection lines. Male/female pairs ($n = 60$) reproduced to
130	establish a base population from which our selection lines were derived, for which we
131	referred to the ARC colony pedigree to ensure that close relatives did not breed.
100	At the University of Western Australia the enimals were maintained in a
132	At the University of western Australia the animals were maintained in a
133	constant temperature room under identical conditions (24°C; reversed 14:10 hour
134	light-dark cycle), and food and water was provided ad libitum. We established four
135	monogamous and four polygamous lines with 18 males and 18 females in each.
136	Subsequently, 18 males and 18 females contributed to each generation. In the
137	monogamous lines, almost all selection on adult fitness was eliminated by ensuring
138	that every male and female pair contributed one son and one daughter to the next
139	generation (Shabalina et al. 1997). Although greatly relaxed, selection may not have
140	been completely eliminated because sometimes a pair did not mate or produce
141	offspring. In the polygamous lines, adult females had equal fitness (two offspring),
142	and adult males had equal mating success but not equal fertilisation success due to
143	sperm competition and/or cryptic female choice. Four polygamous lines were
144	established with 18 females and 18 males, but potentially <18 sires. In the
145	polygamous lines, the same three males mated with the same three females. Thus,
146	males in the polygamous lines competed for fertilizations, and the number of males
147	who contributed to successive generations was determined by the relative paternity

148	success of each male. This mating design ensured that the effective population sizes
149	of the monogamous lines were potentially greater than the polygamous lines at each
150	generation. Therefore, any observed fitness benefits associated with sperm
151	competition would be conservative, as the polygamous lines would be expected to
152	have higher inbreeding coefficients than the monogamous lines (documented at
153	generation 12; Firman & Simmons 2011). As with the monogamous lines, one male
154	and one female were selected at random from each polygamous line litter and used to
155	produce the next generation. Consequently, while postcopulatory sexual selection on
156	males was reinstated in the polygamous lines, natural selection and precopulatory
157	sexual selection remained absent in both treatments.
158	Anatomical measurements and sperm quality assays initially performed after
159	eight generations of experimental evolution revealed that males had diverged in sperm
160	number without changes in testes size (Firman and Simmons 2010: Table S1 in the
161	online supplementary material). Males from the polygamous lines produced more
162	sperm, had a greater proportion of motile sperm, and sperm with greater swimming
163	velocities than males from the monogamous lines, as would be expected following
164	selection via sperm competition (Firman and Simmons 2010). Further, testes size
165	among males from the different selection regimes had not changed following 16
166	(Firman et al. 2011) or 18 (Table S1; Table S2) generations of selection. Males from
167	the 24 th generation were used here to assess evolutionary change in the spatial
168	organisation of the testes. Due to time and resource restrictions, we were limited to
169	using a randomly selected sample of three monogamous ($n = 10$ males/line) and three
170	polygamous ($n = 10$ males/line) selection lines.
171	Variation in the social environment can induce plasticity in sperm production in

house mice (Ramm and Stockley 2009; Firman et al. 2013). Consequently, the

animals used in this experiment were reared under identical conditions. Thus, after
being weaned from their mother at three weeks of age, each male was housed in an
individual cage until they reached sexual maturity (12 weeks of age). To ensure that
males acquired the appropriate olfactory cues during their sexual development they
were placed within close proximity to cages housing females. All males were virgins
at the time of sacrifice.

179

180 TESTES HISTOLOGY AND IMAGE ANALYSIS

181 Males were sacrificed via lethal injection and stored at -20°C. Prior to dissection, the 182 bodies were defrosted and weighed. A single testis from each male was chosen at 183 random and fixed in 10% buffered formal saline. Each testis was dehydrated through 184 a series of graded ethanol baths, chloroform baths, and paraffin, and then embedded in 185 paraffin wax. The specimens were sectioned through the midline, and centre sections 186 of the testis were mounted on slides. The slides were stained with Gill's haematoxylin 187 and Eosin and viewed under a BX50 (Olympus) light microscope (×10 objective). 188 Five different images per testis were captured using an Olympus DP72 camera 189 attached to the microscope. Testis tissue covered the entire area in each image (Fig. 190 2). 191 Each image was visualized using the image analysis software ImageJ. We 192 quantified the proportion of sperm-producing tissue within each image. Thus, we 193 measured and recorded the area of each seminiferous tubule (including the tubule

- 194 lumen) within each image (see Fig. S1 in the online supplementary material). We then
- calculated the proportion of sperm-producing tissue per image: sum[seminiferous
- tubule area]/total image area. The 300 images were distributed randomly among four
- 197 different investigators, and each investigator was blind to the treatment from which

198	the images were sourced.
199	
200	STATISTICAL ANALYSES
201	To confirm that investigator bias did not influence our measurements and results, a set
202	of eight images were measured by the four investigators, which allowed us to perform
203	a repeatability analysis on those measurements. A Levene's Test was applied to test
204	the equality of variances in the proportion of sperm-producing tissue among the
205	replicate lines (SciStat Calc 2013). We used JMP statistical software to perform a
206	nested analysis of variance (ANOVA) with replicate lines nested within selection
207	treatments (random effect) to account for non-independence of replicate lines. Effect
208	size analysis was calculated using the library "compute.es" in R. All means are
209	presented ± 1 SE.
210	
211	Results
212	SPERM NUMBER AND TESTES SIZE MEASUREMENTS
213	The repeatability analysis revealed that there was no measurement bias among the
214	investigators. There was significantly more variation between images than within
215	images ($F_{7,24} = 17.171$, $P < 0.001$; $R = 0.500$, calculated following Becker 1984).
216	We calculated the mean proportion of sperm-producing tissue for each male. A
217	Levene's Test revealed that the variances in the mean proportion of sperm-producing
218	tissue were equal among the replicate lines ($n = 6$, $W = 0.778$, $P = 0.570$). Thus, we

- 219 looked for an effect of selection history among males from the different experimental
- 220 populations.

A nested ANOVA revealed significant variation in the proportion of total tubulearea among males from the polygamous and monogamous selection lines (Table 1).

223	The mean difference in the proportion of sperm-producing tissue between treatments
224	was 4.6%. Males from the polygamous lines had testes with greater proportions of
225	sperm-producing tissue ($n = 3, 0.747 \pm 0.008$) compared with males from the
226	monogamous lines ($n = 3, 0.701 \pm 0.009$) (Fig. 1; Fig. 2). We calculated a
227	standardized mean difference effect size (Cohen's d) and the associated 95%
228	confidence intervals (CIs) to gauge the magnitude of the observed effect of selection
229	history ($d = 4.66 [0.29, 9.03]$) on the proportion of total tubule area. The effect size is
230	large, and the 95% CIs give us confidence in rejecting the hypothesis that selection
231	history had no effect on tubule area.

233 Discussion

Testes size evolution via postcopulatory sexual selection is well evidenced

235 (Gomendio et al. 1998; Simmons 2001; Birkhead et al. 2009). Both inter- and intra-

236 species comparisons have shown that sperm competition typically favours an increase

in the amount of spermatogenetic tissue, and thus larger testes (e.g. Gage 1994;

Hosken 1997; Byrne et al. 2002; Firman and Simmons 2008; Dzminiski et al. 2009).

However, in addition to gross testes size, the relative proportion of sperm-producing

tissue within the testes could also be an important factor determining spermatogenic

investment (Ramm and Schärer 2014). Certainly, the capacity of the mammalian

testes to produce sperm varies considerably across taxa; among six rodent species the

243 proportion of sperm-producing tissue within the testes has been shown to range from

244 33% to 90% (Russell et al. 1990). Within Mus, the level of sperm competition (as

estimated by relative testes size) correlates with both the number of sperm produced

246 (Montoto et al. 2011) and the proportion of seminiferous tubules within the testes

247 (Montoto et al. 2012). Similar evolutionary associations between the intensity of

248	sperm competition and testes tissue organization have been observed in comparative
249	studies of two groups of birds, the New World blackbirds (Icteridae) and the
250	Australian passarines (Maluridae) (Lüpold et al. 2009; Rowe and Pruett-Jones 2011).
251	Here, we show that male house mice from experimental populations evolving with
252	sperm competition have testes with greater proportions of sperm-producing tissue
253	compared to the testes of males from populations maintained under enforced
254	monogamy.
255	An increase in the proportion of spermatogenic tissue in the testes of males from
256	the polygamous lines could be ascribed to selection acting on standing genetic
257	variation in testes tissue organisation. Alternatively, as we reinstated sperm
258	competition in a source population that had experienced a long history of monogamy,
259	in which deleterious mutations might have accumulated, our result could be explained
260	by sperm competition successfully purging mutations that influenced testes
261	phenotype. While theory predicts that sexual selection on males can substantially
262	reduce the accumulation of mildly deleterious mutations (McLearn and Manning
263	1985; Whitlock and Agrawal 2009), experimental evidence among different
264	invertebrate species is contradictory (e.g. Radwan 2004; Hollis et al. 2009; Arbuthnott
265	and Rundle 2012; Almbro and Simmons 2014). To date, there have been no direct
266	tests of whether mutation accumulation influences testes tissue composition, however
267	it is interesting to note that a recent study of the dung beetle Onthophagus taurus
268	found that sexual selection was ineffective in removing deleterious mutations that
269	reduced testes mass (Almbro and Simmons 2014).
270	Deleterious recessive mutations can be exposed under conditions of inbreeding
271	(Charlesworth and Charlesworth 1999). Consequently, if individuals from our
272	monogamous selection lines were 'carrying' high mutation loads they might be

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273 expected to experience greater fitness consequences from reproducing with relatives 274 compared with individuals from the polygamous lines. Within-line experimental 275 matings performed after 16 generations of selection revealed that full-sibling parental 276 pairs and unrelated parental pairs had equivalent fitness (Firman et al. 2011). Further, 277 the resulting 'inbred' polygamous and 'inbred' monogamous male offspring had, on 278 average, comparable testes sizes and sperm numbers (Firman et al. 2011). Thus, 279 although we are unable to eliminate conclusively that sperm competition purged 280 deleterious alleles that influenced testes phenotype and suppressed testes function, 281 available data suggests that this was not the case. Regardless, we have provided 282 compelling evidence that sperm competition selects for enhanced levels of sperm-283 producing tissue, either by selecting against males with high mutation loads, or by 284 acting on standing genetic variation. Certainly, these two mechanisms are not 285 mutually exclusive and are likely to co-occur in both experimental and natural 286 populations.

287 A series of previous investigations performed using these lineages of house 288 mice had revealed that males from populations evolving via sperm competition 289 produced more sperm compared with males from populations evolving under 290 monogamy, but that changes in sperm production were not associated with changes in 291 testes size (Firman and Simmons 2010; Firman et al. 2011). Moreover, the increase in 292 sperm production resulted in enhanced success in sperm competition (Firman and Simmons 2011). We do not have testes size data from males from the 24th generation, 293 294 however testes size had not diverged after eight (Firman and Simmons 2010), 16 295 (Firman et al. 2011) or 18 generations of selection. Thus, it is likely the increase in 296 sperm production among males from the polygamous lines is attributable to an 297 increase in the proportion of sperm-producing tissue, which was documented here.

298	Sperm production is also influenced by the efficiency of the sperm-producing
299	tissue, for example the rate at which individual sperm can be manufactured. In
300	mammals, the duration of spermatogenesis is defined as the 'seminiferous epithelium
301	cycle length' (SECL), describing one complete series of cell associations that occurs
302	in the seminiferous epithelium (Clermont 1972). Across species, variation in SECL
303	has been shown to correlate negatively with relative testes size, supporting the idea
304	that sperm competition selects for a faster rate of spermatogenesis (Pierce and Breed
305	2001; Paraponov et al. 2008; Ramm and Stockley 2010). In addition to evolutionary
306	responses, variation in the speed of spermatogenesis might also account for the
307	adaptive plasticity in sperm production that has been observed in response to local
308	sperm competition conditions (delBarco-Trillo and Ferkin 2004; Ramm and Stockley
309	2009; Firman et al. 2013). Our findings on house mice have important implications
310	for the general assumption that larger testes confer greater rates of sperm production,
311	and emphasise the need for explorations beyond a simple measure of testes size and
312	into testes tissue organisation and function (Ramm and Schärer 2014).
313	As almost all male sex hormone production occurs in the testes interstitium
314	(Stocco and McPhaul 2006), we contend that an increase in the proportion of
315	seminiferous tubules and a reduction in the amount of interstitial tissue could have
316	important implications for precopulatory sexual selection. Testosterone, which is
317	produced by the Leydig cells, plays a critical role in the promotion of secondary
318	sexual characters (Dufau 1996). For example, testosterone-dependent urine scent-
319	marking behaviour in male house mice is indicative of dominance status and territory
320	defense (Desjardins et al. 1973; Hurst 1990), and is assessed by females to gauge the
321	quality of potential mates (Wolff 1985, Penn and Potts 1998). Variation in
322	testosterone levels can lead to changes in the major urinary proteins that mediate the

323	release of pheromones (Harvey et al. 1989). Therefore, a reduction in testes interstitial
324	tissue, and consequently a reduction in the density of Leydig cells, could result in a
325	reduction in testosterone production and influence the quality or frequency of scent-
326	marks produced by males. A recent study has revealed that sexually receptive females
327	spent more time associating with males from the monogamous populations compared
328	to males from the polygamous populations, suggesting that these males have a
329	precopulatory advantage which could be attributable to an intrinsic quality associated
330	with the scents that they produce (Firman 2014). The divergence in testes tissue
331	composition among males evolving with and without sperm competition reported here
332	certainly warrants further research into evolutionary trade-offs between pre- and
333	postcopulatory sexually selected traits.
334	In summary, we have documented divergence in testes tissue composition
335	among house mice from populations that had evolved under a polygamous or
336	monogamous mating regime for 24 generations. Our statistical analysis revealed that
337	males that had evolved with sperm competition had testes with a significantly greater
338	proportion of seminiferous tubules compared with males that had evolved under
339	enforced monogamy. Our finding accounts for the previously reported divergence in
340	sperm number and sperm competitiveness that had been observed in the absence of
341	evolutionary changes in testes size (Firman and Simmons 2010; Firman and Simmons
342	2011). This study has important implications for the general, mostly untested
343	assumption that testes size is a strong predictor of sperm production, and emphasizes
344	the need for future research to explore the evolutionary implications of sperm
345	competition for testicular efficiency.
346	

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- 593 **Table 1.** ANOVA comparing the proportion of sperm-producing tissue in the
- testes of males that have evolved under either a polygamous or monogamous
- 595 selection regime.
- 596

Effect	SS	df	MS	F	Р
Selection history	0.034	1	0.033	32.602	0.005
Line[selection history]	0.004	4	0.001	0.243	0.913
Error	0.223	54			

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- 601 **Figure 1.** The mean proportion of seminiferous tubules in the testes of house
- mice from monogamous (3) and polygamous (3) selection lines (as measured
- 603 from images of histological preparations).
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- **Figure 2.** Example images displaying the difference in the density of
- seminiferous tubules in the testes of house mice from monogamous (1-3) and
- 609 polygamous (4-6) selection lines.





Figure 2.

