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1 **Ancient vicariance and climate-driven extinction explain continental-wide disjunctions**
2 **in Africa: the case of the Rand Flora genus *Canarina* (Campanulaceae)**

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10 continental islands; *nested* phylogenetic dating; vicariance.

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16 **Running title:** Drivers of within-continent disjunctions

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26

27 ABSTRACT

28 Transoceanic distributions have attracted the interest of scientists for centuries. Less
29 attention has been paid to the evolutionary origins of “continent-wide” disjunctions, in which
30 related taxa are distributed across isolated regions within the same continent. A **prime**
31 example is the “Rand Flora” pattern, which shows sister-taxa disjunctly distributed in the
32 continental margins of Africa. Here, we explore the evolutionary origins of this pattern using
33 the genus *Canarina*, with three species: *C. canariensis*, associated to the Canarian laurisilva,
34 and *C. eminii* and *C. abyssinica*, **endemic to the Afromontane region in East Africa, as case**
35 **study. We infer phylogenetic relationships, divergence times, and the history of migration**
36 **events within *Canarina* using Bayesian inference on a large sample of chloroplast and**
37 **nuclear sequences. Ecological niche modelling was employed to infer the climatic niche of**
38 ***Canarina* through time.** Dating was performed with a novel *nested* approach to solve the
39 problem that **deep calibration points within a molecular dataset comprising both above-**
40 **species and population-level sampling poses.** Results show *C. abyssinica* as sister to a clade
41 formed by disjunct *C. eminii* and *C. canariensis*. Miocene divergences were inferred among
42 species, whereas intraspecific divergences fell within the Pleistocene-Holocene **periods.**
43 **Although *C. eminii*, and *C. canariensis* showed a strong genetic geographic structure, among-**
44 **population divergences were older in the former than in the latter. Our results suggest that**
45 *Canarina* originated in East Africa and later migrated across North Africa, with vicariance
46 and aridification-driven extinction explaining the 7000 km/ 7 million year divergence
47 **between the Canarian and East African endemics.**

48

49 INTRODUCTION

50 Transoceanic disjunct distributions have long attracted the attention of biogeographers
51 (von Humboldt & Bonpland 1805; Hooker 1867; Raven & Axelrod 1972; Donoghue &
52 Smith, 2004). A prime example is the Gondwanan distribution exhibited by groups like
53 ratites or marsupials, in which sister lineages are scattered across continents now isolated by
54 thousands of kilometers of oceanic waters (Treviranus 1803; Hooker 1853). Fragmentation
55 of an ancient widespread distribution by plate tectonics (vicariance) and long-distance
56 dispersal events have alternatively been postulated to explain this pattern (Givnish & Renner
57 2004; Sanmartín & Ronquist 2004).

58 In contrast, less attention has been paid to the evolutionary origins of “continent-wide”
59 disjunctions, in which related taxa are distributed across geographically isolated regions
60 within the same continent. Transoceanic disjunctions are either explained by tectonic-
61 induced vicariance (i.e., continental drift) followed by biotic division (Raven & Axelrod
62 1972; Sanmartín *et al.* 2001) or by LDD (Renner, 2004). Within-continent disjunctions, on
63 the other hand, can be explained by LDD (Coleman *et al.* 2003; Pelsner *et al.* 2012) but are
64 often attributed to large-scale climatic events, such as global climate cooling or aridification
65 that would have extirpated a once-continuous biota from part of its area of distribution,
66 leaving relict taxa in refugia or “continental islands” (Axelrod & Raven 1978; Crisp & Cook
67 2007; Wiens & Donoghue 2004). The barrier that caused the range division in this case is
68 not the opening of an ocean basin, but an environmental change that creates stretches of
69 inhospitable land that are outside the climatic tolerances of the organism (Wiens &
70 Donoghue 2004). Within-continent disjunctions are thus interesting to explore the role of
71 climate-driven extinction in the assembly of biodiversity patterns (Linder 2014; Pokorny *et*
72 *al.* in review).

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73 A prime example of this type of disjunction is the African “Rand Flora” pattern (from
74 the German word meaning *rim*, aka “flora from the edge”), in which distantly related plant
75 families show a similar disjunct distribution, with sister taxa inhabiting geographically
76 isolated regions in the continental margins of Africa—i.e., northwest Africa, Horn of Africa-
77 Southern Arabia, Eastern Africa, and Southern Africa, and adjacent islands, Macaronesia,
78 Socotra, Madagascar (Christ 1892; Engler 1910; Lebrun 1961; Quézel 1978; Andrus *et al.*
79 2004; Sanmartín *et al.* 2010; see Pokorny *et al.* (in review) for a historical review). Although
80 they differ in aspects such as morphology, habit, or phenology, Rand Flora lineages share
81 some degree of adaptation to subtropical or temperate environments, so that the tropical
82 lowlands of central Africa or the arid terrains of the Sahara and Sino-Arabic Deserts in the
83 north and the Kalahari Desert in the south constitute for them effective climatic barriers to
84 dispersal (Pokorny *et al.* in review). Traditionally, this pattern has been explained by
85 vicariance, the fragmentation of an ancient widespread African flora by aridification events
86 during the Late Neogene, leaving relict taxa that survived and diversified in “climatic
87 refuges” at the margins of the continent (Axelrod & Raven 1978; Bramwell 1985). However,
88 the advent of molecular phylogenetics and the possibility of obtaining estimates of
89 divergence times have shown that, for some lineages, these disjunctions can be better
90 explained in terms of recent independent dispersal events among the Rand Flora regions,
91 followed by in-situ diversification (Fiz *et al.* 2008; Meseguer *et al.* 2013). Because
92 continental disjunct patterns such as the Rand Flora are explained by the appearance of a
93 climatic barrier that causes range division (e.g., the formation of the Sahara Desert in the
94 Late Miocene), ecological niche modeling techniques (ENMs) might also be useful to
95 examine the evolutionary origins of Rand Flora lineages. By reconstructing the potential
96 climatic niche of a species and projecting it backwards in time, we can identify areas that
97 were in the past within the organism’ range of climatic tolerances but are inhospitable today

98 due to large-scale climate change (Yesson & Culham 2006; Smith & Donoghue 2010;
99 Meseguer *et al.* 2014).

100 One of the strongest connections within the Rand Flora pattern links the Macaronesian
101 Islands to East Africa. Genera like *Camptoloma* (Kornhall *et al.* 2001), *Aeonium* (Mort *et al.*
102 2002), *Campylanthus* (Thiv *et al.* 2010), or *Euphorbia* (Riina *et al.* 2014) harbor
103 Macaronesian endemics, whose sister groups are found along Eastern Africa and Southern
104 Arabia. In a recent meta-analysis of Rand Flora lineages, Sanmartín *et al.* (2010) found a
105 comparatively high rate of historical dispersal between these two regions (i.e., NW Africa
106 vs. E Africa/S Arabia), suggesting a long history of biotic connections across the Sahara.
107 Here, we focus on one of the most striking examples of this disjunction, which has never
108 been studied before. The bellflower genus *Canarina* (family Campanulaceae) is a small
109 angiosperm genus of three species, one endemic to the Canary Islands (*Canarina canariensis*
110 (L.) Vatke. (1874)), and two other distributed exclusively in the montane regions of Eastern
111 Africa: *C. eminii* Aschers. ex Schweinf. (1892) and *C. abyssinica* Engl. (1902). *Canarina*
112 *canariensis* is associated to the Canarian laurisilva, the highly endemic laurel forest present
113 in the western and central Canary Islands. *Canarina eminii* is an epiphyte endemic to the
114 forests belts of the Afromontane region, while *C. abyssinica* occurs in the upland open
115 forests of Eastern Africa (Figure 1; see Supplementary Text "Study Group" for a more
116 detailed description of the morphology, biology, and geographic distribution of each
117 species). Both the Canarian laurisilva and the Afromontane region — a series of isolated
118 areas forming an archipelago-like centre of endemism in the mountains of East and West
119 Africa (White 1983)— are traditionally considered as examples of the *refugium-*
120 *fragmentation* theory: the remnants of a subtropical flora that once was widespread through
121 Africa but became later extinct due to climatic-aridification events (Axelrod & Raven 1978;
122 Bramwell 1985). Therefore, *Canarina* represents not only a wide continental disjunction of

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123 nearly 7000 km across the Sahara, but also a potential relict of an “ancient pan-African
124 flora” (Axelrod & Raven, 1978) and a prime candidate to test the climatic vicariance theory
125 in the origins of the Rand Flora pattern. Moreover, the particular distribution of *Canarina* in
126 the Canary Islands and in the fragmented Afromontane forests offers us a unique opportunity
127 to study patterns of colonization in *true* “oceanic islands” versus ecological “mountain
128 islands” (aka “sky-islands”, McCormack *et al.* 2009). The high-altitude mountain regions in
129 the Afromontane region of East Africa have often been equated to ecological islands
130 (Hedberg 1961; Popp *et al.* 2008; McCormack *et al.* 2009), isolated from one another by
131 stretches of dry land or tropical lowlands.

132 *Canarina* belongs to tribe Platycodoneae, a basal lineage within family
133 Campanulaceae (Roquet *et al.* 2009) that includes six other genera endemic to the mountains
134 of central and eastern Asia. Recent molecular studies have reconstructed the phylogeny of
135 the tribe (Wang *et al.* 2013; Zhou *et al.* 2013), but a phylogeny of *Canarina* is still missing
136 due to the difficulty that obtaining material for the East African endemic species poses.
137 Here, we present the first species-level phylogeny of the genus using evidence from the
138 nuclear ribosomal (nrDNA) ITS region and seven non-coding chloroplast (cpDNA) markers
139 and **a large sample of infraspecific sequences**—covering the entire geographic range of *C.*
140 *emini* and *C. canariensis*— as well as a representative sample of genera within
141 Platycodoneae. Bayesian inference methods were used to estimate lineage divergence times
142 and to infer ancestral ranges and the main history of migration events within *Canarina*. Lack
143 of fossils in plant phylogenetic studies often results in deep calibration points being applied
144 to a broader dataset, which sometimes includes both above-species and below-species level
145 sampling (Blanco-Pastor *et al.* 2013; Nolasco-Soto *et al.* 2014). This can result in uncertain
146 or even biased time estimates as we move from species-level to coalescent dynamics (Ho *et*
147 *al.* 2008, 2011). Here, we used a novel “nested dating” Bayesian approach to accommodate

148 the expected change in molecular rates and tree growth model resulting from heterogenous
149 species-population sampling schemes. Finally, we used ENMs and paleoenvironmental data
150 to estimate the climatic niche of *Canarina*, which when projected backward in time allowed
151 us to detect climatically suitable areas that might have formed part of its geographic
152 distribution in the past or acted as climatic dispersal corridors.

153

154 MATERIAL AND METHODS

155 *Taxon Sampling and DNA sequencing*

156 Throughout several field campaigns in Eastern Africa and the Canary Islands (2009-
157 2012), fresh material for 29 individuals, representing different populations within *Canarina*,
158 were collected and included in the analysis (Table S1): one sample of *C. abyssinica* (from
159 the Ethiopian Highlands), seven samples of *C. eminii*, and twenty-one of *C. canariensis*,
160 covering the entire range of distribution of the last two species. The low number of samples
161 in *Canarina abyssinica* reflects the difficulty to collect this species, which has apparently
162 disappeared from many of the original localities where it was first described by Hedberg
163 (1961; see Supplementary Text for a description on the sampling effort and current
164 conservation status of *C. abyssinica*). Nine species representing additional genera within
165 tribe Platycodoneae (*Campanumoea*, *Codonopsis*, *Cyananthus*, *Cyclocodon*, *Ostrowskia*,
166 and *Platycodon*), as well as related tribe Campanuleae (*Campanula* L.) and Campanulaceae
167 subfamilies Lobelioideae (*Lobelia* L.) and Cyphioideae (*Cyphia* P.J. Bergius) were used as
168 alternative outgroups in the phylogenetic and biogeographic analyses (see below). In all, 256
169 sequences were generated for this study and 11 downloaded from GenBank. Species names,
170 voucher information, and GenBank accession numbers for all sequences are provided in
171 Table S1.

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172 We selected seven non-coding plastid regions exhibiting high levels of genetic
173 variation, the intergenic spacers *psbJ–petA*, *rpl32–trnL*, *trnL–trnF*, *trnS–trnG*, and 3' *trnV–*
174 *ndhC* (Shaw *et al.* 2005, 2007), and the *trnG* and the *petD* group II introns (*petB–petD*,
175 Borsch *et al.* 2009). Details on PCR amplification and sequence editing and alignment are
176 given in Supplementary Text and Table S2. Two datasets were constructed to address
177 different objectives. The “*Platycodoneae* dataset” (n = 12) included samples of all
178 aforementioned outgroup genera plus one accession of each *Canarina* species, and was used
179 to reconstruct the phylogeny of the tribe and provide additional calibration points in the
180 dating analyses. The “*Canarina* dataset” (n = 29) included one accession of each population
181 sampled within *Canarina*, plus one sequence of genera *Ostrowskia* and *Cyclocodon*, which
182 were identified in a prior Campanulaceae study as closely related to *Canarina* (Mansion *et*
183 *al.* 2012). This latter dataset was used to infer the population and phylogeographic history of
184 *C. canariensis* and *C. eminii*.

185

186 *Phylogenetic Inference*

187 Phylogenetic relationships were estimated for each marker separately using Bayesian
188 inference implemented in MrBayes (Ronquist *et al.* 2012). Additional analyses were run
189 using Maximum Likelihood implemented in the software RAxML (Stamatakis *et al.* 2008).
190 The *Platycodoneae* dataset was rooted using *Lobelia* as the outgroup taxon; the *Canarina*
191 dataset was rooted using *Ostrowskia* as the outgroup, except for the interspacer 3' *trnV–ndhC*
192 and the *trnG* intron for which *Ostrowskia* and *Cyclocodon* sequences were missing, in which
193 case we used *Platycodon*. Details on these analyses are provided in the Supplementary Text.

194 Before concatenating the genes into a combined dataset, we checked for topological
195 congruence in the inferred relationships by examining the Bayesian consensus trees and
196 searching for well-supported clades (PP > 0.95) in the consensus tree of one marker that

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197 were not present in the consensus trees of the other markers (Antonelli & Sanmartín 2011).
198 All analyzed genes recovered similar phylogenetic relationships at the generic level, but
199 significant incongruence was found in species relationships within *Canarina* for both the
200 *Platycodeoneae* (Figure S1) and the *Canarina* datasets (Figure S2) for the plastid markers.
201 Three cpDNA genes (*rpl32*, *trnSG*, and *trnV-ndhC*) grouped *C. eminii* with *C. abyssinica*
202 with *C. canariensis* as their sister-group, while the rest of markers either failed to resolve
203 relationships (*trnG2G*) or placed *C. abyssinica* as sister to a clade formed by *C. canariensis*
204 and East African *C. eminii* (*petBD*, *trnLF*, *psbJ-petA*). The latter relationship was also
205 recovered by the single nuclear marker ITS (Figs. S1-S2). The same relationships were also
206 obtained using ML although with lower support values (Fig. S2).

207 Incongruent relationships between gene trees can be attributed to different phenomena,
208 including paralogy, concerted evolution, incomplete lineage sorting (ILS), homoplasy or
209 noise resulting from substitutional saturation or PCR artifacts. Paralogy and concerted
210 evolution are not expected in plastid markers since, unlike multiple-copy nuclear markers
211 like ITS, cpDNA genes are thought to be single copy and behave as a single, linked genome.
212 Multispecies coalescent models (Heled & Drummond 2010) can address ILS but require
213 intraspecific sampling for each species, whereas we only had one sequence for *C. abyssinica*
214 and all outgroup genera. Instead, we used BUCKy (Larget *et al.* 2010) to estimate the
215 Bayesian support for alternative topologies among different genes when analyzed in a
216 concatenated dataset. BUCKy makes no assumption about the reason for discordance among
217 gene trees but instead estimates the dominant history of sampled individuals and how much
218 of the genome supports each relationship, using Bayesian concordance analysis. Groups of
219 genes sharing the same tree are detected (while accounting for uncertainty in gene tree
220 estimates), and then combined to gain more resolution on their common tree (Ané *et al.*
221 2007; Larget *et al.* 2010). Using BUCKy with default settings ($\alpha = \text{infinity}$, allowing genes

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222 to evolve independently) showed that inclusion of *rpl32* in a concatenated cpDNA
223 *Platycodoneae* dataset was responsible for significant topological changes in the phylogeny
224 of *Canarina*, but that this was not the case with other incongruent markers such as *trnSG*,
225 which consistently grouped *C. eminii* with *C. canariensis*, and *C. abyssinica* as their sister
226 species (Table S3).

227 Non-coding intergenic spacer regions, such as *rpl32-trnL*, have become very popular
228 for solving relationships at low taxonomic levels because of their high sequence variability
229 (Shaw *et al.* 2007), but recent studies have pointed out that this variability is not necessarily
230 correlated with phylogenetic usefulness and can lead to higher levels of homoplasy
231 (Korotkova *et al.* 2011). To test whether higher levels of homoplasy and substitutional
232 saturation might explain topology differences among cpDNA genes, we plotted uncorrected
233 pairwise distances against maximum likelihood distances among sequences estimated in
234 PAUP* v4.0b10 (Swofford 2002), and looked for deviation from linearity in saturation plots
235 (Fig. S3). All plots showed a strong fit to a linear regression but *rpl32* showed slight levels
236 of saturation at the deepest divergences (Figure S3). Furthermore, a MrBayes analysis of a
237 cpDNA concatenate dataset of *Canarina* estimated gene-specific rate multiplier that were
238 four times higher in *rpl32* than in any other region (Table S3), while the total tree length was
239 two times higher in *rpl32* (TL=1.374) compared to other plastid markers (*trnSG*: TL=0.668;
240 *petBD*: TL=0.448, Table S3), suggesting faster higher mutation rates. These phenomena
241 were not observed in *trnV* or *trnSG*, which showed rate multipliers and tree-length estimates
242 similar to *petBD* (Table S3). Moreover, plastid *rpl32* also exhibited the largest proportion of
243 indels in relation to substitutions than any other marker (35.06%; Table 2).

244 Given this possible level of homoplasy, we decided to exclude *rpl32* from further
245 analyses. Additionally, we excluded *trnG2G* because of lack of variability (Figs. S1, S2),
246 and the 3'*trnV-ndhC* interspacer because it showed slight levels of saturation (Fig. S3) and

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247 we lacked sequences for all outgroup taxa except *Platycodon* (Figs. S1, S2); it has been
248 shown that outgroup composition can have a strong influence on the ingroup topology and
249 support values (Rothfels *et al.* 2012). On the other hand, we kept the *trnSG* gene in our
250 analyses because —although it supported the same species-topology as *rpl32*— it did not
251 show evidence of saturation or accelerated substitution rates like the latter marker (Table 1,
252 Fig. S3). Therefore, for the final analyses of the *Canarina* datasets, we concatenated the four
253 regions, *psbJ-petA*, *petB-petD*, *trnL-trnF* and *trnS-trnG* into a combined cpDNA matrix,
254 which was analyzed in conjunction with the nuclear ITS, since the latter marker supported
255 the same topology as the combined cpDNA dataset (see below) and no evidence of multiple
256 copies were found. The concatenated data matrix was analyzed under the GTR + G model,
257 partitioned by gene and allowing the overall mutation rate to differ among partitions using
258 the MrBayes command *prset rate = variable*.

259

260 *Divergence Time Estimation*

261 Lineage divergence times were estimated using the Bayesian relaxed-clock models
262 implemented in BEAST v.1.7 (Drummond & Rambaut 2007). Choice of model priors was
263 based on Bayes-Factor comparisons using the Path Sampling (PS) and Stepping Stone (SS)
264 sampling methods in BEAST, which have been shown to outperform the harmonic mean
265 estimator in terms of consistency and reduced variance (Baele *et al.* 2012). The Yule model
266 and the uncorrelated lognormal distribution (UCLD) were selected, respectively, as the tree
267 and clock model priors for all the analyses (Table S4). Two MCMC chains were run for 20
268 million generations, sampling every 1000th generation. We used Tracer v.1.6 (Rambaut *et al.*
269 2013) to monitor convergence and ESS values (> 200) for all parameters, and TreeAnnotator
270 v. 1.7 (Rambaut & Drummond 2013) to construct a maximum clade credibility tree from the
271 posterior distribution after discarding 10% samples as burnin.

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272 There are no known fossils of *Canarina*, so we relied on two approaches to estimate
273 lineage divergence times. First, we used a standard “secondary calibration approach” in
274 which a more inclusive, higher-level dataset is used to estimate divergence times within the
275 ingroup. We estimated divergence times among Platycodoneae genera using the cpDNA
276 dataset with a GTR + G model (we did not include ITS to avoid potential artifacts derived
277 from simultaneously dating plastid and nuclear genomes, which might have very different
278 divergence rates at this level, see Wolfe *et al.* 1987). We used a uniform prior for the
279 *ucl.d.mean* within values commonly observed in plant plastid markers ($10^{-4} - 10^{-1}$
280 substitutions/site/Ma, Wolfe *et al.* 1987), and a default exponential prior for the standard
281 deviation (SD). As calibration points, we used secondary age constraints drawn from the
282 fossil-rich, angiosperm-wide phylogenetic analysis of Bell *et al.* (2010). The split between
283 *Lobelia* and Campanulaceae was calibrated using a normal distribution spanning the
284 confidence interval in the aforementioned study (mean = 56 Ma, SD = 7.5, 95% high
285 posterior density (HPD) = 41–67 Ma), whereas the split between Campanuleae (*Campanula*)
286 and Platycodoneae was set to mean = 43 Ma (SD = 8, 95% HPD = 28–56 Ma). The ages
287 estimated in this analysis were used to calibrate two nodes in the *Canarina* dataset: the
288 divergence between *Cyclocodon* and *Ostrowskia* (mean = 20.83 Ma, SD = 6.0), and the
289 divergence between *Canarina* and *Ostrowskia* (mean = 13.7 Ma, SD = 3.5). The cpDNA +
290 ITS dataset were used for this analysis, since at this level differences in mutation rates are
291 minor. Although BEAST selected the UCLD prior (Table S4), Tracer revealed poor mixing
292 and low EES values for the *ucl.d.mean* and *ucl.d.stdev* parameters, which did not improve
293 after increasing the run length. We thus used the model with the next lowest marginal
294 likelihood, a Yule strict clock model, for the analysis. The mean clock rate was assigned a
295 broad uniform distribution prior ($10^{-6} - 10^{-1}$), with default prior settings for the rest of
296 parameters.

297 Heterogeneous molecular datasets spanning both species and population-level
298 sampling such as the *Canarina* dataset pose a set of problems in the estimation of lineage
299 divergence times. First, there is the need to apply just one tree prior to the entire phylogeny,
300 from the older deep-time branches to the younger infraspecific events towards the tips. A
301 stochastic branching prior like Yule is likely to overestimate the date of the most recent
302 divergence events, since for short time scales genetic divergence may precede species
303 divergence (Ho *et al.* 2011), and the opposite effect is expected for coalescent demographic
304 priors. Multispecies coalescent models such as those implemented in *BEAST (Heled &
305 Drummond 2010) can address this problem but require infraspecific sampling for each
306 species, whereas we only had one sequence for *C. abyssinica* and each outgroup genus.
307 Secondly, Ho *et al.* (2005) demonstrated that when deep-time calibration points are used in
308 heterogeneous species-population sampling schemes, extrapolation of molecular rates across
309 the species-population boundary might yield biased estimates of the rate of molecular
310 variation. In our case, the root and stem nodes in the *Canarina* dataset are both constrained
311 with deep-time calibration events (> 10 Ma). One consequence of this is the need to use “all-
312 encompassing” priors for the mean clock rate (e.g., Blanco-Pastor *et al.* 2013; Nolasco-Soto
313 *et al.* 2014) that accommodate the expected change as we move from the slow, long-term
314 substitution rates at the base of the tree (above-species level) to the rapid mutation rates
315 towards the tips (infraspecific sampling), which might result in uncertain time estimates with
316 broad confidence intervals.

317 To solve this problem, we used here a *nested-dating* partitioned approach —first
318 proposed by Pokorny *et al.* (2011)— in which a higher-level dataset calibrated with external
319 evidence (the *Platycodoneae* dataset) is used to constrain the molecular clock rate of
320 additional linked datasets containing population-level data. For this, we constructed two
321 datasets containing all accessions of ITS and plastid markers (*petBD*, *psbJ*, *trnLF*, and

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322 *trnSG*) for every sampled population within *Canarina eminii* ($n = 7$) and *C. canariensis* ($n =$
323 21). These two datasets were not constrained by any calibration point, but their molecular
324 clock was drawn from the mutation rate of the higher-level *Platycodoneae* partition, i.e., the
325 “clock model” was linked across partitions and assigned a UCLD prior. The “tree model”
326 was unlinked to accommodate the fact that not all markers and taxa were represented equally
327 across partitions, i.e., the *Platycodoneae* dataset included only data for the plastid markers
328 and one accession each within *C. canariensis* and *C. eminii*. This allowed us to assign a
329 branching Yule tree prior to the above-species level (*Platycodoneae*) partition and a
330 coalescent constant-size prior to the infraspecific *Canarina* partitions, the latter selected by
331 Bayes-Factor PS and SS comparisons.

332

333 *Ancestral Area Reconstruction*

334 The Bayesian discrete phylogeographic approach of Lemey *et al.* (2009), implemented
335 in BEAST v.1.7, was used to infer ancestral ranges and trace the history of migration events
336 across space and time in *Canarina*. This is a continuous-time Markov chain (CTMC) model
337 with the discrete states being the areas or geographic locations of the sequences and the
338 transition rates between states the migration rates between areas (Sanmartín *et al.* 2008).
339 Bayesian MCMC inference is used to estimate simultaneously the posterior distribution of
340 phylogenetic relationships, branch lengths, and geographic ancestral states, while accounting
341 for uncertainty in all of these parameters, including the estimation of ancestral frequencies
342 for the root (Lemey *et al.* 2009). Migration rates between areas and the geodispersal rate
343 scalar μ were modeled using default gamma prior distributions (Lemey *et al.* 2009). Two
344 replicate searches of 20 million generations each, sampling every 1000th generation, were
345 combined in TreeAnnotator, after removing the 10% burn-in, to produce a maximum clade
346 credibility (MCC) tree. Bayesian stochastic variable selection (BSVS, Lemey *et al.* 2009)

347 was used to infer the migration events that are best supported by the data. We run two
348 different analyses. To reconstruct the biogeographic history of the genus, we used the
349 *Canarina* dataset with identical settings to the “secondary calibration” dating analysis and
350 four discrete areas: East Asia, Central Asia, East Africa and Canary Islands. To reconstruct
351 phylogeographic patterns within *C. eminii* and *C. canariensis*, we used the population-level
352 datasets and a constant-size coalescent model, with the root node in each analysis calibrated
353 with the divergence time estimates obtained from the nested analysis, and a finer-scale
354 definition of areas (Fig. 1b). For *C. canariensis*, six discrete areas were defined
355 corresponding to the islands in the Canarian Archipelago where the species is present: Gran
356 Canaria (GC), La Gomera (GO), La Palma, and El Hierro (EH), and Tenerife, with the latter
357 divided into two areas: eastern Tenerife (TFE) and western Tenerife (TFW), following
358 previous phylogeographic studies pointing out to an east-west division within the island
359 (Juan *et al.* 2000). For *C. eminii*, we divided the montane regions of Eastern Africa
360 following the criterion of Gehrke & Linder (2014), except that we subdivided the Ethiopian
361 plateaus into northwest and southeast Ethiopia since several studies have shown
362 phylogeographic disjunctions across the Ethiopian Rift (e.g., Assefa *et al.* 2007; Wondimu *et*
363 *al.* 2014; Mairal *et al.* in review). In all, we have defined four areas, whose limits are shown
364 in Figure 1b: a) the Abyssinian plateau (the highlands located west of the Ethiopian Rift),
365 Harar plateau (highlands east of the Ethiopian Rift), Imatong-Usambara (scattered "sky-
366 islands" from South Sudan to Tanzania) and Kivu-Rwenzori (northern part of the Albertine
367 Rift). We also ran an additional analysis in which each plateau and sky island has been
368 considered as an independent region (areas = 5).

369

370 *Ecological Niche Modelling*

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371 To understand whether the wide geographic disjunct distribution in *Canarina* might have
372 been caused by environmental change, we constructed a species distribution model for the
373 genus, using extant occurrence data from two species at the western and eastern side of the
374 disjunction for which we had enough data. In all, we used 122 records: 67 for *C. canariensis*
375 and 54 for *C. eminii* (Table S5), covering the entire distributional range of these two species.
376 Data points were obtained from published monographs and inventories (Hedberg 1961;
377 Fernández-López 2014), online databases (www.jardincanario.org/flora-de-gran-canaria;
378 www.gbif.org, www.anthos.es), and data compiled through fieldtrips. Climatic data for
379 current conditions were obtained from WorldClim (www.worldclim.org; Hijmans *et al.*
380 2005). For past climate scenarios we used two global Hadley-Centre general circulation
381 models that incorporate the effect of changes in atmospheric CO₂ and that have been
382 previously used to represent major changes in global climate (Meseguer *et al.* 2014): a 280
383 ppm CO₂ Late Miocene simulation (Bradshaw *et al.* 2012) and a 560 ppm CO₂ Mid Pliocene
384 simulation (Beerling *et al.* 2009). Simulations were cropped to include only Africa and
385 surrounding areas. To model the distribution of *Canarina* we combined the available 122
386 occurrences with a set of six bioclimatic variables that could be estimated for past scenarios:
387 total annual precipitation, maximum and minimum monthly precipitation, annual mean
388 temperature, and maximum and minimum monthly temperature. We ran the analyses
389 considering two four-month periods that cover the two seasons with more accentuated
390 differences in precipitation: November to February and June to September, using as
391 geographic boundaries the grid included within 28°N to -10°S, for both paleoclimate and
392 present-day simulations. Pseudoabsences were generated by selecting 5000 random points
393 across an area that covers slightly further than the current latitudinal range of *Canarina*
394 (latitude 40°N-20°S; longitude 30°W-50°E). We used ensemble modeling (a procedure
395 integrating the results from multiple modeling techniques, Araújo & New, 2007) to generate

396 our predictions. Four modeling techniques —generalized linear models (GLM), generalized
397 additive models (GAM), general boosting method (GBM), and random forests (RF)— were
398 run and summarized using R packages *biomod2*, *foreign*, *raster*, *SDMTools*, *rms*, *gbm*, *gam*,
399 *rJava*, *dismo* and *randomForest* (references for R packages are given in the Supplementary
400 Text).

401

402 RESULTS

403 *Phylogenetic relationships and molecular dating*

404 Table 1 summarizes some statistics of the genomic regions studied. Figure 2 shows the
405 results of the Bayesian analysis of the *Platycodoneae* dataset. Most nodes received a clade
406 support (PP) > 0.95, and the phylogeny was congruent between plastid and nuclear markers
407 (Fig. 2a, b). *Ostrowskia* is recovered as the sister-group of *Canarina*, with *Cyclocodon* and
408 *Platycodon* diverging next. Genera *Cyananthus*, *Codonopsis*, and *Campanumoea* form the
409 sister-clade (Fig. 2a). Analysis of the *Canarina concatenated nuclear-plastid dataset* (Fig. 2c)
410 recovered a monophyletic *Canarina* (PP = 1.0), with *C. abyssinica* as sister to a clade
411 formed by *C. eminii* and *C. canariensis* with high support (PP = 1, ML BS = 80).
412 Geographically structured subclades were recovered within each species with varying levels
413 of support. In general, sequence variation among populations was higher in *C. eminii* than in
414 *C. canariensis* (Fig. 2c).

415 BEAST analysis of the *Platycodoneae* dataset resulted in a phylogeny (Fig. 3a) that
416 was congruent with the MrBayes MCC tree (Fig. 2). Divergence of *Campanuleae* and
417 *Platycodoneae* is dated in the Late Eocene (41.9 Ma, 95% HPD = 28.6–54.7, Table S6), with
418 the first divergence within the tribe dated as Oligocene 29.1 Ma (95% HPD = 18.2–42 Ma).
419 *Canarina* and *Ostrowskia* diverged in the Mid Miocene (13.8 Ma, 6.6–21.7), while the
420 crown-age of *Canarina* is dated as Late Miocene (8.2 Ma, 3.3–14.1). Within *Canarina*, the

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421 “standard” and “nested” BEAST approaches gave divergence time estimates with
422 overlapping confidence intervals (Fig. 3, Fig 4, Fig. S4, Table S6). Species divergences
423 (stem-ages) were dated in the Late Miocene (8.4–6.5 Ma), whereas crown-ages in *C. eminii*
424 and *C. canariensis* (the first population divergences) were dated much younger, in the Early-
425 Mid Pleistocene (1.76–0.76 Ma, Fig. 3, Fig. 4). Population ages were generally older in *C.*
426 *eminii* (1.76–1.28 Ma) than in *C. canariensis* (0.81–0.76) (Fig. S4, Table S6). The nested
427 approach (Fig. 4) resulted in generally younger age estimates for infraspecific events and
428 older ages for the basal, backbone nodes compared to the standard approach (Fig. 3b); for
429 example, the eastern subclade of *C. canariensis* is dated as 0.38 Ma (0.094–0.891) in the
430 nested tree and 0.59 Ma (0.23–1.05) in the non-nested tree, whereas the opposite pattern is
431 seen for the *Canarina-Ostrowskia* divergence (13.9 vs. 11.6 Ma) and the divergence between
432 *Ostrowskia* and *Cyclocodon* (20.9 vs. 14.1 Ma, Fig. 3, Fig. 4). There was also a difference in
433 the geographic structuring of the populations: the two populations in the Abyssinian Plateau
434 were grouped in a clade with Elgon and Rwenzori in the standard approach (Fig. 3b), but
435 placed in a separate clade in the nested approach, although the latter with weak support (Fig.
436 3b)

437

438 *Phylogeography and Colonization History*

439 Bayesian ancestral area reconstruction (Figure 5) supports an origin of *Canarina* in East
440 Africa, although there is considerable uncertainty due to the existence of long basal branches
441 and the different geographic origin of the two outgroups (PP = 0.58). A prior migration
442 event from East Asia to East Africa (PP = 0.41) is inferred along the branches separating
443 *Canarina* from the most closely related genera *Cyclocodon* and *Ostrowskia*, although
444 Central Asia is another possibility (PP = 0.22, Fig. 5a). The ancestral area of *C. eminii* is
445 reconstructed as East Africa (PP = 0.59), implying a migration event from East Africa along

446 the long-branch (7.9–1.0 Ma) leading to *C. canariensis* (Fig. 5a). Within each species,
447 several migration events are inferred (Fig. 5b-c). In *C. eminii*, the Imatong-Usambara is
448 inferred as the source area, although with low probability (PP=0.3). Considering plateaus
449 and each sky island as separate areas (Fig. S5) resulted in the Abyssinian Plateau being
450 inferred as the source area (PP=0.23), but marginal probabilities for ancestral areas were
451 generally much lower (i.e., there was higher uncertainty because of a lower ratio area/data).
452 In *C. canariensis*, colonization of East Tenerife is followed by an early separation between
453 eastern and western Teneriffean clades (0.8 Ma), and several events of inter-island
454 colonization to the east and west involving Tenerife. Migration from western Tenerife
455 (Teno, Adeje) to La Gomera and to La Palma was inferred within the western subclade, with
456 later migration from La Palma to El Hierro (Fig. 5c). Migration to the east from Tenerife
457 (Tope del Carnero) to Gran Canaria is inferred within the eastern subclade, though
458 colonization in the opposite direction is also possible. At least two other independent events
459 of back-colonization from Gran Canaria to Tenerife are inferred, involving the populations
460 of Badajoz, Ruiz, and Anaga (Fig. 5c). Constraining the dispersal rates according to
461 geographic distance resulted in a very similar reconstruction, except that Gran Canaria rather
462 than Tenerife was inferred as the ancestral area of the eastern clade of *C. canariensis*, albeit
463 with very low support (TFE = 0.288, GC = 0.290). The geodispersal rate scalar μ (number of
464 dispersal events per site per million year) was considerably higher in *C. canariensis* (3.6)
465 than in *C. eminii* (1.8).

466

467 *Ecological Niche Modelling*

468 Our climate niche projections predict that the geographical area with favorable climatic
469 conditions for *Canarina* experienced a reduction from the Late Miocene to the present
470 (Figure 6). A climatic “corridor” with suitable conditions can be observed in the Late

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471 Miocene projection, connecting east and western North Africa. This connection is
472 interrupted in the Mid-Pliocene simulation, which shows fragmentation into isolated pockets
473 of climatically favorable conditions. The inferred potential distribution for the present
474 largely coincides with the extant distribution, showing an extreme reduction in range at both
475 sides of the Sahara Desert.

476

477 DISCUSSION

478 *Secondary Calibration Versus Nested Dating Approach*

479 A standard problem in plant phylogenetic dating studies is the lack of fossil calibration
480 points. This is especially important in Rand Flora groups because of the limited number of
481 macrofossils known from North Africa and the Canary Islands (Whittaker *et al.* 2008, but
482 see Anderson *et al.* 2009). The most common solution to this problem has been to use a
483 secondary calibration approach, in which age constraints derived from the analysis of a
484 higher-level phylogeny including the group of interest (e.g., the Platycodoneae dataset),
485 itself calibrated with the fossil record or with other external evidence (e.g., Bell *et al.* 2010's
486 analysis), is used to provide calibration points for the dating of a less inclusive dataset,
487 e.g., the *Canarina* dataset. This often translates into a loss of precision in the age estimates
488 due to the need to use an uninformative, broad mean rate prior. Second, if the dataset used to
489 estimate lineage divergence times spans both inter- and infraspecific divergences, this might
490 result in biased age estimates; for example, when the phylogeny combines a dense
491 population sampling for one species on one hand, embedded within a tree in which the rest
492 of taxa, at species or above-species level, are represented by one sequence each, on the other
493 (Nolasco-Soto *et al.* 2014). The change in the model of molecular evolution as we move
494 from phylogenetic substitution rates at interspecific relationships to the coalescent dynamics
495 characteristic of infraspecific evolution might overestimate the age of the most recent events,

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496 due to the time dependency in molecular rates and to the fact that gene coalescent events
497 often precede species divergences at the population level (Ho *et al.* 2005, 2011). This is
498 especially problematic if deep time calibration points are used to date the basal nodes that
499 require the inclusion of distantly related outgroup taxa.

500 To reconcile deep calibration and species demographic history, Ho *et al.* (2008)
501 proposed an approach in which independent demographic (coalescent) priors were applied to
502 each species, while the basal nodes connecting the clades in the tree are modeled according
503 to a stochastic branching tree prior. The approach followed here, based on Pokorny *et al.*
504 (2011), is slightly different since we do not have intraspecific sampling for all taxa in the
505 phylogeny (e.g., the outgroup taxa are represented by one sequence each). Instead, we used
506 different partitions, sharing some of the taxa and markers, in which the “calibrated” higher-
507 level partition informs the molecular clock from which the molecular rates of the lower-level
508 partitions are drawn from. Our approach is also different to the “multispecies coalescent”
509 model in *BEAST (Heled & Drummond 2010) because the latter focuses on co-estimating a
510 species tree from multiple gene trees across closely related species, while accounting for
511 coalescent-based phenomena that might cause discrepancy between species and gene trees,
512 such as ILS. Heled and Drummond (2010)'s approach requires intraspecies sampling for
513 each species (3-9 gene copies per lineage) in order to accurately estimate population
514 parameters like effective population sizes (McCormack *et al.* 2010). In our analysis, only
515 two species include population-level data (*C. canariensis*, *C. eminii*); *C. abyssinica* and the
516 outgroup taxa do not. Also, ongoing gene flow is unlikely to be a problem for the deepest
517 divergences in our phylogeny, such as the splits between *Canarina* and its closest relatives
518 and between the outgroup taxa. The discussion below focuses on the results from this nested-
519 dating analysis.

520

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521 *Early Evolutionary history of Canarina*


522 Our phylogeny for Platycodoneae is congruent with previous studies, supporting a
523 close relationship of *Platycodon*, and *Cyclocodon* with *Canarina* (the “Platycodon clade”,
524 Wang *et al.* 2013) and confirming the monotypic genus *Ostrowskia* as the sister-group of
525 *Canarina* (Mansion *et al.* 2012). The origin of Platycodoneae is dated around the Late
526 Eocene-Early Oligocene (29 Ma) in agreement with Roquet *et al.* (2009). *Canarina* is unique
527 within Platycodoneae because of its African distribution. Our time estimates for the
528 divergence with the Central Asian *Ostrowskia* (14–11 Ma) suggest that *Canarina*'s ancestors
529 could have taken advantage of the collision of the Arabian Plate with Eurasia (c. 16 Ma,
530 Sanmartín 2003; see Allen & Amström 2008 for an earlier date) to migrate into Eastern
531 Africa from Central-West Asia. This migration could also have been favored by the uplift of
532 the Red Sea margins (c. 14-13 Ma, Goudie 2005) and a dramatic change in climatic
533 conditions around this period. Starting in the Mid Miocene, a progressive aridification of the
534 African continent – resulting from both global tectonic changes (e.g., the closing of the
535 Tethys Seaway) and the uplift of Eastern Africa (Trauth *et al.* 2009)— led to the gradual
536 replacement of lowland rainforests by woodland savannah in the central and northern Sahara
537 and in parts of South Africa, and later expansion of grasslands and open steppe habitats in
538 southwest Asia and Eastern Africa (Bonnefille *et al.* 1990; Coetzee 1993; Maley 1996; Plana
539 2004; Senut *et al.* 2009). It has been suggested that this created a dispersal route that was
540 used by other non-tropical plant lineages – usually with adaptations to more continental
541 conditions – to migrate from West Asia into Africa (Fiz *et al.* 2008; Popp *et al.* 2008;
542 Roquet *et al.* 2009; Barres *et al.* 2013; Meseguer *et al.* 2013). A similar hypothesis has been
543 argued for several East African "sky-island" species, which could have used the Arabian
544 mountains as “stepping-stones” to reach East Africa (Assefa *et al.* 2007; Popp *et al.* 2008).
545 Dispersal from Central-West Asia to Eastern Africa is also supported by the fact that the

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546 fruits of the sister-genus of *Canarina*, *Ostrowskia*, are spherical capsules, which when dry
547 are able to release multiple small slight seeds that can be easily dispersed by wind (Kamelina
548 & Zhinkina 1998, Zhaparova 1996). The subsequent isolation of *Canarina* from its Asian
549 ancestors could have been reinforced by the absence of post-Miocene Red Sea land bridges
550 (Fernandes *et al.* 2006) and a global increase in aridification around 8–6 Ma, coincident with
551 a new period of tectonic activity in Eastern Africa and the expansion of grasslands in the
552 Horn of Africa (Cerling *et al.* 1997; Sepulchre *et al.* 2006). This event could also account for
553 the divergence of *Canarina abyssinica* from the ancestor of *C. eminii* and *C. canariensis*,
554 which is estimated around this time in our analysis (8–7 Ma). *Canarina eminii* is commonly
555 associated to well-preserved closed forests, while *C. abyssinica* occurs in open upland
556 forests, so it is possible that habitat specialization driven by Late Miocene climate
557 aridification explains the divergence between these two species.

558 An alternative topology, showing *C. eminii* and *C. abyssinica* as sister-species to *C.*
559 *canariensis*, was supported by chloroplast markers such as *rpl32* and *3'trnV-ndhC*.
560 Although incongruence among genes might be attributed to several biological phenomena, in
561 the case of *rpl32* it is likely that homoplasy related to higher levels of molecular variation
562 (i.e., saturation at deep phylogenetic levels) and difficulties in alignment due to a high
563 indel/substitution ratio (Table S3), had misled the phylogenetic analysis. For *3'trnV-ndhC*,
564 the lack of a closely related outgroup could be the explanation, since when this marker is
565 included in a concatenated cpDNA dataset rooted with *Ostrowskia*, we recovered the "right"
566 topology grouping *C. eminii* and *C. canariensis* with relatively high support (PP = 0.98, ML
567 = 77; Fig. S6). In contrast, chloroplast intron regions like the *petD* II intron possess
568 characteristics, such as high phylogenetic signal per informative character and a well-known
569 secondary structure and molecular evolution, that make them an ideal choice for solving
570 phylogenetic relationships at species level in Campanulaceae (Borsch *et al.* 2009; Mansion

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571 *et al.* 2012). This was also the marker for which we have sequences for all outgroup taxa.
572 Moreover *petBD* was, after ITS, the marker showing in our analyses the lowest levels of
573 substitutional saturation and the largest number of potentially informative characters — 
574 number of mutations per sequenced nucleotide (Korotkova *et al.* 2011) —. Therefore,
575 although we recognize that inclusion of additional plastid and nuclear markers is desirable,
576 we believe that the topology grouping *C. eminii* with *C. canariensis* as sister to *C.*
577 *abyssinica*, accurately reflects the evolutionary relationships among the species.

578

579 *Long-Distance Dispersal versus Vicariance and climate-driven extinction*

580 The vicariance-refugium hypothesis posits that the Rand Flora pattern was formed by
581 the fragmentation of a once continuous flora by aridification events, leaving relicts at the
582 eastern and western sides of the geographic disjunction. In *Canarina*, this hypothesis would
583 predict a pattern of "reciprocal monophyly" between the disjunct taxa, with Eastern Africa
584 and Canarian taxa recovered as sister groups (Couvreur *et al.* 2008; Thiv *et al.* 2010), and an
585 age for the disjunction that must predate the barrier that caused the range division, i.e., the
586 origin of the present Sahara Desert. Conversely, the long-distance dispersal (LDD)
587 hypothesis, implies the expectation that the taxa at one extreme of the disjunction (i.e., the
588 Canarian endemic) would be embedded within a clade formed by taxa from the other side
589 (i.e., an Eastern African clade), and that the disjunction should clearly postdate the formation
590 of the barrier.

591 At first, the pattern found here, with *C. canariensis* nested within a clade of two East
592 African endemics, agrees better with the LDD hypothesis. *Canarina* species are
593 characterized by the presence of fleshy fruits, with passerine bird- and lizard-mediated
594 zoochory reported for *C. canariensis* (Rodríguez *et al.* 2008). A dispersal event across the
595 7000 km of the Sahara probably requires other dispersal vectors, such as long-distance

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596 migratory birds. For example, Popp *et al.* (2011) argued that a recent (Holocene) single long-
597 distance dispersal by a bird could explain the extreme bipolar distribution of crowberries
598 (*Empetrum*), and similar LDD explanations have been proposed to explain wide range
599 disjunctions between South Africa and North Africa/Canary Islands in *Senecio* (Coleman *et*
600 *al.* 2003; Pelser *et al.* 2012). Nevertheless, the long temporal gap separating *C. canariensis*
601 and *C. eminii*, with a stem-age predating the formation of the Sahara, c. 6 Ma, would also
602 allow for agrees better with a climate-driven vicariance explanation. Interestingly, the
603 alternative topology recovered by *rpl32*, grouping *C. eminii* and *C. abyssinica* as sister to *C.*
604 *canariensis*, would actually reinforce the vicariance explanation, since the divergence
605 between *C. canariensis* and the East African endemics would probably be dated even earlier
606 (> 8-7 Ma), considerably predating the age of origin of the Sahara.

607 What could be the cause behind this vicariance (allopatric) event? Paleontological
608 reconstructions show a wetter North Africa at least until the Late Miocene (Griffin 2002),
609 which became increasingly more arid as a result of successive aridification events related to
610 a variety of factors, including the opening of the Drake Passage, the closing of the Tethys
611 Seaway, and the uplift of Eastern Africa (Sepulchre *et al.* 2006; Trauth *et al.* 2009). The first
612 recorded signs of aridification in the Sahara date back to the end of the Miocene, ca. 7–6 Ma
613 ago (Senut *et al.* 2009), which is roughly in agreement with the split between *C. eminii* and
614 *C. canariensis* (6.5 Ma). Nevertheless, the rapid alternation of arid and humid periods
615 starting in the Miocene-Pliocene boundary (Trauth *et al.* 2009; (Micheels *et al.* 2009) might
616 have allowed repeated events of isolation and reconnection across both sides of the Sahara
617 (Désamoré *et al.* 2011). We do not have evidence of any of these recent events of
618 reconnection in the phylogeny of *Canarina*. Instead, the 6.4 Ma divergence estimated here
619 between the Canarian and East African endemics is roughly in agreement with the age

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620 estimated for the disjunction of other Rand Flora lineages, e.g, *Campylanthus* (Thiv *et al.*
621 2010) or *Plocama* (Pokorny *et al.* in review).

622 In addition, our ecological niche models and paleoclimate projections support the
623 hypothesis of a more widespread distribution of *Canarina* across north-central Africa in the
624 past, which became fragmented by climate change. They show a more or less continuous
625 “climatic corridor” across North Africa during the Late Miocene period, which became
626 interrupted during the more arid Mid-Pliocene period. The latter shows the presence of
627 isolated patches of climatic suitability (Fig. 6), which could have acted as potential
628 “stepping-stones” for dispersal across the Sahara, or as climatic refugia once aridification
629 started. Worsening climate conditions, with increasing aridity at the Plio-Pleistocene
630 boundary (Senut *et al.* 2009), might have caused the extinction of intermediate populations
631 across central North Africa, leaving the current species as the only remnants (relicts) of a
632 past widespread distribution. Similar scenarios have been hypothesized in other Rand Flora
633 lineages for which supporting fossil evidence exists, such as *Dracaena* (Denk *et al.* 2014).
634 Whether *Canarina* was ever continuously distributed across North Africa, with uninterrupted
635 gene flow between both extremes of the disjunction, or if, alternatively, the pattern is the
636 result of gradual range expansion, westwards across the Sahara, is difficult to discern with
637 the current evidence. The vicariance hypothesis, for example, predicts also range expansion
638 across the Sahara prior to the allopatric (vicariant) event. Interestingly, the lower levels of
639 genetic diversity found in *C. canariensis* compared to the East African *C. eminii* agree with a
640 more recent dispersal event, perhaps from a now extinct and geographically closer, North
641 African (Moroccan) population. What our evidence does suggest is that *Canarina* could have
642 a wider distribution across north central Africa in the past and that there has been a long
643 history of isolation between the two extremes of the disjunction. The long stem between the
644 stem-divergence of *C. canariensis* and the start of infraspecies (population) divergence can

645 be interpreted as evidence of extinction of the intermediate populations (Antonelli &
646 Sanmartín 2011). Alternatively, it could be understood as the result of strong purifying
647 selection with little population differentiation —driven perhaps by climatic change — and,
648 followed by a recent demographic expansion. We favor extinction over purifying selection
649 because the latter is expected to affect one gene but not to produce congruent patterns across
650 genes (Williamson & Orive 2002). Although population-level studies are needed to test this
651 hypothesis, an interesting corollary of our study is that the age of divergence of an island
652 endemic from its continental sister-species is not necessarily equivalent to the age of
653 colonization of the island as it is often assumed in island studies (Kim *et al.* 2008),
654 especially if extinction has been high in the continent.

655

656 *Geographic Oceanic Islands Versus "Ecological" Mountain Islands*

657 *Canarina*, with its distribution in true oceanic islands and mountain “sky-islands”,
658 offers an interesting comparison on the role of geographic versus ecological barriers in
659 structuring plant genetic variation. It is well known that oceanic islands are able to cope with
660 large climatic changes better than continental landmasses because of the tempering effect
661 created by the ocean to which they are exposed. The sky-islands of the Afromontane regions
662 in East Africa (i.e., high plateaus and mountains in Ethiopia and subtropical East Africa)
663 probably acted in a similar way, allowing species and communities to migrate altitudinally
664 and thus avoid the thermal and hydric stress produced by aridification episodes (Fjeldså and
665 Lovett 1997). Paleobotanical and phylogeographical evidence suggest that the slopes of
666 these montane regions were covered by forests until recently (Bonnetille *et al.* 1990; Kuper
667 & Kropelin, 2006). During the glacial arid periods of the Late Pliocene and Pleistocene,
668 these forests probably became separated, and later reconnected during the humid, warmer
669 interglacial periods (Coetzee 1964; Maley 1996; Kebede *et al.* 2007; Popp *et al.* 2008). In

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670 more recent times, land use and deforestation might have contributed to further isolation of
671 these forest patches (EFAP 1994; FAO 2001). The relatively old intraspecific divergences
672 estimated here for *C. eminii*, ranging from 700,000 years between Elgon and Rwenzori to a
673 few thousand years between Gifita and Dembecha (Fig. 4), suggest that population
674 divergence in this montane species was more likely driven by Pleistocene climatic events
675 than by forest fragmentation after the expansion of agriculture. Moreover, our results support
676 other phylogeographic studies in Afromontane taxa (Knox & Palmer 1998; Kebede *et al.*
677 2007; Mairal *et al.* in review) that pointed to the Ethiopian Rift Valley as an important
678 geographic barrier, segregating populations to the east and west of this barrier. In contrast,
679 the fact that the eastern subclade in *C. eminii* (0.4 Ma, PP = 1) groups together populations
680 as far away as Hareenna Forest and Yirga, in southern Ethiopia, and the Aberdare Range, in
681 Kenya, suggests that the eastern range of the Rift has been less isolated than the west,
682 probably due to the existence of better connections between forest patches on this side of
683 Rift (Coetzee 1964; Hedberg 1969; Kebede 2007).

684 **The oldest extant Canary Islands emerged ca. 20 Ma** (Fernández-Palacios *et al.* 2011),
685 but our time estimates place population divergence in *C. canariensis* within the last 800,000
686 years, considerably younger than in *C. eminii*. The first recovered divergence event is one of
687 within-island segregation between East and West Tenerife. This pattern has been reported in
688 other endemic organisms (Juan *et al.* 2000) and attributed to the geological origin of
689 Tenerife, which **resulted from the** merging of three paleoislands c.a. 1 Ma ago (Ancochea *et*
690 *al.* 1990). Subsequent events, such as a central eruptive episode ca. 0.8 Ma and giant
691 landslides on the northern flank of Tenerife (Krastel *et al.* 2001), might have later prevented
692 reconnections between east and west *C. canariensis* populations. Inter-island dispersal
693 events from Tenerife to the east and west are also reconstructed, in agreement with the role
694 of the central islands as a source of migration within the archipelago (Sanmartín *et al.* 2008),

695 but these are all dated after the divergence within Tenerife, indicating that **probably within-**
696 **island** catastrophic/geological events have been a more important barrier to dispersal for *C.*
697 *canariensis* populations than the ocean waters separating the islands.

698

699 CONCLUSIONS

700 Continental-scale disjunct distribution patterns, such as the Rand Flora, are especially
701 interesting in the context of the present biodiversity crisis because they are often attributed to
702 climate-driven extinction that would have extirpated a once continuous biota from part of its
703 distributional range (Axelrod & Raven, 1978; Crisp & Cook 2007). Here, we show that in
704 the case of genus *Canarina*, this disjunction predates the origin of the Sahara, and might be
705 explained by climate-driven vicariance and extinction. The potential ancient age of within-
706 continent disjunctions (Crisp & Cook 2007) implies that we often do not have fossil taxa
707 close to the group of interest. We benefit here from a nested dating approach that
708 implements two different tree models (birthdeath vs. coalescent) for simultaneous
709 phylogenetic analysis of data at different levels of organization. Our study emphasizes the
710 importance of climate-driven extinction in the assembly of regional biodiversity patterns, in
711 particular in the context of the ongoing aridification of the Mediterranean Basin.

712

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1041 DATA ACCESSIBILITY.

- 1042 **DNA sequences: Genbank accessions KP761423 to KP761687**
 1043 **GenBank accessions, sampling locations and/or online-only appendices uploaded as online**
 1044 **supplemental material**
 1045 **Original script input file used to perform the nested BEAST approach: Dryad doi:**
 1046 **10.5061/dryad.5jc73.**
 1047 **NEXUS files for the single and concatenated dataset: Dryad doi:10.5061/dryad.5jc73.**

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1050 AUTHOR CONTRIBUTIONS

1051 I.S. and M.M. designed the study. M.M., M.A., and J.J. gathered the data. M.M., L.P. and

1052 I.S. analyzed the data. M.M. and I.S. wrote the paper with help from L.P.

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1053 **Table 1.** Summary statistics of the chloroplast and nuclear regions analyzed here for the
 1054 *Canarina* dataset (no outgroups). Fragment length is given in base pairs (bp); alignment
 1055 length includes the indels.

	<i>rpl32-trnL</i>	<i>3'trnV-ndhC</i>	<i>psbJ-petA</i>	<i>petB-petD</i>	<i>TrnL-trnF</i>	<i>TrnS-trnG</i>	<i>trnG intron</i>	ITS
Fragment length	581–647	756–855	822–840	753–798	683–918	666–688	661–676	604–734
Alignment length	647	855	841	808	933	690	677	734
Constant sites	590	822	814	766	902	666	666	648
Variable sites	57	33	27	42	31	24	11	86
Indel (%)	35.06%	–	20.13%	11.2%	8.13%	6.98%	–	10.28%

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Figure Captions

Figure 1. a) Worldwide distribution of tribe Platycodoneae (Campanulaceae), showing the geographic disjunction between the single African genus (*Canarina*) and the remaining members of the tribe, which are endemic to the mountains of Asia. b) Geographic distribution of the three species of *Canarina*; the distribution of the East African species, *C. eminii* and *C. abyssinica* has been modified from Hedberg (1961). Numbers correspond to the sampled populations, with codes given in Table S1. Maps have been modified from GeoMapApp (Ryan *et al.* 2009; www.geoMapApp.org).

Figure 2. Bayesian Majority-Rule consensus trees obtained by MrBayes from the: a) the Platycodoneae concatenated chloroplast dataset (*psbJ-petA*, *trnL-trnF*, *petB-petD*); b) the Platycodoneae nuclear ribosomal (ITS) dataset; c) the *Canarina* concatenated chloroplast and nuclear dataset (ITS, *psbJ-petA*, *trnL-trnF*, *petB-petD*, *trnS-trnG*). Numbers above branches indicate Bayesian credibility values (PP); numbers below branches indicate maximum likelihood bootstrap support values. Codes for *Canarina* populations correspond to those shown in Table S1.

Figure 3. MCC tree with 95% HPD confidence intervals for main phylogenetic relationships and lineage divergence times obtained in BEAST (stars indicate constrained nodes) for the: a) Platycodoneae dataset (*psbJ-petA*, *trnL-trnF*, *petB-petD*). b) *Canarina* dataset (*psbJ-petA*, *trnL-trnF*, *petB-petD*, *trnS-trnG*, ITS).

Figure 4. Nested analyses of all three linked datasets: Platycodoneae (left) and *C. eminii* and *C. canariensis* (right) (see text for more details). Numbers above branches indicate mean ages and numbers below branches indicate Bayesian PP. Codes for *Canarina* populations correspond to those shown in Table S1. Mean ages and confidence intervals of all analyses are indicated in Fig. S4 and Table S6.

Figure 5. Results from the BEAST Bayesian ancestral range reconstruction (Lemey *et al.* 2009). Colored branch lengths (see legend) represent for each lineage the ancestral range with the highest posterior probability. Pie charts at nodes represent uncertainty in the estimation, with black colour representing ancestral areas receiving less than 0.1 posterior probabilities. a) MCC tree from the analysis of the *Canarina* dataset (standard secondary calibration approach; stem age highlighted inside a square and crown ages highlighted inside circles). b) MCC tree of the *C. eminii* population-level dataset (nested dating approach). c) MCC tree of the *C. canariensis* population-level dataset (nested dating approach). Numbers above branches indicate mean ages and numbers below branches indicate Bayesian PP. Lines in maps represent migration events that receive significant support from the data, as recovered by the BSVS procedure. Color intensity and thickness of these lines proportional to relative strength (the thicker the line the higher the dispersal rate) and support (the more intense the color the stronger the support: purple > yellow > white). Maps have been modified from satellite pictures in Google Earth.

Figure 6. Geographic projections of the climatic niche model of *Canarina* over three different time periods: present, Mid Pliocene and Late Miocene. Blue circles indicate extant occurrences and represent the entire current distribution. Soft yellow-colored regions indicate low climatic suitability values; conversely, dark red indicate high suitability areas.

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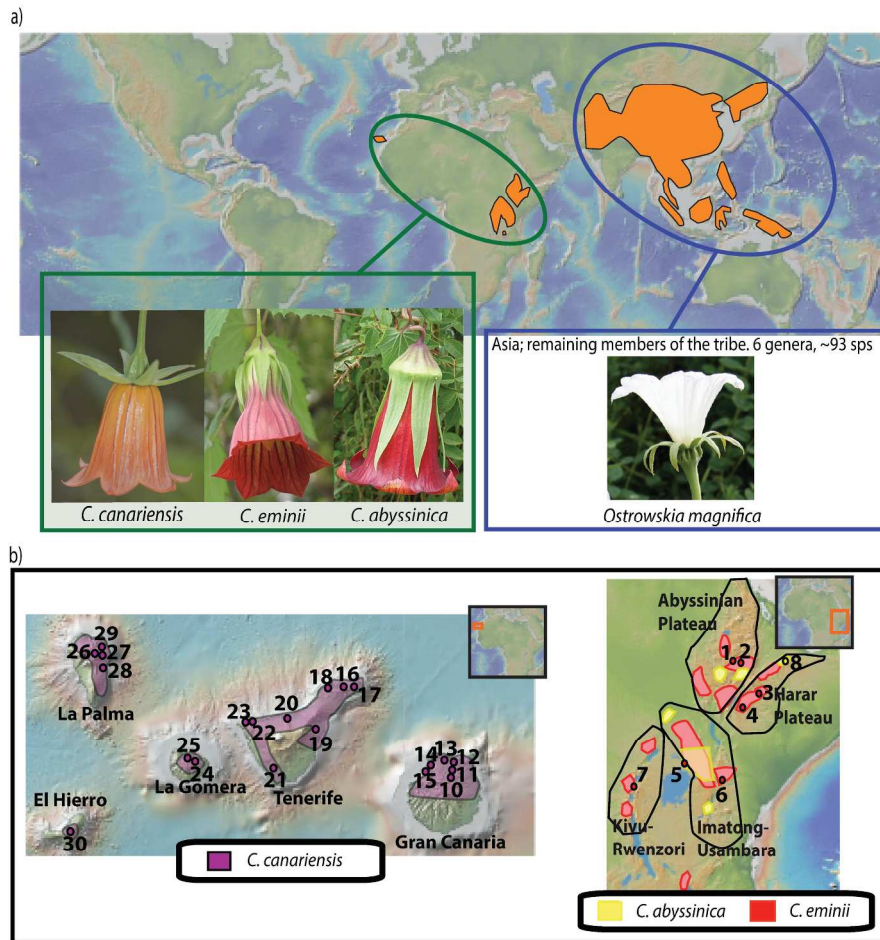
SUPPORTING INFORMATION

Additional supporting information (Supplementary Text) may be found in the online version of this article.

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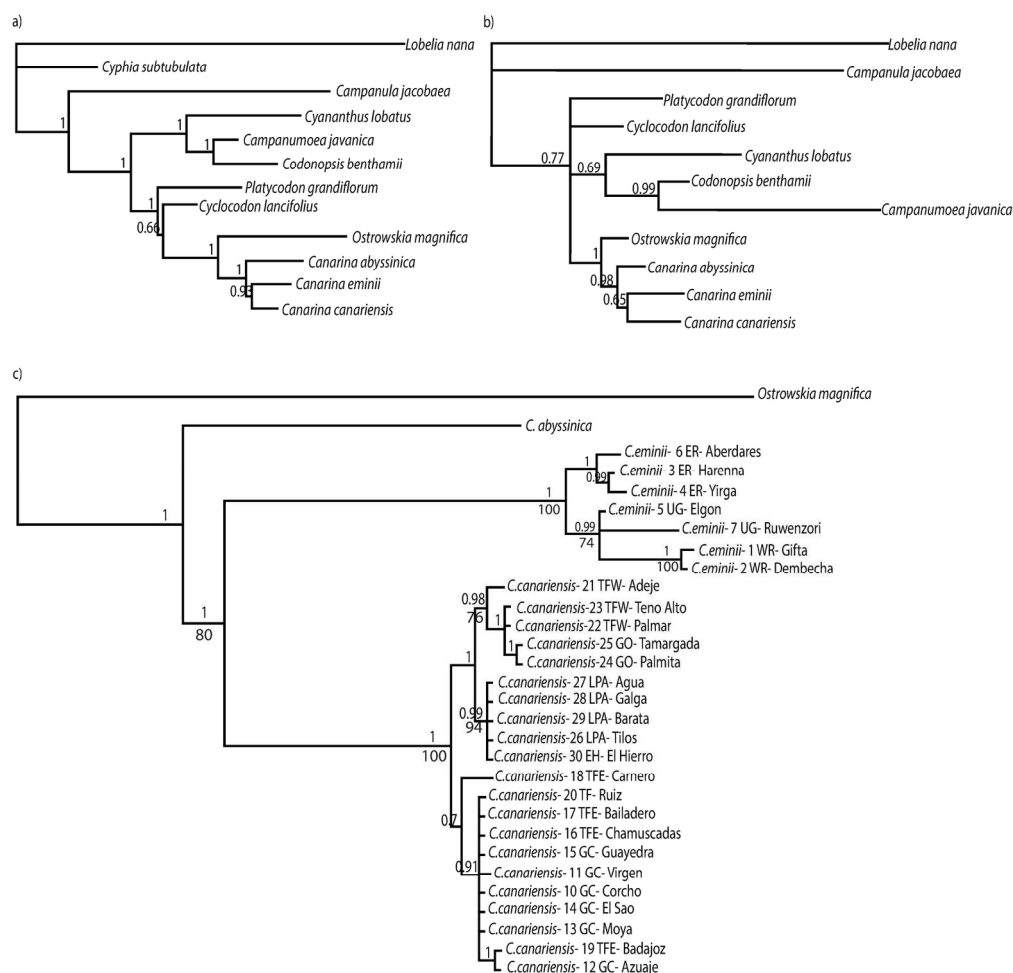
Figure 1



a) Worldwide distribution of tribe Platycodoneae (Campanulaceae), showing the geographic disjunction between the single African genus (*Canarina*) and the remaining members of the tribe, which are endemic to the mountains of Asia. b) Geographic distribution of the three species of *Canarina*; the distribution of the East African species, *C. eminii* and *C. abyssinica* has been modified from Hedberg (1961). Numbers correspond to the sampled populations, with codes given in Table S1. Maps have been modified from GeoMapApp (Ryan et al. 2009; www.geoMapApp.org).
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Figure 2

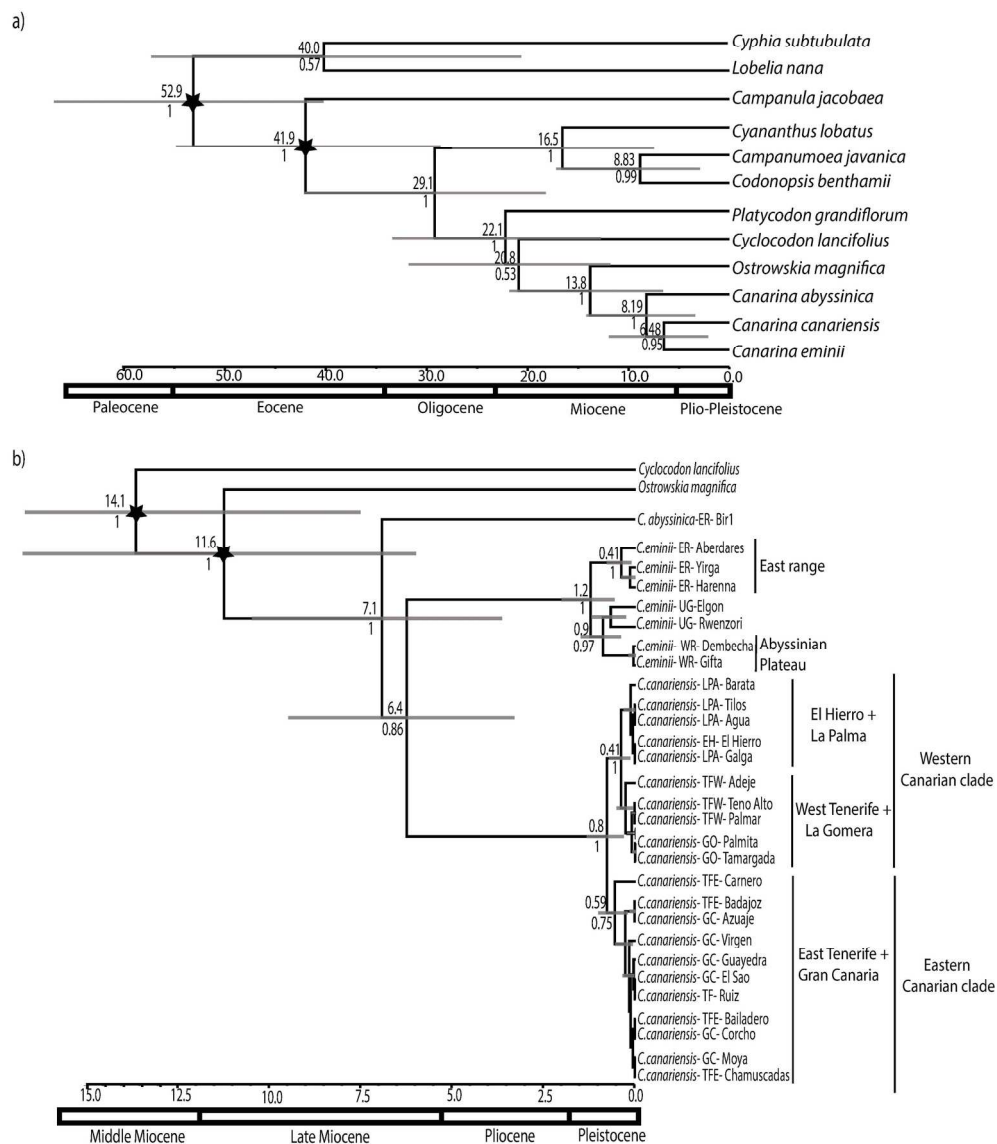


Bayesian Majority-Rule consensus trees obtained by MrBayes from the: a) the Platycodoneae concatenated chloroplast dataset (psbJ-petA, trnL-trnF, petB-petD); b) the Platycodoneae nuclear ribosomal (ITS) dataset; c) the Canarina concatenated chloroplast and nuclear dataset (ITS, psbJ-petA, trnL-trnF, petB-petD, trnS-trnG). Numbers above branches indicate Bayesian credibility values (PP); numbers below branches indicate maximum likelihood bootstrap support values. Codes for Canarina populations correspond to those shown in Table S1.

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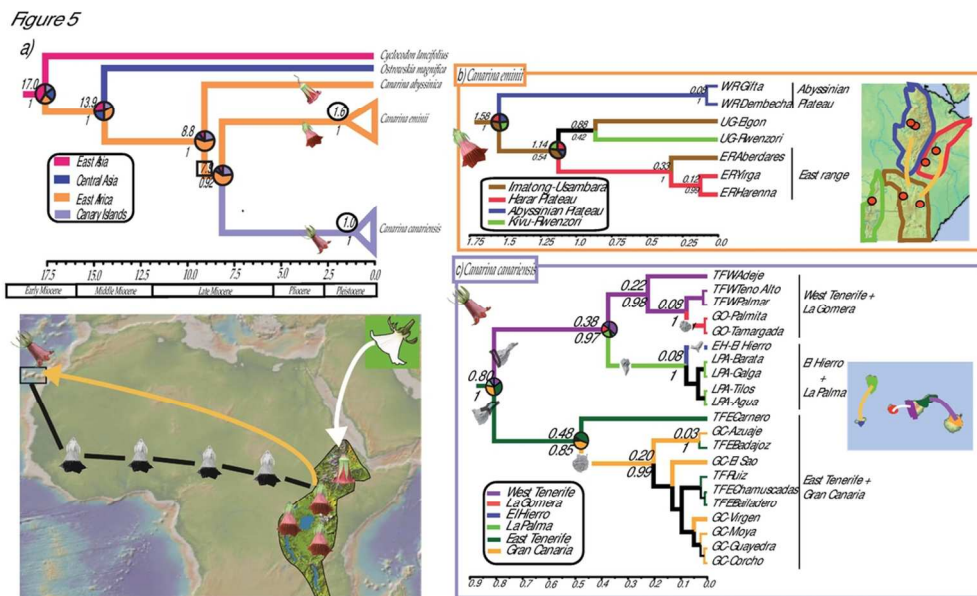
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Figure 3



MCC tree with 95% HPD confidence intervals for main phylogenetic relationships and lineage divergence times obtained in BEAST (stars indicate constrained nodes) for the: A) Platycodoneae dataset (psbJ-petA, trnL-trnF, petB-petD). B) *Canarina* dataset (psbJ-petA, trnL-trnF, petB-petD, trnS-trnG, ITS).
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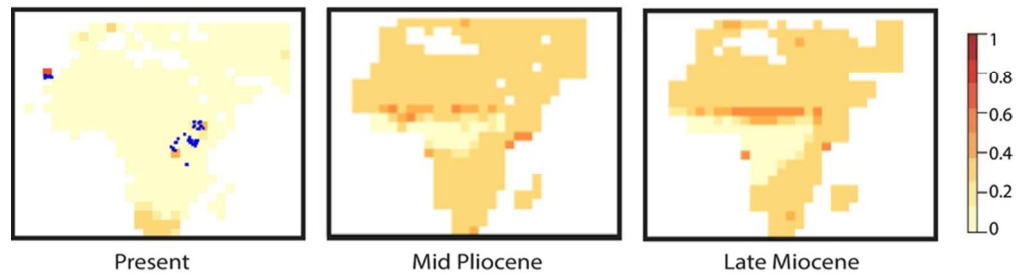
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Results from the BEAST Bayesian ancestral range reconstruction (Lemey et al. 2009). Colored branch lengths (see legend) represent for each lineage the ancestral range with the highest posterior probability. Pie charts at nodes represent uncertainty in the estimation, with black colour representing ancestral areas receiving less than 0.1 posterior probabilities. a) MCC tree from the analysis of the Canarina dataset (standard secondary calibration approach; stem age highlighted inside a square and crown ages highlighted inside circles). b) MCC tree of the *C. eminii* population-level dataset (nested dating approach). c) MCC tree of the *C. canariensis* population-level dataset (nested dating approach). Numbers above branches indicate mean ages and numbers below branches indicate Bayesian PP. Lines in maps represent migration events that receive significant support from the data, as recovered by the BSVS procedure. Color intensity and thickness of these lines proportional to relative strength (the thicker the line the higher the dispersal rate) and support (the more intense the color the stronger the support: purple > yellow > white). Maps have been modified from satellite pictures in Google Earth.
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Figure 6



Geographic projections of the climatic niche model of *Canarina* over three different time periods: present, Mid Pliocene and Late Miocene. Blue circles indicate extant occurrences and represent the entire current distribution. Soft yellow-colored regions indicate low climatic suitability values; conversely, dark red indicate high suitability areas.

74x22mm (300 x 300 DPI)

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