

# **Formation of oxidation products in edible vegetable oils analyzed as FAME derivatives by HPLC-UV-ELSD**

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1 **Abstract**

2 Formation of lipid oxidation products was evaluated in dietary vegetable oils by using a  
3 novel analytical approach that consisted of derivatization of TAG into FAME and  
4 HPLC analysis with two detectors in series, UV and evaporative light scattering  
5 detector (ELSD). Three sunflower oils with different contents of oleic and linoleic  
6 acids, i.e. high-linoleic (HLSO), high-oleic (HOSO) and high-stearic high-oleic  
7 (HSHOSO), and two oils containing linolenic acid, soybean (SbO) and rapeseed (RO)  
8 oils, were heated at 40°C and analyzed up to the exhaustion of total tocopherols. Results  
9 showed that oxidation products of linoleate were predominant in all cases, whereas no  
10 significant formation of oleate oxidation products was observed in the five oils in the  
11 presence of substantial contents of the tocopherols naturally occurring. Formation of  
12 oleate hydroperoxides and monoepoxystearates derived from oleic acid was only  
13 detected when tocopherols were exhausted in the monounsaturated oils, *i.e.*, HOSO,  
14 HSHOSO and RO. The analysis of the main oxidation products of linoleate by the  
15 method applied proved to be a good analytical approach to evaluate the global oxidation  
16 extent of oils containing oleic and linoleic acids as the only oxidizable substrates. The  
17 method used enabled the quantitative determination of the simple hydroperoxydienes of  
18 linoleate and linolenate as a whole. Results suggested occurrence of hydroperoxy  
19 compounds other than those determined by the method in the oils containing linolenic  
20 acid, showing the low stability of simple hydroperoxydienes and their participation in  
21 further reactions.

22 **Key-words:** Hydroperoxides; hydroperoxydienes; autoxidation; FAME; ELSD

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## 24 **1. Introduction**

25 Autoxidation of food lipids generates a variety of products that impair the food flavor  
26 and may even be involved in chronic and degenerative diseases (Kanazawa, Sawa,  
27 Akaike, & Maeda, 2002). Unfortunately, the actual contribution of oxidized lipids  
28 coming from diet to diseases is at present unknown because their contents have not yet  
29 been defined and therefore it is not known whether they are sufficient to cause  
30 detrimental nutritional effects (Dobarganes and Márquez-Ruiz, 2003).

31 The qualitative analysis of the main oxidation products of the common dietary  
32 unsaturated fatty acids has been established using model lipid systems (Frankel, 2005).  
33 On the other hand, studies dealing with quantitative analysis in foods are scarce. The  
34 principal limitations of the quantitative determination are due to a large number of  
35 compounds formed from numerous triacylglycerols (TAG), their low contents as  
36 individual species and their relatively low stability.

37 In a recent report, we have proposed a method of quantitative analysis for the main  
38 oxidation products of linoleic acid, *i.e.* hydroperoxy-, keto- and hydroxy- dienes, in oils  
39 by using a derivatization step to transform the TAG molecules into fatty acid methyl  
40 esters (FAME) and normal-phase HPLC-UV (Morales, Marmesat, Dobarganes,  
41 Márquez-Ruiz, & Velasco, 2012a). With the transformation of TAG into FAME the  
42 number of analytes is drastically reduced and a considerable concentration effect arises  
43 as a result. The effect of the derivatization reaction to the analytes was thoroughly  
44 studied. Results showed that losses of hydroperoxydienes lower than 10 wt% occurred  
45 at the reaction conditions applied and that formation of keto- and hydroxy- dienes  
46 inevitably took place. An amount of 0.6–2.1 wt% of hydroperoxydienes was  
47 transformed into keto- and hydroxy- dienes, being the formation of the former as much  
48 as three times higher.

49 While the conjugated diene structure of the oxidation products of linoleic acid can be  
50 readily detected by absorption of UV light, those of oleic acid are not detected in the  
51 HPLC-UV analysis due to the absence of conjugated double bonds. The incorporation  
52 in series of an evaporative light scattering detector (ELSD) to the method was evaluated  
53 to examine its possibilities in the direct analysis of model lipids such as oxidized  
54 samples of FAME (Morales et al., 2012b). Results showed that the ELSD enables the  
55 global determination of the hydroperoxides of oleic and linoleic acid methyl esters.  
56 Connected in series with the UV detector, it makes it possible to determine both groups  
57 by difference. The ELSD also enabled the determination of the *cis* and *trans* forms of  
58 methyl 9,10-epoxystearate, which was indicative of methyl oleate oxidation.

59 The objective of the present study was to explore the possibilities of the HPLC-UV-  
60 ELSD method to evaluate formation of oxidation products in real samples of edible  
61 vegetable oils containing different contents of oleic, linoleic and linolenic acids,  
62 namely, high-linoleic sunflower oil (HLSO), high-oleic sunflower oil (HOSO), high-  
63 stearic high-oleic sunflower oil (HSHOSO), soybean oil (SbO) and rapeseed oil (RO).  
64 For the first time in this series of analytical studies oxidation products of linolenic acid  
65 are dealt and the ELSD is applied to the analysis of oils, being a much more complex  
66 analytical matrix than the purified FAME previously studied (Morales et al., 2012b). A  
67 follow-up of oxidation at 40°C in the five oils was performed to study formation of  
68 compounds throughout the induction period, whose end is marked by the total  
69 exhaustion of the natural antioxidants, *i.e.* tocopherols. The samples were characterized  
70 by applying the specific extinction at 232 nm ( $K_{232}$ ) and the peroxide value. Analysis of  
71 polymers by high-performance size-exclusion chromatography (HPSEC) with  
72 refractive-index detection was also performed as a rapid control measure to discard

73 samples within advanced oxidation (Márquez-Ruiz, Martín-Polvillo, & Dobarganes,  
74 1996).

## 75 **2. Materials and Methods**

### 76 *2.1 Chemicals*

77 Methyl linolenate was purchased from Nu-Check-Prep (Elysian, MN, USA) and used as  
78 received. Diethyl ether stabilized with 1% v/v ethanol (Super purity solvent, HPLC  
79 grade) was acquired from Romil, LTD (Cambridge, UK) and n-heptane (99% purity,  
80 HPLC grade) from Carlo Erba Reactifs-SDS (Val de Reuil, France). Both HPLC  
81 solvents were used as received. Any other chemical used was of analytical grade at  
82 least.

### 83 *2.2 Oil samples*

84 High-linoleic sunflower oil (HLSO), high-oleic sunflower oil (HOSO), high-stearic  
85 high-oleic sunflower oil (HSHOSO), soybean oil (SbO) and rapeseed oil (RO) were  
86 supplied by the group SOS Cuetara S.A. (Andújar, Jaén, Spain). The five oils were  
87 edible refined oils. The fatty acid compositions were 6.7% C16:0, 0.2% C16:1, 3.6%  
88 C18:0, 33.0% C18:1, 55.2% C18:2 and 1.3% others for HLSO, 4.1% C16:0, 4.6%  
89 C18:0, 77.6% C18:1, 11.7% C18:2 and 2.0% others for HOSO, 4.4% C16:0, 15.1%  
90 C18:0, 71.8% C18:1, 5.0% C18:2 and 3.7% others for HSHOSO, 11.3% C16:0, 0.1%  
91 C16:1, 3.5% C18:0, 22.5% C18:1, 54.6% C18:2, 6.1% C18:3 and 1.9% others for SbO  
92 and 4.6% C16:0, 0.2% C16:1, 1.5% C18:0, 62.7% C18:1, 19.4% C18:2, 8.6% C18:3  
93 and 3.0% others for RO.

### 94 *2.3 Methyl linolenate samples*

95 Three samples of 1 g of methyl linolenate containing different concentrations of  $\alpha$ -  
96 tocopherol were prepared, absence (control), 500 ppm and 5 wt%. The antioxidant was

97 added directly for the more concentrated sample or in hexane. The hexane was  
98 evaporated with nitrogen and stirring under inert headspace with nitrogen was applied  
99 in both cases.

#### 100 *2.4 Oxidation conditions*

101 Aliquots of 20 g of the oils were placed in Petri dishes (14.5 cm i.d.) open to the air and  
102 oxidized at 40 °C in the dark in an oven with air circulation. A high surface-to-oil-  
103 volume ratio (7 cm<sup>-1</sup>) guaranteed high oxygen availability and therefore non-limiting  
104 oxygen conditions. Three independent samples were used in each oil. An aliquot of each  
105 sample was taken in each sampling and the three aliquots were mixed and kept at -35 °C  
106 until analyses. The samples were oxidized until the total depletion of tocopherols.

107 Aliquots of 1 g of the methyl linolenate samples were oxidized in beakers at ambient  
108 temperature and in the dark using a surface-to-oil-volume ratio of 5 cm<sup>-1</sup>. The control  
109 sample, i.e. without  $\alpha$ -tocopherol, was oxidized until the notorious occurrence of  
110 complex chromatographic bands in the zone of hydroxydienes. The samples containing  
111  $\alpha$ -tocopherol were oxidized until the simple hydroperoxydienes reached levels similar  
112 to those of the control.

#### 113 *2.5 Derivatization of oils*

114 Oxidized oil samples were transformed into FAME by transesterification with NaOMe at  
115 room temperature, according to a previous report (Morales et al., 2012a). A 300-mg  
116 sample was accurately weighed into a screw-capped centrifuge tube (13 cm x 10 mm  
117 I.D.) and a volume of 3 mL of *tert*-butyl methyl ether (TBME) was added. Then, a 1.5-  
118 mL volume of 0.2 M NaOMe was added, the tube closed, shaken for 1 min, and allowed  
119 it to stand for 2 min. The solution was neutralized by adding 0.1 mL of 0.5 M H<sub>2</sub>SO<sub>4</sub> in  
120 methanol. Finally, 3 mL of distilled water was added, shaken for 10 s and centrifuged at

121 5000 rpm for 1 min. The organic layer was separated, and then the solvent was  
122 evaporated in a rotary evaporator at 40 °C and taken to dryness with a stream of  
123 nitrogen. Solutions of FAME samples dissolved in hexane at a concentration of 1-50  
124 mg/mL were analyzed by HPLC.

#### 125 *2.6 HPLC-UV-ELSD analyses*

126 The derivatized oil samples or oxidized methyl linolenate were analyzed in a Waters  
127 600 HPLC chromatograph. The chromatograph was equipped with a Waters 600 pump,  
128 a Rheodyne injector valve (20- $\mu$ L sample loop), a silica HPLC column (LiChrospher<sup>®</sup>  
129 Si 60, 250 mm x 4 mm i.d., 5  $\mu$ m particle size) (Merck, Darmstadt, Germany), an HP  
130 1050 Series variable wavelength UV detector (8 mm path length) (Agilent Technologies  
131 Inc., Palo Alto, CA), a Waters 2424 Evaporative Light Scattering detector (ELSD), an  
132 Agilent 35900E A/D Converter (Agilent Technologies Inc.) and a Waters 600  
133 controller. The separation of analytes was performed in isocratic elution using n-  
134 heptane:diethyl ether (82:18, v/v) with a flow rate of 1 mL/min. Ethanol present in  
135 diethyl ether as a stabilizer was not removed. Hydroperoxy- and hydroxy- dienes were  
136 recorded by the UV detector at 234 nm, while ketodienes were at 268 nm. The ELSD  
137 conditions applied were 35°C for nebulizer temperature, 40°C for tube temperature and  
138 25 psi for gas flow. The gas used for nebulization was nitrogen (purity 99.99%). The  
139 gain was set at 50. Quantitative data by the UV detector were obtained by applying  
140 response factors reported elsewhere (Morales, Dobarganes, Márquez-Ruiz, & Velasco,  
141 2010), while external calibration was applied for quantitative determination of  
142 compounds by the ELSD (Morales et al., 2012b).

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145 *2.7 Analysis of polymers*

146 Analysis of TAG polymers in oils was performed by HPSEC with refractive index detector  
147 according to IUPAC standard method 2.508 (IUPAC, 1992).

148 *2.8 Peroxide value*

149 Peroxide value was determined by the iodometric assay according to IUPAC standard  
150 method 2.501 (IUPAC, 1992). Oil samples of 500 mg and  $1 \times 10^{-2}$  M  $\text{Na}_2\text{S}_2\text{O}_3$  solution  
151 were used.

152 *2.9 Ultraviolet light absorption at 232 nm ( $K_{232}$ )*

153 Specific extinction at 232 nm was determined in cyclohexane as a measure of total  
154 conjugated dienes according to AOCS standard method Ch 5-91 (AOCS, 1998).

155 *2.10 Analysis of tocopherols*

156 Analysis of tocopherols was carried out by normal-phase HPLC with fluorescence  
157 detection following IUPAC standard method 2.411 (IUPAC, 1992).

158 *2.11 Statistical analysis*

159 The oil samples were analyzed in triplicate to determine lipid oxidation products by  
160 HPLC and results were expressed as mean values followed by the standard deviation.  
161 For the other analytical determinations the oil samples were analyzed in duplicate and  
162 results were expressed as mean values. Comparisons of means were performed by the  
163 Student's *t* test using SPSS Statistics 17.0 (SPSS Inc., Chicago, IL, USA). Significance  
164 was defined at  $p < 0.05$ .

165



166 **3. Results and Discussion**

167 *Oils containing oleic and linoleic acids as oxidizable substrates*

168 Three sunflower oils, HLSO, HOSO and HSHOSO, were chosen in this study because  
169 they contained oleic and linoleic acids as the only oxidizable fatty acids at significant  
170 concentrations and because of their different contents in these two substrates. The oils  
171 were oxidized at 40°C and analyzed along their induction periods (IPs), whose end is  
172 determined by the exhaustion of antioxidants, *i.e.* tocopherol, and a sharp increase in the  
173 content of polymerization compounds (Márquez-Ruiz and Dobarganes, 2005). The  
174 samples analyzed at the end of the assay presented amounts of  $\alpha$ -tocopherol equal or  
175 close to zero and concentrations of polymers that increased approximately in 1% with  
176 respect to the initial samples.

177 The three oils presented very low peroxide values (PVs), which were typical of fresh  
178 refined oils (< 10 meq/kg) (**Tables 1-3**). As observed in a previous report (Morales et  
179 al., 2012a), minor amounts of hydroperoxy-, keto- and hydroxy- dienes were recorded  
180 by UV in the fresh oils, showing slight incipient oxidation. As expected, the ELSD did  
181 not enable to detect the low amounts of compounds found by UV in the initial samples,  
182 due to a much lower sensitivity (Morales et al., 2012b).

183 The quantitative analysis of hydroperoxides by light scattering detection was possible in  
184 the oxidized oils. As it will be dealt later, significant differences between the  
185 concentrations of hydroperoxides found by UV and light scattering detection were not  
186 found in the oils along the IPs (**Tables 1-3**). Nevertheless, the concentrations of  
187 hydroperoxides determined by the ELSD in the two monounsaturated oils, *i.e.* HOSO  
188 and HSHOSO, were significantly larger than those by UV in samples of advanced  
189 oxidation, suggesting the formation of oleic hydroperoxides (Morales et al, 2012b). The

190 ELSD also enabled the evaluation of ketodienes from concentrations larger than 0.4  
191 mg/g oil and the results obtained (not shown) were similar to those determined by UV.  
192 Regarding hydroxydienes, the amounts found by UV were below the limit of  
193 quantification in the ELSD (0.9 mg/g oil) (Morales et al., 2012b). Furthermore, the  
194 chromatograms obtained by the ELSD in all samples of the three oils showed peaks that  
195 interfered with the hydroxydienes. These peaks can be attributed to compounds that  
196 form the unsaponifiable fraction of the oils and make it not possible to determine  
197 hydroxydienes by light scattering detection.

198 In contrast to what has been found in purified lipids in the absence of antioxidants, *i.e.*,  
199 FAME obtained from high oleic sunflower oil (Morales et al., 2012b), formation of  
200 epoxides was not observed by the ELSD in the two monounsaturated oils, *i.e.* HOSO  
201 and HSHOSO, during the IP. Occurrence of monoepoxystearates was however detected  
202 in samples of both HOSO and HSHOSO that had already lost the tocopherol completely  
203 (**Figure 1**). As a result, formation of epoxystearates at the conditions assayed appeared  
204 to be inhibited in the presence of the tocopherol naturally occurring in the oils. This is  
205 consistent with the results obtained by Rovellini and Cortesi (2004), who did not  
206 observe the occurrence of epoxy compounds in a number of extra virgin olive oils  
207 during storage.

208 In agreement with a previous study (Morales et al., 2012a), the concentration of  
209 hydroperoxydienes showed excellent linear correlation with the PV during the IPs of the  
210 oils (data not shown). Once tocopherol was completely depleted, the PV increased more  
211 rapidly than the content of hydroperoxydienes (**Figure 2**), indicating the formation of  
212 compounds with hydroperoxy functions other than those analyzed by HPLC, mainly  
213 polymerization products and compounds with more than one oxygen-containing  
214 functional group. The lower slopes for the two monounsaturated oils, *i.e.* HOSO and

215 HSHOSO, during the IP suggest the presence of oleic hydroperoxides (Morales et al.,  
216 2012a). The differences between the three oils were larger as the two monounsaturated  
217 oils got closer to the end of the IPs, *i.e.*, when the content of tocopherol was low. On the  
218 contrary, no substantial differences were found in samples with relatively low oxidation  
219 (PV < 50 meq/kg) (**Figure 2**). As a conclusion, the results seem to indicate that the  
220 oxidation of oleic acid in the monounsaturated oils was low in samples with low  
221 oxidation levels, when tocopherol was present in substantial contents, and significant  
222 from low concentrations of tocopherol. These results are coherent with those reported  
223 elsewhere (Morales et al., 2012c), which showed that for a given global oxidation extent  
224 the relative oxidation of oleic acid in FAME obtained from high oleic sunflower oil was  
225 much less in the presence of  $\alpha$ -tocopherol. It was suggested that the hydrogen donor  
226 capacity of methyl oleate was reduced in the presence of  $\alpha$ -tocopherol because the  
227 antioxidant competes much more efficiently for peroxy radicals (Kamal-Eldin et al.,  
228 2003).

229 Even though the relationship between the concentration of hydroperoxydienes and the  
230 PV suggested the formation of oleic acid hydroperoxides at significant amounts in the  
231 two monounsaturated oils at the end of the IP, no significant differences were found  
232 between the contents of hydroperoxides determined by UV and light scattering  
233 detection. The ELSD only showed significantly higher values in samples that had lost  
234 tocopherols completely, *i.e.*, in advanced oxidation extents (**Tables 2-3**). The absence of  
235 compounds that can be used as markers for the oxidation of oleic acid, like  
236 monoepoxystearates, support the low oxidation of such a substrate during the IPs of  
237 HOSO and HSHOSO. Therefore, it can be said that, at the analytical conditions applied,  
238 the ELSD does not enable the determination of the low concentrations of oleic acid  
239 hydroperoxides that are formed in monounsaturated oils during the IPs. Apart from the

240 low sensitivity of the ELSD, this can be attributed to the low global oxidation levels of  
241 monounsaturated oils reached at the end of the IP compared to polyunsaturated oils  
242 (Martín-Polvillo, Márquez-Ruiz, & Dobarganes, 2004; Morales et al., 2010).

### 243 *Oils containing oleic, linoleic and linolenic acids as oxidizable substrates*

244 The presence of  $\alpha$ -linolenic acid at significant contents in vegetable oils such as those  
245 dealt in the present study, SbO and RO, and its larger susceptibility to oxidation than  
246 linoleic acid make it of interest to study the possibilities of the HPLC method to  
247 evaluate their oxidation products. Likewise, the main oxidation products of linolenic  
248 acid, i.e. hydroperoxides, have two conjugated double bonds and so the same  
249 chromophore which is detected by UV in the method. Nevertheless, due to the high  
250 reactivity of the hydroperoxides or peroxide precursors, bifunctional compounds, i.e.  
251 with more than one oxygen-containing functional group, are formed in linolenic acid,  
252 increasing considerably the degree of analytical complexity (Neff, Frankel, &  
253 Weisleder, 1981; Frankel, 2005). A few of these compounds like monocyclic  
254 endoperoxides keep the conjugated diene structure, whereas others like bicyclic  
255 endoperoxides lose it.

256 To explore the possibilities of the HPLC method in the evaluation of oxidation  
257 products of linolenic acid in oils it was first necessary to study model lipids. In this  
258 regard, samples of methyl linolenate were oxidized and analyzed directly by the  
259 method. The analysis showed two major chromatographic peaks in the zone of  
260 hydroperoxides (**Figure 3A**). These two peaks may be assigned to the so called external  
261 hydroperoxides, 9- and 16-hydroperoxide, since the internal 12- and 13-hydroperoxides  
262 form at lower amounts due to their participation in intramolecular 1,3-cyclization  
263 reactions to give monocyclic endoperoxides (Frankel, 2005). These hydroperoxides  
264 have two conjugated double bonds with *cis,trans* or *trans,cis* configuration and a third

265 intact double bond. Unlike linoleic acid, the *cis,trans*-hydroperoxides of linolenate are  
266 not readily isomerized to the *trans,trans* form, apparently because cyclization is much  
267 more favored (Frankel, 2005). The chromatogram also showed wide bands at longer  
268 retention times, in the zone of hydroxydienes, indicating the presence of numerous  
269 compounds of high polarity, probably due to more than one oxygen-containing function  
270 such as those of monocyclic endoperoxides or hydroperoxy epidioxides. Regarding  
271 detection of compounds at 268 nm, very minor peaks in the zone of ketodienes were  
272 only detected in a wide range of oxidation levels (not shown), indicating that secondary  
273 structures similar to those of linoleic acid were not significant. This fact can be  
274 attributed to the much lower stability of methyl linolenate hydroperoxides, which  
275 readily participate in reactions of intramolecular cyclization, originating endoperoxides,  
276 and polymerization (Frankel, 2005). Nevertheless, formation of ketones other than  
277 ketodienes should not be ruled out, being possible the formation of carbonyl groups in  
278 molecules with more than one functional group. The ELSD only recorded the signals of  
279 hydroperoxides (not shown), which were similar to those displayed by UV. Due to a  
280 lower sensitivity, the bands corresponding to those at retention times longer than  
281 hydroperoxydienes were not observed by light scattering detection.

282 In order to confirm that the bands observed at long retention times (**Figure 3A**) can  
283 be assigned to hydroperoxy epidioxides, the formation of cyclization compounds was  
284 inhibited by addition of a powerful hydrogen donor like  $\alpha$ -tocopherol at elevated  
285 concentration (5 % p/p) (Frankel, 2005). At these conditions, the internal peroxides are  
286 readily transformed into their corresponding hydroperoxides and these in turn are  
287 stabilized. The results obtained confirmed the starting hypothesis (**Figure 3B**). Only  
288 peaks in the zone of hydroperoxides were recorded, although these unexpectedly eluted  
289 in two peaks instead of four, probably due to coelution of compounds. Unlike the

290 control sample, *i.e.*, in the absence of antioxidants, both peaks presented similar areas,  
291 indicating that the four hydroperoxides eluted two by two, given that under these  
292 conditions they form at similar amounts (Frankel, 2005).

293 The concentration of  $\alpha$ -tocopherol tested was much larger than that commonly  
294 found in edible vegetable oils (<0.1 % p/p). For a more realistic situation, samples of  
295 methyl linolenate containing 500 ppm  $\alpha$ -tocopherol were also studied. The  
296 chromatograms obtained were quite similar to those for the control (**Figure 3C**). The  
297 intramolecular cyclization was not completely inhibited at these conditions. Likewise,  
298 secondary structures similar to those of methyl linoleate, *i.e.* ketodienes, were not  
299 detected at 268 nm in a significant way (not shown).

300 The analysis of blends of oxidized samples of methyl linolenate (**Figure 3A**) and  
301 linoleate (**Figure 3D**) showed overlapping between both groups of hydroperoxides  
302 (**Figure 3E**), indicating that it is not possible to differentiate them. However, the  
303 slightly higher polarity of linolenate hydroperoxides gave rise to a peak that eluted  
304 immediately after the linoleate hydroperoxides. This could be used as a marker for  
305 linolenic acid oxidation. In addition, there was expected overlapping between the bands  
306 attributed to monocyclic endoperoxides and the hydroxydienes of methyl linoleate.

307 The results obtained show that the HPLC method enables the evaluation of simple  
308 hydroperoxides of linoleic and linolenic acids as a whole. Given that both groups of  
309 compounds have practically the same chromophore, an only response factor for  
310 hydroperoxydienes, *i.e.*, that reported elsewhere (Morales et al., 2010), was assumed for  
311 quantitative purposes in oils.

312 Results for the oxidation of soybean oil (SbO) and rapeseed oil (RO) are presented in  
313 **Tables 4-5**. Both oils exhibited quality parameters that were typical of fresh refined

314 oils. Like the sunflower oils, the RO and SbO showed by light scattering detection  
315 chromatographic peaks that overlapped with hydroxydienes. As opposed to the rest of  
316 the oils tested in the present study, the chromatograms of SbO by ELSD also showed  
317 peaks that overlapped with the ketodienes (**Figure 4**). Even though the SbO presented  
318 quality parameters appropriate for well refined vegetable oils, with PV equal to zero and  
319 a value for acidity of 0.04% on oleic acid, the HPLC analysis of the initial sample  
320 remarkably exhibited the presence of hydroxydienes at relatively high concentrations  
321 (**Figure 4**). Because the content of hydroperoxydienes was low, as it was also indicated  
322 by the PV, the presence of these compounds may be attributed to modifications of  
323 hydroperoxides in the crude oil during refining. Nevertheless, it is remarkable the fact  
324 that apart from hydroxydienes other secondary oxidation compounds like ketodienes  
325 were not observed. In this regard, previous studies have shown that hydroperoxydienes  
326 are partially transformed into keto- and hydroxy- dienes at basic conditions (Morales et  
327 al., 2012a).

328 The IPs determined by the total loss of tocopherols were 53 and 40 days for SbO and  
329 RO, respectively (**Tables 4-5**). The contents of hydroperoxydienes accumulated during  
330 the IP and the PV were larger for SbO, supporting the fact that polyunsaturated oils  
331 accumulate more contents of oxidation products during the IP than monounsaturated  
332 oils (Martín-Polvillo et al., 2004).

333 Apart from the hydroperoxides of linoleic acid, the chromatograms also showed  
334 formation of linolenic hydroperoxides (**Figure 5**). Compared to RO, the presence of  
335 linolenate hydroperoxides was not so evident in SbO, probably due to its larger content  
336 of linoleic acid that resulted in higher relative proportions of linoleate hydroperoxides.  
337 Similarly, the bands at longer retention times that were observed in oxidized methyl  
338 linolenate (**Figure 3C**) were hardly noticeable in both oils because of the relatively high

339 contents of linoleate hydroxydienes. In the zone of hydroxydienes, the chromatograms  
340 of the ELSD (not shown) were not different from those of the initial samples, showing  
341 peaks that may well be attributed to compounds of the unsaponifiable fraction.

342 Like in the sunflower oils, significant differences between the contents of  
343 hydroperoxides determined by UV and light scattering detection were not found in the  
344 two oils during the IP. Likewise, the ELSD only showed higher hydroperoxide  
345 concentrations after the total depletion of tocopherols in the monounsaturated oil, *i.e.*,  
346 RO. In agreement with the results found in the sunflower oils, these results suggest that  
347 the oxidation of oleic acid was low in both poly- and mono- unsaturated oils during the  
348 IP, *i.e.* in the presence of tocopherols.

349 Consistently with the sunflower oils, the relationship between the content of  
350 hydroperoxydienes and the PV was practically linear in the SbO and RO during the IP  
351 and after the exhaustion of tocopherols the PV increased more rapidly (not shown).  
352 With the progressive loss of tocopherols the concentration of hydroperoxydienes was  
353 significantly lower in the RO for a given PV, suggesting the formation of oleic acid  
354 hydroperoxides (Morales et al., 2012a). However, hydroperoxides other than  
355 hydroperoxydienes were not observed by the ELSD in the RO until tocopherol was  
356 completely depleted.

357 As compared to results reported elsewhere for the relationship between  
358 hydroperoxydienes and the PV in samples of pure linoleate hydroperoxides (Morales et  
359 al., 2010), both SbO and RO showed lower hydroperoxydiene concentrations for a  
360 given PV. This fact was indicative of the occurrence of compounds with hydroperoxy  
361 functions other than those detected by either UV or the ELSD in the method, probably  
362 due for the latter to its low sensitivity. Both monocyclic and bicyclic endoperoxides  
363 contribute to increasing the PV. The low stability of simple linolenate hydroperoxides



364 provided by the double bounds can also result in formation of hydroperoxides with  
365 other additional oxygen functions and polymerization products bearing the hydroperoxy  
366 group (Frankel, 2005).

#### 367 **4. Conclusions**

368 Oxidation products of linoleate were predominant in all cases, whereas no significant  
369 formation of oleate oxidation products was observed in the five oils in the presence of  
370 substantial contents of the tocopherols naturally occurring, *i.e.*, at low global oxidation  
371 extents. The analysis of the main oxidation products of linoleate by the method applied  
372 proved to be a good analytical approach to evaluate the global oxidation extent in oils  
373 containing oleic and linoleic acids as the only oxidizable substrates present at  
374 significant contents. For monounsaturated oils with low contents of linoleic acid, the  
375 lower the oxidation extent, the better will be the analytical approach.

376 The analysis of oils containing linolenic acid suggested the formation of hydroperoxy  
377 compounds other than those determined by the method, showing the low stability of  
378 simple linolenate hydroperoxides and their participation in further reactions.

379 The HPLC method enables a more specific quality determination of fresh refined oils  
380 than the control parameters normally applied in the industry, such as the PV. Detection  
381 of secondary oxidation products, which can act as oxidation catalysts, may account for  
382 losses of stability unexpectedly found in fresh refined oils.

383

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387

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434

435 **Figure captions**

436 **Fig. 1** HPLC-ELSD chromatograms of HOSO oxidized at 40°C for 82 days (**A**) and  
437 HSHOSO for 143 days (**B**).

438 **Fig. 2** Formation of hydroperoxydienes (filled) and loss of tocopherol (hollow) relative  
439 to the PV during oxidation at 40°C in HLSO (circles), HOSO (triangles) and HSHOSO  
440 (squares).

441 **Fig. 3** HPLC-UV<sub>234</sub> chromatograms of samples of methyl linolenate oxidized at  
442 ambient temperature in the absence of antioxidants (**A**), containing 5 wt% (**B**) and 500  
443 ppm of  $\alpha$ -tocopherol (**C**). HPLC-UV<sub>234</sub> chromatograms of a sample containing methyl  
444 linoleate hydroperoxides and methyl 13-hydroxy-(*Z*)-9,(*E*)-11-octadecadienate (**D**) and  
445 a sample containing a mixture of samples C and D (**E**).

446 **Fig. 4** HPLC-UV-ELSD chromatograms of the initial sample of SbO.

447 **Fig. 5** HPLC-UV<sub>234</sub> chromatograms of SbO oxidized at 40°C for 53 days (**A**) and RO  
448 for 40 days (**B**).

**Table 1** Autoxidation of high-linoleic sunflower oil (HLSO) at 40 °C in the dark.

Time (days)	Pol <sup>a</sup> (%)	$\alpha$ -Toc (mg/kg)	PV <sup>b</sup> (meq/kg)	K <sub>232</sub> <sup>c</sup>	UV			ELSD
					Hydroperoxy- dienes (mg/g)	Keto- dienes (mg/g)	Hydroxy- dienes (mg/g)	Hydroperoxides (mg/g)
0	0.6	614	1.7	2.8	0.08 ± 0.01	0.11 ± 0.01	0.37 ± 0.01	ND <sup>d</sup>
7	0.6	611	30.7	6.3	3.19 ± 0.02 a	0.31 ± 0.01	0.39 ± 0.02	3.20 ± 0.48 a
17	0.7	432	91.7	13.5	10.86 ± 0.14 a	0.81 ± 0.06	0.48 ± 0.05	11.07 ± 0.28 a
21	0.8	349	125	17.3	13.77 ± 0.79 a	1.02 ± 0.04	0.58 ± 0.00	14.10 ± 1.00 a
31	0.9	93	188	24.0	22.45 ± 0.80 a	1.47 ± 0.04	0.66 ± 0.00	23.92 ± 1.20 a
35	1.0	25	216	41.1	24.12 ± 1.27 a	1.57 ± 0.04	0.74 ± 0.01	25.25 ± 1.59 a

<sup>a</sup>polymers, <sup>b</sup>peroxide value, <sup>c</sup>specific extinction at 232 nm, <sup>d</sup>not detected. Different letters for hydroperoxy-dienes and hydroperoxides for a given sample show significant differences ( $p < 0.05$ ).

**Table 2** Autoxidation of high-oleic sunflower oil (HOSO) at 40 °C in the dark.

Time (days)	Pol (%)	$\alpha$ -Toc (mg/kg)	PV (meq/kg)	K <sub>232</sub>	UV			ELSD
					Hydroperoxy- dienes (mg/g)	Keto- dienes (mg/g)	Hydroxy- dienes (mg/g)	Hydroperoxides (mg/g)
0	0.5	630	2.4	2.3	0.16 ± 0.01	0.13 ± 0.00	0.14 ± 0.02	ND
10	0.5	566	17.0	3.7	1.33 ± 0.01 a	0.15 ± 0.01	0.12 ± 0.01	1.35 ± 0.12 a
21	0.6	483	30.9	5.5	3.06 ± 0.26 a	0.25 ± 0.01	0.16 ± 0.02	2.95 ± 0.46 a
36	0.6	356	57.8	8.0	5.31 ± 0.06 a	0.43 ± 0.03	0.23 ± 0.01	5.71 ± 0.35 a
55	0.7	158	83.9	10.4	7.75 ± 0.31 a	0.57 ± 0.02	0.36 ± 0.02	7.55 ± 0.64 a
72	0.8	10	110	12.6	9.42 ± 0.34 a	0.77 ± 0.01	0.46 ± 0.02	9.45 ± 0.62 a
82	1.4	0	157	21.7	12.21 ± 0.11 a	0.98 ± 0.06	0.67 ± 0.05	13.27 ± 0.77 b

For abbreviations see Table 1. Different letters for hydroperoxy-dienes and hydroperoxides for a given sample show significant differences ( $p < 0.05$ ).

**Table 3** Autoxidation of high-stearic high-oleic sunflower oil (HSHOSO) at 40 °C in the dark.

Time (days)	Pol (%)	$\alpha$ -Toc (mg/kg)	PV (meq/kg)	K <sub>232</sub>	UV			ELSD
					Hydroperoxy- dienes (mg/g)	Keto- dienes (mg/g)	Hydroxy- dienes (mg/g)	Hydroperoxides (mg/g)
0	0.4	561	1.6	2.5	0.13 ± 0.01	0.04 ± 0.00	< 0.05	ND
31	0.4	496	18.1	3.7	1.50 ± 0.07 a	0.23 ± 0.01	0.12 ± 0.01	2.00 ± 0.07 b
55	0.7	395	33.1	4.6	2.47 ± 0.10 a	0.44 ± 0.03	0.20 ± 0.01	2.46 ± 0.02 a
80	0.8	237	52.1	5.9	3.97 ± 0.13 a	0.60 ± 0.01	0.28 ± 0.01	4.25 ± 0.34 a
101	0.9	129	63.6	6.7	4.81 ± 0.09 a	0.76 ± 0.08	0.37 ± 0.01	5.17 ± 0.28 a
143	1.5	0	130	14.9	6.09 ± 0.40 a	0.99 ± 0.02	0.59 ± 0.03	8.29 ± 0.30 b

For abbreviations see Table 1. Different letters for hydroperoxy-dienes and hydroperoxides for a given sample show significant differences ( $p < 0.05$ ).



**Table 4** Autoxidation of soybean oil (SbO) at 40 °C in the dark.

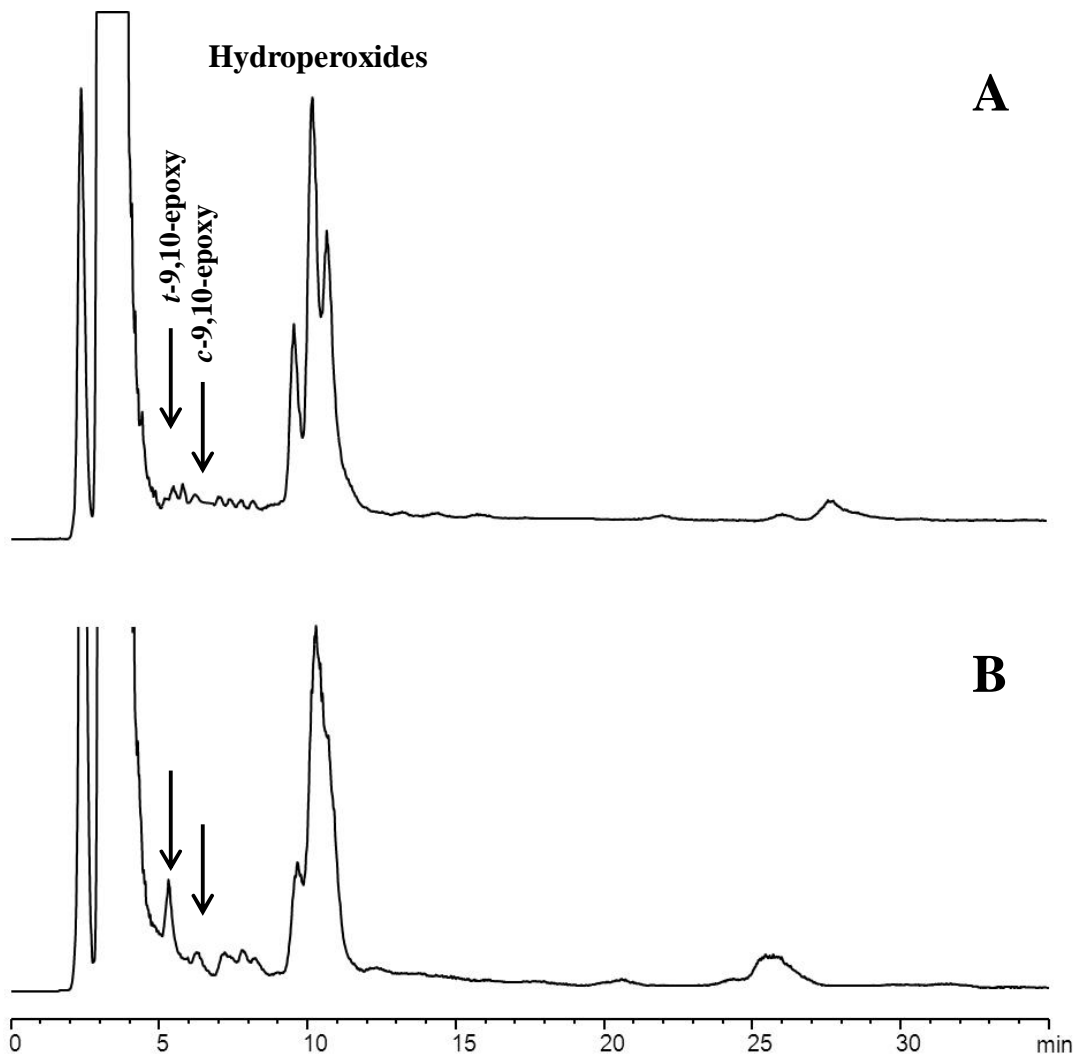
Time (days)	Pol (%)	Toc (mg/kg)	PV (meq/kg)	K <sub>232</sub>	UV			ELSD
					Hydroperoxy- dienes (mg/g)	Keto- dienes (mg/g)	Hydroxy- dienes (mg/g)	Hydroperoxides (mg/g)
0	0.5	915	0	4.5	0.07 ± 0.03	0.07 ± 0.01	1.02 ± 0.02	ND
11	0.7	853	23.7	5.7	1.85 ± 0.09 a	0.17 ± 0.02	1.10 ± 0.04	2.16 ± 0.20 b
21	0.6	667	92.4	11.2	6.99 ± 0.11 a	0.56 ± 0.04	1.19 ± 0.02	8.35 ± 0.27 b
33	0.7	417	160	18.5	13.19 ± 0.26 a	1.04 ± 0.07	1.42 ± 0.06	13.65 ± 0.35 a
40	1.0	260	219	20.1	15.94 ± 0.73 a	1.41 ± 0.07	1.62 ± 0.11	16.65 ± 0.66 a
46	1.3	144	275	27.3	20.15 ± 0.78 a	1.86 ± 0.12	1.88 ± 0.02	21.83 ± 1.69 a
49	1.5	94	335	27.9	24.77 ± 0.23 a	2.21 ± 0.03	2.24 ± 0.05	26.61 ± 0.58 b
53	2.4	0	492	36.2	30.62 ± 1.24 a	2.97 ± 0.03	3.53 ± 0.23	32.50 ± 1.39 a

For abbreviations see Table 1. The initial sample presented 151, 19, 560 and 185 mg/kg of  $\alpha$ -,  $\beta$ -,  $\gamma$ - and  $\delta$ -tocopherol, respectively. Different letters for hydroperoxy-dienes and hydroperoxides for a given sample show significant differences ( $p < 0.05$ ).

**Table 5** Autoxidation of rapeseed oil (RO) at 40 °C in the dark.

Time (days)	Pol (%)	Toc (mg/kg)	PV (meq/kg)	K <sub>232</sub>	UV			ELS
					Hydroperoxy- dienes (mg/g)	Keto- dienes (mg/g)	Hydroxy- dienes (mg/g)	Hydroperoxides (mg/g)
0	0.3	522	1.4	4.29	0.10 ± 0.03	< 0.02	ND	ND
11	0.5	450	35	6.41	2.46 ± 0.13 a	< 0.02	ND	2.24 ± 0.18 a
18	0.6	312	81	11.41	5.07 ± 0.06 a	0.37 ± 0.05	0.17 ± 0.01	4.77 ± 0.24 a
25	0.6	180	114	12.77	6.41 ± 0.32 a	0.44 ± 0.08	0.24 ± 0.03	6.04 ± 0.45 a
40	1.2	0	203	16.28	10.25 ± 0.03 a	0.78 ± 0.02	0.73 ± 0.03	15.85 ± 0.40 b
46	4.3	0	611	32.56	24.24 ± 0.34 a	2.10 ± 0.02	3.71 ± 0.01	35.19 ± 0.10 b

For abbreviations see Table 1. The initial sample presented 252 and 270 mg/kg of  $\alpha$ - and  $\gamma$ -tocopherol, respectively. Different letters for hydroperoxy-dienes and hydroperoxides for a given sample show significant differences ( $p < 0.05$ ).



**Figure 1**

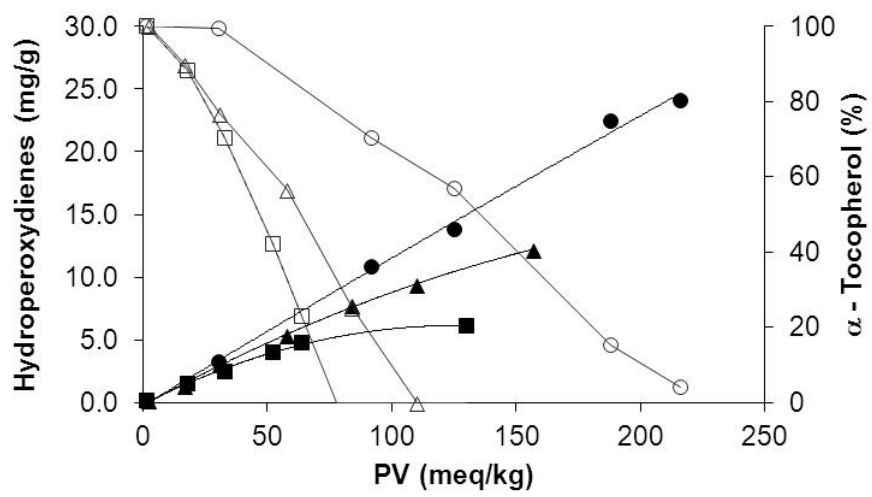
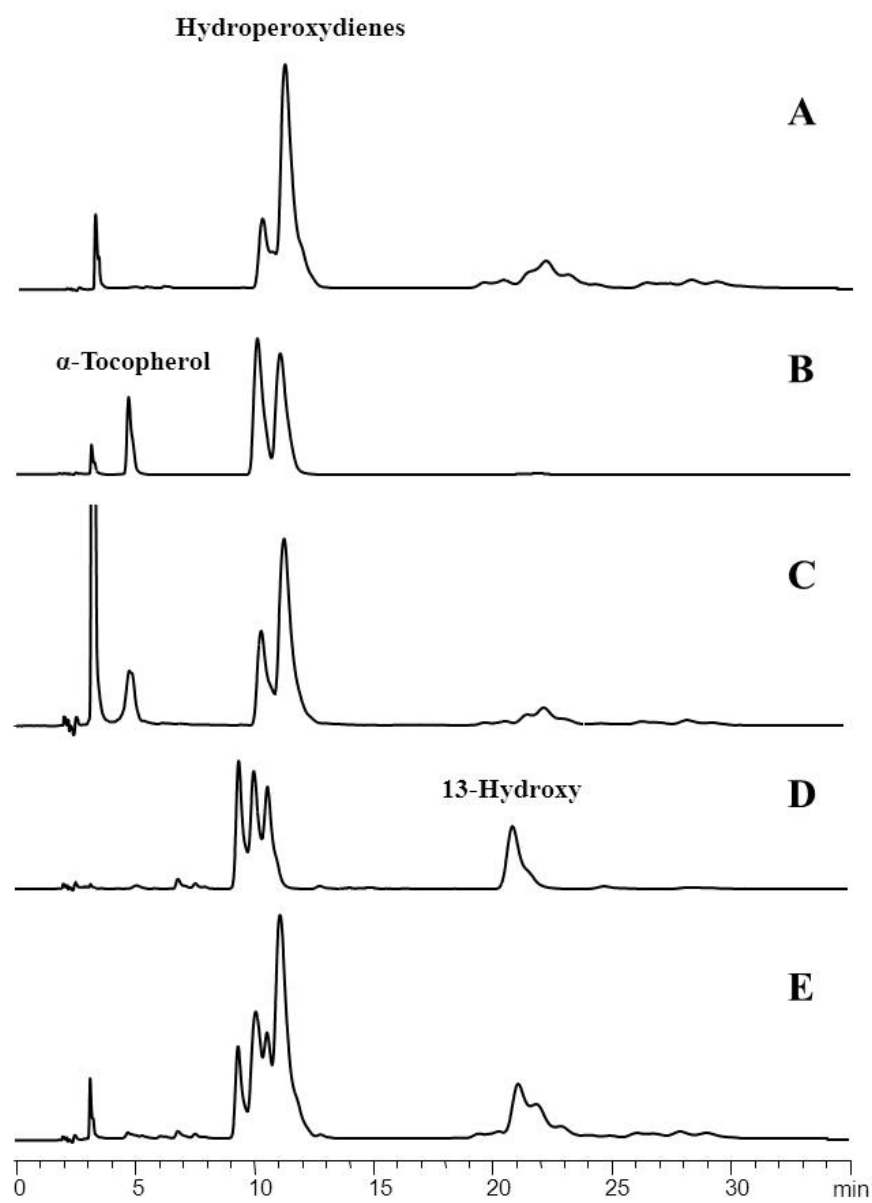
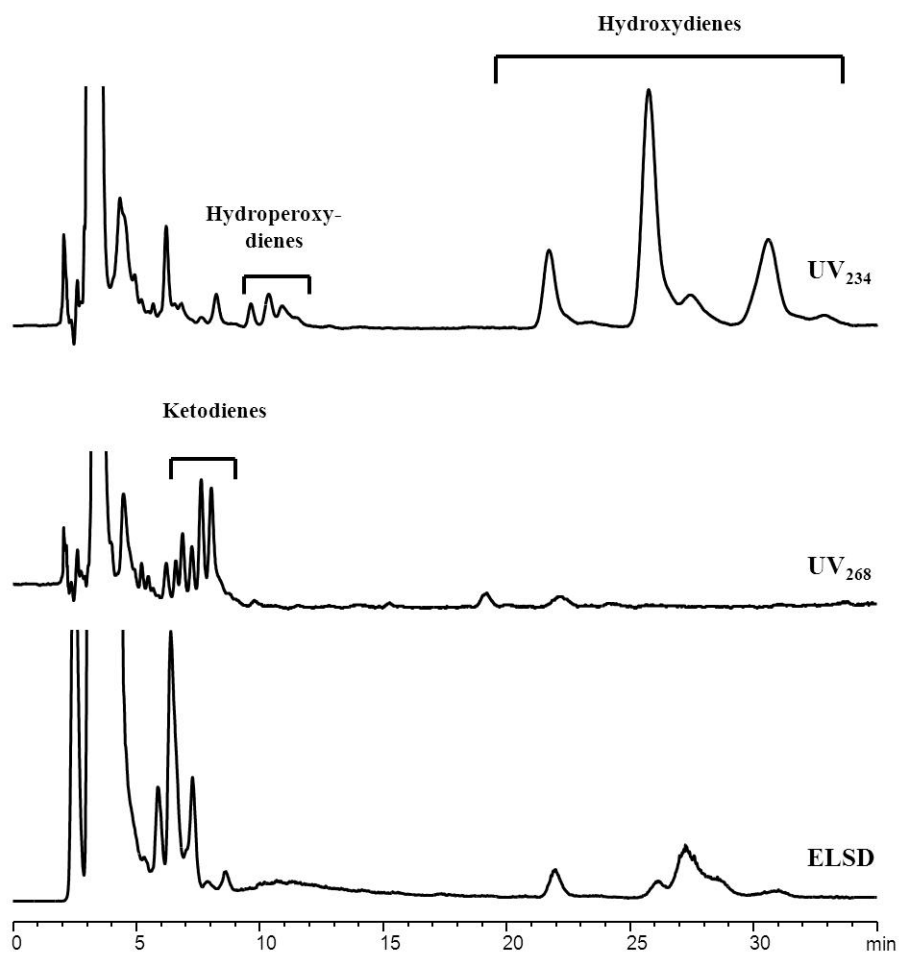


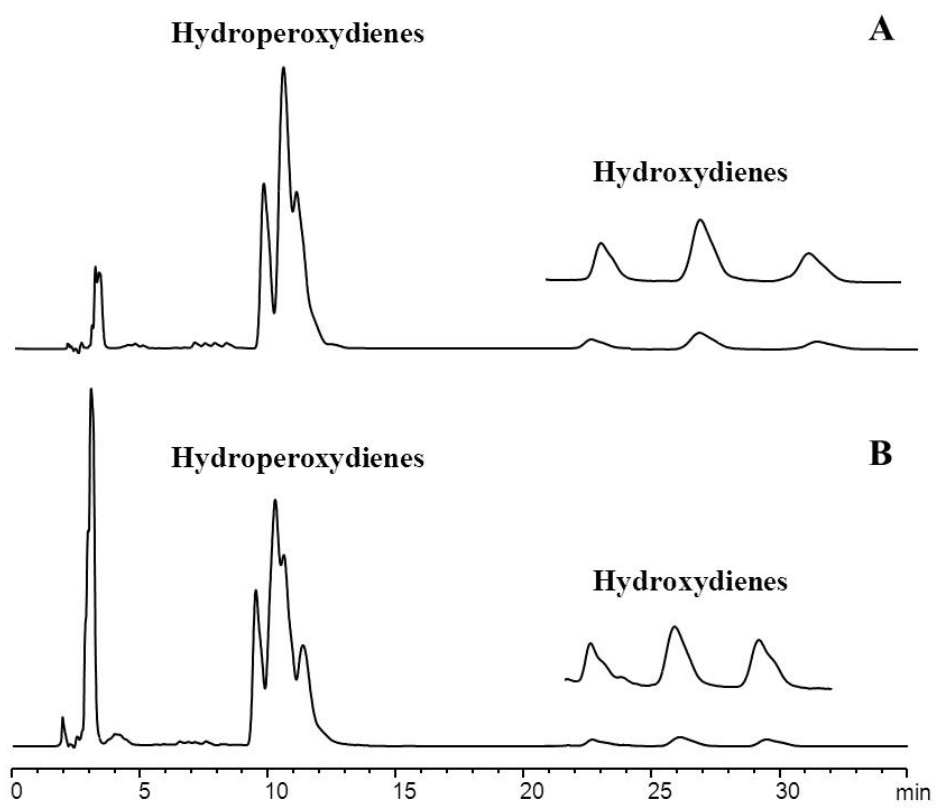
Figure 2



**Figure 3**



**Figure 4**



**Figure 5**