1	Rapid climatic changes and resilient vegetation during the Lateglacial and					
2	Holocene in a continental region of south-western Europe					
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26 Abstract

27 Palynological, sedimentological and geochemical analyses performed on the 28 Villarquemado paleolake sequence (987 m a.s.l, 40°30'N; 1°18'W) reveal the vegetation 29 dynamics and climate variability in continental Iberia over the last 13500 cal yr BP. The 30 Lateglacial and early Holocene periods are characterized by arid conditions with a 31 stable landscape dominated by pinewoods and steppe until ca. 7780 cal yr BP, despite 32 sedimentological evidence for large paleohydrological fluctuations in the paleolake. The 33 most humid phase occurred between ca. 7780-5000 cal yr BP and was characterized by 34 the maximum spread of mesophytes (e.g., Betula, Corylus, Quercus faginea type), the 35 expansion of a mixed Mediterranean oak woodland with evergreen Quercus as 36 dominant forest communities and more frequent higher lake level periods. The return of 37 a dense pinewood synchronous with the depletion of mesophytes characterizes the mid-38 late Holocene transition (ca. 5000 cal yr BP) most likely as a consequence of an 39 increasing aridity that coincides with the reappearance of a shallow, carbonate wetland 40 environment. The paleohydrological and vegetation evolution shows similarities with 41 other continental Mediterranean areas of Iberia and demonstrates a marked resilience of 42 terrestrial vegetation and gradual responses to millennial-scale climate fluctuations. 43 Human impact is negligible until the Ibero-Roman period (ca. 2500 cal yr BP) when a 44 major deforestation occurred in the nearby pine forest. The last 1500 years are 45 characterized by increasing landscape management, mainly associated with grazing 46 practices shaping the current landscape.

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48 Key words: Holocene, Multiproxy reconstruction, Vegetation resilience, Pinewoods,
49 Aridity, Continental Iberia

51 1. Introduction

52 The progressive increase in the number of well-dated, high-resolution Holocene climate 53 records in both marine and continental areas (Hoek et al., 2008; Lowe et al., 2008) has 54 demonstrated the existence of complex millennial-scale oscillations and rapid climate 55 changes in response to both extraterrestrial forcings (e.g., orbital parameters, insolation, 56 etc.) and internal mechanisms (e.g., changes in deep-ocean circulation, internal climate 57 system variability) (Bond et al., 1997; Alley et al., 2003; Mayewski et al., 2004; Denton 58 and Broecker, 2008; Wanner et al., 2008; Renssen et al., 2009). In particular, the 59 western Mediterranean Basin, strategically located under the incursion of North-Atlantic 60 storm tracks and the influence of a high pressure system in summer-months, is a 61 fundamental region to understand the climate evolution and the vegetation response to 62 abrupt changes and perturbations originated at high (Fletcher and Sánchez Goñi, 2008) 63 and lower latitudes (Peyron et al., 2011). Indeed, several marine cores from the western 64 Iberian margin demonstrate the impact of short-lived Holocene climatic events (e.g., 65 Preboreal Oscillation, 8200 cal yr BP event, 4200 cal yr BP aridity crisis) on vegetation firstly identified in North Atlantic cores (Alley et al., 1997; Björck et al., 1997; 66 67 Rasmussen et al., 2007) and then recorded in the Iberian Peninsula as dry spells and 68 probably cool conditions (Cacho et al., 2001; Frigola et al., 2007; Combourieu Nebout 69 et al., 2009; Fletcher et al., 2010). Iberian sedimentary sequences have reported similar 70 Holocene oscillations, clearly documented by prominent peaks of xerophytes in pollen 71 records (Muñoz Sobrino et al., 2005; González-Sampériz et al., 2006; Fletcher et al., 72 2007; Moreno et al., 2011; Pérez-Sánz et al., 2013), by abrupt drops in lake water-levels 73 (Carrión, 2002; González-Sampériz et al., 2008; Martín-Puertas et al., 2008; Morellón 74 et al., 2009), and complex patterns of human adaptations (González-Sampériz et al., 75 2009; Cortés-Sánchez et al., 2012).

Regarding ecosystem responses to climate change, recent reviews have highlighted the unidirectional response of the Iberian phytodiversity throughout the late Quaternary (Carrión et al., 2010a; González-Sampériz et al., 2010), where regional ecological dissimilarities, enhanced by particular orographic and edaphic features, have prevented the unraveling of common climatic patterns. Ecosystem inertia to Lateglacial and Holocene climate changes has been a clear example of the mentioned unidirectional trend (e.g., Carrión and van Geel, 1999; Franco-Múgica et al., 2001, 2005; García-Antón et al. 2011; Morales-Molino et al., 2012), being long-term pinewood resilience the main distinctive aspect of wide areas of continental Iberia (Rubiales et al., 2010, and references therein).

Despite the number of Lateglacial and Holocene palaeoenvironmental sequences in the Iberian Peninsula increased during the last decades (Carrión et al., 2010a and references therein), the continental lowlands of Iberia have hardly been investigated, leaving a palaeobiogeographical gap between inner continental mountains and coastal areas. Climatically located near the Ebro Basin, the Iberian Range borders the northernmost area of truly semi-arid climate in Europe, whose patchy and fragile steppe-like vegetation is strongly conditioned by an arid climate regime and edaphic constraints (Vicente-Serrano et al., 2012; Pueyo et al., 2013). Permanent lakes are absent in the region and therefore, most of the regional paleorecords have been obtained from large ephemeral or hypersaline lakes (Valero-Garcés et al., 2000a,b, 2004; Davis and Stevenson. 2007; Luzón et al., 2007; González-Sampériz et al., 2008; Sancho et al., 2011; Gutiérrez et al., 2013), where recurrent hiatuses and complex geochemical processes often hamper chronological control and pollen preservation, preventing continuous high-resolution environmental reconstructions (González-Sampériz et al., 2008). Further southwest from the Ebro Basin, studies providing detailed climatic

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101 oscillations are available. These are derived mainly from lake level fluctuations and 102 paleoflood frequency records, although they cover relatively short timescales spanning 13 only the last three millennia (Moreno et al., 2008; Romero-Viana et al., 2011; López-4 Blanco et al., 2012; Barreiro-Lostres et al., 2013). Additional paleoenvironmental 15 information, somewhat fragmentary and influenced by local peculiarities, is provided by 6 geomorphological (Valero-Garcés et al., 2008; Constante et al., 2011) and)7 archaeological studies (González-Sampériz et al., 2009; Aura et al., 2011; Utrilla et al., 8 2012).

Based on a multiproxy approach, the well-dated and continuous sedimentary sequence obtained from the Villarquemado paleolake offers the possibility to reconstruct the postglacial palaeoenvironmental history of a poorly-studied, ecotonal and continental, Mediterranean area. The main goals of the current study are to:

1) Understand both regional and local vegetation dynamics and hydrological response to
the last ca. 13500 cal yr BP climate variability.

2) Place the Villarquemado vegetation development in regional context throughcorrelation with other well-dated pollen records.

3) Explore the sensitivity of this and other ecotonal regions to detect Holocene abrupt
climate changes, especially in areas where pinewoods have been the dominant
communities.

20 2. Regional Setting

Villarquemado paleolake (40°30'N; 1°18'W, Figure 1) is located at about 1000 m a.s.l.,
in the Jiloca Basin (Iberian Range, NE Spain). This is a 60 km long, 6-10 km wide, N-S
half-graben, bounded by NW-SE trending normal faults. The depression belongs to a
series of intramontane basins developed in the Iberian Range during the second
extensional episode that started in the Upper Pliocene (Simón-Gómez, 1989; Casas-

126 Sainz and De Vicente, 2009). The change from endorheic to exorheic conditions in 127 these depressions occurred during the Neogene and Plio-Quaternary through the capture 128 of the basins by the external drainage network and headwater erosion (Gutiérrez and 129 Gracia, 1997). The Jiloca river captured the Daroca half-graben and subsequently the 130 next depression to the south, the Jiloca Depression (Gracia et al., 2003). However the 131 south-central sector of this depression remained an endorheic basin until it was 132 artificially drained in the 18th century, when the maximum flooded area was 11.3 km² 133 and the water depth up to 2.8 m (Rubio, 2004).

134 The current climate of the region is continental Mediterranean, characterized by severe 135 summer droughts, strong seasonal and diurnal temperature oscillations and by relatively 136 low precipitation values (Figure 2B). The maximum absolute temperature is about 40 °C 137 in summer and the winter minimum can reach -15 °C with frequent freezing days in the 138 region. The mean annual precipitation in the area is about 380 mm (Figure 2B: Cella 139 station, 1023 m a.s.l.), with large interannual variability and irregular distribution 140 through the year, while higher elevations are influenced by more regular orographic 141 precipitations (Figure 2C: Griegos station, 1604 m a.s.l.). Regional-scale rainfall 142 dynamics is principally controlled by the westerly winds, associated with cold fronts in 143 spring and high-intensity convective storms in autumn. During the summer, the 144 subtropical Azores anticyclone blocks the moisture from the west and brings warm and 145 dry air masses from the south, being the negative water balance associated to high 146 evapotranspiration values (Figure 2C).

The Villarquemado paleolake is located in the mesomediterranean bioclimatic belt, with *Quercus ilex* and *Quercus faginea* as principal tree species, along with other
Mediterranean xerophytic shrubs (*Rhamnus alaternus*, *Genista scorpius*, *Ephedra fragilis*, *Thymus* spp.) and herbs (*Artemisia assoana*, *A .campestris*, *Atriplex prostata*,

151 Salicornia ramosissima) (Figure 2D). The calcareous soils in the area support Juniperus 152 phoenicea and J. thurifera. The supramediterranean belt is characterized by Pinus 153 sylvestris communities with Buxus sempervirens and Juniperus sabina. In red 154 sandstones areas, Pinus pinaster woodlands, with dense Cistaceae and Ericaceae shrubs, 155 prevail. The hydroseral community is dense, well developed and linked to seasonal 156 water level fluctuations. The dominant species here are Phragmites australis, Juncus 157 acutus, J. inflexus, J. maritimus and Scirpus holoschoenus; scattered trees of Salix 158 fragilis and S. atrocinerea with a scrubland of Crataegus monogyna and some Populus 159 canadensis cultivars. The natural wetland vegetation has been substantially modified by 160 agriculture and grazing (Figure 2D).

161 **3. Material and methods**

162 A 74 m long sediment core (core VIL-05-1B) was retrieved in 2005 from the deepest 163 area of the Villarquemado wetland, using a truck-mounted drilling system (Moreno et 164 al., 2012a; Gónzalez-Sampériz et al., 2013). The extracted material was extruded, 165 transported to IPE-CSIC laboratory and stored at 4°C until required for analysis. The top 166 61 cm were disturbed due to the coring system and were not considered for analysis. To complete the 0-61 cm gap, a parallel 247 cm long core (core VIL-05-1A) was taken 167 168 with a modified 5 cm-diameter Livingstone piston corer, a coring system that allows 169 recovering unaltered the uppermost part of the sequence.

170 Correlation between cores VIL-05-1A and VIL-05-1B was achieved using sedimentary 171 facies, radiocarbon dating and pollen stratigraphy (Figure 3A). Therefore, the composite 172 sequence of the Villarquemado paleolake was built using the uppermost 40 cm of the 173 shorter core VIL-05-1A and the core VIL-05-1B, excluding the first 61cm (Figure 3B). 174 The cores were longitudinally opened and the sedimentary facies described according to 175 Schnurrenberger et al. (2003). Geochemical data were obtained at 0.5 cm intervals by means of an XRF ITRAX Core scanner at the Large Lakes Observatory (University of Minnesota, USA). Total inorganic carbon (TIC) was analyzed every 2 cm with a LECO SC 144 DR elemental analyzer at the IPE-CSIC laboratory, after the organic matter had been removed. In addition, selected samples were analyzed by X-ray diffraction with a Philips PW1820 diffractometer and relative mineral abundance was determined using peak intensity to characterize the sedimentological facies. All the geochemical and elementary analyses were performed exclusively in core VIL-05-1B.

Samples for pollen analysis were taken every 2-3 cm intervals in the core VIL-05-1B
while in the core VIL-05-1A only 15 samples were retrieved to complete the uppermost
part of the sequence. Pollen extraction followed the standard chemical procedure
(Moore et al., 1991).

Pollen identification was supported by the reference collection from IPE-CSIC, determination keys and photo atlases (Reille, 1992). Results are expressed as percentages, excluding hygrophytes, hydrophytes, Pteridophyta spores and other non pollen palynomorphs (NPP) from the pollen sum. The Psimpoll 4.27 software (Bennett, 2009) was used to draw the pollen diagram. Major palynological changes in pollen composition as well as cluster analysis, CONISS (Grimm, 1987), were used as criteria to subdivide the results into pollen assemblage zones.

The chronology of the core VIL-05-1B was established on the basis of five AMS ¹⁴C dates, obtained from bulk sediment samples. In addition, other three AMS ¹⁴C dates were retrieved from core VIL-05-1A. ¹⁴C data were calibrated using Calib 6.11 (Stuiver and Reimer, 1993) with IntCal09 calibration datasets (Reimer et al., 2009) (Table 1) and the composite age-depth model (lineal interpolation) was obtained using the *Clam* software package for age-depth modeling (Blaauw, 2010) (Figure 3B). The 200 chronological model shows a fairly constant accumulation rate, ca. 0.049 cm yr^{-1} , which 201 spans from ca. 13500 to ca. 470 cal yr BP (Figure 3B).

202 **4. Results**

203 4.1. The sedimentological sequence

Visual description, smear slides microscopic observation, geochemical and mineralogical analyses allowed seven main sedimentary facies to be determined in Villarquemado paleolake sequence, later organized in three well-defined sedimentological units (Figure 4).

208 The base of the sequence corresponds to UNIT-3 (311-233 cm depth, 13540-11240 cal 209 yr BP), which is composed of medium, massive light grey carbonate silts (facies 1) 210 grading upwards to coarser, dark grey carbonate silts (facies 2). Facies 1 and 2 are 211 characterized by relatively high siliciclastic content, as shown by mineral composition 212 (significant quartz content) and by the maximum values of Si, Ti and Fe (Figure 4). In 213 particular, silicates (quartz and feldspars) in facies 2 range between 25-50 % versus 50-214 75% calcite. Subunit SUB-3B (311-256 cm, 13540-12170 cal yr BP), is relatively more 215 carbonate-rich, with TIC (total inorganic carbon) up to 6%, and subunit SUB-3A (256-233 cm, 12170-11240 cal yr BP) has the highest silicate content of the whole sequence 216 217 (only 3% TIC). The top of UNIT-3 is a sharp depositional surface in both 218 Villarquemado cores (VIL-05-1A and VIL-05-1B) and it is located at approximately the 219 same depth (ca. 230 cm). This transition from siliciclastic-rich to carbonate-rich 220 sediments at the boundary between UNIT-3 and 2 is used as a correlation horizon (tie-221 point 1, TP-1) (Figure 3A).

UNIT-2 (233-61 cm depth, 11240-1940 cal yr BP) is an alternation of fine to medium,
banded, creamy carbonate silts organized in dm-thick intervals (*facies 3*) and dark grey,
mottled, massive, carbonate and organic-rich silts as cm-thick layers (*facies 4*). *Facies 3*

is made of endogenic carbonates precipitated in the palustrine and littoral lake subenvironments (e.g., Charophyceae, carbonate coatings) with maximum Ca values. *Facies 4* has about 5% silicate content (clay minerals and quartz) marked by slight increases in the chemical elements associated to the siliciclastic fraction (Si, Fe, Ti). Both facies contain mm to cm-sized plant remains, suggesting a shallow depositional environment (littoral area). Mottled and soil textures (roots, bioturbation) are especially abundant in the grey silts indicating more frequent subaerial exposition.

232 UNIT-2 has been divided into three subunits depending on sedimentary facies and 233 geochemical composition: SUB-2C (233-192 cm) is composed by facies 3 creamy 234 carbonate silts. SUB-2B (192-140 cm) is characterized by the predominance of facies 4 235 with intercalations of more organic-rich facies (facies 6) and cm-thick coarse silt-fine 236 sand carbonate-rich layers (facies 5). The presence of these organic-rich sediments in 237 both sediment cores represents another correlation marker (TP-3) (Figure 3A). Finally 238 SUB-2A (140-61 cm) represents the association of *facies 3* and 4, with relatively higher 239 carbonate content.

UNIT-1 (61-0 cm depth, post 1940 cal yr BP) is composed of dark brown to dark grey, massive, coarse peaty silt, with abundant plant fragments (*facies 7*) in VIL-05-1B and *facies 4* with two cm-thick intercalations of *facies 3* in core VIL-05-1A. UNIT-1 is composed of unconsolidated material; therefore geochemical properties were not analysed. As a result, correlation between the uppermost sections of the two cores (VIL-05-1A and VIL-05-1B) (TP-4) is based on the pollen composition (Figure 3A), as explained below.

247 4.2. The pollen sequence

248 The preservation of pollen grains was generally good. Composite pollen diagrams are

249 presented in the Figures 5 and 6 showing the analytic results of 99 samples. Six

250 Villarquemado pollen assemblage zones (VIL) have been established.

251 VIL-6 (311-233 cm depth; ca. 13540-11240 cal yr BP), Sedimentary UNIT-3

Based on the variation of Cyperaceae, *Typha/Sparganium* type, hydrophyte-group and
Pteridophytes, two subzones have been defined:

254 VIL-6B (311-256 cm depth; ca. 13540-12170 cal yr BP) is characterized by relatively 255 low, fluctuating arboreal pollen (AP). Pinus nigra/sylvestris type is dominant (Figure 256 5). Other trees are less important, such as Juniperus amongst the conifers; both Quercus 257 faginea type and evergreen Quercus are rare, as well as Betula, Salix, Ulmus and 258 Fraxinus. Shrubs such as Tamarix, Ephedra fragilis and Ephedra distachya type show 259 minor occurrences. Xerophytes are well represented, with Artemisia, Chenopodiaceae 260 and Compositae as main contributors (Figures 6). Poaceae is relatively abundant and 261 within the hygrophytic community, Cyperaceae show the highest percentages of the 262 accompanied by high frequencies of sequence, Ranunculus, Juncaceae. Typha/Sparganium type and a significant presence of Myriophyllum and Potamogeton. 263

VIL-6A (256-233 cm depth; ca. 12170-11240 cal yr BP) is defined by a drastic change in the hygrophyte community (Figure 6). Particularly, the transition from sedimentary subunit SUB-3B to SUB-3A corresponds to the replacement of the previous Cyperaceae-dominated environment (with abundant Juncaceae and *Ranunculus*) with a *Typha/Sparganium* type community. This hydrological change is also marked by the highest development of submerged aquatic plants (*Myriophyllum* and *Potamogeton*) and the maximum frequencies of Pteridophyta spores (Figure 6).

271 VIL-5 (233-164 cm depth; ca. 11240-7780 cal yr BP), Sedimentary UNIT-2; SUB272 2C, SUB-2B

273 Oscillations in AP frequencies allow two subzones to be defined:

During the VIL-5B (233-192 cm depth; ca. 11240-9140 cal yr BP) xerophytes, mainly *Artemisia* and Chenopodiaceae, rise considerably (Figure 6). AP values are still low. *Pinus nigra/sylvestris* type frequencies decrease, although *Juniperus* increases
significantly (Figure 5). Broadleaved trees like *Betula*, and both *Quercus* types are
recorded. *Tamarix* development is noticeable.

VIL-5A (192-162 cm depth; ca. 9140-7780 cal yr BP) is defined by progressive
increases of *Betula*, *Corylus*, and both *Quercus* (Figure 5). A progressive coeval
decrease in *Artemisia*, Chenopodiaceae, hygrophytes and hydrophytes is noticed (Figure
6).

283 VIL-4 (164-112 cm depth; ca. 7780-5000 cal yr BP), Sedimentary UNIT-2; SUB284 2B, SUB-2A

285 This zone is characterized by the maximum abundance of deciduous trees (Corylus, 286 Quercus faginea type, Alnus, Salix, Ulmus, Fraxinus, Fagus and Tilia), a decline of the 287 *Pinus nigra/sylvestris* type frequencies, and a decrease in xerophyte values. This is 288 synchronous with an increase in thermophilous elements; evergreen Quercus is the most 289 important arboreal element and its expansion parallels the maximum frequencies of 290 Mediterranean shrubs (Pistacia, Rhamnus, Phillyrea, Buxus, Thymelaea) and the 291 continuous presence of Ericaceae, Rosaceae, Fabaceae and Lamiaceae (Figures 5 and 292 6). Continuous values of *Juniperus* and a significant presence of *Artemisia* are recorded. 293 Poaceae diminishes significantly, while the hygro-hydrophytic component falls to its 294 sequence minimum (Figure 6).

295 VIL-3 (112-71 cm depth; ca. 5000-2530 cal yr BP), Sedimentary UNIT-2; SUB-2A

- 296 During VIL-3, both Pinus nigra/sylvestris type and Pinus pinaster/hapensis type show
- 297 important increases. Overall, mesophytes are decreasing, which affects especially to

Corylus, while *Betula* and *Tilia* disappears. This zone also shows fluctuating evergreen *Quercus*. Although scant along previous zones, *Olea* occurs continuously showing a gradual increasing trend (Figure 5). During this period, pollen grains of *Cedrus* are recorded at 116, 103 and 99 cm depth (ca. 5230, 4490 and 4260 cal yr BP respectively). Hygrophyte and hydrophyte pollen grains occur in low abundances, similarly to the previous zone (Figure 6).

304 VIL-2 (71-62 cm depth; ca. 2530-1940 cal yr BP), Sedimentary UNIT-2; SUB-2A

A major change in forest structure is the main feature of this zone. *Pinus* reaches a minimum, and *Quercus faginea* and evergreen *Quercus* show significant expansions (Figure 5 and 6).

308 VIL-1 (61-32 cm depth; ca. 1940-470 cal yr BP), Sedimentary UNIT-1

309 Pinus nigra/sylvestris type values partially rise while both Quercus faginea type and 310 evergreen Quercus decline. AP is low (Figure 5) while the herb component 311 (Compositae, Chenopodiaceae, Artemisia, Lamiaceae and Fabaceae) exhibits a large 312 increase. Coprophilous fungal spores, dominated by Sordariales peak while a maximum 313 in Glomus chlamydospores is seen (Figure 6).

5. Discussion

315 5.1. Climate, vegetation and hydrological variability during the last 13500 cal yr BP

316 5.1.1. The Last Glacial-Interglacial transition (LGIT): resilient vegetation and

317 hydrological variability (13540-11270 cal yr BP)

Last Glacial-Interglacial transition (LGIT) at Villarquemado was characterized by deposition of sediments with high siliciclastic content compared with the Holocene interval (Figure 4). The vegetation cover was composed by a relatively high amount of xerophytes (Figures 5 and 6) and the dominance of *Pinus nigra/sylvestris* type among the AP, with values around 40%. These percentages suggest the presence of some tree

patches in an open landscape around the lake or a montane pinewood at higher altitudes, 323 324 similarly to the present-day situation. Deciduous elements were poorly represented and 325 probably were confined to riverbanks (e.g., Ulmus, Salix, Fraxinus) or in particular 326 humid shelters of the Albarracín Range (Figure 5). The lack of a mesophyte vegetation 327 expansion in response to the Allerød interstadial (GI-1a) period (Björck et al., 1997), 328 corresponding to VIL-6B pollen zone according to our chronological model, differs 329 from other Iberian areas where a broadleaf forest expansion has been recognized (Pons 330 and Reille, 1988; Peñalba, 1994; Pérez-Obiol and Julià, 1994; Gil-García et al. 2002; 331 González-Sampériz et al. 2006; Muñoz Sobrino et al., 2013). The lagged vegetation 332 response to the GI-1a climate signal is attributable to the resilience of the continental 333 ecosystems to increased moisture availability, although vegetation dynamics may be 334 partly masked by the low sample resolution of this interval (Figures 7 and 8). The 335 resilient behaviour of the vegetation continues during the Younger Dryas (GS-1) 336 chronozone (Björck et al., 1997) when no major changes in the forest physiognomy are 337 recorded (Figures 5 and 8). Nevertheless, the increase in Pinus between 13200 and 338 12200 cal yr BP (VIL-6B) may partially reflect an altitudinal migration of the of the 339 pinewood treeline associated with the onset of cooler conditions at higher elevations. 340 Unfortunately, this hypothesis cannot be tested through correlation due to the lack of 341 Lateglacial paleoecological records at higher altitudes in our study area. In addition, the 342 Younger Dryas is not always clearly documented in the eastern Iberian sequences 343 (Carrión et al., 2010a and references therein), suggesting a low impact of this event in 344 pine woodlands.

Therefore, although no important changes in the regional vegetation during the LGIT are clearly recorded, local aquatic taxa and sedimentological indicators point to relatively high water levels and sediment delivery. In fact, hydrophytes reach their 348 maximum values during this period, especially in the VIL-6A interval (12170-11230 cal 349 yr BP), showing a remarkable shift from Cyperaceae-rich to a Typha-rich ecosystem 350 with large amounts of Myriophyllum and Potamogeton (Figures 6 and 8). These 351 coincide with the high proportions of Ti and the siliciclastic composition of UNIT-3, 352 particularly in SUB-3A, which indicate a lacustrine environment dominated by detrital 353 supply to the basin (Figure 4). Such a situation would be related to an increase in the 354 creeks/local rivers activity in the catchment as a response of (1) more intense rainfall 355 events and/or (2) colder conditions in an open landscape. Both situations would favor 356 erosion and the accumulation of detrital particles in the lake. The synchronous increase 357 in aquatic pollen during the LGIT, indicating higher lake level, supports this hypothesis. 358 The high lake level postulated for GS-1 would probably benefit from the decrease of 359 evaporation rates as a consequence of the reduced annual temperatures in a global-scale 360 cold period (Cacho et al., 2001; Moreno et al., 2010; Shakun and Carlson, 2010).

361 5.1.2. The early Holocene: vegetation and hydrological response to marked 362 seasonality (11270-7780 cal yr BP)

363 The early phase of the Holocene in the region was still dominated by a steppe landscape 364 (VIL-5B), although a progressive development of more water-demanding temperate 365 taxa (e.g., Betula, Corylus and Quercus faginea type) occurred from ca. 9140 cal yr BP 366 (VIL-5A), suggesting increased temperature and humidity (Figure 5). In agreement with 367 other Mediterranean sequences from the north-eastern sector of the Iberian Peninsula, 368 inner continental regions like the Villarquemado paleolake area were characterized by 369 the prevalence of cool and arid conditions at the beginning of the Holocene (e.g., Lake 370 Estanya, Morellón et al., 2009; Vegas-Vilarrúbia et al., 2013) with a remarkable 371 persistence of Lateglacial xeric communities and pinewoods in the vegetation cover 372 (González-Sampériz et al., 2005, and references therein). In particular, at Las Pardillas Lake (Figure 1), steppe-like vegetation composed by *Juniperus*, *Artemisia* and Poaceae was well represented prior to ca. 10500 cal yr BP (Sánchez Goñi and Hannon, 1999) while at the nearby Ojos del Tremedal, situated in the Albarracín Range (Figure 1), a treeless environment persisted until ca. 9600 cal yr BP (Stevenson, 2000). The limited spread of mesic and thermophilous vegetation in Fuentillejo Maar (Vegas et al., 2010), inner continental Iberia (Figure 1), was also associated with a dry and probably cold climate regime during the first stages of the Holocene.

380 In southern and south-eastern Iberian intra-montane valleys and mid-altitude elevations, 381 the same environmental conditions of the inner continental areas are clearly visible 382 during this period. Thus, Navarrés (Carrión and van Geel, 1999), Villaverde (Carrión et 383 al., 2001) and Siles (Carrión, 2002) exhibit a similar pattern of conifer prevalence 384 during the first millennium of the Holocene as these communities are highly resilient 385 and their fluctuations present a more inertial character (Figure 7). In a recent review, 386 Rubiales et al. (2010) proposed that pinewoods spread in the Iberian mountains since 387 the LGM until ca. 8000 yr BP, suggesting that empty ecological niches available after 388 full-glacial climate conditions may have favoured the early colonization of *Pinus* in a still dry climatic scenario. Consequently, not only during Lateglacial times but also 389 390 during the early Holocene, pinewoods would have been better adapted, climatically 391 favoured and easily dispersed from multiple stands with respect to broadleaved species 392 in medium altitude continental areas. Our data are coherent with the hypothesis by 393 Rubiales et al. (2010) which points to a regional dominance of *Pinus* until 7780 cal yr 394 BP in the lowlands of the Albarracín Range (Figures 5 and 7).

Model simulations for Eurasia confirmed that increased summertime insolation in the Northern Hemisphere at the Holocene onset caused an increase in summer temperatures (Rimbu et al., 2003; Kim et al., 2004). Paleoecological data in central and northern 398 Europe have showed an almost immediate response of terrestrial ecosystems to the rise 399 in temperature during the early Holocene, visible by major fluctuations in the alpine 400 timberline (Ali et al., 2003; Tinner and Kaltenrieder, 2005) and by the expansion of 401 broadleaved trees reaching northern areas, even above the modern distributional range 402 limit (Kullman, 2013, and references therein). Reduced winter insolation also implied 403 minimum winter temperatures and extreme continentality due to the maximum 404 amplitude of solar forcing. Thus, the persistence of steppe communities in the inner 405 continental areas of Iberia may be associated with a reduced effective humidity, keeping 406 moisture levels below the tolerance threshold for tree growth (Tzedakis, 2007). Further 407 evidence comes from North-African palaeonvironmental studies (Lamb et al., 1989), 408 where a strengthened monsoonal circulation has been considered as the main triggering 409 factor promoting the persistence of a regional high pressure circulation mode (Cheddadi 410 et al., 1998). In this mode, atmospheric stability and high summer temperatures may 411 have led to higher evaporation rates and a consequent reduction of water tables in many 412 continental Mediterranean areas. This mechanism may explain the prevalence of 413 reduced water levels in Iberian lakes during the early Holocene, i.e., in Lake Estanya 414 (ca. 11600-9400 cal yr BP) (Figure 8), (Morellón et al., 2009; Vegas-Vilarrúbia et al., 415 2013). In continental Iberian sites like Salines (Roca and Julià, 1997) or Laguna de 416 Medina (Reed et al., 2001), in south-eastern Spain (Figure 1), recurrent water level 417 oscillations are revelaed suggesting alternating permanent and ephemeral lake 418 environments. In Villarquemado the reduction in Pteridophytes and aquatic plants 419 (Figure 5), and the sharp decrease in siliciclastic elements (Ti, Si, Fe) contemporaneous 420 to the substantial increase in freshwater gastropoda and charophyceae-rich facies, 421 suggest an oscillation towards a shallower, carbonate-rich wetland, around 11240 cal yr 422 BP (Figure 4 and 8). The increase in Mn with respect to the LGIT values also supports

423 the existence of shallow environments where oxidation processes were more frequent. 424 The extent of the wetland was drastically reduced, as indicated by the progressive 425 decline in hygrophyte communities (Figure 6). Nevertheless, the continuous record of 426 Tamarix, along with the scattered presence of Myriophyllum and Potamogeton, indicate 427 the persistence of some unstable and seasonal ponds, probably in the lowest areas of the 428 basin. At the same time, the increase in Chenopodiaceae and Artemisia pollen may 429 reflect their local presence near the core site, in a climatic scenario with cold winter 430 temperatures hindering the development of regional meso-thermophilous vegetation 431 (Figure 6).

432 5.1.3. Mixed oak woodland expansion during the mid Holocene (7780-5000 cal yr 433 BP)

434 The mid Holocene in Villarquemado was characterized by the expansion of mesophytes 435 and Mediterranean taxa whereas Pinus nigra/sylvestris forests and the herbaceous 436 understory decreased (VIL-4), indicating both higher temperatures and moister 437 conditions than in the previous phase (Figure 5). Favorable conditions for forest 438 development are indicated by the dominance of *Quercus faginea* type and evergreen 439 *Quercus*, followed by the spread of broadleaved taxa, reaching their maximum values in 440 this period (Figures 5 and 8). From a regional perspective, sequences located in both 441 north (Peñalba, 1994; Sánchez Goñi and Hannon, 1999; Gil-García et al., 2002) and 442 southern slopes of the Iberian Range (Stevenson, 2000) reported similar vegetation 443 successions, where Betula, and to a lesser extent deciduous Quercus, were the most 444 widespread deciduous elements. This pattern was also found in other north-eastern 445 high-altitude localities (e.g., González-Sampériz et al. 2006; Pérez-Obiol et al. 2012; 446 Pérez-Sanz et al., 2013), reflecting an upland tree colonization associated with the 447 upward shift of the supramediterranean vegetation belt. The continuous record of Betula 448 pollen in Villarquemado between 10200 and 8460 cal yr BP, a taxon currently absent in 449 the area, may reflect the progressive birch colonization in the Albarracín Range as 450 highlighted by Stevenson (2000). Corylus, whose modern distribution in the Iberian 451 Peninsula is mainly related to the humid Eurosiberian region (Blanco-Castro et al., 452 1997), was continuously recorded from ca. 9540 cal yr BP in Villarquemado, although 453 its maximum spread took place ca. 7450 cal yr BP (Figure 5), similarly to other 454 continental Iberian locations (e.g., Siles, Carrión, 2002 ca. 7270 cal yr BP; Ojos del 455 Tremedal, Stevenson, 2000 ca. 7500 cal yr BP).

The Villarquemado paleolake lowlands were most likely characterized by open evergreen oak formations accompanied by scattered juniper communities in dry slopes, with monospecific *Pinus pinaster* stands in redstones and an ericaceous understory (Figure 5). Maximum frequencies of riparian taxa (*Alnus, Salix, Ulmus, Fraxinus, Tilia*) reflect increased fluvial activity.

Significant *Artemisia* proportions, reaching ca. 20% despite the moister conditions, could be associated with the particular geomorphological features of the basin, mainly characterized by a massive spread of alluvial fans (Figure 2A), where an unstable substrate might be colonized by *Artemisia* as this taxon does nowadays (Figure 2D).

465 Beyond local peculiarities, the present study matches the general hydrological model 466 established for Mediterranean Iberia, suggesting the highest lake levels ocurred in the 467 8000-5500 cal yr BP period (Carrión, 2002; Morellón et al., 2009; García-Alix et al., 468 2012) (Figure 8). Although a carbonate-producing wetland-shallow lake was established 469 in Villarquemado through most of the Holocene sequence, dark, organic-rich silt facies 470 with slight increases in Ti and Si occurred during the mid Holocene. Sedimentological 471 and geochemical proxies underline increased water availability during this time (Figure 472 4). Furthermore, regional-scale evidence for this wet-phase comes from tufa deposits 473 development at the Mijares River Canyon between 10000 and 5000 yr BP (Peña et al., 474 2000), from the Guadalaviar River Basin at 7300-6800 yr BP (Sancho et al., 1997) and 475 from the headwaters of Las Parras River since 10100 cal yr BP (Rico et al., 2013) 476 (Figure 1). The increase in temperature and moisture availability recorded during this 477 period (7780-5000 cal yr BP) may be related to increased prevalence of westerlies in the 478 continental areas of the Iberian Peninsula (Benito et al., 2003), probably linked to a 479 weaker influence of the Hadley circulation system in the western Mediterranean Basin 480 (Tzedakis, 2007; Vannière et al., 2011).

481 A secondary change in the forest composition was observed at ca. 6800-5800 cal yr BP, 482 (VIL-4) (Figure 5). Although competition between Quercus faginea and evergreen 483 Quercus cannot be ruled out as a factor for vegetation change, the general decline of 484 mesophytes and the following increase in evergreen elements (evergreen Quercus, Olea, 485 Ericaceae) as well as the significant presence of Pinus, suggest a reduction of summer precipitation and/or an increase of temperatures. In fact, estimates of $\delta^{13}C$ in mid 486 487 Holocene archaeobotanical remains located in the nearby Valencia Region confirm a 488 progressive reduction in July precipitation between 6000 and 5000 yr BP (Aguilera et 489 al., 2012). On the other hand, the reduced seasonal thermal contrast of the mid Holocene 490 caused warmer winters and milder summers, and consequently an increase in mean 491 annual temperatures allowing the spread of more thermophilous, frost-sensitive 492 elements (e.g., Olea, Pistacia, Thymelaea) (Figures 5 and 7) even in the inner areas of 493 the Iberian Peninsula (Badal et al., 1994; Carrión et al., 2010).

494

Regionally, the same vegetation shift from deciduous to evergreen vegetation 495 formations is reported from different continental sequences (Figure 7). At Siles, the 496 maximum expansion of the Mediterranean forest-scrub was recorded at ca. 5900 cal yr 497 BP (Carrión, 2002). At Navarrés, the colonization of sclerophyllous Quercus in 498 pinewoods took place around 6000 cal yr BP, possibly triggered by human-induced fires 499 under dry climate conditions (Carrión and van Geel, 1999). At Villaverde, the main 500 change towards a dominance of evergreen Quercus is recorded ca. 5300 cal yr BP, 501 several centuries later than other discussed records (Carrión et al., 2001) (Figure 7). 502 Anthracological data published by Allué et al., (2009) from Cova de la Guineu confirm 503 this regional-scale pattern, reporting a change from humid to sub-humid Mediterranean 504 climate, suggested by increasing abundance of evergreen Quercus, Erica and 505 Rhamnus/Phillyrea in the charcoal record. Although a steady increase in summer dry 506 conditions is recorded, the relatively high amount of deciduous elements especially 507 between 5800 and 5000 cal yr BP, suggests a favourable mean annual precipitation, 508 although with a more pronounced seasonality.

509 Sedimentological indicators reflect a slight decrease in lake levels with a dominance of 510 more ephemeral depositional environment that persisted through the remaining UNIT-2. 511 The change from carbonate-lake environment (SUB-2B) into shallower carbonate 512 wetland (SUB-2A) is also shown by the inverse relationship between siliciclastic 513 elements and Ca (Figure 4). This pattern towards drier conditions in continental Iberia 514 (Carrión et al., 2010a) and elsewhere in the Mediterranean Basin (Jalut et al., 2009), 515 likely represents the hydrological and vegetational response to the end of the orbitally-516 driven African Humid Period (deMenocal et al., 2000).

517 5.1.4. Increase in the aridity trend from the mid to late Holocene (5000-2530 cal yr
518 BP)

519 Between 5000 and 2530 cal yr BP a mixed evergreen *Quercus-Pinus* forest developed 520 while *Corylus* and other mesic trees (e.g., *Fraxinus*, *Salix*, *Ulmus*), which were probably 521 confined in riverbanks and humid gorges, reduced significantly (VIL-3) (Figure 5). 522 More contrasted continental and drier climate conditions could have favoured the 523 expansion of a Pinus-dominated landscape at the expense of mesophytes (Carrión et al., 524 2010a, and references therein) (Figure 5). Palynological data from areas within the 525 thermo- and mesomediterranean areas reported woodland cover reductions after ca. 526 5200 cal yr BP (Jalut et al., 2000; Pantaleón-Cano et al., 2003; Carrión, 2002; Carrión et 527 al., 2001, 2004; Fletcher et al., 2007) (Figure 8). During this period, an increase in fire 528 activity, probably enhanced by arid climate conditions, may have played a crucial role 529 in favoring the spread of sclerophyte and fire-prone communities (Carrión and van 530 Geel, 1999; Carrión et al., 2003; Gil-Romera et al., 2010a), even at high elevations 531 (Carrión et al., 2007; Anderson et al., 2011; Jiménez-Moreno and Anderson, 2012; 532 Jiménez-Moreno et al., 2013). In addition, marked changes in several lake sequences 533 took place approximately at 5100 cal yr BP. (Carrión et al., 2003; Anderson et al., 2011; 534 García-Alix et al., 2012) (Figure 8). In Villarquemado, deposition in ephemeral lake 535 conditions continued without major changes in the geochemical signature (SUB 2-A), 536 except for a significant increase in Mn that might reflect higher occurrence of oxidation 537 processes in a shallow environment (Figure 4).

538 Other pollen-independent studies reach similar conclusions: at Laguna de Medina, Reed 539 et al. (2001) suggest a clear decrease in lake levels after 5530 cal yr BP, while at Siles 540 phases of dramatic lake dessication around 5200 and 4100 cal yr BP are identified 541 (Carrión, 2002) (Figure 8). An arid interval was recorded in Lake Estanya between 542 4800-4000 cal yr BP (Morellón et al., 2009), while the sequences at Lake Zoñar 543 (Martín-Puertas et al., 2008) and Laguna de la Mula sequences (Jiménez-Moreno et al., 544 2013) start with low lake levels at ca. 4000 cal yr BP (Figure 8). Further evidence 545 towards dry environments in continental areas of Iberia are confirmed by enhanced 546 erosive phases in the Trabaque Canyon tufa deposits (Domínguez-Villar et al., 2012), 547 and by the reduced water availability along with the consequent decline in the tufa 548 deposition in the Añavieja River system (Luzón et al., 2011). At a broader scale, the 549 spread of aridity in the southern Peninsula has been correlated with millennial and 550 submillennial-scale arid intervals in North Africa as recorded in Tigalmamine Lake 551 between 5010-4860 cal yr BP (Lamb and van der Kaars, 1995), Lake Sidi Ali at 6000-552 5000 cal yr BP (Lamb et al., 1999) and Dar Fatma (Ben Tiba and Reille, 1982). Single 553 grains of Cedrus recorded in Villarquemado at the 5160-4240 cal yr BP interval suggest 554 an enhanced influence of air masses reaching northern Mediterranean areas from North 555 Africa (Magri and Parra, 2002; Di Rita and Magri, 2009).

556 5.1.5. Clearance of pine woodlands during Iberian-Roman times (2530-1940 cal yr
557 BP)

558 The continuous Pinus frequencies (both Pinus sylvestris/nigra and Pinus 559 pinaster/halepensis types) recorded in Villarquemado during the Lateglacial and the 560 Holocene until 1950 cal yr BP (Figure 5) confirm the native character of pinewoods in 561 the inner continental areas of Iberia, as shown by numerous studies (Franco-Múgica et 562 al., 2001, 2005; Carrión et al., 2004; Figueiral and Carcaillet, 2005; Rubiales et al., 563 2009, 2011; López-Sáez et al., 2010; García-Antón et al., 2011; Morales-Molino et al., 564 2012). Pinus pinaster/halepensis type is recorded throughout the record without major 565 changes, probably reflecting a long-term persistence of Mediterranean pinewoods in 566 sandy substrates of the southern Iberian Range, a region already defined by Carrión et 567 al., (2000) and recently confirmed by chloroplast microsatellite markers (Gómez et al., 568 2005; Bucci et al., 2007), as an important source area for cluster pine during pre- and 569 postglacial times.

570 Despite the persistence of *Pinus* in our sequence, an abrupt pinewood decrease occurred 571 about ca. 2530-1940 cal yr BP, suggesting an anthropogenic disturbance (Figure 5). 572 Archaeological data and historical sources reveal that both the Celtiberian (Lorrio and 573 Ruiz-Zapatero, 2005) and Roman civilizations (Vicente-Redón, 2002) were present 574 locally, significantly altering the environment by grazing practices and building 575 structures for water management and river regulation (Rubio, 2004; Arenillas, 2007). In 576 fact, during Roman times, the Albarracín-Cella aqueduct was constructed, a magnificent 577 25 km long hydraulic infrastructure built to transfer water from the Guadalaviar River to 578 the Cella village (Almagro Gorbea, 2002) (Figure 1). Although some authors consider 579 that the aqueduct was designed by Muslim engineers (Sebastián López, 1989), the 580 discovery of high density of *terra sigillata hispanica* pottery fragments, indicates that at 581 least some parts of the infrastructure were completed before I-II A.D and therefore 582 Roman culture was present (Almagro Gorbea, 2002; Rubio, 2004). Calibrated 583 radiocarbon dates in this part of the Villarquemado sequence confirm that a major 584 change in the forest composition occurred during the Iberian-Roman Period (Figure 5). 585 Pollen evidences that the deforestation was particularly intense in the pine forest, in 586 contrast to the oak woodland (both Quercus faginea type and evergreen Quercus) that 587 surprisingly reached the highest values of the whole sequence (Figure 5). Although, 588 chronologically well-constrained, multiproxy studies have recognized the existence of a 589 moister phase between 2600 and 1600 cal yr BP, named as the Iberian-Roman Humid 590 Period (Gil-García et al., 2007; Martín-Puertas et al., 2009; Jiménez-Moreno et al., 591 2013), the abrupt change recorded in the Pinus values in just 3 cm (<130 years) is 592 unlikely to be explained by climate change only. Problems linked to taphonomical 593 processes might not be relevant since the same trend is repeated in different cores from 594 Villarquemado paleolake (Figure 3A).

595 Deforestation has often been related to the intensification of agro-pastoral activities 596 (Carrión et al., 2007; López-Merino et al., 2010; Pèlachs et al., 2009a; Bal et al., 2011), 597 or mineral extraction and metallurgy (Pèlachs et al., 2009b). However, in the

Villarquemado sequence no agricultural intensification has been recorded during this
period (Figures 5 and 6) since only isolated presence of *Cerealia* type is recorded,
without any noticeable proportions of ruderals (e.g., *Plantago*, *Rumex*, Polygonaceae) or
cultivated trees (e.g., *Olea*, *Castanea*, *Juglans* and *Vitis*).

602 In addition, a preference of conifers for construction purposes compared to Quercus and 603 other mesophyte species has been postulated in many ethnobotanical studies (Rubiales 604 et al., 2011; Ntinou et al., 2012). Pinus nigra and Pinus sylvestris are more suitable for 605 construction as they produce straighter trunks in comparison with *Quercus ilex* which is 606 more suitable for fuelwood (Rubiales et al., 2011). Therefore, we propose that the 607 pinewood clearance recorded in Villarquemado was to obtain building material to 608 construct the Albarracín-Cella aqueduct, following the Roman economic and social 609 expansion in the area.

610 At a European scale, the climate during the Roman period (2600-1600 cal yr BP) was 611 characterized by increased humidity (van Geel et al., 1996), affecting particularly the 612 southern latitudes (Zanchetta et al., 2007). Pollen-based studies across the Iberian 613 Peninsula, especially in those regions where the human impact was substaintially 614 negligible, revealed noticeable changes in the vegetation composition, with the spread 615 of deciduous elements, as recorded in Basa de la Mora (Pérez-Sanz et al., 2013), in 616 Estany de Burg (Bal et al., 2011) and Laguna de la Mula (Jiménez-Moreno et al., 2013) 617 among others. High lake productivity and the maximum diversity of the aquatic pollen 618 characterizes the Tablas de Daimiel sequence during this period (Gil-García et al., 2007) 619 coeval to the deposition of varves related to higher lake levels in Zoñar Lake (Martín-620 Puertas et al., 2009). Although the possible forcings and the detailed chronological 621 delimitation of the mentioned period remain still unclear, the atmospheric circulation 622 pattern has been pressumably related to a persistent negative NAO mode, with North

Atlantic origin storm tracks affecting with particular intensity south-western
Mediterranean areas (Martín-Puertas et al., 2012).

Deposition in Lake Villarquemado during the late Holocene is characterized by the coexistence of carbonate wetland environments with peatbog areas. Sedimentological proxies reveal a sharp change from a carbonate wetland (SUB-2A) to a peat (UNIT-1) at ca. 1940 cal yr BP (Figure 4) in core VIL05-1B. However, it does not appear clearly in VIL05-1A (Figure 3A), underlying the depositional spatial variability in a shallow lacustrine system such as the Villarquemado paleolake.

5.1.6. Increased landscape management during the last 1500 years (1940-470 cal yr
BP)

633 The time period between 1940-470 cal yr BP was characterized by the increase in 634 anthropogenic pressure shaping the current patched landscape in the Jiloca Basin. 635 Pinewoods partially recovered at high altitudes, while in the lowlands, covered by 636 evergreen and deciduous oak communities, pine reduced noticeably (VIL-1) (Figure 5). 637 Slash and burn practices were probably frequent (Figure 6) and during this period 638 livestock became an important economic activity in the area, evidenced by an 639 exponential increase in coprophilous fungi of Sordariales-group. Also, nitrophilous 640 elements like Compositae, Chenopodiaceae, Rumex or Apiaceae increased substantially, 641 reflecting a major change towards an open and degraded environment. Similarly, 642 Glomus chlamydospores increased (Figure 6) suggesting enhanced soil erosion due to 643 grazing practices.

The relatively poor pollen resolution for this period together with the lack of detailed geochemical analyses from the core VIL-05-1A do not allow a detailed definition of climate evolution from our proxies, although it is well-known that the last two millennia in the Iberian Peninsula were characterized by a marked climate variability with the 648 alternation of warm/dry and cool/moist periods (Morellón et al., 2012; Moreno et al., 649 2012b). In general terms, deforestation ceased and pines spread in the highlands after 650 the decline of the Roman Empire (Figure 5), possibly in a drier climate context. 651 Similarly, in the nearby Albarracín Range, pinewood colonized the previous deciduous 652 woodland at 1840 cal yr BP and remained dominant until ca. 440 cal yr BP (Stevenson, 653 2000). Nevertheless, water levels seem to have remained low in the Villarquemado 654 paleolake with a patchy distribution of shallow carbonate lakes and wetlands since, no 655 major evidence of recovery is inferred from the sedimentological sequence (Figure 4) or 656 from the expansion of hygro- and hydrophyte communities (Figure 6).

In the 18th century, Villarquemado paleolake was artificially desiccated in order to
achieve new land for cultivation and/or to reduce malarial-ridden swampy areas (Rubio,
2004). This transition has been dated in the sedimentary sequence of Villarquemado
paleolake at 430±30 (470 cal yr BP) radiocarbon data.

661 5.2. Vegetation resilience to abrupt climate changes

662 It is now well-established that the Lateglacial and Holocene periods have been 663 characterized by sharp climate changes occurring at millennial-scale (Bond et al., 1997). 664 Pollen data from central Europe have revealed an immediate response of terrestrial 665 ecosystems showing a widespread decline of drought-sensitive species such Corylus 666 that retreated in response to increased cool, dry and windy conditions (Tinner and 667 Lotter, 2001; Kofler et al., 2005). Similarly, the sensitivity of the Iberian vegetation to 668 global-scale climate changes has been widely reported, although it was mainly found in 669 Atlantic-influenced sequences where the vegetation succession was characterized by a 670 broadleaved vegetation expansion at the Holocene onset, shaped by short-lived peaks of 671 xerophytes, and by the progressive increase in drought tolerant taxa in reponse to more-672 seasonal conditions from the mid-Holocene onwards (Carrión et al., 2010a and

673 references therein). Examples of this vegetation succession have been well-defined in 674 the Pyrenees by records such as El Portalet (González-Sampériz et al., 2006), 675 Tramacastilla (Montserrat-Martí, 1992) or by the recently published Basa de La Mora 676 (Pérez-Sánz et al., 2013), recording marked climate shifts towards arid conditions at ca. 677 9300 and 8300 cal yr BP. Similarly, pollen data obtained from sequences located in the 678 Cantabrian Mountains (Moreno et al., 2011), in north-western Iberia (Muñoz-Sobrino et 679 al., 2005; López-Merino et al., 2012) or from coastal areas of Portugal (Fletcher et al., 680 2007) have reported a similar vegetation succession characterized by forest opening and 681 coeval increase in steppe elements.

682 In contrast, based on a palynological approach, continental areas of the Iberian 683 Peninsula do not clearly reflect these centennial-scale climate events, even when the 684 chronological models are well-established, without apparent hiatuses and abrupt 685 changes in the sedimentation rates (e.g, Carrión and van Geel, 1999; Sánchez Goñi and 686 Hannon, 1999; Stevenson, 2000; Carrión, 2002; Carrión et al., 2007; García-Antón et 687 al., 2011) while resolution in most these cases is high enough to detect those oscillations 688 (e.g. Sánchez Goñi and Hannon, 1999; Franco-Múgica et al., 2001; Carrión, 2002; Carrión et al., 2007). In Villarquemado paleolake, the depth-age model reflects a lineal, 689 690 continuous and relatively high sediment accumulation rate for the Lateglacial (0.030 cm yr⁻¹), decreasing slightly to 0.049 cm yr⁻¹ during the early Holocene (Figure 3B). 691 692 Global-scale abrupt climate reversals such as the Preboreal Oscillation (Fisher et al., 693 2002), the 8200 cal yr BP event (Alley et al., 2003), and the 4200 cal yr BP aridity crisis 694 (Cullen et al., 2000) have been chronologically well-constrained by means of 695 radiocarbon dates reporting results centered at 9820±50 (11250 cal yr BP), 7460±50 (8280 cal yr BP) and 3750±40 (4110 cal yr BP) respectively (Table 1). Nevertheless, no 696 697 major changes in the pollen sequence have been observed compared to the previous

trend (Figure 8). In addition, pollen analysis performed for comparison in Core VIL-051A (not shown in this work) around the radiocarbon date 7460±40 (8275 cal yr BP)
(Table 1) show a vegetation landscape similar to VIL-05-1B sequence, without a clear
evidence of forest opening around 8200 cal yr BP.

702 Considering that peculiarities related to depth-age model or sampling resolution are not 703 the main factors explaining the lack of vegetation response to abrupt events in the 704 Villarquemado paleolake, the stable character of the continental forest communities 705 could be partially explained by its optimal ecological niche, including the lack of 706 successional competitors during harsh climatic periods. Modern ecophysiological 707 studies have demonstrated that conifers are better adapted to water-stress induced by 708 drought in comparison to broadleaved trees (Lloret et al., 2007). Then, the ecosystem's 709 inertia would also play a role on buffering climate perturbations. This persistence is 710 supported by the complex interactions of the postglacial pinewoods with the newly 711 established junipers and oak forests during the recorded period. These interactions are 712 usually difficult to establish but once they are created, they hamper perturbations in 713 well-developed and mature communities (Gil-Romera et al., 2009, 2010b; Carrión et al, 714 2010b). Moreover, since aridity is an intrinsic driver of the Villarquemado landscape 715 without any clear marker of regional forest contractions during the Lateglacial and early 716 Holocene, short-lived arid spells in a drought-tolerant environment are likely to be 717 substantially negligible. This model may be extrapolated to many Iberian records that 718 see similar signals of vegetation inertia (e.g., Carrión and van Geel, 1999; Sánchez Goñi 719 and Hannon, 1999; Stevenson, 2000; Franco-Mugica et al., 2001, 2005; Carrión, 2002; 720 García-Antón et al., 2011). Instead, in Atlantic-influenced sequences the well-721 established deciduous vegetation seems more vulnerable to arid events as the forest 722 responds showing a sharp opening or treeline experiences major shifts at high altitudes

that result easier to detect than in continental sequences (e.g., Muñoz-Sobrino et al.,
2005; González-Sampériz et al., 2006; Moreno et al., 2011; López-Merino et al., 2012;
Pérez-Sánz et al., 2013). In many cases, these abrupt forest depletions are evidenced by
increased *Pinus* pollen frequencies indicating its xeric behaviour (e.g., GonzálezSampériz et al., 2006; Pérez-Sánz et al., 2013).

728 6.- Conclusions

729 High-resolution multiproxy analyses of the Villarquemado paleolake allow the 730 reconstruction of both meso- and supramediterranean vegetation dynamics, climate and 731 hydrological changes in the southeastern Iberian Range during the last ca. 13500 cal yr 732 BP. Most of the studied period has been characterized by a marked resilience of 733 terrestrial vegetation and gradual responses to millennial-scale climate fluctuations. The 734 main vegetation and hydrological responses to global climate variability have been 735 identified using palynological, sedimentological and geochemical indicators, enabling 736 correlations with other continental Iberian paleoenvironmental sequences. In general 737 terms, six phases occurred between ca. 13500 and 450 cal yr BP as follows:

Regional cool conditions are inferred for the LGIT (13540-11270 cal yr BP) with
conifers and steppe elements as main landscape elements. In addition, the welldeveloped hygro-hydrophyte pollen assemblages and the sedimentary facies
associations reveal high water levels, probably as a consequence of reduced
evapotranspiration rates and/or higher intensity of precipitation events.

Prevalence of dry conditions in response to increased seasonality is the main feature
for the early Holocene (11270-7780 cal yr BP), when conifer forests and
xerophytes spread regionally. Hydrologically, this phase corresponds with an
abrupt change towards a shallow carbonate-wetland with both littoral and aquatic
communities experiencing a marked decrease.

3) Moister conditions characterize the beginning of the mid Holocene (7780-5000 cal
yr BP) in coherence with the regional pattern, showing the expansion of mesothermophilous taxa with both *Quercus faginea* and evergreen *Quercus* as main
woodland components. Local hydrological conditions suggest increased water
availability in a carbonate-wetland system.

4) The progressive increase in arid conditions during the late Holocene (5000-2530 cal
yr BP) enabled the expansion of a mixed *Pinus*-evergreen *Quercus* forest. The
carbonate-lake environment persisted during this period.

5) During Ibero-Roman times, pinewood forest clearance (2530-1940 cal yr BP)
represents the most important deforestation phase as a consequence of
anthropogenic disturbance. Carbonate shallow lakes and wetlands dominated
during this period and peat formation could have been favored during some
intervals.

6) Between 1940 and 470 cal yr BP increased landscape management associated to
grazing pressure shaped a patchy forest landscape without clear evidence of
agricultural intensification.

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Figures and tables caption

Figure 1. Location of the Villarquemado paleolake in the Iberian Peninsula. The sites
cited in the discussion and in Figures 7 and 8 are also included; 1) Las Pardillas Lake
(Sánchez-Goñi and Hannon, 1999); 2) Lake Estanya (Morellón et al., 2009; VegasVilarrúbia et al., 2013); 3) Añavieja River system (Luzón et al., 2011); 4) Cova de la

1457 Guineu (Allué et al., 2009); 5) Las Parras River system (Rico et al., 2013); 6) Trabaque 1458 Canyon (Domínguez-Villar et al., 2012); 7) Ojos del Tremedal (Stevenson, 2000); 8) 1459 Guadalaviar River system (Sáncho et al., 1997); 9) Mijares River system (Peña et al., 2000); 10) Fuentillejo Maar (Vegas et al., 2010); 11) Navarrés (Carrión and van Geel, 1460 1461 1999); 12) Villaverde (Carrión et al., 2001); 13) Siles (Carrión, 2002); 14) Salines 1462 (Roca and Julià, 1997); 15) El Sabinar (Carrión et al., 2004); 16) Guadiana Estuary, Core CM5 (Fletcher et al., 2007); 17) Lake Zoñar (Martín-Puertas et al., 2008); 18) 1463 Laguna de Medina (Reed et al., 2001); 19) Baza (Carrión et al., 2007); 20) San Rafael 1464 (Pantaleón-Cano et al., 2003); 21) Laguna de la Mula (Jiménez-Moreno et al., 2013); 1465 22) Borreguiles de la Virgen (Jiménez-Moreno and Anderson, 2012; García-Alix et al., 1466 1467 2012); 23) Laguna del Río Seco (Andersón et al., 2011).





¹⁴⁷⁰ Jiloca Basin.



sedimentological markers, ¹⁴C dates and main palynological changes. (B) Composite
depth-age model for the Villarquemado paleolake based on lineal interpolation of ¹⁴C
data (Table 1), obtained using the *Clam* software (Blaauw, 2010). The grey envelope
shows the 95% confidence interval.



Figure 4. Sedimentary facies and sedimentological units, XRF analyses and TIC results
for the Villarquemado sequence. XRF intensities are expressed in counts per second
(cps) and TIC values in percentages. The facies description is supported by X-ray
diffraction and visual inspection of relative mineral abundances on smear slides.



1482

Figure 5. Pollen diagram from Villarquemado sequence for trees and shrubs. 1483 1484 Mesophytes-group comprises Betula, Corylus, Alnus, Salix, Ulmus, Fraxinus, Fagus, 1485 Tilia, Juglans, Castanea, deciduous Quercus and Quercus faginea type; Mediterranean 1486 taxa-group is composed by Evergreen Quercus, Quercus suber type, Pistacia, Rhamnus, 1487 Buxus, Thymelaea, Phillyrea, Olea, Oleaceae and Arbutus; Xerophytes-group is formed 1488 by Juniperus, Helianthemum, Ephedra distachya, E. fragilis, Hippophae, Artemisia, 1489 Compositae and Chenopodiaceae; Other herbs-group includes Rubiaceae, Gentiana, 1490 Boraginaceae, Plumbaginaceae, Armeria, Primulaceae, Papaver, Geraniaceae, 1491 Violaceae, Polygonaceae, Crocus, Cytisus, Asphodelus, Malvaceae, Galium, 1492 Valerianaceae, Dipsacaceae, Aristolochia and Cannabis/Humulus type. Dots represent 1493 percentages <0.5%. Sedimentological units defined in Figure 4 are also reported to 1494 facilitate readability.



Figure 6. Pollen diagram from Villarquemado sequence for herbs, hygrophytes,
hydrophytes, Pteridophytes and NPPs. Hygrophytes-group is composed by *Ranunculus*,
Juncaceae, Cyperaceae, *Typha/Sparganium* type and *Thalictrum*. Hydrophytes-group
includes *Myriophyllum*, *Potamogeton*, *Utricularia*, *Nuphar*, *Nymphaea* and *Callitriche*.
Dots represent percentages <0.5%. Sedimentological units defined in Figure 4 are also
reported to facilitate



1503

Figure 7. Main vegetation trends in the Villarquemado sequence and correlation with 1504 1505 other Mediterranean continental records. Pollen-based ecological groups for 1506 Villarquemado are defined in Figure 5 caption. Pollen data for Navarrés, Villaverde and 1507 Siles have been obtained from Carrión and van Geel (1999), Carrión et al. (2001) and 1508 Carrión (2002), respectively.





1512	continental Iberia for the Lateglacial and Holocene derived from various approaches.
1513	Winter and summer insolation values for 40°N are calculated by means of PAST
1514	software (Hammer et al., 2001) and GISP2 isotope values obtained from Stuiver et al.,
1515	(1995). Pollen data have been acquired from 1) Navarrés (Carrión and van Geel, 1999);
1516	2) Siles (Carrión, 2002); 3) Villaverde (Carrión et al., 2001); 4) El Sabinar (Carrión et
1517	al., 2004); 5) Core CM5 (Fletcher et al., 2007); 6) San Rafael (Pantaleón-Cano et al.,
1518	2003); 7) Baza (Carrión et al., 2007); 8) Borreguiles de la Virgen (Jiménez-Moreno and
1519	Anderson, 2012) and 9) Laguna del Río Seco (Anderson et al., 2011). The main lake
1520	level phases are derived from 10) Lake Estanya (Morellón et al., 2009); 11) Siles
1521	(Carrión, 2002); 12) Lake Zoñar (Martín-Puertas et al., 2008); and 13) Borreguiles de la
1522	Virgen (García-Alix et al., 2012). Pollen-based ecological groups for Villarquemado
1523	defined in the caption of Figures 5 and 6 and lake level reconstructions have been
1524	summarized by integrating sedimentological, geochemical and hygro-hydrophyte pollen
1525	assemblages.

1526 Table 1. Radiocarbon dates (AMS) for the Villarquemado sequence obtained from bulk1527 sediment.

1528						
C	ora	Lab number	Depth (cm)	Radiocarbon date	Age error	Calibrated age (20)
		Lab. number	<u>Deptil (CIII)</u>	<u>(¹⁴C AMS yr BP)</u>	<u>(yr BP)</u>	<u>(cal. yr BP)</u>
VIL-	05-1A	Beta-332033	<u>11</u>	<u>430</u>	<u>30</u>	<u>529-431</u>
VIL-	05-1A	Beta-332034	<u>132</u>	<u>7460</u>	<u>40</u>	<u>8365-8190</u>
VIL-	05-1A	Poz-16073	<u>220</u>	<u>11950</u>	<u>70</u>	<u>13997-13617</u>
VIL-	05-1B	Beta-319544	<u>62.5</u>	<u>2020</u>	<u>30</u>	<u>2084-1898</u>
VIL-	05-1B	Poz-18451	<u>96.5</u>	<u>3750</u>	<u>40</u>	<u>4232-3990</u>
VIL-	05-1B	Poz-18509	<u>173.5</u>	<u>7460</u>	<u>50</u>	<u>8373-8185</u>
VIL-	05-1B	Poz-18453	<u>233</u>	<u>9820</u>	<u>50</u>	<u>11339-11192</u>
VIL-	05-1B	Poz-15943	<u>307</u>	<u>11620</u>	<u>60</u>	<u>13645-13306</u>
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