



Internship at Levit Dermatology, Laser, and Cosmetic Surgery Center

MICHELLE VOLIS

Why Did I Choose to Shadow At A Dermatology Clinic?

- To shadow in a specialty that I wanted to learn more about
- To observe invasive and more complex procedures
- To learn new medical terminology
- To familiarize myself with medical instruments, medications, and machinery
- To witness and understand proper bedside manners
- To experience patient interactions in the clinical setting
- To form connections with the doctors and staff members



Internship Overview

- i. Shadowed two dermatologists, a nurse practitioner, and a physician assistant
- ii. Observed surgical procedures such as Mohs surgery and facial procedures such as acne lasers
- iii. Became familiar with medical terminology and how to identify malignant epithelial cells under the microscope
- iv. Worked with head dermatologist to write clinical research papers on case studies
- v. Learned how to properly sterilize instruments and take patients' vitals
- vi. Translated to the Russian language whenever needed



Some of My Favorite Procedures I Observed

- ▶ **Mohs surgery** - technique to remove cancerous cells from the skin one layer at a time for the purpose of preserving healthy tissue
- ▶ **Blepharoplasty** - surgery to repair droopy eyelids
- ▶ **Radio Frequency Laser** to remove scars from a breast implant
- ▶ **Glomus tumor removal surgery** (interesting case study)

Lesion was cauterized post tumor removal



Interrupted ethilon sutures were utilized



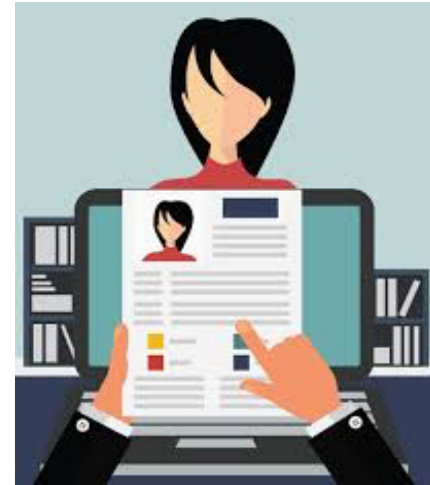
Benefits of My Internship



- Connections
- Knowledge
- Confidence
- Shadowing Hours
 - Skills
 - Mentoring

How Did I Acquire My Internship?

- Worked on my resume with the Career Development Office at NSU
- Searched online for local medical offices and practices
- Narrowed down the list of practices by coming up with reasons as to how I would personally benefit from interning specifically there
- Reached out to those offices providing my resume and reasoning as to why I am passionate about shadowing at their office
- Explained to the offices that got back to me why I would be a good intern and what skills I have to offer (Ex. being able to speak Russian fluently)



The Importance of An Internship As A Pre-Health Student

- a) Crucial to see if the healthcare field is really what you want to pursue
- b) You can write about your experiences in your personal statement
- c) Important to have shadowing hours when applying to graduate school
- d) Meaningful connections in the healthcare field can make a difference
- e) A reference letter from a medical professional makes you a more competitive applicant

