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12-3-2020

Residency Recruitment: Changes and Challenges

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Residency Recruitment: Changes and Challenges Karen A. Chojnacki, MD, FACS Program Director

Disclosures:

- None
 - Several opinions

Changes and Challenges

- COVID 19
- USMLE Step 1

COVID 19

- Changed everything....
 - Increased number of applications (no travel, uncertainty)
 - No visiting rotations
 - Transition to virtual interview format

COVID 19

Increased number of applications

• Pre-COVID

- US med school matriculation has > by 23% since 2010
 - US grads increased program applications from 47 to 60
- Traditional year: 1200 applications for 6 positions
 - 200 applications per spot
- COVID
 - 2020: 1600 applications for 7 positions
 - 230 applications per spot

1600 Applications

- First screen
 - USMLE Step 1
 - Minimum score of 230
 - Decreased applications from 1600 to ~500

500 Applications

- Enlisted Faculty
 - 20 faculty to review 10 applications/each
 - MSPE, letters of recommendation, research, leadership, unique attributes, personal statements, red flags
 - Purposely not given USMLE scores
 - Offer an interview, wait list, reject
 - ~240 applications
 - PEC reviewed for special interest or connection to Jefferson or Philadelphia.
 - 112 invited to interview

COVID 19

• Changed everything....

Increased number of applications

- No visiting rotations
- Transition to virtual interview format

Virtual Interviews

Challenges

How to portray what is unique and special about your program

- Our strength has been interview day

Virtual Interview

- Virtual interview becomes the window into your program
 - Well organized, seamless
 - Professional
 - Show off formal and informal aspects of the program

Virtual Interview

- All Zoom format
- 2 Day Structure
 - Day 1:
 - History lecture
 - Program lecture
 - Social hour with residents
 - Day 2:
 - A few minutes with the chair, PD 5 minutes each
 - Un-blinded interview with faculty 20 minutes
 - Blinded interview with faculty 20 minutes
 - Interview with PGY 4 10 minutes
 - Interview with APD 10 minutes

Zoom Help

- Click the Zoom link emailed to you
 - On Campus
 - Stay on that link (room)
 - Accept invitation to the breakout room
 - Applicants will be moved to your room
 - 2 minute and 30 second warning
 - **DO NOT log off between candidates**
 - Be patient. Candidate will be moved to your room
 - If technical difficulties let us know and call candidate by phone.

Zoom Help

- Stay on the Zoom link provided!!!
- Stay on the Zoom link provided!!!
- Stay on the Zoom link provided!!!
- Be on time!!!
- Be on time!!!
- Be on time!!!

Zoom Help

Zoom etiquette

- Camera at eye level
- Adequate lighting (from behind the camera)
- Quiet space (on campus)
- Professional space (on campus)
- Strong internet connection (on campus)
- Minimal distractions (on campus)
- Turn off camera and microphone if taking a break
 - But stay on the Zoom link!!!
 - Return on time!!!

Interview conclusion

- Heed the 2 min and 30 second warnings
- Complete candidate evaluation
 - Provide as many notes as possible
 - Note any red flags
 - Provide candidate answer to mandatory question
 - Final recommendation
 - Actively recruit
 - Good fit
 - Not right for us

Next Challenge

- USMLE Step 1 changes coming in 2022
- Step 1: multiple choice exam to assess knowledge of foundational science
- Step 2 CK: assess ability to apply scientific concepts to clinical medicine
- Step 2 CS: standardized patients to test ability to gather info, perform PE, communicate
- Step 3: multiple choice exam and computerized patients to assess ability to practice in unsupervised setting.

Next Challenge

- USMLE Step 1 changes coming in 2022
 - Pass/fail
 - Limit number of attempts from 6 to 4
 - Must pass Step 1 before moving on

Rationale

- Step 1 is a high stakes exam
 - 98% of all programs require it
 - 64% of all programs require a minimum
- 50% of medical students suffer burnout
 - USMLE Step 1 is identified as the most significant stressor
- Many students skip the regular curriculum to prepare for Step 1.

Rationale

- Racial and Gender differences/biases
 - White men perform best on Step 1, white women on Step 2
 - URM:
 - Increased number of 1st generation college students
 - Decreased access to prep courses

Rationale

- What does it measure?
 - Surgery, correlates with ABS exam pass rates
 - Cardiology, correlates with patient outcome
 - Successful test prep, test taker

Impact

- USMLE Step 1 pass/fail
 - Increased importance of Step 2 score?
 - Increased importance of research?
 - Impact IMG's, lose most objective way to compare these candidates to US grads
 - More holistic review of candidates

Impact for us

USMLE Step 1 pass/fail

- Narrowed the pool from 1600 to 500

• Took a team of 25 to review 500 applications

Talent Selection

• Saligman Grant

– CRA Leadership development firm

Talent assessment division

Talent Selection Workshop

• SKILLS

- We want someone who can perform the role
- Technical skillset
- Related experience
- Positive track record
- FIT
- We want someone who gets along well with the team
- Shares our values
- Consistent with our beliefs
- Operates in our working style

HIGH POTENTIAL

- We want someone who has potential to grow and advance
- Highly coachable
- Intrinsically motivated
- Collaborative

Talent Selection Workshop

Interviews

- Required questions
- If you could choose your co-residents, what qualities would you look for? (Fit)
- What was the most important decision you have made against popular advice? (Social awareness)
- What's one thing you've quit in life that you don't regret? Anything you've quit that you do regret? (Intrinsic motivation)

Next steps

- More holistic, comprehensive initial review
 - Continue to enlist faculty
 - Decrease reliance on USMLE scores
 - Screen applications efficiently and effectively

- Improve our interview skills
 - Learn to recognize indicators of potential
 - Interview to uncover skills, fit, and high potential

More to come...

- New challenges and opportunities
- Interview dates
 - December 19, 2020 (Saturday)
 - January 21, 2021 (Thursday afternoon)
 - January 23, 2021 (Saturday)
 - February 4, 2021 (Thursday)
- Thank you!