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#### **Residency Recruitment: Changes and Challenges**

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## Residency Recruitment: Changes and Challenges Karen A. Chojnacki, MD, FACS Program Director

## **Disclosures:**

- None
  - Several opinions

## **Changes and Challenges**

- COVID 19
- USMLE Step 1

### COVID 19

- Changed everything....
  - Increased number of applications (no travel, uncertainty)
  - No visiting rotations
  - Transition to virtual interview format

# COVID 19

Increased number of applications

#### • Pre-COVID

- US med school matriculation has > by 23% since 2010
  - US grads increased program applications from 47 to 60
- Traditional year: 1200 applications for 6 positions
  - 200 applications per spot
- COVID
  - 2020: 1600 applications for 7 positions
    - 230 applications per spot

## **1600 Applications**

- First screen
  - USMLE Step 1
  - Minimum score of 230
  - Decreased applications from 1600 to ~500

# **500 Applications**

- Enlisted Faculty
  - 20 faculty to review 10 applications/each
    - MSPE, letters of recommendation, research, leadership, unique attributes, personal statements, red flags
      - Purposely not given USMLE scores
  - Offer an interview, wait list, reject
  - ~240 applications
  - PEC reviewed for special interest or connection to Jefferson or Philadelphia.
  - 112 invited to interview

### COVID 19

• Changed everything....

Increased number of applications

- No visiting rotations
- Transition to virtual interview format

## **Virtual Interviews**

Challenges

How to portray what is unique and special about your program

- Our strength has been interview day

## Virtual Interview

- Virtual interview becomes the window into your program
  - Well organized, seamless
  - Professional
  - Show off formal and informal aspects of the program

## Virtual Interview

- All Zoom format
- 2 Day Structure
  - Day 1:
    - History lecture
    - Program lecture
    - Social hour with residents
  - Day 2:
    - A few minutes with the chair, PD 5 minutes each
    - Un-blinded interview with faculty 20 minutes
    - Blinded interview with faculty 20 minutes
    - Interview with PGY 4 10 minutes
    - Interview with APD 10 minutes

# Zoom Help

- Click the Zoom link emailed to you
  - On Campus
  - Stay on that link (room)
    - Accept invitation to the breakout room
    - Applicants will be moved to your room
    - 2 minute and 30 second warning
  - **DO NOT log off between candidates** 
    - Be patient. Candidate will be moved to your room
    - If technical difficulties let us know and call candidate by phone.

## Zoom Help

- Stay on the Zoom link provided!!!
- Stay on the Zoom link provided!!!
- Stay on the Zoom link provided!!!
- Be on time!!!
- Be on time!!!
- Be on time!!!

# Zoom Help

### Zoom etiquette

- Camera at eye level
- Adequate lighting (from behind the camera)
- Quiet space (on campus)
- Professional space (on campus)
- Strong internet connection (on campus)
- Minimal distractions (on campus)
- Turn off camera and microphone if taking a break
  - But stay on the Zoom link!!!
  - Return on time!!!

### Interview conclusion

- Heed the 2 min and 30 second warnings
- Complete candidate evaluation
  - Provide as many notes as possible
  - Note any red flags
  - Provide candidate answer to mandatory question
  - Final recommendation
    - Actively recruit
    - Good fit
    - Not right for us

# Next Challenge

- USMLE Step 1 changes coming in 2022
- Step 1: multiple choice exam to assess knowledge of foundational science
- Step 2 CK: assess ability to apply scientific concepts to clinical medicine
- Step 2 CS: standardized patients to test ability to gather info, perform PE, communicate
- Step 3: multiple choice exam and computerized patients to assess ability to practice in unsupervised setting.

## Next Challenge

- USMLE Step 1 changes coming in 2022
  - Pass/fail
  - Limit number of attempts from 6 to 4
  - Must pass Step 1 before moving on

### Rationale

- Step 1 is a high stakes exam
  - 98% of all programs require it
  - 64% of all programs require a minimum
- 50% of medical students suffer burnout
  - USMLE Step 1 is identified as the most significant stressor
- Many students skip the regular curriculum to prepare for Step 1.

### Rationale

- Racial and Gender differences/biases
  - White men perform best on Step 1, white women on Step 2
  - URM:
    - Increased number of 1<sup>st</sup> generation college students
    - Decreased access to prep courses

#### Rationale

- What does it measure?
  - Surgery, correlates with ABS exam pass rates
  - Cardiology, correlates with patient outcome
  - Successful test prep, test taker

#### Impact

- USMLE Step 1 pass/fail
  - Increased importance of Step 2 score?
  - Increased importance of research?
  - Impact IMG's, lose most objective way to compare these candidates to US grads
  - More holistic review of candidates

## Impact for us

USMLE Step 1 pass/fail

- Narrowed the pool from 1600 to 500

• Took a team of 25 to review 500 applications

## **Talent Selection**

• Saligman Grant

– CRA Leadership development firm

Talent assessment division

# **Talent Selection Workshop**

#### • SKILLS

- We want someone who can perform the role
- Technical skillset
- Related experience
- Positive track record
- FIT
- We want someone who gets along well with the team
- Shares our values
- Consistent with our beliefs
- Operates in our working style

#### HIGH POTENTIAL

- We want someone who has potential to grow and advance
- Highly coachable
- Intrinsically motivated
- Collaborative

## **Talent Selection Workshop**

#### Interviews

- Required questions
- If you could choose your co-residents, what qualities would you look for? (Fit)
- What was the most important decision you have made against popular advice? (Social awareness)
- What's one thing you've quit in life that you don't regret? Anything you've quit that you do regret? (Intrinsic motivation)

#### Next steps

- More holistic, comprehensive initial review
  - Continue to enlist faculty
  - Decrease reliance on USMLE scores
  - Screen applications efficiently and effectively

- Improve our interview skills
  - Learn to recognize indicators of potential
  - Interview to uncover skills, fit, and high potential

#### More to come...

- New challenges and opportunities
- Interview dates
  - December 19, 2020 (Saturday)
  - January 21, 2021 (Thursday afternoon)
  - January 23, 2021 (Saturday)
  - February 4, 2021 (Thursday)
- Thank you!