

1 **SEX-SPECIFIC CHANGES IN THE EXPRESSION OF KISSPEPTIN, KISSPEPTIN**  
2 **RECEPTOR, GONADOTROPINS AND GONADOTROPIN RECEPTORS IN THE**  
3 **SENEGALESE SOLE (*Solea senegalensis*) DURING A FULL REPRODUCTIVE CYCLE**

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19  
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21  
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23 **ABSTRACT**

24 Kisspeptin is thought to have a major role in the control of the onset of puberty in vertebrates.  
25 However, our current understanding of its function in fish and how integrates with other  
26 hormones is incomplete due to the high diversity of this group of animals and a still limited  
27 amount of available data. This study examined the temporal and spatial changes in expression of  
28 kisspeptin, gonadotropins and their respective receptors in the Senegalese sole during a full  
29 reproductive cycle. *Kiss2* and *kiss2r* expression was determined by qRT-PCR in the forebrain,  
30 and midbrain while expression of *fsh $\beta$*  and *lh $\beta$*  was determined in the pituitary and *fshr* and *lhr*  
31 in the gonads. Plasma levels of testosterone (T), 11-ketotestosterone (11-KT) and estradiol-17 $\beta$   
32 were measured by ELISA and gonadal maturation was assessed histologically. In males, *kiss2*  
33 and *kiss2r* expression in the brain areas examined was highest towards the end of winter, just  
34 before the spawning season, which took place the following spring. This coincided with  
35 maximum levels of pituitary *fsh $\beta$*  and *lh $\beta$* , plasma T and 11-KT and the highest number of  
36 maturing fish. However, these associations were not evident in females, since the highest  
37 expression of *kiss2*, *kiss2r* and gonadotropins were observed in the fall, winter or spring,  
38 depending upon the variable and tissue considered. Taken together, these data show not only  
39 temporal and spatial, but also sex-specific differences in the expression of kisspeptin and its  
40 receptor. Thus, while expression of *kiss2* in Senegalese sole males agrees with what one would  
41 expect according to its proposed role as a major regulator of the onset of reproduction, in  
42 females the situation was not so clear, since *kiss2* and *kiss2r* expression was highest either  
43 before or during the spawning season.

44

## 45 **1. Introduction**

46 Kisspeptin has emerged as a key player in the neuroendocrine control of reproduction in  
47 vertebrates (Roa et al., 2008; Tena-Sempere, 2010), and is thought to be particularly implicated  
48 in the control of the onset of puberty in mammals (de Roux et al., 2003; Seminara et al., 2003)  
49 and teleost fish (Oaklet et al., 2009; Taranger et al., 2010). Kisspeptin is a neuropeptide product  
50 of the *KISS1* gene and forms a signaling system with its receptor, *KISSR* (Roa et al., 2008;  
51 Roseweir et al., 2009). In mammals, these genes are well conserved, with one ligand, *KISS1*,  
52 and its receptor, *KISS1R* (Oakley et al., 2009). However, several fish have two ligands, *kiss1* and  
53 *kiss2*, and two receptors, *kiss1r* and *kiss2r*, as a result of gene duplications (Akazome et al.,  
54 2010; Lee et al., 2009; Mechaly et al., 2010; Um et al., 2010; Tena-Sempere et al., 2012). In the  
55 Senegalese sole (*Solea senegalensis*), only *kiss2* and *kiss2r* have been detected (Mechaly et al.,  
56 2009, 2011) and thus this species appears to have lost *kiss1* and *kiss1r*, probably as a  
57 consequence of the genome reduction characteristic of Pleuronectiformes. However, in the  
58 Senegalese sole each gene produces two splice variants but one of them results in putative non-  
59 functional products due to the presence of stop codons in the mRNA (Mechaly et al., 2009,  
60 2011). Thus, some teleosts have lost one of the two paralogous genes, either of the ligand, the  
61 receptor or both (Mechaly et al., 2010, 2011).

62  
63 Kisspeptin and its receptor (*kissr*) are expressed in several tissues, but due to their proposed role  
64 in reproduction (Tena-Sempere, 2010) the majority of studies have focused on the brain and  
65 gonads. In the medaka (*Oryzias latipes*), two populations of Kiss1 neurons were found in the  
66 hypothalamus, one in the nucleus posterioris periventricularis (NPPv), and another in the  
67 nucleus ventral tuberis (NVT) (Kanda et al., 2008; Kitahashi et al., 2009). In addition, in  
68 medaka and also in zebrafish (*Danio rerio*) the highest levels of *kiss1* mRNA were found in the  
69 ventromedial habenula, whereas *kiss2* mRNA was localized in the posterior tuberal nucleus and  
70 the periventricular hypothalamic nucleus (Kitahashi et al., 2009; Servili et al., 2011). Regarding

71 the kisspeptin receptor, expression profiles of *kiss2r* during development and sexual maturation  
72 have been determined in the brain of several fish species. In the Nile tilapia (*Oreochromis*  
73 *niloticus*), *kiss2r* mRNA levels were higher in gonadotropin-releasing hormone (GnRH) neurons  
74 of mature males when compared to those of immature males (Parhar et al., 2004). An increase of  
75 *kiss2r* expression before the onset or during early puberty was observed in the brain of cobia  
76 (*Rachycentron canadum*) (Mohamed et al., 2007), grey mullet (*Mugil cephalus*) (Nocillado et  
77 al., 2007), fathead minnow (*Pimephales promelas*) (Filby et al., 2008) and Atlantic halibut  
78 (*Hippoglossus hippoglossus*) (Mechaly et al., 2010). In zebrafish, *kiss2r* mRNA levels peaked  
79 coinciding with the onset of puberty in the female brain but those of *kiss1r* increased before the  
80 onset of puberty and remained high thereafter in both sexes (Biran et al., 2008). Thus, most  
81 studies have analyzed the expression of these genes either in whole brains or specifically in the  
82 hypothalamus due to its direct involvement in reproduction. Nevertheless, there is still limited  
83 knowledge on the neuroendocrine mechanism that controls puberty in teleost fish (Taranger et  
84 al., 2010).

85  
86 The Senegalese sole is a highly prized fish with a great potential for aquaculture (Anguis et al.,  
87 2005; Imsland et al., 2003). Although in some cases cultured males complete spermatogenesis  
88 and sperm maturation with normal levels of androgen in plasma (García-López et al., 2006b;  
89 Cabrita et al., 2006), recent studies observed low sperm quality caused by some cellular damage  
90 in the spermatozoa of the F1 fish (Beirao et al., 2008), together with alterations in protease  
91 inhibition, iron and glucose metabolism. Further, protection against oxidative stress may cause  
92 the low production of the sperm and poor fertilization capacity by F1 males (Forné et al., 2009).  
93 In females, administration of GnRHa induced oocyte maturation and spawning. However,  
94 GnRHa administration was not completely effective in avoiding poor fertilization of the eggs  
95 produced by F1 females (Guzmán et al., 2009a). In addition, previous studies analyzed the  
96 influence of abiotic factors, particularly the lunar and daily changes of natural (Oliveira et al.,

97 2009) and artificial photoperiods (García-López et al., 2006a), on the spawning of this species.  
98 In fish, melatonin contributes to synchronize neuro-hormonal changes and behavior with daily  
99 and annual variations of photoperiod (Falcón et al., 2010). In the Senegalese sole, the  
100 relationship between the lunar cycle, melatonin, and sex steroids is thought to facilitate  
101 spawning during the darkest nights as an adaptation to escape predators and thus increase the  
102 chances of survival of the offspring (Dinis et al., 1999; Oliveira et al., 2010). Furthermore,  
103 another abiotic factor, water temperature, plays a crucial role in the reproductive cycle of this  
104 species by determining when gonadal maturation can take place (Anguis et al., 2005; García-  
105 López et al., 2006a; 2007). Additionally, injection of GnRHa during the spring induces multiple  
106 spawns but these treatments were ineffective in inducing sperm production in males (Agulleiro  
107 et al., 2006). Moreover, blockage of an endogenous dopamine (DA) inhibitory system stimulates  
108 spermatogenesis and sperm production in mature males (Guzmán et al., 2011). In the pituitary,  
109 follicle-stimulating hormone and luteinizing hormone  $\beta$  subunit (*fsh $\beta$*  and *lh $\beta$* , respectively) gene  
110 expression increased in males during winter and spring, coinciding with a peak of androgens in  
111 plasma and development of testicular germ cells and spermatozoa, suggesting that these genes  
112 regulate spermatogenesis in the semi-cystic, asynchronous testis type characteristic of this  
113 species (Cerdà et al., 2008). In the gonads, mRNA levels of *fshr* and *lhr* during the reproductive  
114 cycle were consistent with earlier observations showing that *fshr* regulates ovarian growth and  
115 spermatogenesis, whereas *lhr* triggers gamete maturation, suggesting a role of the *lhr* in the  
116 differentiation of spermatids into spermatozoa (Chauvigné et al., 2010). Thus, Senegalese sole is  
117 an excellent model for the study of the expression patterns of several key genes related to the  
118 onset of puberty or at the beginning of the reproductive cycle, and these results can be related  
119 with situations where spermatogenesis progression is unaffected.

120  
121 In fish, very few studies analyzed the expression pattern of the kisspeptin system genes during  
122 the different seasons of the year. In the grass puffer (*Takifugu niphobles*) *kiss2* and *kiss2r*

123 mRNA levels in the brain and pituitary of both sexes were higher during the spawning season  
124 when compared to the non-reproductive season, suggesting an important role of the kisspeptin  
125 system in the regulation of reproductive function (Shahjahan et al., 2010). A recently study in  
126 red seabream (*Pagrus major*) examined the influence of *kiss2* neurons on GnRH1 neurons and,  
127 similar to what was observed in grass puffer, *kiss2* mRNA was higher during the spawning  
128 period (Shimizu et al., 2012). In a previous study with Senegalese sole, we found some  
129 differences in expression of *kiss2* and *kiss2r* between pubertal and mature fish (Mechaly et al.,  
130 2009, 2011). Furthermore, showed that fasting stimulated *kiss2* and *kiss2r* expression, which  
131 was followed by a concomitant increase in pituitary *fsh $\beta$*  and *lh $\beta$*  gene expression, suggesting a  
132 link between nutritional status and reproduction mediated by hypothalamic kisspeptin and  
133 hypophysary gonadotropins (Mechaly et al., 2011). However, the expression pattern of *kiss2* and  
134 *kiss2r* in different parts of the brain-pituitary-gonad (BPG) axis and throughout a full  
135 reproductive cycle is not known in this and the vast majority of fish species.

136  
137 The present study was undertaken to gain a better understanding of the spatial and temporal  
138 changes of kisspeptin and its receptor and their relationship with the gonadotropins in fish. With  
139 this purpose, biometric parameters, plasma sex steroids, and gene expression patterns of *kiss2*  
140 and *kiss2r* in different brain areas (including hypothalamus, telencephalon and optic tectum),  
141 *fsh $\beta$*  and *lh $\beta$*  in the pituitary and *fshr* and *lhr* in the gonads, were determined in male and female  
142 Senegalese sole during a full reproductive cycle.

143

## 144 **2. Experimental Procedures**

### 145 ***2.1. Source of the animals and sample collection***

146 Senegalese sole (F1 generation) were reared from eggs spawned by different stocks of wild fish  
147 (F0) and acclimated to captivity at the facilities of the IFAPA research center in El Puerto de  
148 Santa María (Cádiz, SW Spain). A group of those fish (range: 25–40 cm; 256–994 g) were

149 transported and maintained at the Experimental Aquarium Facilities of the Institute of Marine  
150 Sciences, Barcelona (41°23'13"N; 2°11'49"E) under simulated conditions of natural temperature  
151 and photoperiod and fed once a day with a commercial diet (Skretting, Spain). The animals were  
152 treated according to the approved institutional guidelines on the use of animals for research  
153 purposes, and in agreement with the European regulations of animal welfare (ETS No.  
154 123,01/01/91). Fish were sampled during a full reproductive cycle during spring (SP1, 4 June  
155 2008), summer (SM, 10 July 2008), fall (FL, 25 November 2008), winter (WT, 17 February  
156 2009) and again the following spring (SP2, 4 May 2009). For sampling, fish (usually sample  
157 size was 7–9 fish per sampling with a maximum range of 3–11 depending upon sex and/or  
158 season) were anesthetized with an overdose of neutralized MS-222 (Sigma-Aldrich, St. Louis,  
159 MO, USA) and sacrificed by decapitation. Tissues were quickly removed under RNase-free  
160 conditions, flash frozen in liquid nitrogen and stored at -80°C until used. For tissue distribution  
161 analysis, the pituitary was separated from the brain and the brains were dissected into six  
162 regions: Olfactory bulb, Telencephalon, Optic tectum, Cerebellum, Medulla oblongata and  
163 Hypothalamus. For gene expression analysis, and because of the low levels of the targeted  
164 genes, brain areas considered were the forebrain (including telencephalon and hypothalamus)  
165 and midbrain (optic tectum). Fragments of testis and ovary were fixed in 4% paraformaldehyde  
166 (PAF) for histological analysis. Biometric information, including standard length (SL)  
167 (precision 0,1 cm) body weight (BW) (precision 1 g) and gonad weight (GW) (precision 0,01 g)  
168 were assessed in all sampled fish. The gonadosomatic index (GSI) was determined according to  
169 the formula:  $GW (g)/BW (g) * 100$ .

170

## 171 ***2.2. Histological analyses***

172 After fixation in 4% PAF for approximately 24 h at room temperature, gonads were washed for  
173 an additional 24 h in phosphate buffer (PB) (pH 7.4), dehydrated in a series of increasing  
174 alcohols, embedded in paraplast, sectioned at 7 µm, and stained with hematoxilin-eosin

175 following conventional histological procedures. Stages of spermatogenesis and oogenesis were  
176 determined according to the germ cell types present in the testes (García-López et al., 2006b)  
177 and ovaries (García-López et al., 2007), and the fish were classified as their sexually stages of  
178 gonadal development as immature, maturing or mature.

179

### 180 ***2.3. Determination of plasma levels of sex steroids***

181 At each sampling, approximately 1 ml of blood was withdrawn from the caudal vein with the aid  
182 of a heparinized syringe, centrifuged, and the plasma stored at -20°C until analysis. Plasma  
183 levels of testosterone (T) and 11-ketotestosterone (11-KT) were determined in males, whereas  
184 estradiol-17 $\beta$  (E<sub>2</sub>) plasma levels were determined in females, using commercially available  
185 enzyme immunoassay (EIA) kits (Cayman Chemical, Inc. Ann Arbor, Michigan, USA)  
186 following the manufacturer's instructions. Extra samples were spiked with known amounts of  
187 the corresponding tritiated steroid (New England Nuclear, Boston, MA) to calculate percent  
188 recovery, which typically was  $\geq 90\%$ , to adjust measured values. Plasma samples were assayed  
189 in duplicate using two 96-well plates. The assay coefficients of variation were  $11.0 \pm 1.8\%$  for  
190 T,  $6.4 \pm 3.4\%$  for 11-KT and  $7.9 \pm 2.7\%$  for E<sub>2</sub>.

191

### 192 ***2.4. RNA isolation and cDNA synthesis***

193 Total RNA was isolated from frozen brain and gonads with TRIZOL Reagent (Invitrogen,  
194 Carlsbad, USA), its quality was checked in a 1.5% agarose gel stained with SYBR safe (Syber  
195 Safe™, Invitrogen, USA) and its quantity measured in a Nanodrop® ND-1000  
196 spectrophotometer (Nanodrop® Technologies Inc, Wilmington, DE, USA). All RNAs were  
197 treated with DnaseI (Invitrogen, Carlsbad, USA) to remove any possible genomic DNA  
198 contamination. In all cases, 500 ng of RNA were used and reverse transcribed using SuperScript  
199 VILO cDNA synthesis kit (Invitrogen) and first strand cDNA was directly used for PCR into a  
200 20  $\mu$ l reaction volume.



201

**202 2.5. RT-PCR analysis of gene expression**

203 mRNA levels of *kiss2* and *kiss2r* in different brain areas of male and female Senegalese sole in  
204 summer were assessed by previously validated Reverse Transcriptase PCR (RT-PCR) (Mechaly  
205 et al., 2009, 2011). Total RNA from six brain areas (olfactory bulb, telencephalon, optic tectum,  
206 cerebellum, medulla oblongata and hypothalamus) plus the pituitary were extracted as described  
207 above. One negative control (without cDNA sample) was included in each determination to  
208 ascertain that no cross-contamination took place. The PCR was carried out with 1 µl of the RT  
209 reaction in a total volume of 20 µl containing 1X PCR buffer plus, 3 mM Mg<sup>2+</sup>, 0.2 mM dNTPs,  
210 0.2 mM of each forward and reverse primers, and 1 IU of Platinum Taq DNA Polymerase  
211 (Invitrogen). The specific primers for amplification of *kiss2* and *kiss2r* cDNAs were designed  
212 according to the nucleotide sequences of the full-length cDNAs (Table 1). Amplification of the  
213 *βactin* was used as RNA quality control using a combination of appropriate primers (Table 1).  
214 The PCR cycling conditions were: 5 min at 95°C followed by 35 cycles of 30 s at 95°C, 30 s at  
215 60°C, 1 min at 72°C and a final extension of 7 min at 72°C. PCRs were performed with an  
216 initial cycle at 95°C for 5 min; then variable number of cycles was applied: 95°C for 30s; 65°C  
217 for 30s; 72°C for 1 min and a final extension cycle at 72°C for 7 min. An aliquot of the PCRs  
218 product was electrophoresed on 1.5% agarose gel containing ethidium bromide, and products  
219 were visualized and photographed.

220

**221 2.6. Seasonal changes in mRNA levels of *kiss2* and *kiss2r* in different brain areas and mRNA  
222 levels of *fshβ*, *lhβ* in pituitary and *fshr* and *lhr* in the gonads**

223 The expression patterns of several genes were analyzed in males and females in the forebrain  
224 (hypothalamus plus telencephalon), midbrain (optic tectum), pituitary and gonads at the five  
225 different samplings stated above (SP1, SM, FL, WT and SP2) comprising a full reproductive  
226 cycle by quantitative real-time PCR (qRT-PCR). RNA and cDNA were obtained following the

227 protocol described above including the DNase treatment step. The primers used for qRT-PCR  
228 were based on the sequences reported in previous studies (Cerdà et al., 2008; Chauvigné et al.,  
229 2010; Mechaly et al., 2009, 2011) and are summarized in Table 1.

230  
231 The qRT-PCR amplification reaction mixture contained 2 µl of diluted cDNA (1:10) (freshly  
232 synthesized from 500 ng of RNA), 4 µM of each primer, and 10 µl of Power SYBRs Green PCR  
233 Master Mix (Applied Biosystems) in a final volume of 10 µl. Thermal cycling conditions  
234 comprised heating to 95°C for 10 min followed by 40 cycles at 95°C for 10 s and 60°C for 30 s.  
235 The qRT-PCR products were immediately analyzed using a dissociation curve step to confirm  
236 that only a single product was amplified. No-template control reactions for every primer pair  
237 were also included on each reaction plate to check for external DNA contamination. The  
238 amplification efficiency (E) of each primer set/gene target was assessed as  $E = 10^{(-1/\text{slope})}$  as  
239 determined by linear regression of serial dilutions of the input RNA. To calculate relative  
240 changes in gene expression, we analyzed the data using the comparative Ct method (Schmittgen  
241 and Livak, 2008; also known as the  $\Delta\Delta\text{Ct}$  method). Fold change (the relative quantification,  
242 RQ) was calculated from the  $\Delta\Delta\text{Ct}$  and normalized by the endogenous reference gene *βactin*.  
243 The RQ values for each sample were averaged and the standard error of the mean (S.E.M.) was  
244 calculated, yielding the average fold change of the target gene. Determinations were carried out  
245 in technical triplicates for all the genes studied.

246

## 247 ***2.7. Data representation and statistical analyses***

248 Prior to analysis of data, GSI levels were arcsine-transformed to ensure homoscedasticity of  
249 variances. Normality of data was assessed by the Shapiro-Wilks W test. Differences in the GSI,  
250 plasma steroid and gene expression levels during the different seasons were analyzed by a one-  
251 way analysis of variance (ANOVA). Only in the case of significant differences, ANOVA was  
252 followed by the Fisher's least significant difference (LSD) test. Statistical analyses of data were

253 performed using the SPSS 15.0 package. Differences were accepted as statistically significant  
254 when  $P < 0.05$ . Data are expressed as mean  $\pm$  standard error of the mean (S.E.M).

255

### 256 **3. Results**

#### 257 ***3.1 Biometric parameters and gonadosomatic indices of males and females (GSI)***

258 According to previously published studies, Senegalese sole reach first sexual maturity when  
259 they attain an average SL of  $\approx 30$  cm, although there is a well known large interindividual  
260 variability (Dinis et al., 1999; García-López et al., 2006b). The fish used in this study had a  
261 similar range of length and weight for both sexes. However, maturing males were always  $\geq 25$   
262 cm and  $\geq 256$  g while maturing females were always  $\geq 30$  cm and  $\geq 489$  g. Furthermore,  
263 regardless of season, the GSI range of males was independent of the degree of gonadal  
264 maturation while the GSI range of females increased with maturation. Changes in the GSI of  
265 males ( $P = 0.010$ ) and females ( $P = 0.005$ ) were observed during the different seasons. The GSI  
266 significantly increased ( $P < 0.05$ ) after the fall, with maximum values observed in the winter in  
267 males (Fig. 1A) and during following spring in females (Fig. 1B).

268

#### 269 ***3.2 Plasma steroid hormone levels***

270 In males, plasma levels of the two major androgens (T and 11-KT) followed the same pattern as  
271 the GSI, with a clear and significant ( $P = 0.045$  and  $P = 0.024$ , respectively) peak in winter (Fig.  
272 1C and Fig. 1E). In females,  $E_2$  plasma levels remained low until the fall and then sharply  
273 increased through winter and the following spring ( $P = 0.005$ ) (Fig. 1D). Thus, in both sexes the  
274 GSI and plasma levels of the major sex steroids shared a similar pattern, with maximum values  
275 observed in winter for males and in the following spring for females (Fig. 1).

276

#### 277 ***3.3 Gonadal development***

278 Based on microscopic evaluation, three developmental stages of spermatogenesis in males (Fig.  
279 2A, C and E) and of oogenesis in females (Fig. 2B, D and F) were identified. Males with testis  
280 filled only with spermatogonia (Spg) were considered as immature (Fig. 2A); males which in  
281 addition had spermatocytes (Spc) and spermatids (Spd) were classified as maturing (Fig. 2C),  
282 whereas males with testis containing spermatozoa (Spz) were classified as sexually mature (Fig.  
283 2E). Females with only previtellogenic oocytes were considered immature (Fig. 2B); with  
284 early and intermediate vitellogenic oocytes were considering maturing (Fig. 2D), whereas  
285 mature females were characterized by the presence of fully developed oocytes (Fig. 2F). In  
286 accordance with previous observations showing that once Senegalese sole males reach a certain  
287 size can remain mature throughout the year, maturing males were found in all seasons, with a  
288 maximum in winter.

289

#### 290 ***3.4 Tissue distribution of kiss2 and kiss2r mRNA in adult Senegalese sole***

291 The presence of *kiss2* and *kiss2r* mRNAs was investigated by specific RT-PCR in six different  
292 brain areas and in the pituitary of males and females in summer. Sex- and seasonal-dependent  
293 changes were readily observed for both genes (Fig. 3).

294

#### 295 ***3.5 Seasonal changes on the expression of kiss2 and kiss2r in different brain areas, fsh $\beta$ and*** 296 ***lh $\beta$ in the pituitary and fshr and lhr in the gonads of the Senegalese sole***

297 In the forebrain of males, *kiss2* (Fig. 4A) and *kiss2r* expression (Fig. 4C) increased after summer  
298 and peaked in winter ( $P = 0.027$  and  $P = 0.002$ , respectively). In females, in contrast, *kiss2* (Fig.  
299 4B) and *kiss2r* expression (Fig. 4D) progressive increased and the maximum mRNA levels were  
300 observed in the following spring ( $P = 0.0040$  for both genes). In the midbrain of males, changes  
301 in both *kiss2* ( $P = 0.004$ ) and *kiss2r* ( $P = 0.016$ ) mRNA levels were observed, with a clear peak  
302 of expression in winter (Fig. 5A and C). In females, in contrast, *kiss2* mRNA levels started to  
303 increase in the fall and reached maximum levels in winter ( $P = 0.002$ ), and then started to

304 slightly decrease, whereas *kiss2r* mRNA levels kept increasing until they reached maximum  
305 values in the following spring ( $P = 0.008$ ) (Fig. 5B and D).

306  
307 Regarding the expression levels of gonadotropin genes in the pituitary, *lh $\beta$*  in males peaked in  
308 winter ( $P = 0.003$ ) (Fig. 6C) and *fsh $\beta$*  of females during the following spring ( $P = 0.001$ ) (Fig.  
309 6B). No significant differences were observed in *fsh $\beta$*  mRNA levels in males (Fig. 6A), as well  
310 as in *lh $\beta$*  mRNA levels in females (Fig. 6D), probably due to insufficient sample size in this  
311 case. In the gonads, mRNA levels of *fshr* and *lhr* remained low during most part of the study, but  
312 were consistently higher in winter. However, the inverse situation was found with respect to the  
313 levels of mRNA for *fsh $\beta$*  and *lh $\beta$*  observed in the pituitary, *i.e.*, differences were observed for  
314 *fshr* in the testis ( $P = 0.031$ ) (Fig. 7A) and *lhr* in the ovaries ( $P = 0.001$ ) (Fig. 7D). The lack of  
315 differences in *fsh $\beta$*  of levels in females (Fig. 7B) and *lhr* levels in males (Fig. 7C) is probably  
316 due to large interindividual variations and/or too small sample sizes in these cases. Nevertheless,  
317 maximum values were observed in winter, as seen for many of the variables analyzed in this  
318 study.

319

#### 320 **4. Discussion**

321 The Senegalese sole is a multiple-spawning fish, with a main spawning period during spring and  
322 a secondary period during the fall according to studies based on captive breeders (Anguis et al.,  
323 2005; García-López et al., 2006a, 2007). In this study, we investigated the relationship between  
324 the expression profiles of several key genes of the BPG axis and maturation status during a full  
325 reproductive cycle in this species.

326

327 We actually measured the expression of each one of the two splice variants of each of the two  
328 genes of the kisspeptin system, the ligand and the receptor, previously characterized (Mechaly et  
329 al., 2009; 2011). However, analysis of the mRNAs leading to the truncated isoforms during the

330 annual cycle showed that, although changes could be measured between seasons, no defined  
331 pattern could be observed (data not shown). Thus, only the functional splice variant is considered in  
332 the present study. Whether changes in the transcription of these mRNAs through changes in the  
333 alternative splicing towards one or the other isoform contributes to control the abundance of the  
334 mRNA producing the functional protein has not been investigated.

335  
336 In this study, the major brain areas implicated in the control of reproduction (Zhang et al., 2009;  
337 Zohar et al., 2010) were examined together with the pituitary and the gonads. In males, telltale  
338 signs of the initiation of reproduction could be observed in winter, as evidenced by the highest  
339 GSI, peak plasma levels of T and 11-KT and maximum number of observed maturing males.  
340 These changes were also evident at the gene expression level since the highest mRNA levels of  
341 *kiss2* and *kiss2r* in the forebrain and midbrain, *lhβ* in the pituitary and *fshr* in testis were also  
342 observed in winter (see data summarized in Fig. 8). This is probably related to the initiation of  
343 testicular meiosis that implies an increase of spermatocytes in winter (Anguis et al., 2005) and  
344 subsequent highest levels of spermatozoa production in spring (Cerdà et al., 2008). This  
345 situation is similar in Atlantic halibut, with an increase of testicular mass together with increased  
346 GSI and plasma levels of T and 11-KT during winter (Weltzien et al., 2002).

347  
348 In females, the tight association observed in males between the winter and the maximum values  
349 of many of the measured variables was not evident. However, many measured variables  
350 exhibited a tendency to increase their values with time, peaking in the second spring, and thus in  
351 agreement with the fact that ovarian development reaches its maximum between the end of the  
352 winter and the beginning of spring, when the main spawning season begins in Senegalese sole  
353 (Anguis et al., 2005; García-López et al., 2006, 2007).

354

355 During the characterization of Senegalese sole *kiss2* and *kiss2r* we did measurements of these  
356 genes in maturing vs. mature animals, showing no differences in *kiss2* regardless of sex and only  
357 a decrease of *kiss2r* in mature females with respect to maturing females (Mechaly et al., 2009,  
358 2011). Those preliminary results contrast with the ones presented here. A possible explanation  
359 of these discrepancies can be attributed to the fact that in the previous studies whole brains were  
360 used whereas in the present study different brain areas were examined separately. Furthermore,  
361 in previous studies fish were combined based on their reproductive status regardless of season of  
362 the year, whereas here samplings during specific seasons were carried out. Finally, the changes  
363 of *kiss2* and *kiss2r* observed during the different seasons in this study agree with the results  
364 observed in both sexes of grass puffer and red seabream, where higher levels of *kiss2* and  
365 *kiss2r* mRNAs in the whole brain (Shahjahan et al., 2010) and *kiss2* in the hypothalamus  
366 (Shimizu et al., 2012) were observed during the spawning season, although no differences  
367 between sexes were observed (Shahjahan et al., 2010) in contrast to the present study.

368  
369 Like in the BPG axis of mammals, in fish GnRH is a major target of kisspeptin signaling (Parhar  
370 et al., 2004). Like in the rest of vertebrates, fish GnRHs are involved in gonadotropin secretion  
371 and gonad maturation (Amano et al., 2008). In the grass puffer, increased *GnRH1* expression  
372 resulted from *kiss2* and *kiss2r* increased expression (Shahjahan et al., 2010). Similar results  
373 were found concerning *GnRH3*, *kiss2* and *kiss2r* expression in the zebrafish brain (Kitahashi et  
374 al., 2009), where recently it was shown that *kiss2* fibers innervate GnRH3 neurons (Servili et al.,  
375 2011). It is important to state that at present the Senegalese sole mRNAs of the GnRHs have not  
376 been characterized and therefore changes in their expression levels could not be correlated with  
377 *kiss2* and *kiss2r* expression. However, despite this shortcoming we could study kisspeptin  
378 signaling and gonadotropin expression in an effort to put kisspeptin effects into a more general  
379 context, as shown in the present study.

380

381 It is becoming well established that kisspeptins released in the pituitary induce gonadotropin  
382 secretion (Oakley et al., 2009), although *Kiss1r* might be involved in additional roles, *e.g.*, in the  
383 stimulation of growth hormone (GH) and prolactin (PRL) secretions via endocrine, and/or  
384 paracrine mechanisms (Richard et al 2009). In the goldfish, Kiss1 stimulated the synthesis and  
385 release of *lh*, *prl* and *gh* (Yang et al., 2010), although no effects on *lh* were detected in another  
386 study using the same species (Li et al., 2009). In the grass puffer, kisspeptin and its receptor  
387 expression peaked during the spawning season, in both brain and the pituitary (Shahjahan et al.,  
388 2010). Regarding the gonadotropins, our data show that in males *fsh $\beta$*  and *lh $\beta$*  mRNA levels  
389 mirrored the expression changes of *kiss2* in the brain, although significant differences were  
390 observed only for *lh $\beta$* , supporting the role of kisspeptin in triggering reproduction. In our study,  
391 *fsh $\beta$*  levels were higher in winter and the second spring when compared to the previous seasons  
392 in agreement with a previous report showing increased levels of *fsh $\beta$*  in the pituitary of  
393 Senegalese sole males in winter and spring (Cerdà et al., 2008). However, in that report *lh $\beta$*   
394 levels paralleled those of *fsh $\beta$*  (Cerdà et al., 2008), while in the present study *lh $\beta$*  levels in males  
395 dropped after winter. On the other hand, in females gonadotropins did not follow the expression  
396 pattern of *kiss2* or *kiss2r*, and *fsh $\beta$*  did not increase until the second spring, which is in  
397 agreement with the role in the regulation of ovarian maturation as observed in other studies in  
398 this species (Guzmán et al., 2009b).

399  
400 In the present study, mRNA levels of both *fshr* and *lhr* increased in winter, similar to the  
401 situation observed in the Atlantic salmon (*Salmo salar*) (Maugars et al., 2008), and probably in  
402 response to seasonal dynamics of their ligands, as described elsewhere (Mittelholzer et al.,  
403 2009). In any case, the role of kisspeptin signaling in fish gonads deserves further research.

404  
405 In summary, the present study provides information on the changes in expression of kisspeptin  
406 and its receptor in the brain of the Senegalese sole, relating them with other histological,



407 biochemical and gene expression changes known to occur during the reproductive cycle. The  
408 major finding of this study is that, in males, *kiss2*, *kiss2r* and most variables analyzed changed  
409 synchronously and peaked in winter, coinciding with the highest number of maturing animals,  
410 and just before the spawning season, which took place the following spring. Thus, expression of  
411 *kiss2* in Senegalese sole males agrees with what one would expect according to its proposed role  
412 as a major regulator or trigger of the onset of reproduction. In females, such synchrony was not  
413 so evident and, furthermore, the highest levels of *kiss2* and *kiss2r* were observed in the spring,  
414 coinciding with the reproductive season, when all females were already fully mature. To the best  
415 of our knowledge, the present study is the first one in fish that considers kisspeptin signaling  
416 including several brain areas, accounts for sex differences and covers a full reproductive cycle.  
417 Thus, the origin and physiological significance of the observed sex-specific differences in  
418 kisspeptin signaling, which could also apply to other fish, deserve further investigation in order  
419 to contribute to firmly establish the role of kisspeptin in the control of reproduction. Also, and in  
420 the particular case of the Senegalese sole, whether these sex differences have any relationship  
421 with the recurring poor reproductive performance of captive F1s is at present unknown.

422

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432

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**Table 1.** Gene-specific primers used for RT-PCR and qPCR in this study

Gene	GenBank Acc. No.	Primer sequence (5'→3')	Amplicon size (bp)	Primer name	Reference
<i>βactin</i>	DQ485686	ACACCCAACAACCTTCAGCTCTGT	120	Ss <i>βactin</i> -F1	Mechaly et al., 2009
		GAGTCAAGCGCCAAAATAATGA		Ss <i>βactin</i> -R1	
<i>kiss2r</i>	EU136710	TATGTGACAGTGTATCCTCTGAAATCC	89	Ss <i>kiss2r_v1</i> -F1	
		AAGGAGCCAATCCAAATGCA		Ss <i>kiss2r_v1</i> -R1	
<i>kiss2</i>	HM116743	TGGATCTGCACGATATGACA	50	Ss <i>kiss2_v1</i> -F1	Mechaly et al., 2011
		GTCTGACCCTGTTGCTCG		Ss <i>kiss2_v1</i> -R1	
<i>fshβ</i>	EU100409	TGATCTGTAACGGGGACTGG	153	Ss <i>fshβ</i> -F	Cerdà et al., 2008
		GACAGCTGGCAATCTCTCCA		Ss <i>fshβ</i> -R	
<i>lhβ</i>	EU100410	AGCATGTGTGCACGTACCAG	180	Ss <i>lhβ</i> -F	
		TGTCGTTTCATGCAGATGTCG		Ss <i>lhβ</i> -R	
<i>fshr</i>	GQ472139	GGCGACTGGACTGAGTTTCG	186	Ss <i>fshr</i> -F	Chauvigné et al., 2010
		TCTTCACAACACGTGGGAGAG		Ss <i>fshr</i> -R	
<i>lhr</i>	GQ47140	GCTGTGCACTGCTGAACTGG	376	Ss <i>lhr</i> -F	
		GGCACCGTCATCTTGCTTCT		Ss <i>lhr</i> -R	

## 1 **Figure legends**

2

3 **Fig. 1.** Changes in the gonadosomatic index (GSI) arcsine-transformed of male (A) and female  
4 (B) Senegalese sole, and C, plasma levels of testosterone (T); E, 11-ketotestosterone (11-KT) in  
5 males, and D, plasma levels of estradiol-17 $\beta$  (E<sub>2</sub>) in females during one full reproductive cycle.  
6 Data as mean  $\pm$  S.E.M. (n= 3-7). Abbreviations: SP1, spring 1; SM, summer; FL, fall; WT,  
7 winter; SP2, spring 2. Different letters indicate statistically differences ( $P < 0.05$ ).

8

9 **Fig. 2.** Photomicrographs of histological sections representing different stages of sexual  
10 maturation in Senegalese sole: immature (A), maturing (C) and mature (E) testis, and immature  
11 (B), maturing (D) and mature (F) ovaries. Abbreviations: Spg, spermatogonia; Spc,  
12 spermatocyte; Spd, spermatid; Spz, spermatozoa; Og, oogonia; Pno, perinucleolar oocyte; Voc,  
13 vitellogenic oocyte; Moc, mature oocyte; Oc, ovarian cavity. The scale bar, 100  $\mu$ m, applies to  
14 all photomicrographs. N= 5-9.

15

16 **Fig. 3.** Tissue distribution of *kiss2* and *kiss2r* in different brain areas in male and female  
17 Senegalese sole in summer.  *$\beta$ actin* was included as a reference gene to verify the presence of  
18 mRNA in each sample. No-template (NTC) was used as a negative control.

19

20 **Fig. 4.** Changes in *kiss2* (A, B) and *kiss2r* (C, D) mRNA levels in the forebrain of Senegalese  
21 sole males (A, C) and females (B, D) during different seasons of the year as determined by  
22 quantitative real-time PCR (qRT-PCR).  *$\beta$ actin* was used as reference gene. Different letters  
23 indicate statistically differences ( $P < 0.05$ ). Abbreviations as in Fig. 1. Data as mean  $\pm$  S.E.M.  
24 (n= 3-9).

25

26 **Fig. 5.** Changes in *kiss2* (A, B) and *kiss2r* (C, D) mRNA levels in the midbrain (optic tectum) of

27 Senegalese sole males (A, C) and females (B, D) during different seasons of the year as  
28 determined by qRT-PCR. *βactin* was used as reference gene. Different letters indicate  
29 statistically differences ( $P < 0.05$ ). Abbreviations as in Fig. 1. Data as mean  $\pm$  S.E.M. (n= 3-9).

30

31 **Fig. 6.** Changes in *fshβ* (A, B) and *lhβ* (C, D) mRNA levels in the pituitary of Senegalese sole  
32 males (A, C) and females (B, D) during different seasons of the year as determined by qRT-PCR  
33 *βactin* was used as reference gene. Different letters indicate statistically differences ( $P < 0.05$ ).  
34 Abbreviations as in Fig. 1. Data as mean  $\pm$  S.E.M. (n= 3-9).

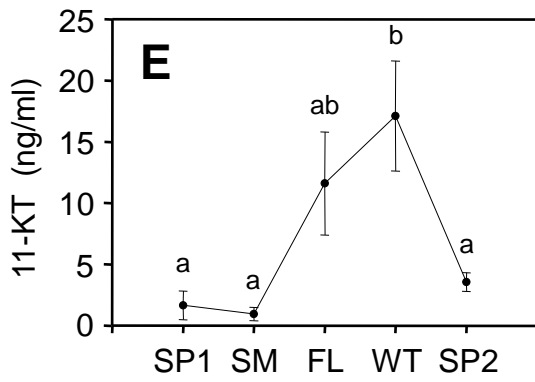
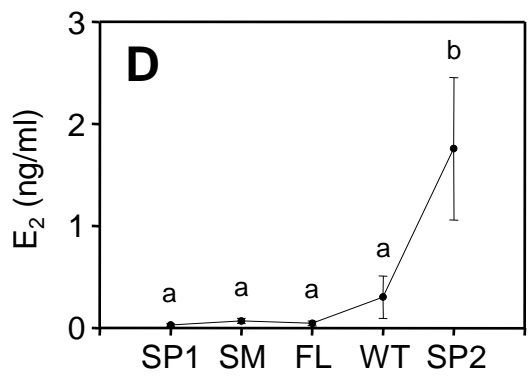
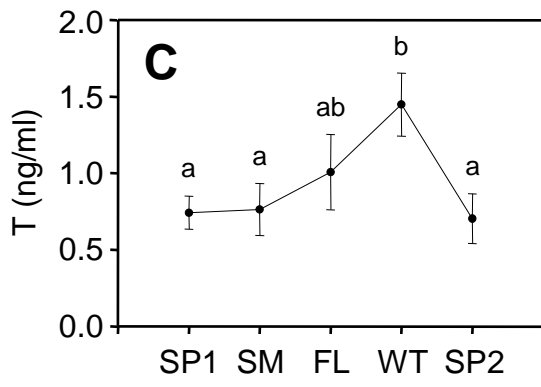
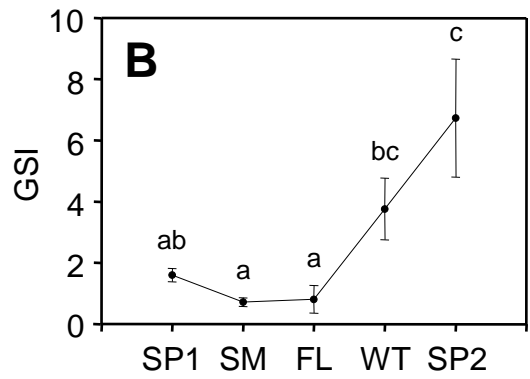
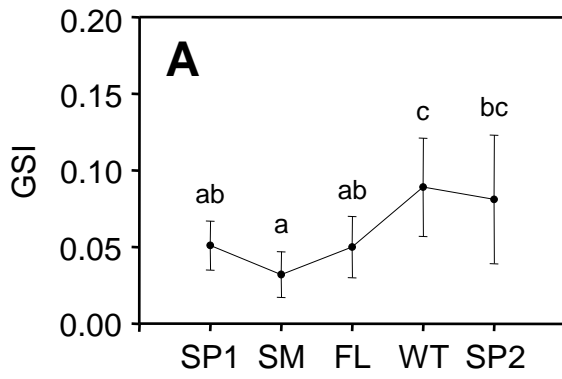
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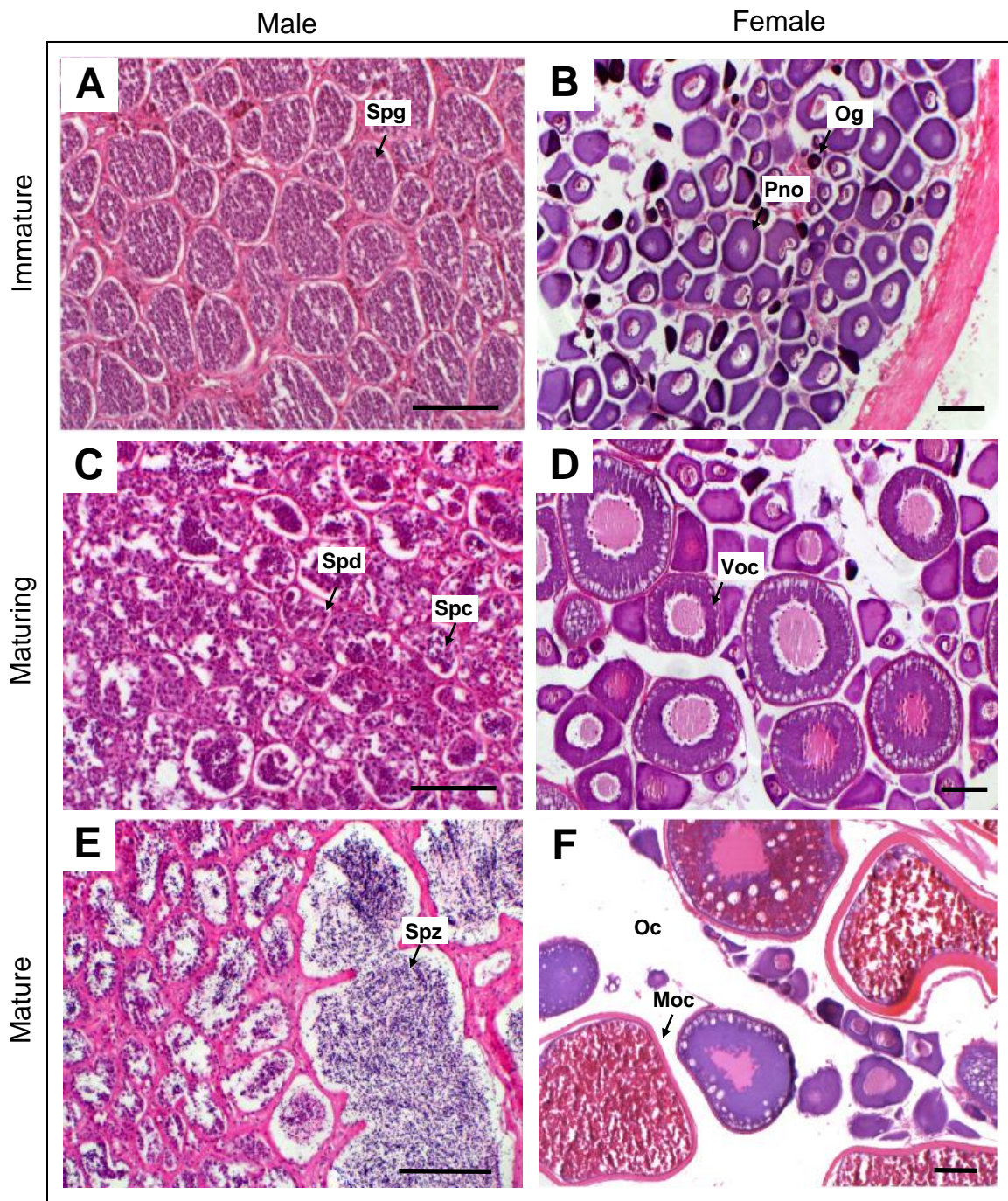
36 **Fig. 7.** Changes in *fshr* (A, B) and *lhr* (C, D) mRNA levels in the testis (A, C) and ovaries (B,  
37 D) of Senegalese sole during different seasons of the year as determined by qRT-PCR. *βactin*  
38 was used as reference gene. Different letters indicate statistically differences ( $P < 0.05$ ).  
39 Abbreviations as in Fig. 1. Data as mean  $\pm$  S.E.M. (n= 3-9).

40

41 **Fig. 8.** Summary of the histological, biochemical and gene expression changes observed in the  
42 variables measured in the BPG axis of the Senegalese sole used in this study. Within each sex,  
43 the five boxes correspond, from left to right, to spring (SP1), summer (SM), fall (FL), winter  
44 (WT) and the following spring (SP2). In each box, the level of shading is related to the levels of  
45 the variable being considered: white, low or intermediate levels; grey, higher levels but without  
46 significant differences; black, significantly higher levels. Notice the evident differences between  
47 sexes.







Mechaly et al., Figure 2

Summer

