

**Broodstock management and hormonal manipulations of fish reproduction**

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**Broodstock management and hormonal manipulations of fish reproduction****ABSTRACT**

46 Control of reproductive function in captivity is essential for the sustainability of  
commercial aquaculture production, and in many fishes it can be achieved by manipulating  
48 photoperiod, water temperature or spawning substrate. The fish reproductive cycle is separated  
in the growth (gametogenesis) and maturation phase (oocyte maturation and spermiation), both  
50 controlled by the reproductive hormones of the brain, pituitary and gonad. Although the growth  
phase of reproductive development is concluded in captivity in most fishes --the major  
52 exemption being the freshwater eel (*Anguilla spp*), oocyte maturation (OM) and ovulation in  
females, and spermiation in males may require exogenous hormonal therapies. In some fishes,  
54 these hormonal manipulations are used only as a management tool to enhance the efficiency of  
egg production and facilitate hatchery operations, but in others exogenous hormones are the only  
56 way to produce fertilized eggs reliably. Hormonal manipulations of reproductive function in  
cultured fishes have focused on the use of either exogenous luteinizing hormone (LH)  
58 preparations that act directly at the level of the gonad, or synthetic agonists of gonadotropin  
releasing hormone (GnRH<sub>a</sub>) that act at the level of the pituitary to induce release of the  
60 endogenous LH stores, which, in turn act at the level of the gonad to induce steroidogenesis and  
the process of OM and spermiation. After hormonal induction of maturation, broodstock should  
62 spawn spontaneously in their rearing enclosures, however, the natural breeding behaviour  
followed by spontaneous spawning may be lost in aquaculture conditions. Therefore, for many  
64 species it is also necessary to employ artificial gamete collection and fertilization. Finally, a  
common question in regards to hormonal therapies is their effect on gamete quality, compared to  
66 naturally maturing or spawning broodfish. The main factors that may have significant  
consequences on gamete quality --mainly on eggs-- and should be considered when choosing a  
68 spawning induction procedure include (a) the developmental stage of the gonads at the time the

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70 hormonal therapy is applied, (b) the type of hormonal therapy, (c) the possible stress induced by  
72 the manipulation necessary for the hormone administration, and (d) in the case of artificial  
insemination, the latency period between hormonal stimulation and stripping for *in vitro*  
fertilization.

74 Keywords: broodstock management, induced spawning, oocyte maturation, spermiation

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**1. INTRODUCTION**

78 The number of aquatic species currently under domestication efforts is rising rapidly, due  
to the development of commercial aquaculture (Duarte et al., 2007). One of the prerequisites for  
80 domestication and the establishment of a sustainable aquaculture industry is the capacity to  
control reproductive processes of fish in captivity, and to acquire high quality seed (*i.e.*, eggs  
82 and sperm) for grow-out of the marketable product. Although many cultured fishes today fulfil  
this condition, there are important species whose aquaculture industries depend almost  
84 exclusively on the collection of juveniles or adults from the wild. Such species include the very  
popular freshwater eel (*Anguilla* spp.), the Japanese yellowtail and greater amberjack (*Seriola*  
86 spp.), some groupers (*Epinephelus* spp.) and the bluefin tuna (*Thunnus* spp.) (Ottolenghi et al.,  
2004).

88 Reproduction of fish in captivity can be controlled by environmental manipulations, such  
as photoperiod, water temperature or spawning substrate. However, the ecobiology of some  
90 fishes is not well known, or it is impractical or even impossible to simulate the required  
environmental parameters for natural reproductive performance (*i.e.* spawning migration, depth,  
92 riverine hydraulics, etc.). In these instances, use of exogenous hormones is an effective way to  
induce reproductive maturation and produce fertilized eggs. Furthermore, in all cultured fishes,  
94 hormonal manipulations may be used as management tools to enhance the efficiency of egg  
production, increase spermiation and facilitate hatchery operations. Finally, hormonal therapies  
96 may be employed to induce gamete maturation and enable artificial collection in order to  
implement inter-specific hybridization, chromosome set manipulation or artificial fertilization  
98 for genetic selection programmes.

Broodstock management involves all the appropriate measures taken by the aquaculturist  
100 to enable a captive group of fish to undergo reproductive maturation and spawning, and produce  
fertilized eggs. As indicated above, this management may involve only manipulation of  
102 environmental conditions or it may include the use of exogenous hormones. The type of  
hormones, administration protocols and gamete acquisition procedures may vary depending on  
104 the reproductive biology of each cultured species, and a thorough understanding of the endocrine  
control of gametogenesis, final maturation and spawning is essential for the appropriate  
106 management of the species (See other manuscripts in this special issue).

## 108 2. GAMETOGENESIS AND FINAL MATURATION

Similar to other vertebrates, the reproductive cycle of fish is separated into two major  
110 phases (Fig. 1). The proliferation, growth and differentiation of the gametes constitute the first  
phase (spermatogenesis and vitellogenesis), while the maturation and preparation of the oocytes  
112 and spermatozoa for release and insemination constitutes the second phase (spermiation and  
oocyte maturation). With very few exceptions --notably the European eel (*Anguilla anguilla*)  
114 (van Ginneken and Maes, 2005), spermatogenesis and vitellogenesis usually take place in  
cultured fishes without significant problems, when optimal rearing conditions have been applied  
116 (Buchet et al., 2008; Okumura et al., 2003). The most common reproductive dysfunction in  
males is reduced sperm volume and diminished quality, whereas unpredictable occurrence or  
118 failure of oocyte maturation (OM), and hence ovulation or spawning (Mylonas et al., 2004a;  
Mylonas et al., 2004c; Mylonas and Zohar, 2001a), is commonly observed in females (Berlinsky  
120 et al., 1997; Billard, 1989; Vermeirssen et al., 1998; Vermeirssen et al., 2000). Therefore,  
hormonal therapies usually address problems related to diminished sperm production during the  
122 spawning season and the failure of OM in cultured fishes.

**Broodstock management and hormonal manipulations of fish reproduction**124 **Spermatogenesis and spermiation**

The gametogenic process in the males is separated into two phases (Fig. 1).

126 Spermatogenesis is the first phase and it includes the proliferation of the spermatogonia, the  
multiplication of the spermatocytes I with multiple mitotic divisions, the production of  
128 spermatocytes II with meiotic division and their differentiation to spermatids (Fig. 2). The  
process is completed with the production of flagellated spermatozoa, i.e. spermiogenesis  
130 (reviewed by Billard, 1986; Schulz and Miura, 2002; Vizziano et al., 2008). The spermatozoa are  
released in the sperm ducts during the second phase of the male reproductive cycle, *i.e.*  
132 spermiation, which occurs during the spawning season. Sperm is ejaculated spontaneously by  
the fish and with the exception of catfishes (Mansour et al., 2004; Viveiros et al., 2002), it can  
134 also be expressed easily from the testes after application of gentle abdominal pressure (*i.e.*,  
stripping). Spermiation and ejaculation can be synchronized with female spawning *via*  
136 pheromonal communications (Stacey, 2003).

Spermatogenesis may be continuous in species showing a tubular testis type or  
138 discontinuous in species showing a lobular testis type, which is the most frequent among  
teleostean fish (Billard, 1986; Schulz and Miura, 2002; Vizziano et al., 2008). Also,  
140 spermatogenesis and spermiation may be temporally separated and during the spawning season  
the testes may contain exclusively spermatozoa (Billard, 1986; Malison et al., 1994). In most  
142 species, however, there is significant overlap between the two processes, with both  
spermatogenesis and spermiation taking place during the spawning season (Jackson and  
144 Sullivan, 1995; Mylonas et al., 2003a; Rainis et al., 2003), and it has been shown in the gilthead  
sea bream (*Sparus aurata*) that the spermatogonia and Sertoli cell proliferation activity is not

146 blocked by the presence of spermatozoa (Chaves-Pozo et al., 2005), in contrast to fish with  
synchronous spermatogenesis.

148 Usually, males show a longer period of spermiation, which encompasses the spawning  
season of females by a few months, and they can fertilize eggs of several females in the wild. In  
150 addition, a female may spawn with more than one male, either by spawning with many males on  
one occasion or by spawning with different males on successive occasions (Petersson and Järvi,  
152 2001). These male and female behaviors secure the reproductive success of an individual and  
favor the maintenance of genetic variability within a wild population. The same process could  
154 be tentatively achieved in fish farms by *in vitro* fertilization of stripped eggs with a pool of  
sperm obtained from different males or by having several males and/or females in the same tank,  
156 when natural reproduction is possible. The latter is the chosen broodstock management method.

As mentioned above, spermatogenesis is completed with the process of spermiogenesis, an  
158 important step for the differentiation of the haploid spermatids into flagellated spermatozoa and  
during which the morphology of the species-specific spermatozoon is determined (Billard et al.,  
160 1986; Pudney, 1995; Schulz and Miura, 2002; Vizziano et al., 2008). In mammals, spermiation  
is known as a complex process by which elongated spermatids undergo their final maturation  
162 and are released from supporting Sertoli cells into the tubule lumen, which is open at both ends  
(Beardsley and O'Donnell, 2003). This process has been described at the morphological level,  
164 but its control remains poorly understood, although it is known that it requires the actions of  
both gonadotropins (follicle stimulating hormone, FSH and luteinizing hormone, LH), as well as  
166 intratesticular testosterone (T) (Saito et al., 2000). In fish, spermiation corresponds to the  
release of the spermatozoa from the spermatocysts into the sperm ducts. At the same time  
168 production of seminal fluid is observed (LaFleur and Thomas, 1991). At least in some species,  
this process may be associated with the acquisition of fertilizing capacity of the spermatozoa,



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170 (*i.e.*, capacitation) within the sperm ducts (Schulz and Miura, 2002). In viviparous fish species,  
spermatozoa may be packed in spermatozeugma or spermatophores, which can be formed within  
172 the spermatocysts or in the sperm ducts. In the latter case the spermatozeugmata are released  
during spermiation into the ducts and transported unmodified to the copulatory organ (Fishelson  
174 et al., 2007). Similar to mammals, there is a close morphological and functional intercellular  
communication between Sertoli cells and germ cells during fish spermatogenesis (De  
176 Montgolfier et al., 2007; Loir et al., 1995). At the end of the male fish reproductive cycle,  
junctions formed by spermatids with Sertoli cells are weak, but finger-like projections may be  
178 observed between spermatozoa present in the tubule lumen of rainbow trout (*Oncorhynchus*  
*mykiss*) testis (Loir et al., 1995), although in some fishes spermiation is associated with the  
180 degeneration of at least some of the Sertoli cells (Schulz et al., 2005b).

From a morphological standpoint, fish spermiation is characterized by the rupture of the  
182 spermatocysts and release of the spermatozoa in the sperm ducts. This is followed by the  
production of seminal fluid, causing 'hydration' of the testes (Schulz and Miura, 2002). In some  
184 species, especially the Siluriform catfishes, seminal vesicle secretions contribute to the seminal  
fluid and participate in prolongation and stabilization of sperm viability (Chowdhury and Joy,  
186 2007). During spermiation, the produced milt (*i.e.*, seminal fluid containing suspended  
spermatozoa) may be collected by stripping. In most cases, hydration of the milt is enough to  
188 allow the spermatozoa to be stripped and usable for fertilization (Vermeirssen et al., 2000).  
However, as mentioned earlier, in some fishes stripping of semen is difficult because of  
190 anatomical reasons (Viveiros et al., 2001).

Therefore, most spermiation induction methods employed in aquaculture are not designed  
192 to induce spermatogenesis, which is a long process lasting many days or weeks, but mainly to  
induce spermiogenesis and production of seminal fluid which allows a greater number of the

194 spermatozoa released from the spermatocysts to be "washed out" of the testes (Mylonas et al.,  
1997b; Mylonas et al., 1998a). Methods to induce spermiation are required in some situations  
196 when this process is blocked completely. This could be the case for poorly domesticated fish or  
when farming conditions are not appropriate with a species ecobiology. Spermiation control  
198 may be also needed in order to synchronize the production of sperm with female ovulation, for a  
good management of spawners. Finally, sperm needs to be available at the right time and with  
200 the required quantity and quality when either large breeding plans are managed for genetic  
selection purposes or to cryopreserve enough quantity of sperm, in order to preserve interesting  
202 genetic resources.

#### 204 **Vitellogenesis and oocyte maturation (OM)**

For the purpose of hormonal manipulations for the induction of OM, ovulation and  
206 spawning, fish are separated into two classifications: fish that spawn only once during the  
reproductive season (synchronous and single-batch group-synchronous) and those who spawn  
208 multiple times (multiple-batch group-synchronous and asynchronous) (Tyler and Sumpter,  
1996). Synchronous ovarian development is characteristic of semelparous fishes such as the  
210 Pacific salmon (*Oncorhynchus* spp) and freshwater eels, which reproduce only once in their  
lifetime. Single-batch group-synchronous fishes (Fig. 3A) reproduce only once during every  
212 annual reproductive period. Multiple spawning fishes, as the term implies, produce multiple  
spawns during every reproductive period (Fig. 3B). These spawns may be numerous and  
214 regular, *e.g.* daily or every other day for a period of 3-4 months (Mylonas et al., 2004b; Papadaki  
et al., 2008; Zohar et al., 1995); or can be few and irregular in their timing, *e.g.* 3-7 spawns with  
216 an inter-spawn period of between 3-10 days (Carrillo et al., 1995; Forniés et al., 2001; Marino et

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al., 2003). Egg batch fecundity and egg size may decline with subsequent spawning events  
218 (Kjesbu et al., 1996; Mugnier et al., 2000; Mylonas et al., 2003b).

The type of strategy employed for oogenesis by different fishes has important implications  
220 in their broodstock management in aquaculture. For example, for synchronous fishes that spawn  
once in their lifetime (*e.g.*, freshwater eels and Pacific salmon), sacrificing the fish and  
222 collecting their artificially matured gametes directly from the broodfish is a very effective and  
efficient method for producing fertilized eggs. Obviously the same approach could not be used  
224 for fish that reach reproductive maturation at a late age and are expected to have a long  
reproductive life (*e.g.*, tunas, amberjacks or groupers). Similarly, stripping of eggs and artificial  
226 insemination may be used in annually spawning synchronous females to obtain the total amount  
of available eggs from each female, but the same may not be achieved with multiple spawning  
228 fishes that mature and ovulate only a small fraction of their total annual fecundity at every  
spawning event. Also, annually spawning synchronous fishes have a much more confined  
230 reproductive season (*e.g.*, a few weeks) and the production of eggs over an extended period of  
time to cover grow-out production needs, requires the establishment of many stocks exposed to  
232 different photothermal manipulations in order to shift the spawning period (Bromage et al.,  
2001). Whereas two or three stocks of photoperiodically manipulated gilthead sea bream will be  
234 adequate to provide a hatchery with eggs for 9-12 months a year (Zohar and Mylonas, 2001b),  
for a similar production, six to eight stocks of European sea bass (*Dicentrarchus labrax*) must be  
236 maintained, resulting in a higher facility and management cost (Carrillo et al., 1993). Finally,  
the choice of hormonal therapy for the induction of maturation (mainly OM in the females) may  
238 also depend on whether the fish is a synchronous or asynchronous spawner (see later section).

The presence of large amounts of yolk in the fish egg is an efficient way of making  
240 available the necessary components to sustain the developing embryo and pre-larvae until the

opening of the mouth and exogenous feeding. Therefore, the sequestration of yolk precursors  
242 into the oocyte during oogenesis (*i.e.*, vitellogenesis) is a key process for successful reproduction  
and the production of healthy progeny in aquaculture. Vitellogenesis is accompanied by an  
244 important growth of the oocyte due to the uptake of yolk precursor proteins, mostly vitellogenin  
(Vtg) and putatively very low-density lipoproteins (Babin et al., 2007). Vitellogenin, a bulky  
246 and complex calcium-binding phospho-glycoprotein synthesized by the liver, is selectively  
sequestered by the growing ovarian follicles via specific receptors (VtgRs) clustered in  
248 endocytic clathrin-coated pits giving rise to the formation of Vtg-containing coated vesicles that  
move into the peripheral oolema (Hiramatsu et al., 2006). Vesicles fuse with lysosomes leading  
250 to the formation of the multivesicular bodies (MVB), which increase in size and are gradually  
transformed into yolk granules and then into large yolk globules (Le Menn et al., 2007).  
252 Besides, MVBs contain lysosomal enzymes, such as Cathepsin D that cleave Vtg into the yolk  
polypeptides. The participation of this protease and, to some extent, Cathepsin B in Vtg  
254 processing has been shown both in freshwater and marine fish (see review by Cerdá et al., 2007).

As in other vertebrates, beginning at the N terminus, the precursor of a complete teleost  
256 Vtg molecule consists of a signal peptide, a lipovitellin heavy chain (LvH), a phosvitin (Pv), a  
lipovitellin light chain (LvL) and a von Willebrand factor type D domain (Vwfd) that in teleosts  
258 is cleaved into a  $\beta'$ -component ( $\beta'$ -c) and C-terminal coding region [NH<sub>2</sub>-(LvH-Pv-LvL- $\beta'$ -CT)-  
COO]. Once assembled, Vtg is glycosylated and phosphorylated post-translationally, and  
260 secreted as dimers to the plasma (Finn, 2007). The presence of multiple Vtg genes has been  
confirmed in various teleosts (Finn, 2007; Hiramatsu et al., 2006; Sawaguchi et al., 2006) and  
262 the existence of a noticeably large number of complete Vtg genes was verified in rainbow trout  
and zebrafish (*Danio rerio*). In the former, the identity of the genes encoding Vtg was very high  
264 and, thus, the translated products were possibly very similar (see Hiramatsu et al., 2002 for

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references). Nevertheless, a novel Vtg characterized by a missing phosphatidyl domain was shown  
266 to be present among the zebrafish Vtg genes. This novel “incomplete” Vtg was designated as  
phosphatidyl-less form (PvIVtg; NH<sub>2</sub>-LvH-LvL-COOH) and was also identified in two tilapia  
268 species. Recently, three forms of vitellogenin, VtgA, VtgB and VtgC (PvIVtg) have been  
identified in many fishes (see Amano et al., 2008; Hiramatsu et al., 2006; Sawaguchi et al.,  
270 2006). In general, it appears that members of higher teleost taxa (*Paracanthopterygii* and  
*Acanthopterygii* spp) express both VtgA and VtgB; additionally VtgC seems to be widely  
272 represented among teleosts (Matsubara et al., 2003).

As in other oviparous vertebrates, in teleosts the enzymatic cleavage of Vtg gives rise to  
274 the typical suite of yolk proteins that include the lipovitellin (Lv), the phosphatidyl (Pv) and the  $\beta'$ -c.  
The Lv is a highly lipidated yolk protein consisting of two polypeptides, the Lv heavy-chain  
276 (LvH) and the Lv light chain (LvL). The Pv is a smaller protein in which more than half of its  
amino acid residues are contained in highly phosphorylated polyserine domains that confer Vtg  
278 its calcium-binding properties. The  $\beta'$ -c is the third yolk protein that usually contains neither  
lipid nor phosphorus (Hiramatsu et al., 2006; Hiramatsu et al., 2002). Lipovitellin appears to  
280 serve mainly as nutritional source of amino acids and lipids to the developing embryo, whereas  
Pv provides the necessary minerals required for its skeletal and metabolic functions. Until now,  
282 no physiological or nutritive functions have been attributed to the  $\beta'$ -c or C-terminal peptide  
(Hiramatsu et al., 2006).

284 At the end of vitellogenesis, when the accumulation of the necessary yolk proteins and  
mRNAs for embryonic development has been completed, hormonal stimulation allows the  
286 oocytes to undergo OM. After oocyte maturation, ovulation takes place and meiosis is  
reactivated and completed upon fertilization (Kinsey et al., 2007). During OM, drastic  
288 morphological changes are observed in the oocyte together with progression of meiosis. The

most noticeable features, depending on the species, are lipid droplet coalescence and yolk  
290 globule coalescence which result in the clarification of the oocyte's cytoplasm, migration of the  
nucleus (germinal vesicle, GV) to the periphery of the oocyte and dissolution of the nucleus  
292 membrane (GV breakdown, GVBD), and a dramatic increase in volume due to water uptake  
(Cerdá et al., 2007). The GV is visible under the microscope after some chemical processing,  
294 and disappears when GVBD takes place.

In addition to the initial processing of Vtg upon sequestration into the growing oocyte,  
296 which is achieved mainly by Cathepsin D, a second phase of much more intense proteolysis of  
the yolk proteins takes place during OM. The enzymes responsible for this second proteolysis  
298 have been identified in few species; Cathepsin L seems to be the responsible in gilthead sea  
bream, whereas Cathepsin B-like protease seems to be involved in barfin flounder (*Verasper*  
300 *moseri*) (reviewed by Hiramatsu et al., 2006). In addition to its obvious role in providing free  
aminoacids (FAAs) for the developing embryo and larva, the intense proteolysis of the Vtg-  
302 derived yolk proteins is important also for the hydration of the oocyte (Cerdá et al., 2007). This  
is because the produced FAAs and other organic osmolytes play a very important role in  
304 increasing the osmotic pressure of the oocyte's cytoplasm, driving an aquaporin-mediated water  
uptake by the maturing oocyte. A limited hydration may also occur in freshwater fish  
306 possessing benthic eggs (Milla et al., 2006). However, this second proteolysis is particularly  
important in marine fish possessing pelagic eggs and exhibiting a noticeable hydration at OM  
308 (Matsubara et al., 1999). In these teleosts, VtgA and VtgB, and their derivative yolk proteins are  
thought to play distinct roles in regulating oocyte hydration (Finn, 2007; Finn et al., 2002;  
310 Sawaguchi et al., 2006). A dual Vtg system responsible of a specific physiological mechanism  
of egg buoyancy was firstly described in barfin flounder (Matsubara et al., 1999). During OM  
312 most VtgA-derived yolk proteins are cleaved into FAAs but the heavy chain of Lv derived from

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VtgB (LvHB) remains greatly intact. Thus, the ratio of VtgA and VtgB accumulated during  
314 vitellogenesis regulates the yield of FAAs during OM, which generate a specific osmotic  
gradient responsible for oocyte hydration and regulation of egg buoyancy. The remaining LvHB  
316 serves as nutrient source for late embryo developmental stages (Matsubara et al., 1999). This  
seems to be a common situation among marine pelagophil fishes, which spawn pelagic eggs  
318 (Amano et al., 2008; Finn, 2007; Hiramatsu et al., 2006; Sawaguchi et al., 2006). Up to date, no  
molecular alteration of VtgC has been verified during OM in any teleost, thus it does not  
320 contribute to the OM-associated production of FAAs. Thus the importance of Vtg multiplicity is  
obvious because of its participation in critically important physiological reproductive events of  
322 marine teleosts, including hydration of mature oocytes, buoyancy and generation of the  
necessary nutrient stocks for embryo and larvae (Amano et al., 2008).

324 In conclusion, both vitellogenesis and OM are essential events of female reproductive  
physiology, in which the multiple Vtg scheme plays an important physiological role in the  
326 provision of the required nutrients for the embryo and larval development, as well as the  
accomplishment of proper egg buoyancy. Improperly hydrated eggs usually do not develop into  
328 viable larvae and those with inadequate yolk supplies give rise to very poor survival of the  
progeny (Brooks et al., 1997; Unuma et al., 2005). Thus, it is essential to undertake fundamental  
330 studies in aquacultured teleost species, since both processes have important implications in the  
quantity and the quality of offspring obtained for the intensive production of these species.

332

### **Endocrine control of gametogenesis and final maturation**

334 Gametogenesis (spermatogenesis and vitellogenesis) and final maturation (spermiation  
and OM) are regulated by a cascade of hormones along the brain-pituitary-gonad (BPG) axis  
336 (Fig. 1). In this axis, the secretion of the pituitary gonadotropins FSH and LH is controlled by

the brain via the stimulatory action of the GnRHs (Peter and Yu, 1997; Yu et al., 1997), which  
338 are the primary neuropeptides regulating reproduction, acting as integrators of external  
information (*e.g.*, environment, temperature, water fall and social interactions). Dopamine (DA)  
340 in some fishes exerts a negative effect on the functions of GnRH on the pituitary gonadotrophs  
(Chang and Jobin, 1994). The FSH and LH are released into the bloodstream to act on the  
342 gonad, where they stimulate the synthesis of the sex steroid hormones (androgens, estrogens and  
progestogens), which are the ultimate effectors of gonadal development.

344 Hormonal regulation of fish spermatogenesis and spermiation has been described  
previously (Billard et al., 1990; Schulz and Miura, 2002; Vizziano et al., 2008; Watanabe and  
346 Onitake, 2008) and an updated review can be found in this special issue (Schulz et al., 0000).  
Testicular spermatogenesis, as well as spermiation, is regulated by pituitary FSH and LH  
348 secretion through the action of the sex steroid hormones, as well as other growth factors. Before  
the onset of spermatogenesis, spermatogonial stem cell renewal seems to be regulated by E<sub>2</sub>  
350 acting on Sertoli cells (Miura and Miura, 2003). The androgen 11 keto testosterone (11KT) is  
the major regulator of spermatogenesis, while the maturation inducing steroid (MIS) regulates  
352 sperm capacitation and spermiation (Miura and Miura, 2003). Both steroids are synthesized by  
the somatic Leydig cells of the testes, after GtH stimulation. The LH is mainly involved in the  
354 stimulation of androgen production in Leydig cells, whereas FSH seems to exert more complex  
functions in the male testes, stimulating androgen production from the Leydig cells, as well, but  
356 also regulating Sertoli cell activity during spermatogenesis. Although the regulatory  
mechanisms of FSH are mostly unknown, possible functions of FSH in the testes include the  
358 stimulation of Sertoli cell proliferation and differentiation, and the synthesis of certain growth  
factors that act as autocrine and paracrine factors involved in Sertoli cell proliferation and  
360 differentiation and germ cell development (Schulz and Miura, 2002).



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The onset of spermatogenesis is marked by the switch from spermatogonial self-renewal  
362 to spermatogonial proliferation through a number of mitotic divisions that is species specific in  
fishes, a process controlled by the secretion of pituitary GtHs (mainly FSH) (Schulz and Miura,  
364 2002). The FSH acts on Sertoli cells and stimulates 11KT biosynthesis, which in turn regulates  
the full process of spermatogenesis, mediated also by growth factors (*e.g.*, insulin-like growth  
366 factor I, IGF-I or activin B) secreted by the Sertoli cells. In males, FSH levels are high at early  
spermatogenesis, increase to maximum levels during the rapid testicular growth phase and then  
368 decline after spawning. On the other hand, LH is low during early spermatogenesis, increases  
during spermiation and peaks during the spawning season (Gomez et al., 1999; Mateos et al.,  
370 2003; Miwa et al., 1994; Mylonas et al., 1997c), when LH induces a shift in the steroidogenic  
pathway of the testes leading to the production of the MIS. The MIS is synthesized in the  
372 spermatozoa by the activity of  $20\beta$ -hydroxysteroid dehydrogenase, converting  $17\alpha$ -  
hydroxyprogesterone synthesized in Leydig cells (Asahina et al., 1990; Barry et al., 1990). In  
374 response to the production of MIS there is activation of specific enzymes that increase seminal  
plasma pH, which in turn induces spermatozoa capacitation (Alavi and Cosson, 2005;  
376 Clearwater and Crim, 1998; Miura et al., 1992; Woolsey and Ingermann, 2003). In males,  
androgen production (T and 11KT) remains high through the entire spawning period, even while  
378 MIS levels are high, since spermatogenesis, spermiogenesis and spermiation occur concurrently.

In females, a predominant role has been suggested for FSH during vitellogenesis in fishes  
380 with synchronous ovarian development. On the other hand, in fish with asynchronous ovarian  
development the role of FSH in vitellogenesis is less clear and a possible function has been  
382 ascribed also to LH. This is due, partly, because of the parallel fluctuations of FSH $\beta$  and LH $\beta$   
transcripts during ovarian growth of these species (see review by Rosenfeld et al., 2007) and  
384 partly because the gonadotropic control of vitellogenesis is relying on the follicular production

of E<sub>2</sub> and it has been shown that both FSH and LH are able to stimulate its synthesis *in vitro*.

386 However, a differential regulation of the two gonadotropins could occur also at the receptor  
level. Thus, in the Atlantic halibut (*Hippoglossus hippoglossus*), which shows an asynchronous  
388 oogenesis, FSH receptors but not LH receptors were expressed in the smallest follicles  
corresponding to the stages of primary growth and vitellogenesis (Kobayashi et al., 2008). Also,  
390 it has been shown in the European sea bass, that homologous FSH stimulates the release of E<sub>2</sub> by  
ovarian fragments in a dose- and time-dependent manner (Molés et al., 2008). In addition, this  
392 stimulation was greater in females in early and mid vitellogenesis, coinciding with the time of  
high expression levels of FSH receptor (FSHR) in the ovarian follicles (Luckenbach et al., 2008;  
394 Rocha et al., 2008). Also, a specific role of FSH on stimulating cytochrome P-450 aromatase  
activity and mRNA expression *in vitro*, the enzyme catalyzing the conversion of T to E<sub>2</sub>, has  
396 been demonstrated in brown trout (*Salmo trutta*) follicles from vitellogenic ovaries (Montserrat  
et al., 2004). Furthermore, FSH seems to stimulate Vtg incorporation into follicles of rainbow  
398 trout (Jalabert, 2005). Gonadotropic stimulation of the ovary during the period of vitellogenesis  
induces steroidogenesis in a two-cell biosynthetic process, in which the outer theca layer  
400 synthesizes T that is transported into the granulosa cells and converted to E<sub>2</sub>. During  
vitellogenesis, E<sub>2</sub> regulates oocyte development and the synthesis of Vtg and other yolk related  
402 proteins by the liver. In addition to the gonadotropic and E<sub>2</sub> control of vitellogenesis, it has been  
suggested that other hormones (*e.g.*, T) and paracrine factors could cooperate in the Vtg uptake  
404 by the growing follicles (reviewed by Hiramatsu et al., 2006; Jalabert, 2005; Polzonetti-Magni et  
al., 2004).

406 At the conclusion of vitellogenesis, OM is triggered by the action of LH on the follicle  
cells, which synthesize and secrete the maturation inducing hormone (MIH) or maturation  
408 inducing steroid (MIS) (Nagahama et al., 1994; Suwa and Yamashita, 2007). In salmonids

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(*Onchorhynchus* and *Salmo* spp.), and a few freshwater and marine fishes the MIS is the  
410 progesterin 17,20 $\beta$ -dihydroxy-4-pregnen-3-one (17,20 $\beta$ P). In some other marine species, a  
derivative of 17,20 $\beta$ P the 17 $\alpha$ ,20 $\beta$ ,21-trihydroxy-4-pregnen-3-one (20 $\beta$ S) has been described to  
412 act as MIS (King et al., 1995; Schulz and Miura, 2002; Thomas et al., 1995). Both 17,20 $\beta$ P and  
20 $\beta$ S are acting as MIH in European sea bass (Asturiano et al., 2000), striped bass (*Morone*  
414 *saxatilis*) (Mylonas et al., 1997c) and red seabream (*Pagrus major*) (see review by Suwa and  
Yamashita, 2007) (Fig. 4). The MIS binds to specific receptors on the oocyte plasma membrane  
416 and the signal received in the oocyte surface is transduced to the cytoplasm to finally result in  
the formation and activation of the maturation-promoting factor (MPF), which is responsible for  
418 the resumption of meiosis and completion of oocyte maturation (Nagahama et al., 1994).  
Although in some species both FSH and LH have been implicated in the process (Jalabert,  
420 2005), it is generally admitted that oocyte maturation is a two stage LH-dependent event, with  
some paracrine factors also being involved (Bobe et al., 2008). The first stage is referred to as  
422 oocyte maturational competence (OMC) and consists on the acquisition by the follicles of the  
ability to produce and by the oocyte to respond to MIH (Patiño et al., 2001). The second stage  
424 comprises the period of actual production of MIH and resumption of oocyte meiosis (Patiño and  
Sullivan, 2002).

426

**3. OPTIMAL CONDITIONS FOR REPRODUCTION IN CAPTIVITY**

The first step in proper broodstock management is the identification of the optimal  
430 conditions required for a species to undergo reproductive maturation and produce gametes of  
good quality. The various factors involved during gametogenesis and having impact on gamete  
432 quality are examined elsewhere in this special issue (Bobe and Babiak 0000). This section

focuses on environmental factors that need to be controlled in order to obtain normal spawning.

434 Data on the eco-biology of each species of interest in its natural environment may be very useful  
in creating adequate culture conditions, leading to reproductive maturation and spawning.

436 Environmental factors may be used during gametogenesis to manipulate fish spawning  
time in order to get viable gametes on a year-round basis (Bromage et al., 2001; Chemineau et  
438 al., 2007). Such manipulations may affect reproductive performance (King and Pankhurst,  
2007; Pankhurst and Thomas, 1998). In some cases, a proper control of environmental factors  
440 may be enough to obtain natural spawning from cultured fishes, as in the African catfish  
(*Clarias gariepinus*) (El Naggar et al., 2006; Okumura et al., 2003). Besides, employing optimal  
442 environmental conditions reduces stress, which may be enhanced by the spawning induction  
process itself (Mousa and Mousa, 2006).

444

### 3.1. Environment

446 Spawning induction efficiency may depend greatly on water temperature. Within the range  
of physiological temperatures, higher temperatures usually speed up the process without any  
448 adverse effects. Outside this range, higher temperature is unfavourable and may affect spawning  
success and progeny quality. Thus, in Arctic charr (*Salvelinus alpinus*), which spawns naturally  
450 at a very low temperature, a DA inhibition of LH release may occur at 10°C (Gillet et al., 1996).  
High temperature may also delay the ovarian response of rainbow trout to GtH, by modifying its  
452 steroidogenic pattern (Pankhurst and Thomas, 1998). It is also known that temperature may  
modulate steroid conjugation and thus active free steroid concentration (Kime, 1979). On the  
454 contrary, in species spawning in warmer water, such as the black sea bass (*Centropristes*  
*striata*), low temperature may delay this response (Cerdá et al., 1996), and in common carp  
456 (*Cyprinus carpio*) the interval between hormone administration and initial egg release was

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negatively correlated with water temperature within the range of 20-26°C (Drori et al., 1994).

458 However, a deleterious effect of too high temperature was observed in grass carp  
(*Ctenopharyngodon idella*), by acting at various levels of the brain-pituitary-gonad endocrine  
460 axis (Glasser et al., 2004).

Salinity is another environmental parameter that can influence reproductive function.

462 Because freshwater is limiting and transferring large broodstock is costly and cumbersome,  
anadromous species such as salmon, which normally spawn in fresh water, are usually  
464 maintained in seawater during the reproductive season. However, ovulation may be partially  
blocked in seawater and follicle hydration is disturbed (Sower and Shreck, 1982), a dysfunction  
466 that may be related to the loss of hypo-osmoregulatory ability in mature fish (Uchida et al.,  
1997). In such case, a short transfer to freshwater may be enough to overcome this blockage  
468 (Haffray et al., 1995). On the other hand, in many euryhaline species spawning induction can be  
successful at various salinities (Haddy and Pankhurst, 2000; Lee et al., 1992). Thus, in the black  
470 bream (*Acanthopagrus bucheri*), GnRHa treatment induced ovulation at salinities ranging from  
5‰ to 35‰ (Haddy and Pankhurst, 2000). However, a 17,20β-dihydroxy-4-pregnen-3-one  
472 plasma level increase was detectable only at 20‰, and the number of ovulations and fertilization  
success were lowest in fish held at 5‰.

474 Tank size, water volume and/or depth and stocking density have been shown to influence  
reproductive success in some cultured fishes. Spontaneous spawning behaviour usually requires  
476 moderate to large holding volumes and low stocking densities in most fishes, including the  
greenback flounder (*Rhombosa tapirina*) (Pankhurst and Fitzgibbon, 2006). In the Nile tilapia  
478 (*Oreochromis niloticus*), a low stocking density and water-flow rate is favourable for  
spontaneous spawning and good egg quality (Tsadik and Bart, 2007). However, the  
480 domestication process facilitates spontaneous spawning in captivity as stressed by Zohar and

482 Mylonas (2001a) for the gilthead seabream. Except in species that require substrate for their  
484 spawning, optimizing tank size and water depth should be enough in most fishes to facilitate  
486 normal breeding behaviour and obtain successful spawning (Okumura et al., 2003; Okumura et  
488 al., 2002), although the impact of such factors may be more, or less significant depending on the  
species (Buchet et al., 2008; Ibarra-Castro and Dunca, 2007). Even a large pelagic species such  
as yellowfin tuna (*Thunnus albacares*) may spawn in a relatively small tank (Wexler et al.,  
2003). In fact, such factors are difficult to analyze by themselves, because tank size is correlated  
to water volume and depth, and may also influence water flow rate and quality (*i.e.*, dissolved  
oxygen).

490

### 3.2. Social factors

492 Social interactions have major consequences on spontaneous spawning, both in male and  
female fish, and attention has been especially paid to pheromones (Stacey, 2003), with goldfish  
494 (*Carassius auratus*) being a leading model of hormonal sex pheromone function (Appelt and  
Sorensen, 2007). However, applications of breeding behaviour and its pheromonal control to  
496 broodstock management remain limited (Hong et al., 2006).

In several practical trials for spawning induction, a male to female sex ratio equal or higher  
498 to 1 is preferred (Haddy and Pankhurst, 2000; Meseda and Samira, 2006; Pavlidis et al., 2004).  
In the spotted rose snapper, no significant difference was observed between male to female sex-  
500 ratios of 1:1, 1:3 or 1:5 (Ibarra-Castro and Dunca, 2007). Also, spawning may be more efficient  
in groups than in single pairs both, for spontaneous spawning (El Naggar et al., 2006) and after  
502 spawning induction (Forniés et al., 2003). However rigorous experiments evaluating properly  
the optimal sex ratio for cultured broodstocks are rarely published.

504

**Broodstock management and hormonal manipulations of fish reproduction**506 **5. MONITORING REPRODUCTIVE MATURATION**

Accurate evaluation of the stage of reproductive maturation is a prerequisite for the success  
508 of hormonal induction of OM and spermiation, so that the type of the necessary hormonal  
treatment can be determined and the time of administration chosen. Treatments given to  
510 immature individuals or to adult fish too early in the reproductive cycle are ineffective or  
inefficient. The most common, practical and perhaps reliable method of determining stage of  
512 reproductive maturation in fish is the acquisition of milt by gentle abdominal pressure (Fig. 5A)  
in the males, although in some species this is not possible (Viveiros et al., 2002), and the  
514 biopsy of developing oocytes from the ovary with the use of a catheter in the females (Fig.  
5B).

516 The stage of ovarian maturation is usually determined by (a) measuring the mean or  
maximum oocyte diameter (Garcia, 1989; Mylonas et al., 2004c; Shiraishi et al., 2005), (b)  
518 determining the position of the nucleus (germinal vesicle) (Billard et al., 1995b; Kagawa et al.,  
2005; Lutes et al., 1987; Mylonas et al., 1995b; Yaron, 1995) or (c) identifying the onset of  
520 coalescence of the lipid droplets (Fauvel et al., 1999; Mylonas et al., 2003b; Mylonas et al.,  
1997d). The stage of testicular maturation may not be evaluated using testicular biopsies during  
522 spermatogenesis, and is usually limited to the period of spermiation, when milt can be obtained  
using abdominal pressure (Billard et al., 1995a; Rurangwa et al., 2004). The stage of  
524 spermiation is evaluated based on the ease and/or amount of milt released after abdominal  
pressure, using subjective evaluation scales. For example, a spermiation index may be  
526 established on a subjective scale from 0 to 3, with 0 = no sperm released, 1 = only a drop of  
sperm released after multiple stripping attempts, 2 = sperm easily released after the first

528 stripping attempt, and 3 = copious amounts of sperm flowing with the slightest abdominal  
pressure (Mylonas et al., 2003a).

530 Other methods for evaluating stage of reproductive maturation include the determination  
of plasma levels of Vtg in females, or sex steroid hormones in both males and females, as these  
532 change dramatically and reliably during the different stages of gametogenesis and maturation.  
However, these methods are more invasive and may have a process time of hours to days,  
534 depending on the method of quantification. Recently, non-invasive methods have been  
developed for measuring female specific proteins or sex steroid hormones in skin mucus  
536 (Hiramatsu et al., 2006; Kishida et al., 1992; Schulz et al., 2005a). Such methods are better  
suited for large fish that are difficult to handle or very prone to stress, such as the bluefin tunas  
538 (*Thunnus* spp) (Corriero et al., 2007).

## 540 6. REPRODUCTIVE DYSFUNCTIONS

The reproductive dysfunctions observed in culture range from the complete absence of  
542 reproductive development observed in freshwater eel (Kagawa et al., 2005; Palstra et al., 2005;  
van Ginneken and Maes, 2005), to the absence of only gamete release (*i.e.*, spawning) observed  
544 in cultured salmonids (Bromage et al., 1992). However, the most common dysfunctions include  
the production of lower quantity of milt and/or sperm during the spermiation period and the  
546 failure to undergo OM at the completion of vitellogenesis (Mañanos et al., 2008; Mylonas and  
Zohar, 2001b; Mylonas and Zohar, 2007; Zohar and Mylonas, 2001b).

548

### 6.1 Males

550 As mentioned earlier, reproductive dysfunctions of captive fishes are not restricted to  
females, since males may produce a reduced amount of milt and of lower quality, even though



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552 they do undergo complete spermatogenesis and spermiation in captivity (Mañanos et al., 2008;  
Mylonas and Zohar, 2001b; Mylonas and Zohar, 2007; Zohar and Mylonas, 2001b). A reduced  
554 amount of milt production represents a serious problem for those species in which hatchery  
production is based on artificial fertilization and the acquisition of gametes by manual stripping.  
556 Production can be limited by difficulties in acquisition of adequate milt from male breeders and  
may necessitate the use of a much higher number of male breeders than if spawning could occur  
558 spontaneously. On the other hand, for species that spawn spontaneously in the tank, the  
production of highly viscous milt reduces the rapid dispersal of the spermatozoa and thus  
560 reduces the sperm fertilization capacity (Vermeirssen et al., 2000). Lower plasma levels of LH  
during the spermiation period have been suggested as the cause of the reduced amount of milt  
562 produced by some fishes (Mañanos et al., 2002; Mylonas and Zohar, 2001a). The amount of LH  
in the pituitary or the ability of the pituitary to synthesize LH in response to treatment with  
564 exogenous GnRH $\alpha$  is not affected in these fishes, suggesting that again the reproductive  
dysfunction in the males may be identified in the brain control of GtH synthesis and/or release.

566

**6.2 Females**

568 The simplest reproductive problem in cultured fishes is observed in cultured salmonids,  
which do undergo vitellogenesis, OM and ovulation, but fail to spawn their eggs and milt when  
570 reared in captivity (Bromage and Cumarantunga, 1988; Zohar, 1989), probably due to a loss of  
the spawning behaviour caused by domestication, or the lack of the appropriate spawning  
572 substrate to place eggs. This reproductive dysfunction in salmonids is not causing great  
problems to the industry, as the ovulated eggs remain viable in the abdominal cavity for many  
574 days to a few weeks, and can be obtained easily by stripping and fertilized artificially (Craig and  
Harvey, 1984; Sakai et al., 1975). In fact, this characteristic may be advantageous for a

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576 commercial hatchery, particularly if used in conjunction with hormone-based synchronization  
578 protocols (see later), as it allows (a) collection of eggs from a number of females that have  
580 ovulated at different times during the course of a week and (b) fertilization with selected sperm.  
In other species, however, the need to collect the eggs by stripping is a serious limitation, as the  
time of ovulation must be predicted with accuracy, as over-ripening may take place in minutes  
or hours after ovulation (reviewed in Bromage, 1995).

582 In most other fishes, the reproductive dysfunction often observed in culture is that fish  
undergo vitellogenesis during the reproductive period, but fail to undergo OM and, as a result,  
584 there is no ovulation and no spawning of eggs (Agulleiro et al., 2006; Barbaro et al., 2002;  
Berlinsky et al., 1996; Berlinsky et al., 1997; Chen, 2005; Duncan et al., 2003; Fauvel et al.,  
586 2008; Ibarra-Castro et al., 2004; Larsson et al., 1997; Marino et al., 2003; Mugnier et al., 2000;  
Mylonas et al., 2007; Mylonas et al., 2004a; Mylonas and Zohar, 2001a; Yang and Chen, 2004).  
588 The endocrine cause of the failure of female fish to undergo OM has been identified to be a  
dysfunctional release of LH from the pituitary at the end of vitellogenesis. In striped bass, for  
590 example, comparison of plasma levels of reproductive hormones between cultured fish that fail  
to undergo OM and wild fish captured on their spawning grounds showed that a plasma LH  
592 surge accompanied OM and ovulation in wild females, but in females reared in captivity plasma  
LH levels remained low at the end of vitellogenesis (Mylonas et al., 1997c; Mylonas et al.,  
594 1998b; Mylonas and Zohar, 2001a). However, LH was synthesized and stored in the pituitary  
during vitellogenesis, since levels of LH and its mRNA in the pituitary did not differ between  
596 wild and captive females, demonstrating that the problem is one of lack of release and not  
synthesis in captivity. In addition, mRNA levels of the pituitary receptor for the GnRH most  
598 relevant to pituitary LH synthesis were similar between wild and captive females. This suggests  
that the disruption in LH release from the pituitaries of captive fish is not due to a dysfunction in

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600 pituitary responsiveness, but may be related to the control of pituitary function by the  
reproductive brain. In fact, differences were observed between wild and captive females  
602 undergoing OM, when comparing the pituitary content of the endogenous GnRHs. The GnRH  
mRNA levels within the brain, however, were similar between the two groups, indicating that  
604 the altered pituitary content of GnRH in captive fish may be a result of altered release from the  
hypothalamus, rather than deficient synthesis (Steven, 2000; Steven et al., 2000).

606

**608 7. HORMONAL THERAPIES**

Based on the evidence that the failure of cultured fishes to undergo full spermiation and  
610 OM is the result of diminished LH release from the pituitary, manipulations of reproductive  
function have focused first on the use of exogenous LH preparations that act directly at the level  
612 of the gonad, and more recently on GnRH $\alpha$  --with or without DA-- that releases the endogenous  
LH stores from pituitary (Fig. 6). Endogenous LH, in turn, acts at the level of the gonad to  
614 induce steroidogenesis and the process of OM and spermiation.

Luteinizing hormone preparations include (a) homogenates and purified extracts from the  
616 pituitary of mature fish during the reproductive season --most commonly of carp and salmonids--  
- that contain high amounts of LH, and (b) purified human Chorionic Gonadotropin (hCG) that  
618 has very strong LH activity (Donaldson and Hunter, 1983; Lam, 1982; Zohar, 1989; Zohar and  
Mylonas, 2001b). Pituitary homogenates were the first type of exogenous hormonal treatments  
620 used by aquaculturists for the induction of maturation and spawning (Fontenele, 1955; Houssay,  
1930; Von Ihering, 1937). Today, preparations of carp and salmon pituitary extracts (CPE and  
622 SPE, respectively) are purified to various extends, and are available in commercial products with  
their activity being calibrated using bioassays (Donaldson, 1973; Yaron, 1995). Human CG has

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624 also been used extensively in hormonal manipulation of reproduction in fishes, as it has been  
available throughout the world for some time now, and it is purified and of clinical grade and  
626 standardized bioactivity. Unlike LH preparations of piscine origin, hCG is often effective in a  
single dose, presumably due to its long half-life in circulation (Ohta and Tanaka, 1997). This is  
628 not related to its heterologous nature in fish, since it has been shown to have a significantly  
longer half-life compared to the pituitary GtHs both in fish (Fontaine et al., 1984) and humans  
630 (Ludwig et al., 2002). Recently, an hCG preparation has been approved for commercial  
utilization in commercial aquaculture (CHORULON™, Intervet International bv, The  
632 Netherlands).

With the discovery and commercial synthesis of various agonists of GnRH (GnRHa) for  
634 human medicine (Schally, 1978; Ulloa-Aguirre and Timossi, 2000), their use for spawning  
induction therapies in fish increased rapidly, due to their important advantages over LH  
636 preparations. Firstly, GnRHa treatments are not as species-specific as LH ones, due to the high  
structural similarity of native GnRHs among fishes (Lethimonier et al., 2004) Secondly, being of  
638 synthetic nature, GnRHAs do not pose a disease transmission threat, as CPE and SPE may do.  
Thirdly, GnRHAs are acting at a higher level of the brain-pituitary-gonad axis and stimulate the  
640 release of the endogenous GtHs (LH and FSH) as well as other pituitary hormones that may be  
important to reproductive functions (Cyr and Eales, 1996; Le Gac et al., 1993; Negatu et al.,  
642 1998; Weber et al., 1995), and thus provide for a better integration of reproductive processes.  
The only approved GnRHa for use in commercial aquaculture is Azagly-nafarelin  
644 (GONAZON™, Intervet International bv, The Netherlands).

As mentioned earlier, in some fishes there is a strong inhibition of basal and GnRH-  
646 stimulated release of LH by DA. Therefore, administration of DA antagonists (*e.g.*,  
domperidone, pimozide, reserpine or metoclopramide) prior to the treatment with GnRHa

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648 removes the inhibition on the gonadotrophs and enhances the stimulatory effect of GnRH $\alpha$  on  
LH release. Currently, hormonal manipulations of reproduction using a combined GnRH $\alpha$ /DA  
650 antagonist treatment are used mostly in cyprinids (Kaminski et al., 2004; Mikolajczyk et al.,  
2003; Mikolajczyk et al., 2004; Yaron, 1995), catfishes (Brzuska, 2001; Silverstein et al., 1999;  
652 Wen and Lin, 2004) and mullets (Aizen et al., 2005; Arabaci and Sari, 2004; Glubokov et al.,  
1994).

654 Almost from the first spawning induction experiment in cultured fishes, it was recognized  
that long-term administration of the hormone would result in improved efficacy (Fontenele,  
656 1955). This is because OM and spermiation often require a prolonged hormonal treatment,  
given in multiple injections (Carrillo et al., 1995; Dabrowski et al., 1994; Mylonas et al., 1992;  
658 Pankhurst et al., 1996; Slater et al., 1994). Such repetitive handling may be stressful and  
damaging to the brood fish and in situations where the broodfish are very large (*e.g.*, groupers,  
660 amberjacks or tunas) or kept outdoors --in ponds or cages -- it is very time consuming and labor  
intensive to crowd, capture, anaesthetize and inject the fish with hormones. As a result, a variety  
662 of hormone-delivery systems have been developed during the last 20 years for use in cultured  
fishes (Mylonas and Zohar, 2001b). Although a delivery system for LH has also been reported  
664 (Sato et al., 1995), the ones employed extensively in aquaculture contain exclusively GnRH $\alpha$ .  
The GnRH $\alpha$  delivery system may be prepared in the form of implantable cylindrical pellets of  
666 cholesterol (Weil and Crim, 1983) or Ethylene-Vinyl Acetate (EVAc) (Mylonas et al., 2007;  
Zohar, 1996), or in the form of injectable biodegradable microspheres using co-polymers of  
668 lactic acid and glycolic acid (LGA) or a co-polymer of fatty acid dimer and sebacic acid (Fad-sa)  
(Barbaro et al., 2002; Breton et al., 1990; Chang et al., 1995; Mylonas et al., 1997b; Mylonas et  
670 al., 1995a; Mylonas and Zohar, 2001a; Zohar, 1988). Although the solid implantable GnRH $\alpha$ -  
delivery systems are easier to use by aquaculturists, the microspheric delivery systems have the

672 advantage of being biodegradable and of being able to use the same preparation to treat fish with  
large variation in size. Upon application, the GnRHa delivery systems release GnRHa for  
674 periods from 1 to 5 wks, depending on the preparation (Crim et al., 1988; Mañanos et al., 2002;  
Mylonas et al., 1998b; Mylonas and Zohar, 2001b; Zohar, 1996).

676

### 7.1 Spermatogenesis and spermiation

678 As mentioned earlier, with the exception of the freshwater eels, cultured male fishes do  
undergo spermatogenesis and spermiation in captivity, but often produce milt of lesser quantity  
680 or quality. So, in essence, the objective of hormonal therapies in male cultured fishes is  
primarily to increase seminal fluid production and secondarily to enhance completion of  
682 spermatogenesis (spermiogenesis and spermiation). Due to the long-term nature of the process  
of spermatogenesis and spermiation, which takes months to weeks (Schulz and Miura, 2002),  
684 long-term hormonal therapies with GnRHa-delivery systems have proven more effective in  
enhancing milt production compared to acute treatments with either LH preparations or GnRHAs  
686 (Fig. 7). In the rabbitfish (*Siganus guttatus*), for example, milt production increased  
significantly 24 h after GnRHa injection, but returned to pre-treatment levels 48 h later (Garcia,  
688 1991). In carp, (*Cyprinus carpio*), daily injections of GnRHa induced a sustained elevation of  
sperm production for 5 d by, but milt volume decreased below pre-treatment levels 3 d after the  
690 treatment was interrupted (Takashima et al., 1984). In the winter flounder (*Pleuronectes*  
*americanus*) a single GnRHa injection did not increase milt production, whereas two injections  
692 given 24 h apart induced a significant increase in total expressible milt (Harmin and Crim,  
1993). Finally, in the European sea bass a single injection of GnRHa at the end of the spawning  
694 season was effective in maintaining milt volume of stripped males for only 3 d, compared to 17  
d of GnRHa implants (Rainis et al., 2003). The results indicate that for the induction of a

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696 sustained increase in milt production, especially in individuals that are stripped spawned during  
the reproductive season, a long-term hormonal therapy is necessary, either through the use of  
698 multiple injections or controlled-release delivery systems.

Many different GnRH $\alpha$ -delivery systems have been used to enhance spermiation in  
700 cultured fishes, and the first applications were in salmonid fishes such as Atlantic salmon (*Salmo  
salar*) (Weil and Crim, 1983; Zohar, 1996), rainbow trout (Breton et al., 1990), coho salmon (*O.  
702 kisutch*) (Goren et al., 1995) and chinook salmon (*O. tshawytscha*) (Solar et al., 1995). In the  
European seabass, treatment with GnRH $\alpha$ -delivery systems resulted in increased milt production  
704 for 28-35 d, compared to 7 d only when a single injection of GnRH $\alpha$  was given (Mañanos et al.,  
2002; Sorbera et al., 1996). Also in the striped bass, GnRH $\alpha$ -delivery systems induced increases  
706 in milt production for 14 to 20 d (Mylonas et al., 1997b; Mylonas et al., 1998a). GnRH $\alpha$   
implants have also been used in Atlantic halibut to enhance the quality of the sperm, which is  
708 extremely viscous and exhibits very little spermatozoa motility towards the end of the spawning  
season (Vermeirssen et al., 2003), in starry flounder (*Platichthys stellatus*) to increase milt  
710 volume and sperm density (Moon et al., 2003) and in greenback flounder (*Rhombosolea  
tapirina*) to increase sperm volume (Lim et al., 2004). Still, in some species simple injections of  
712 GnRH $\alpha$  of LH preparations have been employed for the successful enhancement of spermiation,  
including the Siberian sturgeon (*A. baerii*) (Williot et al., 2002), the sterlet (*Acipenser ruthenus*)  
714 (Rzemieniecki et al., 2004), the precocious European sea bass (Schiavone et al., 2006) and the  
minnow (*Rhynchocypris oxycephalus*) (Park et al., 2002).

716

### 7.2 Oocyte maturation and ovulation

718 In females, the hormonal therapies employed in aquaculture may be classified to (a) those  
for the stimulation/completion of vitellogenesis, so that the oocytes undergo/complete

720 vitellogenesis and can then undergo OM and ovulation in response to another hormonal therapy;  
and (b) those for the induction of OM and ovulation alone (Mañanos et al., 2008). Since the  
722 process of vitellogenesis is a long one, lasting for weeks to months, such therapies are  
cumbersome, expensive and not used very often, with the exception of the freshwater eel  
724 (Kagawa et al., 2005; van Ginneken and Maes, 2005). In addition, as mentioned earlier,  
vitellogenesis is usually completed in most captive reared fishes. Therefore, most of the  
726 hormonal therapies for the control of reproduction in female fishes are focused on the induction  
of OM and ovulation.

728 Due to the significant differences both in biology and management, hormonal treatments  
may be different in species with synchronous ovarian development (single-time and single-batch  
730 group-synchronous) and asynchronous ovarian development (multiple-batch group-synchronous  
and asynchronous) (Tyler and Sumpter, 1996). A single or double GnRHa injection protocol  
732 may be effective in synchronous fish (Mylonas et al., 1992), which have all their oocytes  
developed at the same stage of maturation (Fig. 3A), but GnRHa-delivery systems may be more  
734 effective in achieving maximum fecundity in asynchronous species with a long reproductive  
season (Barbaro et al., 1997; Berlinsky et al., 1996; Larsson et al., 1997; Mugnier et al., 2000;  
736 Zohar et al., 1995). Also, if required, strip spawning and artificial insemination (see later) is a  
good alternative to tank spawning in synchronous fishes, but will result in very poor fecundity in  
738 asynchronous species, since the fish mature and ovulate only part of their total season production  
of vitellogenic oocytes (Fig. 3B), and the stripping process may damage the remaining oocytes.

740

### 7.2.1 *Synchronous oogenesis*

742 The use of CPE, SPE and hCG in spawning induction therapies in synchronous fishes,  
together with information on doses and treatment protocols has been published in previous



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744 reviews (Donaldson, 1973; Donaldson and Hunter, 1983; Lam, 1982; Mañanos et al., 2008;  
Zohar and Mylonas, 2001a). Recent examples of the use of LH preparations include the  
746 European catfish (*Silurus glanis*), where 4 mg Kg<sup>-1</sup> CPE induced OM and ovulation, though in a  
smaller percentage of females compared to a combined GnRH<sub>a</sub>/DA antagonist treatment  
748 (Brzuska, 2001). In the catfish “cachara” (*Pseudoplatystoma fasciatum*) from Brasil, CPE and  
hCG were both effective in inducing OM and ovulation (Leonardo et al., 2004). In the Japanese  
750 catfish (*S. asotus*), a single injection of 10,000 IU Kg<sup>-1</sup> hCG induced OM and ovulation  
(Kumakura et al., 2003). Also, a single injection of hCG at 1000 or 2000 IU Kg<sup>-1</sup> was effective  
752 in inducing OM and ovulation in the spotted sea bass (*Lateolabrax maculatus*) (Lee and Yang,  
2002). Finally, in ocellated puffer (*Takifugu ocellatus*), both single and double injections of 6  
754 mg Kg<sup>-1</sup> CPE or 2500 IU Kg<sup>-1</sup> hCG were very effective in inducing OM and ovulation (Chen,  
2005), and in pikeperch (*Sander lucioperca*), either single or multiple injections of 200 IU Kg<sup>-1</sup>  
756 hCG were effective in inducing ovulation (Zakes and Szczepkowski, 2004).

The aquaculture production of sturgeon (*Acipenser* spp.) relies exclusively on the  
758 production of eggs via hormonal induction of OM and ovulation, whereas fertilization is  
undertaken artificially. Sturgeon females are evaluated for the completion of vitellogenesis and  
760 the extent of the migration of the nucleus by surgical removal of oocytes from the ovary and  
their *in vitro* processing (Conte et al., 1988; Williot et al., 1991). The selected mature females  
762 may be given sturgeon pituitary extract, CPE, or more recently GnRH<sub>a</sub> (Burtsev et al., 2002;  
Chebanov and Billard, 2001; Webb et al., 1999; Williot et al., 2002; Williot et al., 2001; Zhuang  
764 et al., 2002), usually in a priming and a resolving injection spaced 10-24 h apart, and ovulation is  
accomplished 24-50 h afterwards. Single treatments with CPE have also been reported to be  
766 effective (Williot et al., 2005).

One of the very first applications of GnRHa in aquaculture included the synchronization of  
768 OM and ovulation in salmonids, as a tool for enhancing broodstock management operations and  
reducing pre-spawning mortalities (Breton et al., 1990; Crim and Glebe, 1984; Donaldson et al.,  
770 1981). Treatment with GnRHa is usually given <2 weeks before the onset of natural maturation  
of the broodstock, and is given in the form of two injections ( $10\text{-}100\ \mu\text{g Kg}^{-1}$ ) spaced 3 days  
772 apart or in a single application of a GnRHa-delivery system ( $10\text{-}50\ \mu\text{g Kg}^{-1}$ ). Both the two  
GnRHa injection (Mylonas et al., 1992; Sullivan et al., 1989; Van Der Kraak et al., 1985) and  
774 GnRHa-delivery system protocols (Breton et al., 1990; Crim et al., 1983; Crim and Glebe, 1984;  
Goren et al., 1995) induce ovulation in 100% of the population within 10-14 days after  
776 treatment. Single or multiple injections of GnRHa have also been used extensively in other  
fishes with synchronous ovarian development. In the two-injection protocols, GnRHa is given  
778 in a priming dose (5-10%) and a resolving dose (95-90%). If a DA antagonist is also used, it is  
administered together with the priming dose. For example, in the ocellated puffer both a single  
780 and double injections of  $50\ \mu\text{g Kg}^{-1}$  GnRHa were effective in inducing OM and ovulation (Chen,  
2005), while similar results were obtained using 2-4 injections of GnRHa in the bullseye puffer  
782 (*Spoeroides annulatus*) (Duncan et al., 2003). In the grey mullet (*Mugil cephalus*), two  
injections of  $30\ \mu\text{g Kg}^{-1}$  GnRHa together with  $15\ \text{mg Kg}^{-1}$  of the DA antagonist metoclopramide  
784 were very effective in inducing spawning within 24 h (Aizen et al., 2005). Similarly, two  
injections of  $20\ \mu\text{g Kg}^{-1}$  GnRHa with  $5\ \text{mg Kg}^{-1}$  of the DA antagonist pimozide induced  
786 ovulation in 95% of treated common carp (Mikolajczyk et al., 2004). Two injections of GnRHa  
in combination with a DA antagonist have been used successfully also in the koi carp (*Cyprinus*  
788 *carpio*) (Arabaci et al., 2004), lake mullet (*Chalcalburnus tarichi*) (Arabaci and Sari, 2004) and  
wild catfish (*Silurus asotus*) (Wen and Lin, 2004). Finally, a single injection of  $20\ \mu\text{g Kg}^{-1}$   
790 GnRHa induced ovulation in tench (*Tinca tinca*) (Rodríguez et al., 2004).

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GnRHa-delivery systems have also been shown to be very effective in inducing OM,  
792 ovulation and spawning in fishes with synchronous ovarian development (Mylonas and Zohar,  
2001b; Mylonas and Zohar, 2007). Whereas a GnRHa-delivery system induced spawning in the  
794 yaqui catfish (*Ictalurus pricei*), combined sGnRHa/DA antagonist or catfish PE treatments were  
ineffective (Mylonas and Zohar, 2001b). In the tiger puffer (*T. rubripes*), GnRHa-delivery  
796 systems ( $400 \mu\text{g Kg}^{-1}$ ) induced ovulation after 18 and 10 d in fish with small (800-900  $\mu\text{m}$ ) and  
large (900-1000  $\mu\text{m}$ ) mean oocyte diameter, respectively (Matsuyama et al., 1997). Other  
798 examples of applications in synchronous fishes include the bullseye puffer (Duncan et al., 2003),  
cobia (*Rachycentron canadum*) (Kilduff et al., 2002), devil stinger (*Inimicus japonicus*)  
800 (Takushima et al., 2003) and common carp (Brzuska and Bialowas, 2002).

802 **7.2.3 Asynchronous oogenesis**

In fish with asynchronous ovarian development, such as the greater amberjack, GnRHa-  
804 delivery systems have been used preferentially to injections for the induction of multiple OM  
and ovulation cycles (Fig. 8). For example, GnRHa-delivery systems induced two consecutive  
806 spawns within 3 d in white bass (*M. chrysops*) (Mylonas et al., 1997a) and greater amberjack  
(*Seriola dumerili*) (Mylonas et al., 2004c), five spawns in 7 d in the barramundi (*Lates*  
808 *calcarifer*) (Almendras et al., 1988), five ovulations in 2 weeks in striped trumpeter (*Latris*  
*lineate*) (Morehead et al., 1998), one to four ovulations within 7 d in the black sea bass  
810 (*Centropristis striata*) (Watanabe et al., 2003) and seven ovulations in 10 d in the dusky grouper  
(*E. marginatus*) (Marino et al., 2003). The above species are considered to have a multiple-  
812 batch group-synchronous ovarian development, and are able to produce a few spawns in irregular  
intervals during the annual reproductive season. Still, the greatest potential of sustained-release  
814 GnRHa-delivery systems is in the induction of OM in asynchronous fishes with daily --or almost

daily-- ovulation/spawning frequency. Some examples, include the red porgy (*Pagrus pagrus*),  
816 red seabream (*P. major*) and gilthead seabream (*Sparus aurata*), which have an asynchronous  
mode of ovarian development and are capable of undergoing OM and spawning on a 24-h cycle  
818 for periods of a few months (Mylonas et al., 2004b; Watanabe and Kiron, 1995; Zohar et al.,  
1995). While a single injection of GnRHa in the gilthead seabream induced only 20% of the  
820 broodstock to undergo daily spawning, a GnRHa-delivery system induced daily spawning in  
>70% of the broodstock. Similar results have been obtained with the other two species  
822 (Matsuyama et al., 1995; Zohar and Mylonas, 2001a). Thus, GnRHa-delivery systems result in  
significant increases in fecundity, by increasing the number of broodfish undergoing OM, and  
824 the number of ovulations per spawning season (Barbaro et al., 2002; Berlinsky et al., 1996;  
Larsson et al., 1997).

826 Different GnRHa-delivery systems have been used also to induce multiple spawns in  
various flatfishes, which often do not mature spontaneously in captivity. In the greenback  
828 flounder (*Rhombosolea tapirina*), for example, GnRHa-delivery systems induced daily  
ovulations (Poortenaar and Pankhurst, 2000), and in wild-caught summer flounder (*Paralichthys*  
830 *dentatus*) GnRHa implants induced daily ovulations for 8 d (Berlinsky et al., 1997). Moreover,  
in fish maintained in captivity for more than a year, the same treatment induced not only  
832 ovulation, but also spontaneous spawning (Watanabe et al., 1998). Similarly in turbot  
(*Scophthalmus maximus*), treatment with a GnRHa-delivery system induced multiple ovulations  
834 in all treated fish compared to 50% of controls (Mugnier et al., 2000). Also, in the yellowtail  
flounder (*Pleuronectes ferrugineus*) different GnRHa-delivery systems induced an average of  
836 eight consecutive ovulations, compared to three in control fish, resulting in the production of  
twice as many eggs and of higher fertilization and hatching percentage than control females

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838 (Larsson et al., 1997). The same two GnRHa-delivery systems have also induced daily  
spawnings for up to 2 weeks in the Senegal sole (*Solea senegalensis*) (Aguilleiro et al., 2006).

840 The most recent success of the GnRHa-delivery systems has been in the induction of OM,  
ovulation and spawning of viable eggs in wild-caught Atlantic bluefin tuna (*Thunnus thynnus*)  
842 reared in sea cage for a period of 1 to 3 years (Mylonas et al., 2007) and in Southern bluefin tuna  
(*T. maccoyii*) reared in land-based tanks (M. Deichmann, Clean Seas Tuna Ltd, personal  
844 communication). GnRHa administration was done underwater in free swimming fish, since it is  
not possible to anaesthetizing such large (60-120 Kg) bluefin tunas (Mylonas et al., 2007). The  
846 use of the same GnRHa-delivery systems has resulted in the induction of 4 consecutive  
spawnings in a captive-reared stock at Vibo Valentia, Italy, producing many millions of  
848 fertilized eggs, allowing the first larval rearing of Atlantic bluefin tuna in the Mediterranean Sea  
(G. Demetrio, unpublished data).

850

**8. ARTIFICIAL INSEMINATION**

852 Ideally, broodstock should be able to spawn spontaneously in their rearing enclosures  
(tanks, ponds or cages), even if maturation has been induced hormonally. This allows the fish to  
854 express their normal breeding behaviour, release their gametes in synchrony -- thus, producing  
eggs of high fertilization success, and undergo multiple spawnings in fish with asynchronous  
856 ovarian development -- thus, resulting in high seasonal fecundity. Eggs may be collected from  
the spawning enclosures with various methods, including passive egg collectors fitted on the  
858 surface overflow (Liu et al., 2000; Zohar et al., 1995) or active collection with dip nets inside a  
sea cage (Masuma, 2006; Sawada et al., 2005) for pelagophil fish (*i.e.*, with pelagic, buoyant  
860 eggs), or with special containers or mats for fish spawning demersal or adhesive eggs (Huner  
and Dupree, 1984; Piper et al., 1982).

862 However, the natural breeding behavior followed by spontaneous spawning may be lost  
in aquaculture conditions, and hormonal induction of OM and spermiation does not ensure  
864 spontaneous spawning of the fish –*i.e.*, the timely and synchronous release of both gametes,  
necessary for the production of fertilized eggs. This may be due to inappropriate tank size, lack  
866 of bottom substrate for the preparation of a nest or plant substrate for the adhesion of the eggs,  
and possibly other reasons that are not yet known. Therefore, for many species it is also  
868 necessary to employ artificial gamete collection and fertilization, using strip spawning (Billard et  
al., 2004; Bromage et al., 1992; Hurvitz et al., 2007; Manning and Crim, 1998; Marino et al.,  
870 2003; Suquet et al., 1995; Williot et al., 2005; Yaron, 1995). In addition, artificial insemination  
methods are worth developing for management reasons. Some inter-species hybrids exhibit  
872 valuable traits for aquaculture, but these could not be produced by natural, spontaneous mating  
(Bartley et al., 2001; Paspatis et al., 1999). The development of biotechnologies such as sex  
874 control or polyploidy production depends on gamete acquisition and manipulation (Gomlesky,  
2003). Finally, the different mating designs required for genetic improvement programs require  
876 to cross a large number of specific groups or individuals, and often at the same time and in the  
same conditions (Dupont-Nivet et al., 2006), which can be performed only using *in vitro*  
878 fertilization. Such fish genetic improvement is more and more associated with genetic resource  
preservation, in order to help maintain genetic variability within a fishfarm stock or  
880 dissemination of valuable traits (Chao and Liao, 2001).

Artificial insemination methods have been described adequately in previous articles  
882 (Alavi et al., 2007; Billard, 1988; Billard et al., 1995a; Scott and Baynes, 1980) and very little  
has changed in recent years. Briefly, ovulated eggs and mature sperm (*i.e.*, milt) are obtained in  
884 separate dry containers using abdominal pressure or surgery, preventing any water and urine  
contamination. In the earliest applied 'dry' method, milt and eggs were mixed thoroughly and

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886 insemination was achieved in the ovarian fluid, before adding culture water -- either fresh or  
marine water, depending on species. The later used "wet" method employed culture water  
888 immediately after mixing of the milt with the eggs, and insemination was achieved in culture  
water. In natural spawning, spermatozoa are usually immotile in the milt and forward motility is  
890 initiated by dilution with the culture water. Sperm motility lasts for only a very short period of  
time (Cosson, 2007; Scott and Baynes, 1980; Suquet et al., 1994), thus water or urine  
892 contamination during sperm stripping should be avoided, as it may activate sperm before mixing  
with the eggs.

894 Spermatozoa face many challenges during insemination (Molony and Sheaves, 2001)  
and various ways to improve fertilization success have been examined for application in  
896 artificial fertilization techniques. One approach is the dilution of milt with an immobilization  
solution prior to mixing it with the eggs (Linhart et al., 1987), at which time fertilization is  
898 initiated with an activating solution. Such activating solutions are chosen in order to optimize  
the percentage and duration of spermatozoa motility, and the composition of these solutions  
900 must be adjusted to each fish species taking into account several factors, such as the qualitative  
ionic composition, osmotic pressure, and pH of the milt (Alavi and Cosson, 2005; Alavi and  
902 Cosson, 2006; Cosson, 2004). However, to our knowledge, there is no means to supply extra-  
energy to fish spermatozoa for swimming. The metabolism of fish spermatozoa is species-  
904 specific and there is variation among species in the relative importance of ATP pools vs ATP  
synthesis to support motility (Burness et al., 2005; Mansour et al., 2003).

906 Another parameter which needs to be optimized for artificial insemination protocols is  
the sperm: egg ratio, which is very variable among fishes (Alavi et al., 2007; Suquet et al.,  
908 1995), and the evaluation of the type of sperm motility and velocity needed for the success of  
fertilization (Cosson, 2007; Martínez-Pastor et al., 2008; Rurangwa et al., 2004), although sperm

910 motility has not always been associated well with fertilization success (Cruz-Casallas et al.,  
2005). The variability in fertilization success of fish spermatozoa raised the question of sperm  
912 competition, when pools of sperms from different broodfish are used to maintain genetic  
variability in the offsprings, and several studies have been performed to analyze relationships  
914 between spermatozoa characteristics and offspring genotypes. Spermatozoa velocity has been  
shown to be the primary determinant of sperm competition success in Atlantic salmon (*Salmo*  
916 *salar*) (Gage et al., 2004) but the relation is opposite in Atlantic cod (*Gadus morhua*) (Rudolfsen  
et al., 2008). However, even after equalizing sperm number for *in vitro* fertilization with a pool  
918 of males in carp (*Cyprinus carpio*), sperm motility, initial sperm concentration and sperm  
velocity could not explain all the variability in number of sired offspring (Kaspar et al., 2007).  
920 Further studies are needed to understand other underlying mechanisms of sperm competition  
(Stoltz and Neff, 2006), including those able to explain interaction effects with eggs from  
922 different females (Rudolfsen et al., 2008).

In regards to the acquisition of eggs for artificial insemination, one of the most  
924 important parameters of successful fertilization is the establishment of the time of ovulation  
either after natural or hormonally-induced OM. This is because once the eggs are ovulated into  
926 the ovarian or abdominal cavity they begin to lose their viability, in a process referred to as over-  
maturation or over-ripening (see Billard et al., 1986; Bromage, 1995). This process is  
928 temperature-dependent and species-specific and in salmonids it may last for a few weeks  
(Springate et al., 1984), in turbot (*Scophthalmus maximus*) for 10-20 h (see Bromage, 1995) in  
930 Atlantic halibut and chub mackerel (*Scomber japonicus*) for 4-6 hours (Bromage et al., 1994;  
Shiraishi et al., 2005), in groupers of the genus *Epinephelus* for 1-2 h (Tucker, 1994) and in the  
932 white bass (*Morone saxatilis*) and Japanese eel (*Anguilla japonica*) it is only a few minutes  
(Mylonas et al., 1996; Ohta et al., 1996). Failure to strip the eggs within the appropriate time



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934 interval after ovulation will result in greatly reduced fertilization success. Although it has been  
reported that there may be seasonal changes in sperm quality (Alavi et al., 2008; Mylonas et al.,  
936 2003a; Papadaki et al., 2008), in general, sperm collection can be undertaken at any time during  
the natural spermiation period or after hormonal stimulation. In addition, sperm from most  
938 fishes can be maintained viable without the use of cryopreservation or extenders for many hours  
(Rainis et al., 2003) to many days (Mylonas et al., 2003a; Papadaki et al., 2008). Therefore, a  
940 typical artificial insemination protocol should plan for (a) collection and storage of sperm a few  
hours before the expected time of ovulation and (b) stripping of the eggs at the appropriate time  
942 after hormonal therapy. This procedure will ensure optimal results in fertilization success.

Once insemination is completed (after 5-10 min) eggs are rinsed with plenty of culture  
944 water and are placed in incubators. Eggs of pelagophil fishes are incubated in cydroconical  
containers, which maintain the eggs in constant motion through the use of water upwelling and  
946 aeration. Eggs of species with sticky eggs, such as catfishes, cyprinids or sturgeons, may be first  
treated to remove the stickyness, using clay, talc suspensions or enzyme solutions (Linhart et al.,  
948 2004), or may be incubated as egg masses using "artificial males" (Piper et al., 1982).

**9. GAMETE QUALITY**

Gamete quality may be defined as the capacity of eggs and sperm to give rise to normal  
952 developing embryos and pre-larvae, and not only high fertilization and hatching success or low  
mortality (Bonnet et al., 2007). Gamete quality can be a limiting factor in commercial  
954 hatcheries, affecting the quantity and quality of the larvae and fry from a given broodstock. The  
purpose of this section is not to review the current knowledge of the factors that determine  
956 gamete quality in general (see Bobe and Babiak, 0000 in this issue), but to draw the attention to

some considerations relating to the use of hormonal therapies for the induction of OM, ovulation  
958 and spermiation.

A common question in regards to hormonal therapies is their effect on egg quality,  
960 compared to naturally ovulating or spawning broodfish (Avery et al., 2004; Bonnet et al., 2007;  
Papanikos et al., 2003; Slater et al., 1995). These effects may be due to modifications of  
962 maternal mRNA and could have delayed consequences on embryonic development (Bonnet et  
al., 2007). Hormonal therapies are recommended only if a broodstock is not reproducing  
964 normally in captivity, or for management purposes, such as to increase synchronization of  
maturation, or to implement inter-specific hybridization or genetic selection programs. In that  
966 respect, it makes little practical difference if the resulting egg quality is slightly, yet significant  
statistically, reduced compared to naturally spawning, wild populations. Nevertheless,  
968 appropriately employed hormonal therapies do not usually have a negative effect on egg quality  
(Barbaro et al., 1997; Duncan et al., 2003; Gillet et al., 1996; Haffray et al., 2005; Mugnier et al.,  
970 2000) and may enhance egg and sperm quality in some instances (Larsson et al., 1997;  
Vermeirssen et al., 2000). Still, further investigations are needed for some species, especially  
972 when starting domestication, to improve spawning induction methods (Avery et al., 2004), and,  
in some cases, both natural and induced spawning can be used to manage a stock of breeders  
974 (Watanabe et al., 2001). The main factors that may have significant consequences on gamete  
quality --mainly eggs-- and should be considered when choosing a spawning induction  
976 procedure include (a) the developmental stage of the gonads at the time the hormonal therapy is  
applied, (b) the type of hormonal therapy, (c) the possible stress induced by the manipulation  
978 necessary for the hormone administration, and, (d) in the case of artificial insemination, the  
latency period between hormonal stimulation and stripping for *in vitro* fertilization.

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980           When a hormonal therapy is applied at an early reproductive maturation stage, as it is  
done in freshwater eels, the aim is to stimulate gametogenesis (Kagawa et al., 2005). However,  
982 spawning induction protocols are applied at the end of gametogenesis to induce OM in the  
females and enhance spermiation in the males. In females, if a hormonal treatment is given too  
984 early in the breeding season, when vitellogenesis has not yet been completed in some  
individuals, the therapy may fail to induce spawning or may give eggs of poor quality (Gardes et  
986 al., 2000), whereas on the other hand spawning induction performed too late, at the end of the  
breeding season may also prove unsuccessful (Carral et al., 2003).

988           The nature of the hormonal treatment (Denson et al., 2007; Malison et al., 1998; Zohar  
and Mylonas, 2001b) and the method of its delivery (Barbaro et al., 2002; Gardes et al., 2000;  
990 Mylonas and Zohar, 2001b; Szabó, 2001) may also affect egg quality, whereas sperm quality  
could be less variable due to the type of hormonal treatment (Miranda et al., 2005). A too high  
992 level of hormone can also have deleterious effects on egg quality (Gardes et al., 2000; Mylonas  
et al., 1992), especially in the form of a single injection, whereas hormone-delivery systems give  
994 more satisfactory results (Mylonas and Zohar, 2001b). Controlled-release delivery systems for  
reproductive hormones (mainly GnRH $\alpha$ ) produce a long-term elevation in plasma gonadotropins,  
996 thus providing a better stimulation of OM and spermiation, resulting in gametes of better quality,  
especially in fish with asynchronous ovarian development. In addition, hormone-delivery  
998 systems are more advantageous than hormone injections in terms of handling stress, as they are  
effective after a single administration and reduce the excessive and often very damaging  
1000 handling of the broodfish (Agulleiro et al., 2006; Mugnier et al., 1998). In addition, some  
hormone delivery systems can be administered underwater in moving fish, in situations where  
1002 handling and anesthesia is not feasible (Harvey et al., 1988; Mylonas et al., 2007).

1004 Finally, in the case of species that do not spawn spontaneously after ovulation in  
1006 captivity and fertilization is achieved artificially after stripping, it has been shown that the  
1008 latency period, during which the eggs remain in the ovarian or abdominal cavity after ovulation  
1010 and before stripping is directly related to loss of egg quality (Bromage et al., 1994). The latency  
1012 period depends on both intrinsic (Wendling et al., 2000) and environmental parameters  
(Brzuska, 1999), some of which include species, water temperature (Yaron, 1995), type of  
1014 hormone and dose (Wen and Lin, 2004), as well as the history of fish in the preceding period  
(*e.g.*, low vs high temperatures) (Tveiten et al., 2001; Van Der Kraak and Pankhurst, 1996) and  
1016 the stage of ovarian maturity at the time of the hormone treatment (Matsuyama et al., 1997).  
Therefore, the latency period of each species under the specific hormonal induction protocol and  
hatchery conditions must be thoroughly examined in order to achieve high spawning success  
together with high egg quality.

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1888

## Broodstock management and hormonal manipulations of fish reproduction

### 1890 11. FIGURE LEGENDS

1892 **Figure 1.** Schematic representation of the reproductive axis in fish, its major components and phases, and its environmental and endocrine control.

1894 **Figure 2.** Microphotographs of histological sections from testes of European sea bass at various stages of maturation. (A) Before the onset of the reproductive season, containing only spermatogonia (sg). (B) At the early stage of spermatogenesis in November, containing spermatocysts with spermatocytes I and II (sc) and spermatids (st), including some spermatozoa (sz). (C) In December when spermiation begins, showing the extensive rupture of the mature spermatocysts and the aggregation of spermatozoa in the tubules. (D) In January at the onset of the females spawning season, with the tubules containing almost exclusively spermatozoa. The bar at the bottom of each photograph is 200  $\mu\text{m}$ .

1902 **Figure 3.** Microphotographs of histological sections from ovaries of (A) striped bass, a synchronous fish having all oocytes at the same stage of maturation (lipid droplet coalescence, germinal vesicle migration), and (B) Atlantic bluefin tuna, an asynchronous fish having oocytes at different stages of vitellogenesis (cortical alveoli, early and late vitellogenesis). gv = germinal vesicle, ld = lipid droplets, y = yolk vesicles, Ca = cortical alveoli stage, Evg = early vitellogenesis stage, Lvg = late vitellogenesis stage. The bar at the bottom of each photograph is 200  $\mu\text{m}$ .

1910 **Figure 4.** The process of oocyte maturation (OM) in European sea bass. (A) Time course of *in vitro* OM (%) induced by graded doses of the two maturation inducing steroids (17,20 $\beta$ P and 20 $\beta$ S) and hCG (which has LH-like activity). (B) Mean ( $\pm$ SEM) plasma levels of 17,20 $\beta$ P and

1914 20BS in relation to the oocyte stage of development of the most advanced oocytes. The data was  
compiled from individual females (n in parentheses) in several samplings, independent of the  
1916 time of sampling. PREVTG = pre-vitellogenesis, eVtG = early vitellogenesis, aVTG =  
advanced vitellogenesis, POSTVTG = post-vitellogenesis, eMAT = early OM, fMAT = final  
1918 OM, OVUL = ovulation, ATRE = atresia. Different letters superscripts indicate significant  
differences (ANOVA, DNMR,  $P < 0.05$ ). (Modified from Asturiano et al., 2000; Sorbera et al.,  
1920 1999).

1922 **Figure 5.** Photographs of milt collection from a wreckfish (*Polyprion americanus*) after  
abdominal pressure (A) and acquisition of an ovarian biopsy using a catheter (B).

1924 **Figure 6.** Schematic representation of the dysfunction in the reproductive axis of cultured  
1926 fishes, and the exogenous hormonal interventions for the induction of oocyte maturation and  
spermiation.

1928 **Figure 7.** Mean (SEM) volume of expressible milt over a 44-day period, from European sea  
1930 bass (n = 8) administered different hormonal treatments of GnRH $\alpha$ , including GnRH $\alpha$  fast-  
release systems (injection, I and EVAc implants), GnRH $\alpha$  slow-release systems (microspheres,  
1932 MC and EVSL implants) and untreated controls. Asterisks indicate significant ( $P \leq 0.05$ )  
differences from the control group, for each sampling point. (Modified from Sorbera et al.,  
1934 1996).

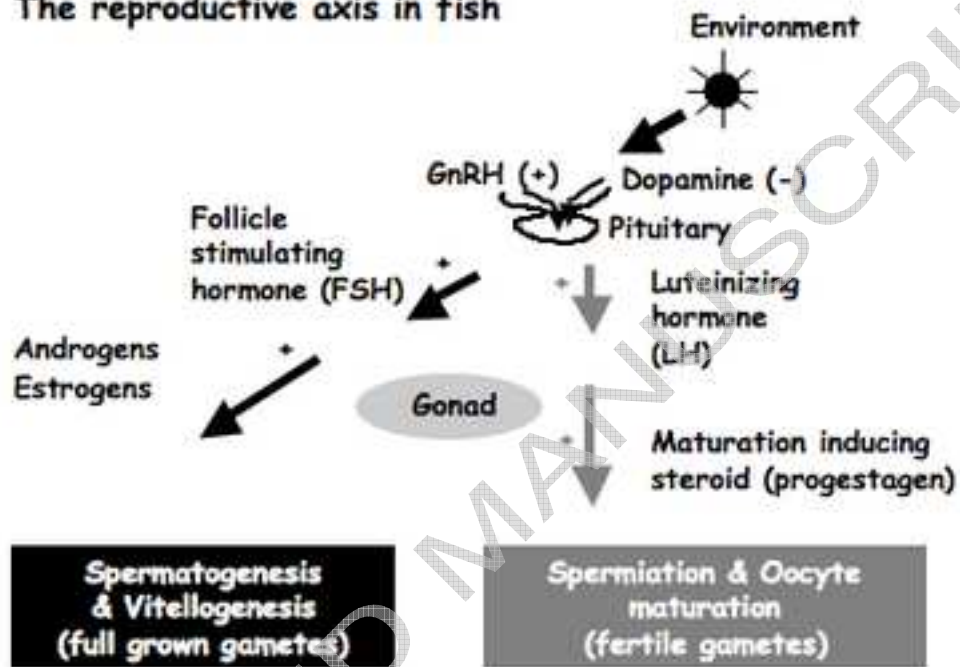
1936 **Figure 8.** Batch fecundity (x1000 eggs female) and fertilization success (Viability, %) of an  
individual greater amberjack (weight 23.5 Kg) after treatment with GnRH $\alpha$ -loaded implants (50

**Broodstock management and hormonal manipulations of fish reproduction**

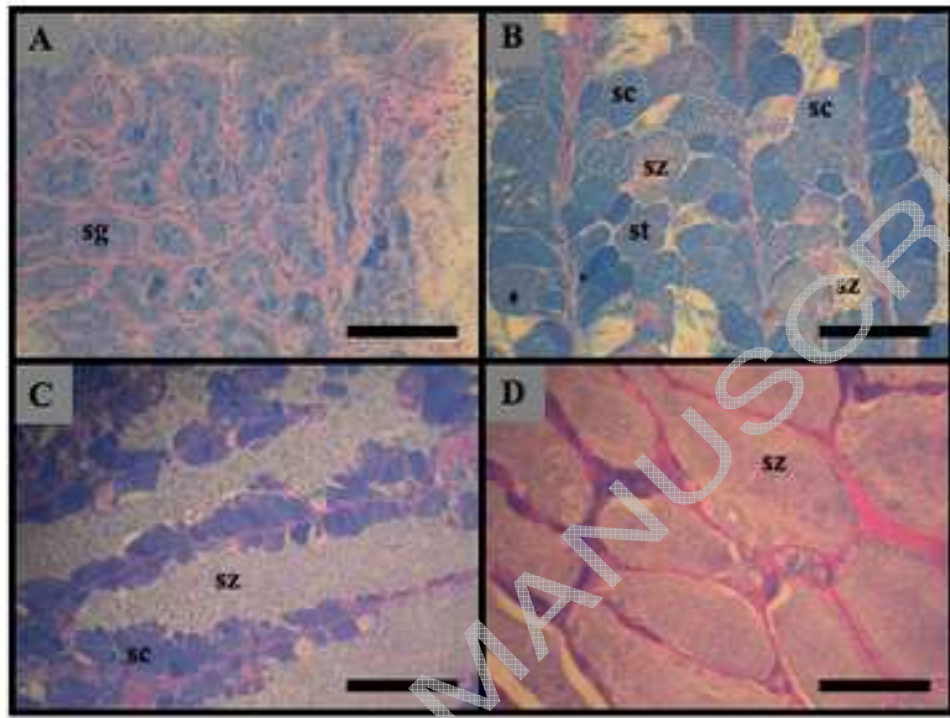
1938  $\mu\text{g Kg}^{-1}$ , arrows) at two times during the reproductive season. The female was maintained with  
two males of similar size (23.5 and 36.0 Kg), in a 40-m<sup>3</sup> square concrete tank, supplied with  
1940 surface water (22-24°C).

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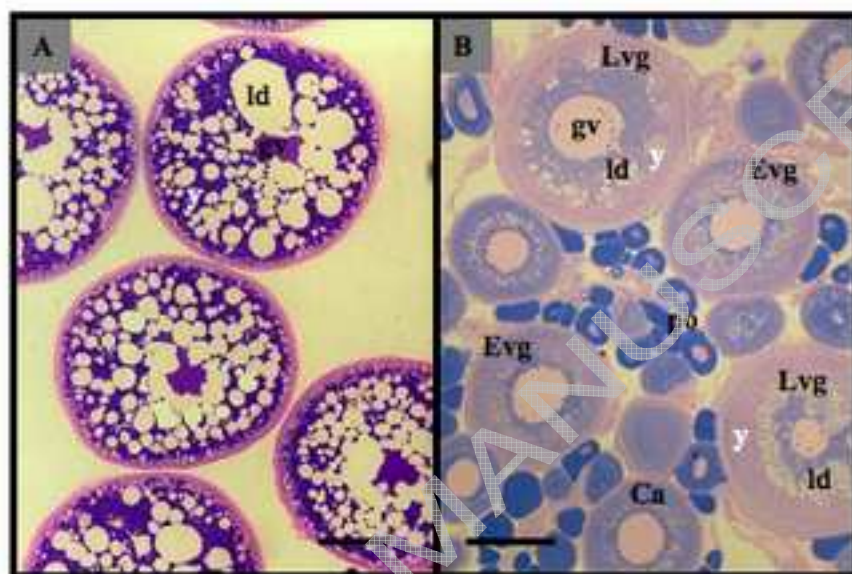
## The reproductive axis in fish



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Fig. 1

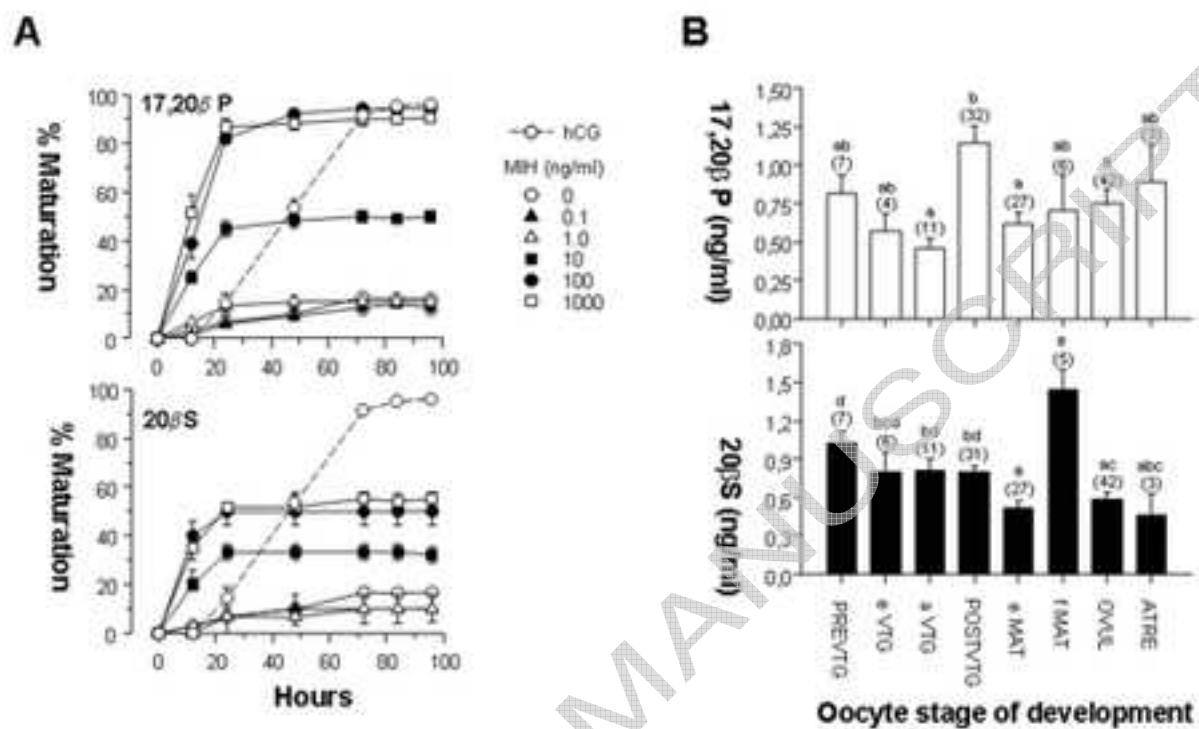


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Fig. 2

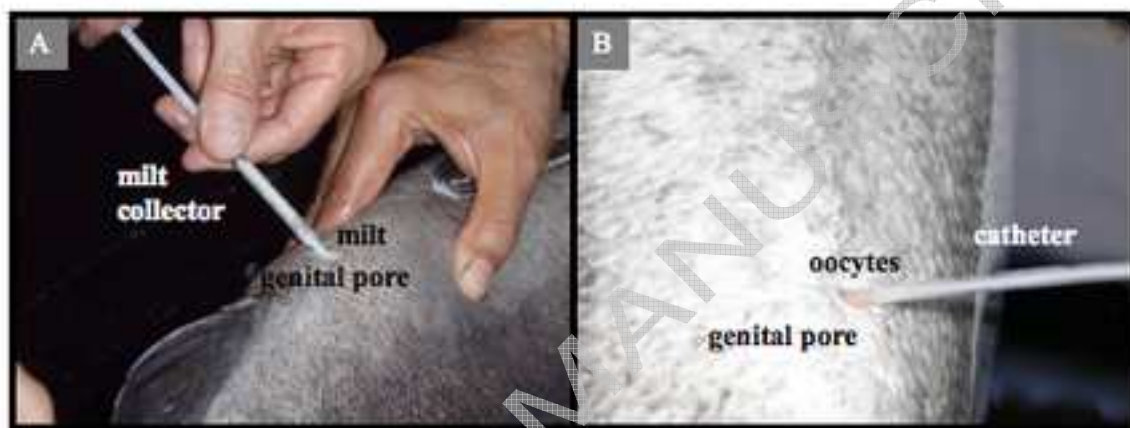


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Fig. 3

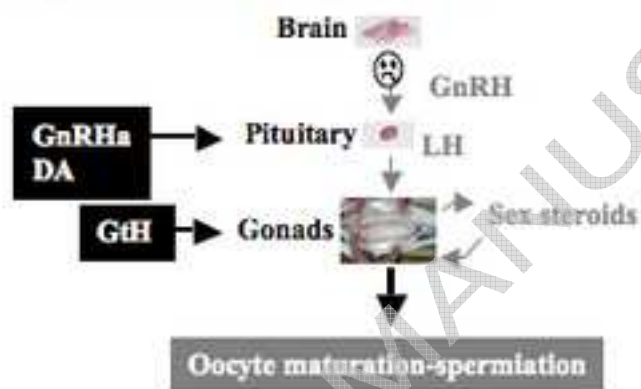


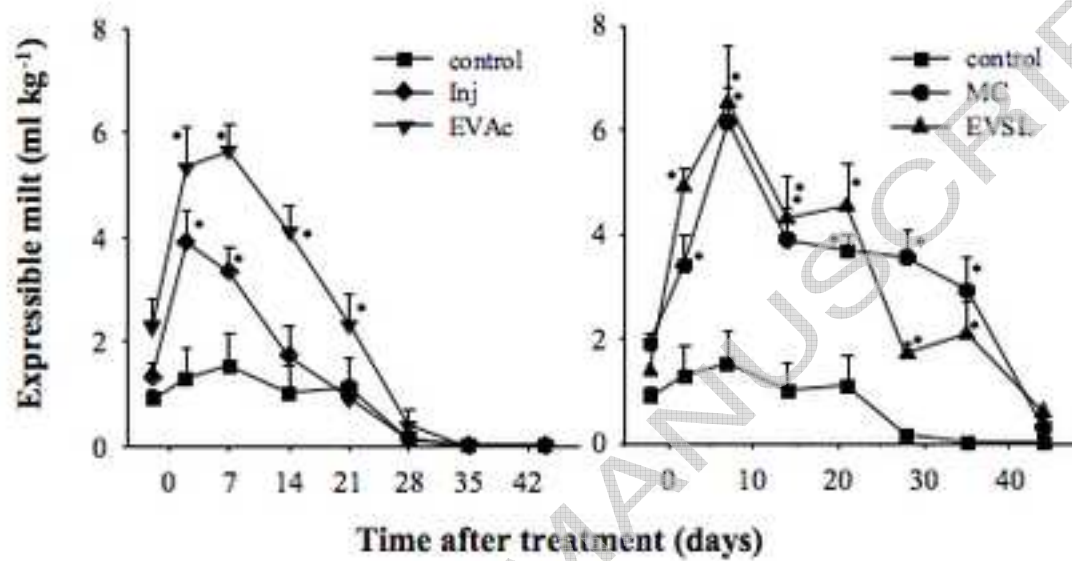


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Fig. 4

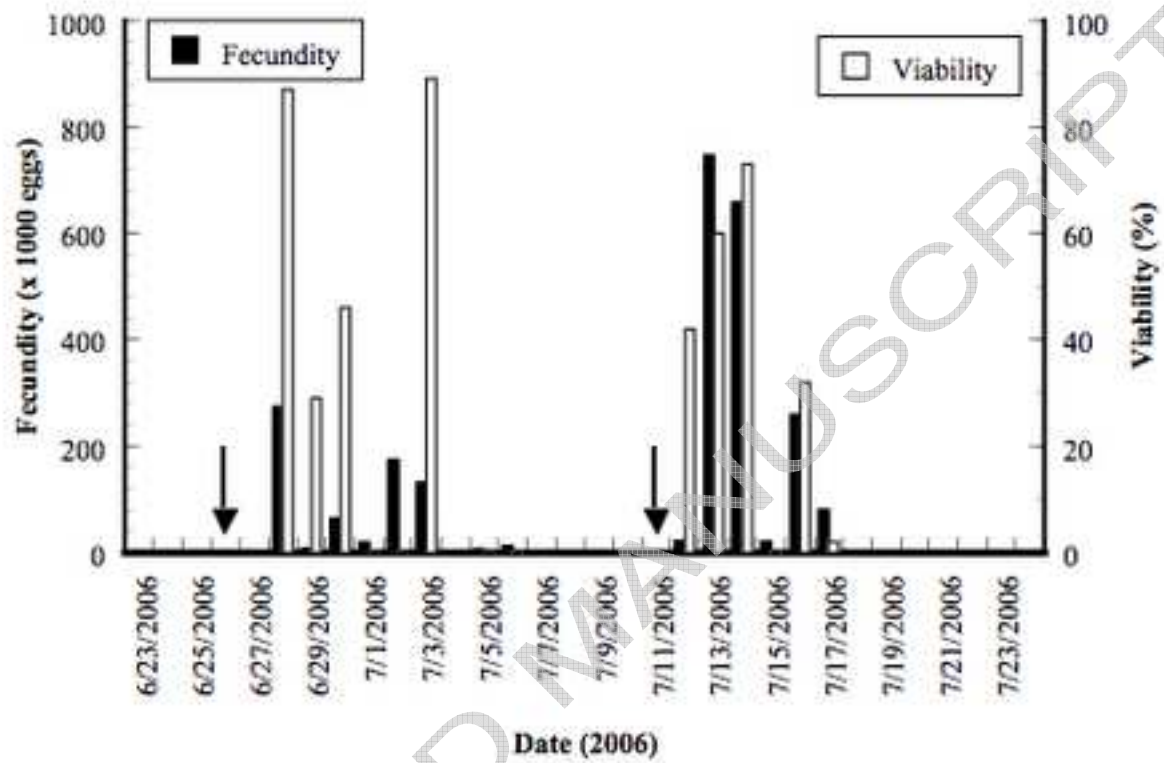


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Fig. 5

**Hormonal induction of  
oocyte maturation & spermiation**



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Fig. 7



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Fig. 8