

Title: Alterations of apparent diffusion coefficient (ADC) in the brain of rats chronically exposed to lead acetate.

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Keywords: KEY WORDS: lead neurotoxicity, vasogenic oedema, blood-brain barrier, reticular formation, apparent diffusion coefficient, magnetic resonance imaging

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Abstract: ABSTRACT

Diffusion-weighted imaging (DWI) allows the assessment of the water apparent diffusion coefficient (ADC), a measure of tissue water diffusivity which is altered during different pathological conditions such as cerebral oedema. By means of DWI, we repeatedly measured in the same rats apparent diffusion coefficient ADC in different brain areas (motor cortex (MCx), somato-sensory cortex (SCx), caudate-putamen (CPu), hippocampus (Hip), mesencephalic reticular formation (RF), corpus callosum (CC) and cerebellum (Cb)) after 1 week, 4 and 12 weeks of lead acetate exposure via drinking water (50 or 500 ppm). After 12 weeks of lead exposure rats received albumin-Evans blue complex administration and were sacrificed one hour later. Blood-brain barrier permeability and water tissue content were determined in order to evaluate their relationship with ADC changes. Chronic exposure to lead acetate (500 ppm) for 4 weeks increased ADC values in Hip, RF and Cb but no in other brain areas. After 12 weeks of lead acetate exposure at 500 ppm ADC is significantly increased also in CPu and CC. Brain areas displaying high ADC values after lead exposure showed also an increased water content and increased BBB permeability to Evans blue-albumin complex. Exposure to 50 ppm for 12 weeks increased ADC values and BBB permeability in the RF and Cb. In summary, chronic lead exposure induces cerebral oedema in the adult brain depending on the brain area and the dose of exposure. RF and Cb appeared the most sensitive brain areas whereas cerebral cortex appears resistant to lead-induced cerebral oedema.

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7 **Alterations of apparent diffusion coefficient (ADC) in the brain of rats chronically**
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9 **exposed to lead acetate.**

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48 **ABBREVIATIONS:**
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50 ADC, apparent diffusion coefficient; BBB, blood-brain barrier; MRI, Magnetic resonance
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52 imaging; DWI, Diffusion-weighted imaging, MCx, motor cortex; SCx, somato-sensory
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54 cortex; Hip, hippocampus; RF, reticular formation; CC, corpus callosum; CPu, caudate-
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56 putamen; Cb, cerebellum.
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4 **ABSTRACT**
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6 Diffusion-weighted imaging (DWI) allows the assessment of the water apparent diffusion
7 coefficient (ADC), a measure of tissue water diffusivity which is altered during different
8 pathological conditions such as cerebral oedema. By means of DWI, we repeatedly
9 measured in the same rats apparent diffusion coefficient ADC in different brain areas
10 (motor cortex (MCx), somato-sensory cortex (SCx), caudate-putamen (CPu), hippocampus
11 (Hip), mesencephalic reticular formation (RF), corpus callosum (CC) and cerebellum (Cb))
12 after 1 week, 4 and 12 weeks of lead acetate exposure via drinking water (50 or 500 ppm).
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14 After 12 weeks of lead exposure rats received albumin-Evans blue complex administration
15 and were sacrificed one hour later. Blood-brain barrier permeability and water tissue content
16 were determined in order to evaluate their relationship with ADC changes. Chronic
17 exposure to lead acetate (500 ppm) for 4 weeks increased ADC values in Hip, RF and Cb
18 but no in other brain areas. After 12 weeks of lead acetate exposure at 500 ppm ADC is
19 significantly increased also in CPu and CC. Brain areas displaying high ADC values after
20 lead exposure showed also an increased water content and increased BBB permeability to
21 Evans blue-albumin complex. Exposure to 50 ppm for 12 weeks increased ADC values and
22 BBB permeability in the RF and Cb. In summary, chronic lead exposure induces cerebral
23 oedema in the adult brain depending on the brain area and the dose of exposure. RF and Cb
24 appeared the most sensitive brain areas whereas cerebral cortex appears resistant to lead-
25 induced cerebral oedema.
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52 **KEY WORDS:** lead neurotoxicity, vasogenic oedema, blood-brain barrier, reticular
53 formation, apparent diffusion coefficient, magnetic resonance imaging
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7 **Introduction**
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9 Lead (Pb) neurotoxicity is still a major medical concern in both environmental and
10 occupational settings (CDC 2000). The clinical effects of acute and chronic lead toxicity
11 are well documented (Davis et al. 1993, Grandjean 1993). Acute lead intoxication induces
12 oedema in the brain of humans and laboratory animals (Goldstein et al., 1974; Holtzman et
13 al., 1982; Hossain et al., 2004; Lögdberg et al., 1988; Pentschew, 1965; Villeda-Hernández
14 et al., 2006; Winder et al., 1983; Winder 1984 for review). Two main types of cerebral
15 oedema have been described, namely, vasogenic and cytotoxic oedema. Vasogenic oedema
16 can be induced when water enters into the brain following an alteration of blood-brain
17 barrier (BBB) permeability thus leading to an accumulation of water in the extracellular
18 space (Klatzo 1967). In cytotoxic oedema (also called cellular oedema), water
19 accumulation occurs inside the cells mainly in astrocytes (Klatzo 1967).
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35 It has been reported that acute lead intoxication in children and perinatal lead exposure in
36 young animals cause cerebral oedema, in particular, vasogenic oedema (Hossain et al.,
37 2004; Lefauconnier et al., 1983; Villeda-Hernández et al., 2006). Cytotoxic oedema has
38 also been reported in one study (Lefauconnier et al., 1983). Different brain areas display
39 different vulnerability to lead-induced cerebral oedema in young animals. Lead exposure
40 (160 or 320 ppm in the drinking water) from gestational day 1 to gestational day 21 dose-
41 dependently induce interstitial/vasogenic oedema in different brain regions of rat fetuses
42 such as parietal cortex, striatum, thalamus and cerebellum (Villeda-Hernandez et al., 2006)
43 while Hossain et al. (2004) reported that cerebellum is the more susceptible brain region to
44 lead-induced oedema in newborn rats. One of the events that contribute to vasogenic
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4 oedema formation in the brain is the increase of BBB permeability.
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6 Vasogenic oedema resulting from BBB failure causes transvascular leak of blood proteins
7 (albumin, fibrinogen, fibronectin and immunoglobulins) with concurrent oncotic influx of
8 water and failure of compensatory mechanisms of fluid homeostasis. According to the
9 proposed link between alteration of BBB permeability and the occurrence of vasogenic
10 oedema, it has been shown in young animals that lead exposure impairs BBB permeability
11 (Hossain et al., 2004; Sundstrom and Kalimo 1987; Sundstrom et al., 1985; Wang et al.,
12 2007).
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15 Moreover, several reports have demonstrated that lead accumulates not only in BBB
16 endothelial cells (Struzynska et al., 1997; Toews et al., 1978) but also in the choroid plexus
17 (Friedheim et al., 1983; Manton et al., 1984; Zheng et al., 1991) where it increases the
18 leakage of the blood-cerebrospinal fluid barrier (Shi and Zheng 2007). These findings
19 suggest that the mechanisms involved in brain water homeostasis might be altered during
20 lead exposure.
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23 Magnetic resonance imaging (MRI) is a non invasive tool that provides information about
24 changes in cerebral function in brain *in vivo*. MRI is the ideal modality to characterize the
25 temporal and spatial evolutions of neuropathologies *in vivo*. Among different parameters
26 that could be analyzed by MRI, diffusion weighted imaging (DWI) allows to calculate the
27 apparent diffusion coefficient (ADC), which is altered in brain edema. ADC value reflects
28 water mobility (expressed as $\mu\text{m}^2/\text{sec}$) in the tissue. Changes in ADC can reflect the
29 presence of cerebral oedema (Rovira et al. 2002; Schaefer 2000) that, in turn, can be
30 vasogenic or cytotoxic. Cytotoxic oedema is accompanied by a decrease of ADC value
31 (Schaefer et al. 2000) while vasogenic oedema is accompanied by an increase of ADC
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4 value (McManus et al. 1995). In cytotoxic oedema ADC value decreases because water
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6 goes inside the cells where it cannot move as quickly as it can in the extracellular space. In
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8 vasogenic oedema, water content increases in the extracellular space leading to an increase
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10 of ADC value. Although children and youngest animals are more susceptible to lead-
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12 induced brain oedema (Holtzman et al., 1982; Winder 1984) it has also been reported in the
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14 adult brain following acute or subacute lead exposure (Atre et al., 2006; Rojas-Marcos I et
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16 al., 2002; Saryan and Zenz 1994). To our knowledge, no studies have been performed yet
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18 to address whether chronic lead exposure elicits brain oedema in the adult brain and if
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20 different brain areas present different susceptibility to this effect.
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26 In this work we assessed:

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28 1) whether chronic lead exposure (0, 50, 500 ppm) in adults rats modifies ADC in
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30 different brain areas (motor cortex (MCx), somatosensory cortex (SCx), caudate-
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32 putamen (CPu), hippocampus (Hip), mesencephalic reticular formation (RF), corpus
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34 callosum (CC) and cerebellum(Cb)).
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38 2) the time-course of these changes by measuring ADC in the same subjects at
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40 different time points during lead exposure (1, 4 and 12 weeks).
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44 3) If ADC alterations are accompanied by alterations of BBB permeability and water
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46 content.
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48 Water content was measured by wet-dry method and BBB permeability by Evans-blue
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50 extravasation method which has been extensively used to study BBB permeability
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52 (Hawkins and Davis 2005 for review).
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4 **MATERIALS AND METHODS**
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6 Male Wistar rats (250-300 g) were used. Rats were given food and water *ad libitum* and
7 kept in the air-conditioned experimental room at 21 – 23 °C with a 12:12 h light-dark cycle.
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9 Rats were divided into 3 groups: control rats drinking distilled water containing sodium
10 acetate 50 or 500 ppm (N=3 each); lead acetate 50 ppm dissolved in the drinking water
11 (N=6); lead acetate 500 ppm dissolved in the drinking water (N=6). New solutions of lead
12 acetate were prepared daily and acidified with chloridric acid (final pH 7) to avoid
13 precipitation. The animal experiments were approved by the Center and met the guidelines
14 of the European Community for care and management of experimental animals. Body
15 weights were measured once per week and fluid intake every three days. After 12 weeks of
16 lead exposure rats were injected with Evans blue (see below) and sacrificed one hour later.
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18 With the help of coronal slicer matrix (1 mm thickness slices) we isolated MCx, SCx, Hip,
19 CPu, half of the Cb (cut along the vermis), half of CC (cut perpendicular to the coronal
20 plane), half of the mesencephalic RF (cut coronally at the level of the fourth ventricle)
21 from one hemisphere to measure the concentration of Evans blue and lead while the other
22 brain areas belonging to the other hemisphere were used for water determination. Since the
23 amount of tissue of CC is low, prior tissue processing, 3 CC belonging to 3 different rats of
24 the same experimental group were pooled together to measure Evans blue and lead. CC of
25 remaining 3 rats were pooled together to determine water content. Data from control rats
26 exposed to 50 or 500 ppm of sodium acetate produced similar results in each of the
27 measurements performed in the study so the data were pooled together.
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54 **Magnetic Resonance Imaging (MRI) experiments**
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56 MRI experiments were performed on a Bruker Pharmascan system (Bruker Medical GmbH,
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4 Ettlingen, Germany) using a 7.0-T horizontal-bore superconducting magnet, equipped with
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6 a ¹H selective birdcage resonator of 38 mm and a Bruker gradient insert with 90 mm of
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8 diameter (maximum intensity 36 G/cm). All data were acquired using a Hewlett-Packard
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10 console running Paravision software (Bruker Medical GmbH, Ettlingen, Germany)
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12 operating on a Linux platform. Anesthesia was initiated by inhalation of oxygen (1 l/min)
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14 containing 4 % isoflurane and maintained during the experiment employing a mask and 2
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16 % isoflurane in O₂. Animal temperature was maintained at approx. 37 °C with a heated
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18 probe. The physiological state of the rats was monitored using a Biotrig physiological
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20 monitor (Bruker, Germany) that controlled the respiratory rate and body temperature.
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23 24 **Apparent diffusion coefficient (ADC) mapping**

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26 Diffusion-weighted imaging (DWI) measures the relative translational motion of water
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28 molecules across cell membrane, which is expressed as the apparent diffusion coefficient
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30 (ADC) value.
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34 The ADC maps were obtained based in diffusion weighted images and the following
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36 parameters: TR= 2500 ms, TE = 25 ms, Av = 1, diffusion gradient duration = 4 ms,
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38 diffusion gradient separation = 16 ms, acquisition matrix = 128×128 corresponding to an
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40 in-plane resolution of 312 x 312 μm², b factors = 100, 400 and 1000 s/mm². Maps were
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42 obtained by a linear fitting of the logarithm of signal intensity (S) versus the b factor
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44 according to the expression:
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$$49 \quad S_b = S_0 \exp (-ADC \times b)$$

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51 MRI signal intensity was analysed in the brain areas of interest by ADC values (μm²/sec) in
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53 the corresponding maps, after capturing images with Image J which calculates the mean
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55 value for all pixels contained in the selected brain region. The different brain regions were
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4 identified according to the stereotaxic coordinates of the rat brain atlas and to online plates
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6 of the atlas (Paxinos and Watson 1996). The regions analysed were MCx, SCx, CPu, Hip,
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8 RF, CC and Cb. ADC measurements were performed in the same subjects at different time
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10 points (1, 4 and 12 weeks) in order to perform a longitudinal study.
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13 14 **Measurement of blood-brain barrier permeability**

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16 BBB permeability was quantitatively evaluated by measuring the amount of extravasated
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18 Evans blue dye in the tissue at 12 weeks of chronic lead exposure according to procedure
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20 described in Hawkins and Egleton (2006). Evan's blue (2%, containing 18 g/l bovine serum
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22 albumin 4 mL/kg) was injected over 2 min into the left femoral vein; it was allowed to
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24 circulate for 60 min. After decapitation, the brain was removed and MCx, SCx, CPu, Hip,
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26 RF, CC and Cb were isolated. Brains areas were weighted and homogenized in five-fold
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28 volume of 50% trichloroacetic acid solution. The supernatant was obtained by
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30 centrifugation (10 min, 10,000×g, at 4 °C). Evans blue extravasation was quantified in the
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32 supernatants by measuring the fluorescence (excitation at 620 nm and emission at 680 nm)
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34 (Abraham et al., 1996). The amount of extravasated Evans blue dye was expressed as
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36 nanogram per gram of brain tissue.
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43 **Evaluation of brain oedema**

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45 Wet-dry weight determinations (a simple and sensitive assay to measure brain oedema) of
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47 control and lead acetate-exposed brains were performed 12 weeks after chronic lead
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49 exposure. MCx, SCx, CPu, Hip, RF, CC and Cb were quickly dissected and the initial
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51 weight of each sample (wet weight) was determined. Samples then were dried in an oven at
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53 110°C for 24 hours, and the respective dry weight for each specimen was obtained. Tissue
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55 water content was calculated as $[(\text{wet weight} - \text{dry weight})/\text{wet weight}] \times 100\%$ (Abe et
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4 al.1988).

5 6 **Lead measurement**

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9 The day after the last MRI scanning, rats were anesthetized with isoflurane, rapidly
10 decapitated, blood was collected from the neck and brain areas (MCx, SCx, CPu, Hip, RF,
11 CC and Cb) were immediately dissected, frozen on liquid nitrogen, and stored at -80 °C
12 until analysis of lead content. Lead content in brains and blood was analyzed by the
13 Inductive Coupled Plasma-Atomic Emission Spectrometry (ICPAES). Brain tissue (20-40
14 mg) was first processed by wet digestion (20% nitric acid and microwave exposure). The
15 detection level of the method was 1.5 µg/kg wet-weight. For blood lead analysis, an aliquot
16 of blood (100 µl) were first diluted ten times with 0.1% triton X-100/nitric acid.
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19 **Statistical analysis**

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21 The results are presented as mean ± standard error of mean (S.E.M.). The data were
22 analyzed by one-way ANOVA followed Dunnett T-test or two-way ANOVA followed
23 Bonferroni post-hoc test. *p* values lower than 0.05 were considered statistically significant.
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25 Statistical analysis was performed using the Graph Pad Prism 5 software (GraphPad
26 Software Inc. San Diego, CA, USA).
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29 **RESULTS**

30 **Body weight, daily Pb fluid intake.**

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32 No statistically differences in the gain of body weight of rats among the experimental
33 groups were observed (control 380±37; lead 50 ppm 370±44; lead 500 ppm 338±31). The
34 average daily intake of lead was 4.2 and 44 mg Pb/kg/day for the group drinking water
35 containing 50 and 500 ppm, respectively. No significant differences of fluid intake were
36 observed among experimental groups. Pb intake in the control group (sodium acetate in the
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4 drinking water) was below the limit detection.
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8 **Apparent diffusion coefficient**

9 *ADC values after one week of lead exposure*

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14 2-way analysis of variance of ADC values after one week of lead acetate exposure (50 or
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16 500 ppm) shows no significant effect of dose ($F(2,105) = 0.097$; $p = 0.9903$), a significant
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18 effect of the brain region ($F(6,105) = 140.6$; $p < 0.0001$) and no significant dose X brain
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20 region interaction ($F(12,105) = 0.5524$; $p = 0.8750$). The significant effect of brain region
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22 was due the lowest values of ADC in CC ($p < 0.001$), a pure white matter region. Each value
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24 is the mean of $N = 6$ rats. (Table 1).
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28 *ADC values after four weeks of lead exposure*

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31 2-way analysis of variance of ADC values after four weeks of lead acetate exposure (50 or
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33 500 ppm) shows a significant effect of dose ($F(2,105) = 6.70$; $P < 0.0018$), a significant
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35 effect of the brain region ($F(6,105) = 167$; $p < 0.0001$) and a significant dose X brain region
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37 interaction ($F(12,105) = 2.32$; $p < 0.0113$). Bonferroni post-hoc test shows that exposure to
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39 lead acetate 500 ppm in the drinking water significantly increased ADC value in Hip, RF
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41 and Cb ($p < 0.05, p < 0.01, p < 0.05$ respectively) as compared to the ADC value of Hip, RF
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43 and Cb in the vehicle group. ADC values of CC were significantly lower as compared to
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45 ADC values of other brain regions but lead exposure did not significantly modify ADC
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47 value in CC. Exposure to 50 ppm lead acetate did not produce any significant change of
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49 ADC values in any of the brain region examined (Table 2). Each value is the mean of $N = 6$
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rats.

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4 *ADC values after twelve weeks of lead exposure*

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7 2-way analysis of variance of ADC values after twelve weeks of lead acetate exposure (50
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9 or 500 ppm) shows a significant effect of dose ($F(2,105) = 19.63$; $P < 0.0001$), a significant
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11 effect of the brain region ($F(8,105) = 170.2$; $p < 0.0001$) and a significant dose X brain
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13 region interaction ($F(12,105) = 2.45$; $p = 0.0074$). Bonferroni post-hoc test shows that
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15 exposure to lead acetate 50 ppm in the drinking water significantly increased ADC value in
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17 RF ($p < 0.05$) and in Cb ($p < 0.05$) as compared to the ADC value of RF and of Cb in the
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19 vehicle group. Bonferroni post-hoc test shows that exposure to lead acetate 500 ppm in the
20
21 drinking water significantly increased ADC value in CPu ($p < 0.01$), Hip ($p < 0.05$), RF
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23 ($p < 0.01$), CC ($p < 0.05$) and Cb ($p < 0.05$) as compared to ADC values in the corresponding
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25 brain areas in the vehicle group. Moreover Bonferroni post-hoc test shows significant
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27 differences between ADC values of Hip, CPu and CC in rats exposed to 500 ppm lead
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29 acetate compared to ADC values of Hip, CPu and CC of rats exposed to 50 ppm ($p < 0.05$
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31 for Hip and CC and $p < 0.01$ for CPu). Each value is the mean of $N = 6$ rats. (Table 3).
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38 Representative MRI scans showing ADC changes are reported in Figure 1.
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41 **Determination of water content.**

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43 In order to assess whether changes in ADC induced by lead exposure reflect the presence of
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45 cerebral oedema we determined water content (expressed as percentage of water in brain
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47 tissue) 12 weeks after lead acetate exposure (50 or 500 ppm in the drinking water) in the
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49 same brain areas analyzed by MRI (Figure 2). 2-way analysis of variance of water content
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51 data shows a significant effect of dose ($F(2,93) = 13.94$; $p < 0.0001$), a significant effect of
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53 the brain region ($F(6,93) = 3.03$; $p < 0.01$) and a no significant dose X brain region
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55 interaction ($F(12,93) = 1.69$; $p = 0.08$). Bonferroni post-hoc test shows that exposure to lead
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4 acetate at 500 ppm in the drinking water significantly increased water content in CPu
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6 (p<0.05), Hip (p< 0.01), RF (p< 0.05), CC (p< 0.01) and in Cb (p< 0.05) compared to
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8 water content in the corresponding brain areas in control rats. No significant differences
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10 were observed between water content in the group exposed to 50 ppm lead acetate
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12 compared to vehicle group (Figure 2).
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15 **Blood Brain Barrier permeability.**

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18 In order to evaluate if ADC changes induced by chronic lead acetate (50 or 500 ppm in the
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20 drinking water) were accompanied by alteration of BBB permeability we injected the
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22 fluorescent dye one hour before sacrificing the rats after 12 weeks of lead exposure. Evans
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24 blue was determined in the 7 brain areas and results expressed as μg of Evans blue/g tissue
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26 (Figure 3). 2-way analysis of variance of BBB permeability data shows a significant effect
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28 of dose (F (2,93)= 39.44; p<0.0001), a significant effect of the brain region (F (6,93)= 6.21;
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30 p <0.0001) and a significant dose X brain region interaction (F (12,93)= 2.65; p=0.004).
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32 Bonferroni post-hoc test shows that exposure to lead acetate at 50 ppm in the drinking
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34 water significantly increased BBB permeability in the RF (p< 0.05), and in Cb (p< 0.05)
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36 compared to values of RF and Cb in control rats.
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41 Bonferroni post-hoc test shows that exposure to 500 ppm lead acetate in the drinking water
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43 significantly increased BBB permeability in CPu (p<0.001), Hip (p< 0.05), RF (p< 0.01),
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45 CC (p< 0.05) and in Cb (p< 0.001) compared to the corresponding values in control rats.
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50 **Lead levels in blood and in brain areas**

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53 In order to assess whether results obtained for ADC values, water content and BBB
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55 permeability in different brain areas (MCx, SCx, CPu, Hip, RF, CC and Cb) were due to
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57 different lead concentrations, we analyzed lead content in each brain area (expressed as
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4 $\mu\text{g/g}$ tissue) (Figure 4). Two-way analysis of variance shows a significant effect of dose (F
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6 (2, 93) = 368.9; $p < 0.0001$), a significant effect of the brain region (F (6, 93) = 3.70; p
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8 = 0.0024) and a significant dose X brain region interaction (F (12, 93) = 2.16; $p = 0.02$).
9
10 Bonferroni post-hoc analysis showed that after 12 weeks exposure to 50 ppm or 500 ppm
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12 lead acetate there is a significant increase of lead content in all brain regions compared to
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14 vehicle group (p values between $p < 0.01$ and $p < 0.0001$). In order to assess whether region-
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16 specific differences in lead concentration correlate with the extent of the edema we
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18 performed linear regression analysis. No significant correlation was found between lead
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20 content and ADC increases ($R^2 = 0.1532$; $p = 0.17$) or between lead content and water
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22 content ($R^2 = 0.2161$; $p = 0.09$).
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29 Blood lead concentration was significantly increased in lead exposed rats in a dose-
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31 dependent manner: in control it was below limit of detection in 3 rats and mean 2 ± 0.3
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33 $\mu\text{g/dL}$ in the other 3 rats, in the group of rats exposed to 50 ppm blood lead concentration
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35 was were $12.3 \pm 2.2 \mu\text{g/dL}$ and in those exposed to 500 ppm it was $55.4 \pm 8.6 \mu\text{g/dL}$. These
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37 lead concentrations are clinically relevant (Cory-Slechta, 1995; Kala and Jadhav, 1995).
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40 **Discussion**

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43 Magnetic resonance imaging (MRI) is the most important imaging modality to follow
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45 pathology non-invasively in the central nervous system since it allows to perform
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47 longitudinal studies and to access to anatomical information. The high spatial resolution of
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49 MRI can faithfully depict the state of pathology through different mechanisms. Diffusion-
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51 weighted imaging measures the relative translational motion of water molecules across cell
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53 membrane, which is expressed by ADC. Changes in ADC can be due to brain oedema
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4 (Cauli et al. 2007 and 2010; Charles-Edwards and de Souza 2006; Gass et al., 2001;
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6 Schaefer 2000; Rovira et al. 2002).

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9 Our results showed that chronic lead exposure in adult rats increased ADC value in
10 different brain areas such as CPu, Hip, RF, CC and Cb. However this effect was time- ,
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12 dose- and brain region-dependent. Increases in ADC value were observed in 3 brain areas
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14 (Hip, RF and Cb) after 4 weeks of 500 ppm lead exposure whereas exposure for 12 weeks
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16 of lead acetate modified ADC value in 5 brain regions (Hip, RF, Cb, CPu and CC) in rats
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18 exposed to 500 ppm. Exposure to 50 ppm lead acetate for 12 weeks increased ADC only in
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20 2 brain regions (RF and Cb). In order to evaluate if ADC increases were due to cerebral
21
22 oedema we measured water content at the end of longitudinal MRI studies. Those brain
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24 areas showing an increase of ADC also showed an increase of water content thus,
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26 confirming previous findings demonstrating that cerebral oedema can alter ADC value
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28 (Beaumont et al., 2000; Cauli et al. 2010; Kuroiwa et al., 1998). Exposure to 50 ppm
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30 increased ADC in RF and Cb but it did not significantly increase water content in these two
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32 brain areas although a trend was observed. Likely, sensitivity of ADC measurement to
33
34 detect subtle changes in water diffusivity is greater than water content measurement by wet
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36 dry method. Interestingly, regions of cerebral cortex (MCx and SCx) showed no changes in
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38 ADC or in water content after lead exposure, an effect that was not related to a lower lead
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40 accumulation in these brain areas. In agreement with our findings, neonatal rats exposed to
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42 4% lead carbonate from postnatal day 12 until postnatal day 27 developed brain oedema in
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44 the cerebellum but not in the cerebral cortex (Hossain et al., 2004). One study performed by
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46 El-Neweshy et al. (2010) showed cerebellar oedema in rats chronically exposed to lead
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48 acetate for 60 days by daily intra-gastric administrations (20mg/kg). In contrast to adult and
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4 newborn rats, prenatal exposure to lead (160 or 320 ppm of lead acetate solution during 21
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6 days through drinking water) induced vasogenic oedema in brain fetuses in many brain
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8 regions including the parietal cortex (Villeda-Hernández et al., 2006) thus suggesting that
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10 mechanisms that modulate brain region susceptibility to lead are different between prenatal
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12 and postnatal period.
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16 Those brain areas with increased ADC values displayed also an increase of Evans blue
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18 extravasation thus suggesting that increase of BBB permeability might play a role in the
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20 induction of vasogenic oedema.
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24 The link between increase of ADC, vasogenic oedema and increased BBB permeability has
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26 been demonstrated in several pathologies of the CNS (Cauli et al., 2010; Chen et al., 2007;
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28 Kleindienst et al. 2006; Rother et al., 1996). Cerebellar oedema in newborn rats exposed to
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30 lead was accompanied by leakage of albumin across the BBB (Hossain et al., 2004).
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32 Increased BBB permeability has also been observed in weaning rats chronically exposed to
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34 lead for 6 weeks (342 ug Pb/mL) (Wang et al., 2007) or in newborn rats exposed to daily
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36 i.p. injections of lead nitrate 10 mg/kg body weight for the first 15 days of life (Sundstrom
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38 and Kalimo 1987; Sundstrom et al., 1985).
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43 Struzynska et al., (1997) showed the BBB permeability to vascular proteins was increased
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45 in rats exposed to lead in the drinking water for 3 months. This effect was accompanied by
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47 neuropathological alterations of BBB such enhanced pinocytic activity of endothelial cells
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49 and the opening of tight junction, and increased phagocytosis of pericytes (Struzynska et
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51 al., 1997). The relationship between vasogenic oedema and increase in BBB permeability is
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53 also supported by the fact that MCx and SCx show no alteration in ADC and no increase in
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55 BBB permeability. The reason why cerebral cortex is not sensitive to the increase of ADC
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4 value and BBB permeability induced by lead is unknown, future studies are needed to
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6 address this point.
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9 Consequences of vasogenic edema during lead exposure might include an increase in
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11 intracranial pressure that in turn may lead to alterations of regional cerebral blood flow
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13 (Milhorat et al., 1989) with impairment of nutrients and oxygen supply to affected brain
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15 regions or impaired ability to maintain neuronal excitability (Amiry-Moghaddam and
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17 Ottersen 2003; Broberg et al., 2008).
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4 **Legends to Figures**
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6 **Figure 1. ADC increase induced by chronic lead exposure.**
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9 Figures show representative images of ADC maps in the hippocampus (Hip) (images A-C
10 indicated by two white arrows) and mesencephalic reticular formation (RF) (images D-F
11 indicated by the white arrow) after 12 weeks of lead acetate exposure via drinking water (0,
12 50 ppm or 500 ppm). As shown in the picture, change of ADC in Hip is observed only after
13 exposure to 500 ppm whereas hyperintensity of RF is observed after exposure to 50 and
14 500 ppm (quantification of ADC values is shown in Table 3). Maps were quantified with
15 Image J software as described in Material and Methods.
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28 **Figure 2. Water content in rats chronically treated with lead acetate.**
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31 After exposure to lead acetate (0,50 or 500 ppm) for 12 weeks in the drinking water rats
32 were sacrificed and water content was determined by wet dry method in each brain area as
33 described in Material and Methods. Each values represent mean \pm SEM of N=6 rats per
34 group. * $p < 0.05$ ** $p < 0.01$ as compared to control group (0 ppm).
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43 **Figure 3. Blood brain barrier permeability in rats chronically treated with lead**
44 **acetate.**
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48 After exposure to lead acetate (0,50 or 500 ppm) for 12 weeks in the drinking water rats
49 received an iv. injection of Evans-Blue albumin complex and were sacrificed one hour later
50 as described in Material and Methods. Each values represent mean \pm SEM of N=6 rats per
51 group. * $p < 0.05$ ** $p < 0.01$ *** $p < 0.001$ as compared to control group (0 ppm).
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4 **Figure 4. Lead content in different brain areas in rats chronically treated with lead**
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6 **acetate.**
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9 After exposure to lead acetate (0, 50 or 500 ppm) for 12 weeks in the drinking water rats
10 were sacrificed and lead content was determined in each brain area as described in Material
11 and Methods. Each values represent mean \pm SEM of N=6 rats per group. * $p < 0.05$ ** $p <$
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16 0.01 *** $p < 0.001$ as compared to control group (0 ppm).
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7 **Alterations of apparent diffusion coefficient (ADC) in the brain of rats chronically**
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9 **exposed to lead acetate.**

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14 Pilar López-Larrubia¹ and Omar Cauli²
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48 **ABBREVIATIONS:**
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50 ADC, apparent diffusion coefficient; BBB, blood-brain barrier; MRI, Magnetic resonance
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52 imaging; DWI, Diffusion-weighted imaging, **MCx, motor cortex; SCx, somato-sensory**
53 **cortex; Hip, hippocampus; RF, reticular formation; CC, corpus callosum; CPu, caudate-**
54 **putamen; Cb, cerebellum.**
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4 **ABSTRACT**
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6 Diffusion-weighted imaging (DWI) allows the assessment of the water apparent diffusion
7 coefficient (ADC), a measure of tissue water diffusivity which is altered during different
8 pathological conditions such as cerebral oedema. By means of DWI, we repeatedly
9 measured in the same rats apparent diffusion coefficient ADC in different brain areas
10 (motor cortex (MCx), somato-sensory cortex (SCx), caudate-putamen (CPu), hippocampus
11 (Hip), mesencephalic reticular formation (RF), corpus callosum (CC) and cerebellum (Cb))
12 after 1 week, 4 and 12 weeks of lead acetate exposure via drinking water (50 or 500 ppm).
13 After 12 weeks of lead exposure rats received albumin-Evans blue complex administration
14 and were sacrificed one hour later. Blood-brain barrier permeability and water tissue content
15 were determined in order to evaluate their relationship with ADC changes. Chronic
16 exposure to lead acetate (500 ppm) for 4 weeks increased ADC values in Hip, RF and Cb
17 but no in other brain areas. After 12 weeks of lead acetate exposure at 500 ppm ADC is
18 significantly increased also in CPu and CC. Brain areas displaying high ADC values after
19 lead exposure showed also an increased water content and increased BBB permeability to
20 Evans blue-albumin complex. Exposure to 50 ppm for 12 weeks increased ADC values and
21 BBB permeability in the RF and Cb. In summary, chronic lead exposure induces cerebral
22 oedema in the adult brain depending on the brain area and the dose of exposure. RF and Cb
23 appeared the most sensitive brain areas whereas cerebral cortex appears resistant to lead-
24 induced cerebral oedema.
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52 **KEY WORDS:** lead neurotoxicity, vasogenic oedema, blood-brain barrier, reticular
53 formation, apparent diffusion coefficient, magnetic resonance imaging
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7 **Introduction**
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9 Lead (Pb) neurotoxicity is still a major medical concern in both environmental and
10 occupational settings (CDC 2000). The clinical effects of acute and chronic lead toxicity
11 are well documented (Davis et al. 1993, Grandjean 1993). Acute lead intoxication induces
12 oedema in the brain of humans and laboratory animals (Goldstein et al., 1974; Holtzman et
13 al., 1982; Hossain et al., 2004; Lögdberg et al., 1988; Pentschew, 1965; Villeda-Hernández
14 et al., 2006; Winder et al., 1983; Winder 1984 for review). Two main types of cerebral
15 oedema have been described, namely, vasogenic and cytotoxic oedema. Vasogenic oedema
16 can be induced when water enters into the brain following an alteration of blood-brain
17 barrier (BBB) permeability thus leading to an accumulation of water in the extracellular
18 space (Klatzo 1967). In cytotoxic oedema (also called cellular oedema), water
19 accumulation occurs inside the cells mainly in astrocytes (Klatzo 1967).
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36 It has been reported that acute lead intoxication in children and perinatal lead exposure in
37 young animals cause cerebral oedema, in particular, vasogenic oedema (Hossain et al.,
38 2004; Lefauconnier et al., 1983; Villeda-Hernández et al., 2006). Cytotoxic oedema has
39 also been reported in one study (Lefauconnier et al., 1983). Different brain areas display
40 different vulnerability to lead-induced cerebral oedema in young animals. Lead exposure
41 (160 or 320 ppm in the drinking water) from gestational day 1 to gestational day 21 dose-
42 dependently induce interstitial/vasogenic oedema in different brain regions of rat fetuses
43 such as parietal cortex, striatum, thalamus and cerebellum (Villeda-Hernandez et al., 2006)
44 while Hossain et al. (2004) reported that cerebellum is the more susceptible brain region to
45 lead-induced oedema in newborn rats. One of the events that contribute to vasogenic
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4 oedema formation in the brain is the increase of BBB permeability.
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6 Vasogenic oedema resulting from BBB failure causes transvascular leak of blood proteins
7 (albumin, fibrinogen, fibronectin and immunoglobulins) with concurrent oncotic influx of
8 water and failure of compensatory mechanisms of fluid homeostasis. According to the
9 proposed link between alteration of BBB permeability and the occurrence of vasogenic
10 oedema, it has been shown in young animals that lead exposure impairs BBB permeability
11 (Hossain et al., 2004; Sundstrom and Kalimo 1987; Sundstrom et al., 1985; Wang et al.,
12 2007).
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15 Moreover, several reports have demonstrated that lead accumulates not only in BBB
16 endothelial cells (Struzynska et al., 1997; Toews et al., 1978) but also in the choroid plexus
17 (Friedheim et al., 1983; Manton et al., 1984; Zheng et al., 1991) where it increases the
18 leakage of the blood-cerebrospinal fluid barrier (Shi and Zheng 2007). These findings
19 suggest that the mechanisms involved in brain water homeostasis might be altered during
20 lead exposure.
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23 Magnetic resonance imaging (MRI) is a non invasive tool that provides information about
24 changes in cerebral function in brain *in vivo*. MRI is the ideal modality to characterize the
25 temporal and spatial evolutions of neuropathologies *in vivo*. Among different parameters
26 that could be analyzed by MRI, diffusion weighted imaging (DWI) allows to calculate the
27 apparent diffusion coefficient (ADC), which is altered in brain edema. ADC value reflects
28 water mobility (expressed as $\mu\text{m}^2/\text{sec}$) in the tissue. Changes in ADC can reflect the
29 presence of cerebral oedema (Rovira et al. 2002; Schaefer 2000) that, in turn, can be
30 vasogenic or cytotoxic. Cytotoxic oedema is accompanied by a decrease of ADC value
31 (Schaefer et al. 2000) while vasogenic oedema is accompanied by an increase of ADC
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4 value (McManus et al. 1995). In cytotoxic oedema ADC value decreases because water
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6 goes inside the cells where it cannot move as quickly as it can in the extracellular space. In
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8 vasogenic oedema, water content increases in the extracellular space leading to an increase
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10 of ADC value. Although children and youngest animals are more susceptible to lead-
11
12 induced brain oedema (Holtzman et al., 1982; Winder 1984) it has also been reported in the
13
14 adult brain following acute or subacute lead exposure (Atre et al., 2006; Rojas-Marcos I et
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16 al., 2002; Saryan and Zenz 1994). To our knowledge, no studies have been performed yet
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18 to address whether chronic lead exposure elicits brain oedema in the adult brain and if
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20 different brain areas present different susceptibility to this effect.
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26 In this work we assessed:

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28 1) whether chronic lead exposure (0, 50, 500 ppm) in adults rats modifies ADC in
29
30 different brain areas (motor cortex (MCx), somatosensory cortex (SCx), caudate-
31
32 putamen (CPu), hippocampus (Hip), mesencephalic reticular formation (RF), corpus
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34 callosum (CC) and cerebellum(Cb)).
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38 2) the time-course of these changes by measuring ADC in the same subjects at
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40 different time points during lead exposure (1, 4 and 12 weeks).
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44 3) If ADC alterations are accompanied by alterations of BBB permeability and water
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46 content.
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48 Water content was measured by wet-dry method and BBB permeability by Evans-blue
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50 extravasation method which has been extensively used to study BBB permeability
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52 (Hawkins and Davis 2005 for review).
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MATERIALS AND METHODS

Male Wistar rats (250-300 g) were used. Rats were given food and water *ad libitum* and kept in the air-conditioned experimental room at 21 – 23 °C with a 12:12 h light-dark cycle. Rats were divided into 3 groups: control rats drinking distilled water containing sodium acetate 50 or 500 ppm (N=3 each); lead acetate 50 ppm dissolved in the drinking water (N=6); lead acetate 500 ppm dissolved in the drinking water (N=6). New solutions of lead acetate were prepared daily and acidified with chloridric acid (final pH 7) to avoid precipitation. The animal experiments were approved by the Center and met the guidelines of the European Community for care and management of experimental animals. Body weights were measured **once** per week and fluid intake every three days. After 12 weeks of lead exposure rats were injected with Evans blue (see below) and sacrificed one hour later. With the help of coronal slicer matrix (1 mm thickness slices) we isolated **MCx**, **SCx**, **Hip**, **CPu**, half of the **Cb** (cut along the vermis), half of **CC** (cut perpendicular to the coronal plane), half of the mesencephalic **RF** (cut coronally at the level of the **fourth** ventricle) from one hemisphere to **measure** the concentration of Evans blue and lead while the other brain areas belonging to the other hemisphere were used for water determination. Since the amount of tissue of CC is low, prior tissue processing, 3 CC belonging to 3 different rats of the same experimental group were pooled together to measure Evans blue and lead. CC of remaining 3 rats were pooled together to determine water content. **Data** from control rats exposed to 50 or 500 ppm of sodium acetate produced similar **results** in **each** of the measurements performed in the study so the data were pooled together.

Magnetic Resonance Imaging (MRI) experiments

MRI experiments were performed on a Bruker Pharmascan system (Bruker Medical GmbH,

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4 Ettlingen, Germany) using a 7.0-T horizontal-bore superconducting magnet, equipped with
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6 a ¹H selective birdcage resonator of 38 mm and a Bruker gradient insert with 90 mm of
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8 diameter (maximum intensity 36 G/cm). All data were acquired using a Hewlett-Packard
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10 console running Paravision software (Bruker Medical GmbH, Ettlingen, Germany)
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12 operating on a Linux platform. Anesthesia was initiated by inhalation of oxygen (1 l/min)
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14 containing 4 % isoflurane and maintained during the experiment employing a mask and 2
15
16 % isoflurane in O₂. Animal temperature was maintained at approx. 37 °C with a heated
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18 probe. The physiological state of the rats was monitored using a Biotrig physiological
19
20 monitor (Bruker, Germany) that controlled the respiratory rate and body temperature.
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23 24 **Apparent diffusion coefficient (ADC) mapping**

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26 Diffusion-weighted imaging (DWI) measures the relative translational motion of water
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28 molecules across cell membrane, which is expressed as the apparent diffusion coefficient
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30 (ADC) value.
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34 The ADC maps were obtained based in diffusion weighted images and the following
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36 parameters: TR= 2500 ms, TE = 25 ms, Av = 1, diffusion gradient duration = 4 ms,
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38 diffusion gradient separation = 16 ms, acquisition matrix = 128×128 corresponding to an
39
40 in-plane resolution of 312 x 312 μm², b factors = 100, 400 and 1000 s/mm². Maps were
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42 obtained by a linear fitting of the logarithm of signal intensity (S) versus the b factor
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44 according to the expression:
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$$49 \quad S_b = S_0 \exp (-ADC \times b)$$

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51 MRI signal intensity was analysed in the brain areas of interest by ADC values (μm²/sec) in
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53 the corresponding maps, after capturing images with Image J which calculates the mean
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55 value for all pixels contained in the selected brain region. The different brain regions were
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4 identified according to the stereotaxic coordinates of the rat brain atlas and to online plates
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6 of the atlas (Paxinos and Watson 1996). The regions analysed were MCx, SCx, CPu, Hip,
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8 RF, CC and Cb. ADC measurements were performed in the same subjects at different time
9
10 points (1, 4 and 12 weeks) in order to perform a longitudinal study.
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13 14 **Measurement of blood-brain barrier permeability**

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16 BBB permeability was quantitatively evaluated by measuring the amount of extravasated
17
18 Evans blue dye in the tissue at 12 weeks of chronic lead exposure according to procedure
19
20 described in Hawkins and Egleton (2006). Evan's blue (2%, containing 18 g/l bovine serum
21
22 albumin 4 mL/kg) was injected over 2 min into the left femoral vein; it was allowed to
23
24 circulate for 60 min. After decapitation, the brain was removed and MCx, SCx, CPu, Hip,
25
26 RF, CC and Cb were isolated. Brains areas were weighted and homogenized in five-fold
27
28 volume of 50% trichloroacetic acid solution. The supernatant was obtained by
29
30 centrifugation (10 min, 10,000×g, at 4 °C). Evans blue extravasation was quantified in the
31
32 supernatants by measuring the fluorescence (excitation at 620 nm and emission at 680 nm)
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34 (Abraham et al., 1996). The amount of extravasated Evans blue dye was expressed as
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36 nanogram per gram of brain tissue.
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43 **Evaluation of brain oedema**

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45 Wet-dry weight determinations (a simple and sensitive assay to measure brain oedema) of
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47 control and lead acetate-exposed brains were performed 12 weeks after chronic lead
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49 exposure. MCx, SCx, CPu, Hip, RF, CC and Cb were quickly dissected and the initial
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51 weight of each sample (wet weight) was determined. Samples then were dried in an oven at
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53 110°C for 24 hours, and the respective dry weight for each specimen was obtained. Tissue
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55 water content was calculated as [(wet weight - dry weight)/wet weight] × 100% (Abe et
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4 al.1988).

5 6 **Lead measurement**

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9 The day after the last MRI scanning, rats were anesthetized with isoflurane, rapidly
10 decapitated, blood was collected from the neck and brain areas (MCx, SCx, CPu, Hip, RF,
11 CC and Cb) were immediately dissected, frozen on liquid nitrogen, and stored at -80 °C
12
13
14 until analysis of lead content. Lead content in brains and blood was analyzed by the
15
16 Inductive Coupled Plasma-Atomic Emission Spectrometry (ICPAES). Brain tissue (20-40
17
18 mg) was first processed by wet digestion (20% nitric acid and microwave exposure). The
19
20 detection level of the method was 1.5 µg/kg wet-weight. For blood lead analysis, an aliquot
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22 of blood (100 µl) were first diluted ten times with 0.1% triton X-100/nitric acid.
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28 **Statistical analysis**

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31 The results are presented as mean ± standard error of mean (S.E.M.). The data were
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33 analyzed by one-way ANOVA followed Dunnett T-test or two-way ANOVA followed
34
35 Bonferroni post-hoc test. *p* values lower than 0.05 were considered statistically significant.
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38 Statistical analysis was performed using the Graph Pad Prism 5 software (GraphPad
39
40 Software Inc. San Diego, CA, USA).
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43 **RESULTS**

44 **Body weight, daily Pb fluid intake.**

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47 **No** statistically differences in the gain of body weight of rats among the experimental
48
49 groups **were observed** (control 380±37; lead 50 ppm 370±44; lead 500 ppm 338±31). The
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51 average daily intake of lead was 4.2 and 44 mg Pb/kg/day for the group drinking water
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53 containing 50 and 500 ppm, respectively. No significant differences of fluid intake were
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55 observed among experimental groups. Pb intake in the control group (sodium acetate in the
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4 drinking water) was below the limit detection.
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8 9 **Apparent diffusion coefficient**

10 *ADC values after one week of lead exposure*

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14 2-way analysis of variance of ADC values after one week of lead acetate exposure (50 or
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16 500 ppm) shows no significant effect of dose ($F(2,105) = 0.097$; $p = 0.9903$), a significant
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18 effect of the brain region ($F(6,105) = 140.6$; $p < 0.0001$) and no significant dose X brain
19
20 region interaction ($F(12,105) = 0.5524$; $p = 0.8750$). The significant effect of brain region
21
22 was due the lowest values of ADC in CC ($p < 0.001$), a pure white matter region. Each value
23
24 is the mean of $N = 6$ rats. (Table 1).
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28 *ADC values after four weeks of lead exposure*

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31 2-way analysis of variance of ADC values after four weeks of lead acetate exposure (50 or
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33 500 ppm) shows a significant effect of dose ($F(2,105) = 6.70$; $P < 0.0018$), a significant
34
35 effect of the brain region ($F(6,105) = 167$; $p < 0.0001$) and a significant dose X brain region
36
37 interaction ($F(12,105) = 2.32$; $p < 0.0113$). Bonferroni post-hoc test shows that exposure to
38
39 lead acetate 500 ppm in the drinking water significantly increased ADC value in Hip, RF
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41 and Cb ($p < 0.05$, $p < 0.01$, $p < 0.05$ respectively) as compared to the ADC value of Hip, RF
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43 and Cb in the vehicle group. ADC values of CC were significantly lower as compared to
44
45 ADC values of other brain regions but lead exposure **did not significantly modify** ADC
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47 value in CC. Exposure to 50 ppm lead acetate did not produce any significant change of
48
49 ADC values in any of the brain region examined (Table 2). Each value is the mean of $N = 6$
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65 rats.

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4 *ADC values after twelve weeks of lead exposure*

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6 2-way analysis of variance of ADC values after twelve weeks of lead acetate exposure (50
7 or 500 ppm) shows a significant effect of dose ($F(2,105) = 19.63$; $P < 0.0001$), a significant
8 effect of the brain region ($F(8,105) = 170.2$; $p < 0.0001$) and a significant dose X brain
9 region interaction ($F(12,105) = 2.45$; $p = 0.0074$). Bonferroni post-hoc test shows that
10 exposure to lead acetate 50 ppm in the drinking water significantly increased ADC value in
11 RF ($p < 0.05$) and in Cb ($p < 0.05$) as compared to the ADC value of RF and of Cb in the
12 vehicle group. Bonferroni post-hoc test shows that exposure to lead acetate 500 ppm in the
13 drinking water significantly increased ADC value in CPu ($p < 0.01$), Hip ($p < 0.05$), RF
14 ($p < 0.01$), CC ($p < 0.05$) and Cb ($p < 0.05$) as compared to ADC values in the corresponding
15 brain areas in the vehicle group. Moreover Bonferroni post-hoc test shows significant
16 differences between ADC values of Hip, CPu and CC in rats exposed to 500 ppm lead
17 acetate compared to ADC values of Hip, CPu and CC of rats exposed to 50 ppm ($p < 0.05$
18 for Hip and CC and $p < 0.01$ for CPu). Each value is the mean of $N = 6$ rats. (Table 3).

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38 **Representative MRI scans showing ADC changes are reported in Figure 1.**

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41 **Determination of water content.**

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43 **In order to assess whether** changes in ADC induced by lead exposure reflect the presence of
44 cerebral oedema we determined water content (expressed as percentage of water in brain
45 tissue) 12 weeks after lead acetate exposure (50 or 500 ppm in the drinking water) in the
46 same brain areas analyzed by MRI (Figure 2). 2-way analysis of variance of water content
47 data shows a significant effect of dose ($F(2,93) = 13.94$; $p < 0.0001$), a significant effect of
48 the brain region ($F(6,93) = 3.03$; $p < 0.01$) and a no significant dose X brain region
49 interaction ($F(12,93) = 1.69$; $p = 0.08$). Bonferroni post-hoc test shows that exposure to lead
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4 acetate at 500 ppm in the drinking water significantly increased water content in CPu
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6 (p<0.05), Hip (p< 0.01), RF (p< 0.05), CC (p< 0.01) and in Cb (p< 0.05) compared to
7
8 water content in the **corresponding** brain areas in control rats. No significant differences
9
10 were observed between water content in the group exposed to 50 ppm lead acetate
11
12 compared to vehicle group (Figure 2).
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15 **Blood Brain Barrier permeability.**

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17 **In order to evaluate if ADC changes induced by chronic lead acetate (50 or 500 ppm in the**
18
19 **drinking water) were accompanied by alteration of BBB permeability** we injected the
20
21 fluorescent dye one hour before sacrificing the rats after 12 weeks of lead exposure. Evans
22
23 blue was determined in the 7 brain areas and results expressed as μg of Evans blue/g tissue
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25 (Figure 3). 2-way analysis of variance of BBB permeability data shows a significant effect
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27 of dose (F (2,93)= 39.44; p<0.0001), a significant effect of the brain region (F (6,93)= 6.21;
28
29 p <0.0001) and a significant dose X brain region interaction (F (12,93)= 2.65; p=0.004).
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31 Bonferroni post-hoc test shows that exposure to lead acetate at 50 ppm in the drinking
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33 water significantly increased BBB permeability in the RF (p< 0.05), and in Cb (p< 0.05)
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35 compared to values of RF and Cb in control rats.
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39 Bonferroni post-hoc test shows that exposure to 500 ppm lead acetate in the drinking water
40
41 significantly increased BBB permeability in CPu (p<0.001), Hip (p< 0.05), RF (p< 0.01),
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43 CC (p< 0.05) and in Cb (p< 0.001) compared to the **corresponding** values in control rats.
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46 **Lead levels in blood and in brain areas**

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48 In order to assess whether results obtained for ADC values, water content and BBB
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50 permeability **in different** brain areas (MCx, SCx, CPu, Hip, RF, CC and Cb) were due to
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52 different lead concentrations, we analyzed lead content in each brain area (expressed as
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4 $\mu\text{g/g}$ tissue) (Figure 4). Two-way analysis of variance shows a significant effect of dose (F
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6 (2, 93) = 368.9; $p < 0.0001$), a significant effect of the brain region (F (6, 93) = 3.70; p
7
8 = 0.0024) and a significant dose X brain region interaction (F (12, 93) = 2.16; $p = 0.02$).
9
10 Bonferroni post-hoc analysis showed that after 12 weeks exposure to 50 ppm or 500 ppm
11
12 lead acetate there is a significant increase of lead content in all brain regions compared to
13
14 vehicle group (p values between $p < 0.01$ and $p < 0.0001$). In order to assess whether region-
15
16 specific differences in lead concentration correlate with the extent of the edema we
17
18 performed linear regression analysis. No significant correlation was found between lead
19
20 content and ADC increases ($R^2 = 0.1532$; $p = 0.17$) or between lead content and water
21
22 content ($R^2 = 0.2161$; $p = 0.09$).
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28 Blood lead concentration was significantly increased in lead exposed rats in a dose-
29
30 dependent manner: in control it was below limit of detection in 3 rats and mean 2 ± 0.3
31
32 $\mu\text{g/dL}$ in the other 3 rats, in the group of rats exposed to 50 ppm blood lead concentration
33
34 was were 12.3 ± 2.2 $\mu\text{g/dL}$ and in those exposed to 500 ppm it was 55.4 ± 8.6 $\mu\text{g/dL}$. These
35
36 lead concentrations are clinically relevant (Cory-Slechta, 1995; Kala and Jadhav, 1995).
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40 Discussion

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42 Magnetic resonance imaging (MRI) is the most important imaging modality to follow
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44 pathology non-invasively in the central nervous system since it allows to perform
45
46 longitudinal studies and to access to anatomical information. The high spatial resolution of
47
48 MRI can faithfully depict the state of pathology through different mechanisms. Diffusion-
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50 weighted imaging measures the relative translational motion of water molecules across cell
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52 membrane, which is expressed by ADC. Changes in ADC can be due to brain oedema
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4 (Cauli et al. 2007 and 2010; Charles-Edwards and de Souza 2006; Gass et al., 2001;
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6 Schaefer 2000; Rovira et al. 2002).

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9 Our results showed that chronic lead exposure in adult rats increased ADC value in
10
11 different brain areas such as CPu, Hip, RF, CC and Cb. However this effect was time- ,
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14 dose- and brain region-dependent. Increases in ADC value were observed in 3 brain areas
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16 (Hip, RF and Cb) after 4 weeks of 500 ppm lead exposure whereas exposure for 12 weeks
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18 of lead acetate modified ADC value in 5 brain regions (Hip, RF, Cb, CPu and CC) in rats
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20 exposed to 500 ppm. Exposure to 50 ppm lead acetate for 12 weeks increased ADC only in
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23 2 brain regions (RF and Cb). In order to evaluate if ADC increases were due to cerebral
24
25 oedema we measured water content at the end of longitudinal MRI studies. Those brain
26
27 areas showing an increase of ADC also showed an increase of water content thus,
28
29 confirming previous findings demonstrating that cerebral oedema can alter ADC value
30
31 (Beaumont et al., 2000; Cauli et al. 2010; Kuroiwa et al., 1998). Exposure to 50 ppm
32
33 increased ADC in RF and Cb but it did not significantly increase water content in these two
34
35 brain areas although a trend was observed. Likely, sensitivity of ADC measurement to
36
37 detect subtle changes in water diffusivity is greater than water content measurement by wet
38
39 dry method. Interestingly, regions of cerebral cortex (MCx and SCx) showed no changes in
40
41 ADC or in water content after lead exposure, an effect that was not related to a lower lead
42
43 accumulation in these brain areas. In agreement with our findings, neonatal rats exposed to
44
45 4% lead carbonate from postnatal day 12 until postnatal day 27 developed brain oedema in
46
47 the cerebellum but not in the cerebral cortex (Hossain et al., 2004). One study performed by
48
49 El-Neweshy et al. (2010) showed cerebellar oedema in rats chronically exposed to lead
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51 acetate for 60 days by daily intra-gastric administrations (20mg/kg). In contrast to adult and
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4 newborn rats, prenatal exposure to lead (160 or 320 ppm of lead acetate solution during 21
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6 days through drinking water) induced vasogenic oedema in brain fetuses in many brain
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8 regions including the parietal cortex (Villeda-Hernández et al., 2006) thus suggesting that
9
10 mechanisms that modulate brain region susceptibility to lead are different between prenatal
11
12 and postnatal period.
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16 Those brain areas with increased ADC values displayed also an increase of Evans blue
17
18 extravasation thus suggesting that increase of BBB permeability might play a role in the
19
20 induction of vasogenic oedema.
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24 The link between increase of ADC, vasogenic oedema and increased BBB permeability has
25
26 been demonstrated in several pathologies of the CNS (Cauli et al., 2010; Chen et al., 2007;
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28 Kleindienst et al. 2006; Rother et al., 1996). Cerebellar oedema in newborn rats exposed to
29
30 lead was accompanied by leakage of albumin across the BBB (Hossain et al., 2004).
31
32 Increased BBB permeability has also been observed in weaning rats chronically exposed to
33
34 lead for 6 weeks (342 ug Pb/mL) (Wang et al., 2007) or in newborn rats exposed to daily
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36 i.p. injections of lead nitrate 10 mg/kg body weight for the first 15 days of life (Sundstrom
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38 and Kalimo 1987; Sundstrom et al., 1985).
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43 Struzynska et al., (1997) showed the BBB permeability to vascular proteins was increased
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45 in rats exposed to lead in the drinking water for 3 months. This effect was accompanied by
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47 neuropathological alterations of BBB such enhanced pinocytic activity of endothelial cells
48
49 and the opening of tight junction, and increased phagocytosis of pericytes (Struzynska et
50
51 al., 1997). The relationship between vasogenic oedema and increase in BBB permeability is
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53 also supported by the fact that MCx and SCx show no alteration in ADC and no increase in
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55 BBB permeability. The reason why cerebral cortex is not sensitive to the increase of ADC
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4 value and BBB permeability induced by lead is unknown, future studies are needed to
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6 address this point.
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9 Consequences of vasogenic edema during lead exposure might include an increase in
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11 intracranial pressure that in turn may lead to alterations of regional cerebral blood flow
12
13 (Milhorat et al., 1989) with impairment of nutrients and oxygen supply to affected brain
14
15 regions or impaired ability to maintain neuronal excitability (Amiry-Moghaddam and
16
17 Ottersen 2003; Broberg et al., 2008).
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4 **Legends to Figures**
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6 **Figure 1. ADC increase induced by chronic lead exposure.**
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9 Figures show representative images of ADC maps in the hippocampus (Hip) (images A-C
10 indicated by two white arrows) and mesencephalic reticular formation (RF) (images D-F
11 indicated by the white arrow) after 12 weeks of lead acetate exposure via drinking water (0,
12 50 ppm or 500 ppm). As shown in the picture, change of ADC in Hip is observed only after
13 exposure to 500 ppm whereas hyperintensity of RF is observed after exposure to 50 and
14 500 ppm (quantification of ADC values is shown in Table 3). Maps were quantified with
15 Image J software as described in Material and Methods.
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28 **Figure 2. Water content in rats chronically treated with lead acetate.**
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31 After exposure to lead acetate (0,50 or 500 ppm) for 12 weeks in the drinking water rats
32 were sacrificed and water content was determined by wet dry method in each brain area as
33 described in Material and Methods. Each values represent mean \pm SEM of N=6 rats per
34 group. * $p < 0.05$ ** $p < 0.01$ as compared to control group (0 ppm).
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43 **Figure 3. Blood brain barrier permeability in rats chronically treated with lead**
44 **acetate.**
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48 After exposure to lead acetate (0,50 or 500 ppm) for 12 weeks in the drinking water rats
49 received an iv. injection of Evans-Blue albumin complex and were sacrificed one hour later
50 as described in Material and Methods. Each values represent mean \pm SEM of N=6 rats per
51 group. * $p < 0.05$ ** $p < 0.01$ *** $p < 0.001$ as compared to control group (0 ppm).
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4 **Figure 4. Lead content in different brain areas in rats chronically treated with lead**
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6 **acetate.**
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9 After exposure to lead acetate (0, 50 or 500 ppm) for 12 weeks in the drinking water rats
10 were sacrificed and lead content was determined in each brain area as described in Material
11 and Methods. Each values represent mean \pm SEM of N=6 rats per group. * $p < 0.05$ ** $p <$
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16 0.01 *** $p < 0.001$ as compared to control group (0 ppm).
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Table 1. ADC values ($\times 10^{(-1)} \mu\text{m}^2/\text{sec}$) in different brain areas after lead acetate exposure (0, 50, 500 ppm) in the drinking water for 1 week.

Brain area	0 ppm	50 ppm	500 ppm
MCx	8465±194	8235±124	8350±139
SCx	8322±155	8197±194	8108±201
CPu	8104±165	8216±138	8378±188
Hip	9245±170	9326±186	9384±189
RF	9985±114	9816±174	10064±182
CC	7002±120	7147±105	6958±108
Cb	10011±138	10166±183	10247±144

Rats were **exposed** via the drinking water to sodium acetate (0 ppm), or one of the concentrations of lead acetate (50 ppm or 500 ppm). 1 week after exposure they were anaesthetized and **subjected** to MRI as **described** in Methods. ADC values were calculated in the following brain regions: motor cortex (MCx), somato-sensory cortex (SCx), caudate-putamen (Cpu), hippocampus (Hip), mesencephalic reticular formation (RF), corpus callosum (CC) and cerebellum (Cb). Values are the mean \pm SEM of six rats per group. Values that are significantly different from control are indicated by asterisks * $p < 0.05$.

Table 2. ADC values ($\times 10^{(-1)} \mu\text{m}^2/\text{sec}$) in different brain areas after lead acetate exposure (0, 50, 500 ppm) in the drinking water for 4 weeks.

Brain area	0 ppm	50 ppm	500 ppm
MCx	8542±150	8281±156	8493±185
SCx	8245±147	8188±171	8145±178
CPu	8004±202	8048±156	8207±252
Hip	9499±126	9584±133	9962±154*
RF	10042±145	10016±198	10454±177**
CC	7058±84	7120±111	7156±105
Cb	10068±114	10040±174	10411±106*

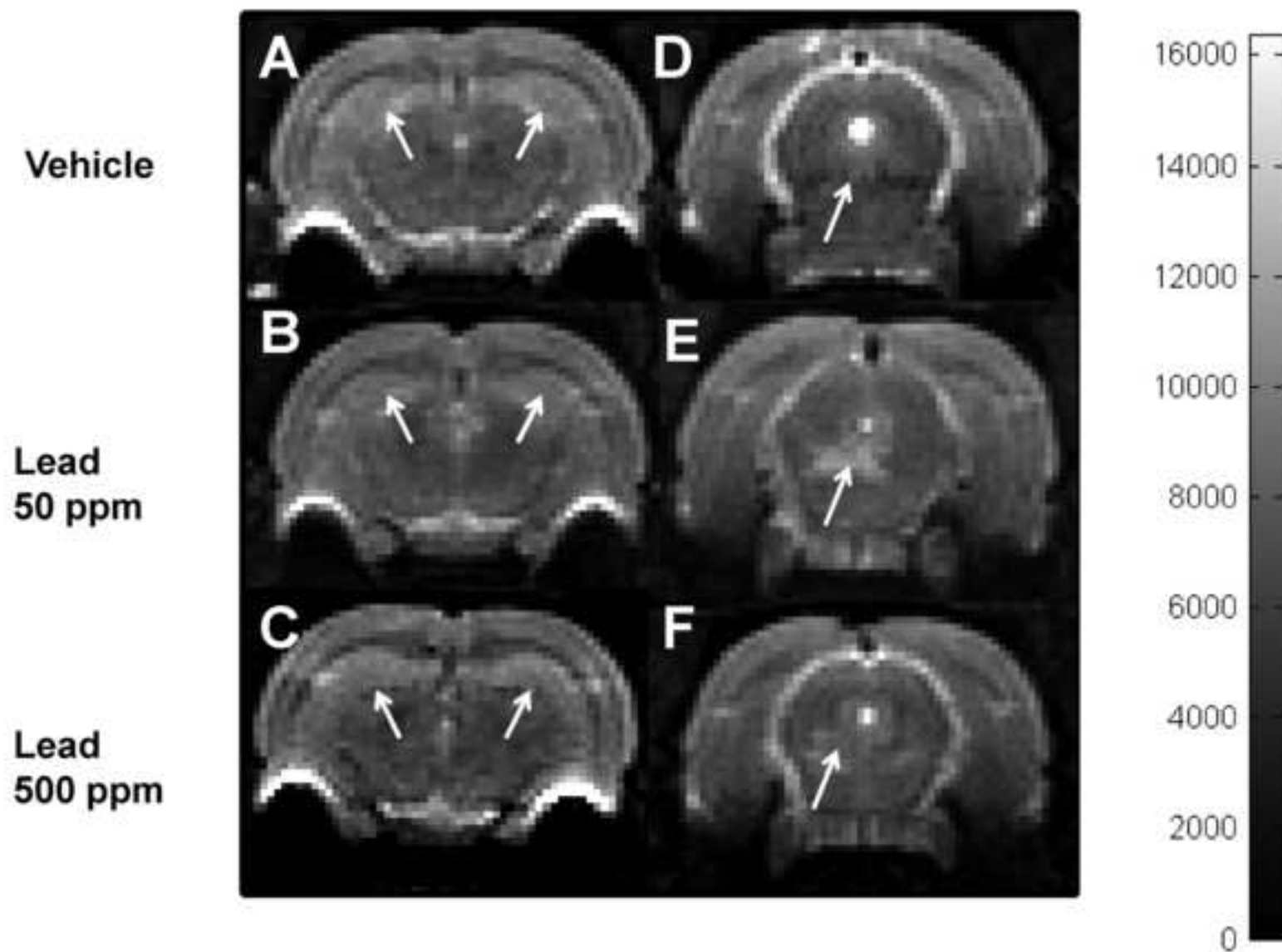
Rats were **exposed** via the drinking water sodium acetate (0 ppm), or one of the concentrations of lead acetate (50 ppm or 500 ppm). 4 weeks (± 3 days) after exposure there were anaesthetized and **subjected** to MRI as **described** in Methods. ADC values were calculated in the following brain regions: motor cortex (MCx), somato-sensory cortex (SCx), caudate-putamen (Cpu), hippocampus (Hip), mesencephalic reticular formation (RF), corpus callosum (CC) and cerebellum (Cb). Values are the mean \pm SEM of six rats per group. Values that are significantly different from control are indicated by asterisks * $p < 0.05$; ** $p < 0.01$.

Table 3. ADC values ($\times 10^{(-1)} \mu\text{m}^2/\text{sec}$) in different brain areas after lead acetate exposure (0, 50, 500 ppm) in the drinking water for 12 weeks.

Brain area	0 ppm	50 ppm	500 ppm
MCx	8377±165	8240±131	8403±154
SCx	8305±158	8285±186	8461±150
CPu	8155±173	8289±171	8502±206 *
Hip	9256±138	9156±165	9874±117*
RF	10125±178	10565±164*	11065±191**
CC	7247±97	7356±131	7655±127*
Cb	10145±117	10454±164*	10647±126*

Rats were **exposed** via the drinking water sodium acetate (0 ppm), or one of the concentrations of lead acetate (50 ppm or 500 ppm). 10 weeks (± 4 days) after exposure there were anaesthetized and **subjected** to MRI as **described** in Methods. ADC values were calculated in the following brain regions motor cortex (MCx), somato-sensory cortex (SCx), caudate-putamen (Cpu), hippocampus (Hip), mesencephalic reticular formation (RF), corpus callosum (CC) and cerebellum (Cb). Values are the mean \pm SEM of six rats per group. Values that are significantly different from control are indicated by asterisks * $p < 0.05$.

Figure1
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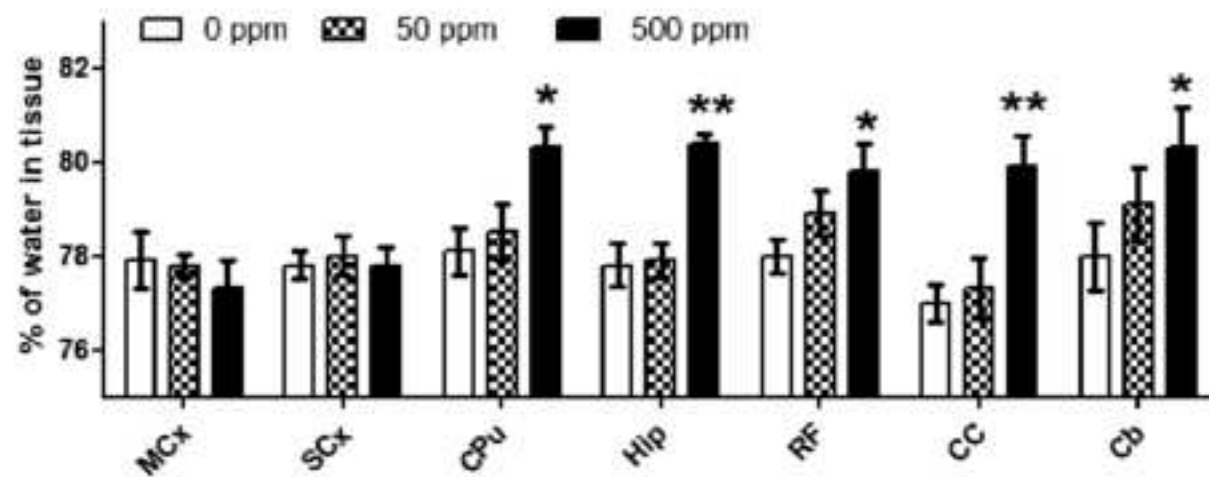


Figure 2

Figure3

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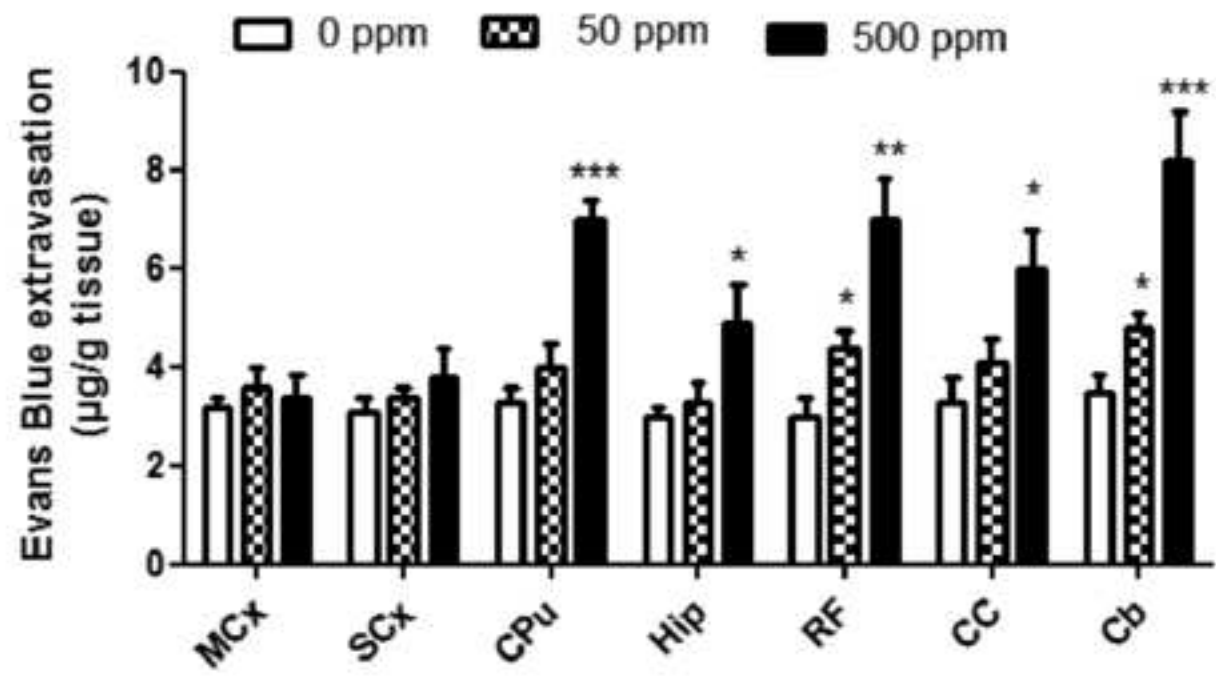


Figure 3

Figure4

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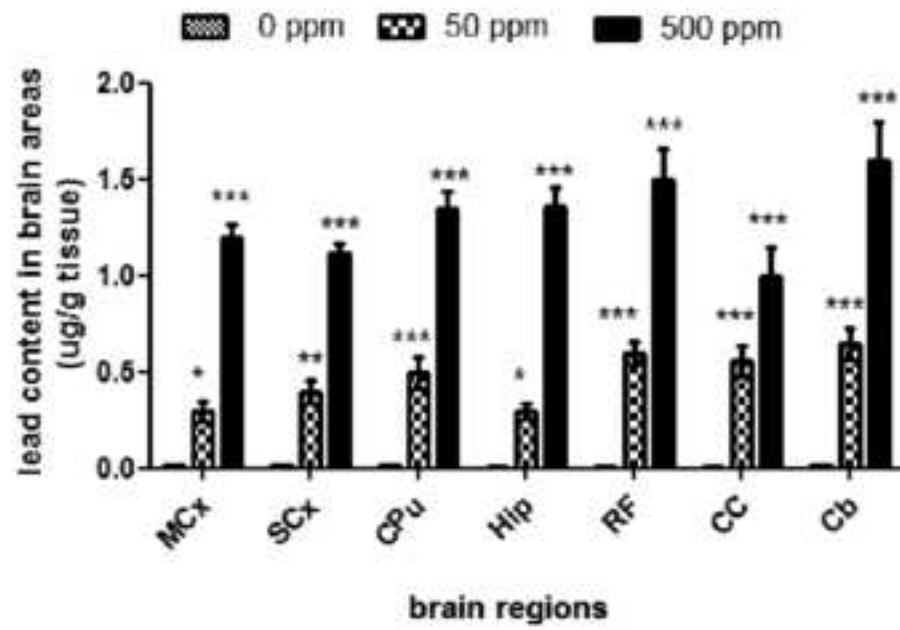


Figure 4

11th december 2010

To the Editor of journal “Toxicology”.

Conflict of Interest statement:

The authors declare that there are no conflicts of interest relative to article submitted to the journal entitled: **“Alterations of apparent diffusion coefficient (ADC) in the brain of rats chronically exposed to lead acetate.”**

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