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# The lowest-lying baryon masses in covariant $\mathrm{SU}(3)$-flavor chiral perturbation theory 

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#### Abstract

We present an analysis of the baryon-octet and -decuplet masses using covariant $\mathrm{SU}(3)$-flavor chiral perturbation theory up to next-to-leading order. Besides the description of the physical masses we address the problem of the lattice QCD extrapolation. Using the PACS-CS collaboration data we show that a good description of the lattice points can be achieved at next-to-leading order with the covariant loop amplitudes and phenomenologically determined values for the meson-baryon couplings. Moreover, the extrapolation to the physical point up to this order is found to be better than the linear one given at leading-order by the Gell-Mann-Okubo approach. The importance that a reliable combination of lattice QCD and chiral perturbation theory may have for hadron phenomenology is emphasized with the prediction of the pion-baryon and strange-baryon sigma terms.


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## I. INTRODUCTION

The last few years have witnessed an impressive development of first-principles description of several hadronic observables by means of lattice QCD (lQCD) [1]. The studies of the lowest-lying baryon mass spectrum that have been undertaken by different collaborations using dynamical actions with light quark masses close to the physical point [2-8] are a remarkable example of this progress. The quark-mass dependence of the baryon masses provides information on their scalar structure, i.e. sigma terms. The importance that a modelindependent determination of these quantities have for dark matter searches has been recently pointed out [9].

Chiral perturbation theory ( $\chi \mathrm{PT}$ ), as the effective field theory of QCD at low-energies [10, 11] is a suitable tool to analyze the IQCD results. In principle, adjusting the proper lowenergy constants (LECs) one shall optimally reproduce the quark mass dependence of the lQCD results and extrapolate them to the physical point. $\chi$ PT also provides a framework to ascertain systematic errors like those given by the boundaries of the finite box in which the simulation is performed. However, a full understanding of current $2+1$-flavor lQCD results using $\mathrm{SU}(3)-\chi \mathrm{PT}$ is not yet available. A neat example in the baryon sector ( $\mathrm{B} \chi \mathrm{PT}$ ) is the difficulties found to describe the quark-mass dependence of the octet- and decupletbaryon masses [2, 12] within the heavy-baryon (HB) $\chi$ PT approach [13]. Different solutions, like the $\mathrm{SU}(2)$-flavor hyperon $\mathrm{B} \chi$ PT [14] or the use of different variants of cut-off renormalization [15, 16], have been proposed

Besides that, in the last decades there have been a sustained interest in the $\mathrm{SU}(3)-\mathrm{B} \chi \mathrm{PT}$ description of the baryonmasses [17]. Recently, it has been shown that a successful study of hyperon phenomenology can be achieved using the covariant approach of $\mathrm{SU}(3)-\mathrm{B} \chi$ PT [18]. Examples include the description of the baryon-octet magnetic moments [19, 20] the analysis of the semileptonic hyperon decays [18, 21] and the prediction of the magnetic dipole moments and electromagnetic structure of the decuplet resonances [22]. The power counting is restored [11] using the so-called extended-on-mass-shell (EOMS) renormalization scheme [23] and the con-
tributions of decuplet resonances are systematically and explicitly considered [20, 24]. A successful extension of this formalism to the analysis of the lQCD results may lead to important and far-reaching phenomenological applications.

The purpose of the present work is to explore the potential of the covariant formulation of $\mathrm{SU}(3)-\mathrm{B} \chi \mathrm{PT}$ to conciliate the description of hyperon phenomenology and the description of the quark mass dependence of $2+1$-flavor lQCD results, studying those of the PACS-CS collaboration on the baryonoctet and -decuplet masses [3]. We have chosen the PACS-CS results because they contain simulations around the physical point and with different strange-quark masses. This gives us an opportunity to study the extrapolation in both the pion and kaon masses. Moreover, the fine-grained lattices used by this collaboration, $a=0.0907$ (13) fm, allow to neglect the discretization errors in a first instance.

## II. FORMALISM

At $\mathcal{O}\left(p^{2}\right)$ the following terms in the chiral Lagrangian contribute to the octet and decuplet masses

$$
\begin{align*}
& \mathcal{L}_{B}^{(2)}=b_{0}\left\langle\chi_{+}\right\rangle\langle\bar{B} B\rangle+b_{D / F}\left\langle\bar{B}\left[\chi_{+}, B\right]_{ \pm}\right\rangle  \tag{1}\\
& \mathcal{L}_{T}^{(2)}=\frac{t_{0}}{2} \bar{T}_{\mu}^{a b c} g^{\mu \nu} T_{\nu}^{a b c}\left\langle\chi_{+}\right\rangle+\frac{t_{D}}{2} \bar{T}_{\mu}^{a b c} g^{\mu \nu}\left(\chi_{+}, T_{\nu}\right)^{a b c}
\end{align*}
$$

where $\langle X\rangle$ is the trace in flavor space and $\left(X, T_{\mu}\right)^{a b c} \equiv$ $(X)_{d}^{a} T_{\mu}^{d b c}+(X)_{d}^{b} T_{\mu}^{a d c}+(X)_{d}^{c} T_{\mu}^{a b d}$. In the Eqs. (1), $\chi_{+}$ introduces the explicit chiral symmetry breaking, and the coefficients $b_{0}, b_{D}, b_{F}$, and $t_{0}, t_{D}$ are unknown LECs.

For the calculation of the leading loop contributions to the masses with pseudoscalar mesons ( $\phi$ ), octet- $(B)$ and decuplet-baryons ( $T$ ) we use the lowest-order $\phi B$ Lagrangian and the $\phi B T$ and $\phi T$ ones of Refs. [20, 22]. The Lagrangians involving decuplet-baryons are consistent in the sense that they constrain the unphysical degrees of freedom contained in the relativistic spin-3/2 fields [24]. We take the values $D=$ 0.80 and $F=0.46$ for the $\phi B$ couplings, and $\mathcal{C}=1.0$ [20] and $\mathcal{H}=1.13$ [22] for the $\phi B T$ and $\phi T$ ones. Notice that

TABLE I: Results of the fits to the physical values of the baryon-octet masses (in MeV ) in $\mathrm{B} \chi$ PT up to NLO.

|  | GMO | HB | Covariant | Expt. |
| :---: | :---: | :---: | :---: | :---: |
| $M_{N}$ | $942(2)$ | $939(2)$ | $941(2)$ | $940(2)$ |
| $M_{\Lambda}$ | $1115(1)$ | $1116(1)$ | $1116(1)$ | $1116(1)$ |
| $M_{\Sigma}$ | $1188(4)$ | $1195(4)$ | $1190(4)$ | $1193(5)$ |
| $M_{\Xi}$ | $1325(3)$ | $1315(3)$ | $1322(3)$ | $1318(4)$ |
| $M_{B 0}^{\text {eff }}[\mathrm{MeV}]$ | $1192(5)$ | $2422(5)$ | $1840(5)$ |  |
| $b_{D}\left[\mathrm{GeV}^{-1}\right]$ | $0.060(4)$ | $0.412(4)$ | $0.199(4)$ |  |
| $b_{F}\left[\mathrm{GeV}^{-1}\right]$ | $-0.213(2)$ | $-0.781(2)$ | $-0.530(2)$ |  |

due to the factor 2 of difference between the HB and covariant conventions on $\mathcal{C}$ and $\mathcal{H}$ [20, 22], our value for $\mathcal{C}$ is larger than the one often used in the HB literature [17]. For the meson decay constant we take an average $F_{\phi} \equiv 1.17 f_{\pi}$ with $f_{\pi}=92.4 \mathrm{MeV}$. For the masses of the pseudoscalar mesons we use $m_{\pi} \equiv m_{\pi^{ \pm}}=139 \mathrm{MeV}, m_{K} \equiv m_{K^{ \pm}}=494 \mathrm{MeV}$. The mass of the $\eta$ meson is fixed with the Gell-Mann-Okubo mass relation, $3 m_{\eta}^{2}=4 m_{K}^{2}-m_{\pi}^{2}$.

At $\mathcal{O}\left(p^{2}\right)$, the Lagrangians in Eqs. (1) give a tree-level contribution and provide the leading $\mathrm{SU}(3)$-breaking to the chiral limit masses $M_{B 0}$ and $M_{D 0}$ appearing in the free Lagrangians. The breaking is linear in the quark masses and leads to the Gell-Mann-Okubo mass relation for the octet, $3 M_{\Lambda}+M_{\Sigma}-2\left(M_{N}+M_{\Xi}\right)=0$, and the Gell-Mann decuplet equal spacing rules, $M_{\Sigma^{*}}-M_{\Delta}=M_{\Xi^{*}}-M_{\Sigma^{*}}=$ $M_{\Omega^{-}}-M_{\Xi^{*}}$ [17]. In the following, we refer to these results that we recover in $\mathrm{B} \chi \mathrm{PT}$ at the leading order (LO) calculation of the self-energy as the Gell-Mann-Okubo (GMO) results.

The next-to-leading order (NLO) contribution to the selfenergy of the baryons is given at $\mathcal{O}\left(p^{3}\right)$ by the leading loop diagrams [17]. These only depend on phenomenologically determined couplings and masses and no new unknown LECs are introduced at this order. We calculate the loops in the covariant approach and recover the power-counting using the EOMS renormalization prescription introduced in Ref. [23] and generalized for the decuplet loops in Ref. [20]. From the covariant results we have obtained the HB ones by defining $M_{D}=M_{B}+\delta$ and expanding the loop-functions about the limit $M_{B} \rightarrow \infty$ [17]. A full presentation of the NLO results used in this work can be found in the Appendix.

## III. RESULTS

## A. Analysis of experimental data

In Table $\square$ we present the results of fits to the physical values of the baryon-octet masses in $\mathrm{B} \chi \mathrm{PT}$ up to $\mathcal{O}\left(p^{3}\right)$. We assign an error bar to the experimental values that accounts for the mass splitting within any isospin multiplet with a minimum error of 1 MeV for the isospin singlets. The term associated to $b_{0}$ in Eqs. (1) cannot be disentangled from $M_{B 0}$ when comparing to the experimental data [17]. Therefore, we

TABLE II: Results of the fits to the physical values of the baryondecuplet masses (in MeV ) in $\mathrm{B} \chi$ PT up to NLO.

|  | GMO | HB | Covariant | Expt. |
| :---: | :---: | :---: | :---: | :---: |
| $M_{\Delta}$ | $1233(2)$ | $1235(2)$ | $1234(2)$ | $1232(2)$ |
| $M_{\Sigma^{*}}$ | $1380(1)$ | $1372(1)$ | $1376(1)$ | $1385(4)$ |
| $M_{\Xi^{*}}$ | $1526(1)$ | $1518(1)$ | $1523(1)$ | $1533(4)$ |
| $M_{\Omega^{-}}$ | $1672(1)$ | $1673(1)$ | $1673(1)$ | $1672(1)$ |
| $M_{D 0}^{\text {eff }}[\mathrm{MeV}]$ | $1215(2)$ | $1763(2)$ | $1519(2)$ |  |
| $t_{D}\left[\mathrm{GeV}^{-1}\right]$ | $-0.326(2)$ | $-0.960(2)$ | $-0.694(2)$ |  |

define $M_{B 0}^{\text {eff }}=M_{B 0}-b_{0}\left(4 m_{K}^{2}+2 m_{\pi}^{2}\right)$ and perform the fits using $M_{B 0}^{e f f}, b_{D}$ and $b_{F}$ as free parameters. Equivalently, we present in Table $\Pi$ the $\mathrm{B} \chi$ PT results for the decuplet-baryons with $M_{D 0}^{e f f}=M_{D 0}-t_{0}\left(2 m_{K}^{2}+m_{\pi}^{2}\right)$ and $t_{D}$ as the fitting parameters. The octet-decuplet mass splitting is fixed to the separation between the averaged physical masses, $\delta=231$ MeV , in the diagrams with baryons of both multiplets.

As we have seen above, the starting point for a description of the $\mathrm{SU}(3)$-breaking expansion of the lowest-lying baryon masses in $\mathrm{B} \chi \mathrm{PT}$ is the GMO relations which are known to work with an accuracy of $\sim 7 \mathrm{MeV}$. This is reflected by the good numerical results of the fit shown in the first column of Tables $\square$ and $\Pi$ A puzzling and well known feature of the leading chiral loops is that they preserve the GMO equations within $\sim 10 \mathrm{MeV}$ whereas the corrections given to any of the masses $\left(\delta M_{B / T}\right)$ are of order $\sim 100-1000 \mathrm{MeV}$ [17, 25]. Indeed, in Table $\square$ we see that at NLO the description for the octet is improved few MeV despite large higher-order contributions to the masses, i.e. $\delta M_{N}=-228 \mathrm{MeV}$ or $\delta M_{\Xi}=$ -799 MeV in the covariant approach (in HB the corrections are almost doubled). In the case of the decuplet resonances (Table III) at NLO the description in the covariant approach is reasonably good, despite again the large chiral corrections to the masses, i.e. $\delta M_{\Delta}=-324$ or $\delta M_{\Omega^{-}}=-821 \mathrm{MeV}$.

## B. Analysis of $1 Q C D$ results

For the study of the lQCD results, the convergence properties of the different approaches to $\chi \mathrm{PT}$ are more critical because of the larger quark mass involved in the simulations. In the following, we extend our analysis to the 2+1-flavor lQCD results, in particular to those reported by the PACS-CS collaboration in Ref. [3]. We choose the points for which both the pion and kaon masses are below 600 MeV which is a limit of the meson mass we deem acceptable for the convergence of covariant $\mathrm{SU}(3)-\mathrm{B} \chi$ PT up to NLO [19, 20]. Namely, we take the lightest three lattice points, including one with a lighter strange quark mass, for each baryon. The masses in physical units are obtained using the lattice spacing $a=0.0907(13)$ fm , where $a$ is determined using the physical values of $m_{\pi}$, $m_{K}$ and $M_{\Omega^{-}}$[3].

The analysis of the lQCD results disentangles the singlet parts $b_{0}$ and $t_{0}$ from the respective chiral limit masses. There-

TABLE III: Extrapolation in MeV and values of the LECs from the fits to the PACS-CS results [3] on the baryon masses using B $\chi$ PT up to NLO. The $\chi^{2}$ is the estimator for the fits to the lQCD results whereas $\bar{\chi}^{2}$ include also experimental data. See the text for details.

|  | GMO | HB | Covariant | Expt. |
| :---: | :---: | :---: | :---: | :---: |
| $M_{N}$ | $971(22)$ | $764(21)$ | $893(19)(39)$ | $940(2)$ |
| $M_{\Lambda}$ | $1115(21)$ | $1042(20)$ | $1088(20)(14)$ | $1116(1)$ |
| $M_{\Sigma}$ | $1165(23)$ | $1210(22)$ | $1178(24)(7)$ | $1193(5)$ |
| $M_{\Xi}$ | $1283(22)$ | $1392(21)$ | $1322(24)(20)$ | $1318(4)$ |
| $M_{\Delta}$ | $1319(28)$ | $1264(22)$ | $1222(24)(49)$ | $1232(2)$ |
| $M_{\Sigma^{*}}$ | $1433(27)$ | $1466(22)$ | $1376(24)(29)$ | $1385(4)$ |
| $M_{\Xi^{*}}$ | $1547(27)$ | $1622(23)$ | $1531(25)(8)$ | $1533(4)$ |
| $M_{\Omega^{-}}$ | $1661(27)$ | $1733(25)$ | $1686(28)(13)$ | $1672(1)$ |
| $M_{B 0}[\mathrm{MeV}]$ | $900(39)$ | $508(32)$ | $756(32)$ |  |
| $b_{0}\left[\mathrm{GeV}^{-1}\right]$ | $-0.264(24)$ | $-1.656(19)$ | $-0.978(38)$ |  |
| $b_{D}\left[\mathrm{GeV}^{-1}\right]$ | $0.042(9)$ | $0.368(9)$ | $0.190(24)$ |  |
| $b_{F}\left[\mathrm{GeV}^{-1}\right]$ | $-0.174(7)$ | $-0.824(6)$ | $-0.519(19)$ |  |
| $M_{D 0}\left[\mathrm{MeV}^{-V}\right]$ | $1245(48)$ | $1117(32)$ | $954(37)$ |  |
| $t_{0}\left[\mathrm{GeV}^{-1}\right]$ | $-0.12(5)$ | $-0.709(37)$ | $-1.05(8)$ |  |
| $t_{D}\left[\mathrm{GeV}^{-1}\right]$ | $-0.254(10)$ | $-0.739(10)$ | $-0.682(20)$ |  |
| $\chi_{\text {d.o.f. }}^{2}$ | 0.63 | 9.2 | 2.1 |  |
| $\bar{\chi}_{\text {d.o.f. }}^{2}$ | 4.2 | 36.6 | 2.8 |  |

fore we perform fits of the 7 parameters, $M_{B 0}, b_{0}, b_{D}, b_{F}$, $M_{D 0}, t_{0}$ and $t_{D}$, to the chosen 24 lattice points that we assume to have independent statistical errors ( $\sigma_{i}$ ) but fully-correlated errors propagated from $a\left(\Delta a_{i}\right)$. Our $\chi^{2}$ incorporates the inverse of the resulting $24 \times 24$ correlation matrix $C_{i j}=$ $\sigma_{i} \sigma_{j} \delta_{i j}+\Delta a_{i} \Delta a_{j}$. Besides, the fits to the octet and decuplet masses are connected through the diagrams with baryons of both multiplets. Finally, the finite volume corrections have been calculated in the covariant approach and included to the analysis [26]. The largest corrections are found for $M_{N}(-7$ $\mathrm{MeV})$ in the octet and for $M_{\Delta}(-25 \mathrm{MeV})$ in the decuplet at the lightest lattice point, for which $m_{\pi} L \simeq 2<4$ [3]. Thus there could be further finite volume uncertainties at this point, although we do not expect them to have a big influence in the fits given the large statistical error bars assigned to the corresponding simulated baryon masses.

The results of the fits are shown in Table III The error bar quoted in the GMO and HB columns and the first one assigned to the covariant results are the uncertainties propagated from the fitted parameters. The second error bar in the covariant results is a theoretical uncertainty coming from the truncation of the chiral expansion which is estimated by taking $1 / 2$ of the difference between the results obtained at LO and NLO.

At LO (GMO) the description of the lattice points has a $\chi_{\text {d.o.f. }}^{2}$ that is smaller than one and the values of the masses extrapolated to the physical point are quite good. The extrapolation is expected to improve with the addition of the leading non-analytic chiral terms at NLO. However, in the HB approach the description of the quark-mass dependence is much worse and the extrapolated values are $\sim 100 \mathrm{MeV}$ off the experimental ones. This is consistent with the problems reported


FIG. 1: (Color on-line) Extrapolation of the PACS-CS results [3] on the lowest-lying baryon masses within the covariant formulation of $\operatorname{SU}(3)-\mathrm{B} \chi$ PT up to NLO. The 1QCD points used in the fit are represented with the corresponding error bars which do not include the correlated uncertainties. The lattice points in $m_{\pi}^{2} \simeq 0.15 \mathrm{GeV}^{2}$ involve a lighter strange quark mass. The diamonds denote our results after the fit and they are connected by a dotted line added to guide the eye. The boxes are lattice points not included in the fit (heavier kaon mass) and the filled diamonds are the extrapolated values which are to be compared with experimental data (crosses). The latter are slightly shifted for a better comparison with the extrapolation results.
in Refs. [2, 12] where reasonable fits using $\mathrm{SU}(3)-\mathrm{HB} \chi \mathrm{PT}$ are only obtained with unreasonably small values (even compatible with zero) of the $\phi B$ and $\phi B T$ couplings.

On the other hand, in the covariant formulation of $\mathrm{SU}(3)$ $\mathrm{B} \chi \mathrm{PT}$, a good description of the lQCD results can be achieved using the phenomenological values for these couplings. Moreover, the comparison between the extrapolated values in the covariant and GMO frameworks suggests the importance of the non-analytic chiral structure nearby the physical point. This can be more quantitatively assessed including the experimental data into the fits. Their quality is shown in Table III through the corresponding estimator that we denote by $\bar{\chi}_{\text {d.o.f. }}^{2}$. We indeed see that the covariant approach accommodates the PACS-CS results and experimental data manifestly better than the GMO based model. This improvement, obtained at NLO in covariant $\mathrm{SU}(3)-\mathrm{B} \chi \mathrm{PT}$, highlights the effect of the leading non-analytical terms in the extrapolation even from light quark masses as small as those used in Ref. [3] ( $m_{\pi} \simeq 156$ $\mathrm{MeV})$. We have also studied the role of the meson-baryon couplings by treating them as free parameters in the fit. The fitted values turn out to be consistent with the phenomenological ones, albeit with relatively large uncertainties.

In Fig. 1 we show the quark-mass dependence of the

TABLE IV: Predictions on the $\sigma_{\pi}$ and $\sigma_{s}$ terms (in MeV ) in covariant $\mathrm{SU}(3)-\mathrm{B} \chi$ PT after fitting the LECs to the PACS-CS results.

|  | $N$ | $\Lambda$ | $\Sigma$ | $\Xi$ | $\Delta$ | $\Sigma^{*}$ | $\Xi^{*}$ | $\Omega^{-}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\sigma_{\pi}$ | $59(2)(17)$ | $39(1)(10)$ | $26(2)(5)$ | $13(2)(1)$ | $55(4)(18)$ | $39(3)(13)$ | $22(3)(7)$ | $5(2)(1)$ |
| $\sigma_{s}$ | $-4(23)(25)$ | $126(26)(35)$ | $159(27)(45)$ | $267(31)(50)$ | $56(24)(1)$ | $160(28)(7)$ | $274(32)(9)$ | $360(34)(26)$ |

baryon masses in covariant $\mathrm{SU}(3)-\mathrm{B} \chi \mathrm{PT}$ compared to the PACS-CS results. As we can see in the figure, the light and strange quark mass dependence of the PACS-CS results on the masses are very well described in covariant $\mathrm{SU}(3)-\mathrm{B} \chi \mathrm{PT}$. The comparison of the heavy kaon points (boxes) with our results indicates that the agreement between the PACS-CS calculation and the $\mathrm{SU}(3)-\mathrm{B} \chi \mathrm{PT}$ NLO amplitude is still quite good at these relatively large quark masses.

## C. Determination of LECs and baryonic $\sigma$-terms

The last issue we address in this work concerns the determination of the LECs of $\operatorname{SU}(3)-\mathrm{B} \chi$ PT using 2+1-flavor simulations. Namely, we can see in Table III that the values of $b_{D}$, $b_{F}$ and $t_{D}$ obtained in the covariant approach closely agree with those shown in Tables $\Pi$ and $\Pi$ which are obtained fitting experimental data. The lQCD results also allow to fix $M_{B 0}$ and $M_{D 0}$ separately from $b_{0}$ and $t_{0}$ and to study the convergence. Indeed, we have checked that the overall NLO loop contributions to the baryon masses are about $50 \%-60 \%$ those obtained at LO, which is consistent with the convergence expected for the $\mathrm{SU}(3)$-flavor chiral expansion.

Nevertheless, the most relevant consequence of fixing the LECs within a reliable combination of 1QCD and $\chi$ PT is that it may lead to solid predictions. This can be illustrated in the scalar sector with the determination of the sigma terms from the analysis of the masses through the Hellman-Feynman theorem [16, 17]. In Table [V] we present the results on $\sigma_{\pi}$ and $\sigma_{s}$ after fitting the LECs to the PACS-CS results and with the uncertainties determined as has been discussed above for the masses. It is interesting to note that our results for the baryon octet are in agreement with those of Ref. [16] obtained within the cut-off renormalized $\mathrm{B} \chi \mathrm{PT}$.

## IV. CONCLUSIONS

In summary, we have explored the applicability of the covariant formulation of $\mathrm{SU}(3)-\mathrm{B} \chi \mathrm{PT}$ within the EOMS scheme to analyze current 2+1-flavor lQCD data, i.e. the results of the PACS-CS on the baryon masses. In contrast with the problems found in HB, the covariant approach is able to describe simultaneously the experimental data and PACS-CS results. Moreover, we have found that the consistency between both is improved from the good linear extrapolation obtained at LO (GMO) with the inclusion of the leading non-analytic terms. This is achieved despite that the small light quark masses from which we perform the extrapolation are very close to the physical point. The success of a $\mathrm{SU}(3)-\mathrm{B} \chi \mathrm{PT}$ approach to de-


FIG. 2: Feynman diagrams contributing to the octet- and decupletbaryons ( $B$ and $T$ respectively) up to $\mathcal{O}\left(p^{3}\right)$ in $\chi \mathrm{PT}$. The solid lines correspond to octet-baryons, double lines to decuplet-baryons and dashed lines to mesons. The black dotes indicate $1^{\text {st }}$-order couplings while boxes, $2^{\text {nd }}$-order couplings.
scribe current $2+1$-flavor lQCD results may have important phenomenological applications, as has been shown with the determination of the $\sigma$ terms. Furthermore, it is necessary to stress that the present study has been based in one lattice spacing. Discretization uncertainties may still be sizable for some of the baryons and these should be studied more carefully in the future. An analysis of lQCD results obtained by other collaborations is in progress.

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## VI. APPENDIX

In Figure 2]we show the Feynman diagrams that contribute to the self-energy of the lowest-lying baryons in $\chi \mathrm{PT}$ up to $\mathcal{O}\left(p^{3}\right)$ or NLO. At $\mathcal{O}\left(p^{2}\right)$ the tree-level contribution $(a)$ of Fig. 2 introduces the LECs, $b_{0}, b_{D}, b_{F}, t_{0}$ and $t_{D}$, that provide the $\mathrm{LO} \mathrm{SU}(3)$-breaking corrections to the chiral limit masses appearing in the free Lagrangians

$$
\begin{equation*}
M_{\mathcal{B}}^{(2)}=M_{0}-\sum_{\phi=\pi, K} \xi_{\mathcal{B}, \phi}^{(a)} m_{\phi}^{2} \tag{2}
\end{equation*}
$$

where we are explictly using the Gell-Mann-Okubo (GMO) equation to relate the $\eta, \pi$ and $K$ masses. With $\mathcal{B}$ we denote both octet- and decuplet-baryons $\mathcal{B}=N, \Lambda, \Sigma, \Xi$ or $\Delta, \Sigma^{*}$,
$\Xi^{*}, \Omega^{-}$and $M_{0}=M_{B 0}$ or $M_{D 0}$ respectively. The coefficients $\xi_{\mathcal{B}, M}^{(a)}$ are $\mathrm{SU}(3)$ Clebsch-Gordan coefficients that can be found in Table V

At $\mathcal{O}\left(p^{3}\right)$ the graphs (b) and (c) give the NLO $\mathrm{SU}(3)$ breaking corrections to the baryon masses

$$
\begin{equation*}
M_{\mathcal{B}}^{(3)}=M_{\mathcal{B}}^{(2)}+\frac{1}{\left(4 \pi F_{\phi}\right)^{2}} \sum_{\substack{\phi=\pi, K, \eta \\ \alpha=b, c}} \xi_{\mathcal{B}, \phi}^{(\alpha)} H_{X}^{(\alpha)}\left(m_{\phi}\right) \tag{3}
\end{equation*}
$$

The coefficients $\xi_{\mathcal{B}, M}^{(\alpha)}$ are again Clebsch-Gordan coefficients that can be found in Table $\nabla$ and $H_{X}^{(\alpha)}(m)$ are loop functions which are different for octet $(X=B)$ or decuplet $(X=T)$ external baryon lines. The loop functions can be cast in a compact form in term of Feynman-parameter integrals

$$
\begin{align*}
& H_{B}^{(b)}=-\frac{M_{B 0}^{3}}{2} \int_{0}^{1} d x\left(\left(x^{3}+3(x+1) \overline{\mathcal{M}}_{B}^{(b)}\right)\right. \\
& \left.\times\left(\lambda_{\varepsilon}+\log \left(\frac{\overline{\mathcal{M}}_{B}^{(b)}}{\bar{\mu}_{B}^{2}}\right)\right)-(2 x+1) \overline{\mathcal{M}}_{B}^{(b)}\right)  \tag{4}\\
& H_{B}^{(c)}=-\frac{3 M_{B 0}}{4}\left(\frac{1}{R}\right)^{2} \int_{0}^{1} d x((1-x)+R) \overline{\mathcal{M}}_{B}^{(c)} \\
& \times\left(\lambda_{\varepsilon}+\log \left(\frac{\overline{\mathcal{M}}_{B}^{(c)}}{\bar{\mu}_{B}^{2}}\right)\right)  \tag{5}\\
& H_{T}^{(b)}=-\frac{3 M_{D 0}^{3}}{4} \int_{0}^{1} d x(r+(1-x)) \overline{\mathcal{M}}_{T}^{(b)} \\
& \times\left(\lambda \varepsilon+\log \left(\frac{\overline{\mathcal{M}}_{T}^{(b)}}{\bar{\mu}_{T}^{2}}\right)-1\right)  \tag{6}\\
& \quad H_{T}^{(c)}=-\frac{M_{D 0}^{3}}{20} \int_{0}^{1} d x(2-x) \overline{\mathcal{M}}_{T}^{(c)} \\
& \quad \times\left(15\left(\lambda_{\varepsilon}+\log \left(\frac{\overline{\mathcal{M}}_{T}^{(c)}}{\bar{\mu}_{T}^{2}}\right)\right)+11\right) \tag{7}
\end{align*}
$$

In the last equations we use the dimensionless quantities $R=M_{D 0} / M_{B 0}$ and $r=1 / R=M_{B 0} / M_{D 0}$ for the baryon masses and $\bar{\mu}_{B}=\mu / M_{B 0}$ or $\bar{\mu}_{T}=\mu / M_{D 0}$ for the renormalization scale. Moreover, $\overline{\mathcal{M}}_{B / T}^{(\alpha)}=\mathcal{M}_{B / T}^{(\alpha)} / M_{B 0 / D 0}$, where $\alpha=b$ or $c$ and
$\mathcal{M}_{B / T}^{(b)}=(1-x) m^{2}+x M_{B 0}^{2}-x(1-x) M_{B 0 / D 0}^{2}-i \epsilon$, $\mathcal{M}_{B / T}^{(c)}=(1-x) m^{2}+x M_{D 0}^{2}-x(1-x) M_{B 0 / D 0}^{2}-i \epsilon$,
with $m$ the mass of the meson $\phi$ in the loop.
The loop-integrals in Eqs. (4)-(7) contain the divergent piece $\lambda_{\varepsilon}=-\mu^{2 \varepsilon} / \varepsilon-\log 4 \pi+\gamma_{E}$ and we cancel it renormalizing the LECs in the $\overline{M S}$-scheme. The resulting loopfunctions still contain analytical finite pieces that break the power counting. We absorb them into the LECs within an extension of the $\overline{M S}$-scheme called EOMS-renormalization
scheme [20, 23]. This is equivalent to redefining the $\overline{M S}$ renormalized LECs as

$$
\begin{align*}
& \tilde{M}_{B 0}^{r}(\mu)=M_{B 0}^{r}(\mu) \\
& +\frac{M_{B 0}^{3}}{24 \pi^{2} F_{\phi}^{2}}\left[\left(5 D^{2}+9 F^{2}\right)\left(2 \log \left(\bar{\mu}_{B}\right)+1\right)-5 \mathcal{C}^{2} f_{0}(\mu)\right] \\
& \tilde{b}_{0}^{r}(\mu)=b_{0}^{r}(\mu) \\
& +\frac{M_{B 0}}{144 \pi^{2} F_{\phi}^{2}}\left[\left(13 D^{2}+9 F^{2}\right)\left(\log \left(\bar{\mu}_{B}\right)+1\right)+\frac{7 \mathcal{C}^{2}}{12} f(\mu)\right], \\
& \tilde{b}_{D}^{r}(\mu)=b_{D}^{r}(\mu) \\
& -\frac{M_{B 0}}{32 \pi^{2} F_{\phi}^{2}}\left[\left(D^{2}-3 F^{2}\right)\left(\log \left(\bar{\mu}_{B}\right)+1\right)+\frac{\mathcal{C}^{2}}{18} f(\mu)\right] \\
& \quad \tilde{b}_{F}^{r}(\mu)=b_{F}^{r}(\mu) \\
& \quad+\frac{M_{B 0}}{48 \pi^{2} F_{\phi}^{2}}\left[5 D F\left(\log \left(\bar{\mu}_{B}\right)+1\right)+\frac{5 \mathcal{C}^{2}}{72} f(\mu)\right] \\
& \tilde{M}_{D 0}^{r}(\mu)=M_{D 0}^{r}(\mu) \\
& \quad+\frac{M_{D 0}^{3}}{576 \pi^{2} F_{\phi}^{2}}\left[\frac{10 \mathcal{H}^{2}}{9}\left(60 \log \left(\bar{\mu}_{T}\right)+53\right)+\mathcal{C}^{2} g_{0}(\mu)\right] \\
& \tilde{t}_{0}^{r}(\mu)=t_{0}^{r}(\mu) \\
& \quad+\frac{M_{D 0}}{576 \pi^{2} F_{\phi}^{2}}\left[\frac{25 \mathcal{H}^{2}}{27}\left(30 \log \left(\bar{\mu}_{T}\right)+49\right)+\mathcal{C}^{2} g(\mu)\right] \\
& \tilde{t}_{D}^{r}(\mu)=t_{D}^{r}(\mu) \\
& +\frac{M_{D 0}}{1728 \pi^{2} F_{\phi}^{2}}\left[\frac{5 \mathcal{H}^{2}}{3}\left(30 \log \left(\bar{\mu}_{T}\right)+49\right)+\mathcal{C}^{2} g(\mu)\right],(8) \tag{8}
\end{align*}
$$

where the functions $f_{0}, f, g_{0}$ and $g$

$$
\begin{align*}
& f_{0}(\mu)=\left(6 R^{6}+12 R^{5}-9 R^{4}-48 R^{3}-14 R^{2}+20 R\right. \\
& +12\left(1-2 R\left(3 R^{2}+R-1\right)\right) \log \left(\bar{\mu}_{B}\right) \\
& -12(R-1)^{3}(R+1)^{5} \log (R) \\
& +6\left(2 R\left(3 R^{2}+R-1\right)-1\right) \log \left(R^{2}\right) \\
& \left.+6(R-1)^{3}(R+1)^{5} \log \left(R^{2}-1\right)+10\right) /\left(48 R^{2}\right), \\
& f(\mu)=\left(6 R^{4}+9 R^{3}+3 R^{2}+9 R+6(3 R+2) \log \left(\bar{\mu}_{B}\right)\right. \\
& -6\left(2 R^{6}+3 R^{5}-3 R-2\right) \log (R)-3(3 R+2) \log \left(R^{2}\right) \\
& \left.+\left(6 R^{6}+9 R^{5}-9 R-6\right) \log \left(R^{2}-1\right)+7\right) \\
& g_{0}(\mu)=\left(-6(r-1)^{3} \log \left(\frac{1}{r^{2}}-1\right)(r+1)^{5}+\right. \\
& r(r(3 r(r(3-2 r(r+2))+28)+26)-32) \\
& \left.-12\left(1-2 r\left(3 r^{2}+r-1\right)\right) \log \left(\frac{\bar{\mu}_{T}}{r}\right)-16\right) \\
& g(\mu)=3(2 r+3) \log \left(\frac{1}{r^{2}}\right) r^{5} \\
& +3(r(r+1)(2 r+1)+6) r+6(3 r+2) \log \left(\bar{\mu}_{T}\right) \\
& +3\left(2 r^{6}+3 r^{5}-3 r-2\right) \log \left(1-r^{2}\right)+13 \tag{9}
\end{align*}
$$

TABLE V: Coefficients of the loop-contribution to the self-energy Eq. (3) for any of the octet or decuplet baryons.

|  | $N$ | $\Lambda$ | $\Sigma$ | $\Xi$ | $\Delta$ | $\Sigma^{*}$ | $\Xi^{*}$ | $\Omega^{-}$ |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\xi_{\mathcal{B}, \pi}^{(a)}$ | $2 b_{0}+4 b_{F}$ | $\frac{2}{3}\left(3 b_{0}-2 b_{D}\right)$ | $2 b_{0}+4 b_{D}$ | $2 b_{0}-4 b_{F}$ | $t_{0}+3 t_{D}$ | $t_{0}+t_{D}$ | $t_{0}-t_{D}$ | $t_{0}-3 t_{D}$ |
| $\xi_{\mathcal{B}, K}^{(a)}$ | $4 b_{0}+4 b_{D}-4 b_{F}$ | $\frac{2}{3}\left(6 b_{0}+8 b_{D}\right)$ | $4 b_{0}$ | $4 b_{0}+4 b_{D}+4 b_{F}$ | $2 t_{0}$ | $2 t_{0}+2 t_{D}$ | $2 t_{0}+4 t_{D}$ | $2 t_{0}+6 t_{D}$ |
| $\xi_{\mathcal{B}, \pi}^{(b)}$ | $\frac{3}{2}(D+F)^{2}$ | $2 D^{2}$ | $\frac{2}{3}\left(D^{2}+6 F^{2}\right)$ | $\frac{3}{2}(D-F)^{2}$ | $\frac{4}{3} \mathcal{C}^{2}$ | $\frac{10}{9} \mathcal{C}^{2}$ | $\frac{2}{3} \mathcal{C}^{2}$ | 0 |
| $\xi_{\mathcal{B}, K}^{(b)}$ | $\frac{1}{3}\left(5 D^{2}-6 D F+9 F^{2}\right)$ | $\frac{2}{3}\left(D^{2}+9 F^{2}\right)$ | $2\left(D^{2}+F^{2}\right)$ | $\frac{1}{3}\left(5 D^{2}+6 D F+9 F^{2}\right)$ | $\frac{4}{3} \mathcal{C}^{2}$ | $\frac{8}{9} \mathcal{C}^{2}$ | $\frac{4}{3} \mathcal{C}^{2}$ | $\frac{8}{3} \mathcal{C}^{2}$ |
| $\xi_{\mathcal{B}, \eta}^{(b)}$ | $\frac{1}{6}(D-3 F)^{2}$ | $\frac{2}{3} D^{2}$ | $\frac{2}{3} D^{2}$ | $\frac{1}{6}(D+3 F)^{2}$ | 0 | $\frac{2}{3} \mathcal{C}^{2}$ | $\frac{2}{3} \mathcal{C}^{2}$ | 0 |
| $\xi_{\mathcal{B}, \pi}^{(c)}$ | $\frac{16}{3} \mathcal{C}^{2}$ | $4 \mathcal{C}^{2}$ | $\frac{8}{9} \mathcal{C}^{2}$ | $\frac{4}{3} \mathcal{C}^{2}$ | $\frac{50}{27} \mathcal{H}^{2}$ | $\frac{80}{81} \mathcal{H}^{2}$ | $\frac{10}{27} \mathcal{H}^{2}$ | 0 |
| $\xi_{\mathcal{B}, K}^{(c)}$ | $\frac{4}{3} \mathcal{C}^{2}$ | $\frac{8}{3} \mathcal{C}^{2}$ | $\frac{40}{9} \mathcal{C}^{2}$ | $4 \mathcal{C}^{2}$ | $\frac{20}{27} \mathcal{H}^{2}$ | $\frac{160}{81} \mathcal{H}^{2}$ | $\frac{20}{9} \mathcal{H}^{2}$ | $\frac{40}{27} \mathcal{H}^{2}$ |
| $\xi_{\mathcal{B}, \eta}^{(c)}$ | 0 | 0 | $\frac{4}{3} \mathcal{C}^{2}$ | $\frac{4}{3} \mathcal{C}^{2}$ | $\frac{10}{27} \mathcal{H}^{2}$ | 0 | $\frac{10}{27} \mathcal{H}^{2}$ | $\frac{40}{27} \mathcal{H}^{2}$ |

depend only on the renormalization scale $\mu$ whenever the chiral-limit mass ratio $M_{B 0} / M_{D 0}$ is fixed.

Explicit analytical forms of the EOMS-regularized loop functions follow doing the Feynman-parameter integrals in Eqs. (4)-(7) and applying the redefinitions of Eqs. (9). One can obtain the heavy-baryon results taking $M_{D 0}=M_{B 0}+\delta$ with $\delta \sim \mathcal{O}(p)$ and expanding about $M_{B 0} \sim \infty$

$$
\begin{align*}
& H_{B}^{(b)} \simeq H_{D}^{(c)} \simeq-\pi m^{3} \\
& H_{B}^{(c)} \simeq-\left(\delta^{2}-\frac{3}{2} m^{2}\right) \delta \log \frac{m^{2}}{4 \delta^{2}}-\frac{m^{2} \delta}{2}-2 W(m, \delta) \\
& H_{T}^{(b)} \simeq\left(\delta^{2}-\frac{3}{2} m^{2}\right) \delta \log \frac{m^{2}}{4 \delta^{2}}+\frac{m^{2} \delta}{2}-2 W(m,-\delta) \tag{10}
\end{align*}
$$

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