

1 **Phenotypic diversity and relationships of fruit quality traits in peach**
2 **and nectarine [*Prunus persica* (L.) Batsch] breeding progenies**

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7 **Abstract**

8 Agronomic and fruit quality traits were evaluated and compared for three consecutive years on 1111 seedlings
9 coming from fifteen peach and nectarine breeding crosses, grown under a Mediterranean climate. Significant
10 differences among and within the different progenies were found for most of the traits analyzed. The breeding
11 population segregated for several Mendelian characters such as peach or nectarine fruit, round or flat fruit,
12 yellow or white flesh and freestone or clingstone. In addition, aborting fruit and flat fruit trees were found in our
13 progeny, and our data seem to support multi-allelic control of both flat shape and aborting fruit. The variation
14 within the progenies of some traits such as blooming and harvesting date, yield, fruit weight and SSC was
15 continuous, suggesting a polygenic inheritance. Relationships between qualitative pomological traits and these
16 agronomic and fruit quality parameters were also found. Valuable correlations among agronomic and fruit
17 quality parameters were found, although coefficients of variation depending on the progeny should be
18 considered. In addition, principal component analysis (PCA) revealed several relationships among quality traits
19 in the evaluated progenies. Based on this evaluation, 26 outstanding genotypes were pre-selected from the initial
20 breeding population for further studies.

21 **Keywords** Aborting fruit · Acidity · Fruit shape · Principal component analysis · Sugars · Yield

22 Introduction

23 Peach and nectarine [*Prunus persica* (L.) Batsch] are the second most important fruit crop in the
24 European Union (EU) (approx. 4.3 million tons) after apple (FAOSTAT 2007), and the most important within
25 the genus *Prunus*. Spain is the second producer in Europe and the third in the world with a production of more
26 than one million tons (FAOSTAT 2007). Among temperate fruit crops, the peach breeding industry is one of the
27 most dynamic and new cultivars are released every year (Fideghelli et al. 1998, Byrne 2002, Sansavini et al.
28 2006).

29 The creation of cultivars through controlled cross pollination in peach was first done by Thomas A.
30 Knight in 1806 (Brown 1975). At present, the most common method for producing new cultivars is via cross of
31 chosen parents. The resulting full-sib families are planted in trials from which the best genotypes, that share the
32 most appropriate combination of traits after evaluation, are selected (Scorza & Sherman 1996, Nicotra et al.
33 2002, Martínez-Calvo et al. 2006). The selected seedlings are then budded for clonal testing (Brown 1975). This
34 is the method used in the present work that deals with fifteen progenies derived from crosses between
35 commercial and/or pre-selected peach cultivars, reaching up to one thousand seedlings. We search for superior
36 peach and nectarine cultivars for the Spanish industry with good adaptation to Mediterranean conditions when
37 grown in the Ebro Valley, one of the biggest production areas in Europe. Most crosses were aimed at
38 development of improved yellow, melting flesh peaches with emphasis on red skin color, good size and firmness
39 and enhanced flavour. A few crosses in the program were made for development of improved yellow nectarines,
40 white flesh peaches and flat shape fruits (Moreno 2005, Cantín et al. 2006). Besides lowering the production
41 costs and improving pest and disease resistance, breeding objectives of this program also include extension of
42 the harvest season, development of new fruit types for areas with mild-winter climate areas, and improvement of
43 fruit quality (shape, flesh and skin colour, firmness, flavour, etc.). Like other temperate fruits, peach has chilling
44 and heat requirements for flowering. Early flowering is a desirable characteristic in many breeding programs in
45 Mediterranean areas to obtain the earliest yield (George & Nissen 1992) although spring frosts may reduce
46 production in some years. Extension of the harvest season with very early, as well as late-maturing peach
47 genotypes, is of considerable interest for the peach industry in this area, in order to supply the market for a
48 longer period of time (Carusso & Sottile 1999, Byrne 2003, Badenes et al. 2006, Martínez-Calvo et al. 2006).

49 On the other hand, breeders have traditionally selected primarily for external fruit quality (fruit size and
50 appearance), with organoleptic and nutritional traits being a secondary goal (Byrne 2002, Hilaire 2003).
51 However, nowadays fruit quality is fundamental for the acceptance of peach and nectarine cultivars by
52 consumers, due to the high competition in the market with numerous new released cultivars and other fruit
53 species (Crisosto & Crisosto 2005, Crisosto et al. 2006b, Iglesias & Echeverría 2009). Kramer and Twigg (1966)
54 defined quality as being composed of those chemical and physical characteristics that give a product consumer
55 appeal and acceptability. Skin appearance (colour and freedom from defects), texture, flavour and sugar and acid
56 content are key factors that determine high-quality fresh peaches and nectarines. The shape and proportions of
57 the fruit are also of interest to the consumers (Badenes et al. 2006). All these parameters may not be independent
58 from each other, and therefore, should be studied as a whole and should be considered in breeding programs
59 dealing with fruit quality.

60 Some important agronomic and fruit quality traits are controlled by major genes transmitted to the
61 offspring over Mendelian inheritance. Some of these traits are peach flesh texture (Bassi & Selli 1990), flesh
62 adhesion (Yamamoto et al. 2001), flesh colour (Connors 1920), skin colour (Yamamoto et al. 2001), non-acid
63 fruit (Monet 1979), skin hairiness (Dirlewanger et al. 1998), and fruit shape (Lesley 1940). However,
64 quantitatively inherited characters constitute the bulk of the variability selected during the breeding process in
65 fruit trees as in most cultivated species. Characters related with plant growth and architecture, yield, blooming
66 and harvesting times, and fruit quality, are usually of quantitative nature (Dirlewanger et al. 1999, Etienne et al.
67 2002). The quality parameters may not be independent of each other, and therefore, relationships among them
68 should be studied to improve the choice of production objectives. Previous studies carried out in peach (Byrne et
69 al. 1991, Génard et al. 1994, Esti et al. 1997, Génard et al. 1999) have found correlations among some
70 pomological traits related to the fruit quality.

71 Different studies have investigated the phenotypic diversity and relationships of fruit quality traits in
72 peach and nectarine and other fruits germplasm such as apricot (Byrne et al. 1991, Génard & Bruchou 1992,
73 Brooks et al. 1993, Esti et al. 1997, Ruiz & Egea 2008). However, there is limited information on the global
74 evaluation of fruit quality in breeding progenies and their relationships with pomological traits. In this study, we
75 investigated different agronomic and fruit quality parameters in fifteen peach and nectarine breeding populations
76 over three consecutive years.

77 The aims of this work were to evaluate the existing phenotypic diversity among and within the breeding
78 progenies, and to study the relationships among agronomic and fruit quality parameters, including qualitative
79 pomological traits linked to the fruit quality. In addition, principal component analysis was carried out to study
80 correlations among variables and to establish relationships among breeding crosses regarding fruit quality
81 attributes. The materials evaluated are representative of the germplasm available for peach breeding in the
82 Mediterranean area. The high number of genotypes, with large genetic variability for many fruit quality traits,
83 will improve the knowledge of the genetic studies on this crop and will constitute a helpful tool to be applied in
84 peach breeding programs.

85 Material and methods

86 *Plant material*

87 Fifteen controlled biparental crosses between nineteen peach and nectarine cultivars (Table 1) were
88 made during 2000 and 2001 in collaboration with Agromillora Catalana S.A. (Barcelona, Spain). The plant
89 material used as progenitors for the controlled crosses included ten commercial cultivars ('Andross', 'Babygold-
90 9', 'Big Top', 'Calante', 'Crown Princess', 'O'Henry', 'Orion', 'Red Top', 'Rich Lady' and 'Venus') and nine
91 experimental cultivars ('VAC-'). The assayed progenitors belonged to six different categories of fruit type:
92 yellow-fleshed freestone peach, white-fleshed freestone peach, yellow-fleshed clingstone peach, white-fleshed
93 clingstone peach, yellow-fleshed freestone nectarine and white-fleshed freestone nectarine. The resulting
94 seedlings were budded on the same rootstock (GF-677) and established (one tree per genotype) in an
95 experimental orchard at the Experimental Station of Aula Dei-CSIC (northern Spain, Zaragoza) in 2002. Trees
96 were trained to the standard open vase system and planted at a spacing of 4 m x 2.5 m. Hand thinning was
97 carried out to reduce fruit load when required. Trees were grown under standard conditions of irrigation,
98 fertilization and pest and disease control. Vegetative and fruit quality traits have been evaluated in a total of 1111
99 genotypes over three consecutive years (2005-2007). All traits were measured or scored for each seedling tree
100 separately over the three-year period and means of three years were calculated. Finally, superior genotypes were
101 selected by independent culling of the most important agronomic (harvest date and yield) and fruit quality traits
102 (fruit weight, soluble solids content, acidity, skin blush, endocarp staining and firmness) evaluated.

103

104 *Fruit Quality Trait Evaluation*

105 During the 2005, 2006 and 2007 seasons, agronomic and fruit quality traits were measured individually
106 in each seedling tree. Blooming date was recorded for each progeny according to Fleckinger (1945), i.e., the
107 average date for bloom beginning (E stage), full bloom (F stage) and bloom end (G stage) was scored in each
108 progeny. The mean harvesting date was also calculated for each progeny. Fruits were considered ripe in the tree
109 when their growth had stopped, they began softening, exhibited yellow or orange ground colour (which is also
110 representative for each cultivar) and were easily detached. Harvesting date ranged from late-May to mid-
111 September, depending on the genotypes.

112 Yield (kg/tree) was determined for each seedling tree and the total number of fruits was also recorded.
113 From these measurements the total average fruit weight was calculated. For the evaluation of fruit quality
114 parameters a representative sample consisting of 30 fruits per tree was selected. The agronomic characters
115 segregating as simple characters were recorded, i.e. peach or nectarine, yellow or white flesh, round or flat fruit,
116 aborting or non-aborting fruit, and freestone or clingstone. Some other pomological traits such as skin blush,
117 stone adhesion, endocarp staining, or fruit shape (diameters), were scored using the rating scales appropriated for
118 each of them. Skin blush was scored as the percentage of skin surface with red colour. Stone adhesion and
119 endocarp staining (redness around stone) were scored in an increasing arbitrary scale from 1 to 10. We also
120 measured the three dimensions of the whole fruit: height (H), suture diameter (SD) and cheek diameter (CD).
121 From these parameters, sphericity was calculated as H/SD and H/CD . The suture deformation index (SDI) was
122 estimated as SD/CD . The soluble solids content (SSC) of the juice was measured with a temperature
123 compensated refractometer (model ATC-1, Atago Co., Tokyo, Japan); and data are given as °Brix. The titratable
124 acidity (TA) was determined by titration with NaOH 0.1 N to pH 8.1 (AOAC 1984). Data are given as g malic
125 acid per 100 g fresh weight (FW), since this is the dominant organic acid in peach. Flesh firmness was
126 determined on opposite sides of the equator of each fruit with a penetrometer fitted with an 8-mm diameter probe
127 on five fruits from each tree. The two readings were averaged for each fruit, and data are given in Newtons (N).

128 *Data analysis*

129 All statistical analyses were performed using SPSS 17.0 for Windows (Chicago, IL). To obtain basic
130 statistics for the entire plant material studied, number of observed seedlings, maximum and minimum value,
131 mean, mean standard error and standard deviation for each trait were calculated. Results were analyzed by

132 considering cross and year as fixed factors, and seedling within crosses plus the interaction of seedling with year,
133 as the residual term. Differences between crosses for each trait were analyzed by Duncan's multiple range test (P
134 ≤ 0.05). When comparing different fruit types (peach or nectarine, round or flat, yellow or white flesh) t test ($P \leq$
135 0.05) was used. Correlation between traits to reveal possible associations was calculated with raw data based on
136 single plant estimates over the three years, using Pearson correlation coefficient at $P \leq 0.05$. Principal
137 components analysis (PCA) was performed with family means to determine the relationships among progenies
138 and to obtain an overview of correlation among fruit quality traits.

139 Results and discussion

140 *Blooming and harvesting dates*

141 Blooming and harvesting dates for the fifteen breeding progenies averaged over the three years of the
142 study are shown in Fig. 1. Early flowering is a desirable character in Mediterranean areas to obtain earliest yields
143 (George & Nissen 1992, Caruso & Sottile 1999) even though spring frosts may reduce production in some years.
144 Although no significant differences were found among progenies for the beginning of the bloom, higher
145 differences were observed for the full bloom and end of the bloom, due to the existing differences on the length
146 of the blooming period for different progenies. Blooming date is considered as a quantitative trait in peach and
147 other *Prunus* species (Dirlewanger et al. 1999, Vargas & Romero 2001). Thus, the differences for the blooming
148 date observed among the seedlings within any progeny from the fifteen breeding populations studied (data not
149 shown) were somehow expected.

150 Regarding harvesting time (Fig. 1), significant variations were found in the harvest season among the
151 tested genotypes ranging from late-May to mid-September. The earliest seedlings to be harvested (late-May)
152 belonged to the 'Red Top' x 'VAC-9513' progeny. The latest seedlings were those from the 'Andross' x
153 'Calante' progeny, which were harvested from mid-August to mid-September. The harvesting time showed a
154 normal distribution within each progeny for all the crosses (data not shown), reflecting a quantitative genetic
155 control. This trait has been established as characteristic of each cultivar, and quantitatively inherited
156 (Dirlewanger et al. 1999, Vargas & Romero 2001). This variability allows selecting the most interesting
157 harvesting date among the genotypes in order to cover market demands (Byrne 2003).

158 Although blooming and harvesting time may change every year depending on the environmental
159 conditions, especially temperature (Sánchez-Pérez et al. 2007, Mounzer et al. 2008, Ruiz & Egea 2008), the fruit
160 development period (number of days from full bloom to maturity) remained more or less stable for each seedling
161 over the three years of study (data not shown). The peach fruit development period is highly dependent on
162 cultivar (Jackson & Sherman 1980, Muñoz et al. 1986, Cunha et al. 2007, Cheng 2008, Mounzer et al. 2008),
163 however, previous research has shown an influence of spring temperatures on the harvest date of peach cultivars
164 (López & DeJong 2007). Very early-maturing, as well as very late-maturing peach genotypes, are of
165 considerable interest for the peach industry in the Mediterranean area (Caruso & Sottile 1999), and the main
166 difference between these genotypes is the length of their fruit development period (Mounzer et al. 2008). In the
167 present work, the fruit development period ranged from 80 to 130 days for all the progenies, except for
168 ‘Andross’ x ‘Calante’ which showed the longest period (approximately 150 days). Consequently, this was the
169 latest progeny to be harvested (Fig. 1). The shortest fruit development period (data not shown), and the earliest
170 harvest season, was found in ‘Andross’ x ‘Crown Princess’, ‘Red Top’ x ‘VAC-9513’ and ‘VAC-9520’ x ‘VAC-
171 9517’ progenies. This interesting trait, among others, was valued in the selection of eleven genotypes from these
172 three progenies.

173 *Cross influence on agronomic and fruit quality traits*

174 Cumulative and annual yield showed a large range of variation among the breeding seedlings (from 0.0
175 to 137.7 kg for cumulative yield and from 0.0 to 80.8 kg for annual yield). Both of them were significantly
176 different among the fifteen studied progenies (Table 1). ‘Andross’ x ‘VAC-9511’ and ‘Babygold-9’ x ‘VAC-
177 9510’ showed the significantly highest average cumulative yield (54.4 and 55.6 kg, respectively) and annual
178 yield (18.3 and 18.9 kg, respectively) among the progenies. On the other hand, ‘Andross’ x ‘Calante’ showed the
179 lowest cumulative and annual yield (13.5 and 5.8 kg, respectively) without being significantly different from
180 ‘Rich Lady’ x ‘VAC-9511’, ‘VAC-9512’ x ‘VAC-9511’ and ‘Venus’ x ‘Big Top’ progenies. The combination
181 of ‘Andross’ with ‘Crown Princess’, ‘Rich Lady’ and ‘VAC-9511’ resulted in higher productive progenies
182 whereas yields were dramatically decreased when it was crossed with ‘Calante’ cultivar. ‘O’Henry’ performed
183 similarly in terms of yield for any of the three studied crosses, inducing intermediate yields in their seedlings.
184 Significant differences among seedlings within the progenies were also found (data not shown). The observed
185 variability supports the quantitative genetic control of yield previously reported in peach (Dirlewanger et al.
186 1999, Dirlewanger et al. 2004).

187 Fruit weight is a major quantitative inherited factor determining yield, fruit quality and consumer
188 acceptability (Dirlewanger et al. 1999). There was more than a 10-fold range (28.9 to 370.3 g) in mean fruit
189 weight among the breeding seedlings, due to the influence of genotype, cultivar and type of fruit (flat and round
190 peach). This agrees with previous reports where high variability in this parameter has been described among
191 peach (Quilot et al. 2004a, Iglesias & Echeverría 2009) and apricot genotypes (Ruiz & Egea 2008). The highest
192 mean fruit weight was found in ‘Orion’ x ‘VAC-9510’ progeny (Table 1), in spite of being one of the most
193 productive crosses. ‘Babygold-9’ seemed to induce large fruits in its offspring, although the two other
194 progenitors, involved in crosses with this cultivar, also showed big fruits in different cross combinations. A
195 tendency of having higher mean fruit weight was found for the latest harvesting crosses, such as ‘Orion’ x
196 ‘VAC-9510’, ‘Babygold-9’ x ‘VAC-9510’ and ‘Andross’ x ‘Calante’ which is in agreement with previous
197 reports for peach and apricot, where a positive correlation between harvesting date and fruit weight has been
198 reported (Dirlewanger et al. 1999, López & DeJong 2007, Ruiz & Egea 2008). Conversely, ‘VAC-9520’ x
199 ‘VAC-9517’ showed the lowest fruit weight among the breeding progenies. ‘VAC-9517’ is a flat peach that
200 segregates in the progeny for the *S* gene, a dominant gene controlling fruit shape (*S*-, flat or *ss*, round) (Lesley
201 1940). This low fruit weight average observed in this progeny originated from a flat peach and it agrees with the
202 previous information indicating that reduction of fresh weight and productivity was detected in flat peach
203 seedlings by Lesley (1940). This reduction in fruit weight on flat peach or nectarine can be explained by the
204 proximity of the QTLs for fruit weight and the *S* gene reported by Dirlewanger et al. (1999). Our results are
205 corroborated by the significant difference found when comparing yield and fruit weight between round and flat
206 fruits (Table 2).

207 The finding of aborting fruits in some flat seedling trees from ‘VAC-9520’ x ‘VAC-9517’ progeny is
208 noticeable. From the whole progeny, 52% of the seedlings had non-aborting round fruits, 32% had non-aborting
209 flat fruits, whereas 16% had aborting flat fruits. This aborting fruit character was first reported by Dirlewanger et
210 al. (2006). Aborting fruit trees had flowers, but fruits started to fall 2 months after blooming. Fruits that fell
211 prematurely displayed a crack on the pistilar side, as observed by Dirlewanger et al. (2006). These authors
212 suggested that both characters, *flat fruit* and *aborting fruit*, are controlled by a single gene, and that the protein
213 encoded by this gene modulates fruit development. Therefore, the *s* recessive allele, responsible for the round
214 shape, seems to be a necessary gene for fruit development. However, they did not discard the possibility of two
215 linked genes: the dominant allele of the *S* gene being linked to the recessive allele of the *Af* gene. If *Flat fruit* and
216 *Aborting fruit* were separate loci, some round aborting fruit phenotypes would be expected to occur in our

217 progeny as recombinants between the loci. Thus, our morphological data supports the hypothesis by Dirlewanger
218 et al. (2006) that *S* and *Af* could be at the same locus, with different alleles. However, under their hypothesis, we
219 would have not found aborting fruits, since we do not have homozygous genotypes (SS) for flat locus in our
220 progeny. Therefore, we suggest the introduction of a third null allele (*n*) that has the same effect of the absence
221 of the *s* recessive allele, which is supposed to be necessary for fruit development. The understanding of this trait
222 is crucial since marker assisted selection could be used to identify genotypes which would bear no fruits at
223 maturity. Further investigation is necessary to elucidate the mechanism of this premature fall and its genetic
224 control.

225 Skin fruit colour has a significant impact on consumer acceptance and sales of peaches and nectarines
226 (Scorza & Sherman 1996, Liverani 2002). The percentage of skin blush on the fruit surface greatly varied among
227 the breeding seedlings (from 8 to 100%) and significant differences were also found among different progenies
228 (Table 1). ‘Rich Lady’ x ‘VAC-9511’ and ‘VAC-9512’ x ‘VAC-9511’ progenies showed the highest percentage
229 with more than 89% of blush colour on the fruit surface, which positively influences their attractiveness. On the
230 other hand, ‘Andross’ x ‘Calante’ showed the lowest percentage with less than 25%, having the least attractive
231 fruit among the crosses, since fruit colour intensity is nowadays positively related to consumer acceptance for
232 fresh market (Iglesias & Echeverría 2009). This unfavorable trait, in combination with low productivity, resulted
233 in no pre-selected genotypes from this progeny.

234 Significant differences were detected among progenies for soluble solids content (SSC) (Table 1). Even
235 though SSC values ranged from 7.6 to 24.6 °Brix among the breeding seedlings, most of them had SSC levels
236 greater than 11 °Brix. The highest value (24.6 °Brix) was recorded by a seedling derived from the cross between
237 ‘Venus’ (an acid nectarine) and ‘Big Top’ (a non-acid nectarine with high SSC). The minimum SSC established
238 by the EU to market peaches and nectarines is 8 °Brix [Commission Regulation (EC) No. 1861/2004 of 28
239 October 2004], although SSC below 11 °Brix are generally unacceptable to consumers (Kader 1994, Hilaire
240 2003, Crisosto & Crisosto 2005). However, the relationship between SSC and consumer acceptance is cultivar
241 specific, and there is not a single reliable SSC that assures a given percentage of satisfied consumers (Kader
242 1994, Hilaire 2003, Crisosto & Crisosto 2005). A tendency to show the highest SSC values can be observed in
243 the progenies with the latest harvesting date, such as ‘Andross’ x ‘Calante’, ‘O’Henry’ x ‘VAC-9514’ and
244 ‘O’Henry’ x ‘VAC-9515’ (Table 1), although no significant correlation was found between harvesting time and
245 SSC. A positive correlation between later harvesting date and SSC has been previously reported in peach and
246 apricot (Dirlewanger et al. 1999, Ruiz & Egea 2008). A high variability was also found for the SSC among

247 seedlings within the progenies (Cantín et al. 2006), which can be explained by the quantitative regulation of this
248 quality trait (Dirlewanger et al. 1999, Quilot et al. 2004b). This variability allows selecting the most interesting
249 seedlings in terms of sweetness, as it was the case of some early-selections from ‘VAC-9520’ x ‘VAC-9517’ and
250 ‘O’Henry’ x ‘VAC-9514’ progenies.

251 Regarding pH and TA, significant differences were also found among progenies because both are
252 cultivar dependent traits (Table 1). There was a five-fold range in TA (from 0.30 to 1.50 g malic acid per 100 g
253 FW) whereas pH ranged from 2.80 to 5.50. Because of different scales, a small change in pH represented a large
254 change in TA. The mean fruit juice pH of different progenies ranged from 3.32 to 3.63. These values are usual
255 for normal acidity fruit. Even in the progeny derived from a cross between the acid nectarine ‘Venus’ and the
256 non-acid ‘Big Top’, the average pH value was common for normal acid fruits. All the mean TA values, except
257 for the ‘VAC-9512’ x ‘VAC-9511’ progeny, were lower than 0.9%, which is considered the maximum limit for
258 normal acidity peaches (Hilaire 2003). Due to the strong correlation between TA and the perception of sourness
259 (Crisosto et al. 2006a), fruits from ‘VAC-9512’ x ‘VAC-9511’ would be the tartest among all the studied
260 progenies. TA also plays an important role in consumer acceptance for grapes (Nelson et al. 1973), cherries
261 (Crisosto et al. 2003) and kiwifruit (Marsh et al. 2004). However, the perception of acidity in the mouth depends
262 not only on the acid concentration but also on the type of acid (Pangborn 1963) and on the concentration and
263 type of sugars (Bassi & Selli 1990). The high TA, low SSC and consequently low ripening index showed by the
264 ‘VAC-9512’ x ‘VAC-9511’ progeny, together with its low yield and fruit weight, resulted in no interesting
265 progeny for the selection of high fruit quality genotypes.

266 Ripening indexes (RI) ranged from 6.5 to 45.7 among the breeding seedlings, depending on their SSC
267 and TA. The sugar-acid ratio is commonly used as a quality index (Robertson et al. 1989, Bassi & Selli 1990),
268 and higher ratios are usually preferred. Crisosto et al. (1997) reported a closer relationship of RI with eating
269 quality than that of TA or SSC individually, and Harker et al. (2002) reported that RI was the best predictor of
270 apple flavour. The RI also plays an important role in consumer acceptance of some peach, nectarine and plum
271 cultivars (Crisosto et al. 2004, Crisosto & Crisosto 2005, Iglesias & Echeverría 2009). The ‘Venus’ x ‘Big Top’
272 progeny showed the higher RI, being not significantly different from the ‘Andross’ x ‘Calante’ progeny (Table
273 1). As expected, higher RI values were usually found in families with the highest SSC. However, some of the
274 progenies with high SSC had low RI because of their high TA, as shown by the two progenies with ‘Rich Lady’
275 as a parent and in ‘VAC-9512’ x ‘VAC-9511’. Nevertheless, optimal sugar and acid contents for peaches and
276 nectarines are not universal criteria and they can change with diverse consumer ethnic groups (Crisosto et al.

277 2006a). High sugar contents and, to a lower extent, high acid contents seem to be favorable to fruit quality as
278 evaluated by consumers (Crisosto & Crisosto 2005). This equilibrated flavour, combined with other interesting
279 traits, was appreciated in the selection of some genotypes from 'VAC-9520' x 'VAC-9517' and 'Venus' x 'Big
280 Top' progenies. However, in a recent study with nectarines (Iglesias & Echeverría 2009) the consumer
281 acceptance was always greater for non-acid than for acid cultivars, even at early or advanced stages of fruit
282 maturity. Bassi and Selli (1990) also reported that the high acidity explained the unsatisfactory taste of some acid
283 peach cultivars. The phenotypic variation found in our progenies indicates that there is a genetic potential to
284 develop peaches with optimum sugar and acid contents. Due to their organoleptic relevance, these traits were
285 considered in every pre-selected genotype.

286 Fruit firmness measured on both cheeks of the fruit was highly variable among all the studied seedlings
287 (from 10.5 to 48.6 N). Maximum levels of fruit firmness for marketing fresh peaches and nectarines are set by
288 the EU at 63.7 N with an 8 mm diameter probe [Commission Regulation (EC) No. 1861/2004]. Mean firmness
289 values for all the progenies were in the standard commercial firmness range, and more precisely in the range
290 considered as "ready to buy" (18-35 N) (Crisosto et al. 2001a). These authors segregated peaches and nectarines
291 into different classes by using firmness thresholds indicating critical changes during postharvest ripening and
292 susceptibility to bruising damage. The classification of fresh peaches and nectarines into "ready to eat" and
293 "others" was accomplished by using an 18 N threshold. Fruit between 18 and 35 N was considered "ready to
294 buy", and the 35 N threshold was used to define "mature and immature" fruit. Among the breeding progenies,
295 the highest mean fruit firmness was found in 'Rich Lady' x 'VAC-9511' and 'Venus' x 'Big Top' (31.6 and 31.4
296 N, respectively) (Table 1), without being significantly different from 'Orion' x 'VAC-9510' and 'VAC-9512' x
297 'VAC-9511' progenies. It must be noted that the firmest fruit means were found in crosses with nectarines in
298 their progeny, which is corroborated by the significant differences found for firmness between nectarine and
299 peach fruit (Table 2). Such results have already been observed by other authors (Crisosto et al. 2001a, Valero et
300 al. 2007). On the contrary, lower mean fruit firmness was found in 'O'Henry' x 'VAC-9516' although it was not
301 significantly different from 'Andross' x 'Rich Lady', 'Andross' x 'VAC-9511' and 'Red Top' x 'VAC-9513'.
302 Firmness is an important fruit quality trait to consider in a breeding program, since it is directly related to
303 susceptibility to mechanical damage during postharvest (Kunze et al. 1975, Crisosto et al. 2001b). This trait was
304 highlighted for the pre-selection of some genotypes, such as some seedlings from 'Rich Lady' x 'VAC-9511',
305 'Venus' x 'Big Top' and 'Babygold-9' x 'VAC-9510' progenies.

306 Significant differences were also found for fruit shape and size among the studied progenies (Table 1).
307 'Orion' x 'VAC-9510' showed the largest fruits among the crosses with increased height (H), suture diameter
308 (SD) and cheek diameter (CD), as it was confirmed by its highest mean fruit weight. After 'Orion' x 'VAC-
309 9510' progeny, the highest fruits were found within 'Venus' x 'Big Top', 'Babygold-9' x 'VAC-9510' and
310 'O'Henry' x 'VAC-9515' progenies. Global shape of fruit (sphericity) was characterized by calculating H/SD
311 and H/CD (Wert et al. 2007). All the populations showed ratios very close to 1 (except 'VAC-9520' x 'VAC-
312 9517' progeny, since it has flat fruits among its offspring), which means that fruits were almost spherical. Fruits
313 from 'Venus' x 'Big Top' and 'Orion' x 'VAC-9510' progenies were significantly more elongated (H/SD and
314 H/CD greater) than the rest of progenies. Fruit shape is an important fruit quality attribute, since it influences
315 consumer's acceptance and postharvest handling. In peach and nectarine, round shapes without protruding tips
316 are preferred by consumers (Badenes et al. 2006). In addition, protruding tips and sutures can be bruised during
317 handling and shipping of fruit and are, therefore, undesirable traits for commercial peaches (Kader 2002).
318 Significant differences in suture deformation among crosses were detected by calculating suture deformation
319 indexes (SDI), although values were always close to 1. When the SDI is 1, the shape is considered as globally
320 round. When it is different from 1, the shape is oval, flattened or with protruding sutures. SDI ranged from 1.0
321 for 'Rich Lady' x 'VAC-9511' to 0.95 for 'Andross' x 'Crown Princess' and 'Venus' x 'Big Top' progenies.

322 *Influence of pomological traits on agronomic and fruit quality traits*

323 Significant differences were found among fruit types for the different agronomic and quality traits
324 evaluated (Table 2). As previously reported, significantly lower fruit weight was observed on flat fruit trees
325 compared to the round fruit ones. As mentioned above, this could be explained by the presence of QTLs for fresh
326 weight and productivity near the gene controlling fruit shape (Lesley 1940, Dirlewanger et al. 1999). On the
327 other hand, nectarine genotypes in our progenies also showed lower yield and fruit weight than peach genotypes,
328 whereas no significant differences were found among yellow and white flesh seedlings.

329 Nectarines had a higher percentage of skin blush and endocarp staining than peaches, whereas flat fruit
330 showed higher skin blush than round fruit, but lower endocarp staining (Table 2). These differences were
331 probably due to the characteristics of the cultivars involved as progenitors in this breeding program. White flesh
332 fruits showed higher blush percentage than yellow flesh fruits, which agrees with the higher anthocyanin content
333 found in this type of fruits (Cantin et al. 2009b).

334 Nectarines had significantly higher SSC than peaches (Table 2) as previously observed by other authors
335 (Crisosto et al. 2001a, Wu et al. 2005, Crisosto et al. 2006a, Cantin et al. 2009a). This could be explained by the
336 co-localization of a major QTL for SSC with the morphological marker for peach/nectarine on linkage group 5
337 (Quilot et al. 2004b). At the same time, flat fruits showed higher SSC than round fruits, which is in agreement
338 with reports where most flat fruit varieties have shown sweeter taste and higher sugar content (Ma et al. 2003).
339 The interest in flat fruit peach cultivars is increasing to a large extent due to their excellent organoleptic
340 characteristics (Nicotra et al. 2002). On the other hand, white flesh fruits showed significantly higher SSC than
341 yellow flesh fruit, in agreement with Robertson et al. (1990) and Cantin et al. (2009a), who reported higher
342 sucrose, glucose, fructose and SSC in white-fleshed than in yellow-fleshed peaches.

343 Regarding acidity, significantly higher TA (and consequently lower pH) was observed for nectarine
344 compared to peach (Table 2). At the same time, flat fruit showed higher TA than round fruit. However, most flat
345 peach varieties have been reported to have low titratable acidity (Ma et al. 2003). In our work, the higher acidity
346 showed by flat fruit genotypes could be explained by the influence of non-flat progenitors, since this is a
347 continuous trait of quantitative inheritance (Dirlewanger et al. 2006). On the other hand, nectarines showed
348 higher RI than peaches due to their reported higher SSC. Round and yellow flesh fruit showed higher RI than flat
349 and white flesh fruit respectively, due to the higher TA values obtained in the latter.

350 Firmness was also higher in nectarine than in peach fruits (Table 2), as observed by other authors
351 (Crisosto et al. 2001a, Valero et al. 2007). Additionally, softer fruits were found in white flesh seedlings when
352 compared with yellow flesh ones, which is in agreement with Crisosto et al. (2001a).

353 *Correlation between traits*

354 Table 3 shows the correlations found between the agronomic and fruit quality traits. Most of them
355 appeared significant although no high coefficients were found when all progenies were considered together.

356 Harvest date was significantly correlated with fruit weight in a way that early harvested seedlings
357 generally had smaller fruits than late ones, as was previously found for different peach and apricot cultivars
358 (Dirlewanger et al. 1999, López & DeJong 2007, Ruiz & Egea 2008). However, correlation coefficients varied
359 depending on the progeny, being higher in specific crosses such as ‘Rich Lady’ x ‘VAC-9511’ ($r = 0.581$, $P \leq$
360 0.01). On the other hand, it has been reported that medium and late season cultivars have a greater capacity to
361 accumulate sugar compared to early season cultivars due to the non-interruption of the growing process (Engel et

362 al. 1988, Byrne 2002). Although harvest date did not show significant correlation with SSC, a tendency from
363 latest harvesting genotypes, within the same progeny, to have higher SSC was observed, as already mentioned
364 above.

365 Skin blush was, in general, positively correlated with endocarp staining although coefficients were
366 variable depending on the progeny. Significant correlations ($P \leq 0.01$) were found in ‘Andross’ x ‘Calante’ ($r =$
367 0.377), ‘Babygold-9’ x ‘Crown Princess’ ($r = 0.271$), ‘Red Top’ x ‘VAC-9513’ ($r = 0.219$) and ‘Babygold-9’ x
368 ‘VAC-9510’ ($r = 0.184$). This correlation is expected since both traits are due to the anthocyanins level in the
369 fruit (Tomás-Barberán et al. 2001). Endocarp staining can be an appreciated trait by specific consumers although
370 a relationship of this trait with postharvest browning has also been reported (Ogundiwin et al. 2009). No
371 relationship between skin colour and firmness was found for any cross which is in agreement with previous work
372 in peach (Génard et al. 1994) and apricot (Ruiz & Egea 2008). In general, fruit weight was positively correlated
373 with annual yield, endocarp staining, pH, RI, firmness and sphericity, and negatively correlated with skin blush
374 and TA. It is worthy to note the significant ($P \leq 0.01$) positive correlation found for annual yield versus fruit
375 weight in some progenies such as ‘Red Top’ x ‘VAC-9513’ ($r = 0.523$), ‘VAC-9520’ x ‘VAC-9517’ ($r = 0.410$),
376 and ‘O’Henry’ x ‘VAC-9514’ ($r = 0.432$), showing that these crosses have a better potential to produce higher
377 yields and larger fruits. However, no significant correlations were found for the highest yielding progenies, such
378 as ‘Babygold-9’ x ‘VAC-9511’, ‘Andross’ x ‘Crown Princess’ and ‘Andross’ x ‘VAC-9511’. The results suggest
379 that fruit weight increases with annual yield until reaching a value when the tree resources cannot contribute to
380 increasing fruit weight and yield simultaneously. No correlation was found for fruit weight and SSC when all
381 seedlings were considered together. However, a significant positive correlation ($P \leq 0.01$) was observed for
382 some progenies as ‘Andross’ x ‘Rich Lady’ ($r = 0.508$), ‘Babygold-9’ x ‘Crown Princess’ ($r = 0.481$) and ‘Red
383 Top’ x ‘VAC-9513’ ($r = 0.501$) indicating the tendency of larger fruits to have higher sugar contents. This result
384 is expected since amount of translocated carbohydrates contributing to SSC determines fruit growth rate
385 (Mounzer et al. 2008), and at the same time, fruit size increases sink strength to attract sucrose and sorbitol from
386 the plant sources (Lo Bianco & Rieger 2006). Contrary, yield showed a significant negative correlation versus
387 SSC, showing the sink competition among fruits by the assimilate supply (Mounzer et al. 2008). This effect was
388 variable depending on the progeny, and higher coefficients ($P \leq 0.01$) were found in ‘Venus’ x ‘BigTop’ ($r = -$
389 0.460), ‘VAC-9520’ x ‘VAC-9517’ ($r = -0.560$), ‘O’Henry’ x ‘VAC-9514’ ($r = -0.566$) and ‘O’Henry’ x ‘VAC-
390 9515’ ($r = -0.405$) progenies.

391 As previously reported for peach (Dirlewanger et al. 1999, Wu et al. 2003), a positive significant
392 correlation was observed for SSC versus TA suggesting a dependent genetic control of both traits. The location
393 of QTLs for nearly all the chemical compounds (sucrose, fructose, sorbitol, malic and citric acid) in the linkage
394 groups 5 and 6 (Dirlewanger et al. 1999, Etienne et al. 2002) with possible pleiotropic effect, could partly
395 explain this result. Highest coefficients ($P \leq 0.01$) were found in 'Rich Lady' x 'VAC-9511' ($r= 0.812$), 'VAC-
396 9520' x 'VAC-9517' ($r= 0.722$), 'O'Henry' x 'VAC-9514' ($r= 0.702$) and 'O'Henry' x 'VAC-9515' ($r= 0.703$)
397 progenies. In general, significant correlation was also found between firmness and other traits such as fruit
398 weight, SSC and TA, which is in agreement with Byrne et al. (1991). A higher correlation between firmness and
399 SSC was found in 'Orion' x 'VAC-9510' ($r= 0.634$), 'Redtop' x 'VAC-9513' ($r= 0.485$), 'Andross' x 'Rich
400 Lady' ($r= 0.442$) and 'O'Henry' x 'VAC-9516' ($r= 0.488$) progenies, whereas no significant correlation was
401 found in others. A positive relationship between firmness and SSC has also been reported in sweet cherry
402 (Jiménez et al. 2004). This result suggests that, at the same level of ripening, firmer fruits show a tendency to
403 have higher SSC. This correlation is important since selection of high SSC genotypes will aim first at higher
404 firmness, and second at lower susceptibility to mechanical damage during handling and packaging (Crisosto et
405 al. 2001b). The reported genetic correlations are due mainly to pleiotropy, though linkage disequilibrium can be
406 a cause of transient correlation (Falconer & Mackay 1996). The breeding response for one trait depends on
407 genotypic variations of that trait within the breeding population and on genotypic correlations between traits.
408 Thus, phenotypic correlations are important parameters to take into account in breeding programs.

409 *Principal component analysis and grouping of progenies*

410 Principal component analysis (PCA) model was performed to provide an easy visualization of the
411 complete data set in a reduced dimension plot. PCA has been previously used to establish genetic relationships
412 among cultivars and to study correlations among fruit traits within peach (Brovelli et al. 1999, Lavilla et al.
413 2002, Crisosto et al. 2006a) and apricot genotypes (Badenes et al. 1998, Gurrieri et al. 2001, Ruiz & Egea 2008).

414 The PCA carried out in this work showed that more than eighty per cent of the observed variance could
415 be explained by the first five components. PC1, PC2 and PC3, respectively, accounted for 34.3%, 26.2% and
416 10.8% of total variability. Table 4 shows the correlation between the original variables and the first three
417 components: PC1 represents mainly harvest date, fruit weight, percentage of blush, acidity (pH, TA and RI) and
418 esphericity; PC2 explains annual and cumulative yield, sugars (SSC) and firmness; PC3 mainly contributes to
419 annual and cumulative yield, together with PC2, and to endocarp staining.

420 Component scores for the fifteen studied progenies are shown in Table 4. Positive values for PC1
421 indicate populations with late harvest date, large fruit sizes, low skin blush and low acidity fruits, in general.
422 Progenies such as ‘Andross’ x ‘Calante’, ‘Andross’ x ‘Crown Princess’, two progenies from ‘Babygold-9’
423 (‘Babygold-9’ x ‘Crown Princess’ and ‘Babygold-9’ x ‘VAC-9510’) and ‘Venus’ x ‘Big Top’ belong to this
424 group (Fig. 2). The lowest values for PC1 indicate early harvest date progenies with high acidity and small fruit
425 sizes such as ‘Rich Lady’ x ‘VAC-9511’, ‘VAC-9512’ x ‘VAC-9511’ and ‘VAC-9520’ x ‘VAC-9517’. The
426 highest values for PC2 indicate high yield progenies with low firmness, endocarp staining and SSC fruits.
427 Families such as ‘Andross’ x ‘Crown Princess’ and ‘Andross’ x ‘VAC-9511’ belong to this group. On the
428 contrary, families with lowest values for PC2, such as ‘O’Henry’ x ‘VAC-9514’, ‘O’Henry’ x ‘VAC-9515’ and
429 ‘Venus’ x ‘Big Top’, have low yields but high SSC, firmness, blush and endocarp staining fruits.

430 Conclusions

431 A high variability has been found in the 1111 peach and nectarine genotypes evaluated for the studied
432 pomological traits related to fruit quality, and significant differences among crosses were observed for all quality
433 attributes, which indicates that there is a genetic potential to develop peaches and nectarines with high quality.
434 The high number of evaluated genotypes, coming from very different genetic origins and with high phenotypic
435 variability, provides valuable information about the peach species, regarding the parameters that influence peach
436 quality. This study shows the existing relationship between different qualitative pomological traits such as
437 peach-nectarine, round-flat shape and yellow-white flesh, and the agronomic and fruit quality attributes. On the
438 other hand, our data support a preliminary hypothesis for the characteristic aborting fruit to be determined by a
439 multi-allelic locus also controlling the flat fruit shape.

440 The correlations found between some quality attributes such as yield, fruit weight and SSC, SSC vs.
441 TA, and SSC vs. firmness, could be interesting for quality oriented fruit breeding programs. However, the
442 substantial variation in the correlation of coefficients for different cultivars should be taken into account. The
443 study also emphasizes the usefulness of PCA in evaluating the fruit quality of new breeding releases and
444 studying relationships among pomological traits.

445 Finally, this work enabled the selection of 26 genotypes with the most appropriate combination of
446 agronomic and quality traits within the breeding population. Among the evaluated crosses, ‘Babygold-9’ x
447 ‘Crown Princess’ and ‘Babygold-9’ x ‘VAC-9510’ resulted in the best progenies for selection of new high fruit

448 quality genotypes in the Mediterranean area conditions. ‘O’Henry’ x ‘VAC-9514’, ‘O’Henry’ x ‘VAC-9515’ and
449 ‘Venus’ x ‘BigTop’ crosses showed a good performance regarding fruit quality aspects such as soluble solids
450 content, acidity, fruit weight, firmness and skin blush although productivity should be improved. On the other
451 hand, crosses with ‘Andross’ as progenitor resulted in non-interesting hybrids regarding fruit quality, in spite of
452 having higher yields.

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635 Tables

636 **Table 1** Agronomic and fruit quality traits for each of the peach and nectarine breeding progenies subjected to assessment. The number of observed seedlings (n) is shown for
 637 each progeny

Progeny	n	Cumulative yield (kg)	Annual yield (kg)	Fruit weight (g)	Blush (%)	Endocarp staining ^a	SSC (°Brix)	pH	TA (g 100 g ⁻¹ FW)	RI	Firmness (N)	H (mm)	SD (mm)	CD (mm)	H/SD (mm)	H/CD (mm)	SDI (mm)
1 Andross x Calante	118	13.5 h	5.8 g	185.4 cd	24.8 j	1.7 g	12.6 bc	3.63 a	0.55 hi	23.4 ab	27.2 bc	72.3 cde	73.6 cd	77.0 bc	0.98 cde	0.94 cde	0.96 ef
2 Andross x Crown Princess	25	46.3 b	15.4 b	168.8 ef	57.5 fg	2.9 f	10.8 efg	3.59 ab	0.50 i	21.8 bcd	27.1 bc	68.8 f	71.3 de	75.2 c	0.97 cdef	0.92 e	0.95 f
3 Andross x Rich Lady	47	40.6 bc	14.5 b	167.6 ef	65.6 de	3.5 def	10.6 fg	3.53 bcd	0.74 c	14.7 ij	23.8 de	70.7 def	74.2 bc	77.1 bc	0.95 def	0.92 e	0.96 cdef
4 Andross x VAC-9511	25	54.4 a	18.3 a	173.8 de	69.6 d	2.6 fg	11.3 def	3.46 def	0.61 fgh	18.6 fg	23.6 de	70.5 ef	73.8 c	77.0 bc	0.96 cdef	0.92 e	0.96 def
5 Babygold-9 x Crown Princess	102	31.4 d	11.1 cd	187.6 bcd	37.6 i	3.3 ef	10.2 g	3.58 abc	0.52 i	20.0 def	24.0 d	72.5 cde	73.5 cd	75.9 c	0.99 bc	0.96 abcd	0.97 cde
6 Babygold-9 x VAC-9510	130	55.6 a	18.9 a	203.0 b	51.6 h	4.9 bc	11.1 defg	3.63 a	0.59 gh	19.4 ef	28.7 b	75.0 bc	76.2 ab	79.2 ab	0.98 cd	0.95 bcde	0.96 def
7 O'Henry x VAC-9514	159	24.0 efg	9.2 de	187.0 bcd	71.2 cd	6.3 a	14.2 a	3.53 bcd	0.67 cdef	22.2 bc	27.3 bc	70.2 ef	73.7 cd	75.0 c	0.95 def	0.94 cde	0.98 b
8 O'Henry x VAC-9515	75	26.3 def	10.4 d	195.9 bc	70.7 d	6.6 a	13.9 a	3.48 def	0.69 cde	21.0 cde	27.6 bc	73.5 bcd	74.4 bc	76.2 c	0.99 bc	0.97 abc	0.98 bc
9 O'Henry x VAC-9516	99	38.7 c	13.1 bc	154.8 fg	54.8 gh	4.2 cde	11.8 cd	3.48 def	0.63 efg	19.1 efg	21.2 e	64.6 g	68.2 f	69.9 d	0.95 ef	0.92 de	0.98 bcd
10 Orion x VAC-9510	15	41.8 bc	14.1 b	223.7 a	62.2 ef	5.9 ab	11.3 def	3.42 ef	0.73 cd	15.6 hij	29.3 ab	78.9 a	77.6 a	81.0 a	1.02 ab	0.97 ab	0.96 def
11 Red Top x VAC-9513	100	22.8 fg	8.6 def	119.7 i	67.8 de	4.9 bc	10.7 efg	3.46 def	0.63 efg	17.5 gh	22.5 de	62.7 g	64.4 g	67.4 e	0.98 cde	0.93 cde	0.96 ef
12 Rich Lady x VAC-9511	25	19.6 gh	7.7 efg	128.1 hi	90.4 a	3.6 def	11.0 defg	3.32 g	0.82 b	13.7 jk	31.6 a	65.2 g	69.7 ef	69.8 de	0.94 f	0.94 cde	1.00 a
13 VAC-9512 x VAC-9511	40	19.9 fgh	8.8 def	141.0 gh	89.5 a	4.6 cd	11.6 de	3.40 fg	0.96 a	12.3 k	29.3 ab	65.0 g	68.3 f	70.2 d	0.95 def	0.93 de	0.97 bcd
14 VAC-9520 x VAC-9517	76	30.1 de	10.6 d	97.3 j	76.7 c	3.2 ef	12.9 b	3.34 g	0.83 b	16.0 hi	25.1 cd	49.0 h	61.7 h	64.3 f	0.79 g	0.76 f	0.96 def
15 Venus x Big Top	75	18.1 gh	6.6 fg	190.6 bc	83.3 b	4.3 cde	14.6 a	3.50 cde	0.66 def	25.3 a	31.4 a	75.5 b	73.0 cd	76.9 bc	1.03 a	0.98 a	0.95 f

638

639 Mean separation within columns by Duncan's test ($P \leq 0.05$). In each column, values with the same letter are not significantly different. *Abbreviations*: SSC: soluble solids
 640 content; TA: titratable acidity; RI: ripening index (SSC/TA); H: height; SD: suture diameter; CD: cheek diameter; SDI: suture deformation index

641 ^aEndocarp staining was scored in an increasing arbitrary scale from 1 to 10

642 **Table 2** Influence of pomological traits on agronomic and fruit quality characteristics of a peach and
 643 nectarine breeding population. The number of observed seedlings (n) is shown for each fruit type

Fruit type	n	Annual yield (kg)	Fruit weight (g)	Blush (%)	Endocarp staining ^a	SSC (°Brix)	pH	TA (g 100g ⁻¹ FW)	RI	Firmness (N)
Peach	934	11.8 a	172.5 a	57.4 b	4.2 b	11.6 b	3.54 a	0.61 b	19.6 b	25.6 b
Nectarine	177	6.4 b	156.3 b	75.4 a	4.8 a	15.8 a	3.43 b	0.86 a	20.6 a	30.4 a
Round	1075	11.1 a	172.8 a	59.8 b	7.7 a	12.1 b	3.53 a	0.64 b	19.9 a	26.3 a
Flat	36	8.4 b	84.7 b	69.6 a	5.3 b	14.4 a	3.33 b	0.93 a	16.0 b	27.8 a
Yellow	980	11.0 a	174.3 a	59.5 b	4.3 a	12.1 b	3.54 a	0.64 b	19.9 a	26.6 a
White	131	11.0 a	137.5 b	64.9 a	4.4 a	13.2 a	3.43 b	0.73 a	18.6 b	23.7 b

644 Mean separation within trait columns by *t* test ($P \leq 0.05$). In each trait column (Peach and Nectarine;
 645 Round and Flat; Yellow and White), values with the same letter are not significantly different.
 646

647 *Abbreviations:* SSC: soluble solids content; TA: titratable acidity; RI: ripening index (SSC/TA)

648 ^aEndocarp staining was scored in an increasing arbitrary scale from 1 to 10

649 **Table 3** Correlation coefficients between agronomic and fruit quality traits in fifteen nectarine and peach
 650 breeding progenies. Correlation coefficients were calculated based on single plant estimates

Trait	Annual yield	Fruit weight	Skin blush	Endocarp staining	SSC	pH	TA	RI	Firmness	Esfericity	SDI
Harvest date	0.060 *	0.091 **	NS	NS	NS	NS	NS	NS	NS	-0.177 **	NS
Annual yield		0.205 **	NS	NS	-0.349 **	NS	-0.148 **	-0.149 **	NS	NS	NS
Fruit weight			-0.218 **	0.255 **	NS	0.330 **	-0.330 **	0.363 **	0.202 **	0.333 **	NS
Skin blush				0.270 **	0.112 **	-0.313 **	0.299 **	-0.164 **	NS	-0.106 **	0.105 **
Endocarp staining					0.260 **	NS	0.127 **	NS	0.255 **	NS	0.168 **
SSC						NS	0.393 **	0.363 **	0.294 **	-0.153 **	0.117 **
pH							-0.436 **	0.444 **	NS	0.127 **	NS
TA								-0.656 **	-0.258 **	-0.293 **	0.176 **
RI									NS	0.180 **	-0.105 **
Firmness										NS	NS
Sphericity											-0.169 **

651
 652 *, ** Correlations significant at $P \leq 0.05$ and $P \leq 0.01$, respectively; - non significant. *Abbreviations:*
 653 SSC: soluble solids content; TA: titratable acidity; RI: ripening index (SSC/TA); SDI: suture deformation
 654 index

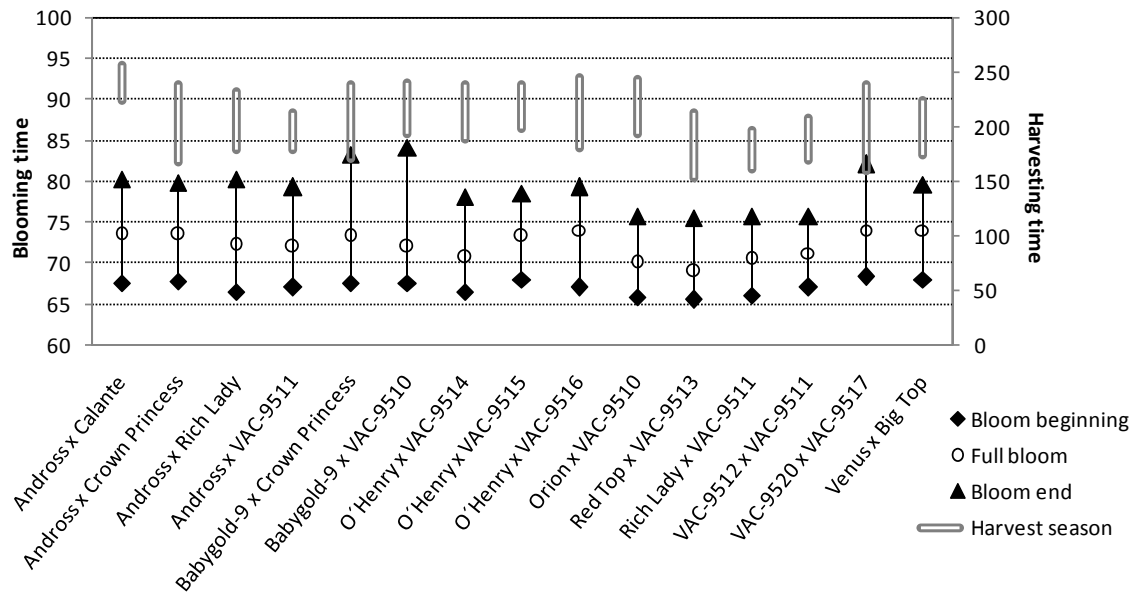
655 **Table 4** Component loadings for quality variables and component scores for fifteen peach and nectarine
 656 breeding progenies

Variable/factor	Component loadings			Progeny	Component scores		
	PC1, $\lambda=34.30\%$	PC2, $\lambda=26.20\%$	PC3, $\lambda=10.79\%$		PC1	PC2	PC3
Harvest date	0.67	-0.59	0.00	Andross x Calante	1.54	-0.34	-2.22
Annual yield	0.17	0.76	0.53	Andross x Crown Princess	0.91	1.43	-0.28
Cumulative yield	0.06	0.71	0.58	Andross x Rich Lady	-0.35	0.11	-0.35
Fruit weight	0.79	-0.22	0.41	Andross x VAC-9511	0.12	1.46	0.84
% Blush	-0.62	-0.46	0.27	Babygold-9 x Crown Princess	1.10	0.71	-0.40
Endocarp staining	-0.17	-0.49	0.56	Babygold-9 x VAC-9510	0.85	0.61	1.74
SSC	0.25	-0.78	0.03	O'Henry x VAC-9514	0.29	-1.28	0.92
pH	0.93	0.12	-0.01	O'Henry x VAC-9515	0.32	-1.37	1.09
TA	-0.81	-0.44	0.17	O'Henry x VAC-9516	0.09	0.83	0.49
RI	0.86	-0.18	-0.04	Orion x VAC-9510	-0.61	-0.50	1.25
Sphericity	0.72	-0.29	0.17	Red Top x VAC-9513	-0.32	0.46	-0.83
SDI	-0.32	-0.37	0.41	Rich Lady x VAC-9511	-1.95	-0.68	-0.37
Firmness	-0.02	-0.64	0.04	VAC-9512 x VAC-9511	-1.12	0.05	-0.40
				VAC-9520 x VAC-9517	-1.79	0.58	-0.90
				Venus x Big Top	0.90	-2.08	-0.59

657 *Abbreviations:* PC: principal component; SSC: soluble solids content; TA: titratable acidity; RI: ripening
 658 index (SSC/TA); SDI: suture deformation index
 659

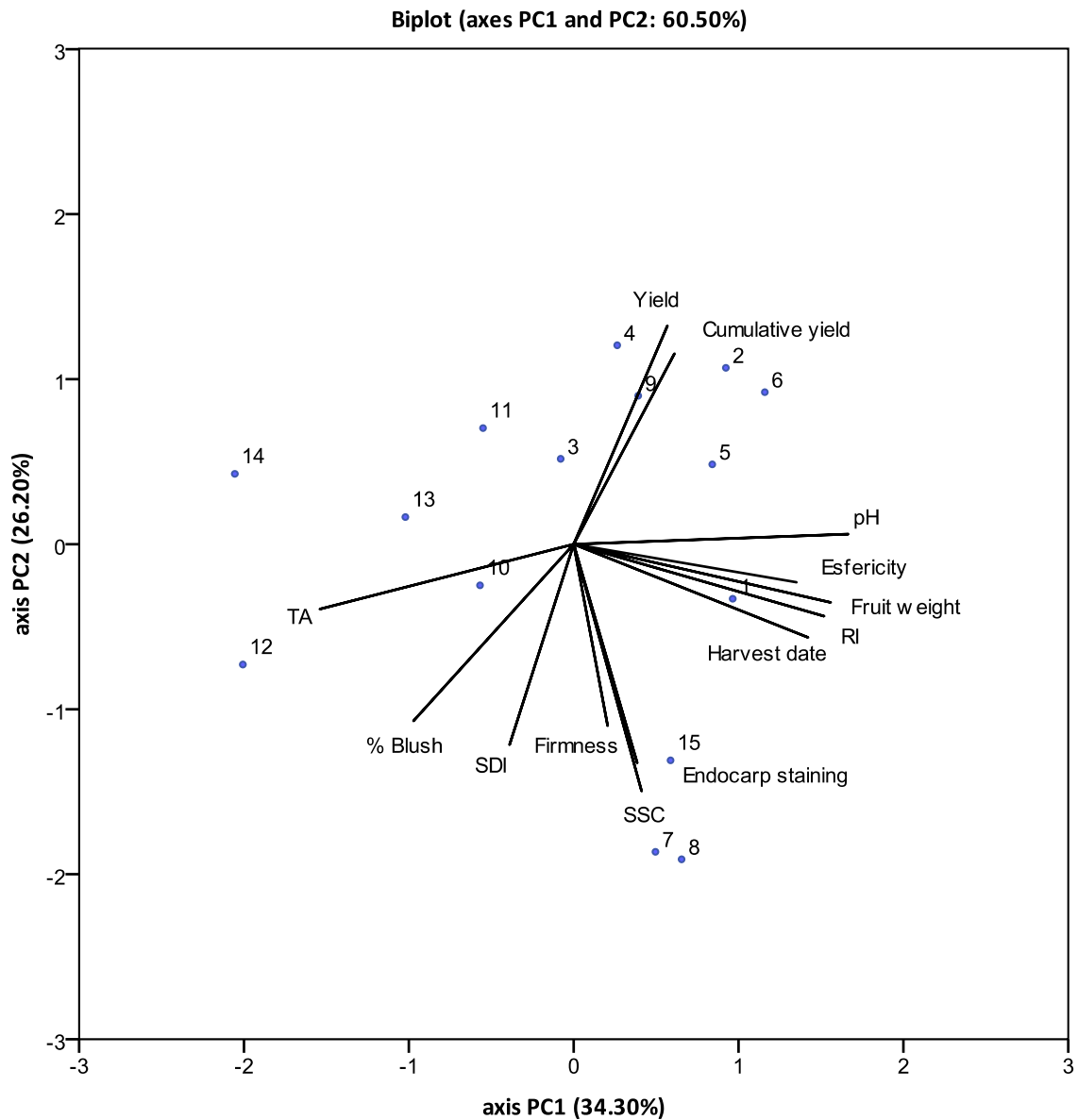
660 Figures

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662

663 **Fig. 1** Blooming and harvesting time (in Julian days) for the fifteen peach and nectarine breeding
664 progenies. Bloom beginning (E stage), full bloom (F stage) and bloom end (G stage) dates, determined
665 according to Fleckinger (1945). Data are means of three consecutive years for each peach and nectarine
666 breeding progeny



667

668 **Fig. 2** Segregation of the fifteen peach and nectarine breeding progenies according to their agronomic and
 669 fruit quality characteristics determined by principal component analysis (PCA). Vectors represent the
 670 loadings of agronomic and quality traits data along with the principal component scores. Numbers
 671 represent peach and nectarine progenies (numbers shown in Tables 2 and 3): 1, ‘Andross’ x ‘Calante’; 2,
 672 ‘Andross’ x ‘Crown Princess’; 3, ‘Andross’ x ‘Rich Lady’; 4, ‘Andross’ x ‘VAC-9511’; 5, ‘Babygold-9’
 673 x ‘Crown Princess’; 6, ‘Babygold-9’ x ‘VAC-9510’; 7, ‘O’Henry’ x ‘VAC-9514’; 8, ‘O’Henry’ x ‘VAC-
 674 9515’; 9, ‘O’Henry’ x ‘VAC-9516’; 10, ‘Orion’ x ‘VAC-9510’; 11, ‘Red Top’ x ‘VAC-9513’; 12, ‘Rich
 675 Lady’ x ‘VAC-9511’; 13, ‘VAC-9512’ x ‘VAC-9511’; 14, ‘VAC-9520’ x ‘VAC-9517’; 15, ‘Venus x Big
 676 Top’. *Abbreviations:* PC: principal component; RI: ripening index (SSC/TA); SDI: suture deformation
 677 index; SSC: soluble solids content; TA: titratable acidity