

IRELAIND COMINIONILL REPORT FART THREE KEY FINDINGS FOR THE 142 HIV DIAGNOSED RESPONDENTS IN IRELAND

Community Report Part 3 published for World AIDS Day 2020, presents key findings on the 142 (7%) 'Men Living with HIV' who indicated they were diagnosed HIV Positive. Much appreciation and thanks to these and the 2083 men who completed EMIS-2017 Ireland in 25 languages. The Ireland main and community reports can be found at www.gayhealthnetwork.ie/research and the main EMIS-2017, national and community reports at www.emis2017.eu

ie/

NUMBER OF YEARS DIAGNOSED HIV POSITIVE









YOUR AGE









WHERE YOU WERE FIRST DIAGNOSED

78%

HOSPITAL/OUT-PATIENT CLINIC/INSTITUTE

19%

COMMUNITY HEALTH
SERVICE OR DROP-IN
(NOT IN A HOSPITAL OR CLINIC)

3%

ELSEWHERE

WHERE YOU LIVE











DUBLIN

69% IRELAND

CORK

GALWAY

LIMERICK

31% 18 OTHER COUNTRIES

(TOP FIVE: BRAZIL, HUNGARY, UK, FRANCE, SPAIN)

OTHER 22 COUNTIES

WHERE YOU WERE BORN

YOUR VIRAL STATUS



77% HEPATITIS A IMMUNE



7% EVER DIAGNOSED WITH HEPATITIS C

YOUR SEXUAL IDENTITY

89% gay

4%
BISEXUAL

7% NO TERM **YOUR OUTNESS**



YOUR HIV TREATMENT

99% HAV

OF YOU WERE HAVING YOUR HIV MONITORED 94%

OF YOU WERE ON ANTI-RETROVIRAL TREATMENT (ART)

97% OF YOU ON ART HAVE SUPPRESSED VIRAL LOAD



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YOUR RELATIONSHIPS

STI DIAGNOSIS IN **PREVIOUS YEAR**

WAYS YOU MET-UP FOR SEX WITH YOUR LAST NON-STEADY SEX PARTNER

Of the 120 of you who had tested for STIs in previous year

SMARTPHONE / INTERNET

GONORRHOEA

GAY SAUNA

STEADY RELATIONSHIP

GAY CAFÉ, BAR, DISCO OR NIGHT CLUB

OTHER TYPES OF RELATIONSHIP/S

BACKROOM OF BAR OR GAY SEX CLUB

PRIVATE SEX PARTY

PORN CINEMA

OF THE 51 HIV+ MEN IN A STEADY **RELATIONSHIP**

HAVE A PARTNER WHO IS **HIV NEGATIVE**

HAVE A PARTNER WHO IS ALSO LIVING WITH HIV

U=U KNOWLEDGE

7% of you did not know that a person with HIV who is on effective treatment (called 'UNDETECTABLE viral load') cannot pass their virus to someone else during sex (= UNTRANSMITTABLE).

OF THE HIV+ MEN WHO HAD SEX IN THE PREVIOUS YEAR

OF YOU HAD CONDOMLESS ANAL INTERCOURSE BECAUSE YOU DID NOT **HAVE A CONDOM**

SEXUAL HEALTH KNOWLEDGE

Your awareness and knowledge was higher than all survey respondents (see Community Report Part One), but there is a need to increase knowledge of the following among men living with HIV:

OF YOU HAD CONDOMLESS ANAL INTERCOURSE WITH 2 OR MORE NON-STEADY PARTNERS

PREP: 71% DID NOT KNOW

THAT IF A 'HIV NEGATIVE' PERSON KNOWS IN ADVANCE WHEN THEY WILL HAVE SEX, PREP NEEDS TO BE TAKEN AS A DOUBLE DOSE APPROX. 24 HOURS BEFORE SEX THEN AT **BOTH 24 AND 48 HOURS AFTER THE DOUBLE DOSE.**

PEP: 33% DID NOT KNOW THAT PEP IS A ONE-MONTH COURSE OF ANTI-HIV DRUGS

OF YOU WHO HAD ACCESSED CONDOMS, GOT THEM FREE (FROM CLINICS, BARS, SAUNAS OR COMMUNITY ORGANISATION)

STIs: 18% DID NOT KNOW

THAT MOST STIS CAN BE PASSED ON MORE EASILY THAN HIV

HEPATITIS:

28% **DID NOT KNOW** THAT VIRUSES ARE THE MOST COMMON **CAUSE OF HEPATITIS**

22% **DID NOT KNOW** THAT HEPATITIS IS AN INFLAMMATION OF THE LIVER

OF YOU WERE CONSISTENT CONDOM USERS WHEN HAVING SEX WITH NON-STEADY MALE PARTNERS

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Presented here are some of the stress factors and influences on our sexual health and wellbeing. If you are concerned or affected by any of the issues, please contact your local health provider or HIV treatment, substance use or LGBT+ services listed at www.man2man.ie



22% OF YOU WERE STRUGGLING FINANCIALLY

35% WERE NEITHER COMFORTABLE NOR STRUGGLING

6% OF YOU WERE UNEMPLOYED

11% RETIRED / LONG TERM SICK / OTHER

11% OF YOU CONSIDER YOURSELF AS A MEMBER OF AN ETHNIC OR RACIAL MINORITY

SEXUAL HEALTH AND WELLBEING OUTCOMES

29% OF YOU INDICATED THAT YOU WERE UNHAPPY WITH YOUR SEX LIFE

26% INDICATED THE SEX YOU HAVE ISN'T "ALWAYS AS SAFE AS YOU WANT IT TO BE"

160/ DID NOT "FIND IT EASY TO SAY 'NO' TO SEX YOU DON'T WANT"

EXTERNAL MINORITY STRESS IN THE PREVIOUS YEAR

OF YOU WERE PHYSICALLY ASSAULTED

20% WERE VERBALLY INSULTED

27% WERE STARED AT OR INTIMIDATED

INTERNAL MINORITY STRESS

OF YOU WERE NOT OUT OR ONLY OUT TO A FEW PEOPLE OR TO LESS THAN HALF OF THE PEOPLE YOU KNEW

MENTAL HEALTH

Chapter 4 of the main report provides further details on mental health issues

 * NOTE: A 'red flag' indicates a need for further assessment and diagnosis by a health professional.

10% OF YOU INDICATED A RED FLAG* FOR ANXIETY

OF YOU INDICATED A RED FLAG*
FOR DEPRESSION

THOUGHT ABOUT 'HURTING YOURSELF' OR THOUGHT 'I WOULD BE BETTER OFF DEAD' WITHIN THE PREVIOUS TWO WEEKS OF UNDERTAKING THE SURVEY



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DRUG USE IN PREVIOUS YEAR



85% USED ANY RECREATIONAL DRUGS IN PREVIOUS YEAR (other than alcohol, tobacco, or for erectile dysfunction)



70% USED POPPERS



47% USED
ERECTILE
DYSFUNCTION DRUGS







913%

WERE WORRIED ABOUT THEIR RECREATIONAL DRUG USE

CHEMSEX USE IN THE PREVIOUS YEAR

126%

OF YOU HAD USED ONE OR MORE OF THESE STIMULANT DRUGS TO MAKE SEX MORE INTENSE OR LAST LONGER (ECSTASY/MDMA, COCAINE, AMPHETAMINE, CRYSTAL METH, MEPHEDRONE AND KETAMINE)

INJECTING

13%

HAD EVER INJECTED DRUGS TO GET HIGH

3%

HAD EVER INJECTED ANABOLIC STEROIDS (TESTOSTERONE)

ALCOHOL & TOBACCO USE IN THE PREVIOUS YEAR

97%

OF YOU CONSUMED ALCOHOL

28%

INDICATED A POSSIBLE ALCOHOL DEPENDENCY

46%

OF YOU CONSUMED TOBACCO PRODUCTS

SUBSTANCE USE SERVICES IN THE PREVIOUS YEAR

4%

OF ALL RESPONDENTS HAD
CONSULTED A HEALTH PROFESSIONAL
ABOUT THEIR DRUG USE

3%

OF ALL RESPONDENTS HAD
CONSULTED A HEALTH PROFESSIONAL
ABOUT THEIR ALCOHOL USE











www.man2man.ie For information in English, French, Portuguese and Spanish about HIV; STIs & sexual health; Drugs and Alcohol; where to get Tested, Vaccinated; Condoms; PEP and PrEP; and Support.