Prothrombin activation in blood coagulation: the erythrocyte contribution to thrombin generation

Matthew F. Whelihan,¹ Vicentios Zachary,¹ Thomas Orfeo,¹ and Kenneth G. Mann¹

¹Department of Biochemistry, University of Vermont, Burlington, VT

Prothrombin activation can proceed through the intermediates meizothrombin or prethrombin-2. To assess the contributions that these 2 intermediates make to prothrombin activation in tissue factor (Tf)–activated blood, immunoassays were developed that measure the meizothrombin antithrombin (mTAT) and α -thrombin antithrombin (α TAT) complexes. We determined that Tf-activated blood produced both α TAT and mTAT. The presence of mTAT suggested that nonplatelet surfaces were contributing to approximately 35% of prothrombin activation. Corn tryps in inhibitor-treated blood was fractionated to yield red blood cells (RBCs), platelet-rich plasma (PRP), platelet-poor plasma (PPP), and buffy coat. Compared with blood, PRP reconstituted with PPP to a physiologic platelet concentration showed a 2-fold prolongation in the initiation phase and a marked decrease in the rate and extent of α TAT formation. Only the addition of RBCs to PRP was capable of normalizing α TAT generation. FACS on glycophorin A–positive cells showed that approximately 0.6% of the RBC population expresses phosphatidylserine and binds prothrombinase (FITC Xa-factor Va). These data indicate that RBCs participate in thrombin generation in Tf-activated blood, producing a membrane that supports prothrombin activation through the meizothrombin pathway. (*Blood.* 2012; 120(18):3837-3845)

Introduction

Prothrombin activation by prothrombinase (IIase or factor Xa [fXa]·fVa) involves cleavage at Arg271 and Arg320 to produce the α -thrombin (α IIa) product.^{1,2} Depending on the order of cleavage, activation occurs via 2 possible intermediates; meizothrombin (mIIa) or prethrombin-2. mIIa arises from initial cleavage at Arg320, yielding a membrane-binding enzyme; initial cleavage at Arg271 yields an inactive noncovalent complex of fragment 1.2 and prethrombin-2. Cleavage at the alternate Arg residue yields α IIa.³ On synthetic phospholipid vesicles, prothrombin activation by IIase proceeds exclusively through the mIIa pathway,3 with the probable mechanism involving mIIa dissociating from the IIase complex and then rebinding to IIase to yield aIIa.4,5 On washed platelets, prothrombin activation proceeds through the prethrombin-2 pathway,⁶ with no detectable mIIa being released from the platelet surface. We confirmed these previous results with washed platelets under static and flow conditions.⁷ However, mIIa has been observed in clotting blood,⁸ suggesting that prothrombin activation in blood involves both cleavage pathways. The relative prevalence of these 2 pathways in blood has potentially interesting regulatory consequences for hemostasis. Although the anticoagulant potential of mIIa as a protein C activator when in complex with thrombomodulin is similar to that of αIIa ⁵ mIIa displays poor activity toward the procoagulant substrates fibrinogen, platelets, and fV; displays a reduced vulnerability to antithrombin (AT); and is a more potent vasoconstrictor.9

Platelets are thought to provide the primary surface for prothrombin activation. The observation that the IIase activation pathway on platelets does not release mIIa raises 2 important questions: (1) what is the source of mIIa reported in clotting blood⁷ and (2) how significant are nonplatelet cell surfaces to overall thrombin generation?

We used a commercial ELISA assay (Enzygnost TAT Micro; Siemens Healthcare) that measures both mIIa AT (mTAT) and α -thrombin AT (α TAT) to study thrombin generation in tissue factor (Tf)–activated whole blood (WB).^{10,11} For the present study, we devised immunoassays capable of selective quantitation of mTAT and α TAT species and used these assays to examine the contributions of various cell surfaces to thrombin generation.

Methods

All materials used in the present study were of reagent grade and quality. For a complete list, see supplemental Methods (available on the *Blood* Web site; see the Supplemental Materials link at the top of the online article).

WB fractionation

Volunteers signed informed consent documents in accordance with the Declaration of Helsinki and our methods were approved by the University of Vermont Committee on Human Subjects. WB was drawn via phlebotomy (the first 3 mL was discarded) and mixed with 0.1 mg/mL of corn trypsin inhibitor (CTI). Three milliliters of WB was also drawn into 3.2% trisodium citrate (9:1) and a complete blood count performed on an automated hematology analyzer (pocH-100i; Sysmex). Aliquots of CTI WB were left at room temperature while the remaining CTI WB was centrifuged at 150g or 1100g for 10 minutes. After centrifugation, the top layers of platelet-rich plasma (PRP)/buffy coat (150g) or platelet-poor plasma (PPP)/packed RBCs (1100g) were removed from their respective preparations. These steps yielded 5 fractions: WB, PRP, buffy coat, PPP, and RBCs.

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PRP was reconstituted to each subject's physiologic platelet concentration with the aforementioned blood fractions to enrich each cell type.

WB activation experiments

The procedure used for the WB activation experiments was a modification of that described by Brummel et al.¹¹ CTI blood or blood fractions were aliquoted into rocking tubes at 37°C containing 5pM relipidated Tf₁₋₂₄₃. Tubes were quenched 1:1 with 50mM EDTA, 20mM benzamidine, and 100 μ M Phe-Pro-Arg chloromethylketone at defined intervals for 20 minutes. Samples were centrifuged at 1200*g* for 30 minutes at 4°C, and both the soluble and sedimented materials were frozen at -80° C.

αTAT and mTAT ELISAs

The α TAT and mTAT assays are sandwich-style ELISAs. Plates were coated with 5 µg/mL of capture Ab (anti-human α IIa or anti-human prothrombin fragment 2 for α TAT and mTAT, respectively) for 16 hours before use and stored at 4°C. Plates were washed and blood serum samples were diluted before incubation for 2 hours at room temperature. Plates were washed and probed with biotinylated burro anti-human AT at 5 µg/mL in HBS and 1% BSA, and incubated at room temperature for 1 hour. Plates were then washed and binding was detected using HRP-streptavidin and a chromogenic substrate on a microplate reader (EL 312e; BioTek). A complete description of the assay procedure, sample, and standard preparation can be found in the supplemental materials.

Washed RBCs

Blood was drawn via phlebotomy into 0.1 mg/mL of CTI and 10-mL aliquots were centrifuged in 15-mL tubes at 150*g* for 10 minutes. After centrifugation, the top layer of PRP/buffy coat plus the underlying 1 mL of RBCs were aspirated and discarded. Next, 6 mL of RBC wash buffer (21mM Tris-base, 140mM NaCl, 11.1mM dextrose, 4.7mM KCl, 2mM CaCl₂, 1.2mM MgSO₄, and 0.1% PEG 8000 at pH 7.4) were added and the tubes mixed via inversion. This wash step was repeated twice, followed by 3 wash cycles at 1100*g*. The cells were stored at 25°C and RBC purity was measured via a complete blood count in an automated hematology analyzer (pocH-100i; Sysmex).

PMA treatment of RBCs

Washed RBCs were diluted to 2% in wash buffer and mixed with an equal volume of wash buffer containing 4, 8, 12, or 16 μ M phorbol 12-myristate 13-acetate (PMA; 2, 4, 6, 8 μ M final concentrations) and incubated at room temperature for 30 minutes. The PMA-treated cells were then centrifuged at 1100g for 5 minutes before being washed 3 times. Treated cells were diluted to 2 × 10⁶ cell/mL in RBC wash buffer and phosphatidylserine (PS) exposure was detected with FITC-bovine lactadherin or FITC-EGRck-fXa (15nM) in the presence of saturating FVa (20nM) on a flow cytometer (FC500; Beckman Coulter).

PS expression on RBCs

Samples for FACS were prepared as described previously.¹² For positive controls, washed RBCs were diluted to 20% hematocrit in RBC wash buffer and incubated with 10mM N-ethylmaleimide (NEM) at 37°C for 30 minutes. NEM-treated cells were then washed 3 times before incubation with a 4 μ M concentration of the calcium ionophore A23187 at 37°C for 30 minutes. Ionophore-treated cells were washed 3 times and diluted to 2×10^6 cell/mL in RBC wash buffer. Samples were incubated and washed in the same manner as the controls but without NEM or ionophore treatment. Reticulocytes were detected with FITC–anti-cd71. Platelet and WBC contaminants were detected using PE–anti-glycophorin A (cd235a). PS expression was evaluated via the binding of FITC-labeled bovine lactadherin, FITC-labeled annexin V, or FITC-EGRck–labeled fXa (15nM) in the presence of saturating fVa (20nM) on a flow cytometer (FC500; Beckman Coulter).

Prothrombinase

Washed RBCs were prepared as described in "Washed RBCs." IIase experiments were constructed from 3 stock solutions. Solution A contained washed RBCs that were concentrated to 90% hematocrit in wash buffer. Solution B contained 40nM fVa and 400pM fXa in RBC wash buffer. Solution C contained 2.8µM prothrombin and 6.8µM AT. For the typical reaction, 480 µL of solution A was premixed with 360 µL of solution B for 1 minute at 37°C to allow for the assembly of IIase. The reaction was initiated by the addition of 360 µL of solution C (final concentrations, 1.4µM fII, 3.4µM AT, 20nM fV, and 200pM fXa). For controls, solution A was replaced by 50 µL of RBC wash buffer supplemented with 250nM phosphatidylcholine-phosphatidylserine (PCPS) or 50 µL of RBC wash supernatant that was prepared via centrifugation of solution A at 1100g for 5 minutes. This concentration of PCPS resulted in a level of αTAT generation equivalent to that of a physiologic concentration (200×10^3 / µL) of washed platelets. Samples were quenched 1:1 with 50mM EDTA, 20mM benzamidine, and 100µM Phe-Pro-Arg chloromethylketone at defined intervals for 20 minutes. All samples were centrifuged at 1100g for 5 minutes at 4° C and the soluble material frozen at -80° C. Western blotting of nonreduced prothrombinase supernatants was performed as described previously.10

Computational model

Computational Tf-initiated thrombin-generation profiles were produced as described previously.¹³ Concentrations of zymogens (fII, fVII, fIX, and fX), cofactors (fV and fVIII), and inhibitors (AT and Tf pathway inhibitor) were set to mean physiologic concentrations. Prothrombin activation in this model mechanistically occurs exclusively through the mIIa pathway with release of the mIIa intermediate from IIase. mIIa either reacts with AT to form mTAT or with IIase to yield α IIa and ultimately α TAT. The model was modified to reflect empirical measurements⁵ showing that the second-order rate constant describing mIIa inhibition by AT is approximately 25% of that for α IIa.

Results

Quantitation of aTAT and mTAT

The thrombin species produced in Tf-activated WB were quantitated using immunoassays using mAbs to α IIa (α TAT; β TAT and γ TAT are also recognized) or prothrombin fragment 2 (mTAT) to capture their respective antigens. Standards were prepared by reacting human α IIa or ecarin-activated recombinant human prothrombin (R155A, R271A, and R284A) with a 2-fold molar excess of human AT. As shown in Figure 1A (α TAT) and 1B (mTAT), each assay recognizes its respective antigen over a concentration range of 50-600pM with an intra/interassay coefficients of variation of 2.6/3.8 and 5.1/8.3, respectively.

mTAT and α TAT levels in Tf-activated blood showed that α TAT levels were much greater than mTAT levels. Given this concentration difference, the contribution of α TAT present in a sample to the signal measured in that same sample using the mTAT assay was converted. A series of concentrations of α TAT (50-500nM) were added to citrate plasma and then assayed in the mTAT ELISA (data not shown). Graphical analyses relating the α TAT concentration in the sample to the apparent mTAT concentration showed that the contribution by α TAT to the mTAT signal was equivalent in magnitude to 1% of the α TAT concentration in the sample. All reported mTAT data are therefore corrected for the contributions of α TAT. Given the lesser concentrations of mTAT and α TAT in the samples, no corrections to the α TAT data were made.

The α TAT produced in the serum of Tf-activated blood from 4 healthy subjects over 20 minutes (Figure 1C) was analyzed. The

Figure 1. α TAT and mTAT ELISAS. (A) Human α TAT (\bullet) and mTAT (\bullet) captured with an anti-human thrombin mAb and probed with a biotin-labeled anti-human AT polyclonal Ab. (B) Human α TAT (\bullet) and mTAT (\bullet) captured with an anti-human prothrombin fragment 2 mAb and probed with a biotin-labeled anti-human AT polyclonal Ab. (C) α TAT ELISA analyses of WB blood time courses from 4 subjects at 5pM (\bullet) relipidated rTf. Data are shown as the means \pm SEM (n = 4). (D) mTAT ELISA analyses from 4 subjects at 5pM (\bullet) relipidated rTf. Data are shown as the means \pm SEM (n = 4).



data show α TAT generation of 27.2 \pm 3.7nM/min (mean \pm SEM) after a 3-minute lag phase, reaching an average maximum α TAT level of 364 \pm 55nM. mTAT generation was concurrent with that of α TAT; however, both the rate (2.6 \pm 0.9nM/min) and maximum level (16.1 \pm 3.1nM) were considerably decreased (Figure 1D).

The α TAT and mTAT species were examined in relation to the total TAT at the 20-minute time point in the WB of 10 healthy subjects over 22 blood draws (Figure 2). As shown previously,¹⁴ the peak levels of α TAT varied widely from 383 ± 65nM (mean ± SEM) between subjects, displaying a "normal" range between 200 and 700nM. mTAT levels also varied (11.3 ± 2.8nM, range of 1-50nM), with the proportion of mTAT to α TAT variable both within and between subjects. For example, across 4 blood draws in 1 subject, we measured 2, 8, 26, and 50nM mTAT and α TAT concentrations of 331, 380, 270, and 300nM, respectively.

To investigate the variability of mTAT levels, α TAT and mTAT were added to WB and measured after processing. When α TAT is spiked into WB and the blood activated with Tf, α TAT supplementation is additive with respect to the levels generated in the control (no exogenous TAT). α TAT added to prequenched blood or its derived plasma shows no losses after processing when the soluble fraction is assayed. In contrast, when mTAT is spiked into WB and the blood subsequently activated with TF, only 40% of the antigen is recovered in the soluble fraction. When mTAT is spiked into prequenched WB, only 70% is recovered, whereas mTAT spiked into plasma derived from prequenched blood is 100% recovered. These data suggest that there are 2 sources of variation in the levels of mTAT measured in the soluble phase of our quenched time course samples: adsorption to cells and proteolytic degradation.

Computational analysis of empirical mTAT generation

mIIa production by prothrombinase in purified systems has been studied extensively on synthetic phospholipid vesicles.^{3,15,16} In the absence of AT, prothrombin is rapidly activated through the mIIa pathway, with maximum mIIa levels transiently reaching 40% of the final α IIa concentration. In Tf-activated WB, the generation of mIIa results in partitioning of the mIIa between the reaction with the stoichiometric inhibitor AT and rebinding to prothrombinase and conversion to α IIa, with subsequent inhibition resulting in α TAT. Figure 3A shows the results of computational analysis quantifying the extent of this partitioning. Predicted time courses for α TAT and mTAT generation after a hypothetical 5pM Tf stimulus are shown. The computational analysis predicted that, although all of the prothrombin was converted through mIIa, a maximum of 11% of the mIIa was trapped as mTAT rather than



Figure 2. α TAT and mTAT levels versus total TAT levels in individual patients. WB was drawn via phlebotomy into 0.1 mg/mL of CTI and subjected to 5pM relipidated rTf. Samples were quenched at 20 minutes with EDTA and Phe-Pro-Arg chloromethylketone and analyzed via α TAT ELISA (A) or mTAT ELISA (B). n = 10, and blood from some subjects was drawn more than once.



Figure 3. Computational simulation of the meizothrombin pathway. All coagulation factors and inhibitors are set to their mean physiologic levels. Thrombin generation was initiated with a hypothetical 5pM Tf stimulus. (A) α TAT (II) and mTAT (II) species. (B) Empirical α TAT data from Figure 1C (II) and Figure 1D were used to derive α TAT species originating through the mlla pathway (\bigcirc).

being converted to α IIa and eventually trapped as α TAT. Differences in proteome composition also affect the relative distribution of mTAT and α TAT species.¹⁷

Given the evidence that platelets support the prethrombin-2 pathway,⁶ the detection of mTAT in Tf-activated blood suggests that a nonplatelet surface contributes to prothrombin activation through the mIIa intermediate. Based on the model's predicted distribution of α TAT and mTAT, we can estimate (Figure 3B) that the concentration of mTAT at any time point represents approximately 11% of the mIIa produced to that point, with the remainder further processed to α IIa and α TAT. Overall, the maximum level of mTAT (16.1nM) in these 4 subjects suggests that approximately 144nM prothrombin was processed through the mIIa pathway; of this, 128nM mIIa would have been further processed to α IIa and ultimately trapped as α TAT. Therefore, approximately 35% of the α TAT measured at 20 minutes (364nM) would have been derived from the mIIa pathway.

Cellular contributions to thrombin generation

To examine the potential for blood fractions other than platelets to generate α IIa, blood was fractionated to produce packed RBCs, PRP, PPP, and buffy coat. Various combinations of these fractions (PRP + PPP, PRP + WBCs, and PRP + RBCs) were constructed and their response to a 5pM Tf stimulus was compared with that of the source WB. In all cases, reconstitution of PRP with other fractions was performed to achieve the physiologic platelet and peripheral blood cell concentrations measured in each subject's intact blood. To do so, cell counts were performed on each of the blood fractions and reconstituted mixtures. Table 1 presents these results. The cell counts for each blood mixture are displayed as a ratio of the cell counts in the reconstituted fraction over the subject's WB.

CTI blood, "mock-fractionated" via centrifugation at 150g followed by remixing (Figure 4A) before activation by Tf, showed

Table 1. Cell counts measured in the reconstituted PRP fractions

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	Reconstituted fraction/WB ratio			
	Platelets	WBCs	RBCs	Clot time
WB	1	1	1	1
PRP + PPP	1.08 ± 0.11	0.08 ± 0.06	< 0.002	1.89 ± 0.2
PRP + buffy coat	1.22 ± 0.06	1.05 ± 0.16	0.07 ± 0.02	1.83 ± 0.26
PRP + RBCs	1.20 ± 0.06	0.19 ± 0.04	0.68 ± 0.13	1.14 ± 0.08

Complete blood counts were performed on citrated samples from each blood mixture on an automated hematology analyzer. Cell counts were adjusted for the addition of 3.2% sodium citrate (9:1). Data are presented as the ratio of the reconstituted fraction over each patient's WB. Data are presented as the means \pm SEM (n = 5).

no difference in α TAT generation compared with unprocessed WB. aTAT-generation profiles for the reconstituted mixtures are shown in Figure 4B and the thrombin-generation parameters are summarized in Table 2. WB from the 5 subjects in the cohort clotted in $4:09 \pm 0:19$ minutes, generated α TAT at a maximum rate of $47 \pm 7nM/min$, and reached a maximum αTAT level of 444 ± 50 nM. PRP reconstituted to each subject's physiologic platelet concentration with PPP showed a marked delay in the onset of thrombin generation, clotting in 7:54 \pm 1:12 minutes, generated α TAT at a rate of 38 \pm 5nM/min, and reached a maximum level of 267 ± 20 nM (60% of WB). The addition of buffy coat to PRP was incapable of normalizing the clot time (7:46 \pm 1:35 minutes) and had a modest (approximately 15%) negative effect on the maximum rate (32 ± 6 nM/min) and a positive effect (approximately 33%) on the maximum level (335 \pm 54nM) of α TAT generation (75% of WB). The addition of packed RBCs to PRP normalized the IIa generation parameters. PRP reconstituted with a physiologic level of RBCs showed little change in lag phase compared with the corresponding WB (4:47 \pm 0:25 minutes), generated α TAT at the same rate (48 \pm 7nM/min), and reached the same maximum level of α TAT (451 \pm 51nM). When fXIa was used as the initiator of the reaction, the differences in thrombin generation between the various fractions were unchanged, suggesting that these phenomena are independent of the initiator. These data suggest that RBCs are a significant contributor to thrombin generation.

The data in Tables 1 and 2 summarize the cellular sources of thrombin generation in each of the various reconstituted fractions. In PRP reconstituted with PPP, platelet counts were effectively normalized (1.08) while maintaining a minimum WBC contamination (0.08) and an undetectable number of RBCs (< 0.002); however, the clot time ratio was approximately double (1.86) that seen in WB. The addition of buffy coat to PRP slightly elevated the platelet ratio (1.22) and normalized the WBC ratio (1.05). The RBC ratio was slightly elevated (0.07) and the clot time ratio remained approximately doubled (1.83). PRP reconstituted with packed RBCs showed a slightly elevated platelet ratio (1.20) with some WBC contamination (0.19). The RBC ratio was increased to approximately 70% (0.68) and the clot time ratio was effectively normalized. From these data we can draw 4 conclusions: (1) insufficient reconstitution of platelets does not account for the longer clot times observed with PRP + PPP relative to WB, (2) WBC contamination in PRP does not account for the longer clot times observed with PRP + PPP relative to WB, (3) depletion of buffy coat does not prolong the clotting time (Table 1 PRP + RBC), and (4) buffy coat (Table 1 PRP + WBC) is not sufficient to normalize clotting times in the absence of RBCs.



Figure 4. α TAT ELISA analyses of reconstituted PRP. WB was drawn via phlebotomy into 0.1 mg/mL of CTI and subjected to differential centrifugation to obtain WB, PRP, PPP, buffy coat, and packed RBCs. An aliquot of CTI blood was "mock fractionated" via centrifugation at 150*g*, followed by remixing before activation by Tf. (A) α TAT ELISA analyses were performed on a time course from a representative subject's WB (\bigcirc) and mock fractionated blood (O) that was subjected to 5pM relipidated rTf. Samples were quenched at various intervals with EDTA and Phe-Pro-Arg chloromethylketone and analyzed via α TAT ELISA. (B) CTI blood was subjected to differential centrifugation to obtain WB, PRP, PPP, buffy coat (WBC surrogate), and packed RBCs. The latter 3 fractions were used to reconstitute PRP to each subject's physiologic platelet concentration. α TAT ELISA analyses were performed on blood fraction time courses from 5 subjects WB (\bigcirc), PRP + PPP (\blacksquare), PRP + buffy coat (\diamond), and PRP + packed RBCs (\P) subjected to 5pM relipidated rTf. Samples were quenched at various intervals with EDTA and Phe-Pro-Arg chloromethylketone and analyzed via α TAT ELISA. Data are shown as the means ± SEM (n = 5).

These data suggest that, in addition to platelets, RBCs play a major role in the initiation and propagation of thrombin generation in our model.

Washed RBCs

As the cell counts from the blood fractionations indicate, the crude fractionation procedures used did not yield pure cell populations. We therefore washed RBCs from CTI blood collected in the absence of other anticoagulants. Blood was drawn into CTI and centrifuged repeatedly at low speed to eliminate contaminating platelets and WBCs. Cell counts were performed before and after the washing procedure (Table 3) to analyze both the purity and integrity of the washed RBCs. This procedure effectively eliminated WBCs ($< 0.1 \times 10^{3}/\mu$ L) and platelets ($< 0.1 \times 10^{3}/\mu$ L) while maintaining the relative health of the RBCs. Blood smears exhibited < 1% neutrophil contamination. Compared with RBCs in the corresponding WB, washed RBCs maintained their overall shape (mean corpuscular volume, 86.7 vs 85 fL; mean corpuscular hemoglobin, 29.5 vs 29.3 pg) and hemoglobin concentrations (mean corpuscular hemoglobin concentration, 34 vs 34.5 g/dL). We further investigated the purity of the washed RBC populations using FACS, which indicated that RBC populations were > 99.9%positive for the RBC marker glycophorin A while being < 0.01%positive for the WBC marker CD45 or the platelet marker CD42b. Washed RBCs also showed an approximate 70% reduction in reticulocyte counts (CD 71) compared with the corresponding WB (supplemental Figure 1).

FACS was also used to examine the surface expression of PS expression on RBCs in citrated WB and washed RBC fractions. PS expression on glycophorin A–positive RBCs was detected using FITC-annexin V (0.67%) and FITC-bovine lactadherin (0.4%).

Table 2. Thrombin-generation parameters from analyses of reconstituted PRP time courses

Mixture	Clot time, min	αTAT max rate, nM/min	αTAT max level, nM	αTAT max % of WB
WB	4:09 ± 0:19	47.2 ± 7.2	444 ± 49.6	100
PRP + PPP	7:54 ± 1:12	38 ± 4.9	267 ± 19.7	60
PRP + buffy coat	$7{:}46 \pm 1{:}35$	32.4 ± 6.3	335 ± 53.7	75
PRP + RBCs	$4{:}47\pm0{:}25$	48.4 ± 7.0	451 ± 51.4	101

The thrombin-generation parameters clot time, maximum (max) rate of α TAT formation, and max level of α TAT formation are presented. Data are presented as means \pm SEM (n = 5).

NEM and ionophore-treated RBCs bound FITC-labeled fXa in an fVa-dependent manner (Figure 5A-C), with FITC-fXa•fVa detected on approximately 0.6% of the RBC population (Figure 5D-E). These observations were consistently reproducible with either WB or washed RBCs and are consistent with the level reported in the healthy controls from other studies.^{12,18,19} Furthermore, the presence of fXa•fVa binding indicates that not only is a PS-equivalent surface present, but that this surface can support prothrombinase complex formation.

Thrombin generation on washed RBCs

A modification of the CTI blood model was used to examine the thrombin-generation potential of washed RBCs (Figure 6). For these assays, blood (n = 3) was drawn into CTI and the RBCs isolated and washed. Blood from the same subject was redrawn and CTI blood/PPP prepared. Three mixtures, WB, PPP, and PPP + washed RBCs, were activated with 5pM Tf and quenched over a 20-minute time course. WB (n = 3) clotted in 3:40 \pm 0:18 minutes, generated α TAT at a maximum rate of 30 \pm 3nM/min, and reached a maximum level of 354 \pm 8.4nM α TAT (Figure 6A and Table 4). The corresponding PPP showed weak clots after an approximately 2-minute delay (5:35 \pm 1:07 minutes) and exhibited minimal thrombin generation (maximum rate, 6 \pm 0.9nM/min; maximum level, 79 \pm 23nM). PPP reconstituted with washed RBCs to 40% hematocrit

Table 3.	Properties	of was	hed RBC) popu	lations
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Parameter	Normal range	WB	Washed RBCs
WBC, $ imes$ 10 ³ / μ L	3.9-9.4	6.9	< 0.1
PLT, $ imes$ 10 ³ / μ L	155-330	227	< 0.1
RBC parameters			
RBC, $ imes$ 10 ⁶ / μ L	4.14-5.52	4.65	5.08
HGB, g/dL	11.9-16.7	13.7	14.9
MCV, fL	83.2-96.0	86.7	85
MCH, pg	27.1-32.5	29.5	29.3
MCHC, g/dL	31-35.8	34	34.5

HGB indicates mean hemoglobin concentration; MCV, mean corpuscular volume; MCH, mean corpuscular hemoglobin; and MCHC, mean corpuscular hemoglobin concentration.

Blood smears showed < 1% neutrophils. Complete blood counts were performed on citrated samples of washed RBCs on an automated hematology analyzer. Cell counts were adjusted for the addition of 3.2% sodium citrate (9:1). Neutrophils were independently examined using a peripheral blood smear. Data were generated from a representative experiment.



Figure 5. Prothrombinase binding to PS-expressing RBCs. WB was drawn via phlebotomy into 0.1 mg/mL of CTI, centrifuged at 150*g*, and then washed and treated with NEM and ionophore and the indicated reagent, as described in "Methods." Treated cells were diluted to 2×10^6 cell/mL in RBC wash buffer and examined in a flow cytometer. Fluorescence gates were set using nonimmune IgG-FITC (A). PS exposure was detected with FITC-EGRck-fXa either in the absence (B) or presence (C) of saturating fVa. PS exposure was detected on untreated washed RBCs with FITC-EGRck-fXa/fVa (D [histogram] and E [scatter plot with PE-cd235a]).

(equivalent to the initial WB) showed an improved clot time $(4:10 \pm 0.18 \text{ minutes})$ and increased αTAT generation $(21 \pm 2nM/\text{min}, 70\% \text{ of WB})$ with a maximum αTAT of $242 \pm 16nM$ (68% of WB). The data on αTAT generation in PPP + RBCs are consistent with the conclusion that RBCs are responsible for approximately 40% of α IIa generation in the corresponding WB when these data are corrected for the αTAT generation seen in PPP alone.

mIIa generation was also assessed using the mTAT ELISA (Figure 6B). WB generated mTAT at a rate of 1.2 ± 0.8 nM/min and reached a maximum level of 14.7 ± 11.3 nM. PPP reconstituted to a 40% hematocrit showed significant mTAT formation (Table 4) compared with the corresponding WB, with a maximum rate of approximately 0.7 ± 0.2 nM/min (approximately 58% of WB) and reaching a level of 9.1 ± 2.9 nM (approximately 62% of WB). PPP alone showed a lesser amount of mTAT generation (maximum rate, 0.4 ± 0.2 nM/min; maximum level, 4.4 ± 2.5 nM, 27% of WB).

Prothrombinase assembly on washed RBCs

The ability of washed RBCs to support IIase was evaluated (Figure 7A). Washed RBCs were preincubated with fVa and fXa before

initiation of the reaction with prothrombin and AT. Samples were quenched at desired intervals as with WB samples and thrombin generation was assessed via aTAT ELISA. Controls consisted of 250nM PCPS, no exogenous lipid, and RBC centrifugation supernatant. The RBC centrifugation supernatant that was added was equivalent to the contaminating fraction of buffer present in the 40% RBC hematocrit and would contain any exogenous lipids or microparticles in the RBC preparation. Experiments containing 250nM PCPS showed an immediate burst of αTAT generation, a maximum rate of 31nM/min, and a maximum level of aTAT of 128nM. Experiments performed in the absence of exogenous lipid or the presence of the RBC supernatant showed no aTAT formation. FXa fVa incubated with RBCs at a 40% hematocrit showed a brief (approximately 2 minutes) lag phase, followed by a significant and steady level of aTAT generation (14nM/min), reaching a maximum of approximately 119nM. This level of thrombin generation corresponds to approximately 18.3pM IIase. The FACS data suggested that approximately 0.6% of RBCs support fXa·fVa binding (Figure 5). These data translate to roughly 550 IIase sites per PS-positive RBC. When experiments were performed on RBCs pretreated with a molar excess (40nM) of unlabeled bovine





Table 4. Thrombin-generation parameters from analyses of reconstituted PPP time courses

	Clot time,	Max rate,	Max level,
Mixture	min	nM/min	nM
αTAT parameters			
WB	$3{:}40\pm0{:}18$	30.1 ± 2.9	354 ± 8.42
PPP	$5:35 \pm 1:07$	6.0 ± 0.9	79 ± 23
PPP + RBCs	$4{:}10\pm0{:}18$	21.1 ± 2.0	242 ± 16
mTAT parameters			
WB	$\textbf{3:40} \pm \textbf{0:18}$	1.2 ± 0.8	14.7 ± 11.3
PPP	$5:35\pm1:07$	0.4 ± 0.2	4.1 ± 2.5
PPP + RBCs	$4{:}10\pm0{:}18$	0.7 ± 0.2	9.1 ± 2.5

Thrombin- and meizothrombin-generation parameters are from Figure 6. The clot time, maximum (max) rate of α TAT and mTAT formation and max level of α TAT and mTAT formation were calculated from the α TAT and mTAT ELISA data. Data are shown as the means \pm SEM (n = 3).

lactadherin, the ability of these cells to support prothrombinase was nearly abolished (< 3%).

Time-course samples from prothrombin activation studies on PCPS and RBCs (Figure 7A) were analyzed via Western blotting. Figure 7B displays the formation of TAT species over a prothrombinase time course on PCPS vesicles. The formation of mTAT des fragment 1 appears at 2 minutes and reaches a maximum level in 4 minutes and declines over the rest of the time course. The appearance of α TAT is coincident with mTAT reaching a stable level at approximately 7 minutes. However, when RBCs are used as the surface to support prothrombin activation (Figure 7C), the predominant form produced across the time course is aTAT. mTAT is not apparent in the Western blot and the mTAT ELISA detected no significant levels (< 2nM). When RBCs were treated with PMA (Figure 7D), which has been demonstrated to dose dependently increase PS expression in RBCs (supplemental Figure 2),²⁰ transient levels of mTAT des fragment 1 and α TAT were observed. However, the dominant and accumulating TAT species appeared to be that of γ TAT, which is detected by the α TAT but not mTAT ELISA. Therefore, the use of PMA to increase RBC prothrombin activation in this system results in an environment in which both α TAT and mTAT and their respective enzyme species are unstable.

Discussion

We developed aTAT and mTAT ELISAs to examine the pathway of prothrombin activation in Tf-activated WB. In contrast to commercial assays, which measure total TAT, these assays independently recognize mTAT and aTAT. Using these assays, the production of α TAT and mTAT was measured during Tf-activated coagulation. mTAT production occurred concurrently with aTAT formation, reaching approximately 4.4% of the observed aTAT. When the relative distributions of α TAT and mTAT were examined in a larger population, the level of aTAT was relatively constant within subjects, with variability between subjects, which is consistent with previous reports.14 However, mTAT was variable both within and between subjects, which suggests that additional factors influence mTAT measurements in clotting blood. Analyses of the stability of TAT species in WB support this concept, with mTAT species appearing to be both degraded and adsorbed to cellular surfaces. Interestingly, when washed RBCs are artificially induced to express more PS, both the mTAT and α TAT forms are unstable, suggesting that under these conditions, RBCs secrete an active protease that converts both forms to γ TAT.

Computational analyses based on the behavior of prothrombinase on phospholipid vesicles predicted that the amount of prothrombin processed through the mIIa pathway would be approximately 9 times the amount of mTAT observed. When the mTAT data from 10 subjects were interpreted using this conversion factor, approximately 27% (104nM) of the aTAT (383nM) measured was derived from the mIIa pathway. In light of the recent report demonstrating that prothrombin activation on platelets does not generate detectable mIIa,⁶ our confirmation of the previous report of mIIa in clotting WB⁸ raised the question of the source of this product. RBCs and WBCs exist in sufficient abundance to potentially contribute to this phenomenon.²¹ WBCs have been reported to display a procoagulant phenotype in the context of ischemic vascular disease²² and sepsis via expression of Tf.²³⁻²⁵ Enzymatic complexes bound to monocytes and neutrophils exhibit Hasebinding values similar to the platelet-bound complex; however,



Figure 7. Thrombin-generation potential of RBCs. WB was drawn via phlebotomy into 0.1 mg/mL of CTI and washed as described in "Methods." Washed RBCs were counted and stored at 37°C. (A) Ilase (20nM fVa, 200pM fXa final concentrations) was assembled in samples containing 250nM PCPS (\blacksquare), 40% washed RBCs (\bullet), RBCs pretreated with 40nM bovine lactadherin (*), RBC wash supernatant (\mathbf{V}), or no exogenous surface (\mathbf{A}), and the reactions were initiated with a solution containing prothrombin and AT (1.4 and 3.4µM final concentrations, respectively). Aliquots were removed at selected time points, quenched with EDTA and Phe-Pro-Arg chloromethylketone, and the soluble fraction was analyzed via α TAT ELISA and Western blotting. Data are shown as the means \pm SEM (n = 5). Western blotting was performed on nonreduced samples probing with the burro anti-AT polyclonal Ab. Lane 1 shows the mTAT/mTAT des F1/ α TAT standard; lanes 2-, 0- to 20-minute time-course samples. (B) Representative Western blot from RBC prothrombinase time course. (C) Representative Western blot from RBC prothrombinase time course.

complexes bound to lymphocytes are only 25% as active.^{26,27} RBCs make up most of the cellular fraction of blood, comprising 35%-45% by volume.²¹ It has been long known that there is an association between hematocrit levels and thrombosis.²⁸⁻³⁰ Furthermore, previous reports suggest that the ensuing thrombotic complications may be a result of biochemical and biomechanical forces.³¹⁻³⁴

We developed a rapid fractionation procedure for CTI blood in the absence of other anticoagulants to yield minimally altered preparations of RBCs, PRP, PPP, and buffy coat that could be challenged in isolation or combination by Tf to investigate the contributions of each cellular surface to thrombin generation. Our data show that RBCs play a central role in thrombin generation in Tf-activated WB. Previous blood-fractionation studies have used chelating anticoagulants, which have been shown to alter coagulation biochemistry.³⁵ In the current approach, CTI WB is rapidly fractionated into usable components in the absence of exogenous chelating or heparinoid anticoagulants. This fractionation technique provides a source of relatively unadulterated blood cells that can be used to study the cell biology of thrombin generation in vitro. After fractionation, PRP displayed a significantly attenuated thrombin generation potential compared with its corresponding WB. The addition of buffy coat to PRP had some effect on thrombin generation, whereas the addition of RBCs normalized the clot time, rate, and extent of TAT formation. Cell counts in the reconstituted blood mixtures rule out other contaminating cell types as the culprit for these phenomena.

When washed RBCs were added to PPP, the data showed that in the absence of exogenous phospholipid sources, RBCs were capable of producing α TAT at approximately half the rate and extent seen in the corresponding WB. This result is consistent with the increased α TAT observed when PRP was reconstituted with RBCs. More importantly, these cells were capable of generating mTAT, which addresses the question of where mIIa generation can occur. The low levels of thrombin generation observed in PPP can most likely be attributed to the presence of plasma lipoproteins,³⁶ microparticles,³⁷ and the low (25nM) level of phospholipid presented with our Tf reagent.

PS expression in CTI WB was measured via FACS using annexin V and bovine lactadherin. Our results indicate that approximately 0.6% of all RBCs showed some level of PS presentation on their surface, which is consistent with previous reports.^{12,18,19} More significantly, we observe an equivalent level of fVa-dependent fXa binding to the RBC population, which is consistent with the conclusion that some RBCs support IIase. Subsequent IIase assays performed on washed RBCs displayed significant thrombin generation. An initial kinetic study

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of this system suggests approximately 550 IIase sites per RBC assuming a 0.6% PS-positive population. Given the relative abundance of RBCs in blood, this represents a significant (approximately 3×10^{7} /mL) population of IIase-supporting cells. Interestingly, IIase experiments performed on alla-treated RBCs showed an increase in activity. This observation suggests that the thrombin-generation potential of this relatively small fraction of RBCs may be amplified when aIIa is abundant. A possible candidate for these phenomena are reticulocytes, which make up approximately 1% of the RBC population.38 However, the washed RBCs were significantly reduced (< 30%) in this cell type, suggesting that another population of PS-expressing RBCs is the source of PS. Phospholipid asymmetry is one of the competing theories for the clearance of senescent RBCs, whereby PS is detected by macrophages in the spleen, leading to erythrophagocytosis.^{39,40} At any given time in a subject's blood, approximately 0.1%-1% of RBCs are senescent,41 a value coincident with the PS expression data in the present study and previous studies.^{12,18,19} It is therefore conceivable that these cells are responsible for the thrombin generation seen in our assays.

In addition to the identification of the source of mIIa production in WB, the results of the present study support a biochemical role for RBCs in coagulation. In Tf-activated blood, RBCs and platelets both appear to play significant roles in thrombin generation.

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Authorship

Contribution: M.F.W. performed all experiments and wrote the manuscript; V.Z. performed all ELISA assays and helped write the manuscript; and T.O. and K.G.M. participated in experimental design and helped write the manuscript.

Conflict-of-interest disclosure: K.G.M. is a consultant for Daiichi-Sankyo, Merck, Baxter, GTI, Alnylam, and T2 Biosystems and chairman of the board of Haematologic Technologies. The remaining authors declare no competing financial interests.

Correspondence: Kenneth G. Mann, 208 South Park Dr, CRF Room 235, Colchester, VT 05446; e-mail: kenneth.mann@uvm.edu.

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