# Inhibition of lipid peroxidation and iron (II)-dependent DNA damage by extracts of *Pothomorphe peltata* (L.) Miq.

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#### Abstract

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Research supported by CONICET (Consejo Nacional de Investigaciones Científicas y Técnicas) and Universidad de Buenos Aires.

Received April 22, 1996 Accepted September 25, 1996 Leaves of Pothomorphe peltata (L.) Miq. (Piperaceae) are used locally as anti-inflammatory, antipyretic, hepatoprotective and diuretic infusions and to treat external ulcers and local infections in several parts of the Peruvian, Bolivian and Brazilian Amazon region. The antioxidant activity of different extracts of P. peltata was studied using the hydroperoxide-initiated chemiluminescence assay in liver homogenates, and the methanolic extract was found to have the highest antioxidant activity, with an  $IC_{50} = 4 \mu g/ml$ . Aqueous and dichloromethane extracts did not show antioxidant activity. The extracts were further evaluated using the thiobarbituric acid-reactive substances (TBARS) assay. Finally, an assay of DNA sugar damage induced by Fe (II) salt was used to determine the capacity of the extracts to suppress the oxidative degradation of DNA. All the extracts showed antioxidant activity in the latter two bioassays. The methanolic extract showed the highest activity in reducing oxidative damage to DNA, with an IC<sub>50</sub> = 5  $\mu$ g/ml. Since this extract was highly effective in reducing chemiluminescence and DNA damage, and because the latter activity could be due to the presence of compounds that bind to DNA, DNA-binding activity was studied using the DNAmethyl green (DNA-MG) bioassay. A 30% decrease in the initial absorbance of DNA-MG complex was observed in the methanolic extract at 1000 µg/ml, suggesting the presence of compounds that bind to genetic material. No DNA-binding activity was observed in the aqueous or dichloromethane extracts.

#### **Key words**

- Pothomorphe peltata
- Antioxidant activity
- Hydroperoxide-initiated chemiluminescence
- Thiobarbituric acid-reactive substances
- · DNA-binding activity
- Lipid peroxidation

# Introduction

Oxygen radicals and other reactive species derived from them are generated in biological systems either as by-products of oxygen reduction or by xenobiotic catabolism (1). These active oxygen molecules such as superoxide radicals  $(O_2^-, OOH)$  and hydroxyl radicals (OH) are involved in infectious diseases, in local infections and in inflammatory diseases (2), and exert various deleterious effects in

cells and tissues that basically depend on the subcellular structure where they are generated (3). When these species are generated within the hydrophobic domains of cell membranes, the free radical chain reaction of lipid peroxidation predominates. Lipid peroxidation products, e.g., phospholipids and fatty acid hydroperoxides, aldehydes and ketones contribute to the toxic effects exerted in hydrophobic domains (1,3,4). It has been observed that DNA is also a major target of oxidative injury (5),

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being of particular importance in a large number of disorders such as cancer (6) and degenerative diseases including Alzheimer's disease, Parkinson's disease and Hodgkin's disease (7).

Pothomorphe peltata (L.) Miq. (Piperaceae) leaves are popularly used as anti-inflammatory (8-10), antipyretic (11), hepatoprotective (10) and diuretic (11,12) infusions and to treat external ulcers and local infections (13,14) in several parts of the Peruvian, Bolivian and Brazilian Amazon region. The generation and subsequent involvement of free radicals in a large number of diseases such as inflammatory and hepatic disorders have led us to study the effect of crude extracts of P. peltata against lipid and DNA oxidative damage. For this purpose, the inhibition of lipid peroxidation was measured using two different methods, namely the hydroperoxide-initiated chemiluminescence and the production of thiobarbituric acid-reactive substances (TBARS) in rat liver homogenates. DNA damage, on the other hand, was assessed in terms of the iron (II)dependent damage to DNA deoxyribose. Finally, the DNA-binding activity was determined by means of the DNA-methyl green (DNA-MG) assay. The data obtained suggest that extracts of P. peltata may protect against lipid peroxidation and oxidative DNA degeneration.

# Material and Methods

## Chemicals

tert-Butyl hydroperoxide (t-BOOH), catechin, thiobarbituric acid (TBA), butylated hydroxytoluene (BHT), phosphotungstic acid, bovine serum albumin acid, trichloroacetic acid (TCA), calf thymus DNA, DNA-methyl green and doxorubicin hydrochloride (Sigma Chemical Co., St. Louis, MO), sodium dodecyl sulfate (SDS) (Mann Research Laboratories Inc., New York), dichloromethane (Dorwill, Buenos Aires, Argentina), methanol, ethanol and ferrous ammonium sulfate (Mallinckrodt, New York), dimethylsulfoxide (DMSO), nbutanol and TCA (Merck, Buenos Aires, Argentina) were of analytical grade.

#### Plant material

Plant leaves were collected in the settlement of Filadelfia, on the Tambopata river, in Madre de Dios, Perú. Botanical identification was made by Dr. A.A. Gurni, Cátedra de Farmacobotánica, Facultad de Farmacia y Bioquímica, Universidad de Buenos Aires. A voucher specimen is deposited at this institution.

#### Plant extracts

Extracts were prepared following the recommendations of the CYTED (15). Infusions were made by pouring 100 ml of boiling water on 5 g of powdered plant material placed in a stoppered flask. The mixture was left to stand for 20 min and then filtered. The resulting infusion was freeze-dried in a Gamma A lyophilizer (Chriss, Germany) and the resulting powder was considered to be the aqueous extract.

Dichloromethane extracts were prepared by extracting 5 g of dry powdered plant material for 24 h at room temperature in a stoppered flask with 50 ml dichloromethane. The extract was filtered and concentrated under reduced pressure at 43°C in a Savant Speed Vac Plus SC210A concentrator. The marc was extracted with methanol under the same conditions as described for the dichloromethane extract. DMSO was used to solubilize the dichloromethane and methanolic extracts.

### **Animals**

Adult Wistar rats (180-200 g) received a standard laboratory diet and water *ad libitum*.

## Preparation of rat liver homogenates

The livers were excised, perfused and homogenized with 120 mM KCl and 50 mM sodium phosphate buffer, pH 7.4, (1:10, w/v). The samples were centrifuged at 700 g for 10

min at 0-4°C. The supernatant fraction was kept at -20°C until use.

#### **Protein determination**

Protein was measured by the Lowry et al. (16) method using bovine serum albumin as the standard.

### Hydroperoxide-initiated chemiluminescence

Hydroperoxide-initiated chemiluminescence of liver homogenates (17) was measured in an LKB Wallac 1209 Rackbeta liquid scintillation counter in the out-of-coincidence mode, at 30°C. Rat liver homogenates adjusted to a final protein concentration of 0.5 mg/ml in 120 mM KCl and 50 mM sodium phosphate buffer, pH 7.4, in a final volume of 2 ml were placed in 10 x 35-mm glass tubes, which were inserted into low potassium 25 x 50-mm glass vials. Plant extracts solubilized in distilled water were adjusted to the reaction medium at 10, 100 and 1000 µg/ml. DMSO was used to solubilize the dichloromethane and methanolic extracts. Chemiluminescence was initiated by the addition of 3 mM tert-butyl hydroperoxide and is reported as cps/mg protein. Chemiluminescence inhibition values are reported as the ratio of the maximum emission in the presence of plant extracts to that in their absence (control). Catechin was used as a positive control or standard due to its high antioxidant activity (18). Finney's (19) statistical method of probit analysis was used to calculate the concentration of the extract that would inhibit chemiluminescence in 50%, i.e., IC<sub>50</sub>.

## Thiobarbituric acid-reactive substances assay

TBARS were determined by the method described in Fraga et al. (20). Rat liver homogenates, adjusted to 10 mg protein/ml in 120 mM KCl and 50 mM sodium phosphate buffer, pH 7.4, were incubated with 1000, 100 and 10 µg dry weight/ml of plant extract at 37°C for 15 min. Sodium dodecyl sulfate (0.2 ml 3% (w/v))

and 0.05 ml 4% BHT in ethanol were added. After mixing, 2 ml 0.1 N HCl, 0.3 ml 10% (w/ v) phosphotungstic acid and 1 ml 0.7% (w/v) 2-thio-barbituric acid were added. The mixture was heated for 60 min in boiling water, and TBARS were extracted into 5 ml n-butanol. After centrifugation, the fluorescence of the butanol layer was measured at 515 nm excitation and 555 nm emission using Hitachi F-3010 fluorescence spectrophotometer. The values are reported as the ratio of the amount of TBARS formed in the presence of plant extracts compared to control. Catechin was used as standard and 4,4 tetramethoxypropane was used as assay control. The extract concentration that would inhibit by 50% the thiobarbituric acid-reactive substances production, i.e., the IC<sub>50</sub> with a 95% confidence interval, was calculated using Finney's (19) statistical method of probit analysis.

### Assay of DNA-sugar damage

The DNA-sugar damage was assayed by the method of Halliwell and Gutteridge (21), with modifications. The reaction mixture in a total volume of 1.2 ml contained 0.5 ml calf thymus DNA (1 mg/ml 0.15 M NaCl), 0.5 ml sodium phosphate buffer (0.1 M, pH 7.4), 0.2 ml ferrous ammonium sulfate (4.8 mM) and 1000, 100 and 10 µg/ml of the methanolic plant fraction. The reaction mixture was incubated for 1 h at 37°C in a water bath shaker. After incubation, 1 ml 1% (w/v) TBA plus 1 ml 2.8% (w/v) TCA was added to the reaction mixture which was kept in a boiling water bath for 15 min. The TBA reacting species so generated were extracted into 2 ml n-butanol. After centrifugation, the fluorescence of the butanol layer was measured as described above. The iron (II)-dependent DNA-sugar damage inhibition values are reported as the ratio of TBA reacting species in the presence of plant extracts to that in their absence (control). Catechin was used as a positive control, and Finney's (19) statistical method of probit analysis was used to calculate the IC<sub>50</sub>.

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Table 1 - Antioxidant activity in extracts of *P. peltata* using the hydroperoxide-initiated chemiluminescence assay.

Inhibition of chemiluminescence was calculated by [1 - (Esm/Ecm)] x 100. Esm: emission intensity of test samples at maximum emission; Ecm: emission intensity of the control at maximum emission. Catechin was used as a standard. A negative value for inhibition indicates an increase in light emission compared with controls. ND, Not determined.

Extracts	Inhibiti 	on of chemilu	IC <sub>50</sub> (µg/ml) and 90% confidence interval		
	1000 μg/ml	100 μg/ml	10 μg/ml	1 μg/ml	
Catechin (control)	85	81	73	49	1.00 (0.1-2.7)
Aqueous	-247	-253	-32	-	ND
Dichloromethane	-68	65	32	-	ND
Methanolic	73	68	61	38	4.00 (0.8-11)

# DNA-methyl green bioassay

Interaction with DNA was determined using the method of Burres et al. (22). Sample solutions containing 10, 100 and 1000 µg of the corresponding methanolic extract per ml of ethanol were used. Twenty µl of the sample solutions to be tested was transferred in triplicate to the wells of a 96-well microplate (Kartell, Milan, Italy) and the solvent was removed under vacuum. Twenty mg of DNA-MG was suspended in 100 ml 50 mM Tris-HCl buffer, pH 7.5, containing 7.5 mM MgSO<sub>4</sub>, and stirred at 37°C during 24 h. Two hundred µl of DNA-MG reagent was added to each well. The initial absorbance of each sample was read at 655 nm using a Biorad Microplate Model 450 Reader (Biorad, Richmond, VA). Samples were incubated in the dark at room temperature. After 24 h, the final absorbance of samples was measured as described above. The decrease in absorbance was calculated as percent of the untreated DNA-MG absorbance value. Doxorubicin hydrochloride was used as a positive control.

# **Results and Discusion**

The determination of *tert*-butyl hydroperoxide-initiated chemiluminescence proved to be a sensitive assay that could be applied to detect antioxidant activity in extracts of P. peltata. Table 1 shows the inhibition of light emission observed in rat liver homogenates. Results are reported as percent inhibition evaluated at maximum emission (23), while negative inhibition values are the result of increasing chemiluminescence. The methanolic extract of P. peltata showed high antioxidant activity at different concentration (Figure 1), while the dichloromethane extract was only effective at the lowest concentrations (10 and 100  $\mu$ g/ml). The aqueous extract caused an increase in chemiluminescence.

Because hydroperoxide-initiated chemiluminescence detects the free radical trapping activity in a chain reaction that occurs both in the hydrophilic and the hydrophobic domains of biological membranes, a second assay that measures the production of malondialdehyde and related compouds was performed. TBARS are produced as by-products of lipid peroxidation that occurs in the hydrophobic core of biomembranes (20). Although all the extracts tested showed the ability to reduce lipid peroxidation by this method (Table 2), no significant differences were observed between them. Hydroperoxide-initiated chemiluminescence was more sensitive than TBARS production to determine changes in lipid peroxidation, as reported previously (24-26). Similarly, catechin was highly effective in inhibiting the hydroperoxide-initiated chemiluminescence (Table 1), and less effective as an inhibitor of TBARS production (Table 2).

DNA is also a major target of free radicalinduced damage. Under physiological conditions the constant and endogenous rate of production of free radicals may lead to a minimal damage in DNA which is needed to induce the defensive systems and DNA-repair mechanisms. However, if this production increases, oxygen radicals may attack DNA at either the sugar (deoxyribose) or the base, giving rise to a large number of products. Attack at a sugar ultimately leads to strand break with a terminal fragmented sugar residue (27). Protection by different extracts of P. peltata against DNA damage was determined in terms of the damage to its deoxyribose sugar moiety. The presence of various concentrations (10-1000 µg/ ml) of P. peltata extracts prevented the free radical-mediated DNA-sugar damage in a dosedependent manner (Table 3). Although all the extracts showed antioxidant activity, the methanolic extract was the most effective. Catechin was also highly effective in reducing DNA oxidation. The concentration of the methanolic extract that inhibited DNA-damage by 50%, i.e., the IC<sub>50</sub>, was 5  $\mu$ g/ml. This value was similar to the IC<sub>50</sub> obtained for catechin, suggesting the presence of compound(s) with high antioxidant activity, since the material under study was a crude extract. Based on the preliminary data obtained, we postulate that leaves of P. peltata may contain compounds that are capable of acting as antioxidants by reducing lipoperoxidation and free radical-induced DNA-damage.

The antioxidant activity of *P. peltata* extracts was determined using three different bioassays. The determination of chemiluminescence is qualitatively different in that it is used to determine oxidative stress associated with the existence of an imbalance between antioxidant and prooxidant compounds present in the reaction mixture (17). Unknown compounds present in the aqueous extract could diminish the antioxidant activity of certain hy-

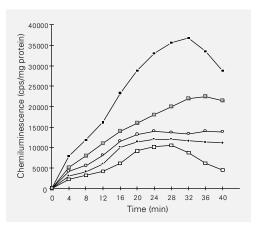


Figure 1 - Effect of a methanolic extract of *P. peltata* on the time course of hydroperoxide-initiated chemiluminescence in rat liver homogenates. ■, No addition; □, 1000 μg/ml; ♠, 100 μg/ml; ○, 10 μg/ml, and □, 1 μg/ml. Zero time was the moment of *tert*-butyl hydroperoxide addition. Values reported are the mean of 2 determinations.

drophilic antioxidants present in liver homogenates, such as glutathione and vitamin C. This would lead to an imbalance in the direction of oxidative stress and the consequent increase in chemiluminescence observed for the aqueous extract (Table 1). In contrast, the increase in chemiluminescence observed at high concentrations of the dichloromethane extract may also be due to the presence of antioxidants that lose their activity at high concentrations, such as desferrioxamine. Finally, the antioxidants present in aqueous and dichloromethane extracts responsible for the inhibition of the production of TBARS (Table 2) may not be implicated in the main pathway of the hydroperoxide-initiated chain reaction, which leads to modifications in light emission, and therefore do not decrease the intensity of chemiluminescence. This is the case for some enzymatic antioxidants such as superoxide dismutase (SOD) and catalase, which in previous studies

Table 2 - Inhibition of the production of thiobarbituric acid-reactive substances (TBARS) by extracts of *P. peltata*.

Percent of inhibition was calculated by (1 - Ptm/Pcm) x 100. Ptm: production of TBARS by test samples; Pcm: production of TBARS by controls. Catechin was used as a standard.

Extracts		Inhibition (%)	IC <sub>50</sub> (µg/ml) and 95% confidence interval		
	1000 μg/ml	100 μg/ml	10 μg/ml		
Catechin (control)	55	55	45	46 (78-22)	
Aqueous	58	22	6	631 (1190-396)	
Dichloromethane	47	46	6	638 (1668-339)	
Methanolic	37	21	10	>1000	

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Table 3 - Effect of *P. peltata* extracts on free radical-mediated DNA-sugar damage and catechin-equivalent activity.

Percent of inhibition of iron (II)-mediated DNA-sugar damage was calculated by (1 - Dtm/Dcm) x 100. Dtm: fluorescence in test samples; Dcm: fluorescence in controls. Catechin was used as a standard. Catechin-equivalent activity was calculated as described in the legend to Table 1.

Extracts	Inhibition (%)			Catechin-equivalent activity (%)			IC <sub>50</sub> (µg/ml) and 95% confidence interval
	1000 μg/ml	100 μg/ml	10 µg/ml	1000 μg/ml	100 μg/ml	10 μg/ml	
Catechin (control)	93	74	59	100	100	100	5.00 (12.7-1.3)
Aqueous	30	20	16	32	27	27	>1000
Dichloromethane Methanolic	31 87	22 74	14 56	33 94	30 100	24 95	>1000 5.00 (12.95-0.72)

were shown to be unable to affect chemiluminescence at higher concentrations (17).

Nuclear and mitochondrial DNA are damaged in vivo by free radicals generated either in normal cellular metabolism pathways and by the action of inflammatory phagocytes in neighboring cells, or by the action of exogenous agents, such as mutagens and radiation, which also induce the production of free radicals. Antioxidants present in P. peltata could act either by scavenging free radicals produced in the inflammatory process or by protecting DNA against the oxidative damage induced by these free radicals. Since the latter activity could be mediated by the presence of compounds that bind to DNA, a colorimetric bioassay for the detection of agents that interact with DNA was carried out. A 30% decrease in the initial absorbance of the DNA-MG complex was observed in the presence of methanolic extract at 1000 µg/ml. No DNA-binding activity was observed in the aqueous or dichloromethane extract in comparison with the reference compound, doxorubicin.

Plants are the source of a wide variety of compounds with a potential antioxidant activity, such as flavonoids and polyphenols. These compounds encompass a substantial molecular weight range, which provides them with different water solubilities. Oxidative stress in the cytosol can be combated with hydrophobic antioxidants due to the presence of hydropho-

bic domains in the celular cytoplasm. In contrast, the nucleus is an aqueous domain, and the antioxidants which are to act there should therefore be water soluble. It has been suggested that the antioxidant property of compounds present in plant extracts or their metal sequestering property due to the presence of polyphenol compounds might be responsible for these effects (28). Thus, the study of crude extracts has proved to be advantageous in that it can help in the designing of modern plant medicinal products which are closer to the original medications commonly used by general populations, resulting in scientific validation of the ethnomedical ancestral use (29). Furthermore, it is important to note that the isolation of an active compound may not always qualitatively or quantitatively account for the activity of the total plant extract, since this may be determined by synergistic mechanisms which are frequently observed in the study of natural products (30). The nature of the compounds present in leaves of P. peltata and the mechanism by which they prevent oxidative injury to lipids and DNA need to be further evaluated in order to determine their potential activity in vivo.

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