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# Methamphetamine Activates Reward Circuitry in Drug Naïve Human Subjects

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Amphetamines are highly addictive drugs that have pronounced effects on emotional and cognitive behavior in humans. These effects are mediated through their potent dopaminergic agonistic properties. Dopamine has also been implicated in the modulation of responses of the 'reward circuit' in animal and human studies. In this study we use functional magnetic resonance imaging (fMRI) to identify the brain circuitry involved in the psychostimulant effect of methamphetamine in psychostimulant-naïve human subjects. Seven healthy volunteers were scanned in a 3T MR imaging system. They received single-blind intravenous infusions of methamphetamine (0.15 mg/kg), and rated their experience of 'mind-racing' on a button press throughout the experiment. Data were analyzed with statistical parametric mapping methods. Amphetamine administration activated the medial orbitofrontal cortex, the rostral part of the anterior cingulate cortex, and the ventral striatum. Ratings of 'mind-racing' after methamphetamine infusion correlated with activations in the rostral part of the anterior cingulate cortex and in the ventral striatum. In addition, activations in the medial orbitofrontal cortex were independent of motor and related responses involved in making the ratings. These findings indicate that the first administration of a psychostimulant to human subjects activates classical reward circuitry. Our data also support recent hypotheses suggesting a central role for the orbitofrontal cortex in drug reinforcement and the development of addiction.

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# INTRODUCTION

Amphetamines are widely abused for their stimulant and euphoriant properties (Murray, 1998). In particular, the methylated derivative, methamphetamine, is a highly addictive drug known for its potent reinforcing effects, as observed in monkeys (Woolverton et al, 1984) and humans (Volkow et al, 2001). Animal and human studies suggest that these effects are mediated through activation of the mesolimbic dopamine system, which innervates limbic and cortical areas including the ventral striatum, orbitofrontal cortex, and anterior cingulate cortex to form a 'reward circuit' (Rolls, 1999; Goldstein and Volkow, 2002).

Within this reward circuitry, a critical role would appear to be played by the orbitofrontal cortex. This region has been shown to be centrally involved in the representation of primary and secondary reinforcers in the primate brain, including humans (Rolls, 1999, 2000). It has been shown that macaques will work to self-administer D-amphetamine into the orbitofrontal cortex (Phillips and Rolls, 1981). In humans, abnormal metabolic activity and low levels of D<sub>2</sub> dopamine receptor availability have been observed in the orbitofrontal cortex of methamphetamine abusers (Volkow *et al*, 2001), which confirms analogous findings in cocaine, alcohol, and heroin abusers and leads to the hypothesis that disruption of (orbito)frontal cortical circuits may lead to compulsive drug intake (Volkow and Fowler, 2000; Volkow *et al*, 2001; Goldstein and Volkow, 2002).

Although the role of reward-related circuitries in addiction has been previously explored by applying functional imaging to study the responses to drug administration in the brains of people with substance abuse disorders (eg Breiter *et al*, 1997), relatively little is known about the responses in these brain regions to drug administration during the initial stages of addiction or in the case of drugnaïve subjects.

In this study we use functional magnetic resonance imaging (fMRI), a noninvasive functional brain mapping technique with high spatial and temporal resolution, to demonstrate that intravenous methamphetamine administered to drug-naïve subjects produces limbic and cortical activations consistent with postulated reward circuitry, in

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particular in the orbitofrontal cortex. These activations correlate with behavioral ratings reflecting the subjective effects produced by methamphetamine administration.

#### MATERIALS AND METHODS

# **Subjects**

The participants of the study were seven right-handed volunteers (four women, three men, mean age 29.1 years), who were psychostimulant-naïve. Subjects were medically fit and had no history of head injury and no current or past Axis I DSM-IV disorder, including substance abuse/dependence on the basis of the Structured Clinical Interview for DSM-IV, clinician version (First et al, 1996). They had all been free of psychotropic medication for 1 year prior to the scan. Subjects were asked whether they had ever taken any psychotropic medication (ie medication to alleviate depression, anxiety, or other psychological disturbances). This was the case only for one subject who had taken psychotropic medication several years previous to the experiment. All subjects gave written informed consent for the study, which was approved by the local ethics committee

# **Experimental Design**

The study was a single-blind within-subjects design. Subjects received intravenous saline for a random period of 10-15 min, followed by i.v. methamphetamine (0.15 mg/ kg) delivered over a 1 min period. The choice of this specific dose was based on pilot data obtained from drug-naïve volunteers where it was established as the smallest i.v. dose that reliably separated the effects of methamphetamine from placebo on subjective ratings. In addition, it is in line with previous studies (eg Kleinschmidt et al, 1999 who used a fixed dose of 15 mg i.v. methamphetamine). The infusion was administered via an infusion pump that was located in a separate room. This enabled us to switch from saline to the active drug without the subjects being aware of this. They had been told that there was a 50% probability that they would receive the active drug. After the methamphetamine infusion, saline was restarted for a further 25-30 min.

Functional images were obtained throughout the whole experiment, which lasted 41 min in total. Subjects rated themselves at 1-min intervals on a right-handed button press for the subjective experience of 'mind racing'. Ratings ranged from 0 (no mind racing) to 4 (high). Increases in this rating have been shown to correlate with the overall psychostimulant effect of methamphetamine and to be attenuated by dopamine depletion (McTavish et al, 1999; see also 'Discussion'). 'Mind racing' was introduced and fully explained to each subject as follows: 'Mind racing is a condition you would not normally experience in day to day life. It is a state where your thoughts run far too quickly as if they were racing. One thought is replaced by another very quickly and it is difficult to hold on to your thoughts. You might have experienced a similar condition when you were very anxious or excited.' Following the scanning session, each participant was asked to describe their subjective experience. All subjects reported that they were well able to

identify the subjective experience of mind racing as it occurred.

An arbitrary visual stimulus, the letter 'L', was displayed on the screen during the experiment (including both the amphetamine and saline periods). Once a minute, the ratings were cued by another arbitrary visual stimulus, the letter 'V', which was displayed on a screen for 0.5 s. This stimulus then changed back to 'L', which was shown for the remaining time.

# **Image Acquisition**

Functional magnetic resonance (fMRI) images were acquired using a 3 Tesla Varian Inova MR imaging system. Each volume comprised 40 T2\*-weighted contiguous axial slices (slice thickness = 6 mm, slice gap = 0 mm), acquired transversally using a single shot echo planar (EPI) pulse sequence (TR = 5 s). The in-plane field of view was  $26.5 \times 26.5 \,\mathrm{cm}^2$ . The matrix dimensions were  $64 \times 64$  with a voxel resolution of  $4 \times 4 \,\mathrm{mm}^2$  in-plane (a  $8 \times 8 \,\mathrm{mm}^2$ Gaussian filter was used for spatial smoothing). A reference whole-brain EPI scan was acquired for each subject. We used a set of optimizing techniques to select the imaging parameters in order to minimize susceptibility and distortion artifacts in the orbitofrontal cortex as described in detail by Wilson et al (2000). The relevant factors include minimizing voxel size in the plane of the imaging, as high a gradient switching frequency as possible (960 Hz), a short echo time of 25 ms, and local shimming for the inferior frontal area.

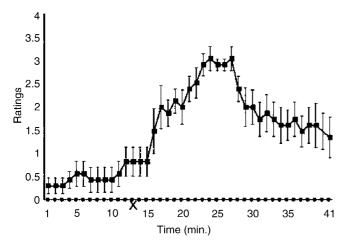
# **Data Analysis**

Imaging data were analyzed using SPM99 (Wellcome Department of Imaging Neuroscience, Institute of Neurology, London). Preprocessing of the data used SPM99 realignment and reslicing with sinc interpolation. FLIRT (FMRIB Centre, Oxford) was used to carry out intermodal registration and spatial normalization to the Montreal Neurological Institute (MNI)-brain (Collins *et al*, 1994). MNI coordinates were transformed into the Talairach coordinate system (Talairach and Tournoux, 1988) for description of the results. Spatial smoothing was applied with an 8 mm full-width at half-maximum isotropic Gaussian kernel. The time series at each voxel were highpass (cutoff period 650 s) and low-pass filtered (by convolving the time series with a hemodynamic response kernel; Friston *et al*, 1994).

A general linear model was then applied to the time course of activation of each voxel. In order to investigate the brain activations related to amphetamine, three different models were constructed for each individual data set. An on-off model was designed to test for the main effects of amphetamine on the BOLD response. Based on the inspections of the changes in subjective ratings (see Figure 1), the 'on' period was modeled as an epoch having its onset 5 min after the start of the amphetamine injection and lasting for 10 min. The 'off' epoch was the period during the initial saline infusion.

For the correlation analysis, the rating onsets were modeled as single impulse response functions (ie an event-related design) and then convolved with the canonical





**Figure I** Averaged (mean ± SEM) behavioral ('mind racing') ratings given by subjects across the experiment. The 'X' in the time axis shows the average time of the amphetamine infusion.

hemodynamic response function (HRF, Friston et al, 1994). The derivative of the HRF was included in the basis functions set. For each individual data set, the time series were linearly modulated by the behavioral ratings given by the subjects ('parametric modulation').

Linear contrasts of parameter estimates were then defined to test the specific effects of each condition within each individual data set. Voxel values for each contrast resulted in a statistical parametric map of the corresponding tstatistic, which was then transformed into the unit normal distribution (SPM Z). The statistical parametric maps from each individual data set were then entered into second-level, random effects analyses accounting for both scan-to-scan and subject-to-subject variability. The group effects of interest were assessed through applying one-sample t-tests to the first-level Z-maps.

Further, we were interested in studying the effects of methamphetamine in reward-related areas when no motorrelated responses were being given, to exclude the possibility that the activations observed resulted from an enhancement of central correlates of motor and related activity involved in making the ratings, including the button press, by amphetamine. The nonmotor related events of the task were (linearly) modeled in each individual data set by selecting a box-car basis function with onsets defined with a delay of 30 s with respect to the button press event (the ratings were given at every minute) and with a duration of 30 s. The cutoff period for the high-pass temporal filter was set to 1200 s, and no low-pass temporal filtering or global scaling was used. The value for the high-pass temporal filtering was designed in order to allow long-lasting, staterelated, effects of the drug to be revealed in the statistical analysis. This value also ensured that only within-subjects changes were modeled by the SPM analysis. A linear contrast was defined to test the comparison amphetamine epoch vs saline epoch in the group analysis. These two time periods were defined using the timing frames described above for the 'on' and 'off' periods. As for the other two models, the statistical parametric maps from each individual data set were entered into a second-level, random effects analysis and the group effects of interest were assessed through applying one-sample t-tests to the firstlevel Z-maps.

The present study reports p-values based on a group analysis for a priori regions of interest given the strong hypotheses generated by previous independent studies (Breiter and Rosen, 1999; Vollenweider et al, 1998; Goldstein and Volkow, 2002; Martinez et al, 2003; Volkow et al, 2001, 2002). The *p*-values were corrected for the number of comparisons made within each region using the small volume correction (SVC) procedure (Worsley et al, 1996) consisting of defining a 10 mm sphere centered at the peak voxel of activation clusters. A priori regions of interest included the medial orbitofrontal cortex (Goldstein and Volkow, 2002; Volkow et al, 2001), the anterior cingulate cortex (Vollenweider et al, 1998; Volkow et al, 2002), and the (ventral) striatum (Breiter and Rosen, 1999; Martinez et al, 2003). Finally, checks were performed using the estimated motion as a covariate of no interest to rule out the possibility of the observed results being due to motionrelated artifacts.

#### **RESULTS**

# **Behavioral Ratings**

All subjects tolerated the drug challenge without difficulty. The time course of subjective ratings, averaged across subjects (mean  $\pm$  SEM), is shown in Figure 1. The average onset of the amphetamine infusion (across subjects) is shown by the 'X' symbol. All subjects experienced an increase in 'mind racing' within 2-3 min after the infusion, peaking at 10-15 min postinfusion. By the end of the experiment ratings were closer to baseline. Subjective reports taken from participants immediately after the experiment indicated that they experienced the subjective drug effects as positive and rewarding.

#### **Functional MRI Results**

Results for all activations are shown in Table 1.

On-off model. The comparison (Amphetamine-Saline) (see 'Materials and methods') produced significant activations in the medial part of the orbitofrontal cortex (Talairach coordinates [16 38 -8], Z=3.26, p<0.01 SVC) and in the rostral part of the anterior cingulate cortex ( $[-2 \ 24 \ -5]$ , Z = 3.19, p < 0.01 SVC) where it borders ventrally the medial part of the orbitofrontal cortex. Less robust but significant activations were found in the right caudate nucleus where it borders the right putamen ([16 18 -9], Z = 2.79, p < 0.05SVC). A further cluster of activation was observed in the right caudate nucleus ([13 19 0], Z = 2.39, p < 0.005uncorrected). A cluster of activation was also found in the left motor cortex ([-4 -12 68], Z = 2.89, p < 0.005uncorrected). The results are illustrated in Figure 2.

Correlation analysis. Correlation of the BOLD fMRI signal with individual mind-racing ratings (see 'Materials and methods') was significant in the caudate nucleus ([5 15 1],

Table I Foci of Activation Clusters within Regions of Interest

Brain region	Talairach coordinates of maximum activity					
	х	у	z	Cluster size (voxels)	Z Score	p (SVC)
Amphetamine—Saline						
Medial orbitofrontal cortex	16	38	-8	74	3.26	0.01
Rostral anterior cingulate	-2	24	-5	44	3.19	0.01
Caudate/putamen	16	18	-9	16	2.79	0.05
Caudate nucleus	13	19	0	8	2.39	0.005 <sup>a</sup>
Correlation analysis						
Caudate nucleus	5	15	1	103	3.38	0.005
Lateral orbitofrontal cortex	39	44	-8	10	2.81	0.01ª
Rostral anterior cingulate extending to medial OFC	0	32	-1	56	3.06	0.005
Motor independent responses						
Medial orbitofrontal cortex	П	38	-8	61	3.66	0.04

<sup>&</sup>lt;sup>a</sup>Uncorrected.

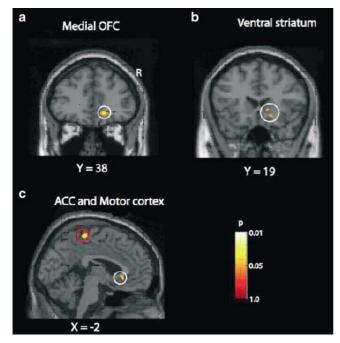
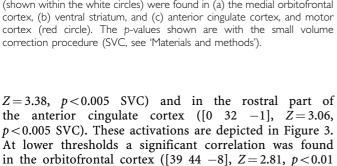


Figure 2 Results of the comparison Amphetamine–Saline. Activations (shown within the white circles) were found in (a) the medial orbitofrontal



uncorrected), and the rostral anterior cingulate activa-

tion just described extended into the medial orbitofrontal

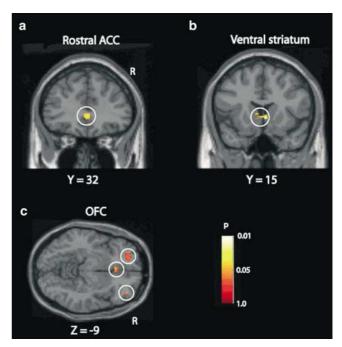


Figure 3 Results of the SPM analysis correlating changes in BOLD signal with subjective ratings of 'mind-racing' produced by methamphetamine. Correlated activations (shown within the white circles) were found in (a) the medial prefrontal cortex (rostral anterior cingulate cortex), (b) ventral striatum, and (c) orbitofrontal cortex. The p-values shown are with the small volume correction procedure (SVC, see 'Materials and methods').

Activations independent of motor response. Activations produced by amphetamine (as compared to saline), which were independent of the motor responses produced during the rating period (see 'Materials and Methods'), were found in the medial part of the orbitofrontal cortex ([11 38 -8], Z = 3.66, p < 0.04. SVC). This cluster of activation overlaps with the medial orbitofrontal cluster found to be activated in the comparison (Amphetamine-Saline) (see above). This

cortex.

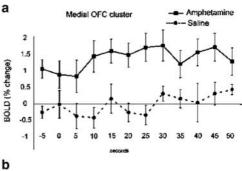
Figure 4 Activations in the medial orbitofrontal cortex (for the comparison (Amphetamine-Saline)) when no motor responses are being made. The most significant cluster of activated voxels for this comparison is shown. (a) The activation is shown superimposed on a high-resolution TI MRI coronal image. (b) The activation is shown superimposed on an EPI image obtained by averaging normalized mean EPI scans across all seven subjects. Coronal and axial images are shown. This illustrates good signal recovery in the orbitofrontal cortex region.

activation is shown in Figure 4, superimposed on a highresolution T1 MRI scan (and on the mean normalized EPI averaged across the seven subjects to show the good signal recovery in the orbital region).

Further analysis was carried out on this medial orbitofrontal cluster shown in Figure 4. The raw (time-series) signals from the voxels in this cluster were extracted and averaged across all the peristimulus time periods (ie the 1 min following a button press response) during the preinfusion (saline) and postinfusion (amphetamine) parts of the experiment. The average signals are shown in Figure 5(a). This graph demonstrates that this region of the orbitofrontal cortex was consistently activated by methamphetamine administration, whereas saline administration did not shift the signal from baseline. This increase was not dependent on motor responses: In Figure 5(b) we show the signal extracted from a motor cortex cluster (continuous with the cluster shown in Figure 2(c)), showing that in this case the activation is locked to the motor response that provided the ratings.

# **DISCUSSION**

This study used fMRI to assess the responses in the human brain to intravenous administration of methamphetamine in amphetamine-naïve, healthy subjects. First, we showed that intravenous methamphetamine administration, when compared to saline administration, produces activity in reward- and affect-related areas of the human brain including the medial orbitofrontal cortex, the rostral anterior cingulate cortex and the (ventral) striatum. Second, activity in these areas was shown to correlate with the subjective ratings reflecting the effects of methamphetamine administration. Third, we have specifically shown that the orbitofrontal cortex is robustly activated by methamphetamine, in that increases in activation were observed across



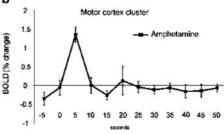


Figure 5 (a) fMRI time course of activations extracted from the orbitofrontal cortex cluster shown in Figure 4. The graph shows robust responses to amphetamine in this area in a way that is independent of the time of the button press made to give the rating at time 0 in the graph. No significant response in this region was produced during saline administration (prior to the amphetamine infusion). (b) Time course of activation extracted from a cluster in the motor cortex area illustrated in Figure 2(c), red circle. In this case, a robust brain activation follows the button press event in contrast to the time course shown in (a). No significant difference was found between the amphetamine and saline periods in this region.

the whole period following drug administration, and that these responses were not dependent on motor-related activity. This last finding provides evidence that the orbitofrontal cortex activation produced by methamphetamine is related to the nonphasic, nonmovement-related effects produced by amphetamine, which include effects such as mind racing, reward, and related effects that may be involved in the development of compulsive drug-intake and addiction (Volkow and Fowler, 2000; Volkow et al, 2001; Goldstein and Volkow, 2002).

Inspection of the behavioral data time courses indicates that the subjective ratings of 'mind-racing' did reflect the effects of amphetamine administration; this is in line with previous findings (McTavish et al, 1999). The cingulate and ventral striatum activations that correlated with these subjective experiences (see Figure 3) are in agreement with the PET study by Vollenweider et al (1998), where it was shown that d-amphetamine produced a mania-like syndrome concomitantly with a widespread increase in absolute cerebral metabolism, which was significant in the anterior cingulate cortex, caudate nucleus, putamen, and thalamus. Dopamine release in the ventral striatum is linked to the rewarding and locomotor-stimulant effects of abused drugs such as amphetamine in experimental animals (Parkinson et al, 1999). In particular, conditioned reinforcement tasks are potentiated by amphetamine administration (Cardinal et al, 2002), and this potentiation is known to depend on dopamine innervation of the nucleus accumbens (Taylor and Robbins, 1986). In humans, this region was shown through fMRI to be activated by cocaine adminis-



tration in cocaine abusers (Breiter et al, 1997; Breiter and Rosen, 1999).

The results described based on the correlation analysis are due largely to an effect of amphetamine on brain processes that occurred at about the time the ratings were given and the button press response was being made. Whether these effects of amphetamine are related to the cognitive evaluation of the current state of mind racing, or to the movements being made to press the button, is difficult to establish. To study brain activations that are independent of motor activity, we therefore used a model in which the event onsets were delayed with respect to the ratings. This analysis revealed a significant cluster of activation in the orbitofrontal cortex (Figure 4), which was not dependent on motor responses (as shown by the time course analysis illustrated in Figure 5). Activation in this area was found to be robust across the period following amphetamine injection, and was only revealed by the particular design used here. The fact that motor-independent activations were not found in other regions (such as the ventral striatum) could be for a number of reasons. One is that they may have been present, but were just not statistically significant. Another is that amphetamine increases activity in some of these regions (e.g. the ventral striatum, as shown in Figure 2) only in relation to the processes involved in giving the ratings such as motor movements.

The finding of significant orbitofrontal cortex activations independent of motor activity in drug-naïve subjects is of significance in the light of the proposed role of the orbitofrontal cortex in drug addiction (Volkow et al, 2001). The role of the primate orbitofrontal cortex in reward processing has been consistently established by neuronal recording studies (Rolls et al, 1989; Rolls, 1999, 2000). Evidence that, in humans, the orbitofrontal cortex is involved in reward processing comes from studies making use of a variety of stimuli, such as odor (Anderson et al, 2003; Rolls et al, 2003b), olfactory stimuli in a sensoryspecific satiety paradigm (O'Doherty et al, 2001), face attractiveness (O'Doherty et al, 2003), sexually arousing stimuli (Redoute et al, 2000), pleasant touch (Rolls et al, 2003a), consonant music sequences (Blood et al, 1999), food in the mouth when hungry (Kringelbach et al, 2003) and water in the mouth when thirsty (de Araujo et al, 2003). Based on these comparisons, we suggest that the activation of the orbitofrontal cortex by amphetamine reflects activation of one of the areas in the brain where amphetamine acts to produce rewarding effects and the associated subjective states. This is in line with the evidence that macaques will learn to self-administer very small quantities of amphetamine to this region (Phillips and Rolls, 1981), and that this is a region where electrical stimulation in macaques is rewarding (Rolls, 2000). This is also in line with the fact that the human orbitofrontal cortex region is in an area in which there are high concentrations of D<sub>1</sub> receptors (Hurd et al, 2001), and abnormal metabolic activity and low availability of dopamine D<sub>2</sub> receptors have been found in this area in the brain of drug addicts (Volkow et al, 2001).

In line with the above, the effects of amphetamine administration on human affective processing have been consistently established. In particular, a recent fMRI study

by Hariri et al (2002) has shown that dextroamphetamine potentiated the amygdala response during the perceptual processing of angry and fearful facial expressions. This result is particularly interesting given the strong connectivity of the amygdala with the orbitofrontal cortex in primates (Rolls, 2000; Cavada et al, 2000). Cognitive processing, which depends on the prefrontal circuitry, can also be modulated by amphetamine administration. Of special interest is the fact that working memory performance is enhanced by amphetamine administration in subjects with relatively low working-memory capacity at baseline, whereas the reverse was found in high-capacity subjects (Mattay et al, 2000; Mattay et al, 2003).

Some limitations of the current study are worth mentioning. First, we used 'mind racing' for self-rating rather than other subjective drug effects that emphasize the emotional experience, such as 'rush', 'buzz' or 'euphoria'. It could be argued, therefore, that because of the behavioral measure used no inferences about the experience of reward can be made. However, 'mind-racing' has previously been shown to correlate with the overall psychostimulant effect of the drug in drug-naïve subjects (McTavish et al, 1999; McTavish et al, 2001). Specifically, McTavish et al (2001) showed this measure to be highly correlated with the rewarding experience of 'buzz'. These authors administered methamphetamine intravenously in a tyrosine depletion study in which subjective measurements of 'mind-racing', 'buzz', 'feeling good', 'alert', 'hunger', and 'depression' were collected. Only the measurements of 'buzz' and 'mindracing' were significantly attenuated by this dopaminedepleting treatment, of which 'mind-racing' was most significant. This suggests that 'mind-racing' may be the subjective experience most related to dopamine neurotransmission.

Furthermore, the attenuation of cognitive activation-related increases in frontocortical regions under amphetamine (Gouzoulis-Mayfrank *et al*, 1999) goes against the conclusion that the activations we found represent correlates of cognitive phenomena only.

Second, the effects of methamphetamine administration on brain activity reported in this study are unlikely to be explained by peripheral changes caused by the drug such as heart-rate or respiratory changes. Part of the evidence for this is that only well-defined regions in the brain were found to be significantly activated by the drug, or to correlate with the 'mind racing' ratings. In addition, hemodilution effects related to intravenous drug administration would not explain the sharp onset of the effect after the amphetamine infusion, given that the experimental protocol starts with the saline administration. Furthermore, Kahn *et al* (1989) in a study with normal volunteers suggested decreases rather than increases in cerebral blood flow (measured by <sup>133</sup>Xe inhalation) occur after i.v. amphetamine despite increases in autonomic and behavioral arousal.

Finally, as subjective ratings were indicated by button press, in some brain areas the activations described could reflect a modulation by methamphetamine of the neural processes associated with cued finger movement. Uftring et al (2001) showed a significant increase in the number of activated voxels in the primary sensorimotor cortex during a simple motor task. However, on the basis of our analysis of the time course of activations in the orbitofrontal cortex,

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we could establish that the neuronal activations found in this area were not dependent on motor activity.

In conclusion, our findings support proposals implicating an important role of the orbitofrontal cortex in reward, particularly with respect to its putative role in drug addiction. As our subjects had no previous exposure to psychostimulants, our results are uncomplicated by phenomena such as craving and cued recall which would be present in drug-dependent individuals.

#### **ACKNOWLEDGEMENTS**

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