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Effect of Storage Temperature on Some Ogi Properties

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Abstract: The study aimed at investigating the effect of storage temperatures on some quality properties of Ogi putting into consideration the peculiar situation of power supply in Nigeria. Ogi was processed using traditional method and stored at different temperatures (27 ± 3 , 5 ± 2 , -10 ± 3 and $-20\pm 3^\circ\text{C}$) for a period of 12 weeks. Proximate, pH, total titrable acidity, pasting characteristics and sensory evaluation were carried out. The total titrable acidity (Lactic acid based) began to decrease as from week 2 and throughout the period of storage in ogi samples stored at ambient temperature of $27\pm 3^\circ\text{C}$. A similar observation was noticed in the ogi stored at $5\pm 2^\circ\text{C}$, while ogi stored at -10 ± 3 and $-20\pm 3^\circ\text{C}$ maintained the total titrable acidity when compared with the fresh ogi. The mean values of pH were significantly different ($p<0.05$) in all the storage conditions, while high pH values of 3.61 ± 0.25 and 3.65 ± 0.05 were recorded at week 12 of ogi stored at ambient temperature and $5\pm 2^\circ\text{C}$ respectively. There was significant difference ($p<0.05$) in moisture content throughout the period of storage. There was significant difference in proximate composition ($p<0.05$) in all the storage conditions and throughout the storage period. The peak viscosity and final viscosity of ogi stored under the ambient temperature witnessed a noticeable reduction throughout the period of storage compared with the fresh sample of ogi. Storage at 5 ± 2 , -10 ± 3 and $-20\pm 3^\circ\text{C}$ conditions maintained the hold strength (hot paste viscosity). The range of pasting temperature for ogi samples throughout the period of storage was between 76 and 80°C . There was no significant difference ($p<0.05$) in multiple comparison results of sensory evaluation and the values for consistency were 2.7 and 2.75 at weeks 8 and 10 respectively for ogi stored at ambient temperature. The acceptability results for consistency and colour showed a significant difference ($p<0.05$). Ogi stored at low temperatures (-10 ± 3 and $-20\pm 3^\circ\text{C}$) were preferred.

Key words: Ogi, pH, pasting properties, storage, temperature, total titrable acidity

INTRODUCTION

Ogi' is a porridge prepared from fermented maize, sorghum or millet in West Africa. It is a popular breakfast cereal and infant weaning food in Nigeria (Banigo and Muller, 1972a, b; Akingbala *et al.*, 1981; Odunfa, 1985). According to Fashakin (1989), the low-income earners find ogi principally better alternative for infant food. While Sokari (1992), in the preparation of Ogi for meal about 20 min boiling step is substituted for normal 24-48 h steeping of maize prior to wet milling. Ogi is used principally alone and may be fortified with legumes as weaning food (Ighedioh *et al.*, 1996; Akinrele *et al.*, 1970). The stiff gel ('Eko') can be eaten along with meat, stew, vegetable soup, steamed bean cake, and "moin". Nutrient losses may be unavoidable during ogi processing. These losses were evaluated and reported by

several workers (Oke, 1967; Banigo and Muller, 1972a; Akingbala *et al.*, 1981) Omemu *et al.* (2007) reported on the Significance of yeasts in the fermentation of maize for ogi production. All the isolates except degraded phytate except *Geotrichum fermentans* and *Rhodotorula graminis*. Likewise the yeasts strains exhibited lipase and esterase activities. *Saccharomyces cerevisiae* and *Candida krusei* showed amylase activities. Oluwamukomi *et al.* (2005) researched on the Effect of soy supplementation d the stages of inclusion on the quality of ogi. Ojo and Akanbi (2004) worked on Rheology of Soy-Ogi. According to Olasupo *et al.* (1997), the shelf life of wet ogi is less than 7days at room temperature except when the sour water is regularly decanted and replaced with fresh water or refrigerated. It is obviously noticeable that daily replacement of sour water on ogi to prolong the shelflife, usually is cumbersome and have the tendency

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to reduce the nutritional value through loss of water-soluble nutrients (Teniola, 1990). Statistics shows that about one-third of the total population of Nigeria people consume ogi at least once a week (Steinkraus, 1996). This created a high demand in the cities, which was not met with increasing population. Also women that would normally produce ogi have less time for domestic duties (Teniola, 1990). If these ever increasing demand for the product must be met, there must be better and less time consuming means of storage to prolong shelf life of ogi and make it available at all time with its quality still intact. This will necessitate the manipulation of some factors such as temperature, moisture content, pH and acidity to prolong the shelf life. Thus, this study attempted to investigate the effect of cold storage temperatures ($5\pm 2^\circ\text{C}$, $-10\pm 3^\circ\text{C}$ and $-20\pm 3^\circ\text{C}$) on some quality properties of ogi, considering the peculiar situation of power supply in our beloved nation, while Ambient temperature ($27\pm 3^\circ\text{C}$) is used as control.

MATERIALS AND METHODS

Dried yellow maize (*Zea mays*) used in this study was obtained from local grain dealer at Osiele, Abeokuta, Nigeria. This study was carried out partly in the Food Science and Technology Laboratory, University of Agriculture, Abeokuta and pasting properties was carried out crop Utilisation unit of International Institute of tropical Agriculture (IITA) Ibadan. The production techniques and various modifications of Ogi have been documented in many articles (Odunfa, 1985; Odunfa and Adeyele, 1985; Chavan and Kadan, 1989; Onyekwere *et al.*, 1989; Steinkraus, 1996). About 14 kg of cleaned maize was steeped in cold water for 72 h at ambient temperature, which was wet milled and wet sieved. The slurry was subsequently allowed to sediment and fermented for 2 days. About 250 g-drained ogi was put in each of small plastic bowl of volume 250ml. Ogi samples were stored at ambient temperature of $27\pm 3^\circ\text{C}$ and Relative humidity of $72\pm 4\%$ with regular decantation and refilling with tap water at interval of two days for 12 weeks, in a domestic refrigerator at $5\pm 2^\circ\text{C}$ and relative humidity of $79\pm 0.5\%$, at freezing temperature of $-10\pm 3^\circ\text{C}$ and relative humidity of $80\pm 4\%$ and $-20\pm 3^\circ\text{C}$ and relative humidity of 80 ± 4 . Total titrable acidity, and pH were carried out at 0, 2, 4, 6, 10 and 12th week. The proximate were carried out at 0, 2, 8, and 12th week while pasting properties and sensory evaluation were carried out at 0, 2, 8 and 12th weeks respectively. The data were subjected to analysis of variance (ANOVA, and where means were significantly different, Duncan Multiple Range Test (DMRT) was used to separate the means. Moisture content and proximate Moisture, fat, ash, crude fibre and carbohydrate content were determined by the standard methods described by AOAC (1984). The pH was

determined by dipping the electrode of Schoff and Gerateca 714 pH m in the sample. The pH meter was standardized at 4 and 7.

Total titratable acidity: Total titrable acidity (lactic acid base) was determined by titrating 0.1M NaOH was titrated against 20 mL prepared from 8 g of Ogi diluted with 80 mL of distilled water (AOAC, 1984).

Pasting/cooking characteristics determination: A Rapid Visco Analyzer (RVA) was used to determine the pasting characteristic of the ogi slurry Oven-dried to 8% (w/w dry solid basis).

Sensory evaluation: A 20-member panel consisting of adults was used to evaluate the "ogi" porridge samples. The panel was untrained but consisted of ogi consumers. The selection was based on familiarity, interest and availability. Ogi porridge (akamu) was prepared by mixing 100 g of ogi slurry collected at different storage conditions at week 2, 8 and 10 diluted to 50 mL with water. In a transparent 1000 mL plastic bowl and 400 mL of boiled water at 100°C was used to gelatinize the sample, this was further boiled for 5 min and allowed to cool to $50\text{-}60^\circ\text{C}$ before serving randomly on coded transparent plastic and disposable cup and spoon. A 5-point scale was used for the difference test (multiple comparison tests). Where 5 stands for no difference, and 1 extreme difference. Nine points' hedonic scale was used for the acceptability test. Where 9 rates "like extremely" and 1 rate "dislike extremely. The Responses obtained from the panels were subjected to statistical analysis. Analysis of Variance (ANOVA) and the Duncan Multiple Range Test (DMRT) were used to check significant difference among means.

RESULTS AND DISCUSSION

Total titratable acidity (%TTA): The total titratable acidity (lactic acid based) is presented in Fig. 1. The values shows a significant different ($p<0.05$). Total titrable acidity of ogi stored at ambient Temperature ($27\pm 3^\circ\text{C}$) experienced a reduction from 1.0 at week 2 to 0.65 ± 0.02 at week 12. A similar observation was noticed in ogi sample stored at 5°C at week 8 through week 12. The total titrable acidity of ogi samples stored at temperatures of $-10\pm 3^\circ\text{C}$ and $-20\pm 3^\circ\text{C}$ remained the same through out the period of storage. The reduction in total titrable acidity (lactic acid based) observed in ogi stored at ambient temperature ($27\pm 3^\circ\text{C}$) from week 2 and from week 8 for ogi stored at $5\pm 2^\circ\text{C}$ in week 8 could be due to the irregular increase and decrease in population of lactic acid bacteria that was observed by Teniola (1990). The higher and constant total titrable acidity maintained in $-10\pm 3^\circ\text{C}$ and $-20\pm 3^\circ\text{C}$ through out the period of storage is

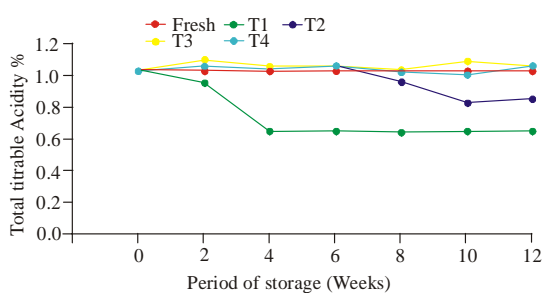


Fig. 1: Total titrable acidity of ogi slurry during storage
 T1 = Ogi sample stored at Temperature 27±3°C
 T2 = Ogi sample stored at Temperature 5±2°C
 T3 = Ogi sample stored at Temperature -10±3°C
 T4 = Ogi sample stored at Temperature -20±3°C

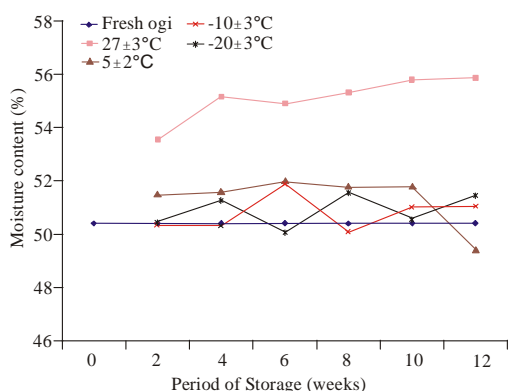


Fig. 2: Moisture content of ogi during storage

an indication of a better shelf-life at these storage temperatures and an inhibition of activities of microorganism. The activities of microorganism and enzymes were reduced by the conversion of moisture or free water into ice at -10±3°C and -20±3 (Adams and Moss, 1995). The total titrable acidity values for ogi stored at ambient temperature were below the minimum recommended as safe and acceptable by Olatunji (1977) from 4th week. This implies that ogi stored under this condition may not be safe for consumption at weeks between 2nd and 3rd week. Total titrable acidity at other storage temperatures: 5±2°C, -10±3°C and -20± were within the recommended value of 0.79-1.2% (Olatunji, 1977). There may be further reduction in total titrable acidity at temperature 5±2°C if the storage period is prolonged beyond 12 weeks.

Table 1 shows the pH values of ogi slurry during storage in all the four storage temperatures. The values were significantly different (p<0.05) throughout the period of storage. Ogi sample stored at ambient temperature (27±3°C) and at 5±2°C increased compared to the value for fresh samples, which was 3.54±0.05 with highest value, recorded at week 12. Such was not observed in ogi stored at low temperatures of -10±3°C and

Table 1: pH of Ogi slurry during different storage temperatures

Week	27±3°C	5±2°C	-10.±3°C	-20±3°C
0 (fresh ogi)	3.50	3.50	3.50	3.50
2	3.54	3.57	3.48	3.48
4	3.57	3.59	3.42	3.45
6	3.53	3.59	3.50	3.50
8	3.52	3.63	3.49	3.49
10	3.53	3.52	3.46	3.44
12	3.61	3.65	3.43	3.43

-20±3°C, the variation in pH levels noticed in the sample storage condition may be attributed to the difference in the trend of activities of microorganisms reported by Teniola, (2000). Extension in storage period of ogi stored at ambient temperature (27±3°C) and 5±2°C will definitely encourage increase in pH beyond the recommended value of 3.7 by Akingbala *et al.* (1981) with the trend of the pH values obtained. This possible increase of pH with time may permit many spoilage and pathogenic microorganism to grow and cause spoilage (Brown and Booth, 1991).

Moisture content: Figure 2 shows the moisture content of ogi during storage. There was a noticeable deviation from the moisture content throughout storage period in ogi sample stored at ambient temperature (27±3°C) compared with fresh ogi. This is however expected since there is regular decantation and refilling of water of ogi stored at this temperature as practiced in the traditional setting. There was significant difference (p<0.05) between fresh sample, sample stored at ambient temperature and at 5±2°C, -10±3°C and -20±3°C. The Pearson correlation for moisture content showed a significant difference (p<0.01). The moisture content of ogi stored at temperatures -10 ±3°C and -20±3°C was converted to ice crystal which was not useful to any microorganism, as long as the condition is maintained and the period of total thawing is not immediate 2 h, after removal from freezer or disconnection of freezer from power source.

Proximate composition: The proximate composition of ogi samples for all the storage conditions throughout the storage period are shown in Table 2 .The varying values obtained in the protein and crude fibre can be attributed to the effect of processing and uneven distribution of these compositions as a result of processing of the ogi (Oke, 1967; Adeyemi, 1983; Akinrele, 1970).

Sensory evaluation: Table 3 shows the multiple comparison and acceptability result respectively. The mean score for sourness, Aroma and colour throughout the storage condition and for all the storage temperatures were between 3 and 3.70, this implies that there were moderate difference in ogi sample stored at all the storage temperatures, with the exception of weeks 8 and

Table 2: Proximate composition of ogi at storage temperatures

Week	Ash (%)	Crude fibre (%)	Protein (%)	Fat (%)	Carbohydrate (%)
Fresh ogi					
0	0.19	1.86	2.18	0.15	45.22
Temperature (27±3°C)					
2	0.14	1.49	2.34	0.13	42.37
4	0.09	0.42	1.69	0.11	42.54
8	0.01	1.14	1.65	0.10	41.71
12	0.07	0.62	1.75	0.10	41.62
Temperature (5±0°C)					
2	0.19	0.99	1.69	0.13	45.51
4	0.15	0.50	1.79	0.14	45.85
8	0.15	0.15	2.43	0.23	43.34
12	0.15	1.42	2.22	0.22	46.59
Temperature (-10±3°C)					
2	0.18	0.50	1.85	0.14	46.98
4	0.15	0.30	2.66	0.22	46.36
8	0.15	2.97	2.24	0.21	44.35
12	0.15	2.57	2.11	0.219	43.90
Temperature (-20±3°C)					
2	0.15	1.79	2.49	0.22	44.88
4	0.15	1.45	2.02	0.21	44.89
8	0.15	1.52	1.49	0.14	45.14
12	0.15	0.58	2.17	0.18	45.47

Values are means and standard deviations of 20 panelists

10 in consistency at ambient temperature (27±3°C) according to consumer judgment. There was significant difference (p<0.05) in consistency and colour. The multiple comparison results of ogi samples for all storage temperatures showed that, the value obtained for of consistency less in ogi sample stored at ambient temperature (27±3°C). This is indicative of the deviation from the fresh ogi. The acceptability test throughout the storage period showed a general dislike in all the attributes for ogi stored at ambient temperature (27±3°C) as the storage period increased.

Pasting properties: Table 4 shows the pasting properties for fresh, 8 and 12th weeks. The pasting properties of ogi stored at ambient temperature (27±3°C) witnessed a decrease compared to ogi stored at other temperatures. However, the pasting time and pasting temperature had no significance difference at (p<0.05). Wet-milled ogi according to Adeyemi (1983) had pasting temperature of 77.1°C. The values of gelatinization temperature obtained in this study were comparable with the value stated above. This seems to be characteristic of fermented and wet-milled ogi compared with ogi developed from cereal flour (Akanbi *et al.*, 2003). The Hot paste viscosity and break down value are indication of the resistant and paste stability of the ogi sample stored at different storage temperatures. The resistant to heat was least in ogi stored at ambient temperature compared with other storage condition. Likewise, the paste stability was least in ogi stored at ambient temperature (27±3°C). Ogi stored at -10±3°C and -20±3°C had a better paste stability. The ogi stored at low temperatures showed better retrogradation tendency, however, ogi stored at -10±3°C and -20±3°C modify or exacerbate spoilage characteristics. These

Table 3: Sensory evaluation of akamu prepared from ogi during storage

Attributes	27±3°C	5±2°C	-10±3°C	-20±3°C
Multiple comparison (Difference test) Akamu prepared during storage				
Week 2				
Sourness	3.20±0.32	3.05±0.69	3.35±0.35	3.40±0.82
Aroma	3.00±1.03	3.50±0.69	3.50±0.69	3.40±0.50
Consistency	3.25±0.85	3.15±0.88	3.20±1.10	3.00±0.79
Colour	3.40±1.09	3.60±1.14	3.70±0.86	3.65±0.81
Week 8				
Sourness	3.40±1.09	3.15±0.93	3.10±1.37	3.40±1.23
Aroma	3.60±1.19	3.10±1.12	3.15±0.10	3.50±0.97
Consistency	2.70±1.26	3.30±0.73	3.15±0.87	4.15±0.99
Colour	3.30±1.08	3.55±1.15	3.35±0.87	3.05±0.88
Week 10				
Sourness	3.10±1.16	3.20±1.05	3.20±1.35	3.05±1.35
Aroma	3.00±0.86	3.45±0.89	3.45±0.98	3.15±0.99
Consistency	2.75±1.41	3.25±0.96	3.25±0.87	3.15±0.87
Colour	3.30±0.73	3.60±0.94	3.60±1.09	3.45±1.09
Consumer acceptability test of ogi during storage				
Week 2				
sourness	5.85±2.46	6.85±1.57	6.15±1.137	6.15±1.67
Aroma	5.75±2.05	6.60±1.67	6.10±1.41	6.10±1.04
consistency	6.50±1.82 ^{ab}	7.05±1.27 ^a	6.90±.78 ^a	6.90±1.87 ^a
Colour	6.85±1.59 ^{ab}	7.25±1.48 ^{ab}	7.10±1.33 ^a	7.10±1.04 ^a
Week 8				
sourness	4.70±2.05	6.30±2.05	6.20±1.88	6.70±0.92
Aroma	5.45±1.93	6.35±1.81	6.45±1.36	6.45±1.57
consistency	4.90±2.07 ^c	6.65±.81	6.85±1.57 ^a	6.05±1.96 ^{bc}
Colour	6.15±1.69 ^{bc}	7.15±1.34 ^{ab}	6.95±1.19 ^{ab}	6.85±1.22 ^{ab}
Week 10				
sourness	5.65±2.06	6.00±2.00	6.00±1.47	6.05±1.47
Aroma	5.50±1.94	6.55±1.23	6.55±1.48	6.10±1.48
consistency	5.30±2.85 ^c	6.15±1.75	6.15±1.54	6.20±1.54
Colour	5.65±2.13 ^{bc}	6.70±1.34 ^{ab}	6.70±1.77 ^{ab}	6.75±1.77 ^a

a, b, c, d, e, f: means in the same column are not significantly different (p<0.05)

had a better gelling ability throughout the storage. According to Adams and Moss (1995), low temperatures can cause physiological changes in microorganism that

Table 4: Pasting properties of oven-dried ogi during storage at 12 % (w/v) concentration

Fresh ogi							
0(fresh)	188.46±7.37	114.58±6.84	73.88±9.87	192.06±11.06	77.58±0.70	5.00±0.28	79.55±1.69
Temperature (27±3°C)							
8	181.83±0.94	104.00±12.4	78.08±11.19	183.96±45.31	78.21±0.18	5.13±0.28	78.35±2.12
12	161.50±0.25	111.29±11.84	50.20±10.78	177.07±3.16	65.78±7.37	5.56±0.05	79.03±8.13
Temperature(5±2°C)							
8	198.34±21.33	123.71±6.06	74.62±15.27	201.81±6.38	78.21±0.18	4.96±0.33	80.42±0.45
12	177.06±0.55	114.66± 7.65	61.04± 6.30	182.87±17.03	68.21±9.37	5.17±0.14	77.13±0.61
Temperature (10±2°C)							
8	187.58±6.36	110.25±3.65	77.33±2.71	200.79±45.23	90.54±0.47	4.77±0.14	79.03±0.61
12	177.05±.53	113.54±9.29	63.50±9.78	183.52±15.83	70.08±6.72	5.20±0.89	77.96±0.56
Temperature (-20±3°C)							
8	204.67±0.05	111.79±0.76	81.79±16.44	201.50±20.51	89.71±3.36	4.67±0.01	79.15±1.13
12	185.33±7.55	116.12±16.33	69.21±8.78	198.46±29.91	82.33±13.59	5.16±0.23	78.02±0.60

Data are means and standard deviation of 2 replicates

changes probably represent a disturbance in metabolism. These may be responsible for many changes observed in the total titratable acidity, pH, and the pasting properties of ogi stored at these temperatures.

CONCLUSION

This study showed that ogi stored at ambient temperature have the tendency to experience a reduction in lactic acid below the minimum recommendation of 0.79 after the 2nd or 3rd week of storage. It would appear that there will be pH increase beyond the 3.7 as recommended to be safe and acceptable, if the storage period is prolonged beyond 2 weeks after production.

The pasting properties (peak, final and set back viscosity) were low and unstable for ogi stored at ambient temperature (27±3°C) and ogi stored at 5±2°C may follow the same trend if storage is prolonged.

The ogi stored at ambient temperature were less acceptable in terms of sourness, aroma, consistency and colour as the storage period increases. Ogi stored at 5±2°C had reduction in titratable acidity by week 8 and an extension in storage period beyond 12th week may lead to reduction qualities of desirable attributes, this may likely reduce the safety index of the product. Ogi stored at ambient temperatures will likely witness loss in pasting quality as the storage period extends beyond 12 weeks.

Ogi stored at 10±3°C and -20±3°C have stable and constant total titratable acidity and pH throughout the period of storage, while the pasting properties pasting stability and gel ability were closer to the fresh ogi. It appeared this can be maintained as long as the frozen state is maintained.

Therefore, this study showed that Ogi is better and will retain its desirable properties for long period if stored at low temperatures between -10±3°C and -20±3°C for safety, maintain desirable qualities and consumers' acceptance as long as it is kept in the frozen state.

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