# Exact scaling exponents in Korn and Korn-type inequalities for cylindrical shells 

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#### Abstract

Understanding asymptotics of gradient components in relation to the symmetrized gradient is important for the analysis of buckling of slender structures. For circular cylindrical shells we obtain the exact scaling exponent of the Korn constant as a function of shell's thickness. Equally sharp results are obtained for individual components of the gradient in cylindrical coordinates. We also derive an analogue of the Kirchhoff ansatz, whose most prominent feature is its singular dependence on the slenderness parameter, in marked contrast with the classical case of plates and rods.


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## 1 Introduction

Korn's inequalities [20, 21] play a central role in the theory of linear and nonlinear elasticity, and other areas of physics (see the review [16]). In the study of buckling of slender structures

[^0]under compression $[15,6,13]$ and more generally in the study of safe loads $[2,7,9]$, of fundamental importance is the dependence of the Korn constant on parameters of the problem. With the application to buckling in mind we study the scaling of the Korn constant as a power of $h=t / R$, where $t$ is the wall thickness and $R$ is the outer radius of the circular cylindrical shell. (See [33, 34] for the application of this theory to rods and plates.) Traditionally, the Korn inequality is proved either for the functions in the orthogonal complement to the space of infinitesimal motions [20, 21, 10] or for functions vanishing on a portion of the boundary [19]. However, for the study of buckling and in other contexts one needs to examine the Korn constant for more general spaces of functions that contain no infinitesimal motions [18, 35, 8, 13, 30, 23].

In order to obtain an asymptotically sharp estimate of the Korn constant one needs to provide an "ansatz": a family of near-minimizers for the variational definition of the Korn constant and then prove an "ansatz-free" inequality establishing the sharpness of the ansatz. This program can be completed for both linear and nonlinear versions of the Korn inequality via a compactness theorem for rods and plates [11], justifying the Kirchhoff ansatz [17]. However, the compactness does not hold for cylindrical shells and new approaches, including a new ansatz are needed. The ansatz presented in this paper involves oscillations on a scale $h^{1 / 4}$, intermediate between the macroscopic and the length scale $h$ of the shell wall. Our method of proof of the ansatz-free bound reduces the first Korn inequality for the circular cylindrical shell to 2D Korn-type inequalities defined on the cylindrical coordinate "plane" cross-sections. These Korn-type inequalities can be regarded to be a cross between the first and second Korn inequalities [32]. They are called weighted Korn's inequalities in Nazarov's work on complex slender bodies [31, 28, 29, 30]. The proof uses the method of harmonic projections from [19]. The great flexibility of this method was further explored in [14] with the eventual goal of establishing Korn's inequalities for more general shells, needed for quantification of high sensitivity to imperfections of the critical buckling load of axially compressed circular cylindrical shells.

To apply the buckling theory from [13] we also need constants in the Korn-like inequalities for gradient components. These inequalities have the form of the first Korn inequality but with a specific component of the gradient matrix in place of the full gradient. We show that, perhaps surprisingly, the constants in Korn-like inequalities scale in $h$ differently from the Korn constant. This phenomenon is a manifestation of a high degree of symmetry in circular cylindrical shells. With this understanding it is natural that our proof makes full use of that symmetry through the periodicity in circumferential variable and subsequent recasting of the problem in terms of Fourier coefficients. We conjecture that the imperfections breaking the symmetry will also destroy the distinct power laws in the Korn-like inequalities for gradient components. We believe that this effect is related to the large discrepancy between the theoretical buckling load $[24,37]$ and the experimentally observed values [4, 22]. These ideas are made more precise in our companion paper [12].

This paper is organized as follows. In Section 2 we introduce Korn and Korn-like constants and state our main results for the cylindrical shell. The new oscillatory ansatz is also derived there. We reduce the ansatz-free Korn inequality for the cylindrical shell to the two-dimensional Korn-type inequalities in Section 3. These inequalities are proved by means of the harmonic projection method in Section 4. In Section 5 we go to the Fourier
space in order to prove our most delicate estimates: the Korn-like inequalities for gradient components.

## 2 Korn and Korn-type inequalities for cylindrical shells

Let $\Omega \subset \mathbb{R}^{3}$ be an open set. Let $V$ be a subspace of $W^{1,2}\left(\Omega ; \mathbb{R}^{3}\right)$ such that $W_{0}^{1,2}\left(\Omega ; \mathbb{R}^{3}\right) \subset V$. We recall that Korn's constant $K=K(V)$ is defined by

$$
\begin{equation*}
K(V)=\sup \left\{K \geq 0:\|e(\boldsymbol{\phi})\|^{2} \geq K\|\nabla \boldsymbol{\phi}\|^{2} \text { for all } \boldsymbol{\phi} \in V\right\} \tag{2.1}
\end{equation*}
$$

where

$$
e(\boldsymbol{\phi})=\frac{1}{2}\left(\nabla \boldsymbol{\phi}+(\nabla \boldsymbol{\phi})^{T}\right),
$$

and $\|\cdot\|$ always denotes the $L^{2}$ norm on the domain of definition of the function within the norm symbol. Equivalently,

$$
K(V)=\inf _{\phi \in V} \frac{\|e(\boldsymbol{\phi})\|^{2}}{\|\nabla \boldsymbol{\phi}\|^{2}}
$$

In this paper we consider a family of circular cylindrical shells given in cylindrical coordinates $(r, \theta, z)$ as

$$
\mathcal{C}_{h}=\left\{(r, \theta, z): r \in I_{h}, \theta \in \mathbb{T}, z \in[0, L]\right\}, \quad I_{h}=\left[1-\frac{h}{2}, 1+\frac{h}{2}\right]
$$

where $\mathbb{T}$ is a 1 -dimensional torus (circle) describing $2 \pi$-periodicity in $\theta$.
Our goal is to examine the asymptotics of the Korn constant $K\left(V_{h}\right)$, as $h \rightarrow 0$, where $V_{h}$ is one of the subspaces

$$
\begin{align*}
V_{h}^{(1)} & =\left\{\boldsymbol{\phi} \in W^{1,2}\left(\mathcal{C}_{h} ; \mathbb{R}^{3}\right): \phi(r, \theta, 0)=\mathbf{0}, \phi_{r}(r, \theta, L)=\phi_{\theta}(r, \theta, L)=0\right\}  \tag{2.2}\\
V_{h}^{(2)} & =\left\{\boldsymbol{\phi} \in W^{1,2}\left(\mathcal{C}_{h} ; \mathbb{R}^{3}\right): \phi_{\theta}(r, \theta, 0)=\phi_{z}(r, \theta, 0)=\phi_{\theta}(r, \theta, L)=\phi_{z}(r, \theta, L)=0\right\},  \tag{2.3}\\
V_{h}^{(3)} & =\left\{\boldsymbol{\phi} \in W^{1,2}\left(\mathcal{C}_{h} ; \mathbb{R}^{3}\right): \phi_{z}(r, \theta, 0)=\phi_{z}(r, \theta, L)=\int_{0}^{L} \phi_{\theta}(r, \theta, z) d z=0\right\} \tag{2.4}
\end{align*}
$$

Here we write $\boldsymbol{\phi}=\phi_{r} \boldsymbol{e}_{r}+\phi_{\theta} \boldsymbol{e}_{\theta}+\phi_{z} \boldsymbol{e}_{z}$, where $\left\{\boldsymbol{e}_{r}, \boldsymbol{e}_{\theta}, \boldsymbol{e}_{z}\right\}$ is the standard orthonormal basis in cylindrical coordinates. The problem of asymptotic analysis of $K\left(V_{h}^{(i)}\right)$, as $h \rightarrow 0$, arises in the theory of buckling of slender bodies [13], applied to circular cylindrical shells in our companion paper [12]. The space $V_{h}^{(2)}$ corresponds to the boundary conditions, where the bottom of the shell is kept fixed, while the top is allowed only vertical displacements under the applied forces. Spaces $V_{h}^{(2)}$ and $V_{h}^{(3)}$ permit the loaded shell to "breathe", since the radial displacements are not prescribed at either end. At the top of the shell the vertical displacement rather than the applied force is prescribed. In our notation the dependence on $L$ is suppressed, while the essential dependence on $h$ is emphasized.

In cylindrical coordinates the gradient of $\boldsymbol{\phi}=\phi_{r} \boldsymbol{e}_{r}+\phi_{\theta} \boldsymbol{e}_{\theta}+\phi_{z} \boldsymbol{e}_{z}$, has the form

$$
\nabla \boldsymbol{\phi}=\left[\begin{array}{ccc}
\phi_{r, r} & \frac{\phi_{r, \theta}-\phi_{\theta}}{r} & \phi_{r, z}  \tag{2.5}\\
\phi_{\theta, r} & \frac{\phi_{\theta, \theta}+\phi_{r}}{r} & \phi_{\theta, z} \\
\phi_{z, r} & \frac{\phi_{z, \theta}}{r} & \phi_{z, z}
\end{array}\right] .
$$

### 2.1 Ansatz

The famous Kirchhoff ansatz [17] for columns and plates can be derived by substituting the quadratic Taylor expansion of a test function $\phi(x, y, z, h)$, defined on $\omega \times[0, h]$, at $(z, h)=(0,0)$ into $e(\phi)$ and postulating cancellation of zeroth order terms [13]. This simple and natural method for obtaining the ansatz for the Korn inequality generates a set of smooth infinitesimal isometries [36] of the middle surface. In the case of a cylindrical shell and our boundary conditions, there are no admissible ${ }^{1}$ smooth infinitesimal isometries, and hence, this method does not work. We conclude that that the dependence of the ansatz on $(r, h)$ cannot be regular as $h \rightarrow 0$. A typical example of such a nonsmooth behavior is small scale oscillations as $h \rightarrow 0$, exhibited in optimal design problems [25,5] or martensitic phase transitions [1, 3]. Mathematically such an oscillatory behavior could be modelled by functions of the form (2.7) below. We postulate that the dependence on $r$ is regular:

$$
\begin{equation*}
\phi^{h}(r, \theta, z)=\boldsymbol{u}^{h}(\theta, z)+(r-1) \boldsymbol{v}^{h}(\theta, z) . \tag{2.6}
\end{equation*}
$$

We substitute this ansatz into (2.5) and obtain the zeroth order term in $r-1$ :

$$
e\left(\boldsymbol{\phi}^{h}\right)(1, \theta, z)=\left[\begin{array}{ccc}
v_{r}^{h} & \frac{v_{\theta}^{h}+u_{r, \theta}^{h}-u_{\theta}^{h}}{2} & \frac{v_{z}^{h}+u_{r, z}^{h}}{2} \\
\frac{v_{\theta}^{h}+u_{r, \theta}^{h}-u_{\theta}^{h}}{2} & u_{\theta, \theta}^{h}+u_{r}^{h} & \frac{u_{z, \theta}^{h}+u_{\theta, z}^{h}}{2} \\
\frac{v_{z}^{h}+u_{r, z}^{h}}{2} & \frac{u_{z, \theta}^{h}+u_{\theta, z}^{h}}{2} & u_{z, z}^{h}
\end{array}\right] .
$$

In order to obtain the best ansatz for the Korn inequality we have to eliminate all off-diagonal components in $e\left(\phi^{h}\right)(1, \theta, z)$, while making sure that it is the off-diagonal components that are dominant in $\nabla \boldsymbol{\phi}^{h}(1, \theta, z)$. In fact, we can eliminate all components in $e\left(\boldsymbol{\phi}^{h}\right)(1, \theta, z)$, except $u_{z, z}^{h}$, by setting

$$
v_{r}^{h}=0, \quad v_{\theta}^{h}=-u_{r, \theta}^{h}+u_{\theta}^{h}, \quad v_{z}^{h}=-u_{r, z}^{h}, \quad u_{r}^{h}=-u_{\theta, \theta}^{h}, \quad u_{z, \theta}^{h}=-u_{\theta, z}^{h} .
$$

The last equation can solved by

$$
u_{\theta}^{h}=w_{, \theta}^{h}, \quad u_{z}^{h}=-w_{, z}^{h} .
$$

Hence, we obtain the ansatz that depends on a single function $w^{h}(\theta, z)$ :

$$
\phi_{r}^{h}=-w_{, \theta \theta}^{h}, \quad \phi_{\theta}^{h}=r w_{, \theta}^{h}+(r-1) w_{, \theta \theta \theta}^{h}, \quad \phi_{z}^{h}=-w_{, z}^{h}+(r-1) w_{, \theta \theta z}^{h} .
$$

[^1]In this case

$$
\nabla \boldsymbol{\phi}^{h}=\left[\begin{array}{ccc}
0 & -w_{, \theta}^{h}-w_{, \theta \theta \theta}^{h} & -w_{, \theta \theta z}^{h} \\
w_{, \theta}^{h}+w_{, \theta \theta \theta}^{h} & \frac{(r-1)\left(w_{, \theta \theta}^{h}+w_{, \theta \theta \theta \theta}^{h}\right)}{r} & r w_{, \theta z}^{h}+(r-1) w_{, \theta \theta \theta z}^{h} \\
w_{, \theta \theta z}^{h} & \frac{-w_{, \theta z}^{h}+(r-1) w_{, \theta \theta \theta z}^{h}}{r} & -w_{, z z}^{h}+(r-1) w_{, \theta \theta z z}^{h}
\end{array}\right],
$$

and

$$
e\left(\boldsymbol{\phi}^{h}\right)=\left[\begin{array}{ccc}
0 & 0 & 0 \\
0 & \frac{(r-1)\left(w_{, \theta \theta}^{h}+w_{, \theta \theta \theta \theta}^{h}\right)}{r} & \frac{(r-1)\left(w_{, \theta z}^{h}+w_{, \theta \theta \theta z}^{h}\right)}{2 r} \\
0 & \frac{(r-1)\left(w_{, \theta z}^{h}+w_{, \theta \theta \theta z}^{h}\right)}{2 r} & -w_{, z z}^{h}+(r-1) w_{, \theta \theta z z}^{h}
\end{array}\right] .
$$

We now assume that the functions $w^{h}(\theta, z)$ are "oscillatory" as $h \rightarrow 0$ :

$$
\begin{equation*}
w^{h}(\theta, z)=W\left(\frac{\theta}{a_{h}}, \frac{z-L / 2}{b_{h}}\right), \quad \theta \in[-\pi, \pi], z \in[0, L] \tag{2.7}
\end{equation*}
$$

where

$$
\sqrt{h}<a_{h} \leq 1, \quad h<b_{h} \leq 1, \quad \lim _{h \rightarrow 0} a_{h} b_{h}=0
$$

Here $W(\eta, \zeta)$ can be any smooth compactly supported function on $(-1,1)^{2}$, (For the space $V_{h}^{(3)}$ we need $\int W(\eta, \zeta) d \zeta=0$, which can be achieved by using $W_{, \zeta}(\eta, \zeta)$ in place of $W(\eta, \zeta)$.) while the function $w^{h}(\theta, z)$ is extended as a $2 \pi$-periodic function in $\theta \in \mathbb{R}$. Thus, we obtain

$$
\begin{aligned}
& \left|\nabla \boldsymbol{\phi}^{h}\right|^{2}=O\left(\max \left\{\frac{1}{a_{h}^{6}}, \frac{1}{a_{h}^{4} b_{h}^{2}}, \frac{1}{b_{h}^{4}}\right\}\right) . \\
& \left|e\left(\phi^{h}\right)\right|^{2}=O\left(\max \left\{\frac{h^{2}}{a_{h}^{6} b_{h}^{2}}, \frac{h^{2}}{a_{h}^{8}}, \frac{1}{b_{h}^{4}}\right\}\right),
\end{aligned}
$$

and

$$
K\left(V_{h}\right) \leq C \min _{(a, b) \in[h, 1]^{2}} \frac{\max \left\{\frac{h^{2}}{a^{6} b^{2}}, \frac{h^{2}}{a^{8}}, \frac{1}{b^{4}}\right\}}{\max \left\{\frac{1}{a^{6}}, \frac{1}{a^{4} b^{2}}, \frac{1}{b^{4}}\right\}} .
$$

It is a matter of simple analysis to show that the minimum is achieved at $a=\sqrt[4]{h}, b=1$, giving $K\left(V_{h}\right) \leq C h \sqrt{h}$. Thus, we have proved the following theorem.

Theorem 2.1 (Ansatz). Let
$V_{h}^{0}=V_{h}^{(1)} \cap V_{h}^{(2)} \cap V_{h}^{(3)}=\left\{\boldsymbol{\phi} \in W^{1,2}\left(\mathcal{C}_{h} ; \mathbb{R}^{3}\right): \phi(r, \theta, 0)=\boldsymbol{\phi}(r, \theta, L)=\mathbf{0}, \int_{0}^{L} \boldsymbol{\phi}(r, \theta, z) d z=0\right\}$.

Then there exist an absolute constant $C_{0}$ such that

$$
\begin{equation*}
K\left(V_{h}^{0}\right) \leq C_{0} h \sqrt{h} . \tag{2.8}
\end{equation*}
$$

This is established via the ansatz

$$
\left\{\begin{array}{l}
\phi_{r}^{h}(r, \theta, z)=-W_{, \eta \eta}\left(\frac{\theta}{\sqrt[4]{h}}, z\right)  \tag{2.9}\\
\phi_{\theta}^{h}(r, \theta, z)=r \sqrt[4]{h} W_{, \eta}\left(\frac{\theta}{\sqrt[4]{h}}, z\right)+\frac{r-1}{\sqrt[4]{h}} W_{, \eta \eta \eta}\left(\frac{\theta}{\sqrt[4]{h}}, z\right) \\
\phi_{z}^{h}(r, \theta, z)=(r-1) W_{, \eta \eta z}\left(\frac{\theta}{\sqrt[4]{h}}, z\right)-\sqrt{h} W_{, z}\left(\frac{\theta}{\sqrt[4]{h}}, z\right)
\end{array}\right.
$$

where the function $W(\eta, z)$ is a smooth compactly supported function on $(-1,1) \times(0, L)$ such that $\int_{0}^{L} W(\eta, z) d z=0$ for all $\eta$, while the function $\phi^{h}(\theta, z)$ is extended as a $2 \pi$-periodic function in $\theta \in \mathbb{R}$.

We remark that inequality (2.8) holds for each $V_{h}^{(i)}$, since $V_{h}^{0} \subset V_{h}^{(i)}, i=1,2,3$.

### 2.2 Ansatz-free lower bounds

ThEOREM 2.2 (Ansatz free lower bound). There exist a constant $C(L)$ depending only on $L$ such that

$$
\begin{equation*}
K\left(V_{h}^{(i)}\right) \geq C(L) h^{3 / 2}, \quad i=1,2,3 \tag{2.10}
\end{equation*}
$$

The proof is conducted in two steps. In Section 3 we reduce inequality (2.10) to the Korn-type inequalities in two-dimensional that can be regarded as refined versions of the two-dimensional Korn inequality. In Section 4 these two-dimensional Korn-type inequalities are proved, establishing Theorem 2.2.

The intended application of these inequalities to buckling of cylindrical shells requires that we also estimate the $L^{2}$ norms of the individual components of the gradient matrix (2.5) in terms of $\|e(\boldsymbol{\phi})\|^{2}$. We first observe that the inequalities

$$
\left\|(\nabla \boldsymbol{\phi})_{r r}\right\|^{2} \leq\|e(\boldsymbol{\phi})\|^{2}, \quad\left\|(\nabla \boldsymbol{\phi})_{\theta \theta}\right\|^{2} \leq\|e(\boldsymbol{\phi})\|^{2}, \quad\left\|(\nabla \boldsymbol{\phi})_{z z}\right\|^{2} \leq\|e(\boldsymbol{\phi})\|^{2}
$$

are obvious, as are the inequalities

$$
\begin{aligned}
& \left\|(\nabla \boldsymbol{\phi})_{\theta r}\right\|=2\left\|e(\boldsymbol{\phi})_{r \theta}-\frac{1}{2}(\nabla \boldsymbol{\phi})_{r \theta}\right\| \leq 2\left\|e(\boldsymbol{\phi})_{r \theta}\right\|+\left\|(\nabla \boldsymbol{\phi})_{r \theta}\right\| \leq 2\|e(\boldsymbol{\phi})\|+\left\|(\nabla \boldsymbol{\phi})_{r \theta}\right\|, \\
& \left\|(\nabla \boldsymbol{\phi})_{z r}\right\|=2\left\|e(\boldsymbol{\phi})_{r z}-\frac{1}{2}(\nabla \boldsymbol{\phi})_{r z}\right\| \leq 2\left\|e(\boldsymbol{\phi})_{r z}\right\|+\left\|(\nabla \boldsymbol{\phi})_{r z}\right\| \leq 2\|e(\boldsymbol{\phi})\|+\left\|(\nabla \boldsymbol{\phi})_{r z}\right\|, \\
& \left\|(\nabla \boldsymbol{\phi})_{z \theta}\right\|=2\left\|e(\boldsymbol{\phi})_{\theta z}-\frac{1}{2}(\nabla \boldsymbol{\phi})_{\theta z}\right\| \leq 2\left\|e(\boldsymbol{\phi})_{\theta z}\right\|+\left\|(\nabla \boldsymbol{\phi})_{\theta z}\right\| \leq 2\|e(\boldsymbol{\phi})\|+\left\|(\nabla \boldsymbol{\phi})_{\theta z}\right\| .
\end{aligned}
$$

The task is, therefore, to estimate the ratios $\left\|(\nabla \boldsymbol{\phi})_{r \theta}\right\| /\|e(\boldsymbol{\phi})\|,\left\|(\nabla \boldsymbol{\phi})_{r z}\right\| /\|e(\boldsymbol{\phi})\|$, and $\left\|(\nabla \boldsymbol{\phi})_{\theta z}\right\| /\|e(\boldsymbol{\phi})\|$.

Theorem 2.3. There exists a constant $C(L)$ depending only on $L$ such that for any $\boldsymbol{\phi} \in$ $V_{h}^{(1)} \cup V_{h}^{(2)} \cup V_{h}^{(3)}$ we have

$$
\begin{align*}
& \frac{\left\|(\nabla \boldsymbol{\phi})_{r \theta}\right\|^{2}}{\|e(\phi)\|^{2}} \leq \frac{C(L)}{h \sqrt{h}}  \tag{2.11}\\
& \frac{\left\|(\nabla \boldsymbol{\phi})_{\theta z}\right\|^{2}}{\|e(\phi)\|^{2}} \leq \frac{C(L)}{\sqrt{h}}  \tag{2.12}\\
& \frac{\left\|(\nabla \boldsymbol{\phi})_{r z}\right\|^{2}}{\|e(\phi)\|^{2}} \leq \frac{C(L)}{h} \tag{2.13}
\end{align*}
$$

We observe that inequality (2.11) is an immediate consequences of the Korn inequality (2.10). The other two inequalities are proved in Section 5. The remarkable feature of inequalities (2.11)-(2.13) is the presence of 3 distinct scaling laws for different components of the gradient. This is a consequence of the high degree of symmetry possessed by the circular cylindrical shell. We conjecture that deviations from the perfect symmetry will "mix" the three cylindrical components producing a single scaling exponent determined by the Korn constant. Another important observation is that ansatz (2.9) exhibits the scaling laws given by the upper bounds for all 3 ratios in Theorem 2.3.

## 3 Reduction to two-dimensional Korn-type inequalities

In this section we give the proof of Theorem 2.2 modulo two-dimensional Korn-type inequalities, which constitute the technical core of our method. The argument in this section splits naturally into a sequence of successive steps.
Step 1. In this step we prove that one can replace $\nabla \boldsymbol{\phi}$ and $e(\boldsymbol{\phi})$ in Theorem 2.2 by

$$
\boldsymbol{A}=\left[\begin{array}{ccc}
\phi_{r, r} & \phi_{r, \theta}-\phi_{\theta} & \phi_{r, z} \\
\phi_{\theta, r} & \phi_{\theta, \theta}+\phi_{r} & \phi_{\theta, z} \\
\phi_{z, r} & \phi_{z, \theta} & \phi_{z, z}
\end{array}\right], \quad \text { and } \quad \boldsymbol{A}_{\mathrm{sym}}=\frac{1}{2}\left(\boldsymbol{A}+\boldsymbol{A}^{T}\right),
$$

respectively. The justification is based on a simple observation that

$$
\begin{equation*}
\left\|e(\boldsymbol{\phi})-\boldsymbol{A}_{\mathrm{sym}}\right\|^{2} \leq\|\nabla \boldsymbol{\phi}-\boldsymbol{A}\|^{2} \leq h^{2}\|\boldsymbol{A}\|^{2} \tag{3.1}
\end{equation*}
$$

Indeed, if we can prove that $\|\boldsymbol{A}\|^{2} \leq C h^{-3 / 2}\left\|\boldsymbol{A}_{\text {sym }}\right\|^{2}$, then

$$
\|\boldsymbol{A}\|^{2} \leq C h^{-3 / 2}\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|^{2} \leq C h^{-3 / 2}\left(\|e(\boldsymbol{\phi})\|^{2}+h^{2}\|\boldsymbol{A}\|^{2}\right)
$$

and therefore $(1-C \sqrt{h})\|\boldsymbol{A}\|^{2} \leq C h^{-3 / 2}\|e(\phi)\|^{2}$. Thus, for sufficiently small $h$ we also have

$$
\|\boldsymbol{A}\|^{2} \leq C h^{-3 / 2}\|e(\boldsymbol{\phi})\|^{2}
$$

concluding that

$$
\|\nabla \boldsymbol{\phi}\|^{2} \leq 2\|\nabla \boldsymbol{\phi}-\boldsymbol{A}\|^{2}+2\|\boldsymbol{A}\|^{2} \leq 2\left(h^{2}+1\right)\|\boldsymbol{A}\|^{2} \leq C h^{-3 / 2}\|e(\boldsymbol{\phi})\|^{2}
$$

Step 2. In order to prove the Korn inequality for $\boldsymbol{A}$ we need to estimate the quantities

$$
G_{12}^{2}=\left\|\phi_{\theta, r}\right\|^{2}+\left\|\phi_{r, \theta}-\phi_{\theta}\right\|^{2}, \quad G_{13}^{2}=\left\|\phi_{r, z}\right\|^{2}+\left\|\phi_{z, r}\right\|^{2}, \quad G_{23}^{2}=\left\|\phi_{z, \theta}\right\|^{2}+\left\|\phi_{\theta, z}\right\|^{2}
$$

in terms of

$$
\begin{array}{ll}
E_{12}^{2}=\left\|\phi_{\theta, r}+\phi_{r, \theta}-\phi_{\theta}\right\|^{2}, \quad E_{13}^{2}=\left\|\phi_{r, z}+\phi_{z, r}\right\|^{2}, & E_{23}^{2}=\left\|\phi_{z, \theta}+\phi_{\theta, z}\right\|^{2} \\
E_{11}^{2}=G_{11}^{2}=\left\|\phi_{r, r}\right\|^{2}, & E_{22}^{2}=G_{22}^{2}=\left\|\phi_{\theta, \theta}+\phi_{r}\right\|^{2},
\end{array} E_{33}^{2}=G_{33}^{2}=\left\|\phi_{z, z}\right\|^{2} .
$$

Estimate for $G_{23}$. This estimate is the simplest to make. Integration by parts, using the boundary conditions $\phi_{\theta}=0$ at $z=0$ and $z=L$, common to the spaces $V_{h}^{(1)}$ and $V_{h}^{(2)}$, and the boundary conditions $\phi_{z}=0$ at $z=0$ and $z=L$ for $V_{h}^{(3)}$, combined with the periodicity in $\theta$, gives

$$
\left|\left(\phi_{z, \theta}, \phi_{\theta, z}\right)\right|=\left|\left(\phi_{z, z}, \phi_{\theta, \theta}\right)\right| \leq\left\|\phi_{z, z}\right\|\left\|\phi_{\theta, \theta}\right\| \leq E_{33}\left(E_{22}+\left\|\phi_{r}\right\|\right),
$$

where $(f, g)$ denotes the inner product of $f$ and $g$ in $L^{2}\left(\mathcal{C}_{h}\right)$. It follows that

$$
\begin{equation*}
G_{23}^{2}=E_{23}^{2}-2\left(\phi_{z, \theta}, \phi_{\theta, z}\right) \leq E_{23}^{2}+E_{22}^{2}+E_{33}^{2}+2 E_{33}\left\|\phi_{r}\right\| \leq 2\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|\left(\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|+\left\|\phi_{r}\right\|\right) \tag{3.2}
\end{equation*}
$$

Estimate for $G_{13}$. It would seem that the most natural way to estimate $G_{13}$ is by the Korn inequality on the rectangle $I_{h} \times[0, L][18]$ :

$$
\begin{equation*}
\|e(\boldsymbol{\Phi})\|^{2} \geq C h^{2}\|\nabla \boldsymbol{\Phi}\|^{2} \tag{3.3}
\end{equation*}
$$

where

$$
\boldsymbol{\Phi}(r, z)=\left(\phi_{r}\left(r, \theta_{0}, z\right), \phi_{z}\left(r, \theta_{0}, z\right)\right)
$$

for each fixed $\theta_{0}$, since $\phi_{z}\left(r, \theta_{0}, 0\right)=0$. However, inequality (3.3) is incapable of delivering the correct scaling law $h^{3 / 2}$ of the three-dimensional Korn constant, and, hence, a more delicate estimate than (3.3) is required.

Theorem 3.1 (First (and a half) Korn inequality). There exists a constant $C_{0}(L)>0$ depending only on $L$, such that, if the vector field $\boldsymbol{\phi}=(u, v) \in H^{1}\left(I_{h} \times[0, L] ; \mathbb{R}^{2}\right)$ satisfies $v(x, 0)=0, x \in I_{h}$ in the sense of traces, then for any $h \in(0,1)$ and any $L>0$

$$
\begin{equation*}
\|\nabla \boldsymbol{\phi}\|^{2} \leq C_{0}(L)\|e(\boldsymbol{\phi})\|\left(\frac{\|u\|}{h}+\|e(\boldsymbol{\phi})\|\right) \tag{3.4}
\end{equation*}
$$

The theorem is proved in Section 4. We emphasize that there are no boundary conditions imposed on $u(x, y)$. Applying Theorem 3.1 to the vector field $\boldsymbol{\Phi}(r, z)$ for every $\theta_{0}$ and integrating the resulting inequality in $\theta_{0}$ over $[0,2 \pi]$ we obtain, via the Cauchy-Schwartz inequality for the product term
$G_{13}^{2} \leq C(L)\left(E_{11}^{2}+E_{13}^{2}+E_{33}^{2}+\frac{\left\|\phi_{r}\right\|}{h}\left(E_{11}+E_{13}+E_{33}\right)\right) \leq C(L)\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|\left(\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|+\frac{\left\|\phi_{r}\right\|}{h}\right)$.
Estimate for $G_{12}$. The estimate for $G_{12}$ requires an even more delicate Korn-type inequality for rectangles than the estimate for $G_{13}$.

Theorem 3.2. Suppose that the vector field $\boldsymbol{\phi}=(u, v) \in H^{1}\left(I_{h} \times[0,2 \pi] ; \mathbb{R}^{2}\right)$ satisfies $\boldsymbol{\phi}(x, 0)=\boldsymbol{\phi}(x, 2 \pi)$ in the sense of traces. Then

$$
\begin{equation*}
\|u\|^{2} \leq\left\|\boldsymbol{e}_{*}\right\|^{2}+2\left\|\boldsymbol{G}_{*}\right\|\|v\|+2\|v\|^{2}, \tag{3.6}
\end{equation*}
$$

where

$$
\boldsymbol{G}_{*}=\left[\begin{array}{cc}
u_{, x} & u_{, y}-v \\
v_{, x} & v_{, y}+u
\end{array}\right], \quad \boldsymbol{e}_{*}=\frac{1}{2}\left(\boldsymbol{G}_{*}+\boldsymbol{G}_{*}^{T}\right)
$$

In addition, there exist absolute numerical constants $\sigma>0$ and $C_{0}>0$, such that for any $h \in(0, \sigma)$

$$
\begin{equation*}
\left\|\boldsymbol{G}_{*}\right\|^{2} \leq C_{0}\left(\left\|\boldsymbol{e}_{*}\right\|^{2}+\left\|\boldsymbol{e}_{*}\right\| \frac{\|u\|}{h}+\|v\|^{2}\right) . \tag{3.7}
\end{equation*}
$$

The theorem is proved in Section 4.
We apply inequality (3.7) to the vector field

$$
\begin{equation*}
\mathbf{\Phi}(r, \theta)=\left(\phi_{r}\left(r, \theta, z_{0}\right), \phi_{\theta}\left(r, \theta, z_{0}\right)\right) \tag{3.8}
\end{equation*}
$$

for every $z_{0} \in[0, L]$. Integrating the resulting inequality in $z_{0}$ and using the Cauchy-Schwarz inequality for the product term, we obtain

$$
G_{12}^{2} \leq C_{0}\left(\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|^{2}+\left\|\boldsymbol{A}_{\mathrm{sym}}\right\| \frac{\left\|\phi_{r}\right\|}{h}+\left\|\phi_{\theta}\right\|^{2}\right)
$$

We estimate via the 1D Poincaré inequality and (3.2)

$$
\begin{equation*}
\left\|\phi_{\theta}\right\|^{2} \leq \frac{L^{2}}{\pi^{2}}\left\|\phi_{\theta, z}\right\|^{2} \leq \frac{L^{2}}{\pi^{2}} G_{23}^{2} \leq \frac{2 L^{2}}{\pi^{2}}\left(\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|^{2}+\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|\left\|\phi_{r}\right\|\right) \tag{3.9}
\end{equation*}
$$

Thus, there exists a constant $C(L) \leq C_{0}\left(L^{2}(\sigma+1)+1\right)$ such that

$$
\begin{equation*}
G_{12}^{2} \leq C(L)\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|\left(\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|+\frac{\left\|\phi_{r}\right\|}{h}\right) \tag{3.10}
\end{equation*}
$$

Combining inequalities (3.2), (3.5) and (3.10) we obtain the three-dimensional Korn-type inequality

$$
\begin{equation*}
\|\boldsymbol{A}\|^{2} \leq C_{1}(L)\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|\left(\frac{\left\|\phi_{r}\right\|}{h}+\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|\right) \tag{3.11}
\end{equation*}
$$

It is now clear that in order to prove the Korn inequality (2.10) we need to estimate $\left\|\phi_{r}\right\|$. Estimate for $\left\|\phi_{r}\right\|$. The estimate for $\left\|\phi_{r}\right\|$ is based on inequality (3.6) in Theorem 3.2 applied to the vector field $\boldsymbol{\Phi}$, given by (3.8). Integrating the resulting inequality in $z_{0}$, and using the Cauchy-Schwarz inequality for the product term we obtain

$$
\left\|\phi_{r}\right\|^{2} \leq\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|^{2}+2\|\boldsymbol{A}\|\left\|\phi_{\theta}\right\|+2\left\|\phi_{\theta}\right\|^{2} \leq\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|^{2}+\epsilon^{2}\|\boldsymbol{A}\|^{2}+\left(2+\frac{1}{\epsilon^{2}}\right)\left\|\phi_{\theta}\right\|^{2}
$$

for any $\epsilon>0$. The small parameter $\epsilon \in(0,1)$ will be chosen later to optimize the resulting inequality. By the "Poincaré inequality" (3.9) we obtain for sufficiently small $\epsilon$

$$
\left\|\phi_{r}\right\|^{2} \leq\left(\frac{L^{2}}{\epsilon^{2}}+1\right)\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|^{2}+\epsilon^{2}\|\boldsymbol{A}\|^{2}+\frac{L^{2}}{\epsilon^{2}}\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|\left\|\phi_{r}\right\| .
$$

Therefore,

$$
\left\|\phi_{r}\right\|^{2} \leq 2\left(\frac{L^{2}}{\epsilon^{2}}+1\right)^{2}\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|^{2}+2 \epsilon^{2}\|\boldsymbol{A}\|^{2}
$$

Thus,

$$
\begin{equation*}
\left\|\phi_{r}\right\| \leq \sqrt{2}\left(\left(\frac{L^{2}}{\epsilon^{2}}+1\right)\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|+\epsilon\|\boldsymbol{A}\|\right) \tag{3.12}
\end{equation*}
$$

Substituting this inequality into (3.11), we conclude that there is a constant $C(L)$, depending only on $L$, such that

$$
\|\boldsymbol{A}\|^{2} \leq C(L)\left(\frac{1}{h \epsilon^{2}}+\frac{\epsilon^{2}}{h^{2}}\right)\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|^{2}
$$

We now choose $\epsilon=h^{1 / 4}$ to minimize the upper bound:

$$
\begin{equation*}
\|\boldsymbol{A}\|^{2} \leq \frac{C(L)}{h \sqrt{h}}\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|^{2} \tag{3.13}
\end{equation*}
$$

which, due to Step 1 completes the proof of Theorem 2.2, modulo Theorems 3.1 and 3.2.
Corollary 3.3. Inequality (3.11) remains valid if $\boldsymbol{A}$ is replaced by $\nabla \boldsymbol{\phi}$, i.e.,

$$
\begin{equation*}
\|\nabla \boldsymbol{\phi}\|^{2} \leq C(L)\|e(\boldsymbol{\phi})\|\left(\frac{\left\|\phi_{r}\right\|}{h}+\|e(\boldsymbol{\phi})\|\right) \tag{3.14}
\end{equation*}
$$

Proof. Combining inequalities (2.10) and (3.1) we get

$$
\begin{equation*}
\left(1-C(L) h^{1 / 4}\right)\left\|\boldsymbol{A}_{\mathrm{sym}}\right\| \leq\|e(\boldsymbol{\phi})\| \leq\left(1+C(L) h^{1 / 4}\right)\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|, \tag{3.15}
\end{equation*}
$$

which together with (3.11) implies (3.14).

## 4 Korn and Korn-type inequalities in two dimensions

In this section our goal is to prove Theorems 3.1 and 3.2. We begin with an auxiliary lemma that will be essential in the proof of both theorems.

LEmMA 4.1. Suppose that the vector field $\boldsymbol{\phi}(x, y)=(u(x, y), v(x, y)) \in H^{1}\left(I_{h} \times[0, p] ; \mathbb{R}^{2}\right)$ satisfies $u(x, 0)=u(x, p)$ in the sense of traces. Then there exists a constant $C_{0}(p)$ depending only on $p$ such that for any $\alpha \in[-1,1]$, any $h \in(0,1)$ and any $p>0$

$$
\begin{equation*}
\left\|\boldsymbol{G}^{\alpha}\right\|^{2} \leq C_{0}(L)\left\|\boldsymbol{e}^{\alpha}\right\|\left(\frac{\|u\|}{h}+\left\|\boldsymbol{e}^{\alpha}\right\|\right), \tag{4.1}
\end{equation*}
$$

where

$$
\boldsymbol{G}^{\alpha}=\boldsymbol{G}^{\alpha}(\boldsymbol{\phi})=\left[\begin{array}{cc}
u_{, x} & u_{, y} \\
v_{, x} & v_{, y}+\alpha u
\end{array}\right], \quad \boldsymbol{e}^{\alpha}=\boldsymbol{e}^{\alpha}(\boldsymbol{\phi})=\frac{1}{2}\left(\boldsymbol{G}^{\alpha}(\boldsymbol{\phi})+\left(\boldsymbol{G}^{\alpha}(\boldsymbol{\phi})\right)^{T}\right)
$$

We emphasize that there are no boundary conditions imposed on $v(x, y)$. If $\alpha=0$, and $p=L$ then inequality (4.1) reduces to (3.4). However, the assumed boundary conditions in Lemma 4.1 and Theorem 3.1 do not match. If $\alpha=1, p=\pi$, then the boundary conditions in Lemma 4.1 and Theorem 3.2 are the same and inequalities (4.1) and (3.7) are similar, but not identical. These small discrepancies will be rectified in the proof of the lemma.

Proof. Following the argument of Kondratiev and Oleinik in [19], one can assume, without loss of generality, that $u$ is harmonic. Indeed, suppose $w(x, y)$ solves

$$
\begin{cases}\Delta w(x, y)=0, & (x, y) \in \Omega  \tag{4.2}\\ w(x, y)=u(x, y), & (x, y) \in \partial \Omega\end{cases}
$$

where $\Omega=I_{h} \times[0, p]$. Then $\nabla w$ is the Helmholtz projection of $\nabla u$ onto the space of divergence-free fields in $L^{2}\left(\Omega ; \mathbb{R}^{2}\right)$, and the following bounds hold:
Lemma 4.2. Let $\Omega=I_{h} \times[0, p]$ and $\boldsymbol{\phi}=(u, v) \in H^{1}\left(\Omega ; \mathbb{R}^{2}\right)$. If $w(x, y)$ is defined by (4.2), then for any $\alpha \in[-1,1]$, any $h \in(0,1)$, and any $p>0$

$$
\begin{equation*}
\|\nabla u-\nabla w\| \leq \pi K_{0}\left\|\boldsymbol{e}^{\alpha}\right\|, \quad\|u-w\| \leq K_{0} h\left\|\boldsymbol{e}^{\alpha}\right\|, \quad K_{0}=\frac{1}{\pi}\left(\sqrt{2}+\frac{1}{\pi}\right) \tag{4.3}
\end{equation*}
$$

Proof. Using the idea that the Laplacian can be expressed in terms of partial derivatives of components of the symmetrized gradient [19] we compute, using the fact that $w$ is harmonic,

$$
\Delta(u-w)=\Delta u=\left(e_{11}^{\alpha}-e_{22}^{\alpha}\right)_{, x}+2\left(e_{12}^{\alpha}\right)_{, y}+\alpha e_{11}^{\alpha},
$$

in the sense of distributions. Here $e_{i j}^{\alpha}$ denote the Cartesian components of $\boldsymbol{e}^{\alpha}$. Then, since $u-w \in H_{0}^{1}(\Omega)$, we have

$$
\|\nabla(u-w)\|^{2}=\int_{\Omega}\left\{\left(e_{11}^{\alpha}-e_{22}^{\alpha}\right)(u-w)_{,_{x}}+2 e_{12}^{\alpha}(u-w)_{, y}+\alpha e_{11}^{\alpha}(w-u)\right\} d x d y
$$

By the Cauchy-Schwarz inequality we get

$$
\|\nabla(u-w)\|^{2} \leq\left\|\boldsymbol{e}^{\alpha}\right\|(\sqrt{2}\|\nabla(u-w)\|+|\alpha|\|u-w\|)
$$

By the Poincaré inequality

$$
\int_{I_{h}}|u-w|^{2} d x \leq \frac{h^{2}}{\pi^{2}} \int_{I_{h}}\left|(u-w)_{, y}\right|^{2} d x
$$

Hence,

$$
\|u-w\| \leq \frac{h}{\pi}\|\nabla(u-w)\|
$$

and (4.3) follows.

Next we prove a Korn-like inequality for harmonic functions.
Lemma 4.3. Suppose $w \in H^{1}\left(I_{h} \times[0, p]\right)$ is harmonic and satisfies $w(x, 0)=w(x, p)$ in the sense of traces. Then

$$
\begin{equation*}
\left\|w_{, y}\right\|^{2} \leq \frac{2 \sqrt{3}}{h}\|w\|\left\|w_{, x}\right\|+\left\|w_{, x}\right\|^{2} \tag{4.4}
\end{equation*}
$$

Proof. By the method of separation of variables

$$
w(x, y)=\sum_{n \in \mathbb{Z}}\left(A_{n} e^{\frac{2 \pi n x}{p}}+B_{n} e^{-\frac{2 \pi n x}{p}}\right) e^{\frac{2 \pi n y i}{p}}
$$

in $H^{1}\left(I_{h} \times[0, p]\right)$. Therefore,

$$
\|w\|^{2}=p h \sum_{n \in \mathbb{Z}}\left\{\psi\left(\frac{2 \pi n h}{p}\right)\left(\left|A_{n}\right|^{2} e^{\frac{2 \pi n h}{p}}+\left|B_{n}\right|^{2} e^{\frac{-2 \pi n h}{p}}\right)+2 \Re \mathfrak{e}\left(A_{n} \overline{B_{n}}\right)\right\}, \quad \psi(x)=\frac{\sinh (x)}{x}
$$

In the expansions of $w_{, x}$ and $w_{, y}$ we simply replace $A_{n}$ and $B_{n}$ with $2 \pi n A_{n} / p,-2 \pi n B_{n} / p$ and $2 \pi i n A_{n} / p, 2 \pi i n B_{n} / p$, respectively:

$$
\begin{aligned}
& \left\|w_{, x}\right\|^{2}=4 p h \sum_{n \in \mathbb{Z}} \frac{\pi^{2} n^{2}}{p^{2}}\left\{\psi\left(\frac{2 \pi n h}{p}\right)\left(\left|A_{n}\right|^{2} e^{\frac{2 \pi n h}{p}}+\left|B_{n}\right|^{2} e^{\frac{-2 \pi n h}{p}}\right)-2 \Re \mathfrak{e}\left(A_{n} \overline{B_{n}}\right)\right\}, \\
& \left\|w_{, y}\right\|^{2}=4 p h \sum_{n \in \mathbb{Z}} \frac{\pi^{2} n^{2}}{p^{2}}\left\{\psi\left(\frac{2 \pi n h}{p}\right)\left(\left|A_{n}\right|^{2} e^{\frac{2 \pi n h}{p}}+\left|B_{n}\right|^{2} e^{\frac{-2 \pi n h}{p}}\right)+2 \Re \mathfrak{e}\left(A_{n} \overline{B_{n}}\right)\right\},
\end{aligned}
$$

Denoting

$$
a_{n}=A_{n} e^{\frac{\pi n h}{p}}, \quad b_{n}=B_{n} e^{-\frac{\pi n h}{p}}, \quad \tau_{n}=\frac{2 \pi n h}{p}
$$

we simplify the above expressions:

$$
\begin{aligned}
& \frac{\|w\|^{2}}{h^{2}}=4 p h \sum_{n \in \mathbb{Z}} \frac{\pi^{2} n^{2}}{\tau_{n}^{2} p^{2}}\left\{\left(\psi\left(\tau_{n}\right)-1\right)\left(\left|a_{n}\right|^{2}+\left|b_{n}\right|^{2}\right)+\left|a_{n}+b_{n}\right|^{2}\right\} \\
& \left\|w_{, y}\right\|^{2}=4 p h \sum_{n \in \mathbb{Z}} \frac{\pi^{2} n^{2}}{p^{2}}\left\{\left(\psi\left(\tau_{n}\right)-1\right)\left(\left|a_{n}\right|^{2}+\left|b_{n}^{2}\right|\right)+\left|a_{n}+b_{n}\right|^{2}\right\} \\
& \left\|w_{, x}\right\|^{2}=4 p h \sum_{n \in \mathbb{Z}} \frac{\pi^{2} n^{2}}{p^{2}}\left\{\left(\psi\left(\tau_{n}\right)-1\right)\left(\left|a_{n}\right|^{2}+\left|b_{n}\right|^{2}\right)+\left|a_{n}-b_{n}\right|^{2}\right\}
\end{aligned}
$$

Obviously,

$$
\left\|w_{, y}\right\|^{2}-\left\|w_{, x}\right\|^{2}=16 p h \sum_{n \in \mathbb{Z}} \frac{\pi^{2} n^{2}}{p^{2}} \Re \mathfrak{e}\left(a_{n} \overline{b_{n}}\right) \leq 16 p h \sum_{n \in \mathcal{P}} \frac{\pi^{2} n^{2}}{p^{2}} \Re \mathfrak{e}\left(a_{n} \overline{b_{n}}\right)
$$

where $\mathcal{P}=\left\{n \in \mathbb{Z}: \Re \mathfrak{e}\left(a_{n} \overline{b_{n}}\right)>0\right\}$. Next we estimate

$$
\begin{aligned}
\frac{\|w\|^{2}}{h^{2}} & \geq 4 p h \sum_{n \in \mathcal{P}} \frac{\pi^{2} n^{2}}{\tau_{n}^{2} p^{2}}\left\{\left(\psi\left(\tau_{n}\right)-1\right)\left(\left|a_{n}\right|^{2}+\left|b_{n}\right|^{2}\right)+\left|a_{n}+b_{n}\right|^{2}\right\} \\
& \geq 8 p h \sum_{n \in \mathcal{P}} \frac{\pi^{2} n^{2}}{\tau_{n}^{2} p^{2}}\left(\psi\left(\tau_{n}\right)+1\right) \Re \mathfrak{e}\left(a_{n} \overline{b_{n}}\right)
\end{aligned}
$$

Similarly,

$$
\left\|w_{, x}\right\|^{2} \geq 8 p h \sum_{n \in \mathcal{P}} \frac{\pi^{2} n^{2}}{p^{2}}\left(\psi\left(\tau_{n}\right)-1\right) \Re \mathfrak{e}\left(a_{n} \overline{b_{n}}\right) .
$$

Now we have

$$
\sum_{n \in \mathcal{P}} \frac{\pi^{2} n^{2}}{p^{2}} \Re \mathfrak{e}\left(a_{n} \overline{b_{n}}\right)=\sum_{n \in \mathcal{P}}\left(\frac{\pi n}{p} \sqrt{\left(\psi\left(\tau_{n}\right)-1\right) \Re \mathfrak{e}\left(a_{n} \overline{b_{n}}\right)}\right)\left(\frac{\pi n}{\left.p \sqrt{\frac{\Re \mathfrak{e}\left(a_{n} \overline{b_{n}}\right)}{\psi\left(\tau_{n}\right)-1}}\right) . . . . . . .}\right.
$$

Applying the Cauchy-Schwarz inequality we obtain

$$
\sum_{n \in \mathcal{P}} \frac{\pi^{2} n^{2}}{p^{2}} \Re \mathfrak{e}\left(a_{n} \overline{b_{n}}\right) \leq \sqrt{\sum_{n \in \mathcal{P}} \frac{\pi^{2} n^{2}}{p^{2}}\left(\psi\left(\tau_{n}\right)-1\right) \Re \mathfrak{e}\left(a_{n} \overline{b_{n}}\right)} \sqrt{\sum_{n \in \mathcal{P}} \Psi\left(\tau_{n}\right) \frac{\pi^{2} n^{2}}{\tau_{n}^{2} p^{2}}\left(\psi\left(\tau_{n}\right)+1\right) \Re \mathfrak{e}\left(a_{n} \overline{b_{n}}\right)},
$$

where

$$
\Psi(\tau)=\frac{\tau^{2}}{\psi(\tau)^{2}-1}=\frac{\tau^{4}}{\sinh ^{2}(\tau)-\tau^{2}}
$$

The function $\Psi(\tau)$ is monotone decreasing on $(0,+\infty)$, and hence,

$$
\Psi\left(\tau_{n}\right) \leq \Psi\left(\tau_{1}\right) \leq \Psi(0)=3
$$

Therefore,

$$
\begin{equation*}
\left\|w_{, y}\right\|^{2}-\left\|w_{, x}\right\|^{2} \leq \frac{2 \sqrt{\Psi\left(\tau_{1}\right)}}{h}\|w\|\left\|w_{, x}\right\| \tag{4.5}
\end{equation*}
$$

and inequality (4.4) follows.
We remark that inequality (4.4) is sharp, since

$$
w(x, y)=\cosh \left(\frac{\pi}{p}\left(x-\frac{h}{2}\right)\right) \sin \left(\frac{\pi y}{p}\right)
$$

turns inequality (4.5) into an equality.
We can now finish the proof of Lemma 4.1. By the triangle inequality and Lemma 4.2 we get

$$
\begin{aligned}
\left\|\boldsymbol{G}^{\alpha}\right\|^{2}= & \left\|\boldsymbol{e}^{\alpha}\right\|^{2}+\frac{1}{2}\left\|v_{, x}-\phi_{, y}\right\|^{2}=\left\|\boldsymbol{e}^{\alpha}\right\|^{2}+\frac{1}{2}\left\|\left(v_{, x}+\phi_{, y}\right)-2\left(\phi_{, y}-w_{, y}\right)-2 w_{, y}\right\|^{2} \leq \\
& \left\|\boldsymbol{e}^{\alpha}\right\|^{2}+\frac{3}{2}\left\|\phi_{, y}+v_{, x}\right\|^{2}+6\left\|\phi_{, y}-w_{, y}\right\|^{2}+6\left\|w_{, y}\right\|^{2} \leq\left(4+6 \pi^{2} K_{0}^{2}\right)\left\|\boldsymbol{e}^{\alpha}\right\|^{2}+6\left\|w_{, y}\right\|^{2} .
\end{aligned}
$$

We estimate $\left\|w_{, y}\right\|$ by means of Lemma 4.3. By the triangle inequality and Lemma 4.2

$$
\begin{gathered}
\|w\| \leq\|u\|+\|u-w\| \leq\|u\|+K_{0} h\left\|\boldsymbol{e}^{\alpha}\right\| \\
\left\|w_{, x}\right\| \leq\left\|\phi_{, x}\right\|+\left\|w_{, x}-\phi_{, x}\right\| \leq\left(1+\pi K_{0}\right)\left\|\boldsymbol{e}^{\alpha}\right\|
\end{gathered}
$$

Therefore,

$$
\left\|w_{, y}\right\|^{2} \leq \frac{2 \sqrt{3}\left(1+\pi K_{0}\right)}{h}\|u\|\left\|\boldsymbol{e}^{\alpha}\right\|+\left(1+\pi K_{0}\right)\left(1+(2 \sqrt{3}+\pi) K_{0}\right)\left\|\boldsymbol{e}^{\alpha}\right\|^{2}
$$

Thus, using somewhat arbitrary integer overestimation, we obtain

$$
\begin{equation*}
\left\|\boldsymbol{G}^{\alpha}\right\|^{2} \leq 100\left\|\boldsymbol{e}^{\alpha}\right\|\left(\frac{\|u\|}{h}+\left\|\boldsymbol{e}^{\alpha}\right\|\right) \tag{4.6}
\end{equation*}
$$

The proof of Lemma 4.1 is complete.
Proof of Theorem 3.1. Theorem 3.1 follows from Lemma 4.1 via the even-odd extension method, whereby we define the new displacement $\widetilde{\boldsymbol{\phi}}=(\tilde{u}, \tilde{v}$,$) on the rectangle$ $I_{h} \times[-p, p]$, where $\tilde{u}$ and $\tilde{v}$ are extensions of $u$ and $v$ such that

$$
\tilde{u}(x, y)=\left\{\begin{array}{ll}
u(x, y) & \text { if } y \in[0, p] \\
u(x,-y) & \text { if } y \in[-p, 0]
\end{array} \quad \tilde{v}(x, y)= \begin{cases}v(x, y) & \text { if } y \in[0, p] \\
-v(x,-y) & \text { if } y \in[-p, 0]\end{cases}\right.
$$

We observe that due to the boundary condition $v(x, 0)=0$, the extension $\widetilde{\boldsymbol{\phi}}$ is an $H^{1}\left(I_{h} \times\right.$ $[-p, p])$ vector field, while $\tilde{u}(x,-p)=\tilde{u}(x, p)$. Moreover,

$$
\nabla \widetilde{\boldsymbol{\phi}}(x, y)= \begin{cases}{\left[\begin{array}{ll}
u_{, x}(x, y) & u_{, y}(x, y) \\
v_{, x}(x, y) & v_{, y}(x, y)
\end{array}\right]} & \text { if } y \in[0, p] \\
{\left[\begin{array}{cc}
u_{, x}(x,-y) & -u_{, y}(x,-y) \\
-v_{, x}(x,-y) & v_{, y}(x,-y)
\end{array}\right]} & \text { if } y \in[-p, 0]\end{cases}
$$

Therefore, setting $\widetilde{\Omega}=I_{h} \times[-p, p]$ we get,

$$
\|\nabla \widetilde{\boldsymbol{\phi}}\|_{L^{2}(\widetilde{\Omega})}^{2}=2\|\nabla \boldsymbol{\phi}\|_{L^{2}(\Omega)}^{2}, \quad\|e(\widetilde{\boldsymbol{\phi}})\|_{L^{2}(\widetilde{\Omega})}^{2}=2\|e(\boldsymbol{\phi})\|_{L^{2}(\Omega)}^{2}
$$

It is also clear that $\|\widetilde{u}\|_{L^{2}(\widetilde{\Omega})}^{2}=2\|u\|_{L^{2}(\Omega)}^{2}$. An application of Lemma 4.1 to the vector field $\widetilde{\boldsymbol{\phi}}$ in the domain $\widetilde{\Omega}$ completes the proof.

Proof of Theorem 3.2. Let $\widetilde{\boldsymbol{\phi}}(x, y)=(u(x, y),(1-x) v(x, y))$, and let

$$
\widetilde{\boldsymbol{G}}=\left.\boldsymbol{G}^{\alpha}(\widetilde{\boldsymbol{\phi}})\right|_{\alpha=1}, \quad \widetilde{\boldsymbol{e}}=\frac{1}{2}\left(\widetilde{\boldsymbol{G}}+\widetilde{\boldsymbol{G}}^{T}\right)
$$

We compute

$$
\boldsymbol{G}_{*}=\widetilde{\boldsymbol{G}}+\left[\begin{array}{cc}
0 & -v \\
v+x v_{, x} & x v_{, y}
\end{array}\right], \quad \widetilde{\boldsymbol{e}}=\boldsymbol{e}_{*}+\left[\begin{array}{cc}
0 & -\frac{x}{2} v_{, x} \\
-\frac{x}{2} v_{, x} & -x v_{, y}
\end{array}\right]
$$

Thus we immediately obtain that

$$
\begin{equation*}
\left\|\boldsymbol{G}_{*}\right\|^{2} \leq 6\left(\|\widetilde{\boldsymbol{G}}\|^{2}+\|v\|^{2}+h^{2}\left(\left\|v_{, x}\right\|^{2}+\left\|v_{, y}\right\|^{2}\right) .\right. \tag{4.7}
\end{equation*}
$$

and

$$
\begin{equation*}
\|\widetilde{\boldsymbol{e}}\| \leq\left\|\boldsymbol{e}_{*}\right\|+h\left(\left\|v_{, x}\right\|+\left\|v_{, y}\right\|\right) \tag{4.8}
\end{equation*}
$$

We also estimate

$$
\begin{equation*}
\left\|v_{, x}\right\| \leq\left\|\boldsymbol{G}_{*}\right\|, \quad\left\|v_{, y}\right\| \leq\left\|v_{, y}+u\right\|+\|u\| \leq\left\|\boldsymbol{e}_{*}\right\|+\|u\| . \tag{4.9}
\end{equation*}
$$

Now we apply Lemma 4.1 to the vector field $\widetilde{\boldsymbol{\phi}}$ and $\alpha=1$, and obtain

$$
\|\widetilde{\boldsymbol{G}}\|^{2} \leq C_{0}\|\widetilde{\boldsymbol{e}}\|\left(\frac{\|u\|}{h}+\|\widetilde{\boldsymbol{e}}\|\right) .
$$

Therefore, by (4.7) and (4.8) we obtain

$$
\left\|\boldsymbol{G}_{*}\right\|^{2} \leq C_{0}\left(\left\|\boldsymbol{e}_{*}\right\|^{2}+\left\|\boldsymbol{e}_{*}\right\| \frac{\|u\|}{h}+\|u\|\left(\left\|v_{, x}\right\|+\left\|v_{, y}\right\|\right)+\|v\|^{2}+h^{2}\left(\left\|v_{, x}\right\|^{2}+\left\|v_{, y}\right\|^{2}\right)\right) .
$$

Applying inequalities (4.9) to the terms containing $\left\|v_{, x}\right\|$ and $\left\|v_{, y}\right\|$ we obtain

$$
\left\|\boldsymbol{G}_{*}\right\|^{2} \leq C_{0}\left(\left\|\boldsymbol{e}_{*}\right\|^{2}+\left\|\boldsymbol{e}_{*}\right\| \frac{\|u\|}{h}+\|u\|\left\|\boldsymbol{G}_{*}\right\|+\|u\|^{2}+\|v\|^{2}+h^{2}\left\|\boldsymbol{G}_{*}\right\|^{2}\right) .
$$

When $h^{2}<1 /\left(2 C_{0}\right)$ we get the inequality

$$
\left\|\boldsymbol{G}_{*}\right\|^{2} \leq C_{0}\left(\left\|\boldsymbol{e}_{*}\right\|^{2}+\left\|\boldsymbol{e}_{*}\right\| \frac{\|u\|}{h}+\|u\|\left\|\boldsymbol{G}_{*}\right\|+\|u\|^{2}+\|v\|^{2}\right)
$$

We also have

$$
C_{0}\|u\|\left\|\boldsymbol{G}_{*}\right\| \leq \frac{1}{2}\left\|\boldsymbol{G}_{*}\right\|^{2}+\frac{C_{0}^{2}}{2}\|u\|^{2}
$$

Thus, we obtain

$$
\begin{equation*}
\left\|\boldsymbol{G}_{*}\right\|^{2} \leq C_{0}\left(\left\|\boldsymbol{e}_{*}\right\|^{2}+\left\|\boldsymbol{e}_{*}\right\| \frac{\|u\|}{h}+\|u\|^{2}+\|v\|^{2}\right) . \tag{4.10}
\end{equation*}
$$

To finish the proof of the theorem we write $\|u\|^{2}$ using integration by parts and periodic boundary conditions:

$$
\|u\|^{2}=\left(u, u+v_{, y}\right)+\left(u_{, y}-v, v\right)+\|v\|^{2} .
$$

Thus,

$$
\|u\|^{2} \leq\|u\|\left\|\boldsymbol{e}_{*}\right\|+\left\|\boldsymbol{G}_{*}\right\|\|v\|+\|v\|^{2}
$$

and using $2\|u\|\left\|\boldsymbol{e}_{*}\right\| \leq\|u\|^{2}+\left\|\boldsymbol{e}_{*}\right\|^{2}$ we obtain (3.6). Applying this inequality to the $\|u\|^{2}$ term in (4.10) we obtain

$$
\left\|\boldsymbol{G}_{*}\right\|^{2} \leq C_{0}\left(\left\|\boldsymbol{e}_{*}\right\|^{2}+\left\|\boldsymbol{e}_{*}\right\| \frac{\|u\|}{h}+\left\|\boldsymbol{G}_{*}\right\|\|v\|+\|v\|^{2}\right)
$$

from which Theorem 3.2 follows.

Remark 4.4. In the proofs of all of the Korn and Korn-like inequalities, the vanishing of $\phi_{z}(r, \theta, L)$ was never used. Hence,

$$
\begin{equation*}
c(L) h^{3 / 2} \leq K\left(V_{h}^{*}\right) \leq C(L) h^{3 / 2} \tag{4.11}
\end{equation*}
$$

where

$$
V_{h}^{*}=\left\{\phi \in W^{1,2}\left(\mathcal{C}_{h} ; \mathbb{R}^{3}\right): \phi_{\theta}(r, \theta, 0)=\phi_{z}(r, \theta, 0)=\phi_{\theta}(r, \theta, L)=0\right\}
$$

## 5 Korn inequality for gradient components

The goal in this section is to prove Korn-like inequalities (2.12) and (2.13) for gradient components. While inequalities (2.11)-(2.13) bear a formal resemblance to the Korn inequality (2.10), the distinct scaling exponents in (2.12)-(2.13) are a consequence of the high degree of metric symmetry in the structure. By contrast, our methods in Sections 3 and 4 exploited only the topological and smooth structures of the cylindrical shell. Not surprisingly, then, the proof of (2.12) and (2.13) is based on exact calculations in Fourier space, rather than on various integral inequalities, as in the proof of (2.10). In fact, the natural periodicity in $\theta$ is not sufficient, and we need the periodicity in $z$ variable as well. The boundary conditions in $V_{h}^{(1)}, V_{h}^{(2)}$ and $V_{h}^{(3)}$ permit us to achieve this goal in the same way as was done in proof of Theorem 3.1 in Section 4. For $V_{h}^{(1)}$ we extend $\phi_{r}$ and $\phi_{\theta}$ as odd and $\phi_{z}$ as an even function in $z \in[-L, L]$, while for $V_{h}^{(2)}$ and $V_{h}^{(3)}$ we extend $\phi_{r}$ and $\phi_{\theta}$ as even functions and $\phi_{z}$ as odd. We remark that the periodic extension method cannot be applied to the boundary conditions in the definition of space $V_{h}^{*}$. To fix ideas we conduct the proof for the space $V_{h}^{(1)}$. The proofs for $V_{h}^{(2)}$ and $V_{h}^{(3)}$ are obtained by switching the sine and cosine series in the $z$ variable. Denoting the periodic extensions without relabeling, we expand the vector field $\boldsymbol{\phi}(r, \theta, z)$ in Fourier series in $(\theta, z)$ :

$$
\begin{equation*}
\phi(r, \theta, z)=\sum_{m=0}^{\infty} \sum_{n \in \mathbb{Z}} \phi^{(m, n)}(r, \theta, z), \tag{5.1}
\end{equation*}
$$

where

$$
\begin{cases}\phi_{r}^{(m, n)}=\widehat{\phi}_{r}(r ; m, n) \sin \left(\frac{\pi m z}{L}\right) e^{i n \theta}, & \widehat{\phi}_{r}(r ; m, n)=\frac{1}{\pi L} \int_{0}^{2 \pi} \int_{0}^{L} \phi_{r} \sin \left(\frac{\pi m z}{L}\right) e^{i n \theta} d z d \theta \\ \phi_{\theta}^{(m, n)}=\widehat{\phi}_{\theta}(r ; m, n) \sin \left(\frac{\pi m z}{L}\right) e^{i n \theta}, & \widehat{\phi}_{\theta}(r ; m, n)=\frac{1}{\pi L} \int_{0}^{2 \pi} \int_{0}^{L} \phi_{\theta} \sin \left(\frac{\pi m z}{L}\right) e^{i n \theta} d z d \theta \\ \phi_{z}^{(m, n)}=\widehat{\phi}_{z}(r ; m, n) \cos \left(\frac{\pi m z}{L}\right) e^{i n \theta}, & \widehat{\phi}_{z}(r ; m, n)=\frac{1}{\pi L} \int_{0}^{2 \pi} \int_{0}^{L} \phi_{z} \cos \left(\frac{\pi m z}{L}\right) e^{i n \theta} d z d \theta\end{cases}
$$

We observe that in cylindrical coordinates

$$
\nabla \boldsymbol{\phi}(r, \theta,-z)=-\left[\begin{array}{rrr}
-\phi_{r, r}(r, \theta, z) & -\frac{\phi_{r, \theta}(r, \theta, z)-\phi_{\theta}(r, \theta, z)}{r} & \phi_{r, z}(r, \theta, z) \\
-\phi_{\theta, r}(r, \theta, z) & -\frac{\phi_{\theta, \theta}\left(r, \theta, z+\phi_{r}(r, \theta, z)\right.}{r} & \phi_{\theta, z}(r, \theta, z) \\
\phi_{z, r}(r, \theta, z) & \frac{\phi_{z, \theta}(r, \theta, z)}{r} & -\phi_{z, z}(r, \theta, z)
\end{array}\right]
$$

Therefore, it is sufficient to prove inequalities (2.12) and (2.13) for functions of the form

$$
\phi^{(m, n)}(r, \theta, z)=\left(f_{r}(r) \sin \left(\frac{\pi m z}{L}\right), f_{\theta}(r) \sin \left(\frac{\pi m z}{L}\right), f_{z}(r) \cos \left(\frac{\pi m z}{L}\right)\right) e^{i n \theta}
$$

Indeed,

$$
\left\|\phi_{r, z}\right\|^{2}=\pi L \sum_{m=1}^{\infty} \sum_{n \in \mathbb{Z}}\left\|\phi_{r, z}^{(m, n)}\right\|^{2} \leq \pi L \sum_{m=0}^{\infty} \sum_{n \in \mathbb{Z}} \frac{C(L)}{h}\left\|e\left(\phi^{(m, n)}\right)\right\|^{2}=\frac{C(L)}{h}\|e(\boldsymbol{\phi})\|^{2}
$$

with the similar bound for $\left\|\phi_{\theta, z}\right\|$. Observe that $\phi^{(m, n)} \in V_{h}^{(1)}$ or $V_{h}^{(2)}$, provided $\boldsymbol{\phi} \in V_{h}^{(1)}$ or $V_{h}^{(2)}$, respectively. Therefore, Theorem 2.2 and Corollary 3.3 are applicable to such functions. We now fix $m \geq 1$ and $n \in \mathbb{Z}$, and for simplicity of notation we use $\phi=\left(\phi_{r}, \phi_{\theta}, \phi_{z}\right)$ instead of $\phi^{(m, n)}=\left(\phi_{r}^{(m, n)}, \phi_{\theta}^{(m, n)}, \phi_{z}^{(m, n)}\right)$. Notice that if $\left\|\phi_{r}\right\| \leq 3\|e(\phi)\|$, then Corollary 3.3 implies that

$$
\left\|\phi_{r, z}\right\|^{2} \leq\|\nabla \boldsymbol{\phi}\|^{2} \leq \frac{C(L)}{h}\|e(\boldsymbol{\phi})\|^{2}
$$

and (2.13) is proved. Let us now prove inequality (2.13) under the assumption that $\left\|\phi_{r}\right\|>$ $3\|e(\boldsymbol{\phi})\|$. In that case inequalities (3.2) and (3.14) become

$$
\begin{equation*}
\left\|\phi_{z, \theta}\right\|^{2}+\left\|\phi_{\theta, z}\right\|^{2} \leq \frac{8}{3}\|e(\boldsymbol{\phi})\|\left\|\phi_{r}\right\| \tag{5.2}
\end{equation*}
$$

and

$$
\begin{equation*}
\|\nabla \boldsymbol{\phi}\|^{2} \leq \frac{C(L)}{h}\|e(\boldsymbol{\phi})\|\left\|\phi_{r}\right\| \tag{5.3}
\end{equation*}
$$

respectively. We estimate

$$
n^{2}\left\|\phi_{r}\right\|^{2}=\left\|\phi_{r, \theta}\right\|^{2} \leq 2\left\|\phi_{r, \theta}-\phi_{\theta}\right\|^{2}+2\left\|\phi_{\theta}\right\|^{2} \leq 2\|\nabla \boldsymbol{\phi}\|^{2}+\frac{2 L^{2}}{\pi^{2}}\left\|\phi_{\theta, z}\right\|^{2} \leq C(L)\|\nabla \boldsymbol{\phi}\|^{2}
$$

where the Poincaré inequality has been used for $\phi_{\theta}$. Applying inequality (5.3) we obtain

$$
n^{2}\left\|\phi_{r}\right\|^{2} \leq C(L)\|\nabla \boldsymbol{\phi}\|^{2} \leq \frac{C(L)}{h}\|e(\boldsymbol{\phi})\|\left\|\phi_{r}\right\|
$$

Thus,

$$
\begin{equation*}
n^{2}\left\|\phi_{r}\right\| \leq \frac{C(L)}{h}\|e(\phi)\| \tag{5.4}
\end{equation*}
$$

We next estimate

$$
\left\|\phi_{r}\right\|^{2} \leq 2\left\|\phi_{r}+\phi_{\theta, \theta}\right\|^{2}+2\left\|\phi_{\theta, \theta}\right\|^{2} \leq 2\|e(\boldsymbol{\phi})\|^{2}+2 n^{2}\left\|\phi_{\theta}\right\|^{2}
$$

and

$$
\frac{m^{2} \pi^{2}}{L^{2}}\left\|\phi_{\theta}\right\|^{2}=\left\|\phi_{\theta, z}\right\|^{2} \leq \frac{8}{3}\|e(\boldsymbol{\phi})\|\left\|\phi_{r}\right\|
$$

due to (5.2). Combining the last two inequalities we obtain

$$
\begin{equation*}
\left\|\phi_{r}\right\|^{2} \leq 2\|e(\phi)\|^{2}+\frac{16 L^{2} n^{2}}{3 m^{2} \pi^{2}}\|e(\phi)\|\left\|\phi_{r}\right\| \tag{5.5}
\end{equation*}
$$

By our assumption $\|e(\phi)\|^{2}<\left\|\phi_{r}\right\|^{2} / 9$. We use this inequality to estimate the first term on the right-hand side of (5.5) and obtain

$$
\begin{equation*}
\left\|\phi_{r}\right\| \leq \frac{12 L^{2} n^{2}}{m^{2} \pi^{2}}\|e(\phi)\| \tag{5.6}
\end{equation*}
$$

Finally, multiplying (5.4) and (5.6) we get

$$
m^{2}\left\|\phi_{r}\right\|^{2} \leq \frac{C(L)}{h}\|e(\phi)\|^{2}
$$

and (2.13) is proved. To prove (2.12) we utilize (3.2) to get,

$$
\begin{equation*}
\left\|\phi_{\theta, z}\right\|^{2} \leq G_{12}^{2} \leq 2\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|\left(\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|+\left\|\phi_{r}\right\|\right) \tag{5.7}
\end{equation*}
$$

Choosing $\epsilon=\sqrt[4]{h}$ in (3.12) and applying (3.13) to the resulting inequality, we obtain

$$
\left\|\phi_{r}\right\| \leq \frac{C(L)\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|}{\sqrt{h}} .
$$

Substituting now the last inequality into (5.7) we get

$$
\left\|\phi_{\theta, z}\right\| \leq \frac{C(L)}{\sqrt{h}}\left\|\boldsymbol{A}_{\mathrm{sym}}\right\|^{2}
$$

Invoking inequality (3.15), gives

$$
\left\|\phi_{\theta, z}\right\|^{2} \leq \frac{C(L)}{\sqrt{h}}\|e(\phi)\|^{2}
$$

for sufficiently small $h$. This completes the proof for the case $\phi \in V_{h}^{(1)}$. If $\phi \in V_{h}^{(2)} \cup V_{h}^{(3)}$ we repeat the same proof changing sines to cosines in the expansion (5.1).
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[^1]:    ${ }^{1}$ Meaning that the infinitesimal isometry could be smoothly extended to $\Omega_{h}$ as an element of $V_{h}^{(i)}$.

