

1 **Rat Indwelling Urinary Catheter Model of *Candida albicans***  
2 **Biofilm Infection**

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5 Jeniel E. Nett<sup>1,2</sup>, Erin Brooks<sup>3</sup>, Jonathan Cabezas-Olcoz<sup>1</sup>, Hiram Sanchez<sup>1</sup>,  
6 Robert Zarnowski<sup>1</sup>, Karen Marchillo<sup>1,2</sup>, David R. Andes<sup>1,2\*</sup>

7 University of Wisconsin, Department of Medicine<sup>1</sup>, Department of Medical  
8 Microbiology and Immunology<sup>2</sup>, Department of Pathology and Laboratory  
9 Medicine<sup>3</sup>

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11 Running title: *Candida* urinary catheter biofilm model

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17 \* 5211 UW Medical Foundation Centennial Building

18 1685 Highland Ave

19 Madison, WI 53705

20 phone (608) 263-1545

21 fax (608) 263-4464

22 dra@medicine.wisc.edu

23

24 **ABSTRACT**

25 Indwelling urinary catheters are commonly used in the management of  
26 hospitalized patients. *Candida* can adhere to the device surface and propagate  
27 as a biofilm. These communities differ from free-floating *Candida*, exhibiting high  
28 tolerance to antifungal therapy. The significance of catheter-associated  
29 candiduria is often unclear and treatment may be problematic considering the  
30 biofilm drug resistant phenotype. Here we describe a rodent model for study of  
31 urinary catheter-associated *Candida albicans* biofilm infection that mimics this  
32 common process in patients. In the setting of a functioning, indwelling urinary  
33 catheter in a rat, *Candida* proliferated as a biofilm on the device surface.  
34 Characteristic biofilm architecture was observed, including adherent, filamentous  
35 cells embedded in an extracellular matrix. Similar to patients, animals with this  
36 infection developed candiduria and pyuria. Infection progressed to cystitis and a  
37 biofilm-like covering was observed over the bladder surface. Furthermore, large  
38 numbers of *C. albicans* were dispersed into the urine from either the catheter or  
39 bladder wall biofilm over the infection period. We successfully utilized the model  
40 to test the efficacy of antifungals, analyze transcriptional patterns, and examine  
41 the phenotype of a genetic mutant. The model should be useful for future  
42 investigations involving the pathogenesis, diagnosis, therapy, prevention, and  
43 drug resistance of *Candida* biofilms in the urinary tract.

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46

47 **INTRODUCTION**

48 Hospitalized patients frequently develop urinary tract infections. Catheter-  
49 associated urinary tract infection (CAUTI) is the most prevalent nosocomial  
50 infection, with over 1 million patients diagnosed yearly in the United States (1-3).  
51 *Candida* spp. account for the third most common cause of infection (2, 4, 5).  
52 Many factors have been linked to candiduria, including diabetes, urological  
53 procedures, female sex, and urological devices (6). Urinary catheters, devices  
54 necessary for monitoring the output of urine and maintaining urine outflow, are  
55 used in up to 20% of all hospitalized patients (7). Catheters provide a substrate  
56 for adherence of microorganisms and proliferation of biofilms. When growing as a  
57 biofilm, *Candida* is difficult to eradicate due to inherent drug-resistance and  
58 immune tolerance (8-12).

59

60 The identification of *Candida* in the urine can indicate one of several clinical  
61 processes (13). The question of how to differentiate among these scenarios and  
62 optimally manage candiduria remains controversial (6, 14). First, *Candida* may  
63 enter the urinary tract from the mucosal surface, adhere to the urinary catheter,  
64 and establish a biofilm. Without further invasion, most patients are asymptomatic.  
65 However, *Candida* may produce cystitis or ascend further, reaching the kidneys,  
66 producing pyelonephritis. These infections are often symptomatic and require  
67 antifungal treatment. In another scenario, candiduria may be a sign of  
68 disseminated candidiasis with shedding of organisms from hematogenously

69 seeded kidneys. Alternatively, candiduria may be the result of a contamination of  
70 urine, which may occur in the setting of vaginal candidiasis.

71

72 Diagnostic tools to differentiate among these clinical states are inadequate and  
73 as a result, many patients receive unnecessary antifungal therapy (6, 15, 16).

74 Models for study of CAUTI and candiduria would be of great value for  
75 investigating the pathogenesis of these various clinical presentations. The  
76 discovery of diagnostic markers to predict which patients may benefit most from  
77 treatment would help clinicians decipher urinary culture results and optimally  
78 utilize antifungal therapies.

79

80 Here, we describe a model for *C. albicans* biofilm infection of a urinary catheter  
81 in a rat. This model mimics *Candida* infection of an indwelling urinary catheter in  
82 patients. The model represents the clinical scenario with regard to anatomic  
83 location, urine flow, and common silicone device material. Over the course of  
84 infection, the animals develop progressive candiduria and urinalysis  
85 demonstrates inflammation. Ultimately, pathologic findings are consistent with  
86 cystitis. On microscopic examination, mature biofilms cover the catheter surface.  
87 Our findings suggest this model will be useful for investigations of biofilm  
88 pathogenesis and host response to this common clinical infection.

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91

92 **MATERIALS AND METHODS**

93 **Organisms and inoculum.** *Candida albicans* strains K1, DAY185, and *als1*<sup>-/-</sup>  
94 *als3*<sup>-/-</sup> were used for studies (17-19). The strains were stored in 15% (vol/vol)  
95 glycerol stock at -80°C and maintained on yeast extract-peptone-dextrose (YPD)  
96 medium + uridine (1% yeast extract, 2% peptone, 2% dextrose, and 80 µg/ml  
97 uridine) prior to experiments. Prior to catheter inoculation, cells were grown at  
98 30°C in YPD + uridine liquid media with orbital shaking at 200 RPM overnight.  
99 To prepare inoculum, cells were enumerated by hemocytometer counting and  
100 resuspended in YDP at 10<sup>8</sup> cells/ml. Final inoculum concentration was confirmed  
101 by microbiologic enumeration.

102

103 **Animals and catheter maintenance.** Specific-pathogen-free female Sprague-  
104 Dawley rats weight 350 g (Harlan Sprague-Dawley, Indianapolis, Ind.) were used  
105 for all studies. Animals were maintained in accordance with the American  
106 Association for Accreditation of Laboratory Care criteria and all studies were  
107 approved by the institutional animal care committee. On the day of catheter  
108 placement, animals received a single dose of cortisone acetate 250 mg/kg  
109 subcutaneously. Animals also received and gentamicin 80 mg/kg subcutaneously  
110 twice daily and drinking water containing penicillin G sodium (0.9 mg/ml). Dosing  
111 regimens were chosen based upon those previously shown to be effective in  
112 treatment of rodent systemic bacterial infections (Andes lab, unpublished data).  
113 During the period of catheter placement, animals were maintained in metabolic  
114 cages. The animals were examined for signs of distress every 6 h throughout the

115 study. The catheter sites were examined twice daily for signs of inflammation or  
116 purulence.

117

118 **Urinary catheter placement and infection.** Rats were anesthetized by  
119 intraperitoneal injection (1 mg/kg) of a mixture of xylazine (AnaSed; Lloyd  
120 Laboratories, Shenadonoah, Iowa) (20 mg/ml) and ketamine (Ketaset; Aveco  
121 Co., Fort Dodge, Iowa) (100 mg/ml) in a ratio of 1:2 (vol/vol). Animals were  
122 surgically prepped from midline to tail using surgical scrub (4%  
123 parachlorometaxylenol). A silicone catheter (Instech Solomon, 3.5Fr, female  
124 luer, round tip, 60 cm, gas sterilized) was inserted in the urethra and advanced to  
125 the first marking and secured with surgical glue (VetClose Surgical Glue, Butler  
126 Shein Animal Health) (**Figure 1**). Following device placement, a protective  
127 covering and button (Polysulfone Button Tether, Instech Solomon) was advanced  
128 over the catheter and secured to the subcutaneous tissue by nylon suture (4-0)  
129 using 3 interrupted surgical knots. In addition, the animal was placed in a rodent  
130 jacket and Elizabethan collar (Baintree Scientific) to prevent animal manipulation  
131 of the urinary device. Using a syringe, urine was drained from the bladder  
132 through the catheter. Next, 700  $\mu$ l of culture (the entire catheter volume) was  
133 instilled in to the catheter lumen for 2 hours. During this time, the animal was  
134 placed on heated blanket and monitored for signs of distress. After 2 hours, the  
135 inoculum was removed and the animal was placed in a metabolic cage. The  
136 catheter in the protective covering was threaded through the wire floor of the  
137 cage. The distal catheter was inserted into a 15 ml plastic conical tube through a

138 hole in the lid and secured with a bolt and washer. Recovery of the animal after  
139 the catheter surgery was assessed according to a standard protocol approved by  
140 the Veterans Administration Animal Committee. After 24-72 hours, the animals  
141 were euthanized and catheters and/or bladders were collected for analysis, as  
142 described below.

143

144 **Fungal cultures and urinalysis.** To determine the viable burden of *C. albicans*,  
145 microbiologic counts were performed on urine, urinary catheters, and bladders.  
146 Urinary catheters were placed in 2 ml 0.15M NaCl, sonicated for 10 min (FS 14  
147 water bath sonicator and 40 kHz transducer [Fisher Scientific]), and vortexed for  
148 30 s. Dilutions (1:10) were plated in duplicate or triplicate on Sabouraud dextrose  
149 agar (SAB). Urine analysis for leukocyte esterase and red blood cells was  
150 performed using a commercial urine dipstick (Rapid Response Urinalysis reagent  
151 strips, BTNX Inc.) after 24, 48, and 72 hours of infection.

152

153 **Scanning electron microscopy (SEM).** Urinary catheters were processed for  
154 SEM as previously described for venous catheters (17). Urinary catheters were  
155 harvested at 48 h. Following removal, the distal segment (bladder and urethral  
156 portion) was placed in fixative (1% [vol/vol] glutaraldehyde and 4% [vol/vol]  
157 formaldehyde in PBS) overnight. The samples were washed with PBS, placed in  
158 1% osmium tetroxide buffered with PBS for 30 min, and rinsed with PBS. The  
159 samples were subsequently dehydrated with a series of ethanol washes (30% for  
160 10 min, 50% for 10 min, 70% for 10 min, 95% for 10 min, and 100% for 10 min)

161 and desiccation was performed by critical-point drying (Tousimis, Rockville, Md.).  
162 Specimens were mounted on aluminum stubs and sputter coated with gold.  
163 Samples were imaged in a scanning electron microscope (SEM LEO 1530) at 3  
164 kV. The images were processed for display using Adobe Photoshop.

165

166 **Histopathology.** To evaluate the host response to *C. albicans* infection of the  
167 urinary catheter, we examined bladder wall histopathology. Animals were  
168 sacrificed at 48 hours. The urinary catheters were removed and bladders were  
169 dissected, fixed in 10% buffered formalin, and embedded in paraffin (20).  
170 Sections were stained with hematoxylin and eosin (H&E) and Gomori's  
171 methenamine silver (GMS) for imaging of *Candida*. Images were obtained at 10x  
172 and 40x. For SEM, bladders were fixed in phosphate buffered 1.5%  
173 glutaraldehyde solution and otherwise processed and imaged for SEM as  
174 described above.

175

176 **Antifungal treatments.** The effect of antifungal therapy on viable *C. albicans*  
177 biofilms was assessed by systemic treatment of mature biofilm infections (24h  
178 incubation) for 2 days. Animals were treated with either fluconazole 25 mg/kg  
179 subcutaneously once daily or amphotericin B deoxycholate 1 mg/kg  
180 intraperitoneally once daily and compared to untreated controls. At the  
181 completion of therapy, animals were sacrificed. The catheters and bladders were  
182 removed and the viable *Candida* burden was determined as described above.



183 Microbiologic assays were performed in triplicate and significant differences were  
184 measured by ANOVA with pair-wise comparisons using the Holm-Sidak method.

185

186 **RNA collection and quantitative RT-PCR.** Urinary catheters were collected for  
187 RT-PCR analysis after 24 hours of growth and placed in RNA later (Qiagen).  
188 Biofilm cells were dislodged from the catheter by vortexing, and sonication. RNA  
189 was purified using the RNeasy Minikit (Qiagen) and quantified using a NanoDrop  
190 spectrophotometer. TaqMan primer and probe sets designed using Primer  
191 Express (Applied Biosystems, Foster City, CA) for *ACT1*, *FKS1*, *BGL2*, *XOG1*,  
192 and *PHR1* were used as previously described (Supplementary Table 1) (21).  
193 These genes were chosen based upon differential expression in the vascular  
194 catheter and denture biofilm models (21, 22). The QuantiTect probe RT-PCR kit  
195 (Qiagen) was used in a CFX96 real-time PCR detection system (Bio-Rad) with  
196 the following program: 50°C for 30 min, initial denaturation at 95°C for 15 min,  
197 and then 40 cycles of 94°C for 15 s and 60°C for 1 min. Reactions were  
198 performed in triplicate. The expression of each gene relative to that of *ACT1* is  
199 presented. The quantitative data analysis was completed using the delta-delta  
200 *CT* method (23). The comparative expression method generated data as  
201 transcript fold change normalized to a constitutive reference gene transcript  
202 (*ACT1*) and relative to the reference strain (*C. albicans* K1). The comparative  
203 expression method generated data as transcript fold-change normalized to a  
204 constitutive reference gene transcript (*ACT1*) and relative to planktonic *C.*

205 *albicans*, which were grown for 24 h in YPD at 37°C with orbital shaking at 200  
206 RPM.

207

## 208 **RESULTS**

209 **Urinary catheter placement and animal well-being.** Rats tolerated placement  
210 and infection of a urinary catheter well and did not show signs of illness  
211 throughout the course of the experiments, which extended for up to 72 hours.  
212 The animals continued normal intake of the food and water. No erythema or  
213 purulence was observed at the urethral exit site.

214

215 **Time course analysis.** To assess biofilm formation over time, the viable burden  
216 was determined using microbiological plate counts at various time points  
217 following *C. albicans* K1 infection of a rat urinary catheter. Pilot microbiological  
218 analysis showed involvement of numerous bacteria (data not shown). As the goal  
219 of the current project was to model a monomicrobial *C. albicans* biofilm, we  
220 elected to include antibiotic treatment to reduce the bacterial burden and produce  
221 a consistent fungal biofilm. Upon including the antibiotic regimen, we observed  
222 an increasing urinary *Candida* burden over the 24-72 h time period. The burden  
223 started at less than 10<sup>3</sup> CFU/ml at 24 h and ultimately reached 10<sup>6</sup> CFU/ml  
224 (**Figure 2A**). At the 48 h time point, the catheter viable burden was approximately  
225 10<sup>4</sup> CFU/device (**Figure 2B**). On urinalysis, pyuria and hematuria were evident  
226 throughout the course of infection (**Table 1**). Hematuria occurred in rats with

227 uninfected catheters, suggesting this may be related to trauma. Pyuria was  
228 greater in rats with *C. albicans* infected catheters.

229

230 **Scanning electron microscopy (SEM) of urinary catheter biofilms.** We used  
231 SEM to assess biofilm extent and architecture of the in vivo *C. albicans* biofilms.  
232 SEM has been a valuable tool for examining biofilm cell morphology, extracellular  
233 matrix, and relative extent of biofilm formation (17, 24). After 48 h, a confluent  
234 layer of biofilm had covered most intraluminal surfaces. However, compared to  
235 the vascular catheter model, which employed a polyethylene catheter, the  
236 silicone urinary catheter biofilm was less resilient in the face of the processing  
237 required prior to SEM imaging (17). The biofilm was frequently observed peeling  
238 from the surface, a finding we suspect may have been related to the swelling of  
239 silicone during the dehydration process (**Figure 3**, 100x). At higher magnification,  
240 the mature biofilm was composed primarily of hyphae with an extracellular matrix  
241 material covering sections of the biofilm (**Figure 3**, 1500x). Due to the biofilm  
242 disruption observed with SEM processing, viable burden counts were utilized for  
243 comparisons of mutant strains and antifungal treatments in subsequent  
244 experiments.

245

246 **Bladder microscopy.** To discern the impact of the *C. albicans* urinary catheter  
247 infection on the host, we harvested the bladders for histology and SEM. H&E  
248 staining of the bladder revealed inflammation, marked by infiltration of  
249 polymorphonuclear cells (**Figure 4**). GMS staining for fungal elements confirmed

250 tissue invasion by *Candida*. Both yeast and hyphal forms were observed on the  
251 uroepithelial surface. The finding of fungal invasion and neutrophilic inflammation  
252 is consistent with acute cystitis. On SEM imaging of the bladder, the urothelial  
253 surface was covered by a heterogenous, fibrinous material (**Figure 5**). Given the  
254 density of this material, identification of the underlying cells was somewhat  
255 limited. Host blood cells could be identified. In several areas, there was the  
256 appearance of yeast beneath the extracellular material, suggesting the presence  
257 of a surface-associated biofilm infection (25).

258

259 **Impact of antifungal drug treatments.** Both in vitro and in vivo *Candida*  
260 biofilms exhibit tolerance to antifungal drugs (8, 17, 24, 26-32). We tested the  
261 impact of systemic administration of antifungal therapy on the in vivo urine  
262 catheter biofilm cell viability and bladder *Candida* viable burden. An azole  
263 (fluconazole) and amphotericin B were selected based on their achievable  
264 urinary concentrations and their clinical use for treatment of urinary candidiasis.  
265 An echinocandin was not included as minimal amounts of active drugs  
266 accumulate in the urine for this drug class. At the completion of the experiment,  
267 the urinary catheters of untreated animals contained nearly  $5 \log_{10}$  CFU/device  
268 (**Figure 6**). Treatment with either fluconazole (25 mg/kg/day) or amphotericin B  
269 deoxycholate (1 mg/kg/day) minimally impacted the catheter viable burden of *C.*  
270 *albicans*. However, these antifungal treatments decreased the viable fungal  
271 burden in the bladder, by approximately 2 and 3  $\log_{10}$  CFUs/bladder for

272 fluconazole and amphotericin B, respectively. The doses selected for study are  
273 typically effective in non-biofilm rodent infection models (19).

274

275 **Transcriptional analysis of biofilm-associated cells.** Approximately 0.3 µg of  
276 total RNA was isolated from a single urinary catheter, an amount sufficient to  
277 perform RNA analysis using many methods. To test the utility of the model for  
278 examination of *C. albicans* biofilm associated gene expression, we measured the  
279 transcript abundance of glucan-associated genes. These gene products have  
280 previously been shown to impact both biofilm matrix production and biofilm drug  
281 resistance in vitro and in a rat venous catheter model (21). Urinary catheter-  
282 associated biofilm cells were compared to free-floating, planktonic cells by RT-  
283 PCR (**Figure 7A**). Transcriptional analysis revealed that the glucan-associated  
284 genes were upregulated in urinary catheter-associated biofilm cells relative to  
285 planktonic cells, consistent with findings from the prior investigations of *C.*  
286 *albicans* biofilms. Of the transcripts measured, *BGL2* and *PHR1* were the most  
287 abundant, with 3-fold higher levels in the urinary catheter biofilm cells compared  
288 to planktonically grown *C. albicans*. Expression of *XOG1* and *FKS1* was greater  
289 in the biofilm condition, but less than 2-fold different.

290

291 **Comparison of reference strain and adhesion defective mutant (*als1*<sup>-/-</sup> *als3*<sup>-/-</sup>).**  
292 We next sought to test the ability of the model to detect the phenotype of a  
293 *Candida* strain with a biofilm deficient phenotype. We chose the *als1*<sup>-/-</sup> *als3*<sup>-/-</sup>  
294 mutant, which lacks two adhesins important for *C. albicans* adherence and

295 biofilm formation in vitro and in an in vivo vascular catheter model (33). We  
296 hypothesized that the mutant would also exhibit a biofilm defect in the rat urinary  
297 catheter niche. Compared to an otherwise isogenic reference strain, the *als1*<sup>-/-</sup>  
298 *als3*<sup>-/-</sup> urinary catheter biofilm was composed of nearly 100 fold fewer cells on  
299 viable burden testing (**Figure 7B**). As theorized based on prior biofilm studies,  
300 these adhesins appear to play a critical role in biofilm formation in the urine  
301 environment and this is detectable the rat urinary catheter model.

302

### 303 **DISCUSSION**

304 In the presence of an artificial substrate, *Candida* transitions to a biofilm lifestyle,  
305 engaging with the surface and proliferating as an adherent community (34-37).  
306 Numerous medical devices have been associated with biofilm growth and  
307 infection, including catheters (venous or urinary), vascular stents, cerebrospinal  
308 fluid shunts, pacemakers, and joint implants (36). Among these, CAUTIs  
309 represent 70% of all hospital acquired infections and *Candida* is the third most  
310 common CAUTI pathogen (38-40). Here, we characterize a rat urinary catheter  
311 biofilm infection model which is a close mimic of *Candida* CAUTI. The model  
312 recapitulates the clinical infection in terms of formation of a surface-associated  
313 biofilm, anatomic position of the catheter, conditions of the surrounding milieu,  
314 incorporation of host immune factors, material of the artificial device, and the flow  
315 conditions through the functioning catheter. With this model, we were able to  
316 quantify biofilm growth, assess biofilm architecture, study the impact of drug

317 therapy, analyze the biofilm transcriptome, compare the biofilm forming capacity  
318 of mutant strains, and assess the host response to biofilm infection.

319

320 In vitro models of biofilm infection have been instrumental in many *Candida*  
321 biofilm investigations, including the identification of factors governing biofilm  
322 behaviors and their ability to tolerate antifungal therapy (28, 41-46). The models  
323 can also be useful for characterizing the impact of surface modifications and  
324 treatments. In vitro models have attempted to account for many in vivo infection  
325 conditions suspected to be important in clinical infection. Examples include the  
326 addition of urine to media to replicate the milieu of urinary biofilms, the  
327 incorporation of substrate materials similar to medical devices, and the inclusion  
328 of flow conditions (47). Uppuluri et al. examined *C. albicans* biofilm growth in the  
329 presence of synthetic urine media that included defined electrolyte  
330 concentrations, a relatively low pH, creatinine, and urea (47, 48). Similar to the  
331 current investigation, biofilms formed under these conditions exhibited resistance  
332 to antifungals commonly used to treat urinary tract infections, including  
333 amphotericin B and fluconazole. However, compared to control biofilms growing  
334 in RPMI media, biofilms produced under the synthetic urine media condition were  
335 less dense and fewer cells had transitioned to the hyphal state. This is in contrast  
336 to the current investigation, where hyphae were prominent in the *C. albicans*  
337 biofilms on the luminal urinary catheter surface (**Figure 3**). Interestingly, the  
338 antifungal therapy was effective against the tissue associated *Candida* in the  
339 model suggesting the presence of both biofilm and non-biofilm cells in the model.

340 Differences between in vitro and in vivo models are not unexpected. It is difficult  
341 for in vitro models to account for all the factors which may be influencing biofilm  
342 infection in the host (49). For example, cells in the in vitro systems are not  
343 exposed to many immune components and proteins which may condition or coat  
344 the surface and promote adherence. Hundreds of proteins have been identified  
345 to adsorb to urinary devices in patients. The protein set is diverse and includes  
346 cytokeratins, albumin, and inflammatory proteins (50). These conditioning factors  
347 likely arise from surrounding cells under inflammatory conditions, as the protein  
348 content of urine is generally low. Mimicking this process in vitro would be very  
349 complex. In vitro conditions are also limited in the ability to reproduce the  
350 influence of the immune system, a dynamic process over the infection course.

351

352 While examining the utility of the model for gene expression analysis, we  
353 identified upregulation of several transcripts in the glucan synthesis and  
354 modification pathways in *C. albicans* urinary catheter biofilms (**Figure 7**). This  
355 was not surprising, given the role to these pathways in extracellular matrix  
356 production and biofilm drug resistance (21, 43). We found have similarities  
357 between our current study and our prior microarray analysis which compared rat  
358 vascular catheter biofilms to planktonic controls (51). For example, transcripts of  
359  $\beta$ -1,3 glucan synthase, *FKS1*, were more abundant in the catheter biofilms  
360 (vascular 1.8-fold, urinary 1.3 fold). Likewise, 1,3-beta-glucosyltransferase,  
361 *BGL2*, was upregulated in both catheter models (vascular 1.5-3.1-fold, urinary  
362 3.7-fold), as were glucanosyltransferase, *PHR1*, (vascular 2.4-24.2-fold, urinary



363 3.3-fold) and beta glucosidase, *XOG1*, (vascular 1.7-fold, urinary 1.9-fold). In a  
364 rat denture model of *C. albicans* biofilm formation, *BGL2* was similarly  
365 upregulated (1.6-fold) compared to planktonic controls (24). These findings  
366 suggest there are conserved pathways among the various clinical biofilm niches.

367

368 Prior in vivo investigations of urinary catheter biofilms and CAUTI have utilized  
369 rodent models. To examine *Pseudomonas aeruginosa* urinary catheter biofilms,  
370 Kurosaka et al. developed a rat model of CAUTI. In this study, a stylet was  
371 inserted through the urethra of a rat and a catheter segment was threaded over  
372 the stylet and released into the bladder (52). Following transurethral inoculation,  
373 bacterial biofilms were established on the catheter surfaces and animals  
374 developed the histopathologic findings of acute pyelonephritis. This model was  
375 subsequently adapted for use in a mouse for study of *Pseudomonas aeruginosa*,  
376 *Proteus mirabilis*, *Enterococcus faecalis*, and *Candida albicans* (53-55). In an  
377 investigation of *C. albicans* biofilms by Wang et al, the catheter segments were  
378 secured in the bladder for 5-7 days prior to infection, allowing for host proteins to  
379 adsorb of the device surface (55). In this model, dense biofilms formed on both  
380 the luminal and external catheter surfaces and consisted of yeast and hyphae.  
381 As a method to predispose to *Candida* infection, mice deficient in lysozyme M  
382 production, an important effector for mucosal innate immunity, were utilized. The  
383 advantages of the model include the smaller animal size of the mouse and the  
384 ability to include the defined murine genotypes, such as the lysozyme M deficient  
385 mouse.

386 One limitation of the previously described rodent CAUTI models is the placement  
387 of the catheter segments (53-55). Although the catheter segments are exposed  
388 to urine and host components in the bladder, the catheters lack a urethral  
389 component and do not function to drain the urinary system, as would be the case  
390 for patient catheters. Without a urethral component, the catheters lack flow, one  
391 of the key factors influencing biofilm architecture and extracellular matrix  
392 production (56-58). To best account for physiologic flow in the current studies, we  
393 utilized urethral catheters that functioned to drain urine from the bladder  
394 throughout the course of the experiments. Not only did this have the advantage  
395 of mimicking flow, but also permitted repeated collection of urine samples.

396

397 To most closely mimic a patient infection, we chose to use a silicone urinary  
398 catheter, as this is the most common urinary catheter material (59). Biofilms  
399 formed on the luminal surface over the several days following intraluminal  
400 inoculation. However, on SEM, the biofilms were observed to often be dislodged  
401 or peeling from the catheter surface (**Figure 3**). This is in contrast to what has  
402 been observed in prior CAUTI model of *C. albicans* infection and a rat venous  
403 catheter biofilm infection, both of which had used polyethylene catheters (17, 55).  
404 We suspect the dehydration process required for SEM altered the silicone,  
405 weakening the biofilm binding. Another possibility is that urinary biofilms are less  
406 adherent to the device due to unique environmental conditions in the urine. We  
407 favor the former hypothesis given clinical descriptions of extensive biofilm in the  
408 literature and our demonstration of a large infectious burden by microbiological

409 counts. The viable plate count method was also useful for assessment of  
410 antifungal drug effect and the impact of various genetic mutants on urinary  
411 biofilm formation (**Figure 7**). Using this model we identified histopathologic  
412 changes consistent with acute cystitis (**Figure 4**). This is similar to descriptions  
413 from other animal models of bacterial CAUTI (52, 55). On specific fungal staining,  
414 mucosal invasion by *Candida* was evident and reminiscent of denture biofilm  
415 associated mucosal changes (**Figure 4**). The adherent community of *Candida*  
416 cells suggested the presence of a mucosal biofilm, as has been described for  
417 both oral and vaginal candidiasis (25, 60). On close examination of the bladder  
418 urothelial surface by SEM, we observed aggregates of cellular material encased  
419 in a fibrinous material, suggesting surface-associated biofilm formation (**Figure**  
420 **5**). Similar findings have been described for *Klebsiella pneumoniae* infection of a  
421 rat bladder (61). It has been proposed that epithelial cells are eventually  
422 sloughed during acute cystitis as a protective mechanism to rid the bladder of the  
423 surface-associated pathogens (61).

424

425 The current studies demonstrate the utility of the rat urinary catheter model for  
426 numerous research avenues involving *Candida* biofilm and CAUTI. Biofilm  
427 formation and architecture can be assessed by microscopy and assays can  
428 easily be designed to test the impact of antifungal drugs and the influence of  
429 gene products. The model allows for comparisons of genetically manipulated  
430 strains and transcriptional analysis. Given the physiologic catheter flow, it may be  
431 optimal for preclinical testing of catheters with impregnated or surface-adherent

432 anti-infectives (37). Although the focus of this study was *C. albicans*, the model  
433 could likely be adapted for use of non-albicans species, such as *C. parapsilosis*,  
434 *C. glabrata*, or *C. dubliniensis*, as has been described for other animal models  
435 (62, 63). Furthermore, comparisons among the various animal models of  
436 *Candida* biofilm infection may be of interest to identify pathways either unique to  
437 individual clinical niches or conserved among diverse clinical biofilms (17, 24, 25,  
438 32, 55, 60, 64, 65).

439

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446

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655

656

## 657 **FIGURE LEGENDS**

658

### 659 **Figure 1**

660 **Model of a rat urinary catheter *C. albicans* biofilm infection.** A silicone  
661 catheter (3.5 Fr) was inserted in the urethra of an anesthetized female rat (A). A  
662 catheter covering and cone harness protect the urinary catheter (B).

663

664

### 665 **Figure 2**

666 ***C. albicans* burden in a rat urinary catheter biofilm.** Urine was collected from  
667 a rat following *C. albicans* infection of an implanted urinary catheter after 24, 48,  
668 and 72 hours of growth and microbiological counts were used to determine the  
669 number of organisms present in the biofilms (A). Urinary catheters from 2 rats  
670 were harvested after 48 h of biofilm growth and adherent *Candida* were  
671 enumerated (B).

672 **Figure 3**

673 **Scanning electron microscopy (SEM) images of a *C. albicans* urinary**  
 674 **denture biofilm.** Intact urinary catheter *C. albicans* biofilms were harvested  
 675 after 48 h of growth, processed for SEM, and imaged. Scale bars for 100x and  
 676 1500x images represent 250  $\mu\text{m}$  and 10  $\mu\text{m}$ , respectively. Arrows point to areas  
 677 of extracellular matrix. The arrow head denotes an area with hyphae and yeast.

678

679 **Figure 4**

680 **Bladder histopathology for *C. albicans* urinary catheter biofilm infection. .**

681 Rat urinary catheters were infected with *C. albicans*. After 48 h, animals were  
 682 sacrificed and dissected samples were fixed. Sections were stained with  
 683 hematoxylin and eosin (H&E) and for *C. albicans* with Gomori's methenamine  
 684 silver (GMS). Images were obtained at 10x and 40x. The outline box of the 10x  
 685 images marks the approximate location where the 40x image was obtained.

686

687 **Figure 5**

688 **Bladder SEM for *C. albicans* urinary catheter biofilm infection.** Rat urinary  
 689 catheters were infected with *C. albicans*. After 48 h, animals were sacrificed and  
 690 dissected samples were processed for SEM and imaged. Scale bars represent  
 691 400  $\mu\text{m}$  and 20  $\mu\text{m}$  for 50x and 1000x images, respectively. Arrows point to  
 692 yeast-like structures within the biofilm.

693

694

695 **Figure 6**

696 **Impact of antifungal treatment on *C. albicans* urinary catheter biofilms.** Rat  
 697 urinary catheter biofilms were treated with either fluconazole (25 µg/ml  
 698 subcutaneously once daily) or amphotericin B deoxycholate (1 mg/kg  
 699 intraperitoneally) for 48 hours. Viable burden was determined by microbiological  
 700 plate counts following disruption of the biofilm from the urinary catheter (A) or  
 701 following bladder homogenization (B). Two rats were included for each condition  
 702 in A and 1 rat was included for each condition for B. Microbiological replicates  
 703 were performed in triplicate. ANOVA with pair-wise comparisons using the Holm-  
 704 Sidak method was used to compare treatment viable burdens to untreated  
 705 controls, \* $P < 0.05$ . FLU=fluconazole, AMB=amphotericin B deoxycholate.

706

707 **Figure 7**

708 **Role of select gene products in urinary *C. albicans* biofilm formation.** (A)  
 709 Transcriptional abundance of glucan associated genes in *C. albicans* urinary  
 710 catheter biofilms. The transcript abundance of glucan modifying enzymes in  
 711 urinary catheter biofilms was compared to planktonic *C. albicans*. Analysis of two  
 712 rat catheters was performed in triplicate by RT-PCR with *ACT1* normalization. (B)  
 713 Impact of adhesin disruption on urinary *C. albicans* biofilm formation. The biofilm  
 714 forming capacity of *C. albicans als1-/- als3-/-* mutant and parent strain were  
 715 compared with viable burden endpoint. One rat was used for each condition.  
 716 Microbiological replicates were performed in triplicate. A Student's t test was  
 717 used to compare viable burdens, \* $P < 0.05$ .

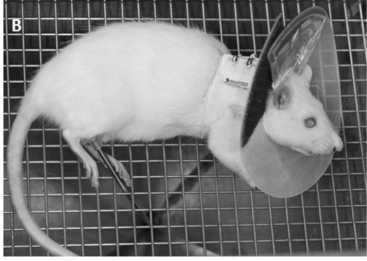
718 **Table 1. Urinalysis in rats with *Candida albicans* urinary catheter-**  
 719 **associated biofilm infections.**

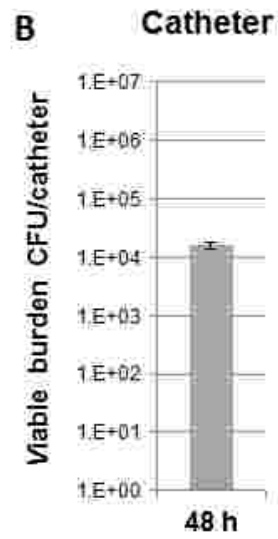
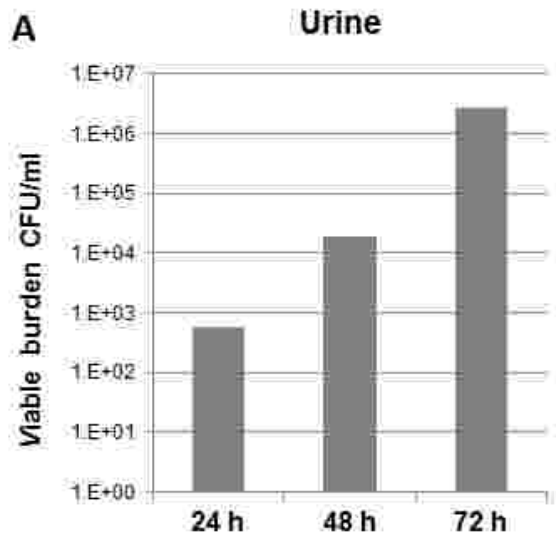
| Duration of infection | <i>C. albicans</i> infected |     | uninfected (catheter only) |     |
|-----------------------|-----------------------------|-----|----------------------------|-----|
|                       | Leukocyte esterase          | RBC | Leukocyte esterase         | RBC |
| 24 hours              | 15-70                       | +++ | 15                         | +++ |
| 48 hours              | 70+                         | +++ | 15                         | +++ |
| 72 hours              | 70+                         | +++ | 15                         | +++ |

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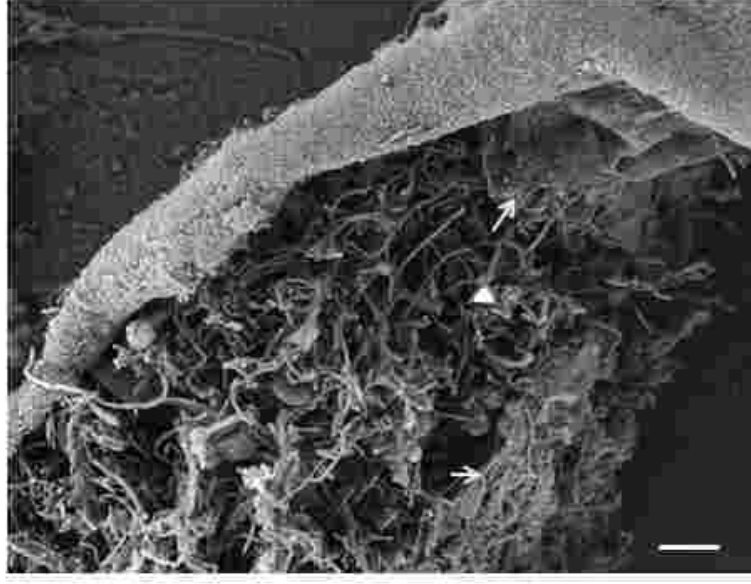


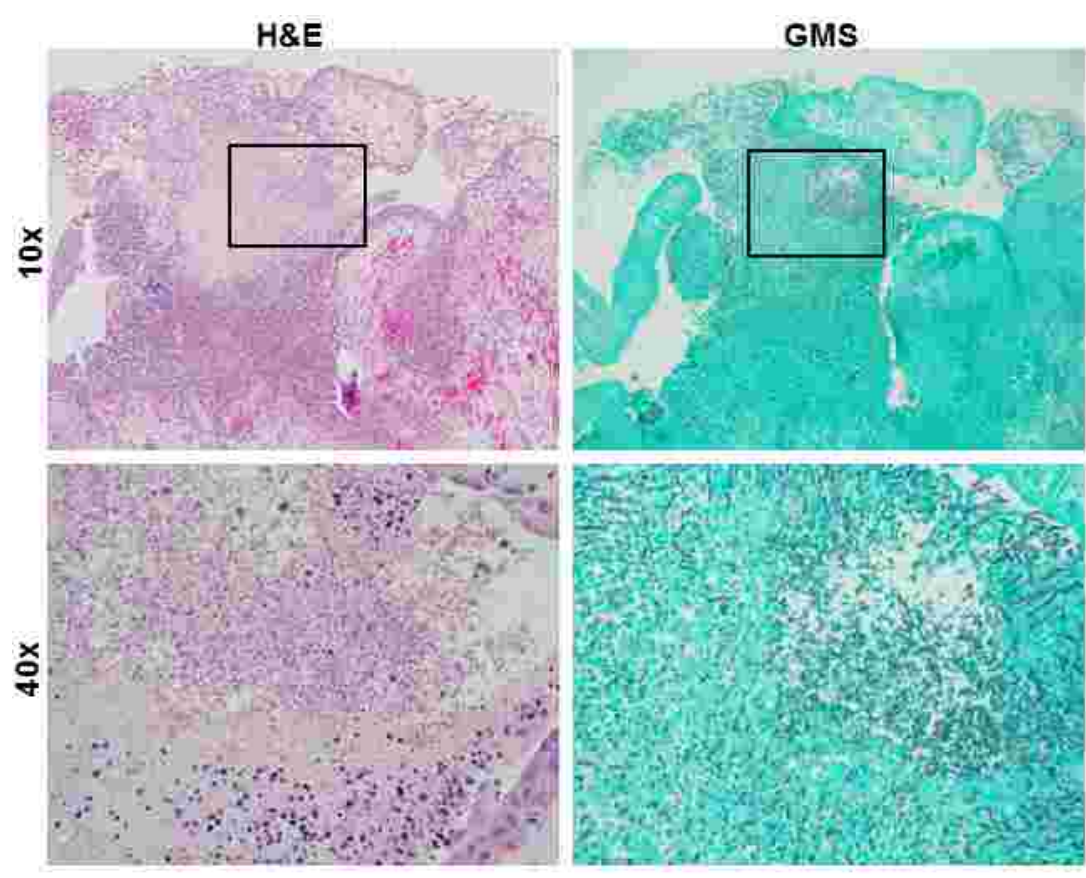


100x



1500x







50x



1000x



