

# Contamination of poultry flocks by the human pathogen *Campylobacter* spp. and strategies to reduce its prevalence at the farm level

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Enteric *Campylobacter* spp. bacteria are human pathogens that frequently contaminate poultry flocks. Consumption of products from poultry origin may then lead to acute bacterial enteritis called campylobacteriosis of which prevalence is increasing for about ten years in Europe. This review summarizes *Campylobacter* epidemiological data, risk factors for contamination in poultry flocks and conceivable strategies to control this pathogen.

**Keywords.** *Campylobacter*, epidemiology, poultry, prevalence reduction, prevention.

**Contamination des élevages de volailles par l'agent pathogène humain *Campylobacter* spp. et les stratégies pour réduire sa prévalence au niveau des élevages.** *Campylobacter* spp. est une bactérie entérique pathogène pour l'homme qui contamine fréquemment les élevages de volailles. La consommation de produits d'origine aviaire peut ainsi entraîner une gastro-entérite bactérienne aiguë appelée campylobactériose, dont la prévalence augmente depuis une dizaine d'années en Europe. Cette synthèse bibliographique résume les données épidémiologiques sur *Campylobacter*, les facteurs de risque de contamination dans les élevages de volailles et les stratégies envisagées pour lutter contre ce pathogène.

**Mots-clés.** *Campylobacter*, épidémiologie, volaille, réduction de la prévalence, prévention.

## 1. INTRODUCTION

Even though pig meat, with a worldwide share of about 50%, is by far the most preferred meat by European Union (EU) consumers, the poultry meat production has shown the more favourable progression, with a mean annual increase rate of 2.5% from 1992 to 2002 (European Commission, 2005); it recorded a worldwide share of around 26% in 2005 (i.e. 70 million tons). Moreover, world poultry production and consumption are predicted to still increase over the next seven years by more than 20%, i.e. an average annual growth of approximately 2.5%. This expansion is mainly driven by low poultry meat production costs (relative to beef and pork), strong consumer preference, increased use in food preparations and a high demand for low price proteins on the worldwide market. Furthermore, poultry meat has generally benefited from the Bovine

Spongiform Encephalopathy and Foot-and-Mouth Disease outbreaks, in the past few years.

Nevertheless, the avian sector has also faced several sanitary problems to which media coverage was given since a few years. In June 1999, the dioxin crisis in Belgium was caused by dioxin-contaminated food components. The widespread avian influenza epidemic since 2003 has completely disrupted production and trade in many areas of the world, notably South East Asia but also the US and Canada. Beside these time-limited outbreaks, poultry production is confronted with a major permanent problem that is much less known. Poultry remains an important vehicle of bacterial human pathogens, leading to foodborne diseases by contaminated poultry products consumption and incriminated by epidemiological reports all over the world. The most reported pathogen agent is *Salmonella* spp. but, over the last three decades, *Campylobacter*

spp. has emerged as an increasing concern all over the world. It is a major cause of a human acute bacterial enteritis called campylobacteriosis (van Vliet et al., 2001). Unlike *Salmonella*, *Campylobacter* is mainly a problem in extensive poultry production, with up to 100% of organic farms being contaminated (Engvall, 2001). This review will focus on prophylactic measures and curative treatments developed to reduce the incidence of *Campylobacter* infections in broiler flocks, at the primary production level.

## 2. CAMPYLOBACTERIOSIS

*Campylobacter* spp. have been recognized as a cause of diarrhoeal illness in human since 1972. The *Campylobacter* species associated with food poisoning include *Campylobacter jejuni*, *Campylobacter coli*, *Campylobacter lari* and *Campylobacter upsaliensis*. *C. jejuni* is predominant while *C. coli* accounts for most of the remainder (Hariharan et al., 2004). According to a French study, *C. jejuni* was found in ca. 68% of the isolates from human campylobacteriosis cases (Dachet et al., 2004).

Dose-response studies have shown that ingestion of about 10 (Ridley et al., 2004) to 500 cells (Rosenquist et al., 2003) could already be sufficient to infect the human host. Pathogens invade epithelial cells in the ileum and large intestine thanks to chemotaxis and high motility, which causes inflammatory diarrhoea with usually moderate uncharacteristic symptoms (van Vliet et al., 2001).

Complications following *Campylobacter* infection are uncommon, but an association with certain neurological disorders is noteworthy (Butzler, 2004). It is estimated that one on 1000 *Campylobacter* infections lead to the Guillain-Barré syndrome, an acute demyelinating disease characterized by muscular paralysis and leading to 2-3% mortality (Allos, 1997). This syndrome is usually confined to very young or elderly patients or to immuno-compromised suffering people (Altekruse et al., 1999).

### 2.1. Public health impact

In most industrialized countries, the reported incidence of campylobacteriosis has increased during the last decade. In 2004, a total of 183,961 cases of laboratory confirmed campylobacteriosis were recorded in the EU-25, compared to 120,462 cases in 1999. The overall incidence was 47.6 per 100,000 population, which is slightly higher than for *Salmonella* (42.2). This makes *Campylobacter* the most commonly reported gastrointestinal bacterial pathogen in humans in the EU (EFSA, 2006). On the other hand, in Belgium, *Campylobacter* infections represent the second cause

of foodborne illness, just after *Salmonella* (CSH, 2005), with an estimated annual number of cases of about 65 per 100,000 population (Ducoffre, 2006). In 1984, the sentinel laboratories network recorded only just 1,703 cases of infection. During the nineties, campylobacteriosis incidence has continually increased to reach 7,473 cases in 2000, although the increase in the number of *Campylobacter* infections cases until 1996 could mainly be attributed to problems at the surveillance level (van Dessel, 2005). From 2000 to 2003, the illness incidence was reduced. However, it tends to increase again since 2004, without reaching the levels observed in 2000. It is usually estimated that 90% of *Campylobacter* contamination are due to meat consumption and 80% specifically come from poultry meat. Nevertheless, the rise of *Campylobacter* incidence observed for more than 20 years may also be partly due to an increase of the poultry meat consumption during this period, rather than only an increase in the proportion of contaminated poultry (ICGFI, 1999).

The high incidence of *Campylobacter* spp. diarrhoea, its duration and possible sequelae, make campylobacteriosis important from a socio-economic perspective.

### 2.2. Economic and social importance

Campylobacteriosis affects each year a significant proportion of humans worldwide. Foodborne gastrointestinal diseases are major burdens on society causing considerable suffering and loss of productivity. Besides the discomfort felt by sick people, these infections have major economic repercussions by direct illness costs (laboratory diagnosis, consultations, medical cares, hospitalization, etc.) and indirect costs (work inefficacy, days lost work, etc.) (ICGFI, 1999; Bogaardt et al., 2004). In The Netherlands, the economic costs of campylobacteriosis are estimated at 21 million € per year for a population of 16 million (Mangen et al., 2005a). Costs for campylobacteriosis are difficult to estimate because of differences in the simulation models used. Differences in one case cost according to two recent studies, i.e. 465 € in the United Kingdom (Roberts et al., 2003) and 77 € in The Netherlands (van den Brandhof et al., 2004) show the complexity of estimating these costs.

## 3. CAMPYLOBACTER AND THE ANIMAL HOSTS

### 3.1. Characteristics of *Campylobacter* species

*Campylobacter* species are Gram-negative, non-sporing, slender, helical or curved rods. In culture exposed to environmental stresses such as oxygen,

the cells can change to spherical or coccidial forms. Their polar flagellum conferred them a characteristic darting, and corkscrew-like motility. They are unable to oxidize or ferment carbohydrates but they reduce nitrate and nitrite. *C. jejuni* is the most frequent of the four thermophilic *Campylobacter* species that is isolated from human, and is one of 20 species and subspecies within the genus *Campylobacter* and family *Campylobacteraceae*. The other thermophilic species include *C. coli*, *C. upsaliensis* and *C. lari*. The thermophilic species are characterized by their ability to grow best between 37 and 42°C and their inability to grow at 25°C. For the most part, *Campylobacter* require a microaerobic atmosphere for growth and can be very difficult to work with in laboratory settings, due to their fragile nature. However, isolates are extremely diverse, compared to some other enteropathogens. There are more than 60 different heat-stable serotypes, more than 100 heat-labile serotypes, differences in adherence properties, invasive properties, toxin production, serum resistance, colonization potential, aerotolerance and temperature tolerance. This diversity may be partly explained by the genomic plasticity of *Campylobacter*. The high levels of multiple-strain colonization and high frequency of incidence in mammals and birds mean there is substantial opportunity for exchange of genetic material and explain the ability of bacteria to survive in extreme conditions.

### 3.2. Transmission vectors

*Campylobacter*, as *Salmonella*, may be carried asymptotically, as commensal organism, in the alimentary tract of all warm-blood animals. Because this pathogen can be transferred from animals to man, *Campylobacter* is considered as a zoonotic bacteria (WHO, 2000). Human infection may be caused by direct contact with contaminated animals or animal carcasses. In the case of domesticated animals as cattle, sheep, goats, pigs and especially poultry, pathogens can spread via the slaughter process to raw and finished products. *Campylobacter* may also be transferred to humans by consumption of undercooked or recontaminated meat, or the handling of raw products (Bryan et al., 1995). It is noteworthy that, despite the meat importance, this does not represent the only food vehicle for *Campylobacter* and large campylobacteriosis outbreaks are usually associated with contaminated drinking water or raw or contaminated milk (Friedman et al., 2004). According to Mead et al. (1999), food contamination could originate for 80% of *Campylobacter* infection cases. Regarding inter-humans transmission, it is considered to be relatively exceptional (Adak et al., 1995; Studahl et al., 2000; Winquist et al., 2001).

As mentioned above, the most important *Campylobacter* species known to cause human illness

are the thermophilic species: *C. jejuni*, *C. coli* and *C. lari*. Birds, especially breeding poultry, appear to be the main reservoir for these pathogens, their internal temperature of 41-42°C being favourable for thermophilic *Campylobacter* proliferation (Hariharan et al., 2004). Therefore, foods of poultry origin have been identified as significant sources of human campylobacteriosis. In Belgium, more than 40% of campylobacteriosis cases would be associated to poultry meat consumption (Vellinga et al., 2002). In 1999, the finding of dioxin-contaminated feeding stuffs caused the Belgian authorities to withdraw all poultry meat and eggs from the market. The estimated reduction in campylobacteriosis cases during the following crisis months was 40% without any other explicative event that happened in this period. Furthermore, the Belgian poultry reintroduction 4 weeks later on the market lead back to the previous campylobacteriosis incidence situation.

Another factor that could link together chicken consumption and human pathogen acquisition is the important similarity between human and poultry serotypes (Petersen et al., 2001). Nevertheless, it is advisable to relativize this affirmation. Several studies have shown that some *Campylobacter* strains colonizing chicken are not human pathogens while some human isolated strains are unable to colonize poultry (Corry et al., 2001).

### 3.3. Poultry colonisation

Colonized chickens usually show no observable clinical symptoms of infection even when young animals are exposed to high doses under experimental conditions (Newell et al., 2003). Corry et al. (2001) reported furthermore possible observation of enteritis and hepatitis symptoms or excessive mortality of very young chicks.

Experimentally, the dose of viable *C. jejuni* required to colonize chicks and chickens can be as low as 40 cfu even if numbers from 10<sup>4</sup> to 10<sup>7</sup> cfu can be frequently found in literature (Udayamputhoor et al., 2003; Bjerrum, 2005). Furthermore, a strain variability concerning the ability to colonize the chicken digestive tract is also reported (Stas et al., 1999). Infection pattern in poultry is also age-dependent. Actually, *Campylobacter* is not detected in chicks less than 2 to 3 weeks of age under commercial broiler production conditions, and that may be related to high levels of circulating *Campylobacter*-specific maternal antibodies in young chickens, which gradually decrease to undetectable levels at 2 to 3 weeks of age (Sahin et al., 2003).

In chickens, *C. jejuni* colonizes the mucus overlying the epithelial cells primarily in the caeca and the small intestine but may also be recovered from elsewhere in

the gut and from spleen and liver (Beery et al., 1988; Achen et al., 1998). The microorganism remains in the intestinal lumen at the crypts level, without adhesion. Once colonization is established, *Campylobacter* can rapidly reach extremely high numbers in the caecal contents, from  $10^5$  to  $10^9$  cfu·g<sup>-1</sup> of content (Schoeni et al., 1992; Achen et al., 1998; Woodall et al., 2005).

### 3.4. Poultry flock prevalence

The reported proportion of *Campylobacter*-positive broiler chickens flocks (the flock prevalence) varies between countries, ranging from 5% to more than 90% (EFSA, 2005), as summarized in **table 1**. This apparent variation in the flock prevalence may reflect significant differences between countries, but is affected by sampling time, during the breeding period, and age and type of birds (conventional, free-range, organic). The method of detection (direct plating vs. enrichment), and type of sample (caecal contents, fresh droppings, litter) also influence the detection of *Campylobacter* spp. (Jørgensen et al., 2002; Oyarzabal et al., 2005).

**Table 2** shows more frequently contaminated broilers flocks in extensive rearing systems, especially those allowing access of the birds to an open-air range (organic, “Label Rouge”, etc.). According to Heuer et al. (2001), the higher contamination rate of free-range broiler production could be explained by an unimpeded access to soil and water in the open-

**Table 2.** *Campylobacter* species distribution according to the poultry production system — *Distribution des espèces de Campylobacter en fonction du système de production aviaire* (Heuer et al., 2001).

Poultry production system	<i>Campylobacter jejuni</i>	<i>Campylobacter coli</i>
Standard	86.2%	10.3%
Organic	91.0%	4.5%

air range, a longer rearing period and differences in chicken host lineages.

Distribution of *Campylobacter* species is also dependent on the rearing system, as shown in **table 2** and on the country. *C. jejuni* is the most frequently isolated species in poultry farms, whatever the production system. *C. coli* is less common although it is predominant in some EU Member States as Slovenia (Zorman et al., 2006). Moreover, this species tends to become more frequent from a few years (Desmots et al., 2004). Finally, although relatively scarce, *C. lari* can also be isolated from poultry samples (Denis et al., 2001; Hald et al., 2001).

### 3.5. Risk factors for contamination at farm level

Although several risk factors for infection of broilers with *Campylobacter* spp. have been identified,

**Table 1.** Review of *Campylobacter* contamination prevalence in broiler chickens — *Synthèse de la prévalence de la contamination par Campylobacter chez le poulet de chair*.

Country	Number of analysed flocks	Contamination rate	Additional information	Reference
Denmark	4286 (standard)	46%	One year study; cloacal swabs	Wedderkopp et al., 2001
Great Britain	100 (standard)	4 weeks old broilers: 40% 7 weeks old broilers: > 90%		Evans et al., 2000
Denmark	10 (8 standard poultry farms)	50%	Cloacal swabs just before slaughtering	Hald et al., 2001
France	24 (standard)	79.2%	Fresh droppings from 35 to 40 days of age	Denis et al., 2001
Denmark	160 (39 farms) standard: 79 organic: 22 extensive indoor: 59	36.7% 100.0% 49.2%	Study leading from 1998 to 1999	Heuer et al., 2001
France	620 of which: standard: 403 * « Label Rouge »: 62 export: 155	56.6% 80.0% 51.3%	Monitoring program leading in 1999	Avrain et al., 2001
United States	3 farms with open-air range	32.0 to 68.0%		McCrea et al., 2006

\* « Label Rouge »: French extensive rearing broiler production with access to an open-air range — *Label Rouge : production extensive française de poulets de chair, avec accès à un parcours extérieur*.



knowledge about the various routes by which flocks become infected and their relative importance is still incomplete. The risk factors that have repeatedly been identified are summarized below.

**Vertical Transmission.** *Campylobacter* can be present in the poultry reproductive system. Nevertheless, several authors dismiss the assumption that vertical transmission is a major source of pathogen transmission (van de Giessen et al., 1992; Jacobs-Reitsma, 1995; Chuma et al., 1997; Sahin et al., 2003). The main reasons proposed are a poor *Campylobacter* survival on eggshells and inability to penetrate, to survive and to multiply into eggs in natural conditions. Meanwhile, some evidence could be found for vertical transmission of *Campylobacter* (Callicott et al., 2006).

#### **Horizontal transmission from the outer environment:**

*Flock-to-flock transmission and litter role.* *Campylobacter* transmission from a contaminated flock to the following flock seems to be not very important. *Campylobacter* is actually sensitive to detergents and disinfectants as well as dry conditions found in the poultry house during the empty period, although a little number of bacteria could survive during flocks intervals (Evans et al., 2000; Petersen et al., 2001).

Dry and aerobic conditions of clean fresh litter are considered harmful to *C. jejuni* as reported by Newell et al. (2003) and Hutchinson et al. (2005). On the other hand, litter can be contaminated by broiler faecal droppings and then favours pathogen transmission through the flock. Nevertheless, in Belgium, the problem of litter as contamination vector is not recognized because houses are generally cleaned and disinfected and the litter is replaced between two subsequent flocks.

Dirty contaminated litter spread over the land can scatter the microorganism in the environment. Contaminated sewage are attractive for wild birds and insects that can be infected and then become *Campylobacter* vectors (Jones, 2001; Stanley et al., 2003).

*Environment and open-air range.* *Campylobacter* is able to survive in the house surroundings soil (Bull et al., 2006) and the farmer can therefore act as a pathogen vector for *Campylobacter* entrance in the broiler house, for instance via farmer's boots (Newell et al., 2003). The open-air range to which broilers have access in free-range poultry production could also be a major environmental source for flock contamination. When *Campylobacter* is isolated from the open-air range soil or from stagnant water, before the birds go out, the precedent flock may be responsible for the contamination. Furthermore, even if the open-air

range seems to be *Campylobacter*-free, it is possible that *Campylobacter* is present under a Viable but Non Culturable (VNC)-form. Induced through cell stress, particularly in drastic soil conditions (Rivoal et al., 2005), VNC represents a resting or dormant stage extremely difficult to detect, which could return to virulent form under appropriate conditions (Moore, 2001).

This transmission route seems yet not negligible as shown by Rivoal et al. (2005). Among seven poultry farms sampled from 1996 to 1999, four had got information about the respect of strict biosecurity measures aimed at preventing the introduction of *Campylobacter* into flocks. In these farms, flock contamination appeared from six weeks of age, at the time of outdoor rearing period. In the three farms for which no biosecurity measures were applied, broiler contamination appeared from two weeks of age, then before the access to the open-air range. The influence of the open-air range on the contamination is yet not fully understood. According to a recent study of the "Agence Française de Sécurité Sanitaire des Aliments" (AFSSA), access to an open-air range is not the main *Campylobacter* contamination route of free-range broiler production. Among 73 farms, close to three quarters of flocks were contaminated before access to the open-air range. At the end of the rearing period, all the flocks were *Campylobacter*-positive, and concerned mainly *C. jejuni* (Huneau-Salaün et al., 2005).

*Feed and drinking water.* *Campylobacter* can not survive in poultry feed because of a too low moisture rate (Altekruse et al., 1999; Newell et al., 2003) although feed, as drinking water, can be contaminated by faecal droppings during the rearing period and can serve as transmission route (Bull et al., 2006). On the other hand, water can be a real contamination vector for broiler chickens, as shown by Shanker et al. (1990) who succeeded to infect broilers with artificially contaminated water.

*Air.* *Campylobacter* can be isolated from air, both in the broiler house and from the house surroundings (Bull et al., 2006). Pathogens are entrapped in aerosols or dust (Berndtson et al., 1996), which could then be considered as pathogen transmission vector (Berrang et al., 2003). Nevertheless, there is an assumption that *C. jejuni* cannot survive for long period within the dehydrating conditions of dust. Saleha (2004) failed to isolate *Campylobacter* from 114 swabs samples of the walls, floors and dust from a total of 19 Malaysian chicken houses. According to Newell et al. (2003), the location of ventilation fans can affect the risk of flock positivity, and the use of air conditioning increased this risk.

*Wild and domesticated animal.* Because of the pathogen inability to multiply outside warm-blooded animals, farm animals like poultry, cattle, pigs, sheep and goats (Oporto et al., 2007), pets like cats and dogs, and wild animals like birds and rodents, are often considered as important *Campylobacter* reservoir. Although the broiler contamination by wild and domesticated animals does not seem to be direct, except for the free-range broiler productions, animal bearing and faecal shedding of the bacteria have been actually pointed out in several studies (Stanley et al., 2003; Hutchinson et al., 2005) as a potential origin of environmental contamination (Nicholson et al., 2005).

Because of their microaerophilic metabolism and their inability to growth at temperatures below 31°C, the presence of *Campylobacter* in streams, rivers and ponds can then be taken as a sign of recent faecal contamination by livestock or wild animal (Friedman et al., 2000) but can last up to four months (Rollins et al., 1986; Hazeleger et al., 1998). *Campylobacter* serotypes and genotypes are not systematically corresponding, and the wild animals role should be relatively limited after all (Petersen et al., 2001).

*Insects.* Some authors have made the assumption that insects like flies could play a part in the *Campylobacter* epidemiology (Skov et al., 2004). They could act as mechanical vectors, transmitting pathogens from reservoir environment or animals to broiler flocks (Ekdahl et al., 2005; Nichols, 2005). Nevertheless, insects seem to be contaminated by the broilers and may act as pathogen vector only afterwards.

#### 4. EUROPEAN LEGISLATION

Following several different sanitary crises, the Community legislation on food hygiene has been progressively restructured and strengthened in order to establish a coherent and consistent network of hygiene rules based on an integrated approach covering the whole food chain “from stable to table”. The new legal instrument on food hygiene ensures that the Member States comply with the Good Hygiene/Farming Practices (GHP) in livestock production, as applied in Belgium. The reflection of the Commission on the new approach to food safety, covering the entire production chain of all foodstuffs, both of animal and of plant origin, resulted in the adoption of the White Paper on food safety in January 2000.

The main principles depicted in the White Paper are: the assurance of a high standard of food safety; the responsibility for food safety primarily upon food businesses, including feed manufacturers and farmers; the assurance of a “farm to table” policy; the possibilities for traceability and transparency and

the possibilities to take into account the precautionary principle and other legitimate factors, where appropriate.

These rules would be essential to prevent contamination and spread of zoonotic agents in farms and are the basis of the European legislation concerned with the monitoring and control of zoonoses and zoonotic agents at the primary production, transformation and distribution levels. With the aim of decreasing the incidence of zoonoses in humans, of improving the control of zoonoses in the primary production and of strengthening the collection of relevant data to support risk assessment activities and risk management decisions, the European Union has decided more recently to integrate and to standardize the different national monitoring and survey plans by the establishment of the Directive 2003/99/CE and the Regulations (EC) n°2160/2003 and n°1003/2005.

The specific purpose of these Regulations is “to ensure that proper and effective measures are taken to detect and to control *Salmonella* and other zoonotic agents, particularly at the level of primary production, in order to reduce their prevalence and the risk they pose to public health”. *Salmonella* is the primary zoonotic agent targeted at primary production as it represents an important burden to public health. From 2010, poultry meat containing *Salmonella* in 25 g shall not be placed on the market without any industrial treatment able to eliminate *Salmonella*.

Such measures are not yet implemented for *Campylobacter* at this time but are actually examined by The Community Economic and Social Committee, a small number of Member States and at a preliminary stage the European Parliament (Kremer, 2005). It is within this context that the European Food Safety Authority (EFSA) has formulated several recommendations in its Scientific Report in 2005 (EFSA, 2005). They concern particularly the intensification of epidemiological studies about *Campylobacter* and the reduction of the proportion of *Campylobacter*-infected poultry farms, by the application of strict biosecurity measures.

Since 1996 in Belgium, the “Institut d’Expertise vétérinaire” that became included in the “Agence Fédérale pour la Sécurité de la Chaîne alimentaire” (AFSCA), with the help of Universities and Community Reference Laboratories, has setting up an annual monitoring program of zoonotic agents in human and animal products. Since 1998, the survey program, intended for all foodborne pathogens including *Campylobacter*, is coupled with a hygiene plan based on biosecurity measures at primary production level, which aims to reduce contamination from live animals. Such interventions measures can lead to additional production costs that are at the moment difficult to estimate. The Dutch CARMA Project has tried to

evaluate these costs by means of an economic model. According to Mangen et al. (2005b), the annual income of broiler farmers could not bear increased production costs without any additional bonus, and this situation is all the more actual for extensive small-sized poultry farms.

## 5. INTEGRATED APPROACH TO REDUCE FLOCK CONTAMINATION

Given the public health and economic problem represented by *Campylobacter*, and the strengthening of the European legislation relating to animal products contamination by zoonotic agents, it is important to take measures in order to reduce *Campylobacter* prevalence throughout the poultry production chain leading to a reduced incidence of the human illness.

In a recent risk evaluation, the CSH (2005) showed that the risk to contract illness decreases significantly if the proportion of contaminated meat-based preparations may be limited or eliminated in the food distribution chain. Moreover, it is not just presence or absence of pathogenic bacteria that is important, but also the amounts in which they are present. Dutch (Nauta et al., 2007) and Danish (Rosenquist et al., 2003) studies have particularly developed quantitative microbiological risk assessment models based on mathematical dose-response model to estimate the relationship between ingested dose and the probability of developing campylobacteriosis.

Many broiler flocks can become infected with *Campylobacter* spp. at many stages of the poultry production chain. Therefore, the only intervention strategy to reduce the exposure of humans to *Campylobacter* spp. seems to be an integrated approach (Snijders et al., 2002), with multiple control measures along the poultry production chain, for instance at farm level, during transport, at the slaughterhouse and/or at the product transformation step (Line, 2002; Hariharan et al., 2004; Whitaker, 2006).

Risk factors and sanitary measures for contamination during catching and transportation have been presented by Ramabu et al. (2004) and Rasschaert et al. (2007). The risk factors associated with the slaughter operations on the contamination of carcasses have been studied by Rosenquist et al. (2006) and EFSA (2005) have reviewed the risk management options available at this level. Furthermore, techniques of preventing contamination or decontaminating raw meat and poultry meat products in the food processing industry have been discussed by several authors (Huffman, 2002; Woteki et al., 2003; Dinçer et al., 2004). Woteki et al. (2003) have also presented in details necessary strategies at the consumer level.

## 6. USUAL PREVENTION METHODS

### 6.1. Hygiene measures

Practical biosecurity measures at the farm level have been determined as the primary strategy to prevent colonisation of housed broiler flocks with *Campylobacter* entering the processing plant and hence the food chain (van de Giessen et al., 1992; ICGFI, 1999; Gibbens et al., 2001; Rivoal et al., 2005). Nevertheless, many authors have shown that biosecurity measures are only partly effective in controlling *Campylobacter* contamination (Pattison, 2001; Sahin et al., 2003; Van Gerwe et al., 2005).

Measures that are important to protect the flock include the washing of hands, the wearing of protective clothing and dedicated footwear, the respect of house cleaning and disinfection protocols, provision of *Campylobacter*-free water, feed and the removal of spent litter between two flocks. Details about biosecurity measures designed to control *Campylobacter* have been reported by Allen et al. (2005).

The limited action of hygiene procedures is based on the fact that in conditions where broilers are confronted with environmental factors that are scarcely controllable (open-air range, wild birds, domesticated animals faeces, etc.), i.e. organic and free-range flocks, biosecurity is difficult to apply. In these production systems, Rivoal et al. (2005) have shown that, even if strict hygiene measures allow broiler flocks to be *Campylobacter*-negative during the first weeks of age (the indoor period), birds are almost always colonized at slaughter, after the access of birds to the open-air range.

Nevertheless, even if high levels of environmental exposure to *Campylobacter* may overwhelm best practice biosecurity measures and that these practices can not guarantee infection prevention, they can help to delay the onset of *Campylobacter* colonization and are consequently essential.

### 6.2. Antibiotics use

The use of antibiotics in modern intensive animal production as growth-promoters and for therapy and prevention of diseases could not be a rational solution to reduce *Campylobacter* incidence. Several studies have actually pointed out the partial association between the veterinary use of antibiotics and the emergence of resistant strains of *Campylobacter* related to human enteritis (Pezotti et al., 2003; Desmonts et al., 2004; Luangtongkum et al., 2006). Nevertheless, Bywater (2004) assessed the sum total contribution of antibiotics use in animal production to human bacterial resistance as <4%. Moreover, variation is seen in antibioresistance in different countries, reflecting



various veterinary practices in antimicrobial usage. Whatever the opinion we have in this debate, these antibiotics have been banned in the EU since January 2006, according to the “Precautionary Principle”.

### 6.3. Acidification

It is generally acknowledged that *Campylobacter* is sensitive to acid conditions (AFSCA, 2006). Several strategies developed to reduce *Campylobacter* populations are based on the acidification of the pathogen environment.

**Drinking water and feed acidification.** The *in vitro* studies realized by Chaveerach et al. (2002) have pointed out the bactericidal activity of organic acids used individually or in combination. The four studied acids (formic, acetic, propionic and hydrochloric), alone or in combination at different formulation ratios, were mixed with a commercial broiler feed into bottles containing 250 ml of tap water. The acid combinations have shown an interesting bactericidal activity at pH 4.0 with *Campylobacter* numbers declining below 1 log cfu·ml<sup>-1</sup> within 1 h, and the reduction was higher than the decreasing effect observed with the different acids used individually.

Water being an efficient *Campylobacter* vector, Chaveerach et al. (2004) studied *in vivo* the drinking water acidification by the same four organic acids as a prophylactic measure. During all the experiment, no *Campylobacter* was found in acidified drinking water. Although acidification seems to be an effective measure to control water as a prominent contamination vector, most chickens were infected at the end of the experiment, demonstrating the impact of other contamination ways. Byrd et al. (2001) have also studied drinking water acidification during pre-slaughter feed withdrawal. The addition of 0.5% lactic acid in drinking water significantly reduced crop contamination with *Campylobacter* as compared with the controls (62.3% vs 85.1%).

Another study by Heres et al. (2004) has tested fermented feed containing high concentrations of organic acids (5.7% lactic and 0.7% acetic) on susceptibility of chickens to *Campylobacter* and *Salmonella*. Broilers fed with fermented feed until 21 days of age needed a ten times higher dose of *Campylobacter* to achieve the same proportion of infected chickens as the control population. Nevertheless, the protective effects seem relatively limited and dependent on the infection dose according to the pathogen inoculated.

**Litter acidification.** Acidification of poultry litter has also been suggested as a method to limit pathogen

proliferation in breeding flocks. Line (2002) assessed two commercially available litter treatments (aluminium sulfate and sodium bisulfate) on *Campylobacter* prevalence and caecal colonization of broilers. For example, treatment of pine shavings litter with the lowest level of aluminium sulfate, i.e. 3.63 kg per 4.6 m<sup>2</sup> litter significantly reduced caecal *Campylobacter* colonization frequency by 65% and effected a 3.4 log reduction in caecal pathogen populations. Nevertheless, it is noteworthy that, even at the lowest treatment level, such high concentrations are difficult to include in an environmental-respectful rearing system.

## 7. COMPLEMENTARY DEVELOPING STRATEGIES

### 7.1. Non antagonism-based studies

**Active and passive immunity.** Vaccination of poultry against *Campylobacter* has been considered to be a more effective measure than strict hygiene practices by some studies (de Zoete et al., 2007), because of the observation of a *Campylobacter*-specific immune response in chickens (Rice et al., 1997).

So, the study of Wyszynska et al. (2004) has shown that chicken immunization with a virulent *Salmonella* vaccine strain carrying *C. jejuni* cjaA gene, encoding highly immunogenic proteins, may be an attractive and efficient approach for bird vaccination.

About the passive immunization, Sahin et al. (2003) have observed that *C. jejuni*-specific maternal antibodies have a role in protection against colonization in young *Campylobacter*-negative chicks. Furthermore, Tsubokura et al. (1997) showed a prophylactic and therapeutic effects against *C. jejuni*, for at least 5 days post-infection, by oral administration of bovine and chicken immunoglobulin preparations to 22-days-old chickens. Nevertheless, the use of maternal antibodies could be hindered by their short protection period, unable to cover the whole rearing period. Wilkie (2006) purified and concentrated egg yolk antibodies from *C. jejuni* vaccinated hens. Three hours after experimentally infecting day-of-hatch broiler chicks with 5·10<sup>7</sup> cfu *C. jejuni*, yolk antibodies were administered via oral gavage or in the feed at a final concentration of 0.5% (w/w) until day 11 post-challenge. Despite measurable antibody activity *in vitro*, no significant reduction in the intestinal colonization by *C. jejuni* could be demonstrated.

**Bacteriophage therapy.** The use of *Campylobacter*-specific bacteriophages has been attempted by several authors to face pathogens in poultry farms (Goode et al., 2003; Carrillo et al., 2005; Wagenaar et al., 2005). Atterbury et al. (2005) demonstrated a correlation



between the presence of natural environmental phage and a reduction in the *Campylobacter* population colonizing broiler chicken caeca. Although it is a relatively new developing technique, it has already given some interesting results. However, Goode et al. (2003) emphasize the limitation of phage use at farm level i.e. the potential for fast selection of resistant *Campylobacter* following the simultaneous pathogen and bacteriophage release. These authors would limit consequently the bacteriophages use at the slaughter stage. On the other side, Wagenaar et al. (2005) consider the release of phage-infected *Campylobacter* in the environment to be acceptable, since phages have been shown to reside in *Campylobacter* populations present on naturally infected poultry.

**Diet modification.** Heres et al. (2003) have studied the effect of feed fermentation on the *Campylobacter* contamination of broiler chickens. They used a moistened commercial standard broiler feed (feed: water ration = 1 : 1.4) supplemented with a *Lactobacillus plantarum* strain to ferment the mixture. The resulting product, named FLF (fermented liquid feed), lead to a significant reduction of *Campylobacter* susceptibility in chickens. This reported effect was particularly due to the high organic acids concentrations and the resulting pH decrease in the feed. FLF had also an effect on the chicken intestinal microflora (Heres, 2004).

Cereal-based broiler diets contain anti-nutritive Non-Starch Polysaccharides (NSP) that increase intestinal viscosity, impairing digestion and reducing broiler performances (Bedford, 2001). Addition of exogenous enzymes, in particular xylanases and glucanases, reduces anti-nutritive effects of NSP and improves zootechnical poultry performance. Moreover, growth-promoting enzymes have also shown interesting antagonistic effect against *Campylobacter*. By reducing viscosity of the intestinal contents, xylanases can induce modifications of the chickens flora (Vahjen et al., 1998) and reduce *C. jejuni* contamination when these enzymes are added to the broiler diet, as shown by Fernandez et al. (2000). These authors have found significant reductions of the *C. jejuni* caecal colonization (from 0.3 to 0.5 log cfu.g<sup>-1</sup> caecal content on average) by 0.1% xylanases supplementation of the diet. This reduction can be due to a lower intestinal viscosity as well as to the reduction of the digesta transit time, leading to a too short time for the pathogen establishment. Viscosity reduction could stimulate mucin production in the small and large intestines and in the caeca, as well as changes in the mucin composition. Some mucin glycoproteins are responsible for the protective properties of the mucus gels in the gastrointestinal tract.

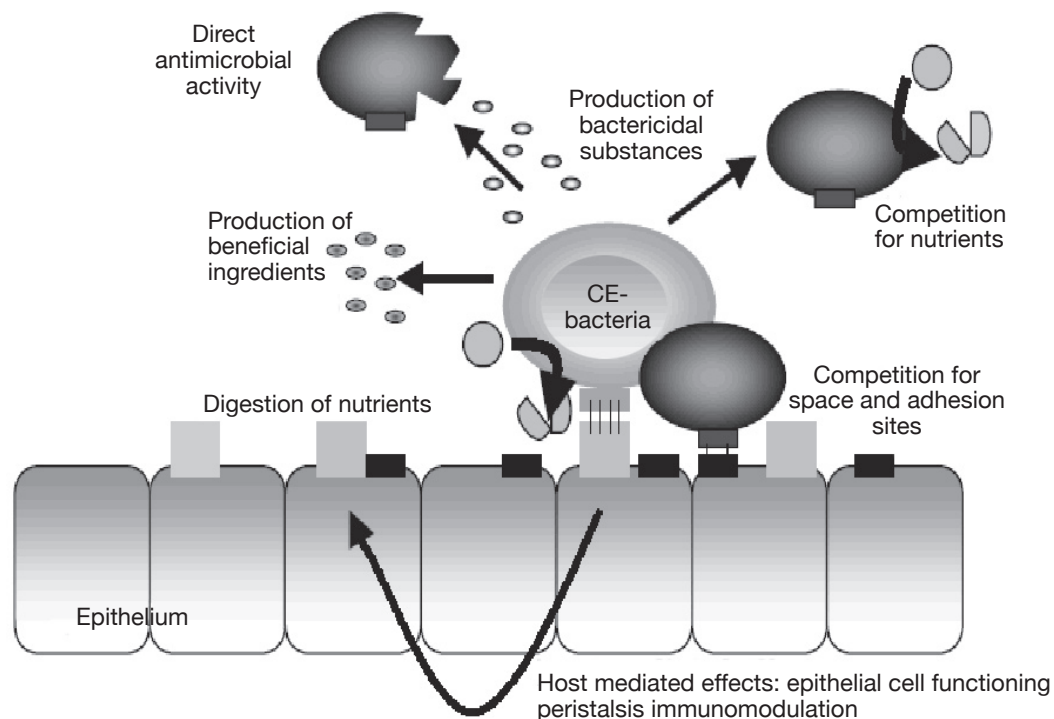
It is however important to point out that the use of feed additives is subjected to strict European legislations. Regulation (EC) n°1831/2003 of the

European Parliament and of the Council of September 22, 2003 on additives for use in animal nutrition, including enzymes, lays down rules governing the Community authorization of the additives and, in particular, defines the conditions that a substance or a product should meet to be granted authorization, and the labelling conditions for these additives. Authorization of the additive needs to pass the risk assessment by EFSA. To be legally placed on the market and used, feed additives must be proved to have a favourable effect on the characteristics of the feed to which it is added or on animal production, to have no harmful effect on animal health, human health or the environment and that the presentation of the additive or alteration of the features of the products to which it is added does not harm or mislead the consumer. All these procedures are expensive and time-consuming so that enzymes approach may only be attractive if the purpose of pathogen prevention is combined with performance improvement.

## 7.2. Microbiological competition

**Competitive exclusion flora.** Competitive exclusion (CE) is a concept taking advantage of bacterial antagonism to reduce animal intestinal colonization by pathogenic microorganisms. The study of defined or undefined flora acting by competitive exclusion mechanisms was first initiated in the 1970s by Nurmi et al. (1973). They observed that introduction of gut contents originating from adult cocks to 1-2 d old chicks can protect young birds against *Salmonella infantis* infection. **Figure 1**, adapted from van der Wielen (2002), summarizes possible interactions between competitive exclusion flora and potential pathogens in broiler caeca. A twofold competition may operate in the gastrointestinal tract, i.e. competition for nutrients and for adhesion sites. Moreover, CE bacterial formulations may have a direct antimicrobial effect by the production of lactic acid, volatile fatty acid, hydrogen peroxide or bacteriocins.

Afterwards, such CE floras have displayed variable results according to the experiments, generally because of their undefined composition. Oral treatment of newly-hatched chicks, challenged at day 24 with 5.7·10<sup>4</sup> cfu, 5.4·10<sup>4</sup> cfu or 7.3·10<sup>3</sup> cfu *C. jejuni*, with the commercial CE Broilact® reduced both the proportion of positive chicks from 100% to 0-62% and the numbers of the challenge organism in the caeca by 10<sup>8</sup> to 10<sup>9</sup>-fold according to the infection dose (Hakkinen et al., 1999). Aho et al. (1992) also observed a reduction in *Campylobacter* caecal population with Broilact-treated chicks. Stern et al. (2001) showed a *Campylobacter* average reduction of 0.38 log cfu.g<sup>-1</sup> and 2.01 log cfu.g<sup>-1</sup> caecal material in 6-days chicks treated with CE and a mucosal CE cultures respectively. The



**Figure 1.** Interactions between competitive exclusion (CE) bacteria and potentially pathogen bacteria in the caeca and with epithelial caecal cells of broiler chickens. Bactericidal substances: volatile fatty acids, organic acids, bacteriocins, hydrogen peroxide (adapted from van der Wielen, 2002) — *Interactions entre les bactéries d'exclusion compétitive et les bactéries potentiellement pathogènes dans les caeca et avec les cellules épithéliales caecales de poulets de chair. Substances bactéricides : acides gras volatiles, acides organiques, bactériocines, peroxyde d'hydrogène (adapté de van der Wielen, 2002).*

average incidence colonization reduction observed in CE- and MCE-treated birds was 2.2% and 15.6%, respectively. On the other hand, Laisney et al. (2003) failed to show beneficial effect of caecal CE flora on broiler infection with  $10^2$ - $10^3$  cfu *C. jejuni* at 15 days of age. Because of the limited advantage for the poultry producers, the practical application of CE has only a great success in Finland.

Furthermore, it is difficult to ensure the absence of potentially pathogen organisms in the bacterial compositions. It is noteworthy that Chen et al. (2001) aimed to prevent *Campylobacter* colonization of the chickens intestinal tract by early inoculation in these chickens of non-pathogenic *C. jejuni* strains used as defined CE preparation. Nevertheless, some authors predict a promising future for CE (Schneitz, 2005), among others owing to the ban of growth-promoting antibiotics in animal production and sanitary requirements that become more and more strict.

**Acidifying bacteria.** Because of the CE disadvantages, the current trend is now the development of defined flora although the work is made complicated by lack of knowledge of the mechanism of CE and of the type of bacteria involved in the process (Chaveerach et al., 2004; Bjerrum, 2005). Acidifying bacteria, particularly lactic acid bacteria (LAB), contribute

since several thousand years to preserve food. Nevertheless, their antimicrobial properties are not limited to the food industry field. Several *in vitro* and *in vivo* studies, summarized in **tables 3** and **4**, have investigated the bacterial antagonistic activities against *Campylobacter*.

Lactobacilli are frequently used in these *in vitro* studies. Chaveerach et al. (2004) have assessed the inhibitory activity of a *Lactobacillus fermentum* (P93) strain isolated from the chicken gut on ten *C. jejuni/coli* strains by diffusion agar assay and co-culture in anaerobic conditions. The experiment revealed an antagonistic effect of the *L. fermentum* strain against all the ten *Campylobacter* tested strains, which decreased of  $4.10 \pm 2.15$  log cfu·ml<sup>-1</sup> during 24 h of co-culture incubation. The authors have suggested that the inhibitory effect of *Lactobacillus* (P93) on *Campylobacter* growth could be explained mainly by organic acids production, resulting in pH reduction. Furthermore, the inhibitory effect was enhanced when the pH level in the culture media was low. Levels and types of organic acids produced depend on bacterial species or strains, culture composition and growth conditions (Ammor et al., 2006). According to van der Wielen et al. (2000) and Chaveerach et al. (2004), the acid dissociation stage is an essential factor for antagonism effect. van der Wielen et al. (2000) stated

**Table 3.** *In vitro* studies assessing the antagonism of microorganisms against *Campylobacter* — *Études in vitro de l'antagonisme de micro-organismes vis-à-vis de Campylobacter.*

Antagonistic microorganisms	Principal tests	Observed or assumed antagonistic effects	Reference
Mixture of lactobacilli: <i>Lactobacillus acidophilus</i> <i>Lactobacillus fermentum</i> <i>Lactobacillus crispatus</i> <i>Lactobacillus brevis</i>	<i>Campylobacter jejuni</i> and lactobacilli mixed with sterile poultry feed followed by successive incubations at 41.1°C in <i>in vitro</i> tests simulating the poultry digestive tract	<i>Campylobacter jejuni</i> and lactobacilli enumeration: absence of <i>Campylobacter jejuni</i> for the last incubation	Chang et al., 2000
<i>Lactobacillus plantarum</i> <i>Bifidobacterium bifidum</i>	Agar diffusion Co-culture with <i>Campylobacter jejuni</i>	Significant inhibition of <i>Campylobacter jejuni</i> growth; increased number of probiotic after 24h; lactate and acetate production	Fooks et al., 2002
<i>Lactobacillus</i> spp.	Agar diffusion Co-culture with <i>Campylobacter jejuni</i>	Production of formic and acetic acids; production of an antimicrobial peptide	Chaveerach et al., 2004
<i>Bacillus circulans</i> <i>Paenibacillus polymyxa</i>	Spot test	Production of bacteriocins inhibiting <i>Campylobacter</i>	Svetoch et al., 2005

**Table 4.** *In vivo* studies of probiotics showing antagonism against *Campylobacter* — *Études in vivo de bactéries probiotiques présentant un antagonisme vis-à-vis de Campylobacter.*

Antagonistic microorganisms	Observed effects	Reference
Combination of <i>Citrobacter diversus</i> , <i>Klebsiella pneumoniae</i> , <i>Escherichia coli</i> , with mannose	Flock colonization rate: -62%	Schoeni et al., 1994
<i>Lactobacillus acidophilus</i> + <i>Streptococcus faecium</i>	Frequency of <i>Campylobacter jejuni</i> shedding: -70% Jejunal colonization: -27%	Morishita et al., 1997
<i>Enterococcus faecium</i>	No significant difference	Netherwood et al., 1999
Purified bacteriocin of <i>Paenibacillus polymyxa</i>	Significant reduction of intestinal contamination rate and frequency	Stern et al., 2005

that the undissociated form of these short-chain acids can diffuse freely across the bacterial membrane and dissociates inside the cell, thereby reducing the internal pH and causing internal pathogen cell damage. Some authors mention also the damage caused by the anion itself as well, and in particular the inhibition of fundamental metabolic functions (van der Wielen et al., 2000; Chaveerach et al., 2002).

The *in vitro* study realised by Fooks et al. (2002) aimed to investigate antagonistic effects of lactobacilli (*L. plantarum*, *L. pentosus*, *L. acidophilus*, *L. reuteri*). *L. plantarum* 0407 showed the most promising inhibitory activity on *Campylobacter* growth, both using plate assays and co-culture. This antimicrobial activity appeared to depend on the carbohydrate source supplied *in vitro*, suggesting that a suitable carbohydrate substrate supplementation may enhance competitive exclusion by lactobacilli. The experiment of Chang et al. (2000) tried to get closer to *in vivo* conditions, by investigating the impact of a selected lactobacilli mixed

culture (*L. acidophilus*, *L. fermentum*, *L. crispatus*, *L. brevis*) on *C. jejuni* in simulated chicken digestive tract. The *C. jejuni* and lactobacilli were mixed with sterile poultry feed and incubated at 41.1°C for various lengths of time and pH values, simulating five segments of the digestive tract. All the tested *Lactobacillus* spp. showed an antagonistic effect on *Campylobacter* in individual sections and the whole simulated digestive tract models.

Then, several studies have pointed out the bactericidal activity of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) produced by LAB in the presence of oxygen (Felten et al., 1999; Strus et al., 2006). Hydrogen peroxide may inhibit growth of bacteria that do not possess protective mechanisms like catalase or peroxidase. Its antimicrobial effect may result mainly from oxidation phenomena causing denaturing of a number of enzymes and from the peroxidation of membrane lipids and proteins leading to an increased membrane permeability (Edens, 2003; Ammor et al., 2006). Zhao

et al. (2006) showed that incubation of  $7.0 \log \text{cfu} \cdot \text{ml}^{-1}$  *C. jejuni* with 0.1 and 0.2%  $\text{H}_2\text{O}_2$  in suspension reduced *C. jejuni* populations by ca. 2.0 and 4.5  $\log \text{cfu} \cdot \text{ml}^{-1}$ , respectively. Furthermore, some authors studied the efficacy of broiler carcasses decontamination with  $\text{H}_2\text{O}_2$  during the slaughter processing. Although Wagenaar et al. (2004) observed that immersion of carcasses in 1, 2, 3 and 4%  $\text{H}_2\text{O}_2$  solutions containing glycerol resulted in average reductions of 0.3 up to 1.4  $\log \text{cfu}$  for the mesophilic aerobic counts, they did not measure *Campylobacter* loads on carcasses. Moreover, Dickens et al. (1997) demonstrated that addition of up to 1.5%  $\text{H}_2\text{O}_2$  to sprays waters during defeathering had no effect on total aerobic plate counts of picked unviscerated carcasses when compared to the water control.

Besides organic acids and  $\text{H}_2\text{O}_2$ , bacteriocins are the third kind of compounds that may help to inhibit *Campylobacter* growth, as shown by Stern et al. (2006) for a bacteriocin produced by a *Lactobacillus salivarius* strain. Bacteriocins are peptidic compounds with antimicrobial properties produced by some bacteria. Their target is mainly the cytoplasmic membrane, forming pores that allow the unregulated outflow of essential ions, leading to bacteria death (Papagianni, 2003). The bacteriocins have often a relatively restricted spectrum of activity against bacteria strains closely related to the producing strain. Particularly, the genus *Paenibacillus* has been pointed out by Russian and American researchers. Svetoch et al. (2005) have revealed the production, by three *Paenibacillus polymyxa* strains, of bacteriocins effective against *Campylobacter*. One of these bacteriocins, secreted by *P. polymyxa* NRRL-B-30509, was purified and microencapsulated to evaluate a bacteriocin-based treatment to reduce *C. jejuni* colonization in poultry (Stern et al., 2005). The purified preparation was incorporated in chicken feed at the rate of  $0.25 \text{g} \cdot \text{kg}^{-1}$ . One day old chicks were orally infected with  $10^8 \text{cfu}$  *C. jejuni* and were provided from day seven to chicken feed containing or not (control) bacteriocin.

Ten days after *C. jejuni* challenge, comparison of caecal contamination rate between control and treated chickens showed that bacteriocin treatment reduced levels of intestinal colonization by *C. jejuni* from 4.6 to 6.3  $\log \text{cfu} \cdot \text{g}^{-1}$  of faeces ( $P \leq 0.05$ ).

**Probiotics.** The probiotic notion derives directly from the competitive exclusion concept. Unlike the CE treatments, probiotics are compositions containing one or several well-defined strains. Several descriptions have been proposed for probiotics (Jin et al., 1997) but they may globally be defined as living microorganisms that, once ingested, beneficially affect the host animal by improving its microbial balance (Fuller, 1989). The main expected characteristics and functions for an efficient probiotic strain in poultry production, presented in **table 5**, include maintaining normal intestinal microflora by competitive exclusion and antagonism, altering metabolism by increasing digestive enzyme activity, improving feed intake and digestion and neutralizing enterotoxins and stimulating the immune system (Ghadban, 2002). The use of probiotic microorganisms in animal production is well controlled and is considered, as enzymes and feed additives, by Regulation (EC) n°1831/2003 of the European Parliament and of the Council of September 22, 2003.

About the *in vivo* studies, Morishita et al. (1997) have assessed the antagonistic effect of probiotic containing a *L. acidophilus* strain combined with a *Streptococcus faecium*. This avian-specific probiotic was given to chicks from day one to day three; moreover, birds were challenged with *C. jejuni* 6 h after the first oral administration of probiotic. At 40 days of age, the probiotic-treated group had a 70% ( $P = 0.0001$ ) decreased number of birds shedding *C. jejuni* when compared with the control group given distilled water instead of probiotic. They also found a 27% ( $P = 0.0001$ ) reduction in the number of chickens that were colonized in the jejunum at slaughter in comparison with the controlled birds.

**Table 5.** Expected characteristics and functions of probiotics in animal production (adapted from Edens, 2003) — *Caractéristiques et fonctions supposées des probiotiques en production animale (adapté de Edens, 2003).*

Characteristics	Functions
Host adapted by creation of a beneficial microecology	Exclusion (colonization prevention) or bactericidal effect against pathogens
Non pathogenic	Production of inhibitory substances against other bacteria
Resistances to gastric and biliary acids	Alteration of microbial metabolism
Rapidity to colonize intestinal epithelium and mucus	Active competition for adhesion sites
Viability in the gastrointestinal tract	Competition for essential nutriments
Tolerance with industrial manufacturing and storage	Stimulation of the immune system
	Improvement of nutriments absorption
	Improvement of animal performances
	Reduction of pathogen excretion in faeces



### 7.3. Prebiotics and synbiotics

Prebiotics are defined as poorly digestible food ingredients, that beneficially affect the hosts by selectively stimulating the growth and/or activity of one or a limited number of bacteria in the colon (Gibson et al., 1995). Among the mostly reported prebiotics are polyols (xylitol, etc.), or di-, oligo- and polysaccharides (lactitol, fructo-oligosaccharides, inulin, etc.) (Šušković et al., 2001).

Some specific carbohydrates used as prebiotics, like mannanoligosaccharides (Spring et al., 2000) and isomaltooligosaccharides (Chung et al., 2004), have been shown to reduce *Salmonella* colonization in the caeca of poultry. Such carbohydrate substrates are fermented in the latter intestinal segments and give rise to a mixture of carbon dioxide, hydrogen and short-chain fatty acids (Grizard et al., 1999; MacFarlane et al., 2006) that lead to intestinal pH reduction and may partially explain the pathogen antagonism.

Combinations of prebiotics and probiotics, for example *Lactobacillus* and lactitol, are known as synbiotics, and may have antimicrobial activity (Klewicki et al., 2004). Then, the survival and the development of the probiotic organism could be improved, because its specific substrate is readily available (Collins et al., 1999). Fooks et al. (2002) have yet recorded a *C. jejuni* inhibition *in vitro*, with a population reduction below detectable level after 24 h culture, with a *L. plantarum* or *Bifidobacterium bifidum*, when combined with oligofructose or an oligosaccharide: xylo-oligosaccharide mixture (50 : 50, w/w) at 10 g·l<sup>-1</sup>. The observed antagonistic effect was related to a pH decrease of the cell culture.

## 8. CONCLUSION

Zoonose, particularly food pathogen transmission from animals to man, is a major concern of food safety. Consequently, the European Union has recently established the Directive 2003/99/CE and the Regulations (EC) n°2160/2003 and n°1003/2005, in the way to decrease the incidence of zoonoses in humans, to improve their control in the food chain and to strengthen the collection of relevant data to support risk management decisions. *Salmonella* is the primary zoonotic agent targeted at primary animal but similar measures and recommendations are actually examined for *Campylobacter* by the European authorities. *Campylobacter* is one of the main recognized causes of human acute enterocolitis called “campylobacteriosis”. Foods of poultry origin appear to be the main source of this pathogen. In order to reduce the exposure of humans to *Campylobacter* spp., an integrated approach including control measures implemented throughout

the poultry production chain (chicken meat and eggs) appears to be the only effective intervention strategy. At the primary production level, biosecurity measures are only partly effective and subtherapeutic antibiotics, which were used as growth promoting but also helped to prevent pathogen contamination, are banned in the EU since January 2006. Many alternative procedures have been investigated. They are based on active/passive immunity, on bacteriophage, NSP-hydrolysing enzymes or bacteriocins incorporated in chicken feed, or on diet modification. Nevertheless, direct and indirect acidification- and antagonism-based measures seem to be the more promising strategies. Beside competitive exclusion flora, defined bacterial strains like probiotics and acidifying bacteria have shown interesting *in vitro* and *in vivo* antagonistic effects against *Campylobacter* spp., especially by organic acids production and pH reduction. Several studies have shown that synbiotics, i.e. combinations of probiotics and prebiotics that can be used specifically as substrate by probiotics, may also have antimicrobial activity. Feed additives, i.e. components other than feedstuffs like probiotics, synbiotics, bacteriophage or exogenous enzymes, are yet subjected to strict European legislations. With the cost inherent to these authorisation procedures, application of monitoring plans and developed measures to control *Campylobacter* contamination in poultry farms will be expensive for the producer. Only the strategies that combine low cost and efficacy to prevent or reduce *Campylobacter* contamination in broiler flocks, in order to fit the EU Directives and Regulations, would be applicable in practice.

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### List of abbreviations

AFSCA: Agence Fédérale pour la Sécurité de la Chaîne alimentaire  
 AFSSA: Agence Française de Sécurité Sanitaire des Aliments  
 C.: *Campylobacter*  
 CE: Competitive Exclusion  
 cfu: Colony Forming Unit  
 EFSA: European Food Safety Authority  
 EU: European Union  
 GHP: Good Hygiene/Farming Practices  
 ICGFI: International Consultative Group on Food Irradiation  
 L.: *Lactobacillus*  
 MIC: Minimum Inhibitory Concentration  
 VNC: Viable but Non Culturable  
 WHO: World Health Organization

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