

COMMENT

Viruses, vaccinations and RSV: Exploring terminology in paediatric virology

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'the examination of the names is the beginning of science'
[ἀρχὴ σοφίας ἢ τῶν ὀνομάτων ἐπίσκεψις]

Antisthenes

Accurate and consistent medical terminology is an essential tool in medical education (1). It enables medical students to understand the meaning of each term, medical physicians to communicate with each other and our science to adopt a logical language of high-level understanding and scientific regularity (2). The linking together of the laboratory, research and clinical practice by medical terminology permits medical physicians to understand and follow the scientific developments in their clinical practice (3). However, in medicine, including paediatric virology, there are several etymologically illogical terms, which cause confusion and misunderstanding (4). The majority of these cases are due to historical bias, which can be explained or justified by historians of medicine, but are interpreted with difficulty by medical students and junior medical staff. The adoption of these terms leads to the continuation of the historical bias, confusion among clinicians and potential misunderstanding.

The term *virus* is an example. It derives from the Latin word *virus* meaning toxin or poison (5). It was in 1892, almost 128 years ago, when the biologist, Dimitri Ivanovski in

St. Petersburg, Russia, demonstrated that infectious extracts of tobacco plants with tobacco mosaic disease remained infectious following filtration, suggesting that tobacco mosaic disease might be caused by a toxin produced by bacteria (6). Six years later, in 1898, the Dutch scientist, Martinus Beijerinck, reported similar experiments with bacteria-free filtered extracts and introduced the term virus for the filterable and submicroscopic sized causative agent of the tobacco mosaic disease (7). Although he described this agent as a *contagium vivum fluidum*, his term was based on the hypothesis by Ivanovski that this agent was not a microorganism itself, but a toxin. The Greek term for virus, *ios*, derives from the ancient Greek verb *iimi*, meaning 'to move, to cause movement, to put something into something else, to throw the arrow, the poison, the toxin'. Although the choice of this term was based on the poison's translation into ancient Greek, some of the actions of this ancient Greek verb describe, in a unique manner, some of the characteristics of viruses. In the Greek term *Iology*, *ios* has been connected with *logos*, coming from the Greek verb *lego*, meaning 'to talk about'. Both terms, *Virology* and *Iology*, describe the study of viruses.

The term *vaccination* is another example. The word *vaccination* derives from the Latin word *vacca* meaning 'the cow' (5). This term was created in order to describe the method of inoculation of pustular material obtained from lesions in cows affected by cowpox, which was developed in 1796 by Dr Edward Jenner, an English country doctor, who later became known as the 'Father of Immunology' (8). The method, which was based on his clinical observation that cowpox infection protected humans against smallpox, replaced *variolation*, which had been used in clinical prac-

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tice for smallpox prevention before Dr Jenner's observation. The word *variola*, commonly used for smallpox, derives from the Latin word *varius*, meaning 'spotted with marks on the skin' indicating the appearance of the characteristic skin lesions of smallpox (9). The term *small pockes* was first used in England at the end of the 15th century to distinguish the skin lesions presented in smallpox from syphilis, which was then known as the *great pockes* (10). Both *vaccination* and *variolation* were types of *inoculation*. The word *inoculation* derives from the Latin word *inoculare*, meaning 'to graft', to introduce an effective agent into an organism. The first reference to *variolation* in Western medicine was in 1714 in the medical journal *Philosophical Transactions*, when the Royal Society of London received a letter from the Greek doctor Emmanuel Timonis, who originated from the island of Chios, describing his clinical practice in Constantinople (11). A similar letter was published in the same volume of *Philosophical Transactions* by the Greek Jacobus Pylarinus, who originated from the island of Cephalonia and was also practicing medicine in Constantinople. He mentioned that he had used his method in children since the great epidemic of smallpox in Constantinople in 1701 (11). While the use of the term *variolation* was limited to describe the historical method of smallpox's prevention via *inoculation*, the term *vaccination* was later adopted to mean immunization against any disease. Despite the valuable contribution of Dr Edward Jenner and his predecessors, the term *vaccination* is another paradigm of false terminology in contrast to the term *immunization*. *Immunization* was adopted in the following years to describe the process of the development of adequate immunity against infectious diseases. The terms *vaccination* and *immunization* are often used interchangeably; hopefully the latter term is more inclusive and etymologically correct.

Is *respiratory syncytial virus* (RSV) an accurate medical term? Identified in 1956 from the respiratory secretions of chimpanzees with bronchiolitis, RSV was first known as the *chimpanzee coryza agent* (12,13). Interestingly, the second word of this term, *coryza*, is a Hippocratic ancient Greek word related to influenza-like and upper respiratory tract illness, rather than lower respiratory tract infection (14). The virus was renamed as RSV due to its characteristics of infecting children's airways and generating gigantic syncytial cells in tissue culture. Although formation of *syncytia* has been considered as the hallmark of the cytopathic effect caused by RSV, *syncytia* also occur when host cells are infected with several other viruses, including *herpes simplex virus 1* (*HSV-1*), *human immunodeficiency virus* (*HIV*), *coronavirus* (*CoV*), *human T-lymphotropic virus* (*HTLV*) and *metapneumovirus* (15-19). This means that the formation of *syncytia*, derived from the Greek word *syn* meaning 'together' and *kytos* meaning 'the cyst, the box, the cell', is not pathognomonic of this virus. Moreover, RSV detection is now based on modern molecular virology techniques, such as reverse transcription-polymerase chain reaction (RT-PCR) and the rapid antigen detection tests (RADTs), and not tissue culture, which is now rarely used in clinical practice.

Everybody agrees it is time to remove historical biases in medical terminology and to adopt accurate medical terms. However, the level of difficulty of this is uncertain. Recently,

the International Committee on Taxonomy of Viruses (ICTV), which authorizes and organizes the classification and naming of virus species, taxonomically reclassified RSV into the *orthopneumovirus* genus (20); the name of the virus, RSV, remains the same. Until 2016, the ICTV classified *pneumoviruses*, such as RSV and HMPV in the *paramyxoviridae* family. However, it was realized quite some time ago that the *pneumoviruses* are only distantly related to *paramyxoviruses* and in fact are more closely related to *Filoviruses*, such as Ebola virus (e.g., for the RDRP or L gene). Therefore, in 2016, the *pneumoviruses* were re-classified as a separate family, the *pneumoviridae*. As part of the ongoing effort to make virus classification more systematic, and already having a genus termed *metapneumovirus*, the ICTV renamed the genus with the earliest known *pneumoviruses* as the *orthopneumovirus* genus (21). This change offers a better systematic approach to virus taxonomy. However, it is uncertain how accurate and informative this term can be in clinical practice.

Ortho- in Greek means 'right, correct, straight', and this prefix is the same in the terms *orthopaedics* and *orthodontics*. In organic chemistry, this prefix is used to indicate the specific position of non-hydrogen substituents on hydrocarbons and is used to discriminate other positions termed as *meta-* meaning 'after' and *para-* meaning 'close to'. In virology, the prefixes *ortho-*, *meta-* and *para-* are used to discriminate sequencing differences in the genetic analysis of various taxonomic groups. However, the choice of each prefix is not related to specific viral structures or chemical properties. The differences between the *orthopneumovirus* and *metapneumovirus* are based on the different gene arrangements in their genomes. The prefix *ortho-* is used to taxonomise several viruses' families and genera, such as the *orthomyxoviridae* family, which includes *influenza A* and *B* viruses. The use of *ortho-* indicates the description of the main representative of each group. In the past RSV was classified in the *paramyxoviridae* family. Could this prefix really solve, preserve or aggravate existing confusion?

The term *pneumo-* refers to the lungs; however, its etymology is related to the air and not the lungs. *Pneuma* means 'the blow of the wind', 'the breath', 'the soul-heart' in ancient Greek, 'the air'. It comes from the ancient Greek verb *pneo* meaning 'to blow, to breath'; *pnoe* is 'breathing'. For the lungs, the ancient Greek word used by Hippocrates during the 4th century BC was *pneumon* (14). This word also comes from the ancient Greek verb *pneo* and remains the same in modern Greek. *Pneumovirus* means a virus related to the air; not the lungs. Similarly, *pneumoviridae* is the family of viruses related to the air. Adding n in both terms, *pneumonovirus* and *pneumonoviridae* family would be related to the lungs. *Bronchiolovirus* would be a virus related to the bronchioli, which represent the anatomical site of inflammation in RSV-associated bronchiolitis.

In the modern era of precision medicine, accurate and consistent terms, which describe precisely their meaning, are easily learnt and necessary (22). Their etymology can be highly informative. Despite the difficulty of this task, the need to reform the medical terminology is urgent. These efforts will reduce misunderstanding and confusion in medical education and will guarantee high-level consistency of our science. Prioritizing modern medical terminology and harmonizing

it with recent achievements in research will promote medical education and facilitate clinical practice by future generations of medical physicians. Paediatric virology is a pioneering scientific field and its medical terminology should be based on new advances of genetic sequencing, molecular virology and precision medicine.

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