

resultados obtenidos se concluye que las estrategias empleadas son adecuadas para el cumplimiento del objetivo propuesto.

ATM Care Awareness Through Playful Activities.

AUTHORS. ROXANA BASAL; CECHO ANALIA; IANTOSCA ALICIA; BUTLER TERESA; PERRI VANESSA; PILONE LAURA; BANDER MELINA; CRIMALDI DELIA; ARMENDANO ALEJANDRO; RASSÉ NICOLÁS; PALEO MARÍA AMELIA; SERRANO VIVIANA; SUAREZ SILVINA; MEDINA LEONARDO; ASTUDILLO LISANDRO; DEGAETANO SABRINA. PLACE OF WORK: CHAIR OF BIOLOGY FACULTY OF DENTISTRY. UNLP.

Introduction: The university extension project "Do we listen to our children gnash their teeth?", Uses recreational resources with the purpose of contributing to the construction of knowledge regarding the care of the stomatognathic system. The focus of interest is focused on the temporomandular joint (TMJ) and its link with the habit of bruxism. Bruxism is an involuntary hyperactivity of the chewing muscles and the jaw, in the early stages of life it is a physiological condition, its persistence over time could generate undesirable consequences. Objective: To develop recreational activities as a strategy for health education and prevention of the stomatognathic system in relation to bruxism in the educational communities belonging to the Jardines de Infantes N ° 901, 904 and 905 de Berisso Methodology: The project members organized activities that They were carried out together with educational communities of the Kindergartens of the city of Berisso. Work meetings were organized under the workshop modality, where experiences were shared and analyzed that revealed the aspects that must be taken into account to improve health. By working with models that imitated the functioning of the jaw, we sought to generate interest in acquiring preventive behaviors that prevent the generation of injuries to the stomatognathic system and its relationship with the rest of the body. Impact on the community: The attitude of the participants reveals sensitivity about the care of the TMJ and its relationship with the rest of the body. Parents and teachers pondered the importance of detecting the signs of bruxism and their timely attention. There was a correct interpretation of the causes and consequences of bruxism. The directors of the Institutions intervened in activities pointing out the importance of continuing to work on the subject. Conclusion: As the results obtained, it is concluded that the strategies used are adequate for the fulfillment of the proposed objective.

Quizá Me Conoces, Hoy Te Cuento Para Que Me Puedes Usar También.

AUTORES: MAY GRACIELA CARMEN¹; SAMBARTOLOMEO PATRICIA MARTA¹; BLANCO MARCOS ALBERTO²; PILONE LAURA SILVIA³; CRIMALDI DELIA NORMA³; ARMENDANO ALEJANDRO SERGIO³; SAMBARTOLOMEO CLAUDIA MARCELA⁴. FACULTAD DE ODONTOLOGÍA DE LA UNIVERSIDAD NACIONAL DE LA PLATA. FISIOLOGÍA¹. BIOLOGÍA³. GRADUADA⁴. FACULTAD DE CIENCIAS AGRARIAS Y FORESTALES DE LA UNIVERSIDAD NACIONAL DE LA PLATA. FITOQUÍMICA²

Introducción: En los últimos tiempos instituciones como la OMS han puesto la mirada en el uso de plantas medicinales, las que se aplican para la cura de afecciones ya que son de fácil preparación y bajo costo, en contraposición con los productos de la industria farmacéutica cuyo costo es elevado. Nos ocuparemos en aplicar las propiedades curativas de la planta Matricaria Chamomilla Lineé (MC) llamada comúnmente "Manzanilla". De la flor de esta planta se obtienen aceites esenciales con chamazuleno que es antiinflamatorio y el alfa bisabolol que es antiulceroso. La infusión de esta flor se usa en forma de buches para curar las distintas patologías bucales. Objetivos: Mejorar la salud integral y bucodental de una población de riesgo de salud y escasos recursos. Actividades realizadas: Fase I, inicial comprende 3 meses de

duración, donde se organizan las tareas de cada miembro del equipo. Fase II, se preparan los espacios para charlas, para la preparación de los buches de manzanilla y el uso de los cepillos dentales, confección de power point, láminas, folletería, entrega de guías para que los destinatarios (escuela y unidad sanitaria) completen y su posterior evaluación; dura 7 meses. Fase III cuya duración es de 2 meses, en esta etapa las autoridades del proyecto, recopilan los datos y evalúan para presentarlo junto con alumnos, en Jornadas, Congresos, Talleres, Simposios para su difusión y publicación. Resultados: Disminuir enfermedades odontológicas prevalentes. Aportes del proyecto: Motivar a los pacientes, alumnos, profesionales sobre la higiene y uso de plantas medicinales. Impacto: Lograr mejorar la calidad de vida de la población, por lo que se solicitó su replicación a otras poblaciones. Conclusiones: Consisten en promocionar el uso de la "Manzanilla" para el tratamiento de afecciones bucales, en poblaciones de escasos recursos, elevando la salud integral y bucodental de los destinatarios.

[Maybe You Know Me, Today I'll Tell You So You Can Use Me Too.](#)

AUTHORS: MAY GRACIELA CARMEN¹; SAMBARTOLOMEO PATRICIA MARTA¹; BLANCO MARCOS ALBERTO²; PILONE LAURA SILVIA³; CRIMALDI DELIA NORMA³; ARMENDANO ALEJANDRO SERGIO³; SAMBARTOLOMEO CLAUDIA MARCELA⁴ FACULTY OF DENTISTRY OF THE NATIONAL UNIVERSITY OF LA PLATA. PHYSIOLOGY¹. BIOLOGY³. GRADUATED⁴. FACULTY OF AGRARIAN AND FOREST SCIENCES OF THE NATIONAL UNIVERSITY OF LA PLATA. PHYTOCHEMISTRY.

Introduction: In recent times, institutions such as the WHO have set their sights on the use of medicinal plants, which are applied to cure conditions as they are easy to prepare and low cost, as opposed to products from the pharmaceutical industry whose cost is high. We will focus on applying the healing properties of the *Matricaria Chamomilla* Lineé (MC) plant commonly called "Chamomile". Essential oils are obtained from the flower of this plant with chamazulene which is anti-inflammatory and alpha bisabolol which is anti-ulcer. The infusion of this flower is used in the form of swirls to cure the different oral pathologies. Objectives: Improve the comprehensive and oral health of a population at risk of health and scarce resources. Activities carried out: Phase I, initial comprises 3 months in duration, where the tasks of each team member are organized. Phase II, the spaces for talks are prepared, for the preparation of the chamomile crop and the use of toothbrushes, preparation of power point, sheets, brochures, delivery of guides for the recipients (school and health unit) to complete and its subsequent evaluation; lasts 7 months. Phase III, which lasts 2 months, at this stage, the project authorities collect the data and evaluate it to present it together with students, at Conferences, Congresses, Workshops, Symposiums for dissemination and publication. Results: Decrease prevalent dental diseases. Project contributions: Motivate patients, students, professionals about hygiene and use of medicinal plants. Impact: Achieve an improvement in the quality of life of the population, which is why its replication to other populations was requested. Conclusions: They consist of promoting the use of the "Chamomile" for the treatment of oral affections, in populations with limited resources, increasing the integral and oral health of the recipients.

[Dibujando Sonrisas Y Encías Sanas II: "Condiciones De Salud Periodontal En Niños En Edad Escolar"](#)

AUTORES: TOMAS LEANDRO JUAN, TOMAS PAULA MARIELA. UNIVERSIDAD NACIONAL DE LA PLATA, FACULTAD DE ODONTOLOGÍA, ASIGNATURA: PERIODONCIA B.

Introducción: El abordaje preventivo-curativo de la enfermedad es indispensable para identificación de acciones y estrategias. Por lo tanto, se propone un estudio descriptivo que permita conocer las condiciones de salud periodontal de una población en edad escolar, a través