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USING ACTIVE LEARNING METHODS, ADULT LEARNING PRINCIPLES AND THE IDENTIFICATION OF CRITICAL TO QUALITY (CTQ) FACTORS TO CREATE EFFECTIVE SITE STAFF TRAINING PLANS AND IMPROVE QUALITY RISK MANAGEMENT

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Introduction

- ❖ According to Good Clinical Practice (GCP), sponsors are required to select investigators, site staff and monitors qualified by education, training and experience and implement a risk-based quality management system to ensure human subject protection and data integrity.^{1,2,3}
- ❖ Quality is defined as the absence of risks that matter.⁴
- Critical to Quality (CTQ) Factors include good protocol design, feasibility, study conduct, third-party engagement, study reporting, and patient safety.⁴
- ❖ An effective Quality Management Plan includes strategies to identify, evaluate, reduce and communicate risks related to study conduct, patient safety and data integrity.²
- ❖ High quality training of site staff is an effective risk reduction and quality enhancement method.^{1,2,3,4}

Designing Effective Training Plans to Improve Quality Risk Management 4,5,6

- Identify and rank training needs based on the impact and likelihood they pose as a risk to CTQ Factors, human subject protection and/or data integrity.
- State the learning objectives in behavioral terms.
- Select and align learning methods and activities based on active learning and adult learning principles.
- Conduct pre, during and post assessments of the learning activities.
- Collect feedback from learners and document learning completion.
- Continuously monitor the effectiveness of the learning activities and improve if necessary.
- Continuously monitor all staff during the conduct of the trial and retrain if necessary.



Figure 1. Eight principles associated with active learning and adult learning principles. Adapted from "Problem-based Learning and Theories of Teaching and Learning in Health Professional Education" by R. E. Gewurtz et al., 2016, *Journal of Perspectives in Applied Academic Practice, 4*(1), p. 61.⁷

Examples of Active Learning Methods⁶

- Question and answer sessions
- Role playing
- Demonstrations
- Hands-on training
- Drills and dry runs
- Small group discussions
- Teach back method
- Teach others
- Think (alone) pair (& discuss with partner) share (ideas with the group)
- Learner presentations
- Use case studies and real life examples to problem solve
- Polling
- Complete worksheets and share with group

Real-life Scenarios

- Site receives the informed consent for a new study from Sponsor.
- Less active learning activity: Instruct staff to review the informed consent.
- More active learning activities: After staff reviews the informed consent, work in pairs to role play consenting a participant and problem solve several real-life issues.
- Site receives the protocol for a new study from Sponsor.
- Less active learning activity: Instruct staff to review the protocol.
- More active learning activities: After staff reviews the protocol, convene a small group discussion with a Q & A session; conduct a dry run of an actual visit.
- Site receives Lab Processing Manual from Sponsor.
- Less active learning activity: Instruct staff to review the manual.
- More active learning activities: After staff reviews the manual, work together in small groups to do several hands-on trainings and demonstrations.

References: 1. US DHHS FDA. (2018). E6(R2) Good Clinical Practice: Integrated addendum to ICH E6(R1): Guidance for industry. 2. US DHHS FDA. (2019). A risk-based approach to monitoring clinical investigations. Questions and answers. Guidance for industry. 4. Clinical Trials Transformation Initiative (CTTI). (n.d.). What is Quality by Design [Slide presentation]? Retrieved from https://www.ctti-clinicaltrials.org/toolkit/qbd/learn-about-qbd. 5. Merriam, S., & Bierema, L. (2013). Adult Learning: Linking Theory and Practice. San Francisco, CA: Jossey-Bass. 6. Berkeley Center for Teaching & Learning strategies. Retrieved from https://teaching.berkeley.edu/active-learning and theories of teaching and theories of teaching and learning in health professional education. Journal of Perspectives in Applied Academic Practice, 4(1), 59-70.