

Biomarkers of Gallbladder Cancer

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Maximillian de Stoll firstly identified Gallbladder cancer in two autopsy cases in 1777, and Keen was the first one to perform cancer resection in 1891.¹ Gallbladder cancer is a most common biliary tree cancer in the world but it is only 0.5% of all gastrointestinal cancer though lethal malignancy with marked ethnic and geographical variations. The representing signs and symptoms are commonly imprecise, so patient presents at a later stage. The overall mean survival rate for patients having advanced gallbladder cancer is 6 months, with a 5-year survival rate of 5%.^{2,3} Cholecystectomy is the potential cure for early gallbladder cancer (restricted to the mucosa), though rare. The majority (>80%) of gallbladder cancers are adenocarcinomas which originate from fundus (60%), body (30%), as well as neck (10%). The premise likely is actually genetic susceptibility, perhaps elicited simply by chronic gallbladder inflammation, normally a result of cholelithiasis.⁴ One particular reasonable hypothesis targets continual tenderness of the mucosa (e.g., through the actual physical vicinity of the rocks and/or superimposed chronic infection such as through *Salmonella typhi*) which leads to dysplasia (may be abetted by mutagenic secondary bile acids) and ending in cancerous change.

Ethnicity, genetic susceptibility, lifestyle factors and infections are the different risk factors for developing gallbladder cancer. If we see worldwide, gallbladder malignancy carries a low occurrence of <2 for every 100,000, but carries a large difference similar to U.S., it represents 0.5% of all gastrointestinal malignancies, representing short of 5,000 cases for every year (1 to 2.5 for every 100,000). High yearly frequency rates happen in North and South American Indians, creating an exorbitant mortality, especially among females: 15.5 for every 100,000 vs. 7.5/100,000 in men from La Paz, Bolivia, and 11.3 for every 100,000 in females vs. 4/100,000 in males from New Mexico.^{5,6} Different high-risk places tend to be dispersed even though Eastern Europe (14/100,000 in Poland), northern Indian (as high as 21.5/100,000 for women in Delhi) as well as South Pakistan (11.3/100,000).^{7,8} Moderate frequencies (3.7 to 9.1 for each 100,000) occur somewhere else in South Americans of Indian

origin, as well as in Israel (5/100,000) and in Japan (7/100,000).⁷ The rate of occurrence is rising in Shanghai, China and now represents the most repeated gastrointestinal malignancy and is also a considerable reason for death.⁸ Although the majority of the world possesses decreasing fatality developments in gallbladder cancer, Iceland, Costa Rica, and Korea have an elevation in mortality for men.¹⁰ This gives off an impression of being an unassuming decrease in predominance in the course of recent decades [National Cancer Institute, Surveillance, Epidemiology and End Results (SEER) Program]. Around the world, GBC affects on females two to three times more than males. To some degree, this unique sexual orientation predisposition has been ascribed to the pervasiveness of cholelithiasis, which is more professed in females.¹¹ In spite of the fact that the specific etiology of GBC stays vague, a few elements are known to enhance the possibility such as cholelithiasis, chronic cholecystitis, calcified "porcelain" gallbladder, choledochal cysts, abnormal pancreatobiliary duct junction, along with gallbladder polyps. Various dietary components, chronic gallbladder diseases and environmental exposure to particular chemicals have also been related with the progression of GBC.¹² Growth of gallbladder cancer increases with age. Size of gallstones and length of time of gallstone illness additionally raise danger to developing cancer. Enhanced morbid obesity and repetitive salmonella contamination excessively creates risk for GBC.¹³⁻¹⁶

There are definitely genetic and environmental components which coincide leading to gallbladder cancer. The only liable gene discovered until now is the apolipo health proteins B (the APOB gene), which impacts cholesterol handling, however, is not associated with gallstones. Indeed, the connection between cholesterol gallstones and gallbladder tumor may possibly correspond to an interdependent disposal path that will boost the export of both cholesterol and ecological harmful toxins into bile.¹⁷ A family history of gallbladder malignancy is unmistakably a risk factor.^{18,19} GBC has familial predisposition. The nationwide Swedish Cancer Registry reported high risk for familial GBC and also found maternal

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transmission favoring over paternal.¹⁹ By far the most repeated molecular modifications in GBC are classified as the mutations of TP53 as well as KRAS gene, loss of cell-cycle regulation, micro satellite instability and loss of heterozygosity. Nevertheless, most of these mutations have a small percentage of GBC. Epidemiological studies have identified the role of various low penetrance variants in GBC susceptibility¹²; however, a lot more genes together with modest effects and their associations with one another and with environment are yet to be found. However, a recent genome-wide association study (GWAS) analysis on Japanese populace²⁰ has recognized a single nucleotide polymorphism (SNP) in the deleted in colorectal malignancy gene (DCC) for being implicated in GBC.

Ultrasound, CT scans, MRI, MRCP, MR angiography, Endoscopic retrograde cholangiopancreatography (ERCP), Percutaneous transhepatic cholangiography, Endoscopic and Laparoscopic Ultrasound, Diagnostic Laparoscopy and Guided Biopsies are common diagnostic imaging techniques of GBC.

Carcinoma of the gallbladder advances from dysplasia to carcinoma insitu progressing onto invasive carcinoma in about 15 years.²¹ In spite of recent advances as well as passionate progress to recognizing potential biomarkers with regard to early on diagnosis as well as proper management, GBC continues to be a demanding tumor with a very poor prognosis. Distinctive types of gallbladder cancer are known as: adenocarcinoma (well differentiated, moderately differentiated as well as poorly differentiated adenocarcinoma), squamous cell carcinoma, adenosquamous, carcinoma insitu, small cell carcinoma, sarcomas and papillary cancer. Therefore, a few biomarkers are needed pertaining to earlier diagnosis of GBC. Detection of a protein which indicates the specific disease state is known as a biomarker. It particularly shows an expression change which associates with the development of a disease. Biomarkers can be of predictive or prognostic marker. The predictive marker predicts reaction to treatment like estrogen receptors in breast tumor while prognostic marker decides prognosis like lymph node status in breast malignancy. Tumor itself produces a tumor marker; if it is present in an enormous amount, it shows the presence of a cancer. It may be available in tissues or may be appearing in serum.²²⁻²⁵ Alongwith the serum, other body liquids, for example, urine, effusions, saliva, cerebrospinal fluid (CSF), and nipple release can likewise be utilized for assessment of tumor markers.

Different biomarkers have been developed which have been found to be helpful in the diagnosis of gallbladder cancer. Some important ones are: CA 242, CA 19-9, CA 15-3, CA 125, CA 50, CA 72-4, CEA, Mucins, PCNA, and RCAS1. The two most usually used markers are Carbohydrate antigen 19-9 (CA19-9), and carcinoembryonic antigen (CEA), which are frequently used in the determination of GBC. They cannot be used for early diagnosis of gallbladder cancer because of low specificity and delayed increase in concentration levels usually found in late stages of gallbladder cancer. Significant concentration of CA19-9 can also be seen in mucin rich saliva, seminal fluid, gastric juice, amniotic fluid, urine, ovarian cyst fluid, pancreatic, gallbladder as well as duodenal aspirate.²⁶ Shukla et al. examined, CA242, CA19-9, CA15-3 as well as CA125 assay preoperatively within serum involving 39 affected individuals of carcinoma in the gallbladder, 4 affected individuals with cholelithiasis as well as 8 healthy controls by using ELISA technique.²⁷ CA 19-9 level was 86.06 u/ml in patients of cholelithiasis in comparison to 211.27 u/ml in patients of gallbladder cancer, the difference being statistically significant.²⁷ Combination of CA 19-9 and CA 125 gave precision of 80.65% in determination of gallbladder cancer.²⁷ The cellular presentation of carcinoembryonic antigen and its role in gallbladder cancer detection has been well described.²⁸⁻³⁰ Serum levels of CEA are raised in those tissues which develop from normal to invasive adenocarcinoma.³¹ Various studies found the elevated level of CEA in the GBC.³²⁻³⁵ RCAS1 (Receptor Binding Cancer Antigen Expressed on Siso cells) is a membrane protein of type II which is associated with various human cancer cells. RCAS1 expression hinders the development and incites apoptosis in immune and natural killer cells.³⁶ Oshikiri et al. examined RCAS1 interpretation by immunohistochemistry in 60 patients with EBDC (Extra Hepatic Bile Duct Cancer).³⁷ RCAS1 expression was higher in 76.7% of cases and sensitivity and specificity was found to be around 74.4% and 91% respectively.³⁷ CA125 is a tumor associated glycoprotein of more than 200 KDa. Their concentration levels were significantly higher in gallbladder cancer in comparison to cholelithiasis.³⁸⁻⁴² CA 15-3 is a heterogeneous 300 KD glycoprotein antigen and is elevated in serum breast cancer.⁴³ CA242 antigen is a monoclonal antibody and has been obtained by immunizing mice with cell lines of human colorectal cancer (COLO 205).⁴⁴ It is associated, however not indistinguishable, to the epitope of CA 19-9 and CA 50.⁴⁵ Shukla et al. discovered altogether high, serum level of CA 242 (42.19u/ml)

in carcinoma of the gallbladder in comparison to 12.10 u/ml in cholelithiasis.²⁷ A high positive relationship between values of CA242 and serum bilirubin or alkaline phosphatase levels has previously been reported.⁴⁶ But more research is needed to establish its usefulness in gallbladder cancer. CA 50 can be utilized to distinguish between benign and malignant gallbladder lesions. Sera from pancreatic diseases, gallbladder diseases and bile duct diseases were examined for CA-50 tumor marker and were observed to be important in discriminating cancerous from non-cancerous gallbladder diseases. Despite the fact that the effectiveness of this marker is entrenched in pancreatic malignancy, very little work has been carried out in gallbladder cancer.⁴⁷ CA 72-4 antigen in gallbladder bile was discovered to be better than any serum and pancreatic juice examination as for affectability and specificity.⁴⁸ The clinical significance of CA 72-4 has been established as it was found to be elevated in carcinoma in situ and first stage of gallbladder cancer.⁴⁹ We have also looked at the enzyme activity of arginase in gallbladder cancer. Tissue arginase activity was found to be significantly higher from stage I to stage II and similarly from stage I to stage III.⁵⁰ Very few studies have been carried out on arginase. Mucins are usually a group of large molecular weight glycoproteins composed of a mucin core proteins as well as O-linked carbohydrate. To date, nine apomucins (MUC 1 to 8, and MUC5B) have been recognized. Latest studies have proven that MUC1 will be expressed in various types of tumors, and could work as an anti-adhesion molecule which inhibits cell-to-cell adhesion, causing metastasis.⁵¹ Kashiwagi et al. studied the expression of MUC1 as well as MUC2 in gallbladder adenocarcinoma.⁵¹ MUC1 immunoreactivity has been diagnosed in the malignant cells and in the stroma of cancer; and has been significantly associated with lymphatic attack, lymph node metastasis ($p < 0.001$) and poor outcome. Then again, MUC2 was infrequently associated and had no prognostic importance with its immunoreactivity located just in the cancer goblet cells.⁵¹

Positivity rate of PCNA (Proliferating Cell Nuclear Antigen) indicates the cell proliferation activity, and subsequently, indirect measure of cell kinetics. Isozaki et al. analyzed PCNA expression in GBC patients with PBM and observed a 14.2% positivity rate in malignant lesions having maljunction in comparison to 3.9% rate among cancer patients with normal pancreaticobiliary junction.³² They further found a 11.6% positivity rate among non-cancerous cases with maljunction

as well as 1.5% positivity amongst normal patients.⁵² Various studies have also found PCNA expression to be significantly higher in malignant lesion than benign.^{53,54} Expression of E-Cadherin has been shown in 17/49 patients of gallbladder malignancy⁵⁵ and it was not found to be associated with age, sex, tumor measurement, grading and lymph node status.⁵⁶ Vimentin, somatostatin, gastrin, human chorionic gonadotropin, serotonin and pancreatic polypeptide have also been studied but their accurate role in gallbladder cancer has not been established.

Molecular studies in several neoplasms have established the activation of predominant proto-oncogenes along with inactivation of recessive tumor suppressor genes. Tumor suppressor genes are frequently inactivated by a mutation at a single allele along with removal of one more allele.⁵⁷ p53, a tumor suppressor gene, assumes a critical part in the genesis of numerous malignancies. The incidence rate of p53 overexpression in GBC is changeable (20-92%).⁵⁸⁻⁶² Roa et al., in an investigation of 157 primary GBC, found its overexpression in about 45% tumors.⁶¹ In a study, they observed a high occurrence of p53 overexpression in GBC and in dysplasia associated with GBC and chronic cholecystitis, proposing that dysplasia is a critical and early event in the pathogenesis and progression of GBC.⁶³ Overexpression of p53 in GBC and in malignancy associated with chronic cholecystitis recommends that p53 mutations are the early events in GBC progression.⁶³ Allelic loss of short arm of chromosome number 9 has been recognized in many human cancers. A new tumor suppressor gene has been distinguished close to the interferon gene on chromosome number 9p21-22. This gene CDKN2, also known as MTS1 or even p16ink4, suppresses a formerly identified inhibitor (p16) associated with cyclin dependent kinase 4. A study reported that decreased expression of p16 is associated with degree of malignancy and metastasis of carcinoma of the gallbladder.⁶⁴ Other study also found LOH at 9p which is more regularly seen in intramucosal portion of invasive gallbladder cancer than insitu lesions.⁶⁵ It has been described that promoter hypermethylation of the p16 gene could have transpired as an early event, followed by homozygous deletion considered as a late event. They suggest two main pathways as LOH and homozygous deletion for inactivating the p16 gene in gallbladder cancers. This mechanism can be useful in the gallbladder cancer detection and treatment.⁶⁶ Theras gene family is a set of three closely related proto-oncogenes which are involved in the pathogenesis of many cancers.

H-ras, K-ras and N-ras are the three family members of the ras gene family.⁶⁷ The K-ras oncogene could be the other important genetic factor which is related with the pathway of pathogenesis of gallbladder cancer.⁶⁸ Mutations of K-ras are frequent in GBC associated with the anomalous union of the pancreaticobiliary duct (AUPBD).⁶⁹ Lee et al. examined the expression of ras oncogene by immunohistochemistry in gallbladder adenocarcinoma (n=13), dysplasia (n=3) and chronic cholecystitis (n=11); and found that its expression is important for GBC development but not for progression.⁷⁰ Another study of Hanada et al. concluded that k-ras mutation may be related with early stage of carcinogenesis of gallbladder mucosa with PBM when compared without PBM.⁷¹ Fragile Histidine Triad (FHIT), CD antigen, Her-2-neu, heat shock protein, cyclooxygenase enzyme, APL gene, HLA antigen and vascular endothelial growth factor (VEGF) are the other genes which have also been found to be associated with gallbladder cancer.⁷²⁻⁸⁶

Jayalakshmi et al. recently did an analysis of solid state ¹³C nuclear magnetic resonance (NMR) of gallbladder stones in gallbladder cancer and benign patients.⁸⁷ Differences were identified in the ¹³C chemical shift between stones from cholecystitis patients and from GBC patients. The study additionally performed qualitative and quantitative ¹H NMR investigation of lipid extracts of gallbladder tissue in chronic cholecystitis, xanthogranulomatous cholecystitis (XGC), and GBC patients.⁸⁸ They have observed various changes in gallbladder tissue lipid components in chronic cholecystitis, XGC and GBC patients. It has been mentioned that chemical structure of bile displays metabolic functions which correlate with hepatobiliary organs like the gallbladder.⁸⁹ Components of bile have also been studied in several studies to find out the potential biomarkers in hepatobiliary diseases including GBC.⁹⁰⁻⁹³ Koopmann et al. assessed a malignancy-related protein, Mac-2-binding protein (Mac-2BP), which had already been expressed in various tumors.⁹⁴ They concluded in their study that Mac-2BP in combination with CA19-9 levels can be used as a novel diagnostic tool for GBC.⁹⁴ Total protein was examined in GBC and benign gallbladder tissue by two-dimensional gel electrophoresis (2-DE) to identify potential biomarker. They recognized seventeen differentially expressed proteins and distinguished them by relative proteomic analysis. Some up-regulated proteins, like splicing factor 3B subunit 5, cystatin-B, S100A10 protein, histone H2B type

2-E, profilin-1, eukaryotic translation initiation factor 1A, isoform 1 of eukaryotic translation initiation factor 5A-1, FERM domain containing 3, glycer-aldehyde-3-phosphate dehydrogenase, serum amyloid P-component precursor, and harmonin isoform b3 were firstly identified in gallbladder malignancy. Out of all, two up-regulated proteins S100A10 and haptoglobin were further confirmed in patients of gallbladder cancer. They found raised protein levels by using western blotting. In this study, the majority of the patients with gallbladder disease had a tiny, surgically resectable tumor, recommending that the differentially expressed proteins can be conceivably utilized as biomarkers for the early detection of gallbladder malignancy. Further in this study, authors came to a conclusion that these differentially expressed proteins can be used as biomarkers [Tan Y et al. 2010].⁹⁵ Mou Y et al. likewise employed MALDI-TOF-MS in order to profile and assess the serum proteins of GBC and healthy controls.⁹⁶ An optimum proteomic pattern had been identified which was composed of three statistically different protein peaks, which differentiated GBC patients from control group.⁹⁶ Multiple gene expression analysis have been performed to look at the differential gene expression patterns between normal and tumor cells for the identification of potential biomarkers for GBC. Serial analysis of gene expression (SAGE) libraries have been created from GBC and non-neoplastic gallbladder mucosa and found an over-expression of connective tissue growth factor (CTGF) which was statistically significantly related with overall survival.⁹⁷

Alternative splice variants have been identified in numerous tumors, in addition to an enormous number of cancer related genes.⁹⁸ These splice variants could either alter the cancer responsiveness or behave as surrogate markers. A thorough investigation of proteins which are coded by mRNA transcript variants of well-known and less known genes may propel the finding of novel diagnostic and prognostic biomarkers, and also new targets for therapy in GBC.

Micro RNAs (miRNAs) are found to be responsible for about 30% of the global gene expression. Various studies have reported the association of aberrant expression of miRNAs with many human cancers.⁹⁹ Another group of researchers observed a decreased expression of miR-148a and miR-152 in Mz-ChA-1 cells in relation with H69 non malignant human cholangiocytes invitro as well as tumor xenografts in vivo.¹⁰⁰ Therefore, miRNA may represent as a class of biomarkers in diagnostic approach.

In addition to previously mentioned probable options, latest research have discovered new types of low-molecular-weight metabolites, referred to as pteridines to be considerably increased in a variety of cancers establishing them as a promising tool in cancer diagnosis.¹⁰¹ In addition to the open-ended genome-wide expression microarray analyses, specific gene families can also be used to identify and interrogate prognostic markers in GBC.¹⁰² The transgenic mouse model (BK5.ErbB-2A mice) for GBC also represents a promising tool for the development of new treatment and/or prevention strategies [Kiguchi K et al. 2008].¹⁰³

Because the underlying molecular processes often go on for decades until the initial clinical symptoms surface, the prognosis of GBC is generally poor and it is difficult to cure by surgery alone. Identification of new prognostic biomarkers would help identify patients who might benefit from additional treatment. The present article gives a brief idea of published studies in GBC on potential gene expression biomarkers. In order to conclude, not one of the biomarkers distinguished in GBC are particular or even efficient as being a routine screening test in a medical practice. More endeavors are needed for better understanding of the prognostic importance of gene expression biomarkers in gallbladder cancer.

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