

Using the ALSPAC cohort study to investigate the effect of clustering of childhood problems on educational attainment

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Outline of presentation

- Fulfilling Lives: A Better Start initiative
 - Local area model
- ALSPAC analysis
 - Aims
 - Definitions
 - Results
- Points for discussion

‘Fulfilling Lives: A Better Start’

- Big Lottery: £215m over 10 years -> 5 local areas
- Aim: to improve life chances of babies and young children in England
- Improve outcomes in
 - social and emotional development
 - communication and language development
 - nutrition
- Disadvantaged families
- Early intervention
- Variety of programmes and initiatives

Preventonomics: 'A Better Start' – how will it pay?

Develop models and frameworks to understand the potential down-stream public sector cost savings from intervening with parents and children aged 0-3

- Calculate the costs of 'problems'
- Estimate savings from intervention

ALSPAC analysis: to inform cost models

Perinatal

Pre-term birth /
Low birth
weight

Breastfeeding

Maternal
depression and
anxiety

Childhood

Nutrition

- Obesity
- (Activity)
- (Good nutritional status)

Social & emotional learning

- Behaviour problems
- (Child maltreatment)
- (Domestic violence)
- Depression
- Anxiety

Speech & language

- Speech, language and
communication needs
- Key Stage attainment in
reading and Maths

Economic end points

Long-term
health

Obesity, diabetes,
cardio-vascular disease

Long-term
mental health

Depression, anxiety

Criminality

Employment /
income

Education

ALSPAC analysis

Aims to contribute to the models by investigating :

- relationship between perinatal factors and childhood problems
- relationship between childhood problems and later outcomes
- clustering of childhood problems age 5, 8, 11
- effect of clustering of problems on later outcomes
- persistence over time of childhood problems
- effect of persistence of problems on later outcomes

Definitions of childhood problems (1)

Communication difficulties

- Macarthur Infant Communication Questionnaire total communication score: bottom quartile

Low school readiness

- combined reading, writing, maths, language score at school entry: lowest quintile (Chittleborough et al 2014)

Behaviour problems

- parent-rated Rutter or SDQ conduct disorder sub score: highest quintile (Goodman, 1997)

Definitions of childhood problems (2)

Mental ill health

- Development and Well-Being Assessment (DAWBA): any depressive disorder; any anxiety disorder; combined
- Short Moods and Feelings Questionnaire (SMFQ) score : score of 12 or higher (e.g. Angold et al)

Obesity

- BMI derived from height and weight
- obesity = above the sex and age-specific 95th BMI centiles (Viner)

Outcomes

Educational attainment

- Not obtaining 5 or more GCSEs or equivalent grades A* - C including English and Maths
- Age 16
- Other outcomes for future analyses

Confounders

- Maternal education
- Paternal social class
- Child's ethnicity
- Housing tenure

Methods

Clustering

- Pairs of childhood problems at or as near to the same age as possible
- univariate logistic regression

Association between problem and outcome

- multivariate logistic regression
- problems age 5/age 8 and GCSE results age 16
- number of problems age 5/age 8 and GCSE results
- controlling for confounders

Sample size

Age 1

• 13,988

Age 7

• 15,458

Age 18

• 7,729

3,049 completed all
questionnaires to
date

5,777 completed 75%
of questionnaires to
date

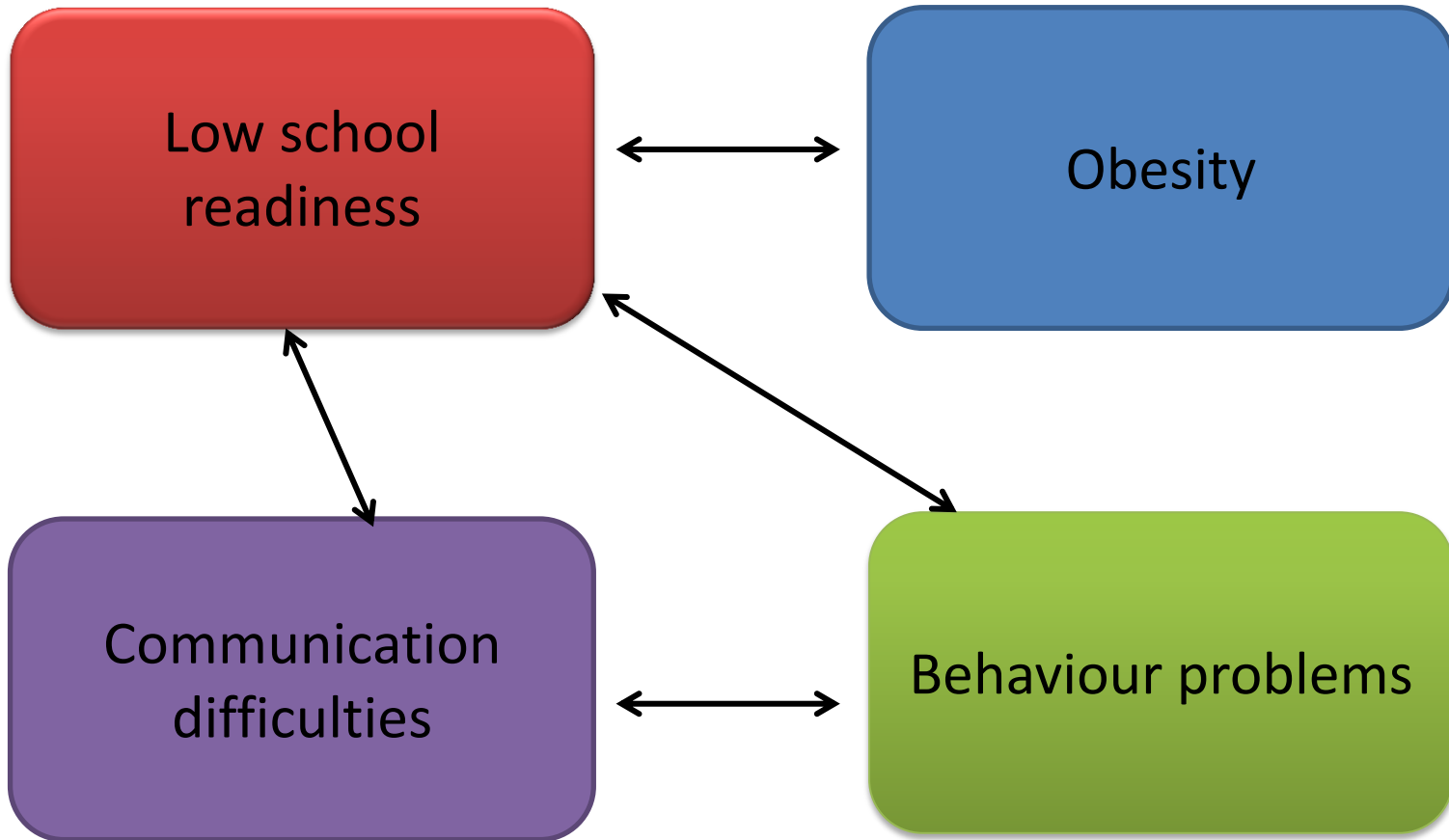
Problems age 5 and not obtaining 5 or more GCSEs A*-C inc. English & Maths

	Odds ratio	CI
Communication difficulties	1.22 (ns)	0.80, 1.87
Low school readiness	3.91*	2.31, 6.62
Behaviour problems	2.34*	1.48, 3.71
Obese	1.28 (ns)	0.58, 2.82
Constant	0.48	
N	674	

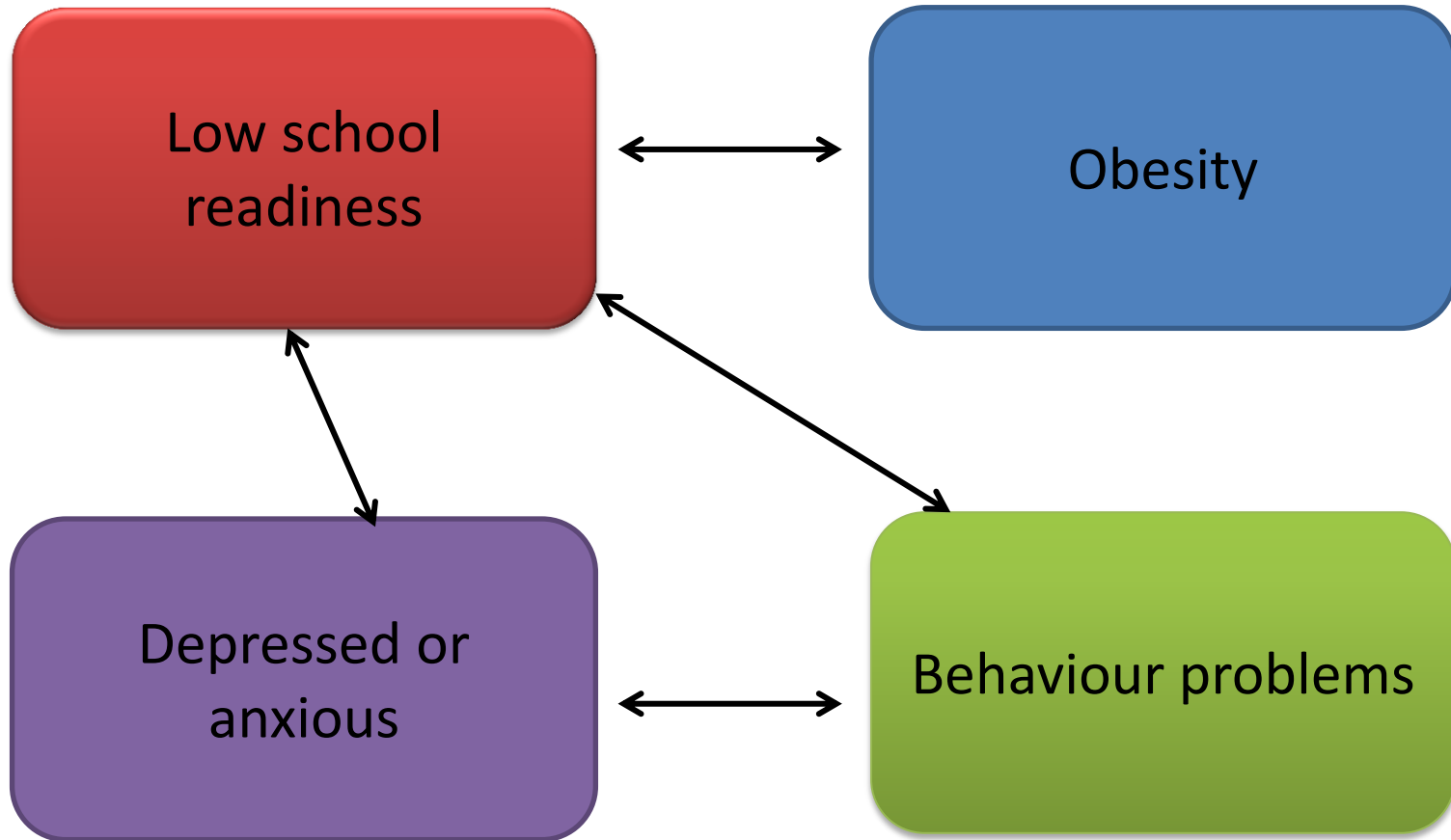
Problems age 8 and not obtaining 5 or more GCSEs A*-C inc. English & Maths

	Odds ratio	CI
Low school readiness	4.16*	3.12, 5.55
Behaviour problems	1.71*	1.33, 2.20
Obese	1.13 (ns)	0.71, 1.82
Depressed or anxious	2.22*	1.22, 4.02
Constant	0.68	
N	1813	

Clustering of problems age 5



Clustering of problems age 8



Number of problems age 5 and 8

Age 5

Number of problems	Percent	Frequency
0	7.1	455
1	74.0	4720
2	17.2	1094
3	1.7	107
Total	100	6376

Age 8

Number of problems	Percent	Frequency
0	23.9	1391
1	67.5	3932
2	8.0	465
3	0.6	34
Total	100	5822

Clustering of problems age 5 and not obtaining 5 or more GCSEs A*-C inc. English & Maths

		Odds ratio	CI
Number of problems	No problem	1.0	
	One problem	3.16*	2.40, 4.42
	Two problems	4.83*	3.56, 6.55
	Three problems	8.84*	4.83, 16.17
Constant		0.42	
N	3974		

Clustering of problems age 8 and not obtaining 5 or more GCSEs A*-C inc. English & Maths

		Odds ratio	CI
Number of problems	No problem	1.0	
	One problem	3.23*	2.74, 3.81
	Two problems	6.51*	4.83, 8.77
	Three problems	11.98*	3.96, 36.25
Constant		0.57	
N	3790		

Questions, problems, concerns

- Definitions of problems
- Better way of looking at clustering?
- Multicollinearity
- Lack of data for some problems -> reduced sample size
- Attrition



PREVENTONOMICS

A Better Start - How will it pay?



Thank you

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