

Management of Recurrent respiratory disorders: A Case Study

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Abstract— Recurrent respiratory tract infections are especially common in young children; in developed countries, they affect up to 25% of children under one year of age and 18% of children one to four years of age. Immune deficiencies are considered as underlying conditions predisposing to this pathology. This work is about to determine when and how to explore the immune system when facing recurrent respiratory infections. A 01 year and 05 months old female child came with complaints of recurrent common cold and cough since birth. *Swarnaprashan* maintained general health of the body and works as an immunomodulatory which decreased recurrent common cold and cough in children. Duration of *swarnaprashan* can be determined depending upon the administered and its duration can be determined depending upon the desired effects like decrease morbidity rate and increase immunity level in children.

key words— Respiratory tract infections, *Swarnaaprashan*, Immunomodulatory.