

REVIEW**Prevalence of Hepatitis C Virus in Tuberculosis Patients: A Systematic Review and Meta-Analysis****Meysam Behzadifar^{1*}, Sanaz Heydarvand², Masoud Behzadifar³, Nicola Luigi Bragazzi⁴****OPEN ACCESS**

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Affiliation and Correspondence:

¹Hepatitis Research Center, Lorestan University of Medical Sciences, Khorramabad, Iran

²Bahrami Pediatric Hospital, Tehran University of Medical Sciences, Tehran, Iran

³Health Management and Economics Research Center, Iran University of Medical Sciences, Tehran, Iran

⁴School of Public Health, Department of Health Sciences (DISSAL), University of Genoa, Genoa, Italy

*Email: behzadifar.m@tak.iuums.ac.ir, masudbehzadifar@gmail.com

ABSTRACT

BACKGROUND: *Infection with Hepatitis C Virus (HCV) increases the hepatotoxicity of anti-tuberculosis drugs. The purpose of this systematic review and meta-analysis is to determine the prevalence of HCV infection in patients with tuberculosis (TB).*

METHODS: *PubMed/MEDLINE, ISI/Web of Sciences, CINAHL, EMBASE, the Cochrane Library and Scopus were searched from January 2000 to March 2018. The overall prevalence of HCV in patients with TB was calculated using the random-effect model with 95% confidence interval (CI). To evaluate heterogeneity, I² test was used. Egger's regression test was utilized to check publication bias.*

RESULTS: *Twenty-one articles were selected for the final analysis based on the inclusion/exclusion criteria. A total of 15,542 patients with TB participated in the studies. The overall prevalence of HCV infection in patients with TB was 7% [95%CI: 6-9]. Subgroup analysis revealed that diagnostic test (P=0.0039), geographical background (P=0.0076) and gender distribution (P=0.0672) were statistically significant moderators. Men had a higher risk for HCV than women (Odds Ratio, OR=2.02; 95%CI: 1.28-3.18).*

CONCLUSION: *The results of this study highlighted the importance of screening HCV in TB patients. Knowing whether HCV is present or not in these patients can be helpful in effectively treating them.*

KEYWORDS: *Prevalence, hepatitis C virus, tuberculosis, systematic review, meta-analysis*

INTRODUCTION

Tuberculosis (TB) is recognized as one of the most important public health challenges following acquired immune deficiency syndrome (AIDS), the second leading cause of death in the world. Each year, countries allocate a significant amount of resources in order to properly cope with this disease (1,2). In its latest available report, the World Health Organization (WHO) estimated that around 10.4 million people in the world had TB in 2016. The highest incidence (45%) was in South-East Asia, followed by, Africa (25%), Western Pacific Region (17%), Eastern Mediterranean Region (7%) and Europe and the Americas (3%) (3).

Hepatitis C Virus (HCV) is another major health problem both in developing and developed countries, which can cause acute and chronic illness in people. About 1.1% of the world's population was infected with HCV: 80 million had chronic HCV and 495,000 died in 2015 (4,5). Most people infected with HCV are not aware of their illness, which makes them at risk for liver cirrhosis or cancer (6,7).

With regard to the prevalence of HCV in patients with TB and the impact that the infection has on these patients, few studies have been conducted worldwide, and there is still little evidence concerning this topic (8). One of the major, clinically relevant side effects in the treatment of TB is hepatotoxicity, which disrupts the treatment process and may lead to discontinuation of the patient's treatment (9,10). Hepatotoxicity is one of the side effects of Directly Observed Treatment, Short-Course (DOTS), first line drugs, which include Rifampin, Pyrazinamide, and Isoniazid (11-16). Infection with HCV increases the hepatotoxicity of anti-TB drugs, and patients with TB should be tested for HCV before they start treatment (9).

The aim of this study is to provide a detailed summary of the prevalence of HCV in patients with TB. We believe that reducing the effects of hepatitis C infection in these patients can be an achievable goal when there is precise data on its prevalence. In order to provide evidence for physicians and healthcare policy- and decision-makers, the aim of this systematic review and meta-analysis is to determine the prevalence of HCV infection in patients with TB.

MATERIALS AND METHODS

Search strategy for identifying relevant studies: PubMed/MEDLINE, ISI/Web of Sciences (WoS), CINAHL, EMBASE, the Cochrane Library and Scopus databases were searched from January 2000 to March 2018. Search strategy was based on the following string of keywords: (prevalence OR frequency OR epidemiology OR seroprevalence OR seroepidemiology OR proportion OR rate) AND (hepatitis C virus OR HCV OR viral hepatitis OR

viral hepatitis C) AND (tuberculosis OR *Mycobacterium tuberculosis* OR *mycobacterium* OR TB). Also, reference lists of included studies were reviewed and scanned for possible relevant studies.

Inclusion criteria: Studies were included if they were epidemiological studies designed as cross-sectional, longitudinal or case-control studies. They were retained if they examined the prevalence of HCV in patients with TB, were published in English, had sufficient data to allow the calculation of the prevalence, and used validated, standardized diagnostic tests such as linked immuno-sorbent assay (ELISA), recombinant immunoblot assay (RIBA) or polymerase chain reaction (PCR) for the diagnosis of HCV. Furthermore, studies published between January 2000 and March 2018 were selected.

Exclusion criteria: Studies were excluded if they were designed as clinical trials, recruiting TB patients who were also HIV positive, containing overlapping data or studies whose data were not sufficiently detailed to estimate the prevalence rate.

Two researchers independently reviewed titles and abstracts of studies for eligibility. After selecting the studies, the full texts were reviewed. If there was a disagreement between the two independent researchers for the selection of the studies, a third person was involved as a final referee, and the discussion was solved. Selection of studies was performed using the EndNote X8 software.

Data extraction: From the included articles, we obtained the following information: name of first author, year of publication, country, geographical setting/background based on the continent in which the investigation was conducted, mean age of participants, diagnostic test utilized, sample size, number of TB participants with HCV, prevalence estimates, type of TB patients (suffering from latent or active TB), and level of income based on the definition of the World Bank.

Risk assessment: Internal and external validity, response rate and generalization were used to evaluate the results of the studies using the *Hoy et*

al criterion (17). This criterion consists of 10 items that are evaluated based on 'Yes' and 'No' answers. For each answer of 'Yes', one point is given and for each answer of 'No' score is assigned. Based on the points obtained, the studies were divided into three categories. Studies which obtained 0 to 4 points were deemed as at high risk, 5 to 7 points at moderate risk and 8 to 10 at low risk.

Statistical analysis: All data were analyzed using the commercial software Stata Ver.12 (Stata Corp, College Station, TX, USA). The overall prevalence of HCV in patients with TB was calculated using the random-effect model according to DerSimonian and Laird's approach with 95% confidence interval (CI) (18). To evaluate heterogeneity, I^2 test was used. The values of 25%, 50% and 75% were considered to indicate low, moderate and high amounts of heterogeneity, respectively (19). Sensitivity analysis was performed to ensure the stability of the results. In this analysis, the effect of omitting each study *per time* was examined (20). The studies were, then, ranked according to the year of publication and the sample size, and cumulative meta-analysis was performed to determine the effect of these factors on the prevalence of HCV (21).

In order to examine possible sources of heterogeneity, sub-group analyses were conducted based on the year of study publication, sample size, quality of studies, diagnostic test, geographic background, level of income (based on the definition of the World Bank) and type of TB (active or latent).

Meta-regression was also conducted based on the year of study publication. Egger's test was used to check the publication bias (22). Duval and Tweedie's trim-and-fill method was used to evaluate the effect of potentially missing studies (publication bias), whose effect sizes could possibly modify the estimated prevalence rate of HCV (23).

The Cohen's Kappa coefficient was used for quantitatively assessing the agreement between researchers on the selection of studies, data extraction and methodological quality assessment (24). All figures with two-sided P-value <0.05 were considered as statistically significant.

RESULTS

Study selection: Reporting of the results of this systematic review and meta-analytical study was carried out in accordance with the "Preferred Reporting Items for Systematic Reviews and Meta-analyses" (PRISMA) guidelines (25). The process of selecting studies is pictorially presented in Figure 1.

In the initial search, 535 studies were identified from the different scholarly databases. After removing duplicates, searches led to a pool of 354 studies. After reviewing the title and abstract of the studies, 43 studies remained. The full texts of the studies were reviewed, and 21 were selected for the final analysis based on inclusion/exclusion criteria (9,26-45). The agreement between the two independent researchers was 92.17% for the selection of studies.

Study and participant characteristics: A total of 15,542 patients with TB participated in the studies. Seven studies were conducted in Europe, 6 studies in Asia, 5 studies in America and 3 studies in Africa. Table 1 shows the main characteristics of the included studies.

Risk of bias within studies: After reviewing the articles, 12 (57.14%) of them were deemed at low risk, 6(28.57%) had moderate risk and 3(14.29%) were considered at high risk. The agreement between the two independent researchers was 84.26% for risk assessment.

The pooled prevalence of HCV in TB patients: The prevalence of HCV in TB patients was 2% to 27%. Based on the random-effect model, the overall prevalence was 7% [95%CI: 6-9]. The heterogeneity was high between studies ($I=94.2\%$; $P <0.0001$) (Figure 2).

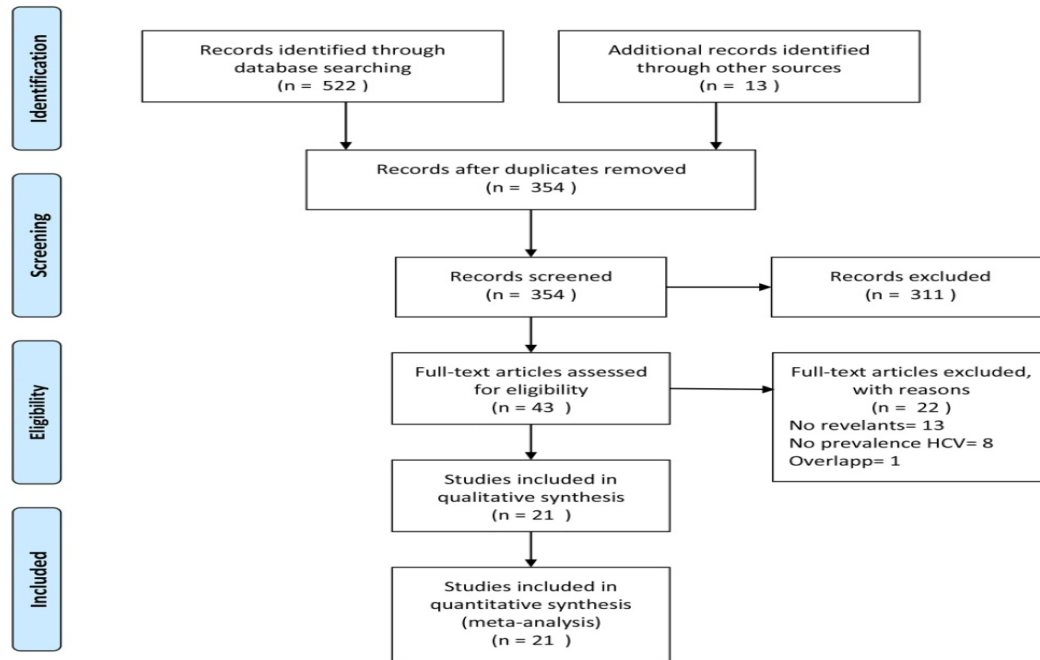


Figure 1: Flowchart of study selection

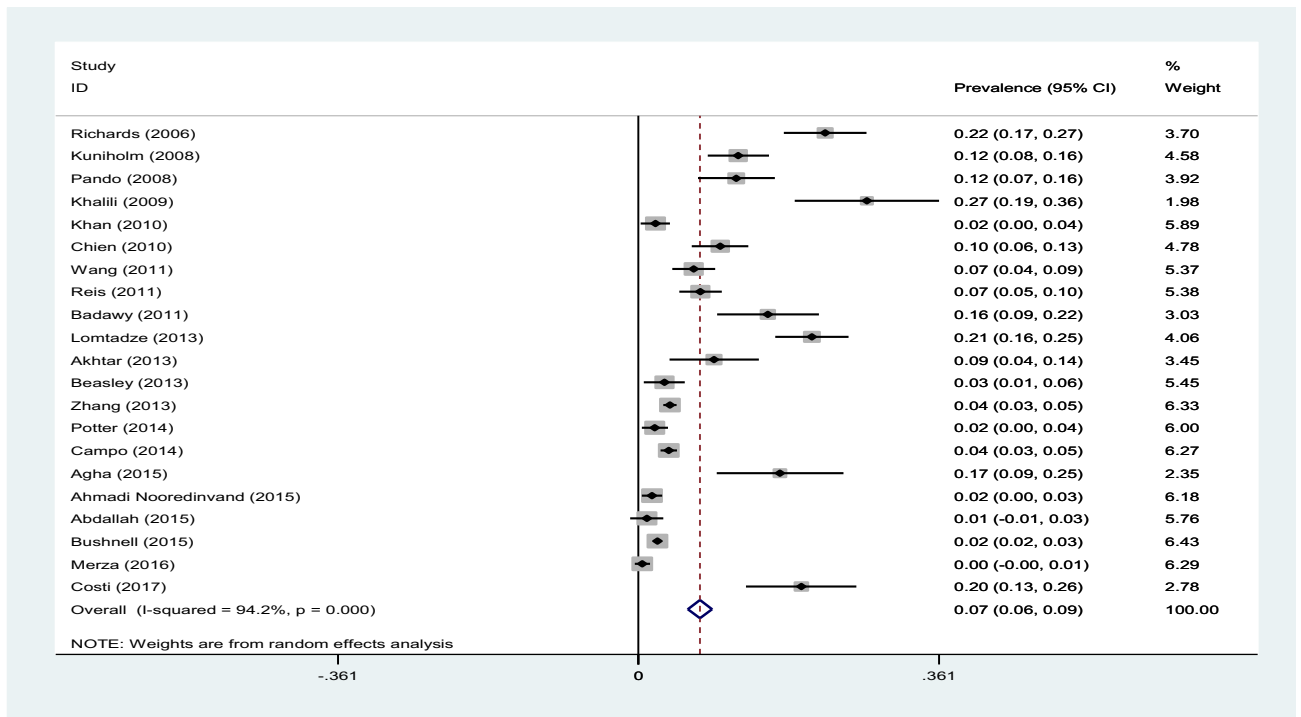


Figure 2: Prevalence of HCV in TB patients with 95% confidence interval for each included study

Results of subgroup analysis: The prevalence rates based on the diagnostic test, sample size, geographical background, risk assessment of the

study and gender of the participants are shown in Table 2.

Table 1: Characteristics of the included studies

First author	Year	Country	Age (Mean±SD)	Test	Prevalence	No. of participants
Richards	2006	Georgia	35	ELISA	22%	272
Kuniholm	2008	Georgia	NA	ELISA	12.00%	300
Pando	2008	Argentina	34.8±14.1	ELISA	11.80%	187
Khalili	2009	Iran	43.21±18.27	ELISA	27.45%	102
Khan	2010	UK	NA	ELISA	2.00%	245
Chien	2010	Taiwan	NA	ELISA	10%	295
Wang	2011	Taiwan	NA	PCR	6.70%	360
Reis	2011	Brazil	NA	ELISA	7.50%	402
Badawy	2011	Egypt	NA	ELISA	6.40%	135
Lomtadze	2013	Georgia	21-92	ELISA	21%	326
Akhtar	2013	Pakistan	42±18.2	ELISA	9.10%	110
Beasley	2013	UK	NA	ELISA	NA	192
Zhang	2013	China	NA	ELISA	3.80%	2296
Potter	2014	UK	37.7±15.3	ELISA	2.00%	302
Campo	2014	USA	NA	ELISA	3.60%	1421
Agha	2015	Egypt	NA	PCR	17.02%	94
Ahmadi Nooredinvand	2015	UK	NA	ELISA	1.60%	429
Abdallah	2015	Sudan	36.03± 13.3	ELISA	1%	98
Bushnell	201+5	USA	NA	ELISA	4.20%	7624
Merza	2016	Iraq	40.34±20.29	ELISA	0.90%	214
Costi	2017	Brazil	38.0± 12.9	PCR	20%	138

Diagnostic test: ELISA tests were used to detect HCV in 13 studies, with a prevalence of 7% [95%CI: 5-8]. PCR tests were performed in 3 studies with a prevalence of 14% [95%CI: 23-23]. This difference was statistically significant (P=0.0039).

Sample size: The estimated prevalence in studies with a sample size of less than or equal to 250 participants was higher (9% [95%CI: 6-9]) compared to studies with a sample size greater than 250 (7% [95%CI: 5-9]). However, this difference was not statistically significant.

Geographical background: The highest prevalence was found in Africa (11% [95%CI: 1-23]), followed by Europe (9% [95%CI: 4-13]), America (7% [95%CI: 4-10]) and Asia (7%

[95%CI: 4-11]). This difference was statistically significant (P=0.0076).

Risk of bias: The prevalence stratified according to the risk of bias was 9% [95%CI: 11-7] in 12 studies at low risk of bias, 9% [95%CI: 13-4] in 6 studies at moderate risk, and 2% [95%CI: 1-3] in studies at high risk. These differences were not significant.

Prevalence of HCV and gender: The prevalence rate of HCV in TB men was collected from 8 studies (10% [95%CI: 14-16]) and in women from other 8 studies (2% [95%CI: 1-4]). This difference was statistically significant (P=0.0672). This finding showed that men had a higher risk for HCV than women (Odds Ratio, OR=2.02 [95%CI: 1.28-3.18]) (Figure 3).

Table 2: Subgroup analyses of prevalence of HCV in TB patients. Abbreviations: ns (not statistically significant).

Variables	No. of studies	No. of participants	Pooled prevalence (95%CI)	Heterogeneity value		P value
				I ² (%)	P value	
Diagnostic test						0.0039
ELISA	18	14950	7% (5-8)	94.3%	<0.0001	
PCR	3	592	14% (5-23)	88.4%	<0.0001	
Sample size						<0.0001
≤ 250	10	1515	9% (6-9)	93.1%	<0.0001	
>250	11	14027	7% (5-9)	95.2%	<0.0001	
Geographical background						0.0076
Africa	3	327	11% (1-23)	93.9%	<0.0001	
Asia	6	3377	7% (4-11)	94.6%	<0.0001	
America	5	9772	7% (4-10)	93.5%	<0.0001	
Europa	7	2066	9% (4-13)	96.0%	<0.0001	
Risk of bias						<0.0001
Low	12	13742	9% (7-11)	95.5%	<0.0001	
Moderate	6	1061	9% (4-13)	94.3%	<0.0001	
High	3	739	2% (1-3)	0.0%	ns	
Gender						0.0672
Male	8	5821	10% (6-14)	94.1%	<0.0001	
Female	8	3838	3% (1-4)	74.0%	<0.0001	
Level of income						<0.0001
Lower middle	7	1335	14% (6-21)	95.3%	<0.0001	
Upper middle	6	3339	9% (6-13)	95.6%	<0.0001	
High	8	10868	3% (2-4)	81.3%	<0.0001	
Type of TB						<0.0001
Active	18	14676	9% (7-10)	95.0%	<0.0001	
Both (Active and latent)	3	866	2% (1-3)	0.0%	ns	

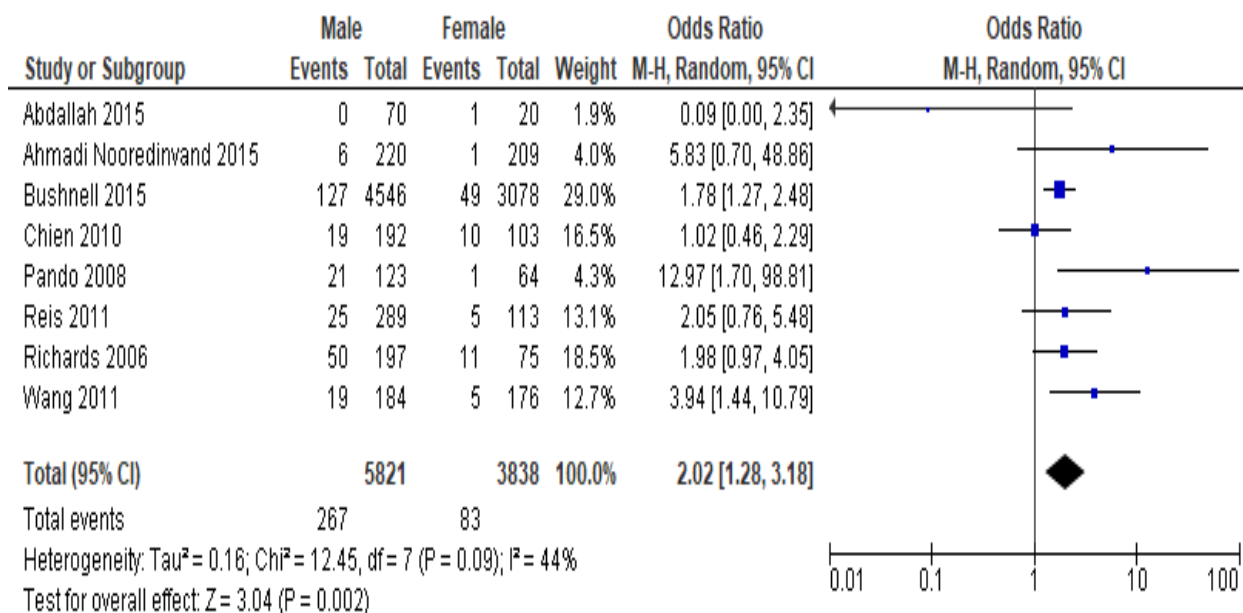


Figure 3: Meta-analysis of the Odds Ratio (OR) for prevalence of HCV in TB patients in male subjects compared to female individuals

Level of income: The prevalence of HCV in TB was 14% [95%CI: 6-21] in lower middle income settings, 9% [95%CI: 6-13] in upper middle income contexts and 3% [95%CI: 2-4] in high income countries.

Type of TB: The prevalence was 9% [95%CI: 7-10] in studies with active TB patients and 2% [95%CI: 1-3] in studies with active or latent TB patients.

Meta-regression: The prevalence of HCV in TB patients was assessed based on the published years, and significant changes were observed (P=0.049).

Sensitivity analysis: By omitting each study, its effect on the overall prevalence rate was evaluated, and the sensitivity analysis indicated that the results before and after did not change in a significant way, which indicates the stability of the results.

Cumulative meta-analysis: Cumulative meta-analysis was performed by sorting studies based on the year of publication and sample size. When the studies were sorted according to the year of publication, their 95% CI during the years of study release revealed an increase in the rate of HCV in TB patients. Also, when studies were

sorted according to sample size, 95% CI showed a decrease in the rate of HCV in TB patients.

Publication bias: Publication bias was computed performing the Egger's regression test, and the results indicated a bias in published studies (P=0.000). Due to this bias, the Trim and Fill test was performed and found 7 censored studies and their potential effects on the prevalence rate.

Risk factors for HCV in TB: Some selected studies identified the risk factors for HCV in TB patients. These risk factors included: history of sexually transmitted infections (STIs), tattoo and body piercing, history of prison or correctional services, history of injection drugs use (IDU), history of surgery, blood transfusion, dental services, smoking, alcohol consumption, family history of hepatitis C, use of personal objects belonging to others, and being homeless.

DISCUSSION

To the best of our knowledge, this study is the first meta-analysis to comprehensively address the prevalence of HCV in TB patients worldwide. A total of 21 studies were selected using a comprehensive search strategy in validated databases. The sensitivity analysis confirmed that

the results were stable. The cumulative meta-analysis, based on the year of publication revealed a decrease in the rate of HCV.

The prevalence of HCV in TB patients reported in this study was higher than the incidence of HCV in HIV positive patients according to some studies of the literature (46,47). Also, the prevalence in this study is higher than the incidence of HCV in the general population, according to a recent meta-analytical study (48). On the other hand, when compared to hemodialysis patients, the prevalence of HCV in TB patients was found to be lower (49).

An increasingly rising prevalence rate of TB worldwide has led the WHO to propose a DOTS-based approach. This strategy, which treats patients for 6 months, is the most effective, practical and proper way to treat the disease (50,51).

Estimates of hepatotoxicity induced by Rifampicin, Isoniazid and Pyrazamide are difficult to compute due to variability among patients in terms of physical and psychological characteristics. Chronic liver diseases, such as viral infections, can increase hepatotoxicity (52-54). In TB patients with hepatitis C, the risk of hepatotoxicity is higher than that of TB patients who do not suffer from hepatitis C (11,55). Studies show that HCV infection in TB patients can cause a significant change in the number of T CD4 + lymphocytes (56-58). In patients with TB, HCV levels increase the concentrations of liver enzymes. However, there is still no clear relationship between HCV and increased risk of hepatotoxicity (56-58).

Our findings showed that the reported prevalence was significantly different depending on the diagnostic tests used: the geographical background, the highest prevalence of HCV in TB patients was observed in African countries. The health conditions of countries play an important role in the spread of various diseases, including HCV and TB. Public health and health care services have problems to be delivered programs major impact on the prevalence of infectious diseases in these countries.

In many countries, including developing countries, many public health officials are unaware of the impact of infectious diseases, and, unfortunately, do not provide the right conditions for screening and healthcare (63). In previous studies, there is little information about the difference between social, health, cultural and economic backgrounds. These differences should be noticed in future studies.

The findings of this study showed that the prevalence of HCV in male TB patients was higher than that in women (RR=1.89). In studies, high risk behaviors were reported in men more than in women, which made them being more at risk for HCV. Some studies have shown that behaviors such as IDU, the use of common syringes, tattoos, body piercing and alcohol consumption were higher in men than in women, and, consequently, the prevalence rate of HCV was higher (64, 65).

Meta-regression according to the year of publication of studies indicated a reduction in the rate of HCV in TB patients. This can be due to several factors. Over the past decades, better health conditions and wider access to health services worldwide have improved for prevention and control of HCV. Screening and training in high-risk groups (drug users, prisoners) and special populations by the health system in various countries has, also, significantly and positively impacted on the control and management of infectious diseases (66).

The risk factors for HCV in TB patients that have been reported by selected studies are among the most recognized risk factors mentioned in various studies in the world. Health decision- and policy-makers and primary healthcare providers must implement special programs for people at risk. Paying attention to these people reduces significantly the prevalence of the disorder (67-69).

However, despite some strengths, including its novelty and the broad and comprehensive search strategy, this study has the following limitations:

- a. Due to the fact that there is a methodological diversity among the studies, there is a significant heterogeneity in this meta-analysis, which could affect results and their generalization.
- b. In many parts of the world, studies have not been conducted, which could impact on the overall estimated prevalence rate of HCV in TB patients.
- c. Diagnostic tests used in studies, gender and geographic context as potential heterogeneity sources and bias observed in studies make it possible to interpret the results with caution.

Taking the above-mentioned shortcomings into account, the results of this study highlighted the importance of performing HCV screening in TB patients. Knowing whether HCV is present or not in these patients can be helpful in effectively treating them. Healthcare decision- and policy-makers need to implement *ad hoc* measures to educate and screen groups at high risk for developing HCV and TB.

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