

**Original Article:****Clinico-Epidemiological Profile of VRE Enterococcus faecium in Shariati Hospital in Tehran****Authors:**

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Abstract: Background: Owing to restricted treatment options, Vancomycin-resistant Enterococci (VRE) was considered a prominent cause of nosocomial infections. This study was undertaken to evaluate the presence of Van-type and virulence determinants in the clinical isolates of *E. faecium* (Ent. faecium) in Shariati Hospital. Materials and Methods: A total of 150 Enterococcal isolates were surveyed. Antimicrobial susceptibility testing was performed by disc diffusion and E-test as well as the genotypic method. The presence of virulence factors, including hyaluronidase (hly), gelatinase (gelE), aggregation substance (asa1), and Enterococci surface protein (ESP) were identified by Polymerase chain reaction (PCR). Results: Overall, 66.67 percent (80/120) of VRE Ent. faecium strains were confirmed by the PCR method. The maximum number of isolates was from urine specimens ($p < 0.05$) and blood samples. Among the 80 VRE Ent. faecium isolates, 76 isolates showed high-level resistance (MICs to Vancomycin $32 > \mu\text{g/ml}$) and carried a VanA phenotype ($p < 0.05$). In all the isolates, *asa1*, *gelE*, and *ESP* genes were identified in 14% (17/5), 26/3% (21/80), and 45% (36/80), respectively. *E. Ent. faecium* carried *ESP* at a significantly higher frequency presented in VRE strains ($p < 0.001$). The prevalence of *hly* determinants in the *E. faecium* was 20% (16) ($P < 0.001$). Conclusion: We, in our hospital, are faced with a high rate of VRE Ent. faecium isolates with a VanA-positive phenotype. With increasing resistance of the VRE strains to linezolid, we will encounter a serious challenge in treating VRE patients in future years. An interesting finding from the present study is that the spreading rates of *ESP* and *hly* among Ent. faecium isolates are higher.

Key Words: Enterococcus faecium, Antibiotic resistance, Vancomycin-resistant enterococci, Virulence factors

Introduction:

Enterococci is considered as the second most common nosocomial (hospital-acquired) infection; particularly endocarditis, ureteric infections, bacteremia, endocarditis, and

meningitis (1, 2). Many species are responsible for human disease; however, *Enterococcus faecium* represent more than 90% of the clinical isolates (1). In recent years, *Enterococcus faecium* has dramatically increased and emerged as an important cause of the multidrug-resistant (MDR) Enterococcal infection (3). The acquired resistance to several important clinical antibiotics, such as the resistance to Vancomycin in the *Enterococcus* isolates, has been a particular concern (3). Moreover, the increasing resistance to Vancomycin, high-level penicillin-resistant (HLPR) and gentamicin-resistant, has recently emerged (4, 5). The emergence of resistance to quinupristin/dalfopristin, daptomycin, and linezolid as therapeutic and preventative options led to dramatic challenges in treating MDR enterococcal infections (5-7). Five main types (VanA, B, D, E, and G) of Vancomycin-resistance have been described based on both the phenotypic and genotypic methods (7). The VanA-type is responsible for the high levels of inducible resistance to both vancomycin and teicoplanin, whereas the VanB-type, can only cause variable levels of resistance to Vancomycin (7). The VanC phenotype is characterized by low resistance to Vancomycin and teicoplanin susceptibility (7). Both *Enterococcus faecalis* and *Enterococcus faecium* are adaptable pathogens involving some host-specific lineages (8). Strains from human adapted clonal complexes (CCs) is a well-established hospital pathogen associated with outbreaks and characterized by resistance to various antibiotics, such as quinolones and ampicillin (ARE) (8). Also, it is associated with the presence of a putative pathogenicity island markers, comprising the enterococcal surface protein encoding gene (*esp*) and hyaluronidase gene (*hly*), and the IS16 insertion element *esp* gene. Without prior knowledge of Van-genotype, an expensive drug is prescribed for treatment in hospitals. Therefore, determining the Van genotype and the rate of distribution in order to appropriately prescribe a treatment for the patients is essential. In addition, data of the virulence determinants, including hyaluronidase (*hly*), gelatinase (*gelE*),

aggregation substance (*asa1*), and enterococcal surface protein (ESP) in the *Enterococcus* strains, in *Ent. faecium* is still limited (9). Therefore, the objective of the study was to evaluate the presence of Van-type and virulence determinants in clinical isolates of *Ent. faecium* in Shariati Hospital.

Materials and Methods

Strain collection

The clinical and epidemiological features of the eighty Enterococcal-infected patients were documented. This cross-sectional study was performed on 80 *Ent. faecium* isolates that were collected from patient samples urine (36), blood (18) and BAL10, wound (7), sputum (6), tissue (2), and abscess (1) in Shariati Hospital on 1 February 2016. All the patients in different parts of the hospital departments were sampled, including patients in the general intensive care unit (ICU), Bone Marrow unit, Hematopoietic Stem Cell Transplantation (HSCT), Nephrology unit, Outpatient, Digestive unit, Neonatal Intensive Care Unit (NICU), Rheumatology unit,

Lung unit, Women Emergency, Glands unit, Urology unit, and the Oral and Maxillofacial Surgery unit (Table1). The isolates were confirmed and distinguished as *Enterococcus* spp by using routine microbiological methods; then, the PCR amplification of the D-alanine-D-alanine ligases determinants specific to *E. faecium* and *E. faecalis* were used to confirm the phenotypic characters (10).

Antibiotic susceptibility testing

AST (Antimicrobial susceptibility testing) was performed by the modified Kirby Bauer disc diffusion method based on the CLSI guidelines against conventional antibiotics to determine the minimum inhibitory concentration (MIC). Determination of MIC of teicoplanin and Vancomycin (Sigma Aldrich, Germany) for the *E. faecium* isolates was performed using the E test (bioMerieux) method according to the CLSI guidelines (11). The results of MIC were interpreted according to CLSI guidelines (11).

Table 1: PCR primers and products for the detection of virulence genes

Genes		Primer sequences (5'3')		Product size (bp)	
Genotypic Detection of Enterococcus	<i>ddl E. faecalis</i>	F=5'- ATCAAGTACAGTTAGTCTTTATTAG-3'	F=5'- ACGATTCAAAGCTAACTGAATCAGT-3'	941	(2)
	<i>ddl E. faecium</i>	F=5' TTGAGGCAGACCAGATTGACG -3'	F=5'- TATGACAGCGACTCCGATTCC-3'	658	
Virulence genes	Aggregation substance	<i>asa1</i>	F:5'- GCACGCTATTACGAACATATGA -3' R: 5- TAAGAAAGAACATCACCACGA -3'	375	(2,10)
	Gelatinase	<i>gelE</i>	F= 5'- TATGACAATGCTTTTTGGGAT -3' R=5'- AGATGCACCCGAATAATATA -3'	688	
	Enterococcal surface protein	<i>esp</i>	F= 5'- AGATTTTCATCTTTGATTCTTGG -3' R=5'- AATTGATTCTTTAGCATCTGG -3'	510	
	Hyaluronidase	<i>hyl</i>	F=5'- ACAGAAGAGCTGCAGGAAATG -3' R=5'- GACTGACGTCCAAGTTTCCAA -3'	276	

DNA Extraction and PCR

Total DNA extraction was performed by the QIAamp DNA mini kits (QIAGEN, Germany). Extracting DNA from the fresh cultures was performed based on following the manufacturer's instructions. PCR assay was used for the detection of the Van A, Van C, and Van B genes in the VRE strains described by Kariyama et al. VanA amplification was performed with the primers VanA Forward: 5'- AATACTGTTTGGGGTGTGTC-3' and VanA Reverse: 5'- CTTTTCCGGCTCGACTTCCT- 3' to yield a 734-bp fragment, while the van was amplified with the primers VanB Forward: 5'- CATCGTCCCGAATTCAAAA- 3' and van R 5'- GATGCGGAAGATACCGTGGCT- 3' to yield a 295-bp fragment, and Van C2/C3 F- 5' CGCAGGGACGGTGATTTT- 3' and C2/C3 Reverse: 5'- CGGGGAAGATGGCAGTAT- 3' to yield a 484-bp fragment. The presence of *gelE*, *ESP*, and *asa1* genes specific for virulence determinants were confirmed by the PCR assay method as described by Vankerckhoven (2001)(12). Then, the PCR method with appropriate primers and cycling conditions was performed. The sequences of primers and annealing temperatures used in our study are presented in Table I.

Statistical Analysis

All the statistical analyses were done by the SPSS (version 18) software, SPSS Inc.

Enterococci Isolates

In this cross-sectional study, a total of 120 *Ent. faecium* isolates were collected from 13,100 samples over a period of one year from different clinical specimens by using biochemical methods. The rate of the infection was estimated

to be 9.2%. Overall, 80 VRE *Ent. faecium* strains were confirmed by the PCR method. Of the 80 VRE isolates, the maximum number of isolates were from urine specimens 25 (45%), blood samples (22. 5%), and other samples with low numbers, including BAL, wound, sputum, tissue, and abscess (Fig. 1). Twenty-seven (33/7%) VRE isolates were associated with the age group of people under 50 years old. Therefore, in the present study, the presence of VRE *Ent. faecium* isolates in patients of 50 years or older shower significantly higher prevalence ($p < 0.05$). The rate of the prevalence of VRE isolates was equal across sexes (40 strains were related to males and 40 were related to females).

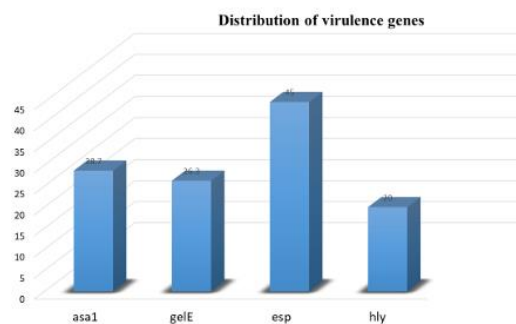


Fig. 1. Distribution of virulence genes among VRE *E. faecium* isolates

Antimicrobial Susceptibility Testing

VRE *Ent. faecium* isolates were tested for susceptibility to six antimicrobial agents using the disk diffusion method. The isolates revealed resistance to ampicillin (87%), gentamicin 56 (83/5%), linezolid 18 (22/5% intermediate), penicillin 78 (97/5%), Vancomycin (100%), and nitrofurantoin 4/34 (11/8%). Among the 80 VRE *Ent. faecium* isolates, 76 isolates showed high level resistance to (MICs to vancomycin $32 > \mu\text{g/ml}$) carried a VanA phenotype while 4 isolates revealed that MIC Vancomycin (4-512 $\mu\text{g/ml}$) harbored VanB phenotype. None of the VRE isolates carried the VanB and the VanA phenotypes. Nitrofurantoin was used only for 34 urine isolates and 11/8% of all the urine isolates showed in vitro resistance to it. None of the Enterococcus isolates had high-level resistance to linezolid, but 22/5% intermediate resistance was observed in a number of isolates. The susceptibility

patterns of *Ent. faecium* to antibiotics have been presented in Table 2.

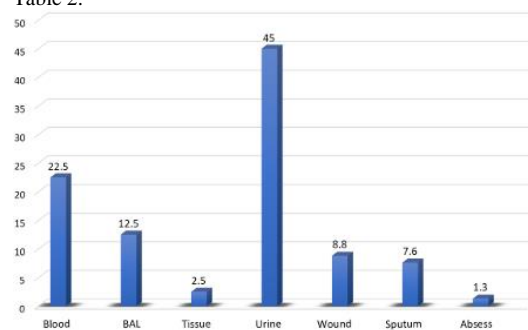


Fig. 2. Comparative frequency of VRE *E. faecium* isolates among different sources.

Table 2: The susceptibility patterns of *E. faecium* to antibiotics

MDR pattern	Nit	P	GM/20	AM	LZD	V	Department	Age	Sex	Specimen	Strain	Reception code
VRE	-	R	R	R	S	R	ICU nerves	23	F	Blood	Ent.Faecium	492704
VRE	-	R	R	S	S	R	CCU Heart	77	M	BAL	Ent.Faecium	2195
VRE	-	R	R	R	S	R	CCU Heart	81	M	BAL	Ent.Faecium	9675
VRE	-	R	R	S	S	R	CCU Heart	50	M	BAL	Ent.Faecium	8202
VRE	-	R	R	R	S	R	ICU Heart	49	F	Blood	Ent.Faecium	9938
VRE	-	R	R	R	S	R	General Internal	77	M	Blood	Ent.Faecium	8158
VRE	-	R	R	R	S	R	Glands (medical 2)	97	M	Tissue	Ent.Faecium	14089
VRE	-	R	R	R	S	R	Surgery room	55	M	Tissue	Ent.Faecium	13782
VRE	S	R	R	R	S	R	Emergency Clinic	81	M	Urine	Ent.Faecium	17716
VRE	-	R	S	R	S	R	POST HSCT	22	M	BAL	Ent.Faecium	24617
VRE	-	R	R	R	S	R	Glands (medical 2)	47	M	Wound	Ent.Faecium	24634
VRE	-	R	R	R	S	R	Internal ICU	55	M	Sputum	Ent.Faecium	41340
VRE	-	R	R	R	S	R	Rheumatology (medical 1)	81	F	Urine	Ent.Faecium	42295
VRE	-	R	R	S	S	R	CCU Heart	77	M	Sputum	Ent.Faecium	9672
VRE	-	R	R	R	S	R	POST HSCT	18	M	BAL	Ent.Faecium	52049
VRE	S	R	R	R	I	R	ICU	67	M	Urine	Ent.Faecium	158651
VRE	-	R	S	R	I	R	Oral and Maxillofacial Surgery	57	M	Wound	Ent.Faecium	157155
VRE	S	R	R	R	S	R	Urology	54	M	Urine	Ent.Faecium	145513
VRE	S	R	R	R	S	R	ICU nerves	72	M	Urine	Ent.Faecium	159316
VRE	S	R	R	R	S	R	Neurology	31	F	Urine	Ent.Faecium	66085
VRE	S	R	R	R	S	R	Rheumatology	29	F	Urine	Ent.Faecium	59106
VRE	-	R	R	R	S	R	ICU	64	F	BAL	Ent.Faecium	72455
VRE	-	R	R	R	S	R	Glands medical 2))	36	M	Abscess	Ent.Faecium	22898
VRE	S	R	S	R	S	R	ICU General	19	M	Urine	Ent.Faecium	35937
VRE	S	R	R	R	S	R	Lung	82	M	Urine	Ent.Faecium	35752
VRE	-	R	R	R	S	R	ICU	67	F	Blood	Ent.Faecium	57964
VRE	S	R	S	R	S	R	Neurology	84	M	Urine	Ent.Faecium	56970
VRE	-	R	R	R	I	R	ICU	82	F	Blood	Ent.Faecium	115416
VRE	-	R	R	R	S	R	Urology	53	M	Blood	Ent.Faecium	85528
VRE	-	R	R	R	I	R	BMT3	5	M	Blood	Ent.Faecium	154481
VRE	S	R	R	R	S	R	Rheumatology (medical 1)	29	F	Urine	Ent.Faecium	172201
VRE	S	R	R	R	S	R	POST HSCT	33	F	Urine	Ent.Faecium	155971
VRE	-	R	R	R	S	R	Neurology surgery	65	F	Urine	Ent.Faecium	173014
VRE	S	R	S	R	S		ICU (Heart)	78	M	Urine	Ent.Faecium	163852
VRE	S	R	R	R	I	R	Neurology	57	M	Urine	Ent.Faecium	156823
VRE	-	R	S	S	S	R	ICU	21	M	Wound	Ent.Faecium	87302
VRE	-	R	R	R	I	R	Emergency Women	37	F	Urine	Ent.Faecium	173414
VRE	S	R	S	R	S	R	ICU (Internal)	29	F	Urine	Ent.Faecium	164022
VRE	-	R	R	R	S	R	ICU (Internal)	84	M	Blood	Ent.Faecium	266513
VRE	-	R	R	R	S	R	Neurology	85	M	Sputum	Ent.Faecium	244545
VRE	S	R	R	R	S	R	Lung	58	F	Urine	Ent.Faecium	273767
VRE	-	R	R	R	I	R	ICU (General)	31	F	Wound	Ent.Faecium	273596
VRE	-	R	R	S	S	R	Neurology	20	F	Blood	Ent.Faecium	249612
VRE	S	R	R	R	I	R	ICU (General)	78	M	Urine	Ent.Faecium	449632
VRE	-	R	R	R	S	R	ICU (General)	82	M	BAL	Ent.Faecium	268143

VRE	-	R	R	R	I	R	General Internal	76	F	Blood	Ent.Faecium	248301
VRE	R	R	R	R	S	R	ICU	51	F	Wound	Ent.Faecium	266397
VRE	-	R	S	R	S	R	ICU (General)	50	M	BAL	Ent.Faecium	244608
VRE	-	R	R	S	I	R	General Internal	61	F	Wound	Ent.Faecium	262197
VRE	-	R	R	R	S	R	ICU	60	M	Urine	Ent.Faecium	244042
VRE	-	R	S	R	S	R	ICU	73	M	Blood	Ent.Faecium	262177
VRE	S	R	R	S	S		Nephrology	77	F	Urine	Ent.Faecalis	252925
VRE	S	R	S	R	S	R	Blood	25	F	Urine	Ent.Faecalis	55966
VRE	S	R	R	R	S	R	ICU nerves	66	F	Urine	Ent.Faecium	128910
VRE		R	S	S	S	R	Lung	36	M	BAL	Ent.Faecalis	123966
VRE	S	R	R	S	S	R	Rheumatology (medical 1)	32	F	Urine	Ent.Faecium	138762
VRE	S	R	R	R	I	R	ICU	67	F	Urine	Ent.Faecium	124097
VRE	S	R	S	R	I	R	Lung	78	F	Urine	Ent.Faecium	389700
VRE	-	S	R	S	S	R	ICU	67	F	Sputum	Ent.Faecalis	124339
VRE	-	R	S	R	I	R	Internal ICU	69	F	Blood	Ent.Faecium	7078
VRE	-	R	R	R	S	R	Digestive (medical 2)	54	F	Blood	Ent.Faecium	53783
VRE	-	S	R	S	S	R	Nephrology	69	F	Sputum	Ent.Faecium	48138
VRE	-	R	R	R	I	R	Blood	35	F	Blood	Ent.Faecium	110840
VRE	S	R	S	R	S	R	ICU (General)	53	F	Urine	Ent.Faecium	128391
VRE	-	R	R	R	S	R	Rheumatology	60	M	BAL	Ent.Faecium	23182
VRE	-	R	R	R	S	R	Internal ICU	39	M	Blood	Ent.Faecium	95966
VRE	R	R	S	R	S	R	Digestive (medical 2)	90	F	Urine	Ent.Faecium	17472
VRE	S	R	R	R	S	R	NICU	55 days	F	Urine	Ent.Faecium	11346
VRE	-	R	S	R	S	R	Nephrology	75	F	Sputum	Ent.Faecium	12684
VRE	S	R	R	R	S	R	OP	51	M	Urine	Ent.Faecium	61017
VRE	R	R	R	R	I	R	Blood	41	M	Urine	Ent.Faecium	391089
VRE	R	R	R	R	I	R	Internal ICU	70	F	Urine	Ent.Faecium	428749
VRE	S	R	R	R	I	R	Nephrology	77	M	urine	Ent.Faecium	25766
VRE	-	R	R	R	S	R	General Internal	80	F	Blood	Ent.Faecium	398475
VRE	S	R	R	R	I	R	Nephrology	62	F	Urine	Ent.Faecium	42043
VRE	-	R	R	R	S	R	ICU (General)	56	F	Blood	Ent.Faecium	6062
VRE	-	R	R	R	S	R	ICU (General)	54	M	Wound	Ent.Faecium	103787
VRE	-	R	R	R	S	R	POST HSCT	11	M	Blood	Ent.Faecium	109402
VRE	S	R	R	R	S	R	Neurology	48	F	Urine	Ent.Faecium	74756
VRE	S	R	GM/20	R	S	R	BMT3	8 months	F	Urine	Ent.Faecium	95185

Prevalence of Virulence Genes in *E. faecium*

In 80 of the VRE isolates, *asa1*, *gelE*, and *ESP* genes were identified in 14(17/5%), 26/3 (21/80%), and 45 (36/80%), respectively. Moreover, in *Ent. faecium* strains, the *ESP* gene was the most prevalent factor and the *asa1* gene has a low number, followed by the *hyl* gene. *E. faecium* carried *ESP* at a significantly higher frequency presented in the VRE strains ($p < 0.001$). The prevalence of the *hyl* determinants in the *E. faecium* was 16 (20%) ($P < 0.001$). The presence of the *asa1* gene was also significant in the VRE strains ($p < 0.001$) as they were more commonly found in the VRE strains.

Results of Statistical Analysis

All the analyses were performed with the SPSS software (version 18.0) (USA). A chi-squared test was performed and $P < 0.05$ was considered statistically significant.

Discussion

Vancomycin-resistant Enterococci were introduced since 1986. These microorganisms were first detected in the hospital in London (12). The urinary tract is the most common site of Enterococcal infections. Enterococci can, however, cause serious infections such as gallbladder inflammation, bile duct inflammation, peritonitis, septicemia, endocarditis, and meningitis (13, 14). Enterococci in the incidence of the nosocomial infection in the past two decades have gained the third place, followed by *Escherichia coli* and *Staphylococcus aureus* (14). Enterococci are responsible for 10% of hospital-acquired infections in the USA (14). In urinary tract infections, Enterococci are constantly the second or the third most prevalent pathogens, bacteremia infections, wounds, and infections in hospitals (14). This pathogen accounted for

approximately 16% of nosocomial urinary tract infections (14).

In this study of 150 Enterococcus strains, 120 (80%) were identified as *Ent. faecium* isolates. To disagree with our study, *Enterococcal faecalis* is the most common isolate of Enterococci in most of the studies inside and outside the country in the clinical samples (15-17). Studies by Ajay et al. and Sreeja et al. in India, in 2012, showed that the prevalence of the *Enterococcus faecalis* strains were 55.5% and 76%, respectively (17). In other works by Fisher and Phillips in 2009 (18) and Ukropina-Mihajlovic in 2012 (19) reported that the situation of *Enterococcus faecalis* were high (3). In recent years, an increase in the rate of *Enterococcus faecium* compared to *Ent. faecium* is observed. In our study, the frequency of Vancomycin-resistance Enterococci was 53/3% (80/150). Dissimilar to our study, Deshpande et al. showed the prevalence of Vancomycin-resistance as 19.6% (4, 20-22). In disagreement with our study, Bhatt et al. (23) and all the other studies from India have stated a prevalence of approximately 10%.

Exposed to different antibiotics, including Vancomycin, cephalosporin, augmenting Vancomycin's selective pressure can be one of the main reasons for a high prevalence of Vancomycin-resistance among Enterococci (24). In a study, Bhatt et al. reported that only 13 isolates showed a high-level of resistance to Vancomycin in which one gene was extant in these 13 isolates (24). Among the VRE strains, the VanA phenotype is the most common genotype, particularly in isolates with a high-level resistance to both Vancomycin and teicoplanin. Similar to our study, Prahara et al. presented that

the VanA phenotype was detected in a high number of all the VRE isolates (87.5%) (24). According to the typing results of the genotypes, among the VRE strains found in Shariati Hospital in Tehran, genotype VanB was the second most common genotype. In agreement with our results, Nasaj et al. showed that two VRE isolates (3.3%) carried the VanB gene (10). Therefore, in Tehran hospitals, conventional antibiotics cannot be considered as suitable treatments for Vancomycin-resistant strains. However, there was no resistance to a new antibiotic, such as linezolid, which could be an appropriate therapeutic choice. New antibiotics such as linezolid, tigecycline, and daptomycin can be used as alternatives for the treatment of Enterococcal infections with multiple-drug resistance.

It should be pointed out that among the various antimicrobials available and assessed for the treatment of serious infections with Vancomycin-resistant enterococci, linezolid is very effective in our hospitals. In agreeing with our study, in recent years, increasing high-level resistance to aminoglycosides, penicillin, and ampicillin has been particularly revealed in Vancomycin-resistant *Ent. faecium* isolates (9, 25). With respect to the results in our hospital, linezolid was prescribed as a first-choice in patients infected by VRE Enterococci while we faced with increases in the prevalence of intermediate linezolid resistance. Recently, outbreaks related to the VRE *Ent. faecium* infection in patients without prior exposure to linezolid have been described by Rahim et al. (26). In addition, the prevalence of multiple clones of linezolid-resistant E.f from the other parts of the world have been reported (27). In this situation in our hospitals, the evaluation all the VRE isolates for susceptibility, following on to appropriate infection-control measures, and to emphasize the significance of using linezolid with caution is necessary.

The ESP determinants contribute to the biofilm formation and the interface with primary surfaces (4, 28). In disagreement with our study, Vankerckhoven et al. (12) described that the *gelE* and *asa1* genes in the European *E. faecium* isolates were not identified. This results are approximately agreed on in the reports that are mentioned in the presence of one or more of these genes by other researchers (12, 29, 30). Consenting to our study, Comerlato et al. (in Brazil) indicated that *asa1*, *gelE*, and ESP genes were detected in 38%, 60%, and 76%, respectively, with all the isolates, respectively (2). This difference can only be due to the isolates of *Ent. faecium* that have been studied in our study; in other research, however, the prevalence of both Enterococcal groups had been investigated. The ESP determinants contribute the primary attachment and the biofilm formation in the bacteria to the urinary tract and polyvinyl chloride plastic (28). Our findings appear to be well-supported by Arshadi et al. (31), who showed a high number of ESP-positive *Ent. faecium* compared with *asa1* and *gelE* genes with low frequencies. The high prevalence of the ESP gene in *Ent. faecium* indicated the important role of the gene in the virulence process (32).

The virulence gene ESP is related to hospital outbreaks throughout the world and a significant feature of clonal-complex 17 (CC17) (33). In the present study, the pattern of antimicrobial resistance in the Enterococcus strains was not related to the presence or the absence of virulence genes ($P < 0.05$). *Hyl* (hyaluronidase), encoded by chromosomal DNA, has been associated with significant tissue damage by degradative enzyme activity (18, 34). We detect the *hyl* gene among 16 (20%) of the VRE *Ent. faecium* isolates. The *hyl* gene was identified in 16 (20%) of the 80 *Ent. faecium* isolates collected in Shariati Hospital, while our finding is in contrast to the work of Rice et al. (3%) (35). Moreover, in contrast to our study prevalence of the *hyl* gene in VRE *Ent. faecium* isolates, it was more widespread among the United Kingdom isolates (71%) (36).

Conclusion

This study illustrates the *Ent. faecium* isolates had a high level frequency in our hospital. Furthermore, in the Shariati hospital, we were faced with high rate of VRE isolates in *Ent. faecium*, with VanA-positive *Ent. faecium* isolates. With increasing resistance of the VRE strains to linezolid, we will encounter serious challenges in treating VRE patients in the future. In addition, an interesting finding from the present study was the higher spreading rates of ESP and *hly* among *Ent. faecium* spp. In such cases, the use of policy and regular efficient surveillance in order to control of VRE *Ent. faecium* strain in our hospitals is important during emergencies.

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