



ANTAGONIST'S DOUBLE PERSONALITY IN SHARON SALA'S NOVEL *COLD HEART*

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Abstract

Double personality usually occurs in someone who has experienced trauma in past. Double personality should not happen in someone's life. The traumatic event can impact their life. This study is conducted to analyze double personality reflected in the novel *Cold Heart* and to find out the causes of the antagonist's double personality. This research uses descriptive qualitative method because the process of the result and discussion are accomplished descriptively. The descriptive qualitative methodology is applied to explain the antagonist's double personality from the text in the novel. The result of this research shows that the antagonist's in the novel has two different personalities. They are being obsessed with women and being kind to women. These personalities are really opposite. Then, there are two causes which result in the antagonist's double personality. The first is his brother's death and the second is being a cause of a murderer. Both events make the antagonist feel traumatic. Consequently, he has such double personality.

Keywords: Antagonist, double personality, personality, traumatic

1. Introduction

Literary works are the imagination of someone poured in the language. Through literature, an author is able to express his imagination with feeling so that it becomes a meaningful story. Literary work also describes something that has been felt and experienced by the author. Therefore, it is not uncommon for a literary work to be born based on the experience felt by the author. Thus, literary works reflect the reality of human life (Nurgiyantoro, 2009: 2-3).

Sharon Sala is a long-time member of RWA, as well as a member of OKRWA. She has over 121 books and novellas in print, published in six different genres – Romance, Young Adult, Western, Fiction, and Women's Fiction and Non-Fiction. In 2017 Romance Writers of America presented her with the Centennial Award for recognition of her 100th published novel. This novel tells about twin boys, Reece and Louis. Reece was five minutes older, and the strongest, while Louis is in pain. When they are eight years old, Reece entered one day and told his mother that Louis was not breathing. As time went by when Reece is 13 years old, he begins to speak in two different voices, the voice is similar to Louis. His mother does not have money to take him to the doctor, so over time, they changed from two to three. Reece was obsessed with women and Louis was afraid of women. Double personalities are formed from a sense of childhood traumatic which

usually occurs at 4-6 years of age. The patient comforts himself from something that hurts by creating another personality to accommodate all his feelings.

Sharon Sala's novel *Cold Heart* is chosen in the research because it is interesting to research. Double personality is chosen to show that such personality is not good. Double personality should not happen in someone's life due to it can have devastating impact to their life. The purpose of this study is to focus on double personalities and to increase awareness to all of us that double personality is not good. The main theme of this novel lies on the antagonist's double personality. Therefore, this study concerns to the double personality and the causes why such personality happens to the antagonist.

2. Literature Review

The word personality comes from Latin language *persona* means mask used. Personality includes (a) individual characteristic totality, especially relating to another person; and (b) a group of integrated emotional tendency interests, tendency of behavior, and also split personality (Wilcox, 2006: 272). Finally, the word *persona* shows the meaning of quality from character played in novel. Now the word *personality* by experts of psychology used to show something real can be enriched about individual to describe how and what the real individual is.

Part of the differentiation of definitions are formulated by psychology expert, especially personality theorist, to have the basic similarities (Sobur, 2003: 304).

1. In general, definition of personality refers to understanding the meaning of individual differentiation. In term personality, each individual has uniqueness through study of personality, it is hoped that characteristics that different from other individual become clear or easily to understand. In short, theorist of personality consider personality as something unique or special in each person.
2. In common, definition of personality shows personality as structure of hypothesis organization, and behavior as something organized and integrated by personality. In other, personality considers as "organization" that becomes determiner and set of behavior.
3. In general, definition of personality appropriates the important one to see personality from *historical life* development, and perspective. Personality, according to the personality theorist, represents a subject complicity process or individual for internal and external influence concluding biology term, social experience, and environment change. In the word, motif and uniqueness of individual personality is influenced by nature.

It can be concluded that personality is a part of soul founding the existence of human to be unity and unbreakable in function. Understanding personality means understanding self or totally understanding human.

According to Jung in Kartono (2005: 9), personality is a mask for human as the whole of life and that mask is used as an entrancement of protection to protect his spiritual life, for indeed human almost never act the real. According to his pure nature or character, human will never be able to understand the meaning and the reality of his himself; how and who is the real of his own because other people usually more understand ourselves than we are. For those, the wish recognizing self-knowledge is an event that is difficult to know (abstruseness) and to struggle is to be able to understand and expanse oneself.

Double personality is disorder marked by change of individual feeling concerning identity, memory or conscious. An individual having this disorder gets difficulty in

recollecting important events of his self in the past, forgetting his identity even forming his new identity (Davison et al, 2006: 39).

The principle problem is that dissociative disorder is an individual feels loss of self-identity, confused of self-identity or even having double identities at the same time. This disorder usually rises as self-protection facing traumatic in life (Kaplan, et al, 2006:40). Dissociative identity disorder is chronic and the most serious dissociative disorder. Its existence usually relates to traumatic experience in individual life. Generally sexual torturing or physic in childhood, an individual with this disorder has two or more of different personalities. There are at least two of different egos and each of them functionally stands alone. An individual with disorder has two or more personalities. Behavior and attitude shown by individual depend on which personality is dominant at the time and different among others. Commonly, the number of personality in the individuals with this disorder is about 5 to 10 %. When diagnosis is stood, there are usually just about two or three personalities that appear. But as long the therapy goes on usually other personality is also raising (Kaplan, et al, 2006: 50).

Change or transition of one personality to other usually happens in coincidence. Usually individual experiences amnesia principally relating to what he does or what happens when a personality is dominating (unable to remind everything happened when other personality is dominant). Now than, there is a personality that does not get amnesia, and he stays having a big conscious of his existence to other personality's activities (Kaplan, et al, 2006: 50).

According to Davinson & Naele in Fausiah and Widury (2007: 51), it is not easy to decide whether someone has dissociative identity disorder or not because first checkup usually certain oddity disappears. In addition, the found problem is limited to amnesia at several events. A clinic can detect the disorder. Another of that is by requesting patient for writing daily note. A clinic can decide the disorder that happens after he has checked data in daily note that has been made.

3. Research Method

Study design involves plans and procedures for research that span the decisions from broad assumptions to detail methods of data collection and analysis (Creswell, 2009). Therefore, research design adopted in this study is descriptive qualitative because the process of the analysis is accomplished descriptively.

The function of a research design is to ensure that the evidence obtain enables us to answer the initial question as unambiguously as possible. In this research, qualitative approach is used because this study focuses on the analysis.

4. Discussion

This part discusses two matters of the analysis. The first is about what the double personalities are found from the antagonist in the novel. The second is the causes of the protagonist's double personalities. Here is the analysis.

4.1 The Antagonist's Double Personalities

There are two ways of the protagonist's characterization which indicate that the antagonist is being obsessed with women and he is being kind to women as well. The two points are discussed in the sections below.

4.1.1 Being Obsessed with Woman

One of his personalities is being obsessed with women in the novel. There are some excerpts that prove his being obsessed. It is seen from the following:

“across the dark road, the stalker Melisa, a man, named Reece Persons, crouched down an alley, wide-eyed. The little bitch is fierce, but that's the kind of woman he likes. He knows she must be amazing in bed, but she wasn't ready. Reece wanted her to be scared before he raped her, because that was Reece's style. As soon as the woman entered the house and closed the door, Reece slipped inside”. (Sala, 2015: 9).

It proves that Reece is really obsessed with women. He is obsessed with Melisa, and he really wants to be with her. He wants to rape her. He enters her house without Melisa's permission. Reece lays mouse trap in front of his house. He wants her out on the terrace, and he is glad to see her scare. Reece is very obsessed with women. Before he was fascinated with Melissa, he has attacked girls and then raped them. Then, he kills them. But this time, Reece is fascinated by Melissa and he wants to have her before he kills her. The other evidence is that Reece is obsessed when he works at school.

“Louis works in a school full of women, and he is afraid of them, while Reece is obsessed with the opposite sex and how he can hurt or frightened them, which is his way to pleasure himself, but that is what makes him passionate, and that's all that matters”. (Sala, 2015: 135).

One of the ways to please himself is by working in a school that is full of women. All he wants is to hurt and to frighten them. After he can hurt women he feels satisfied, including a woman named Melissa whom he hurts. He wants to have that woman as long as he wants; then, he kills her to eliminate the witnesses. Reece does not know why he is like that, but that is what makes his passion rise. For him, that is all that matter for self-satisfaction.

"Reece gripped the trolley and directed it to her, knowing well Melissa would not be afraid. Melissa would not run away. In Melissa's eyes, she was Louis, the man who swept the floor at work. Reece would not find a problem, and Melissa would not realize what that will happen. Reece keeps approaching, hitting him ". (Sala, 2015: 255).

The above quotation shows that Reece does not feel satisfied with stalking Melissa at her home. At the supermarket, he continues to chase the woman. He is obsessed with her very much and wants to have her. But the woman has a lover. Unfortunately, her lover makes Reece hate this situation, and he wants to kill Melissa. But, before he kills her, he wants to rape her. This makes him feel satisfied. Finally, it proves how obsessive the antagonist is to a woman.

4.1.2 Being Kind to Woman

The second of his different personalities is very kind to women in the novel. There are some parts of the novel that prove his kindness to women. One of them is verified in the following:

“Louis Persons, school clerk. He is a well-built man, in his 30s, with ponytail and so shy near women that he looks down at their feet and not their faces when talking”. (Sala, 2015: 53).

It is seen that the other side of Reece is really shy with woman. He cannot handle himself when he interacts with woman. While, he talks with woman he does not see her face and always looks down at his feet. He also gets nervous when he is near the woman. He cannot offer to take Melissa home because he is very shy and afraid of women. He should take Melissa home because the headmaster of his school tells him to do it and he is obedient. Even though, he is a shy person near women, he even bows his head when talking to women.

“Louis has gone to Melisa Sharman's house to measure the window on the back door, he could replace the broken glass and now he brings back the equipment to repair what his brother had broken. Louis fixes the window panes, adds glue and calmly tides them up, while he knew that Reece has destroyed the room like a madman”. (Sala, 2015: 211-212).

The quotation above proves that Reece exactly has double personality. In the novel, he destroys a room like a mad man but he is also someone who fixes that room. He becomes a different man in the same situation. He fixes the window panes, adds glue, and brings an equipment to replace the broken one, and pretends to be the good one. But he still feels guilty to Melissa because of Reece's other personality. The woman has to take time off from work and is forced to move on house or fear of living alone. He sees blood spurting on the walls and floor. He feels ashamed and does not dare to lift his face; moreover, the women who helps to clean Melisa's house continue to praise him because he has come to help even though he himself is injured. Even though he is shy and afraid of women, he still has compassion and helps for others.

"Louis looked around making sure Reece was invisible, then pulled a gun from the closet and slipped it into the inside pocket of his jacket.

"What are you doing?" Reece shouted.

Louis was so surprised by the appearance of Reece that he almost stumbled. "take shoes," he said, reaching for a pair of tennis shoes. he sat on the edge of the bed while wearing it.

"I need a truck key," said Reece.

" Why ?" Louis asked.

"I need it, that's the reason".

"Well, I'm already planning to use the truck. We're out of food, and I'm going to go to the supermarket.” (Sala, 2015: 249-250).

It gives evidence that his other personality wants to protect Melissa from his personal crime. He knows that if he does not help Melissa. It means he is helping a crime. He wants to help Melissa because he knows the woman well. And the woman is always kind to him, but his other personality wants her to die. Louis prevents him. He tells Melissa to run away and tells him that Reece can kill him. Then Reece pulls a gun from his pocket and shouts at Reece. A police officer is not sure about what happens. Suddenly, the man that they are chasing speaks to himself in a different voice, one loud and angry voice, and another voice scaring and full of tears. The crying man keeps holding the gun to his head and destroys his brain.

4.2 The Cause of the Antagonist's Double Personality in the Novel

The causes of double personality in this novel are his brother's death and being accused of a murderer.

4.2.1 His Brother's Death

In childhood, traumatic event is usually concluding physical mistreating or sexual torturing. Other traumatic events are death of brother or friend and showing the death in childhood. Moreover, the first cause of double personality in this novel is his brother's death as clarified in the following quotation:

“Louis is weak and sickly. When they were eight years old, Reece comes in one day and tell me that Louis was not breathing. I run out and find him lying on the ground, his face sinking in the mud”.
(Sala, 2015: 268).

It indicates that in the novel Louis is weak and sickly different from Reece. One day, Reece finds out that Louis does not breathe and it changes a whole of his life. When Reece was eight years old, Reece told him that Louis had not breathed. Since the death of his brother, he begins to change. He talks to himself and becomes pensive. Sometimes, he cries for no reason. He acts like that until he is an adult. He begins to obsess over woman, and his other personalities is afraid and shy with woman.

Since his brother's death, Reece starts to have such double personalities as explained above.

“Pinky doesn't know how he feels now, but she doesn't feel happy because she will get money. She looked up, looking for some kind of affirmation for her family. I do not know what I should feel. My son tried to kill someone and now he is dead, but there is a part of him who is struggling to be a good person. ”Pinky wiped his tears and, with Pinky's usual attitude, began to act officially. "Will I be notified when the body can be returned"? (Sala, 2015: 269).”

It is seen that pinky feels sad for losing his boy. Louis's death changes not only Reece's life but also the other family members' life. It explicates Pinky. It begins to change her attitudes toward the other. Pinky feels very sad and she does not know what to do. Since the death of his son, their life begins to change. Reece who starts talking to himself get confused to Pinky. He thinks that Reece is talking to him but he says no. Reece is talking to Louis. Pinky does not have money to take Reece to the doctor. So as time passes, they change from two people to three people.

4.2.2 Being Accused of a Murderer

The other cause of his double personality is being accused of a urderer. In the novel, there are some of points that show the reason, as seen in the following quotation:

"Her death was considered an accident but my husband did not think that way. It was said that Reece had an evil blood rush in his family. He said that he killed Louis, then he went into the garage and hung himself". (Sala, 2015: 268).

It can be seen that Reece is being accused as a murderer. Although his death is considered as an accident but his father does not think that way. The father accuses Reece as the murderer. His father accuses Reece of the evil blood that flows from his family. His father accuses Reece of killing Louis until at last his father enters the garage and hangs himself. Then, Reece suffers from a trauma that makes him feel guilty for being

accused of killing his brother. He begins to talk to himself as if he were talking to his dead brother.

“Not at first, but then, as the years passed when Reece was thirteen, one day he entered the house talking. I thought he was talking to me, but he said no, he was talking to Louis, then another voice came out of his mouth and it sounds very much like Louis's. I didn't know what to think and didn't have money to take him to the doctor, so as time went by, we changed from two people to three people. Reece is obsessed with women and Louis is afraid of women, and that's how they were for years (Sala, 2015: 268).”

Since Reece is thirteen years old, he starts to have double personality because his family is accusing him as a murderer. He begins to talk with his own self but pretends that he is talking to Louis. The sound is very similar to Louis's voice coming out of his mouth. Pinky thinks that Reece is talking to him, but he says he does not. Because of being accused as a murderer by many people, Reece becomes to have double personality.

After analyzing the antagonist's double personality in the novel *Cold Heart*, there are some findings which can be presented. There are two different personalities possessed by the antagonist. They are being obsessed with women and being kind to women. Being obsessed with women occurs when the antagonist is being an adult. He is obsessed with women and makes women scared to death before he rapes her. Being kind to women appears when Louis helps Mellisa, another woman who is hurt by his personality. Louis is shy, and looks down at the women as he talks and he helps to repair Melisa's broken glass.

The causes of the antagonist's double personality found in the novel are his brother's death, and being accused as a murder. The causes of the antagonist's personality, he first is his brother's death. When he was eight years old, Reece tells his mother that Louis does not breathe. The antagonist's brother's death makes him traumatic so that it drives him to have two different personalities. His father accuses him of killing Louis. He says that Reece has an evil blood flow in his family. He says Reece is the one who kill to Louis, then his father goes into the garage and hangs himself. This also drives the antagonist traumatic. And finally, he has two different personalities. In all, the antagonist is portrayed to have double personalities and those are caused by two traumatic factors.

5. Conclusion

Having conducting an analysis on the antagonist's double personality, there are several points that need to be concluded, as they are indicated that he implementation of double personality still happens to someone who experienced trauma in the past. Double personality will there impact their life. Double personality happens because of his brother's death and being accused of a murder in this novel. Double personality is not good in someone's life. Double personality also brings a negative impact from a child to adult.

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