Microfluidic droplet-facilitated hierarchical

assembly for dual cargo loading and synergistic

delivery

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ABSTRACT: Bottom-up hierarchical assembly has emerged as an elaborate and energy-efficient strategy for the fabrication of smart materials. Herein, we present a hierarchical assembly process, whereby linear amphiphilic block copolymers are self-assembled into micelles, which in turn are accommodated at the interface of microfluidic droplets *via* cucurbit[8]uril-mediated host-guest chemistry to form supramolecular microcapsules. The monodisperse microcapsules can be used for simultaneous carriage of both organic (Nile Red) and aqueous-soluble (fluorescein isothiocyanate-dextran) cargo. Furthermore, the well-defined compartmentalized

structure benefits from the dynamic nature of the supramolecular interaction and offers synergistic delivery of cargos with triggered release or through photo-controlled porosity. This demonstration of premeditated hierarchical assembly, where interactions from the molecular to micro-scale are designed, illustrates the power of this route towards accessing the next generation of functional materials and encapsulation strategies.

INTRODUCTION

Nature assembles diverse structures through self-assembly.¹⁻⁴ This bottom-up approach towards functional structures provides inspiration for the development of the next-generation of advanced smart materials.⁵⁻⁹ In the field of polymeric materials, the assembly of block copolymers into defined conformations can mimic the structure of the cell membrane.¹⁰⁻¹² In analogy to phospholipids, synthetic amphiphilic block copolymers possess a hydrophilic head and hydrophobic tail, allowing them to self-assemble into multi-lamellar vesicles and spherical or rod-like micelles.¹³⁻¹⁶ Not only does this assembly process allow investigation of bottom-up assembly, it has generated systems that have potential applications in the fields of material science, bioengineering, and biomedicine.¹⁷⁻²¹ However, due to the lack of target-oriented and predictable assembly protocols, few studies have considered employing block copolymer assemblies as a sub-unit in the preparation of higher order superstructures.²²⁻²⁴ Here we exploit hierarchical assembly of amphiphilic block copolymers on the molecular, sub-micro and microscale to form hollow supramolecular microcapsules capable of storage and subsequent controlled release of hydrophobic and hydrophilic incompatible cargos.

Molecular recognition offers the opportunity to guide the assembly of complex structures by controlling the connectivity of the component building blocks. In the supramolecular regime,

building blocks are linked by non-covalent interactions, such as hydrogen bonds or hydrophobic forces, to create higher ordered architectures.²⁵⁻³⁰ The reversibility of supramolecular assembly imparts dynamic properties to the resultant material, whereby a specific external stimulus can be used to engineer responsivity, recyclability, self-repairing, and even self-replication.³¹⁻³⁵

Cucurbit[8]uril (CB[8]) is a barrel-shaped macrocycle that has been extensively applied to the construction of extended supramolecular architectures, exhibiting high mechanical strength, rapid-healing, and stimuli responsiveness. Through the formation of a 1:1:1 ternary host-guest complex, CB[8] can be viewed as a molecular "handcuff", capable of linking materials with high selectivity and affinity in water ($K_{eq} \leq 10^{12} \text{ M}^{-2}$). The formation of the ternary complex is step-wise, with initial binding of an electron-deficient aromatic guest (e.g. methyl viologen) necessary for the subsequent inclusion of an electron-rich second guest (e.g. azobenzene). The utility of CB[8] as a supramolecular cross-linking agent has been illustrated in fabrication of polymeric systems where two complementary polymers are assembled *via* the host-guest interaction, providing a powerful toolbox for preparation of bespoke materials.

Droplet-based microfluidics is a versatile and powerful technology used to generate discrete microdroplets with uniform size and tunable diameter. Each droplet can be considered a microscale version of the traditional chemists' reaction flask, allowing for identical composition and rapid mixing, enabling massively-parallelized experimentation. As such, microdroplets offer superb templates to fabricate uniform micro-materials, including hydrogel beads and microcapsules. More recently, "smart" microcapsules containing functional polymers in their membrane have been fabricated from double or triple emulsion microdroplets, enabling control over cargo release *via* external stimuli. The formation of microcapsules from such nested

microdroplets requires either complicated microfluidic devices that control a multi-stage sequential emulsion or precise control over the wettability of each droplet. Furthermore, the carriage of multiple, incompatible cargos (e.g. hydrophilic / hydrophobic) within a microcapsule relies on compartmentalization between the hollow core and the outer shell, requiring delicate synchronization of the frequencies of microdroplet generation. As such, production of microcapsules with multiple cargos through droplet-based microfluidics remains a significant challenge.

We previously demonstrated a one-step approach to construct supramolecular microcapsules, 45-46, 53-54 these systems (typically) encapsulate hydrophilic cargo(s) within the microcapsule core. The aim here is to utilize this sub-micron shell as a secondary compartment; enabling synergistic loading of segregated cargos in a prescribed ratio. We have shown that small molecules can be retained within a dendritic microcapsule, 47 with the caveat that this requires specialized synthesis to prepare the hyper-branched polymers. In contrast, micelles offer ready access to well-defined nanostructures in solution with controllable morphologies, sizes, and functions. 48-49

In this work, we combine nano-scale micelle formation with CB[8]-mediated molecular-scale recognition within microfluidic droplets to demonstrate the hierarchical assembly of amphiphilic block copolymers, generating supramolecular microcapsules with uniform size and dual-cargo loading. This single emulsion microfluidic approach exploits self-assembly on the molecular, nano- and micro-scales, whereby block copolymers are assembled into micelles (~200 nm), which in turn are assembled at the interface of a microdroplet (~70 µm) where they are cross-linked *via* a supramolecular host-guest complex with CB[8], to form a microcapsule. The segregated domains of the microcapsule core and micellar shell enable simultaneous

encapsulation of both hydrophilic and hydrophobic cargos in a single structure. Furthermore, the dynamic nature of the supramolecular cross-links allows for on-demand release of cargo, either by disassembly of the capsule shell or upon a triggered increase in porosity.

RESULTS AND DISCUSSION

Synthesis of functional polymers

The starting amphiphilic diblock copolymer poly(methyl methacrylate)-block-poly(acrylic acid) containing a pendant azobenzene (P1) was synthesized via two-step reversible additionfragmentation chain transfer (RAFT) polymerization using the unmodified chain transfer agent 4-cyano-4-[(dodecylsulfanylthiocarbonyl)sulfanyl] pentanoic acid (CDTPA) (Figure 1a). CDPTA was used as it successfully mediates the polymerization of a wide variety of monomers in different solvent conditions with control of molecular weight and polydispersity (PDI). The first poly(methyl methacrylate) block 1 was synthesized in 2-butanone using standard RAFT conditions. The feed ratio of methyl methacrylate monomer to CDPTA was 50:1. Analysis by ¹H NMR spectroscopy showed the polymerization reached 83% conversion after 24 h. Tetrahydrofuran (THF) gel permeation chromatography (GPC) analysis reported the average molecular weight (M_w) of the poly(methyl methacrylate) block as 4.2 kDa (PDI = 1.1), indicating good control over the extent of polymerization. The formed poly(methyl methacrylate) polymer then underwent a second block chain extension polymerization by adding initiator, acrylic acid monomer and azobenzene acrylate monomer. The GPC showed that the M_w increased from 4.2 kDa to 16.0 kDa after chain extension. ¹H NMR analysis showed the diblock copolymer structure contained 4.5 mol% azobenzene guests in the final polymer, P1 (Figure S1, Supporting information).

Figure 1 Synthetic scheme for the preparation of (a) azobenzene-functionalized amphiphilic diblock copolymer (**P1**) and (b) viologen-functionalized hydrophilic copolymer (**P2**).

To synthesize a methyl viologen (MV) multivalent side-chain functional polymer, one-step conventional free radical polymerisation was used to prepare water soluble poly(N-vinylpyrrolidone)-co-poly(hydroxyethyl methacrylate)-co-poly(MV-styrene) (**P2**, Figure 1b). A styrenic monomer bearing a MV moiety was synthesized from 4-vinylbenzylchloride and methyl bipyridinium iodide salt in high yield (85%). Water soluble monomer N-vinylpyrrolidone and hydroxyethyl methacrylate were used to copolymerize with styrenics to form the copolymer, **P2**. Aqueous GPC and ¹H NMR demonstrated that **P2** had M_w of 27 kDa (PDI = 1.4) and contained approximately of 8.3 mol% of MV guest. (Figure S2, Supporting information).

Microfluidic droplets facilitated hierarchical assembly

The hierarchical assembly process, whereby linear amphiphilic block copolymers are self-assembled into micelles, which in turn are assembled at the interface of monodisperse microfluidic droplets to form supramolecular microcapsules, is illustrated in Figure 2. The first stage of assembly occurs through the micellization of amphiphilic diblock copolymer **P1** (Figure 2a). In aqueous media, **P1** directs the hydrophilic poly(acrylic acid) head into the solvent, while shielding the hydrophobic poly(methyl methacrylate) tail to form micelles. As a result, the hydrophobic dye, Nile Red, is encased within the hydrophobic core of **P1** micelles, enabling it to be dispersed in water (Figure S3, Supporting information). The peak of the emission spectrum of Nile Red shifted from 592 nm to 620 nm when the Nile Red was transferred from tetrahydrofuran to water in micelles (Figure S4, Supporting information). [64-65] More importantly, the outer face of the micelle can be selectively functionalized. Here, the presence of pendant azobenzene groups within the hydrophilic head of the micelles facilitates supramolecular assembly *via* CB[8] (Figure 2b), allowing them to be employed as sub-units in the construction of higher level structures.

The second stage of hierarchical assembly occurs from CB[8]-mediated host-guest interaction, whereby **P1** micelles are assembled at the interface of microfluidic droplets *via* an electrostatic interaction with a charged-surfactant.⁵³ As shown in Figure 2a, an aqueous flow containing **P2** and CB[8] was co-injected with a second flow containing Nile Red-loaded **P1** micelles into a microfluidic flow-focusing device. After injection, the two fluids met as a laminar co-flow, before arrival at the flow-focusing junction where it was segmented into microdroplets by a perpendicular flow of perfluorinated oil. After generation, the spherical microdroplets

passed through a winding channel to encourage thorough mixing of the three components, before collection for further study.

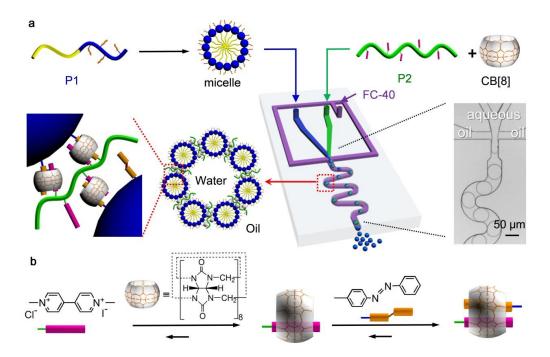


Figure 2 (a) Microdroplet-templated hierarchical assembly of supramolecular microcapsules from amphiphilic blocks copolymers. (b) Step-wise formation of the three-component host-guest complex with CB[8] in water.

Aqueous microdroplets containing Nile Red-loaded **P1** micelles, **P2**, and CB[8] were generated at a combined aqueous flow rate of 100 μ L/h, with the continuous oil phase (Fluorinert FC-40, 3 wt% fluorous surfactant 'XL-01-171' and 1.5 wt% charged-surfactant 'amine-Krytox') injected at 200 μ L/h. The equimolar concentration of MV : azobenzene : CB[8] within the mixed microdroplet was 15 μ M, allowing for formation of the 1:1:1 heteroternary complex. As shown in Figure 3a, at this flow rate the microdroplets exhibit a low level of polydispersity, with a mean diameter of 67 μ m and coefficient of variation of 0.6 % (Figure 3b). Fluorescence microscopy was used to track the assembly within the microdroplets; as shown in Figure 3c, fluorescence

from Nile Red is localized at the water/oil interface, illustrating the formation of the supramolecular microcapsule. On evaporation of the aqueous microdroplet at room temperature, the interfacial assembly of **P1** micelles is locked by **P2**, *via* supramolecular CB[8] cross-links, to give hollow microcapsule shells.

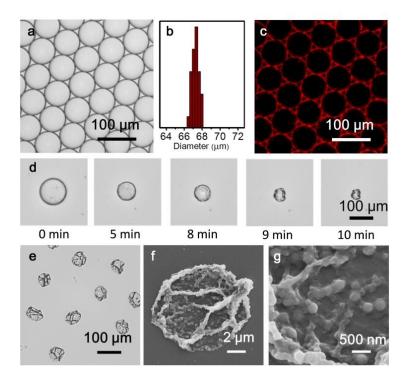


Figure 3 (a) Optical micrograph of aqueous microdroplets containing CB[8], P2 and Nile red-loaded **P1** micelles. (b) Normalized distribution of microdroplet diameter, exhibiting a narrow size distribution (coefficient of variation 0.6%). (c) Fluorescence image of microdroplets, illustrating the assembly of Nile red-loaded **P1** micelles at the droplet interface. (d) Optical micrographs of evaporative microcapsule formation, exemplifying the collapsing structure. (e) Optical micrograph and (f-g) scanning electron microscope (SEM) images of dry microcapsules, illustrating the micelles embedded within the skin.

In contrast to solid microspheres, the prepared microcapsules comprise an empty core and a supramolecular composite shell. As a result, evaporation of the aqueous microdroplet led to a steady decrease in diameter until cross-linking density at the interface was sufficient for an elastic shell to form. After this point, further evaporation resulted in collapse and distortion of this flexible shell, until eventual collapse onto the glass substrate (Figure 3d). As shown in Figure 3e, isolated stable microcapsules with uniform size remain after dehydration of the microdroplets. To assess the sub-structure of the microcapsule shell, the surface morphology was studied by scanning electron microscopy (SEM). Figure 3f reveals that microcapsules collapse upon drying due to a lack of internal support, with folds and creases clearly visible on the surface. The enlarged image (Figure 3g) further shows that the micro-capsule skin consists of a composite network of micelles embedded within a matrix of P2.

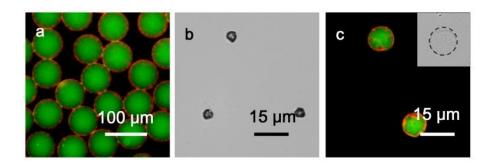


Figure 4 (a) Fluorescent image of monodisperse microcapsules containing both water-soluble FITC-dextran cargo (500 kDa, green) and the hydrophobic dye, Nile Red. (b) Optical micrograph of dry microcapsules and (c) fluorescent micrograph of microcapsules after rehydration.

The hierarchical microcapsule structure allows for both hydrophilic and hydrophobic cargos to be loaded simultaneously. To illustrate this concept, microcapsules were prepared that encapsulated both the water-soluble cargo, fluorescein isothiocyanate-dextran (FITC-dextran, 500 kDa) and the organic-soluble dye, Nile Red. As illustrated in Figure 4a, FITC-dextran (green

fluorescence) was loaded within the aqueous flow and correspondingly is located within the core of the microcapsule, whereas Nile Red is trapped within the micelles that comprise the microcapsule shell (red fluorescence). The cargo-loaded microcapsules were collected and air dried, forming stable dehydrated structures that can be stored and rehydrated (Figure 4b, c). When loaded with cargo, osmotic pressure results in a near-doubling of the dry microcapsule diameter during rehydration, however, the supramolecular cross-link is still sufficient to retain both encapsulated cargos without leakage (Figure 4c). Furthermore, the microcapsules were shown to survive five cycles of dehydration/rehydration, with the integrity of the microcapsule skin evidenced by the retention of the encapsulated cargo (Figure S5, support information).

The efficacy of the supramolecular microcapsules for the storage and release of cargo was investigated using a family of FITC-dextran as molecular probes. After rehydration for 30 min, 500 kDa FITC-dextran was fully retained by the microcapsule, whereas 250 kDa FITC-dextran displayed weak permeability and 70 kDa was able to diffuse freely into the external environment (Figure S6, supporting information). 500 kDa FITC-dextran has a Stoke's radius of around 14.7 nm, 66 given that it is not able to readily diffuse out of the microcapsules this data suggests an upper limit for the micropore size of the capsule membrane.

Disassembly and controlled release of cargo

The non-covalent nature of supramolecular interactions offers an opportunity to disassemble the microcapsule shell in a controlled manner, and correspondingly release encapsulated cargo. The introduction of a competitive guest for CB[8], such as 1-adamantylamine (ADA), is one such approach (Figure 5a). Cargo-loaded microcapsules were prepared as above, but instead rehydrated in an aqueous solution of ADA (1 mM). As shown in Figure 5b and 5c, immediate

disassembly of the microcapsules was observed, with triggered dispersal of both hydrophilic FITC-dextran and hydrophobic Nile Red cargo (within micelles) into the bulk media. The released cargo was also examined by fluorescence spectroscopy (Figure S7, supporting information), which shows two fluorescence emission peaks of 520 nm (released FITC-dextran cargo) and 617 nm (released Nile Red cargo) upon ADA triggering.

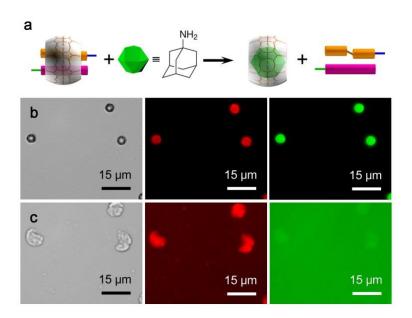


Figure 5 (a) Schematic of the disassembly of the ternary complex between MV, azobenzene, and CB[8], in the presence of competitive guest, 1-adamantylamine (ADA). Optical and fluorescent micrographs of dual cargo-loaded (Nile Red and 500 kDa FITC-dextran) microcapsules; (b) before and (c) after hydration for 3 min in an aqueous solution of 1-adamantylamine (1 mM).

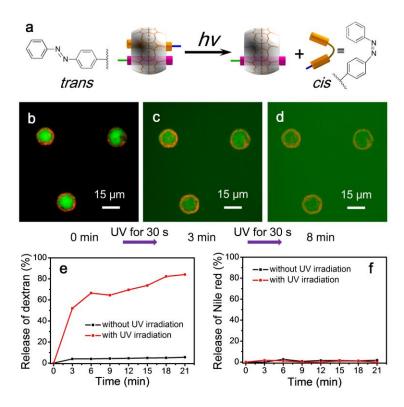


Figure 6 (a) Schematic of the photochemical disassembly of the ternary complex between MV, azobenzene, and CB[8]. (b-d) Fluorescent micrographs of the triggered release of 500 kDa FITC-dextran cargo from hydrated microcapsules, upon exposure to ultraviolet light. (e-f) Release profiles of (e) FITC-dextran and (f) Nile Red from microcapsules as a function of the rehydration time.

Photochemistry offers a route to control the extent of supramolecular cross-linking. The azobenzene moiety can undergo a reversible *trans*-to-*cis* photoisomerization under exposure to UV light (Figure 6a). This leads to dissociation of the 1:1:1 heteroternary complex to give a MVCB[8] binary complex and free *cis*-azobenzene. Photoisomerization of the azobenzene does not lead to quantitative disassembly, with the photostationary state reported to be up to 80% *cis*- in the presence of CB[8].⁶⁷ To investigate the suitability of photochemical stimulation for controlled, sustained release of cargo, microcapsules loaded with FITC-dextran (500 kDa) were

hydrated in water and then exposed to ultraviolet light (30 s, λ_{max} = 377 nm). As shown in Figures 6b-d the photo-induced reduction in cross-linking allowed the microcapsule to enlarge, resulting in release of the previously retained FITC-dextran cargo. A control experiment in the absence of UV light did not show any release of FITC-dextran cargo (Figure S8, supporting information).

The release of both cargoes was quantified using a fluorescence spectrometer, given that there was no significant photobleaching of either FITC-dextran or Nile Red under 3.5 min UV irradiation from a LZC-ORG photo-reactor ($\lambda_{max} = 377$ nm, Figure S9, Supporting Information). As shown in Figure 6e, exposure to UV for 3 min led to an increase in the porosity of the microcapsule that gave rise to the release of FITC-dextran cargo. An amount of 52% was released after 3 min irradiation, increasing to 84% after a further 18 min in the dark. A control experiment showed that in the absence of any UV exposure, only 6% of FITC-dextran cargo was released over this time-scale. In contrast to FITC-dextran, a negligible release of Nile Red in micelles was observed after 21 min rehydration, either with or without exposure of the microcapsules to UV light (Figure 6f, Figure S10 in Supporting Information). This differs dramatically from ADA-triggered release, where both cargoes were rapidly dispersed into the surrounding media (Figure 5). Such differing release profiles is attributed to incomplete photo isomerisation of the azobenzene units to the cis-isomer upon exposure to UV light, resulting in a reduction in the number of cross-links within the polymer shell, but not complete disassembly as seen with ADA. This has the effect of increasing the porosity of the capsule shell and thus enables release of cargo from the core, but does not break apart the capsule resulting in retention of cargo in the shell. The ability to tune the porosity of the microcapsule without disassembling the shell allows for the exclusive or step-wise release of only the macromolecular cargo, with the hydrophobic small molecule cargo Nile Red fully retained (Figure 6f, Figure S10 in Supporting Information). This phenomenon could be employed in the future to construct a biphasic microreactor, whereby hydrophobic catalysts are immobilized in the shell of the microcapsule, with flow in and out of hydrophilic reagents and products, respectively, controlled remotely by photochemical triggers.

CONCLUSIONS

In summary, by combining nano-scale micellization with CB[8]-mediated molecular-scale recognition in micron-scale droplets, we have demonstrated the hierarchical assembly of amphiphilic block copolymers to form supramolecular microcapsules. The resultant microcapsules are monodisperse and offer good multi-encapsulation efficiency with synergistic release *via* the supramolecular cross-links. The hierarchical structure further allows for both hydrophilic and hydrophobic domains, enabling simultaneous carriage of incompatible cargos with Nile Red and FITC-dextran. Moreover, we demonstrate that the CB[8] supramolecular cross-link can be used to both disassemble the microcapsule under mild conditions (upon additional of a competitive guest) and to tune the properties of the microcapsule skin with UV-controlled porosity.

The high degree of customization enabled by our bottom-up hierarchical approach, combined with the simplicity of microdroplet preparation make this a powerful and flexible system with many applications in e.g homecare and cosmetic products e.g. the light-controlled cargo release behaviour can be potentially applied to delivery UV-resistant compounds in skincare products. The hierarchical assembly in this study is focused on the design and proof-of-concept application of the fabrication method and the triggering mechanism, but we anticipate

further development of the CB[8] supramolecular system in droplet-based microfludics will rapidly lead to exploitable applications.

EXPERIMENTAL SECTION

Materials

Methyl methacrylate, hydroxyethyl methacrylate, N-vinylpyrrolidone and acrylic acid monomers were purchased from Sigma-Aldrich and were passed through a column of silica gel and purged with high purity nitrogen for 1 hour prior to use. Nile Red (analytical standard), 4-cyano-4-[(dodecylsulfanylthiocarbonyl)sulfanyl]pentanoic acid, and 2-butanone (HPLC grade), fluorescein isothiocyanate—labelled dextran (FITC-dextran), and 1-adamantylamine (ADA) were purchased from Sigma-Aldrich. Styrenic monomer bearing methyl viologen moieties (MV-styrene), azobenzene acrylate monomer and cucubit[8]uril (CB[8]) were synthesized as previously reported. Solvents and reagents were used without further purification unless otherwise stated. All aqueous solutions were made in deionized water treated with a Milli-QTM reagent system with a resistivity of 18.2 MΩ/cm at 25 °C.

Characterization

 1 H NMR spectra (400 MHz) were recorded using a Bruker Avance QNP 400 Ultrashield spectrometer, equipped with a 5-mm BBO ATM probe with a *z*-gradient. Chemical shifts are recorded in ppm (δ) in D₂O with the internal reference set to 4.67. Weight average molecular weight ($M_{\rm w}$), number average molecular weight ($M_{\rm n}$) and polydispersity ($M_{\rm w}/M_{\rm n}$) were obtained by aqueous or tetrahydrofuran (THF) GPC. The aqueous GPC setup consisted of a Shodex

OHpak SB column, connected in series with a Shimadzu SPD-M20A prominence diode array detector, a Wyatt DAWN HELEOS multi-angle light scattering detector and a Wyatt Optilab rEX refractive index detector. The THF GPC setup consisted of two 30 cm PLgel Mixed-C columns in series, eluted using THF and calibrated against a series of twelve near-monodisperse poly(methyl methacrylate) standards (Mp from 690 to 1,944,000 g.mol⁻¹). The polymers were analysed in THF at a concentration of 5.0 mg/mL. All calibrations and analysis were performed at 35 °C and a flow rate of 1 mL/min. Photoluminescence (PL) emission spectra of FITC-dextran and Nile Red were obtained using a Varian Cary Eclipse fluorescence spectrophotometer. Transmission electron microscopy (TEM) characterisation was carried out by a FEI Philips Tecnai 20 TEM under an accelerating voltage of 80 kV. Size distribution of P1 micelles were performed by dynamic light scattering (DLS) with Malvern Zeta sizer NS90 instrument. Images of microdroplets formation were obtained using a Phantom v7.2 camera attached to an Olympus IX71 inverted microscope. Microscopic images and fluorescence images were obtained using an Olympus IX81 inverted optical microscope coupled with a camera of Andor Technology EMCCD iXonEM+ DU 897. To image the fluorescence of FITC-dextran, a mercury lamp was installed for wide-spectrum illumination with 'FITC' filters and dichroics fitted to separate the fluorescence excitation and emission light. Scanning electron microscopy (SEM) measurements were made and images recorded using a Leo 1530 variable pressure SEM with InLens detector.

Synthesis of poly(methyl methacrylate)-block-poly(acrylic acid) containing azobenzene pendant (P1)

Amphiphilic diblock polymer poly(methyl methacrylate)-block-poly(acrylic acid) containing azobenzene guest was synthesised *via* two-step reversible addition-fragmentation

chain transfer (RAFT) polymerization using the unmodified chain transfer agent 4-cyano-4-[(dodecylsulfanylthiocarbonyl)sulfanyl]pentanoic acid (CDTPA).

Step 1: To a two-necked round bottom flask were added CPTPA (201 mg, 0.5 mmol, 1 eq.) and methyl methacrylate (2.5 g, 25 mmol, 50 eq.) in butanone (8 mL). Oxygen was removed by bubbling argon through the solution for 20 mins, followed by the subsequent addition of 4, 4-azobis(4-cyanovaleric acid) (ACPA, 21 mg, 0.075 mmol, 0.15 eq.). The flask was then immersed in a preheated oil bath (65 °C) and the solution stirred at 400 rpm for 24 hours. The resultant polymer was precipitated into cold hexane and dried under vacuum. The formed polymer was characterised to give $M_w = 4150$ Da, PDI = 1.1 from GPC, methyl methacrylate_{conversion} = 83% from 1 H NMR spectroscopy.

Step 2: To a two-necked round bottom flask were added poly(methyl methacrylate) from step 1 (400 mg, 0.1 mmol, 1 eq.), acrylic acid (720 mg, 10 mmol, 100 eq.) and azobenzene acrylate monomer (200 mg, 0.5 mmol, 5 eq.) in butanone (4 mL). Oxygen was removed by bubbling argon through the solution for 20 mins, followed by the subsequent addition of ACPA (7 mg, 0.025 mmol, 0.25 eq.). The flask was then immersed in a preheated oil bath (70 °C) and the solution stirred at 400 rpm for 24 hours. The resultant polymer was precipitated into cold hexane and dried under vacuum. The formed polymer was characterized to give $M_w = 16 \text{ kDa}$, PDI = 1.3 from tetrahydrofuran (THF) GPC, [methyl methacrylate]:[acrylic acid]:[azobenzene] = $40:62:4.8 \text{ from } ^1\text{H NMR}$ (Figure S1, supporting information).

Synthesis of poly(N-vinylpyrrolidone)-co-poly(hydroxyethyl methacrylate)-co-poly(MV-styrene) (P2)

Poly(N-vinylpyrrolidone)-co-poly(hydroxyethyl methacrylate)-co-poly(MV-styrene) was synthesised via free radical polymerization. To a two-necked round bottom flask were added N-vinylpyrrolidone (450 mg, 4 mmol, 80 eq.), hydroxyethyl methacrylate (2.6 g, 20 mmol, 400 eq.) and MV styrene monomer (0.9 g, 2 mmol, 40 eq.) in methanol/water (v:v = 50:50, 10 mL). Oxygen was removed by bubbling argon through the solutions for 20 mins, followed by the subsequent addition of ACPA (14 mg, 0.05 mmol, 1 eq.). The flask was immersed in a preheated oil bath (70 °C) and the solution stirred at 400 rpm for 24 hours. The polymer was precipitated into cold hexane and finally dried *in vacuo* at 50 °C. The resultant polymer was dialysed in water through a MWCO 6,000-8,000 membrane and freeze dried. The formed polymer was characterised to give $M_w = 27$ kDa, PDI = 1.4 from aqueous GPC, [hydroxyethyl methacrylate]:[N-vinylpyrrolidone]:[MV]= 100: 22:11 from ¹H NMR spectroscopy (Figure S2, supporting information).

Self-assembly of P1 for micelles

A typical procedure for the preparation of micelles dispersions is as follows: 4 mg of amphiphilic diblock copolymer **P1** was dissolved in 3 mL of THF. Under vigorous stirring, 10 mL of deionized water was then slowly added. After the addition was complete, the micellar solution was further stirred for 24 h, upon which the THF had fully evaporated.

To form Nile Red-loaded **P1** micelles, first 0.5 mL of Nile Red solution $(1.5 \times 10^{-3} \text{ mg/ml in})$ THF) was added to 3 mL THF containing amphiphilic diblock copolymer **P1** (4 mg). Under vigorous stirring, 10 mL of deionized water was then slowly added. After the addition was

complete, the micellar solution was further stirred for 24 h, upon which the THF had fully evaporated.

Supramolecular-assembly of micelles in microfluidic droplets

The flow-focusing poly(dimethylsiloxane) microfluidic device was produced via soft lithography as previously described, ⁵² with three inlets and one outlet. The depth of microfluidic channel was 50 µm and the nozzle was 40 µm wide. To generate water-in-oil microdroplets, three different liquids were injected into the three inlets, by three syringe pumps (PHD, Harvard Apparatus) with controlled flow rates. Flourinert FC-40 (3M) containing a 3 wt % fluorous surfactant (XL-01-171, Sphere Fluidics Ltd) and 1.5 wt % amine-Krytox⁵³ (Sphere Fluidics Ltd) was used as the continuous phase. The first discontinuous aqueous phase comprised P1 micelles dispersed in water, and the second discontinuous phase was a solution of P2 and CB[8]. The continuous phase and both discontinuous phases were loaded into three 1 mL syringes, before connecting to the microfluidic chip. Syringes with needles were mounted on syringe pumps and fitted with polyethylene tubing, while the other end of the tubing was inserted into the appropriate inlets of a microfluidic chip. Microdroplets formation was initiated as Flourinert FC-40 was first pumped into the device at the rate of 200 μL/h to fill the appropriate channels. Each aqueous dispersed phase was then pumped into the device at 50 µL/h. In a typical experiment, the final concentration of MV, azobenzene, and CB[8] was 15 µM. After formation, microdroplets were either collected in a PDMS reservoir downstream or transferred to a glass bottom dish. Upon collection, droplets were allowed to dehydrate over 5 hours for the complete formation of isolated microcapsules. After drying on a glass slide, the prepared microcapsules were washed with Novec HFE-7100 (3M) three times to remove the residual surfactants.

To generate FITC-dextran loaded microcapsules, FITC-dextran (500 kDa, 250 kDa, or 150 kDa) was directly mixed with the aqueous **P2** and CB[8] solution and then pumped into the microfluidic device as above. The final concentration of FITC-dextran within the microdroplet was 0.25 mg/mL.

Rehydration of supramolecular microcapsules and subsequent release of cargo

To rehydrate the FITC-dextran loaded hierarchical microcapsules, the glass slide was mounted on to a fluorescence microscope (Olympus IX81) and 50 μ L of water added to the microcapsule-coated region. The 5 cycles of dehydration/rehydration were tested with a sample of 500 kDa FITC-dextran loaded microcapsules and the period of each cycle was 1 hour.

The disassembly of FITC-dextran/Nile Red dual-loaded hierarchical microcapsules and their triggered release behaviour were tested using an aqueous solution of ADA (50µL, 1 mM). The ADA solution was applied over the dried microcapsules and optical and fluorescence images were collected after 3 minutes rehydration. Optical and fluorescent images were taken by Olympus IX81 microscope under 40x objective.

To investigate photochemical disassembly, optical and fluorescent images were taken by Olympus IX81 microscope under 40x objective. 500 kDa FITC-dextran loaded microcapsules were rehydrated in water and then exposed to a focused UV light beam (30 s, λ_{max} = 377 nm). The UV light was generated from a 100 W mercury lamp (365 nm, USH-1030L, USHIO Inc.), focused through a 40x objective and the DAPI-5060COMF-ZERO filter set (Semrock).

To quantitatively measure the release of FITC-dextran and Nile Red, microfluidic droplets were collected for 6 hours into a 2 mL vial. After evaporation overnight of the oil and aqueous

phases, the prepared microcapsules within the vial were hydrated in water (800 µL) to measure

the fluorescence spectrum of any released cargo. The photochemical disassembly of the

microcapsules was triggered by exposure to a UV light source (LZC-ORG photo-reactor with

377/50 nm filter).

ASSOCIATED CONTENT

Supporting Information. ¹H NMR spectrum of polymers P1 and P2, the characterizations of P1

micelles, the fluorescence images of microcapsules, and the fluorescence spectra of FITC-

dextran and Nile Red. This material is available free of charge via the Internet at

http://pubs.acs.org.

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Notes

The authors declare no competing financial interest.

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