

MAIN THESIS

The role of Filipino occupational therapists in substance addiction and rehabilitation: A

Q-Methodology

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1.1 Abstract

More than the shortage of manpower, occupational therapists (OTs) in substance addiction and rehabilitation (SAR) practice have remained to be underutilized and misunderstood in the Philippines. This study aimed to identify the role of Filipino OTs in people with SUD based on the perspectives of OTs, mental health professionals, and former service users and carers in the community. Using Q-Methodology (QM), this research revealed a tripartite role for Filipino OTs in SAR: 1) “Promoter of occupational participation”, 2) “Collaborator to enhance participation and well-being”, and 3) “Facilitator of environmental supports for occupational participation”.