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Invited Review

Clinical applications of detecting dysfunctional p53 tumor suppressor protein

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Summary. The p53 gene encodes for a protein, p53, which plays a critical role in controlling the cell cycle, in DNA repair and in programed cell death (apoptosis). p53 is one of the most frequently mutated genes in human neoplasms and a variety of techniques have been developed to detect these mutations. These range from advanced molecular-genetic analyses to immuno-histochemical staining for the p53 protein. This review will summarize our current understanding of the function of p53 as well as current methods to detect dysfunctional p53 and the clinical value of such analyses.

Key words: *p53*, Tumor suppressor gene, Cell cycle, Neoplasia, Cancer

Introduction

The p53 tumor-suppressor gene is the most frequently altered gene in human malignancies (Levine, 1992; Wynford-Thomas, 1996). It is located on the short arm of chromosome 17 and encodes a 53 kD nuclear phosphoprotein called p53. Knowledge of the biological function of p53 and the molecular mechanisms through which p53 exerts its function will not only provide a better understanding of the process of carcinogenesis, but will also help identify new molecular targets which can be used to aid in the diagnosis of cancer and which may be of value in the management of cancer patients. Since p53 is functionally inactivated in the majority of human cancers, this may have major clinical implications. The authors will review the basic features of p53 function and its clinical relevance.

Functions of wild-type p53

The prominent role of p53 dysfunction in tumori-

genesis can be understood if one appreciates the importance of wild-type p53 in cell cycle regulation (Fig. 1). The main function of wild-type p53 is to protect the cell against DNA damage by preventing replication following DNA damage. Cell division with damaged DNA would lead to fixation of the damage, resulting in increased genomic instability and sensitivity of the cell to further DNA damage. Because of this protective function, p53 has been nicknamed the "Guardian of the genome" (Lane, 1992).

Wild-type p53 operates through at least three different molecular mechanisms (Harris, 1996) (Fig. 1). First, p53 acts as a checkpoint for DNA damage in cell cycle progression at the transition from G1 to S phase (Nishida et al., 1997). If the DNA is damaged, p53 accumulates and acts as a transcription factor for p21 (also called Cip1 or waf1). p21 is a nuclear protein that can bind to cyclin-dependent kinases and thereby inactivate them (Xiong et al., 1993). Cyclin-dependent kinases are enzymes involved in the control of cell cycle progression. Interaction of p21 with the cyclin-dependent kinases, guided by p53, results in cell cycle arrest. This arrest creates time for DNA repair to occur prior to the cell entering S phase and thus damaged DNA will be repaired before it is replicated (Fig. 1) (Kern, 1994). Second, in addition to providing time for DNA repair, p53 is also directly involved in DNA repair itself. p53 turns on the DNA repair machinery in the cell by interacting with several cellular proteins (Harris, 1996). These proteins include: "Proliferating Cell Nuclear Antigen" (PCNA, required for copying and repair of DNA), "Excision Repair Cross-Complementing 3 protein" (ERCC3, an excision repair enzyme that participates in the removal of damaged DNA) and "Growth Arrest DNA Damage inducible protein" (GADD45, which complexes with PCNA and thereby stimulates its activity). Finally, if DNA damage is severe, p53 pushes the cell into programmed cell death (apoptosis). By promoting apoptosis, p53 ensures that severely damaged DNA will not be duplicated and that the damage will not be fixed into genomic material. For this function, p53 interacts with two of the main mediators of apoptosis, Bcl-2 and Bax (Harris, 1996).

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The exact molecular pathway that leads from DNA damage to p53 accumulation is unknown (Harris, 1996). *In vitro* studies have shown that p53 protein has sequence-specific DNA binding capacity (Kern et al., 1991). The DNA binding domain of the p53 protein is encoded for by exons 5-8 of the p53 gene and it consists of regions which have been highly conserved through evolution. p53 needs this sequence-specific DNA binding in order to exert its function. Mutation in one of these exons results in conformational changes at the binding sites, reducing the sequence specific binding capacity of the p53 protein.

The identification of specific DNA binding sites in the p53 protein, and the obvious symmetry found in these binding sites, suggested that p53 acts as a tetrameric protein (Vogelstein and Kinzler, 1992). Biophysical studies support this hypothesis. A tetrameric configuration of the p53 protein would also explain the "dominant-negative" effect of mutant p53: the mutant and wild-type proteins form a tetramer. Tetrameric complexes of wild-type and mutant p53 protein cannot bind with DNA and therefore the complex is nonfunctional. Although p53 is a tumor suppressor gene, it may also exert a dominant effect, similar to oncogenes. This dominant-negative effect is not shared by all p53 mutations and some mutations exert a more potent dominant-negative effect than do others (Vogelstein and Kinzler, 1992).

Recently, the first human p53 homologue, called p73, was discovered (Dickman, 1997; Oren, 1997). p73 is located on a region of chromosome 1, which is often deleted in neuroblastomas, suggesting that p73 may be a tumor-suppressor gene. Furthermore, p73 is predicted to have a significant amino acid sequence similar to p53, especially in the amino acid residues implicated in the sequence specific DNA binding of p53. p73 has also been shown to activate the transcription of p53-responsive genes, amongst others p21, and inhibit cell growth in a p53-like manner by inducing apoptosis (Jost et al., 1997). The discovery of a p53-homologue raises the possibility of the existence of additional p53 family members and also suggests that p53 function could be restored by recruiting p73.



Fig. 1. p53 in cell cycle regulation

In summary, p53 plays a key role in several central cellular processes through the transcriptional activation of genes and by interacting with proteins involved in cell cycling, DNA repair and apoptosis. In this way, p53 acts as the "Guardian of the genome," protecting against DNA damage. Loss of the protective function of p53 leads to an inadequate response to DNA damaging agents, resulting in genomic instability of the cell.

Loss of wild-type p53

Although *p53* is the most frequently altered gene in human malignancies, loss of p53 function appears to be a late event in tumorigenesis in many tumor types (Baker et al., 1990). This raises the question of how can a key player in carcinogenesis only be involved in the final stages of this process? The answer seems to be that p53 functions as an emergency brake, used only in stressful situations as a protective measure (Kinzler and Vogelstein, 1996). In the every day life of normal cells, p53 only plays a minor role. This is illustrated by the fact that p53 knock-out mice are initially viable and healthy. Only later in life do they show an increased susceptibility for tumor development (Donehower et al., 1992). In the event of cellular stress, p53 becomes important as a regulator of the cell cycle. Wild-type p53 is activated in response to cellular stresses, such as DNA damage or an increased proliferation rate in early-stage neoplasia. Here, functional p53 limits cell growth and tumor progression by inhibiting cell cycle progression or by inducing apoptosis. In contrast, dysfunctional p53 would allow further tumor expansion; stress offers a selective advantage for cells containing p53 mutations (Vogelstein and Kinzler, 1992). Thus, a condition of cellular stress must exist before p53 becomes important to tumor progression. This may explain why p53 mutations are generally implicated late in tumorigenesis.

In normal cells, two alleles of the p53 gene are present, a paternal and a maternal copy. The presence of one normal allele is sufficient for p53 to exert its protective function. Thus, at the molecular-genetic level, two distinct events are required to inactivate both p53alleles, and p53 function (Ireland et al., 1997). Usually, one p53 allele is inactivated by an intragenic mutation and the other allele is completely lost. Eighty percent of the intragenic mutations in p53 are missense mutations, causing one amino acid to be substituted for another (Harris and Hollstein, 1993). These usually result in conformational changes in the p53 protein. In addition to point mutations, allelic loss, rearrangements and small deletions of the p53 gene have been detected in human neoplasms (Hollstein et al., 1991).

Mutation in the *p53* gene can also be inherited. The Li Fraumeni Syndrome (or Familial Cancer Syndrome), first described in 1969, is characterized by the autosomal dominant inheritance of a predisposition to multiple primary neoplasms in children and young adults, notably breast carcinoma, osteosarcoma, brain tumors and soft tissue sarcomas. Affected family members carry a

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Table 1. Proteins interacting with p53 protein.

CELLULAR PROTEINS	VIRAL PROTEINS
MDM-2 ERCC3 70 kD Heat Shock Protein	Simian Virus 40 - Virus Large T antigen Epstein-Barr Virus - EBNA 5 Hepatitis B Virus - X Human Cytomegalovirus - IE84 Human Papilloma Virus 16 and 18 - E6 Adenovirus 5 and 12 - E1b

germline mutation of the p53 tumor-suppressor gene (Malkin et al., 1990; Srivastava et al., 1990). These mutations are usually in the highly conserved regions of exons 5-8 of p53, similar to the somatic mutations seen in sporadic tumors (Kleihues et al., 1997). Since carriers of the mutation inherit only one functional p53 allele, following the Knudson model (Knudson, 1971), only one molecular-genetic event is needed to abrogate the protective function of p53 in these carriers.

In addition to molecular-genetic events, p53 function can also be lost is through protein-protein interactions. A variety of proteins have been identified that can bind to the p53 protein and thereby impair its function (Hall et al., 1996) (Table 1). The human homologue of the Mouse Double Minute-2 (MDM-2) gene, located on chromosome 12q, is known to disrupt the p53 tumor suppressor pathway in this manner (Garcia et al., 1997). This cellular oncogene can be transcriptionally activated by wild-type p53 protein. MDM-2 protein subsequently complexes with p53 protein, thereby inactivating it and preventing further transcription. In this way, the MDM-2 gene is autoregulated under physiologic conditions (Wu et al., 1993). Amplification of the MDM-2 gene is found in approximately one third of human sarcomas (Oliner et al., 1992; Hung and Anderson, 1997). Overexpression of the MDM-2 oncogene product, caused by amplification of the gene, interferes with the balance of this autoregulation and results in uncontrolled cell growth and malignant transformation. Of special interest is the fact that viral proteins can also bind to p53 and impair p53 protein function (Table 1). These protein interactions can either stabilize wild-type p53 protein or accelerate its degradation, resulting in loss of p53 function and uncontrolled cell growth. The ability of certain viruses to knock out p53 function offers a molecular substrate for the known oncogenic potential of some viruses in humans, e.g. Human Papilloma virus in cervical carcinoma and Epstein-Barr virus in Burkitt lymphoma and nasopharyngeal carcinoma. Recently, the interaction of Cytomegalovirus gene products with p53 has been implicated in the smooth muscle cell proliferation in seen coronary restenosis following balloon angioplasty (Speir et al., 1994).

In summary, tumor development can be instigated by a number of factors, resulting in cellular stress. This creates a selective advantage for cells with dysfunctional p53, since p53 plays an important role in controlling growth in stressed cells. p53 dysfunction is therefore generally not implicated in tumor initiation, but instead in the expansion of an already existing neoplasm. The p53 gene can be abrogated at the molecular-genetic level by two distinct events resulting in inactivation of both p53 alleles. Functional inactivation of p53 can also occur by binding of p53 protein to other proteins, either endogenous or viral.

Clinical significance

This understanding of the function of p53 can be used to help in patient management in a number of ways. First, the p53-status of a cell could aid in cytologic and histologic diagnoses. The absence of clonal alterations in the p53 gene could help distinguish between reactive and neoplastic cells (Hall et al., 1991). Second, once the diagnosis of a neoplasm is established, p53-status may serve as a prognostic marker (Dowell and Hall, 1995). A number of studies have assessed the potential value of p53 dysfunction as an indicator of poor prognosis. Most of these were studies in which a cohort of patients with a particular neoplasm was analyzed for p53 function and then the survival of patients with neoplams with dysfunctional p53 was compared to the survival of patients with neoplasms with functional p53. It is, however, important to realize that the methods used in these studies vary substantially with respect to total number of patients and in the techniques used to assess p53 function. In general, the more patients included in a study, the more likely is the study to show that p53 dysfunction is a prognostic factor. This indicates that, for most tumors, p53 dysfunction is probably only a relatively weak prognostic factor (Dowell and Hall, 1995). The one exception to this may be superficial transitional-cell bladder carcinoma. In these neoplasms the prognostic value of p53 protein expression has been demonstrated consistently (Soini et al., 1993; Esrig et al., 1994; Serth et al., 1995).

Third, the p53-status of a neoplasm may help to determine which kind of anticancer therapy will be most successful. Treatment with radiation and many chemotherapeutic agents ultimately results in apoptotic death of the neoplastic cells. In vitro and in vivo studies have shown that wild-type p53 is required for this induced apoptotic cell death (Clarke et al., 1993; Lowe et al., 1993, 1994; Kinzler and Vogelstein, 1994). It is therefore not surprising that radiation and chemotherapy are known to be highly effective in primary neoplasms that only rarely exhibit p53 mutations (testicular cancer, neuroblastoma, Wilm's tumor and childhood lymphoblastic leukemia), while, several of the primary tumors that frequently harbor p53 mutations (malignant melanoma, cancer of the lung, esophagus, stomach, colon, bladder and prostate) are generally insensitive to such treatments. These data suggest that p53 is important in the response of neoplastic cells to genotoxic therapy. p53-status could function as a discriminator to identify those neoplasms likely to respond favorably to genotoxic therapy. Finally, the rapid discovery of the various

components of the p53 tumor suppression pathway offers potential new prospects for anticancer therapy in the future.

Immunohistochemical staining for p53

Parallel lines of basic, clinical and epidemiologic research on p53 are now converging and research findings are being translated into medical practice. A big hurdle in applying our understanding of p53 to the clinics is the sophistication of the molecular techniques required. Molecular-genetic analyses of the p53 gene can be accomplished in several ways (Hall and Lane, 1994). For example, mutations in the p53 gene can be demonstrated by sequence analysis and allelic deletions can be detected through Loss Of Heterozygosity (LOH) analyses. These molecular-genetic analyses of the p53gene are, however, very elaborate and meticulous processes and these analyses are therefore usually confined to exons 5-8. Exons 5-8 contain the sequence specific DNA binding domains of p53. Because mutations outside this region are uncommon, limiting analyses to this region is usually justified (Hollstein et al., 1991). However, even when confined to these exons, molecular-genetic analyses of p53 are still time consuming and cumbersome procedures, especially on archival material and these techniques are therefore not generally performed in routine pathology laboratories.

A number of investigators have therefore examined alternative methods for determining p53 status. Wildtype p53 protein has a very short half-life and is generally not detectable with immunohistochemical techniques. Mutant p53 gene product, however, is characterized by conformational changes in the protein that prolong its half-life and stability (Finlay et al., 1988). As a result, mutant p53 protein is immunohistochemically detectable, while wild-type p53 is not. For many neoplasms, immunohistochemical staining for the p53 protein is a good substitute for analyzing mutations at the DNA level (van Edkardstein et al., 1997). Furthermore, immunostaining is a standard procedure available in most pathology laboratories and the technique is therefore suitable for application in a clinical setting.

It is, however, important to realize that immunohistochemical staining for the p53 protein is an imperfect indicator of molecular-genetic alterations of the p53 gene (Wynford-Thomas, 1992; Battifora, 1994; Hall and Lane, 1994). First, technical conditions limit the usefulness of immunohistochemistry as a means of evaluating p53-status. There are several commercially available monoclonal and polyclonal antibodies for immunohistochemical detection of p53 protein. These antibodies all bind to different epitopes of the p53 protein and there are substantial differences in the sensitivity of these antibodies (Baas et al., 1994). A primary antibody with relative low affinity for p53 can cause false-negative results. To select a primary antibody, several antibodies should be tested under the same conditions that will be used to evaluate the clinical samples. Another technical

problem is the masking of epitopes, caused by the method of fixation. Routinely formalin-fixed paraffinembedded tissues show a decreased sensitivity for p53 immunostaining compared to fresh-frozen tissue. This may also account for false-negative results, but epitope masking can be overcome with a variety of recently developed antigen enhancement techniques. These techniques make archival tissue specimens accessible for p53 immunostaining. However, lowering the detection threshold for p53 protein can potentially lead to the detection of wild-type p53 protein and thus to falsepositive results (Hall and Lane, 1994). Indeed, antigen enhancement has been shown to give false-positive nonspecific staining when combined with certain antibodies against p53 (Baas et al., 1996). Thus, the combination of a specific antibody with a specific antigen enhancement system must be tested before the combination is used to evaluate clinical samples for p53 function.

Second, biological mechanisms can also account for some of the discrepancies between molecular-genetic and immunohistochemical analyses of p53. For example, functional expression of p53 protein can also be found in response to cellular stresses. Irradiation has been shown to produce immunohistochemically detectable levels of wild-type p53 in normal cells (Kuerbitz et al., 1992; Fritsche et al., 1993). Furthermore, some moleculargenetic alterations of the p53 gene abrogate or completely abolish the production of p53 protein. These mutations would result in false-negative immunohistochemistry for the p53 protein, because p53 levels would not reach immunohistochemically detectable levels (Baas et al., 1994). Similarly, some point mutations may not stabilize the p53 protein sufficiently to reach levels detectable by immunohistochemistry (Wynford-Thomas, 1992). With the discovery of p21, an effector of functional p53 (Fig. 1) and the subsequent development of immunohistochemical staining techniques for the p21 protein, it seemed that these false-negative results could be overcome. p21 is transcriptionally activated by functional p53 protein. Therefore, additional evaluation of p21 protein expression could serve as a potential discriminator between true-negative and false-negative immunostaining for the p53 protein. However, we and various other investigators have found that p21 expression can occur independent of functional p53 protein (Slebos et al., 1996). Although p21 expression may still be of value as an indicator of the integrity of the p53 tumor suppressor pathway, its value above and beyond p53 protein expression is questionable.

The first two limitations of immunohistochemistry in detecting p53 dysfunction were technical and biological. A third category limiting its validity is the interpretation of the staining. Patterns of expression of the p53 protein differ substantially and the various expression patterns are subject to individual interpretation (Fisher et al., 1994; Kay et al., 1996). This limits the usefulness of immunohistochemistry in a clinical setting and creates the need for a clear and explicit understanding of how to interpret these different expression patterns in a uniform manner.

Conversely, immunostaining may be better then genetic analyses in some situations. In most studies, molecular-genetic analysis of the p53 gene is confined to the evolutionarily conserved hotspots in exons 5-8. However, mutations outside these exons, as well as within intronic sequences, have been reported (Slebos et al., 1998). These mutations would not be detectable by sequencing exons 5-9, but they could lead to increased stability and nuclear accumulation of p53 protein, resulting in positive immunostaining.

There are at least three other situations in which immunohistochemical staining for the p53 protein would more accurately reflect p53 function then would genetic analyses. These include: stabilization of the p53 protein by interaction with another protein; mutations in the p53promoter region; and functional overexpression of p53. Positive immunohistochemical staining in the first case is indicative of dysfunctional p53 protein and should therefore be considered of value, although strictly speaking, no molecular-genetic alterations underlie the protein overexpression. For example, Cytomegalovirus (Kovacs et al., 1996; Garcia et al., 1997) and Epstein-Barr Virus (Niedobitek et al., 1993) gene products both can stabilize p53 protein after cellular infection. Immunohistochemistry could serve as a valid test for establishing p53 dysfunction in these cases. Similarly, mutations in the p53 promotor region can also lead to overexpression of wild-type, but dysfunctional p53 (Barnes et al., 1992). The dysfunctional nature of this p53 protein is best illustrated by the cancer-prone phenotype of the family in which this mutation was first described (Barnes et al., 1992). Again, immunohistochemistry would detect p53 dysfunction in these cases, whereas mutational analysis of exons 5-9 of the p53 gene would not.

Immunohistochemistry has one final distinct advantage over molecular-genetic analysis. Immunohistochemistry is performed on tissue sections. Histopathological features can be taken into account when evaluating the staining of cells. Obviously, this morphologic information is lost in molecular-genetic analyses.

Conclusion

In conclusion, the rapid discovery of the various components of the p53 tumor-suppressor pathway offers a new understanding of the pathophysiology of carcinogenesis and should eventually contribute to better patient management. The use of immunohistochemistry to detect p53 dysfunction is restricted, due to limitations of technical and biological nature and because of ambiguities in the interpretation of results. Yet, immunohistochemistry has some distinct advantages over molecular-genetic analyses. Tissue morphology is preserved and the functional mediator of the p53 gene, the p53 protein itself, is evaluated. We conclude that immunohistochemistry for p53 protein can be considered an adjunct of equal importance compared to advanced molecular-genetic analysis of the p53 gene and that these techniques can be used in a complementary fashion. Immunohistochemistry is currently the only technique applicable as a routine screening test for p53 dysfunction. Such a test is particularly valuable for clinical application of the p53 tumor-suppressor pathway. Therefore, eliminating limitations of immunohistochemistry for p53 should be a goal of future research.

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