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GWEP Goals of Care

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Geriatric Workforce Enhancement Program (GWEP) Goals of Care

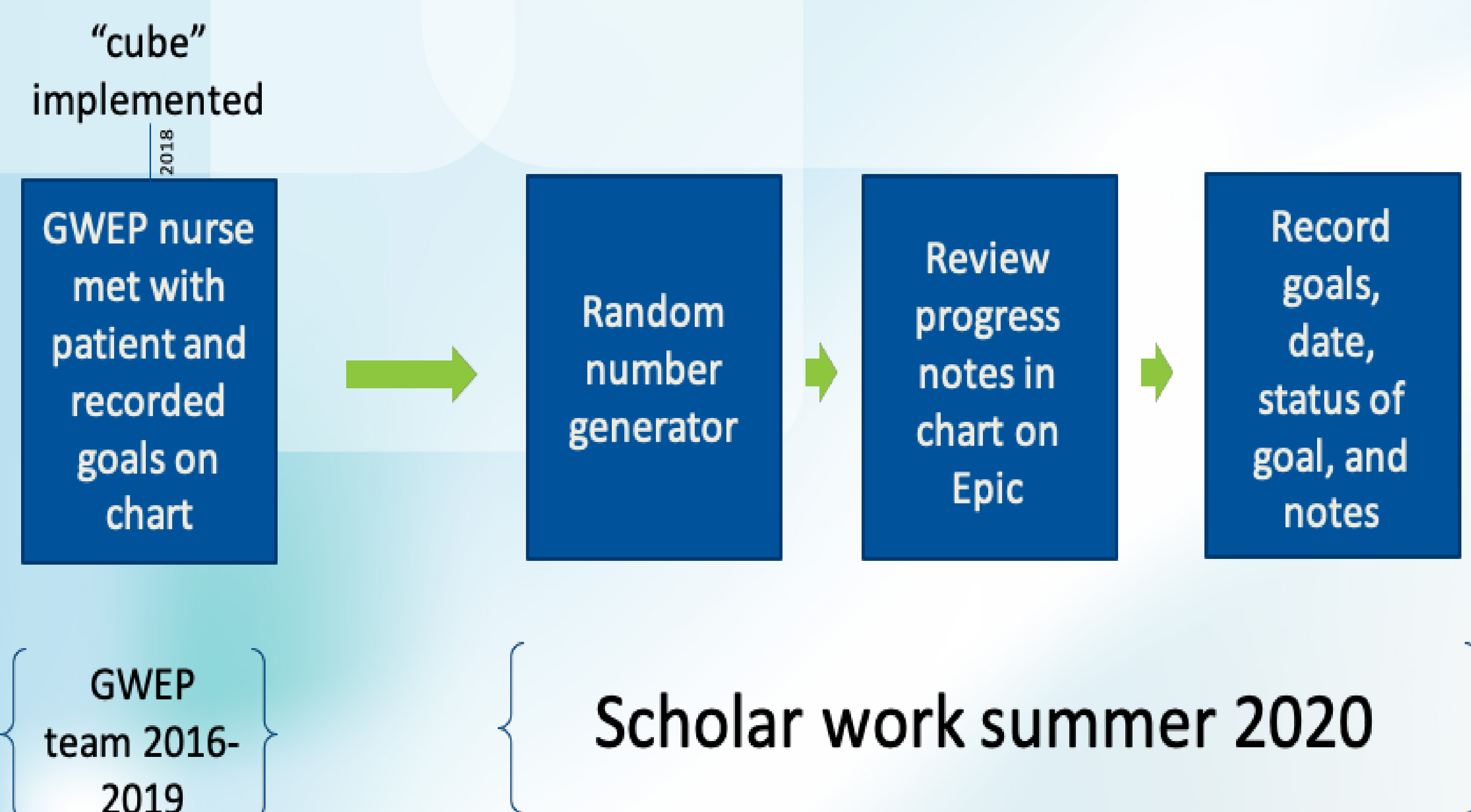
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BACKGROUND / INTRODUCTION

- Patient-driven goals are not commonly a part of all geriatric treatment¹
- Less than half of patients recall discussion with clinician over treatment²
- Patients and family desire autonomy²
- GWEP Goals of Care study looks to implement patient-driven goals
 - Family and internal medicine residency program
 - Grant funded

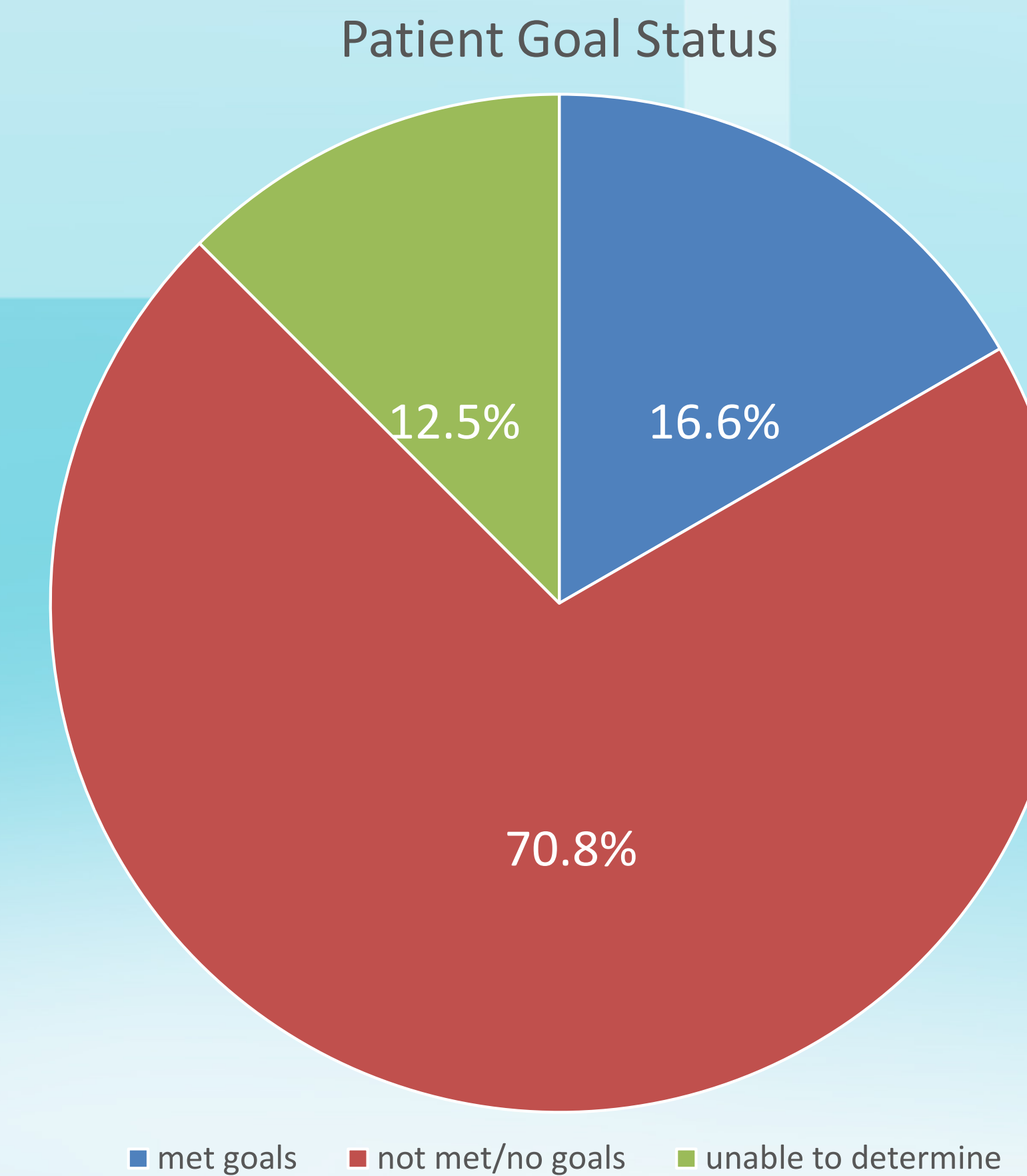
METHODS



Results

1107 patients participated in study
24 reviewed
< 1%

4 – met goals
17- did not meet/no goals
3- unable to determine



The “Cube”

Goal:

Exercise 3 days / week

Actions

Patient will attend workout classes in building three times each week

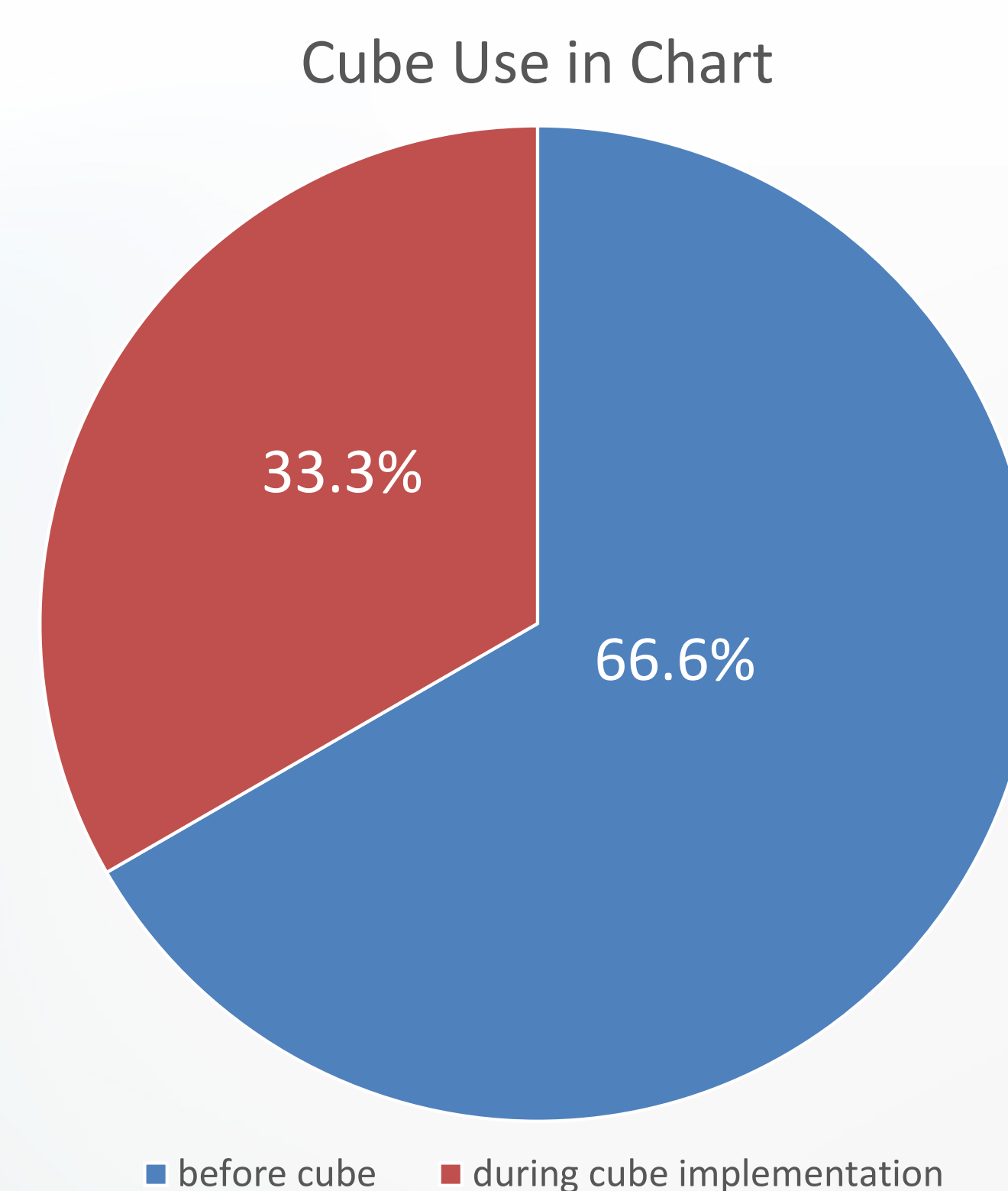
Target

Patient will demonstrate success in attending these classes 3x/wk no missed days

Red Flags

Not attending classes when scheduled, not going at all

Status of goal: Goal met (11/2/19)



- Cube allowed organization for goal tracking
- Easier for researcher to understand update
- Improves quality of data

Conclusions

- Most patients did not reach their goals or did not have goals listed during program
- There was inconsistency in documentation
- Difficult to find data and properly update due to poor documentation
- Cube utilized after September 2018 beneficial for caregiver and patient
- Most common issue was poor engagement in communication from patients

Future Directions

- Use improved cube/documentation method consistently
- Increase family involvement

References

- ¹Jennings LA, Palimaru A, Corona MG, et al. Patient and caregiver goals for dementia care. *Qual Life Res.* 2017;26(3):685-693. doi:10.1007/s11136-016-1471-7
- ²Lin JJ, Smith CB, Feder S, Bickell NA, Schulman-Green D. Patients' and oncologists' views on family involvement in goals of care conversations. *Psychooncology.* 2018;27(3):1035-1041. doi:10.1002/pon.4630

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