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LETTER

RESEARCH LETTER

All that glisters is not COVID: Low prevalence of seroconversion against SARS-CoV-2 in a pediatric cohort of patients with chilblain-like lesions

To the Editor: On January 7, 2020, a novel coronavirus, severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), was isolated in a patient affected by interstitial pneumonia. As SARS-CoV2 infection has spread worldwide, an increasing number of authors have reported chilblainlike lesions as possible manifestations of SARS-CoV-2 infection. ^{1,2}

To test this hypothesis, we performed serologic and stool/rectal polymerase chain reaction tests in a cohort of children who developed chilblainlike lesions during the SARS-CoV-2 outbreak in Italy, between March 8 and April 30, 2020.

Enrollment criteria are described in the Supplemental material (available via Mendeley at https://doi.org/10.17632/wzh2tyb46y.2).

During the enrollment period, 35 cases of chilblainlike lesions were eligible for the study. Twentyfour patients agreed to serologic testing (68.6%).

All patients were white, mean age was 13 years (range, 6-17 years), and the female to male ratio was 2:1. Twenty-two patients presented with chilblains on the toes (Fig 1) and 2 lesions were located on the heels, 6 patients developed blistering lesions, 83% of lesions lasted more than 14 days, and 8% lasted less than 1 week.

Two patients had known contact with SARS-CoV-2—positive individuals, defined by positive nasal swab result. Seven more patients had close contact with someone who presented symptoms that might be SARS-CoV-2 related such as asthenia, loss of smell (anosmia), cough, and prolonged fever. In 25% of cases, at least 1 parent was a health worker. Further details are available in the Supplemental Results.

Chemiluminescence assay (Liaison SARS-CoV-2 IgG, Diasorin) was performed for all patients; 7 patients were tested with In3diagnostic ERADIKIT COVID19, and the other 17 with EDI Novel Coronavirus COVID-19.

A total of 3 patients (12.5%) tested positive via both enzyme-linked immunosorbent assay and chemiluminescence. In 1 patient (4.1%), enzymelinked immunosorbent assay test result was positive, whereas chemiluminescence result was negative. None of the 4 patients with positive results presented



Fig 1. Typical chilblainlike lesions in a pediatric patient enrolled in the study.

with fever, 50% had cough, and 25% presented with transient diarrhea up to 14 days before skin lesion appearance. All 4 patients had contact with a relative who had confirmed SARS-CoV-2 infection (2 patients) or anosmia (2 patients). Fecal polymerase chain reaction was tested in 4 patients (16.6%), and no result was positive; rectal swab was performed in 17 patients (70.8%) and was positive in 1, which also was positive at both serologic tests.

Finally, patients with chilblainlike lesions were compared with a cohort of 24 SARS-CoV-2—infected children. Table I shows the comparison between the 2 groups. Chilblain patients were significantly older (13 vs 4 year; P < .001); fever was present in a limited number of cases (16.7% vs 92%; P < .001), and certainty of exposure to SARS-CoV-2 was limited (8% vs 56%; P < .001).

According to our data, the hypothesis of a direct etiologic link between SARS-CoV-2 and chilblain is not confirmed by serologic tests; it is difficult to assess whether in the 4 patients with positive serology SARS-CoV-2 was involved in the pathogenesis of chilblainlike lesions. A limit of our study is the absence of tissue biopsies, so our experimental approach could not rule out the presence of virus in patients' lesions that may induce an interferon-I response.³ As confirmed by other studies,⁴ the low

Table I. Comparison between pediatric cohorts with chilblainlike lesions and severe acute respiratory syndrome coronavirus 2 infection

Epidemilogical characteristics and symptoms	Chilblains	SARS-CoV-2 infection*	P value
No. of patients	24	25	NA
Age, y, (range)	13 (10.5—14)	3.8 (0.95-9)	<.001
Female patient, no. (%)	15 (62.5)	8 (32)	.04
Skin lesions, no. (%)	24 (100)	3 (12)	<.001
Fever, no. (%)	4 (16.7)	23 (92)	<.001
Cough, no. (%)	10 (41.7)	13 (52)	.5
Conjunctivitis, no. (%)	3 (12.5)	0	.1
GI symptoms, no. (%)	5 (20.8)	6 (24)	>.99
Certain exposure to SARS-CoV-2, no. (%)	2 (8.3)	14 (56)	<.001

The differences between groups were analyzed with Mann-Whitney U test for continuous data and Fisher's exact test for categoric data. All tests were 2 tailed, and the significance was set at P < .05.

prevalence (12.5%) of seropositive patients suggests that other pathologic hypotheses should be considered to explain the recent outbreaks of chilblainlike lesions worldwide.

Marco Denina, MD, a Francesco Pellegrino, MD, a Francesco Morotti, MD, Paola Coppo, MD, C Ilaria Maria Bonsignori, MD, b Silvia Garazzino, PhD, a Paolo Ravanini, MD, d Maria Avolio, MSc, Rossana Cavallo, MD, Luigi Bertolotti, PbD, Enrico Felici, MD,^g Gabriela Acucella, MD,^b Davide Montin, PhD, Ivana Rabbone, PhD, b and Francesco Licciardi, MD^a

From the Department of Pediatrics and Public Health, a Department of Public Health and Pediatrics, Microbiology and Virology Unit, Città della salute e della Scienza, Molinette Hospital,^e and Department of Veterinary Science, University of Turin (TO), Italy; Division of Pediatrics, Department of Health Sciences, University of Piemonte Orientale, Novara (NO), Italy^b; Unit of Chirurgia Plastica Pediatrica-Dermatologia, Città della salute e della Scienza, Regina Margherita, Children's Hospital, Turin (TO), Italy c ; Laboratorio di Microbiologia e virologia-AOU Maggiore della Carità di Novara (NO), Italy^d; Pediatric and Pediatric Emergency Unit, Children's Hospital, AO SS Antonio e Biagio e C.

Arrigo, Alessandria (AL), Italy^g; and Department of Pediatrics, Ospedale Castelli Verbania (VB).b

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Correspondence to: Francesco Pellegrino, MD, Piazza Polonia 94, Ospedale Regina Margherita, 10126 Turin (TO), Italy

E-mail: f.pellegrino@unito.it

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GI, Gastrointestinal; NA, not available; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2.

^{*}Twenty-two patients hospitalized and 3 evaluated in the emergency department at the Regina Margherita Children's Hospital.