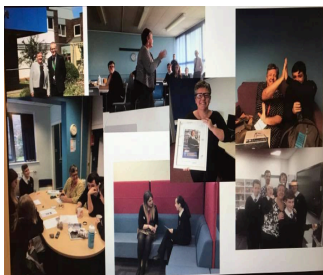
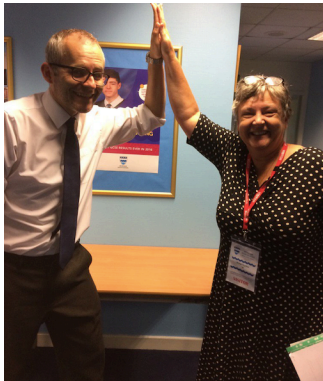


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TEAMALPHA NEWSLETTER



TeamAlpha are academics, doctoral students and post-doctoral researchers associated with the 'Co-producing Alcohol, Criminal Justice and Public Health Research' theme of the Centre for Social Innovation in SSSH, Teesside University
At the heart of the work that TEAMALPHA do is co-production with stakeholders and the community.

CURRENT RESEARCH GROUPS

1. Alcohol research (contact Prof Dorothy Newbury-Birch)
2. Prison research (contact Dr Maggie Leese)
3. Co-production research (contact Prof Dorothy Newbury-Birch)
4. Sexual behaviour and sexual offending (contact Dr Maggie Leese)
5. Trauma research (contact Lynn Miles)

CURRENT RESEARCH PROJECTS

TITLE	FUNDER	CI	CONTACT
A two-arm parallel group individually randomised prison pilot study of a male remand alcohol intervention for self-efficacy enhancement: the APPRAISE study	NIHR PHR	Aisha Holloway, University of Edinburgh	Dorothy Newbury-Birch
Development of Integrated Services – Middlesbrough and Redcar & Cleveland	CRN	Dorothy Newbury-Birch	Parisa Diba
What's in a meter (with India)	British Academy	Tracey Crosbie	Dorothy Newbury-Birch
Co-producing public health evaluations	Durham CC	Dorothy Newbury-Birch	Natalie Connor
How to develop an existing MOU between PHST & TU into a research system for Middlesbrough Council & Redcar & Cleveland Borough Council	NIHR PHR	Dorothy Newbury-Birch & Scott Lloyd	Dr Andrew Divers
Developing a co-production community COVID recovery response	Middlesbrough Local Authority	Dorothy Newbury-Birch	Dr Andrew Divers
Developing a national suicide framework for young people (starts March 2021)	NIHR ARC	Dorothy Newbury-Birch & Diane Simpson	Dorothy Newbury-Birch
Sextortion survey	National Crime Agency	Maggie Leese	Maggie Leese



SOME RECENT GOOD NEWS FROM TEAMALPHA

- We have three new members of #TEAMALPHA joining us in the next few months, Gillian Waller, Natalie Connor and Rosemarie Sacco are all having babies.
- Judith Eberhardt is working with Public Health England to develop an evaluation paper that reports the findings of the Be Clear on Cancer 'Breast Cancer in Women over 70' campaigns.
- Dorothy Newbury-Birch has started her tenure as co-president of INEBRIA (www.inebria.net).
- Dorothy Newbury-Birch and Jennifer Ferguson have signed a contract with Routledge to write a book on alcohol, criminal justice and public health.
- Srinidhi Koya (DTA3 MSCA Research Fellow) has had a paper published: Koya S et al. (2020) Determinants of Breastfeeding Practices and Its Association With Infant Anthropometry: Results From a Prospective Cohort Study in South India. *Frontiers in Public Health* <https://doi.org/10.3389/fpubh.2020.492596> which has had media attention in India. www.newindianexpress.com/lifestyle/health/2020/nov/01/infants-given-supplementary-foods-at-higher-risk-of-wasting-finds-study-2217819.html
- Andrew Divers and Parisa Diba have presented at an online conference: **Lockdown: Mental Illness, Wellness, and COVID-19** hosted by Curtin University and the University of East London 16th-18th November. *Caring at a Distance? Patient Sovereignty and mental health, post-COVID*

#LetTheGamesBegin for Christmas

Sean Harris is a new PhD student in the team and is researching how we can poverty proof schools. Him and his family are collecting games for Children North East and many of TEAM ALPHA have donated to this. All packs will go to families in need alongside resources such as cooking on a budget handbooks, food essentials, clothing packs etc. They have already collected nearly 100 games; can you help make it more?

Find out more by visiting Naomi's (Seans daughter) video description here <https://youtu.be/agnag7719UU> and if you would like to donate a game you can access the wish list at: www.amazon.co.uk/hz/wishlist/ls/2IVSE8VUWBIMD?ref=wl_share&fbclid=IwAR1-V6YKpP5NEg7FSI1S29NUredQX81f-fs73i5vrOdb5KAsYWd39WOydwU



#Women in prison

Jennifer Ferguson is in the last few months of her PhD research looking at the feasibility of alcohol brief interventions with women in prison. Wanting to give back to the women in the prison and by default the staff too who have all helped with her qualitative research; she collated an amazon wish list filled with activities to help keep the women's minds busy over what is sure to be a difficult festive period. Being an open prison, the effects of COVID can be felt even more on the adaptations that have had to be made for the safety of the women. Knowing the strains placed upon us all this year, all items were picked that were around the price of a cup of coffee and within a short time, lots of gifts of kindness have arrived at Jens house by the power of the internet and once they have all arrived, Jen will be sending down to Askham Grange Women's Prison. To keep updated with the selection, as even whilst typing more parcels keep arriving, follow @JFerg1302 on Twitter



The team consists of academics and postdoctoral students primarily in SSSH with representation across the University. The ethos of the team is support and working together to achieve results. We work with stakeholders locally, nationally and internationally. There are currently 36 members of the team.

Events

Andy Divers is running an online session on consent in research projects on the 8th December (12-1) contact a.divers@tees.ac.uk to be added to the event. Watch out for more events over the next few months.

Want to know more?

For more information or any questions please contact d.newbury-birch@tees.ac.uk or follow us on twitter @teamalphatees Members of the team on twitter: @dotbirch; @SeanHarris_NE; @JFerg1302; @DrMaggieLeese; @gaddidle; @CliffJ5165; @DouganB; @Natalieconnor26; @parisa909; @chatzimladi; @gillian_waller; @tracey_crosbie; @chrismoat1; @srinidhikoya; @DrDianeSimpson

DESERT ISLAND LOCKDOWN DISCS

Dorothy Newbury-Birch

DISC 1: Austin Roberts. Something's wrong with me. www.youtube.com/watch?v=eP0Jh62YoVg

This was on a mixed tape my mam had when I was about 12 and I've loved it since then.

DISC 2: Bay City Rollers. Saturday Night. www.youtube.com/watch?v=7BKKaKT_dtM

Ehhhh, cos everyone should have the Bay City Rollers on their list.

DISC 3: Sinead O'Connor. Nothing compares to you. www.youtube.com/watch?v=0-EF60neguk

This was my break up song when I got divorced at 22 (yep I know!!) still makes me smile that life goes on even though it was a really rough time.

DISC 4: Hrishikesh Joshi, Krishna Khamkar. Yog song from India. www.youtube.com/watch?v=VrqUjW9dlr4

OH I would need some Indian music and could do yoga to this.

DISC 5: Spandau Ballet. True. www.youtube.com/watch?v=AR8D2yqgQ1U

I was always Spandau rather than Duran Duran and this reminds me of being young

DISC 6: Jodi Mitchell. Both sides now. www.youtube.com/watch?v=hw4Gwzh9Jcc

I came to Jodi Mitchell late but she talks to me...

DISC 7: Mozart. Lacrimosa www.youtube.com/watch?v=k1-TrAvp_xs

The older I get the more I enjoy classical music even though I don't understand it. This would make my heart sing.

DISC 8: Gary Barlow, ft. Michael Bublé, Sebastián Yatra. www.youtube.com/watch?v=EjqP5TqHTnc

This is my lockdown song – makes me want to dance.

BOOK: (get complete works of Shakespeare and the Bible). Gregory David Roberts. Shantaram.

www.amazon.co.uk/dp/B008B8DY2O/ref=dp-kindle-redirect?_encoding=UTF8&btcr=1

It's a big book and set in Mumbai in India – I've read it twice whilst in India and could read it a hundred times.

LUXURY ITEM: A luxurious sun bed. *I could lie on during the day and sunbathe and sleep on at night.*

WHICH ONE DISC WOULD I SAVE FROM THE WAVES: **DISC 8:** Gary Barlow, ft. Michael Bublé, Sebastián Yatra. *It has talked to me during the pandemic.*

Maggie Leese

DISC 1: Luther Vandross - Dance with my father. www.youtube.com/watch?v=wmDxJrggie8

Reminds me of dancing with my dad, standing on his shoes.

DISC 2: The Dubliners - Wild Rover www.youtube.com/watch?v=9iRRvjjHDkw

Family holidays in Ireland.

DISC 3: The Dubliners - The Sick Note www.youtube.com/watch?v=DwREiWd1Nfg

It makes me laugh no matter how many times I hear it.

DISC 4: The Dubliners - Seven Drunken Nights www.youtube.com/watch?v=dWo-STTfxQ

As above.

DISC 5: The Proclaimers - I'm Gonna Be (500 Miles)

www.youtube.com/watch?v=tbNIMtqrYS0&list=RDtbNIMtqrYS0&start_radio=1

Great film 'Sunshine on Leith'

DISC 6: Life Worship - We Believe www.youtube.com/watch?v=bIYVwz-nQvw

My faith has kept me going through so many difficult times (including Covid). This is a recording at my church*

DISC 7: The time of my life (Dirty Dancing) www.youtube.com/watch?v=WpmlLPacRQo

I love this film and I am a hopeless romantic.

DISC 8: Life Worship (ft. Matt Hooper) - Wide Open Space www.youtube.com/watch?v=mgiBsQK-KdU

Recorded in my church and a song that I feel supports me when I am feeling down (used it quite a bit lately).

BOOK: (get complete works of Shakespeare and the Bible). Mrs. Brown's family handbook

<https://onlineshop.oxfam.org.uk/shop/books/music-stage-screen/mrs-browns-family-handbook->

[hd-200271380?pscid=ps_ggl_shopping&gclid=EAlalQobChMIw92ttoD27AIVwp13Ch0fngv2EAQYAIABEgLxd_D_BwE&gclsrc=aw.d](https://onlineshop.oxfam.org.uk/shop/books/music-stage-screen/mrs-browns-family-handbook-hd-200271380?pscid=ps_ggl_shopping&gclid=EAlalQobChMIw92ttoD27AIVwp13Ch0fngv2EAQYAIABEgLxd_D_BwE&gclsrc=aw.d)

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LUXURY ITEM: My Dyson Fan

WHICH ONE DISC WOULD I SAVE FROM THE WAVES: Luther Vandross - Dance with my father

Judith Eberhardt

DISC 1: Robert Glasper Experiment – Afro Blue. <https://youtu.be/3-OJZlrk4xA>

This is a mixture of jazz, hip hop, and R&B. It's a perfect combination.

DISC 2: Anton Bruckner – 7th Symphony, Allegro Moderato. https://youtu.be/8LOWvF2NO_k

My dad introduced me to this piece of music – it made me want to play in an orchestra. I then learned to play the oboe and played in orchestras for many years, but sadly never had the opportunity to perform this particular symphony.

DISC 3: Radiohead – Glass Eyes. <https://youtu.be/fzK5kbNL2Ak>

Very melancholic and very beautiful. Although the lyrics are full of sadness and anxiety, it's also about being in love and not knowing what lies ahead, but just being in the moment.

DISC 4: Radiohead – Everything in Its Right Place. <https://youtu.be/NUxXh5U25Y>

I need two Radiohead songs in this list – they're my favourite band. Until I heard this song I didn't know that a synthesiser could sound so beautiful.

DISC 5: Fela Kuti – Water No Get Enemy. <https://youtu.be/IQBC5URoF0s>

Fela Kuti is an African legend – one of the greatest African musicians, and a political activist. It was difficult to pick just one of his songs, but this is probably my favourite.

DISC 6: Beck – Waking Light. <https://youtu.be/ixtNYSiNyO4>

Another very melancholic and beautiful piece of music. It reminds me of visiting my family in Germany a few years ago, as I was listening to it quite often then – it makes me feel just a little homesick.

DISC 7: Pharcyde – Passin' Me By. <https://youtu.be/48OYTEZQR9U>

A great song about unrequited love. It was so hard to pick just one of their songs, but this one's a classic.

DISC 8: The Smiths – That Joke Isn't Funny Anymore. <https://youtu.be/igILhbNwVlk>

I only discovered the Smiths a couple of years ago. It's been a revelation. They have so many great songs. I really like this one - it's very cleverly written.

BOOK: (get complete works of Shakespeare and the Bible) Max Frisch – Stiller.

[www.amazon.co.uk/Stiller-Max-](http://www.amazon.co.uk/Stiller-Max-Frisch/dp/351836605X/ref=sr_1_1?crd=3JKTARE4ZF4RR&dchild=1&keywords=max+frisch+stiller&qid=1605291909&srefix=Stiller+max+fri%2Caps%2C158&sr=8-1)

[Frisch/dp/351836605X/ref=sr_1_1?crd=3JKTARE4ZF4RR&dchild=1&keywords=max+frisch+stiller&qid=1605291909&srefix=Stiller+max+fri%2Caps%2C158&sr=8-1](http://www.amazon.co.uk/Stiller-Max-Frisch/dp/351836605X/ref=sr_1_1?crd=3JKTARE4ZF4RR&dchild=1&keywords=max+frisch+stiller&qid=1605291909&srefix=Stiller+max+fri%2Caps%2C158&sr=8-1)

This is a book about an identity crisis. It's not told in a linear way – it keeps jumping back and forth in time. It left a big impression on me when I read it as a teen, and I keep coming back to it.

LUXURY ITEM: my oboe. There'll be plenty of time to practise!

WHICH ONE DISC WOULD I SAVE FROM THE WAVES: Anton Bruckner – 7th Symphony, Allegro Moderato. *it's the longest.*