

1 **Comparative effect of bovine buttermilk, whey, and lactoferrin on the innate immunity**
2 **receptors and oxidative status of intestinal epithelial cells**

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24 **Abstract**

25 Milk contains active molecules with important functional properties as the defensive proteins;
26 among them are the whey protein lactoferrin and proteins of the milk fat globule membrane
27 (MFGM) present in buttermilk. The aim of this study has been to investigate the effect of
28 lactoferrin, whey and buttermilk as modulators of intestinal innate immunity and oxidative
29 stress on intestinal epithelial cells, to evaluate its potential use for the development of functional
30 foods. Innate immune Toll-like receptors (TLR2, TLR4 and TLR9) mRNA expression, lipid
31 peroxidation (MDA+4-HDA) and protein carbonyl levels were analyzed in enterocyte-like
32 Caco-2/TC7 cells treated for 24 hours with different concentrations of lactoferrin, whey or
33 buttermilk. None of the substances analyzed caused oxidative damage; however, whey
34 significantly decreased the levels of lipid peroxidation. Furthermore, both lactoferrin and whey
35 were able to reduce the oxidative stress induced by lipopolysaccharide. Respect to TLR
36 receptors, lactoferrin, whey and buttermilk specifically altered the expression of TLR2, TLR4
37 and TLR9 receptors, with a strong decrease in TLR4 expression. These results suggest that
38 lactoferrin, whey and buttermilk could be interesting potential ingredients for functional foods
39 as they seem to modulate oxidative stress and inflammatory response induced by TLRs
40 activation.

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43 **Keywords:** intestine, oxidative stress, TLR2, TLR4, TLR9

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47 **Introduction**

48 Bovine milk is the most consumed type of milk, and several dairy products have also been
49 produced and consumed worldwide for millennia. Evidence from recent studies, systematic
50 reviews, and meta-analyses indicates that milk and dairy products may reduce or modify the risk
51 of developing cardiometabolic diseases, overweight, obesity and type 2 diabetes mellitus, and
52 probably protect against specific types of cancer, such as colorectal cancer (Thorning et al.
53 2016; Fontecha et al. 2019; Hidayat et al. 2019). Milk, as well as whey and buttermilk, two
54 important by-products of dairy industry, contain active molecules characterized by having
55 functional properties (Svanborg et al. 2015). Among them are the defensive proteins, such as the
56 whey protein lactoferrin, and some proteins located in the milk fat globule membrane (MFGM).

57 Whey is obtained after casein coagulation in cheese manufacture. Traditionally considered a
58 waste product, whey proteins are currently being used to improve technological properties of
59 foods or as an ingredient in functional foods, due to their outstanding functional and nutritional
60 properties (de Wit 1998). Buttermilk, a dairy by-product released in the butter-making process,
61 has been also undervalued for many years. However, several studies have shown that it contains
62 high value-added components, especially the proteins and polar lipids present in the MFGM
63 (Vanderghem et al. 2010).

64 Lactoferrin is a glycoprotein present in many exocrine secretions of mammals, such as milk,
65 saliva and tears (Siqueiros-Cendón et al. 2014), with the ability to bind two ferric atoms per
66 molecule (Baker and Baker 2004). Lactoferrin develops an antimicrobial function by
67 sequestering iron and depriving bacteria from it (Orsi 2004, Jenssen and Hancock 2009), and by
68 altering the permeability of the bacterial outer membrane (Orsi 2004). Lactoferrin exerts
69 antiviral activity by blocking the virus surface or by hampering their binding to the cellular
70 receptors (Van der Strate et al. 2001). Lactoferrin is also involved in some immune processes,
71 such as inhibition of inflammation or promotion of innate and adaptive immune responses
72 (Legrand et al. 2005; Actor et al. 2009), decreasing the production of reactive oxygen species
73 and modulating the pro-inflammatory cytokines (Kruzel et al. 2017).

74 In the digestive tract, the intestinal epithelium is a critical barrier between the body and
75 intestinal content, which activates innate immunity responses to maintain its integrity and
76 physiology (Cario 2008). Toll-like receptors (TLRs) play a key role in the innate immune
77 system, recognizing microbial-associated molecular patterns (MAMPs) and contributing to
78 inflammatory responses (Fukata et al. 2009). In this context, TLR2 and TLR4 recognize cellular
79 components of Gram-positive and Gram-negative bacteria, respectively, while TLR9 detects
80 specific bacterial DNA motifs. The intestinal epithelium is also a major target for oxidative
81 damage due to the constant exposure of reactive oxygen species (ROS) generated by luminal
82 contents (Gill et al. 2010).

83 Therefore, the aim of the present work has been to determine and compare the effect of whey,
84 buttermilk and lactoferrin on mRNA expression of several TLRs, and on the oxidative stress of
85 lipids and proteins in Caco-2/TC7 cells, as a model of human intestinal epithelia.

86 **Materials and methods**

87 **Cell culture**

88 This study was carried out in the human cell line Caco-2/TC7, since these cells are an excellent
89 human enterocyte-like model to study intestinal epithelial physiology (Mesonero et al. 1994).
90 The cells were cultured at 37 °C in a humidified atmosphere with 5% CO₂, and maintained in
91 high-glucose DMEM, supplemented with 2% L-glutamine (2 mM), 1% penicillin (10,000
92 U/mL) and streptomycin (10 mg/mL), 1% nonessential amino acids (10 mM), and 20 % fetal
93 bovine serum (FBS) (Life Technologies, Carlsbad, CA, USA). The cells were passaged
94 enzymatically (0.25% trypsin-1 mM EDTA), subcultured in 25 cm² cell culture flasks (Sarstedt,
95 Nuembrecht, Germany), and seeded at a density of 10⁴ cells/cm². The experiments were carried
96 out in cells cultured for 15 days until morphological and functional enterocyte-like
97 differentiation. The medium was changed 72 h after seeding the cells and then every 48 h. For
98 the experiments, the cells were seeded in 6-well plates at a density of 2 × 10⁵ cells/well. Cells
99 were treated for 24 h with FBS-free culture medium containing either different concentrations
100 of lactoferrin, whey, buttermilk, and/or lipopolysaccharide (LPS) (3 µg/mL) (*E. coli* 0111:B4;

101 Sigma-Aldrich, St Louis, MO, USA). The samples were analyzed in triplicate in at least three
102 independent experiments.

103 **Lactoferrin, whey and buttermilk preparation**

104 Bovine lactoferrin was kindly donated by Tatura Nutritionals Company (Morrinsville, New
105 Zealand). The purity of lactoferrin was checked by SDS-PAGE, which showed a single band
106 corresponding to a protein of about 80 kDa and purity higher than 90%. Lactoferrin had an iron-
107 saturation below 10%. A concentrated solution of lactoferrin was prepared in ultrapure water
108 and it was filtered through a low-binding protein 0.22 µm filter. After filtration, the absorbance
109 of lactoferrin solutions was measured at 280 nm and its concentration determined by
110 considering an extinction coefficient of 12.7 (280 nm, 1% solution).

111 The procedure for obtaining buttermilk and whey from raw bovine milk was performed as
112 previously described (Parrón et al. 2017). Briefly, raw cow milk provided by the dairy industry
113 Villacorona (El Burgo de Ebro, Zaragoza, Spain) was skimmed in a cream separator (ARR-DES
114 125, Suministros Químicos Arroyo, Santander, Spain). The cream was stored at 4 °C overnight
115 and afterwards was churned into butter, obtaining the buttermilk released in the process that was
116 filtered through cheesecloth and stored at -20 °C until use. Skimmed milk was fractionated into
117 casein and whey by casein coagulation at 35 °C for 45 min with recombinant chymosin (Chr.
118 Hansen, Hørsholm, Denmark). The whey fraction was recovered by decanting and filtering
119 through glass wool, and it was stored at -20 °C until use. Concentrated solutions of whey and
120 buttermilk were dissolved in ultrapure water and filtered through low-binding protein 0.22 µm
121 filters before the experiments with cells.

122 The concentration of lactoferrin in whey and buttermilk was determined by radial
123 immunodiffusion according to Sánchez et al. (1992). The content of LPS in lactoferrin was
124 determined by the colorimetric kit ToxinSensor™ Chromogenic LAL (GenScript, New York,
125 USA).

126

127 **Cell homogenate preparation**

128 For cell homogenate preparation, the cells were resuspended and homogenized with cold Tris-
129 mannitol buffer (200 mM Tris, 500 mM mannitol, a protease inhibitor cocktail (Complete Mini,
130 EDTA-free; Roche, Barcelona, Spain), 2% sodium azide, 25 mg/mL benzamidine, and 100 mM
131 phenylmethylsulfonyl fluoride (PMSF)), pH 7.1. Then, the homogenate was disrupted by
132 sonication (15 1-s bursts, 60 W) and centrifuged for 10 min at 4 °C and 3,000 g, and the
133 supernatant was taken for lipid peroxidation and protein carbonyl analysis (Latorre et al.
134 2014b).

135 **Measurement of lipid and protein peroxidation**

136 Caco-2/TC7 cells were treated with lactoferrin, whey or buttermilk at 0.5, 1, 2, 5 or 10 mg/mL
137 concentration during 24 h. Lipid and protein peroxidation were assayed as previously described
138 (Latorre et al. 2014b). Therefore, the level of lipid peroxidation was determined by measuring
139 the concentration of malondialdehyde (MDA) and 4-hydroxyalkenals (4-HDA). Briefly, MDA
140 + 4-HDA reacted with N-methyl-2-phenyl-indole and yielded a stable chromophore that was
141 measured in a spectrophotometer at 586 nm, using 1,1,3,3-tetramethoxypropane as standard.
142 The results were calculated in nmol of MDA + 4-HDA/mg protein and were expressed as the
143 percentage of the control value (100%). Protein oxidation was analyzed by carbonyl level
144 measurement. Cell homogenates were incubated with the classical carbonyl reagent 2,4-
145 dinitrophenylhydrazine (DNPH), and protein carbonylation was measured
146 spectrophotometrically at 375 nm. The results were calculated in nmol carbonyl groups/mg
147 protein and were expressed as percentage of the control value (100%). Protein content was
148 measured by following the Bradford method (Bio-Rad, Hercules, CA, USA).

149 **RNA extraction, reverse transcription and real-time PCR**

150 Total RNA was extracted from cells cultured in 6-well plates (15 days after seeding) as
151 previously described (Latorre et al. 2018), using the RNeasy mini kit and the RNase-free DNase
152 set from Qiagen and following the manufacturer's instructions. The extracted RNA (1 µg) was
153 used as a template for first-strand cDNA synthesis using oligo (dT) primers and a reverse

154 transcriptase (qScript cDNA SuperMix - Quanta Biosciences Inc., Gaithersburg, MD, USA).
155 cDNA obtained by reverse transcription (RT) were used to determine TLR2, TLR4 and TLR9
156 mRNA expression levels by StepOne Plus Real-Time PCR System (Life Technologies, Paisley,
157 UK), using SYBR Green, with GAPDH and HPRT1 as housekeeping genes. The specific
158 primers used are detailed in Table 1. Each sample was run in triplicate, and the mean Ct was
159 determined from the three runs. Relative mRNA expression under each experimental condition
160 (control or treatment) was expressed as $\Delta Ct = Ct_{\text{gene}} - Ct_{\text{calibrator}}$. Then, relative mRNA
161 expression was calculated as $\Delta\Delta Ct = \Delta Ct_{\text{treatment}} - \Delta Ct_{\text{control}}$. Finally, the relative gene expression
162 levels were converted and expressed as fold difference ($=2^{-\Delta\Delta Ct}$).

163 **Statistical analysis**

164 The results are expressed as mean \pm standard error (SE) of the mean. Statistical comparisons
165 were performed using one-way ANOVA followed by the Dunnett post-test with a confidence
166 interval of 95 % ($p < 0.05$), and normal distribution was previously confirmed with the
167 D'Agostino–Pearson test. Statistical analysis is indicated in each figure and was developed with
168 the computer-assisted Prism GraphPad Program (Prism version 7.0, GraphPad Software, San
169 Diego, CA, USA).

170 **Results**

171 **Effect of lactoferrin, whey and buttermilk on lipid and protein oxidation**

172 The results show that Caco-2/TC7 cells treated with different concentrations of lactoferrin or
173 buttermilk display a slight increase in the oxidation of proteins, while treatment with whey
174 shows a small decrease; however, none of these differences were significant at any of the
175 concentrations assayed, compared with the control (Figure 1A, 1B, and 1C).

176 Regarding to lipid peroxidation, whey treatment of Caco-2/TC7 cells show a significant
177 reduction in the oxidation levels at all tested concentrations except at the lowest (0.5 mg/mL)
178 (Figure 1E). Conversely, but in agreement to previous results, lactoferrin and buttermilk did not
179 appear to modify the lipid oxidative status of cells in a significant way (Figure 1D and 1F).

180 The concentration of lactoferrin found in milk fractions was of 0.91 mg/g of lyophilized whey
181 and of 0.48 mg/g of lyophilized buttermilk.

182 **Effect of lactoferrin, whey and buttermilk on TLR2, TLR4, and TLR9 mRNA expression**

183 Since lactoferrin has been involved in processes as inhibition of inflammation or promotion of
184 innate and adaptive immune responses (Legrand et al. 2005; Puddu et al. 2011), we analyzed if
185 treatment with lactoferrin, whey or buttermilk could alter TLR2, TLR4 and TLR9 mRNA
186 expression in Caco-2/TC7 cells differentiated into enterocyte-type cells. As shown in Figure 2,
187 lactoferrin, whey and buttermilk altered the expression of TLR2, TLR4 and TLR9 receptors in a
188 different and specific way.

189 None of the treatment of cells with lactoferrin and buttermilk seemed to affect TLR2 mRNA
190 expression. However, the expression of this receptor was significantly increased by the highest
191 concentration of whey treatment (10 mg/mL) (Figure 2A).

192 Analysis of TLR4 mRNA expression level revealed that it was significantly diminished, at the
193 concentration of 10 mg/mL of lactoferrin, whey and buttermilk (Figure 2B).

194 Finally, the results obtained show that the concentration of 0.5 mg/mL of buttermilk induces a
195 significant increase in TLR9 expression. This increase was also observed in cells treated with
196 lactoferrin, although it was not statistically significant. Oppositely, the highest concentration of
197 buttermilk tested (10 mg/mL) induced a significant decrease in TLR9 mRNA expression
198 (Figure 2C).

199 **Effect of lactoferrin, whey and buttermilk on oxidative stress after LPS challenge**

200 Oxidative stress level was measured on basal state of the cells, i.e. in a situation of normal
201 homeostatic balance. In addition, lactoferrin, whey and buttermilk strongly decreased the
202 expression of TLR4, mainly at high concentrations. Therefore, we decided to analyze the effect
203 of lactoferrin, whey and buttermilk on cells previously stimulated with LPS, a major component
204 of the outer membrane of Gram-negative bacteria recognized by TLR4, which we have
205 previously shown to increase the oxidation of both proteins and lipids (Latorre et al. 2014b).

206 Then, the cells were treated with LPS (3 µg/mL) and/or lactoferrin, whey and buttermilk (0.5
207 and 10 mg/mL) throughout the course of 24 h. Interestingly, the results show that the two tested
208 concentrations of whey and lactoferrin were able to reduced lipid protein oxidation induced by
209 LPS (Figure 3B). Oxidative damage in proteins yielded by LPS was reverted by lactoferrin at
210 the highest concentration assayed (10 mg/mL) and by the two concentrations of whey (0.5 and
211 10 mg/mL) (Figure 3A). In contrast, buttermilk was not able to inhibit or reduce the oxidative
212 stress produced by LPS treatment.

213 The concentration of LPS in the 10 mg/mL lactoferrin solution was of 8×10^{-6} µg/mL.

214 **Discussion**

215 Biological systems are normally subjected to a certain level of oxidative stress; however, when
216 reactive oxygen species exceed certain quantities, some severe physiological disorders can
217 occur (Park et al. 2017). Consequently, there is great interest in finding natural substances that
218 can decrease cellular oxidative stress, and thus some vegetal compounds and milk proteins have
219 been investigated for this purpose. For instance, whey proteins have been proposed as
220 antioxidants in several foods to replace chemical antioxidants (Hu et al. 2003; Peña-Ramos and
221 Xiong 2003; Giblin et al. 2019). Therefore, in this study we have investigated in Caco-2/TC7,
222 the effect of buttermilk, whey and lactoferrin, on their basal oxidative stress and after being
223 challenged with LPS. We have also evaluated the effect of those compounds on the expression
224 of Toll-like receptors 2, 4 and 9.

225 The results obtained showed that the treatment of Caco-2/TC7 cells with whey reduced their
226 basal oxidative stress, although the reduction was only significant for lipid peroxidation.
227 Interestingly, our results agree with those obtained by Piccolomini et al. (2012) that evaluated
228 the protective effect of whey products on ROS levels in Caco-2 cells subjected to H₂O₂. It was
229 shown that whey protein isolate and hydrolysate products, at concentrations of 1 and 2 mg/mL,
230 caused a significant reduction in ROS levels. Another study carried out on the cell line PC12 of
231 rat adrenal pheochromocytoma (Jin et al. 2013) demonstrated that whey protein hydrolysates
232 protected those cells against H₂O₂-induced oxidative stress, by reducing apoptosis and

233 increasing antioxidant enzyme activities. The extensive review by Corrochano et al. (2018)
234 includes several studies about the activity of whey and whey proteins as antioxidants, as well as
235 the effect of heat treatments and hydrolysis on such activity. They concluded that although
236 studies reveal that direct cell exposure to whey samples increases intracellular antioxidants,
237 such as glutathione; however, *in vivo* studies are not yet completely conclusive.

238 The addition of buttermilk or lactoferrin to Caco-2/TC7 cells did not produce any significant
239 effect on the oxidative stress of proteins and lipids. In the case of buttermilk, our results
240 disagree with some previous studies that reported antioxidant activity of this by-product
241 (Conway et al. 2013; Ripollés et al. 2016). However, it has to be considered that in those studies
242 the antioxidant activity was not evaluated on a cellular model, but by chemical assays. On the
243 other hand, one study carried out on the human epithelial colon cancer cell line HT-29 showed
244 that apo-lactoferrin and lactoferrin saturated with selenium were able to regulate the altered
245 redox state of those cells, by exerting antioxidant activity (Burrow et al. 2011). Those authors
246 suggested that lactoferrin could be a valuable component as chemopreventive agent or as a
247 supplement to improve the immunological level. However, our results are not coincident with
248 those of Burrow et al. (2011); this discrepancy could be explained by the different cell line used
249 in both studies.

250 In a model of Caco-2 cells subjected to hydrogen peroxide to mimic the damage produced in
251 processes with intestinal epithelial injury (Liu et al., 2019), the addition of human recombinant
252 lactoferrin down-regulated some inflammatory markers and up-regulated intestinal stem cells
253 and epithelial proliferation markers. Moreover, lactoferrin was also shown to increase the
254 expression of tight junction proteins and the transepithelial electrical resistance in Caco-2 cells,
255 along with a decrease in paracellular permeability (Zhao et al. 2019).

256 Intestinal epithelium is a major target for oxidative damage due to constant exposure of reactive
257 oxygen species (ROS) generated by luminal contents, including microbiota (Gill et al. 2010). In
258 this sense, oxidative stress and activation of TLR pathways can mutually promote each other. In
259 fact, ionizing radiation-induced ROS can increase TLR2 and TLR4 expression through *de novo*

260 protein synthesis pathway (Yoshino and Kashiwakura 2017), while activation of TLR2, TLR3
261 and TLR4 can enhance the oxidative status of intestinal epithelial cells (Latorre et al. 2014b).

262 In this work, we have also observed that the expression of the innate immune receptors TLR2,
263 TLR4, and TLR9, which expression has been demonstrated in Caco-2 cells after certain
264 stimulus, such as bacteria, virus or specific agonists (Wang et al. 2012; 2008; Latorre et al.
265 2018; Hiramatsu et al. 2019), was modified by whey, buttermilk and lactoferrin, although in a
266 different way each of them. Our results show that lactoferrin, whey and buttermilk diminish
267 TLR4 expression, however, only whey seems to increase TLR2 expression and only buttermilk
268 might affect TLR9 expression. These results agree, in part, with those obtained in previous
269 studies, in which the effect of lactoferrin and milk fractions were evaluated on the TLRs of
270 monocytes and peripheral blood mononuclear cells, respectively (Puddu et al. 2011; Kiewiet et
271 al. 2017).

272 Our results show that lactoferrin, whey and buttermilk strongly decrease the expression of
273 TLR4. In this sense, previous studies have shown that lactoferrin interacts with antigen
274 presenting cells, thus having an effect on the expression of soluble immune mediators, such as
275 cytokines, thus regulating inflammation and immunity (Legrand et al. 2005; Puddu et al. 2009).
276 In fact, it has been demonstrated that blocking TLR2 and TLR4 in monocytes affect the
277 induction of IL-6 mediated by bovine lactoferrin, which indicates a critical role of lactoferrin in
278 directing host immune function (Puddu et al. 2011).

279 As far as TLR2 is concerned, our results showed no effect of lactoferrin or buttermilk; however,
280 an increase in TLR2 expression was observed in cells treated with high concentrations of whey.
281 Interestingly, TLR2 has been shown to contribute to epithelial barrier function by different
282 mechanisms, including the organization of tight junction zonula occludens 1 protein (ZO-1)
283 (Cario et al. 2004) and the increase of intestinal mucosa repair and renewal (Hörmann et al.
284 2014), being postulated to ameliorate intestinal injury induced by chronic inflammatory
285 processes.

286 It is of great interest that our results show the opposite effect on the modified expression of
287 TLR4 and TLR9, decreasing the levels of the former and increasing those of the latter. In other
288 studies, the effect of bovine lactoferrin on several TLRs on human monocytic leukemia cell line
289 has been explored, showing a TLR4 activation (Figuroa-Lozano et al. 2018). On the other
290 hand, it has been reported that TLR9 plays a role in one of the major pathways responsible for
291 the anti-inflammatory effects of genomic DNA from lactobacilli (Kim et al. 2012), and that
292 TLR9 in epithelial cells can neutralize inflammatory signals induced by the activation of other
293 TLRs (Vijay 2018). Therefore, an increase in TLR9 expression, as induced by lactoferrin and
294 whey could help in the anti-inflammatory effects, even though the effects of lactoferrin have not
295 been statistically significant.

296 Except for the whey that reduces lipid peroxidation, our results do not show a significant effect
297 of lactoferrin, whey or buttermilk on the basal state of cellular oxidation. However, both
298 lactoferrin and whey have shown an ability to reverse LPS-induced oxidative damage in lipids
299 and proteins. In the case of lactoferrin, this effect can be exerted by direct binding to LPS, as it
300 has been proved that lactoferrin neutralizes free LPS, by avoiding the formation of LPS
301 complexes that activate the TLR4 signaling pathways (Drago-Serrano et al. 2012). In some
302 studies performed *in vivo*, Kruzel et al. (2010) showed that lactoferrin attenuated mitochondrial
303 dysfunction in LPS-treated animals, suggesting a protective role for lactoferrin in mitochondrial
304 ROS production (Kruzel et al. 2010).

305 The protective effect of lactoferrin on the action of LPS has been studied in *in vitro* and *in vivo*
306 models. Thus, Hirotsani et al. (2008) showed in Caco-2 cells that LPS decreased their barrier
307 permeability, altering the expression of two key tight junction proteins. The authors also proved
308 an increase of oxidative damage by LPS, which was attenuated by lactoferrin from human milk.
309 In the study by Kruzel et al. (2002) provoked a LPS-induced endotoxaemia in mice and
310 administered intraperitoneally human lactoferrin as a prophylactic, concurrent or therapeutic
311 event relative to endotoxic shock. It was found that lactoferrin exerted a differential regulation
312 of pro-inflammatory and anti-inflammatory mediators.

313 The content of lactoferrin in the whey and buttermilk fractions used in this study (4.8 and 9.1
314 µg/ml, respectively, in the most concentrated samples) is very low compared to the assayed
315 concentrations of lactoferrin. Therefore, the effect of whey and buttermilk observed could be
316 attributed to the rest of proteins and peptides present, as they are a complex mixture. The
317 different effect of whey, compared to buttermilk, in the reversion of LPS-induced oxidative
318 damage in lipids and proteins could be related with the presence in whey of glycomacropeptide
319 (GMP). This compound is released from kappa-casein by the enzymatic action of chymosin
320 when casein is coagulated in cheese manufacture. In some studies GMP, and specially its
321 hydrolysates, have been proposed to have a modulatory activity on macrophage TLR4 and
322 potential LPS inhibitors (Cheng et al. 2015). These results suggest that the effects of lactoferrin
323 and whey may be evident in tissues that have been exposed to inflammatory or oxidative stress
324 promoting conditions, as previous studies have concluded for some anti-inflammatory cytokines
325 such as IL-10 (Latorre et al. 2014a). Moreover, the greater antioxidant effect observed for whey,
326 in part, may be due to the combination of a strong reduction in TLR4 along with an increase in
327 TLR2 and TLR9 expression. Thus, a lower expression of TLR4 would add to the beneficial
328 effects described for TLR2 (Cario et al. 2004; Hörmann et al. 2014) and TLR9 (Kim et al. 2012;
329 Vijay 2018).

330 Taking into account that there are few studies on the activity of milk proteins on oxidative stress
331 and TLR expression, and since our results show some contradictory effects depending on the
332 TLR analyzed, it should be necessary to carry out further experiments to wide our knowledge
333 on the influence of dairy fractions and proteins on the innate immune system, as well as the
334 inflammatory responses of tissues, such as the intestine.

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522 **Table 1.** Primer sequences used for real-time PCR analysis of expression of Toll-like receptor
 523 and housekeeping genes in Caco-2/TC7 cells.

Gene	Forward primer (5'-3')	Reverse primer (5'-3')	Amplicon size (bp)
TLR2	GAAAGCTCCCAGCAGGAACATC	GAATGAAGTCCCGCTTATGAAGACA	146
TLR4	TTGAGCAGGTCTAGGGTGATTGAAC	ATGCGGGACACACACACTTTCAAATA	143
TLR9	AGTCCTCGACCTGGCAGGAA	GCGTTGGCGCTAAGGTTGA	168
HPRT1	CTGACCTGCTGGATTACA	GCGACCTTGACCATCTTT	256
GAPDH	CATGACCACAGTCCATGCCATCACT	TGAGGTCCACCACCCTGTTGCTGTA	137

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540 **Figure captions**

541 **Fig. 1.** Effect of lactoferrin, whey and buttermilk on protein oxidation (A-C) and lipid
542 peroxidation (D-E). Caco-2/TC7 cells were treated during 1 day with lactoferrin, whey or
543 buttermilk at 0.5, 1, 2, 5 or 10 mg/mL. Results were expressed as the percentage of the control
544 value (100%) and were indicated as the mean \pm SE of three independent experiments. * $p < 0.05$,
545 ** $p < 0.01$ and *** $p < 0.001$, compared with control.

546 **Fig. 2.** Real-time PCR analysis of TLR2, TLR4 and TLR9 mRNA expression: modulation by
547 lactoferrin, whey and buttermilk treatment. Caco-2/TC7 cells were treated with lactoferrin,
548 whey or buttermilk at either 0.5 or 10 mg/mL concentration during 1 day. Relative
549 quantification of mRNA expression was performed using comparative Ct method ($2^{-\Delta\Delta C_t}$).
550 Results are expressed as arbitrary units (control = 1) and are the mean \pm SE of three independent
551 experiments. * $p < 0.05$ and *** $p < 0.001$ compared with the corresponding control.

552 **Fig. 3.** Effect of lactoferrin (LF), whey (W), buttermilk (BM) and/or LPS on protein oxidation
553 (A) and lipid peroxidation (B). Caco-2/TC7 cells were treated during 1 day with either LPS 3
554 $\mu\text{g/mL}$ and/or lactoferrin (LF), whey (W) or buttermilk (BM) at two concentrations, 0.5 and 10
555 mg/mL. Results were expressed as the percentage of the control value (100%) and were
556 indicated as the mean \pm SE of four independent experiments. ** $p < 0.01$ and *** $p < 0.001$,
557 compared with control. # $p < 0.05$, ## $p < 0.01$, and ### $p < 0.001$ compared with LPS treatment.

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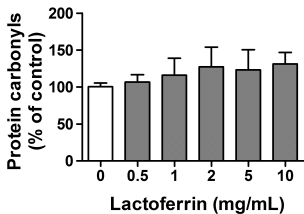
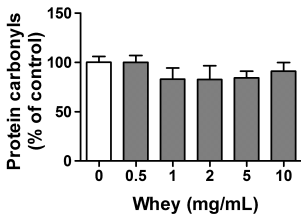
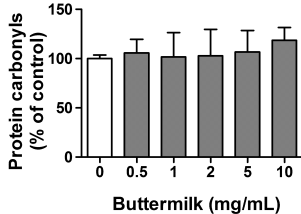
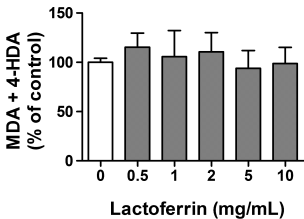
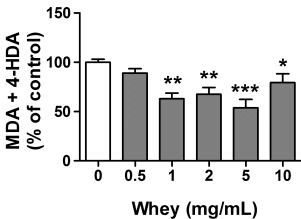
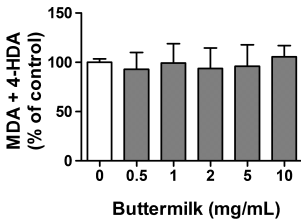
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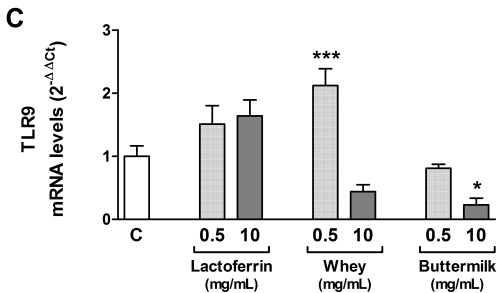
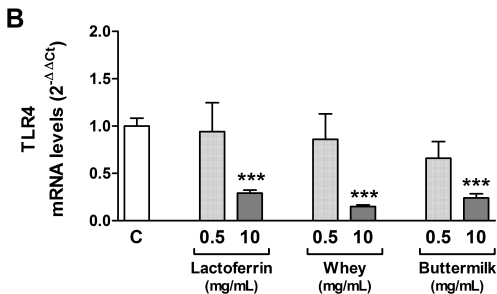
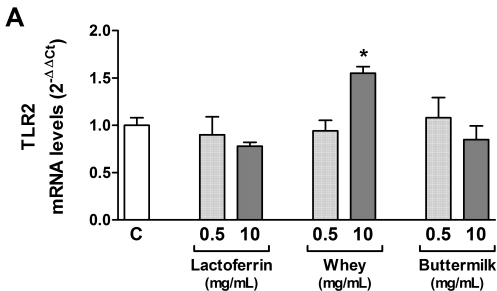
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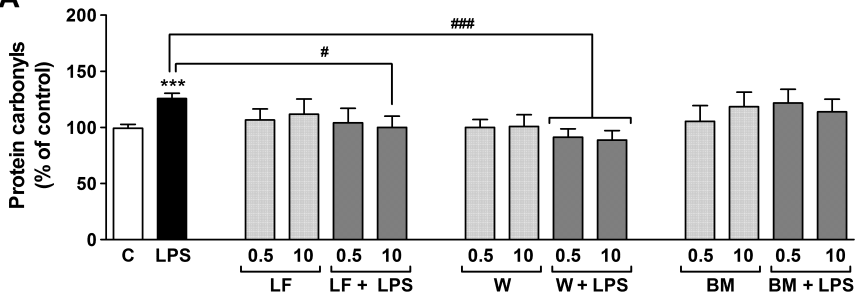
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A**B****C****D****E****F**



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