

# QuEChERS and C<sub>18</sub> as solid phase extraction sorbent - ultra-high performance liquid chromatography -ultraviolet-visible method for determination of nine parabens in cosmetics products

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## ABSTRACT

Concerns are growing about human exposure to endocrine-disrupting chemicals (EDCs), especially during the preadolescent development stage. Parabens are prevalent EDCs widely used as additives in cosmetics. So, the determination of parabens in such products is important. In this study, we developed a reliable and sensitive method to determine simultaneously nine common parabens (methylparaben, ethylparaben, phenylparaben, benzylparaben, pentylparaben, and two groups of isomeric compounds include propylparaben, isopropyl paraben, and butylparaben, isobutylparaben) in cosmetics products. The QuEChERS and solid-phase extraction techniques are used for extraction parabens from non-surfactant cosmetics (perfume, mouth wash solution) and surfactant cosmetics (shampoo, cream, gel), respectively and quantified by using ultra-performance liquid chromatography coupled with the ultraviolet-visible detector. All nine compounds showed good linearity with regression coefficients predominantly above 0.990. The LOD and LOQ of parabens were 0.07 µg/mL; 0.2 µg/mL, respectively. The recoveries ranged from 80 to 110% with the relative standard deviations below 8%. The developed method was successfully applied to determine parabens in various commercial cosmetic products from a local supermarket and the total parabens concentrations are in a wide-ranged from 2.0 to 1270 mg/kg.

**Keywords:** paraben, cosmetic, QuEChERS, solid phase extraction.

## INTRODUCTION

Cosmetics are commercially available products that can protect human skin from ultraviolet (UV) radiation and improve skin appearance because of their anti-oxygenation effects. Cosmetics products are used daily by many consumers, contributing to the improvement of their well-being (Guan *et al.*, 2005). Parabens or esters of 4-hydroxybenzoic acid with slight differences in the ester group, including methylparaben (MeP), ethylparaben (EtP), phenylparaben (PhP), benzylparaben (BzP), pentylparaben (PeP), propylparaben (PrP) and isopropylparaben (i-PrP); butylparaben (BuP) and isobutylparaben (i-BuP) are the most commonly used preservatives in cosmetic products to inhibit

or prevent microbial and fungal growth and extend the shelf life of the products, because of the broad antimicrobial spectrum, good stability, non-volatility, and effectivity in a wide pH range (Soni *et al.*, 2005). However, some studies have shown that the big amount using these preservatives in cosmetics may result in potential health risks due to their estrogenic activity and perturbation of the endocrine system (Márquez-Sillero *et al.*, 2010). Human exposure to parabens can occur through different pathways, such as ingestion, inhalation, and dermal exposure (Larsson *et al.*, 2014). However, regulations have only accounted for their use in the formulation of cosmetic products, whose maximum concentration is 0.4% for individual use and 0.8% for use in mixtures, except

propylparaben and butylparaben, whose limits decrease to 0.14 and 0.19%, respectively (European Commission, 2014).

With regard to the analytical techniques for the determination of preservatives, reported methods for the determination of parabens are based on gas chromatography (GC) (Lin *et al.*, 2000), capillary electrophoresis (CE) (Wang *et al.*, 1998) and high-performance liquid chromatography (HPLC) (Borremans *et al.*, 2004). Among those methods, reversed-phase liquid chromatography (LC) coupled with ultraviolet-visible spectrophotometry (UV/Vis) (Kim *et al.*, 2011; Piao *et al.*, 2014), and tandem mass spectrometry (MS/MS) (Moreta *et al.*, 2015) detectors are the most commonly used. Among them, liquid chromatography (LC) has been the most common.

About sample preparation, different extraction procedures are developed. Given the complexity of cosmetic matrices and low concentrations at which parabens are found, a step of sample preparation is needed to pre-concentrate, decrease interferences, and provide cleaner extract for further analysis (Piao *et al.*, 2014). In the vast majority of cases, liquid-liquid extraction (LLE) has been the primary sample preparation method to achieve this objective but LLE methods are time consuming and tedious, and utilize large amounts of high purity organic solvents, which are potentially toxic and expensive. Another extraction method liquid-phase micro extraction (LPME) which is simple to implement and generally fast, however, the technique is not suitable for complex samples. While solid phase extraction (SPE) is one of the most common methods of extraction of contaminants from samples because of its effectiveness (Márquez-Sillero *et al.*, 2010). SPE has been widely reported for the extraction of parabens (Renz *et al.*, 2013) coupled with other sample preparation techniques (Rocío-Bautista *et al.*, 2015).

For non-surfactant cosmetics, QuEChERS has been less studied than other sample preparation methods that have been applied to the analysis of parabens in hair spray, perfume, deodorant, and mouthwash. QuEChERS extraction method was originally developed for the multi-residue analysis of pesticides in food (DeArmond *et al.*, 2015). Nowadays, it is a sample preparation technique of choice for the analysis of a variety of chemicals in a variety of different samples. (Perestrelo *et al.*, 2015). Analyses of parabens are important because many recent studies have

observed that exposure to parabens may either modulate or disrupt the endocrine system, exhibit estrogenic activity, lead to cancer, and cause adverse effects.

To the best of our knowledge, this is the first work addressing a reliable and useful analytical method, special emphasis is paid concerning rapidness and simplicity on sample preparation, besides on accuracy and sensitivity. To reach this purpose, methods base on SPE and QuEChERS with determination by ultra-liquid chromatography coupled with ultraviolet-visible detector are validated. Thus, the aim of this study is simultaneous determination of nine parabens in cosmetics products using SPE and QuEChERS for sample preparation.

## MATERIAL AND METHODS

### Chemical and materials

HPLC-grade acetonitrile, methanol, and water were purchased from Merck Company (Darmstadt, Germany). Methylparaben 99.9% (MeP), ethylparaben 99.8% (EtP), phenylparaben 99.0% (PhP), benzylparaben (BzP) 99.2%, pentylparaben 99.7% (PeP), propylparaben 99.8% (PrP) and isopropylparaben 99.7% (i-PrP); butylparaben 99.7% (BuP) and isobutylparaben 99.7% (i-BuP) standards were supplied from Sigma-Aldrich (Milwaukee, WI, USA). The solid phase extraction column was Silicycle C<sub>18</sub> 500mg/6mL (Quebec, Canada).

### Instrumentation and chromatographic conditions

The chromatographic analysis was performed on the Waters UPLC Acquity H-class system equipped with a tunable UV-Visible detector (TUV). Chromatographic data were acquired and processed by Masslynx 4.0 software. The analytical column was a UPLC Cortecs C<sub>18</sub> plus (2.1x100mm, 1.6µm). Elution programs were studied by using acetonitrile as eluent (A) and water as eluent (B). The optimized gradient elution program was as follows: 0.0-2.0min, 28% A; 2-8.5min, linear gradient 40% A; 8.5-9.0min, linear gradient 45% A; 9.0-10.7min, linear gradient 90% A; 10.7-13min, linear gradient 100% A; 13-13.5min, linear gradient 28% A; 13.5-15.0min, hold 28% A. All chromatographic experiments were performed at room temperature. The injection volume was 10.0µL. The separation was accomplished at a constant flow of 0.2mL/min. The detection wavelength was 260nm for identifying all parabens.

### Data analysis

Masslynx software (Waters) was used for instrument control and data processing. Data analysis for validation was performed by using Excel software version 2010 (Microsoft).

### Preparation of standard solutions

Individual standard stock solutions were prepared at a concentration of 400µg/mL in methanol and stored for about 6 months when stored in a refrigerator at 4°C. The working standard solution containing 40µg/mL of each standard compound were prepared daily by mixing and diluting the stock standard solution with methanol to the required concentrations.

### Sample preparation

In our study, we used the QuEChERS method for analysis of parabens in non-surfactant cosmetics (perfume, mouthwash solution) and solid phase extraction-SPE method for surfactant cosmetics (cream, gel, shampoo). QuEChERS and SPE procedure were described below:

#### QuEChERS procedure

QuEChERS method was a sample preparation approach developed by Anastassiades, *et al.* as a simple, rapid, effective, yet inexpensive way to extract analytes from the matrix, followed by a dispersive solid-phase extraction (d-SPE) cleanup of the extract (Perestrelo *et al.*, 2015). One gram of cosmetics was weighed into a 50mL centrifuge tube, then added 5mL of water to disperse sample, then 10mL of acetonitrile was added and shake vigorously for 2min, 6g anhydrous Na<sub>2</sub>SO<sub>4</sub> and 1.5g NaCl were then added and the mixture was shaken immediately for one minute. Centrifugation was carried out at 4000 rpm for 5min and the clean-up step was done with d-SPE included a mixture of 1g MgSO<sub>4</sub>, 800mg PSA and 400mg C<sub>18</sub> with 5mL of acetonitrile. The mixture was shaken well and centrifuged at 4000 rpm for 5min, after that, 4mL was taken out, dried using nitrogen evaporator and residue dissolved in 4.0mL of methanol, water in a ratio of (40:60) and filtered through a 0.22µm Nylon filter and transferred into a vial. The final samples were injected on UPLC/TUV.

#### SPE procedure

To extract parabens from cosmetics, some previous studies used methanol (Shen *et al.*, 2007), diethyl ether (European Commission, 1996),

acetonitrile (Huang *et al.*, 2006), chloroform (Jain *et al.*, 2013). In our study, to minimize the non-polar matrix co-extractives and optimize extraction efficiency, we examined several ratios of methanol, acetonitrile and sample weight.

About 400mg of cosmetics was accurately weighed into a 50mL centrifuge tube then 1mL of methanol was added, then vortex for 5min, after that centrifuged at 4.000rpm for 1min. The supernatant was transferred to another 50mL centrifuge tube and diluted to 25mL by water.

The C<sub>18</sub> SPE cartridge was conditioned with 6mL of MeOH and equilibrated with 6mL of water. 25mL prepared sample solution was loaded on the SPE cartridge at a flow rate of 1mL/min, washed with 6mL water and 2mL mixture of methanol and water in a ratio of 20:80 (v/v) and eluted with 2mL mixture of methanol and water in a ratio of 80:20 (v/v). The eluted solution was diluted to 4mL by water and filtered through a 0.22µm Nylon filter and transferred into a vial.

### Method validation

Method validation is the process used to confirm that the analytical procedure employed for a specific test is suitable for its intended use. The proposed method was validated following the guideline from the Association of Official Analytical Chemists (AOAC, 2002). The testing parameters were system suitability, specificity, linearity, the limit of detection (LOD) and quantification (LOQ), accuracy and precision.

## RESULTS AND DISCUSSION

### Optimization of the UPLC method

The choice of the optimal chromatographic conditions was performed by the analysis of a multi-standard mixture working solution, containing 1µg/mL of each standard compound. Two different elution methods (isocratic and gradient) were examined by using reverse-phase Cortecs C<sub>18</sub> plus column with detection wavelength at 260nm.

The result showed that all parabens were completely separated in about 13min by using the isocratic program consisting of acetonitrile and water in a ratio of 40:60 (v/v). However, this program could not elute strongly retained interferences from the column resulted in late eluted peak appearing in the next sample chromatogram, which decreased the accuracy, reproducibility of analytes peak area and the performance of the analytical column (Figure 1a).

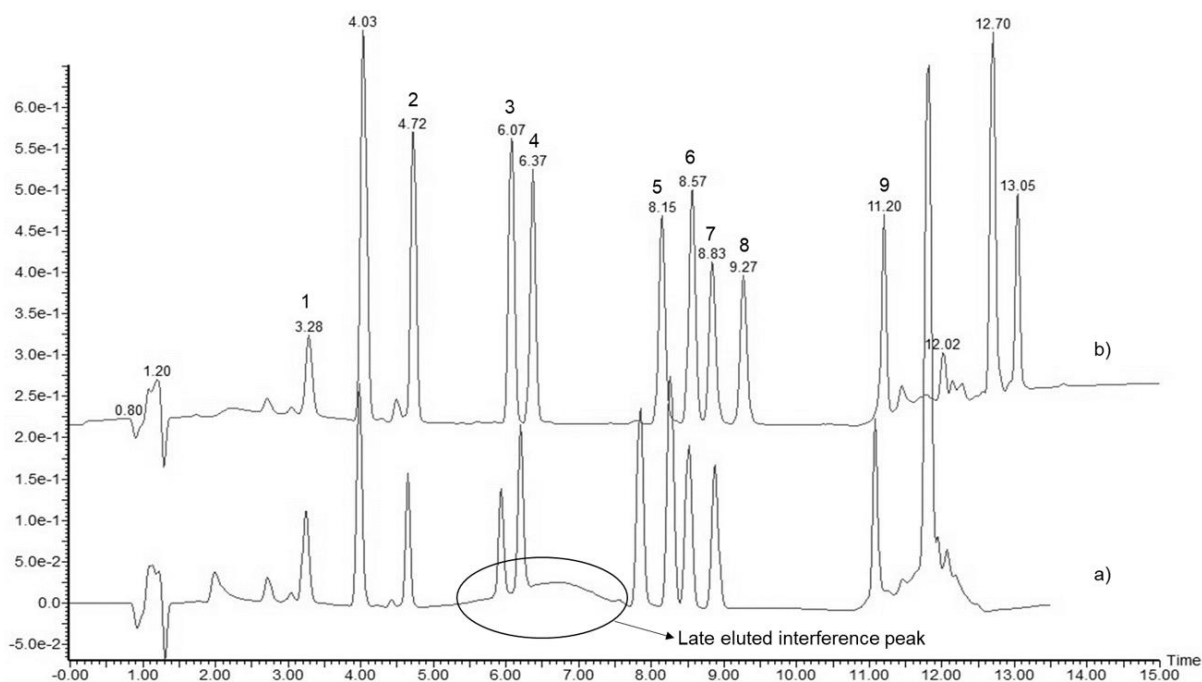


Figure 1. UPLC chromatogram of mixed parabens standard solution at 260 nm. 1.MeP, 2.EtP, 3.i-PrP, 4.PrP, 5.PhP, 6.i-BuP, 7.BuP, 8.BzP, 9.PeP. a) Isocratic elution program; b) Optimized gradient elution program

At lower acetonitrile concentration (30%), the separation was achieved but with long analysis time (>30 min). Therefore, the gradient method was applied. Some gradient elution programs were studied. Figure 1b showed the chromatogram of optimal gradient elution. With this program, all analytes and matrices were well separated with the total run time of about 15 min.

### Optimization of sample preparation

For analysis of cosmetic products, sample pretreatment plays an important role to remove the sample matrices and eliminate the analytical interference. Preliminary experiments suggested that liquid-liquid extraction was not an effective way to use for the determination of parabens in cosmetics, because of the formation of stable emulsion and wide polarity range of parabens. To solve these issues, QuEChERS and solid-phase extraction (SPE) was evaluated to be applied to the sample pretreatment for parabens.

### QuEChERS method

To evaluate the purification efficiency of each procedure, the dried residues of the tested samples were weighed and compared. First of all, the extraction solvent was the primary

consideration, which had a great impact on the efficiency of the extraction. Based on the solubility of parabens, several solvent ratio combinations of water and methanol with acetonitrile were investigated. The results showed that the mixture of water and acetonitrile in a ratio of 1:2 (v/v) had the highest recovery and was similar to the mixture methanol and acetonitrile in the same ratio. Besides, when the ratio of methanol increased, the liquid-liquid portioning and salting-out step were less efficient, resulted in more polar interference in the acetonitrile layer. Therefore, the mixture of water and acetonitrile was more suitable than methanol and acetonitrile.

Due to the complexity of a cosmetic matrix, a cleanup step was necessary for the pretreatment. Basically, PSA (primary secondary amine) and C<sub>18</sub> are the most commonly used as adsorbents in the d-SPE cleanup of QuEChERS. PSA is a weak anion exchanger that can remove various organic acids, fatty acids, and some acidic polar interference, and C<sub>18</sub> can absorb substances like lipids and other compounds that have long carbon-chain (Perestrelo *et al.*, 2015). Therefore, to remove non-polar interference such as surfactants, fatty acids, alkyl-betaines, mineral oils, pigments from matrix, we examined four d-SPE kits: kit 1 (200mg MgSO<sub>4</sub>,

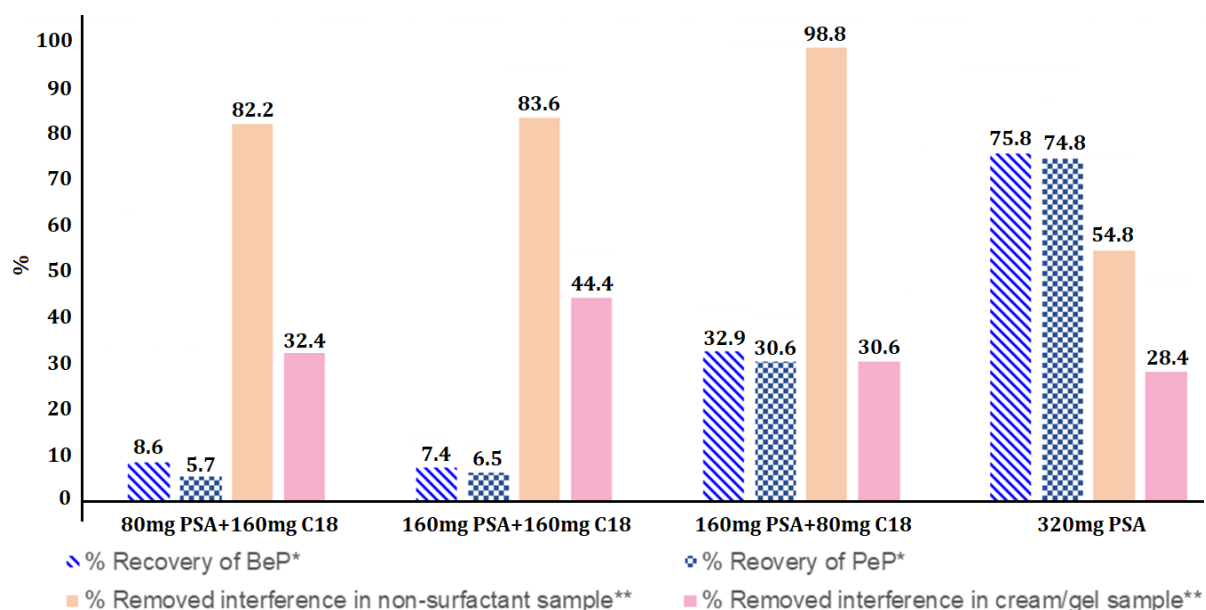


Figure 2. Effect of the amount of PSA and C18 in d-SPE kit on the recovery (%) of parabens and purification efficiency.

(\*): Recovery values were calculated by comparison between the peak area of parabens from a tested sample and standard parabens solution at the same concentration; (\*\*): Values were calculated by comparison between the mass of dried residue from a tested sample and which were not applied d-SPE

Table I. Recovery (%) of parabens and removed interference (%) in several washing solvents after loading in SPE C<sub>18</sub> cartridge

Washing solvent	Recovery of MeP (%)	Removed interference (%)*	Recovery ranged of nine parabens (%)**
10% ACN	97.4	6.5	90.8 – 102.6
20% ACN	61.6	64.8	61.6 – 105.9
30% ACN	33.2	80.2	33.2 – 94.6
10% MeOH	97.5	1.3	97.5 – 105.2
20% MeOH	94.2	54.4	94.2 – 101.3
30% MeOH	60.8	71.4	60.8 – 97.3

(\*): Values were calculated by comparison between the mass of dried residue from a tested sample and which were washed by water; (\*\*): Values were calculated by comparison between the peak area of parabens from a tested sample and standard parabens solution at the same concentration

80mg PSA, 160mg C<sub>18</sub>), kit 2 (200mg MgSO<sub>4</sub>, 160mg PSA, 160mg C<sub>18</sub>), kit 3 (200mg MgSO<sub>4</sub>, 160mg PSA, 80mg C<sub>18</sub>), kit 4 (200mg MgSO<sub>4</sub>, 320mg PSA) per 1mL extracted solution. The results showed that all mixtures of PSA and C<sub>18</sub> (kit 1, 2, 3) adsorbed more than 80% interference of non-surfactant cosmetics, and presented poor purification efficiency with cream and gel samples (Figure 2). The use of kit 1 and 2 resulted in a great decrease (almost 90%) in the recoveries of BzP, PeP while the other compounds had a good

recovery. Interestingly, kit 4 which had the highest PSA amount and did not have C<sub>18</sub> presented the highest recovery of these compounds (>70%), however, it could not remove non-polar interference effectively. Additionally, kit 3 displayed the best results among all four d-SPE kits, it had better recovery of BzP, PeP (>30%) and presented the highest purification efficiency. The main explanation was that C<sub>18</sub> sorbent adsorbed BzP, PeP which were the most hydrophobicity parabens resulted in its poor recovery.

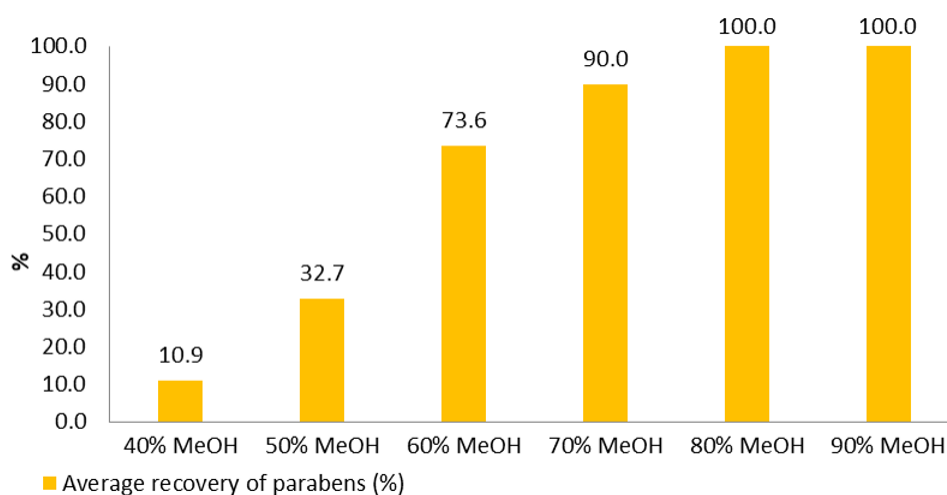


Figure 3. Effect of the methanol (%) in elution solution on the recovery (%) of parabens.

Table II. Precision, accuracy data, calibration equations and correlation coefficients of shampoo matrix

Parabens	Recovery (%)			Precision (1.0µg/g) (n=6)		Calibration curve	
	Low-level (0.8µg/g)	Mid-level (1.0µg/g)	High-level (1.2µg/g)	Intraday RSD (%)	Interday RSD (%)	Equation	r <sup>2</sup>
MeP	101.0	108.1	101.3	6.5	7.2	y = 11253x	0.999
EtP	95.2	98.0	95.5	6.2	3.3	y = 32846x	0.998
i-PrP	92.1	95.8	99.6	1.0	4.0	y = 15788x	0.998
PrP	90.7	94.4	98.4	5.2	4.9	y = 14882x	0.998
PhP	94.0	95.6	99.1	1.9	1.4	y = 28693x	0.997
i-BuP	92.8	95.0	94.2	4.9	6.0	y = 32388x	0.996
BuP	90.4	95.0	99.6	5.2	4.3	y = 22246x	0.997
BzP	87.8	98.0	98.4	4.8	5.7	y = 22074x	0.997
PeP	104.2	101.2	98.5	2.4	2.3	y = 19262x+834	0.999

The results indicated that PSA adsorbed interference from cosmetics more effective than C<sub>18</sub>, and the PSA/C<sub>18</sub> combination could improve the clean-up performance of the d-SPE kit. Therefore, we suggested a QuEChERS method with a d-SPE kit combined 200mg MgSO<sub>4</sub>, 160mg PSA and 80 mg C<sub>18</sub> per 1mL extracted solution for determination parabens (excepted BzP, PeP) in non-surfactant cosmetic.

**Solid-phase extraction**

The results showed that a similar recovery of parabens with methanol and acetonitrile as extraction solvent at sample weight, solvent volume in a ratio of 1: 4 (w/v). Due to acetonitrile precipitated hydrophobic excipients less effective than methanol and decreased the retention efficient of MeP in SPE C<sub>18</sub>, we suggested methanol as an extraction solvent.

To eliminate the influence of the matrix by an effective clean-up procedure, the SPE C<sub>18</sub> cartridge (500mg, 6mL) was used. Different washing and eluting solvents were examined to optimize clean-up efficiency. Methanol extracts of the samples spiked with parabens were diluted by water to 25mL and loaded onto the SPE columns. Data from table I showed that the recovery of MeP was most affected by the ratio of organic solvent, especially acetonitrile because MeP was more polar than other parabens. Besides, when samples were washed with 20% of aqueous methanol, all parabens presented a good recovery (>90%) and samples were purified acceptably. Therefore, 20% of methanol in water was preferred in this study. Several ratios of methanol in water (40- 90%) were examined to find out suitable elution solvent which strong enough to elute all analytes weak enough to leave and strongly retained impurities behind.

Table III. Results of parabens in cosmetic products

Matrix	Sample	Concentrations of parabens (%)									Total
		MeP	EtP	i-PrP*	PrP	PhP*	i-BuP*	BuP	BzP*	PeP*	
Shampoo	SH01	0.0012	--	--	--	--	--	--	--	--	0.0012
	SH02	0.0005	--	--	--	--	--	0.0002	--	--	0.0007
	SH03	0.0014	0.0019	--	0.0002	--	--	--	--	--	0.0035
	SH04	0.0864	--	--	0.0197	--	--	--	--	0.0091	0.1152
	SH05	--	--	--	0.0006	--	--	--	0.0005	--	0.0011
	SH06	--	--	--	0.0005	--	--	--	--	--	0.0005
	SH07	--	--	--	0.0006	--	--	--	--	--	0.0006
	SH08	--	--	--	0.0005	--	--	--	--	--	0.0005
	SH09	0.0005	--	--	--	--	--	--	--	--	0.0005
	SH10	0.0006	--	--	0.0007	--	--	--	--	--	0.0013
	SH11	--	--	--	--	--	--	--	--	--	--
	SH12	0.0027	--	--	0.0001	--	--	--	--	--	0.0028
Shower gel	GE01	--	--	--	--	--	--	--	--	--	--
	GE02	0.0011	--	--	--	--	--	--	--	--	0.0011
	GE03	--	--	--	--	--	--	--	--	--	--
	GE04	0.0016	--	--	--	--	--	--	--	--	0.0016
Feminine wash	FW01	--	--	--	--	--	--	0.0091	--	--	0.0091
	FW02	--	--	--	--	--	--	0.0006	--	--	0.0006
	FW03	0.0102	--	--	0.0673	--	--	0.039	--	--	0.1165
Makeup remover	MR01	0.127	--	--	--	--	--	--	--	--	0.127
	MR02	--	--	--	--	--	--	--	--	--	--
Hand wash	HW01	--	--	--	--	--	--	0.0013	--	--	0.0013
Cleanser	CL01	0.001	--	--	--	--	--	--	--	--	0.001

(--): Not detected; (\*): Parabens were prohibited in cosmetic products by European Commission (European Commission, 2014).

The resulted showed that 80% of methanol provided the optimum recovery of all parabens (Figure 3).

#### Matrix effect evaluation

After optimizing SPE parameters and *QuEChERS method*, the matrix effect was evaluated by comparison of the data from aqueous samples and blank samples cream, shampoo, non-surfactant cosmetics (perfume and mouthwash solution) both spiked with the standard parabens solutions at 2µg/mL. The results showed that the presence of polar and non-polar interferences did not interfere in the identification and quantification parabens in cosmetic products.

#### Method validation

System suitability was tested by performing six replicate injections and determining the repeatability of retention time and peak area of parabens. The %RSD values of peak area and retention time of all parabens ranged from 0.09 to 1.65, and 0.06 to 0.92, respectively. So, the proposed method met the requirement (RSD% ≤ 2%).

The linear correlation coefficients ( $r^2$ ) are higher than 0.990 which was the acceptance value of AOAC guideline with the range from 0.2 to 2.0µg/mL (Table II). The LOD and LOQ values calculated by considering a value 3 times and 10 times that of the baseline noise were 0.07 and 0.2

µg/mL, respectively which allowed the determination of the target compound in a wide range of concentrations. The LODs of the parabens obtained in this study are slightly better than those reported in other studies using HPLC/UV instruments (Fei *et al.*, 2011; Gao and Legido-Quigley, 2011; Zotou *et al.*, 2010).

The recovery and precision data were obtained for all parabens spiked at concentrations of 0.8, 1.0 and 1.2 µg/mL in shampoo and each concentration was conducted on six replicates. The results are summarized (Table II). The overall intra- and inter-day variations (RSDs) of nine parabens were less than 6.5% and 7.2%, respectively, with the recovery ranged within 87.8–106.6% and met the requirement of AOAC guideline (75–120%). The developed method resulted in satisfactory recoveries for all the tested compounds.

#### Application to real samples

To evaluate the method applicability, the proposed method was applied to determine parabens in 23 cosmetic products including shampoo, shower gel, feminine wash, makeup remover, hand wash, and cleanser collected from the supermarket (Table III). The results showed that the detection frequencies of parabens in these samples (n=23) were 19 samples (82.6%), which contained at least one paraben. In general, MeP and PrP were the most commonly used parabens since their combination produces a synergic effect against various microorganisms, which was similar to the results of previous studies (Lokhanauth and Snow, 2016; Moreta *et al.*, 2015). In these samples, the parabens were quantified in a wide-ranged from 0.0002 to 0.1270% (2 – 1270mg/kg). Total concentrations of parabens in all samples were below 0.14%, which was within the recommendations of the European Commission for cosmetic products (European Commission, 2014). Besides, three prohibited parabens combined i-PrP, PhP, and i-BuP were not detected in all cosmetic samples. However, two shampoo samples SH04 and SH05 contained two banned parabens included PeP, BzP at 0.0091 and 0.0005% respectively. The results indicated that the developed method could apply to determine parabens in a wide concentration range and detect banned parabens in various cosmetic products.

#### CONCLUSION

A simple and reliable method was developed and validated for the simultaneous determination of parabens from cosmetics. Analytes were

extracted and purified by using cost-effective techniques, especially QuEChERS, which was the most popular and flexible sample preparation method in the modern analytical laboratory. Following extraction, the analysis was carried out by ultra-performance liquid chromatography coupled with UV detection, which exhibited good linearity ( $r^2 > 0.990$ ). Besides, this instrument provided short analysis time and high sensitive procedure that was important factors for the determination of both permitted and banned parabens in routine analysis.

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