



#### **Abstract**

 Making predictions about aliens is not an easy task. Much of the work that has been done has focused on extrapolating from empirical observations and mechanistic understanding of physics, chemistry, and biology. Another approach is to utilise theory to make predictions that are not tied to details of Earth. Here, we show how evolutionary theory can be used to make predictions about aliens. We argue that aliens will undergo natural selection – something that should not be taken for granted but that rests on firm theoretical grounds. Given aliens undergo natural selection, we can say something about their evolution. In particular, we can say 22 something about how complexity will arise in space. Complexity has increased on Earth as a result of a handful of events, known as the major transitions in individuality. Major transitions occur when groups of individuals come together to form a new higher level of individual, such as when single celled organisms evolved into multicellular organisms. Both theory and empirical 26 data suggest that extreme conditions are required for major transitions to occur. We suggest that major transitions are likely to be the route to complexity on other planets, and that we should expect them to have been favoured by similarly restrictive conditions. Thus, we can make specific predictions about the biological makeup of complex aliens.

Keywords: evolution, major transitions, astrobiology, aliens, individuality, extraterrestrial life

#### **Introduction**

 There are at least 100 billion planets in our galaxy alone (Cassan et al. 2012), and at least 20% of them are likely to fall in the habitable zone (Petigura et al*.* 2013), the region of space capable of producing a biosphere. Even if 0.001% of those planets evolved life, that would mean 200,000 life-harbouring planets in our galaxy. And it would only take *one* alien life form for our conception of the universe to change dramatically. It's no wonder, then, that hundreds of millions of dollars have recently been invested in astrobiology research (Schneider 2016), the US and Europe have rapidly growing astrobiology initiatives (Des Marais et al*.* 2008; Gerda et al*.*  2016), and myriad new work has been done to try and predict what aliens will be like (Benner 2003; Rothschild 2009; Davies et al*.* 2009; Rothschild 2010; Shostak 2015). The challenge, however, is that when trying to predict the nature of aliens, we have only one sample — Earth — from which to extrapolate. As a result, making these predictions is hard. So far, the main approach to making predictions about extra-terrestrial life has been relatively mechanistic (Domagal-Goldman et al. 2016). We have used observations about how things have happened on Earth to make statistical statements about how likely they are to have happened elsewhere. For example, certain traits have evolved many times on Earth, and so we posit that extraterrestrial life forms will converge on the same earthly mechanisms. Because eye- like organs have evolved at least 40 times (Salvini-Plawen & Mayr 1977), and are relatively ubiquitous, we predict that they would evolve on other planets, too (Conway Morris 2003, Flores Martinez 2014). Similarly, we have used a mechanistic understanding of chemistry and physics to make predictions about what is most probable on other planets. For example, carbon is abundant in the universe, chemically versatile, and found in the interstellar medium, so alien life

 forms are likely to be carbon-based (Cohen and Stewart 2001). These kinds of predictions come from a mixture of mechanistic understanding and extrapolating from what has happened on Earth. There is no theoretical reason why aliens couldn't be silicon based and eyeless.

 An alternative approach is to use theory. When making predictions about life on other planets, a natural theory to use would be evolutionary theory. Evolutionary theory has been used to explain a wide range of features of life on Earth, from behaviour to morphology. For example, it has allowed us to predict when some organisms, especially insects, should manipulate the sex of their offspring, to produce an excess of sons or daughters, how some birds should forage for food, and why males tend to be larger than females (Darwin 1871, Clutton-Brock and Harvey 1977, Davies and Houston 1981, West 2009, Davies et al. 2012). If life arises on other planets, then evolutionary theory should be able to make similar predictions about it. Neither approach — theoretical or mechanistic — is more or less valid than the other. But each has different advantages and can be used to make different sorts of predictions.

 Here, we examine how theoretical and mechanistic approaches can be combined to better understand what to expect from alien life. We consider whether aliens will undergo natural selection, and what implications would follow if they do. That aliens undergo natural selection is something often taken for granted, but which needs justification on firm theoretical grounds. We then turn our attention to a specific subset of aliens: complex ones. We examine how complexity has arisen on Earth, and make predictions about how complexity would arise elsewhere in the universe. Finally, we describe some biological features we would expect to find in complex extraterrestrial life.

#### **Natural selection**

## *On Earth*



photosynthesising. Organisms look designed or 'adapted' for the world in which they live.

 Through the gradual selection of small improvements, traits associated with success in the environment accrue in the population. Consequently, over time, natural selection will lead to organisms that appear *as if* they were designed for success in the environment. The clause '*as if'* is key here -- natural selection leads to the appearance of design (adaptation), without a designer (Grafen 2003, Gardner 2009).

 In fact, natural selection is the *only* explanation we have for the appearance of design without a designer (Gardner 2009). Other processes can cause evolutionary change. For example, a mutation can cause change from one generation to the next. But, without natural selection, random mutation is incredibly unlikely to produce the complex traits that we see around us, like limbs or eyes. Things that appear purposeful, such as limbs, organs, and cells, require the gradual selection of improvements.

 Another way to say this is that natural selection is unique because it is a *directional force*. The entities that increase in representation in the population are a *specific subset* of the population — those that are better at replicating. Natural selection increases fitness (Fisher 1930). As a result of these 'successful' entities accruing in the population, over time entities become adapted for the *apparent* purpose of success. They look like 'well-designed" machines, with the "purpose" of their "design" being successful replication.

*In space*

 Natural selection is the only way we know to get the kinds of life forms we are familiar with, from viruses to trees. By familiar we are not restricting ourselves to life forms that look earthly. Instead, they are familiarly life-like in the sense that they stand out from the background

 of rocks and gases because they appear to be busy trying to replicate themselves. A simple replicator could arise on another planet. But without natural selection, it won't acquire apparently purposeful traits like metabolism, movement or senses. It won't be able to adapt to its environment, and in the process, become a more complex, noticeable and interesting thing. We can ask, then, will aliens undergo natural selection? Evolutionary theory tells us that, for all but the most transient and simple molecules, the answer is yes. Without a designer, the only way to get something with the apparent purpose of replicating itself (something like a cell or a virus), is through natural selection. Consequently, if we are able to notice it as life, then it will have undergone natural selection (or have been designed by something that itself underwent natural selection).

 It is easy to quibble about the definition of life, and as some authors have pointed out, trying to do so can reveal more about human language than about the external world (Cleland and Chyba 2002). Our goal here is not to thoroughly define life. We adopt a functional stance – what separates life from non-life is its apparent purposiveness, leading to tasks such as replication and metabolism (Maynard Smith and Szathmary 1995). Further, without natural selection, entities cannot adapt to their environment, and are therefore transient and will not be discovered. If we identified an extra-terrestrial entity that we deemed to be a foreign life form, but that had no degree of adaptedness, this prediction wouldn't hold.

 Picture an alien (Figure 2). If what you are picturing is a simple replicating molecule, then this 'alien' *might* not undergo natural selection (Figure 2a). For example, it could replicate itself perfectly every time, and thus there would be no variation, and it would never improve. Or it might have such a high error rate in replication that it quickly deteriorates. If we count things like that as life, then there could be aliens that do not undergo natural selection. But if you are



more complex than a virus, and a beehive is more complex than a protein. Importantly, with

 organisms as with machines, the parts need to be working towards a common purpose, such as assembling a car or surviving to reproduce. Again, our goal here is not to provide definitions. The challenge comes at the boundaries, for example between a virus and a cell, where the definitions become murky. In the following sections, we aren't focusing on the boundaries, but things, like the vast majority of life on Earth, which clearly have a multitude of parts working in concert. Astrobiology is a largely empirical field, and the kinds of things programs like SETI are searching for are undeniably complex.

*Complexity on Earth*

 What do we know about how complexity arises on Earth? The theory of natural selection itself is silent about *whether* complexity will arise. The theory is useful for making predictions about what kinds of conditions or environments will lead to what kinds of evolutionary adaptations – not for making long term predictions about the form of specific traits or creatures. However, recent advances in the field of evolutionary biology have shed light on how complexity has arisen on earth, on what points on the tree of life this has happened, and on what theoretical conditions favour it (Maynard Smith and Szathmáry 1995, Queller 1997, Bourke 2011, West *et al.* 2015).

 In particular, the evolution of complex life on earth appears to have depended upon a small number of what have been termed major evolutionary transitions in individuality. In each transition, a group of individuals that could previously replicate independently cooperate to form a new, more complex life form, or higher level organism. For example, genes cooperated to form genomes, different single celled organisms formed the eukaryotic cell, cells cooperated to form

multicellular organisms, and multicellular organisms formed eusocial societies (Maynard Smith

and Szathmáry 1995, Queller 1997, Bourke 2011, West *et al.* 2015).

**Major transitions**

*Major transitions on Earth*

 Major evolutionary transitions are defined by two features. First, entities that were capable of replication before the transition can replicate only as part of a larger unit after it (interdependence). For example, the cells in our bodies can't evolve back into single-celled organisms. Second, there is a relative lack of conflict within the larger unit, such that it can be thought of as an organism (individual) in its own right (Queller and Strassmann 2009, West et al. 2015). For example, it is common to think of a single bird as an individual, and not as a huge community of cells each doing their own thing.

 Major transitions are important because the new higher-level organisms that they produce can lead to a great jump in complexity. For example, the evolution of multicellularity involved a transition from an entity with one part (the single-celled organism) working for the success of itself, to an entity with many parts (the multicellular organism), working for the success of the whole group. The cells can now have very different functions (division of labour), as each is just a component of a multicellular machine, sacrificing itself for the good of the group, to get a sperm or egg cell into the next generation. As a result, diverse specialised forms such as eyes, kidneys, and brains were able to develop. The rise in complexity on earth has been mediated by a handful of such jumps, when units with different goals (genes, single cells, individual insects)

 became intricately linked collectives with a single common goal (genomes, multicellular organisms, eusocial societies). Increases in complexity can also occur through mutations, gene 221 duplications, or even whole genome duplications, but these are not major transitions. These other changes tend to be reversible and gradual, while major transitions are irreversible and cause large leaps in complexity.

 The identification of major evolutionary transitions was an empirical observation about how complexity has increased on earth (Maynard Smith and Szathmáry 1995). The next step was to use evolutionary theory to provide insight about when (or under what conditions) we can expect major transitions to occur (Maynard Smith and Szathmáry 1995, Queller 1997, Gardner & Grafen 2009, Bourke 2011, West *et. al* 2015). Major transitions involve the original entities completely subjugating their own interests for the interests of the new collective. This represents an incredibly extreme form of cooperation. Think of the skin or liver cells in your body sacrificing for your sperm or eggs, or the worker ants in a eusocial colony sacrificing for the queen. Evolutionary theory tells us what conditions lead to such extraordinary cooperation.

*What conditions drive major transitions?*

 Consider a multicellular organism, such as yourself. Why don't your hand and heart cells try to reproduce themselves, as opposed to helping your sperm or egg cells? The answer involves genetic similarity or 'relatedness' (Hamilton 1964). Your hand cells contain the same genes as your sperm cells, because they are clonal copies. A hand cell could in principle get the same fraction of its genes into the next generation (all of them) by either copying itself, or by helping copy the sperm cells. A similar phenomenon occurs in eusocial insects, such as some ants, bees,

 wasps and termites. A worker termite can pass on half her genes to her offspring. But a random sibling in the colony (her brother or sister) also contains, on average, half her genes. Thus, a worker can get the same fraction of gene copies into the next generation by reproducing or by helping her mother, the queen, to reproduce (Hamilton 1964, Boomsma 2009). Helping their mother is likely to be more efficient than reproducing on their own, and so our termite can better 247 get their genes into the next generation by helping rather than reproducing (Hamilton 1964; 248 Queller & Strassmann 1998; Bourke 2011).

 These are two examples of *alignment of interests.* The 'interests' are evolutionary interests in getting genes into future generations. The hand and the sperm cells both act as if they 'want' to get copies of their genes into the next generation, because, as we discussed above, natural selection will have led to them being adapted in this way (Grafen 2003, Gardner 2009). The interests between them are aligned because they share the same genes. When individuals share genes, we say that they are genetically related. Relatedness is a statistical measure of the extent to which individuals share genes (Grafen 1985).

 In the case of eusocial ant colonies and human bodies, the interests are aligned through genetic relatedness. But there are other ways for evolutionary interests to be aligned. Consider, for example, a mutualism between two species. Some aphids carry bacteria in their gut (Moran 2007). The aphids provide the bacteria with sugars and other nutrients to survive and the bacteria provide the aphids with vital amino acids missing from their diet. The aphid and the bacteria 261 don't share the same genes, but neither can reproduce without the other. To reproduce itself, the aphid has to help reproduce the bacteria, and vice versa. Again, their evolutionary interests are *aligned.*

The very cells that make up our bodies – known as eukaryotic cells – evolved through a

similar kind of alignment of interests (Margulis 1970, Thiergart et al. 2012, Archibald 2015).

 Early in the evolution of life, one bacterial species engulfed another. Over time, the two species took on different roles, with one specializing in replication and the other in energy production. The nucleus in our cells is the descendant of the former, and the mitochondria the latter. Neither can reproduce without the other. Their interests are aligned through reproductive dependence on each other.

 All cooperation in nature requires alignment of interests (West et al. 2007). Consider, for example, flower pollination by bees. The bee benefits by receiving food from the flower, and the flower benefits by being pollinated. But major transitions are a particularly *extreme* form of cooperation. Compare the pollination scenario to the cells *within* the flower or the bee. Major transitions involve organisms cooperating so completely that they give up their status as individuals, becoming parts of a whole (Queller and Strassmann 2009). Unsurprisingly, then, major transitions require the extreme condition of *effectively* complete or perfect alignment of interests (Gardner & Grafen 2009; West et al*.* 2015)*.* 

 It is also useful to consider the biology of organisms that do not have interests sufficiently aligned, and thus where conflict remains and major transitions have not occurred. For example, in single celled organisms, we can compare non-clonal cooperative groups of things like slime moulds with clonal groups such as those that make up multicellular organisms like humans and trees. These non-clonal groups have evolved only relatively limited division of labour, and never complex multicellular organisms (Fisher et al. 2013). Numerous experimental studies have shown that this is because in non-clonal groups non-cooperative 'cheats' can spread, limiting the extent of cooperation (Griffin et al. 2004, Diggle et al 2007, Kuzdzal-Fick et al. 2011 Rumbaugh et al. 2012, Pollitt et al. 2014, Popat et al. 2015, Inglis et al. 2017).

 Thus, there must be something in place to maintain the alignment of interests (Bourke 2011, West et al. 2015). Evolutionary theory can suggest what these somethings would have to be. In multicellular organisms, the something is the single-celled bottleneck (Buss 1987, Queller 2000). Multicellular organisms start each new generation as a single-celled zygote, such that all the cells in the resulting body are clonal (it could also be a spore giving rise to a haploid cell). Eusocial insect colonies evolved from colonies founded by a singly-mated queen (Hughes *et al.* 2008, Boomsma 2007, 2009, 2013). If the queen had multiple mating partners, a worker would have half-sisters, and be less related to her siblings than her offspring, breaking down the alignment. The monogamous mating pair is the eusocial colony's equivalent of a zygote, or a bottlenecking event (Boomsma 2013). With unrelated units, like mitochondria and the nucleus, the individual parts must be co-dependent for joint reproduction (Foster and Wenseleers 2006, West et al. 2015) – which can be thought of as a different form of bottleneck. The rarity of conditions like these – conditions under which alignment is so complete – explains the rarity of major transitions in individuality in the history of life.

#### *The Biology of Organisms that have undergone Major Transitions*

 Do the conditions required for major transitions tell us anything about the biology of organisms that have undergone major transitions? Yes. Organisms are a nested hierarchy, where each nested level is the vestige of a former individual (Figure 3). Eusocial ant colonies function as a single individual, but are made up of multicellular organisms. Those organisms themselves are made up of cells. In turn, those cells resulted from the fusion of two simple species early in evolution. Each of those organisms had a genome that evolved from the union of individual,

replicating molecules.

 Further, at each level of the hierarchy there must be something to *align the interests* of the parts. This usually happens through some form of population bottlenecking. When the parts are related, it is a relatedness bottleneck, such as the single celled stage in multicellular organisms, or the singly mated female in the social insects (Boomsma 2009, 2013; West *et al.* 2015). When the parts are unrelated, it is usually another form of bottleneck, such as enforced vertical transmission with joint reproduction (Foster and Wenseleers 2006, West *et al.* 2015). We use the term 'bottleneck' to refer to new generations being founded by a strict unit (the zygote, the mutualist pair, etc.), but another way to think of this is that the parts require each other for reproduction (e.g. the soma and the germ line, or the mitochondria and the nucleus). Other, further aligners may be required (e.g. in multicellular organisms, there may need to be a cap on somatic mutations), but these are more likely to be life-form specific.

 To conclude so far, empirical observation tells us that complexity has increased on earth through major transitions. Evolutionary theory tells us that for major transitions to occur, conflict must be eliminated. Theory also tells us what conditions lead to the elimination of conflict. The empirical data agree with the predictions of theory, in that major transitions have only occurred in the extreme conditions that effectively remove conflict (Boomsma 2007, Hughes et al. 2008, Fisher et al. 2013, West et al*.* 2015, Fisher et al. 2017).

### **Complex Aliens**

*Complexity and Major Transitions in Space*

 We can now ask: what does the major evolutionary transition approach tell us about aliens? Will extraterrestrial life undergo major transitions? Not necessarily. Natural selection can't predict a specific course of evolution. However, as we have said, we might be particularly interested in *complex* aliens. Complexity requires different parts or units working together towards a common goal or purpose. Under natural selection, units are selected to be selfish, striving to replicate themselves at the expense of others. Theory tells us that for units to unite under a common purpose, evolutionary conflict between them must effectively eliminated (Gardner & Grafen 2009; West et al*.* 2015).

 Once again, picture an alien (Figure 2). If you are picturing something like unlinked replicating molecules or undifferentiated blobs of slime, then your aliens might not have undergone major transitions. But if what you are picturing has different parts with specialised functions, then your alien is likely to have undergone major transitions (Figure 2c). What matters isn't that we call them 'major transitions', but rather that complexity requires multiple parts of an organism striving to the same purpose, and that theory predicts that this requires restrictive conditions (Gardner & Grafen 2009; West et al*.* 2015). Consequently, if we find complex organisms, we can make predictions about what they will be like.

 Are there other ways to get complexity? To do so, natural selection would have to sculpt separate parts with unique functions out of a single replicator. Could, for example, the alien equivalent of a single copy of a gene, housed in one 'cell' generate the equivalent of limbs and organs? If so, it would disprove our prediction. However, both empirical (major transitions are how complexity has increased on Earth) and theoretical (functional parts requires elimination of conflict) evidence support the argument that complex aliens will have undergone major transitions.

#### *The biology of complex aliens*

 Given that complex aliens will have undergone major transitions, we can make a number of predictions about their biology (Figure 4).

 1. They will be entities that are made up of smaller entities -- a nested hierarchy of individuality with as many levels as completed transitions. This could mean a collection of replicators, like the first genomes on Earth, or some hideously complex nesting of groups on a planet where many more transitions have occurred than on our own. For example, you might imagine a 'society of societies', where many different social colonies collaborate, with each society specialising on different tasks, such that they are completely dependent on each other. Versions of the simpler entities are likely to be found free-living on the planet as well.

# 2. Whatever the number of transitions, there will be something that aligns interests, or eliminates conflict within the entities, at the level of each transition.

3. Theory suggests that some sort of population bottlenecking will be key to aligning

 interests. Bottlenecking is not necessarily the only way to eliminate conflict, but it is probably the easiest evolutionary route to take. In particular, it does not require additional mechanisms of enforcement, such as kin discrimination, policing, or randomisation. The specific kinds of bottlenecking will depend on whether like or dislike units are united.

 a. When like entities come together, interests can be aligned through a bottleneck similar to our single celled bottleneck in multicellular organisms or the single mating pair in eusocial colonies, which maximises relatedness between entities.





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Major Transitions. Life started with naked replicating molecules, and has since undergone a

series of major transitions. Arrows show the occurrence of major transitions in individuality.



## **Figure 4**

 Major transitions in space: 'The Octomite'. A complex alien that comprises a hierarchy of entities, where each lower level collection of entities has aligned evolutionary interests such that conflict is effectively eliminated. These entities engage in division of labour, with various parts specialising on various tasks, such that the parts are mutually dependent.