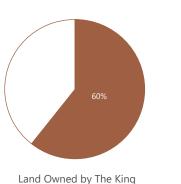


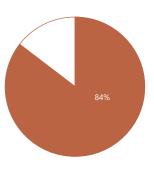


## A Kingdom of Opportunity

eSwatini is a mountainous land-locked developing country in southeastern Africa bordered by Mozambique in the northeast and surrounded by South Africa. The kingdom is known for its natural beauty, reserves and festivals highlighting its culture. eSwatini, one of the smallest countries in Africa and the last absolute monarchy, is ruled jointly by King Mswati III and Mother Ntfombi Tfwala. The country has roughly 1.3 million people with a population growth rate of 1.2%. The average age of the youth population is 20.5 years, with people aged 14 years or younger constituting 37.5% of the country's total population. The official languages are siSwati and English. The dominant religions are Christianity and ancestral worship.

The country's main trading partner is South Africa. The majority of the country's employment is found in its agricultural and manufacturing sectors. In addition, tourism is very popular. People love having tourists visiting their country, giving them the opportunity to express their hospitality, highlight their rich cultural traditions and show case eSwatini's natural beauty.





Ethnic Swazi Population





A Place of Community
Swazi's are warm-hearted and tight-knit.
There is a tradition of caring and community.



A Place of Tradition
As the last standing kingdom in Africa, it is a proud country bound with its tradition.



A Place of Natural Beauty
Stunning scenery of mountains, valleys, forests, plains and wildlife are found across the country.



A Place of Stability
eSwatini is known to be a safe country for visitors who find the people friendly and kind



A Place of Youth
More than 57% of the population of eSwatini
under the age of 20.



A Place of Creativity
eSwatini is well-known for its vibrant and
creative arts and crafts culture.



#### Orphans and Vulnerable Orphans Who Lost Swazis in Poverty Swazi Youth with HIV/AIDS Children (OVC's) Their Parents to HIV/ AIDS

#### Saving Orphans through Healthcare and Outreach

In 2006, the year Saving Orphans through Healthcare and Outreach (SOHO) came into being, over 33% of the population tested HIV/AIDS positive and it was reported that there were over 150,000 orphans with approximately 10% heading households.

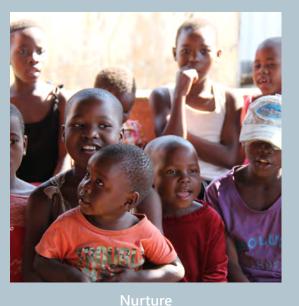
Although there has been progress in addressing and preventing HIV/ AIDS in eSwatini, the HIV prevalence rate is still one of the highest in the world at 26%. With more than half of the population living below the poverty line and more than 57% under the age of 20, Orphans and Vulnerable Children (OVC's) face serious problems including: food insecurity, abuse, human trafficking, lack of consistent access to education, and increased vulnerability. In a country that is warm hearted and beautiful, the future of the present generation hangs in the balance.

With the continuous loss of children to these atrocities, having the ability to create a safe community for OVCs is critical. The mission of SOHO is to change the future of these children through a holistic program that addresses health of body, mind and spirit. The program utilizes educational opportunity, skills building, spiritual nurture and empowerment to overcome their many challenges and to embrace a hope filled future. After seeking for an opportunity to secure Title Deed land on which to build safe housing for children, the answer to our prayer came with availability of a beautiful mountain side farm where SOHO will be able to build safe housing and develop a Village for children at risk.

The quality of the work in this book is all that was expected and more. This is the beginning of a journey that will impact all eSwatini. The Architecture School at Andrews University will remain a significant companion on this wonderful journey. We consider these children as Hope Seekers and our coffee table book about them shows the courage and ingenuity they display as they strive to survive. We are indeed all 'hope seekers,' except that we have options and they don't. We praise God that there is now an open window to bring real hope to a population of children who need it most.



Need for Care
Too few parents. 37.5% of the population is under 14 years old and needs to be



In a kingdom of opportunity, OVC's lack the life skills to succeed and to make a contribution to their society.



Child-Headed Households

Because of the HIV/AIDS epidemic, in eSwatin
15% of houses in the kingdom are
child headed



OVC's require whole health care. This include proper nutrition, as well as, care of mind, body, and spirit.



Less than 20% of Swazis complete high school Good pre-school and primary level education would build a solid foundation for success.



Empowering
Skills training and entrepreneurship will help break the chain of dependency so children can grow to be self-sustaining.





Some of the family's greatest memories on the Intsaba included sabbath exploring trips on the land and the times spent with God as Psalm 121 says, "they lifted their eyes to the Lord and God came to their help." Wynand's family has seen the Intsaba turn from a marijuana farm to a land that displays God's great creation.

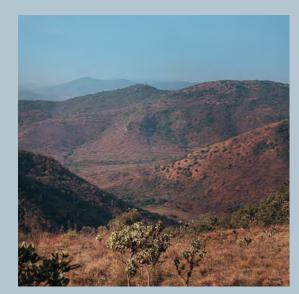
Deuteronomy 28:6

Ilse & Wynand van Staden





A Vast Mountain Farm
INTSABA farm is a 1075 acre mountainous
farm with an elevation of 3568 feet. It is a
combination of high and low veld with an
average annual rainfall of 34 inches. The site is
scenic and easily accessible from route MR9



There is no place on INTSABA farm without a breathtaking view. The air is pristine. The location, an eco-tourist's magnet. From rolling hills to lush valleys, uninterrupted sunrise and sunset views, here nature is glorious.



Perfect for Agriculture
The subtropical climate offers opportunities for a range of agricultural initiatives; including the macadamia nut plantation already on the site.
A wide variety of plants can be grown for both subsistence and cash crops.



The property is blessed with an abundant and year-round supply of water. Fifteen natural springs, streams, and river frontage keep it always well-watered, enabling continuous irrigation during the dry months.



For over 15 years, the Van Staden family ha lived on this land in the farm house that the designed and lovingly built. They desired to cultivate this land to its fullest potential in the hope of being a role model to their neighbo



A Light in the Neighborhood
INTSABA farm has the potential to become a center of beauty and knowledge. As an ecofriendly site, its appeal will be widespread, impacting not only the surrounding community, but the Kingdom itself.





**Town Square Sabbath** 

We had the opportunity to spend the day loving, playing, laughing, singing and ministering to kids in the informal settlement of Marekamp.



Sharing hope

In addition to showing loving concern, we listened to their stories and motivated them to aspire to a life of abundance.



Engaging local experts

We met with community leaders and listened to their suggestions as how to maximize the potential of the land.



Stakeholder Review

Preliminary concepts for presented for review and comment by SOHO and HOSA board members in Manzini.



Designing with Childrer

To get to know our client, we designed some houses with children at SOHO's Hop Discovery Learning Center in Nhlambeni.



Workshop with local youth

We engaged local youth via a design workshop at Manzini SDA City Church to discuss some problem solving ideas.





#### "SOHO's long term vision for orphans and vulnerable children in HIV/AIDS affected communities is a safe living environment where the physical, mental, spiritual and emotional wellbeing of children are addressed, education is supported and skills are developed for the children to embrace their personal worth and reach their full potential. With the help of The Andrews University School of Architecture, INTSABA farm is being designed as a creative, self-sustaining and functional environment conducive to total health and well-being for all."

## Dr. Muna Muna Healthlife Institute HOSA

Board Chair







## The Vision

## A Christ-centered Sanctuary of Last Resort

The work contained in this report is very important to SOHO's strategic plan development and fundraising efforts for potential donors to see the envisioned development of the farm. In keeping with the Kingdom's National Children's Policy, this project will help achieve the goal of breaking the chain of dependency in Swazi children by providing them with the basic needs and exposing them to diverse opportunities that this land offers, such as tourism and agriculture. The place will serve as a center of excellence in the care of OVCs in eSwatini and Southern Africa. Therefore, the different deliverables include:

- Housing for up to 250 orphans+ staff
- Phase 1 cottage, each for 6 children + an Auntie or caregiver
- School and skills training center
- Social enterprisefacilities for trades and crafts
- Medical clinic and counseling center
- Arts/cultural center, and assembly/ worship hall
- Agricultural, security, and village support facilities
- Playgrounds and various sports and social gathering spaces
- Tourism lodge, retreat center, and self catering chalet
- Nature trails and Outdoor Recreational Activities

#### A Service Mindset

Serving our targeted population with compassion as a beacon that points to God as the source of blessing. Embodying duty, responsibility, and commitment as change agents for the targeted communities.

#### The Value of Life

Our model of service acknowledges every life as created and beloved by God regardless of race, gender, or economic status. In a patriarchal society were orphaned girls may be marginalized because of gender and poverty, we will work to provide an equal place at the table of life.

#### **Education and Wellness**

With careful land stewardship, the project will provide a safe and healing environment for orphans and vulnerable children. Their education will be holistic (mental, physical, spiritual) and total wellness will be emphasized in every program.

#### Community Empowerment

Empowering children and local people to develop self-worth, valuable skills, and a vision for the future. Equipping women to nurture vulnerable children and be gatekeepers in communities where parents are not present.

#### Sustainable Change

Developing and delivering sustainable programs that are economically viable and safe, culturally authentic and local, yet attractive and welcoming.





## 01 INTSABA Village

Located on one of the flattest areas of the farm, the children's village will be developed to encompass the full range of activities needed for a well-rounded, healthy life.

## 02 Agricultural Land

There are 250 arable acres on the farm. Orchards are planted between the village and the surrounding neighbors; highlighting the nature of the place being a working farm.

## 03 Existing Farm

The existing farm house will be converted to guest accommodations for doctors, teachers, and other short-term volunteers. The barns will house service and construction equipment.

## 04 INTSABA Lodge

The visual connection of the lodge to the village is vital because in addition to the lodge supporting the village economically, visitors could learn so much more about the place by interacting with the children.

Bruce Smith
Goldhornet
Consulting
+
SOHO Business
Development
Chair



# Economic Sustainability



The agriculture component will provide the bulk of the food that is going to be used on the property. Sustainable techniques will be employed to yield the utmost in freshness and nutrition to feed the campus community. This gives the project the opportunity to be industry leaders of the healthy lifestyle movement.

The **tourism and hospitality** entity is anticipated to bring global visitors "on property" to an upscale lodge serving healthy foods, picturesque mountain views, and giving them an opportunity to support and witness firsthand how the children of INTSABA are being served.

The social enterprise will encompass indigenous crafts produced on site for sale both in the Lodge, regionally, and eventually globally. This will not only be a way of teaching and training for the children to be self-sustained. It will be a source of community pride and a part of the branding strategy for the village itself.







Pamela Cominetti SOHO Hospitality Consultant CEO, Summer Place, Malawi

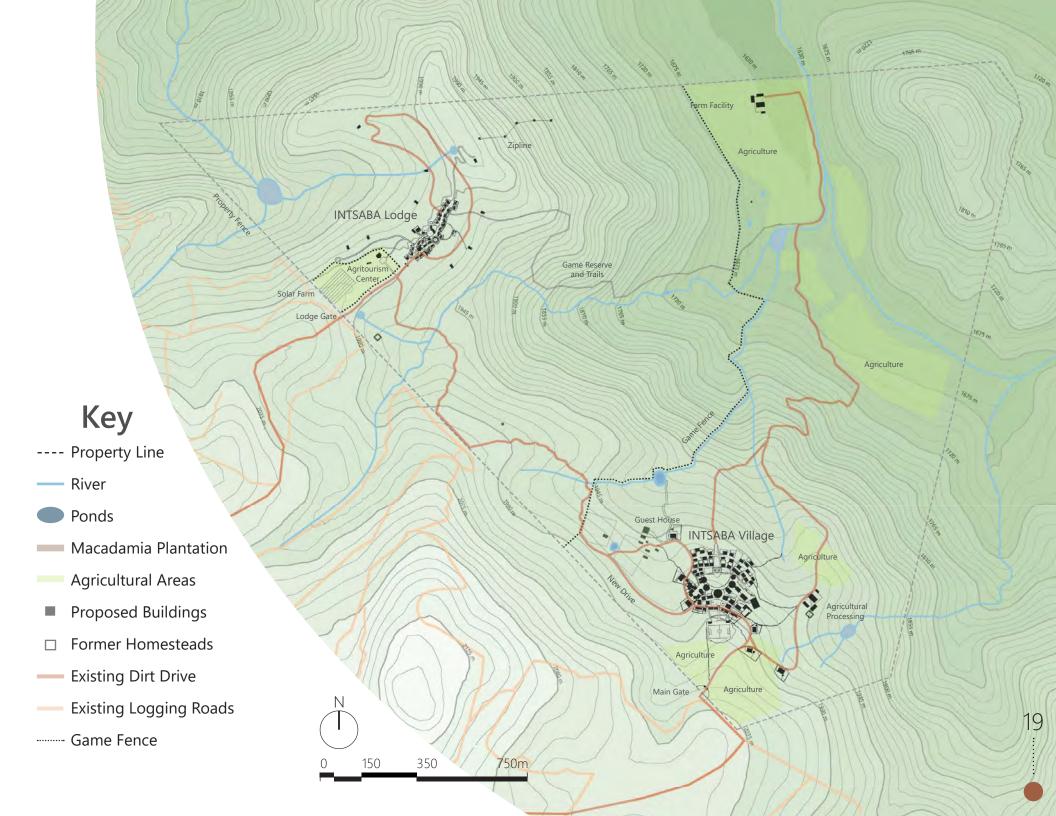
property serving orphans and vulnerable children in eSwatini. In order for this mission to succeed, the property intends to be self-sustaining through 3 key elements: Agriculture, Tourism and Hospitality, and Social Enterprise. The site is uniquely positioned to deliver all three given its topography, water availability, and opportunity to employ local labor. The children growing on the *INTSABA* are thought to be ambassadors for the site and the mission. As a result, these children will develop life skills that will empower and enable them to grow healthy, self-reliant and become active citizens in eSwatini."

"The long-term vision for INTSABA is multi-faceted.

INTSABA will be an exemplary

18

"Currently there is no other Lifestyle Centre in eSwatini that offers a program where locals and guests can get training in healthy cooking, enjoy a detox or stop smoking program. Therefore, having an Eco Lodge and Lifestyle Centre on the site will not only be a marketing asset for the overall projects, it will also be a great way to attract tourists to eSwatini, since the kingdom of eSwatini has been named one of the planet's top destinations for 2020. The INTSABA lodge will also be in a position to provide ministry, skills training, and jobs in various disciplines to the children and the communities around"







#### Built by Swazis for Swazis

A crucial aspect of the design will be ease of building, functionality, and durability. The buildings would provide locals with opportunities for employment and growth while it helps to sustain the lives of children.



#### **Function in Joy**

The beautiful arts and crafts that are so popular in the Swazi culture will be reflected in the hues and textures used in the Village. A sense of warmth and joy would be felt in the environment



#### Working with local climate

With the blend of traditional and contemporary Swazi building materials and techniques, we can create buildings that function at their optimum in all variations of the local climate



#### Designed for Community Life

Life Life in eSwatini revolves around the community. People spend most of their time outdoors and our houses will beautifully reflect this lifestyle



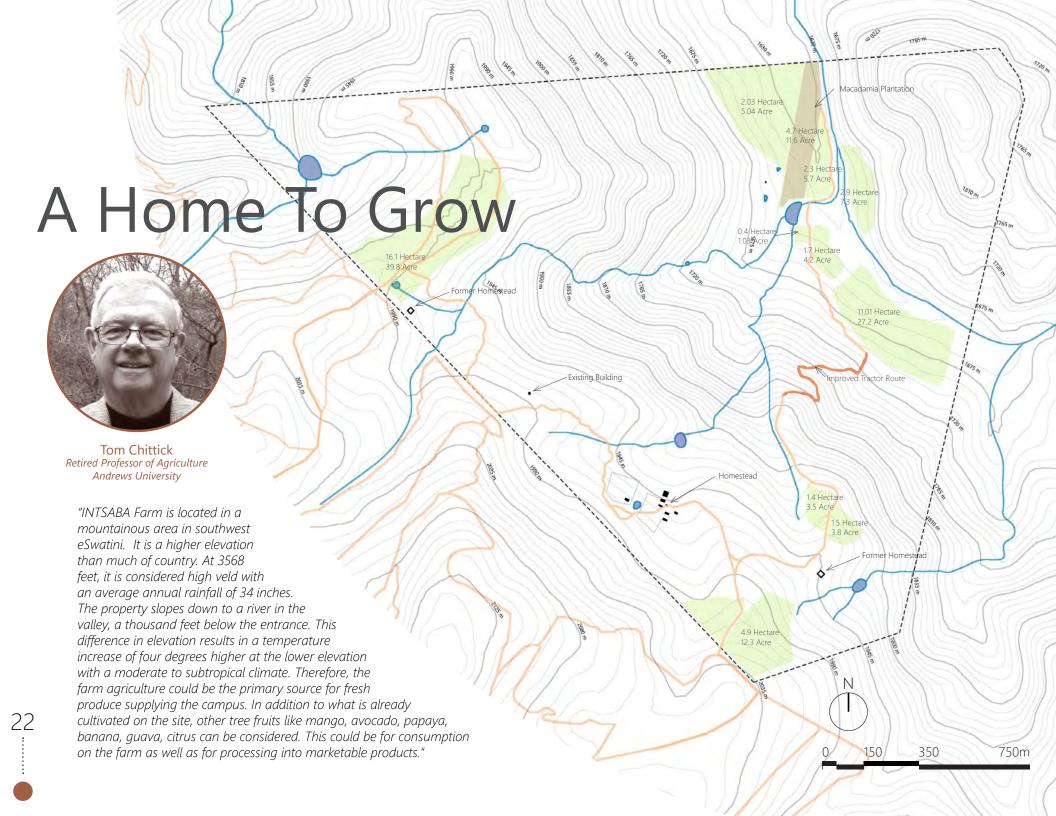
#### **Local Resources**

The site has a variety of valuable materials that have been traditionally used by Swazi's for building purposes. These natural resources will be incorporated into our building construction.



#### **Dwell Earth**

Dwell Earth, a compressed natural block making machine donated to SOHO, will be used to create durable, sustainable and energy efficient structures out of local materials.





#### **Good Land for Growing**

In addition to how vast the land is, the site provides a source of spring water that can be channeled down to feed crops at the lower elevation. Currently, Macadamia trees are planted on 11 hectares near the river.



#### **Cultivating Healthy Lives**

INTSABA farm is committed to healthful living with an improved diet and plant-based alternatives. A wide variety of fruits, vegetables, and natural resources will benefit the entire campus.



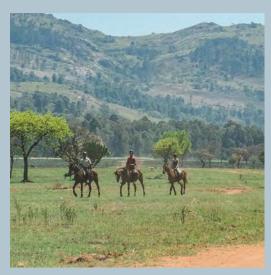
#### Unique Crops

The site is blessed with a year-round supply of water and a moderate subtropical climate. It has the potential to grow unique crops, trees and plants that makes the location even more appealing.



#### Growing Minds, Body and Spirit

Associated with the children's home will be a kitchen garden where the children will enjoy learning how to grow things.



#### **Agritourism**

As an ecotourism site, INTSABA has the potential for innovative agricultural initiatives, as well as opportunities for lifestyle education and related sustainable enterprise.



### **Market Potential**

A food processing facility will be established to preserve and can products for future use. This would serve both as a source of income and help with the branding of the farm.





#### Storm Water Infiltration

Due to severe topographical changes onsite, stormwater management is important to prevent flooding during the rainy season. Directing stormwater to dedicated infiltration points like rain gardens, helps to mitigate and reduce erosion caused by runoff.



#### Water Harvesting

Additionally, barrels will collect rainwater and runoff from building eaves and overhangs. Rain barrel lids can be substituted for aquatic plants. Water from rain barrels can be used to water plants via direct hose hookup



#### Waste Water

Sustainably dealing with wastewater requires a system that can manage, filter, and recycle wastewater. Greywater recycling is the common way used while Blackwater recycling requires more filtration steps and more complex systems to be feasible.



#### **Solid Waste**

For dealing with rubbish and solid waste, a combination of incineration, composting, and large-scale recycling could be used.
Solid wastes, such as plastics, paper products, etc, can also be recycled into art



#### Energy Sustainability

To reduce the overall energy consumption while simultaneously producing as much energy as possible on-site, strategies like roof-mounted solar arrays, a remote solar farm, and small, vertical-axis wind turbines could be used in both villages.



#### **Photovoltaics**

As the most logical and feasible option, photovoltaics can be used as the main source of energy production on-site. For a maximum production, solar panels will occupy the majority of north-facing roof space as well as several acres at grade.









## 01

## Reception

The reception building is at the forefront of the village. This will engage visitors arriving to the welcome plaza where they will receive routine security information and direction.

## 02

## Social Enterprise

Skilled professionals will teach the community different crafts like candle sculpting, goat soap, basket weaving, bead making, etc. at the social enterprise building.

## 03

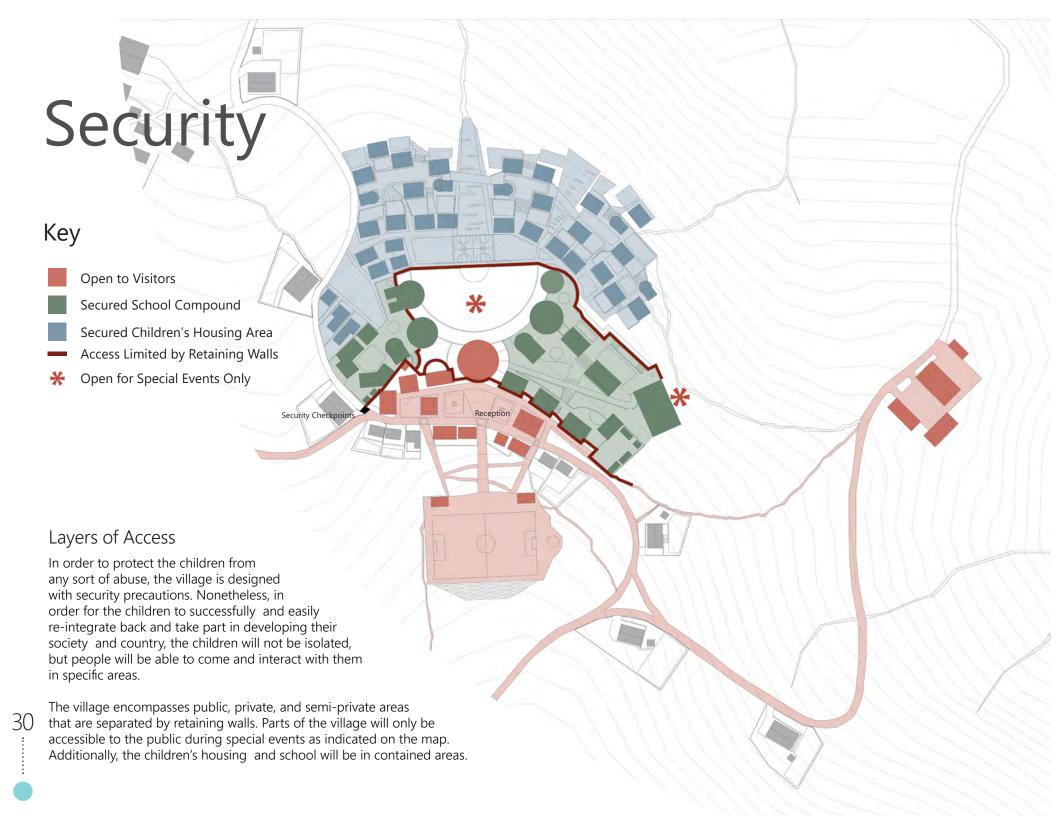
#### Medical Clinic

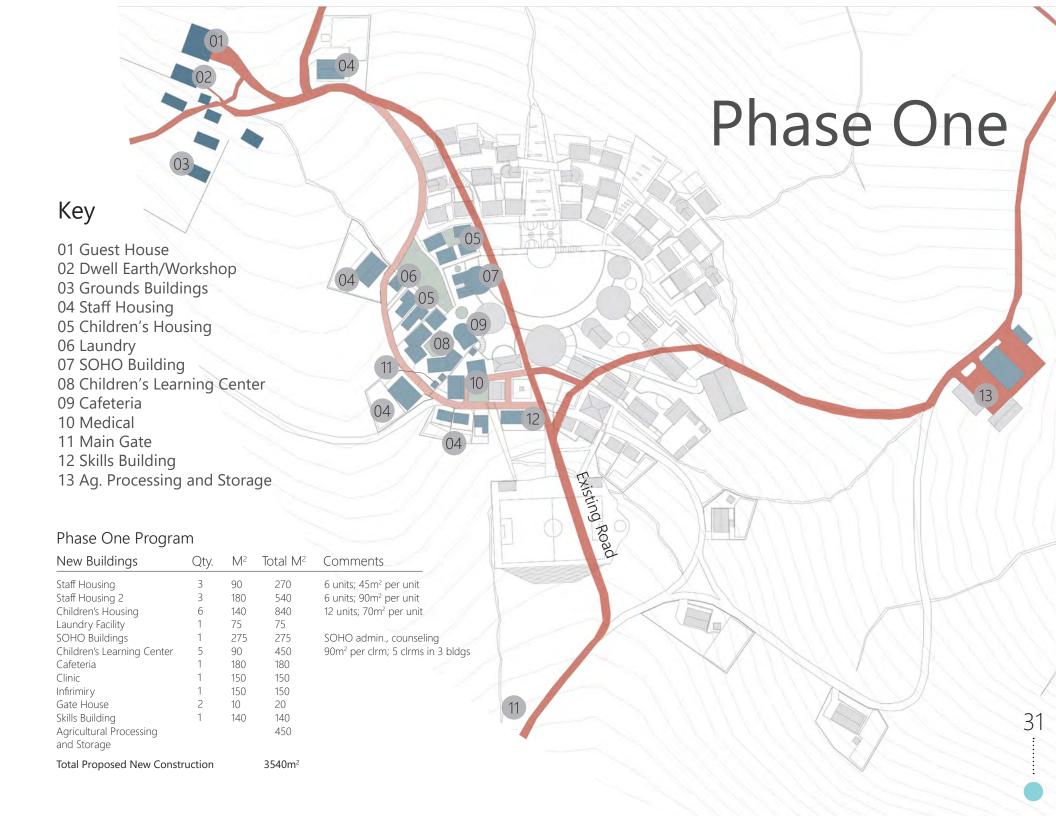
This clinic is a vital part of the village because of the need for adequate medical care within the country. It will provide services that may not be currently available.

## 04

#### Church Plaza

The church is the most important building in the village and portrays God in the center. The church plaza will hold different gatherings and concerts that will be open to the public.





# Village Center

## A Swazi Homestead Reimagined

In a community bound with strong, traditional cultural beliefs, the village fulfills the social, cultural and spiritual education needs for the children. Thus, certain buildings, like the church, were strategically positioned to reflect a traditional Swazi homestead. The church, centered in the middle, is positioned in the same way the grandma's house is in order to serve the spiritual needs and communal worship. The church will enable true worship of God, community uplifting, spiritual nurture, inner healing, education and fellowship.





## 01 Grand Valley View

The second story of the church is the highest position in the village that enables one to see straight into the Grand Valley.

## 02 Amphitheater

This will be a flow out space for community gathering with expanded space as events require. A natural place to relax and reflect, as well as provide children a venue for artistic performances.

## 03 Church and Sabbath School

Proverbs 22:6 advises that a child be trained up in a Godly way so that as an adult he would not depart from it. The Sabbath School will provide children with spiritual instruction and quiet space.

## 04

#### The SOHO House

The SOHO administration building provides counseling and emotional support for children dealing with difficult life experiences or trauma.

# The School



School section looking East

#### Christian Education for a Christ-centered Life

Education is more than a classroom and a teacher but a moment in a child's life that provides lessons that last a lifetime. In the village, children will receive a holistic education rooted in Biblical Christian values. In addition to spiritual nurturing, education will target practical issues such as poverty reduction, by offering vocational skills, agricultural science and entrepreneurship. A healthy lifestyle will be emphasized through diet and physical fitness activities, as well as HIV/AIDS prevention. A STEM education model will enable children to compete successfully in placement exams and pave their way to higher education. The design of the school maintains ADA access throughout the campus and provides places for gathering in several key areas with the courtyard terrace being the main space for playing or spill out after performances in the gym.



## 01 Classrooms

Each classroom is ADA accessible and designed to comfortably seat a group of 24 students. Natural light and air is unrestricted and filters in through the terraces and raised roofs.

## 02 Gymnasium

A gym and plenty of playground space will promote healthy living.

The gymnasium will also serve as a multipurpose building for the school for different events or activities when needed

## 03 Library

The school's campus provides a library with a computer lab that introduces the children to technology which will be used as a tool in their learning.

## **04** Play Terrace

The terrace is a place for the children to spill out and play. It provides a variety of spaces to sit, gather, and play in both shaded and sunny environments.





# 01 Water Collection

In a country that has experienced droughts in the past, preservation of natural resources including rainwater harvesting and water reclamation is a valuable lesson for children.

# 02 Shared Kitchen

The houses are grouped around a shared kitchen where family units will spend evenings together while children learn valuable homemaking skills like cooking and cleaning.

# 03 Photovoltaic roofs

With access to plenty of sunlight, the sloped roofs of the houses provide opportunity for placement of solar panels. Increasing sustainability through conservative energy consumption.

# **04** Children's gardens

There will be an adjoining garden, where children can learn how to grow and care for fresh vegetables and herbs that will be part of their family meals giving them an adequate, balanced and healthy diet.









# 01

#### Game Reserve

For OVC's and guests alike, views of nonthreatening wildlife grazing will heighten the pleasure in their living experience. As an eco-tourism site, emphasis will be placed on preservation of wildlife in its natural habitat.

# 02 Lodge

The lodge will be a place where guests will enjoy Swazi meals and interact with local people who live and work in the proximity. This will also be a place where they can occasionally meet the children.

# 03 Wellness Center

The lodge provides a wellness center equipped with a spa, pool and teaching kitchen. Guests will enjoy breathtaking views that overlook the mountains and invite relaxation.

# 04 INTSABA Village

The INTSABA Resort is located on the neighboring mountain ridge, physically highlighting the relationship between the two. In this way, the children are always in view and in our hearts.



# An Authentic Experience

The design of the lodge will facilitate experience of true Swazi hospitality as staffers will be able to interact with visitors and be a source of information about Swazi life. The chalets adjacent to the lodge are designed for comfort and convenience with a feel of "home". The southeast views will capitalize on the natural landscape, while at the back there is a panoramic view of rolling hills and mountains, a perfect place for memorable experiences.





# 01

#### Restaurant

The farm to table freshness will be a hallmark of food provided. Experienced chefs will present creative dishes. Good health and taste will combine to create an enjoyable experience.

# 02 Community Living

The campus is designed to emphasize community and connection. Visitors who are volunteering or just visiting, artisans making crafts, staffers heading home from work... are all part of the tapestry of people sharing and learning together.

# **03**Gathering Area

The circular plaza with inviting seating areas decorated with plants and water features or the fire pit where new friends can gather, are all spaces that add to the ambience of restfulness.

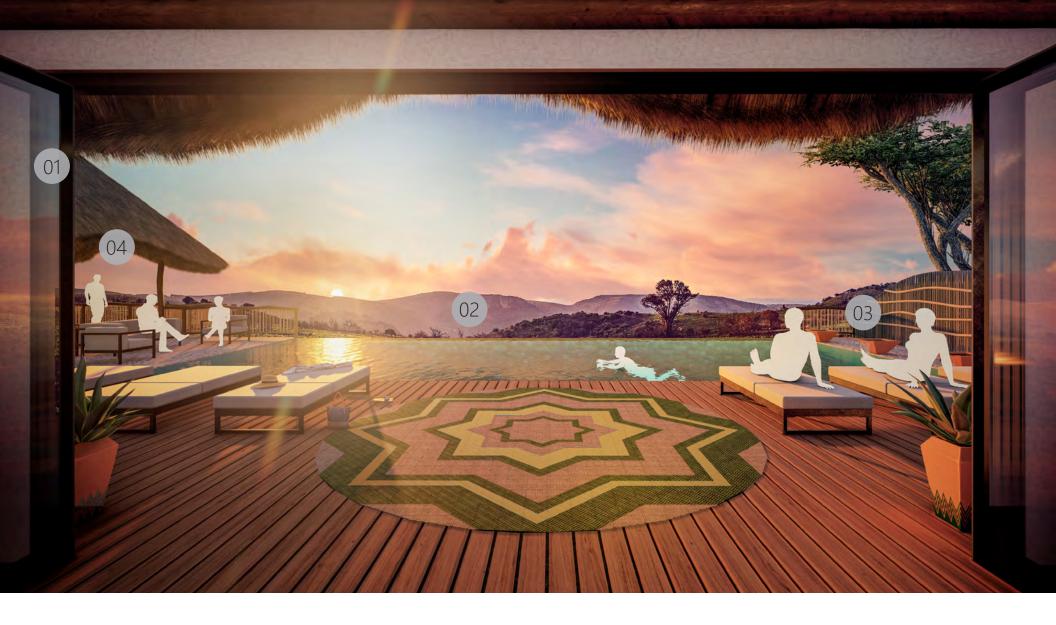
# 04

#### Naturalistic Landscape

INTSABA features nature at its best. Living spaces for guests are designed to accent the local flora and fauna. The starry skies, sunsets and sunrises all contribute to a healing environment.

# A Place to Be Well





# 01

#### Wellness Center

The Lifestyle Center will offer spa treatments, aroma therapy, detox and stop smoking programs. The lifestyle programs will make the Center an appealing destination for those seeking optimum health.

## 02

## Views and Nature

With its abundance of natural beauty, this is the perfect place to de-stress. Walking and driving tours will allow guests an intimate experience of nature. The thatch roofing and natural materials all reflect the untainted beauty that is the charm of INTSABA

# 03

#### Traditional architecture

Natural and traditional architecture will integrate to create an authenticity to the Swazi experience. All elements come together so that form and function harmonize with natural colors and textures.

## 04

#### Teaching Kitchen

The abundance of farm grown produce, provides ample opportunity to teach both food preparation and preservation. Creative ways of preparing plant-based foods will be introduced to Swazis who rely on natural foods but lack the expertise in this type of food preparation.

# Moving Mountains



Andrew von Maur and Christopher Perry Professors of Architecture Andrews University

Matthew 17:20 tells us that even a very small faith can move mountains: "'Move from here to there,' and it will move; and nothing will be impossible for you." This verse challenges us to consider its reality. Mountains are big. The Bible also describes kingdoms as mountains. Kingdoms, including their many challenges, are even bigger.

As we face the project described herein - designed to serve and transform the most vulnerable on a mountain farm, in a mountain kingdom filled with vulnerable little ones - we are asked to consider the promise of faith. Paul reminds us that "faith is the substance of things hoped for, the evidence of things not seen. For by it the elders obtained a good testimony."

Praise God! We have seen kingdoms moved before.

INTSABA asks us to remain faithful to the One who revealed His power and love to Moses, John, Isaiah and all Israel on the top of mountains.

## **Strategic Priorities**

#### Implementation

The development of INTSABA will be in phases. Each new phase will increase the impact of the overall development on the children, the community and visitors. The first phase will include the first wave of housing for the children and the infrastructure to enable them to begin a new life. This will include food services, educational facilities, a gymnasium that will be multi- purpose initially, staff accommodations and agriculture to support their nutritional needs. Each phase will add new opportunities and resources benefitting the children and the community so that INTSABA will be a catalyst for transformation locally, regionally and ultimately, nationally.

#### Security

For children who grow up familiar with abuse, safety and security are critical elements in their living environment. While INTSABA farm will welcome volunteers, and visitors, a security plan will establish boundaries for the safety of the children. All non-resident workers and visitors will experience basic security clearance. Areas such as classrooms and homes will have only supervised access.

Access and egress will be influenced by configuration of the streets so that there will be no need to traverse the children's living spaces in order to get around. Security for chalet and lodge occupants will also be addressed so that visitors wanting to experience the healing and invigorating aspect of the environment, would be able to do so undisturbed.

#### Mission

Health of body, mind and spirit, for orphans and vulnerable children, workers, volunteers and visitors, is the desired result of being at INTSABA Farm. The theme of 'growing hope and changing the future' resonates in the quality education, excellent nutrition, Christ centered spiritual upliftment, livelihood skills empowerment and a sense of purpose including giving back to the community.

Acknowledgments

#### INTSABA | A Mountain Home

This project was jointly commissioned by Saving Orphans through Healthcare and Outreach (SOHO), based in Indianapolis, Indiana, USA. It was prepared by the 2019 graduate Urban Design Studio at the Andrews University School of Architecture & Interior Design for the glory of God, and to help advance the joint mission of SOHO and Hope Seekers Alliance (HOSA), based in eSwatini.

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Let the little children come to me and do not hinder them, for to such belongs the kingdom of heaven.

Matt. 19:14



