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## The Maine Women's Business Directory 1992

Women's Business Development Corporation Staff  
*Women's Business Development Corporation*

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# THE MAINE WOMEN'S BUSINESS DIRECTORY

Your link to the fastest growing sector  
of Maine's economy:  
women-owned business.

Sponsored by:

Maine Department of  
Economic and Community Development

Maine Department of Transportation

Finance Authority of Maine

Maine Development Foundation

Christiansen Asso  
255 Whitney Street  
Auburn, Maine 04210  
Phone: 783-495  
Christiansen Chr  
280 Jiloff Str  
Paris, Me  
Phone: 562-28  
Contact: Mic

**WOMEN'S  
BUSINESS  
DEVELOPMENT  
CORPORATION**



County: WL  
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4290  
DeRoche  
Business Services  
et  
; 04401  
'541  
lia Comeau  
Light Productions  
6  
a, Maine 04330  
: 622-7069  
act: Mary Mayo-Wescott  
amn Yankee  
78 Wilson Street  
Brewer, Maine 04412  
Phone: 989-7673  
Contact: Mary Young  
Fox Hollow Enterprises  
RFD 2, Box 135  
Houlton, Maine 04730  
Phone: 532-7286  
Contact: Rosalind Morgan  
ny  
49  
The Cushnoc Trader  
2 Middle Street  
Hallowell, Maine 04347  
Phone: 622-7689  
Contact: Sue Dalute  
cy  
& design,  
Cove Knitters  
RFD#2 Box 146  
Lincolnville, Maine 04849  
989-3419  
Pieces  
301 Main Street  
Presque Isle, Maine 04769  
Phone: 762-KIDS  
Contact: Florence Zettergren  
Matthews Upholstery  
RR1 Box 159  
Houlton, Maine 04730  
Phone: 532-7273  
Contact: Marie Matthews  
Great Gatherings  
PO Box 9005  
Augusta, Maine 04338  
Phone: 622-5390  
Contact: Susan MacPherson  
Conference/special events planning  
Maine Baby Co.  
RFD 1 Box 910  
Morrill, Maine 04952  
Phone: 42-5055  
Contact: Deborah Hill  
Baby Accessories  
Your Personal Secretary  
19 Wight Street  
Belfast, Maine 04910  
Phone: 338-4501  
Jennifer Hill  
Manuscript formatting and secretarial services  
Bottom Line ...  
PO Box 494  
Auburn, Maine 04210  
Phone: 786-2347  
Contact: Monita Bell  
In-House Typography  
PO Box 506  
Lincolnville, Maine 04849  
Phone: 236-3984  
Contact: Lynda Clancy  
Typesetting, layout & design, editing and  
writing  
Debbie Smith Photography  
PO Box 12, Rt. 131  
Searsmont, Maine 04973  
Phone: 342-5973  
Contact: Debby Smith  
Photo specialty: location, people, black &  
white  
Ben  
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Brooks, M  
Phone: 7  
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State of Maine Collection  
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# **The Maine Women's Business Directory**

**October 1992**

**Sponsored by:**

**Maine Department of Economic and Community Development  
Maine Department of Transportation  
Finance Authority of Maine  
Maine Development Foundation**

**Presented by:**

**Women's Business Development Corporation  
PO Box 658  
Bangor, Maine 04402  
Telephone: 234-2019 or 623-0065**

**Compiled and Edited by: Great Gatherings, PO Box 9005, Augusta, Maine 04338**

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# WOMEN'S BUSINESS DEVELOPMENT CORPORATION

The Women's Business Development Corporation (WBDC) is a statewide, private, nonprofit organization that promotes and supports business ownership for Maine women.

WBDC encourages and supports your business growth through training, networking, advisory services, educational programs, and technical assistance. We care about you - the woman business owner. We understand the needs of women business owners and are interested in your growth as a person and the success of your business venture.

Our growing membership is a dynamic and spirited group of entrepreneurs. Whether you are just starting or already established, WBDC has something to offer you. Our programs are developed and designed to fit your needs - right where you are now. Let us make your business life more effective and assist you in meeting the goals that will help make your business successful.

## **Membership In WBDC Provides You With:**

### **\* Mentoring Program**

Targeted to help beginning women business owners, WBDC's Mentoring Program brings together the three components of the mentoring process: an experienced business woman to serve as the mentor; an entrepreneur ready for business (protegee); and technical assistance from the WBDC staff. The program provides training, skills development, support, and networking over a six-month period.

### **\* Regional Groups**

Monthly regional group meetings around the state provide training, support, and networking opportunities. The agenda is tailored to the needs of each group with a mini-workshop at each meeting. In addition, member business presentations allow members to promote their businesses, and the group to benefit from experience of other members.

### **\* Annual Women Business Owners Conference**

A day devoted to you, the Maine business woman - the conference provides an information, networking, and training forum as well as a business-to-business trade show. Focusing on the needs of the beginning as well as established business owners, over twenty different workshops are presented by specialists in their fields.

### **\* "Developments"**

The WBDC quarterly newsletter contains helpful information on topics of interest to women business owners plus member profiles.

### **\* Monthly Bulletin**

Each month, the *Bulletin's* comprehensive calendar of events will keep you apprised of upcoming regional group meetings as well as workshops and seminars offered by other agencies and institutions that are of interest to business owners. The WBDC *Bulletin* will also bring you news and information from other regional groups and alert you to other resources available throughout the state.

### **\* Workshops and Seminars**

WBDC offers workshops and seminars covering subjects of critical importance to women business owners. Topics such as sales, marketing, financial planning, access to credit, and self-assessment are presented.

**\* Member Directory**

WBDC's annual Membership Directory is a great resource for networking and marketing to other women business owners.

**\* Information and Referral Services**

WBDC's experienced staff provide assessment and informational support. Trained staff are familiar with business assistance resources available statewide and can help you decide which would be most beneficial to you and your business.

**Mission Statement**

The Women's Business Development Corporation is a membership organization committed to the equality of Maine women through economic development. We have a commitment to women who have not had access to traditional mainstream economic resources, particularly rural and low-income women.

We support business ownership for women, advocate for their needs, and work to increase opportunities and resources for women to achieve self-sufficiency.

**WBDC Goals:**

- \* Encourage and increase business ownership by women in Maine
- \* Provide a voice for women business owners in the development of economic policy, both at the state and federal level
- \* Build an awareness of the contributions of women in business
- \* Increase access to traditional and innovative financing
- \* Work with existing organizations to improve their capabilities to be responsive to women business owners
- \* Provide and/or coordinate programs to increase technical business skills

**Yes, I want to Join WBDC!**

Memberships Categories - please check one

Active \$25     Supporting \$50     Sponsor \$75     Benefactor \$100+    Other \$ \_\_\_\_\_

Cash     Check     Charge # \_\_\_\_\_ exp \_\_\_\_\_

Name \_\_\_\_\_

Business Name \_\_\_\_\_

Business Location \_\_\_\_\_

Mailing Address \_\_\_\_\_

Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ County \_\_\_\_\_

Telephone (w) \_\_\_\_\_ (h) \_\_\_\_\_

Business or profession: \_\_\_\_\_

The above information will be used in our Membership Directory and in the next edition of the Women Business Directory unless you specify otherwise.     Do not publish my name or my business name.

WBDC is a nonprofit membership organization. Any contribution you make would be appreciated and is tax deductible to the extent allowed by the law. If you are on a limited income, any donation entitles you to membership.

**Send this application to: WBDC, PO Box 658, Bangor ME 04402-0658.**



# **About The Maine Women's Business Directory**

## **Purpose**

The Maine Women's Business Directory was created for several reasons. First, the Women's Business Development Corporation (WBDC) wanted to raise awareness of, and begin to document, the number of women-owned businesses in Maine. The Directory illustrates the amazing variety of goods and services offered by women and will dispel the notion that women owned businesses are not "serious".

In addition, the Directory will increase networking among women business owners. Many women want to support other women in business. This publication will help us seek each other out.

The Directory will also serve as a marketing tool. It is an inexpensive method of helping many women market their companies to a wider audience than they may have been able to reach in the past.

## **Methodology**

More than 6,000 brochures announcing the Directory were mailed to women-owned businesses in Maine. On three different occasions, a press release was sent to each of Maine's daily newspapers and more than 30 of the state's largest weekly papers. In addition, sponsors of the Directory and several Maine banks helped distribute the brochure to their clients.

For the purposes of this Directory, a woman business owner is defined as any woman who has partial or complete ownership of her business. In most cases, the woman is the sole or majority owner of her business, but we also included women involved in partnerships and not necessarily majority owners. In addition, we included women who work on a straight commission basis and therefore "work for themselves".

## **Organization**

The primary listing is by Type of Business. The brochure which invited participation in the Directory identified 59 categories. Business owners were able to list their business in no more than 2 categories. As responses were received, existing categories were modified and 12 new categories were created. The categories are intended to be general. It should not be assumed that a business found under any one category provides all the goods or services included in the title.

Within each category, businesses are listed alphabetically by the first word in the company name (e.g. Mary Smith Bookkeeping is found under "M" and A.B. Electrical is found under "A".)

Additionally, indexes have been compiled which list all companies in the Directory alphabetically and by the county in which they are located. Counties are abbreviated as follows:

AN	Androscoggin	OX	Oxford
AR	Aroostook	PE	Penobscot
CU	Cumberland	PS	Piscataquis
FR	Franklin	SA	Sagadahoc
HA	Hancock	SO	Somerset
KE	Kennebec	WL	Waldo
KN	Knox	WS	Washington
LI	Lincoln	YO	York

Mailing labels of Directory participants are available. Anyone interested in purchasing a set of labels should contact WBDC.

## **Limitations**

Every effort was made to ensure the accuracy of the information compiled for this Directory. However, WBDC cannot be held responsible for errors or omissions.

In addition, advertising or listing in this Directory should not be interpreted as an endorsement of any participant's product, service, or opinion by WBDC or the sponsors of this Directory.

## **A Final Note**

This is the first edition of The Maine Women's Business Directory. We hope you enjoy it and find it useful. We encourage your comments and suggestions. If you contact a company found in these pages, let them know you heard about them through the Directory!

We would like to thank Linda Packard of Imprint in Sedgwick, Maine for her graphic design of the Directory brochure and the Directory cover.

Finally, WBDC encourages women to support other women business owners!

## **MAINE DEPARTMENT OF ECONOMIC AND COMMUNITY DEVELOPMENT**

The Maine Department of Economic and Community Development, (DECD) offers information and assistance to individuals and businesses considering starting, expanding or locating in Maine. In addition, DECD offers assistance to communities improving their infrastructure and planning for their future and also promotes the State of Maine as a four season travel destination.

The offices within the Department of Economic and Community Development include:

**Office of Business Development** offers technical assistance to businesses and business start-ups in Maine, including information on sources of finance, site location, product marketing, international trade and referrals.

**Office of Community Development** works with regional groups and local governments on affordable housing, downtown revitalization, infrastructure improvements and other specific projects to meet the goals of the community or region.

**Office of Tourism** helps develop new opportunities for tourism, assists regional organizations that want to attract visitors and provides public information. The office also works to promote the film industry in Maine.

The Office of Business Development's business assistance programs include:

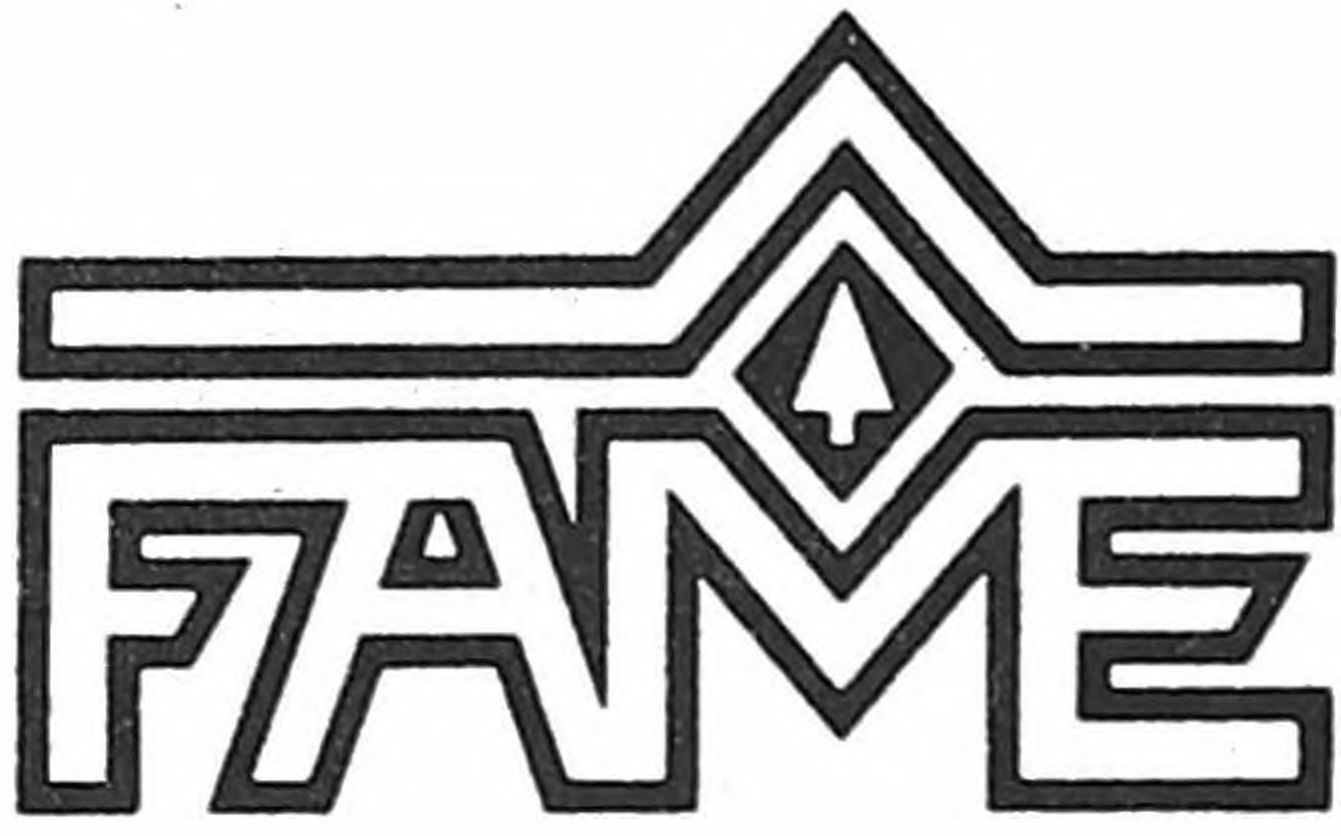
**Business Answers** operates as a free and centralized source of business information and assistance to persons wishing to start and operate a business in Maine. Information is provided on business licensing and permits, labor, sales tax, data, sources of financing and additional sources of management and technical assistance. Business Answers can be reached by calling **1-800-872-3838 (in Maine)** or **1-800-541-5872 (out of state)**.

**Maine Products Marketing** offers assistance to producers of Maine made products in promoting and expanding their markets. Mainly targeted to wholesale producers, the program offers members the opportunity to participate in trade shows, use point of purchase hang tags and labels and be featured in the **Maine Products Buyers Guide to Quality Maine Made Products**, an attractive guide mailed to buyers throughout the world.

**Maine Access Supplier Network** or **MAX** is a database of information detailing the industrial products and service capabilities of Maine companies. Available to any company wishing to inquire about availability of products or services in the state, MAX can match the buyer with the supplier. Database searches and applications are available by calling **1-800-955-6549**.

For more information on the services provided by the Maine Department of Economic and Community Development, please contact:

**Maine Department of Economic and Community Development  
State House Station #59  
Augusta, Maine 04333  
(207) 287-2656**



FINANCE AUTHORITY OF MAINE  
83 WESTERN AVENUE  
P.O. BOX 949  
AUGUSTA, MAINE 04332-0949

(207) 623-3263  
(207) 623-FAME  
FAX: (207) 623-0095

## **Finance Authority of Maine**

The Finance Authority of Maine, an independent State agency, was created by an Act of the Maine State Legislature in 1983 to assist business development and create new employment opportunities throughout Maine. In part, the Authority accomplishes this by working cooperatively with the State's lending community to develop and implement new financial services for Maine's business community.

The Authority administers a wide array of business finance programs, ranging from traditional loan insurance for both small and larger Maine businesses, to tax credits for investment in smaller Maine firms. For larger companies, FAME has established tax-exempt and taxable bond programs to access capital at internationally competitive rates and terms. In addition, the Authority continues to develop new financial services which are aimed at helping Maine business start up, expand and compete more effectively in an increasingly competitive world and national marketplace.

In 1990, the Authority became the administrator of the State's higher education financial assistance programs. The Maine Legislature and the Governor have directed the Authority to develop new programs to encourage Maine residents to continue their education beyond high school and to assure that adequate financial assistance is available to them.

If you would like more information about the Finance Authority of Maine and its programs, please call or write the Authority.



THE MAINE  
DEVELOPMENT  
FOUNDATION

45 Memorial Circle, Augusta, ME 04330 (207) 622-6345

*We'd like to express a decade of thanks to those organizations  
who have been our corporators for more than ten years!*

Action Committee of 50  
Androscoggin Savings Bank  
Androscoggin Valley Council  
of Governments  
Associated General  
Contractors of Maine  
Auburn Business  
Development Corporation  
City of Auburn  
Bangor & Aroostook Railroad  
City of Bangor  
Bangor Savings Bank  
Bath Iron Works  
L.L. Bean  
Bernstein, Shur, Sawyer &  
Nelson  
Biddeford Textile Company  
Blue Cross/Blue Shield of  
Maine  
N.H. Bragg & Sons  
J.B. Brown & Sons  
Brunswick Area Chamber of  
Commerce  
Brunswick Coal & Lumber  
Town of Brunswick  
City of Calais  
Camden National Bank  
Canteen Service Company  
City of Caribou  
Caribou Development  
Corporation  
Casco Northern Bank  
Central Maine Power  
Company  
Chamber of Commerce of  
the Greater Portland Region  
Cianbro Corporation  
Coastal Bank  
Coastal Enterprises, Inc.  
Coles Express  
Community Concepts, Inc.  
Consumers Water Company  
Coopers & Lybrand  
Town of Cumberland  
Curtis, Thaxter, Stevens,  
Broder & Micoleau

Drummond, Woodsum,  
Plimpton & MacMahon  
Dunlap Corporation  
Eastern Maine Development  
Corp.  
Eastern Maine Technical  
College  
Eaton Peabody Bradford &  
Veague  
Town of Falmouth  
Town of Farmington  
Fleet Bank of Maine  
Town of Fort Fairfield  
Freeport Economic  
Development  
Town of Freeport  
GTE Products Corporation  
Geiger Brothers  
Town of Hampden  
Hannaford Bros. Company  
Harriman Associates  
Town of Houlton  
Hussey Seating Company  
International Paper Company  
Irving Oil Corporation  
Isaacson & Raymond, P.A.  
Jordan's Meats  
KPMG Peat Marwick  
Kennebunk Savings Bank  
Key Bank  
F.R. Lepage Bakery, Inc.  
Lewiston-Auburn Economic  
Growth Council  
City of Lewiston  
Limestone Dev. Foundation  
Town of Lisbon  
Maine Machine Products  
Maine Municipal Association  
Maine Potato Board  
METCO  
New England Telephone  
Northern Maine Regional  
Planning Commission  
Northern Maine Technical  
College  
Northern Utilities, Inc.

City of Old Town  
Peoples Heritage Financial  
Group  
Pierce, Atwood, Scribner,  
Allen, Smith & Lancaster  
Pizzagalli Construction  
Company  
Frank Pomerleau, Inc.  
City of Portland  
Presque Isle Industrial Council  
Preti Flaherty Beliveau &  
Pachios  
City of Rockland  
Saco River Telegraph &  
Telephone  
Sanford/Springvale Chamber  
of Commerce  
Town of Sanford  
Town of Scarborough  
Schatz, Fletcher & Associates  
Sedgwick James of Northern  
New England  
Seltzer & Rydholm, Inc.  
Shaw's Supermarkets  
Shelter Group, Inc.  
Skowhegan Savings Bank  
Times Record  
Tom's of Maine  
UNUM Charitable Foundation  
University of Maine  
University of Maine - Augusta  
University of Maine -  
Farmington  
University of Maine - Machias  
University of Maine - Presque  
Isle  
University of Maine System  
University of Southern Maine  
Verrill & Dana  
Volk Packaging Company  
Washington County Technical  
College  
Town of Wells  
Town of Windham  
Town of Winslow

**COMPANY LISTINGS**  
**BY TYPE OF BUSINESS**

Accommodations

WDBC member

**Bass Cove Farm Bed & Breakfast**

Contact: Mary Ann Solet  
HC 32 Box 132  
Sorrento ME 04677

County: HA

Phone: 422-3564

*Two rooms, shared bath, in comfortable coastal Maine farmhouse.  
Guests' parlor, exercise room. Continental breakfast featuring home  
baked breads/muffins. 15 miles east of Ellsworth.*

\*\*\*\*\*

Accommodations

**Bed & Breakfast Down East, Ltd.**

Contact: Sally B. Godfrey  
Box 547, Macomber Mill Rd  
Eastbrook ME 04634

County: HA

Phone: 565-3517 FAX: 565-2076

\*\*\*\*\*

Accommodations

**Bouldaire Conference Center**

Contact: Joy Hoffman

Blue Hill Falls ME 04615

County: HA

Phone: 359-4692



**BOULDAIRE**

On Blue Hill Bay

Conference and Retreat Center  
Weddings Workshops Weekend Retreats  
Individual and Group Accommodations

Blue Hill Falls, Maine 04615 (207) 359-8323 or 4692

\*\*\*\*\*

Accommodations

**Cushing Homestead**

Contact: Mrs. Susan Longanecker  
Beach Ave Box 266  
Long Island ME 04050

County: CU

Phone: 766-2846, 774-4754

\*\*\*\*\*

Accommodations

**Limerick Mills Bed & Breakfast**

Contact: Elaine Racicot  
RR 1 Box 22 Street: 22 Washington St  
Limerick ME 04048

County: YO

Phone: 793-2411 FAX: 793-2115

Accommodations

**The Inn on South Street**

Contact: Eva Downs  
PO Box 478A Street: South St  
Kennebunkport ME 04046

County: YO

Phone: 967-5151

*Comfortable elegance. Spacious rooms, fireplaces, jacuzzi.  
Breakfast always special. Quiet street in historic village.  
Walking distance to shops, restaurants, river, and ocean.*



*The Inn  
on South  
Street*



*Eva Downs  
(207) 967-5151*

*PO Box 478A  
Kennebunkport, Maine 04046*

\*\*\*\*\*

Accommodations

Open Year Round

**The Stacked Arms**

Contact: Dolores S. Maguire  
RR 2 Box 146  
Wiscasset ME 04578

County: LI

Phone: 882-5436



Bed & Breakfast  
Lodging Food & Catering

*Proprietors:  
Dee Maguire  
Sean P. Maguire*

*RFD 2 Box 146  
Birch Point Road  
Wiscasset, ME 04578  
Tel. 207-882-5436*

\*\*\*\*\*

Accommodations

**The Sweet Lillian**

Contact: Donna M. Cogswell  
88 Pine St  
Millinocket ME 04462

County: PE

Phone: 723-4894

\*\*\*\*\*

Accommodations

**Travel Planners**

Contact: Joana Oest  
PO Box 2707 Street: 211 Ocean St  
S. Portland ME 04106

County: CU

Phone: 799-2212

\*\*\*\*\*

Accommodations

**Vicarage by the Sea**

Contact: Joan Peterson-Moulton, PH.D  
RR 1 Box 368B  
S. Harpswell ME 04079

County: CU

Phone: 833-5480



Bed & Breakfast  
**Vicarage  
by the Sea**

Joan Peterson-Moulton, Ph. D.

*Rt. 1, Box 368B  
South Harpswell, ME 04079  
(207) 833-5480*



*Accounting/Tax Preparation*

WDBC member

**Amazin' Grace**

Contact: Grace Walker  
RR 1 Box 1635  
Cambridge ME 04923

County: SO

Phone: 277-3754

*For a reasonable fee, I offer a full service program that may be utilized on a daily, weekly, or monthly basis; whichever fits your particular need.*

\*\*\*\*\*  
*Accounting/Tax Preparation*

**Atlantic Business Services**

Contact: Marlene D'Souza  
PO Box 11175  
Portland ME 04104

County: CU

Phone: 879-2222 FAX: 871-0688

*ABS offers: Statement generation, bank reconciliations, accounting systems upgrade support, software consultation, installation and training, and UPC-bar code implementation.*



**Marlene G. D'Souza**

Tel: (207) 879-2222  
Fax: (207) 871-0688

P.O. Box 11175  
Portland, Maine 04104

\*\*\*\*\*  
*Accounting/Tax Preparation*

WDBC member

**Austin Law Offices**

Contact: Joann Clark Austin, Esq.  
PO Box 150 Street: Jonesbrook Crossing Prof. Bld  
S. China ME 04358

County: KE

Phone: 445-3333 FAX: 445-4477

*General Practice of Law, Tax, Financial Advice, Divorce and Family Law, Business Organizations, Real Estate, Social Security, Will and Probate.*

**JOANN CLARK AUSTIN**  
**Counselor and Attorney At Law**

P.O. Box 150  
South China, ME 04358

207-445-3333 Jonesbrook Crossing  
FAX 207-445-4477 by Border Trust Bank, off Route 3

\*\*\*\*\*  
*Accounting/Tax Preparation*

**Barbara Simard**

Contact: Barbara Simard  
Grange Ave-Box 85  
Minot ME 04258

County: AN

Phone: 345-4221 FAX: 345-9585

\*\*\*\*\*  
*Accounting/Tax Preparation*

**Berkel Bookkeeping Service**

Contact: Bernice Perpnan

Waterville ME 04901

County: KE

Phone: 872-2258

*Accounting/Tax Preparation*

**Bridges Accounting Services**

Contact: Pamela Bridges  
88A North St  
Calais ME 04619

County: WS

Phone: 454-0065 FAX: 454-0065

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*Accounting/Tax Preparation*

**Business Management Systems**

Contact: Helen M. McKinnon  
12 Waldo Ave  
Belfast ME 04915

County: WL

Phone: 338-1381 FAX: 338-1381

*Independent Contractor. Monthly accounting for small businesses.  
Tax return preparation. Electronic filing direct to IRS ... no third  
transmission necessary.*

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*Accounting/Tax Preparation*

**By The Numbers**

Contact: Elizabeth J. K. Massanek  
243 Elm St  
S. Portland ME 04106

County: CU

Phone: 767-5894

\*\*\*\*\*  
*Accounting/Tax Preparation*

**Chris Micklatcher, CPA**

Contact: Nancy Micklatcher  
PO Box 246  
Limerick ME 04048

County: YO

Phone: 793-2713 FAX: 793-4810

\*\*\*\*\*  
*Accounting/Tax Preparation*

**Coastal Documentation**

Contact: Susan Ellis  
RR 1 Box 255  
Hebron ME 04238

County: OX

Phone: 966-1153

*Helping small, start-up businesses handle the basics of federal  
& state requirements so the business-owner can focus  
on their product.*

*Accounting/Tax Preparation*

WDBC member

**Day & Associates**

Contact: Brenda R. Day  
420 Middle St  
Bath ME 04530

County: SA

Phone: 443-1129

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*Accounting/Tax Preparation*

**Foster Data Service**

Contact: Kathy Foster  
PO Box 44 Street: 24 Church St  
Ellsworth ME 04605

County: HA

Phone: 667-2338 FAX: 667-2338

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*Accounting/Tax Preparation*

WDBC member

**Francoise G. Roy, C.P.A.**

Contact: Francoise G. Roy  
8 Twin Island Dr  
Biddeford ME 04005

County: YO

Phone: 284-8602

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*Accounting/Tax Preparation*

WDBC member

**General Business Services**

Contact: Mary Thron, EA  
PO Box 96  
Kittery Point ME 03905

County: YO

Phone: 439-0889

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*Accounting/Tax Preparation*

**Hazel Joanne Eaton Public Accountant**

Contact: Hazel Joanne Eaton  
Annis Rd Box 4666  
Camden ME 04843

County: KN

Phone: 236-3728

Accounting/Tax Preparation

WDBC member

**Honeck-O'Toole**

Contact: Jane Honeck  
50 Portland Pier  
Portland ME 04101

County: CU

Phone: 774-0882 FAX: 773-2047

Accounting/Tax Preparation

WDBC member

**Kathryn A. Dunn, CPA**

Contact: Kathryn A. Dunn  
PO Box 1016 Street: 10 Court Street Pl  
Augusta ME 04330

County: KE

Phone: 626-3554

*Tax Preparation and advisory services; Computer consulting; Compilations; Reviews; Audits and Projections. Sliding-scale fee for women, minorities, handicapped, and non-profit services groups.*

Income Tax Preparation  
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**Kathryn A. Dunn, CPA**  
**Certified Public Accountant**

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Augusta, Maine 04330  
**(207) 626-3554**  
Sliding-scale fee for women, minorities, handicapped & service organizations

Accounting/Tax Preparation

**Laurie A. Lawrence Accounting & Income Tax Services**

Contact: Laurie Lawrence  
RR 2 Box 19  
Gardiner ME 04345

County: KE

Phone: 582-1293

*Advice on proper recordkeeping, required payroll and tax forms, etc.; payroll and/or payroll tax reports; monthly bookkeeping; checkbook reconciliations; individual and small business tax returns.*

Accounting/Tax Preparation

**Lu Bauer, CPA**

Contact: Lu Bauer  
196 Gray Rd  
Falmouth ME 04105

County: CU

Phone: 797-0466

*Holistic approach to tax services and accounting; business start-up assistance; individual counseling and groups exploring money beliefs and habits; teaching money skills and debt management.*

**Lu Bauer, CPA**

- Consulting on personal issues surrounding money
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- Tax accounting services

**797-0466**  
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Accounting/Tax Preparation

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**Madeline Tomlin Associates**

Contact: Madeline Tomlin  
101 High St - 2nd floor  
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County: WL

Phone: 338-5012 FAX: 338-5521

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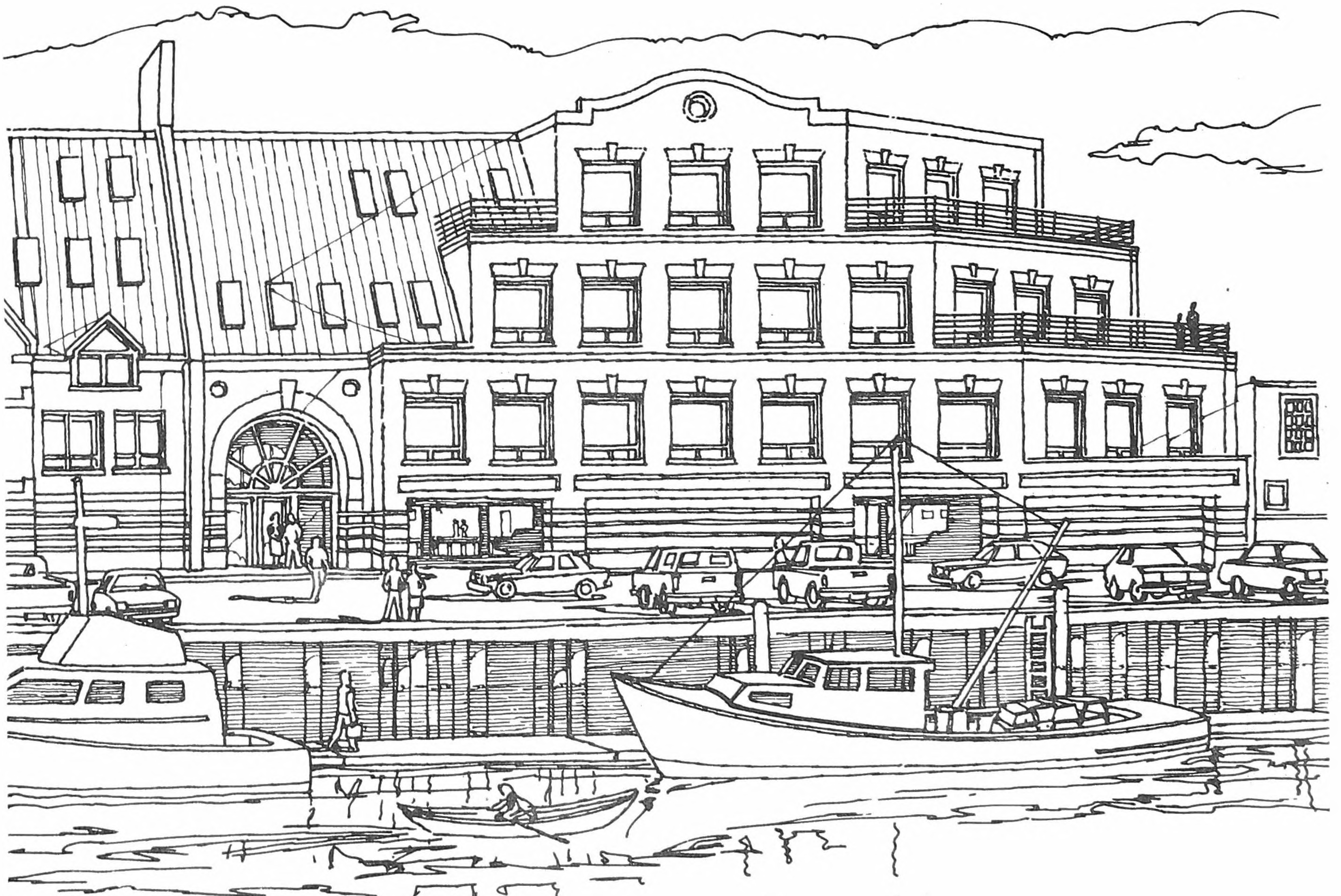
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565 Congress St, Room 304  
Portland ME 04101

County: CU

Phone: 761-2096

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*Accounting/Tax Preparation*

**Maryanne M. Mattson, CPA**

Contact: Maryanne M. Mattson  
PO Box 749  
Southwest Harbor ME 04679

County: HA

Phone: 244-5635 FAX: 244-4001

*Maryanne offers reliable professional support to small businesses and individuals. She specializes in providing accounting, tax, and consulting services.*

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WDBC member

**Milestones**

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Cumberland ME 04021

County: CU

Phone: 829-4132

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**Personalized Financial Services**

Contact: Jennifer Jenkins  
40 Elwell Ln  
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County: CU

Phone: 729-7779

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Brunswick, ME 04011

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40 S. Pleasant St  
Richmond ME 04357

County: SA

Phone: 737-8196

*Accounting/Tax Preparation*

**Ruth G. Higgins, CPA**

Contact: Ruth G. Higgins  
PO Box 296 Street: 38 Main St  
Oakland ME 04963

County: KE

Phone: 465-2804

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*Accounting/Tax Preparation*

**Small Business Accounting Service, Inc.**

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PO Box 6667 Street: 49 Ocean Ave  
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County: CU

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*Advocacy*

**Allen Associates**

Contact: Carol Allen  
PO Box 354  
Manchester ME 04351

County: KE

Phone: 685-3114 FAX: 685-3250

**Allen Associates**  
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Carol M. Allen  
P. O. Box 354  
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Tel. (207) 685-3114  
Fax (207) 685-3250

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*Advocacy* WDBC member

**Counseling/Psychotherapy**

Contact: Barbara Loewenberg-Irlandy M.A., R.T.C  
24 Victor Rd  
Portland ME 04103

County: CU

Phone: 774-8149

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*Advocacy*

**Moose Ridge Associates**

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County: KE

Phone: 933-2673 FAX: 933-2673

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(207) 933-2673

Advocacy

WDBC member

**Women Unlimited**

Contact: Dale McCormick  
1250 Turner St  
Auburn ME 04210

County: AN

Phone: 786-5259 FAX: 777-7353

*Women Unlimited is a statewide organization that advocates for and trains women in trade and technical occupations.*

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WDBC member

**Abbot Village Crafts and Antiques**

Contact: Nancy Gabardina  
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Abbot Village ME 04406

County: PS

Phone: 876-2295

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County: HA

Phone: 326-4117

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Saco ME 04072

County: YO

Phone: 284-7287



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Wiscasset ME 04578 County: LI

Phone: 882-6341

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window treatments; lighting; furniture layouts & specifications; art consultation.

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Portland ME 04101 County: CU

**REDHOUSE ARCHITECTS**

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Phone: 773-8681 FAX: 773-5173

JENNY POTTER SCHEU  
Architect

*Architecture/Engineering*

WDBC member

**The Conserve Company - Construction Management Services**

Contact: Lynne Panico, B.S.M.E.  
PO Box 202 Street: Oak Hill Rd  
Belfast ME 04915-0202

County: WL

Phone: 338-4932

*Construction Management Services. Design, Construction, and Scheduling Services for complex, highly technical Projects in Industrial, Commercial, Power, Water Treatment, and Chemical Facilities.*

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*Astrology*

**Astrological Counseling**

Contact: Arifa Boehler  
PO Box 615  
Newcastle ME 04553

County: LI

Phone: 563-5583

*Astrological counseling provides overview. Motivation for the patterns and cycles of daily life are illuminated. Conscious choice can then become a possibility. We remember ease.*

\*\*\*\*\*

*Astrology*

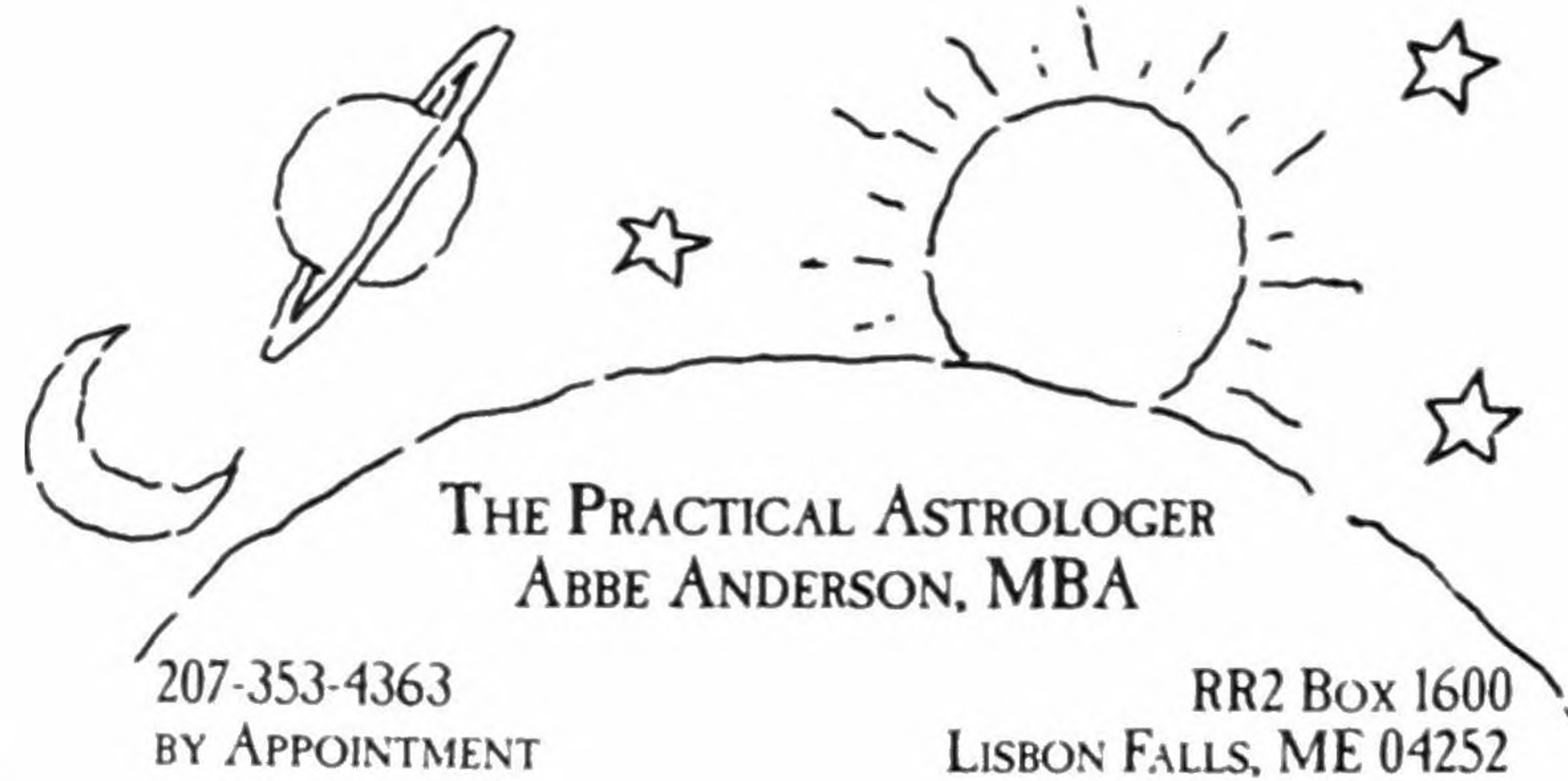
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RR 2 Box 1600  
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County: KE

Phone: 377-8118, 377-8773

*Producer of real estate, auto, and teen television shows. Also publish newspapers, magazines, and materials for businesses.*

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*Audio/Video*

**Modular Media**

Contact: Judy McGeorge  
PO Box 1119  
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County: HA

Phone: 469-3700 FAX: 469-6249

*Modular Media helps small enterprises to manage business information effectively, and to communicate with grace and power using print, audio, video, and multi-media.*

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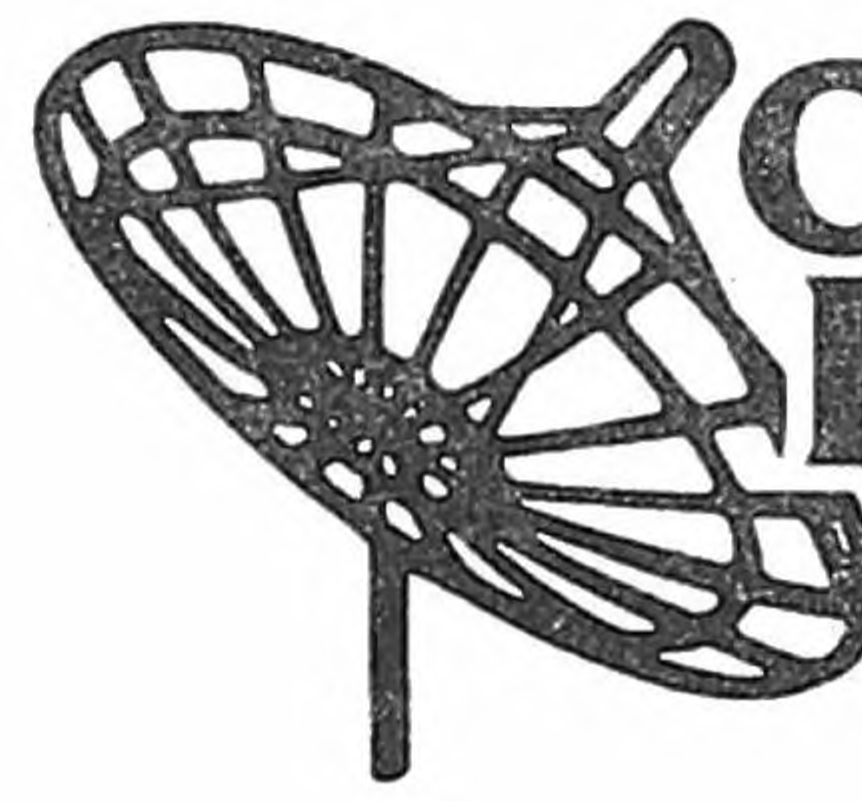
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**Old England Electronics**

Contact: Adrienne Broome  
RR 1 Box 1190 Street: Brann's Mill Rd  
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Phone: 696-3200 FAX: 696-5802



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Contact: Marjorie Bell  
7 Highland Ave  
Caribou ME 04736

County: AR

Phone: 492-6721

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*Automotive/Motorcycle*

**The Toy Shop**

Contact: Jane Steeves  
PO Box 207 Street: Weston Rd  
Turner ME 04282

County: AN

Phone: 225-3065

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*Boats/Marine*

**Freedom Fabrication**

Contact: Lucy Smith  
175 High St  
Belfast ME 04915

County: WL

Phone: 338-6828

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*Boats/Marine*

WDBC member

**Marine Surveying**

Contact: Linda Trumbull  
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County: KN

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County: CU

Phone: 775-7317 FAX: 775-7317

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**Tommy's**

Contact: Theda Shafran  
273 Congress St  
Portland ME 04101

County: CU

Phone: 772-5357

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*Bookkeeping Services*

**Berkel Bookkeeping Service**

Contact: Bernice Perpnan

Waterville ME 04901

County: KE

Phone: 872-2258

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*Bookkeeping Services*

WDBC member

**Budgeting & Bookkeeping Business**

Contact: Lori Hussey  
15 Holly St, Suite 207  
Scarborough ME 04074

County: CU

Phone: 883-8185, 646-8390

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*Bookkeeping Services*

**Business Management Systems**

Contact: Valerie Clapp  
RR 1 Box 1305  
Lincoln ME 04457

County: PE

Phone: 732-3963

*Independent Contractor*



business management systems

VALERIE CLAPP, Associate  
Computerized Bookkeeping

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*Independent Contractor*



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*Computerized Bookkeeping*

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Orrington, Me. 04474

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48 Elm St  
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County: WL

Phone: 338-1381 FAX: 338-1381

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*Computerized Bookkeeping*

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*Bookkeeping Services*

**By The Numbers**

Contact: Elizabeth J. K. Massanek  
243 Elm St  
S. Portland ME 04106

County: CU

Phone: 767-5894

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*Bookkeeping Services*

**Chris Micklatcher, CPA**

Contact: Nancy Micklatcher  
PO Box 246  
Limerick ME 04048

County: YO

Phone: 793-2713 FAX: 793-4810

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*Bookkeeping Services*

**Kettle Cove Currency**

Contact: Bertelle Brooking  
596 Ocean House Rd  
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County: CU

Phone: 767-1007

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County: CU

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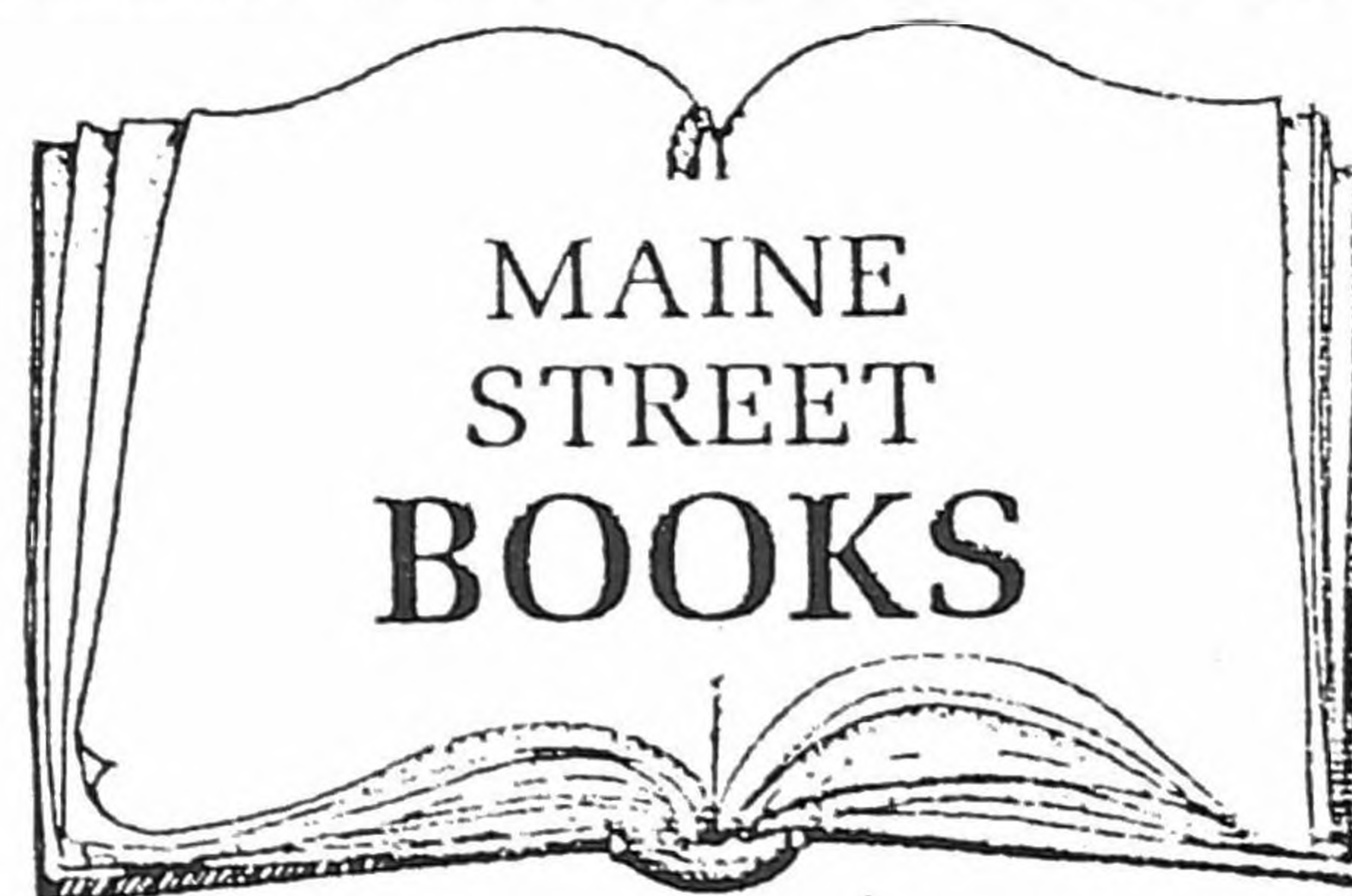
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County: PE

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County: PE

Phone: 848-5358 FAX: 848-5358

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Payrolls

Copying  
Billings

Mailings  
Typing

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848-5358

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County: CU

Phone: 879-2222 FAX: 871-0688

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Phone: 345-4221 FAX: 345-9585

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*Business Services*

**Bridges Accounting Services**

Contact: Pamela Bridges  
88A North St  
Calais ME 04619

County: WS

Phone: 454-0065 FAX: 454-0065

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*Business Services*

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**BusinessWorks**

Contact: Julie Whittington  
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County: KE

Phone: 622-9233 FAX: 622-4700

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County: KE

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**Rose M. Larkin - Claims Manager**

**Day (207) 885-5408**  
**Emergency (207) 883-5955**

**Fax (207) 883-3358**  
**Car (207) 233-1545**

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\*\*\*\*\*  
*Business Services*

**Connections Secretarial Services**

Contact: Becky J. Davis, PLS, CPRW  
5 Walnut St  
Waterville ME 04901-5751 County: KE

Phone: 872-5999

\*\*\*\*\*  
*Business Services*

WDBC member

**D. E. Ripley Business Services**

Contact: Deanna E. Ripley  
PO Box 83  
St. George ME 04857 County: KN

Phone: 594-1022

\*\*\*\*\*  
*Business Services*

WDBC member

**Day & Associates**

Contact: Brenda R. Day  
420 Middle St  
Bath ME 04530 County: SA

Phone: 443-1129

\*\*\*\*\*  
*Business Services*

**Douglas & Craig, Ltd.**

Contact: Susan M. Rocco-Fernau  
RR 1 Box 864  
Northport ME 04915 County: WL

Phone: 338-5173

*Management; turnaround; disposition for office, retail, hospitality, and  
multi-family residential portfolios. Loan restructures and workouts.  
Experience in financial institutions, hotels, pension funds, and govt. agencies.*



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FAX 622-4700

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**Finnegan & Associates** helps small businesses by acting as the business manager or controller.

The goal is to make an enterprise more profitable with solid fiscal planning and business management.

The tasks that **Finnegan & Associates** undertake vary with each company—from updating accounting systems to helping find a new location.

A small business itself, **Finnegan & Associates** was established in 1987. Mary Finnegan has more than 20 years' experience in management and accounting, and has provided services to more than 50 Maine businesses.

# Finnegan & Associates

## ■ Small Business Management

## ■ Fiscal Planning

## ■ New Business Development

Mary E. Finnegan, Owner

(207) 781-4450

170 U.S. Route 1, Falmouth, ME 04105  
Fax: 829-3912

### Beginning a business?

*Finnegan & Associates will*

- Outline and prioritize the steps necessary to begin
- Project expenses and revenues
- Point out pitfalls
- Write a business plan

- Help find creative financing
- Help find a business location
- Help with any large capital purchases
- Help with marketing and public relations
- Establish solid accounting practices (manual or computerized)

### Need assistance with your banking relationship?

*Finnegan & Associates will*

- Establish a working relationship with your loan officer
- Help you explore financing possibilities
- Assist in completion of paperwork necessary for financing

### Cash flow problems?

*Finnegan & Associates will*

- Analyze cash flow
- Review accounting procedures
- Develop a business plan
- Set budgets
- Work out payment plans with vendors and banks
- Assist with collections
- Streamline operations to make the business profitable

### Need a better accounting system?

*Finnegan & Associates will*

- Evaluate the present system
- Determine what is needed
- Convert the present or install a new accounting system
- Teach the staff how to use the new system, as well as the basics of sound bookkeeping
- Monitor for problems or success

### Ongoing business management needs?

*Finnegan & Associates will*

- Act as a controller on a part time/regular basis, as needed
- Provide financial statements
- Analyze and review statements with owner
- Oversee activity of the company on a regular basis

*Business Services*

WDBC member

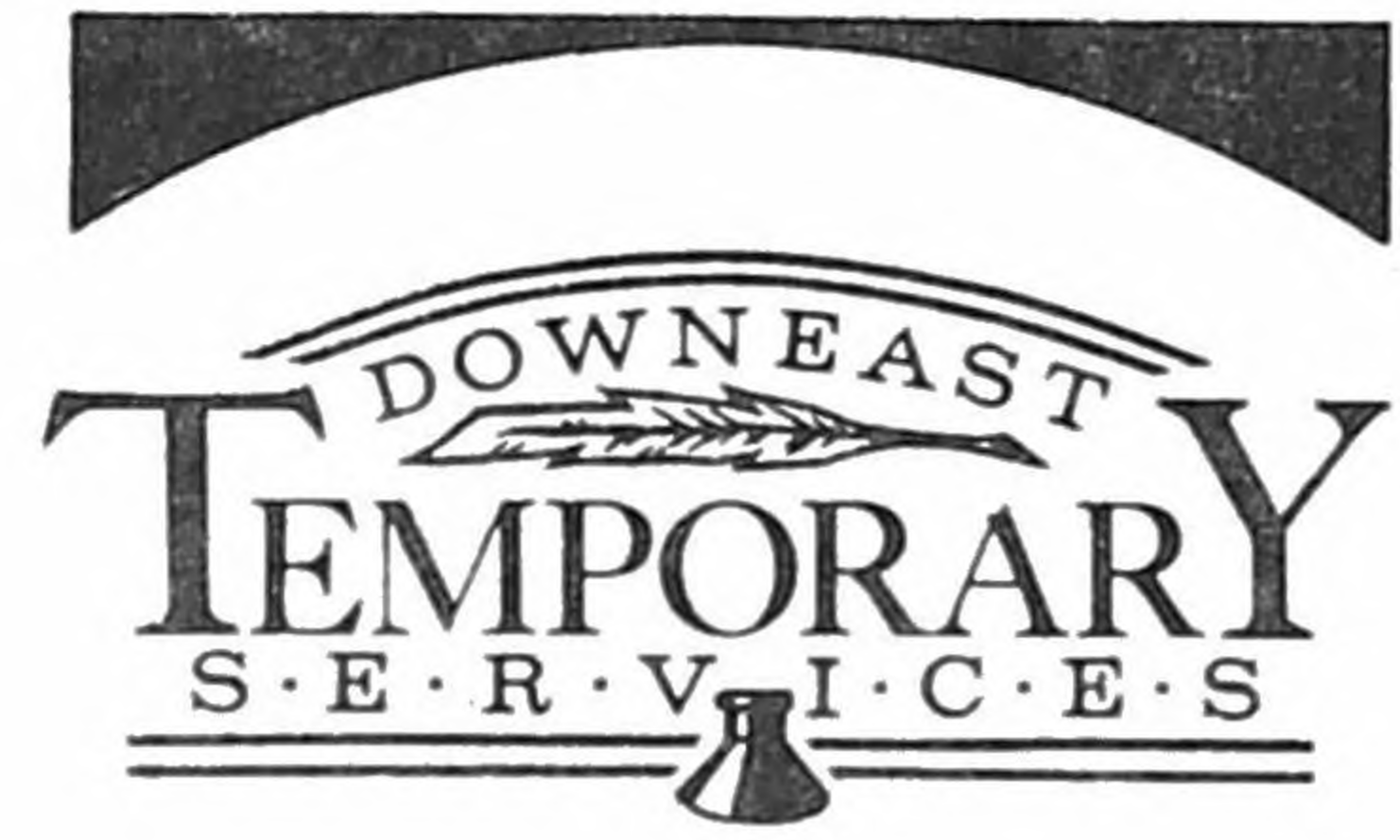
**Downeast Temporary Services**

Contact: Julia Comeau  
1096 Main St  
Veazie ME 04401-7056

County: PE

Phone: 947-7541 FAX: 942-0098

*Provides businesses with quality temporary employment in areas such as secretaries, office support, data entry, marketing, light industrial, and event planning.*



JULIA A. COMEAU  
President

(207)  
947-7541

1096 Main Street  
Veazie, Maine  
04401-7056

\*\*\*\*\*

*Business Services*

**Finnegan & Associates**

Contact: Mary Finnegan  
170 U.S. Route 1  
Falmouth ME 04105

County: CU

Phone: 781-4450 FAX: 829-3912

*Management and fiscal consulting for small business, start-up help, cashflow solutions and help with solid business practices. Your own part-time controller.*

\*\*\*\*\*

*Business Services*

**Foster Data Service**

Contact: Kathy Foster  
PO Box 44 Street: 24 Church St  
Ellsworth ME 04605

County: HA

Phone: 667-2338 FAX: 667-2338

\*\*\*\*\*

*Business Services*

**G. Bousum Enterprises, Inc.**

Contact: Virginia Dyer Bousum  
PO Box 166  
Kingfield ME 04947-0166

County: FR

Phone: 265-2200

\*\*\*\*\*

*Business Services*

**Hazel Joanne Eaton Public Accountant**

Contact: Hazel Joanne Eaton  
Annis Rd Box 4666  
Camden ME 04843

County: KN

Phone: 236-3728

*Business Services*

**Lebel Personnel**

Contact: Cindy Lebel, CPC  
99B Larrabee Rd  
Westbrook ME 04092

County: CU

Phone: 854-2422 FAX: 854-1405

\*\*\*\*\*  
*Business Services*

**Limerick Professional Services**

Contact: Brenda W. Norris  
PO Box 10  
Limerick ME 04048

County: YO

Phone: 793-2713 FAX: 793-4810

\*\*\*\*\*  
*Business Services*

**Lina's Pet Resort**

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RR 2 Box 150 Street: Hallowell Rd  
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County: KE

Phone: 268-4257

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**Linda Roberts Office Services**

Contact: Linda Roberts  
RR 1 Box 1121A  
Readfield ME 04355

County: KE

Phone: 685-4721

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*Business Services*

**Lisa Pearl Services**

Contact: Lisa Lightbown  
PO Box 941  
Biddeford ME 04005

County: YO

Phone: 283-2878

*Business Services*

WDBC member

**MaineTech Business Center**

Contact: Joan Craig  
16 Godfrey Dr (Maine Technology Park)  
Orono ME 04473 County: PE

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*Executive Suite Rentals with on-site secretarial services. Fax machine, photocopier, conference room. Park-like setting -- ample parking -- new professional office building.*

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Contact: Maryanne M. Mattson  
PO Box 749  
Southwest Harbor ME 04679 County: HA

Phone: 244-5635 FAX: 244-4001

*Maryanne offers reliable professional support to small businesses and individuals. She specializes in providing accounting, tax, and consulting services.*

\*\*\*\*\*  
*Business Services*

**Multi-Management Services, Inc.**

Contact: Nancy L. Verrill  
RR 1 Box 455  
Levant ME 04456 County: PE

Phone: 884-8779

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40 S. Pleasant St  
Richmond ME 04357

County: SA

Phone: 737-8196

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**Skilled Office Support**

Contact: Rebecca Parsons  
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Damariscotta ME 04543

County: LI

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*Professional and confidential services for businesses and individuals. Offering wordprocessing, computerized billing service, medical transcription, and telephone dictation.*

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County: CU

Phone: 871-0362 FAX: 871-7934

*Professional & Individual Services. Bookkeeping, Payroll and Reports, Computer Services, and Income Tax Preparation. We welcome the opportunity to assist you!*

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Contact: Susan Decker  
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County: KE

Phone: 724-3717

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**Business Services**

WDBC member

**TechEdit Services**

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County: SA

Phone: 725-1484

*A professional editing service for all types of business documentation, including (but not limited to) engineering reports, computer manuals, newsletters, proposals, contracts, and annual reports.*

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County: HA

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(207) 667-4420

Brenda T. Cartwright

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*Business Services*

WDBC member

**W.B. McCarty Associates**

Contact: Nancy J. McCarty  
PO Box 1537  
Auburn ME 04211

County: AN

Phone: 784-9724 FAX: 784-9724

\*\*\*\*\*  
*Business Services*

WDBC member

**Your Personal Secretary**

Contact: Jennifer Hill  
19 Wight St  
Belfast ME 04915

County: WL

Phone: 338-4501

\*\*\*\*\*  
*Candy*

**Harbor Candy Shop Inc. & Crumpets'**

Contact: Eugenie S. Foss  
PO Box 498  
Ogunquit ME 03907

County: YO

Phone: 646-8078

\*\*\*\*\*  
*Candy*

WDBC member

**Katie's Inc**

Contact: Lea Sullivan  
US Rt 1 Box 237  
Robbinston ME 04671

County: WS

Phone: 454-8446

*Katie's is a tiny home-based confectionery business featuring traditional Maine recipe. Hand-dipped chocolates, truffles and fudges made the old-fashioned way - by hand in small batches.*



*Candy*

**Naturally Envisions**

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Box 46

Richmond ME 04357

County: SA

Phone: 737-8571

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*Candy*

**Sweet Temptation Candies**

Contact: Edna Naida & Lois Gopin

22 Central St

Bangor ME 04401

County: PE

Phone: 990-1328

\*\*\*\*\*

*Candy*

**The Chocolate Deli**

Contact: Jennifer Laskey

Mountain Rd

N. Harpswell ME 04079

County: CU

Phone: 729-0773

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*Catering/Party Services*

WDBC member

**Ballons and Things**

Contact: Jan Partridge

Belgrade Lakes ME 04918

County: KE

Phone: 495-3864

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*Catering/Party Services*

**Handmade Desserts**

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County: CU

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*Handmade Desserts*

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County: OX

Phone: 336-2545

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*Catering/Party Services*

**Maria Von Magnus Catering**

Contact: Maria Von Magnus  
PO Box 279  
Woolwich ME 04579

County: SA

Phone: 443-2284

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*Catering/Party Services*

WDBC member

**Special Occasions**

Contact: Diane Williams  
PO Box 71 Street: Pond Rd  
Manchester ME 04351

County: KE

Phone: 621-0090

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*Catering/Party Services*

WDBC member

**Storybook Hat Company**

Contact: Ann Silva  
PO Box 567  
Union ME 04862

County: KN

Phone: 785-4927

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*Catering/Party Services*

**The Stacked Arms**

Contact: Dolores S. Maguire  
RR 2 Box 146  
Wiscasset ME 04578

County: LI

Phone: 882-5436

*Catering/Party Services*

WDBC member

**Truffles Cafe**

Contact: Ellen Spiegelman  
21 Elm St  
Bath ME 04530

County: SA

Phone: 442-8474

\*\*\*\*\*

*Catering/Party Services*

WDBC member

**Village Farm Caterers**

Contact: Sharon Hathaway & Allyson White  
RR 1 Box 1392  
Turner ME 04282

County: AN

Phone: 225-3663, 225-2171



Allyson White 225-2171  
Sharon Hathaway 225-3663

Route 117  
Turner Village, Maine 04280

\*\*\*\*\*

*Children's Goods & Services*

**A Mom Who Knows**

Contact: Pat Sager-Horton  
RR 1 Box 235A  
Penobscot ME 04476

County: HA

Phone: 326-4334

\*\*\*\*\*

*Children's Goods & Services*

WDBC member

**Kid's Stuff**

Contact: Deborah Sirois  
31 Herschel St  
Caribou ME 04736

County: AR

Phone: 492-0200

\*\*\*\*\*

*Children's Goods & Services*

**Kids on the Move**

Contact: Maureen Oosten  
6 Fieldcrest Drive  
Kennebunk ME 04043

County: YO

Phone: 985-9234

*Children's Goods & Services*

WDBC member

**Maine Baby Co.**  
Contact: Soone Hitt  
RR 1 Box 910  
Morrill ME 04952

County: WL

Phone: 342-5055

\*\*\*\*\*

*Children's Goods & Services*

**Softouch Diaper Service**  
Contact: Ellen Wells-Malloy  
PO Box 5183  
Augusta ME 04332

County: KE

Phone: 622-1145, 800-734-1147

\*\*\*\*\*

*Children's Goods & Services*

WDBC member

**The Baby Bag Company**  
Contact: Elizabeth Andrews  
PO Box 566  
Cumberland Center ME 04021

County: CU

Phone: 829-5037 FAX: 829-5946

\*\*\*\*\*

*Children's Goods & Services*

**The Bottom Line Diaper Service**  
Contact: Daria Burns  
PO Box 1248  
Biddeford ME 04005

County: YO

Phone: 499-7278

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*Cleaning/Laundry Services*

**Kline Cleaning Service**  
Contact: Marcia S. Kline  
RR 1 Box 4750  
Levant ME 04456-9722

County: PE

Phone: 884-7223

*Cleaning/Laundry Services*

**M & M Services**

Contact: Marilyn D. Smith  
PO Box 982 Street: Belfast Rd  
Camden ME 04843

County: KN

Phone: 236-2353

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*Cleaning/Laundry Services*

**Saliba's Rug & Upholstery Cleaners**

Contact: Laurie J. Karam  
59 May St  
Bangor ME 04401

County: PE

Phone: 947-8876

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*Cleaning/Laundry Services*

**ServiceMASTER of the Augusta/Waterville Area**

Contact: Paula R. Welton  
133 Mt. Vernon Ave  
Augusta ME 04330

County: KE

Phone: 623-4113, 873-5275, 800-540-2506

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*Cleaning/Laundry Services*

**Softouch Diaper Service**

Contact: Ellen Wells-Malloy  
PO Box 5183  
Augusta ME 04332

County: KE

Phone: 622-1145, 800-734-1147

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*Cleaning/Laundry Services*

**The Bottom Line Diaper Service**

Contact: Daria Burns  
PO Box 1248  
Biddeford ME 04005

County: YO

Phone: 499-7278

*Cleaning/Laundry Services*

WDBC member

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**Amaryllis Clothing Co., Inc.**

Contact: Susan Bergier  
41 Exchange St  
Portland ME 04101

County: CU

Phone: 772-4439 FAX: 775-4425

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*Clothing/Dressmaking*

**Bickford's Greenhouses**

Contact: Pauline Bickford  
160 Norridgewock Rd  
Fairfield ME 04937

County: SO

Phone: 453-2047

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*Clothing/Dressmaking*

WDBC member

**Boutique Marguerite**

Contact: Marguerite Comerford  
PO Box 647a Street: Ocean Ave  
Kennebunkport ME 04046

County: YO

Phone: 967-3130, 967-4254

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County: AN

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**Coyote Moon**

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County: WL

Phone: 338-5659



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*Clothing/Dressmaking*

WDBC member

**Doncaster**

Contact: Sharon L. Bushey  
5 Sturdivant Rd  
Cumberland Foreside ME 04110

County: CU

Phone: 781-4818

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**MOON** \*

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*Clothing/Dressmaking*

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S. Harpswell ME 04079

County: CU

Phone: 833-6391

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County: CU

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County: KN

Phone: 594-5074

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**Kathy Woell Handwoven Garments**

Contact: Kathleen Woell  
156 Old Ferry Rd  
Deer Isle ME 04627

County: HA

Phone: 348-6141

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*Clothing/Dressmaking*

WDBC member

**Kid's Stuff**

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Caribou ME 04736

County: AR

Phone: 492-0200

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Bangor ME 04401

County: PE

Phone: 945-9813



*Clothing/Dressmaking*

WDBC member

**MASA Knits of Maine**

Contact: Carol DePesa  
RR 2 Box 4850  
Waterville ME 04901

County: KE

Phone: 873-2736

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*Clothing/Dressmaking*

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County: HA

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*Clothing/Dressmaking*

**Pancsofar's Bridal Shop**

Contact: Paula Bradley  
342 Main St  
Presque Isle ME 04769

County: AR

Phone: 769-8611

\*\*\*\*\*

*Clothing/Dressmaking*

WDBC member

**Pixel Knits**

Contact: Sue Westlake  
RR 1 Box 88  
Readfield ME 04355

County: KE

Phone: 685-4510

*Clothing/Dressmaking*

WDBC member

**Pretty Babies**

Contact: Mary E. Lambert  
6 North Belfast Ave  
Augusta ME 04330

County: KE

Phone: 622-4067

\*\*\*\*\*

*Clothing/Dressmaking*

**Rosamond**

Contact: Rosamond Field  
9 Elm St  
Camden ME 04843

County: KN

Phone: 236-2023 FAX: 236-2023

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*Clothing/Dressmaking*

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*Clothing/Dressmaking*

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151 Mast Rd  
Westbrook ME 04092

County: CU

Phone: 856-0156

*Professional custom dressmaking and tailoring, specializing in career apparel and clothing for disabilities. Member: ME Dressmakers Guild and Professional Association of Custom Clothiers.*

\*\*\*\*\*

*Clothing/Dressmaking*

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County: CU

Phone: 797-9092



**Cindy McLellan**

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County: CU

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Frenchville ME 04745

County: AR

Phone: 543-7730

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County: CU

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Contact: Sheri Fowler  
Box 51  
W. Sumner Village ME 04292

County: OX

Phone: 388-2162

*Clothing/Dressmaking*

**The Village Seamstress**

Contact: Mary Alley  
RR 2 Box 82  
Lamoine ME 04605

County: HA

Phone: 667-4021

\*\*\*\*\*

*Clothing/Dressmaking*

WDBC member

**The Wild Rose**

Contact: Mary E. Parker  
PO Box 657 Street: Main St  
Bethel ME 04217

County: OX

Phone: 824-3782 FAX: 824-2061

\*\*\*\*\*

*Clothing/Dressmaking*

**Undercover Elegance**

Contact: Holly Oakes  
119 Bath Rd  
Brunswick ME 04011

County: CU

Phone: 729-7959

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*Clothing/Dressmaking*

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**Wool'N Goods**

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*Hats crocheted of quality Maine wool, specialty yarn accents, original designs. Cloche with 4-position brim offers warmth with style. Custom orders welcome. Retail, wholesale consignment.*

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*Communications*

WDBC member

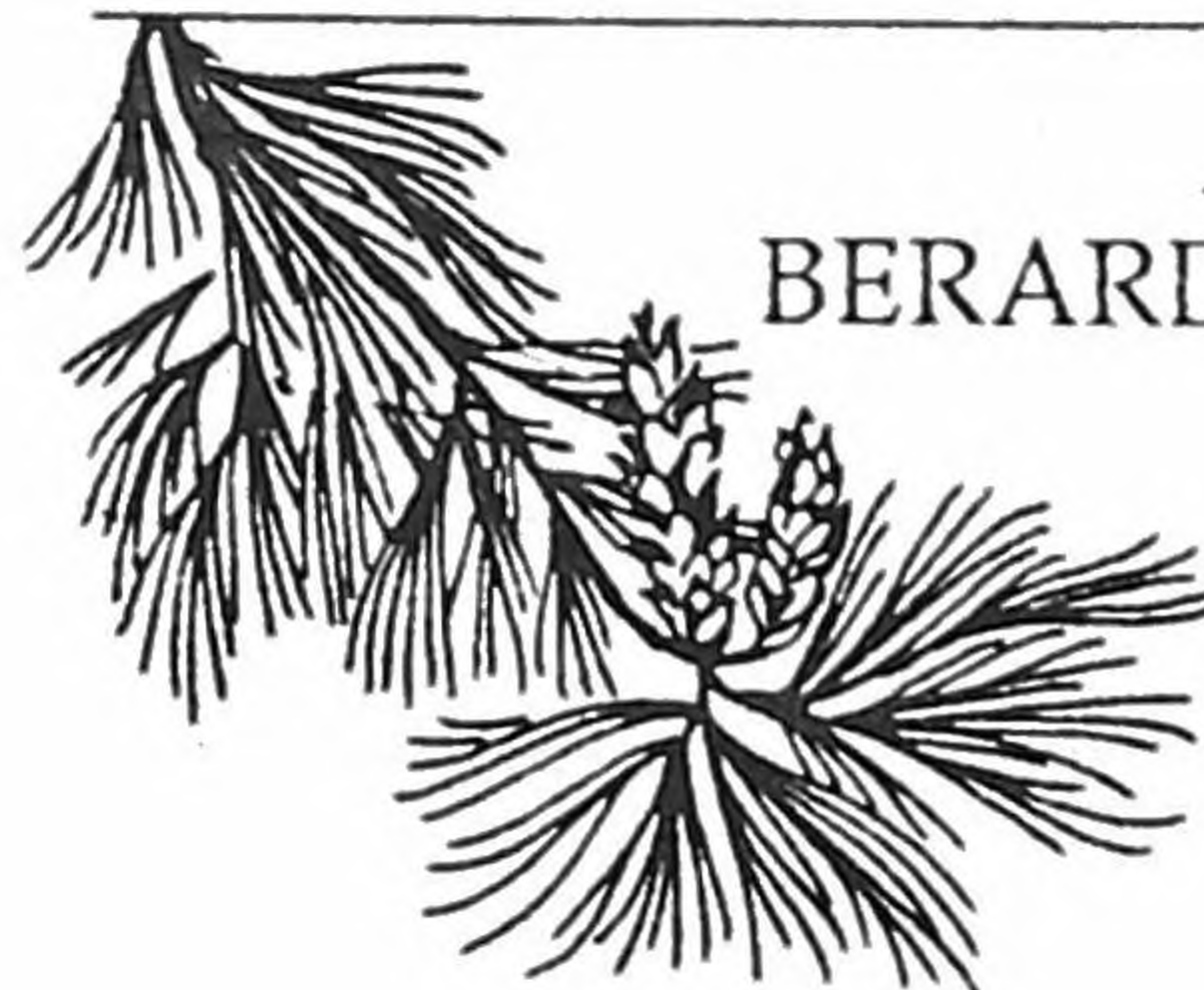
**Berard Communications**

Contact: Suzanne J. Berard  
RR 1 Box 132  
Litchfield ME 04350

County: KE

Phone: 268-4196 FAX: 268-4196

*Brochures/Flyers, Newsletters, Writing/Editing, Displays, Public Relations/Advertising, Meeting/Event Planning, Audio-Visual Presentations, and Direct Marketing.*



**BERARD COMMUNICATIONS**

SUZANNE J. BERARD  
R.R. 1, BOX 132  
LITCHFIELD, MAINE 04350  
PHONE/FAX 207/268-4196

*Communications*

**Capital Connections**

Contact: Karen Feld  
PO Box 123  
Bridgton ME 04009

County: CU

Phone: 647-8913 FAX: 647-8913

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*Communications*

WDBC member

**Coastal Publishing, Co dba Coastal Journal**

Contact: Mary Denzer & Sarah Stacy  
PO Box 575 Street: 361 High St  
Bath ME 04530

County: SA

Phone: 443-6151 FAX: 443-5605

**MARY A. DENZER**

**Marketing Consultant**

361 High Street  
Bath, Maine 04530  
207-443-6241

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*Communications*

WDBC member

**Dow & Associates**

Contact: Joan L. Dow  
PO Box 7242 Street: Commercial St  
Portland ME 04112

County: CU

Phone: 773-7442 FAX: 773-4494

\*\*\*\*\*

*Communications*

**Dudman Communications Corporation**

Contact: Martha T. Dudman  
Box 1129 Street: 68 State St  
Ellsworth ME 04605

County: HA

Phone: 667-9555 FAX: 667-2436

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*Communications*

WDBC member

**Eberhardt/Impact**

Contact: Barbara Eberhardt  
142 High St, #634  
Portland ME 04101

County: CU

Phone: 775-6558

*Workshops and private coaching for women who need or want  
to speak up - interpersonal, presentations, communication style.*

Communications

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**Hampden Telephone Company**

Contact: Linda Gamble & Lynn Van Leer  
PO Box 250  
Hampden ME 04444

County: PE

Phone: 862-3000 FAX: available

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Communications

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**Human Communication Enterprises**

Contact: Terri Wlodarski  
PO Box 222  
Orono ME 04473

County: PE

Phone: 866-0226 FAX: 886-0226

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CONSULTATION / TRAINING & EDUCATION  
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Orono, Maine 04473

TERRI WLODARSKI

FAX (207) 866-0226  
(207) 866-0226

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Communications

**Nancy Marshall Communications**

Contact: Nancy Marshall  
RR 1 Box 2050  
Kingfield ME 04947

County: FR

Phone: 235-2316 FAX: 235-2110



**Nancy Marshall  
Communications**

*Public Relations and Marketing Services specializing in resort and recreation-oriented businesses. Primary client is Sugarloaf/USA. Member: Maine Tourism Commission. Call for free consultation.*

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Media Relations  
Marketing  
Collateral Production  
Video Production  
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Contact: Gail Rossi  
RR 2 Box 466  
Casco ME 04015

County: CU

Phone: 655-3103

**Nancy Marshall  
207-235-2316  
FAX 207-235-2110**

Rural Route One, Box 2050  
Kingfield, Maine 04947

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Communications

WDBC member

**Speak for Yourself**

Contact: Dianne Holly  
PO Box 66852  
Falmouth ME 04105

County: CU

Phone: 781-7101 FAX: 781-2719

*A speech improvement service geared to help you develop your personal and professional speaking skills. Specializing in diction accent reduction and speech delivery.*

Computers

**Business Management Systems**

Contact: Valerie Clapp  
RR 1 Box 1305  
Lincoln ME 04457

County: PE

Phone: 732-3963

*Independent Contractor*

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Computers

**Business Management Systems**

Contact: Donna King  
48 Elm St  
Bangor ME 04401

County: PE

Phone: 947-8102 FAX: 947-8102

*Independent Contractor*

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Computers

**Business Management Systems**

Contact: Lorelei McKinnon, Owner  
412 French St  
Bangor ME 04401

County: PE

Phone: 942-5804 FAX: 942-5804

*Business Management Systems brings computerized bookkeeping and organizational services within the reach of all businesses, no matter how small. Serving Maine since 1980.*

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249 Fifteenth St  
Bangor ME 04401

County: PE

Phone: 947-1120



Connie Howell

■ 249 15th Street, Bangor, Maine 04401

■ (207)-947-1120

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Computers

WDBC member

**Kathryn A. Dunn, CPA**

Contact: Kathryn A. Dunn  
PO Box 1016 Street: 10 Court Street Pl  
Augusta ME 04330

County: KE

Phone: 626-3554

*Tax Preparation and advisory services; Computer consulting; Compilations; Reviews; Audits and Projections. Sliding-scale fee for women, minorities, handicapped, and non-profit services groups.*

*Computers*

**Lynne Sanford**

Contact: Lynne Sanford  
RR 2 Box 3170  
Bowdoinham ME 04008

County: SA

Phone: 666-3209

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*Computers*

**Modular Media**

Contact: Judy McGeorge  
PO Box 1119  
Bucksport ME 04416

County: HA

Phone: 469-3700 FAX: 469-6249

*Modular Media helps small enterprises to manage business information effectively, and to communicate with grace and power using print, audio, video, and multi-media.*

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*Computers*

**The Computer Department, Inc.**

Contact: Claire Whitmore  
PO Box 27 Street: Church Rd  
Readfield ME 04355

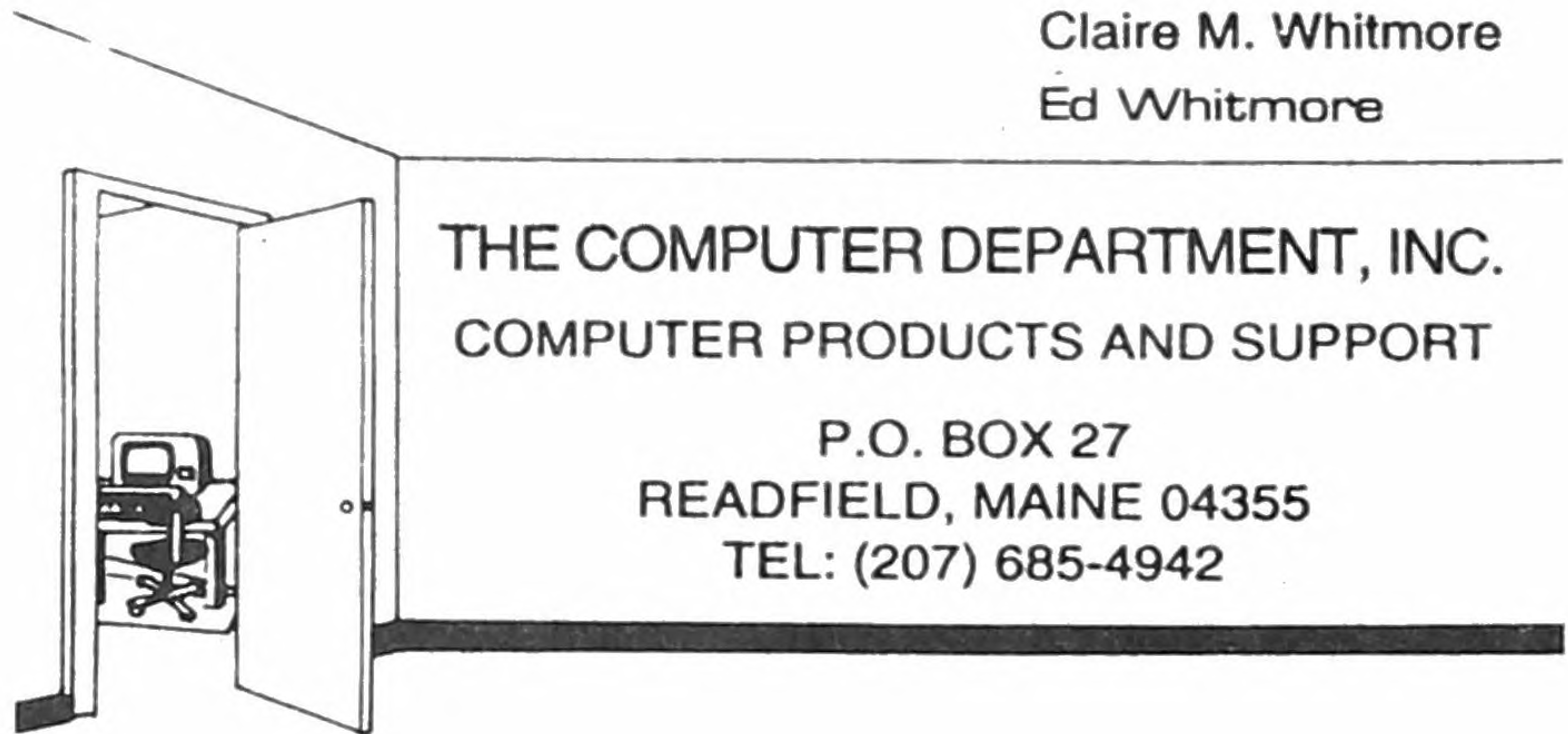
County: KE

Phone: 685-4942 FAX: available

*Products - Training - Service - Support.  
A step above the usual.  
We know computers, we know business.*

WDBC member

Claire M. Whitmore  
Ed Whitmore



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*Computers*

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RR 1 Box 1213  
Bowdoinham ME 04008

County: SA

Phone: 666-5747

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*Conferences/Event Planning*

**Bouldaire Conference Center**

Contact: Joy Hoffman

Blue Hill Falls ME 04615

County: HA

Phone: 359-4692



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*ENVIRONMENTAL QUALITY IN THE WORKPLACE*

Indoor Air Quality and other environmental factors can significantly affect productivity and health. "Sick Building Syndrome" afflicts up to 20% of U.S. office workers, impairing job performance. Symptoms such as excessive sleepiness, headaches, and eye or lung irritation may also be linked to more serious difficulties. Simple ventilation system problems are often to blame.

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P.O. Box 9005, Augusta, Maine 04338  
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**Remember** your company's last big event . . .



the time consuming and frustrating task of planning  
the seemingly endless details

**Remember** . . .

you wished you could find an easier way  
you vowed you'd never do this again

This time . . .

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WDBC member

**EVENT Bridal Magazine, Inc.**

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County: CU

Phone: 772-6320

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WDBC member

**Great Gatherings**

Contact: Susan MacPherson  
PO Box 9005 Street: 12 Spruce St  
Augusta ME 04338-9005

County: KE

Phone: 622-5330 FAX: 622-6228

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**Susan MacPherson**  
Principal

*Organizing conferences, festivals, and special events since 1988.  
We're ready to help you create your event exactly as you want. Let  
us take care of all the hassles and details. Call for our brochure.*

P.O. Box 9005, Augusta, Maine 04338  
(207) 622-5330; Fax 622-6228

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Raymond ME 04071

County: CU

Phone: 655-7624 FAX: 655-3321

**NORTHERN PINES  
ON CRESCENT LAKE**

(207) 655-7624



A Healthy Resort  
and  
Conference Center

Marlee Turner  
*Owner/Director*

559 Route 85  
Raymond, Maine 04071

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**Bonnie Jackson**

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S. Portland ME 04106

County: CU

Phone: 799-6386

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*Construction/Contracting*

WDBC member

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Augusta ME 04330

County: KE

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*Interior renovations, suspended acoustical ceilings, specialty  
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County: WL

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*The Residential Specialists - Interior painting, paperhanging, glazing, murals, handpainted rugs, draperies, slipcovers, upholstery. Free consultation, excellent references.*

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**THE RESIDENTIAL SPECIALISTS**

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County: PE

Phone: 843-6170 FAX: 843-5117

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Contact: Donna Emerson  
84 Jones Ave  
Lewiston ME 04240

County: AN

Phone: 782-3852

*Residential and light commercial projects specializing in technical drawings for construction, and handicap accessibility regulations.*

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PO Box 30  
Yarmouth ME 04096

County: CU

Phone: 846-9659

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*Architectural Design Consultants  
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846-9659

**KAREN LEWIS**  
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County: PE

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*Save Time, Energy, and Money on insulation, including blown-in fiberglass or cellulose; replacement doors and windows; remodeling; and interior painting.*

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Levant ME 04456

County: PE

Phone: 884-8779

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*Construction/Contracting*

**Norpine Landscape, Inc.**

Contact: Elizabeth Ann Listowich  
RR 1 Box 1370 Street: Rt 142  
Kingfield ME 04947

County: FR

Phone: 265-2430 FAX: 265-2431

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*Construction/Contracting*

WDBC member

ALICE J. PECK  
PRESIDENT

CODES  
AWS-ANSI

**P F W, Inc dba Peck's Fabrication & Welding**

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RR 2 Box 530  
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County: PE

Phone: 368-4344 FAX: 386-5552

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**PECK'S FABRICATION & WELDING**  
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(207) 368-4344  
(207) 368-4345

\*\*\*\*\*

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**Palmer Development Corp.**

Contact: Mary Anna S. Palmer  
PO Box 519  
Oxford ME 04270

County: OX

Phone: 783-1096 FAX: 783-3904

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*Construction/Contracting*

**Precast Structures, Inc.**

Contact: Claire A. Westcott  
PO Box 1347  
Auburn ME 04210

County: AN

Phone: 786-0661 FAX: 786-2673



**Precast Structures, Inc.**

P.O. BOX 1347 • AUBURN, MAINE 04210 • (207) 786-0661

**CLAIRE A. WESCOTT**  
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**Randy Tibbetts Trucking, Inc.**

Contact: Nancy Tibbetts  
PO Box 365  
Monmouth ME 04259

County: KE

Phone: 933-4235

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*Construction/Contracting*

**Robbins Construction**

Contact: Karen M. Robbins  
Star Rt 2 Box 330  
Arrowsic ME 04530

County: SA

Phone: 442-7533

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*Construction/Contracting*

WDBC member

**The Conserve Company - Construction Management Services**

Contact: Lynne Panico, B.S.M.E.  
PO Box 202 Street: Oak Hill Rd  
Belfast ME 04915-0202

County: WL

Phone: 338-4932

*Construction Management Services. Design, Construction, and Scheduling Services for complex, highly technical Projects in Industrial, Commercial, Power, Water Treatment, and Chemical Facilities.*

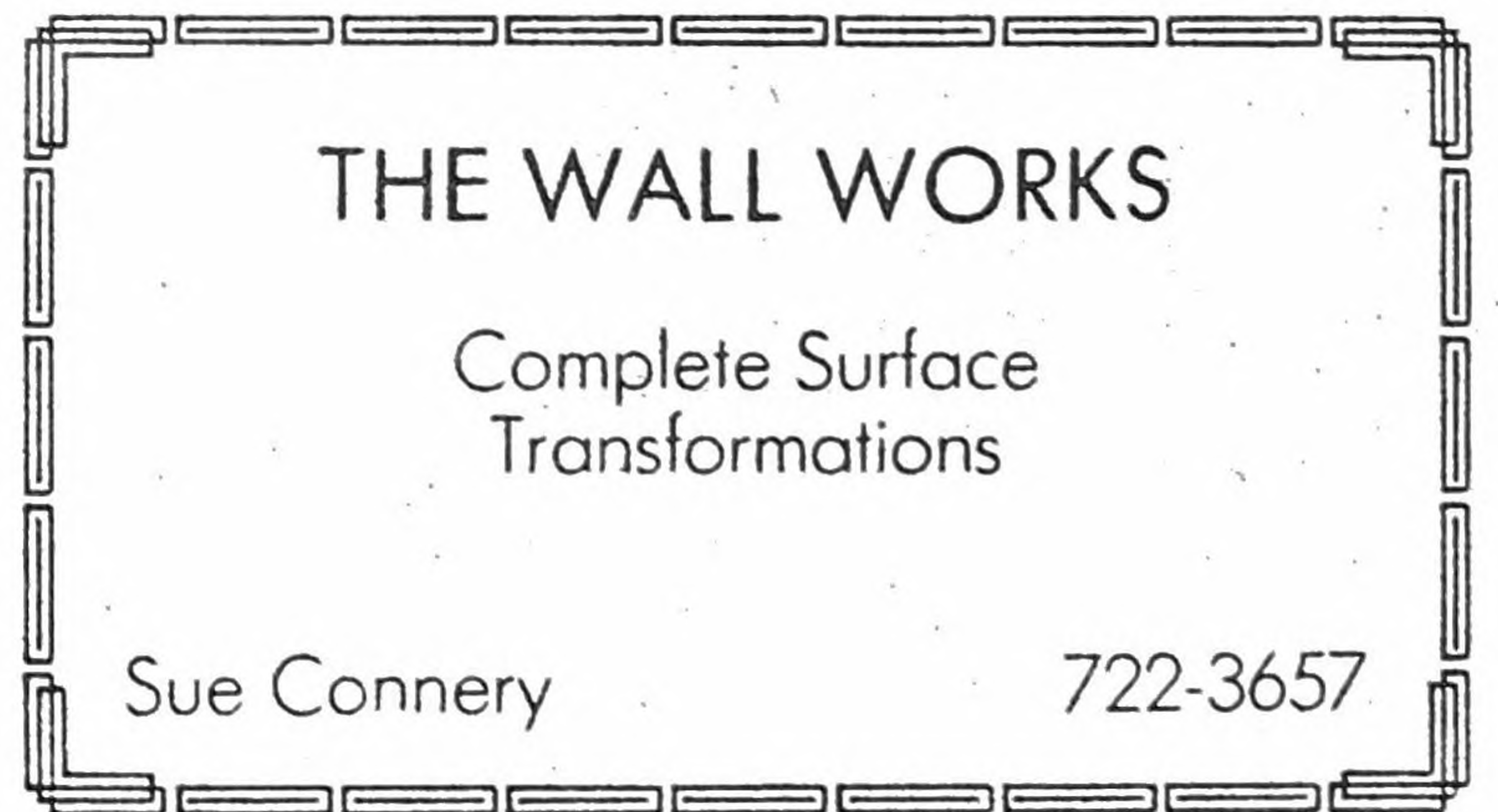
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*Construction/Contracting*

**The Wall Works**

Contact: Susan Connery  
RR 1 Box 2604  
Brooks ME 04921

County: WL

Phone: 722-3657



\*\*\*\*\*  
*Construction/Contracting*

**Visual Effects Painting and Papering**

Contact: Kathy Knight  
48 Old Salt Rd  
Old Orchard Beach ME 04064

County: YO

Phone: 934-9788

*Consulting*

**Alternative Building Consultants, Unlimited**

Contact: Nancy Backman, Ed.D.

PO Box 168  
Thorndike ME 04986

County: WL

Phone: 568-3689

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*Consulting*

**American International Associates**

Contact: Denise N. Paquette

211 Randall Rd  
Lewiston ME 04240

County: AN

Phone: 786-5050

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*Consulting*

**Augusta Professional Services**

Contact: Barbara E. Mayer, L.C.P.C.

44 Chapel St  
Augusta ME 04330

County: KE

Phone: 623-2327

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*Consulting*

WDBC member

**Be Happy Pre-School**

Contact: Susan Grenier

RR 1 Box 1776  
Wells ME 04090

County: YO

Phone: 646-5764

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**BeautiControl**

Contact: Terri Ward - Image Consultant

942 Bridgton Rd  
Westbrook ME 04092

County: CU

Phone: 854-8457

*To create your "best" image consider color harmony, skin care and cosmetics, body shape profiling, and core wardrobing and accessorizing with Terri Ward, image consultant.*

*Consulting*

**BeutiControl Cosmetics**

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Scarborough ME 04070-6934

County: CU

Phone: 883-9579

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**Brooks Technologies**

Contact: Joan L. Brooks, Ph.D.

RR 1 Box 753

Eddington ME 04428

County: PE

Phone: 843-6389

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Scarborough ME 04074

County: CU

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WDBC member

**C: Scribe**

Contact: Judith Hannum

4 Hillcrest Ct

Augusta ME 04330

County: KE

Phone: 622-3259

*C: Scribe has a two fold purpose. The company offers flexible computerized office support services coupled with office organization and management.*

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**Child Care Concepts**

Contact: Lisa Freitas

PO Box 1101

Portland ME 04104

County: CU

Phone: 767-7440

*Consulting*

WDBC member

**Christiansen Associates**

Contact: Sonja Christiansen  
201 Whitney St  
Auburn ME 04210

County: AN

Phone: 786-2632 FAX: 782-9717

*Christiansen Associates bases their life skills programs on real life experiences that encourage the exchange of ideas in an entertaining, trusting environment.*

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*Consulting*

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Contact: Janet Christrup  
26 Deering Hall  
Orono ME 04469

County: PE

Phone: 581-2935

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*Consulting*

**Cobbossee Computer Systems**

Contact: M. Elaine Briggs  
PO Box 187  
Leeds ME 04263

County: AN

Phone: 524-3125

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*Consulting*

**Computer Software Consultants**

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249 Fifteenth St  
Bangor ME 04401

County: PE

Phone: 947-1120

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*Consulting*

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County: AN

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County: CU

Phone: 797-4173 FAX: 797-4173

*Economic development assistance through tourism to communities and organizations. Organizational development. Marketing and promotion for tourism businesses. 30 years experience. Free consultation.*

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Contact: Karen Ida Peterson  
PO Box 350 Street: 18 Brickyard Ct  
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County: YO

Phone: 363-7347 FAX: 363-7347

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*Consulting*

**Dee Kelsey and Associates**

Contact: Dee Kelsey  
PO Box 3883  
Portland ME 04104

County: CU

Phone: 773-0464

- \* *Helping build more collaborative relationships in organizations*
- \* *Facilitation and conflict management skills training*
- \* *Over 15 years experience as a consultant, trainer, facilitator, and mediator*

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*Consulting*

WDBC member

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County: WL

Phone: 338-5173

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*Consulting*

WDBC member

**Elizabeth D. Frey**

Contact: Elizabeth D. Frey  
33 Pine St  
Freeport ME 04032

County: CU

Phone: 865-4857

*Systems analysis, database design, programming, customization, product evaluation, cost-benefit analysis. Preference to women and minorities. 27 years experience.*

*Consulting*

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County: SA

Phone: 729-4088 FAX: 729-1014

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County: CU

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County: SA

Phone: 443-9331

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**G. Bousum Enterprises, Inc.**

Contact: Virginia Dyer Bousum  
PO Box 166  
Kingfield ME 04947-0166

County: FR

Phone: 265-2200

*Consulting*

WDBC member

**General Business Services**

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PO Box 96  
Kittery Point ME 03905

County: YO

Phone: 439-0889

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*Consulting*

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14 Murray Lane  
Winslow ME 04901

County: KE

Phone: 873-5248

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Contact: Patti Hinckley  
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Brunswick ME 04011

County: CU

Phone: 729-7908 FAX: 729-7908

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President

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Phone (207) 729-7908

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*Consulting*

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Auburn ME 04210

County: AN

Phone: 777-1700 FAX: 657-2977

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*Consulting*

WDBC member

**Human Communication Enterprises**

Contact: Terri Wlodarski  
PO Box 222  
Orono ME 04473

County: PE

Phone: 866-0226 FAX: 866-0226

*Consulting*

**Innovative Management Associates**

Contact: JoAnn Peeples  
62 Ridge View Dr  
Standish ME 04084

County: CU

Phone: 892-9358

*IMA offers a wide range of organizational consulting services,  
and management training and development programs  
to both nonprofit and private sector clients.*



JoAnn Peeples

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Business & Organizational Consultants

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Tel (602) 323-3536 • Fax (602) 323-9216

62 Ridge View Drive • Standish, Maine 04084  
Tel (207) 892-9358

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*Consulting*

**Inter Reflections**

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RR 3 Box 3625  
Waterville ME 04901

County: KE

Phone: 465-3670

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*Consulting*

**Jacquelyn R. Wagner Enterprises**

Contact: Jacquie Wagner  
8 Mayo St  
Orono ME 04473

County: PE

Phone: 866-4163, 866-4634 FAX: 866-4300, 866-7600

\*\*\*\*\*

*Consulting*

**Janet Eastman Associates**

Contact: Janet Eastman  
11 William St  
Portland ME 04103

County: CU

Phone: 828-1940

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*Consulting*

**Janet Stewart: Writing Consultant**

Contact: Janet J. Stewart  
21 Ledge Rd  
Cumberland Foreside ME 04110

County: CU

Phone: 829-3067

*Consulting*

**Japan Services**

Contact: Ms. Lee Sligh  
PO Box 31 Street: Fire Rd 154  
S. Thomaston ME 04858

County: KN

Phone: 594-7311 FAX: 596-0466

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*Consulting*

**Joan Martay & Associates**

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49 Wellington Rd  
Portland ME 04103

County: CU

Phone: 773-1995

*An organizational consultant providing group facilitating, team-building,  
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self-esteem, stress management, performance appraisals, etc.*

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*Consulting*

**Leslie Cosgrove-McBride**

Contact: Leslie Cosgrove-McBride  
Box 82 Street: 30 Greene St  
Sabattus ME 04280

County: AN

Phone: 375-8485

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*Consulting*

**Lynne Sanford**

Contact: Lynne Sanford  
RR 2 Box 3170  
Bowdoinham ME 04008

County: SA

Phone: 666-3209

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*Consulting*

**Maria Von Magnus Catering**

Contact: Maria Von Magnus  
PO Box 279  
Woolwich ME 04579

County: SA

Phone: 443-2284

*Consulting*

WDBC member

**Neva S. Cram Associates**  
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County: CU

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*Management consulting: Board development, executive support, team building, and financial development.*

**NEVA CRAM ASSOCIATES**  
MANAGEMENT CONSULTING

NEVA S. CRAM, M.S.

136 PLEASANT STREET  
PORTLAND, MAINE 04101  
207 761-4092

\*\*\*\*\*

*Consulting*

**New Leaves**  
Contact: Rhoda Mitchell  
222 St John St #213  
Portland ME 04102

County: CU

Phone: 774-0816

*Help with hiring, outplacement, matching people with jobs, and career development. Also communication, conflict resolution, and team building. Programs tailored to your needs and budget.*

\*\*\*\*\*

*Consulting*

**Nutrition Services**  
Contact: Alola G. Morrison, R.D., L.D.  
PO Box 2186  
Bangor ME 04402-2186

County: PE

Phone: 825-3735

\*\*\*\*\*

*Consulting*

**Oak Hill Counseling**  
Contact: Debra Boxer  
PO Box 684 Street: 253 Route 1  
Scarborough ME 04070-0684

County: CU

Phone: 883-3922

\*\*\*\*\*

*Consulting*

**Old Port Counseling & Consulting Services**  
Contact: Ms. Everil Perreault  
48 Western Prom  
Portland ME 04102

County: CU

Phone: 871-7944

*Consulting*

WDBC member

**Pamela Bell, M.S. Consulting Services**

Contact: Pamela Bell  
62 Wiley St #1  
Bangor ME 04401

County: PE

Phone: 947-1247

*Technical & journalistic writing/editing/researching, grant proposals, project design, photo journalism, community development.*

\*\*\*\*\*  
*Consulting*

WDBC member

**Patricia Williams, Organizational Consultant**

Contact: Patricia Williams  
83 Road Less Traveled  
Woodstock ME 04219

County: OX

Phone: 674-2112 FAX: 674-2112

\*\*\*\*\*  
*Consulting*

**Peterson-Moulton Associates**

Contact: Joan Peterson-Moulton, PH.D  
RR 1 Box 368B  
S. Harpswell ME 04079

County: CU

Phone: 833-5480



**Peterson-Moulton Associates**  
PSYCHOTHERAPY — ORGANIZATIONAL DEVELOPMENT

Joan Peterson-Moulton, Ph.D.  
Route 1, Box 368B  
South Harpswell, Maine 04079  
(207) 833-5480

\*\*\*\*\*  
*Consulting*

WDBC member

**Primerica Financial Services**

Contact: Kay McKusick Gray  
Airport Rd, Box 720  
Dexter ME 04930

County: PE

Phone: 924-3027

*Let me teach you how your money can work for you!*

\*\*\*\*\*  
*Consulting*

**Recycling Education Services**

Contact: Hildie J. Lipson  
PO Box 298  
Wayne ME 04284

County: KE

Phone: 685-4068

*Consulting*

WDBC member

**Roberta S. Kuriloff, Attorney at Law**

Contact: Roberta S. Kuriloff  
20 Oak St  
Ellsworth ME 04605

County: HA

Phone: 667-3107 FAX: 667-4814

*Family law, divorce, support, alternative lifestyle concerns,  
elder law, wills, bankruptcy. No charge for initial  
consultation.*

\*\*\*\*\*

*Consulting*

**Southern Maine Forestry Services**

Contact: Lauri Noel  
PO Box 910  
Windham ME 04062

County: CU

Phone: 892-6562

\*\*\*\*\*

*Consulting*

WDBC member

**Stirling Associates**

Contact: S. Stirling Kendall  
190 Water St  
Hallowell ME 04347

County: KE

Phone: 626-0393

*Facilitating group process in meetings and retreats; collaborative work  
group development through conflict management, strategic management,  
strategic planning, community building and stress management.*

\*\*\*\*\*

*Consulting*

**The Organizer**

Contact: Brenda T. Cartwright  
RR 1 Box 316A Street: Bayside Rd  
Ellsworth ME 04605

County: HA

Phone: 667-4420

*Let us help you organize all facets of your life - home, school,  
work, or business. Call today for a free brochure.*

\*\*\*\*\*

*Consulting*

**The Practical Astrologer**

Contact: Abbe Anderson, MBA  
RR 2 Box 1600  
Lisbon Falls ME 04252

County: AN

Phone: 353-4363

*Down to earth strategies to promote your success. Also offering  
applied kinesiology sessions to counteract self-destructive  
attitudes, easily restoring joy and vitality.*



Consulting

**Turbyne & Associates**

Contact: Cathy Turbyne & Kay Pinkham  
PO Box 738  
Auburn ME 04212-0738

County: AN

Phone: 786-4033

Consulting

**Vantage Point**

Contact: Diana Scully  
PO Box 406  
Hallowell ME 04347

County: KE

Phone: 626-0069 FAX: 622-2310

**VANTAGE  
POINT**



DIANA SCULLY, PRESIDENT

MANAGEMENT SERVICES, GOVERNMENTAL RELATIONS,  
POLICY ANALYSIS AND DEVELOPMENT

P.O. BOX 406, HALLOWELL, MAINE 04347 / 207-626-0069

Consulting

**Vocational Resources**

Contact: Eileen Kalikow  
477 Congress St  
Portland ME 04101

County: CU

Phone: 772-2323

Cosmetics/Personal Appearance

**BeutiControl**

Contact: Terri Ward - Image Consultant  
942 Bridgton Rd  
Westbrook ME 04092

County: CU

Phone: 854-8457

*To create your "best" image consider color harmony, skin care and cosmetics, body shape profiling, and core wardrobing and accessorizing with Terri Ward, image consultant.*



**BeutiControl Cosmetics**  
THE WORLD'S PREMIER SKIN CARE AND IMAGE COMPANY™

Terri A. Ward  
942 Bridgton Rd.  
Westbrook, ME 04092  
(207) 854-8457

- Color Analysis
- Skin Care and Cosmetics
- Instant Image Makeover® Set
- Business Presentations
- Personal Image Profile®

*image*  
CONSULTANT

Cosmetics/Personal Appearance

**BeutiControl Cosmetics**

Contact: Judith Cote  
PO Box 6934  
Scarborough ME 04070-6934

County: CU

Phone: 883-9579



**BeutiControl Cosmetics**  
THE WORLD'S PREMIER SKIN CARE AND IMAGE COMPANY™

Judith Cote  
P.O. Box 6934  
Scarborough, ME 04070  
(207) 883-9579

- Color Analysis
- Skin Care and Cosmetics
- Instant Image Makeover® Set
- Business Presentations
- Personal Image Profile®

*image*  
CONSULTANT

*Cosmetics/Personal Appearance*

WDBC member

**Carmen's Boutique - The Image & Color Place**

Contact: Carmen M. Dyer  
PO Box 202 Street: 7 Ryan Dr  
Manchester ME 04351

County: KE

Phone: 622-6012

*The personal image & color place for men and women. First impressions are made in 3 seconds. Do you have that competitive edge?*

*Cosmetics/Personal Appearance*

WDBC member

**Classic Image**

Contact: Lise Theriault  
13 Jack St  
Winslow ME 04901

County: KE

Phone: 873-3295

*Classic Image - Because image is more than just a hairstyle. Esthetician - skin care; Image and color consultant; Make-up artist.*

*Cosmetics/Personal Appearance*

**Dr. Hauschka Skin Care Specialist**

Contact: Michelle Raleigh  
RR 3 Box 653  
Belfast ME 04915

County: WL

Phone: 338-5412, 722-3234

*90 minute sessions combine sage foot bath; aromatherapy; lavender, lemon, or pine compresses; hand and foot massage; herbal steam and mask; and soft brush stimulation of the lymphatic system.*

*Michelle Raleigh*  
**Dr. Hauschka Skin Care Specialist**



**TOURMALINE MEDICAL GROUP**  
ROUTE 3 BOX 653 BELFAST, MAINE 04915  
207 - 338-5412 207 - 722-3234

*Cosmetics/Personal Appearance*

**Electrolysis By Bev**

Contact: Beverly Evans Messer  
PO Box 7 Street: US Rte1, Northport  
Lincolntonville ME 04849

County: WL

Phone: 338-6333

*Cosmetics/Personal Appearance*

**Electrolysis Center**

Contact: Shirley Schneider  
700 Mt. Hope Ave  
Bangor ME 04401

County: PE

Phone: 942-0781

**Electrolysis Center**

*Shirley Schneider • Betsy Schneider*  
**PERMANENT HAIR REMOVAL**  
*Free Consultations*

942-0781  
Evergreen Woods  
700 Mt. Hope Ave.  
Bangor, ME 04401

667-4446  
194 Main St.  
Ellsworth,  
ME 04605

*Cosmetics/Personal Appearance*

**Full Effect Skin Care**

Contact: Wendy Valenzuela  
700 Mt Hope Ave, Suite 331  
Bangor ME 04401

County: PE

Phone: 941-8937

\*\*\*\*\*

*Cosmetics/Personal Appearance*

**Head Lines Beauty & Tanning Salon**

Contact: Marjorie Colby  
94 Western Ave  
Bath ME 04530

County: SA

Phone: 443-9415

\*\*\*\*\*

*Cosmetics/Personal Appearance*

**Mary Kay Cosmetics**

Contact: Nancy Harrington  
RR 2 Box 457 Street: Ridge Acres  
Clinton ME 04927

County: KE

Phone: 426-8510

\*\*\*\*\*

*Counseling*

**Astrological Counseling**

Contact: Arifa Boehler  
PO Box 615  
Newcastle ME 04553

County: LI

Phone: 563-5583

*Astrological counseling provides overview. Motivation for the patterns and cycles of daily life are illuminated. Conscious choice can then become a possibility. We remember ease.*

\*\*\*\*\*

*Counseling*

**Augusta Professional Services**

Contact: Barbara E. Mayer, L.C.P.C.  
44 Chapel St  
Augusta ME 04330

County: KE

Phone: 623-2327

*Counseling*

**Bayside Counseling Services**

Contact: Suzanne A. Hatfield, M.Ed., CAS  
RR 1 Box 1285 Street: Bluff Rd  
Bayside ME 04915 County: WL

Phone: 338-5512

\*\*\*\*\*  
*Counseling*

**Beverly Prosser Gelwick, Ph.D., A.B.P.P.**

Contact: Beverly Prosser  
173 Park Row  
Brunswick ME 04011 County: CU

Phone: 725-8928

\*\*\*\*\*  
*Counseling*

WDBC member

**Bohac-Cardello Associates**

Contact: Penny L. Bohac, R.N., M.ED  
30 Catell St  
Bangor ME 04401 County: PE

Phone: 947-7208

also at PO Box 933, Bethel ME 04217, Phone: 824-7600



bohac-cardello associates

penny bohac, r.n., m. ed.

*counseling and stress management  
massage therapy*

bangor 947-7208

bethel 824-7600

\*\*\*\*\*  
*Counseling*

**Carol Fienhage, MST**

Contact: Carol Fienhage  
395 S. Main St  
Brewer ME 04412 County: PE

Phone: 989-1964

*Bodywork and other soft tissue modalities including Craniosacral,  
Somato-Emotional Release, and Visceral Manipulation; Breath Therapy  
(Rebirthing); Inner Dialogues with Body, Unconscious, or Higher Self.*

\*\*\*\*\*  
*Counseling*

**Clarity Facilitation Services**

Contact: Joan Best Murphy  
PO Box 228  
Yarmouth ME 04096 County: CU

Phone: 846-1373

***Clarity Facilitation Services***

6 Deacon Rd. P.O. Box 228 Yarmouth, ME 04096 (207) 846-1373

Joan Best Murphy

Support Groups  
Individual Facilitation

Facilitator Training

Workshops  
Classes

*Counseling*

**Counseling & Consultation Associates, P.A.**

Contact: Julia Huttel, LCSW  
443 Main St  
Lewiston ME 04240

County: AN

Phone: 783-2665

\*\*\*\*\*

*Counseling*

WDBC member

**Counseling/Psychotherapy**

Contact: Barbara Loewenberg-Irlandy M.A., R.T.C  
24 Victor Rd  
Portland ME 04103

County: CU

Phone: 774-8149

\*\*\*\*\*

*Counseling*

WDBC member

**Diane Leardi, MSW, LCSW, BCD**

Contact: Diane Leardi  
PO Box 122 Street: 83 Main St  
Mars Hill ME 04758

County: AR

Phone: 429-8508

**Diane Leardi, MSW, LCSW, BCD**

Counseling • Psychotherapy

- Abuse Issues
- Marital/Family Problems
- Depression/Anxiety/Stress Disorders
- Personal Growth
- Hypnosis

By appointment  
(207) 429-8508

83 Main St.  
Mars Hill, ME 04758

\*\*\*\*\*

*Counseling*

**Gayle Hannah, Ph.D., L.C.P.C.**

Contact: Gayle Hannah  
16 Bradley St  
Portland ME 04102

County: CU

Phone: 773-2622

*Women's relationship and development issues, co-dependency and addictions; recovery from abuse in a safe, respectful environment emphasizing healthy integration of body, mind, feelings, and spirit.*

\*\*\*\*\*

*Counseling*

**Gupta Seminars: Personal & Professional Development**

Contact: Sudesh Gupta, M.A.  
14 Murray Lane  
Winslow ME 04901

County: KE

Phone: 873-5248

*Counseling*

WDBC member

**Heart at Work**

Contact: Barbara Sirois Babkirk  
78 Main St  
Yarmouth ME 04096

County: CU

Phone: 846-0644

*Work-related counseling to clarify direction and blocks to getting what you want. Individual sessions, group workshops, and presentations.*

*Counseling*

**InnerVision**

Contact: Maryann B. Hostetler  
PO Box 1053 Street: 323B Broadway  
Rockland ME 04841

County: KN

Phone: 594-4799

*A counseling service for women and their families. A place to access your own wisdom and knowing. To learn to trust your inner spirit.*



**InnerVision**

Maryann B. Hostetler, M.A.

Psychotherapy for Women  
Issues of Adult Children,  
Co-dependency,  
Addictions, Incest  
and Inner Child Work

(207) 594-4799

P.O. Box 1053 Rockland, Me. 04841

*Counseling*

**Jean Aho - Counseling**

Contact: Jean Aho  
27 Congress St  
Old Town ME 04468

County: PE

Phone: 827-8724

*Counseling*

**Kettle Cove Currency**

Contact: Bertelle Brooking  
596 Ocean House Rd  
Cape Elizabeth ME 04107

County: CU

Phone: 767-1007

*Counseling*

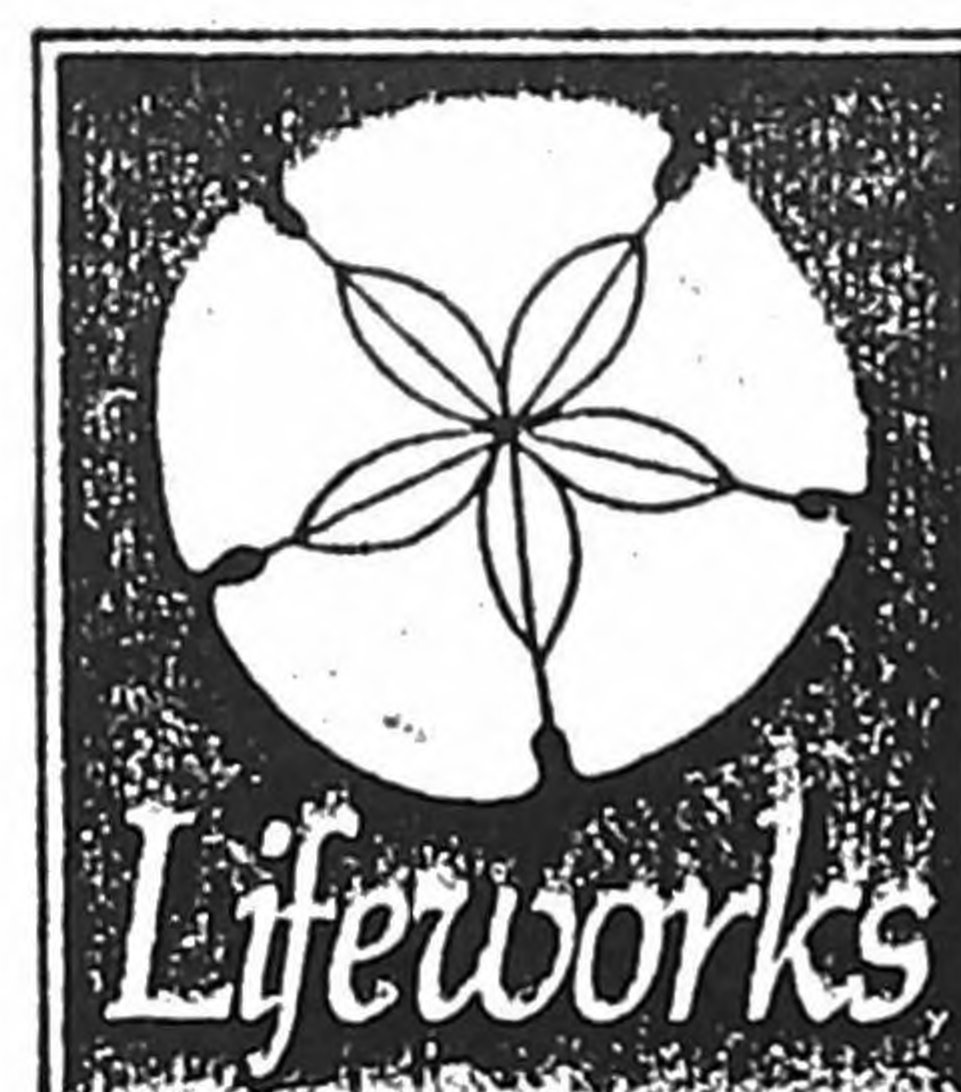
WDBC member

**Lifeworks**

Contact: Deborah Leighton  
HCR 32 Box 227  
Bath ME 04530

County: SA

Phone: 442-7260



**Lifeworks**

Career/Life Planning

- Counseling
- Workshops
- Consultations

Deborah Leighton, MSW

HCR 32, Box 227

Bath, ME 04530 207/442-7260

*Counseling*

**Linda Heller, L.C.S.W.**

Contact: Linda Heller  
9 Everett St  
Brunswick ME 04011

County: CU

Phone: 729-7710

*Licensed clinical social worker. Personal, family, and relationship counseling for adults and adolescents. Insurance reimbursable.*

\*\*\*\*\*  
*Counseling*

WDBC member

**LOC Associates/Women's Center of Mount Desert Island**

Contact: Lois J. Maltais  
PO Box 22  
Seal Cove ME 04674

County: HA

Phone: 244-9266

\*\*\*\*\*  
*Counseling*

**Lu Bauer, CPA**

Contact: Lu Bauer  
196 Gray Rd  
Falmouth ME 04105

County: CU

Phone: 797-0466

*Holistic approach to tax services and accounting; business start-up assistance; individual counseling and groups exploring money beliefs and habits; teaching money skills and debt management.*

\*\*\*\*\*  
*Counseling*

**MaryRae Means, M.Ed., L.C.P.C.**

Contact: MaryRae Means

Damariscotta ME 04543

County: LI

Phone: 563-1336

*Psychotherapy for individuals, couples, and groups. Specializing in women's issues, seminars, and retreats. Certified in Feldenkrais and Rubenfeld bodywork. Interest in menopausal issues.*

\*\*\*\*\*  
*Counseling*

**Matrix Enterprises**

Contact: Marta Varee Pearson  
PO Box 476  
Topsham ME 04086

County: SA

Phone: 729-5754

*Offering quality and specialized training. Education on issues of sexual abuse, esteem, communication, relations, and other uniquely designed therapy for adults sexually violated as a child.*

**MARTA VAREE PEARSON**

**MATRIX ENTERPRISES**

SEXUAL ABUSE ISSUES



THERAPY EDUCATION CONSULTATION SERVICES

GROUP  
FAMILY  
INDIVIDUAL  
adult & child

COURT  
TESTIMONY  
EVALUATIONS

TRAINING  
WORKSHOPS  
CLASSROOM  
SUPERVISION

P.O. BOX 476, TOPSHAM, ME 04086 (207) 729-5754

*Counseling*

**Meredith H. Jordan, R.N., M.A.**  
Contact: Meredith H. Jordan  
4C Blue Wave Professional Center  
Kennebunk ME 04043

County: YO

Phone: 985-6286

\*\*\*\*\*  
*Counseling*

**Mid-Coast Midwifery Services**  
Contact: Sally Barnes Morrison  
701 Bremen Rd  
Waldoboro ME 04572

County: LI

Phone: 832-6855

*Mid-Coast Midwifery Services specializes in homebirth which includes complete prenatal care and on-going post-partum care. Services also include childbirth education, counseling, and health care alternatives.*

\*\*\*\*\*  
*Counseling*

**Millie Donahue, LCSW**  
Contact: Millie Donahue  
242 St John St, Suite 326  
Portland ME 04102

County: CU

Phone: 773-5376

\*\*\*\*\*  
*Counseling*

**New Horizons Substance Abuse and Codependence Treatment**  
Contact: Lyn Donovan, LSAC  
PO Box 845 Street: 20 Cross St  
Camden ME 04843

County: KN

Phone: 236-0780

\*\*\*\*\*  
*Counseling*

**New Leaves**  
Contact: Rhoda Mitchell  
222 St John St #213  
Portland ME 04102

County: CU

Phone: 774-0816

*Help with hiring, outplacement, matching people with jobs, and career development. Also communication, conflict resolution, and team building. Programs tailored to your needs and budget.*



*Counseling*

**Oak Hill Counseling**

Contact: Debra Boxer  
PO Box 684 Street: 253 Route 1  
Scarborough ME 04070-0684 County: CU

Phone: 883-3922

\*\*\*\*\*

*Counseling*

**Old Port Counseling & Consulting Services**

Contact: Ms. Everil Perreault  
48 Western Prom  
Portland ME 04102 County: CU

Phone: 871-7944

**Roberta Bass**

Licensed Clinical Social Worker



\*\*\*\*\*

*Counseling*

**Roberta Bass, LCSW**

Contact: Roberta Bass  
19 South St, Suite B  
Portland ME 04101 County: CU

Phone: 874-0050

TRANSITIONS  
RELATIONSHIPS  
ADDICTIONS

19 South Street, Suite B  
Portland, ME 04101  
207-874-0050

\*\*\*\*\*

*Counseling*

**Susanne Stiefel, Ph.D.**

Contact: Susanne Stiefel  
74 Winthrop St  
Augusta ME 04330 County: KE

Phone: 621-2625

\*\*\*\*\*

*Counseling*

**Teresa K. Fortier, M.S.W., L.C.S.W.**

Contact: Teresa K. Fortier  
323 Maine Ave  
Farmingdale ME 04344 County: KE

Phone: 582-5713

*Counseling*

**Vocational Resources**

Contact: Eileen Kalikow  
477 Congress St  
Portland ME 04101

County: CU

Phone: 772-2323

\*\*\*\*\*

*Counseling*

**Women's Center for Neuromuscular Therapy**

Contact: Deborah D. Cook  
PO Box 62 Street: US Route 1  
Glen Cove ME 04846

County: KN

Phone: 594-0944 FAX: 785-2504

*Dedicated to helping women live active lives without chronic physical pain. Unique answers for women's pain problems including individual treatment, educational workshops, and video library.*

\*\*\*\*\*

*Counseling*

**Women's Worth Career Counseling**

Contact: Jacqueline R. Murphy  
18 Woodland Ave  
Gorham ME 04038

County: CU

Phone: 892-0000

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Abbot Village Crafts and Antiques**

Contact: Nancy Gabardina  
PO Box 130 Street: Rt 15  
Abbot Village ME 04406

County: PS

Phone: 876-2295

\*\*\*\*\*

*Crafts/Gifts*

**Alice Lacy Ltd.**

Contact: Alice Lacy  
411 Front St  
Bath ME 04530

County: SA

Phone: 443-2319 FAX: 442-9472

*Crafts/Gifts*

**Alida S. Landry**

Contact: Alida S. Landry  
76 Monument St  
Portland ME 04101

County: CU

Phone: 773-0441

*Manufacturing: scarfs, yardage. Handweaving services: production  
dobby, design, and color development.*

\*\*\*\*\*

*Crafts/Gifts*

**Ash Cove Pottery**

Contact: Susan Horowitz  
RR 1 Box 686 Street: Ash Cove Rd  
S. Harpswell ME 04079

County: CU

Phone: 833-6004

*Beautiful hand-thrown functional stoneware and Judaica. Lavender-  
white and blue-tan glazes. Lead free; dishwasher, oven, and microwave  
safe. Wholesale and retail. Color brochure available. Established 1980.*

\*\*\*\*\*

*Crafts/Gifts*

**Aunt Eliza's Metalworks**

Contact: Eliza M. Allison  
RR 1 Box 1020 Street: Gardiner Road  
Wiscasset ME 04578

County: LI

Phone: 882-7131

*Aunt Eliza's Metalworks specializes in antique and folk art  
reproduction and restoration, working in iron, tin, copper,  
brass, and some wood. Quality work. Personal service.*

\*\*\*\*\*

*Crafts/Gifts*

**Basquette Gallery**

Contact: Bonnie Giroux  
147 Main St  
Waterville ME 04901

County: KE

Phone: 877-9556

\*\*\*\*\*

*Crafts/Gifts*

**Blueberries & Granite**

Contact: Nancy Foster-Wolf  
The Maine Mall, Box 812 Street: 364 Maine Mall Rd  
S. Portland ME 04106

County: CU

Phone: 775-4268

*Specializing in crafts and gifts made in Maine. Always eager  
to consider new products.*

*Crafts/Gifts*

**Bonnema Pottery**

Contact: Melody D. Bonnema  
PO Box 53 Street: Main St  
Bethel ME 04217

County: OX

Phone: 824-2821



C D BARNES

UNUSUAL WOODEN  
PICTURE PUZZLES

Limited edition multi-dimensional puzzles  
carefully handcrafted in collaboration with  
fine New England photographers and artisans.

Customs made with pleasure -  
Please inquire.

P.O. BOX 1268

ELLSWORTH, MAINE 04605

CONSTANCE D. BARNES, puzzlemaker

phone (207) 667-4432 fax (207) 667-4624

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**C D BARNES Unusual Wooden Picture Puzzles**

Contact: Constance D. Barnes  
PO Box 1268  
Ellsworth ME 04605

County: HA

Phone: 667-4432 FAX: 667-4624

*Combining fine art and simple geometric forms to create  
complex and intriguing hardwood for GROWN-UP kids and their  
friends and families.*

\*\*\*\*\*

*Crafts/Gifts*

**Ceramic Choreography**

Contact: Dianne Morgan  
RR 2 Box 3  
S. Harpswell ME 04079

County: CU

Phone: 725-2240

\*\*\*\*\*

*Crafts/Gifts*

**Cindy Taylor Clark Designs**

Contact: Cindy Clark  
RR 1 Box 6  
Alfred ME 04002

County: YO

Phone: 324-7903

*Original folk art applique patterns for quilts. Mail order  
business. Catalog (\$2.00) shows over 30 designs. Cindy also  
does workshops and lectures on applique quilts.*

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Color Dance Cards**

Contact: Barbara Kann  
RR 2 Box 1900 Street: Belgrade Rd  
Mt. Vernon ME 04352

County: KE

Phone: 293-2239

*Give a special card that is a gift in itself. Vibrant watercolors  
on ricepaper, mounted on beautiful recycled paper. Designs  
inspired by Nature and Spirit.*

*Crafts/Gifts*

**Count Your Blessings Needlework**

Contact: Kathy Violette  
145 Norridgewock Rd  
Fairfield ME 04937

County: SO

Phone: 453-2707

\*\*\*\*\*

*Crafts/Gifts*

**Creative Silks & Gifts**

Contact: Karen M. St. Peter  
RR 2 Box 279  
Presque Isle ME 04769

County: AR

Phone: 764-7230

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Cricket Horse Farm**

Contact: Susan McIntosh  
RR 2 Box 444  
Harrison ME 04040

County: CU

Phone: 583-6760, outside ME 800-826-1415

\*\*\*\*\*

*Crafts/Gifts*

**Dead River Gifts**

Contact: Carolyn G. Cary  
PO Box 525 Street: Rt 27  
Stratton ME 04982

County: FR

Phone: 246-7161

*A unique gift shop in the Western Maine mountains featuring wildlife in ceramics, fine jewelry. "Maine Tourmaline our Specialty". Other crafts all made locally.*

\*\*\*\*\*

*Crafts/Gifts*

**Diane Jackson Cole Handweaving**

Contact: Diane Jackson Cole  
9 Grove St  
Kennebunk ME 04043

County: YO

Phone: 985-7387 FAX: 603-485-1115

*Crafts/Gifts*

**Double Ewe**

Contact: Laurel A. Davis  
PO Box 373  
Brunswick ME 04011

County: CU

Phone: 725-4534

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Eastern Bay Gallery**

Contact: Kate Fairchild  
PO Box 126 Street: Main St  
Stonington ME 04676

County: HA

Phone: 367-5006

*Kate Fairchild offers an exciting collection of contemporary Maine crafts and art. Open May - December. Rotating shows. Off season phone: 359-4495*

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Fine Landscape Pottery**

Contact: Gail J. L. Kass  
Ash Cove Rd, Rt 123  
S. Harpswell ME 04079

County: CU

Phone: 833-6004

\*\*\*\*\*

*Crafts/Gifts*

**Gambies**

Contact: Georgia Zwartjes  
PO Box 700  
Rockport ME 04856

County: KN

Phone: 594-5074

\*\*\*\*\*

*Crafts/Gifts*

**Hidden Image**

Contact: Ann Siteman  
119 Haven Rd  
Windham ME 04062

County: CU

Phone: 892-2501

*Hidden Image offers classes for adults and children in mask-making as well as selling unique hand-drafted papier-mache masks and mask kits.*

*Crafts/Gifts*

**Howard Jewelers**  
Contact: Gail Howard  
RR 2 Box 310  
Wiscasset ME 04578

County: LI

Phone: 882-5009

\*\*\*\*\*  
*Crafts/Gifts*

**Jane C. Smith, Quiltmaker**  
Contact: Jane C. Smith  
RR 1 Box 518A  
S. Berwick ME 03908

County: YO

Phone: 676-2209

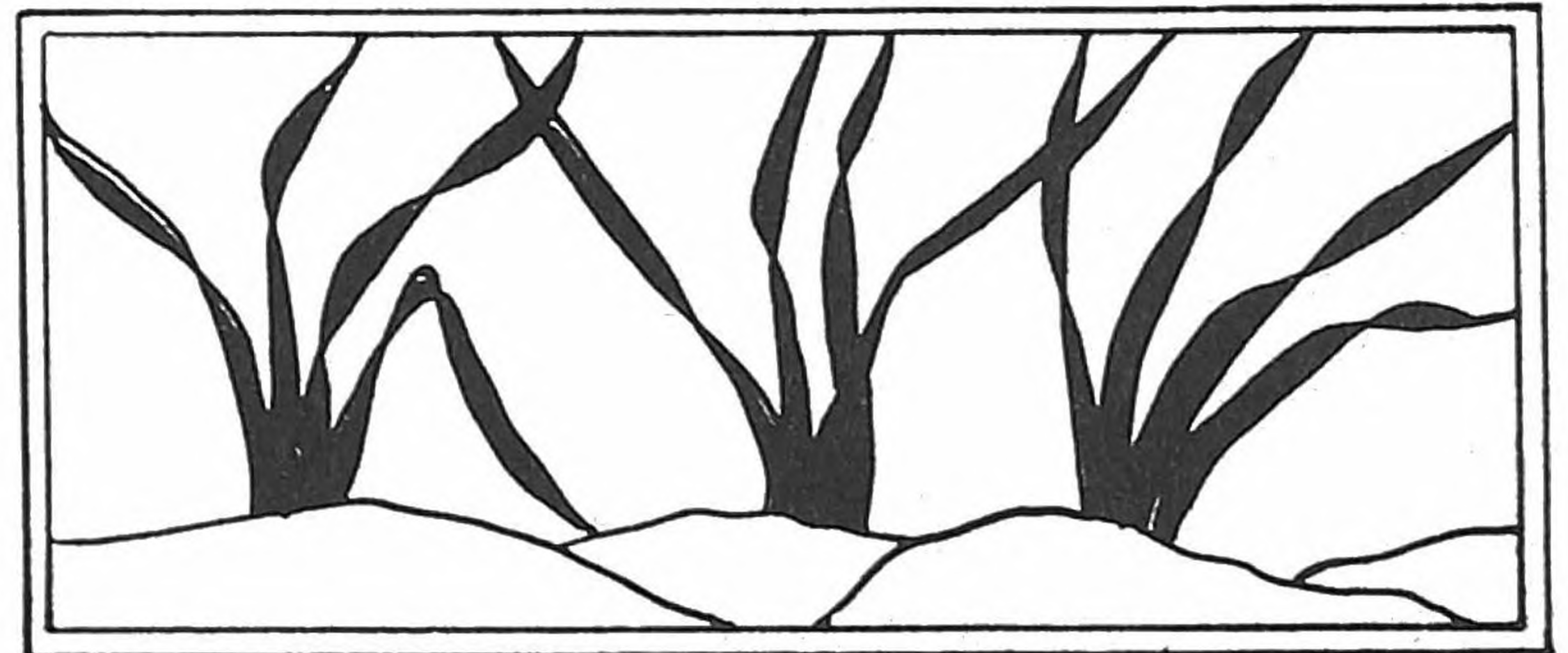
\*\*\*\*\*  
*Crafts/Gifts*

**Janet Redfield Stained Glass**  
Contact: Janet Redfield  
117 Cape Rosier Rd  
Harborside ME 04642

County: HA

Phone: 326-4778

*Stained glass windows, doors, entryways. Architectural and autonomous panels in unique designs for residential and commercial installation.*



Janet Redfield • stained glass  
RR box 117 • Harborside Maine 04642 326-4778

\*\*\*\*\*  
*Crafts/Gifts*

WDBC member

**Joanna Sampson-McCabe Silversmith**  
Contact: Joanna Sampson-McCabe  
252 Washington St  
Bath ME 04530

County: SA

Phone: 442-8865

*One-of-a kind fabricated jewelry and precious objects in sterling silver or karat-gold, adding gemstones and other metals for color. By appointment only.*

\*\*\*\*\*  
*Crafts/Gifts*

WDBC member

**Katie's Inc**  
Contact: Lea Sullivan  
US Rt 1 Box 237  
Robbinston ME 04671

County: WS

Phone: 454-8446

*Katie's is a tiny home-based confectionery business featuring traditional Maine recipe. Hand-dipped chocolates, truffles and fudges made the old-fashioned way - by hand in small batches.*

*Crafts/Gifts*

WDBC member

**Kezar Lake Handcrafts**

Contact: Jane Gleason  
PO Box 268 Street: Route 5  
Center Lovell ME 04016

County: OX

Phone: 925-1665

\*\*\*\*\*  
*Crafts/Gifts*

**Kim's Stencilled Crafts, Inc.**

Contact: Kim Goodwin  
RR 5 Box 2633  
Brunswick ME 04011

County: CU

Phone: 725-2355

\*\*\*\*\*  
*Crafts/Gifts*

WDBC member

**Lake Region Awards**

Contact: Jeanne Rubly  
215 Main St  
Norway ME 04268

County: OX

Phone: 743-7799

\*\*\*\*\*  
*Crafts/Gifts*

**Limerick Mills Crafters**

Contact: Elaine Racicot  
RR 1 Box 22 Street: 22 Washington St  
Limerick ME 04048

County: YO

Phone: 793-2411 FAX: 793-2115

\*\*\*\*\*  
*Crafts/Gifts*

**Lucy's Linens**

Contact: Lucy Wagner  
113 Fowler Rd  
Cape Elizabeth ME 04107

County: CU

Phone: 767-6142



*Crafts/Gifts*

**Ma Culley's Old Softies**

Contact: Colleen Moser  
RR 1 Box 765  
S. Harpswell ME 04079

County: CU

Phone: 833-6455

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Magic Moon Designs**

Contact: Ellen Minnehan  
PO Box 1437, Dept W  
York Beach ME 03910

County: YO

Phone: 363-8471

*Capture the memories with custom placemats from your photos.  
Group rates available. Write for free brochure.*

\*\*\*\*\*

*Crafts/Gifts*

**Maine Country**

Contact: Deborah Pendleton-Hall  
RR 2 Box 267  
Lincolntonville ME 04849

County: WL

Phone: 338-4139

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Maine Mountain Confections**

Contact: Pamela Libby  
RR 1 Box 2860  
Norway ME 04268

County: OX

Phone: 743-7363

\*\*\*\*\*

*Crafts/Gifts*

**Maine Potters Market**

Contact: Susan Horowitz  
376 Fore St  
Portland ME 04101

County: CU

Phone: 774-1633

*Crafts/Gifts*

**Mainely Shades**

Contact: Judy Tripp  
100 Gray Rd  
Falmouth ME 04105

County: CU

Phone: 797-7568 FAX: 797-7569

\*\*\*\*\*

*Crafts/Gifts*

**Marilyn's Doll & Supply Shop**

Contact: Marilyn Brown  
RR 1 Box 1170  
Skowhegan ME 04976

County: SO

Phone: 474-3694

*For the serious dollmaker. This shop has it all to make  
porcelain dolls from start to finish. Molds by famous artists.  
Dolls by Jeckle-Jansen.*

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Meridian Arts: Third & Fourth World Crafts**

Contact: Barbara Kann  
RR 2 Box 1900 Street: Belgrade Rd  
Mt. Vernon ME 04352

County: KE

Phone: 293-2239

*Non-profit, representing over 30 countries. Jewelry, baskets, pottery,  
carved animals, weavings, masks, musical instruments, rainsticks, mahugu  
wood, kisii stone, handblown recycled glassware, personal/home accessories.*



**Meridian Arts**  
Third & fourth World crafts  
A non-profit gallery bringing you  
global treasures at affordable prices  
located at OAT Canoe Co., just one mile  
from Mt. Vernon village, on Belgrade Road  
open most days, most hours, and by appointment • 293-2239

\*\*\*\*\*

*Crafts/Gifts*

**Michelle Henning Porcelain**

Contact: Michelle M. Henning  
RR 1 Box 620  
S. Harpswell ME 04079

County: CU

Phone: 833-5556

\*\*\*\*\*

*Crafts/Gifts*

**Milliard Farms**

Contact: Darcy Milliard  
PO Box 706  
Ashland ME 04732

County: AR

Phone: 435-8018

*Impressive executive gifts for every image and budget.  
Balsam fir wreaths, centerpieces, cone wreaths, and  
gift baskets.*

*Crafts/Gifts*

**Moose Pond Harbor Ceramics**

Contact: Shirley R. Guthrie  
PO Box 250 Street: Holiday Shores  
Denmark ME 04022-0250 County: OX

Phone: 452-2375

\*\*\*\*\*

*Crafts/Gifts*

**My Sister's Place**

Contact: Gail Barrell  
RR 1 Box 365  
S. Harpswell ME 04079 County: CU

Phone: 833-5848

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Nature's Gifts Wreath Co.**

Contact: Afton Stenger  
PO Box 44 Street: Rt 131 Wileys Corner  
St. George ME 04857-0044 County: KN

Phone: 372-6478, 800-348-0825 FAX: 372-6478

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**New View Studio**

Contact: Carol Daigneault  
HCR 60 Box 3275A  
Camden ME 04843 County: WL

Phone: 236-3929

*Semi-precious gemstone beaded jewelry. Unique designs to complement the classic traditional look. Using only the best materials including sterling and goldfilled. Wholesale inquires welcome.*

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**New York Clay Company-Tile Works**

Contact: Nancy Matzell  
74A Main St  
Belfast ME 04915 County: WL

Phone: 338-4728

*Handmade, hand painted ceramic tile for walls, floors, fireplaces, and countertops. Custom design is our specialty.*

*Crafts/Gifts*

**North Country Textiles**

Contact: Sheila Denny-Brown  
Rt 175  
S. Penobscot ME 04476

County: HA

Phone: 326-4131 FAX: 326-4131

\*\*\*\*\*  
*Crafts/Gifts*

**North Haven Gallery**

Contact: June C. Hopkins  
PO Box 404 Street: 1 Main St  
North Haven ME 04853

County: KN

Phone: 867-4444

*Seasonal*

\*\*\*\*\*  
*Crafts/Gifts*

WDBC member

**Northport Landing**

Contact: Jean Rich  
RR 1 Box 1435  
Belfast ME 04915

County: WL

Phone: 338-5555

\*\*\*\*\*  
*Crafts/Gifts*

**Oak Hill Pottery**

Contact: Shari Greenfield  
RR 2 Box 194  
Belfast ME 04915

County: WL

Phone: 338-1861

\*\*\*\*\*  
*Crafts/Gifts*

**Patchwork Barn**

Contact: Avis L. Rainfrette  
RR 1 Box 5640 Street: Rt 173  
Lincolville ME 04849

County: WL

Phone: 763-3423



**atchwork barn**  
Maine's Finest Selection  
of Handcrafts from more than  
**400 Craftspeople**  
Rt. 173, Lincolville, Maine 04849  
3 miles from Lincolville Beach  
Open May 1st - Christmas Eve 9-5  
VISA (207) 763-3423 MasterCard

*Crafts/Gifts*

**Patchwork Boutique Quilt Shop**

Contact: Theresa R. Gagne

304 Beach St

Saco ME 04072

County: YO

Phone: 284-7287

\*\*\*\*\*

*Crafts/Gifts*

**Phoenix Rising Ceramic Studio**

Contact: Dolores F. Upton

105 Walnut St

Lewiston ME 04240

County: AN

Phone: 777-5362

\*\*\*\*\*

*Crafts/Gifts*

**Porcelain Impressions**

Contact: Lorelte Giacomazzo

Box 2872 Kings Hwy

Wayne ME 04284

County: KE

Phone: 685-9589

\*\*\*\*\*

*Crafts/Gifts*

**Purple Plashes**

Contact: Anne Brooks

RR 2 Box 784

Mt. Vernon ME 04352

County: KE

Phone: 293-2300

\*\*\*\*\*

*Crafts/Gifts*

**Pussy Willow Patch Lampshades/Stenciling**

Contact: Grace A. McCarthy

RR 1 Box 1343

Bowdoinham ME 04008

County: SA

Phone: 666-3992

*Crafts/Gifts*

**Quixote Designs**

Contact: Peggy Dunn  
89 Neal St  
Portland ME 04102

County: CU

Phone: 773-3693

\*\*\*\*\*

*Crafts/Gifts*

**Red Horse Studio**

Contact: Trudy Turner Lion  
PO Box 56  
Berwick ME 03901

County: YO

Phone: 698-5288

*Nature-inspired handcrafted jewelry in sterling silver, gold,  
and precious stones. Handmade flatware and holloware.  
Classes in jewelry making and silversmithing.*

\*\*\*\*\*

*Crafts/Gifts*

**Sew Flurries/Millefiori Patchwork Clay**

Contact: Priscilla Wentworth  
RR 1 Box 1246  
Searsport ME 04974

County: WL

Phone: 548-6150

*Sew Flurries - original and traditional designs in patchwork and applique.  
Millefiori Patchwork Clay - colorful original jewelry designs in polymer  
clay (wholesale and retail).*

\*\*\*\*\*

*Crafts/Gifts*

**She Shoppe**

Contact: Sheila M. Coyle  
PO Box 185  
E. Corinth ME 04427

County: PE

Phone: 285-7412

*Aprons for Mother/Daughter. Coordinating placemats, tablecovers,  
and napkins. Apron kits to sew. Aprons for restaurants and stores.  
Gifts. Wholesale and retail.*

\*\*\*\*\*

*Crafts/Gifts*

**Shirley E. Prout Quilts**

Contact: Shirley E. Prout  
324 Mitchell Rd  
Cape Elizabeth ME 04107

County: CU

Phone: 799-6071

*Crafts/Gifts*

**Sleepy Hollow Rag Rugs**  
Contact: Diane Roesing O'Brien  
RR 1 Box 4025  
Lincolntonville ME 04849

County: WL

Phone: 789-5987

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Specialty Greetings**  
Contact: Dorrie Roedner  
PO Box 296  
Saco ME 04072

County: YO

Phone: 284-6420

*Owner Dorrie Roedner creates framed original calligraphy and unique calligraphy-related gift items. Custom orders and personalized service are our specialty.*

\*\*\*\*\*

*Crafts/Gifts*

WDBC member

**Storybook Hat Company**  
Contact: Ann Silva  
PO Box 567  
Union ME 04862

County: KN

Phone: 785-4927

\*\*\*\*\*

*Crafts/Gifts*

**Susan Aldrich**  
Contact: Susan Aldrich  
50 Gray St  
Portland ME 04102

County: CU

Phone: 879-0170

*Handpainted silk scarfs.  
Handbuilt porcelain vases and wall sculpture.*

\*\*\*\*\*

*Crafts/Gifts*

**Tess' Designer Yarns**  
Contact: Melinda Bickford  
Box 148F Pigeon Hill Rd  
Milbridge ME 04658

County: WS

Phone: 546-2483

WOOL  
MOHAIR  
SILK

ANGOR  
ALPAC  
BLEND

**TESS'**  
DESIGNER YARNS  
HANDSPUN AND /OR HAND DYED  
PIGEON HILL FARM, MILBRIDGE, ME 04658  
207-546-2483 800-321-TESS

*Crafts/Gifts*

**The Competition Foods Inc.**

Contact: Chris Cole & Connie Pelkey  
PO Box 293  
Yarmouth ME 04096

County: CU

Phone: 787-2165

\*\*\*\*\*  
*Crafts/Gifts*

**The Craft Gallery**

Contact: Dori Young  
424 Main St  
Sanford ME 04073

County: YO

Phone: 324-1408

\*\*\*\*\*  
*Crafts/Gifts*

WDBC member

**The Etui Company**

Contact: Sue Viano  
PO Box 6  
Sandy Point ME 04972

County: WL

Phone: 567-3637 FAX: 567-3743

\*\*\*\*\*  
*Crafts/Gifts*

**The Gathering**

Contact: Betty Crush  
PO Box 180  
Turner ME 04282

County: AN

Phone: 225-2964

\*\*\*\*\*  
*Crafts/Gifts*

**The Hills of Maine, Inc.**

Contact: Ellen Howes  
RR 1 Box 1103  
Arundel ME 04046

County: YO

Phone: 985-6011



Crafts/Gifts

WDBC member

**The Lazy L Kennel**

Contact: Marie L. Gagnon  
846 Middle St  
Bath ME 04530

County: SA

Phone: 443-6413

*Offering individual obedience lessons; work with problem dogs; grooming and healthy, natural alternatives in food and petcare products. Pet portraits also available.*

\*\*\*\*\*

Crafts/Gifts

WDBC member

**The Open Door Gift Shop**

Contact: Jody Bibber  
PO Box 2605 Street: Arundel Court  
Kennebunkport ME 04046

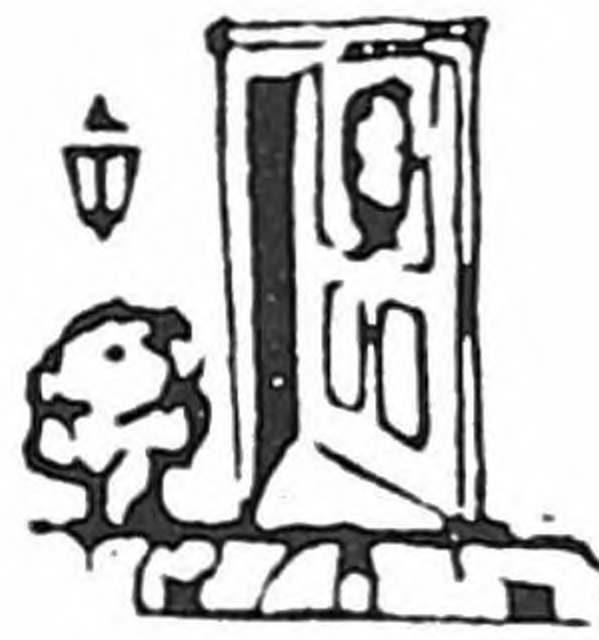
County: YO

Phone: 967-0678

*Ours Exclusively - The Kennebunkport Throw. Block-quilt design of 100% cotton captures memorable area scenes in Navy, Cranberry, or Country Blue with Cream. \$44 + Shipping. Call 10 - 5.*

**The Open Door  
Gift Shop**

Country/Victorian



JODY BIBBER

Arundel Court  
P.O. Box 2605  
Kennebunkport, Maine 04046  
(207) 967-0678

\*\*\*\*\*

Crafts/Gifts

**The Wooden Expression**

Contact: Joan Farnsworth  
RR 3 Box 3060 Street: Back Rd  
Skowhegan ME 04976

County: SO

Phone: 474-9869

\*\*\*\*\*

Crafts/Gifts

**TOAD**

Contact: Sydney Snyder  
Flower Box Barn  
Small Point ME 04567

County: SA

Phone: 389-2435

\*\*\*\*\*

Crafts/Gifts

WDBC member

**Volumes**

Contact: Lura Hastings-Lane  
78 Main St  
Houlton ME 04730

County: AR

Phone: 532-7727

*Thousands of books, new and used; plus Maine-made gifts, music, art, and cards. Special orders accepted. Always seeking new products and artists. Telephone inquiries encouraged.*



Thousands of Books - New & Used  
Maine - Made Gifts, Music & Art  
**Lura S. Hastings-Lane, Prop.**

78 Main St.  
Houlton, ME. 04730

(207) 532-7727

*Crafts/Gifts*

**Widgeon Cove Studios**  
Contact: Georgeann Kuhl  
RR 1 Box 62  
S. Harpswell ME 04079

County: CU

Phone: 833-6081

\*\*\*\*\*  
*Crafts/Gifts*

**Wild Pear Designs**  
Contact: Elena Kubler & J. Doster  
PO Box 624  
Deer Isle ME 04627

County: HA

Phone: 348-2620

*Walnut, cherry, and sterling silver salad serving sets and bowls.  
Hand-carved and turned. Price list and photographs available on  
request.*

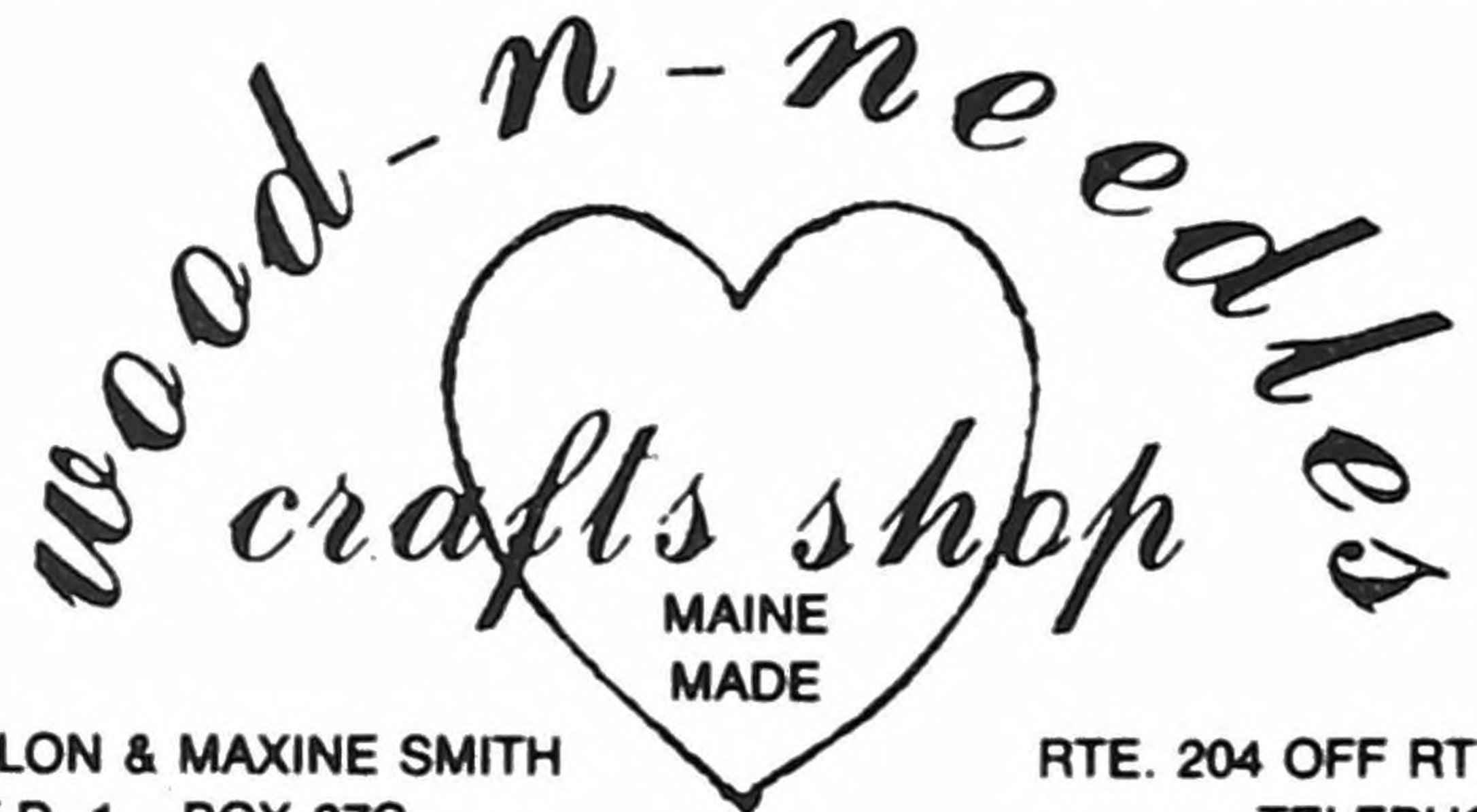
\*\*\*\*\*  
*Crafts/Gifts*

**Wood-n-Needles Craft Shop**  
Contact: Maxine Smith  
RR 1 Box 87C Street: Rt 204 off Rt 3  
Trenton ME 04605

County: HA

Phone: 667-8639

*Quality handcrafted Maine gifts.*



COLON & MAXINE SMITH  
R.F.D. 1, BOX 87C  
TRENTON, ME 04605

RTE. 204 OFF RTE. 3  
TELEPHONE  
(207) 667-8639

\*\*\*\*\*  
*Crafts/Gifts*

WDBC member

**Wool'N Goods**  
Contact: Mary Ann Solet  
HC 32 Box 132  
Sorrento ME 04677

County: HA

Phone: 422-3564

*Hats crocheted of quality Maine wool, specialty yarn accents, original  
designs. Cloche with 4-position brim offers warmth with style.  
Custom orders welcome. Retail, wholesale consignment.*

\*\*\*\*\*  
*Daycare/Preschool*

WDBC member

*Susan Tuttle Grenier*  
Owner/Director

(207) 646-5764

**Be Happy Pre-School**  
Contact: Susan Grenier  
RR 1 Box 1776  
Wells ME 04090

County: YO

Phone: 646-5764

**Be Happy Pre-School**  
Grenier Lane • Wells, Maine  
Licensed Pre-school • Extended Daycare  
Kindergardeners • Elementary Children  
*Drop-in Service*



Mon. - Sat. 7:30am - 6:00pm

RR1 Box 1776  
Wells, ME 04054

*Daycare/Preschool*

**Page One Preschool**

Contact: Mrs. V. Page Chaloult  
RR 3 Box 884  
Bangor ME 04401

County: PE

Phone: 848-3125

\*\*\*\*\*  
*Daycare/Preschool*

**Penquis Resource Development Center**

Contact: Nancy Isaacs  
120 Cleveland St  
Bangor ME 04401

County: PE

Phone: 941-2840

\*\*\*\*\*  
*Daycare/Preschool*

WDBC member

**South Portland Kumon Math Center**

Contact: Susan Ferris  
25 Tall Pine Dr  
W. Buxton ME 04093

County: CU

Phone: 929-5260

*The Kumon Method is a mathematical sequence of computational skills superbly structured so that children learn in incremental steps.*

\*\*\*\*\*  
*Desk Top Publishing*

**Basil Hill Graphics**

Contact: Nina Medina  
RR 1 Box 1842  
Coopers Mills ME 04341

County: LI

Phone: 549-3009 FAX: 549-3009

\*\*\*\*\*  
*Desk Top Publishing*

WDBC member

**Beth Kirkham Publications**

Contact: Beth Kirkham  
5 Moose Ramble  
Hallowell ME 04347

County: KE

Phone: 626-3556 FAX: 626-3556

**Beth Kirkham**  
desktop publishing

5  
Moose  
Ramble  
•  
Hallowell  
Maine  
04347  
•  
207  
626  
3556

*Desk Top Publishing*

WDBC member

**BusinessWorks**

Contact: Julie Whittington  
6 Patterson St  
Augusta ME 04330

County: KE

Phone: 622-9233 FAX: 622-4700

\*\*\*\*\*

*Desk Top Publishing*

WDBC member

**Camden Type 'n Graphics**

Contact: Connie Leavitt  
5 Free St  
Camden ME 04843

County: KN

Phone: 236-9500 FAX: 236-6093

\*\*\*\*\*

*Desk Top Publishing*

**Custom Communications**

Contact: Susan Gold  
PO Box 16036  
Portland ME 04101

County: CU

Phone: 761-7914

\*\*\*\*\*

*Desk Top Publishing*

**Graphic Arts Consulting Services**

Contact: Julie Motherwell  
12 Lowell Farm Rd  
Falmouth ME 04105

County: CU

Phone: 797-2098

\*\*\*\*\*

*Desk Top Publishing*

**Graphic Design & Illustration**

Contact: Kate McCormack  
PO Box 313  
Winthrop ME 04364

County: KE

Phone: 377-9371 FAX: 377-3136

*Struggling with advertising? Need a Logo design? How about a catchy character for your business? Designs are "camera ready" for printing.*



# Eastern Bay GALLERY

Kate FairChild  
Main Street, P.O. Box 126  
Stonington, Maine 04681  
(207) 367 - 5006



Jeanne Rubly  
Owner

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NORWAY, MAINE 04268  
207-743-7799

CUSTOM PLAQUES, TROPHIES, AWARDS  
T-SHIRTS, CAPS, COFFEE MUGS & GIFTS

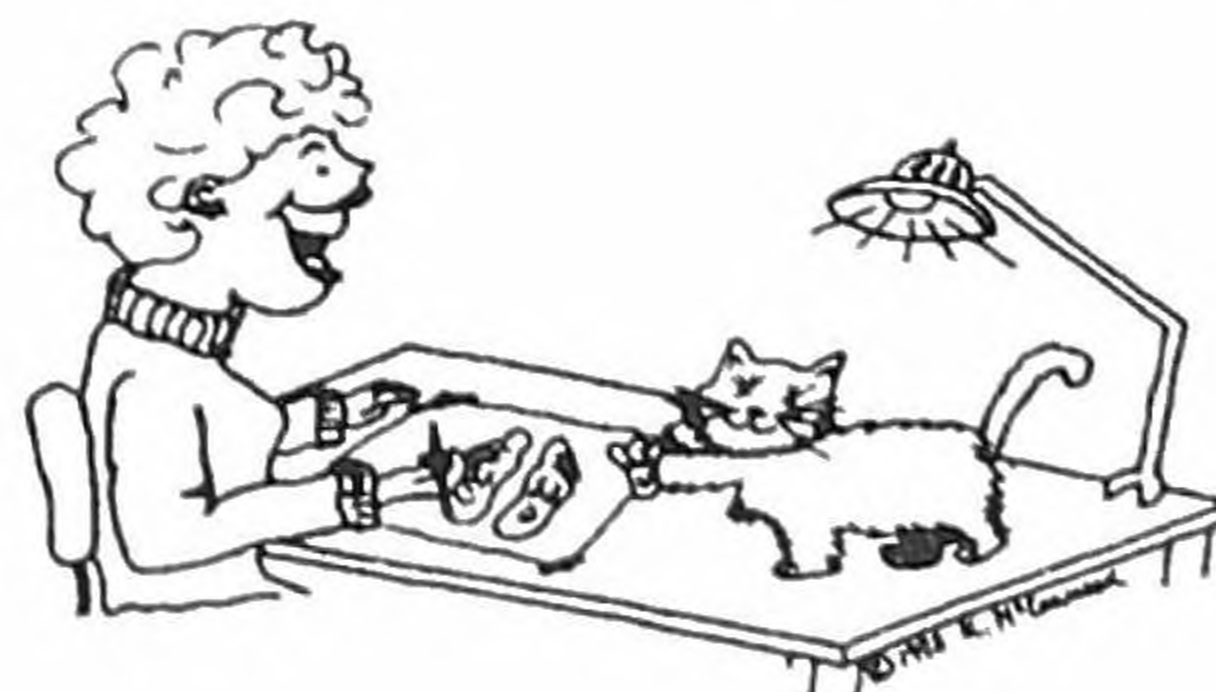
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Full Range of Fine Art and Graphic Design Services

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- Book Illustration/Layout
- Logo Design • Custom Artwork
- "Camera Ready" Copy
- Cartoon Designs
- Scanning: Color, Halftone, Line Art, Photos
- Electronic Image Enhancing
- Brochures • Catalogs • Newsletters
- Typesetting • Wordprocessing
- Custom T-Shirt Designs



PHONE: (207) 377-9371

FAX (207) 377-3136

**Need a Logo design? Need a catchy character for your business?**

*Desk Top Publishing*

**Hinds' Hill Copy Center Plus**

Contact: Kathryn Clark

101 Main St  
Winthrop ME 04364

County: KE

Phone: 377-8950 FAX: 377-8412

\*\*\*\*\*  
*Desk Top Publishing*

WDBC member

**Linda Roberts Office Services**

Contact: Linda Roberts

RR 1 Box 1121A  
Readfield ME 04355

County: KE

Phone: 685-4721

\*\*\*\*\*  
*Desk Top Publishing*

**Olsen's Instant Printing**

Contact: Laurie Kimball

PO Box 708 Street: 33 East Main St  
Searsport ME 04974

County: WL

Phone: 548-0160 FAX: 548-0161

\*\*\*\*\*  
*Desk Top Publishing*

WDBC member

**PageWorks**

Contact: Carol E.S.C. Jones

14 Maine St  
Brunswick ME 04011

County: CU

Phone: 729-0931 FAX: 729-0931

*Complete desktop imaging, design, and publishing services for individuals, businesses, and organizations. Self-serve copies and Mac rentals. Expertise for hire. Contracts and connections sought.*

\*\*\*\*\*  
*Desk Top Publishing*

WDBC member

**Peggy Mason Graphics**

Contact: Peggy Mason

107 Greenwood Rd  
Brunswick ME 04011-2948

County: CU

Phone: 721-8124 FAX: 721-8124

*Versatile freelance designer + your ideas = innovative advertisements, brochures, logos, newsletters, posters, video, etc. that get results. 20 years experience. Positive client relationships guaranteed!*

*Desk Top Publishing*

**Professional Office Services**

Contact: Laura Jepson  
10 Blue Goose Ln  
Sanford ME 04073

County: YO

Phone: 676-2260

\*\*\*\*\*

*Desk Top Publishing*

WDBC member

**Public Education Consultant**

Contact: Jennifer Wilder Logan  
PO Box 502  
Boothbay Harbor ME 04538

County: LI

Phone: 633-7450

\*\*\*\*\*

*Desk Top Publishing*

**Recycled Words**

Contact: Eileen M. Mielenhausen  
49 Second St  
Hallowell ME 04347

County: KE

Phone: 623-1347

\*\*\*\*\*

*Desk Top Publishing*

**Regional Activities Guide of Maine**

Contact: Barbara Bay Rintz  
PO Box 503 Street: Crawford Pond  
Union ME 04862

County: KN

Phone: 785-4812, 800-660-2389

\*\*\*\*\*

*Desk Top Publishing*

**Rheta Prints**

Contact: Rhea J. Cote Robbins  
641 S. Main St  
Brewer ME 04412

County: PE

Phone: 989-7059

*Desk Top Publishing*

**Sullivan Design**

Contact: Chris Sullivan  
56 Mattson Heights  
Gardiner ME 04345

County: KE

Phone: 582-7099 FAX: 582-7099

\*\*\*\*\*  
*Desk Top Publishing*

**The Paper Pusher**

Contact: Janet Granger  
PO Box 355 Street: Sargent Hill Rd  
Milo ME 04463

County: PS

Phone: 943-2163

\*\*\*\*\*  
*Desk Top Publishing*

**Utile - Macintosh Training**

Contact: Elisabeth M. Webster  
RR 1 Box 1213  
Bowdoinham ME 04008

County: SA

Phone: 666-5747

\*\*\*\*\*  
*Education/Training*

**Allen Associates**

Contact: Carol Allen  
PO Box 354  
Manchester ME 04351

County: KE

Phone: 685-3114 FAX: 685-3250

\*\*\*\*\*  
*Education/Training*

**Alternative Building Consultants, Unlimited**

Contact: Nancy Backman, Ed.D.  
PO Box 168  
Thorndike ME 04986

County: WL

Phone: 568-3689



*The best part of  
the design process is  
the client relationship!*

An intuitive sense of  
my client's needs make  
the "creative juices" flow!  
The end result ... well,  
see for yourself. Call today!

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advertising,  
electronic publishing,  
graphic design,  
public relations,  
video management.

PEGGY MASON



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Jacqueline R. Murphy  
Career Counselor/Consultant  
207-892-0000

*Women's Worth Career Counseling™*

### Mission Statement

Women's Worth Career Counseling™ is a service that offers women in career transition the tools, direction and support necessary to make their own career decisions with new visions and inner strength. One of our country's most valuable wasted resources is the untapped potential of women. We will tap it together.

18 Woodland Road  
Gorham, Maine 04038

First Appointment Complimentary

# OPEN YOUR EYES



# AND READ THIS

If you are looking for someone to write ads call Joanie Dow. She can write **BIG** things like manuscripts and **LITTLE** things like match book covers. She can write Radio and TV ads and she can write music and lyrics for **jingles** ♪ She can write employee handbooks and she can write procedures. She really **LOVES** to write and is good at it. She can write in different tones that range from **BONWIT BREZY** to down right serious **CORPORATE STUFF**. Now she has been writing commercials since the sixties and it is only recently that she figured out why. She writes to get people to do something, to respond to the words. Amazing, eh? She wrote the headline for this ad and I bet your eyes are **OPEN** as you are reading this! So if you need a writer to collaborate with your staff or agency call Joanie Dow at 773-7442 and she will start taking notes right over the phone. Or send a note to her

P.O. Box 7242 and she will write back to you.

## DOW & ASSOCIATES

Portland, Maine 04112

*Education/Training*

WDBC member

**Auburn Kumon Math**  
Contact: Nancy Pelletier  
405 S. Witham Rd  
Auburn ME 04210

County: AN

Phone: 786-2811

*The Kumon method is an individualized system of improving math skills in after-school sessions. Success achieved through repetition boosts students' concentration and self-esteem.*

\*\*\*\*\*  
*Education/Training*

**Bordwell Consulting**  
Contact: Sue Ellen Bordwell  
3 Pennyroyal Court  
Yarmouth ME 04096

County: CU

Phone: 846-3340

*Specializing in civil rights investigations.*

\*\*\*\*\*  
*Education/Training*

**Child Care Concepts**  
Contact: Lisa Freitas  
PO Box 1101  
Portland ME 04104

County: CU

Phone: 767-7440

\*\*\*\*\*  
*Education/Training*

WDBC member

**Christiansen Associates**  
Contact: Sonja Christiansen  
201 Whitney St  
Auburn ME 04210

County: AN

Phone: 786-2632 FAX: 782-9717

*Christiansen Associates bases their life skills programs on real life experiences that encourage the exchange of ideas in an entertaining, trusting environment.*



**CHRISTIANSEN**  
*associates*

*learning  
and  
motivational  
seminars & stress  
management  
programs*

201 Whitney St. Auburn, ME 04210 (207) 786-2632 FAX: (207) 782-9717

*Sonja Christiansen*

\*\*\*\*\*  
*Education/Training*

**Clarity Facilitation Services**  
Contact: Joan Best Murphy  
PO Box 228  
Yarmouth ME 04096

County: CU

Phone: 846-1373

*Education/Training*

**Cobbosee Computer Systems**

Contact: M. Elaine Briggs  
PO Box 187  
Leeds ME 04263

County: AN

Phone: 524-3125

\*\*\*\*\*

*Education/Training*

**Dee Kelsey and Associates**

Contact: Dee Kelsey  
PO Box 3883  
Portland ME 04104

County: CU

Phone: 773-0464

- \* *Helping build more collaborative relationships in organizations*
- \* *Facilitation and conflict management skills training*
- \* *Over 15 years experience as a consultant, trainer, facilitator, and mediator*

\*\*\*\*\*

*Education/Training*

WDBC member

**Eberhardt/Impact**

Contact: Barbara Eberhardt  
142 High St, #634  
Portland ME 04101

County: CU

Phone: 775-6558

*Workshops and private coaching for women who need or want to speak up - interpersonal, presentations, communication style.*

\*\*\*\*\*

*Education/Training*

WDBC member

**Elizabeth A. Busch**

Contact: Elizabeth A. Busch  
RR 1 Box 365 Street: Hudson Rd  
Bangor ME 04401

County: PE

Phone: 942-7820

*Ms. Busch is a nationally and internationally recognized artist specializing in Painted Wall Quilts and colorful, suspended, moving sculpture. Private and public commissions throughout USA. Workshops offered.*

\*\*\*\*\*

*Education/Training*

**Good For You! Wellness Center**

Contact: Virginia L. Hodgkins  
RR 1 Box 565 Street: Woodpile Ln  
Jefferson ME 04348

County: LI

Phone: 549-5275

*High-quality nutritional/environmental programs, individually designed to build health and wellness. Consultants associated with Shaklee Corp., world's largest health company.*

*Education/Training*

**Groom 'N' Board Kennels**

Contact: Jessi Macgregor  
1412 Essex St  
Bangor ME 04401

County: PE

Phone: 941-9825

*Groom 'N' Board offers the very best of pet grooming and boarding. Certified groomers and pet care technicians. Home of Maine's only licensed pet grooming school. Visits welcome.*

\*\*\*\*\*  
*Education/Training*

WDBC member

**Heart at Work**

Contact: Barbara Sirois Babkirk  
78 Main St  
Yarmouth ME 04096

County: CU

Phone: 846-0644

*Work-related counseling to clarify direction and blocks to getting what you want. Individual sessions, group workshops, and presentations.*

\*\*\*\*\*  
*Education/Training*

**Heartlight Records**

Contact: Susan M. Savell  
PO Box 203  
Biddeford Pool ME 04006

County: YO

Phone: 282-0752

*Offers lectures/concerts in schools, churches, and conferences on child abuse healing and prevention, and on the spirituality of recovery for abuse survivors.*

\*\*\*\*\*  
*Education/Training*

**Hidden Image**

Contact: Ann Siteman  
119 Haven Rd  
Windham ME 04062

County: CU

Phone: 892-2501

*Hidden Image offers classes for adults and children in mask-making as well as selling unique hand-drafted papier-mache masks and mask kits.*

\*\*\*\*\*  
*Education/Training*

**Hinckley Group**

Contact: Patti Hinckley  
21 Oakwood Terr  
Brunswick ME 04011

County: CU

Phone: 729-7908 FAX: 729-7908

**HINCKLEY GROUP**  
*Diversity & Facilities Consultants*

Patti Hinckley  
President

*Diversity Management Services: Workshops, training, speaking, writing & special projects. Facilities Management Services: Re-engineering, planning, facility audits, speaking & special projects.*

21 Oakwood Terrace  
Brunswick, Maine 04011

Phone (207) 729-7908

*Education/Training*

**Homeschool Associates**

Contact: Shirley M.R. Minster  
116 Third Ave  
Auburn ME 04210

County: AN

Phone: 777-1700 FAX: 657-2977

**Homeschool Associates of New England**

116 Third Avenue • Auburn, Maine 04210  
207-777-0077 • 207-777-1700  
800-882-2828 (New England & NY)



*"Serving the Homeschool Community"*

**Steve Moitozo**  
Director  
Administrative Services

**Shirley M.R. Minster**  
Director  
Educational Services

\*\*\*\*\*

*Education/Training*

**InnerVision**

Contact: Maryann B. Hostetler  
PO Box 1053 Street: 323B Broadway  
Rockland ME 04841 County: KN

Phone: 594-4799

*A counseling service for women and their families. A place to access your own wisdom and knowing. To learn to trust your inner spirit.*

\*\*\*\*\*

*Education/Training*

**Innovative Management Associates**

Contact: JoAnn Peeples  
62 Ridge View Dr  
Standish ME 04084 County: CU

Phone: 892-9358

*IMA offers a wide range of organizational consulting services, and management training and development programs to both nonprofit and private sector clients.*

\*\*\*\*\*

*Education/Training*

**Insurance Training & Placement Services**

Contact: Auta M. Main  
160 Larrabee Rd, Bldg C  
Westbrook ME 04092 County: CU

Phone: 856-6659 FAX: 856-0087

*Agents Continuing Education Training, Licensing schools, Career Schools (Underwriting and Claims), Permanent and Temporary Placement.*



**INSURANCE TRAINING & PLACEMENT SERVICES**

AUTA M. MAIN, PRESIDENT

In Maine 207/856-6659 • Fax 207/856-0087  
NH & VT 1-800-235-3816  
160 Larrabee Road, Building C • Westbrook, ME 04092-4732  
— Just off Exit 8 of the Maine Turnpike —

\*\*\*\*\*

*Education/Training*

**Inter Reflections**

Contact: Sally Baker, M. ED, LSAC  
RR 3 Box 3625  
Waterville ME 04901 County: KE

Phone: 465-3670

*Education/Training*

**Jane C. Smith, Quiltmaker**

Contact: Jane C. Smith  
RR 1 Box 518A  
S. Berwick ME 03908

County: YO

Phone: 676-2209

\*\*\*\*\*

*Education/Training*

**Janet Eastman Associates**

Contact: Janet Eastman  
11 William St  
Portland ME 04103

County: CU

Phone: 828-1940

\*\*\*\*\*

*Education/Training*

**Joan Martay & Associates**

Contact: Joan Martay  
49 Wellington Rd  
Portland ME 04103

County: CU

Phone: 773-1995

*An organizational consultant providing group facilitating, team-building, and staff training on communication skills, customer service, leadership, self-esteem, stress management, performance appraisals, etc.*

\*\*\*\*\*

*Education/Training*

**Kitchen Carnival**

Contact: Robin Mello  
RR 1 Box 2300  
Buckfield ME 04220

County: OX

Phone: 336-2545

\*\*\*\*\*

*Education/Training*

**M. Joyce Medeiros, BS, C.H.E.**

Contact: M. Joyce Medeiros  
RR 1 Box 241  
Anson ME 04911

County: SO

Phone: 696-8246

*Education/Training*

**Mabel Wadsworth Women's Health Center**

Contact: Ruth Lockhart  
PO Box 20 Street: 334A Harlow St  
Bangor ME 04402 County: PE

Phone: 947-5337

\*\*\*\*\*  
*Education/Training*

**Maine Avatar Center**

Contact: Jeanne Wold & Melissa Codd  
Box 056 Ridge Rd  
Walpole ME 04573 County: LI

Phone: 563-8704

\*\*\*\*\*  
*Education/Training*

**MaryRae Means, M.Ed., L.C.P.C.**

Contact: MaryRae Means  
  
Damariscotta ME 04543 County: LI

Phone: 563-1336

*Psychotherapy for individuals, couples, and groups. Specializing in women's issues, seminars, and retreats. Certified in Feldenkrais and Rubenfeld bodywork. Interest in menopausal issues.*

\*\*\*\*\*  
*Education/Training*

**Matrix Enterprises**

Contact: Marta Varee Pearson  
PO Box 476  
Topsham ME 04086 County: SA

Phone: 729-5754

*Offering quality and specialized training. Education on issues of sexual abuse, esteem, communication, relations, and other uniquely designed therapy for adults sexually violated as a child.*

\*\*\*\*\*  
*Education/Training*

**Moose Ridge Associates**

Contact: Betsy Sweet  
RR 1 Box 697  
Monmouth ME 04259 County: KE

Phone: 933-2673 FAX: 933-2673

*Specializing in governmental services (campaigns and lobbying), equity in the workplace, sexual harassment training, educational aspirations. Facilitation and organizational development.*

*Education/Training*

WDBC member

**National Coalition Building Institute**

Contact: Asherah Cinnamon  
60 Mabel St  
Portland ME 04103

County: CU

Phone: 773-1394

*Offers programs in conflict resolution, team building and welcoming diversity in the workplace - assisting organizations to deal effectively with sexism, racism, and physical disability.*

**NCBI**  
NATIONAL COALITION BUILDING INSTITUTE  
Maine Chapter

Leadership Development  
Inter-Group Relations  
Prejudice Reduction

60 Mabel Street  
Portland, ME 04103  
(207) 773-1394

Asherah Cinnamon, LCSW, Director of Training

*Education/Training*

WDBC member

**Patricia Williams, Organizational Consultant**

Contact: Patricia Williams  
83 Road Less Traveled  
Woodstock ME 04219

County: OX

Phone: 674-2112 FAX: 674-2112

*Education/Training*

**Rebecca D. Mealey**

Contact: Rebecca D. Mealey  
PO Box 177 Street: Millbrook Rd  
Northeast Harbor ME 04662

County: HA

Phone: 276-5632

*Education/Training*

**Recycling Education Services**

Contact: Hildie J. Lipson  
PO Box 298  
Wayne ME 04284

County: KE

Phone: 685-4068

**Recycling Education Services**

Hildie J. Lipson  
P.O. Box 298  
Wayne, Maine 04284  
(207) 685-4068

WASTE REDUCTION • RECYCLING • COMPOSTING  
PROMOTION • EDUCATION • TRAINING

 100% recycled paper

*Education/Training*

**Reed's Parliamentary Services**

Contact: Colleen G. Reed, PRP  
28 Larrabee Hts  
Westbrook ME 04092-4775

County: CU

Phone: 856-2151



*Education/Training*

WDBC member

**South Portland Kumon Math Center**

Contact: Susan Ferris  
25 Tall Pine Dr  
W. Buxton ME 04093

County: CU

Phone: 929-5260

*The Kumon Method is a mathematical sequence of computational skills superbly structured so that children learn in incremental steps.*

\*\*\*\*\*

*Education/Training*

WDBC member

**Speak for Yourself**

Contact: Dianne Holly  
PO Box 66852  
Falmouth ME 04105

County: CU

Phone: 781-7101 FAX: 781-2719

*A speech improvement service geared to help you develop your personal and professional speaking skills. Specializing in diction accent reduction and speech delivery.*

\*\*\*\*\*

*Education/Training*

WDBC member

**Stirling Associates**

Contact: S. Stirling Kendall  
190 Water St  
Hallowell ME 04347

County: KE

Phone: 626-0393

*Facilitating group process in meetings and retreats; collaborative work group development through conflict management, strategic management, strategic planning, community building and stress management.*

\*\*\*\*\*

*Education/Training*

**The Badvertising Institute**

Contact: Bonnie Vierthaler  
195 Congress St  
Portland ME 04101

County: CU

Phone: 773-3275

\*\*\*\*\*

*Education/Training*

**Translator/Cultural Consultant**

Contact: Dr. Veronika Albrecht-Rodrigue  
PO Box 176  
Lovell ME 04051

County: OX

Phone: 925-3117

*Education/Training*

**Trudy McNulty Associates**

Contact: Trudy McNulty  
79 Blackstrap Rd  
Falmouth ME 04105

County: CU

Phone: 797-4173 FAX: 797-4173

*Marketing problems? Cost-controlled, creative solutions for business and non-profits. Entrepreneurism and profitable strategies. Raise your profile--target your markets--increase your impact. Free consultation.*

\*\*\*\*\*  
*Education/Training*

WDBC member

**Women Unlimited**

Contact: Dale McCormick  
1250 Turner St  
Auburn ME 04210

County: AN

Phone: 786-5259 FAX: 777-7353

*Women Unlimited is a statewide organization that advocates for and trains women in trade and technical occupations.*

\*\*\*\*\*  
*Education/Training*

**Women's Worth Career Counseling**

Contact: Jacqueline R. Murphy  
18 Woodland Ave  
Gorham ME 04038

County: CU

Phone: 892-0000

\*\*\*\*\*  
*Entertainment/Music*

**Heartlight Records**

Contact: Susan M. Savell  
PO Box 203  
Biddeford Pool ME 04006

County: YO

Phone: 282-0752

*Offers lectures/concerts in schools, churches, and conferences on child abuse healing and prevention, and on the spirituality of recovery for abuse survivors.*

\*\*\*\*\*  
*Entertainment/Music*

WDBC member

**Music Recreation**

Contact: Sandra W. Philbrook  
295 Capisic St  
Portland ME 04102

County: CU

Phone: 772-5636

*Have a real fun party including hands-on musical instruments. Treat your guests to an opportunity to express their hidden talents in an informal atmosphere.*

**MUSIC RECREATION®**

SANDY PHILBROOK

Six Week Programs  
and Special Events

295 Capisic St.  
Portland, ME 04102  
(207) 772-5636



*Entertainment/Music*

**Sunset Studio-Fine Arts/Island Hand-Puppet Theater**

Contact: Martha Feehan

Cliff Island ME 04019-0006

County: CU

Phone: 766-2684

\*\*\*\*\*  
*Entertainment/Music*

**Zingo Zango Generic Jug Band**

Contact: Ellen Lindsey

RR 1 Box 500 Street: 66 Reservoir Rd

S. Paris ME 04281

County: OX

Phone: 743-2001

\*\*\*\*\*  
*Environmental Services*

**Brooks Technologies**

Contact: Joan L. Brooks, Ph.D.

RR 1 Box 753

Eddington ME 04428

County: PE

Phone: 843-6389

*Licensed site evaluation and septic system design. Design & construction supervision of peat onsite wastewater treatment systems. Specializing in the use of peat for pollution abatement.*

\*\*\*\*\*  
*Environmental Services*

**Chrstrup Tree Service**

Contact: Janet Chrstrup

26 Deering Hall

Orono ME 04469

County: PE

Phone: 581-2935

\*\*\*\*\*  
*Environmental Services*

**Coastal And Woodland Surveying**

Contact: Pamela Mount

HC 33 Box 226D

Bath ME 04530

County: SA

Phone: 443-1480

**PAMELA MOUNT**

Registered Land Surveyor

RLS 1272

**COASTAL AND WOODLAND SURVEYING**

HC 33 Box 226D  
Arrowsic, Maine 04530

Office: 207-443-1480

*Environmental Services*

**Environmental Policy Consultant**

Contact: Esther Lacognata  
19 Elm St  
Topsham ME 04086

County: SA

Phone: 729-4088 FAX: 729-1014

\*\*\*\*\*

*Environmental Services*

**Forestcare**

Contact: Izzy McKay  
31 Central St, Suite 203  
Bangor ME 04401

County: PE

Phone: 941-9698

\*\*\*\*\*

*Environmental Services*

**Good Deeds, Inc.**

Contact: Gusta Ronson, Surveyor  
PO Box 587 Street: 7 Main St  
Belfast ME 04915

County: WL

Phone: 338-5743

\*\*\*\*\*

*Environmental Services*

**Southern Maine Forestry Services**

Contact: Lauri Noel  
PO Box 910  
Windham ME 04062

County: CU

Phone: 892-6562

\*\*\*\*\*

*Exercise/Fitness*

WDBC member

**Gretchen Gehrke Fitness Consultant**

Contact: Gretchen Gehrke  
PO Box J  
Newport ME 04953

County: PE

Phone: 368-5747

*Design your own personal fitness and nutritional program  
with medical supervision. Energize and enrich your life.  
Individual and group consultation available.*

*Exercise/Fitness*

**Kids on the Move**

Contact: Maureen Oosten  
6 Fieldcrest Drive  
Kennebunk ME 04043

County: YO

Phone: 985-9234

\*\*\*\*\*  
*Exercise/Fitness*

**Phoenix Rising Yoga Therapy/Yoga Classes**

Contact: Susan Coady  
RR 1 Box 3556  
Wayne ME 04284

County: KE

Phone: 685-9011

\*\*\*\*\*  
*Export/International Trade*

**American International Associates**

Contact: Denise N. Paquette  
211 Randall Rd  
Lewiston ME 04240

County: AN

Phone: 786-5050

\*\*\*\*\*  
*Export/International Trade*

**Medical Resources Export Company, Inc.**

Contact: Sandra Leinonen Perry  
89 Auburn St, Suite 1234  
Portland ME 04103

County: CU

Phone: 797-0028 FAX: 797-5654

\*\*\*\*\*  
*Fabric/Yarn*

**Cindy Taylor Clark Designs**

Contact: Cindy Clark  
RR 1 Box 6  
Alfred ME 04002

County: YO

Phone: 324-7903

*Original folk art applique patterns for quilts. Mail order business. Catalog (\$2.00) shows over 30 designs. Cindy also does workshops and lectures on applique quilts.*

*Fabric/Yarn*

WDBC member

**Econo-Craft**

Contact: Donna M. Paradis  
RR 1 Box 1440 Street: Freedom Rd  
Palermo ME 04354 County: WL

Phone: 993-2774

\*\*\*\*\*

*Fabric/Yarn*

WDBC member

**Halcyon Yarn**

Contact: Halcyon Blake  
12 School St  
Bath ME 04530 County: SA

Phone: 800-439-7909

*Open Mon-Sat 10-4. Yarns, books, and equipment for knitting, weaving, spinning, and basketry. Fun classes and workshops. Come to our "Knitting Nights."*

\*\*\*\*\*

*Fabric/Yarn*

**Island Yarns & Yardage-Winters Work**

Contact: Sue Jones Hill  
Little Cranberry Island  
Islesford ME 04646 County: HA

Phone: 244-7150

\*\*\*\*\*

*Fabric/Yarn*

**Ma Culley's Old Softies**

Contact: Colleen Moser  
RR 1 Box 765  
S. Harpswell ME 04079 County: CU

Phone: 833-6455

\*\*\*\*\*

*Fabric/Yarn*

**Maine Tartan and Tweed Company, Inc.**

Contact: Jane E. Holmes  
PO Box 134  
Plymouth ME 04969 County: PE

Phone: 948-3742

*Clothing and accessories in a beautiful, four color tartan designed especially for Maine, using colors representative of Maine. Products are 100% wool, woven in Maine.*

*Fabric/Yarn*

**Martha Hall - Natural Fibre Yarns**

Contact: Jody Halliday  
46 Main St  
Yarmouth ME 04096

County: CU

Phone: 846-9334

*Full color catalogue(#2) and retail shop featuring yarns from basic knitting worsted to cashmere and hand painted silk blends. Extensive book selection and classes.*

\*\*\*\*\*  
*Fabric/Yarn*

**Neverfinished Farm**

Contact: Michelle Henning  
RR 1 Box 620  
S. Harpswell ME 04079

County: CU

Phone: 833-5556

\*\*\*\*\*  
*Fabric/Yarn*

WDBC member

**Pine Tree Knits**

Contact: Faye G. Krause  
RR 2 Box 840  
E. Lebanon ME 04027

County: YO

Phone: 457-3949

*The TOTAL yarn and knitting shop. Everything for the hand and machine knitter. Maine wool, cotton, acrylic, and fleece. Accessories, lessons, custom knitting, and gifts. Singer dealer.*

\*\*\*\*\*  
*Fabric/Yarn*

WDBC member

**Pixel Knits**

Contact: Sue Westlake  
RR 1 Box 88  
Readfield ME 04355

County: KE

Phone: 685-4510

\*\*\*\*\*  
*Fabric/Yarn*

**Rebecca D. Mealey**

Contact: Rebecca D. Mealey  
PO Box 177 Street: Millbrook Rd  
Northeast Harbor ME 04662

County: HA

Phone: 276-5632

*Fabric/Yarn*

**Rosamond**

Contact: Rosamond Field  
9 Elm St  
Camden ME 04843

County: KN

Phone: 236-2023 FAX: 236-2023

\*\*\*\*\*  
*Fabric/Yarn*

**Tess' Designer Yarns**

Contact: Melinda Bickford  
Box 148F Pigeon Hill Rd  
Milbridge ME 04658

County: WS

Phone: 546-2483

\*\*\*\*\*  
*Fabric/Yarn*

**The Custom Sewing Shoppe**

Contact: AnnMarie Guerrette  
PO Box 93 Street: Rt 1 Main St  
Frenchville ME 04745

County: AR

Phone: 543-7730

\*\*\*\*\*  
*Fabric/Yarn*

**The Village Seamstress**

Contact: Mary Alley  
RR 2 Box 82  
Lamoine ME 04605

County: HA

Phone: 667-4021

\*\*\*\*\*  
*Fabric/Yarn*

**Village Wearer**

Contact: Phyllis Leck  
PO Box 8 Street: Rt 32  
Round Pond ME 04564

County: LI

Phone: 529-5523



*Farming/Fishery*

**Arrow Farms Inc.**

Contact: Maria Cipriano  
PO Box 9  
Monticello ME 04760

County: AR

Phone: 538-4424 FAX: 538-9234

\*\*\*\*\*  
*Farming/Fishery*

**Blue Sky Produce**

Contact: Lynn Thurston  
14 Glenwood Ave  
Gorham ME 04038

County: CU

Phone: 839-3803 FAX: 839-4124

\*\*\*\*\*  
*Farming/Fishery*

WDBC member

**Carol B. Loehr**

Contact: Carol B. Loehr  
Box R Walker Rd  
Atlantic ME 04608

County: HA

Phone: 526-4435

*Sea Soil - composted fish & peat moss soil amendment*  
*Swans Island Farm - Registered Shetland Sheep*  
*Atlantic Blanket Co - Heirloom handwoven blankets from Maine wool.*

\*\*\*\*\*  
*Farming/Fishery*

**Oyster Creek Farm**

Contact: Candice M. Heydon  
RR 1 Box 320 Street: Standpipe Rd  
Damariscotta ME 04543

County: LI

Phone: 563-1076

\*\*\*\*\*  
*Farming/Fishery*

WDBC member

**The Nature Connection**

Contact: Debbie Morrill  
RR 1 Box 322 Street: Lambert Rd  
Brewer ME 04412

County: PE

Phone: 989-2362

*A greenhouse/nursery and vegetable farm selling quality annuals, perennials, shrubs, supplies, and organic produce. Also homemade delicacies such as salsa, relishes, etc.*

*Financial/Investment Services*

WDBC member

**A.G. Edwards & Sons, Inc.**  
INVESTMENTS SINCE 1887

Members New York Stock Exchange, Inc.



**A.G. Edwards & Sons**  
Contact: Marge Erhardt  
44 Central St  
Bangor ME 04401

County: PE

Phone: 947-5456, 800-947-5456

**MARGE ERHARDT, M.B.A.**  
CERTIFIED FINANCIAL PLANNER  
INVESTMENT BROKER

RESIDENCE:  
(207) 866-4255

44 CENTRAL STREET  
BANGOR, MAINE 04401  
(207) 947-5456

**1-800-947-5456**

\*\*\*\*\*  
*Financial/Investment Services*

**F.L. Putnam/Winslow Investment Management Co.**  
Contact: Wendy Bush  
Two City Center  
Portland ME 04101

County: CU

Phone: 775-3197, 800-734-3197 FAX: 775-6527

\*\*\*\*\*  
*Financial/Investment Services*

WDBC member

**F.L. Putnam/Winslow Investment Management Co.**  
Contact: Jean M. Deighan  
23 Water Street  
Bangor ME 04401

County: PE

Phone: 990-0999, 800-339-0998 FAX: 990-0564

\*\*\*\*\*  
*Financial/Investment Services*

**Financial Security Services**  
Contact: Sara Jane Elliot  
7 Mill Pond Dr  
Windham ME 04062

County: CU

Phone: 892-5558

\*\*\*\*\*  
*Financial/Investment Services*

**H.M. Payson & Co.**  
Contact: Laura McDill  
PO Box 31 Street: One Portland Square  
Portland ME 04112

County: CU

Phone: 772-3761 FAX: 772-7456

# MONEYWISE

Rozanna Patane, MBA, CFP  
President

Practical Advice for  
Managing Your Money

*Financial planning isn't just for the wealthy.*

Tel 207-363-7744

Fax 207-363-7748

73 Sentry Hill Road/P.O. Box 592/York Harbor, Maine 03911

## Enterprise Resources

*Business Planning • Financing Services  
Management Consulting*

**Gore Flynn**

President

P.O. Box 10198, 607 Brighton Avenue, Portland, Maine 04104  
207-773-2631 • FAX 207-773-4688

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- Wedding Invitations
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We Stock an Extensive Line of *Office/Computer Supplies, Educational Books & Supplies, Art Supplies* and Many *Gift Ideas* for Young & Old Alike.



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101 Main Street

Winthrop, Maine 04364

**377-8950**

**1-800-559-8950**

*Financial/Investment Services*

**Hanna Associates**

Contact: Inga H. Hanna, CFP  
238 Ocean Ave  
Portland ME 04103

County: CU

Phone: 772-4378

\*\*\*\*\*

*Financial/Investment Services*

WDBC member

**Honeck-O'Toole**

Contact: Jane Honeck  
50 Portland Pier  
Portland ME 04101

County: CU

Phone: 774-0882 FAX: 773-2047

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*Financial/Investment Services*

WDBC member

**Linker & Mansfield, Associates**

Contact: Carol Linker  
PO Box 107  
Hallowell ME 04347

County: KE

Phone: 622-4922

*Specializes in financial planning and analysis for the small business owner: risk analysis, retirement planning, and estate planning.*

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**Linker & Mansfield, Associates**

Contact: Marcia Mansfield  
PO Box 881  
Damariscotta ME 04543

County: LI

Phone: 563-1095

*Specializes in financial planning and analysis for the small business owner: risk analysis, retirement planning, and estate planning.*

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**Monahan Associates**

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44 Oak St  
Portland ME 04101

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Phone: 774-3936 FAX: 774-0846

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York Harbor ME 03911 County: YO

Phone: 363-7744 FAX: 363-7748

*A financial advisory service that specializes in business planning for small women-owned businesses, and in women's personal financial concerns.*

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**Murch & Dyer Associates**

Contact: Loretta G. Dyer  
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Auburn ME 04212-0337 County: AN

Phone: 786-0611 FAX: 786-0622

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Portland ME 04101

County: CU

Phone: 774-9801 FAX: 774-0264

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Contact: Dianne Morgan  
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County: CU

Phone: 725-2240

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*Fine Art/Jewelry*

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Contact: Michelle Walker  
54 Main St  
Belfast ME 04915

County: WL

Phone: 338-5659



*Fine Art/Jewelry*

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County: FR

Phone: 246-7161

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County: HA

Phone: 667-3366

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**Ducktrap Bay Trading, Co**

Contact: Wendy Weiler  
28 Bayview St  
Camden ME 04843

County: KN

Phone: 236-9568

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Contact: Elizabeth A. Busch  
RR 1 Box 365 Street: Hudson Rd  
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Phone: 942-7820

*Ms. Busch is a nationally and internationally recognized artist specializing in Painted Wall Quilts and colorful, suspended, moving sculpture. Private and public commissions throughout USA. Workshops offered.*

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County: HA

Phone: 367-2632

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**Howard Jewelers**

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Phone: 882-5009

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County: CU

Phone: 833-5556

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*Fine Art/Jewelry*

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S. Harpswell ME 04079

County: CU

Phone: 833-5848

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County: KN

Phone: 867-4444

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Phone: 766-2684

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Contact: Mary E. Parker

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Phone: 824-3782 FAX: 824-2061

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Flower Box Barn

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County: SA

Phone: 389-2435

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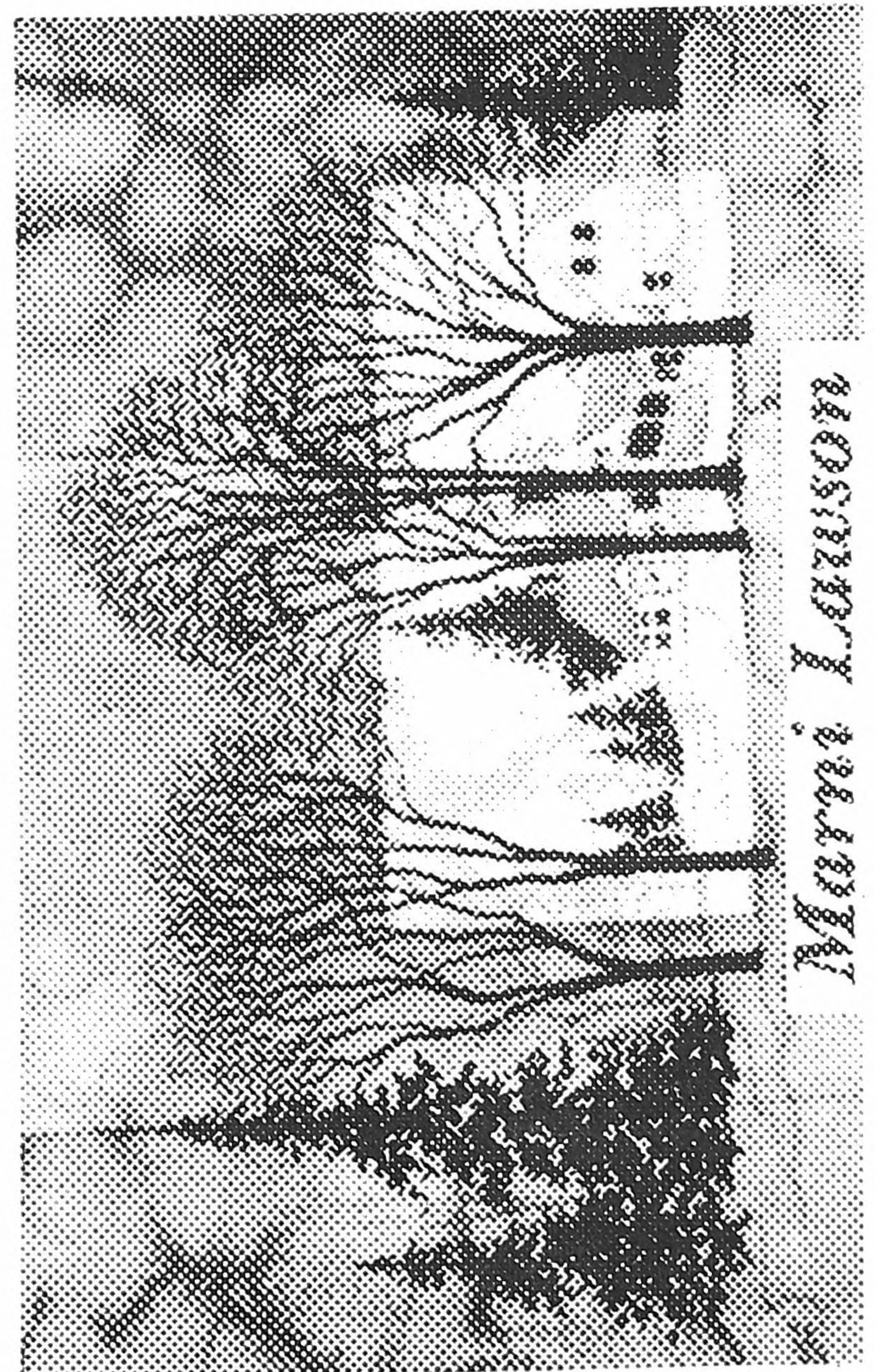
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County: CU

Phone: 833-6081

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County: AR

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Phone: 453-2047

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Phone: 524-3176

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County: YO

Phone: 439-2481

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Contact: Paula Jean Lunt  
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County: LI

Phone: 633-2785

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County: CU

Phone: 829-3637

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County: AN

Phone: 784-1855 FAX: 784-4044

# We'll bring out the best in your business

Imprint creates targeted marketing tools that work:  
ads that attract buyers,  
collateral materials that boost sales, and  
graphic identity packages that instill consumer confidence.

Call Linda Packard, 359-2225  
to discuss how to bring out the best in your business.



IMPRINT

ADVERTISING STRATEGIES • GRAPHIC DESIGN • COPY WRITING • MEDIA PLANNING AND BUYING

RR 1 Box 2550 ROUTE 172 SEDGWICK MAINE 04676 PHONE/FAX (207)359-2225

*Graphic Design/Illustrations/Signs*

**Denise Barbieri**

Contact: Denise Barbieri  
PO Box 945  
Ellsworth ME 04605

County: HA

Phone: 667-3366

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

**Graphic Design & Illustration**

Contact: Kate McCormack  
PO Box 313  
Winthrop ME 04364

County: KE

Phone: 377-9371 FAX: 377-3136

*Struggling with advertising? Need a Logo design? How about a catchy character for your business? Designs are "camera ready" for printing.*

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Imprint**

Contact: Linda Packard  
RR 1 Box 2550  
Sedgwick ME 04676

County: HA

Phone: 359-2225 FAX: 359-2225

*Advertising and graphic design services. Providing graphic design for advertising, sales and identity materials, and packaging. Advertising strategies including concept development, copy writing, media planning/buying.*

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**J.B. Graphics**

Contact: Jennifer Blake  
209 Main St, Apt 2  
Ellsworth ME 04605

County: HA

Phone: 667-4381

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

**Jan Owen - Calligraphy**

Contact: Jan Owen  
262 Essex St  
Bangor ME 04401

County: PE

Phone: 942-7261



*Graphic Design/Illustrations/Signs*

**Libby Barrett Illustration/Design**

Contact: Libby Barrett  
47 Middle St  
Portland ME 04101

County: CU

Phone: 774-4558 FAX: 774-5956

*From conception to production - offering full design and illustration services for your business needs. Logos, business cards, stationery, ads, brochures, publications. Call for sample illustration.*

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

**Looseleaf Studio**

Contact: Molly O'Rourke  
PO Box 270  
Brooklin ME 04616

County: HA

Phone: 359-2725

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

**Margaret Rice, Designer & Illustrator**

Contact: Margaret Rice  
77 Whitney St  
Auburn ME 04210

County: AN

Phone: 783-4006

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

**Miller Signs & Graphics**

Contact: Linda Miller  
RR 2 Box 182 Street: Outer Grove St  
Newport ME 04953

County: PE

Phone: 368-5153

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

**North Wind Picture Archives**

Contact: Nancy Carter  
RR 1 Box 172 Street: Federal St  
Alfred ME 04002

County: YO

Phone: 490-1940 FAX: 490-3627

*Graphic Design/Illustrations/Signs*

WDBC member

**PageWorks**

Contact: Carol E.S.C. Jones  
14 Maine St  
Brunswick ME 04011

County: CU

Phone: 729-0931 FAX: 729-0931

*Complete desktop imaging, design, and publishing services for individuals, businesses, and organizations. Self-serve copies and Mac rentals. Expertise for hire. Contracts and connections sought.*

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Peggy Mason Graphics**

Contact: Peggy Mason  
107 Greenwood Rd  
Brunswick ME 04011-2948

County: CU

Phone: 721-8124 FAX: 721-8124

*Versatile freelance designer + your ideas = innovative advertisements, brochures, logos, newsletters, posters, video, etc. that get results. 20 years experience. Positive client relationships guaranteed!*

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Phophecy Designs, Inc.**

Contact: Kristina ML Nutting  
PO Box 84 Street: Rt 32  
Round Pond ME 04564

County: LI

Phone: 529-5318

*Nationally acclaimed line of braille embossed greeting cards and full color 1st edition fine art reproductions. Catalogue available. Illustration commissions invited. Mastercard/Visa accepted.*

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Redhouse Architects**

Contact: Jenny Potter Scheu  
10 Danforth St  
Portland ME 04101

County: CU

Phone: 773-8681 FAX: 773-5173

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Searles Design Inc.**

Contact: Karen Searls  
121A Ash Point Dr  
Owls Head ME 04854

County: KN

Phone: 596-6008 FAX: 596-6008

*Graphic Design/Illustrations/Signs*

**South Point Media**

Contact: Constance M. Tucker  
Madawaska Lake  
Stockholm ME 04783

County: AR

Phone: 896-3093

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Specialty Greetings**

Contact: Dorrie Roedner  
PO Box 296  
Saco ME 04072

County: YO

Phone: 284-6420

*Owner Dorrie Roedner creates framed original calligraphy and unique calligraphy-related gift items. Custom orders and personalized service are our specialty.*

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

**Sullivan Design**

Contact: Chris Sullivan  
56 Mattson Heights  
Gardiner ME 04345

County: KE

Phone: 582-7099 FAX: 582-7099

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

**Susan Garry Advertising Design/Graphic Design**

Contact: Susan Garry  
263 Brighton Ave  
Portland ME 04102

County: CU

Phone: 874-2203 FAX: 874-2203

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

**The Production Studio**

Contact: Nancy Sosman  
547A Congress St  
Portland ME 04101

County: CU

Phone: 773-3274

*Stats, mechanicals, design work. Fast turnaround, good prices. In business eight years. Member: Art Directors Club of Greater Portland.*

*Graphic Design/Illustrations/Signs*

**The Pussums Cat Co.**

Contact: Sheri Fowler

Box 51

W. Sumner Village ME 04292

County: OX

Phone: 388-2162

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

**Univoice Graphic Design**

Contact: Katie Murphy

36 Mountford Rd

N. Yarmouth ME 04096

County: CU

Phone: 846-4379

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Walnut Hill Graphics**

Contact: Sheila B. Johnson

47 Middle St

Portland ME 04101

County: CU

Phone: 773-4495 FAX: 774-5956

\*\*\*\*\*  
*Graphic Design/Illustrations/Signs*

WDBC member

**Windswept Designs, Inc.**

Contact: Karen Wales

PO Box 5082

Augusta ME 04332

County: KE

Phone: 582-5557 FAX: 582-5557

\*\*\*\*\*  
*Hair Styling*

WDBC member

**Classic Image**

Contact: Lise Theriault

13 Jack St

Winslow ME 04901

County: KE

Phone: 873-3295

*Classic Image - Because image is more than just a hairstyle.  
Esthetician - skin care; Image and color consultant; Make-up  
artist.*

*Hair Styling*

**Head Lines Beauty & Tanning Salon**

Contact: Marjorie Colby  
94 Western Ave  
Bath ME 04530

County: SA

Phone: 443-9415

\*\*\*\*\*

*Hair Styling*

**Hillside Hair**

Contact: Michelle Raleigh  
RR 1 Box 2780  
Brooks ME 04921

County: WL

Phone: 722-3234

\*\*\*\*\*

*Hair Styling*

WDBC member

**Madeline's Hair Replacement Center**

Contact: Madeline Beaudoin  
15 Buxton Rd  
Saco ME 04072

County: YO

Phone: 282-1321

\*\*\*\*\*

*Hair Styling*

**Modern Beauty Salon, Inc.**

Contact: Helen M. Hatfield  
48 Main St  
Houlton ME 04730

County: AR

Phone: 532-2001

\*\*\*\*\*

*Hair Styling*

**Shear Delight Hairstyles**

Contact: Lisa Norton  
692 Main St  
Presque Isle ME 04769

County: AR

Phone: 764-4494

*Hair Styling*

**Shear Designs Salon**

Contact: Alice Bagley  
236 High St  
Ellsworth ME 04605

County: HA

Phone: 667-6038

\*\*\*\*\*

*Hair Styling*

WDBC member

**Ultra Coiffures**

Contact: Linda Keithley & Maxine Martell  
Rt 1 Shoppers Village  
Kennebunk ME 04043

County: YO

Phone: 985-3877

\*\*\*\*\*

*Hardware/Building Supplies*

WDBC member

**Ceiling Tile Center**

Contact: Lori Dumont  
RR 5 Box 7010 Street: 10 Middle Rd  
Augusta ME 04330

County: KE

Phone: 622-5200 FAX: 623-8771

*Interior renovations, suspended acoustical ceilings, specialty  
acoustical treatments, acoustical wall panels, vinyl flooring,  
folding panel partitions.*

\*\*\*\*\*

*Hardware/Building Supplies*

**Tommy's**

Contact: Theda Shafran  
273 Congress St  
Portland ME 04101

County: CU

Phone: 772-5357

\*\*\*\*\*

*Health/Medical Services*

**Acupuncture Health Care, Inc.**

Contact: Ms. Jeremy Cole Ganberg  
278 State St  
Portland ME 04101

County: CU

Phone: 775-5020 FAX: 775-0808



**FULL EFFECT SKIN CARE**  
 700 Mt. Hope Avenue, Ste. 331  
 Bangor, Maine 04401  
 Tel. 207-941-8937

Wendy Valenzuela  
 Lic. Diagnostic Skin Care Specialist  
 Paramedical Aesthetician

Services: Complimentary Consultations

Pre and Post-surgical Camouflage and Counseling

Manual Post-surgical Lymphatic Drainage  
 offering faster post-op recovery  
 and improved health for patients

Adult and Adolescent Acne Treatment

Diagnostic skin care service  
 providing referrals to qualified  
 plastic surgeons and dermatologists

Therapeutic European facials - Make-overs

Theater, photography and television applications

Representing Holistic Skin Care Products  
 "the Affordable and Natural Way to Treat Your Skin"

Independent Distributor

RECLAIM YOUR LIFE  
 HEALTH AND HAPPINESS  
 WITH

**RELIV**

DIETARY SUPPLEMENT

**GERRY CONDON**  
 326-8740

RR1 BOX 78  
 BROOKSVILLE, ME 04617

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 ASSOCIATES**



**A Single Source To  
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Working throughout New England, Turbyne & Associates have successfully assisted hundreds of healthcare and industrial clients to respond quickly, affordably, and completely to all on-site Federal and State compliance issues.

We build around your existing accomplishments and develop self-managing staff. We don't substitute package plans for thoughtful analysis and personal attention!

- Comprehensive Initial Site Evaluation & Needs Assessment
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  - Infection Control - Bloodborne Pathogens
  - Biomedical Waste Management
  - Safety & Chemical Hygiene Plans
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- Board Certified Infection Control Coordinator
- CEU Certified
- Recommended by the Maine Department of Labor

Auburn, Maine 04212

207-786-4033

*Health/Medical Services*

WDBC member

**Aural Rehabilitation Services/ARS Hearing Aids**

Contact: Jean L. Toth, MA, CCC-A  
PO Box 1247 Street: 184 Academy Center  
Presque Isle ME 04769 County: AR

Phone: 764-8401

**AURAL REHABILITATION SERVICES**  
**ARS Hearing Aids**  
 Jean L. Toth, M.A., CCC-A  
 Audiologist

Hearing Evaluation • Hearing Aid Sales and Service  
 Industrial Audiometry

184 Academy Street Presque Isle 764-8401 Office hours by Appointment  
 Open Mon.-Fri. 9-12, 1-5

Located at 184 Academy Center, Presque Isle  
 Services also offered in Houlton and Fort kent

*Health/Medical Services*

**Back to Work Center**

Contact: Gaynor Miller  
5 Waborn St  
Augusta ME 04330

County: KE

Phone: 622-3677 FAX: 626-5764

**BACK TO WORK CENTER** Physical Therapists and Occupational Therapists

Specializing In:  
**ORTHOPEDIC - INDUSTRIAL - SPORTS REHABILITATION**

- Acute Pain Management
- Soft Tissue Injury Management
- Key Functional Capacity Assessments
- Fitness/Reconditioning
- TMJ
- Back Schools
- Work Hardening
- Job Site Evaluations

5 WABON STREET AUGUSTA 622-3677 PERSONALIZED CARE  
 (Across From Pat's Pizza, Behind Big Apple)

*Health/Medical Services*

**Beverly Prosser Gelwick, Ph.D., A.B.P.P.**

Contact: Beverly Prosser  
173 Park Row  
Brunswick ME 04011

County: CU

Phone: 725-8928

*Health/Medical Services*

**Body Wise Centre**

Contact: Ida Gammon Wilson  
398 Water St  
Hallowell ME 04347

County: KE

Phone: 622-4062

*Health/Medical Services*

**Bodyworks Massage Therapy**

Contact: Susan Porter  
73 Deering St  
Portland ME 04101

County: CU

Phone: 761-5889



*Health/Medical Services*

**Caring Hands/Reflexology & Massage**

Contact: Linda Best  
78 Hill St  
Orono ME 04473

County: PE

Phone: 866-3728

\*\*\*\*\*  
*Health/Medical Services*

**Carol Fienhage, MST**

Contact: Carol Fienhage  
395 S. Main St  
Brewer ME 04412

County: PE

Phone: 989-1964

*Bodywork and other soft tissue modalities including Craniosacral, Somato-Emotional Release, and Visceral Manipulation; Breath Therapy (Rebirthing); Inner Dialogues with Body, Unconscious, or Higher Self.*

\*\*\*\*\*  
*Health/Medical Services*

**Catherine Schwenk Massage Therapist**

Contact: Catherine Schwenk  
21 Pleasant Hill Rd  
Freeport ME 04032

County: CU

Phone: 865-0605

*Offering professional, therapeutic massage for clients seeking stress reduction, relaxation, improved circulation, and relief from muscle tension. Call for more information.*

\*\*\*\*\*  
*Health/Medical Services*

WDBC member

**Comprehensive Drug Testing Services of Maine**

Contact: Sara Hunt  
74 Winthrop St  
Augusta ME 04330

County: KE

Phone: 623-8439 FAX: 623-8439

\*\*\*\*\*  
*Health/Medical Services*

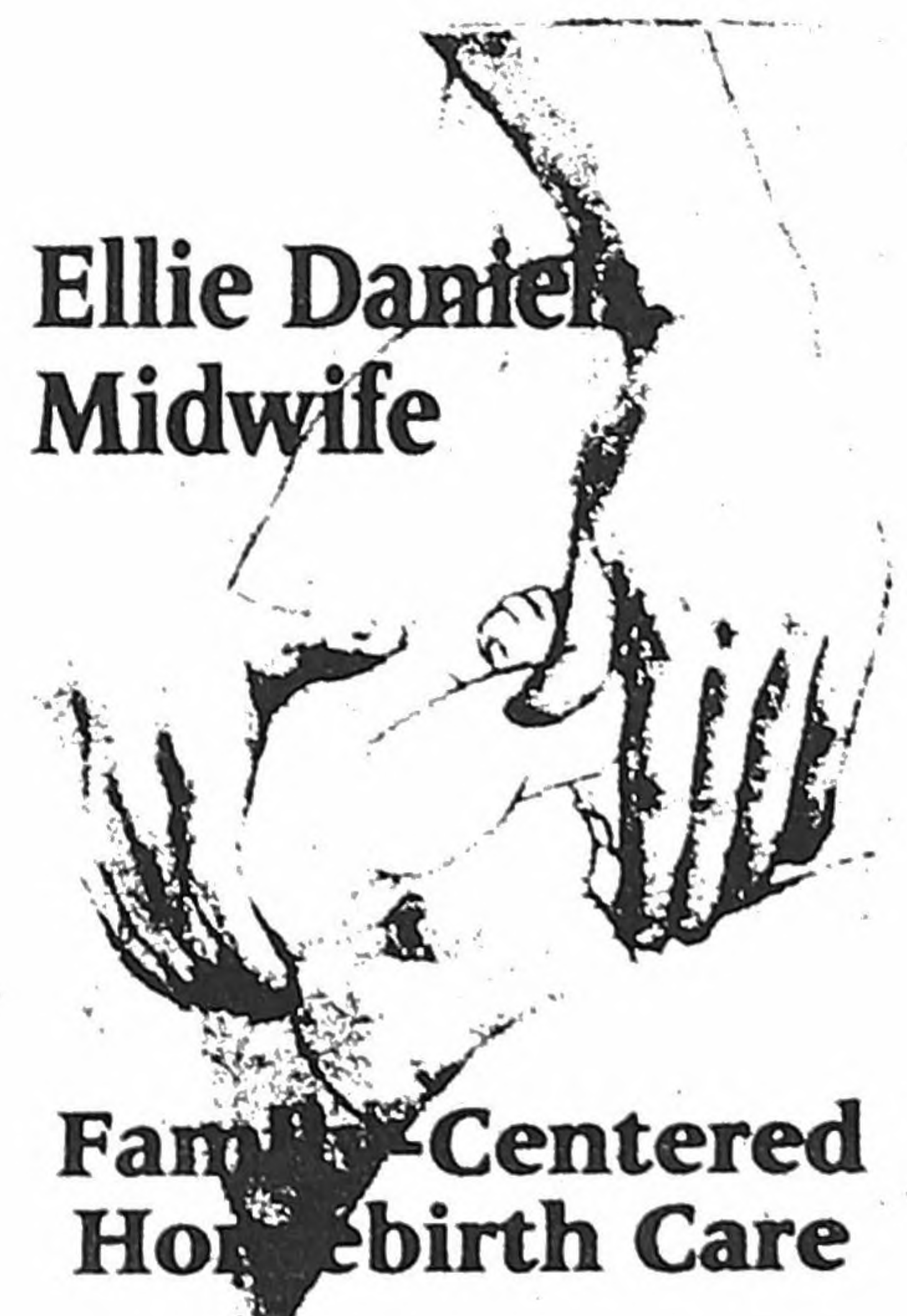
**Ellie Daniels, Midwife**

Contact: Ellie Daniels  
51 Cedar St  
Belfast ME 04915

County: WL

Phone: 338-6464

*Family-centered home birth care. Prenatal, delivery, and postpartum services. Well-woman screening. Natural family planning counseling. Cervical cap fitting and follow up.*



51 Cedar St.  
Belfast, Maine 04915

(207) 338-6464

*Health/Medical Services*

**Footloose, Inc.**

Contact: Janet E. Stetser, D.Sc.  
Box 112  
Alna ME 04535

County: LI

Phone: 586-6751

*Footloose is an alternative way of improving and taking control of your own health and happiness.*



*"Give Your Feet a Treat"*

**FOOTLOOSE, INC.**  
Janet E. Stetser, D. Sc.  
Box 112, Alna, Maine 04535  
(207) 586-6751

Certified:  
Reflexologist  
Colon Hydrotherapist  
Iridologist

Hypnotherapist  
Reiki II Healer  
Numerologist

*Health/Medical Services*

**Full Effect Skin Care**

Contact: Wendy Valenzuela  
700 Mt Hope Ave, Suite 331  
Bangor ME 04401

County: PE

Phone: 941-8937

*Health/Medical Services*

**Gentle Touch - Foot Reflexology**

Contact: Annette L. Wolfe, Certified Reflexologist  
PO Box 144  
Presque Isle ME 04769

County: AR

Phone: 764-5157

*Foot Reflexology is the application of pressure by the hands of the practitioner on specific points to stimulate lymphatic, circulatory, nervous systems of the body.*

*Be gentle  
to your soles*



**GENTLE TOUCH**

*Foot Reflexology*

**Annette Wolfe**  
Certified Reflexologist  
P.O. Box 144, Presque Isle

For an appointment: **764-5157**

*Health/Medical Services*

**Gentlehands - Therapeutic Massage**

Contact: Rose Casement & Howa Furrow  
760 Union St  
Bangor ME 04401

County: PE

Phone: 843-5888

*Health/Medical Services*

**Good For You! Wellness Center**

Contact: Virginia L. Hodgkins  
RR 1 Box 565 Street: Woodpile Ln  
Jefferson ME 04348

County: LI

Phone: 549-5275

*High-quality nutritional/environmental programs, individually designed to build health and wellness. Consultants associated with Shaklee Corp., world's largest health company.*

Health/Medical Services

WDBC member



**Gretchen Gehrke Fitness Consultant**

Contact: Gretchen Gehrke  
PO Box J  
Newport ME 04953

County: PE

*Gretchen Gehrke*  
FITNESS CONSULTANT

Phone: 368-5747

*Design your own personal fitness and nutritional program  
with medical supervision. Energize and enrich your life.  
Individual-group consultation available.*

368-5747  
P. O. BOX J NEWPORT, MAINE 04953

\*\*\*\*\*

Health/Medical Services

**Healthy Adaptations-Occupational Therapy Services**

Contact: Kathleen Cartwright OTR/L  
1391 Washington Rd  
Waldoboro ME 04572

County: LI

Phone: 832-5584

\*\*\*\*\*

Health/Medical Services

**Integral Therapies**

Contact: Ariel Wilcox, RN, Nurse-Therapist  
395 S. Main St  
Brewer ME 04412

County: PE

Phone: 989-1964

*Body work supporting the healing process including Craniosacral Therapy,  
Viscermd Manipulation, Myofascial and structural Release Techniques for  
pain, injury, physical dysfunction, stress reduction, and health maintenance.*

\*\*\*\*\*

Health/Medical Services

**Integral Therapies**

Contact: Ariel Wilcox, RN, Owner/Administrator  
395 S. Main St  
Brewer ME 04412

County: PE

Phone: 989-1964

*A multidisciplinary health center offering medical care with Miriam Devlin, MD.  
Physical Therapy; Manual Therapy; Massage and Bodywork; Nutrition  
Counseling; Acupuncture; and Exercise Therapy.*

\*\*\*\*\*

Health/Medical Services

**Linda Heller, L.C.S.W.**

Contact: Linda Heller  
9 Everett St  
Brunswick ME 04011

County: CU

Phone: 729-7710

*Licensed clinical social worker. Personal, family, and relationship  
counseling for adults and adolescents. Insurance reimbursable.*

*Health/Medical Services*

**Linden Ridge Family Health**

Contact: Jill Breen, Midwife

PO Box 1

St. Albans ME 04971

County: SO

Phone: 938-2094

*Complete homebirth care serving Bangor area and Central ME for 14 years. New: Cervical cap fittings, childbirth preparation classes, therapeutic and infant massage, alternative healthcare.*

\*\*\*\*\*  
*Health/Medical Services*

**Mabel Wadsworth Women's Health Center**

Contact: Ruth Lockhart

PO Box 20 Street: 334A Harlow St

Bangor ME 04402

County: PE

Phone: 947-5337

\*\*\*\*\*  
*Health/Medical Services*

WDBC member

**Madeline's Hair Replacement Center**

Contact: Madeline Beaudoin

15 Buxton Rd

Saco ME 04072

County: YO

Phone: 282-1321

\*\*\*\*\*  
*Health/Medical Services*

WDBC member

**Massabesic Health Resources, P.A.**

Contact: Simone L. Palmer, P.T.

PO Box 456 Street: Rt 202

Waterboro ME 04087

County: YO

Phone: 247-3216 FAX: 247-3217

*also Laura H. Beauchesne M.S., P.T.*

**Physical Therapy**



**Massabesic Health Resources, P.A.**

- ◆ Orthopedics/Sport
- ◆ Industrial Health
- ◆ OB-Gyn
- ◆ Neurological
- ◆ Aquatic Rehabilitation

8 am - 7 pm, M - F, By Appt.  
Simone L. Palmer, P.T.  
Laura H. Beauchesne, M.S., P.T.

**247-3216**  
Route 202, Waterboro

\*\*\*\*\*  
*Health/Medical Services*

**Massage Therapist**

Contact: Theresa Hart

208 Old County Rd

Hampden ME 04444

County: PE

Phone: 945-3856

*Hands on bodywork to help relieve muscular tension or trauma that may cause chronic pain. Relieves stress and tension. Nine years experience as bodyworker.*

**THERESA HART**

LICENSED  
**MASSAGE THERAPIST**

CRANIOSACRAL THERAPY  
MUSCLE ENERGY

**945-3856**

142 208 OLD COUNTY RD. HAMPDEN, ME. 04444

**You  
gotta  
check  
it out!**  
**Planned  
Parenthood**

- ▶ women serving women
- ▶ Medicaid welcome
- ▶ open evenings
- ▶ confidential
- ▶ affordable

Count on our experienced staff for quality reproductive health care -- annual exams, birth control, pregnancy testing & options counseling, and more.

We respect and protect your most personal decisions.

Call for an appointment at the clinic nearest you

- Portland • Biddeford • Sanford • Brunswick
- 874-1095 282-6620 324-9385 725-8264

*Body Wise  
Therapeutic Massage  
Centre*

*Stress Reduction • Skin Care  
Relief of Muscular Pain  
Vitamins • Herbs • Steam Cabinet*



*Connecting Body, Mind & Spirit  
through Nurturing Touch*



*Ida Gammon Wilson  
Massage Therapist*

*Maine Reg. MT00000006*

*By Appointment 622-4062*

*Hallowell*

*Mention this ad to save \$5.00 off 1st & 2nd Massage*

# Madeline's

HAIR REPLACEMENT CENTER

Specializing in Fitting and Styling Hair Replacement for Chemotherapy Clients, Alopecia Clients and those suffering from Male and Female Pattern Baldness.

Hair replacement because of health reasons requires skill, Madeline's will fit you as close to your preferred style as possible giving you

confidence in your appearance, an important step in recovery. All fittings in a private atmosphere.

- Providing new and totally improved services and techniques.
- Totally customize new hair prosthesis in 21 days.

RECOMMENDED BY DERMATOLOGISTS, PLASTIC SURGEONS, ONCOLOGISTS, AND RADIOLOGISTS.  
MEMBER OF THE AMERICAN HAIR LOSS COUNCIL

Restyling is always available at Madeline's

- Ask about Health Insurance Coverage for Hair Replacement  
15 Buxton Road, Saco, ME

Call... **282-1321**

VISA • MASTERCARD

*Health/Medical Services*

**Massage Therapy**

Contact: Ellen Lindsey  
66 Reservoir Rd  
S. Paris ME 04281

County: OX

Phone: 743-2001

\*\*\*\*\*  
*Health/Medical Services*

**Massage Therapy - Somatic Integration**

Contact: Arifa Boehler  
PO Box 615  
Newcastle ME 04553

County: LI

Phone: 563-5583

*Somatic integration-training in awareness of habitual holding patterns, sources of bodily discomforts and disease. Consciousness of constriction brings possibility of release. Ease can follow.*

\*\*\*\*\*  
*Health/Medical Services*

WDBC member

**Medical Claims Processing**

Contact: Gayle Magill  
PO Box 636  
Brewer ME 04412

County: PE

Phone: 843-7020

\*\*\*\*\*  
*Health/Medical Services*

**Meredith H. Jordan, R.N., M.A.**

Contact: Meredith H. Jordan  
4C Blue Wave Professional Center  
Kennebunk ME 04043

County: YO

Phone: 985-6286

\*\*\*\*\*  
*Health/Medical Services*

**Mid-Coast Midwifery Services**

Contact: Sally Barnes Morrison  
701 Bremen Rd  
Waldoboro ME 04572

County: LI

Phone: 832-6855

*Mid-Coast Midwifery Services specializes in homebirth which includes complete prenatal care and on-going post-partum care. Services also include childbirth education, counseling, and health care alternatives.*

*certified  
childbirth  
educator*

*midwife*



*labor  
support*

*Sally Morrison*

*701 Bremen Road  
Waldoboro, ME 04572  
207-832-6855*

*Health/Medical Services*

**New England Home Health Care**

Contact: Linda Kaine  
412 State St  
Bangor ME 04401

County: PE

Phone: 945-3374

\*\*\*\*\*  
*Health/Medical Services*

**Northern Pines Conference Center**

Contact: Marlee Turner  
559 Rt 85  
Raymond ME 04071

County: CU

Phone: 655-7624 FAX: 655-3321

\*\*\*\*\*  
*Health/Medical Services*

**Nutrition Services**

Contact: Alola G. Morrison, R.D., L.D.  
PO Box 2186  
Bangor ME 04402-2186

County: PE

Phone: 825-3735

**Nutrition Services**

Mrs. Alola G. Morrison, R.D., L.D.  
*Consulting Dietitian*

P.O. Box 2186 Bangor, Maine 04401 (207) 825-3735

Interests:

- Nursing Homes
- Professional Lectures
- Institutions
- Therapeutic Diets

\*\*\*\*\*  
*Health/Medical Services*

**Oral & Maxillofacial Surgery**

Contact: Dr. Cynthia A. Battel  
331 Maine St-Parkview Professional Bldg  
Brunswick ME 04011

County: CU

Phone: 729-0933

\*\*\*\*\*  
*Health/Medical Services*

**Orthotic-Prosthetic Design, Inc.**

Contact: Molly Pitcher, CPO  
PO Box 1870 Street: 1000 State St  
Bangor ME 04401

County: PE

Phone: 947-3607

*Health/Medical Services*

**Pam Dyer Stewart, Midwife**

Contact: Pam Dyer Stewart

RR 1 Box 93

Harrington ME 04643

County: WS

Phone: 483-6133

*Midwife offering prenatal care, homebirth services and postpartum care, pap smears and cervical cap fittings, childbirth educator.*

\*\*\*\*\*  
*Health/Medical Services*

**Shiatsu Massage**

Contact: Nityamo

RR 1 Box 348 Street: Mountain Rd

Brunswick ME 04011

County: CU

Phone: 721-0163

\*\*\*\*\*  
*Health/Medical Services*

**The Excellence Factor**

Contact: Gerry Condon

RR 1 Box 78

Brooksville ME 04617

County: HA

Phone: 326-8740

*100% nutritional balance enabling you to achieve your maximum effort, 100% money back guarantee. A wonderful weight loss program, too. A multi-level marketing opportunity.*

\*\*\*\*\*  
*Health/Medical Services*

**Treat Your Feet**

Contact: Myra S. Achorn, Foot Reflexology

93 Gage St

Augusta ME 04330

County: KE

Phone: 623-4552, 626-FEET

*Reflexology stimulates circulatory, lymphatic and all nervous systems. It clears congestion via circulatory system breaking down calcification between nerve pathways. Promotes relaxation via touch.*

\*\*\*\*\*  
*Health/Medical Services*

**Turbyne & Associates**

Contact: Cathy Turbyne & Kay Pinkham

PO Box 738

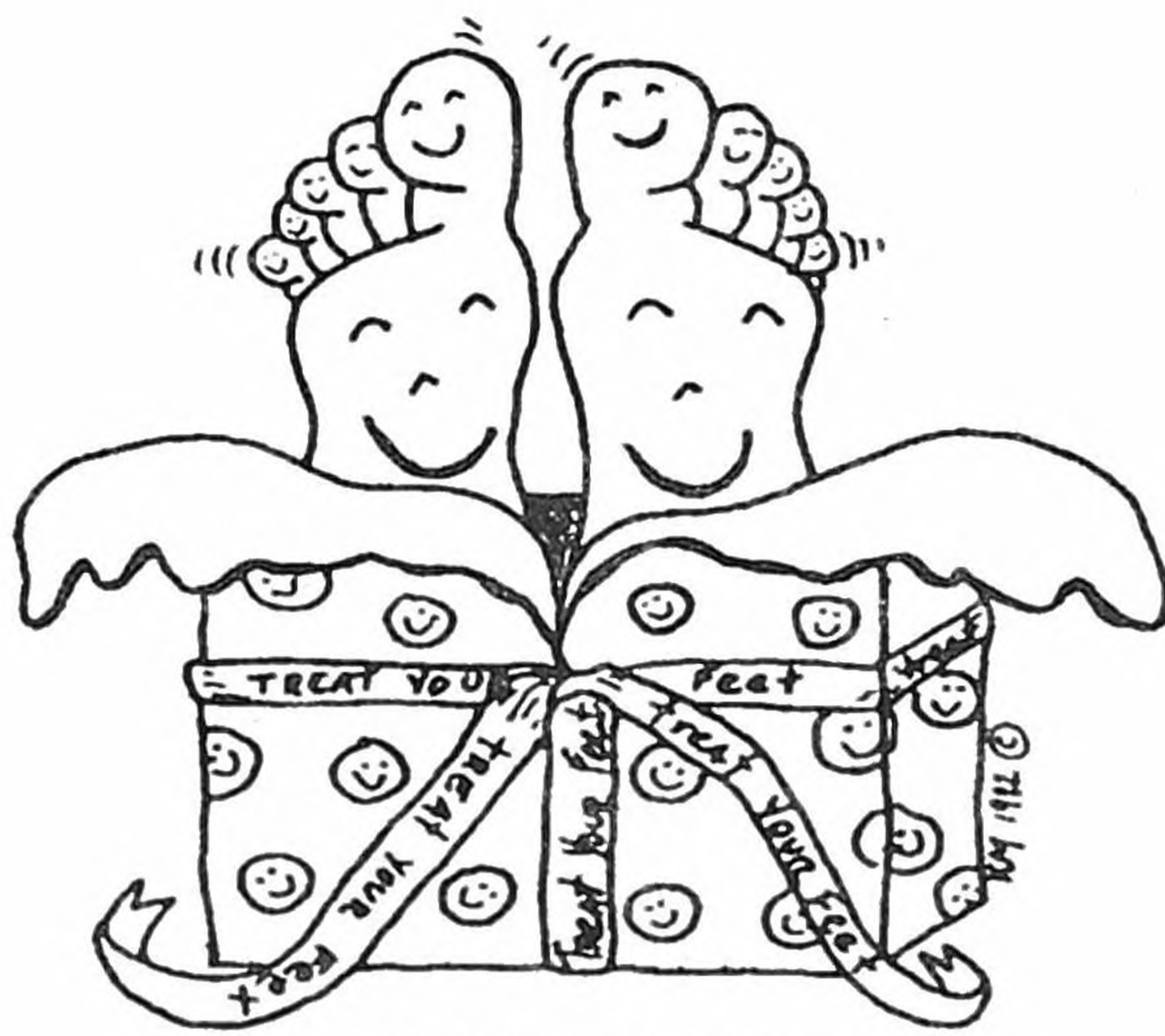
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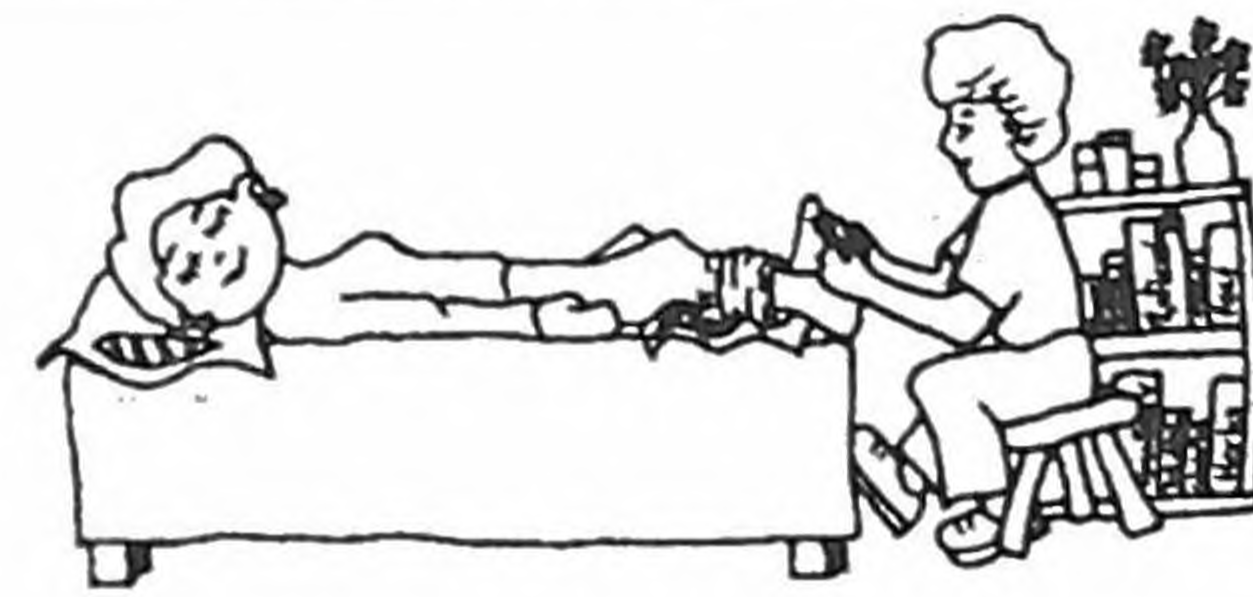
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Designed by K. McCormack  
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Winthrop, ME 377-9371

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County: KE

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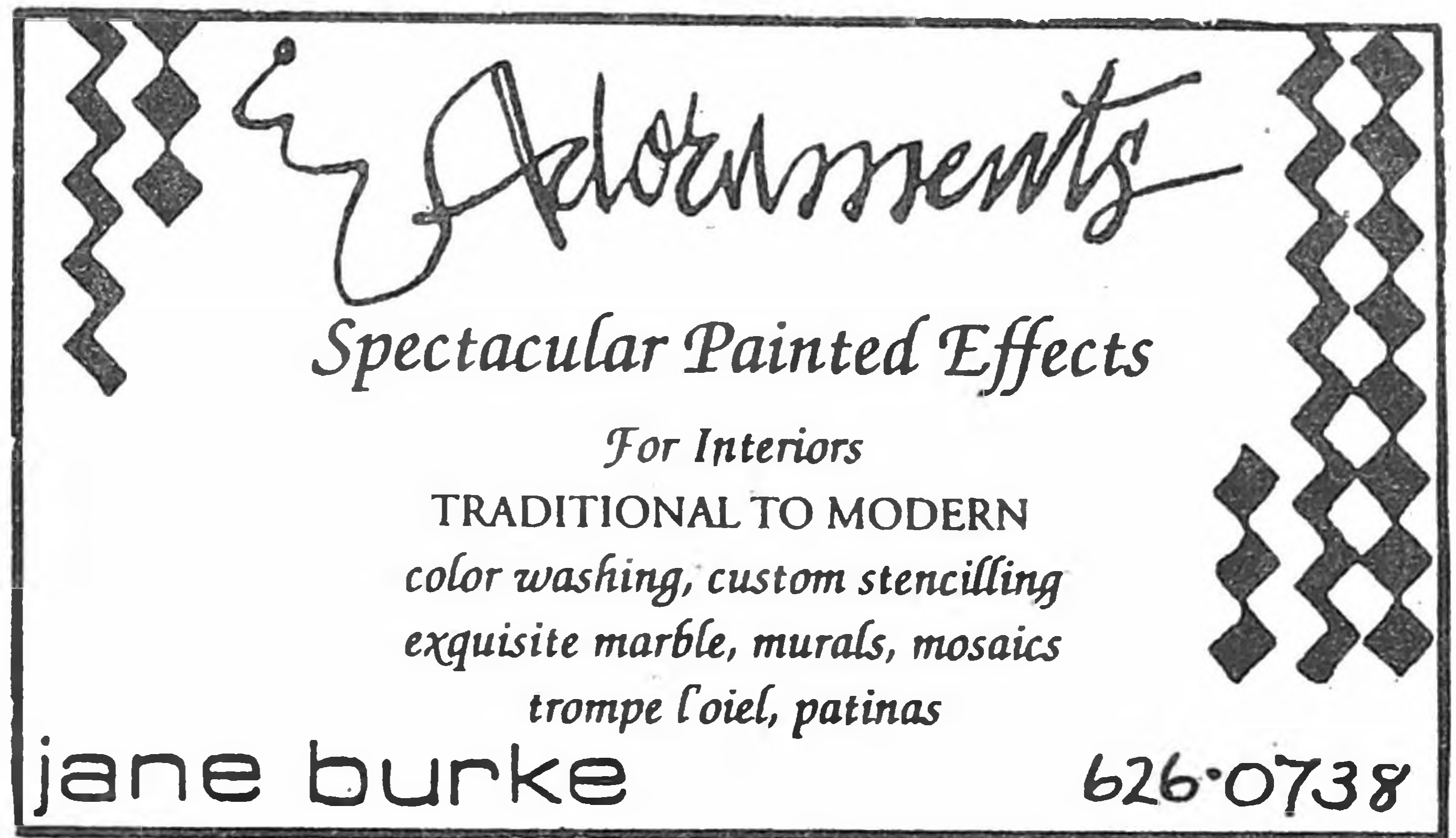
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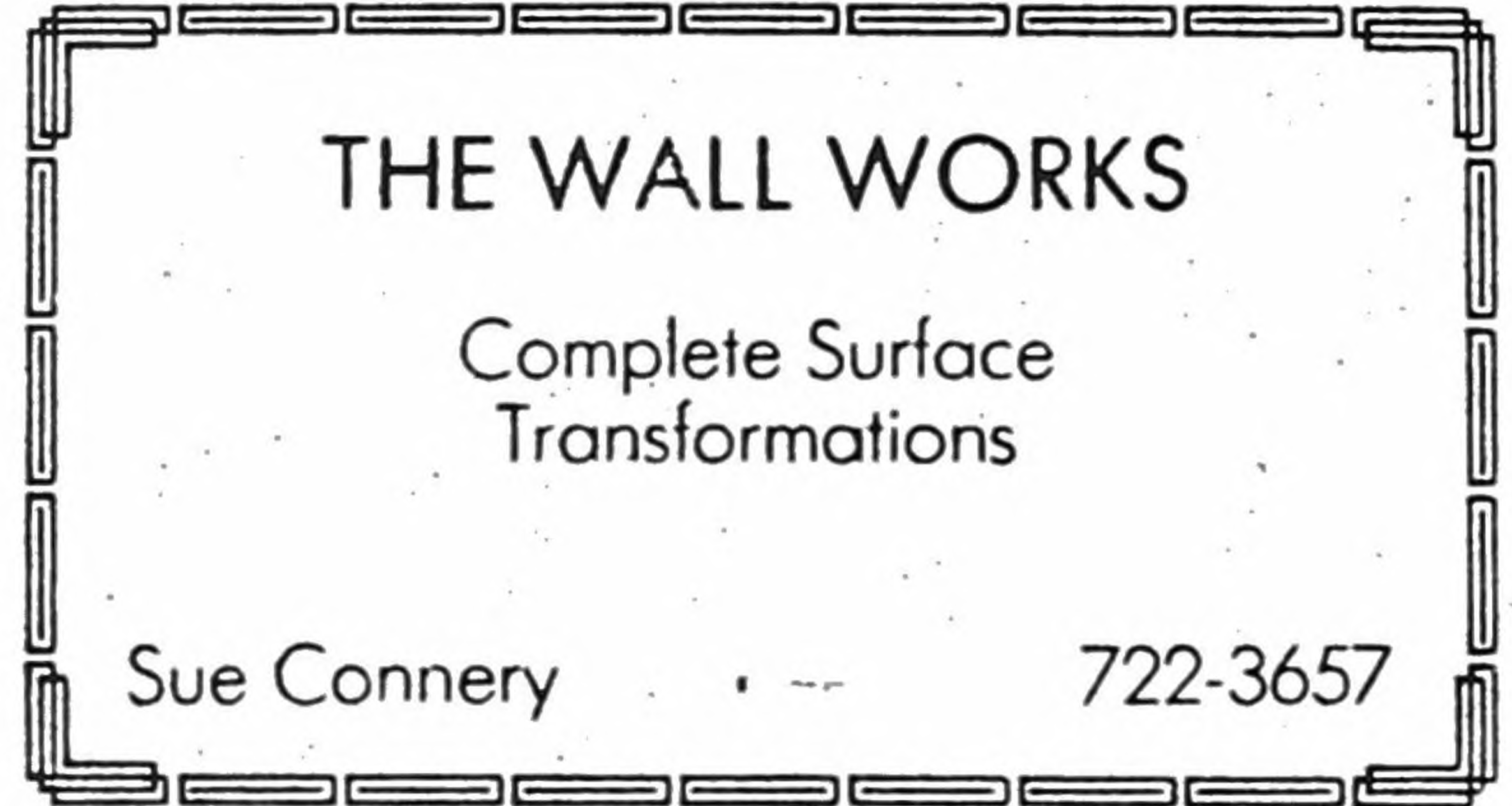
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County: KE

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County: HA

Phone: 326-4334

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County: OX

Phone: 824-2821

*Manufacturing*

WDBC member

**Bradbury Barrel Company**

Contact: Adelle F. Bradbury  
PO Box A Street: 100 Main St  
Bridgewater ME 04735

County: AR

Phone: 429-8141 FAX: 429-8188

*Manufactures store equipment. White northern cedar, tongue and groove construction, barrels, tubs, barrelcraft displays, custom point of purchase merchandisers. Brand Name: The Idea Barrel.*

*Manufacturing*

**Campbell & Co.**

Contact: B.J. Campbell  
98 Mountain View Rd  
Gray ME 04039

County: CU

Phone: 428-3574

\*\*\*\*\*  
*Manufacturing*

**Casco Paper Box Co.**

Contact: Laures T. Perkins  
343 Cumberland Ave  
Portland ME 04101

County: CU

Phone: 773-1804 FAX: 772-1356

\*\*\*\*\*  
*Manufacturing*

**Chapman Corp.**

Contact: Joy Bishop  
PO Box 10700 Street:125 Presumpscot St  
Portland ME 04104

County: CU

Phone: 773-4726, 773-4231 FAX: 775-1369

\*\*\*\*\*  
*Manufacturing*

WDBC member

**Cove Knitters**

Contact: Mary Brown  
RR 2 Box 146  
Lincolville ME 04849

County: WL

Phone: 338-3419 FAX: 338-4992

\*\*\*\*\*  
*Manufacturing*

WDBC member

**Coveside Conservation Products, Inc**

Contact: Judy Ewing  
HC 33 Box 462  
Georgetown ME 04548

County: SA

Phone: 371-2807 FAX: 371-2132

*Manufacturing*

**Dix Holliday**  
Contact: Dix Holliday  
3 Old Sloop Ln  
Bath ME 04530

County: SA

Phone: 442-8356

*Custom handpainted ceramic tile fired and glazed for installation in bathroom, kitchens, and fireplaces.*

\*\*\*\*\*

*Manufacturing*

WDBC member

**Grandy Oats**  
Contact: Penny Hoagland & Sarah Carpenter  
RR 2 Box 2166H  
Farmington ME 04938

County: FR

Phone: 778-4973, 778-6919

*Grandy Oats is a manufacturer of top quality breakfast cereals and cookies. We provide a positive, stimulating work environment with open communication, respect, and flexibility.*

\*\*\*\*\*

*Manufacturing*

**Harbor Candy Shop Inc. & Crumpets'**  
Contact: Eugenie S. Foss  
PO Box 498  
Ogunquit ME 03907

County: YO

Phone: 646-8078

\*\*\*\*\*

*Manufacturing*

**Hats & Totes**  
Contact: Alice Hatch  
PO Box 6  
Milo ME 04463

County: PS

Phone: 943-5091

\*\*\*\*\*

*Manufacturing*

WDBC member

**J.W. Raye & Co.**  
Contact: Nancy Raye  
PO Box 2  
Eastport ME 04631

County: WS

Phone: 853-4451 FAX: 853-4451

*Mustard Grinders since 1903. Produce 100% stone ground mustards by grinding choice whole seeds and spices in a turn-of-the century stone mill.*

*Manufacturing*

WDBC member

**Maine Baby Co.**  
Contact: Soone Hitt  
RR 1 Box 910  
Morrill ME 04952

County: WL

Phone: 342-5055

\*\*\*\*\*  
*Manufacturing*

WDBC member

**Maine Balsam Fir Products**  
Contact: Wendy J. Newmeyer  
PO Box 9 Street: 16 Morse Hill Rd  
W. Paris ME 04289

County: OX

Phone: 674-2094, 800-675-2094 (ME), 800-522-5736

*We hand craft the finest balsam pillows and herbal sachets,  
featuring over 50 original wildlife designs. Our products are sold  
nationwide at over 2000 locations. Business established in 1983.*

\*\*\*\*\*  
*Manufacturing*

**Maine Mountain Mixes**  
Contact: Wanda Carlisle  
RR 3 Box 3634  
Farmington ME 04938

County: FR

Phone: 684-4991

\*\*\*\*\*  
*Manufacturing*

WDBC member

**New York Clay Company-Tile Works**  
Contact: Nancy Matzell  
74A Main St  
Belfast ME 04915

County: WL

Phone: 338-4728

*Handmade, hand painted ceramic tile for walls, floors,  
fireplaces, and countertops. Custom design is our specialty.*

\*\*\*\*\*  
*Manufacturing*

WDBC member

**Oliver Sudden**  
Contact: Susan Letts  
PO Box 360  
Seal Harbor ME 04675

County: HA

Phone: 276-3301 FAX: 276-3630

*Manufacturing*

**See Product Packaging Company**

Contact: Linda Haffley  
RR 1 Box 1123  
Sebago Lake ME 04075

County: CU

Phone: 642-5100, 800-564-2017 FAX: 642-2333

*Bags-clear poly, ziplock, cellophane, produce, trashliner, compactor,  
custom printed merchandise, auto litter, stock plant protection film,  
disposable gloves, tags, labels, packaging supplies and more.*



RR 1 Box 1123  
Sebago Lake, ME 04075

207-642-5100  
In Maine 1-800-564-2017

\*\*\*\*\*

*Manufacturing*

WDBC member

**The Baby Bag Company**

Contact: Elizabeth Andrews  
PO Box 566  
Cumberland Center ME 04021

County: CU

Phone: 829-5037 FAX: 829-5946

\*\*\*\*\*

*Marketing/Advertising*

WDBC member

**Bayon Marketing Design**

Contact: Cecile Bayon  
PO Box 214  
Kennebunk ME 04043

County: YO

Phone: 967-5505 FAX: available

*Single design projects or complete graphics programs, aimed  
at positioning your business, targeting your best markets,  
and developing the most effective marketing tools for you.*

\*\*\*\*\*

*Marketing/Advertising*

WDBC member

**Berard Communications**

Contact: Suzanne J. Berard  
RR 1 Box 132  
Litchfield ME 04350

County: KE

Phone: 268-4196 FAX: 268-4196

*Brochures/Flyers, Newsletters, Writing/Editing, Displays,  
Public Relations/Advertising, Meeting/Event Planning,  
Audio-Visual Presentations, and Direct Marketing.*

\*\*\*\*\*

*Marketing/Advertising*

WDBC member

**Coastal Publishing, Co dba Coastal Journal**

Contact: Mary Denzer & Sarah Stacy  
PO Box 575 Street: 361 High St  
Bath ME 04530

County: SA

Phone: 443-6151 FAX: 443-5605

*Marketing/Advertising*

**Davidson-Peterson Associates, Inc.**

Contact: Karen Ida Peterson  
PO Box 350 Street: 18 Brickyard Ct  
York ME 03909 County: YO

Phone: 363-7347 FAX: 363-7347

\*\*\*\*\*  
*Marketing/Advertising*

WDBC member

**EVENT Bridal Magazine, Inc.**

Contact: Helen McLoy  
PO Box 82 DTS  
Portland ME 04112 County: CU

Phone: 772-6320

\*\*\*\*\*  
*Marketing/Advertising*

**ATTENTION ART DIRECTORS & DESIGNERS  
YOUR SEARCH FOR JUST THE RIGHT IMAGE  
IS OVER!**

**Fox Hollow Enterprises**

Contact: Rosalind Morgan & Susan Young  
RR 2 Box 135  
Houlton ME 04730-9607 County: AR

Phone: 532-7286

We have thousands of photos on file. From  
agriculture to concept shots. . . coastal to product  
photos. . . If it's not on file, we'll shoot it for you.

*Stock and assignment photography for advertising; decor,  
display and editorial usage; layout, design and production of  
promotional materials. Custom greeting cards for business.*

*Fox*

*Hollow*

*Enterprises*



*(207) 532-7286*

\*\*\*\*\*  
*Marketing/Advertising*

**Garrand & Co., Inc**

Contact: Brenda Garrand  
PO Box 3705 Street: 2 Great Falls Plaza  
Auburn ME 04212 County: AN

Phone: 795-6278 FAX: 795-6414

\*\*\*\*\*  
*Marketing/Advertising*

**Generated Image**

Contact: Susan Martin  
164 Middle St  
Portland ME 04101 County: CU

Phone: 774-4455 FAX: 773-1469

*Marketing/Advertising*

**Gray Marketing**

Contact: Wende Gray  
PO Box 3  
Bethel ME 04217

County: OX

Phone: 824-3694 FAX: 824-3694

\*\*\*\*\*  
*Marketing/Advertising*

**Imagewright**

Contact: Annie Higbee  
PO Box 914  
Rockport ME 04856

County: KN

Phone: 236-2615 FAX: 236-2314

\*\*\*\*\*  
*Marketing/Advertising*

WDBC member

**Imprint**

Contact: Linda Packard  
RR 1 Box 2550  
Sedgwick ME 04676

County: HA

Phone: 359-2225 FAX: 359-2225

*Advertising and graphic design services. Providing graphic design for advertising, sales and identity materials, and packaging. Advertising strategies including concept development, copy writing, media planning/buying.*

\*\*\*\*\*  
*Marketing/Advertising*

**Independent Marketing Associates**

Contact: Reva B. Rolnick  
295 Forest Ave, Box 212  
Portland ME 04101

County: CU

Phone: 871-0022

*Full service promotional resource: Commercial/screen printing, design, marketing, public relations, promotional products, event planning. Quantity discount, rush service, over 3,000 suppliers.*



**REVA ROLNICK**  
PRESIDENT

- MARKETING
- INCENTIVE PROGRAMS
- PROMOTIONAL PRODUCTS
- PUBLIC RELATIONS

**(207) 871-0022**

\_\_\_\_\_  
P.O. BOX 9715-212  
PORTLAND, MAINE 04104

\*\*\*\*\*  
*Marketing/Advertising*

WDBC member

**J.B. Graphics**

Contact: Jennifer Blake  
209 Main St, Apt 2  
Ellsworth ME 04605

County: HA

Phone: 667-4381



*Marketing/Advertising*

**J.M.H. Publishing/The Bride's Planner**

Contact: Joline Hachey  
1721 Riverside Dr  
Auburn ME 04210

County: AN

Phone: 784-4828

\*\*\*\*\*  
*Marketing/Advertising*

**Lucinda J. Hebert**

Contact: Lucinda J. Hebert  
10 Park St  
Caribou ME 04736

County: AR

Phone: 498-2760

*Specializing in research, development, and implementation of total marketing plans, creative concepts and copy, technical writing, and editing.*

\*\*\*\*\*  
*Marketing/Advertising*

WDBC member

**Magic Moon Designs**

Contact: Ellen Minnehan  
PO Box 1437, Dept W  
York Beach ME 03910

County: YO

Phone: 363-8471

*Capture the memories with custom placemats from your photos. Group rates available. Write for free brochure.*

\*\*\*\*\*  
*Marketing/Advertising*

WDBC member

**Marketing Communications**

Contact: Joyce McClure  
PO Box 113  
E. Vassalboro ME 04935

County: KE

Phone: 877-0115 FAX: 877-0115

*A full-service marketing communication agency offering expertise in all of public relations, advertising, sales promotion and business development.*

\*\*\*\*\*  
*Marketing/Advertising*

**Personal Touch Greeting Card Services**

Contact: Kimberly S. Donovan  
21 Floral St  
Bath ME 04530

County: SA

Phone: 442-7758

*Create lasting goodwill with your clients and employees by sending a greeting card. We do all the work for you. It makes all the difference.*

*Marketing/Advertising*

WDBC member

**Prism Communications, Inc.**

Contact: Gail Lombardi  
PO Box 887 Street: 111 Water St  
Skowhegan ME 04976 County: SO

Phone: 474-0606 FAX: 474-0303

*Publisher of the Somerset Gazette, a weekly community newspaper  
read in almost 18,000 homes. The very best advertising vehicle  
serving Somerset county. Interested? Call today.*

\*\*\*\*\*

*Marketing/Advertising*

WDBC member

**Searles Design Inc.**

Contact: Karen Searls  
121A Ash Point Dr  
Owls Head ME 04854 County: KN

Phone: 596-6008 FAX: 596-6008

\*\*\*\*\*

*Marketing/Advertising*

**South Point Media**

Contact: Constance M. Tucker  
Madawaska Lake  
Stockholm ME 04783 County: AR

Phone: 896-3093

\*\*\*\*\*

*Marketing/Advertising*

**Susan Garry Advertising Design/Graphic Design**

Contact: Susan Garry  
263 Brighton Ave  
Portland ME 04102 County: CU

Phone: 874-2203 FAX: 874-2203

\*\*\*\*\*

*Marketing/Advertising*

**The Production Studio**

Contact: Nancy Sosman  
547A Congress St  
Portland ME 04101 County: CU

Phone: 773-3274

*Stats, mechanicals, design work. Fast turnaround, good prices. In  
business eight years. Member: Art Directors Club of Greater Portland.*

*Marketing/Advertising*

**TMT Marketing**

Contact: Teresa McCann-Tumidajski  
3 Sweet Fern Rd  
Cape Elizabeth ME 04107

County: CU

Phone: 767-3691

\*\*\*\*\*  
*Marketing/Advertising*

**Trudy McNulty Associates**

Contact: Trudy McNulty  
79 Blackstrap Rd  
Falmouth ME 04105

County: CU

Phone: 797-4173 FAX: 797-4173

*Marketing problems? Cost-controlled, creative solutions for business and non-profits. Entrepreneurism and profitable strategies. Raise your profile--target your markets--increase your impact. Free consultation.*

\*\*\*\*\*  
*Marketing/Advertising*

**Vickers Et Al.**

Contact: Betsy Vickers  
10 Hillside St  
Yarmouth ME 04096

County: CU

Phone: 846-3599 FAX: 846-6310

\*\*\*\*\*  
*Marketing/Advertising*

**Winter People**

Contact: Carol A. Bouton  
PO Box 45A Street: 326 Main St  
Cumberland ME 04021

County: CU

Phone: 829-3745 FAX: 829-3572

\*\*\*\*\*  
*Metalwork*

**Aunt Eliza's Metalworks**

Contact: Eliza M. Allison  
RR 1 Box 1020 Street: Gardiner Road  
Wiscasset ME 04578

County: LI

Phone: 882-7131

*Aunt Eliza's Metalworks specializes in antique and folk art reproduction and restoration, working in iron, tin, copper, brass, and some wood. Quality work. Personal service.*

AUNT ELIZA'S  METALWORKS

REPRODUCTION & RESTORATION METALWORK  
LIGHT WELDING REPAIRS  
CUSTOM FABRICATION

GARDINER ROAD  
RR #1, BOX 1020  
WISCASSET, MAINE 04578

ELIZA ALLISON  
PROPRIETOR  
882-7131

*Metalwork*

WDBC member

**P F W, Inc dba Peck's Fabrication & Welding**

Contact: Alice J. Peck  
RR 2 Box 530  
Newport ME 04953

County: PE

Phone: 368-4344 FAX: 386-5552

*Metal fabrication and metal repairs, handrails, stairs. Repair over the road tankers, small crane service, and sell miscellaneous metals.*

\*\*\*\*\*  
*Office Supplies/Equipment*

WDBC member

**Belfast Office Supply & Service**

Contact: Madeline Tomlin  
101 High St  
Belfast ME 04915

County: WL

Phone: 338-2424

*We offer a full line of office supplies and furniture, personalized check writing systems and forms. We ship statewide.*

\*\*\*\*\*  
*Office Supplies/Equipment*

WDBC member

**Berry's Stationers**

Contact: Martha M. Beals  
74 Main St  
Waterville ME 04901

County: KE

Phone: 873-5111 FAX: 872-2713

\*\*\*\*\*  
*Office Supplies/Equipment*

**Hinds' Hill Copy Center Plus**

Contact: Kathryn Clark  
101 Main St  
Winthrop ME 04364

County: KE

Phone: 377-8950 FAX: 377-8412

\*\*\*\*\*  
*Office Supplies/Equipment*

WDBC member

**JKS Copyprinters**

Contact: Jean K. Stickney  
10 Beaver St  
Belfast ME 04915

County: WL

Phone: 338-2913 FAX: 338-2913

Jean K. Stickney

338-2913

**JKS Copyprinters**

*Post Office Square  
FULL SERVICE PRINTERS  
Photo Copies • Rubber Stamps • Business Cards  
Magnetic Signs • FAX SERVICE • Notary  
And Much More  
Speed & Quality*

10 Beaver Street

Belfast, ME 04915

*Office Supplies/Equipment*

**Port O'Call Stationery**

Contact: S. Margaret Pierce  
7 Townsend Ave  
Boothbay Harbor ME 04538

County: LI

Phone: 633-2785

\*\*\*\*\*  
*Office Supplies/Equipment*

**The Copy Cat**

Contact: Pam Meserve  
RR 1 Box 077 Street: Bus. Rt. 1N  
Damariscotta ME 04543

County: LI

Phone: 563-5093

*Full service printing (business cards to brochures & more). Invitations, announcements, custom greeting cards & typesetting services. Color laser copying, custom placemats & T-shirts. Printers of this book!*

\*\*\*\*\*  
*Other: Art Exhibit, Posters & Slides*

**The Badvertising Institute**

Contact: Bonnie Vierthaler  
195 Congress St  
Portland ME 04101

County: CU

Phone: 773-3275

\*\*\*\*\*  
*Other: Auction Services*

**Harnden Auction Services Inc.**

Contact: Sylvia A. Adams  
1065 Broadway  
S. Portland ME 04106

County: CU

Phone: 799-1501 FAX: 799-9019

*Specializing in auctions of residential, multi-units, land and commercial properties.*

**HARN DEN AUCTION SERVICES, INC.**

SYLVIA A. ADAMS  
President



1065 Broadway  
South Portland, ME 04106  
(207) 799-1501 FAX 799-9019

\*\*\*\*\*  
*Other: Camp Consulting*

**M. Joyce Medeiros, BS, C.H.E.**

Contact: M. Joyce Medeiros  
RR 1 Box 241  
Anson ME 04911

County: SO

Phone: 696-8246

*Other: Consignment*

**Page Two Resale Shop**  
Contact: V. Page Chalout  
2001A Hammond St  
Bangor ME 04401

County: PE

Phone: 848-2558

\*\*\*\*\*

*Other: Dancing Supplies*

WDBC member

**Footlights**  
Contact: Diane S. Berry  
149 Maine St/Tontine Mall  
Brunswick ME 04011

County: CU

Phone: 721-9311

\*\*\*\*\*

*Other: Elderly Services*

**Neighbor's Ink**  
Contact: Judith Warren  
PO Box 728  
Brunswick ME 04011

County: CU

Phone: 725-9444

\*\*\*\*\*

*Other: Electrical*

WDBC member

**North Atlantic Marine, Inc.**  
Contact: Diana D. Artiaga  
65 W. Commercial St  
Portland ME 04101

County: CU

Phone: 775-7317 FAX: 775-7317

\*\*\*\*\*

*Other: Greeting Cards/Stationery*

WDBC member

**Phophecy Designs, Inc.**  
Contact: Kristina ML Nutting  
PO Box 84 Street: Rt 32  
Round Pond ME 04564

County: LI

Phone: 529-5318

*Nationally acclaimed line of braille embossed greeting cards  
and full color 1st edition fine art reproductions. Illustration  
commissions invited. Catalogue available. Mastercard/visa accepted.*

*Other: Homemaking services*

**New England Home Health Care**

Contact: Linda Kaine  
412 State St  
Bangor ME 04401

County: PE

Phone: 945-3374

\*\*\*\*\*

*Other: Municipal Valuation Services*

WDBC member

**Hamlin Associates, Inc.**

Contact: Elizabeth A. Morin  
5 Winter St  
Dover-Foxcroft ME 04426

County: PS

Phone: 564-3300

\*\*\*\*\*

*Other: No Smoking Products*

**Puffoons**

Contact: Sharon Osborne  
PO Box 473  
Damariscotta ME 04543

County: LI

Phone: 563-5177, 529-5621

\*\*\*\*\*

*Other: Notecards*

**Impressions to Celebrate**

Contact: Wendy Kockenthal  
PO Box 31  
Brooks ME 04921

County: WL

Phone: 722-3387

\*\*\*\*\*

*Other: Orthotic-Prosthetic Facility*

**Orthotic-Prosthetic Design, Inc.**

Contact: Molly Pitcher, CPO  
PO Box 1870 Street: 1000 State St  
Bangor ME 04401

County: PE

Phone: 947-3607

*Other: Redemption Center*

**Bragdon's Redemption Center**

Contact: Juanita Bragdon

Box 220

Leeds ME 04263

County: AN

Phone: 524-3176

\*\*\*\*\*  
*Other: Speech/Language Pathologist*

**Sally B. Herr, Speech/Language Pathologist**

Contact: Sally B. Herr

PO Box 1984

Portland ME 04102

County: CU

Phone: 879-6007

\*\*\*\*\*  
*Other: Sporting Goods*

**Springdale Farm Tack Shop**

Contact: Margaret A. St. Pierre

356 Blackstrap Rd

Falmouth ME 04105

County: CU

Phone: 797-4857

\*\*\*\*\*  
*Other: Static Elimination*

**Chapman Corp.**

Contact: Joy Bishop

PO Box 10700 Street: 125 Presumpscot St

Portland ME 04104

County: CU

Phone: 773-4726, 773-4726 FAX: 775-1369

\*\*\*\*\*  
*Other: Store Equipment*

WDBC member

**Bradbury Barrel Company**

Contact: Adelle F. Bradbury

PO Box A Street: 100 Main St

Bridgewater ME 04735

County: AR

Phone: 429-8141 FAX: 429-8188

*Manufactures store equipment. White northern cedar, tongue and groove construction. Barrels, tubs, barrelcraft displays, custom point of purchase merchandisers. Brand name: The Idea Barrel.*



*Other: Taxidermy*

WDBC member

**Moosehead Taxidermy**

Contact: Jayne Adickes  
Rt 150 129 Athens Rd  
Harmony ME 04942

County: SO

Phone: 683-6771

*Consistent winners of Blue Ribbons at State Taxidermy Competitions.  
Goal: making your mount one you'll be proud to display.  
Striving for excellence and achieving it!*

\*\*\*\*\*  
*Other: Transformational Energy*

**Polarity Therapy**

Contact: Barbara Joseph  
44 Main St, Room 205  
Waterville ME 04901

County: KE

Phone: 873-6289

\*\*\*\*\*  
*Other: Typography*

**B & W Typography, Inc.**

Contact: Mary York  
151 Newbury St  
Portland ME 04101

County: CU

Phone: 761-2815 FAX: 761-1618

*Typography shop working with graphic designers, ad agencies, and  
printers. Fine-tuning, proofreading, scanning, output to L300 and/or  
color proofreader, disk conversions, 1600+ fonts, overnight turnaround.*

\*\*\*\*\*  
*Other: Woodcarving*

**The Rangeley Woodcrafter**

Contact: Claudia Comstock  
PO Box 2  
Rangeley ME 04970

County: FR

Phone: 864-5002

\*\*\*\*\*  
*Pet Supplies & Services*

Equestrian Needs

Colleen LaVigne

**Blueberry Mare Hill**

Contact: Colleen LaVigne  
282 Fox Farm Hill Rd  
N. Berwick ME 03906

County: YO

Phone: 490-1752



**BLUEBERRY MARE HILL**

Consignments  
New • Used • Buy • Sell

(207) 490-1752

282 Fox Farm Hill Rd.  
No. Berwick, Maine  
03906

*Pet Supplies & Services*

**Esquaree's Dog Grooming**

Contact: Esquaree R. Payne  
PO Box 294 Street: 138 Main St  
Van Buren ME 04785

County: AR

Phone: 868-5626

\*\*\*\*\*

*Pet Supplies & Services*

**For Pets' Sake**

Contact: Martha Dares & Sarah McCann  
PO Box 538 Street: 6 Oak Hill Terr  
Scarborough ME 04070

County: CU

Phone: 885-0105

\*\*\*\*\*

*Pet Supplies & Services*

**Groom 'N' Board Kennels**

Contact: Jessi Macgregor  
1412 Essex St  
Bangor ME 04401

County: PE

Phone: 941-9825



1412 Essex Street  
Bangor, Maine 04401

*Groom 'N' Board offers the very best of pet grooming and boarding. Certified groomers and pet care technicians. Home of Maine's only licensed pet grooming school. Visits welcome.*

Kennel Operator  
Jessi Macgregor

Tel. 941-9825

\*\*\*\*\*

*Pet Supplies & Services*

WDBC member

**Home Farm Kennels**

Contact: Norma B. Milton  
PO Box 813 Street: Old Washburn Rd  
Caribou ME 04736

County: AR

Phone: 498-8803

\*\*\*\*\*

*Pet Supplies & Services*

WDBC member

**Invisible Fencing of Central Maine**

Contact: Elizabeth A. Rowe  
RR 3 Box 1470  
Gardiner ME 04345

County: KE

Phone: 724-3805, 800-675-3805

*Invisible fence systems keep your dog on your property by creating boundaries your pet can't jump over or dig under. Free estimates. Money back guarantee.*

LET US  
GIVE YOUR  
*F***ACE**  
A LIFT.

**B&W Typography  
& Service Bureau  
Mary York, Owner  
151 Newbury Street  
Portland, Maine 04101  
207-761-2815**

*Pet Supplies & Services*

**Lina's Pet Resort**

Contact: Lina A. Fontes  
RR 2 Box 150 Street: Hallowell Rd  
Litchfield ME 04350 County: KE

Phone: 268-4257

\*\*\*\*\*

*Pet Supplies & Services*

**Mrs. Bones' Decorative Pet Collars**

Contact: Janice Parkinson-Tucker  
121 Pilgrim Rd  
S. Portland ME 04106 County: CU

Phone: 767-1308

*Fashion Forward for your pets! A wide selection of colorful, attractive, high-quality trims available with MRS. BONES' unique collars and leashes. Retail and wholesale.*

\*\*\*\*\*

*Pet Supplies & Services*

WDBC member

**Pagerr Pet Services**

Contact: Ginny Kerr  
RR 1 Box 500  
Corinna ME 04928 County: PE

Phone: 379-2500 FAX: 379-2500

*Wholesale distributor supplying pet shops, feed stores, and kennels. Specializing in natural pet foods, supplements, and flea remedies. Also U.S. made collars, toys and rawhides.*

\*\*\*\*\*

*Pet Supplies & Services*

**Springdale Farm Tack Shop**

Contact: Margaret A. St. Pierre  
356 Blackstrap Rd  
Falmouth ME 04105 County: CU

Phone: 797-4857

\*\*\*\*\*

*Pet Supplies & Services*

WDBC member

**The Cat's Pajamas, Inc.**

Contact: Toni R. Miele  
PO Box 48  
Lincolntonville ME 04849 County: WL

Phone: 789-5139

# The Regional Activities Guide of Maine



**A Region by Region**

8 1/2 x 11 glossy

144 page Summer publication

**FREE** of charge to the public

4 color on covers and 16 page centerfold

- Maximum exposure for your business
- Interesting editorials • Long shelf life
- Maps • Photos
- Sensible, Affordable Advertising Rates

*For advertising in the Summer 1993 issue  
Contact Barbara Bay Rintz*

Regional Activities Guide of Maine  
P.O. Box 503, Crawford Pond  
Union, Maine 04862-0503

Telephone: 785-4812 or 1-800-660-2389

## MRS. BONES' DECORATIVE PET COLLARS



*Colorful handcrafted  
Dog and Cat collars  
for all occasions.*



**JANICE PARKINSON-TUCKER**

121 PILGRIM ROAD, SO. PORTLAND, ME 04106 (207) 767-1308

## *Don't Forget*

### *Support Other Women in Business*

*and*

### *Join WBDC!*

## THE CAT'S PAJAMAS, INC.



Bed and Breakfast for Cats™

***When you take a trip, shouldn't  
your cat take a vacation, too?***

SPECIALIZING IN SHORT & LONG TERM BOARDING

NUTRITION, EXERCISE & GROOMING

SUNBATHING, T.L.C. & BIRDWATCHING

## FOR CATS ONLY

*Two Locations:*

**South:**

Jane Simpson  
9 Harlow St.  
Scarborough, ME 04074  
883-9611

**North:**

Toni Miele  
P.O. Box 48  
Lincolnville, ME 04849  
789-5139

Franchise Opportunities Available

*Pet Supplies & Services*

**The Dog Lady-Professional Dog Care**

Contact: Linda C. Crowley  
68 Washington Ave  
Portland ME 04101

County: CU

Phone: 774-3627

\*\*\*\*\*  
*Pet Supplies & Services*

WDBC member

**The Lazy L Kennel**

Contact: Marie L. Gagnon  
846 Middle St  
Bath ME 04530

County: SA

Phone: 443-6413

*Offering individual obedience lessons; work with problem dogs; grooming and healthy, natural alternatives in food and petcare products. Pet portraits also available.*

\*\*\*\*\*  
*Photography*

**Cynthia-Allan Photographers**

Contact: Cynthia Kellis  
938 Forest Ave  
Portland ME 04103

County: CU

Phone: 773-7055

\*\*\*\*\*  
*Photography*

**Fox Hollow Enterprises**

Contact: Rosalind Morgan & Susan Young  
RR 2 Box 135  
Houlton ME 04730-9607

County: AR

Phone: 532-7286

*Stock and assignment photography for advertising; decor, display and editorial usage; layout, design and production of promotional materials. Custom greeting cards for business.*

\*\*\*\*\*  
*Photography*

WDBC member

**Good Sports Photos**

Contact: Deb Pluck  
RR 2 Box 5825  
Winslow ME 04901

County: KE

Phone: 873-4348

*Photography*

**Imagewright**

Contact: Annie Higbee  
PO Box 914  
Rockport ME 04856

County: KN

Phone: 236-2615 FAX: 236-2314

\*\*\*\*\*  
*Photography*

**Lucy Oatley, Writer/Photographer**

Contact: Lucy Oatley  
8 Hilltop Circle  
Yarmouth ME 04096

County: CU

Phone: 846-9557

\*\*\*\*\*  
*Photography*

WDBC member

**Lunt Studio**

Contact: Paula Jean Lunt  
223 Camden St  
Rockland ME 04841

County: KN

Phone: 594-0854

*Commercial Photography - Product advertising, trade show displays, public relations; Portrait Photography - Studio or on location, people, pets, places.*

\*\*\*\*\*  
*Photography*

**Marji Greenhut Photography**

Contact: Marji Greenhut  
Rt 123  
S. Harpswell ME 04079

County: CU

Phone: 833-6391

\*\*\*\*\*  
*Photography*

**North Wind Picture Archives**

Contact: Nancy Carter  
RR 1 Box 172 Street: Federal St  
Alfred ME 04002

County: YO

Phone: 490-1940 FAX: 490-3627

*Photography*

**Quixote Designs**

Contact: Peggy Dunn  
89 Neal St  
Portland ME 04102

County: CU

Phone: 773-3693

\*\*\*\*\*

*Photography*

**Wilda B. Hutcheon Studio-Gallery**

Contact: Wilda Hutcheon  
51 Prospect St  
Caribou ME 04736

County: AR

Phone: 498-2208

\*\*\*\*\*

*Plumbing/Heating*

**Lewis Design/Build**

Contact: Karen Lewis  
PO Box 30  
Yarmouth ME 04096

County: CU

Phone: 846-9659

\*\*\*\*\*

*Plumbing/Heating*

**Roto-Rooter**

Contact: Jacqueline Pike  
RR 1 Box 5401  
Sebago Lake ME 04075

County: CU

Phone: 642-5566

\*\*\*\*\*

*Printing/Publishing*

WDBC member

**Astarte Shell Press**

Contact: Deborah Leighton  
PO Box 10453  
Portland ME 04104

County: CU

Phone: 871-1817



*Printing/Publishing*

WDBC member

**Camden Type 'n Graphics**

Contact: Connie Leavitt

5 Free St

Camden ME 04843

County: KN

Phone: 236-9500 FAX: 236-6093

\*\*\*\*\*  
*Printing/Publishing*

**Carrabassett Printers**

Contact: Wendy J. Quance

PO Box 56 Street: Main St

N. Anson ME 04958

County: SO

Phone: 635-2332 FAX: 635-2332

\*\*\*\*\*  
*Printing/Publishing*

**Casco Paper Box Co.**

Contact: Laures T. Perkins

343 Cumberland Ave

Portland ME 04101

County: CU

Phone: 773-1804 FAX: 772-1356

\*\*\*\*\*  
*Printing/Publishing*

WDBC member

**Commentaries**

Contact: Deborah Firestone

104 Beacon St

Portland ME 04103

County: CU

Phone: 773-9679

\*\*\*\*\*  
*Printing/Publishing*

WDBC member

**Computer Graphics & Printing**

Contact: Nancy Beale

1339 Sabattus St

Lewiston ME 04240

County: AN

Phone: 784-1855 FAX: 784-4044

*Printing/Publishing*

**D & B Printing Services**

Contact: Diana Downs

47 South St

Dover-Foxcroft ME 04426

County: PS

Phone: 564-3040 FAX: 564-2980

\*\*\*\*\*  
*Printing/Publishing*

**Galley Group Publishing**

Contact: Carolyn F. Smith

RR 1 Box 1569 Street: Metcalf Rd

Winthrop ME 04364

County: KE

Phone: 377-8118, 377-8773

*Producer of real estate, auto, and teen television shows. Also  
publish newspapers, magazines, and materials for businesses.*

\*\*\*\*\*  
*Printing/Publishing*

**Generated Image**

Contact: Susan Martin

164 Middle St

Portland ME 04101

County: CU

Phone: 774-4455 FAX: 773-1469

\*\*\*\*\*  
*Printing/Publishing*

WDBC member

**In-House Typography**

Contact: Lynda Clancy

PO Box 209

Lincolntonville ME 04849

County: WL

Phone: 236-3984 FAX: 338-4465

*Publishing and editing services specializing in writing, editing, design  
and layout of newsletters, catalogs, magazines, newspapers, and  
books. "Effective communications for the next century".*

\*\*\*\*\*  
*Printing/Publishing*

**J.M.H. Publishing/The Bride's Planner**

Contact: Joline Hachey

1721 Riverside Dr

Auburn ME 04210

County: AN

Phone: 784-4828

*Printing/Publishing*

WDBC member

**JKS Copyprinters**

Contact: Jean K. Stickney  
10 Beaver St  
Belfast ME 04915

County: WL

Phone: 338-2913 FAX: 338-2913

\*\*\*\*\*  
*Printing/Publishing*

**Odyssey**

Contact: Gail Rossi  
RR 2 Box 466  
Casco ME 04015

County: CU

Phone: 655-3103

\*\*\*\*\*  
*Printing/Publishing*

**Olsen's Instant Printing**

Contact: Laurie Kimball  
PO Box 708 Street: 33 East Main St  
Searsport ME 04974

County: WL

Phone: 548-0160 FAX: 548-0161

\*\*\*\*\*  
*Printing/Publishing*

WDBC member

**Prism Communications, Inc.**

Contact: Gail Lombardi  
PO Box 887 Street: 111 Water St  
Skowhegan ME 04976

County: SO

Phone: 474-0606 FAX: 474-0303

*Publisher of the Somerset Gazette, a weekly community newspaper read in almost 18,000 homes. The very best advertising vehicle serving Somerset county. Interested? Call today.*

\*\*\*\*\*  
*Printing/Publishing*

**The Copy Cat**

Contact: Pam Meserve  
RR 1 Box 077 Street: Bus. Rt. 1N  
Damariscotta ME 04543

County: LI

Phone: 563-5093

*Full service printing (business cards to brochures & more). Invitations, announcements, custom greeting cards & typesetting services. Color laser copying, custom placemats & T-shirts. Printers of this book!*

Quick Printing

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*The Copy Cat*

Full Color Copies  
Custom T-Shirt Transfers • Placemats  
from photos • slides • post cards • art

Business Route One  
Damariscotta, ME 04543

(207) 563-5093

*Printing/Publishing*

**Vickers Et Al.**

Contact: Betsy Vickers  
10 Hillside St  
Yarmouth ME 04096

County: CU

Phone: 846-3599 FAX: 846-6310

\*\*\*\*\*  
*Printing/Publishing*

**Warren Publishing Services**

Contact: Maggie Warren  
PO Box 27  
Eastport ME 04631

County: WS

Phone: 853-2993 FAX: 853-2993

\*\*\*\*\*  
*Public Relations*

**GreenTree Communications**

Contact: Leslie R. Johnson  
West Main St  
Stonington ME 04681

County: HA

Phone: 367-5902 FAX: 367-2720

\*\*\*\*\*  
*Public Relations*

**Leslie Cosgrove-McBride**

Contact: Leslie Cosgrove-McBride  
Box 82 Street: 30 Greene St  
Sabattus ME 04280

County: AN

Phone: 375-8485

\*\*\*\*\*  
*Public Relations*

WDBC member

**Marketing Communications**

Contact: Joyce McClure  
PO Box 113  
E. Vassalboro ME 04935

County: KE

Phone: 877-0115 FAX: 877-0115

*A full-service marketing communication agency offering  
expertise in all of public relations, advertising, sales  
promotion and business development.*

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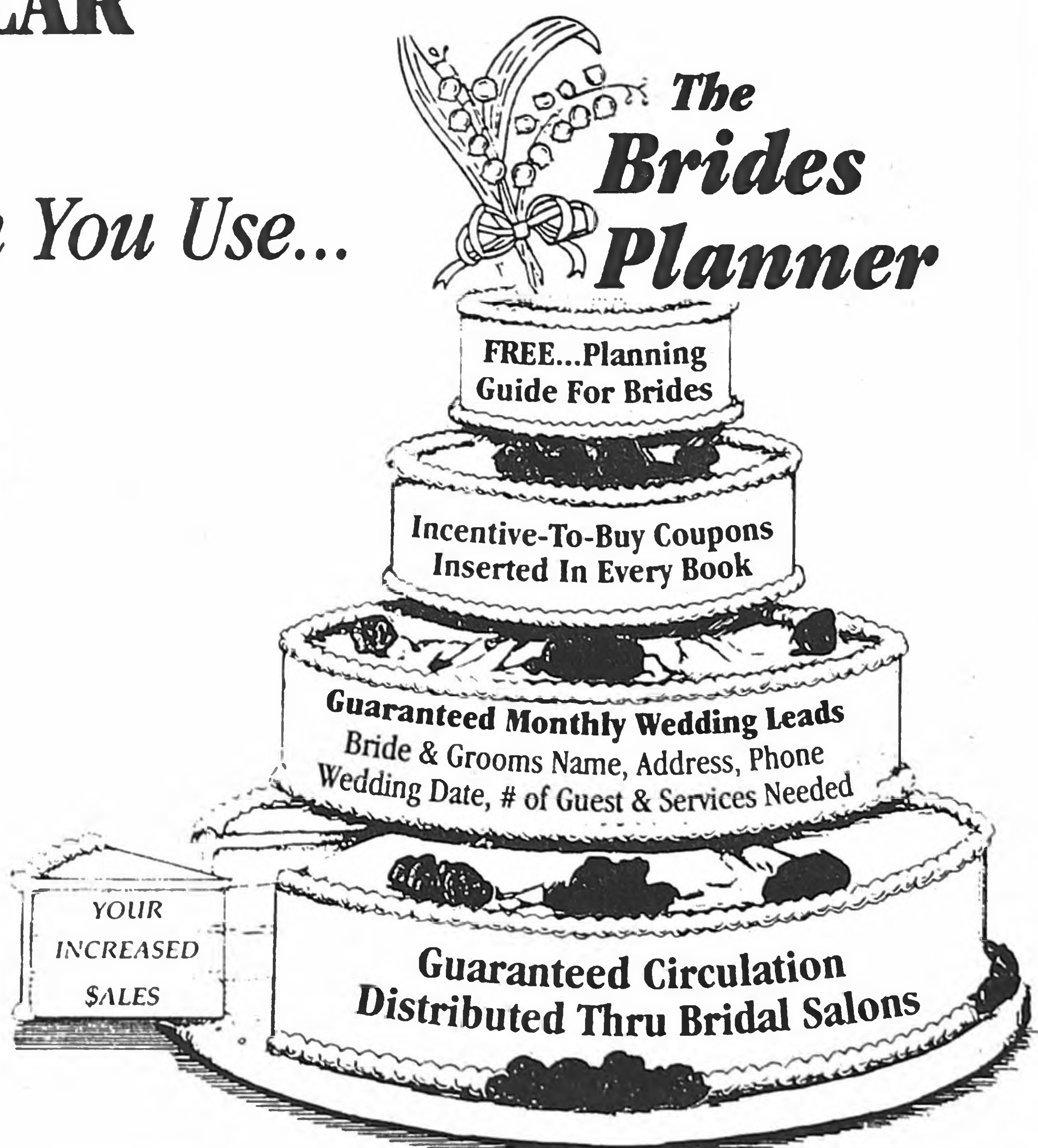
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1721 Riverside Dr. • Auburn, ME 04210

**784-4828**



*Public Relations*

**Mitchell and Mitchell**

Contact: Loren Mitchell, APR  
2 Hammond St  
Bangor ME 04401

County: PE

Phone: 947-2950

\*\*\*\*\*  
*Realty/Rental Properties*

**Abbott House**

Contact: Penny L. Bohac  
PO Box 933  
Bethel ME 04217

County: OX

Phone: 824-7600

*A 200 year old cape, nestled in the western mountains with comfortable bed and hearty breakfast. Sunday River skiing, endless attractions and registered massage therapist available.*

**Abbott House  
Bed & Breakfast**



P.O. Box 933 • Bethel, Maine 04217  
207-824-7600

Hosts: Joe Cardello, Penny Bohac-Cardello & Nestlé

\*\*\*\*\*  
*Realty/Rental Properties*

**Angle Associates**

Contact: Bethany Angle  
14 Winter St  
Portland ME 04102

County: CU

Phone: 773-1268

*Residential, multi-units, small commercial properties. Located in Portland's West End for over 12 years. Selling property in the Greater Portland Area. Personal, individual service!*

\*\*\*\*\*  
*Realty/Rental Properties*

**Barbour & Associates Real Estate**

Contact: Susan H. Barbour  
PO Box 1008 Street: Corner of Main & Winter St  
Rockland ME 04841

County: KN

Phone: 594-9188 FAX: 594-1007

\*\*\*\*\*  
*Realty/Rental Properties*

WDBC member

**Coastal Management Company**

Contact: Kathleen J. Roberts, CPM  
PO Box 1034  
Portland ME 04104

County: CU

Phone: 797-3688, 800-675-0808

*A professional real estate management firm for owners of investment property - apartments, condominiums, single family homes. Services include rentals, financial/collections, and maintenance.*

*Realty/Rental Properties*

**Cushing Homestead**

Contact: Mrs. Susan Longanecker  
Beach Ave Box 266  
Long Island ME 04050

County: CU

Phone: 766-2846, 774-4754

\*\*\*\*\*  
*Realty/Rental Properties*

**ERA Foster**

Contact: Sharon Diran & Susan Searles  
PO Box 160 Street: Rt 302 Portland St  
Bridgton ME 04009

County: CU

Phone: 647-5371 FAX: 647-8316

\*\*\*\*\*  
*Realty/Rental Properties*

**ERA Your Real Estate Co.**

Contact: Linda Carvell  
485 Main St  
Saco ME 04072

County: YO

Phone: 282-1205

\*\*\*\*\*  
*Realty/Rental Properties*

**Giroux & Perry Real Estate**

Contact: Carolyn B. Perry  
21 Bangor St  
Augusta ME 04330

County: KE

Phone: 623-8481

\*\*\*\*\*  
*Realty/Rental Properties*

**Golden Opportunities Real Estate Agency, Inc.**

Contact: Mary M. Smart  
38 West Broadway  
Lincoln ME 04457

County: PE

Phone: 794-3036 FAX: 794-2131

*Realty/Rental Properties*

**Harnden Auction Services, Inc.**

Contact: Sylvia A. Adams  
1065 Broadway  
S. Portland ME 04106

County: CU

Phone: 799-1501 FAX: 799-9019

*Specializing in auctions of residential, multi-units, land, and commercial properties. Contact Sylvia Adams, President (799-1501) or Tom Ranello, auctioneer (828-0039).*

\*\*\*\*\*

*Realty/Rental Properties*

**Homestead Realty**

Contact: Sue Doughty & Marge Pelletier  
19 Western Ave  
Winthrop ME 04364

County: KE

Phone: 377-2223 FAX: 377-8574

\*\*\*\*\*

*Realty/Rental Properties*

**Irene I. Newman Agency**

Contact: Irene I. Newman  
36 Bedford St  
Bath ME 04530

County: SA

Phone: 443-2328

\*\*\*\*\*

*Realty/Rental Properties*

**J. N. Gray, Real Estate Appraisals**

Contact: Jacqueline N. Gray  
PO Box 133  
Surry ME 04684-0133

County: HA

Phone: 667-3443

*Our residential appraisal service serves most of Hancock County, with primary emphasis on the Blue Hill peninsula area by Jacqueline Nevells Gray, Certified Residential Real Estate Appraiser.*

\*\*\*\*\*

*Realty/Rental Properties*

**Mobile Home Brokers Unlimited**

Contact: Libbey McElhinney  
700 US Rt 1  
W. Scarborough ME 04074

County: CU

Phone: 883-8474 FAX: 883-8475



*Realty/Rental Properties*

**RE/MAX**

Contact: Claudine Miller & Laurie Riley  
38 Lafayette St, Lower Falls Landing  
Yarmouth ME 04096

County: CU

Phone: 846-1111 FAX: 846-0508

\*\*\*\*\*  
*Realty/Rental Properties*

**Roebuck Real Estate**

Contact: Lynn Roebuck  
890 Washington St  
Bath ME 04530

County: SA

Phone: 442-7988

\*\*\*\*\*  
*Realty/Rental Properties*

WDBC member

**Rollerson Realty**

Contact: Mary Rollerson  
185 W. Main St (Rt 1)  
Searsport ME 04974

County: WL

Phone: 548-2280 FAX: 548-0246

*Land, homes, businesses ... Something for everyone in the beautiful mid-coast area. Call, write, or drop in. Open 7 days!*



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Searsport, Maine 04974

Tel: 207-548-2280



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*Realty/Rental Properties*

WDBC member

**Victoria Realty**

Contact: Jackie Dubay  
47 Silver Rd  
Bangor ME 04401

County: PE

Phone: 947-8518 FAX: 947-8518



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Broker

Tel. (207) 947-8518

Bangor, Maine 04401

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*Recreation*

**Catherine Schwenk Massage Therapist**

Contact: Catherine Schwenk  
21 Pleasant Hill Rd  
Freeport ME 04032

County: CU

Phone: 865-0605

*Offering professional, therapeutic massage for clients seeking stress reduction, relaxation, improved circulation, and relief from muscle tension. Call for more information.*

*Recreation*

WDBC member

**Chewonki Campgrounds**

Contact: Pamela D. Brackett & Ann Brackett Beck  
PO Box 261 Street: Chewonki Neck Rd  
Wiscasset ME 04578 County: LI

Phone: 882-7426

\*\*\*\*\*  
*Recreation*

**Hot Tubs of Maine by Softub**

Contact: Alexandra H. Wildey  
33 N 4th St  
Old Town ME 04468 County: PE

Phone: 827-7933

\*\*\*\*\*  
*Recreation*

WDBC member

**JNB's Putt & Drive**

Contact: Jill Berry  
PO Box 137  
Mexico ME 04257 County: OX

Phone: 364-2116

\*\*\*\*\*  
*Recreation*

**Mahoosuc Mountain Adventures**

Contact: Polly Mahoney  
Box 245 Bear River Rd  
Newry ME 04261 County: OX

Phone: 824-2073

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(207) 824-2073

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*Recreation*

**Maine Game Bird Guides**

Contact: Jo-Ann Moody  
RR 2 Box 468  
Belfast ME 04915 County: WL

Phone: 722-3664

*Recreation*

WDBC member

**Music Recreation**

Contact: Sandra W. Philbrook  
295 Capisic St  
Portland ME 04102

County: CU

Phone: 772-5636

*Have a real fun party including hands-on musical instruments.  
Treat your guests to an opportunity to express their hidden  
talents in an informal atmosphere.*

\*\*\*\*\*  
*Recreation*

**Shiatsu Massage**

Contact: Nityamo  
RR 1 Box 348 Street: Mountain Rd  
Brunswick ME 04011

County: CU

Phone: 721-0163

\*\*\*\*\*  
*Research*

**Cathy Bartok, Title Examiner**

Contact: Cathy Bartok  
PO Box 95  
Moody ME 04054

County: YO

Phone: 646-7850

\*\*\*\*\*  
*Research*

**Elizabeth F. Miller, Title Abstracting**

Contact: Elizabeth F. Miller  
PO Box 716  
Machias ME 04654

County: WS

Phone: 733-4719 FAX: available

\*\*\*\*\*  
*Research*

WDBC member

**W.B. McCarty Associates**

Contact: Nancy J. McCarty  
PO Box 1537  
Auburn ME 04211

County: AN

Phone: 784-9724 FAX: 784-9724

*Restaurant/Lounge*

**Fremont and Julien - Cafe and Books**

Contact: Shelly Messier

152 Water St

Hallowell ME 04347

County: KE

Phone: 626-3256

*Intimate cafe with European flavor. Fine selection of new books. Readings, concerts, art shows, catering, and private parties.*

\*\*\*\*\*  
*Restaurant/Lounge*

**Miss Wiscasset Diner, Inc.**

Contact: Mary Lou Rogers

Box 91

Wiscasset ME 04578

County: LI

Phone: 882-9272

\*\*\*\*\*  
*Restaurant/Lounge*

**Our Place**

Contact: Maryellen Gura & Gail Pratt

185 Northern Ave

Augusta ME 04330

County: KE

Phone: 623-2771

\*\*\*\*\*  
*Restaurant/Lounge*

WDBC member

**Truffles Cafe**

Contact: Ellen Spiegelman

21 Elm St

Bath ME 04530

County: SA

Phone: 442-8474

\*\*\*\*\*  
*Restaurant/Lounge*

**Winterport Pizza House**

Contact: Jeannie Wilson

PO Box 211

Winterport ME 04496

County: WL

Phone: 223-4902

*Retail/Department Store*

WDBC member

**Berry's Stationers**

Contact: Martha M. Beals  
74 Main St  
Waterville ME 04901

County: KE

Phone: 873-5111 FAX: 872-2713

\*\*\*\*\*

*Retail/Department Store*

**Biddeford Discount Wallpaper**

Contact: Debbie Litalien  
366 Main St  
Biddeford ME 04005

County: YO

Phone: 282-0271

\*\*\*\*\*

*Retail/Department Store*

**Blueberries & Granite**

Contact: Nancy Foster-Wolf  
The Maine Mall, Box 812 Street: 364 Maine Mall Rd  
S. Portland ME 04106

County: CU

Phone: 775-4268

*Specializing in crafts and gifts made in Maine. Always eager to consider new products.*

\*\*\*\*\*

*Retail/Department Store*

**C.W. Hunt**

Contact: Cheryl Hunt  
446 Main St  
Bangor ME 04401

County: PE

Phone: 947-5375

\*\*\*\*\*

*Retail/Department Store*

WDBC member

**Classy Lady**

Contact: Eva Jane Gallant  
744 Center St  
Auburn ME 04210

County: AN

Phone: 786-3362

*Retail/Department Store*

**Ducktrap Bay Trading, Co**

Contact: Wendy Weiler

28 Bayview St

Camden ME 04843

County: KN

Phone: 236-9568

\*\*\*\*\*  
*Retail/Department Store*

WDBC member

**Eastern Bay Gallery**

Contact: Kate Fairchild

PO Box 126 Street: Main St

Stonington ME 04676

County: HA

Phone: 367-5006

*Kate Fairchild offers an exciting collection of contemporary Maine crafts and art. Open May - December. Rotating shows. Off season phone: 359-4495*

\*\*\*\*\*  
*Retail/Department Store*

**For Pets' Sake**

Contact: Martha Dares & Sarah McCann

PO Box 538 Street: 6 Oak Hill Terr

Scarborough ME 04070

County: CU

Phone: 885-0105

\*\*\*\*\*  
*Retail/Department Store*

**Martha Hall - Natural Fibre Yarns**

Contact: Jody Halliday

46 Main St

Yarmouth ME 04096

County: CU

Phone: 846-9334

*Full color catalogue(#2) and retail shop featuring yarns from basic knitting worsted to cashmere and hand painted silk blends. Extensive book selection and classes.*

\*\*\*\*\*  
*Retail/Department Store*

WDBC member

**Meridian Arts: Third & Fourth World Crafts**

Contact: Barbara Kann

RR 2 Box 1900 Street: Belgrade Rd

Mt. Vernon ME 04352

County: KE

Phone: 293-2239

*Non-profit, representing over 30 countries. Jewelry, baskets, pottery, carved animals, weavings, masks, musical instruments, rainsticks, mahugu wood, kisii stone, handblown recycled glassware, personal/home accessories.*

*Retail/Department Store*

**Page Two Resale Shop**  
Contact: V. Page Chaloult  
2001A Hammond St  
Bangor ME 04401

County: PE

Phone: 848-2558

\*\*\*\*\*

*Retail/Department Store*

**Pleasant River Trading Co., Inc.**  
Contact: Carol A. Parker  
PO Box 866 Street: Main St  
Bethel ME 04217

County: OX

Phone: 824-3782 FAX: 824-2061

\*\*\*\*\*

*Retail/Department Store*

WDBC member

**Pretty Babies**  
Contact: Mary E. Lambert  
6 North Belfast Ave  
Augusta ME 04330

County: KE

Phone: 622-4067

\*\*\*\*\*

*Retail/Department Store*

**Sweet Temptation Candies**  
Contact: Edna Naida & Lois Gopin  
22 Central St  
Bangor ME 04401

County: PE

Phone: 990-1328

\*\*\*\*\*

*Retail/Department Store*

**The Chocolate Deli**  
Contact: Jennifer Laskey  
Mountain Rd  
N. Harpswell ME 04079

County: CU

Phone: 729-0773

*Retail/Department Store*

**The Store**

Contact: Sara E. Foltz  
435 Main St  
Rockland ME 04841

County: KN

Phone: 594-9246

\*\*\*\*\*

*Retail/Department Store*

**Undercover Elegance**

Contact: Holly Oakes  
119 Bath Rd  
Brunswick ME 04011

County: CU

Phone: 729-7959

\*\*\*\*\*

*Retail/Department Store*

**Waldoboro 5 & 10**

Contact: Emily Trask-Eaton  
PO Box 730 Street: 17 Friendship St  
Waldoboro ME 04572

County: LI

Phone: 832-4624

\*\*\*\*\*

*Specialty Foods/Bakery*

WDBC member

**Bake More Melanie !!**

Contact: Melanie Schupp  
1080 Perkins Ridge Rd  
Auburn ME 04212

County: AN

Phone: 786-4974

\*\*\*\*\*

*Specialty Foods/Bakery*

**Blue Sky Produce**

Contact: Lynn Thurston  
14 Glenwood Ave  
Gorham ME 04038

County: CU

Phone: 839-3803 FAX: 839-4124



*Specialty Foods/Bakery*

**Elfin H. Hill Specialty Baking**

Contact: Emma Stephenson  
PO Box 1317  
Damariscotta ME 04543

County: LI

Phone: 563-1886

\*\*\*\*\*  
*Specialty Foods/Bakery*

WDBC member

**Grandy Oats**

Contact: Penny Hoagland & Sarah Carpenter  
RR 2 Box 2166H  
Farmington ME 04938

County: FR

Phone: 778-6919

*Grandy Oats is a manufacturer of top quality breakfast cereals and cookies. We provide a positive, stimulating work environment with open communication, respect, and flexibility.*

\*\*\*\*\*  
*Specialty Foods/Bakery*

**Handmade Desserts**

Contact: Carolyn Stephens  
Thompson's Point  
Portland ME 04102

County: CU

Phone: 772-7997

\*\*\*\*\*  
*Specialty Foods/Bakery*

WDBC member

**J.W. Raye & Co.**

Contact: Nancy Raye  
PO Box 2  
Eastport ME 04631

County: WS

Phone: 853-4451 FAX: 853-4451

*Mustard Grinders since 1903. Produce 100% stone ground mustards by grinding choice whole seeds and spices in a turn-of-the century stone mill.*

\*\*\*\*\*  
*Specialty Foods/Bakery*

WDBC member

**Maine Mountain Confections**

Contact: Pamela Libby  
RR 1 Box 2860  
Norway ME 04268

County: OX

Phone: 743-7363

*Specialty Foods/Bakery*

**Maine Mountain Mixes**

Contact: Wanda Carlisle  
RR 3 Box 3634  
Farmington ME 04938

County: FR

Phone: 684-4991

\*\*\*\*\*

*Specialty Foods/Bakery*

**McMillen's Gourmet Foods**

Contact: Deborah McMillen  
PO Box 63  
Eliot ME 03903

County: YO

Phone: 439-2481

\*\*\*\*\*

*Specialty Foods/Bakery*

**Mother's Mountain Mustard**

Contact: Carol Tanner  
110 Woodville Rd  
Falmouth ME 04105

County: CU

Phone: 781-4658 FAX: 781-2121

\*\*\*\*\*

*Specialty Foods/Bakery*

**Nomad Apiaries**

Contact: Suzanne Groesenek  
RR 2 Box 678  
Brewer ME 04412

County: PE

Phone: 866-3692

\*\*\*\*\*

*Specialty Foods/Bakery*

**Pastry Place**

Contact: Wendy Smith  
331 Lisbon St  
Lewiston ME 04240

County: AN

Phone: 783-7427

*Specialty Foods/Bakery*

**Pleasant River Trading Co., Inc.**

Contact: Carol A. Parker  
PO Box 866 Street: Main St  
Bethel ME 04217

County: OX

Phone: 824-3782 FAX: 824-2061

\*\*\*\*\*

*Specialty Foods/Bakery*

**Rooster Brother, Inc.**

Contact: Pamela Elias  
18 W. Main St  
Ellsworth ME 04605

County: HA

Phone: 667-8675 FAX: 667-3825

\*\*\*\*\*

*Specialty Foods/Bakery*

**The Competition Foods Inc.**

Contact: Chris Cole & Connie Pelkey  
PO Box 293  
Yarmouth ME 04096

County: CU

Phone: 787-2165

\*\*\*\*\*

*Specialty Foods/Bakery*

**The Excellence Factor**

Contact: Gerry Condon  
RR 1 Box 78  
Brooksville ME 04617

County: HA

Phone: 326-8740

*100% nutritional balance enabling you to achieve your maximum effort, 100% money back guarantee. A wonderful weight loss program, too. A multi-level marketing opportunity.*

\*\*\*\*\*

*Specialty Foods/Bakery*

**The Whole Grocer**

Contact: Elise Thibodeau  
118 Congress St  
Portland ME 04101

County: CU

Phone: 774-7711

Specialty Foods/Bakery

WDBC member

**Village Farm Caterers**

Contact: Sharon Hathaway & Allyson White  
RR 1 Box 1392  
Turner ME 04282

County: AN

Phone: 225-3663, 255-2171



Allyson White 225-2171  
Sharon Hathaway 225-3663

Route 117  
Turner Village, Maine 04280

*Tourism*

**Alpine Travel Services**

Contact: Jeannette Arnold  
PO Box 310 Street: Main St  
Milbridge ME 04658

County: WS

Phone: 546-3395, 800-564-3395 FAX: 546-3396



*Alpine Travel  
Services*

P.O. BOX 310  
MAIN ST  
MILBRIDGE, ME 04658

JEANNETTE ARNOLD  
TUTTA ARNOLD/OWNERS

1-800-564-3395  
207-546-3395

*Tourism*

WDBC member

**Bass Cove Farm Bed & Breakfast**

Contact: Mary Ann Solet  
HC 32 Box 132  
Sorrento ME 04677

County: HA

Phone: 422-3564

*Two rooms, shared bath, in comfortable coastal Maine farmhouse.  
Guests' parlor, exercise room. Continental breakfast featuring home  
baked breads/muffins. 15 miles east of Ellsworth.*

*Tourism*

**Bed & Breakfast Down East, Ltd.**

Contact: Sally B. Godfrey  
Box 547, Macomber Mill Rd  
Eastbrook ME 04634

County: HA

Phone: 565-3517 FAX: 565-2076

*Tourism*

WDBC member

**Chewonki Campgrounds**

Contact: Pamela D. Brackett & Ann Brackett Beck  
PO Box 261 Street: Chewonki Neck Rd  
Wiscasset ME 04578

County: LI

Phone: 882-7426

*Tourism*

**Cumings McNulty**

Contact: Trudy McNulty  
79 Blackstrap Rd  
Falmouth ME 04105

County: CU

Phone: 797-4173 FAX: 797-4173

*Economic development assistance through tourism to communities and organizations. Organizational development. Marketing and for tourism businesses. 30 years experience. Free consultation.*

\*\*\*\*\*

*Tourism*

**Gray Marketing**

Contact: Wende Gray  
PO Box 3  
Bethel ME 04217

County: OX

Phone: 824-3694 FAX: 824-3694

\*\*\*\*\*

*Tourism*

**Nancy Marshall Communications**

Contact: Nancy Marshall  
RR 1 Box 2050  
Kingfield ME 04947

County: FR

Phone: 235-2316 FAX: 235-2110

*Public Relations and Marketing Services specializing in resort and recreation-oriented businesses. Primary client is Sugarloaf/USA. Member: Maine Tourism Commission. Call for free consultation.*

\*\*\*\*\*

*Tourism*

**Regional Activities Guide of Maine**

Contact: Barbara Bay Rintz  
PO Box 503 Street: Crawford Pond  
Union ME 04862

County: KN

Phone: 785-4812, 800-660-2389

\*\*\*\*\*

*Tourism*

**VPS Tours**

Contact: Mary Beth Caffey  
PO Box 1366 Street: 393 Center St  
Auburn ME 04211

County: AN

Phone: 783-4627

*Translation*

**Cynthia Reilly**  
Contact: Cynthia Reilly  
RR 1 Box 237  
W. Sedgwick ME 04476

County: HA

Phone: 359-2225, 326-9012 FAX: 359-2225

*Proofreading, copy editing, or copy writing.  
Translation: French-English, English-French, Russian-English,  
English-Russian.*

COPY EDITING ♦ PROOFREADING ♦ COPY WRITING

COPY TRANSLATION—FRENCH & RUSSIAN



Cynthia Reilly ♦ Box 237 ♦ West Sedgwick 04476

Phone, Eves: 326-9012 Phone/Fax, Days: 359-2225

\*\*\*\*\*  
*Translation*

**Japan Services**  
Contact: Ms. Lee Sligh  
PO Box 31 Street: Fire Rd 154  
S. Thomaston ME 04858

County: KN

Phone: 594-7311 FAX: 596-0466

\*\*\*\*\*  
*Translation*

**Joy's Interpretations**  
Contact: Joy Miller  
RR 2 Box 3330  
Buckfield ME 04220

County: OX

Phone: 225-3607

\*\*\*\*\*  
*Translation*

**Language Connection**  
Contact: Barbara Bicking  
PO Box 2547  
Bangor ME 04402-2547

County: PE

Phone: 989-4805

\*\*\*\*\*  
*Translation*

**Translator/Cultural Consultant**  
Contact: Dr. Veronika Albrecht-Rodrigue  
PO Box 176  
Lovell ME 04051

County: OX

Phone: 925-3117

*Transportation/Travel*

**Alpine Travel Services**

Contact: Jeannette Arnold  
PO Box 310 Street: Main St  
Milbridge ME 04658

County: WS

Phone: 546-3395, 800-564-3395 FAX: 546-3396

\*\*\*\*\*  
*Transportation/Travel*

**Anchors Aweigh Cruises**

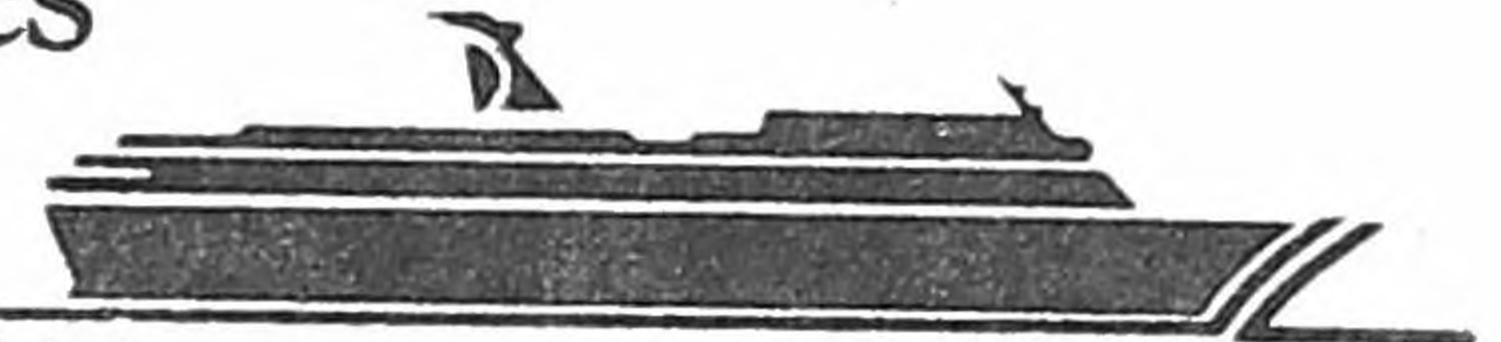
Contact: Pat Carpenter  
5 Robin St  
Skowhegan ME 04976

County: SO

Phone: 474-5874

*"Your Professional Cruise Consultants". We have a large selection of video tapes so you can view your trip/ship before you go.*

**Anchors Aweigh  
Cruises**



5 Robin Street  
Skowhegan, Maine 04976

Pat Carpenter  
(207) 474-5874

*"Your Cruise Specialists"*  
\*\*\*\*\*

*Transportation/Travel*

WDBC member

**Damariscotta Travel Service, Inc.**

Contact: Christina Cummings, CTC  
Elm St. Plaza  
Damariscotta ME 04543

County: LI

Phone: 563-1112

\*\*\*\*\*  
*Transportation/Travel*

**Randy Tibbetts Trucking, Inc.**

Contact: Nancy Tibbetts  
PO Box 365  
Monmouth ME 04259

County: KE

Phone: 933-4235

\*\*\*\*\*  
*Transportation/Travel*

**Travel Planners**

Contact: Joana Oest  
PO Box 2707 Street: 211 Ocean St  
S. Portland ME 04106

County: CU

Phone: 799-2212

*Vocational Rehabilitation*

**Foward Rehabilitation Services**

Contact: Robin A. Dudley  
225 Ridge Rd  
Bath ME 04530-9370

County: SA

Phone: 443-9331

*Work injury and disability case management. Consulting and services for employers, insurers, and the disabled.*

**FORWARD**



**MEDICAL & VOCATIONAL  
REHABILITATION SERVICES**

**ROBIN A. DUDLEY, CRRN, ARP**

225 Ridge Road  
Bath, Maine 04530

(207) 443-9331

\*\*\*\*\*  
*Vocational Rehabilitation*

**Gleason & McCarron Associates**

Contact: Susan McCarron & Marie Gleason  
13 Crescent St, Suite 200  
Biddeford ME 04005

County: YO

Phone: 282-6627

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Alida S. Landry**

Contact: Alida S. Landry  
76 Monument St  
Portland ME 04101

County: CU

Phone: 773-0441

*Manufacturing: scarfs, yardage.  
Handweaving services: production doobby, design, and color development.*



**ALIDA S. LANDRY**

76 Monument Street, Portland, Maine 04101  
(207) 773-0441

HANDWEAVING & DESIGN

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

WDBC member

**Carol B. Loehr**

Contact: Carol B. Loehr  
Box R Walker Rd  
Atlantic ME 04608

County: HA

Phone: 526-4435

*Sea Soil - composted fish & peat moss soil amendment  
Swans Island Farm - Registered Shetland Sheep  
Atlantic Blanket Co - Heirloom handwoven blankets from Maine wool.*

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

WDBC member

**Cove Knitters**

Contact: Mary Brown  
RR 2 Box 146  
Lincolville ME 04849

County: WL

Phone: 338-3419 FAX: 338-4992



*Weaving/Spinning/Knitting*

**Diane Jackson Cole Handweaving**

Contact: Diane Jackson Cole  
9 Grove St  
Kennebunk ME 04043

County: YO

Phone: 985-7387 FAX: 603-485-1115

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Double Ewe**

Contact: Laurel A. Davis  
PO Box 373  
Brunswick ME 04011

County: CU

Phone: 725-4534

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

WDBC member

**Econo-Craft**

Contact: Donna M. Paradis  
RR 1 Box 1440 Street: Freedom Rd  
Palermo ME 04354

County: WL

Phone: 993-2774

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

WDBC member

**Halcyon Yarn**

Contact: Halcyon Blake  
12 School St  
Bath ME 04530

County: SA

Phone: 800-439-7909

*Open Mon-Sat 10-4. Yarns, books, and equipment for knitting, weaving, spinning, and basketry. Fun classes and workshops. Come to our "Knitting Nights."*

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Island Yarns & Yardage-Winters Work**

Contact: Sue Jones Hill  
Little Cranberry Island  
Islesford ME 04646

County: HA

Phone: 244-7150

*Weaving/Spinning/Knitting*

**Kathy Woell Handwoven Garments**

Contact: Kathleen Woell  
156 Old Ferry Rd  
Deer Isle ME 04627

County: HA

Phone: 348-6141

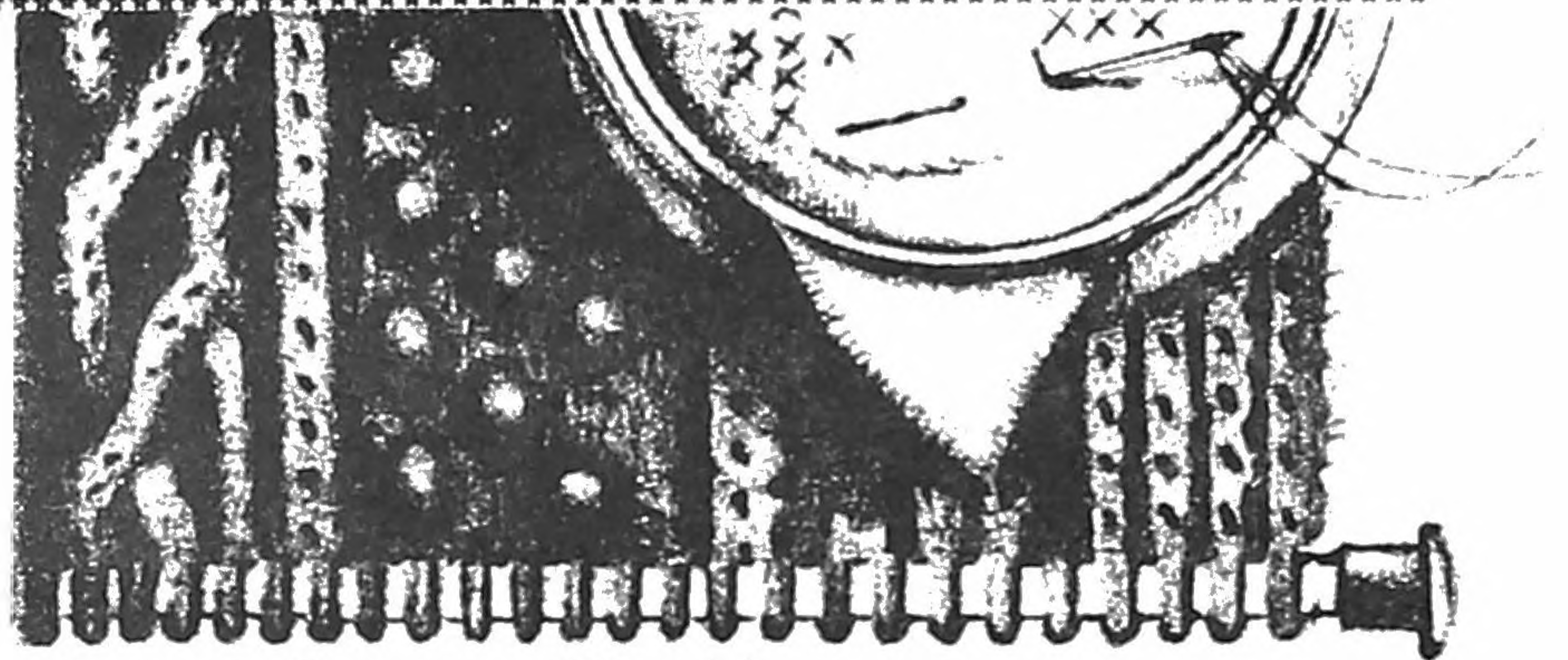
\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Lisa Petra Wallace**

Contact: Lisa Petra Wallace  
HC 60 Box 97 Street: Keene Neck Rd  
Medomak ME 04551

County: LI

Phone: 529-5515



Lisa Petra Wallace  
HC60 box 97 Keene Neck Road  
Medomak, ME 04551 529-5515

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Neverfinished Farm**

Contact: Michelle Henning  
RR 1 Box 620  
S. Harpswell ME 04079

County: CU

Phone: 833-5556

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**North Country Textiles**

Contact: Sheila Denny-Brown  
Rt 175  
S. Penobscot ME 04476

County: HA

Phone: 326-4131 FAX: 326-4131

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

WDBC member

**Pine Tree Knits**

Contact: Faye G. Krause  
RR 2 Box 840  
E. Lebanon ME 04027

County: YO

Phone: 457-3949



**PINE TREE KNITS**

*Fine Machine Knitwear  
From The Pines On  
Center Road*

FAYE KRAUSE  
(207) 457-3949

RR 2 Box 840  
E. Lebanon, Maine 04027

*The TOTAL yarn and knitting shop. Everything for the hand and machine knitter. Maine wool, cotton, acrylic, and fleece. Accessories, lessons, custom knitting, and gifts. Singer dealer.*

*Weaving/Spinning/Knitting*

WDBC member

**Punkin Bear Designs**

Contact: Phyllis Benoit  
39 Royal Oaks Dr  
Auburn ME 04210

County: AN

Phone: 784-5151

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Sleepy Hollow Rag Rugs**

Contact: Diane Roesing O'Brien  
RR 1 Box 4025  
Lincolville ME 04849

County: WL

Phone: 789-5987

\*\*\*\*\*  
*Weaving/Spinning/Knitting*

**Village Wearer**

Contact: Phyllis Leck  
PO Box 8 Street: Rt 32  
Round Pond ME 04564

County: LI

Phone: 529-5523

\*\*\*\*\*  
*Wholesale*

**32 North Corporation**

Contact: Anne Chaplin Gould  
10 Oak Bluff Dr  
Kennebunk ME 04043

County: YO

Phone: 985-2248 FAX: 985-2253

\*\*\*\*\*  
*Wholesale*

**Ash Cove Pottery**

Contact: Susan Horowitz  
RR 1 Box 686 Street: Ash Cove Rd  
S. Harpswell ME 04079

County: CU

Phone: 833-6004

*Beautiful hand-thrown functional stoneware and Judaica. Lavender-white and blue-tan glazes. Lead free; dishwasher, oven, and microwave safe. Wholesale and retail. Color brochure available. Established 1980.*

Wholesale

WDBC member

**Color Dance Cards**

Contact: Barbara Kann  
RR 2 Box 1900 Street: Belgrade Rd  
Mt. Vernon ME 04352 County: KE

Phone: 293-2239

*Give a special card that is a gift in itself. Vibrant watercolors on ricepaper, mounted on beautiful recycled paper. Designs inspired by Nature and Spirit.*

\*\*\*\*\*

Wholesale

WDBC member

**Coveside Conservation Products, Inc**

Contact: Judy Ewing  
HC 33 Box 462  
Georgetown ME 04548 County: SA

Phone: 371-2807 FAX: 371-2132

\*\*\*\*\*

Wholesale

WDBC member

**Cricket Horse Farm**

Contact: Susan McIntosh  
RR 2 Box 444  
Harrison ME 04040 County: CU

Phone: 583-6760, outside ME 800-826-1415

\*\*\*\*\*

Wholesale

**Educate The Children**

Contact: Marji Greenhut  
Rt 123  
S. Harpswell ME 04079 County: CU

Phone: 833-6391

\*\*\*\*\*

Wholesale

WDBC member

**Flowers by Butler Twins**

Contact: Linda Butler Pekins  
PO Box 188 Street: 359 Maine Ave  
Gardiner ME 04345 County: KE

Phone: 582-3404

*Wholesale*

**Hats & Totes**

Contact: Alice Hatch  
PO Box 6  
Milo ME 04463

County: PS

Phone: 943-5091

\*\*\*\*\*  
*Wholesale*

**Lucy's Linens**

Contact: Lucy Wagner  
113 Fowler Rd  
Cape Elizabeth ME 04107

County: CU

Phone: 767-6142

\*\*\*\*\*  
*Wholesale*

WDBC member

**Maine Balsam Fir Products**

Contact: Wendy J. Newmeyer  
PO Box 9 Street: 16 Morse Hill Rd  
W. Paris ME 04289

County: OX

Phone: 674-2094, 800-675-2094 (ME), 800-522-5736

*We hand craft the finest balsam pillows and herbal sachets,  
featuring over 50 original wildlife designs. Our products are sold  
nationwide at over 2000 locations. Business established in 1983.*

\*\*\*\*\*  
*Wholesale*

**Maine Country**

Contact: Deborah Pendleton-Hall  
RR 2 Box 267  
Lincolntonville ME 04849

County: WL

Phone: 338-4139

\*\*\*\*\*  
*Wholesale*

**Mainely Shades**

Contact: Judy Tripp  
100 Gray Rd  
Falmouth ME 04105

County: CU

Phone: 797-7568 FAX: 797-7569

Wholesale

WDBC member

**MASA Knits of Maine**

Contact: Carol DePesa  
RR 2 Box 4850  
Waterville ME 04901

County: KE

Phone: 873-2736

\*\*\*\*\*  
Wholesale

**Moose Pond Harbor Ceramics**

Contact: Shirley R. Guthrie  
PO Box 250 Street: Holiday Shores  
Denmark ME 04022-0250

County: OX

Phone: 452-2375

\*\*\*\*\*  
Wholesale

**Mother's Mountain Mustard**

Contact: Carol Tanner  
110 Woodville Rd  
Falmouth ME 04105

County: CU

Phone: 781-4658 FAX: 781-2121

\*\*\*\*\*  
Wholesale

**Mrs. Bones' Decorative Pet Collars**

Contact: Janice Parkinson-Tucker  
121 Pilgrim Rd  
S. Portland ME 04106

County: CU

Phone: 767-1308

*Fashion Forward for your pets! A wide selection of colorful, attractive, high-quality trims available with MRS. BONES' unique collars and leashes. Retail and wholesale.*

\*\*\*\*\*  
Wholesale

**Naturally Envisions**

Contact: Michel & Ginny Grizkewitsch  
Box 46  
Richmond ME 04357

County: SA

Phone: 737-8571

Wholesale

WDBC member

**Pagerr Pet Services**

Contact: Ginny Kerr  
RR 1 Box 500  
Corinna ME 04928

County: PE

Phone: 379-2500 FAX: 379-2500

*Wholesale distributor supplying pet shops, feed stores, and kennels. Specializing in natural pet foods, supplements, and flea remedies. Also U.S. made collars, toys and rawhides.*

\*\*\*\*\*  
Wholesale

**Pastry Place**

Contact: Wendy Smith  
331 Lisbon St  
Lewiston ME 04240

County: AN

Phone: 783-7427

\*\*\*\*\*  
Wholesale

**Peddler's Wagon Greenhouses**

Contact: Pamela A. Rackliffe  
PO Box 307  
Blue Hill ME 04614

County: HA

Phone: 374-2145

*Original fresh and dried flower arrangements, bedding plants, geraniums, perennials, poinsettias, summer cutting garden. Helium balloons and gourmet coffees.*

\*\*\*\*\*  
Wholesale

**Perkins Seafood**

Contact: Joan M. Perkins  
429 Ash Point Rd  
S. Harpswell ME 04079

County: CU

Phone: 833-5090

*Processor of shucked clams. Fryers sold by the gallon, steamers in 50 lb. bushels, and picked shrimp meat processed in 5 lb. bags wholesale.*



**PERKINS SEAFOOD  
WHOLESALE**

SOUTH HARPSWELL  
MAINE 04079

**833-5090**

TED & JOAN PERKINS

\*\*\*\*\*  
Wholesale

**Porcelain Impressions**

Contact: Lorelta Giacomazzo  
Box 2872 Kings Hwy  
Wayne ME 04284

County: KE

Phone: 685-9589

*Wholesale*

**Schooners & Sails**

Contact: Linda Hoppe  
13 Farwell Ave  
Cumberland ME 04021

County: CU

Phone: 829-3637

\*\*\*\*\*  
*Wholesale*

**She Shoppe**

Contact: Sheila M. Coyle  
PO Box 185  
E. Corinth ME 04427

County: PE

Phone: 285-7412

*Aprons for Mother/Daughter. Coordinating placemats, tablecovers,  
and napkins. Apron kits to sew. Aprons for restaurants and stores.  
Gifts. Wholesale and retail.*

\*\*\*\*\*  
*Wholesale*

**The Hills of Maine, Inc.**

Contact: Ellen Howes  
RR 1 Box 1103  
Arundel ME 04046

County: YO

Phone: 985-6011

\*\*\*\*\*  
*Writing/Editing*

**Bethany Thivierge**

Contact: Bethany Thivierge  
PO Box 1132  
Rockland ME 04841

County: KN

Phone: 594-4632

- \* Information or instructions in easy-to-follow text.
- \* Scientific findings in a logical and accurate report.
- \* Medical language which patients can easily read and understand.

<p><b>Bethany Thivierge</b>  <b>Technical Writer/Editor</b>          Specializing in Business, Science, and Medicine</p> <hr/> <p>P.O. Box 1132          Rockland, Maine 04841          (207) 594-4632</p>
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\*\*\*\*\*  
*Writing/Editing*

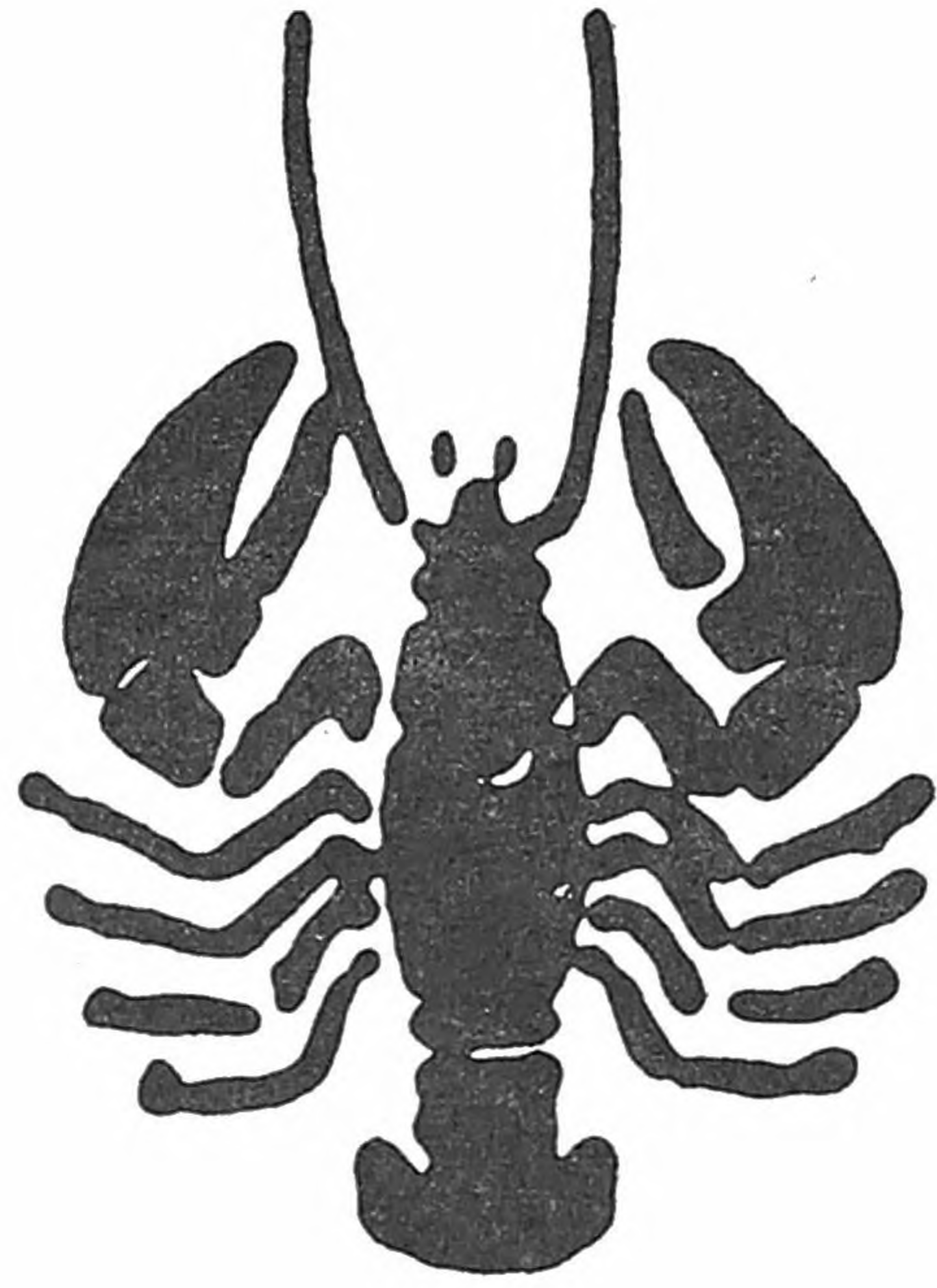
**Capital Connections**

Contact: Karen Feld  
PO Box 123  
Bridgton ME 04009

County: CU

Phone: 647-8913 FAX: 647-8913





**PERKINS SEAFOOD  
WHOLESALING**

**SOUTH HARPSWELL  
MAINE 04079**

**833-5090**

**TED & JOAN PERKINS**

*Writing/Editing*

**Custom Communications**

Contact: Susan Gold  
PO Box 16036  
Portland ME 04101

County: CU

Phone: 761-7914

\*\*\*\*\*  
*Writing/Editing*

**Cynthia Reilly**

Contact: Cynthia Reilly  
RR 1 Box 237  
W. Sedgwick ME 04476

County: HA

Phone: 359-2225 days, 326-9012 eves FAX: 359-2225

*Proof reading, copy editing, or copy writing.  
Translation: French-English, English-French, Russian-English,  
English-Russian.*

\*\*\*\*\*  
*Writing/Editing*

**Dow & Associates**

Contact: Joan L. Dow  
PO Box 7242 Street: Commercial St  
Portland ME 04112

County: CU

Phone: 773-7442 FAX: 773-4494

\*\*\*\*\*  
*Writing/Editing*

**Graphic Arts Consulting Services**

Contact: Julie Motherwell  
12 Lowell Farm Rd  
Falmouth ME 04105

County: CU

Phone: 797-2098

\*\*\*\*\*  
*Writing/Editing*

WDBC member

**In-House Typography**

Contact: Lynda Clancy  
PO Box 209  
Lincolville ME 04849

County: WL

Phone: 236-3984 FAX: 338-4465

*Publishing and editing services specializing in writing, editing, design  
and layout of newsletters, catalogs, magazines, newspapers, and  
books. "Effective communications for the next century".*

*Writing/Editing*

**Janet Stewart: Writing Consultant**

Contact: Janet J. Stewart  
21 Ledge Rd  
Cumberland Foreside ME 04110 County: CU

Phone: 829-3067

\*\*\*\*\*  
*Writing/Editing*

**Lucinda J. Hebert**

Contact: Lucinda J. Hebert  
10 Park St  
Caribou ME 04736 County: AR

Phone: 498-2760

*Specializing in research, development, and implementation of total marketing plans, creative concepts and copy, technical writing, and editing.*

\*\*\*\*\*  
*Writing/Editing*

**Lucy Oatley, Writer/Photographer**

Contact: Lucy Oatley  
8 Hilltop Circle  
Yarmouth ME 04096 County: CU

Phone: 846-9557

\*\*\*\*\*  
*Writing/Editing*

**Margaret S. Overton**

Contact: Margaret S. Overton  
RR 1 Box 244  
Penobscot ME 04476 County: HA

Phone: 326-9692

\*\*\*\*\*  
*Writing/Editing*

WDBC member

**Pamela Bell, M.S. Consulting Services**

Contact: Pamela Bell  
62 Wiley St #1  
Bangor ME 04401 County: PE

Phone: 947-1247

*Technical & journalistic writing/editing/researching, grant proposals, project design, photo journalism, community development.*

*Writing/Editing*

WDBC member

**Public Education Consultant**  
Contact: Jennifer Wilder Logan  
PO Box 502  
Boothbay Harbor ME 04538

County: LI

Phone: 633-7450

\*\*\*\*\*

*Writing/Editing*

**Recycled Words**  
Contact: Eileen M. Mielenhausen  
49 Second St  
Hallowell ME 04347

County: KE

Phone: 623-1347

\*\*\*\*\*

*Writing/Editing*

**Rheta Prints**  
Contact: Rhea J. Cote Robbins  
641 S. Main St  
Brewer ME 04412

County: PE

Phone: 989-7059

\*\*\*\*\*

*Writing/Editing*

WDBC member

**Spencer Literary Development**  
Contact: Linda Spencer  
PO Box 199  
Thomaston ME 04861

County: KN

Phone: 354-0522

\*\*\*\*\*

*Writing/Editing*

WDBC member

**TechEdit Services**  
Contact: Constance G. Burt  
PO Box 234  
Topsham ME 04086

County: SA

Phone: 725-1484

*A professional editing service for all types of business documentation, including (but not limited to) engineering reports, computer manuals, newsletters, proposals, contracts, and annual reports.*

*Writing/Editing*

**Warren Publishing Services**

Contact: Maggie Warren

PO Box 27

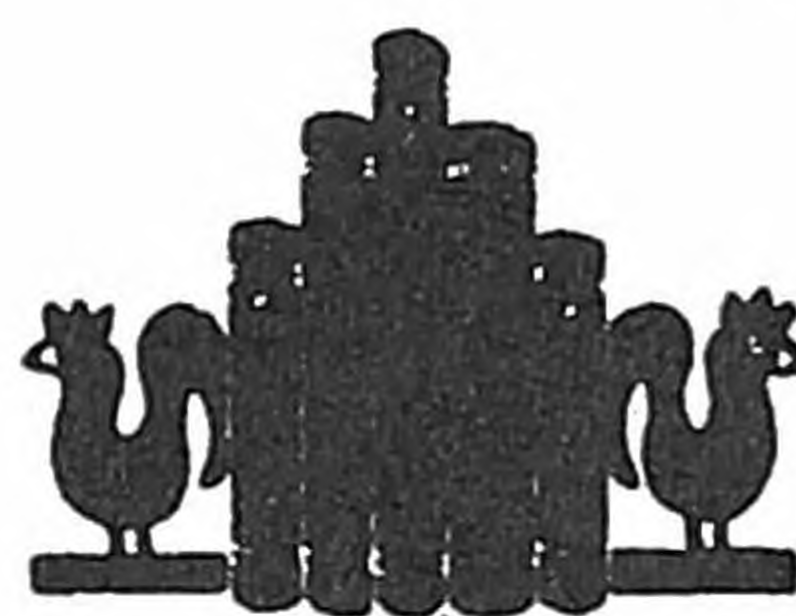
Eastport ME 04631

Phone: 853-2993 FAX: 853-2993

County: WS

**WARREN PUBLISHING SERVICES**

Copyediting • Proofreading • Keyboarding  
207-853-2993



Maggie Warren  
PO Box 27  
31 Boynton Street  
Eastport, ME 04631

\*\*\*\*\*

*Writing/Editing*

**Yankee Editorial Services**

Contact: Melindea S. Gale

PO Box 232

Brunswick ME 04011

Phone: 729-7795

County: CU

\*\*\*\*\*

*Writing/Editing*

**Your Personal Secretary**

Contact: Jennifer Hill

19 Wight St

Belfast ME 04915

Phone: 338-4501

County: WL

\*\*\*\*\*

*Resources for Women Business Owners*

**Androscoggin Valley Council of Governments/SBDC**

Contact: Joseph Balchunas

125 Manley Rd

Auburn ME 04210

County: AN

Phone: 783-9180 FAX: 783-5211

\*\*\*\*\*  
*Resources for Women Business Owners*

**Business Answers**

Contact: Dora Dostie

State House Station 59

Augusta ME 04333

County: KE

Phone: 800-872-3838

*A business information and assistance program. Part of the Maine Dept. of Economic and Community Development.*

\*\*\*\*\*  
*Resources for Women Business Owners*

**Coastal Enterprises Inc.**

Contact: James Burbank

PO Box 268

Wiscasset ME 04578

County: LI

Phone: 882-7552 FAX: 882-7308

*Offering technical and financial assistance to new and existing women-owned businesses.*

\*\*\*\*\*  
*Resources for Women Business Owners*

**Eastern Maine Development Corporation**

Contact: Ron Lloyd, Director/Counselor

PO Box 2579 Street: One Cumberland Place, Suite

Bangor ME 04401

County: PE

Phone: 942-6389, 800-292-2028

\*\*\*\*\*  
*Resources for Women Business Owners*

**Finance Authority of Maine**

Contact: Tim Agnew

PO Box 949 Street: 83 Western Ave

Augusta ME 04332

County: KE

Phone: 623-3263 623-0095

*Administers a wide array of business finance programs. Continues to develop new financial services aimed at helping Maine business start-up, expand, and compete more effectively in the marketplace.*

*Resources for Women Business Owners*

**Freeport Merchants Association**

Contact: Beth Gleason, Exec. Director

PO Box 452

Freeport ME 04032

County: CU

Phone: 865-1212 FAX: 865-1686

\*\*\*\*\*

*Resources for Women Business Owners*

**Key Bank**

Contact: Jayne Giles

One Canal Plaza

Portland ME 04112

County: CU

Phone: 623-5867

*Call Jayne Giles for information on: Key Bank's Mentor Program; financing options; and other services for women-owned businesses.*

\*\*\*\*\*

*Resources for Women Business Owners*

**Maine Department of Transportation**

Contact: Jane Gilbert

State House Station 16

Augusta ME 04333

County: KE

Phone: 287-3576

*Certifies companies for the Disadvantaged and Women's Business Enterprise Program.*

\*\*\*\*\*

*Resources for Women Business Owners*

**Maine Displaced Homemakers Program**

Contact: Gilda Nardone, Director

Stoddard House, UMA

Augusta ME 04330

County: KE

Phone: 621-3433 FAX: 621-3429

*Provides group & individual services: information & referrals, self-esteem, assertiveness, career/life planning, self-employment training, job-seeking assistance, economics awareness & workforce literacy.*

\*\*\*\*\*

*Resources for Women Business Owners*

**Maine Products Marketing Program**

Contact:

State House Station 59

Augusta ME 04333

County: KE

Phone: 287-3153, 800-872-3838

*Building recognition for Maine products and expanding markets for all Maine consumer & industrial producers by offering marketing assistance.*

*Resources for Women Business Owners*

**Maine Small Business Development Center-USM**

Contact: Charles Davis

15 Surrenden St

Portland ME 04103

County: CU

Phone: 780-4420

\*\*\*\*\*  
*Resources for Women Business Owners*

**National Association for the Self Employed**

Contact: Sonia Pasquariello

Portland ME 04101

County: CU

Phone: 879-0416

\*\*\*\*\*  
*Resources for Women Business Owners*

**Northern Maine Regional Planning Commission**

Contact: Rod Thompson, Director/Counselor

PO Box 779 Street: 2 Main St

Caribou ME 04736

County: AR

Phone: 498-8736

*Also Houlton Tel. 532-2240; Fort Kent Tel. 834-5099*

\*\*\*\*\*  
*Resources for Women Business Owners*

**Planned Parenthood of Northern New England**

Contact: Skeek Frazee

PO Box 1519 Street: 500 Forest Ave

Portland ME 04101

County: CU

Phone: 874-1100 FAX: 874-1174

\*\*\*\*\*  
*Resources for Women Business Owners*

**SBA - SCORE**

Contact: William Shuman

40 Western Ave

Augusta ME 04330

County: KE

Phone: 622-8509 FAX: 622-8277



*Resources for Women Business Owners*

**SCORE**

Contact: John Telow  
179 Lisbon St  
Lewiston ME 04240

County: AN

Phone: 782-3708 FAX: 783-4481

\*\*\*\*\*

*Resources for Women Business Owners*

**SCORE**

Contact: Robert Morrill  
66 Pearl St, Room 210  
Portland ME 04101

County: CU

Phone: 772-1147

\*\*\*\*\*

*Resources for Women Business Owners*

**SCORE**

Contact: Charles Burgoyne  
Box 1105  
Ellsworth ME 04605

County: HA

Phone: 667-5800

\*\*\*\*\*

*Resources for Women Business Owners*

**SCORE - c/o Chamber of Commerce**

Contact: Ray Wysocki

Caribou ME 04736

County: AR

Phone: 498-6156

\*\*\*\*\*

*Resources for Women Business Owners*

**SCORE - c/o Fleet Bank**

Contact: Ed Clohossey  
PO Box 400  
Rumford ME 04276

County: OX

Phone: 364-3733

# SCORE®



Service Corps of Retired Executives  
Association

*Sponsored by U.S. Small Business Administration*

*Helping Small Business SCORE . . . . Since 1964*

Chapter # 53, 66 Pearl Street, Room 210, Portland, ME. 04101

Phone ( 207 ) 772-1147

---

# YES! YOU!

---



If you are retired and  
were successful in a business or profession . . .

If you are still active and  
are successful in a business or profession . . .

If you have a desire to help others make their  
entrepreneurial dreams come true  
and to improve our country's economy . . .

**Then SCORE is the place for you.**

*Resources for Women Business Owners*

**SCORE - c/o So. Piscataquis Chamber of Commerce**

Contact: Harry Houston  
PO Box 376 Street: 111 South St  
Dover-Foxcroft ME 04426 County: PS

Phone: 564-7201

\*\*\*\*\*

*Resources for Women Business Owners*

**SCORE - Husson College**

Contact: Peter Hess  
One College Circle  
Bangor ME 04401 County: PE

Phone: 941-9707

\*\*\*\*\*

*Resources for Women Business Owners*

**SCORE - Oxford Hills Development Corporation**

Contact: George Elliott  
PO Box 6 Street: Main St  
Norway ME 04268 County: OX

Phone: 743-0499 FAX: 743-5917

\*\*\*\*\*

*Resources for Women Business Owners*

**Southern Maine Regional Planning Commission**

Contact: James Upham  
PO Box Q Street: 255 Main St  
Sanford ME 04073 County: YO

Phone: 324-2952

\*\*\*\*\*

*Resources for Women Business Owners*

**The Maine Federation of Business & Professional Women's Clubs**

Contact: Dawn Orr, President

Phone: 443-6061

*Advocating for the needs and concerns of working women.  
22 local organizations in Maine.*

*Resources for Women Business Owners*

**The Maine Women's Fund**

PO Box 7445  
Portland ME 04112 County: CU

Phone: 774-5513

*Making grants statewide exclusively to programs serving the unique needs of women and girls.*

\*\*\*\*\*

*Resources for Women Business Owners*

**U.S. Dept. of Labor, BAT**

Contact: Richard Grandmaison, State Director  
Fed. Bldg., Rm. 4008-D Street: 68 Sewall St  
Augusta ME 04330 County: KE

Phone: 622-8235

\*\*\*\*\*

*Resources for Women Business Owners*

**U.S. Small Business Administration**

Contact: Bonnie Kidder Erickson  
40 Western Ave  
Augusta ME 04330 County: KE

Phone: 622-8242, 622-8102 FAX: 622-8277

\*\*\*\*\*

*Resources for Women Business Owners*

**United Maine Craftsmen**

Contact: Judith Groves  
RR 2 Box 1920  
Manchester ME 04351 County: KE

Phone: 621-2818

\*\*\*\*\*

*Resources for Women Business Owners*

**University of Maine at Machias**

Contact: Dr. William J. Little, SBDC Director/Counselor  
Math & Science Building  
Machias ME 04654 County: WS

Phone: 255-3313

*Resources for Women Business Owners*  
**University of Maine Cooperative Extension**

Phone: 800-287-0274

*Providing small business management education through a statewide delivery system. Call your County Extension office or call 1-800-287-0274 to talk to a business specialist.*

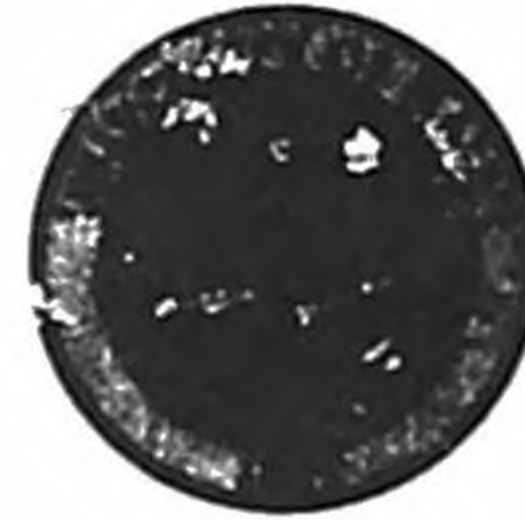
\*\*\*\*\*  
*Resources for Women Business Owners*

**Women's Resource Center - University of Maine**  
Contact: Sharon Barker, Director  
5728 Fernald Hall, Room 101  
Orono ME 04469

County: PS

Phone: 581-1508

*The Women's Resource Center provides educational and cultural programs and opportunities which further the development of women's personal and professional identity, information, and referrals.*



Sharon E. Barker, Director  
Kimberly J. Merriam, Administrative Assistant  
Women's Resource Center

**UNIVERSITY OF MAINE**

The Land Grant University and Sea Grant College of Maine

---

101 Fernald Hall  
University of Maine  
Orono, Maine 04469



207/581-1508

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33	<b>Doncaster, Sharon L. Bushey</b>
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60	<b>Electrolysis Center,</b> <i>Shirley Schneider</i>
203	<b>Elfin H. Hill Specialty Baking,</b> <i>Emma Stephenson</i>
93	<b>Elizabeth A. Busch,</b> <i>Elizabeth A. Busch</i>
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51	<b>Elizabeth D. Frey,</b> <i>Elizabeth D. Frey</i>
160	<b>Elizabeth F. Miller, Title Abstracting,</b> <i>Elizabeth F. Miller</i>
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184	<b>Fox Hollow Enterprises,</b> <i>Rosalind Morgan &amp; Susan Young</i>
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64	InnerVision, <i>Maryann B. Hostetler</i>
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29	<b>Truffles Cafe, Ellen Spiegelman</b>
198	<b>Truffles Cafe, Ellen Spiegelman</b>
59	<b>Turbyne &amp; Associates, Cathy Turbyne &amp; Kay Pinkham</b>
146	<b>Turbyne &amp; Associates, Cathy Turbyne &amp; Kay Pinkham</b>
120	<b>Turtle Gallery, Elena Kubler</b>
150	<b>Turtle Gallery, Elena Kubler</b>
136	<b>Ultra Coiffures, Linda Keithley &amp; Maxine Martell</b>
38	<b>Undercover Elegance, Holly Oakes</b>
202	<b>Undercover Elegance, Holly Oakes</b>
134	<b>Univoice Graphic Design, Katie Murphy</b>
42	<b>Utile - Macintosh Training, Elisabeth M. Webster</b>
90	<b>Utile - Macintosh Training, Elisabeth M. Webster</b>
59	<b>Vantage Point, Diana Scully</b>
2	<b>Vicarage by the Sea, Joan Peterson-Moulton, PH.D</b>
173	<b>Vickers Et Al., Betsy Vickers</b>
190	<b>Vickers Et Al., Betsy Vickers</b>
195	<b>Victoria Realty, Jackie Dubay</b>
29	<b>Village Farm Caterers, Sharon Hathaway &amp; Allyson White</b>
206	<b>Village Farm Caterers, Sharon Hathaway &amp; Allyson White</b>
106	<b>Village Wearer, Phyllis Leck</b>
213	<b>Village Wearer, Phyllis Leck</b>
47	<b>Visual Effects Painting and Papering, Kathy Knight</b>
158	<b>Visual Effects Painting and Papering, Kathy Knight</b>
59	<b>Vocational Resources, Eileen Kalikow</b>
68	<b>Vocational Resources, Eileen Kalikow</b>
18	<b>Volumes, Lura Hastings-Lane</b>

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83	<b>Volumes</b> , <i>Lura Hastings-Lane</i>
207	<b>VPS Tours</b> , <i>Mary Beth Caffey</i>
26	<b>W.B. McCarty Associates</b> , <i>Nancy J. McCarty</i>
197	<b>W.B. McCarty Associates</b> , <i>Nancy J. McCarty</i>
202	<b>Waldoboro 5 &amp; 10</b> , <i>Emily Trask-Eaton</i>
134	<b>Walnut Hill Graphics</b> , <i>Sheila B. Johnson</i>
164	<b>Warren &amp; Currier</b> , <i>Carol G. Warren, Esq.</i>
190	<b>Warren Publishing Services</b> , <i>Maggie Warren</i>
223	<b>Warren Publishing Services</b> , <i>Maggie Warren</i>
125	<b>West Wind Greenhouse and Florist</b> , <i>Judith Lindsey-Foster</i>
84	<b>Widgeon Cove Studios</b> , <i>Georgeann Kuhl</i>
122	<b>Widgeon Cove Studios</b> , <i>Georgeann Kuhl</i>
84	<b>Wild Pear Designs</b> , <i>Elena Kubler &amp; J. Doster</i>
150	<b>Wild Pear Designs</b> , <i>Elena Kubler &amp; J. Doster</i>
125	<b>Wild Weeds, Etc.</b> , <i>Dorinne Spirito</i>
122	<b>Wilda B. Hutcheon Studio-Gallery</b> , <i>Wilda Hutcheon</i>
186	<b>Wilda B. Hutcheon Studio-Gallery</b> , <i>Wilda Hutcheon</i>
125	<b>Wildflowers of Maine</b> , <i>Kathryn Swift</i>
134	<b>Windswept Designs, Inc.</b> , <i>Karen Wales</i>
152	<b>Winter People</b> , <i>Carol A. Bouton</i>
173	<b>Winter People</b> , <i>Carol A. Bouton</i>
126	<b>Winterport Pizza House</b> , <i>Jeannie Wilson</i>
198	<b>Winterport Pizza House</b> , <i>Jeannie Wilson</i>
148	<b>Women Birthing Services</b> , <i>Barbara Prose, Midwife</i>
148	<b>Women Birthing Services</b> , <i>Heidi Filmore-Patrick, Midwife</i>
10	<b>Women Unlimited</b> , <i>Dale McCormick</i>
100	<b>Women Unlimited</b> , <i>Dale McCormick</i>
68	<b>Women's Center for Neuromuscular Therapy</b> , <i>Deborah D. Cook</i>
148	<b>Women's Center for Neuromuscular Therapy</b> , <i>Deborah D. Cook</i>
68	<b>Women's Worth Career Counseling</b> , <i>Jacqueline R. Murphy</i>
100	<b>Women's Worth Career Counseling</b> , <i>Jacqueline R. Murphy</i>
84	<b>Wood-n-Needles Craft Shop</b> , <i>Maxine Smith</i>
38	<b>Wool'N Goods</b> , <i>Mary Ann Solet</i>
84	<b>Wool'N Goods</b> , <i>Mary Ann Solet</i>
223	<b>Yankee Editorial Services</b> , <i>Melindea S. Gale</i>
26	<b>Your Personal Secretary</b> , <i>Jennifer Hill</i>
223	<b>Your Personal Secretary</b> , <i>Jennifer Hill</i>
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103	<b>American International Associates</b> , <i>Denise N. Paquette</i>
92	<b>Auburn Kumon Math</b> , <i>Nancy Pelletier</i>
202	<b>Bake More Melanie !!</b> , <i>Melanie Schupp</i>
3	<b>Barbara Simard</b> , <i>Barbara Simard</i>
19	<b>Barbara Simard</b> , <i>Barbara Simard</i>
126	<b>Bragdon's Redemption Center</b> , <i>Juanita Bragdon</i>
178	<b>Bragdon's Redemption Center</b> , <i>Juanita Bragdon</i>
50	<b>Christiansen Associates</b> , <i>Sonja Christiansen</i>
92	<b>Christiansen Associates</b> , <i>Sonja Christiansen</i>
32	<b>Classy Lady</b> , <i>Eva Jane Gallant</i>
199	<b>Classy Lady</b> , <i>Eva Jane Gallant</i>
50	<b>Cobbossee Computer Systems</b> , <i>M. Elaine Briggs</i>
93	<b>Cobbossee Computer Systems</b> , <i>M. Elaine Briggs</i>
128	<b>Computer Graphics &amp; Printing</b> , <i>Nancy Beaulé</i>
187	<b>Computer Graphics &amp; Printing</b> , <i>Nancy Beaulé</i>
50	<b>Counseling &amp; Consultation Associates, P.A.</b> , <i>Julia Huttel, LCSW</i>
63	<b>Counseling &amp; Consultation Associates, P.A.</b> , <i>Julia Huttel, LCSW</i>
156	<b>Decorating Plus</b> , <i>Lynne Maxfield</i>
11	<b>Donna L. Emerson, Registered Architect</b> , <i>Donna Emerson</i>
45	<b>Donna L. Emerson, Registered Architect</b> , <i>Donna Emerson</i>
149	<b>Finally Yours</b> , <i>Nancy Nicholson</i>
169	<b>Garrand &amp; Co., Inc</b> , <i>Brenda Garrand</i>
53	<b>Homeschool Associates</b> , <i>Shirley M.R. Minster</i>
95	<b>Homeschool Associates</b> , <i>Shirley M.R. Minster</i>
171	<b>J.M.H. Publishing/The Bride's Planner</b> , <i>Joline Hachey</i>
188	<b>J.M.H. Publishing/The Bride's Planner</b> , <i>Joline Hachey</i>
55	<b>Leslie Cosgrove-McBride</b> , <i>Leslie Cosgrove-McBride</i>
190	<b>Leslie Cosgrove-McBride</b> , <i>Leslie Cosgrove-McBride</i>
131	<b>Margaret Rice, Designer &amp; Illustrator</b> , <i>Margaret Rice</i>
111	<b>Murch &amp; Dyer Associates</b> , <i>Loretta G. Dyer</i>
154	<b>Murch &amp; Dyer Associates</b> , <i>Loretta G. Dyer</i>
204	<b>Pastry Place</b> , <i>Wendy Smith</i>
217	<b>Pastry Place</b> , <i>Wendy Smith</i>
79	<b>Phoenix Rising Ceramic Studio</b> , <i>Dolores F. Upton</i>
46	<b>Precast Structures, Inc.</b> , <i>Claire A. Westcott</i>
111	<b>Prudential Insurance</b> , <i>Nancy D. Jutras, Sp.Agent/RR</i>
154	<b>Prudential Insurance</b> , <i>Nancy D. Jutras, Sp.Agent/RR</i>
213	<b>Punkin Bear Designs</b> , <i>Phyllis Benoit</i>
82	<b>The Gathering</b> , <i>Betty Crush</i>
158	<b>The Gathering</b> , <i>Betty Crush</i>
37	<b>The Lady Stitches</b> , <i>Nancy Marden</i>
12	<b>The Practical Astrologer</b> , <i>Abbe Anderson, MBA</i>
58	<b>The Practical Astrologer</b> , <i>Abbe Anderson, MBA</i>
13	<b>The Toy Shop</b> , <i>Jane Steeves</i>
163	<b>Trafton &amp; Matzen</b> , <i>Barbara L. Raimondi, Esq.-Senior Partner</i>
59	<b>Turbyne &amp; Associates</b> , <i>Cathy Turbyne &amp; Kay Pinkham</i>
146	<b>Turbyne &amp; Associates</b> , <i>Cathy Turbyne &amp; Kay Pinkham</i>
29	<b>Village Farm Caterers</b> , <i>Sharon Hathaway &amp; Allyson White</i>
206	<b>Village Farm Caterers</b> , <i>Sharon Hathaway &amp; Allyson White</i>
207	<b>VPS Tours</b> , <i>Mary Beth Caffey</i>
26	<b>W.B. McCarty Associates</b> , <i>Nancy J. McCarty</i>
197	<b>W.B. McCarty Associates</b> , <i>Nancy J. McCarty</i>
10	<b>Women Unlimited</b> , <i>Dale McCormick</i>
100	<b>Women Unlimited</b> , <i>Dale McCormick</i>

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138	<b>Aural Rehabilitation Services/ARS Hearing Aids,</b> <i>Jean L. Toth, MA, CCC-A</i>
13	<b>Bell's Body and Paint Shop, Inc.,</b> <i>Marjorie Bell</i>
164	<b>Bradbury Barrel Company,</b> <i>Adelle F. Bradbury</i>
178	<b>Bradbury Barrel Company,</b> <i>Adelle F. Bradbury</i>
160	<b>Cecilia B. Rhoda,</b> <i>Cecilia B. Rhoda</i>
19	<b>Claudette's Window Products,</b> <i>Claudette Boucher</i>
155	<b>Claudette's Window Products,</b> <i>Claudette Boucher</i>
122	<b>Cook Florist Inc.,</b> <i>Margaret Cook Duncan</i>
71	<b>Creative Silks &amp; Gifts,</b> <i>Karen M. St. Peter</i>
123	<b>Creative Silks &amp; Gifts,</b> <i>Karen M. St. Peter</i>
63	<b>Diane Leardi, MSW, LCSW, BCD,</b> <i>Diane Leardi</i>
180	<b>Esquaree's Dog Grooming,</b> <i>Esquaree R. Payne</i>
169	<b>Fox Hollow Enterprises,</b> <i>Rosalind Morgan &amp; Susan Young</i>
184	<b>Fox Hollow Enterprises,</b> <i>Rosalind Morgan &amp; Susan Young</i>
140	<b>Gentle Touch - Foot Reflexology,</b> <i>Annette L. Wolfe, Certified Reflexologist</i>
180	<b>Home Farm Kennels,</b> <i>Norma B. Milton</i>
29	<b>Kid's Stuff,</b> <i>Deborah Sirois</i>
34	<b>Kid's Stuff,</b> <i>Deborah Sirois</i>
171	<b>Lucinda J. Hebert,</b> <i>Lucinda J. Hebert</i>
221	<b>Lucinda J. Hebert,</b> <i>Lucinda J. Hebert</i>
162	<b>Margaret T. Johnson, Attorney at Law,</b> <i>Margaret T. Johnson</i>
76	<b>Milliard Farms,</b> <i>Darcy Milliard</i>
123	<b>Milliard Farms,</b> <i>Darcy Milliard</i>
135	<b>Modern Beauty Salon, Inc.,</b> <i>Helen M. Hatfield</i>
35	<b>Pancsofar's Bridal Shop,</b> <i>Paula Bradley</i>
135	<b>Shear Delight Hairstyles,</b> <i>Lisa Norton</i>
133	<b>South Point Media,</b> <i>Constance M. Tucker</i>
172	<b>South Point Media,</b> <i>Constance M. Tucker</i>
37	<b>The Custom Sewing Shoppe,</b> <i>AnnMarie Guerrette</i>
106	<b>The Custom Sewing Shoppe,</b> <i>AnnMarie Guerrette</i>
18	<b>Volumes,</b> <i>Lura Hastings-Lane</i>
83	<b>Volumes,</b> <i>Lura Hastings-Lane</i>
122	<b>Wilda B. Hutcheon Studio-Gallery,</b> <i>Wilda Hutcheon</i>
186	<b>Wilda B. Hutcheon Studio-Gallery,</b> <i>Wilda Hutcheon</i>

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69	<b>Alida S. Landry, Alida S. Landry</b>
210	<b>Alida S. Landry, Alida S. Landry</b>
32	<b>Amaryllis Clothing Co., Inc., Susan Bergier</b>
192	<b>Angle Associates, Bethany Angle</b>
69	<b>Ash Cove Pottery, Susan Horowitz</b>
213	<b>Ash Cove Pottery, Susan Horowitz</b>
186	<b>Astarte Shell Press, Deborah Leighton</b>
3	<b>Atlantic Business Services, Marlene D'Souza</b>
18	<b>Atlantic Business Services, Marlene D'Souza</b>
128	<b>B &amp; W Typography, Inc., Mary York</b>
179	<b>B &amp; W Typography, Inc., Mary York</b>
48	<b>BeautiControl, Terri Ward - Image Consultant</b>
59	<b>BeautiControl, Terri Ward - Image Consultant</b>
49	<b>BeautiControl Cosmetics, Judith Cote</b>
59	<b>BeautiControl Cosmetics, Judith Cote</b>
158	<b>Bethany Angle, Private Investigator, Bethany Angle</b>
62	<b>Beverly Prosser Gelwick, Ph.D., A.B.P.P., Beverly Prosser</b>
138	<b>Beverly Prosser Gelwick, Ph.D., A.B.P.P., Beverly Prosser</b>
107	<b>Blue Sky Produce, Lynn Thurston</b>
202	<b>Blue Sky Produce, Lynn Thurston</b>
69	<b>Blueberries &amp; Granite, Nancy Foster-Wolf</b>
199	<b>Blueberries &amp; Granite, Nancy Foster-Wolf</b>
138	<b>Bodyworks Massage Therapy, Susan Porter</b>
44	<b>Bonnie Jackson, Bonnie Jackson</b>
151	<b>Bonnie Jackson, Bonnie Jackson</b>
92	<b>Bordwell Consulting, Sue Ellen Bordwell</b>
159	<b>Bordwell Consulting, Sue Ellen Bordwell</b>
114	<b>Brown Goldsmiths, Judith Libby Brown</b>
14	<b>Budgeting &amp; Bookkeeping Business, Lori Hussey</b>
49	<b>Budgeting &amp; Bookkeeping Business, Lori Hussey</b>
4	<b>By The Numbers, Elizabeth J. K. Massanek</b>
16	<b>By The Numbers, Elizabeth J. K. Massanek</b>
114	<b>Campbell &amp; Co., B.J. Campbell</b>
165	<b>Campbell &amp; Co., B.J. Campbell</b>
39	<b>Capital Connections, Karen Feld</b>
218	<b>Capital Connections, Karen Feld</b>
11	<b>Casco Bay Drafting and Design, Elizabeth Jamison</b>
165	<b>Casco Paper Box Co., Laures T. Perkins</b>
187	<b>Casco Paper Box Co., Laures T. Perkins</b>
139	<b>Catherine Schwenk Massage Therapist, Catherine Schwenk</b>
195	<b>Catherine Schwenk Massage Therapist, Catherine Schwenk</b>
16	<b>Center for New Age Studies Bookstore/PWE, Patricia Balzer</b>
70	<b>Ceramic Choreography, Dianne Morgan</b>
114	<b>Ceramic Choreography, Dianne Morgan</b>
165	<b>Chapman Corp., Joy Bishop</b>
178	<b>Chapman Corp., Joy Bishop</b>
49	<b>Child Care Concepts, Lisa Freitas</b>
92	<b>Child Care Concepts, Lisa Freitas</b>
62	<b>Clarity Facilitation Services, Joan Best Murphy</b>
92	<b>Clarity Facilitation Services, Joan Best Murphy</b>
151	<b>Coastal Management Company, Kathleen J. Roberts, CPM</b>
192	<b>Coastal Management Company, Kathleen J. Roberts, CPM</b>
148	<b>Comfort Quilts of Freeport, Maine, Inc, Maxine L. Morgan</b>
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153	<b>Commercial Liability Adjusters, Rose M. Larkin</b>
9	<b>Counseling/Psychotherapy, Barbara Loewenberg-Irlandy M.A., R.T.C</b>
63	<b>Counseling/Psychotherapy, Barbara Loewenberg-Irlandy M.A., R.T.C</b>
71	<b>Cricket Horse Farm, Susan McIntosh</b>
214	<b>Cricket Horse Farm, Susan McIntosh</b>
51	<b>Cummings McNulty, Trudy McNulty</b>
207	<b>Cummings McNulty, Trudy McNulty</b>
1	<b>Cushing Homestead, Mrs. Susan Longanecker</b>
193	<b>Cushing Homestead, Mrs. Susan Longanecker</b>
86	<b>Custom Communications, Susan Gold</b>
220	<b>Custom Communications, Susan Gold</b>
184	<b>Cynthia-Allan Photographers, Cynthia Kellis</b>
51	<b>Dee Kelsey and Associates, Dee Kelsey</b>
93	<b>Dee Kelsey and Associates, Dee Kelsey</b>
33	<b>Doncaster, Sharon L. Bushey</b>
72	<b>Double Ewe, Laurel A. Davis</b>
211	<b>Double Ewe, Laurel A. Davis</b>
39	<b>Dow &amp; Associates, Joan L. Dow</b>
220	<b>Dow &amp; Associates, Joan L. Dow</b>
39	<b>Eberhardt/Impact, Barbara Eberhardt</b>
93	<b>Eberhardt/Impact, Barbara Eberhardt</b>
33	<b>Educate The Children, Marji Greenhut</b>
214	<b>Educate The Children, Marji Greenhut</b>
51	<b>Elizabeth D. Frey, Elizabeth D. Frey</b>
193	<b>ERA Foster, Sharon Diran &amp; Susan Searles</b>
44	<b>EVENT Bridal Magazine, Inc., Helen McLoy</b>
169	<b>EVENT Bridal Magazine, Inc., Helen McLoy</b>
33	<b>Exclusively Yours, Lois Tourangeau</b>
108	<b>F.L. Putnam/Winslow Investment Management Co., Wendy Bush</b>
108	<b>Financial Security Services, Sara Jane Elliot</b>
72	<b>Fine Landscape Pottery, Gail J. L. Kass</b>
115	<b>Fine Wares Restoration, Sharon Smith Abbott</b>
22	<b>Finnegan &amp; Associates, Mary Finnegan</b>
52	<b>Finnegan &amp; Associates, Mary Finnegan</b>
176	<b>Footlights, Diane S. Berry</b>
180	<b>For Pets' Sake, Martha Dares &amp; Sarah McCann</b>
200	<b>For Pets' Sake, Martha Dares &amp; Sarah McCann</b>
52	<b>For Starters (business start-up), Melissa Codd</b>
63	<b>Gayle Hannah, Ph.D., L.C.P.C., Gayle Hannah</b>
169	<b>Generated Image, Susan Martin</b>
188	<b>Generated Image, Susan Martin</b>
86	<b>Graphic Arts Consulting Services, Julie Motherwell</b>
220	<b>Graphic Arts Consulting Services, Julie Motherwell</b>
108	<b>H.M. Payson &amp; Co., Laura McDill</b>
153	<b>Hagerman Insurance Agency, Judith A. Hagerman</b>
27	<b>Handmade Desserts, Carolyn Stephens</b>
203	<b>Handmade Desserts, Carolyn Stephens</b>
110	<b>Hanna Associates, Inga H. Hanna, CFP</b>
175	<b>Harnden Auction Services Inc., Sylvia A. Adams</b>
194	<b>Harnden Auction Services, Inc., Sylvia A. Adams</b>
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54	Innovative Management Associates, <i>JoAnn Peeples</i>
95	Innovative Management Associates, <i>JoAnn Peeples</i>
95	Insurance Training & Placement Services, <i>Auta M. Main</i>
54	Janet Eastman Associates, <i>Janet Eastman</i>
96	Janet Eastman Associates, <i>Janet Eastman</i>
54	Janet Stewart: Writing Consultant, <i>Janet J. Stewart</i>
221	Janet Stewart: Writing Consultant, <i>Janet J. Stewart</i>
55	Joan Martay & Associates, <i>Joan Martay</i>
96	Joan Martay & Associates, <i>Joan Martay</i>
157	Kay's Decorating Center, <i>Shirley Commoss</i>
16	Kettle Cove Currency, <i>Bertelle Brooking</i>
64	Kettle Cove Currency, <i>Bertelle Brooking</i>
74	Kim's Stencilled Crafts, Inc., <i>Kim Goodwin</i>
23	Lebel Personnel, <i>Cindy Lebel, CPC</i>
45	Lewis Design/Build, <i>Karen Lewis</i>
186	Lewis Design/Build, <i>Karen Lewis</i>
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65	Linda Heller, L.C.S.W., <i>Linda Heller</i>
141	Linda Heller, L.C.S.W., <i>Linda Heller</i>
152	LT's Inc., <i>Linda Tobey</i>
6	Lu Bauer, CPA, <i>Lu Bauer</i>
65	Lu Bauer, CPA, <i>Lu Bauer</i>
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221	Lucy Oatley, Writer/Photographer, <i>Lucy Oatley</i>
74	Lucy's Linens, <i>Lucy Wagner</i>
215	Lucy's Linens, <i>Lucy Wagner</i>
75	Ma Culley's Old Softies, <i>Colleen Moser</i>
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75	Maine Potters Market, <i>Susan Horowitz</i>
17	Maine Street Books, <i>Cynthia L. Cote</i>
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118	Marji Greenhut Photography, <i>Marji Greenhut</i>
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105	Martha Hall - Natural Fibre Yarns, <i>Jody Halliday</i>
200	Martha Hall - Natural Fibre Yarns, <i>Jody Halliday</i>
8	Mary McVey Accounting/Tax Service, <i>Mary McVey</i>
103	Medical Resources Export Company, Inc., <i>Sandra Leinonen Perry</i>
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118	Michelle Henning Porcelain, <i>Michelle M. Henning</i>
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66	Millie Donahue, LCSW, <i>Millie Donahue</i>
163	Mittel, Asen, Eggert & Hunter, <i>Susan Hunter, Esq.</i>
151	Mobile Home Brokers Unlimited, <i>Libbey McElhinney</i>
194	Mobile Home Brokers Unlimited, <i>Libbey McElhinney</i>
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216	<b>Mrs. Bones' Decorative Pet Collars, <i>Janice Parkinson-Tucker</i></b>
100	<b>Music Recreation, <i>Sandra W. Philbrook</i></b>
197	<b>Music Recreation, <i>Sandra W. Philbrook</i></b>
77	<b>My Sister's Place, <i>Gail Barrell</i></b>
118	<b>My Sister's Place, <i>Gail Barrell</i></b>
98	<b>National Coalition Building Institute, <i>Asherah Cinnamon</i></b>
176	<b>Neighbor's Ink, <i>Judith Warren</i></b>
56	<b>Neva S. Cram Associates, <i>Neva S. Cram, M.S.</i></b>
105	<b>Neverfinished Farm, <i>Michelle Henning</i></b>
212	<b>Neverfinished Farm, <i>Michelle Henning</i></b>
56	<b>New Leaves, <i>Rhoda Mitchell</i></b>
66	<b>New Leaves, <i>Rhoda Mitchell</i></b>
14	<b>North Atlantic Marine, Inc., <i>Diana D. Artiaga</i></b>
176	<b>North Atlantic Marine, Inc., <i>Diana D. Artiaga</i></b>
44	<b>Northern Pines Conference Center, <i>Marlee Turner</i></b>
145	<b>Northern Pines Conference Center, <i>Marlee Turner</i></b>
56	<b>Oak Hill Counseling, <i>Debra Boxer</i></b>
67	<b>Oak Hill Counseling, <i>Debra Boxer</i></b>
40	<b>Odyssey, <i>Gail Rossi</i></b>
189	<b>Odyssey, <i>Gail Rossi</i></b>
56	<b>Old Port Counseling &amp; Consulting Services, <i>Ms. Everil Perreault</i></b>
67	<b>Old Port Counseling &amp; Consulting Services, <i>Ms. Everil Perreault</i></b>
145	<b>Oral &amp; Maxillofacial Surgery, <i>Dr. Cynthia A. Battel</i></b>
88	<b>PageWorks, <i>Carol E.S.C. Jones</i></b>
132	<b>PageWorks, <i>Carol E.S.C. Jones</i></b>
88	<b>Peggy Mason Graphics, <i>Peggy Mason</i></b>
132	<b>Peggy Mason Graphics, <i>Peggy Mason</i></b>
124	<b>Perennial Point of View, <i>M'Lou Terry</i></b>
217	<b>Perkins Seafood, <i>Joan M. Perkins</i></b>
8	<b>Personalized Financial Services, <i>Jennifer Jenkins</i></b>
111	<b>Personalized Financial Services, <i>Jennifer Jenkins</i></b>
57	<b>Peterson-Moulton Associates, <i>Joan Peterson-Moulton, PH.D</i></b>
80	<b>Quixote Designs, <i>Peggy Dunn</i></b>
186	<b>Quixote Designs, <i>Peggy Dunn</i></b>
112	<b>Ram Asset Management, <i>Ann C. Goggin</i></b>
152	<b>Ram Asset Management, <i>Ann C. Goggin</i></b>
195	<b>RE/MAX, <i>Claudine Miller &amp; Laurie Riley</i></b>
11	<b>Redhouse Architects, <i>Jenny Potter Scheu</i></b>
132	<b>Redhouse Architects, <i>Jenny Potter Scheu</i></b>
98	<b>Reed's Parlimentary Services, <i>Colleen G. Reed, PRP</i></b>
67	<b>Roberta Bass, LCSW, <i>Roberta Bass</i></b>
186	<b>Roto-Rooter, <i>Jacqueline Pike</i></b>
178	<b>Sally B. Herr, Speech/Language Pathologist, <i>Sally B. Herr</i></b>
127	<b>Schooners &amp; Sails, <i>Linda Hoppe</i></b>
218	<b>Schooners &amp; Sails, <i>Linda Hoppe</i></b>
168	<b>See Product Packaging Company, <i>Linda Haffley</i></b>
36	<b>Sew Creative, <i>Noelle Lord</i></b>
36	<b>Sew Perfect, <i>Cindy McLellan</i></b>
112	<b>Shearson Lehman Brothers, <i>Claire R. Cooney</i></b>
146	<b>Shiatsu Massage, <i>Nityamo</i></b>
197	<b>Shiatsu Massage, <i>Nityamo</i></b>
80	<b>Shirley E. Prout Quilts, <i>Shirley E. Prout</i></b>
150	<b>Shirley E. Prout Quilts, <i>Shirley E. Prout</i></b>
9	<b>Small Business Accounting Service, Inc., <i>Sandy Farris</i></b>

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85	<b>South Portland Kumon Math Center,</b> <i>Susan Ferris</i>
99	<b>South Portland Kumon Math Center,</b> <i>Susan Ferris</i>
58	<b>Southern Maine Forestry Services,</b> <i>Lauri Noel</i>
102	<b>Southern Maine Forestry Services,</b> <i>Lauri Noel</i>
40	<b>Speak for Yourself,</b> <i>Dianne Holly</i>
99	<b>Speak for Yourself,</b> <i>Dianne Holly</i>
178	<b>Springdale Farm Tack Shop,</b> <i>Margaret A. St. Pierre</i>
182	<b>Springdale Farm Tack Shop,</b> <i>Margaret A. St. Pierre</i>
101	<b>Sunset Studio-Fine Arts/Island Hand-Puppet Theater,</b> <i>Martha Feehan</i>
120	<b>Sunset Studio-Fine Arts/Island Hand-Puppet Theater,</b> <i>Martha Feehan</i>
37	<b>Susan Aldrich,</b> <i>Susan Aldrich</i>
81	<b>Susan Aldrich,</b> <i>Susan Aldrich</i>
133	<b>Susan Garry Advertising Design/Graphic Design,</b> <i>Susan Garry</i>
172	<b>Susan Garry Advertising Design/Graphic Design,</b> <i>Susan Garry</i>
30	<b>The Baby Bag Company,</b> <i>Elizabeth Andrews</i>
168	<b>The Baby Bag Company,</b> <i>Elizabeth Andrews</i>
99	<b>The Badvertising Institute,</b> <i>Bonnie Vierthaler</i>
175	<b>The Badvertising Institute,</b> <i>Bonnie Vierthaler</i>
27	<b>The Chocolate Deli,</b> <i>Jennifer Laskey</i>
201	<b>The Chocolate Deli,</b> <i>Jennifer Laskey</i>
82	<b>The Competition Foods Inc.,</b> <i>Chris Cole &amp; Connie Pelkey</i>
205	<b>The Competition Foods Inc.,</b> <i>Chris Cole &amp; Connie Pelkey</i>
184	<b>The Dog Lady-Professional Dog Care,</b> <i>Linda C. Crowley</i>
37	<b>the house of stiles,</b> <i>Judy Oliver</i>
133	<b>The Production Studio,</b> <i>Nancy Sosman</i>
172	<b>The Production Studio,</b> <i>Nancy Sosman</i>
158	<b>The Well Dressed Window,</b> <i>Suzanne Martin</i>
126	<b>The Whole Grocer,</b> <i>Elise Thibodeau</i>
205	<b>The Whole Grocer,</b> <i>Elise Thibodeau</i>
173	<b>TMT Marketing,</b> <i>Teresa McCann-Tumidajski</i>
32	<b>Tom &amp; Jerry's Distributors,</b> <i>Kristin Flaherty &amp; Marilyn Flaherty</i>
14	<b>Tommy's,</b> <i>Theda Shafran</i>
136	<b>Tommy's,</b> <i>Theda Shafran</i>
2	<b>Travel Planners,</b> <i>Joana Oest</i>
209	<b>Travel Planners,</b> <i>Joana Oest</i>
100	<b>Trudy McNulty Associates,</b> <i>Trudy McNulty</i>
173	<b>Trudy McNulty Associates,</b> <i>Trudy McNulty</i>
120	<b>Turtle Gallery,</b> <i>Elena Kubler</i>
150	<b>Turtle Gallery,</b> <i>Elena Kubler</i>
38	<b>Undercover Elegance,</b> <i>Holly Oakes</i>
202	<b>Undercover Elegance,</b> <i>Holly Oakes</i>
134	<b>Univoice Graphic Design,</b> <i>Katie Murphy</i>
2	<b>Vicarage by the Sea,</b> <i>Joan Peterson-Moulton, PH.D</i>
173	<b>Vickers Et Al.,</b> <i>Betsy Vickers</i>
190	<b>Vickers Et Al.,</b> <i>Betsy Vickers</i>
59	<b>Vocational Resources,</b> <i>Eileen Kalikow</i>
68	<b>Vocational Resources,</b> <i>Eileen Kalikow</i>
134	<b>Walnut Hill Graphics,</b> <i>Sheila B. Johnson</i>
164	<b>Warren &amp; Currier,</b> <i>Carol G. Warren, Esq.</i>
84	<b>Widgeon Cove Studios,</b> <i>Georgeann Kuhl</i>
122	<b>Widgeon Cove Studios,</b> <i>Georgeann Kuhl</i>
152	<b>Winter People,</b> <i>Carol A. Bouton</i>
173	<b>Winter People,</b> <i>Carol A. Bouton</i>
148	<b>Women Birthing Services,</b> <i>Heidi Filmore-Patrick, Midwife</i>

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100	Women's Worth Career Counseling, <i>Jacqueline R. Murphy</i>
223	Yankee Editorial Services, <i>Melindea S. Gale</i>



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115	<b>Dead River Gifts, Carolyn G. Cary</b>
116	<b>Frage Sculpted Jewelry, Patty Krueger Jacobs</b>
22	<b>G. Bousum Enterprises, Inc., Virginia Dyer Bousum</b>
52	<b>G. Bousum Enterprises, Inc., Virginia Dyer Bousum</b>
166	<b>Grandy Oats, Penny Hoagland &amp; Sarah Carpenter</b>
203	<b>Grandy Oats, Penny Hoagland &amp; Sarah Carpenter</b>
117	<b>Maiden Clay, Ann C. Walker &amp; Mardy G. Bogar</b>
167	<b>Maine Mountain Mixes, Wanda Carlisle</b>
204	<b>Maine Mountain Mixes, Wanda Carlisle</b>
118	<b>Marni Lawson Watercolors, Marni Lawson</b>
157	<b>Marni Lawson Watercolors, Marni Lawson</b>
40	<b>Nancy Marshall Communications, Nancy Marshall</b>
207	<b>Nancy Marshall Communications, Nancy Marshall</b>
119	<b>Nikki Adams Handcrafted Jewelry, Nikki Adams</b>
46	<b>Norpine Landscape, Inc., Elizabeth Ann Listowich</b>
124	<b>Norpine Landscape, Inc., Elizabeth Ann Listowich</b>
179	<b>The Rangeley Woodcrafter, Claudia Comstock</b>

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29	<b>A Mom Who Knows</b> , <i>Pat Sager-Horton</i>
164	<b>A Mom Who Knows</b> , <i>Pat Sager-Horton</i>
10	<b>All Manner of Things...</b> , <i>Audri Tuverson</i>
155	<b>All Manner of Things...</b> , <i>Audri Tuverson</i>
1	<b>Bass Cove Farm Bed &amp; Breakfast</b> , <i>Mary Ann Solet</i>
206	<b>Bass Cove Farm Bed &amp; Breakfast</b> , <i>Mary Ann Solet</i>
1	<b>Bed &amp; Breakfast Down East, Ltd.</b> , <i>Sally B. Godfrey</i>
206	<b>Bed &amp; Breakfast Down East, Ltd.</b> , <i>Sally B. Godfrey</i>
1	<b>Bouldaire Conference Center</b> , <i>Joy Hoffman</i>
42	<b>Bouldaire Conference Center</b> , <i>Joy Hoffman</i>
15	<b>Business Management Systems</b> , <i>Lorna M. White</i>
70	<b>C D BARNES Unusual Wooden Picture Puzzles</b> , <i>Constance D. Barnes</i>
114	<b>C D BARNES Unusual Wooden Picture Puzzles</b> , <i>Constance D. Barnes</i>
107	<b>Carol B. Loehr</b> , <i>Carol B. Loehr</i>
210	<b>Carol B. Loehr</b> , <i>Carol B. Loehr</i>
208	<b>Cynthia Reilly</b> , <i>Cynthia Reilly</i>
220	<b>Cynthia Reilly</b> , <i>Cynthia Reilly</i>
115	<b>Denise Barbieri</b> , <i>Denise Barbieri</i>
130	<b>Denise Barbieri</b> , <i>Denise Barbieri</i>
149	<b>Doster Woodworking</b> , <i>J. Doster</i>
39	<b>Dudman Communications Corporation</b> , <i>Martha T. Dudman</i>
72	<b>Eastern Bay Gallery</b> , <i>Kate Fairchild</i>
200	<b>Eastern Bay Gallery</b> , <i>Kate Fairchild</i>
5	<b>Foster Data Service</b> , <i>Kathy Foster</i>
22	<b>Foster Data Service</b> , <i>Kathy Foster</i>
116	<b>Green Head Forge</b> , <i>Harriet R. Hemenway</i>
190	<b>GreenTree Communications</b> , <i>Leslie R. Johnson</i>
130	<b>Imprint</b> , <i>Linda Packard</i>
170	<b>Imprint</b> , <i>Linda Packard</i>
104	<b>Island Yarns &amp; Yardage-Winters Work</b> , <i>Sue Jones Hill</i>
211	<b>Island Yarns &amp; Yardage-Winters Work</b> , <i>Sue Jones Hill</i>
194	<b>J. N. Gray, Real Estate Appraisals</b> , <i>Jacqueline N. Gray</i>
130	<b>J.B. Graphics</b> , <i>Jennifer Blake</i>
170	<b>J.B. Graphics</b> , <i>Jennifer Blake</i>
73	<b>Janet Redfield Stained Glass</b> , <i>Janet Redfield</i>
157	<b>Janet Redfield Stained Glass</b> , <i>Janet Redfield</i>
34	<b>Kathy Woell Handwoven Garments</b> , <i>Kathleen Woell</i>
212	<b>Kathy Woell Handwoven Garments</b> , <i>Kathleen Woell</i>
65	<b>LOC Associates/Women's Center of Mount Desert Island</b> , <i>Lois J. Maltais</i>
131	<b>Looseleaf Studio</b> , <i>Molly O'Rourke</i>
221	<b>Margaret S. Overton</b> , <i>Margaret S. Overton</i>
8	<b>Maryanne M. Mattson, CPA</b> , <i>Maryanne M. Mattson</i>
24	<b>Maryanne M. Mattson, CPA</b> , <i>Maryanne M. Mattson</i>
12	<b>Modular Media</b> , <i>Judy McGeorge</i>
42	<b>Modular Media</b> , <i>Judy McGeorge</i>
78	<b>North Country Textiles</b> , <i>Sheila Denny-Brown</i>
212	<b>North Country Textiles</b> , <i>Sheila Denny-Brown</i>
35	<b>Oliver Sudden</b> , <i>Susan Letts</i>
167	<b>Oliver Sudden</b> , <i>Susan Letts</i>
124	<b>Peddler's Wagon Greenhouses</b> , <i>Pamela A. Rackliffe</i>
217	<b>Peddler's Wagon Greenhouses</b> , <i>Pamela A. Rackliffe</i>
98	<b>Rebecca D. Mealey</b> , <i>Rebecca D. Mealey</i>
105	<b>Rebecca D. Mealey</b> , <i>Rebecca D. Mealey</i>
58	<b>Roberta S. Kuriloff, Attorney at Law</b> , <i>Roberta S. Kuriloff</i>
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136	<b>Shear Designs Salon</b> , <i>Alice Bagley</i>
146	<b>The Excellence Factor</b> , <i>Gerry Condon</i>
205	<b>The Excellence Factor</b> , <i>Gerry Condon</i>
26	<b>The Organizer</b> , <i>Brenda T. Cartwright</i>
58	<b>The Organizer</b> , <i>Brenda T. Cartwright</i>
38	<b>The Village Seamstress</b> , <i>Mary Alley</i>
106	<b>The Village Seamstress</b> , <i>Mary Alley</i>
84	<b>Wild Pear Designs</b> , <i>Elena Kubler &amp; J. Doster</i>
150	<b>Wild Pear Designs</b> , <i>Elena Kubler &amp; J. Doster</i>
84	<b>Wood-n-Needles Craft Shop</b> , <i>Maxine Smith</i>
38	<b>Wool'N Goods</b> , <i>Mary Ann Solet</i>
84	<b>Wool'N Goods</b> , <i>Mary Ann Solet</i>

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9	<b>Allen Associates, Carol Allen</b>
90	<b>Allen Associates, Carol Allen</b>
48	<b>Augusta Professional Services, Barbara E. Mayer, L.C.P.C.</b>
61	<b>Augusta Professional Services, Barbara E. Mayer, L.C.P.C.</b>
3	<b>Austin Law Offices, Joann Clark Austin, Esq.</b>
159	<b>Austin Law Offices, Joann Clark Austin, Esq.</b>
138	<b>Back to Work Center, Gaynor Miller</b>
27	<b>Ballons and Things, Jan Partridge</b>
69	<b>Basquette Gallery, Bonnie Giroux</b>
38	<b>Berard Communications, Suzanne J. Berard</b>
168	<b>Berard Communications, Suzanne J. Berard</b>
3	<b>Berkel Bookkeeping Service, Bernice Perpnan</b>
14	<b>Berkel Bookkeeping Service, Bernice Perpnan</b>
174	<b>Berry's Stationers, Martha M. Beals</b>
199	<b>Berry's Stationers, Martha M. Beals</b>
85	<b>Beth Kirkham Publications, Beth Kirkham</b>
153	<b>Betsi Jane Taylor, Agent-State Farm Insurance, Betsi Jane Taylor</b>
138	<b>Body Wise Centre, Ida Gammon Wilson</b>
19	<b>BusinessWorks, Julie Whittington</b>
86	<b>BusinessWorks, Julie Whittington</b>
19	<b>C: Scribe, Judith Hannum</b>
49	<b>C: Scribe, Judith Hannum</b>
60	<b>Carmen's Boutique - The Image &amp; Color Place, Carmen M. Dyer</b>
44	<b>Ceiling Tile Center, Lori Dumont</b>
136	<b>Ceiling Tile Center, Lori Dumont</b>
60	<b>Classic Image, Lise Theriault</b>
134	<b>Classic Image, Lise Theriault</b>
70	<b>Color Dance Cards, Barbara Kann</b>
214	<b>Color Dance Cards, Barbara Kann</b>
139	<b>Comprehensive Drug Testing Services of Maine, Sara Hunt</b>
20	<b>Connections Secretarial Services, Becky J. Davis, PLS, CPRW</b>
123	<b>Flowers by Butler Twins, Linda Butler Pekins</b>
214	<b>Flowers by Butler Twins, Linda Butler Pekins</b>
16	<b>Fremont and Julien - Cafe and Books, Shelly Messier</b>
198	<b>Fremont and Julien - Cafe and Books, Shelly Messier</b>
12	<b>Galley Group Publishing, Carolyn F. Smith</b>
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184	<b>Good Sports Photos, Deb Pluck</b>
86	<b>Graphic Design &amp; Illustration, Kate McCormack</b>
130	<b>Graphic Design &amp; Illustration, Kate McCormack</b>
44	<b>Great Gatherings, Susan MacPherson</b>
53	<b>Gupta Seminars: Personal &amp; Professional Development, Sudesh Gupta, M.A.</b>
63	<b>Gupta Seminars: Personal &amp; Professional Development, Sudesh Gupta, M.A.</b>
88	<b>Hinds' Hill Copy Center Plus, Kathryn Clark</b>
174	<b>Hinds' Hill Copy Center Plus, Kathryn Clark</b>
194	<b>Homestead Realty, Sue Doughty &amp; Marge Pelletier</b>
54	<b>Inter Reflections, Sally Baker, M. ED, LSAC</b>
95	<b>Inter Reflections, Sally Baker, M. ED, LSAC</b>
180	<b>Invisible Fencing of Central Maine, Elizabeth A. Rowe</b>
17	<b>Iron Horse Bookstore, Ms. Charlie Hartman</b>
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23	<b>Lina's Pet Resort, Lina A. Fontes</b>
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23	<b>Linda Roberts Office Services, Linda Roberts</b>
88	<b>Linda Roberts Office Services, Linda Roberts</b>
110	<b>Linker &amp; Mansfield, Associates, Carol Linker</b>
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162	<b>Logon Law, Janee S. Owen</b>
171	<b>Marketing Communications, Joyce McClure</b>
190	<b>Marketing Communications, Joyce McClure</b>
61	<b>Mary Kay Cosmetics, Nancy Harrington</b>
35	<b>MASA Knits of Maine, Carol DePesa</b>
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76	<b>Meridian Arts: Third &amp; Fourth World Crafts, Barbara Kann</b>
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9	<b>Moose Ridge Associates, Betsy Sweet</b>
97	<b>Moose Ridge Associates, Betsy Sweet</b>
198	<b>Our Place, Maryellen Gura &amp; Gail Pratt</b>
103	<b>Phoenix Rising Yoga Therapy/Yoga Classes, Susan Coady</b>
35	<b>Pixel Knits, Sue Westlake</b>
105	<b>Pixel Knits, Sue Westlake</b>
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79	<b>Purple Plashes, Anne Brooks</b>
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31	<b>Softouch Diaper Service, Ellen Wells-Malloy</b>
28	<b>Special Occasions, Diane Williams</b>
58	<b>Stirling Associates, S. Stirling Kendall</b>
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90	<b>Sullivan Design, Chris Sullivan</b>
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25	<b>Susan's Secretarial Services, Susan Decker</b>
67	<b>Susanne Stiefel, Ph.D., Susanne Stiefel</b>
67	<b>Teresa K. Fortier, M.S.W., L.C.S.W., Teresa K. Fortier</b>
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112	<b>Barnstable Originals, Marsha Smith</b>
218	<b>Bethany Thivierge, Bethany Thivierge</b>
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187	<b>Camden Type 'n Graphics, Connie Leavitt</b>
20	<b>D. E. Ripley Business Services, Deanna E. Ripley</b>
115	<b>Ducktrap Bay Trading, Co, Wendy Weiler</b>
200	<b>Ducktrap Bay Trading, Co, Wendy Weiler</b>
34	<b>Gambies, Georgia Zwartjes</b>
72	<b>Gambies, Georgia Zwartjes</b>
5	<b>Hazel Joanne Eaton Public Accountant, Hazel Joanne Eaton</b>
22	<b>Hazel Joanne Eaton Public Accountant, Hazel Joanne Eaton</b>
170	<b>Imagewright, Annie Higbee</b>
185	<b>Imagewright, Annie Higbee</b>
64	<b>InnerVision, Maryann B. Hostetler</b>
95	<b>InnerVision, Maryann B. Hostetler</b>
55	<b>Japan Services, Ms. Lee Sligh</b>
208	<b>Japan Services, Ms. Lee Sligh</b>
162	<b>Jean B. Chalmers, Esq., Jean B. Chalmers</b>
127	<b>Lunt Studio, Paula Jean Lunt</b>
185	<b>Lunt Studio, Paula Jean Lunt</b>
31	<b>M &amp; M Services, Marilyn D. Smith</b>
13	<b>Marine Surveying, Linda Trumbull</b>
77	<b>Nature's Gifts Wreath Co., Afton Stenger</b>
124	<b>Nature's Gifts Wreath Co., Afton Stenger</b>
66	<b>New Horizons Substance Abuse and Codependence Treatment, Lyn Donovan, LSAC</b>
78	<b>North Haven Gallery, June C. Hopkins</b>
119	<b>North Haven Gallery, June C. Hopkins</b>
119	<b>p.b. LAS Designs, goldsmiths, Patty Bolz &amp; Lisa Svedberg</b>
89	<b>Regional Activities Guide of Maine, Barbara Bay Rintz</b>
207	<b>Regional Activities Guide of Maine, Barbara Bay Rintz</b>
112	<b>Rittersdorf Financial Services, Pat Rittersdorf</b>
154	<b>Rittersdorf Financial Services, Pat Rittersdorf</b>
36	<b>Rosamond, Rosamond Field</b>
106	<b>Rosamond, Rosamond Field</b>
132	<b>Searles Design Inc., Karen Searls</b>
172	<b>Searles Design Inc., Karen Searls</b>
17	<b>Spencer Literary Development, Linda Spencer</b>
222	<b>Spencer Literary Development, Linda Spencer</b>
28	<b>Storybook Hat Company, Ann Silva</b>
81	<b>Storybook Hat Company, Ann Silva</b>
150	<b>The Store, Sara E. Foltz</b>
202	<b>The Store, Sara E. Foltz</b>
68	<b>Women's Center for Neuromuscular Therapy, Deborah D. Cook</b>
148	<b>Women's Center for Neuromuscular Therapy, Deborah D. Cook</b>

# Geographic Listing of Companies

## Lincoln County

<u>Page</u>	<u>Company Name</u>
12	<b>Astrological Counseling, Arifa Boehler</b>
61	<b>Astrological Counseling, Arifa Boehler</b>
69	<b>Aunt Eliza's Metalworks, Eliza M. Allison</b>
173	<b>Aunt Eliza's Metalworks, Eliza M. Allison</b>
85	<b>Basil Hill Graphics, Nina Medina</b>
128	<b>Basil Hill Graphics, Nina Medina</b>
196	<b>Chewonki Campgrounds, Pamela D. Brackett &amp; Ann Brackett Beck</b>
206	<b>Chewonki Campgrounds, Pamela D. Brackett &amp; Ann Brackett Beck</b>
209	<b>Damariscotta Travel Service, Inc., Christina Cummings, CTC</b>
203	<b>Elfin H. Hill Specialty Baking, Emma Stephenson</b>
140	<b>Footloose, Inc., Janet E. Stetser, D.Sc.</b>
93	<b>Good For You! Wellness Center, Virginia L. Hodgkins</b>
140	<b>Good For You! Wellness Center, Virginia L. Hodgkins</b>
141	<b>Healthy Adaptations-Occupational Therapy Services, Kathleen Cartwright OTR/L</b>
73	<b>Howard Jewelers, Gail Howard</b>
116	<b>Howard Jewelers, Gail Howard</b>
17	<b>Knight Equestrian Books, Janet Bleuins</b>
110	<b>Linker &amp; Mansfield, Associates, Marcia Mansfield</b>
154	<b>Linker &amp; Mansfield, Associates, Marcia Mansfield</b>
212	<b>Lisa Petra Wallace, Lisa Petra Wallace</b>
97	<b>Maine Avatar Center, Jeanne Wold &amp; Melissa Codd</b>
65	<b>MaryRae Means, M.Ed., L.C.P.C., MaryRae Means</b>
97	<b>MaryRae Means, M.Ed., L.C.P.C., MaryRae Means</b>
144	<b>Massage Therapy - Somatic Integration, Arifa Boehler</b>
66	<b>Mid-Coast Midwifery Services, Sally Barnes Morrison</b>
144	<b>Mid-Coast Midwifery Services, Sally Barnes Morrison</b>
198	<b>Miss Wiscasset Diner, Inc., Mary Lou Rogers</b>
107	<b>Oyster Creek Farm, Candice M. Heydon</b>
11	<b>Patricia Stauble Antiques &amp; Assoc., Patricia Stauble</b>
132	<b>Phophecy Designs, Inc., Kristina ML Nutting</b>
176	<b>Phophecy Designs, Inc., Kristina ML Nutting</b>
127	<b>Port O'Call Stationery, S. Margaret Pierce</b>
175	<b>Port O'Call Stationery, S. Margaret Pierce</b>
89	<b>Public Education Consultant, Jennifer Wilder Logan</b>
222	<b>Public Education Consultant, Jennifer Wilder Logan</b>
177	<b>Puffoons, Sharon Osborne</b>
124	<b>Shelley's Flowers, Shelley Pease</b>
25	<b>Skilled Office Support, Rebecca Parsons</b>
175	<b>The Copy Cat, Pam Meserve</b>
189	<b>The Copy Cat, Pam Meserve</b>
2	<b>The Stacked Arms, Dolores S. Maguire</b>
28	<b>The Stacked Arms, Dolores S. Maguire</b>
106	<b>Village Wearer, Phyllis Leck</b>
213	<b>Village Wearer, Phyllis Leck</b>
202	<b>Waldoboro 5 &amp; 10, Emily Trask-Eaton</b>

# Geographic Listing of Companies

## Oxford County

<b><u>Page</u></b>	<b><u>Company Name</u></b>
192	<b>Abbott House, Penny L. Bohac</b>
70	<b>Bonnema Pottery, Melody D. Bonnema</b>
164	<b>Bonnema Pottery, Melody D. Bonnema</b>
4	<b>Coastal Documentation, Susan Ellis</b>
127	<b>Foley Frame Shop, Elizabeth Foley</b>
170	<b>Gray Marketing, Wende Gray</b>
207	<b>Gray Marketing, Wende Gray</b>
196	<b>JNB's Putt &amp; Drive, Jill Berry</b>
162	<b>Joy's Interpretations, Joy Miller</b>
208	<b>Joy's Interpretations, Joy Miller</b>
74	<b>Kezar Lake Handcrafts, Jane Gleason</b>
28	<b>Kitchen Carnival, Robin Mello</b>
96	<b>Kitchen Carnival, Robin Mello</b>
74	<b>Lake Region Awards, Jeanne Rubly</b>
152	<b>Lake Region Awards, Jeanne Rubly</b>
196	<b>Mahoosuc Mountain Adventures, Polly Mahoney</b>
167	<b>Maine Balsam Fir Products, Wendy J. Newmeyer</b>
215	<b>Maine Balsam Fir Products, Wendy J. Newmeyer</b>
75	<b>Maine Mountain Confections, Pamela Libby</b>
203	<b>Maine Mountain Confections, Pamela Libby</b>
144	<b>Massage Therapy, Ellen Lindsey</b>
77	<b>Moose Pond Harbor Ceramics, Shirley R. Guthrie</b>
216	<b>Moose Pond Harbor Ceramics, Shirley R. Guthrie</b>
46	<b>Palmer Development Corp., Mary Anna S. Palmer</b>
151	<b>Palmer Development Corp., Mary Anna S. Palmer</b>
57	<b>Patricia Williams, Organizational Consultant, Patricia Williams</b>
98	<b>Patricia Williams, Organizational Consultant, Patricia Williams</b>
201	<b>Pleasant River Trading Co., Inc., Carol A. Parker</b>
205	<b>Pleasant River Trading Co., Inc., Carol A. Parker</b>
159	<b>Star Security, Barbara Dow</b>
37	<b>The Pussums Cat Co., Sheri Fowler</b>
134	<b>The Pussums Cat Co., Sheri Fowler</b>
38	<b>The Wild Rose, Mary E. Parker</b>
120	<b>The Wild Rose, Mary E. Parker</b>
120	<b>Tracy Tryder Jewelry, Tracy Tryder</b>
125	<b>Transformations, Deborah Dunfey Koliche</b>
99	<b>Translator/Cultural Consultant, Dr. Veronika Albrecht-Rodrigue</b>
208	<b>Translator/Cultural Consultant, Dr. Veronika Albrecht-Rodrigue</b>
148	<b>Women Birthing Services, Barbara Prose, Midwife</b>
101	<b>Zingo Zango Generic Jug Band, Ellen Lindsey</b>



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## Penobscot County

<u>Page</u>	<u>Company Name</u>
18	<b>A &amp; G Business Services</b> , <i>Amelia Gonyer &amp; Glenda Davis</i>
108	<b>A.G. Edwards &amp; Sons</b> , <i>Marge Erhardt</i>
126	<b>Bangor Frameworks</b> , <i>Sarah E. Morton</i>
18	<b>Bankers Life &amp; Casualty</b> , <i>Louise A. Lagassey</i>
62	<b>Bohac-Cardello Associates</b> , <i>Penny L. Bohac, R.N., M.ED</i>
49	<b>Brooks Technologies</b> , <i>Joan L. Brooks, Ph.D.</i>
101	<b>Brooks Technologies</b> , <i>Joan L. Brooks, Ph.D.</i>
14	<b>Business Management Systems</b> , <i>Valerie Clapp</i>
15	<b>Business Management Systems</b> , <i>Ethel F. Kennedy</i>
15	<b>Business Management Systems</b> , <i>Donna King</i>
15	<b>Business Management Systems</b> , <i>Lorelei McKinnon, Owner</i>
41	<b>Business Management Systems</b> , <i>Valerie Clapp</i>
41	<b>Business Management Systems</b> , <i>Donna King</i>
41	<b>Business Management Systems</b> , <i>Lorelei McKinnon, Owner</i>
148	<b>C.W. Hunt</b> , <i>Cheryl Hunt</i>
199	<b>C.W. Hunt</b> , <i>Cheryl Hunt</i>
139	<b>Caring Hands/Reflexology &amp; Massage</b> , <i>Linda Best</i>
62	<b>Carol Fienhage, MST</b> , <i>Carol Fienhage</i>
139	<b>Carol Fienhage, MST</b> , <i>Carol Fienhage</i>
50	<b>Christrup Tree Service</b> , <i>Janet Christrup</i>
101	<b>Christrup Tree Service</b> , <i>Janet Christrup</i>
41	<b>Computer Software Consultants</b> , <i>Connie Howell</i>
50	<b>Computer Software Consultants</b> , <i>Connie Howell</i>
45	<b>D &amp; S Trucking, Inc.</b> , <i>Donna Bouchard</i>
22	<b>Downeast Temporary Services</b> , <i>Julia Comeau</i>
60	<b>Electrolysis Center</b> , <i>Shirley Schneider</i>
93	<b>Elizabeth A. Busch</b> , <i>Elizabeth A. Busch</i>
115	<b>Elizabeth A. Busch</b> , <i>Elizabeth A. Busch</i>
108	<b>F.L. Putnam/Winslow Investment Management Co.</b> , <i>Jean M. Deighan</i>
102	<b>Forestcare</b> , <i>Izzy McKay</i>
160	<b>Forestcare</b> , <i>Izzy McKay</i>
61	<b>Full Effect Skin Care</b> , <i>Wendy Valenzuela</i>
140	<b>Full Effect Skin Care</b> , <i>Wendy Valenzuela</i>
140	<b>Gentlehands - Therapeutic Massage</b> , <i>Rose Casement &amp; Howa Furrow</i>
193	<b>Golden Opportunities Real Estate Agency, Inc.</b> , <i>Mary M. Smart</i>
102	<b>Gretchen Gehrke Fitness Consultant</b> , <i>Gretchen Gehrke</i>
141	<b>Gretchen Gehrke Fitness Consultant</b> , <i>Gretchen Gehrke</i>
94	<b>Groom 'N' Board Kennels</b> , <i>Jessi Macgregor</i>
180	<b>Groom 'N' Board Kennels</b> , <i>Jessi Macgregor</i>
40	<b>Hampden Telephone Company</b> , <i>Linda Gamble &amp; Lynn Van Leer</i>
196	<b>Hot Tubs of Maine by Softub</b> , <i>Alexandra H. Wildey</i>
40	<b>Human Communication Enterprises</b> , <i>Terri Wlodarski</i>
53	<b>Human Communication Enterprises</b> , <i>Terri Wlodarski</i>
141	<b>Integral Therapies</b> , <i>Ariel Wilcox, RN, Nurse-Therapist</i>
141	<b>Integral Therapies</b> , <i>Ariel Wilcox, RN, Owner/Administrator</i>
54	<b>Jacquelyn R. Wagner Enterprises</b> , <i>Jacquie Wagner</i>
151	<b>Jacquelyn R. Wagner Enterprises</b> , <i>Jacquie Wagner</i>
117	<b>Jan Owen - Calligraphy</b> , <i>Jan Owen</i>
130	<b>Jan Owen - Calligraphy</b> , <i>Jan Owen</i>
64	<b>Jean Aho - Counseling</b> , <i>Jean Aho</i>
30	<b>Kline Cleaning Service</b> , <i>Marcia S. Kline</i>
208	<b>Language Connection</b> , <i>Barbara Bicking</i>
97	<b>Mabel Wadsworth Women's Health Center</b> , <i>Ruth Lockhart</i>
142	<b>Mabel Wadsworth Women's Health Center</b> , <i>Ruth Lockhart</i>
34	<b>Maine Tartan and Tweed Company, Inc.</b> , <i>Jane E. Holmes</i>

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## Penobscot County

<u>Page</u>	<u>Company Name</u>
104	<b>Maine Tartan and Tweed Company, Inc.</b> , <i>Jane E. Holmes</i>
24	<b>MaineTech Business Center</b> , <i>Joan Craig</i>
34	<b>Marlene's Uniform Shop</b> , <i>Marlene Thomas</i>
142	<b>Massage Therapist</b> , <i>Theresa Hart</i>
144	<b>Medical Claims Processing</b> , <i>Gayle Magill</i>
131	<b>Miller Signs &amp; Graphics</b> , <i>Linda Miller</i>
192	<b>Mitchell and Mitchell</b> , <i>Loren Mitchell, APR</i>
45	<b>Morgan Enterprises Insulation</b> , <i>Erlene Morgan</i>
24	<b>Multi-Management Services, Inc.</b> , <i>Nancy L. Verrill</i>
46	<b>Multi-Management Services, Inc.</b> , <i>Nancy L. Verrill</i>
145	<b>New England Home Health Care</b> , <i>Linda Kaine</i>
177	<b>New England Home Health Care</b> , <i>Linda Kaine</i>
204	<b>Nomad Apiaries</b> , <i>Suzanne Groesenek</i>
56	<b>Nutrition Services</b> , <i>Alola G. Morrison, R.D., L.D.</i>
145	<b>Nutrition Services</b> , <i>Alola G. Morrison, R.D., L.D.</i>
145	<b>Orthotic-Prosthetic Design, Inc.</b> , <i>Molly Pitcher, CPO</i>
177	<b>Orthotic-Prosthetic Design, Inc.</b> , <i>Molly Pitcher, CPO</i>
46	<b>P F W, Inc dba Peck's Fabrication &amp; Welding</b> , <i>Alice J. Peck</i>
174	<b>P F W, Inc dba Peck's Fabrication &amp; Welding</b> , <i>Alice J. Peck</i>
85	<b>Page One Preschool</b> , <i>Mrs. V. Page Chaloult</i>
176	<b>Page Two Resale Shop</b> , <i>V. Page Chaloult</i>
201	<b>Page Two Resale Shop</b> , <i>V. Page Chaloult</i>
182	<b>Pagerr Pet Services</b> , <i>Ginny Kerr</i>
217	<b>Pagerr Pet Services</b> , <i>Ginny Kerr</i>
11	<b>Palmer Design Associates</b> , <i>Carla Palmer</i>
157	<b>Palmer Design Associates</b> , <i>Carla Palmer</i>
57	<b>Pamela Bell, M.S. Consulting Services</b> , <i>Pamela Bell</i>
221	<b>Pamela Bell, M.S. Consulting Services</b> , <i>Pamela Bell</i>
85	<b>Penquis Resource Development Center</b> , <i>Nancy Isaacs</i>
57	<b>Primerica Financial Services</b> , <i>Kay McKusick Gray</i>
111	<b>Primerica Financial Services</b> , <i>Kay McKusick Gray</i>
89	<b>Rheta Prints</b> , <i>Rhea J. Cote Robbins</i>
222	<b>Rheta Prints</b> , <i>Rhea J. Cote Robbins</i>
31	<b>Saliba's Rug &amp; Upholstery Cleaners</b> , <i>Laurie J. Karam</i>
80	<b>She Shoppe</b> , <i>Sheila M. Coyle</i>
218	<b>She Shoppe</b> , <i>Sheila M. Coyle</i>
27	<b>Sweet Temptation Candies</b> , <i>Edna Naida &amp; Lois Gopin</i>
201	<b>Sweet Temptation Candies</b> , <i>Edna Naida &amp; Lois Gopin</i>
18	<b>The Briar Patch</b> , <i>Jennifer M. Estabrook</i>
107	<b>The Nature Connection</b> , <i>Debbie Morrill</i>
125	<b>The Nature Connection</b> , <i>Debbie Morrill</i>
2	<b>The Sweet Lillian</b> , <i>Donna M. Cogswell</i>
195	<b>Victoria Realty</b> , <i>Jackie Dubay</i>

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## Piscataquis County

<b><u>Page</u></b>	<b><u>Company Name</u></b>
10	<b>Abbot Village Crafts and Antiques, <i>Nancy Gabardina</i></b>
68	<b>Abbot Village Crafts and Antiques, <i>Nancy Gabardina</i></b>
188	<b>D &amp; B Printing Services, <i>Diana Downs</i></b>
177	<b>Hamlin Associates, Inc., <i>Elizabeth A. Morin</i></b>
166	<b>Hats &amp; Totes, <i>Alice Hatch</i></b>
215	<b>Hats &amp; Totes, <i>Alice Hatch</i></b>
90	<b>The Paper Pusher, <i>Janet Granger</i></b>

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## Sagadahoc County

<u>Page</u>	<u>Company Name</u>
68	<b>Alice Lacy Ltd.,</b> <i>Alice Lacy</i>
159	<b>Andrea C. Najarian, Esq.,</b> <i>Andrea C. Najarian</i>
101	<b>Coastal And Woodland Surveying,</b> <i>Pamela Mount</i>
39	<b>Coastal Publishing, Co dba Coastal Journal,</b> <i>Mary Denzer &amp; Sarah Stacy</i>
168	<b>Coastal Publishing, Co dba Coastal Journal,</b> <i>Mary Denzer &amp; Sarah Stacy</i>
122	<b>Country Fare Nursery &amp; Landscaping,</b> <i>Gay S. Gallant</i>
165	<b>Coveside Conservation Products, Inc,</b> <i>Judy Ewing</i>
214	<b>Coveside Conservation Products, Inc,</b> <i>Judy Ewing</i>
5	<b>Day &amp; Associates,</b> <i>Brenda R. Day</i>
20	<b>Day &amp; Associates,</b> <i>Brenda R. Day</i>
149	<b>Dix Holliday,</b> <i>Dix Holliday</i>
166	<b>Dix Holliday,</b> <i>Dix Holliday</i>
149	<b>Doreen's Drapery Designs,</b> <i>Doreen Pendleton</i>
156	<b>Doreen's Drapery Designs,</b> <i>Doreen Pendleton</i>
52	<b>Environmental Policy Consultant,</b> <i>Esther Lacognata</i>
102	<b>Environmental Policy Consultant,</b> <i>Esther Lacognata</i>
52	<b>Foward Rehabilitation Services,</b> <i>Robin A. Dudley</i>
210	<b>Foward Rehabilitation Services,</b> <i>Robin A. Dudley</i>
104	<b>Halcyon Yarn,</b> <i>Halcyon Blake</i>
211	<b>Halcyon Yarn,</b> <i>Halcyon Blake</i>
61	<b>Head Lines Beauty &amp; Tanning Salon,</b> <i>Marjorie Colby</i>
135	<b>Head Lines Beauty &amp; Tanning Salon,</b> <i>Marjorie Colby</i>
194	<b>Irene I. Newman Agency,</b> <i>Irene I. Newman</i>
73	<b>Joanna Sampson-McCabe Silversmith,</b> <i>Joanna Sampson-McCabe</i>
117	<b>Joanna Sampson-McCabe Silversmith,</b> <i>Joanna Sampson-McCabe</i>
64	<b>Lifeworks,</b> <i>Deborah Leighton</i>
42	<b>Lynne Sanford,</b> <i>Lynne Sanford</i>
55	<b>Lynne Sanford,</b> <i>Lynne Sanford</i>
28	<b>Maria Von Magnus Catering,</b> <i>Maria Von Magnus</i>
55	<b>Maria Von Magnus Catering,</b> <i>Maria Von Magnus</i>
65	<b>Matrix Enterprises,</b> <i>Marta Varee Pearson</i>
97	<b>Matrix Enterprises,</b> <i>Marta Varee Pearson</i>
123	<b>McKenney Tree &amp; Landscaping,</b> <i>Joyce McKenney</i>
27	<b>Naturally Envisions,</b> <i>Michel &amp; Ginny Grizkewitsch</i>
216	<b>Naturally Envisions,</b> <i>Michel &amp; Ginny Grizkewitsch</i>
24	<b>Personal Touch Greeting Card Services,</b> <i>Kimberly S. Donovan</i>
171	<b>Personal Touch Greeting Card Services,</b> <i>Kimberly S. Donovan</i>
79	<b>Pussy Willow Patch Lampshades/Stenciling,</b> <i>Grace A. McCarthy</i>
157	<b>Pussy Willow Patch Lampshades/Stenciling,</b> <i>Grace A. McCarthy</i>
8	<b>Richmond Accounting\Payroll,</b> <i>Deborah Kasper</i>
25	<b>Richmond Accounting\Payroll,</b> <i>Deborah Kasper</i>
47	<b>Robbins Construction,</b> <i>Karen M. Robbins</i>
195	<b>Roebuck Real Estate,</b> <i>Lynn Roebuck</i>
25	<b>TechEdit Services,</b> <i>Constance G. Burt</i>
222	<b>TechEdit Services,</b> <i>Constance G. Burt</i>
83	<b>The Lazy L Kennel,</b> <i>Marie L. Gagnon</i>
184	<b>The Lazy L Kennel,</b> <i>Marie L. Gagnon</i>
83	<b>TOAD,</b> <i>Sydney Snyder</i>
120	<b>TOAD,</b> <i>Sydney Snyder</i>
29	<b>Truffles Cafe,</b> <i>Ellen Spiegelman</i>
198	<b>Truffles Cafe,</b> <i>Ellen Spiegelman</i>
42	<b>Utile - Macintosh Training,</b> <i>Elisabeth M. Webster</i>
90	<b>Utile - Macintosh Training,</b> <i>Elisabeth M. Webster</i>

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## Somerset County

<b><u>Page</u></b>	<b><u>Company Name</u></b>
3	<b>Amazin' Grace, <i>Grace Walker</i></b>
209	<b>Anchors Aweigh Cruises, <i>Pat Carpenter</i></b>
32	<b>Bickford's Greenhouses, <i>Pauline Bickford</i></b>
122	<b>Bickford's Greenhouses, <i>Pauline Bickford</i></b>
153	<b>Carolyn M. Russell, Agent-State Farm Insurance, <i>Carolyn M. Russell</i></b>
187	<b>Carrabassett Printers, <i>Wendy J. Quance</i></b>
71	<b>Count Your Blessings Needlework, <i>Kathy Violette</i></b>
127	<b>Count Your Blessings Needlework, <i>Kathy Violette</i></b>
142	<b>Linden Ridge Family Health, <i>Jill Breen, Midwife</i></b>
96	<b>M. Joyce Medeiros, BS, C.H.E., <i>M. Joyce Medeiros</i></b>
175	<b>M. Joyce Medeiros, BS, C.H.E., <i>M. Joyce Medeiros</i></b>
76	<b>Marilyn's Doll &amp; Supply Shop, <i>Marilyn Brown</i></b>
179	<b>Moosehead Taxidermy, <i>Jayne Adickes</i></b>
13	<b>Old England Electronics, <i>Adrienne Broome</i></b>
35	<b>Olive Tree, <i>Connie Maginnis</i></b>
172	<b>Prism Communications, Inc., <i>Gail Lombardi</i></b>
189	<b>Prism Communications, Inc., <i>Gail Lombardi</i></b>
17	<b>Snowbound Books, <i>Marla Bottesch</i></b>
83	<b>The Wooden Expression, <i>Joan Farnsworth</i></b>
150	<b>The Wooden Expression, <i>Joan Farnsworth</i></b>

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## Waldo County

<u>Page</u>	<u>Company Name</u>
48	<b>Alternative Building Consultants, Unlimited</b> , <i>Nancy Backman, Ed.D.</i>
90	<b>Alternative Building Consultants, Unlimited</b> , <i>Nancy Backman, Ed.D.</i>
62	<b>Bayside Counseling Services</b> , <i>Suzanne A. Hatfield, M.Ed., CAS</i>
174	<b>Belfast Office Supply &amp; Service</b> , <i>Madeline Tomlin</i>
4	<b>Business Management Systems</b> , <i>Helen M. McKinnon</i>
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210	<b>Cove Knitters</b> , <i>Mary Brown</i>
33	<b>Coyote Moon</b> , <i>Michelle Walker</i>
114	<b>Coyote Moon</b> , <i>Michelle Walker</i>
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51	<b>Douglas &amp; Craig, Ltd.</b> , <i>Susan M. Rocco-Fernau</i>
60	<b>Dr. Hauschka Skin Care Specialist</b> , <i>Michelle Raleigh</i>
104	<b>Econo-Craft</b> , <i>Donna M. Paradis</i>
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