The University of Maine

DigitalCommons@UMaine

Children's Center

University of Maine Departmental Records

7-15-2020

Children's Center_Protocol for Symptoms-Toddlers

Kimberly Dodge-Cummings

Follow this and additional works at: https://digitalcommons.library.umaine.edu/c19_childcenter

Part of the Higher Education Commons, History Commons, and the Medicine and Health Sciences Commons

This Letter is brought to you for free and open access by DigitalCommons@UMaine. It has been accepted for inclusion in Children's Center by an authorized administrator of DigitalCommons@UMaine. For more information, please contact um.library.technical.services@maine.edu.

Dear Families,

Based on Guidance for Child Care Providers from DHHS and the Maine CDC, we will be adhering to the following protocols. I apologize in advance for any inconvenience this may cause. We are going to be diligent in following these guidelines. Please understand that our goal is to keep all children, staff, and families safe.

Guidelines for Children in Group Child Care Settings:

Minimize the risk of disease introduction or transmission by requiring every person entering the facility to be screened for any signs or symptoms of viral infection for as long as this pandemic is active. These signs and symptoms include:

- Cough
- Shortness of breath or difficulty breathing
- Fever (body temperature above 100.4 degrees Fahrenheit)
- Chills
- Repeated shaking with chills;
- Muscle or body aches
- Headache
- Sore throat
- New loss of taste or smell
- Fatigue
- Congestion
- Runny nose
- Nausea or vomiting
- Diarrhea

Children who present with symptoms when entering the facility or during the day should be sent home immediately. Children who present with symptoms during the day should be isolated immediately and sent home with their caregiver immediately. (Child needs to be picked up within 30 minutes.)

Children and staff with symptoms will be evaluated by their medical provider.

- If testing for COVID-19 is not recommended for the child or staff based on medical judgment, they
 may return to the childcare facility based on your healthcare provider recommendations and must
 be symptom-free for 24 hours with no fever-reducing mediation.
- If COVID-19 testing is negative, they may return based on your healthcare provider recommendations after they are symptom-free for 24 hours with no fever-reducing medication.
- If COVID-19 testing is positive, CDC guidelines should be followed for isolation, and the child or staff
 member is not to return until the isolation period is complete (Isolation period is at least 10 days
 from when symptoms began, and three days being symptom-free with no fever-reducing
 medication) or a negative PCR COVID-19 test after the isolation period.

Guidelines may change based on the level of community transmission.

Please let me know if you have any questions.

Thank you.